

SEAA Masters Cross Country Championships 2016

at Oxford on Saturday 10th December 2016

Race 1 - Men — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time					
1	380	Andrew Leach	V50 1	North Herts Rrc	32:48	86	312 Tim Hicks	V5522	Haywards Heath Harriers	41:17
2	325	Francis Marsh	V50 2	Herne Hill Harriers	33:49	87	410 Richard Hooley	V5051	Thames Valley Harriers	41:22
3	201	Tad Dicker	V50 3	Aldershot Farnham & District A	33:56	88	225 Clem Dixon	V5523	Cambridge Harriers	41:33
4	211	Steve Herring	V50 4	Bedford & County AC	34:06	89	239 Duncan Wilson	V5052	Dulwich Runners AC	41:37
5	205	Adrian Mason	V50 5	Barnet & District AC	34:47	90	354 Andrew Simms	V5053	Herne Hill Harriers	41:38
6	360	Michael Ussher	V50 6	Highgate Harriers	34:50	91	408 Richard Bell	V5054	Thames Valley Harriers	41:46
7	238	Tony Tuohy	V50 7	Dulwich Runners AC	34:59	92	488 Walter Hill	V6012	Crawley AC	41:52
8	206	Richard McCormick	V50 8	Barnet & District AC	35:20	93	534 Mel Davies	V6013	Barnet & District AC	41:55
9	370	Chris Hartley	V50 9	London Heathside AC	35:22	94	489 Anthony Lintern	V6014	Crawley AC	41:56
10	322	Kenny Lowies	V5010	Headington Road Runners	35:28	95	290 Terry Booth	V5055	Guildford & Godalming AC	41:57
11	359	Alex Davidson	V5011	Highgate Harriers	35:29	96	479 Pete Witcomb	V65 4	Brighton & Hove AC	42:00
12	295	Mark Tennyson	V5012	Guildford & Godalming AC	35:30	97	392 Duncan Prior	V5056	Reading AC	42:00
13	357	Gary Ironmonger	V55 1	Herne Hill Harriers	35:41	98	425 Henry Edwardesevans	V5057	Vale Of Aylesbury AC	42:01
14	308	Chris Finill	V55 2	Harrow AC	35:51	99	389 Richard Holm	V5058	Ranelagh Harriers	42:01
15	226	Michael Bridgeland	V55 3	Chelmsford AC	35:55	100	433 Jason Drake	V5059	West 4 Harriers	42:02
16	378	Dave Neal	V5013	Nene Valley Harriers	35:58	101	517 John Exley	V65 5	Oxford City AC	42:04
17	224	Christian Poulton	V55 4	Cambridge Harriers	36:07	102	397 Melvin Silvey	V5524	Reading Road Runners	42:08
18	333	Keith Newton	V5014	Herne Hill Harriers	36:12	103	396 Colin Cottell	V5525	Reading Road Runners	42:18
19	368	Dave Browne	V5015	London Heathside AC	36:18	104	530 Clive Cohen	V6015	Tring RC	42:21
20	438	David Cantwell	V5016	Woodstock Harriers AC	36:22	105	419 Paul Bracken	V5060	Trent Park RC	42:21
21	532	Dave Cox	V60 1	Woodford Green W Essex L	36:35	106	493 Steve Plested	V65 6	Ealing Southall & Middlesex AC	42:24
22	435	Graham Bungay	V5017	Winchester & District AC	36:44	107	500 Laurie Hurman	V6016	Headington Road Runners	42:28
23	373	Mark Jefford	V5018	London Heathside AC	36:55	108	478 Tom Ulliott	V6017	Brighton & Hove AC	42:31
24	204	Chris Try	V5019	Aldershot Farnham & District A	36:56	109	391 Paul Rider	V5061	Ranelagh Harriers	42:35
25	217	Paul Froud	V5020	Brighton & Hove AC	36:59	110	222 Mark Moore	V5526	Burnham Joggers	42:35
26	369	John Flahive	V5021	London Heathside AC	37:03	111	528 Robin Tremaine	V6018	Trent Park RC	42:36
27	233	Robert Creed	V55 5	Crawley AC	37:05	112	514 Peter Thompson	V6019	Norfolk Gazelles	42:56
28	355	Mike Boyle	V55 6	Herne Hill Harriers	37:19	113	227 Andrew Stewart	V5527	Chiltern Harriers AC	43:02
29	377	Sean Beard	V5022	Nene Valley Harriers	37:21	114	431 Mikk Bradley	V5528	Watford Harriers	43:16
30	423	Michael Burgess	V55 7	Tring RC	37:23	115	409 David Ford	V5062	Thames Valley Harriers	43:29
31	209	Andy Blair	V5023	Bedford & County AC	37:26	116	490 David Beattie	V65 7	Crawley AC	43:32
32	278	Malcolm Down	V55 8	Garden City Runners	37:29	117	531 John Manning	V6020	Tring RC	43:35
33	240	Stepen Smythe	V55 9	Dulwich Runners AC	37:34	118	511 Geoff Anderson	V65 8	Newbury AC	43:40
34	460	Austin Soane	V60 2	Aldershot Farnham & District A	37:36	119	416 Cain Bradley	V5529	Tonbridge AC	43:45
35	439	Robert Webster	V5024	Woodstock Harriers AC	37:40	120	508 John Barron	V6021	Kent AC	43:46
36	434	Ian Lambourn	V5025	White Horse Harriers	37:47	121	527 Robert Pick	V6022	Trent Park RC	43:50
37	247	Andrew Noble	V5026	Folkestone AC	37:52	122	497 Paul Sanderson	V6023	Guildford & Godalming AC	44:10
38	422	Nigel Bunn	V5027	Tring RC	37:54	123	482 Malcolm Kemp	V65 9	Brighton Phoenix AC	44:17
39	323	Mark Richards	V5510	Headington Road Runners	37:58	124	503 Valdis Pauzers	V6024	Herne Hill Harriers	44:27
40	403	Kevin Murray	V5511	Serpentine RC	38:00	125	426 Alan Roberts	V5063	Vale Of Aylesbury AC	44:39
41	513	Stephen Rolfe	V60 3	Norfolk Gazelles	38:04	126	485 Glynn Smith	V6510	Cambridge & Coleridge AC	44:44
42	375	Gavin Evans	V5512	London Heathside AC	38:04	127	496 Peter Harris	V6511	Ely Runners	44:48
43	510	Irwin Fairclough	V60 4	Newbury AC	38:10	128	362 David Smith	V5064	Hillingdon AC	44:51
44	481	Paul Whelpton	V60 5	Brighton Phoenix AC	38:13	129	310 Carl Bicknell	V5530	Haywards Heath Harriers	44:52
45	390	Trevor Maguire	V5028	Ranelagh Harriers	38:19	130	401 Neil Bradshaw	V5531	Serpentine RC	44:55
46	236	Derek Lee	V5029	Dulwich Runners AC	38:20	131	231 Vincent Golding	V5065	Crawley AC	44:58
47	376	C Armstrong	V5030	Nene Valley Harriers	38:24	132	492 Andrew Murray	V6025	Dulwich Runners AC	45:30
48	374	Tony Killilea	V5031	London Heathside AC	38:27	133	399 Mark Cogan	V5066	Serpentine RC	45:37
49	515	Richard Grant	V60 6	Oxford City AC	38:30	134	480 Colin Simpson	V6026	Brighton Phoenix AC	45:38
50	424	Ian Needleman	V5513	Tring RC	38:38	135	324 Mike Keegan	V5067	Herne Hill Harriers	45:40
51	234	Mark Parry	V5514	Crawley AC	38:40	136	512 Andrew Hammond	V6027	Norfolk Gazelles	45:48
52	411	Phil Coleman	V5032	Tonbridge AC	38:49	137	499 Mick Anglim	V6512	Hardley RC	45:56
53	415	Alan Buckle	V5515	Tonbridge AC	38:53	138	420 John Rose	V5068	Trent Park RC	46:16
54	365	Simon Claridge	V5516	Hillingdon AC	38:55	139	220 Vernon Peterson	V5069	Burnham Joggers	46:20
55	404	Anthony Nicolson	V5033	St Albans Striders	38:57	140	533 Steve Knight	V6513	Herne Hill Harriers	46:40
56	418	David Birks	V5034	Trent Park RC	39:05	141	491 Roy Knight	V6514	Dartford Rr	47:04
57	242	Stephen Howard	V5035	Ely Runners	39:18	142	364 Robert Burton	V5532	Hillingdon AC	47:08
58	358	Martin Bright	V5036	Highgate Harriers	39:21	143	484 Mike Brentnall	V6515	Cambridge & Coleridge AC	47:10
59	216	Gary Christie	V5037	Brighton & Hove AC	39:23	144	504 John Bigness	V6028	Hillingdon AC	47:29
60	440	Bryan Vaughan	V5517	Woodstock Harriers AC	39:24	145	520 Donald Sinclair	V6029	Pitsea RC	47:48
61	237	Ebehard Prill	V5038	Dulwich Runners AC	39:26	146	407 Michael Jack	V5533	St Albans Striders	47:58
62	523	David Pitt	V60 7	Serpentine RC	39:28	147	421 Domenico Romanelli	V5534	Trent Park RC	48:19
63	255	Sean Bowen	V5039	Garden City Runners	39:37	148	394 Gerard O'Driscoll	V5535	Reading AC	48:30
64	203	James Ratcliffe	V5040	Aldershot Farnham & District A	39:42	149	522 Gred Marshall	V6030	Serpentine RC	48:41
65	382	Richard Harbon	V5041	North Herts Rrc	39:48	150	430 Peter Simpson	V5536	Vegan Runners Uk	48:44
66	356	Tom Conlon	V5518	Herne Hill Harriers	39:52	151	506 Graham Wood	V6031	Hillingdon AC	48:55
67	516	Stewart Thorp	V60 8	Oxford City AC	39:54	152	461 John Clarke	V6516	Barnet & District AC	48:59
68	235	Tony Piper	V5042	Dartford Rr	39:57	153	495 Charlie Barker	V6517	Ely Runners	49:06
69	414	Andy Wood	V5043	Tonbridge AC	40:02	154	524 Richard Long	V6518	Serpentine RC	49:10
70	208	Peter Ellis	V5519	Barnet & District AC	40:04	155	367 Stephen Cheal	V5537	Ilford AC	49:30
71	39	David Brenigan	V5044	Chiltern Harriers	40:07	156	487 Jeremy Carmichael	V6032	Crawley AC	50:01
72	385	Peter Marshall	V5045	Oxford City AC	40:12	157	393 John Whittle	V5070	Reading AC	50:20
73	521	Peter Young	V65 1	Ryde Harriers	40:13	158	525 Simon Maddison	V6519	Thames Valley Harriers	50:30
74	494	Graham Chapman	V60 9	Ely Runners	40:27	159	361 Curtis Allman	V5071	Hillingdon AC	51:14
75	483	Charlie Ritchie	V6010	Cambridge & Coleridge AC	40:30	160	221 Oliver Keene	V5538	Burnham Joggers	51:58
76	379	David Wright	V5046	Newbury AC	40:33	161	519 Peter McLaughlin	V6033	Pitsea RC	52:40
77	202	Ray Gascoyne	V5047	Aldershot Farnham & District A	40:37	162	486 Trevor Brawn	V6520	Chiltern Harriers AC	52:43
78	395	Bill Watson	V5048	Reading Road Runners	40:39	163	219 Tony Clish	V5072	Burnham Joggers	53:15
79	526	Steve Dodd	V6011	Trent Park RC	40:43	164	386 David Davidson	V5073	Pitsea RC	54:29
80	518	Roy Treadwell	V65 2	Oxford City AC	40:44	165	498 Jeremy Barber	V6034	Hardley RC	54:58
81	223	Mark Ashby	V5049	Cambridge Harriers	40:45	166	357 ?Gary Ironmonger	V5539	Herne Hill Harriers	57:12
82	232	David Cook	V5520	Crawley AC	40:48	167	218 Gary Timms	V5074	Brighton & Hove AC	57:14
83	465	Desmond Michael	V65 3	Barnet & District AC	40:52	168	363 Alan Wells	V5075	Hillingdon AC	59:22
84	436	Steve Oliver	V5521	Winchester & District AC	40:59	169	502 Nigel Goodwin	V6035	Herne Hill Harriers	1:10:11
85	309	Phill Scott	V5050	Haywards Heath Harriers	41:11					

SEAA Masters Cross Country Championships 2016

at Oxford on Saturday 10th December 2016

Race 1 - Men aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	380	Andrew Leach	V50 1	North Herts Rrc	32:48	39	255 Sean Bowen	V5039	Garden City Runners	39:37
2	325	Francis Marsh	V50 2	Herne Hill Harriers	33:49	40	203 James Ratcliffe	V5040	Aldershot Farnham & District A	39:42
3	201	Tad Dicker	V50 3	Aldershot Farnham & District A	33:56	41	382 Richard Harbon	V5041	North Herts Rrc	39:48
4	211	Steve Herring	V50 4	Bedford & County AC	34:06	42	235 Tony Piper	V5042	Dartford Rr	39:57
5	205	Adrian Mason	V50 5	Barnet & District AC	34:47	43	414 Andy Wood	V5043	Tonbridge AC	40:02
6	360	Michael Ussher	V50 6	Highgate Harriers	34:50	44	39 David Brenigan	V5044	Chiltern Harriers	40:07
7	238	Tony Tuohy	V50 7	Dulwich Runners AC	34:59	45	385 Peter Marshall	V5045	Oxford City AC	40:12
8	206	Richard McCormick	V50 8	Barnet & District AC	35:20	46	379 David Wright	V5046	Newbury AC	40:33
9	370	Chris Hartley	V50 9	London Heathside AC	35:22	47	202 Ray Gascoyne	V5047	Aldershot Farnham & District A	40:37
10	322	Kenny Lowies	V5010	Headington Road Runners	35:28	48	395 Bill Watson	V5048	Reading Road Runners	40:39
11	359	Alex Davidson	V5011	Highgate Harriers	35:29	49	223 Mark Ashby	V5049	Cambridge Harriers	40:45
12	295	Mark Tennyson	V5012	Guildford & Godalming AC	35:30	50	309 Phill Scott	V5050	Haywards Heath Harriers	41:11
13	378	Dave Neal	V5013	Nene Valley Harriers	35:58	51	410 Richard Hooley	V5051	Thames Valley Harriers	41:22
14	333	Keith Newton	V5014	Herne Hill Harriers	36:12	52	239 Duncan Wilson	V5052	Dulwich Runners AC	41:37
15	368	Dave Browne	V5015	London Heathside AC	36:18	53	354 Andrew Simms	V5053	Herne Hill Harriers	41:38
16	438	David Cantwell	V5016	Woodstock Harriers AC	36:22	54	408 Richard Bell	V5054	Thames Valley Harriers	41:46
17	435	Graham Bungay	V5017	Winchester & District AC	36:44	55	290 Terry Booth	V5055	Guildford & Godalming AC	41:57
18	373	Mark Jefford	V5018	London Heathside AC	36:55	56	392 Duncan Prior	V5056	Reading AC	42:00
19	204	Chris Try	V5019	Aldershot Farnham & District A	36:56	57	425 Henry Edwardesevans	V5057	Vale Of Aylesbury AC	42:01
20	217	Paul Froud	V5020	Brighton & Hove AC	36:59	58	389 Richard Holm	V5058	Ranelagh Harriers	42:01
21	369	John Flahive	V5021	London Heathside AC	37:03	59	433 Jason Drake	V5059	West 4 Harriers	42:02
22	377	Sean Beard	V5022	Nene Valley Harriers	37:21	60	419 Paul Bracken	V5060	Trent Park RC	42:21
23	209	Andy Blair	V5023	Bedford & County AC	37:26	61	391 Paul Rider	V5061	Ranelagh Harriers	42:35
24	439	Robert Webster	V5024	Woodstock Harriers AC	37:40	62	409 David Ford	V5062	Thames Valley Harriers	43:29
25	434	Ian Lambourn	V5025	White Horse Harriers	37:47	63	426 Alan Roberts	V5063	Vale Of Aylesbury AC	44:39
26	247	Andrew Noble	V5026	Folkestone AC	37:52	64	362 David Smith	V5064	Hillingdon AC	44:51
27	422	Nigel Bunn	V5027	Tring RC	37:54	65	231 Vincent Golding	V5065	Crawley AC	44:58
28	390	Trevor Maguire	V5028	Ranelagh Harriers	38:19	66	399 Mark Cogan	V5066	Serpentine RC	45:37
29	236	Derek Lee	V5029	Dulwich Runners AC	38:20	67	324 Mike Keegan	V5067	Herne Hill Harriers	45:40
30	376	C Armstrong	V5030	Nene Valley Harriers	38:24	68	420 John Rose	V5068	Trent Park RC	46:16
31	374	Tony Killilea	V5031	London Heathside AC	38:27	69	220 Vernon Peterson	V5069	Burnham Joggers	46:20
32	411	Phil Coleman	V5032	Tonbridge AC	38:49	70	393 John Whittle	V5070	Reading AC	50:20
33	404	Anthony Nicolson	V5033	St Albans Striders	38:57	71	361 Curtis Allman	V5071	Hillingdon AC	51:14
34	418	David Birks	V5034	Trent Park RC	39:05	72	219 Tony Clish	V5072	Burnham Joggers	53:15
35	242	Stephen Howard	V5035	Ely Runners	39:18	73	386 David Davidson	V5073	Pitsea RC	54:29
36	358	Martin Bright	V5036	Highgate Harriers	39:21	74	218 Gary Timms	V5074	Brighton & Hove AC	57:14
37	216	Gary Christie	V5037	Brighton & Hove AC	39:23	75	363 Alan Wells	V5075	Hillingdon AC	59:22
38	237	Ebehard Prill	V5038	Dulwich Runners AC	39:26					

Race 1 - Men aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time					
1	357	Gary Ironmonger	V55 1	Herne Hill Harriers	35:41	21	436 Steve Oliver	V5521	Winchester & District AC	40:59
2	308	Chris Finill	V55 2	Harrow AC	35:51	22	312 Tim Hicks	V5522	Haywards Heath Harriers	41:17
3	226	Michael Bridgeland	V55 3	Chelmsford AC	35:55	23	225 Clem Dixon	V5523	Cambridge Harriers	41:33
4	224	Christian Poulton	V55 4	Cambridge Harriers	36:07	24	397 Melvin Silvey	V5524	Reading Road Runners	42:08
5	233	Robert Creed	V55 5	Crawley AC	37:05	25	396 Colin Cottell	V5525	Reading Road Runners	42:18
6	355	Mike Boyle	V55 6	Herne Hill Harriers	37:19	26	222 Mark Moore	V5526	Burnham Joggers	42:35
7	423	Michael Burgess	V55 7	Tring RC	37:23	27	227 Andrew Stewart	V5527	Chiltern Harriers AC	43:02
8	278	Malcolm Down	V55 8	Garden City Runners	37:29	28	431 Mikk Bradley	V5528	Watford Harriers	43:16
9	240	Stepen Smythe	V55 9	Dulwich Runners AC	37:34	29	416 Cain Bradley	V5529	Tonbridge AC	43:45
10	323	Mark Richards	V5510	Headington Road Runners	37:58	30	310 Carl Bicknell	V5530	Haywards Heath Harriers	44:52
11	403	Kevin Murray	V5511	Serpentine RC	38:00	31	401 Neil Bradshaw	V5531	Serpentine RC	44:55
12	375	Gavin Evans	V5512	London Heathside AC	38:04	32	364 Robert Burton	V5532	Hillingdon AC	47:08
13	424	Ian Needleman	V5513	Tring RC	38:38	33	407 Michael Jack	V5533	St Albans Striders	47:58
14	234	Mark Parry	V5514	Crawley AC	38:40	34	421 Domenico Romanelli	V5534	Trent Park RC	48:19
15	415	Alan Buckle	V5515	Tonbridge AC	38:53	35	394 Gerard O'Driscoll	V5535	Reading AC	48:30
16	365	Simon Claridge	V5516	Hillingdon AC	38:55	36	430 Peter Simpson	V5536	Vegan Runners Uk	48:44
17	440	Bryan Vaughan	V5517	Woodstock Harriers AC	39:24	37	367 Stephen Cheal	V5537	Ilford AC	49:30
18	356	Tom Conlon	V5518	Herne Hill Harriers	39:52	38	221 Oliver Keene	V5538	Burnham Joggers	51:58
19	208	Peter Ellis	V5519	Barnet & District AC	40:04	39	357 ?Gary Ironmonger	V5539	Herne Hill Harriers	57:12
20	232	David Cook	V5520	Crawley AC	40:48					

Race 1 - Men aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time					
1	532	Dave Cox	V60 1	Woodford Green W Essex L	36:35	19	514 Peter Thompson	V6019	Norfolk Gazelles	42:56
2	460	Austin Soane	V60 2	Aldershot Farnham & District A	37:36	20	531 John Manning	V6020	Tring RC	43:35
3	513	Stephen Rolfe	V60 3	Norfolk Gazelles	38:04	21	508 John Barron	V6021	Kent AC	43:46
4	510	Irwin Fairclough	V60 4	Newbury AC	38:10	22	527 Robert Pick	V6022	Trent Park RC	43:50
5	481	Paul Whelpton	V60 5	Brighton Phoenix AC	38:13	23	497 Paul Sanderson	V6023	Guildford & Godalming AC	44:10
6	515	Richard Grant	V60 6	Oxford City AC	38:30	24	503 Valdis Pauzers	V6024	Herne Hill Harriers	44:27
7	523	David Pitt	V60 7	Serpentine RC	39:28	25	492 Andrew Murray	V6025	Dulwich Runners AC	45:30
8	516	Stewart Thorp	V60 8	Oxford City AC	39:54	26	480 Colin Simpson	V6026	Brighton Phoenix AC	45:38
9	494	Graham Chapman	V60 9	Ely Runners	40:27	27	512 Andrew Hammond	V6027	Norfolk Gazelles	45:48
10	483	Charlie Ritchie	V6010	Cambridge & Coleridge AC	40:30	28	504 John Bigness	V6028	Hillingdon AC	47:29
11	526	Steve Dodd	V6011	Trent Park RC	40:43	29	520 Donald Sinclair	V6029	Pitsea RC	47:48
12	488	Walter Hill	V6012	Crawley AC	41:52	30	522 Gred Marshall	V6030	Serpentine RC	48:41
13	534	Mel Davies	V6013	Barnet & District AC	41:55	31	506 Graham Wood	V6031	Hillingdon AC	48:55
14	489	Anthony Lintern	V6014	Crawley AC	41:56	32	487 Jeremy Carmichael	V6032	Crawley AC	50:01
15	530	Clive Cohen	V6015	Tring RC	42:21	33	519 Peter McLaughlin	V6033	Pitsea RC	52:40
16	500	Laurie Hurman	V6016	Headington Road Runners	42:28	34	498 Jeremy Barber	V6034	Hardley RC	54:58
17	478	Tom Ulliott	V6017	Brighton & Hove AC	42:31	35	502 Nigel Goodwin	V6035	Herne Hill Harriers	1:10:11
18	528	Robin Tremaine	V6018	Trent Park RC	42:36					

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

Race 1 - Men aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time				
1	521	Peter Young	V65 1	Ryde Harriers	40:13	11	496 Peter Harris	V6511 Ely Runners	44:48
2	518	Roy Treadwell	V65 2	Oxford City AC	40:44	12	499 Mick Anglim	V6512 Hardley RC	45:56
3	465	Desmond Michael	V65 3	Barnet & District AC	40:52	13	533 Steve Knight	V6513 Herne Hill Harriers	46:40
4	479	Pete Witcomb	V65 4	Brighton & Hove AC	42:00	14	491 Roy Knight	V6514 Dartford Rr	47:04
5	517	John Exley	V65 5	Oxford City AC	42:04	15	484 Mike Brentnall	V6515 Cambridge & Coleridge AC	47:10
6	493	Steve Plested	V65 6	Ealing Southall & Middlesex AC	42:24	16	461 John Clarke	V6516 Barnet & District AC	48:59
7	490	David Beattie	V65 7	Crawley AC	43:32	17	495 Charlie Barker	V6517 Ely Runners	49:06
8	511	Geoff Anderson	V65 8	Newbury AC	43:40	18	524 Richard Long	V6518 Serpentine RC	49:10
9	482	Malcolm Kemp	V65 9	Brighton Phoenix AC	44:17	19	525 Simon Maddison	V6519 Thames Valley Harriers	50:30
10	485	Glynn Smith	V6510	Cambridge & Coleridge AC	44:44	20	486 Trevor Brawn	V6520 Chiltern Harriers AC	52:43

Race 1 - Men (Vets) aged 50 to 59 — TEAM RESULTS

1 Herne Hill Harriers	33 —	2 Francis Marsh	13 Gary Ironmonger	18 Keith Newton
2 London Heathside AC	50 —	9 Chris Hartley	19 Dave Browne	22 Mark Jefford
3 Highgate Harriers	69 —	6 Michael Ussher	11 Alex Davidson	52 Martin Bright
4 Barnet & District AC	75 —	5 Adrian Mason	8 Richard McCormick	62 Peter Ellis
5 Dulwich Runners AC	80 —	7 Tony Tuohy	32 Stepen Smythe	41 Derek Lee
6 Aldershot Farnham & District A	83 —	3 Tad Dicker	23 Chris Try	57 James Ratcliffe
7 Nene Valley Harriers	86 —	16 Dave Neal	28 Sean Beard	42 C Armstrong
8 Woodstock Harriers AC	107 —	20 David Cantwell	33 Robert Webster	54 Bryan Vaughan
9 Tring RC	109 —	29 Michael Burgess	36 Nigel Bunn	44 Ian Needelman
10 Crawley AC	140 —	26 Robert Creed	45 Mark Parry	69 David Cook
11 Tonbridge AC	154 —	46 Phil Coleman	47 Alan Buckle	61 Andy Wood
12 Cambridge Harriers	159 —	17 Christian Poulton	68 Mark Ashby	74 Clem Dixon
13 Brighton & Hove AC	189 —	24 Paul Froud	53 Gary Christie	112 Gary Timms
14 Ranelagh Harriers	207 —	40 Trevor Maguire	81 Richard Holm	86 Paul Rider
15 Serpentine RC	230 —	38 Kevin Murray	95 Neil Bradshaw	97 Mark Cogan
16 Reading Road Runners	234 —	67 Bill Watson	83 Melvin Silvey	84 Colin Cottell
17 Trent Park RC	234 —	50 David Birks	85 Paul Bracken	99 John Rose
18 Haywards Heath Harriers	237 —	71 Phill Scott	72 Tim Hicks	94 Carl Bicknell
19 Thames Valley Harriers	240 —	73 Richard Hooley	77 Richard Bell	90 David Ford
20 Hillingdon AC	242 —	48 Simon Claridge	93 David Smith	101 Robert Burton
21 Reading AC	290 —	79 Duncan Prior	104 Gerard O'Driscoll	107 John Whittle
22 Burnham Joggers	296 —	87 Mark Moore	100 Vernon Peterson	109 Oliver Keene

Race 1 - Men (Vets) over 60 — TEAM RESULTS

1 Oxford City AC	27 —	6 Richard Grant	8 Stewart Thorp	13 Roy Treadwell
2 Crawley AC	58 —	15 Walter Hill	17 Anthony Lintern	26 David Beattie
3 Trent Park RC	66 —	12 Steve Dodd	24 Robin Tremaine	30 Robert Pick
4 Norfolk Gazelles	66 —	3 Stephen Rolfe	25 Peter Thompson	38 Andrew Hammond
5 Brighton Phoenix AC	74 —	5 Paul Whelpton	32 Malcolm Kemp	37 Colin Simpson
6 Barnet & District AC	77 —	14 Desmond Michael	16 Mel Davies	47 John Clarke
7 Cambridge & Coleridge AC	87 —	11 Charlie Ritchie	34 Glynn Smith	42 Mike Brentnall
8 Ely Runners	93 —	10 Graham Chapman	35 Peter Harris	48 Charlie Barker
9 Serpentine RC	101 —	7 David Pitt	45 Gred Marshall	49 Richard Long
10 Herne Hill Harriers	128 —	33 Valdis Pauzers	40 Steve Knight	55 Nigel Goodwin

Masters - Men aged 70 to 74

Pos	Num	Name	Cat/Pos	Club	Time
1	355	Andrew Haig	V70 1	Brighton Phoenix AC	27:12
2	359	Richard Bloom	V70 2	Herts Phoenix AC	27:28
3	368	Stuart Mann	V70 3	Herts Phoenix AC	27:34
4	364	Dave Clark	V70 4	Herts Phoenix AC	28:32
5	375	Paul Newby	V70 5	Thames Hare & Hounds	31:08
6	358	John Garber	V70 6	Herne Hill Harriers	33:57
7	372	William O'Connor	V70 7	Queens Park Harriers	38:26
8	374	R Pitcairknowles	V70 8	Sevenoakes AC	38:41
9	356	Martyn Cartwright	V70 9	Chiltern Harriers AC	38:55

SEAA Masters Cross Country Championships 2016

at Oxford on Saturday 10th December 2016

Masters - Women — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time					
1	58	Sally Judd	L40	1 Chelmsford AC	22:58	48	203 Verna Burgess	L5012	Tring RC	27:22
2	19	Karen Murphy	L45	1 Barnet & District AC	23:17	49	210 Alison Fenwick	L5013	Winchester & District AC	27:40
3	18	Joanne Kent	L45	2 Barnet & District AC	23:21	50	77 Lynn Hyde	L4011	Hillingdon AC	27:41
4	10	Julie Briggs	L45	3 Arena 80 AC	23:30	51	82 Emilia Vynnycky	L4519	London Heathside AC	27:45
5	42	Anna Folland	L45	4 Bedford Harriers AC	23:47	52	221 Nora Haggart	L60	4 Bedford Harriers AC	27:58
6	3	Dani Tarleton	L40	2 Arena 80 AC	23:49	53	200 Elisabeth Walls	L55	6 St Albans Striders	28:02
7	11	Tara Shanahan	L45	5 Arena 80 AC	23:52	54	115 Inkeri Abbotts	L4520	West 4 Harriers	28:07
8	27	Kirstie Sharman	L40	3 Bedford Harriers AC	23:55	55	113 Celine Wilcock	L4012	Tring RC	28:22
9	70	Wendy King	L45	6 Chelmsford AC	24:02	56	164 Karen O'Rourke	L5014	Hillingdon AC	28:25
10	117	Anna Critchlow	L45	7 West 4 Harriers	24:03	57	184 Ruth Miller	L55	7 London Heathside AC	28:30
11	92	Nicola Blandford	L40	4 Southampton AC	24:06	58	223 Ros Tabor	L65	1 Dulwich Runners AC	28:40
12	72	Diana Norman	L40	5 Epsom & Ewell Harriers	24:15	59	157 Sally Johnston	L5015	Bedford Harriers AC	28:42
13	73	Martha Hall	L40	6 Garden City Runners	24:28	60	153 Ruth Kerr	L5016	Bedford & County AC	28:47
14	41	Sally Cartwright	L45	8 Bedford Harriers AC	24:41	61	197 Elizabeth O'Connor	L5017	Serpentine RC	28:49
15	116	Rachel Badham	L45	9 West 4 Harriers	24:42	62	194 Sian Rollings	L5018	Reading AC	28:52
16	74	Olivia Webb	L4510	Hailsham Harriers	24:45	63	222 Patricia Keene	L60	5 Burnham Joggers	28:53
17	208	Maureen McCarthy	L55	1 West Suffolk AC	24:51	64	165 Boo Smith	L5019	Hillingdon AC	28:54
18	160	Stefanie Godfrey	L50	1 Cambridge & Coleridge AC	24:53	65	71 S Collinshirley	L4013	Ely Runners	28:55
19	190	Cath Wheeler	L55	2 Overton Harriers & AC	25:04	66	180 Lesley Conway	L55	8 Hillingdon AC	28:57
20	80	Karmen Pardoe	L4511	Hillingdon AC	25:10	67	78 Melanie Spencer	L4014	Hillingdon AC	28:57
21	162	Liz Lumber	L50	2 Hailsham Harriers	25:12	68	90 Samantha Whalley	L4521	Reading Roadrunners	29:07
22	121	Sarah Gurney	L4512	Winchester & District AC	25:24	69	204 Hilary Needleman	L55	9 Tring RC	29:09
23	207	Christine Anthony	L50	3 West Suffolk AC	25:31	70	163 Anita James	L5020	Headington Road Runners	29:31
24	86	Julie Rayfield	L4513	Reading AC	25:34	71	159 Alison Cronin	L5021	Burnham Joggers	29:51
25	192	Marie Synnottwells	L50	4 Ranelagh Harriers	25:35	72	193 Linda Church	L5022	Reading AC	29:53
26	89	Belinda Tull	L4514	Reading Roadrunners	25:44	73	88 Claire Seymour	L4015	Reading Roadrunners	30:21
27	43	Claire Pusey	L4515	Burnham Joggers	25:47	74	231 Toni McQueen	L60	6 Reading Roadrunners	30:30
28	236	Anna Garnier	L60	1 Thames Hare & Hounds	25:49	75	212 Madeline Vosser	L5510	Winchester & District AC	31:09
29	85	Susan Francis	L4516	Reading AC	26:02	76	205 Belinda Harding	L5511	Victory AC	31:19
30	237	Lynda Hembury	L60	2 Tring RC	26:05	77	226 Sheila Marshall	L60	7 Newbury AC	31:25
31	206	Caroline Whittaker	L55	3 Watford Harriers	26:06	78	235 Stephanie McCarthy	L60	8 Southern Counties Veterans AC	31:27
32	150	Nicola Froud	L50	5 Barnet & District AC	26:09	79	198 Carole Jack	L5023	St Albans Striders	31:42
33	161	Susanna Harrison	L50	6 Guildford & Godalming AC	26:13	80	76 Lucy Duncan	L4016	Hillingdon AC	31:45
34	119	Emma Carter	L40	7 Winchester & District AC	26:14	81	213 Fiona Jane Bishop	L5512	Woking AC	31:46
35	144	Sarah Boxer	L50	7 Barnet & District AC	26:16	82	99 Barbara Maddison	L4522	Thames Valley Harriers	32:06
36	225	Maggie Statham	L60	3 Holland Sports AC	26:17	83	229 Nueten Monique Van	L60	9 Overton Harriers & AC	32:40
37	131	Kay Noyce	L50	8 Andover AC	26:18	84	230 Valerie Sinclair	L6010	Pitsea RC	33:14
38	118	Rachel Bennett	L40	8 White Horse Harriers	26:22	85	234 Lynda Massey	L6011	Southampton AC	33:37
39	96	Bryony Deakin	L4517	St Mary's Richmond AC	26:38	86	224 Jackir Duvall	L6012	Headington Road Runners	33:43
40	1291	Anna RamosVillaverde	L40	9 Oxford City AC	26:42	87	228 Elizabeth Harkness	L65	2 Newbury AC	34:00
41	199	Zoe Lowe	L50	9 St Albans Striders	26:54	88	202 Christine Read	L5024	Trent Park RC	34:02
42	141	Jenny Hughes	L55	4 Arena 80 AC	26:59	89	196 Gloria Woods	L5513	Reading AC	34:08
43	188	Gwyneth Hueter	L55	5 Oxford City AC	27:07	90	112 Kirsty Barnett	L4017	Tring RC	35:52
44	182	Ray Louise Le	L5010	London Heathside AC	27:08	91	227 Roz Pearson	L6013	Newbury AC	36:19
45	91	Lisa Pettitt	L4010	Serpentine RC	27:14	92	181 Angela Duncan	L5514	Hillingdon AC	37:27
46	83	Sian Davies	L4518	Overton Harriers & AC	27:18	93	233 Cecelia Csemiczky	L65	3 Reading Roadrunners	37:37
47	183	Jackie Wastell	L5011	London Heathside AC	27:21	94	232 Kathy Tytler	L6014	Reading Roadrunners	41:45

Masters - Women aged 40 to 49 — TEAM RESULTS

1 Arena 80 AC	17 —	4 Julie Briggs	6 Dani Tarleton	7 Tara Shanahan
2 Bedford Harriers AC	27 —	5 Anna Folland	8 Kirstie Sharman	14 Sally Cartwright
3 West 4 Harriers	56 —	10 Anna Critchlow	15 Rachel Badham	31 Inkeri Abbotts
4 Hillingdon AC	80 —	17 Karmen Pardoe	29 Lynn Hyde	34 Melanie Spencer
5 Reading Roadrunners	91 —	20 Belinda Tull	35 Samantha Whalley	36 Claire Seymour

Masters - Women (Vets) aged 50 to 59 — TEAM RESULTS

1 London Heathside AC	52 —	15 Ray Louise Le	16 Jackie Wastell	21 Ruth Miller
2 St Albans Striders	65 —	12 Zoe Lowe	19 Elisabeth Walls	34 Carole Jack
3 Hillingdon AC	73 —	20 Karen O'Rourke	26 Boo Smith	27 Lesley Conway
4 Reading AC	93 —	25 Sian Rollings	31 Linda Church	37 Gloria Woodspobjoy

Masters - Women (Vets) over 60 — TEAM RESULTS

1 Newbury AC	37 —	8 Sheila Marshall	14 Elizabeth Harkness	15 Roz Pearson
2 Reading Roadrunners	40 —	7 Toni McQueen	16 Cecelia Csemiczky	17 Kathy Tytler

Masters - Women aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time				
1	58	Sally Judd	L40	1 Chelmsford AC	22:58	26:42			
2	3	Dani Tarleton	L40	2 Arena 80 AC	23:49	10	91 Lisa Pettit	L4010	Serpentine RC
3	27	Kirstie Sharman	L40	3 Bedford Harriers AC	23:55	11	77 Lynn Hyde	L4011	Hillingdon AC
4	92	Nicola Blandford	L40	4 Southampton AC	24:06	12	113 Celine Wilcock	L4012	Tring RC
5	72	Diana Norman	L40	5 Epsom & Ewell Harriers	24:15	13	71 S Collinsshirley	L4013	Ely Runners
6	73	Martha Hall	L40	6 Garden City Runners	24:28	14	78 Melanie Spencer	L4014	Hillingdon AC
7	119	Emma Carter	L40	7 Winchester & District AC	26:14	15	88 Claire Seymour	L4015	Reading Roadrunners
8	118	Rachel Bennett	L40	8 White Horse Harriers	26:22	16	76 Lucy Duncan	L4016	Hillingdon AC
9	1291	Anna RamosVillaverde	L40	9 Oxford City AC		17	112 Kirsty Barnett	L4017	Tring RC

Masters - Women aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time					
1	19	Karen Murphy	L45	1 Barnet & District AC	23:17	12	121 Sarah Gurney	L4512	Winchester & District AC	25:24
2	18	Joanne Kent	L45	2 Barnet & District AC	23:21	13	86 Julie Rayfield	L4513	Reading AC	25:34
3	10	Julie Briggs	L45	3 Arena 80 AC	23:30	14	89 Belinda Tull	L4514	Reading Roadrunners	25:44
4	42	Anna Folland	L45	4 Bedford Harriers AC	23:47	15	43 Claire Pusey	L4515	Burnham Joggers	25:47
5	11	Tara Shanahan	L45	5 Arena 80 AC	23:52	16	85 Susan Francis	L4516	Reading AC	26:02
6	70	Wendy King	L45	6 Chelmsford AC	24:02	17	96 Bryony Deakin	L4517	St Mary's Richmond AC	26:38
7	117	Anna Critchlow	L45	7 West 4 Harriers	24:03	18	83 Sian Davies	L4518	Overton Harriers & AC	27:18
8	41	Sally Cartwright	L45	8 Bedford Harriers AC	24:41	19	82 Emilia Vynnycky	L4519	London Heathside AC	27:45
9	116	Rachel Badham	L45	9 West 4 Harriers	24:42	20	115 Inkeri Abbotts	L4520	West 4 Harriers	28:07
10	74	Olivia Webb	L4510	Hailsham Harriers	24:45	21	90 Samantha Whalley	L4521	Reading Roadrunners	29:07
11	80	Karmen Pardoe	L4511	Hillingdon AC	25:10	22	99 Barbara Maddison	L4522	Thames Valley Harriers	32:06

Masters - Women aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	160	Stefanie Godfrey	L50	1 Cambridge & Coleridge AC	24:53	13	210 Alison Fenwick	L5013	Winchester & District AC	27:40
2	162	Liz Lumber	L50	2 Hailsham Harriers	25:12	14	164 Karen O'Rourke	L5014	Hillingdon AC	28:25
3	207	Christine Anthony	L50	3 West Suffolk AC	25:31	15	157 Sally Johnston	L5015	Bedford Harriers AC	28:42
4	192	Marie Synnottwells	L50	4 Ranelagh Harriers	25:35	16	153 Ruth Kerr	L5016	Bedford & County AC	28:47
5	150	Nicola Froud	L50	5 Barnet & District AC	26:09	17	197 Elizabeth O'Connor	L5017	Serpentine RC	28:49
6	161	Susanna Harrison	L50	6 Guildford & Godalming AC	26:13	18	194 Sian Rollings	L5018	Reading AC	28:52
7	144	Sarah Boxer	L50	7 Barnet & District AC	26:16	19	165 Boo Smith	L5019	Hillingdon AC	28:54
8	131	Kay Noyce	L50	8 Andover AC	26:18	20	163 Anita James	L5020	Headington Road Runners	29:31
9	199	Zoe Lowe	L50	9 St Albans Striders	26:54	21	159 Alison Cronin	L5021	Burnham Joggers	29:51
10	182	Ray Louise Le	L5010	London Heathside AC	27:08	22	193 Linda Church	L5022	Reading AC	29:53
11	183	Jackie Wastell	L5011	London Heathside AC	27:21	23	198 Carole Jack	L5023	St Albans Striders	31:42
12	203	Verna Burgess	L5012	Tring RC	27:22	24	202 Christine Read	L5024	Trent Park RC	34:02

Masters - Women aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time					
1	208	Maureen McCarthy	L55	1 West Suffolk AC	24:51	8	180 Lesley Conway	L55	8 Hillingdon AC	28:57
2	190	Cath Wheeler	L55	2 Overton Harriers & AC	25:04	9	204 Hilary Needleman	L55	9 Tring RC	29:09
3	206	Caroline Whittaker	L55	3 Watford Harriers	26:06	10	212 Madeline Vossler	L5510	Winchester & District AC	31:09
4	141	Jenny Hughes	L55	4 Arena 80 AC	26:59	11	205 Belinda Harding	L5511	Victory AC	31:19
5	188	Gwyneth Hueter	L55	5 Oxford City AC	27:07	12	213 Fiona Jane Bishop	L5512	Woking AC	31:46
6	200	Elisabeth Walls	L55	6 St Albans Striders	28:02	13	196 Gloria Woodspobjoy	L5513	Reading AC	34:08
7	184	Ruth Miller	L55	7 London Heathside AC	28:30	14	181 Angela Duncan	L5514	Hillingdon AC	37:27

Masters - Women aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time					
1	236	Anna Garnier	L60	1 Thames Hare & Hounds	25:49	8	235 Stephanie McCarthy	L60	8 Southern Counties Veterans AC	
2	237	Lynda Hembury	L60	2 Tring RC	26:05		31:27			
3	225	Maggie Statham	L60	3 Holland Sports AC	26:17	9	229 Nueten Monique Van	L60	9 Overton Harriers & AC	32:40
4	221	Nora Haggart	L60	4 Bedford Harriers AC	27:58	10	230 Valerie Sinclair	L6010	Pitsea RC	33:14
5	222	Patricia Keene	L60	5 Burnham Joggers	28:53	11	234 Lynda Massey	L6011	Southampton AC	33:37
6	231	Toni McQueen	L60	6 Reading Roadrunners	30:30	12	224 Jackir Duvall	L6012	Headington Road Runners	33:43
7	226	Sheila Marshall	L60	7 Newbury AC	31:25	13	227 Roz Pearson	L6013	Newbury AC	36:19
						14	232 Kathy Tytler	L6014	Reading Roadrunners	41:45

Masters - Women aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	223	Ros Tabor	L65	1 Dulwich Runners AC	28:40
2	228	Elizabeth Harkness	L65	2 Newbury AC	34:00
3	233	Cecelia Csemiczky	L65	3 Reading Roadrunners	37:37

SEAA Masters Cross Country Championships 2016

at Oxford on Saturday 10th December 2016

Race 2 - Men — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time				
1	34	Sullivan Smith	V40 1	Cambridge & Coleridge AC	31:12	45	159 Steve Marcer	V4033 Southampton AC	36:09
2	23	Howard Bristow	V40 2	Brighton & Hove AC	31:31	46	67 Danny Axford	V4034 Headington Road Runners	36:12
3	154	Will Green	V40 3	Serpentine RC	32:27	47	171 Steve Norris	V4513 Thames Valley Harriers	36:14
4	167	Ben Reynolds	V45 1	Thames Hare & Hounds	32:38	48	88 Che Compton	V4035 Kent AC	36:16
5	89	Chris Greenwood	V40 4	Kent AC	32:56	49	64 Paul Cousins	V4514 Haywards Heath Harriers	36:20
6	82	Ben Paviour	V40 5	Herne Hill Harriers	32:58	50	175 David Maisey	V4515 Vale Of Aylesbury AC	36:26
7	77	Simon Coombes	V40 6	Herne Hill Harriers	33:00	51	151 Ben Whalley	V4516 Reading Road Runners	36:32
8	61	Jim Cooper	V40 7	Harrow AC	33:01	52	128 Matthew Cockerill	V4517 London Heathside AC	36:39
9	79	John Kettle	V40 8	Herne Hill Harriers	33:06	53	181 Pete Sansome	V4036 Winchester & District AC	36:45
10	76	Kieran White	V40 9	Hercules Wimbledon AC	33:11	54	110 Edward Garrett	V4037 London Heathside AC	37:00
11	183	James Bolton	V4010	Woodstock Harriers AC	33:13	55	60 Richard Champness	V4038 Guildford & Godalming AC	37:07
12	66	James Skinner	V4011	Haywards Heath Harriers	33:21	56	10 Zippy Grice	V4039 Aldershot Farnham & District A	37:22
13	142	Julian Richardson	V45 2	Oxford City AC	33:28	57	111 Jonathan Litchfield	V4040 London Heathside AC	37:23
14	140	Tegs Jones	V4012	Oxford City AC	33:34	58	74 Chris Prince	V4518 Headington Road Runners	37:26
15	90	Phil Sanders	V4013	Kent AC	33:38	59	84 Jonathan Ratcliffe	V4519 Herne Hill Harriers	37:35
16	47	Spencer Goodall	V45 3	City Of Norwich AC	33:54	60	53 Jon Nears	V4041 Colchester Harriers	37:42
17	133	Jim McConnell	V4014	North Herts Rrc	34:00	61	44 Simon Brown	V4520 Chiltern Harriers	38:04
18	160	James Smith	V4015	Southampton AC	34:03	62	184 Kevin Game	V4042 Woodstock Harriers AC	38:06
19	141	Les Newell	V4016	Oxford City AC	34:06	63	56 Tim Kimber	V4521 Crawley AC	38:08
20	134	Mark Vaughan	V45 4	North Herts Rrc	34:14	64	16 Matt Norman	V4522 Aldershot Farnham & District A	38:21
21	165	Martin Shore	V4017	Thames Hare & Hounds	34:19	65	185 Rob Linnell	V4523 Woodstock Harriers AC	38:23
22	150	Lance Nortcliff	V4018	Reading Road Runners	34:21	66	179 Mark Lane	V4043 White Horse Harriers	38:45
23	152	Simon Barrett	V4019	Serpentine RC	34:27	67	75 Mark Cahill	V4044 Hercules Wimbledon AC	39:11
24	113	Daniel Madams	V4020	London Heathside AC	34:32	68	168 Greg Bennett	V4045 Thames Valley Harriers	39:16
25	78	Robin Jones	V4021	Herne Hill Harriers	34:40	69	96 Francois Barou	V4046 London Heathside AC	39:28
26	174	Robert Taylor	V4022	Vale Of Aylesbury AC	34:48	70	30 Paul Fallon	V4047 Burnham Joggers	39:31
27	145	Stephen Whitehead	V45 5	Ranelagh Harriers	34:49	71	143 Vaughan Ramsay	V4048 Ranelagh Harriers	39:35
28	38	James Repper	V4023	Chiltern Harriers	34:52	72	50 Mark Solway	V4524 City Of Norwich AC	39:40
29	24	Matthew Bristow	V4024	Brighton & Hove AC	35:06	73	32 Nigel Sullivan	V4525 Burnham Joggers	39:44
30	62	Marcus Kimmins	V4025	Haywards Heath Harriers	35:10	74	147 Andrew Macdonald	V4526 Reading AC	40:00
31	177	Martyn Summerfield	V45 6	Vale Of Aylesbury AC	35:12	75	149 Fergal Donnelly	V4049 Reading Road Runners	40:06
32	81	Oliver Morrison	V4026	Herne Hill Harriers	35:15	76	131 Neil Catchlove	V4050 Lordshill Road Runners	40:12
33	178	Richard Berry	V4027	West 4 Harriers	35:22	77	146 Darren Stevens	V4051 Reading AC	40:24
34	15	Andrew Tappin	V4028	Aldershot Farnham & District A	35:25	78	153 Alex Elferink	V4052 Serpentine RC	41:12
35	162	Andy Morganlee	V45 7	Southampton AC	35:30	79	164 Darren Franks	V4527 St Mary's Richmond AC	42:04
36	54	Paul Rodgers	V4029	Colchester Harriers	35:32	80	58 Matthew Mason	V4528 Ely Runners	42:34
37	161	David Blackman	V45 8	Southampton AC	35:34	81	55 Simon Morgan	V4529 Colchester Harriers	42:39
38	25	Louis Taub	V4030	Brighton & Hove AC	35:40	82	45 Jonathan Baxter	V4530 City Of Norwich AC	42:40
39	138	Sean Holmes	V45 9	Overton Harriers & AC	35:44	83	156 Tom Poynton	V4053 Serpentine RC	42:50
40	29	Adam Tribe	V4510	Brighton & Hove AC	35:49	84	158 Ian Johnson	V4531 Serpentine RC	43:27
41	72	Fergus Campbell	V4511	Headington Road Runners	36:00	85	172 Steve Robbins	V4532 Thames Valley Harriers	43:59
42	228	Colin Ridley	V4031	Colchester Harriers	36:02	86	31 Sean Rooney	V4533 Burnham Joggers	44:11
43	166	Matt Lynas	V4512	Thames Hare & Hounds	36:03	87	144 Rob Curtis	V4534 Ranelagh Harriers	46:17
44	80	Jon Key	V4032	Herne Hill Harriers	36:04	88	86 John Luscombe	V4054 Hillingdon AC	50:02

Race 2 - Men aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time				
1	34	Sullivan Smith	V40 1	Cambridge & Coleridge AC	31:12	28	15 Andrew Tappin	V4028 Aldershot Farnham & District A	35:25
2	23	Howard Bristow	V40 2	Brighton & Hove AC	31:31	29	54 Paul Rodgers	V4029 Colchester Harriers	35:32
3	154	Will Green	V40 3	Serpentine RC	32:27	30	25 Louis Taub	V4030 Brighton & Hove AC	35:40
4	89	Chris Greenwood	V40 4	Kent AC	32:56	31	228 Colin Ridley	V4031 Colchester Harriers	36:02
5	82	Ben Paviour	V40 5	Herne Hill Harriers	32:58	32	80 Jon Key	V4032 Herne Hill Harriers	36:04
6	77	Simon Coombes	V40 6	Herne Hill Harriers	33:00	33	159 Steve Marcer	V4033 Southampton AC	36:09
7	61	Jim Cooper	V40 7	Harrow AC	33:01	34	67 Danny Axford	V4034 Headington Road Runners	36:12
8	79	John Kettle	V40 8	Herne Hill Harriers	33:06	35	88 Che Compton	V4035 Kent AC	36:16
9	76	Kieran White	V40 9	Hercules Wimbledon AC	33:11	36	181 Pete Sansome	V4036 Winchester & District AC	36:45
10	183	James Bolton	V4010	Woodstock Harriers AC	33:13	37	110 Edward Garrett	V4037 London Heathside AC	37:00
11	66	James Skinner	V4011	Haywards Heath Harriers	33:21	38	60 Richard Champness	V4038 Guildford & Godalming AC	37:07
12	140	Tegs Jones	V4012	Oxford City AC	33:34	39	10 Zippy Grice	V4039 Aldershot Farnham & District A	37:22
13	90	Phil Sanders	V4013	Kent AC	33:38	40	111 Jonathan Litchfield	V4040 London Heathside AC	37:23
14	133	Jim McConnell	V4014	North Herts Rrc	34:00	41	53 Jon Nears	V4041 Colchester Harriers	37:42
15	160	James Smith	V4015	Southampton AC	34:03	42	184 Kevin Game	V4042 Woodstock Harriers AC	38:06
16	141	Les Newell	V4016	Oxford City AC	34:06	43	179 Mark Lane	V4043 White Horse Harriers	38:45
17	165	Martin Shore	V4017	Thames Hare & Hounds	34:19	44	75 Mark Cahill	V4044 Hercules Wimbledon AC	39:11
18	150	Lance Nortcliff	V4018	Reading Road Runners	34:21	45	168 Greg Bennett	V4045 Thames Valley Harriers	39:16
19	152	Simon Barrett	V4019	Serpentine RC	34:27	46	96 Francois Barou	V4046 London Heathside AC	39:28
20	113	Daniel Madams	V4020	London Heathside AC	34:32	47	30 Paul Fallon	V4047 Burnham Joggers	39:31
21	78	Robin Jones	V4021	Herne Hill Harriers	34:40	48	143 Vaughan Ramsay	V4048 Ranelagh Harriers	39:35
22	174	Robert Taylor	V4022	Vale Of Aylesbury AC	34:48	49	149 Fergal Donnelly	V4049 Reading Road Runners	40:06
23	38	James Repper	V4023	Chiltern Harriers	34:52	50	131 Neil Catchlove	V4050 Lordshill Road Runners	40:12
24	24	Matthew Bristow	V4024	Brighton & Hove AC	35:06	51	146 Darren Stevens	V4051 Reading AC	40:24
25	62	Marcus Kimmins	V4025	Haywards Heath Harriers	35:10	52	153 Alex Elferink	V4052 Serpentine RC	41:12
26	81	Oliver Morrison	V4026	Herne Hill Harriers	35:15	53	156 Tom Poynton	V4053 Serpentine RC	42:50
27	178	Richard Berry	V4027	West 4 Harriers	35:22	54	86 John Luscombe	V4054 Hillingdon AC	50:02

Race 2 - Men aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time				
1	167	Ben Reynolds	V45 1	Thames Hare & Hounds	32:38	19	84 Jonathan Ratcliffe	V4519 Herne Hill Harriers	37:35
2	142	Julian Richardson	V45 2	Oxford City AC	33:28	20	44 Simon Brown	V4520 Chiltern Harriers	38:04
3	47	Spencer Goodall	V45 3	City Of Norwich AC	33:54	21	56 Tim Kimber	V4521 Crawley AC	38:08
4	134	Mark Vaughan	V45 4	North Herts Rrc	34:14	22	16 Matt Norman	V4522 Aldershot Farnham & District A	38:21
5	145	Stephen Whitehead	V45 5	Ranelagh Harriers	34:49	23	185 Rob Linnell	V4523 Woodstock Harriers AC	38:23
6	177	Martyn Summerfield	V45 6	Vale Of Aylesbury AC	35:12	24	50 Mark Solway	V4524 City Of Norwich AC	39:40
7	162	Andy Morganlee	V45 7	Southampton AC	35:30	25	32 Nigel Sullivan	V4525 Burnham Joggers	39:44
8	161	David Blackman	V45 8	Southampton AC	35:34	26	147 Andrew Macdonald	V4526 Reading AC	40:00
9	138	Sean Holmes	V45 9	Overton Harriers & AC	35:44	27	164 Darren Franks	V4527 St Mary's Richmond AC	42:04
10	29	Adam Tribe	V4510	Brighton & Hove AC	35:49	28	58 Matthew Mason	V4528 Ely Runners	42:34
11	72	Fergus Campbell	V4511	Headington Road Runners	36:00	29	55 Simon Morgan	V4529 Colchester Harriers	42:39
12	166	Matt Lynas	V4512	Thames Hare & Hounds	36:03	30	45 Jonathan Baxter	V4530 City Of Norwich AC	42:40
13	171	Steve Norris	V4513	Thames Valley Harriers	36:14	31	158 Ian Johnson	V4531 Serpentine RC	43:27
14	64	Paul Cousins	V4514	Haywards Heath Harriers	36:20	32	172 Steve Robbins	V4532 Thames Valley Harriers	43:59
15	175	David Maisey	V4515	Vale Of Aylesbury AC	36:26	33	31 Sean Rooney	V4533 Burnham Joggers	44:11
16	151	Ben Whalley	V4516	Reading Road Runners	36:32	34	144 Rob Curtis	V4534 Ranelagh Harriers	46:17
17	128	Matthew Cockerill	V4517	London Heathside AC	36:39				
18	74	Chris Prince	V4518	Headington Road Runners	37:26				

Race 2 - Men aged 40 to 49 — TEAM RESULTS

1	Herne Hill Harriers	22	—	6 Ben Paviour	7 Simon Coombes	9 John Kettle
2	Oxford City AC	46	—	13 Julian Richardson	14 Teds Jones	19 Les Newell
3	Thames Hare & Hounds	68	—	4 Ben Reynolds	21 Martin Shore	43 Matt Lynas
4	Kent AC	68	—	5 Chris Greenwood	15 Phil Sanders	48 Che Compton
5	Brighton & Hove AC	69	—	2 Howard Bristow	29 Matthew Bristow	38 Louis Taub
6	Southampton AC	90	—	18 James Smith	35 Andy Morganlee	37 David Blackman
7	Haywards Heath Harriers	91	—	12 James Skinner	30 Marcus Kimmins	49 Paul Cousins
8	Serpentine RC	104	—	3 Will Green	23 Simon Barrett	78 Alex Elferink
9	Vale Of Aylesbury AC	107	—	26 Robert Taylor	31 Martyn Summerfield	50 David Maisey
10	London Heathside AC	130	—	24 Daniel Madams	52 Matthew Cockerill	54 Edward Garrett
11	Colchester Harriers	138	—	36 Paul Rodgers	42 Colin Ridley	60 Jon Nears
12	Woodstock Harriers AC	138	—	11 James Bolton	62 Kevin Game	65 Rob Linnell
13	Headington Road Runners	145	—	41 Fergus Campbell	46 Danny Axford	58 Chris Prince
14	Reading Road Runners	148	—	22 Lance Nortcliff	51 Ben Whalley	75 Fergal Donnelly
15	Aldershot Farnham & District A	154	—	34 Andrew Tappin	56 Zippy Grice	64 Matt Norman
16	City Of Norwich AC	170	—	16 Spencer Goodall	72 Mark Solway	82 Jonathan Baxter
17	Ranelagh Harriers	185	—	27 Stephen Whitehead	71 Vaughan Ramsay	87 Rob Curtis
18	Thames Valley Harriers	200	—	47 Steve Norris	68 Greg Bennett	85 Steve Robbins
19	Burnham Joggers	229	—	70 Paul Fallon	73 Nigel Sullivan	86 Sean Rooney