

SEAA Road Relay Championships at Gravesend on Sunday 20 March 2016

- Womens 6 Stage Stage 1 — Final Results

Pos	Name	Club	Leg Time	Pos	Name	Club	Leg Time
1	Lizzy Janes	HertsPAC	14:43	21	Rachel Titheradge	Brighton& A	16:54
2	Rachel Humpreys	Bedford&C	14:47	22	Leanne Lyons	ThamesVal B	17:17
3	Georgia Fear	HighgateH	15:00	23	Melissa Berry	Tonbridge A	17:19
4	Katy Hedgethorpe	Cambridge A	15:04	24	Lara Werrett	RanelaghH A	17:25
5	Isabel Dye	ThamesVal A	15:25	25	Sophia Derivaz	Serpentin B	17:26
6	Sarah Chapman	WindsorSE A	15:48	26	Alice Whiley	ClaphamCh A	17:38
7	Elisa Bostock	HadleighH	15:49	27	Rebecca Hall	RanelaghH B	17:41
8	Sarah Kingston	Southampt A	15:50	28	Rachel Phillips	ReadingAc B	17:46
9	Keri Mackenzie	BelgraveH A	15:53	29	Vikki Filsell	ThamesHar B	17:48
10	Teresa Murphy	KentAc A	15:59	30	Mathilde Pauls	ThamesHar A	18:06
11	Natasha Sheel	Serpentin A	16:02	31	Helen Hadjam	HerneHill B	18:08
12	Alice Ritchie	MarshallM	16:06	32	Dee O'Brien	KentAc B	18:14
13	Georgia Garvin	IpswichJa A	16:13	33	Silvia Chiappa	Cambridge B	18:19
14	Leigh James	LondonHea A	16:17	34	Rachael Hamblyn	IpswichJa B	19:06
15	Kate Curran	Blackheat	16:22	35	Natasha Cendrowicz	HighgateB	19:35
16	Julia Wedmore	HerneHill A	16:36	36	Sarah Whincup	ClaphamCh B	20:32
17	Claire Arnold	Aldershot A	16:36	37	Alex Wardle	WoodfordG A	20:51
18	Colette Monahan	LondonHea B	16:37	38	Lisa Bond	IpswichJa C	23:52
19	Anna Godfrey	ReadingAc A	16:42				
20	Natalie Gentry	SouthLond	16:52				

- Womens 6 Stage Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Svenja Abel	HighgateH	22:02	37:02	+ 2	25	Jennifer Neal	Blackheat	28:11	44:33	- 10
2	C Christensen	Cambridge A	22:57	38:01	+ 2	26	Marie Synnottwells	RanelaghH A	27:10	44:35	- 2
3	Helen Davies	IpswichJa A	22:29	38:42	+ 10	27	Mary Twitchett	Cambridge B	27:06	45:25	+ 6
4	Fiona Thompson	ThamesVal A	23:20	38:45	+ 1	28	Kate Williams	KentAc B	27:31	45:45	+ 4
5	Steph Mccall	SouthLond	22:00	38:52	+ 15	29	Emma Wellham	RanelaghH B	28:52	46:33	- 2
6	Bryony Proctor	Aldershot A	22:16	38:52	+ 11	30	Elizabeth Oconnor	Serpentin B	29:18	46:44	- 5
7	Chloe Tighe	HerneHill A	22:47	39:23	+ 9	31	Ilona Kriauzaite	ThamesHar B	29:15	47:03	- 2
8	Laura Brenton	Southampt A	23:36	39:26	0	32	Zoe Watson	WoodfordG A	27:01	47:52	+ 5
9	Ashley Gibson	Tonbridge A	22:13	39:32	+ 14	33	Kate Wooldridge	IpswichJa B	29:21	48:27	+ 1
10	Rebecca Piggott	LondonHea A	23:20	39:37	+ 4	34	Kathleen Henehan	ClaphamCh B	28:09	48:41	+ 2
11	Nicole Swaffield	WindsorSE A	23:59	39:47	- 5	35	Sian Abbott	IpswichJa C	30:16	54:08	+ 3
12	Lara Bromilow	MarshallM	23:56	40:02	0						
13	Marta Bagnati	Serpentin A	24:01	40:03	- 2						
14	Naomi Mitchell	ReadingAc A	23:29	40:11	+ 5						
15	Alison Thomson	KentAc A	24:20	40:19	- 5						
16	Martha Coyle	Brighton& A	23:34	40:28	+ 5						
17	Alice Heatherhayes	HadleighH	24:40	40:29	- 10						
18	Felicity Cole	BelgraveH A	25:26	41:19	- 9						
19	Rachel Newstead	LondonHea B	25:14	41:51	- 1						
20	Sarah Hazel	ThamesHar A	23:55	42:01	+ 10						
21	Rose Harvey	ClaphamCh A	24:58	42:36	+ 5						
22	Kate Green	ThamesVal B	26:30	43:47	0						
23	Ruth Chalmers	HerneHill B	26:08	44:16	+ 8						
24	Patricia Derosnay	ReadingAc B	26:34	44:20	+ 4						

Fastest runners over stage 2:

1	Steph Mccall	SouthLond	22:00
2	Svenja Abel	HighgateH	22:02
3	Ashley Gibson	Tonbridge A	22:13
4	Bryony Proctor	Aldershot A	22:16
5	Helen Davies	IpswichJa A	22:29
6	Chloe Tighe	HerneHill A	22:47
7	C Christensen	Cambridge A	22:57
8	Rebecca Piggott	LondonHea A	23:20
9	Fiona Thompson	ThamesVal A	23:20
10	Naomi Mitchell	ReadingAc A	23:29

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- Womens 6 Stage Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Sophie Sheldrake	HighgateH	15:26	52:28	0
2	Heather Timmins	ThamesVal A	15:12	53:57	+ 2
3	Rebecca Frake	Cambridge A	16:14	54:15	- 1
4	Sofie Kent	Aldershot A	15:59	54:51	+ 2
5	Felicity Johnson	WindsorSE A	15:26	55:13	+ 6
6	Anna Sharp	Southampt A	16:15	55:41	+ 2
7	Sue Rust	LondonHea A	16:11	55:48	+ 3
8	Val Jennings	IpswichJa A	17:19	56:01	- 5
9	Ruth Hutton	SouthLond	17:25	56:17	- 4
10	Isobel Bradley	KentAc A	16:14	56:33	+ 5
11	Karen Ellison	HerneHill A	17:13	56:36	- 4
12	Lauren Church	ReadingAc A	16:55	57:06	+ 2
13	Sasha Houghton	Tonbridge A	17:40	57:12	- 4
14	Bernadette Vanwijk	Serpentin A	17:12	57:15	- 1
15	Saron Haileselase	BelgraveH A	16:12	57:31	+ 3
16	Phoebe Connolly	Brighton& A	17:15	57:43	0
17	Davina Greenwell	HadleighH	17:29	57:58	0
18	Andrea Holt	ThamesHar A	16:25	58:26	+ 2
19	U Cartwrightfinch	LondonHea B	16:45	58:36	0
20	Lucy Stone	MarshallM	18:36	58:38	- 8
21	Cat Stclair	ClaphamCh A	18:01	1:00:37	0
22	Natalie Thomas	RanelaghH A	16:21	1:00:56	+ 4
23	Debbie Taylor	ReadingAc B	18:03	1:02:23	+ 1
24	Sara Elmqvist	Blackheat	18:23	1:02:56	+ 1
25	Diana Kennedy	ThamesVal B	19:19	1:03:06	- 3
26	Margaret Phillips	Cambridge B	18:51	1:04:16	+ 1
27	Lisa Pettit	Serpentin B	18:30	1:05:14	+ 3
28	Alicia Mcardell	WoodfordG A	17:46	1:05:38	+ 4
29	Hannah Wood	IpswichJa B	18:43	1:07:10	+ 4
30	Jessica Davies	ThamesHar B	20:22	1:07:25	+ 1
31	Nicola Cartlidge	KentAc B	21:49	1:07:34	- 3
32	Laura Matthews	ClaphamCh B	18:53	1:07:34	+ 2
33	*Not Declared*	RanelaghH B	21:07	1:07:40	- 4
34	Julie Haselwood	IpswichJa C	23:01	1:17:09	+ 1

Fastest runners over stage 3:

1	Heather Timmins	ThamesVal A	15:12
2	Felicity Johnson	WindsorSE A	15:26
3	Sophie Sheldrake	HighgateH	15:26
4	Sofie Kent	Aldershot A	15:59
5	Sue Rust	LondonHea A	16:11
6	Saron Haileselase	BelgraveH A	16:12
7	Rebecca Frake	Cambridge A	16:14
8	Isobel Bradley	KentAc A	16:14
9	Anna Sharp	Southampt A	16:15
10	Natalie Thomas	RanelaghH A	16:21

- Womens 6 Stage Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Hannah Viner	HighgateH	22:42	1:15:10	0
2	Victoria Knight	Cambridge A	22:22	1:16:37	+ 1
3	Emily Shearer	ThamesVal A	23:37	1:17:34	- 1
4	Katie Bingle	Aldershot A	23:30	1:18:21	0
5	Amy Clements	KentAc A	22:14	1:18:47	+ 5
6	Ellie Monks	Southampt A	23:13	1:18:54	0
7	Becky Atkinson	WindsorSE A	23:45	1:18:58	- 2
8	Sara Bird	IpswichJa A	24:12	1:20:13	0
9	Anna Ohare	LondonHea A	24:59	1:20:47	- 2
10	Mary James	SouthLond	24:38	1:20:55	- 1
11	Zoe Vailsmith	BelgraveH A	23:41	1:21:12	+ 4
12	Helena Tobin	Brighton& A	23:41	1:21:24	+ 4
13	Lauren Roe	Serpentin A	24:28	1:21:43	+ 1
14	Annes Stevens	HerneHill A	25:20	1:21:56	- 3
15	Antonia Burt	ThamesHar A	23:48	1:22:14	+ 3
16	Victoria Kenny	HadleighH	24:17	1:22:15	+ 1
17	Kirandeep Marsh	Tonbridge A	26:02	1:23:14	- 4
18	Jordan Folk	ReadingAc A	26:28	1:23:34	- 6
19	Linsey Ryall	MarshallM	25:39	1:24:17	+ 1
20	Rachel Baker	ClaphamCh A	24:28	1:25:05	+ 1
21	Satu Hietanen	LondonHea B	27:15	1:25:51	- 2
22	Carole Penlington	Blackheat	24:06	1:27:02	+ 2
23	Julia Bailey	RanelaghH A	26:24	1:27:20	- 1
24	Nicola McBride	Cambridge B	24:29	1:28:45	+ 2
25	Susan Francis	ReadingAc B	26:28	1:28:51	- 2
26	Suzanne Turvey	WoodfordG A	24:42	1:30:20	+ 2
27	Camilla West	Serpentin B	26:01	1:31:15	0
28	Samantha Spencer	IpswichJa B	27:57	1:35:07	+ 1
29	*Not Declared*	RanelaghH B	27:44	1:35:24	+ 4
30	Barbara Maddison	ThamesVal B	34:05	1:37:11	- 5
31	Gemma Brierley	ClaphamCh B	29:53	1:37:27	+ 1
32	Ellie Brown	KentAc B	30:26	1:38:00	- 1
33	Jennifer Wright	IpswichJa C	30:36	1:47:45	+ 1

Fastest runners over stage 4:

1	Amy Clements	KentAc A	22:14
2	Victoria Knight	Cambridge A	22:22
3	Hannah Viner	HighgateH	22:42
4	Ellie Monks	Southampt A	23:13
5	Katie Bingle	Aldershot A	23:30
6	Emily Shearer	ThamesVal A	23:37
7	Zoe Vailsmith	BelgraveH A	23:41
8	Helena Tobin	Brighton& A	23:41
9	Becky Atkinson	WindsorSE A	23:45
10	Antonia Burt	ThamesHar A	23:48

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- Womens 6 Stage Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Emma Burgess	HighgateH	16:34	1:31:44	0
2	Claire Wilson	Cambridge A	15:28	1:32:05	0
3	Gabi Eglen	Aldershot A	15:35	1:33:56 +	1
4	Siana Jones	ThamesVal A	16:57	1:34:31 -	1
5	Georgina Russell	Southampt A	15:59	1:34:53 +	1
6	Victoria Buck	KentAc A	16:29	1:35:16 -	1
7	Dani Barnes	WindsorSE A	16:31	1:35:29	0
8	Rachel Seckl	LondonHea A	16:34	1:37:21 +	1
9	Louise Staunton	IpswichJa A	17:18	1:37:31 -	1
10	Rose O'Brien	BelgraveH A	17:16	1:38:28 +	1
11	Susanne Zibung	Serpentin A	17:13	1:38:56 +	2
12	Jeanette Kenneally	Brighton& A	17:54	1:39:18	0
13	Pam Iannella	SouthLond	18:29	1:39:24 -	3
14	Natalie Zara	HerneHill A	17:32	1:39:28	0
15	Annette Gould	ThamesHar A	17:24	1:39:38	0
16	Sarah Holmes	ReadingAc A	16:36	1:40:10 +	2
17	L Pitcairnknowles	Tonbridge A	17:47	1:41:01	0
18	Rachel Bodsworth	HadleighH	18:54	1:41:09 -	2
19	Katie Ferguson	ClaphamCh A	17:10	1:42:15 +	1
20	Diane Baldwin	MarshallM	18:04	1:42:21 -	1
21	Jennifer Wing	LondonHea B	17:34	1:43:25	0
22	Jennie Butler	Blackheat	17:43	1:44:45	0
23	Wiebke Kortum	RanelaghH A	18:38	1:45:58	0
24	Lucy Daniells	ReadingAc B	17:55	1:46:46 +	1
25	Paula Kessler	Cambridge B	19:06	1:47:51 -	1
26	Daisy Gladstone	Serpentin B	18:02	1:49:17 +	1
27	Kate Stockings	WoodfordG A	19:44	1:50:04 -	1
28	Nicola Weldon	IpswichJa B	19:12	1:54:19	0
29	*Not Declared*	RanelaghH B	20:01	1:55:25	0
30	Eve Goodhart	ThamesVal B	19:05	1:56:16	0
31	Charlotte Healy	ClaphamCh B	20:06	1:57:33	0
32	Annabelle Hadlow	KentAc B	23:57	2:01:57	0
33	Julie Richardson	IpswichJa C	23:42	2:11:27	0

Fastest runners over stage 5:

1	Claire Wilson	Cambridge A	15:28
2	Gabi Eglen	Aldershot A	15:35
3	Georgina Russell	Southampt A	15:59
4	Victoria Buck	KentAc A	16:29
5	Dani Barnes	WindsorSE A	16:31
6	Rachel Seckl	LondonHea A	16:34
7	Emma Burgess	HighgateH	16:34
8	Sarah Holmes	ReadingAc A	16:36
9	Siana Jones	ThamesVal A	16:57
10	Katie Ferguson	ClaphamCh A	17:10

- Womens 6 Stage Stage 6 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Ashley Scottwilson	HighgateH	14:53	1:46:37	0
2	Susannah Reid	Cambridge A	15:55	1:48:00	0
3	Amy Griffiths	Aldershot A	15:38	1:49:34	0
4	Lisa Dasilva	ThamesVal A	16:23	1:50:54	0
5	Lydia Blackmore	KentAc A	16:27	1:51:43 +	1
6	Rachel Ayerst	Southampt A	16:55	1:51:48 -	1
7	Kathryn Ditton	WindsorSE A	17:17	1:52:46	0
8	Ella Waldman	LondonHea A	15:58	1:53:19	0
9	Emma Dixon	Brighton& A	15:19	1:54:37 +	3
10	Josephine Rhodes	BelgraveH A	16:17	1:54:45	0
11	Esther Lury	IpswichJa A	17:36	1:55:07 -	2
12	Stephanie Mitchell	HerneHill A	16:28	1:55:56 +	2
13	Courtney Bowen	Serpentin A	17:03	1:55:59 -	2
14	Jo Vickers	SouthLond	16:49	1:56:13 -	1
15	Joanna Shillington	ThamesHar A	17:03	1:56:41	0
16	Hayleigh Wood	ReadingAc A	17:01	1:57:11	0
17	Jo Norrington	HadleighH	17:29	1:58:38 +	1
18	Helen Cooper	ClaphamCh A	17:01	1:59:16 +	1
19	Nicola Summerfield	Tonbridge A	18:48	1:59:49 -	2
20	f Royles(nee)	MarshallM	17:49	2:00:10	0
21	Elidh Wagstaff	LondonHea B	17:38	2:01:03	0
22	Sarah Belaon	Blackheat	17:05	2:01:50	0
23	Rebecca Northmore	RanelaghH A	17:55	2:03:53	0
24	Charlotte Phillips	ReadingAc B	19:37	2:06:23	0
25	Kat Gundersen	WoodfordG A	16:31	2:06:35 +	2
26	Margaret King	Serpentin B	19:29	2:08:46	0
27	Julia Decesare	Cambridge B	22:10	2:10:01 -	2
28	*Not Declared*	RanelaghH B	17:34	2:12:59 +	1
29	Mel Sherman	IpswichJa B	19:22	2:13:41 -	1
30	Shermayne Chan	ClaphamCh B	18:46	2:16:19 +	1
31	Christine Munden	ThamesVal B	23:57	2:20:13 -	1
32	Linda Eyre	KentAc B	25:44	2:27:41	0
33	Terri Green	IpswichJa C	23:27	2:34:54	0

Fastest runners over stage 6:

1	Ashley Scottwilson	HighgateH	14:53
2	Emma Dixon	Brighton& A	15:19
3	Amy Griffiths	Aldershot A	15:38
4	Susannah Reid	Cambridge A	15:55
5	Ella Waldman	LondonHea A	15:58
6	Josephine Rhodes	BelgraveH A	16:17
7	Lisa Dasilva	ThamesVal A	16:23
8	Lydia Blackmore	KentAc A	16:27
9	Stephanie Mitchell	HerneHill A	16:28
10	Kat Gundersen	WoodfordG A	16:31

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Womens 6 Stage — Team Results — Final

(nn) is team position after the appropriate stage.

1 Highgate Harriers		1:46:37		14 South London Harriers		1:56:13	
1 Georgia Fear (3) 15:00	2 Svenja Abel (1) 22:02	1 Natalie Gentry (20) 16:52	2 Steph McCall (5) 22:00	3 Ruth Hutton (9) 17:25	4 Mary James (10) 24:38	5 Emma Burgess (1) 16:34	6 Ashley Scottwilson (1) 14:53
3 Sophie Sheldrake (1) 15:26	4 Hannah Viner (1) 22:42	5 PamIannella (13) 18:29	6 Jo Vickers (14) 16:49				
2 Cambridge & Coleridge Ac		'A' 1:48:00		15 Thames Hare & Hounds		'A' 1:56:41	
1 Katy Hedgethorne (4) 15:04	2 C Christensen (2) 22:57	1 MathildePauls (30) 18:06	2 Sarah Hazel (20) 23:55	3 Andrea Holt (18) 16:25	4 Antonia Burt (15) 23:48	3 Rebecca Frake (3) 16:14	4 Victoria Knight (2) 22:22
5 ClaireWilson (2) 15:28	6 Susannah Reid (2) 15:55	5 Annette Gould (15) 17:24	6 Joanna Shillington (15) 17:03				
3 Aldershot Farnham & Dac		'A' 1:49:34		16 Reading Ac		'A' 1:57:11	
1 Claire Arnold (17) 16:36	2 Bryony Proctor (6) 22:16	1 Anna Godfrey (19) 16:42	2 Naomi Mitchell (14) 23:29	3 Lauren Church (12) 16:55	4 Jordan Folk (18) 26:28	3 Sofie Kent (4) 15:59	4 Katie Bingle (4) 23:30
5 Gabi Eglen (3) 15:35	6 Amy Griffiths (3) 15:38	5 Sarah Holmes (16) 16:36	6 Hayleigh Wood (16) 17:01				
4 Thames Valley Harriers		'A' 1:50:54		17 Hadleigh Hares Ac		1:58:38	
1 Isabel Dye (5) 15:25	2 Fiona Thompson (4) 23:20	1 Elisa Bostock (7) 15:49	2 Alice Heatherhayes (17) 24:40	3 Heather Timmins (2) 15:12	4 Emily Shearer (3) 23:37	3 Davina Greenwell (17) 17:29	4 Victoria Kenny (16) 24:17
5 Siana Jones (4) 16:57	6 Lisa Dasilva (4) 16:23	5 Rachel Bodsworth (18) 18:54	6 Jo Norrington (17) 17:29				
5 Kent Ac		'A' 1:51:43		18 Clapham Chasers Rc		'A' 1:59:16	
1 Teresa Murphy (10) 15:59	2 Alison Thomson (15) 24:20	1 Alice Whitley (26) 17:38	2 Rose Harvey (21) 24:58	3 Isobel Bradley (10) 16:14	4 Amy Clements (5) 22:14	3 Cat Stclair (21) 18:01	4 Rachel Baker (20) 24:28
5 Victoria Buck (6) 16:29	6 Lydia Blackmore (5) 16:27	5 Katie Ferguson (19) 17:10	6 Helen Cooper (18) 17:01				
6 Southampton Ac		'A' 1:51:48		19 Tonbridge Ac		'A' 1:59:49	
1 Sarah Kingston (8) 15:50	2 Laura Brenton (8) 23:36	1 Melissa Berry (23) 17:19	2 Ashley Gibson (9) 22:13	3 Anna Sharp (6) 16:15	4 Ellie Monks (6) 23:13	3 Sasha Houghton (13) 17:40	4 Kirandeep Marsh (17) 26:02
5 Georgina Russell (5) 15:59	6 Rachel Ayerst (6) 16:55	5 L Pitcairnkowles (17) 17:47	6 Nicola Summerfield (19) 18:48				
7 Windsor S E & Hounslow Ac		'A' 1:52:46		20 Marshall Milton Keynes		2:00:10	
1 Sarah Chapman (6) 15:48	2 Nicole Swaffield (11) 23:59	1 Alice Ritchie (12) 16:06	2 Lara Bromilow (12) 23:56	3 Felicity Johnson (5) 15:26	4 Becky Atkinson (7) 23:45	3 Lucy Stone (20) 18:36	4 Linsey Ryll (19) 25:39
5 Dani Barnes (7) 16:31	6 Kathryn Ditton (7) 17:17	5 Diane Baldwin (20) 18:04	6 f Royles(nee) (20) 17:49				
8 London Heathside Ac		'A' 1:53:19		21 London Heathside Ac		'B' 2:01:03	
1 Leigh James (14) 16:17	2 Rebecca Piggott (10) 23:20	1 Colette Monahan (18) 16:37	2 Rachel Newstead (19) 25:14	3 Sue Rust (7) 16:11	4 Anna Ohare (9) 24:59	3 U Cartwrightfinch (19) 16:45	4 Satu Hietanen (21) 27:15
5 Rachel Seckl (8) 16:34	6 Ella Waldman (8) 15:58	5 Jennifer Wing (21) 17:34	6 Elidh Wagstaff (21) 17:38				
9 Brighton & Hove Ac		'A' 1:54:37		22 Blackheath & Bromley H		2:01:50	
1 Rachel Titheradge (21) 16:54	2 Martha Coyle (16) 23:34	1 Kate Curran (15) 16:22	2 Jennifer Neal (25) 28:11	3 Phoebe Connolly (16) 17:15	4 Helena Tobin (12) 23:41	3 Sara Elmqvist (24) 18:23	4 Carole Penlington (22) 24:06
5 Jeanette Kenneally (12) 17:54	6 Emma Dixon (9) 15:19	5 Jennie Butler (22) 17:43	6 Sarah Belaon (22) 17:05				
10 Belgrave Harriers		'A' 1:54:45		23 Ranelagh Harriers		'A' 2:03:53	
1 Keri Mackenzie (9) 15:53	2 Felicity Cole (18) 25:26	1 Lara Werrett (24) 17:25	2 Marie Synnottwells (26) 27:10	3 Saron Haileselase (15) 16:12	4 Zoe Vailsmith (11) 23:41	3 Natalie Thomas (22) 16:21	4 Julia Bailey (23) 26:24
5 Rose O'Brien (10) 17:16	6 Josephine Rhodes (10) 16:17	5 Wiebke Kortum (23) 18:38	6 Rebecca Northmore (23) 17:55				
11 Ipswich Jaffa Rc		'A' 1:55:07		24 Reading Ac		'B' 2:06:23	
1 Georgia Garvin (13) 16:13	2 Helen Davies (3) 22:29	1 Rachel Phillips (28) 17:46	2 Patricia Derosnay (24) 26:34	3 Val Jennings (8) 17:19	4 Sara Bird (8) 24:12	3 Debbie Taylor (23) 18:03	4 Susan Francis (25) 26:28
5 Louise Staunton (9) 17:18	6 Esther Lury (11) 17:36	5 Lucy Daniells (24) 17:55	6 Charlotte Phillips (24) 19:37				
12 Herne Hill Harriers		'A' 1:55:56		25 Woodford Green W Essex Ladies		'A' 2:06:35	
1 Julia Wedmore (16) 16:36	2 Chloe Tighe (7) 22:47	1 Alex Wardle (37) 20:51	2 Zoe Watson (32) 27:01	3 Karen Ellison (11) 17:13	4 Annes Stevens (14) 25:20	3 Alicia Mcardell (28) 17:46	4 Suzanne Turvey (26) 24:42
5 Natalie Zara (14) 17:32	6 Stephanie Mitchell (12) 16:28	5 Kate Stockings (27) 19:44	6 Kat Gundersen (25) 16:31				
13 Serpentine Rc		'A' 1:55:59		26 Serpentine Rc		'B' 2:08:46	
1 Natasha Sheel (11) 16:02	2 Marta Bagnati (13) 24:01	1 Sophia Derivaz (25) 17:26	2 Elizabeth Oconnor (30) 29:18	3 Bernadette Vanwijk (14) 17:12	4 Lauren Roe (13) 24:28	3 Lisa Pettit (27) 18:30	4 Camilla West (27) 26:01
5 Susanne Zibung (11) 17:13	6 Courtney Bowen (13) 17:03	5 Daisy Gladstone (26) 18:02	6 Margaret King (26) 19:29				

SEAA Road Relay Championships

at Gravesend on Sunday 20 March 2016

27 Cambridge & Coleridge Ac 'B' 2:10:01

1 Silvia Chiappa (33) 18:19	2 Mary Twitchett (27) 27:06
3 Margaret Phillips (26) 18:51	4 Nicola McBride (24) 24:29
5 Paula Kessler (25) 19:06	6 Julia Decesare (27) 22:10

28 Ranelagh Harriers 'B' 2:12:59

1 Rebecca Hall (27) 17:41	2 Emma Wellham (29) 28:52
3 Undeclared (33) 21:07	4 Undeclared (29) 27:44
5 Undeclared (29) 20:01	6 Undeclared (28) 17:34

29 Ipswich Jaffa Rc 'B' 2:13:41

1 Rachael Hamblyn (34) 19:06	2 Kate Wooldridge (33) 29:21
3 Hannah Wood (29) 18:43	4 Samantha Spencer (28) 27:57
5 Nicola Weldon (28) 19:12	6 Mel Sherman (29) 19:22

30 Clapham Chasers Rc 'B' 2:16:19

1 Sarah Whincup (36) 20:32	2 Kathleen Henehan (34) 28:09
3 Laura Matthews (32) 18:53	4 Gemma Brierley (31) 29:53
5 Charlotte Healy (31) 20:06	6 Shermayne Chan (30) 18:46

31 Thames Valley Harriers 'B' 2:20:13

1 Leanne Lyons (22) 17:17	2 Kate Green (22) 26:30
3 Diana Kennedy (25) 19:19	4 Barbara Maddison (30) 34:05
5 Eve Goodhart (30) 19:05	6 Christine Munden (31) 23:57

32 Kent Ac 'B' 2:27:41

1 Dee O'Brien (32) 18:14	2 Kate Williams (28) 27:31
3 Nicola Cartlidge (31) 21:49	4 Ellie Brown (32) 30:26
5 Annabelle Hadlow (32) 23:57	6 Linda Eyre (32) 25:44

33 Ipswich Jaffa Rc 'C' 2:34:54

1 Lisa Bond (38) 23:52	2 Sian Abbott (35) 30:16
3 Julie Haselwood (34) 23:01	4 Jennifer Wright (33) 30:36
5 Julie Richardson (33) 23:42	6 Terri Green (33) 23:27

Incomplete Teams:

Thames Hare & Hounds 'B'

1 Vikki Filsell (29) 17:48	2 Ilona Kriauzaite (31) 29:15
3 Jessica Davies (30) 20:22	

Herne Hill Harriers 'B'

1 Helen Hadjam (31) 18:08	2 Ruth Chalmers (23) 26:08
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Herts Phoenix AC

1 Lizzy Janes (1) 14:43

Bedford & County Ac

1 Rachel Humpreys (2) 14:47

Highgate Harriers 'B'

1 Natasha Cendrowicz (35) 19:35

Fastest of all long legs

1 Steph McCall	SouthLond	22:00
2 Svenja Abel	HighgateH	22:02
3 Ashley Gibson	Tonbridge	A 22:13
4 Amy Clements	KentAc	A 22:14
5 Bryony Proctor	Aldershot	A 22:16
6 Victoria Knight	Cambridge	A 22:22
7 Helen Davies	IpswichJa	A 22:29
8 Hannah Viner	HighgateH	22:42
9 Chloe Tighe	HerneHill	A 22:47
10 C Christensen	Cambridge	A 22:57

Fastest of all short legs

1 Lizzy Janes	HertsPAC	14:43
2 Rachel Humpreys	Bedford&C	14:47
3 Ashley Scottwilson	HighgateH	14:53
4 Georgia Fear	HighgateH	15:00
5 Katy Hedgethorpe	Cambridge	A 15:04
6 Heather Timmins	ThamesVal	A 15:12
7 Emma Dixon	Brighton&	A 15:19
8 Isabel Dye	ThamesVal	A 15:25
9 Sophie Sheldrake	HighgateH	15:26
= Felicity Johnson	WindsorSE	A 15:26