

PENISTONE FOOTPATH RUNNERS & AC PRESENT THE RESULTS OF THE 31ST RUNNING OF THE

PENISTONE 10K ROAD RACE

SUNDAY 26TH JUNE 2016

| Pos | Bib | Chip time | Name | Cat | Club |
|-----|-----|-----------|------------------------|------|------------------------------|
| 1 | 95 | 34:46.7 | Iain Whitaker | M | Unattached |
| 2 | 236 | 36:04.8 | Shaun Dimelow | MV45 | Penistone |
| 3 | 69 | 36:50.0 | Scott Hinchcliffe | M | Penistone |
| 4 | 281 | 37:29.0 | Paul Johnson | M | Barnsley Harriers |
| 5 | 243 | 37:32.9 | Andy Whitworth | MV45 | Meltham AC |
| 6 | 63 | 38:19.5 | Gareth Cooke | M | Unattached |
| 7 | 112 | 38:25.9 | Martin Peck | M | Roberttown Road Runners |
| 8 | 268 | 38:38.3 | Paul Dodd | M | Barnsley Harriers |
| 9 | 170 | 38:46.2 | James Thompson | M | Kingstone |
| 10 | 249 | 38:58.3 | Andrew Heppenstall | M | Penistone |
| 11 | 299 | 39:48.0 | Robin Clough | MV45 | Penistone |
| 12 | 143 | 39:48.2 | Matthew Robinson | MV45 | Penistone |
| 13 | 119 | 39:49.0 | Dean Winter | MV40 | Askern & District RC |
| 14 | 228 | 40:03.9 | Martin Hall | MV55 | Spensorough AC |
| 15 | 254 | 40:14.0 | Richard Singleton | M | Barnsley Harriers |
| 16 | 284 | 41:01.4 | Adam Mills | M | Rodillian Runners |
| 17 | 244 | 41:12.9 | Mark Law | MV50 | Holmfirth |
| 18 | 155 | 41:23.3 | Paul Clark | MV40 | Unattached |
| 19 | 277 | 41:25.1 | Ben Wilkinson | M | Sheffield RC |
| 20 | 203 | 41:27.0 | Tony Daniels | MV55 | Meltham AC |
| 21 | 56 | 41:34.1 | Richard Heppenstall | MV40 | Penistone |
| 22 | 117 | 42:21.2 | Bangani Pumlani | MV40 | Salford Harriers & AC |
| 23 | 162 | 42:37.3 | Ryan Duckett | MV40 | Unattached |
| 24 | 30 | 42:48.7 | Oliver Ingham | M | Denby Dale AC |
| 25 | 66 | 43:02.5 | Christopher Moss | M | Unattached |
| 26 | 189 | 43:08.1 | Richard Docker | MV50 | Unattached |
| 27 | 178 | 43:25.8 | Patrick Needham | M | Barnsley Harriers |
| 28 | 210 | 43:29.1 | Stephen McFarlane | MV40 | Meltham AC |
| 29 | 52 | 43:40.1 | Sarah Gough | FV40 | Barnsley Harriers |
| 30 | 278 | 43:44.4 | Caroline Hoath | F | Helman AC |
| 31 | 224 | 43:53.8 | Martin Booth | MV50 | Penistone |
| 32 | 55 | 44:19.1 | Dave Allemby | MV60 | Barnsley AC |
| 33 | 87 | 44:40.2 | Samuel Watkins | M | Unattached |
| 34 | 288 | 44:41.5 | John Howsham | MV50 | Penistone |
| 35 | 19 | 44:46.9 | John McCarthy | MV55 | Rothwell & District Harriers |
| 36 | 92 | 45:01.0 | Ian Cartwright | M | Wakefield Triathlon Club |
| 37 | 106 | 45:06.2 | Steven Sharp | M | Unattached |
| 38 | 261 | 45:19.1 | Adam Collins | M | Unattached |
| 39 | 237 | 45:28.5 | James Lodge | M | Denby Dale AC |
| 40 | 140 | 45:28.7 | Sally Smith | F | Penistone |
| 41 | 226 | 45:34.6 | Matthew Coldwell | MV40 | Penistone |
| 42 | 195 | 45:36.0 | Katie Roberts | F | Barnsley Harriers |
| 43 | 101 | 45:54.1 | Steve Hollingworth | M | Unattached |
| 44 | 1 | 46:00.7 | Richard Bory | MV65 | Valley Hill Runners |
| 45 | 68 | 46:15.5 | Samantha Shaw | F | Penistone |
| 46 | 145 | 46:28.2 | Joanne Worboys-Hodgson | FV45 | Denby Dale AC |

| Pos | Bib | Chip time | Name | Cat | Club |
|-----|-----|-----------|--------------------|------|--------------------------|
| 47 | 115 | 46:31.4 | Steven Pilling | MV45 | Rodillian Runners |
| 48 | 185 | 46:47.8 | Julia Johnson | FV50 | Penistone |
| 49 | 105 | 46:59.2 | Katie Sharp | F | Denby Dale AC |
| 50 | 248 | 47:09.2 | Roy Hart | MV60 | Barnsley AC |
| 51 | 275 | 47:19.9 | Sarah Brewer | FV40 | Meltham AC |
| 52 | 98 | 47:24.1 | Seb Perry | MV45 | Northampton Road Runners |
| 53 | 129 | 47:29.5 | Imelda Gormally | FV40 | Unattached |
| 54 | 289 | 47:38.0 | James Worslex | M | Unattached |
| 55 | 150 | 47:42.6 | Matthew Fawcett | M | Unattached |
| 56 | 102 | 47:46.4 | Roberta Holden | FV40 | Unattached |
| 57 | 163 | 47:47.0 | Andrew Walch | M | Penistone |
| 58 | 239 | 47:47.3 | Michaela Sill | F | Sheffield RC |
| 59 | 246 | 48:00.5 | Dean Bradley | MV45 | Kingstone |
| 60 | 190 | 48:07.9 | Helen Long | FV45 | Unattached |
| 61 | 271 | 48:11.8 | Adrian Rafferty | MV45 | Handsworth Roadhogs |
| 62 | 51 | 48:57.4 | Rache Stone | F | Unattached |
| 63 | 136 | 49:10.2 | Gail Colville | FV50 | Barnsley AC |
| 64 | 167 | 49:12.8 | Melvyn Bird | MV60 | Penistone |
| 65 | 147 | 49:14.5 | John Downing | MV60 | Kingstone |
| 66 | 193 | 49:20.3 | Katie Shaw | F | Barnsley AC |
| 67 | 291 | 49:25.4 | Rebecca Timins | F | Unattached |
| 68 | 209 | 49:26.7 | Chris Stillo | MV60 | Unattached |
| 69 | 222 | 49:32.1 | Miriam Simpson | F | Penistone |
| 70 | 274 | 49:38.1 | Jack Shurmer | M | Unattached |
| 71 | 205 | 49:46.5 | Kevin Manley | MV65 | Barnsley AC |
| 72 | 235 | 49:49.0 | Sarah Bradley | F | Barnsley AC |
| 73 | 172 | 49:49.0 | Paul Fryers | MV45 | Penistone |
| 74 | 264 | 49:49.2 | Kevin Beardshall | M | Kingstone |
| 75 | 21 | 49:50.6 | Mark Brophy | M | Barnsley Harriers |
| 76 | 114 | 49:53.3 | Steve Wilson | M | Barnsley Harriers |
| 77 | 50 | 50:00.1 | Nick Whittingham | MV60 | Penistone |
| 78 | 108 | 50:01.8 | Vanessa Thompson | F | Unattached |
| 79 | 194 | 50:14.5 | Hannah Butcher | F | Unattached |
| 80 | 78 | 50:16.9 | Geoff Halliday | MV40 | Unattached |
| 81 | 171 | 50:19.0 | Jill Carlton | F | Penistone |
| 82 | 175 | 50:20.3 | Emma Worsley | F | Denby Dale AC |
| 83 | 290 | 50:22.4 | Suzanne McGill | FV40 | Unattached |
| 84 | 166 | 50:24.0 | Deborah Hall | F | Unattached |
| 85 | 169 | 50:35.9 | Sharon Cooper | FV45 | Kingstone |
| 86 | 279 | 50:58.0 | Andrea Henson | FV45 | Penistone |
| 87 | 177 | 50:59.6 | David Needham | MV50 | Barnsley Harriers |
| 88 | 247 | 51:01.8 | Richard Taylor | MV60 | Barnsley Harriers |
| 89 | 238 | 51:06.1 | Steve Woodcock | MV50 | Unattached |
| 90 | 250 | 51:07.0 | Steven Jones | MV45 | Kingstone |
| 91 | 41 | 51:12.9 | Richard Bradley | MV45 | Denby Dale AC |
| 92 | 286 | 51:14.1 | Seuranie Johnstone | F | Penistone |
| 93 | 31 | 51:17.0 | Rachel Jardine | FV45 | Barnsley Harriers |
| 94 | 225 | 51:23.0 | John Hewitt | MV70 | Unattached |
| 95 | 83 | 51:32.9 | Katie Scholes | F | Unattached |
| 96 | 180 | 51:36.4 | Julie Moxon | FV45 | Penistone |

| Pos | Bib | Chip time | Name | Cat | Club |
|-----|-----|-----------|--------------------|------|-------------------------|
| 97 | 46 | 51:46.9 | Paula Newton | FV45 | Kingstone |
| 98 | 67 | 52:01.8 | Julian Saunders | MV55 | Meltham AC |
| 99 | 234 | 52:04.1 | Tony Weightman | MV55 | Handsworth Roadhogs |
| 100 | 217 | 52:07.1 | Keith Gordon | MV65 | Penistone |
| 101 | 256 | 52:10.8 | Kevin Jones | M | Unattached |
| 102 | 81 | 52:27.5 | Colin Smith | MV60 | Unattached |
| 103 | 214 | 52:28.0 | David Townend | MV60 | Denby Dale AC |
| 104 | 218 | 52:29.9 | Dave Needham | MV65 | Penistone |
| 105 | 126 | 52:37.1 | Andrew Beever | MV55 | Unattached |
| 106 | 96 | 52:38.5 | Joanna Lockwood | FV40 | Unattached |
| 107 | 245 | 52:54.8 | Alan Wooffindin | MV55 | Kingstone |
| 108 | 58 | 52:58.3 | Doug Scott | MV50 | Kingstone |
| 109 | 253 | 52:58.5 | Emily Dodd | F | Barnsley Harriers |
| 110 | 116 | 52:58.7 | David Shurmer | MV50 | Unattached |
| 111 | 45 | 53:08.0 | Gordon Morris | MV40 | Unattached |
| 112 | 86 | 53:08.8 | Matthew Binney | M | Unattached |
| 113 | 158 | 53:17.6 | Iain Wheatley | M | Action Heart |
| 114 | 15 | 53:20.4 | Mike Mulcahy | MV50 | Unattached |
| 115 | 154 | 53:21.9 | Ann Kisluk | FV45 | Eccleshill Road Runners |
| 116 | 198 | 53:24.9 | Geoff Dimelow | MV60 | Penistone |
| 117 | 34 | 53:34.4 | Susan Sheehan | FV40 | Meltham AC |
| 118 | 272 | 53:35.7 | Gary Hill | MV60 | Handsworth Roadhogs |
| 119 | 233 | 53:43.3 | Simon Greene | MV60 | Northern Vets |
| 120 | 184 | 53:43.9 | Unknown | | Unattached |
| 121 | 223 | 53:46.1 | Susan Charlesworth | FV50 | Penistone |
| 122 | 197 | 53:49.8 | Charlie Adamson | MV65 | Unattached |
| 123 | 133 | 53:50.0 | Adrian Gough | MV40 | Barnsley Harriers |
| 124 | 124 | 53:50.5 | Bryan Harrod | MV40 | Barnsley Harriers |
| 125 | 153 | 53:51.4 | David Goodyear | MV50 | Eccleshill Road Runners |
| 126 | 265 | 53:59.9 | Katie Sharman | F | Kingstone |
| 127 | 174 | 54:00.0 | Lloyd Isam | MV50 | Barnsley Harriers |
| 128 | 192 | 54:07.6 | Janie Kitchen | FV55 | Barnsley Harriers |
| 129 | 74 | 54:08.7 | Emma Moorhouse | F | Barnsley Harriers |
| 130 | 285 | 54:10.3 | Sarah Halstead | FV45 | Penistone |
| 131 | 179 | 54:29.3 | Rebecca West | F | Barnsley AC |
| 132 | 139 | 54:35.6 | Rachel Lancaster | FV40 | Unattached |
| 133 | 287 | 54:46.2 | Jacqueline Armitaf | FV50 | Penistone |
| 134 | 47 | 55:02.6 | James Tracey | MV65 | Handsworth Roadhogs |
| 135 | 168 | 55:02.6 | Kate Lucas | FV40 | Unattached |
| 136 | 61 | 55:04.1 | Rob Leckey | MV45 | Valley Hill Runners |
| 137 | 213 | 55:04.5 | Jack Cowlshaw | MV75 | Unattached |
| 138 | 165 | 55:24.6 | Paul Gandy | MV60 | Meltham AC |
| 139 | 130 | 55:51.6 | Louise Handley | F | Unattached |
| 140 | 164 | 55:53.8 | Anita Nicholson | FV50 | Denby Dale AC |
| 141 | 215 | 56:21.9 | Charles Ready | MV45 | Penistone |
| 142 | 187 | 56:22.2 | Beverley Baker | FV45 | Sheffield RC |
| 143 | 283 | 56:27.7 | Dave Platts | MV60 | Unattached |
| 144 | 259 | 56:32.7 | Glen Goulding | MV55 | Penistone |
| 145 | 221 | 56:37.5 | Dave Foster | MV60 | Penistone |
| 146 | 176 | 56:52.2 | Jonathan Gratton | MV40 | Kingstone |

| Pos | Bib | Chip time | Name | Cat | Club |
|-----|-----|-----------|--------------------------|------|-----------------------|
| 147 | 161 | 56:54.5 | Trevor Hiscox | MV50 | Mansfield Harriers |
| 148 | 160 | 56:54.8 | Rachael Chadwick | FV40 | Vegan Runners UK |
| 149 | 220 | 56:57.6 | Jude Matthews | F | Penistone |
| 150 | 208 | 56:57.8 | Liz Stillo | FV60 | Derbyshire Dynamos |
| 151 | 260 | 57:06.1 | Heath Ramsden | MV45 | Unattached |
| 152 | 212 | 57:13.3 | Barbara Haigh | FV65 | Penistone |
| 153 | 125 | 57:20.5 | Emma Beever | F | Unattached |
| 154 | 202 | 57:27.5 | Sue Beevers | FV55 | Penistone |
| 155 | 138 | 57:31.9 | Clare Atkinson | F | Barnsley Harriers |
| 156 | 29 | 57:33.1 | Stuart Green | M | Unattached |
| 157 | 28 | 57:33.1 | Rebecca Green | F | Unattached |
| 158 | 282 | 57:35.1 | Sarah Godbehere | FV45 | Denby Dale AC |
| 159 | 255 | 57:36.8 | Amie Goodyear | F | Unattached |
| 160 | 207 | 57:38.9 | Malcolm Rhodes | FV65 | Rotherham Harriers |
| 161 | 232 | 57:39.0 | Si Warsop | MV50 | Denby Dale AC |
| 162 | 94 | 57:42.6 | Julie Wright | FV50 | Barnsley Harriers |
| 163 | 137 | 57:42.8 | Kimberley Hansford | F | Handsworth Roadhogs |
| 164 | 54 | 57:43.4 | Paula Mills | FV50 | Unattached |
| 165 | 131 | 57:45.1 | Nicola Cartwright | F | Pudsey Pacers RC |
| 166 | 111 | 57:55.6 | Samantha King | F | Unattached |
| 167 | 242 | 57:55.7 | Sharon Whitworth | FV45 | Meltham AC |
| 168 | 300 | 58:03.7 | Tina Adams | F | Unattached |
| 169 | 156 | 58:03.8 | Unknown | | Unattached |
| 170 | 258 | 58:08.0 | Leanne Kitching | F | Unattached |
| 171 | 152 | 58:12.0 | Neil Fleming | MV40 | Unattached |
| 172 | 91 | 58:14.5 | Fiona Willis | FV50 | Stadium Runners |
| 173 | 9 | 58:15.0 | Helen Andrews | FV45 | Barnsley Harriers |
| 174 | 44 | 58:24.6 | Cecile Morris | FV40 | Unattached |
| 175 | 141 | 58:27.6 | Laura Jayne Hudson | F | Unattached |
| 176 | 142 | 58:27.6 | Lee Sweet | MV40 | Unattached |
| 177 | 191 | 58:31.0 | Susan Hope | FV50 | Dewsbury Road Runners |
| 178 | 13 | 58:43.6 | Michael Thorpe | MV40 | Unattached |
| 179 | 132 | 58:51.7 | Wendy Whitaker | FV65 | Rotherham Harriers |
| 180 | 65 | 58:52.6 | Stu Smith | MV60 | Penistone |
| 181 | 6 | 58:55.0 | Jane Ramsden | FV55 | Dewsbury Road Runners |
| 182 | 257 | 59:02.4 | Christopher Patrick King | MV50 | Unattached |
| 183 | 11 | 59:06.3 | Suzy Crossley | F | Rodillian Runners |
| 184 | 10 | 59:20.4 | Lisa Smith | FV45 | Barnsley Harriers |
| 185 | 230 | 59:21.9 | Lisa Chambers | FV40 | Kingstone |
| 186 | 240 | 59:32.7 | Julie Sykes | FV55 | Unattached |
| 187 | 134 | 59:47.6 | Joanne Breeze | FV40 | Doncaster AC |
| 188 | 273 | 59:48.8 | Jonathan Pagdin | MV55 | Unattached |
| 189 | 144 | 59:58.6 | Annie Lightowler | FV40 | Penistone |
| 190 | 227 | 59:59.7 | Roger Pryor | MV70 | Unattached |
| 191 | 267 | 60:37.3 | Michael Shepherd | M | Unattached |
| 192 | 266 | 60:37.5 | Rebecca Joanne Crowther | F | Unattached |
| 193 | 89 | 60:55.5 | Sarah Burke | FV45 | Unattached |
| 194 | 49 | 60:58.0 | Teresa Wall | FV55 | Penistone |
| 195 | 216 | 61:00.7 | James Whittington | MV45 | Unattached |
| 196 | 100 | 61:10.1 | Josh Cable | M | Unattached |

| Pos | Bib | Chip time | Name | Cat | Club |
|-----|-----|-----------|----------------------|------|-------------------|
| 197 | 251 | 61:17.3 | Samantha Jones | F | Kingstone |
| 198 | 252 | 61:29.4 | Cheryl Balding | F | Unattached |
| 199 | 99 | 61:37.2 | Debra Cable | FV55 | Penistone |
| 200 | 8 | 61:40.3 | Laura Bibby | F | Barnsley Harriers |
| 201 | 109 | 62:05.0 | Claire Littlwood | F | Unattached |
| 202 | 231 | 62:15.1 | Rachel Jane Warsop | FV40 | Denby Dale AC |
| 203 | 157 | 62:29.2 | Christopher Walker | MV60 | Denby Dale AC |
| 204 | 17 | 62:35.2 | Marie Hemingway | F | Barnsley Harriers |
| 205 | 128 | 62:51.0 | Claire Williams | F | Unattached |
| 206 | 200 | 63:35.3 | Sally Gray | FV55 | Barnsley Harriers |
| 207 | 241 | 64:03.1 | Donna Miller | F | Unattached |
| 208 | 122 | 64:35.6 | Luis Bastidas | MV45 | Steel City |
| 209 | 127 | 64:45.0 | Anna Hall | F | Unattached |
| 210 | 71 | 64:47.9 | Katrina D'Netto | FV50 | Barnsley Harriers |
| 211 | 72 | 64:59.3 | Lisa Isam | FV45 | Barnsley Harriers |
| 212 | 103 | 65:16.9 | Lindsey Shaw | FV40 | Kingstone |
| 213 | 146 | 65:21.0 | Abbie Dagg | FV40 | Denby Dale AC |
| 214 | 276 | 66:13.4 | Jense Jayne Pozorski | FV50 | Penistone |
| 215 | 280 | 66:16.9 | Kay Couldwill | MV45 | Denby Dale AC |
| 216 | 219 | 66:19.0 | Catherine Ferguson | FV40 | Penistone |
| 217 | 123 | 66:34.6 | Jane Martin | FV40 | Barnsley Harriers |
| 218 | 107 | 66:41.6 | John Spencer | MV60 | Penistone |
| 219 | 32 | 66:44.1 | Chris O'Mara | M | Unattached |
| 220 | 2 | 67:00.7 | Emma Aldred | F | Barnsley Harriers |
| 221 | 186 | 67:22.2 | Liz Turner | FV45 | Unattached |
| 222 | 35 | 67:32.0 | Elaine Shortridge | FV45 | Unattached |
| 223 | 263 | 67:55.6 | Joanne Howard-Coles | F | Kingstone |
| 224 | 211 | 67:57.7 | Jane Elliott | FV45 | Kingstone |
| 225 | 85 | 68:52.2 | Dawn Richards | FV60 | Kingstone |
| 226 | 82 | 69:04.4 | Sara Booth | FV40 | Barnsley Harriers |
| 227 | 294 | 69:17.2 | Melissa Lomas | FV40 | Unattached |
| 228 | 25 | 69:30.5 | Sally Talbot | F | Unattached |
| 229 | 293 | 69:38.5 | Elizabeth Wood | F | Unattached |
| 230 | 16 | 69:46.3 | Darryl Harvey | M | Unattached |
| 231 | 26 | 70:01.6 | Lindsey Walker | F | Unattached |
| 232 | 262 | 70:30.9 | Claire Robinson | F | Kingstone |
| 233 | 173 | 70:36.4 | Brian Isam | MV75 | Barnsley Harriers |
| 234 | 14 | 70:42.4 | Karen Bowskill | FV55 | Penistone |
| 235 | 269 | 72:21.7 | David Lee | MV40 | Kingstone |
| 236 | 270 | 72:22.0 | Katie Lee | F | Kingstone |
| 237 | 76 | 73:10.1 | Michael Hill | M | Unattached |
| 238 | 18 | 73:26.4 | Rachael Roddis | F | Barnsley Harriers |
| 239 | 7 | 73:55.5 | Vikki Skipper | FV60 | Barnsley Harriers |
| 240 | 70 | 74:36.6 | Lynette Granger | F | Unattached |
| 241 | 148 | 74:59.8 | Pamela Higgins | FV50 | Barnsley Harriers |
| 242 | 84 | 76:16.3 | Alison Hilton | FV45 | Barnsley Harriers |
| 243 | 159 | 76:25.9 | Clare Pearson | F | Barnsley Harriers |
| 244 | 229 | 78:13.3 | Pete Andrews | MV65 | Denby Dale AC |
| 245 | 75 | 78:28.0 | Samantha Armstrong | F | Unattached |
| 246 | 292 | 79:12.0 | Helen Cocker | FV40 | Unattached |

| Pos | Bib | Chip time | Name | Cat | Club |
|-----|-----|-----------|-----------------|------|---------------------|
| 247 | 5 | 79:45.3 | Alan Browne | MV65 | North Derbyshire RC |
| 248 | 181 | 81:04.5 | Louise Sheriff | F | Kingstone |
| 249 | 60 | 81:30.9 | Hannah Johnson | F | Kingstone |
| 250 | 59 | 82:41.1 | Christina Scott | FV50 | Kingstone |
| 251 | 113 | 92:07.4 | Sheila Downing | FV55 | Kingstone |
| 252 | 62 | 96:00.8 | Sheila Ocarroll | FV60 | Unattached |