

Position	Race no.	Name	Gender	Cat	Club	Gun Time	Chip Time	F Pos	M Pos	Cat Pos	Team Pos
1	71	KEVIN JOWETT	M	V40	EAST CHESHIRE HARRIERS	0:36:36	0:36:36	1	1	1	
2	16	PAUL BROOKS	M	V40	STOCKPORT HARRIERS	0:37:56	0:37:56	2	2	1	
3	39	MIKE DIXON	M	SEN	STOCKPORT HARRIERS	0:38:14	0:38:13	3	1	2	
4	90	IAIN MURDOCH	M	V40	STOCKPORT HARRIERS	0:38:17	0:38:16	4	3	3	
5	79	OLIVER LINTON	M	SEN	U/A	0:38:54	0:38:54	5	2		
6	50	TOM GRANT	M	SEN	U/A	0:38:59	0:38:59	6	3		
7	52	MARK GRIFFITHS	M	SEN	MANCHESTER YMCA HARRIERS	0:39:05	0:39:02	7	4	1	
8	164	TOM MCNALLY	M	V50	STOCKPORT HARRIERS	0:39:36	0:39:34	8	1	4	
9	100	GARETH PATTENDEN	M	SEN	U/A	0:41:17	0:41:12	9	5		
10	187	JON PEACH	M	V45	MARPLE RUNNERS	0:41:28	0:41:24	10	1	1	
11	67	JAMES JENKINS	M	SEN	U/A	0:41:38	0:41:38	11	6		
12	4	MARC ARKLESS	M	V40	U/A	0:41:39	0:41:35	12	4		
13	180	ROB CAWLEY	M	V50	STOCKPORT HARRIERS	0:41:42	0:41:38	13	2	5	
14	175	ANDREW GIVEN	M	SEN	U/A	0:41:56	0:41:54	14	7		
15	5	ALEXANDER ASHTON	M	SEN	U/A	0:42:06	0:42:01	15	8		
16	40	SEAN DORAN	M	SEN	STOCKPORT HARRIERS	0:42:31	0:42:25	16	9	6	
17	196	ROB KEDIAN	M	SEN	MANCHESTER YMCA HARRIERS	0:42:41	0:42:38	17	10	2	
18	35	DAVE CROWTHER	M	V45	MARPLE RUNNERS	0:43:00	0:43:00	18	2	2	
19	25	DAVID CHADDERTON	M	V65	STOCKPORT HARRIERS	0:43:07	0:43:02	19	1	7	
20	87	MICHAEL MCCARTHY	M	SEN	U/A	0:43:17	0:43:11	20	11		
21	160	MATTHEW RABONE	M	SEN	STOCKPORT HARRIERS	0:43:25	0:43:25	21	12	8	
22	184	STUART BRADLEY	M	V40	U/A	0:43:30	0:43:28	22	5		
23	174	MICHAEL TIPPER	M	SEN	U/A	0:43:32	0:43:32	23	13		
24	150	STEWART BLAIR	M	V40	U/A	0:43:42	0:43:36	24	6		
25	69	MICHAEL JONES	M	V55	U/A	0:43:47	0:43:44	25	1		
26	70	SAMANTHA JONES	F	SEN	STOCKPORT HARRIERS	0:43:48	0:43:45	1		1	1
27	93	PETER NICHOLSON	M	SEN	EAST CHESHIRE HARRIERS	0:44:27	0:44:24	26	14	2	
28	76	PAUL KIRKHAM	M	V40	U/A	0:44:28	0:44:21	27	7		
29	181	EDDIE GILLESPIE	M	V50	MANCHESTER YMCA HARRIERS	0:44:30	0:44:26	28	3	3	
30	106	JAMES PRATT	M	SEN	BRAMHALL RUNNERS	0:44:46	0:44:42	29	15	1	
31	177	OLIVER PIDHARECKYJ	M	SEN	U/A	0:44:51	0:44:46	30	16		
32	123	MARK SMITH	M	V40	STOCKPORT HARRIERS	0:44:53	0:44:49	31	8	9	

33	30	ANDY CORDES	M	V45	STOCKPORT HARRIERS	0:45:01	0:44:54		32	3	10
34	105	TOM POWELL	M	V40	U/A	0:45:09	0:45:05		33	9	
35	75	JAMES KEMP	M	V45	MARPLE RUNNERS	0:45:23	0:45:20		34	4	3
36	27	DAVID CHRYSTIE-LOWE	M	V55	GLOSSOPDALE HARRIERS	0:45:25	0:45:22		35	2	1
37	170	GRAHAM TRACEY	M	V45	VEGETARIAN C&AC	0:45:45	0:45:39		36	5	1
38	161	ADAM KNEESHAW	M	SEN	U/A	0:45:54	0:45:50		37	17	
39	18	STEPHEN BROWN	M	V45	STOCKPORT HARRIERS	0:46:04	0:46:00		38	6	11
40	162	ADRIAN PRIESTLEY	M	V40	U/A	0:46:16	0:46:10		39	10	
41	120	LESLEY SINCLAIR	F	V50	STOCKPORT HARRIERS	0:46:24	0:46:21	2		1	2
42	189	RORY O'DONNELL	M	SEN	U/A	0:46:37	0:46:30		40	18	
43	116	STEPHEN SHARROCKS	M	V50	STOCKPORT HARRIERS	0:46:45	0:46:41		41	4	12
44	85	MICHAEL MCALROY	M	SEN	U/A	0:46:58	0:46:48		42	19	
45	55	PAUL HAINES	M	V45	STOCKPORT HARRIERS	0:46:59	0:46:55		43	7	13
46	103	ADAM POTTS	M	V40	U/A	0:47:19	0:47:15		44	11	
47	37	CATHERINE DALY	F	V35	EAST CHESHIRE HARRIERS	0:47:30	0:47:26	3		1	1
48	134	RICHARD VINK	M	V50	EAST CHESHIRE HARRIERS	0:47:47	0:47:43		45	5	3
49	173	JENNIE PICKARD	F	V40	BRAMHALL RUNNERS	0:48:06	0:48:02	4		1	1
50	8	PETER BILLCLIFF	M	SEN	U/A	0:48:07	0:48:03		46	20	
51	168	PHIL HEAWOOD	M	SEN	BRAMHALL RUNNERS	0:48:12	0:48:06		47	21	2
52	159	SIMON HEYS	M	V55	STOCKPORT HARRIERS	0:48:26	0:48:20		48	3	14
53	91	RUTH MURDOCH	F	V40	STOCKPORT HARRIERS	0:48:33	0:48:26	5		2	3
54	21	CALUM BURRELL	M	V40	U/A	0:48:35	0:48:27		49	12	
55	44	GAVIN EYQUEM	M	SEN	STOCKPORT HARRIERS	0:48:52	0:48:48		50	22	15
56	185	MATTHEW GIVEN	M	SEN	STOCKPORT HARRIERS	0:48:59	0:48:54		51	23	16
57	145	MARTIN WOOD	M	V40	U/A	0:49:06	0:48:59		52	13	
58	121	CHRIS SMALE	M	V45	U/A	0:49:08	0:49:01		53	8	
59	31	JOHN CORN	M	V45	U/A	0:49:09	0:49:01		54	9	
60	14	HANNAH BRIERLEY	F	SEN	MANCHESTER YMCA HARRIERS	0:49:09	0:48:58	6		2	1
61	101	GILES PAVEY	M	V45	U/A	0:49:15	0:49:07		55	10	
62	171	ROB CATOR	M	V55	STOCKPORT HARRIERS	0:49:22	0:49:12		56	4	17
63	157	JOHN RICHARDS	M	SEN	RUN4ALL NEATH	0:49:27	0:49:21		57	24	1
64	143	GARY WILKINS	M	SEN	U/A	0:49:28	0:49:23		58	25	
65	127	ALICE TAYLOR	F	SEN	MARPLE RUNNERS	0:49:44	0:49:36	7		3	1

66	133	RACHAEL TURNER	F	V35	U/A	0:49:48	0:49:42	8	2	
67	153	NIKI TREVENA CAREY	F	V35	U/A	0:49:52	0:49:46	9	3	
68	95	MIKE O'BRIEN	M	V55	MANCHESTER YMCA HARRIERS	0:49:57	0:49:50	59	5	4
69	56	NEIL HAMILTON	M	SEN	U/A	0:50:05	0:49:59	60	26	
70	169	REBECCA BRIMAGE	F	V35	STOCKPORT HARRIERS	0:50:07	0:49:58	10	4	4
71	124	GRAHAM SPARROW	M	V45	U/A	0:50:12	0:50:03	61	11	
72	59	SAMANTHA HARTLEY	F	SEN	HYDE VILLAGE STRIDERS	0:50:14	0:50:07	11	4	1
73	60	DAVID HAWORTHM	M	V50	U/A	0:50:19	0:50:09	62	6	
74	122	ANNIE SMEDLEY	F	V40	MARPLE RUNNERS	0:50:27	0:50:21	12	3	2
75	130	CATHERINE TOMBS	F	V45	MARPLE RUNNERS	0:50:51	0:50:44	13	1	3
76	152	ROB HEELEY	M	V60	HYDE VILLAGE STRIDERS	0:51:10	0:51:04	63	1	1
77	129	HELEN TODD	F	V60	STOCKPORT HARRIERS	0:51:21	0:51:14	14	1	5
78	154	GARETH WILLIAMS	M	V40	U/A	0:51:29	0:51:22	64	14	
79	88	JONNA MCFADDEN	F	V35	VEGAN RUNNERS	0:51:34	0:51:24	15	5	1
80	99	JONATHAN PARAMOR	M	V60	MANCHESTER YMCA HARRIERS	0:52:09	0:52:00	65	2	5
81	36	JJ CROWTHER	M	SEN	U/A	0:52:12	0:52:01	66	27	
82	68	ALAN JENKINSON	M	V65	STYAL RC	0:52:15	0:52:09	67	2	1
83	155	JON CLARE	M	V40	BRAMHALL RUNNERS	0:52:20	0:52:11	68	15	3
84	98	KEITH OWENS	M	V65	EAST CHESHIRE HARRIERS	0:52:34	0:52:28	69	3	4
85	110	AMY ROLLINGS	F	SEN	U/A	0:52:34	0:52:27	16	5	
86	188	ROSS KENNEDY	M	SEN	BRAMHALL RUNNERS	0:52:54	0:52:43	70	28	4
87	113	SIMON RUSHTON	M	V50	MARPLE RUNNERS	0:52:54	0:52:48	71	7	4
88	58	SUE HARRIS	F	V35	U/A	0:53:06	0:52:56	17	6	
89	148	DOMINIC O'CONNELL	M	V40	U/A	0:53:16	0:53:12	72	16	
90	144	IAIN WOOD	M	SEN	U/A	0:53:24	0:53:15	73	29	
91	179	STEPHEN SYMONS	M	V50	MANCHESTER YMCA HARRIERS	0:53:25	0:53:13	74	8	6
92	139	BRITTA WERNER	F	V35	VEGAN RUNNERS	0:53:35	0:53:24	18	7	2
93	104	RACHAEL POWELL	F	V40	MARPLE RUNNERS	0:53:42	0:53:34	19	4	4
94	46	NEAL FOUNDLY	M	V50	U/A	0:53:48	0:53:37	75	9	
95	63	ANDREW HODSON	M	V45	U/A	0:53:52	0:53:40	76	12	
96	172	LEE PEARSON	M	V50	U/A	0:54:10	0:54:00	77	10	
97	62	ROB HEYWOOD	M	V50	MARPLE RUNNERS	0:54:16	0:54:11	78	11	5
98	65	MOIRA HUNT	F	V55	GOYT VALLEY STRIDERS	0:54:32	0:54:27	20	1	1

99	66	JAMES JACKSON	M	SEN	U/A	0:54:40	0:54:31		79	30	
100	178	ANNA ASHTON	F	V55	MARPLE RUNNERS	0:54:43	0:54:33	21		2	5
101	32	TREVOR COX	M	V45	U/A	0:54:47	0:54:38		80	13	
102	183	GORDON ROGAN	M	V50	MARPLE RUNNERS	0:54:52	0:54:47		81	12	6
103	34	STEPHEN CROSS	M	V50	MARPLE RUNNERS	0:54:55	0:54:49		82	13	7
104	28	TOM COGHILL	M	SEN	U/A	0:55:06	0:54:56		83	31	
105	83	DEBRA MARTIN	F	SEN	U/A	0:55:32	0:55:26	22		6	
106	158	ALEXIS DINSMOR	F	V65+	STOCKPORT HARRIERS	0:55:43	0:55:36	23		1	6
107	12	MIKE BRAMHALL	M	V40	U/A	0:55:44	0:55:34		84	17	
108	96	DAVID OLDFIELD	M	V40	U/A	0:55:55	0:55:45		85	18	
109	10	CARL BRADDOCK	M	V50	HAZEL GROVE RUNNERS	0:55:58	0:55:49		86	14	1
110	84	JON MATHER	M	V40	U/A	0:56:12	0:56:05		87	19	
111	135	JOHN WAITING	M	SEN	U/A	0:56:13	0:56:02		88	32	
112	167	GEORGIA WOODS	F	SEN	U/A	0:56:14	0:56:08	24		7	
113	146	DENNIS YARWOOD	M	V50	SPECTRUM STRIDERS	0:56:22	0:56:10		89	15	1
114	47	DAVID FRENCH	M	V45	MARPLE RUNNERS	0:56:32	0:56:23		90	14	8
115	108	ADAM PRINCE	M	SEN	U/A	0:56:48	0:56:41		91	33	
116	190	ALFRED SIMMONS	M	V40	U/A	0:56:54	0:56:44		92	20	
117	1	LAURA AHEARN	F	SEN	U/A	0:56:59	0:56:48	25		8	
118	138	DAVID WATERHOUSE	M	V60	STOCKPORT HARRIERS	0:57:12	0:57:00		93	3	18
119	49	ALLAN GILL	M	V45	U/A	0:57:31	0:57:24		94	15	
120	166	PAUL SELLARS	M	V45	U/A	0:57:48	0:57:40		95	16	
121	151	DARREN LONGWORTH	M	SEN	U/A	0:57:48	0:57:40		96	34	
122	26	STEWART CHAPPELL	M	V55	U/A	0:57:51	0:57:39		97	6	
123	29	JOSEPH CONNOR	M	SEN	BRAMHALL RUNNERS	0:57:56	0:57:45		98	35	5
124	72	ORLA JUDGE	F	V35	MANCHESTER FRONTRUNNERS	0:58:13	0:57:59	26		8	1
125	111	ANDREA ROWSON	F	V45	MARPLE RUNNERS	0:58:52	0:58:46	27		2	6
126	81	ANDY LORD	M	V50	MARPLE RUNNERS	0:59:05	0:58:58		99	16	9
127	165	IAN BATTERSBY	M	SEN	U/A	0:59:13	0:59:07		100	36	
128	147	JOHN ROWLAND	M	V45	U/A	0:59:40	0:59:34		101	17	
129	149	CHRISTOPHER LINDSAY	M	V40	U/A	0:59:41	0:59:35		102	21	
130	74	MIKE KELLY	M	V45	U/A	0:59:46	0:59:35		103	18	
131	102	JULIE PENDRILL	F	V45	U/A	0:59:59	0:59:50	28		3	

132	112	MARIA RUSHTON	F	V50	MARPLE RUNNERS	1:00:01	0:59:54	29	2	7
133	86	JENNY MCCARTHY	F	V45	U/A	1:00:23	1:00:13	30	4	
134	137	DEAN WARRENDER	M	SEN	U/A	1:00:27	1:00:15	104	37	
135	195	DEBRA WALDRON	F	V55	U/A	1:00:33	1:00:22	31	3	
136	97	JANINE ORTON	F	V35	U/A	1:00:39	1:00:28	32	9	
137	125	KEITH STEVENSON	M	V40	U/A	1:00:57	1:00:48	105	22	
138	19	DAN BULMAN	M	SEN	U/A	1:00:58	1:00:46	106	38	
139	132	JANE TRACEY	F	V50	U/A	1:01:43	1:01:33	33	3	
140	20	GEORGE BULMAN	M	V45	U/A	1:01:43	1:01:32	107	19	
141	23	NIKKI BYLO	F	SEN	U/A	1:02:09	1:02:00	34	9	
142	22	DANIEL BYLO	M	SEN	U/A	1:02:09	1:02:01	108	39	
143	54	JILL GUTHRIE	F	SEN	MANCHESTER YMCA HARRIERS	1:02:35	1:02:24	35	10	2
144	78	JEFF LEWIS	M	V50	U/A	1:03:00	1:02:53	109	17	
145	107	HELEN PRESTON	F	SEN	U/A	1:03:04	1:02:53	36	11	
146	156	MICHELLE WARING	F	V35	U/A	1:03:10	1:03:03	37	10	
147	191	RICHARD PEACOCK	M	V50	U/A	1:03:14	1:03:02	110	18	
148	136	PETA WALSH	F	V55	STOCKPORT HARRIERS	1:03:56	1:03:46	38	4	7
149	3	KAREN ANDREW	F	V50	MARPLE RUNNERS	1:04:35	1:04:27	39	4	8
150	140	DAVID WILD	M	V50	BUXTON AC	1:04:47	1:04:39	111	19	1
151	194	KATE SHARPLES	F	V40	U/A	1:04:55	1:04:45	40	5	
152	73	HARRY KELLY	M	V45	U/A	1:04:59	1:04:52	112	20	
153	176	JANINE FLETCHER	F	V40	U/A	1:05:09	1:04:59	41	6	
154	2	RUTH AMIN	F	V35	BELLE VUE RACERS	1:05:35	1:05:24	42	11	1
155	192	CAROL CHAPPELL	F	V45	GOYT VALLEY STRIDERS	1:05:48	1:05:36	43	5	2
156	119	ADRIAN SIMMONDS	M	V45	DAVENPORT RUNNERS	1:06:31	1:06:18	113	21	1
157	182	CLAIRE RAYNER	F	SEN	BRAMHALL RUNNERS	1:06:42	1:06:31	44	12	2
158	131	CHARLA TORKINGTON	F	V35	BRAMHALL RUNNERS	1:06:57	1:06:47	45	12	3
159	193	DAVID HILL	M	SEN	U/A	1:09:57	1:09:45	114	40	
160	43	LIZ EMERY	F	SEN	U/A	1:10:43	1:10:30	46	13	
161	186	KATHERINE FISHER	F	V40	BRAMHALL RUNNERS	1:11:31	1:11:21	47	7	4
162	77	RICK KIRKHAM	M	SEN	U/A	1:12:58	1:12:47	115	41	
163	128	GARY THOMAS	M	SEN	U/A	1:13:23	1:13:15	116	42	
164	163	JOANNE ASHTON	F	V40	U/A	1:13:42	1:13:33	48	8	

165	80	SARAH LOMAS	F	V40	U/A	1:13:43	1:13:33	49	9	
166	15	RIA BRIGHT	F	V45	DENBY DALE	1:35:30	1:35:21	50	6	1
DNF	117	DAVID SHIRLEY	M	V45	GLOSSOP VELO					