

North West Road Relays at Delamere, Cheshire on Saturday 10 September 2016

SW Lancashire — Team Results — Final (nn) is team position after the appropriate stage.

1 Salford Harriers (Lancs) 1:24:05	10 Wesham Road Runners & Ac 'A' 1:42:04	
1 Ruth Jones (2) 26:58	2 Rachel Jones (2) 29:47	1 Helen Lawrenson (8) 31:23
3 Tess Robinson (1) 27:20		2 Tanya Barlow (12) 37:33
2 Barlick Fell Runners 'A' 1:26:01	11 Blackpool Wyre & Fylde Ac 'B' 1:44:08	
1 Annabel Ralph (3) 27:51	2 Lorraine Slater (1) 28:34	1 Karen Dunford (11) 32:44
3 Jennifer Hird (2) 29:36		2 Andrea Smith (9) 34:10
3 Blackburn Harriers & Ac 1:29:07	12 Lytham St Annes Rr Club 1:49:10	
1 Carly Edwards (6) 30:05	2 Grace Handley (4) 28:32	1 Melanie Koth (7) 31:11
3 Rebecca Taylor (3) 30:30		2 Louisa Ruman (8) 35:37
4 Blackpool Wyre & Fylde Ac 'A' 1:29:32	13 Preston Harriers 'D' 2:08:31	
1 Emily Japp (1) 24:41	2 Michelle Tickle (3) 32:49	1 Sue Wickham (13) 40:10
3 Anastasia Bligh (4) 32:02		2 Helen Boyer (14) 42:17
5 Preston Harriers 'A' 1:33:03	14 Preston Harriers 'C' 2:09:19	
1 Katey Foster (4) 28:26	2 Emma Essexcrossby (5) 32:09	1 Mel Haworth (14) 40:18
3 Loy Kalasiram (5) 32:28		2 Judith Deakin (13) 42:07
6 Barlick Fell Runners 'B' 1:34:12	Fastest of all legs	
1 Angela Donlan (5) 29:47	2 Emma Bailey (6) 31:04	1 Emily Japp BlackpoolW A 24:41
3 Heather Driver (6) 33:21		2 Ruth Jones SalfordHL 26:58
7 Preston Harriers 'B' 1:38:48		3 Tess Robinson SalfordHL 27:20
1 V Cowling (9) 31:45	2 Vicki Sherrington (11) 36:35	4 Annabel Ralph BarlickFel A 27:51
3 Jenny Wren (7) 30:28		5 Katey Foster PrestonHar A 28:26
8 Rossendale Harriers & Ac 'A' 1:39:34		6 Grace Handley BlackburnH 28:32
1 Lynne Berbatiotis (10) 32:03	2 Elmalkin (7) 34:00	7 Lorraine Slater BarlickFel A 28:34
3 Tanya King (8) 33:31		8 Jennifer Hird BarlickFel A 29:36
9 Barlick Fell Runners 'C' 1:40:00		9 Angela Donlan BarlickFel B 29:47
1 Paula Clark (12) 34:49	2 Hannah Watson (10) 32:17	= Rachel Jones SalfordHL 29:47
3 Hannah Newbold (9) 32:54		

SW Merseyside — Team Results — Final (nn) is team position after the appropriate stage.

1 Liverpool Harriers & Ac 'A' 1:21:10	11 Penny Lane Striders 'B' 1:40:12	
1 Abbie Oliver (5) 29:10	2 Hannah Delaney (2) 26:01	1 Undeclared (8) 30:04
3 Sarah Howard (1) 25:59		2 Undeclared (11) 35:31
2 Liverpool Pembroke & Sefton H 'A' 1:22:41	Incomplete Teams:	
1 Lisa Gawthorne (6) 29:23	Penny Lane Striders 'C'	
3 Helen Sahgal (2) 27:39	1 Undeclared (12) 34:27	2 Undeclared (12) 38:05
3 Wirral Ac 'A' 1:25:22	Fastest of all legs	
1 Sarah Kearney (2) 27:53	2 Fiona Nuttall (4) 29:18	1 Kirsty Longley L'poolP A 25:39
3 Aileen Kearney (3) 28:11		2 Catherine Howard KnowsleyHa 25:40
4 Liverpool Harriers & Ac 'B' 1:28:39		3 Sarah Howard L'poolH A 25:59
1 Ailbhe Mcdaid (3) 27:56	2 Michelle Murphy (6) 32:01	4 Hannah Delaney L'poolH A 26:01
3 C Wilson Dewhurst (4) 28:42		5 Helen Sahgal L'poolP A 27:39
5 St Helens Striders 1:29:54		6 Sarah Kearney WirralAc A 27:53
1 Rachael Fairclough (4) 28:25	2 Kylie Maguire (5) 30:55	7 Ailbhe Mcdaid L'poolH B 27:56
3 Harriet Glover (5) 30:34		8 Aileen Kearney WirralAc A 28:11
6 Knowsley Harriers 1:32:51		9 Rachael Fairclough StHelensSt 28:25
1 Catherine Howard (1) 25:40	2 Karen Parry (3) 31:28	10 C Wilson Dewhurst L'poolH B 28:42
3 Susan Hamley (6) 35:43		
7 Southport Waterloo Ac 'A' 1:33:12		
1 Angela Delaney (9) 30:06	2 Karen Wilson (7) 32:37	
3 Tracey Allan (7) 30:29		
8 Penny Lane Striders 'A' 1:34:41		
1 Undeclared (10) 31:05	2 Undeclared (8) 31:39	
3 Undeclared (8) 31:57		
9 Wirral Ac 'B' 1:35:26		
1 Anne Rosbottom (7) 29:27	2 Natalie Johnson (10) 35:53	
3 Margaret Cooper (9) 30:06		
10 Liverpool Pembroke & Sefton H 'B' 1:38:41		
1 Kirsty Mackenzie (11) 32:41	2 Charlotte Mawdsley (9) 32:23	
3 Abigail Kelly (10) 33:37		

North West Road Relays at Delamere, Cheshire on Saturday 10 September 2016

Under 17 Men — Team Results — Final

(nn) is team position after the appropriate stage.

1 Vale Royal Ac		'A' 1:10:46	
1 Harry Dexter (2)	23:42	2 Alexander Doyle (1)	24:11
3 Arun Dight (1)	22:53		
2 Preston Harriers		'A' 1:13:15	
1 Nathan Dunn (4)	24:20	2 Adam Roberts (2)	23:58
3 Dean Tierney (2)	24:57		
3 Wirral Ac		'A' 1:15:33	
1 Joe Wigfield (1)	23:34	2 Ieuan Kearney (4)	26:08
3 Michael Rooke (3)	25:51		
4 Warrington A C		1:15:54	
1 Daniel Fox (8)	25:34	2 Jack Stubbings (7)	25:02
3 Sam Rostron (4)	25:18		
5 Vale Royal Ac		'B' 1:17:34	
1 Oliver Waring (11)	25:50	2 John Humphries (6)	24:31
3 Curtis Rodway (5)	27:13		
6 West Cheshire Athletic Club		'A' 1:17:42	
1 Christy Mageean (6)	24:28	2 Ethan Greenland (5)	25:48
3 Joseph Morrison (6)	27:26		
7 Trafford Athletic Club		'A' 1:19:25	
1 Xavier O'hare (5)	24:28	2 Connor Fazakerley (9)	28:18
3 Jack Wilkinson (7)	26:39		
8 Wirral Ac		'B' 1:19:29	
1 Martin Hurst (12)	25:57	2 Samuel Cross (8)	26:12
3 Samuel Tempest (8)	27:20		
9 Liverpool Harriers & Ac		'A' 1:20:31	
1 Joseph Ford (3)	23:42	2 Kyle Dentith (3)	25:00
3 Jay Prescott (9)	31:49		
10 Crewe And Nantwich Ac		1:21:33	
1 Matthew McCormack (13)	26:01	2 Daniel Lloyd (12)	29:16
3 William Kesteven (10)	26:16		
11 Preston Harriers		'B' 1:21:50	
1 Matias Grixti (14)	26:49	2 Niall Higham (10)	26:37
3 Byron Sowerby (11)	28:24		
12 Salford Harriers & Ac		'A' 1:23:08	
1 James Critchley (19)	29:23	2 F Teklehaimanot (11)	24:52
3 Adam Curtis (12)	28:53		
13 E. Cheshire H & Tameside AC		'A' 1:23:45	
1 Nathan Barlow (15)	27:05	2 Paolo Guamieri (13)	28:42
3 John Trotman (13)	27:58		
14 Wirral Ac		'C' 1:25:57	
1 Daniel Nuttall (10)	25:40	2 Patrick Delaney (16)	32:02
3 Max Alexander Clark (14)	28:15		
15 Pendle Athletic Club		1:27:10	
1 Kai Atkins (9)	25:34	2 Timothy Barnes (14)	30:49
3 Jacob Vangeffen (15)	30:47		

Incomplete Teams:

Liverpool Harriers & Ac		'B'	
1 Andrew Grant (16)	27:39	2 Owen Simpson (15)	28:56

West Cheshire Athletic Club

West Cheshire Athletic Club		'B'	
1 Alexander Mason (20)	30:35	2 Patrick Tait (17)	29:50

Halton & Frodsham Harriers

1 Christopher Larkin (7)	24:40
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Blackburn Harriers & Ac

1 Joe Gebbie (17)	27:52
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Salford Harriers & Ac

1 Louis Hopkins (18)	29:04
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Fastest of all legs

1 Arun Dight	ValeRoyal	A	22:53
2 Joe Wigfield	WirralAc	A	23:34
3 Joseph Ford	L'poolH	A	23:42
= Harry Dexter	ValeRoyal	A	23:42
5 Adam Roberts	PrestonHa	A	23:58
6 Alexander Doyle	ValeRoyal	A	24:11
7 Nathan Dunn	PrestonHa	A	24:20
8 Xavier O'hare	TraffordA	A	24:28
= Christy Mageean	WestChesh	A	24:28
10 John Humphries	ValeRoyal	B	24:31