

Northern Athletics Road Relay Championships at Sport City, Manchester on Sunday 25th September 2016

- Senior Women Stage 1 - Provisional Results

Pos	Name	Club	Leg Time			
1	Emily Japp	Blackpool	16:44	38	Sophie Whittaker	BuryAthle A 19:54
2	Rachael Burns	L'poolH A	17:01	39	Cara Gibbons	ValeRoyal C 20:00
3	Claire Duck	LeedsCity A	17:06	40	Samantha Murray	Blackburn A 20:07
4	Natalie Burns	LincolnWe A	17:15	41	Katherine Wellam	SaleHarri A 20:09
5	Katie Walshaw	Holmfirth A	17:20	42	Beth Massey	BarnsleyA 20:10
6	Carla Stansfield	CityOfHul A	17:35	43	Kerry Young	EastHullH A 20:15
7	Rochelle Harrison	LincolnWe B	17:36	44	Ellen Broad	SpectrumS 20:16
8	Rhiannon Silson	BorderHar	17:39	45	Jenny Wren	PrestonHa 20:28
9	Laura Riches	LeighHarr A	17:41	46	Carly Edwards	Blackburn B 20:42
10	Louisa Powell	ClaytonLe A	17:43	47	Liz Woodfield	Holmfirth C 20:44
11	Katie Lowery	Warringto	17:43	48	Niamh Gill	ChorltonB 20:53
12	Natasha Hatswell	Rotherham A	17:47	49	Corinna Turner	CityOfHul B 20:55
13	Katie Gerrard	ValeRoyal A	17:50	50	Emma Tolond	Mancheste 20:56
14	Katy Whiteoak	Stockport B	17:54	51	J Cordingley	SaleHarri B 21:10
15	Charlotte Ward	Hallamshi A	17:57	52	Lauren Booth	BuryAthle B 21:15
16	Fiona Davies	Rotherham B	18:07	53	Helen Lawrenson	WeshamRoa A 21:20
17	Hannah Griffiths	(Stockport A)	18:09	54	Rachael Moore	WiganPhoe A 21:21
18	Charlotte Wills	LeedsCity B	18:27	55	Kathryn Lland	L'poolH C 21:42
19	Natalie Weir	DerbyAthl	18:29	56	Rachel Mcdonnell	TraffordA B 21:52
20	Vicki Cronin	TraffordA A	18:32	57	Lisa Mercer	L'poolRC B 21:54
21	Sinead Bent	SalfordHa A	18:34	58	Alison Vesey	Altrincha 21:54
22	Margaret Sykes	Holmfirth B	18:35	59	Eve Pound	CityOfShe 21:59
23	Lis Kilcourse	ChorltonR A	18:35	60	Alison Wainwright	ChorltonR C 22:00
24	Imani Wilson	Hallamshi B	18:41	61	Janice Needham	RochdaleH A 22:08
25	Katie Clarke	WestChesh	18:44	62	Lorna Fallon	CityOfHul C 22:11
26	Sarah Kearney	WirralAc	18:53	63	Angela Shian	ClaytonLe B 22:18
27	Nicola Cartridge	BoltonUni	19:04	64	Michelle Parker	KnowsleyH A 22:21
28	C Singleton	TrawdenAt	19:11	65	Angela Bowyer	Blackhill 22:27
29	Megan Ball	L'poolH B	19:13	66	Sinead Ferguson	SaleHarri C 22:38
30	Lisa Short	BirtleyAc A	19:20	67	Sarah Jackson	(PennyLane A) 22:40
31	Claire Spencer	(Sheffield)	19:27	68	Sarah Gibbs	ValeRoyal D 23:03
32	Vivienne Winter	DerwentAc	19:30	69	Nikki Bansal	WiganPhoe B 23:26
33	Carolyn Dooley	ValeRoyal B	19:38	70	Amy Clark	(Buxton&Di) 23:27
34	Siobhan Woods	L'poolRC A	19:49	71	Rebecca Kaufman	Wigan&Dis B 24:45
35	Lorna Graham	BirtleyAc B	19:51	72	B Dickinson	WeshamRoa B 25:08
36	Laura Dootson	Wigan&Dis A	19:51	73	Mandy Davison	EastHullH B 25:18
37	Becki Robinson	SalfordHa B	19:52	74	Pauline Foster	Wigan&Dis C 26:30

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- Senior Women Stage 2 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Abbie Donnelly	LincolnWe A	17:44	34:59	+ 3	44	Kay Welsby	RochdaleH A	19:46	41:54	+ 17
2	Catrina Thomas	LincolnWe B	17:31	35:07	+ 5	45	Melanie Barber	Mancheste	21:00	41:56	+ 5
3	Hannah Delaney	L'poolH A	18:10	35:11	- 1	46	Emma Essexcrossby	PrestonHa	21:32	42:00	- 1
4	Harriet Buswell	LeedsCity A	18:20	35:26	- 1	47	Anne Chinoy	SaleHarri B	20:53	42:03	+ 4
5	Helen Berry	Holmfirth A	18:29	35:49	0	48	Joanne Newby	BirtleyAc B	22:53	42:44	- 13
6	Zanthe Wray	Hallamshi A	18:00	35:57	+ 9	49	Carol Reilly	Blackburn B	22:17	42:59	- 3
7	Katie Ardern	DISQUALIFIED	12:38	36:05	+ 63	50	Tracey Hulme	WeshamRoa A	22:13	43:33	+ 3
8	Emma Parkinson	Rotherham A	18:34	36:21	+ 4	51	Lucy Chrost	CityOfHul B	22:43	43:38	- 2
9	Danielle Walker	ClaytonLe A	18:58	36:41	+ 1	52	Carole Harrison	Altrinch	21:46	43:40	+ 6
10	Keri Pearson	CityOfHul A	19:07	36:42	- 4	53	Eleanor Roberts	SpectrumS	23:27	43:43	- 9
11	Kate Spilsbury	ValeRoyal A	18:54	36:44	+ 2	54	Emily Rowe	L'poolH C	22:03	43:45	+ 1
12	Annie Bradshaw	Blackpool	20:05	36:49	- 11	55	Lucymarie Hodson	BuryAthle B	22:56	44:11	- 3
13	Ruth Jones	SalfordHa A	18:18	36:52	+ 8	56	Anthea Eskrett	EastHullH A	24:01	44:16	- 13
14	Ruthemily Sinclair	(Stockport A)	18:48	36:57	+ 3	57	J Baileyaylor	Holmfirth C	23:38	44:22	- 10
15	Olivia Stones	LeighHarr A	19:45	37:26	- 6	58	Elouise Pemberton	TrawdenAt	25:11	44:22	- 30
16	Chloe Price	BirtleyAc A	18:10	37:30	+ 14	59	Natalie Wright	ClaytonLe B	22:13	44:31	+ 4
17	Clare Mckeown	BorderHar	20:10	37:49	- 9	60	Sian Rowley	SaleHarri C	21:56	44:34	+ 6
18	Bethan Hudson	DerbyAthl	19:41	38:10	+ 1	61	Donna Claridge	CityOfShe	22:42	44:41	- 2
19	Aileen Kearney	WirralAc	19:19	38:12	+ 7	62	Gina Senior	WiganPhoe B	22:06	45:32	+ 7
20	Amyrose Cauley	TraffordA A	19:41	38:13	0	63	Stacey Bell	Blackhill	23:09	45:36	+ 2
21	Ailbhe Mcdaid	L'poolH B	19:04	38:17	+ 8	64	Hannah Ahle	ChorltonR C	23:38	45:38	- 4
22	Claire Meadows	DISQUALIFIED	15:37	38:17	+ 45	65	Abigail Willmitt	L'poolRC B	23:45	45:39	- 8
23	Katherine Farquhar	Holmfirth B	19:57	38:32	- 1	66	Anja Dunsch	KnowsleyH A	23:42	46:03	- 2
24	V Ramsbottom	Warringo	21:05	38:48	- 13	67	Julie Annable	ValeRoyal D	23:51	46:54	+ 1
25	Luisa Candioli	SaleHarri A	18:40	38:49	+ 16	68	Sue Exon	TraffordA B	25:25	47:17	- 12
26	Ruth Ross	Hallamshi B	20:10	38:51	- 2	69	Helen Penn	CityOfHul C	26:24	48:35	- 7
27	E Greenwood	Blackburn A	18:48	38:55	+ 13	70	Caroline Brown	Wigan&Dis B	23:59	48:44	+ 1
28	Emma Tollefson	ChorltonR A	20:31	39:06	- 5	71	Debbie Jacketts	EastHullH B	23:27	48:45	+ 2
29	Anest Muller	WestChesh	20:25	39:09	- 4	72	Kerry Eccles	WeshamRoa B	25:06	50:14	0
30	Jessica Nixon	LeedsCity B	20:48	39:15	- 12	73	Pat Cole	Wigan&Dis C	36:05	1:02:35	+ 1
31	Melissa Ronan	L'poolRC A	19:32	39:21	+ 3	Fastest runners over stage 2:					
32	Chloe Dooley	ValeRoyal B	19:53	39:31	+ 1	1	Katie Ardern	DISQUALIFIED	12:38		
33	Katie Geelan	BuryAthle A	19:37	39:31	+ 5	2	Claire Meadows	DISQUALIFIED	15:37		
34	Nicky Green	BarnsleyA	19:30	39:40	+ 8	3	Catrina Thomas	LincolnWe B	17:31		
35	Rebecca Kay	BoltonUni	20:54	39:58	- 8	4	Abbie Donnelly	LincolnWe A	17:44		
36	Jessica Freeman	Rotherham B	22:07	40:14	- 20	5	Zanthe Wray	Hallamshi A	18:00		
37	Debbie Walker	DerwentAc	21:10	40:40	- 5	6	Hannah Delaney	L'poolH A	18:10		
38	Kate Little	(Sheffield)	21:57	41:24	- 7	7	Chloe Price	BirtleyAc A	18:10		
39	Stephanie Stevens	ChorltonR B	20:33	41:26	+ 9	8	Ruth Jones	SalfordHa A	18:18		
40	Danielle Brearton	Wigan&Dis A	21:37	41:28	- 4	9	Harriet Buswell	LeedsCity A	18:20		
41	Lucy Burch	ValeRoyal C	21:31	41:31	- 2	10	Helen Berry	Holmfirth A	18:29		
42	Lynn Manirjolley	WiganPhoe A	20:19	41:40	+ 12						
43	Anneka Sanders	SalfordHa B	21:56	41:48	- 6						

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- Senior Women Stage 3 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Georgia Malir	LeedsCity A	16:59	52:25	+ 3
2	Bella Williams	LincolnWe A	17:59	52:58	- 1
3	Sophie Darling	LincolnWe B	19:05	54:12	- 1
4	Zara Knappy	Rotherham A	17:55	54:16	+ 4
5	Mollie Williams	(Stockport A)	17:19	54:16	+ 9
6	Lucy Farquhar	Holmfirth A	18:44	54:33	- 1
7	Rachel Jones	SalfordHa A	17:44	54:36	+ 6
8	Sarah Murphy	ValeRoyal A	18:05	54:49	+ 3
9	MaryMccarthy	Hallamshi A	19:05	55:02	- 3
10	H Knowlesjones	Warringto	16:30	55:18	+ 14
11	Sarah Howard	L'poolH A	20:14	55:25	- 8
12	Sophie Burnett	BirtleyAc A	18:06	55:36	+ 4
13	Rachel Olivant	DerbyAthl	18:09	56:19	+ 5
14	Naomi Bright	CityOfHul A	20:15	56:57	- 4
15	Rachel Wood	Blackburn A	18:35	57:30	+ 12
16	Danielle Webb	L'poolH B	19:15	57:32	+ 5
17	Laura Gilderdale	Blackpool	20:47	57:36	- 5
18	Elizabeth Mullan	ClaytonLe A	20:58	57:39	- 9
19	Helena Croft	Holmfirth B	19:16	57:48	+ 4
20	Helen Armitage	SaleHarri A	19:47	58:36	+ 5
21	Lilly Fletcher	Hallamshi B	19:54	58:45	+ 5
22	Kerrie Harris	ChorltonR A	19:50	58:56	+ 6
23	Melanie Monks	TraffordA A	20:59	59:12	- 3
24	Chloe Broad	ValeRoyal B	19:49	59:20	+ 8
25	Pamela Thurtle	(PennyLane A)	21:35	59:52	- 3
26	Sharon James	L'poolRC A	20:32	59:53	+ 5
27	Eleanor Robinson	WestChesh	21:12	1:00:21	+ 2
28	Jenny Yates	BuryAthle A	21:05	1:00:36	+ 5
29	Caroline Brophy	WirralAc	22:51	1:01:03	- 10
30	Eleanor Bond	LeighHarr A	23:50	1:01:16	- 15
31	Emma Dutton	Rotherham B	21:18	1:01:32	+ 5
32	Elizabeth Watson	DerwentAc	20:53	1:01:33	+ 5
33	Sarah Kimpton	(Sheffield)	20:10	1:01:34	+ 5
34	Sarah Bradley	BarnsleyA	22:02	1:01:42	0
35	Olivia Kearney	BoltonUni	21:53	1:01:51	0
36	Kate Phillips	(Buxton&Di)	26:39	1:02:44	- 29
37	Fiona Smith	BorderHar	25:15	1:03:04	- 20
38	Jennie Hampson	WiganPhoe A	21:38	1:03:18	+ 4
39	Janneke Vanbeijnum	SaleHarri B	21:42	1:03:45	+ 8
40	Emmalouise Pyatt	ValeRoyal C	22:24	1:03:55	+ 1
41	Caroline Rasburn	Wigan&Dis A	22:37	1:04:05	- 1
42	V Cowling	PrestonHa	22:16	1:04:16	+ 4
43	Samantha Pearson	ChorltonR B	23:17	1:04:43	- 4
44	Mitch Trainor	CityOfHul B	21:07	1:04:45	+ 7
45	Gail Hebson	Mancheste	22:54	1:04:50	0
46	Shannel Curtis	BirtleyAc B	22:27	1:05:11	+ 2
47	Chloe Hirst	RochdaleH A	23:29	1:05:23	- 3
48	Gemma Owen	WeshamRoa A	22:21	1:05:54	+ 2
49	Amanda Duffy	ClaytonLe B	22:03	1:06:34	+ 10
50	Jean Shotter	Holmfirth C	22:24	1:06:46	+ 7
51	Emma Pryor	SpectrumS	23:14	1:06:57	+ 2
52	Lorraine Pang	ChorltonR C	21:42	1:07:20	+ 12
53	Denise Wakefield	SalfordHa B	25:37	1:07:25	- 10
54	Steph Thompson	Altrinch	23:58	1:07:38	- 2
55	Zaremba Magdalena	EastHullH A	23:29	1:07:45	+ 1
56	Sonia Lee	CityOfShe	23:29	1:08:10	+ 5
57	Chloe Ainsworth	WiganPhoe B	22:43	1:08:15	+ 5
58	Lynda Rowlinson	SaleHarri C	24:59	1:09:33	+ 2
59	Debbie Broad	ValeRoyal D	22:45	1:09:39	+ 8
60	Nicola Brown	BuryAthle B	26:02	1:10:13	- 5
61	Katie Pownell	KnowsleyH A	25:07	1:11:10	+ 5
62	Rebecca Kay	Blackhill	25:42	1:11:18	+ 1
63	L Hawthornthwaite	TrawdenAt	27:32	1:11:54	- 5
64	Julie Kirk	Wigan&Dis B	24:32	1:13:16	+ 6
65	Kadi Huart	EastHullH B	24:35	1:13:20	+ 6
66	Lindsay Davies	Blackburn B	31:22	1:14:21	- 17
67	Judith Lawtey	CityOfHul C	25:56	1:14:31	+ 2
68	Vicki Collins	L'poolRC B	30:51	1:16:30	- 3
69	Clare Belfield	WeshamRoa B	27:55	1:18:09	+ 3
70	Pauline Taylor	Wigan&Dis C	29:16	1:31:51	+ 3

Fastest runners over stage 3:

1	H Knowlesjones	Warringto	16:30
2	Georgia Malir	LeedsCity A	16:59
3	Mollie Williams	(Stockport A)	17:19
4	Rachel Jones	SalfordHa A	17:44
5	Zara Knappy	Rotherham A	17:55
6	Bella Williams	LincolnWe A	17:59
7	Sarah Murphy	ValeRoyal A	18:05
8	Sophie Burnett	BirtleyAc A	18:06
9	Rachel Olivant	DerbyAthl	18:09
10	Rachel Wood	Blackburn A	18:35

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- Senior Women Stage 4 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Louise Rudd	DISQUALIFIED	11:45	1:06:01 +	4
2	Lucy Crookes	LeedsCity A	17:06	1:09:31 -	1
3	Sophie Cowper	LincolnWe A	16:45	1:09:43 -	1
4	Samantha Johnson	Rotherham A	17:30	1:11:46	0
5	Nicola Squires	Hallamshi A	17:39	1:12:41 +	4
6	Ruby Sykes	Holmfirth A	18:21	1:12:54	0
7	Lydia Turner	BirtleyAc A	17:30	1:13:06 +	5
8	Laura Wilkinson	LincolnWe B	18:56	1:13:08 -	5
9	Sophie Whiteside	L'poolH A	17:43	1:13:08 +	2
10	Abigail Knight	DISQUALIFIED	11:54	1:13:28 +	23
11	Veleska Wills	DerbyAthl	17:35	1:13:54 +	2
12	Kate Moulds	ValeRoyal A	19:14	1:14:03 -	4
13	Beverley Simons	SalfordHa A	19:34	1:14:10 -	6
14	Alysha Goddard	Warringto	19:56	1:15:14 -	4
15	Sophie Lee	CityOfHul A	18:19	1:15:16 -	1
16	Grace Handley	Blackburn A	19:35	1:17:05 -	1
17	Abbie Oliver	L'poolH B	19:40	1:17:12 -	1
18	Megan Harris	ChorltonR A	19:15	1:18:11 +	4
19	Jane Thomas	SaleHarri A	19:46	1:18:22 +	1
20	Charlotte Slack	Hallamshi B	19:45	1:18:30 +	1
21	Zoe Storr	Holmfirth B	20:55	1:18:43 -	2
22	Anastasia Bligh	Blackpool	21:16	1:18:52 -	5
23	Katie Buckley	BuryAthle A	18:25	1:19:01 +	5
24	Helena Leathley	ClaytonLe A	21:27	1:19:06 -	6
25	Elizabeth Austen	TraffordA A	20:11	1:19:23 -	2
26	Helen Smith	ValeRoyal B	20:11	1:19:31 -	2
27	Gillian Verdin	L'poolRC A	20:11	1:20:04 -	1
28	Antonia Skelton	DerwentAc	19:27	1:21:00 +	4
29	Elizabeth Hutson	Rotherham B	19:51	1:21:23 +	2
30	Sarah Richards	(PennyLane A)	22:01	1:21:53 -	5
31	Anne Rosbottom	WirralAc	21:07	1:22:10 -	2
32	Zeinab Weyers	WestChesh	22:08	1:22:29 -	5
33	Kathryn Douglas	BorderHar	19:34	1:22:38 +	4
34	A Fitzgerald	(Buxton&Di)	21:50	1:24:34 +	2
35	Emma Naylor	WiganPhoe A	21:23	1:24:41 +	3
36	Cheryl Oakshott	CityOfHul B	20:21	1:25:06 +	8
37	Rosalyn Webster	ChorltonR B	20:41	1:25:24 +	6
38	Mercedes Mercer	BoltonUni	23:38	1:25:29 -	3
39	Linda Westlake	BarnsleyA	24:19	1:26:01 -	5
40	Hanifa Greenwood	SaleHarri B	22:21	1:26:06 -	1
41	Carmel Sullivan	WeshamRoa A	20:38	1:26:32 +	7
42	Lisa Meadows	ValeRoyal C	22:47	1:26:42 -	2
43	Rachel Sidebotham	Wigan&Dis A	23:31	1:27:36 -	2
44	Liz Whitfield	SpectrumS	20:40	1:27:37 +	7
45	Caroline Fortnum	RochdaleH A	22:35	1:27:58 +	2
46	Donna Airey	ClaytonLe B	21:34	1:28:08 +	3
47	Jacqueline Ellison	Mancheste	23:33	1:28:23 -	2
48	Vicki Sherrington	PrestonHa	24:08	1:28:24 -	6
49	Emma Serjeant	Holmfirth C	23:11	1:29:57 +	1
50	Dianne Denney	LeighHarr A	28:46	1:30:02 -	20
51	Alison Burnett	EastHullH A	22:26	1:30:11 +	4
52	Fiona Cosgrove	Altrinch	22:55	1:30:33 +	2
53	Carla Ousey	SaleHarri C	21:47	1:31:20 +	5
54	Leanne Carey	SalfordHa B	23:56	1:31:21 -	1
55	Janita Maraanan	CityOfShe	23:37	1:31:47 +	1
56	Victoria Thompson	ChorltonR C	26:05	1:33:25 -	4
57	Amanda Smith	WiganPhoe B	25:18	1:33:33	0
58	Elizabeth Cheshire	BuryAthle B	23:35	1:33:48 +	2
59	Lauren Young	Blackhill	22:44	1:34:02 +	3
60	Tanya Bunkham	TrawdenAt	22:18	1:34:12 +	3
61	Susan Hamley	KnowsleyH A	23:48	1:34:58	0
62	Jacqueline Jones	Wigan&Dis B	22:11	1:35:27 +	2
63	E Brackstone	EastHullH B	23:19	1:36:39 +	2
64	Leanne Hughes	L'poolRC B	20:35	1:37:05 +	4
65	Rebecca Lawley	CityOfHul C	25:03	1:39:34 +	2
66	Annabel Farrar	Blackburn B	26:00	1:40:21	0
67	Tanya Barlow	WeshamRoa B	26:48	1:44:57 +	2

Fastest runners over stage 4:

1	Louise Rudd	DISQUALIFIED	11:45
2	Abigail Knight	DISQUALIFIED	11:54
3	Sophie Cowper	LincolnWe A	16:45
4	Lucy Crookes	LeedsCity A	17:06
5	Lydia Turner	BirtleyAc A	17:30
6	Samantha Johnson	Rotherham A	17:30
7	Veleska Wills	DerbyAthl	17:35
8	Nicola Squires	Hallamshi A	17:39
9	Sophie Whiteside	L'poolH A	17:43
10	Sophie Lee	CityOfHul A	18:19

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Senior Women — Team Results — Provisional

(nn) is team position after the appropriate stage.

1 Leeds City Athletic Club 'A' 1:09:31	17 Sale Harriers Manchester 'A' 1:18:22
1 Claire Duck (3) 17:06	2 Harriet Buswell (4) 18:20
3 Georgja Malir (1) 16:59	4 Lucy Crookes (2) 17:06
1 Katherine Wellam (41) 20:09	2 Luisa Candioli (25) 18:40
3 Helen Armitage (20) 19:47	4 Jane Thomas (19) 19:46
2 Lincoln Wellington Ac 'A' 1:09:43	18 Hallamshire Harriers 'B' 1:18:30
1 Natalie Burns (4) 17:15	2 Abbie Donnelly (1) 17:44
3 Bella Williams (2) 17:59	4 Sophie Cowper (3) 16:45
1 Imani Wilson (24) 18:41	2 Ruth Ross (26) 20:10
3 Lilly Fletcher (21) 19:54	4 Charlotte Slack (20) 19:45
3 Rotherham Harriers & Ac 'A' 1:11:46	19 Holmfirth Harriers Ac 'B' 1:18:43
1 Natasha Hatswell (12) 17:47	2 Emma Parkinson (8) 18:34
3 Zara Knappy (4) 17:55	4 Samantha Johnson (4) 17:30
1 Margaret Sykes (22) 18:35	2 Katherine Farquhar (23) 19:57
3 Helena Croft (19) 19:16	4 Zoe Storr (21) 20:55
4 Hallamshire Harriers 'A' 1:12:41	20 Blackpool Wyre & Fylde Ac 1:18:52
1 Charlotte Ward (15) 17:57	2 Zanthé Wray (6) 18:00
3 Mary Mccarthy (9) 19:05	4 Nicola Squires (5) 17:39
1 Emily Japp (1) 16:44	2 Annie Bradshaw (12) 20:05
3 Laura Gilderdale (17) 20:47	4 Anastasia Bligh (22) 21:16
5 Holmfirth Harriers Ac 'A' 1:12:54	21 Bury Athletic Club 'A' 1:19:01
1 Katie Walshaw (5) 17:20	2 Helen Berry (5) 18:29
3 Lucy Farquhar (6) 18:44	4 Ruby Sykes (6) 18:21
1 Sophie Whittaker (38) 19:54	2 Katie Geelan (33) 19:37
3 Jenny Yates (28) 21:05	4 Katie Buckley (23) 18:25
6 Birtley Ac 'A' 1:13:06	22 Clayton Le Moors Harriers 'A' 1:19:06
1 Lisa Short (30) 19:20	2 Chloe Price (16) 18:10
3 Sophie Burnett (12) 18:06	4 Lydia Turner (7) 17:30
1 Louisa Powell (10) 17:43	2 Danielle Walker (9) 18:58
3 Elizabeth Mullan (18) 20:58	4 Helena Leathley (24) 21:27
7 Lincoln Wellington Ac 'B' 1:13:08	23 Trafford Athletic Club 'A' 1:19:23
1 Rochelle Harrison (7) 17:36	2 Catrina Thomas (2) 17:31
3 Sophie Darling (3) 19:05	4 Laura Wilkinson (8) 18:56
1 Vicki Cronin (20) 18:32	2 Amyrose Cauley (20) 19:41
3 Melanie Monks (23) 20:59	4 Elizabeth Austen (25) 20:11
8 Liverpool Harriers & Ac 'A' 1:13:08	24 Vale Royal Ac 'B' 1:19:31
1 Rachael Burns (2) 17:01	2 Hannah Delaney (3) 18:10
3 Sarah Howard (11) 20:14	4 Sophie Whiteside (9) 17:43
1 Carolyn Dooley (33) 19:38	2 Chloe Dooley (32) 19:53
3 Chloe Broad (24) 19:49	4 Helen Smith (26) 20:11
9 Derby Athletic Club 1:13:54	25 Liverpool Running Club 'A' 1:20:04
1 Natalie Weir (19) 18:29	2 Bethan Hudson (18) 19:41
3 Rachel Olivant (13) 18:09	4 Veleska Wills (11) 17:35
1 Siobhan Woods (34) 19:49	2 Melissa Ronan (31) 19:32
3 Sharon James (26) 20:32	4 Gillian Verdin (27) 20:11
10 Vale Royal Ac 'A' 1:14:03	26 Derwent Ac Cocker mouth 1:21:00
1 Katie Gerrard (13) 17:50	2 Kate Spilsbury (11) 18:54
3 Sarah Murphy (8) 18:05	4 Kate Moulds (12) 19:14
1 Vivienne Winter (32) 19:30	2 Debbie Walker (37) 21:10
3 Elizabeth Watson (32) 20:53	4 Antonia Skelton (28) 19:27
11 Salford Harriers & Ac 'A' 1:14:10	27 Rotherham Harriers & Ac 'B' 1:21:23
1 Sinead Bent (21) 18:34	2 Ruth Jones (13) 18:18
3 Rachel Jones (7) 17:44	4 Beverley Simons (13) 19:34
1 Fiona Davies (16) 18:07	2 Jessica Freeman (36) 22:07
3 Emma Dutton (31) 21:18	4 Elizabeth Hutson (29) 19:51
12 Warrington A C 1:15:14	28 Wirral Ac 1:22:10
1 Katie Lowery (11) 17:43	2 V Ramsbottom (24) 21:05
3 H Knowles Jones (10) 16:30	4 Alysha Goddard (14) 19:56
1 Sarah Kearney (26) 18:53	2 Aileen Kearney (19) 19:19
3 Caroline Brophy (29) 22:51	4 Anne Rosbottom (31) 21:07
13 City Of Hull Ac 'A' 1:15:16	29 West Cheshire Athletic Club 1:22:29
1 Carla Stansfield (6) 17:35	2 Keri Pearson (10) 19:07
3 Naomi Bright (14) 20:15	4 Sophie Lee (15) 18:19
1 Katie Clarke (25) 18:44	2 Anest Muller (29) 20:25
3 Eleanor Robinson (27) 21:12	4 Zeinab Weyers (32) 22:08
14 Blackburn Harriers & Ac 'A' 1:17:05	30 Border Harriers & Ac 1:22:38
1 Samantha Murray (40) 20:07	2 E Greenwood (27) 18:48
3 Rachel Wood (15) 18:35	4 Grace Handley (16) 19:35
1 Rhiannon Silson (8) 17:39	2 Clare Mckeown (17) 20:10
3 Fiona Smith (37) 25:15	4 Kathryn Douglas (33) 19:34
15 Liverpool Harriers & Ac 'B' 1:17:12	31 Wigan Phoenix 'A' 1:24:41
1 Megan Ball (29) 19:13	2 Ailbhe Mcdaid (21) 19:04
3 Danielle Webb (16) 19:15	4 Abbie Oliver (17) 19:40
1 Rachael Moore (54) 21:21	2 Lynn Manirjolley (42) 20:19
3 Jennie Hampson (38) 21:38	4 Emma Naylor (35) 21:23
16 Chorlton Runners 'A' 1:18:11	32 City Of Hull Ac 'B' 1:25:06
1 Lis Kilcourse (23) 18:35	2 Emma Tollefson (28) 20:31
3 Kerrie Harris (22) 19:50	4 Megan Harris (18) 19:15
1 Corinna Turner (49) 20:55	2 Lucy Chrost (51) 22:43
3 Mitch Trainor (44) 21:07	4 Cheryl Oakshott (36) 20:21

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33 Chorlton Runners	'B' 1:25:24	50 Salford Harriers & Ac	'B' 1:31:21
1 Niamh Gill (48) 20:53	2 Stephanie Stevens (39) 20:33	1 Becki Robinson (37) 19:52	2 Anneka Sanders (43) 21:56
3 Samantha Pearson (43) 23:17	4 Rosalyn Webster (37) 20:41	3 Denise Wakefield (53) 25:37	4 Leanne Carey (54) 23:56
34 Bolton United Harriers & Ac	1:25:29	51 City Of Sheffield And Dearne	1:31:47
1 Nicola Cartridge (27) 19:04	2 Rebecca Kay (35) 20:54	1 Eve Pound (59) 21:59	2 Donna Claridge (61) 22:42
3 Olivia Kearney (35) 21:53	4 Mercedes Mercer (38) 23:38	3 Sonia Lee (56) 23:29	4 Janita Maaanen (55) 23:37
35 Barnsley Athletic Club	1:26:01	52 Chorlton Runners	'C' 1:33:25
1 Beth Massey (42) 20:10	2 Nicky Green (34) 19:30	1 Alison Wainwright (60) 22:00	2 Hannah Ahle (64) 23:38
3 Sarah Bradley (34) 22:02	4 Linda Westlake (39) 24:19	3 Lorraine Pang (52) 21:42	4 Victoria Thompson (56) 26:05
36 Sale Harriers Manchester	'B' 1:26:06	53 Wigan Phoenix	'B' 1:33:33
1 J Cordingley (51) 21:10	2 Anne Chinoy (47) 20:53	1 Nikki Bansal (69) 23:26	2 Gina Senior (62) 22:06
3 Janneke Vanbeijnum (39) 21:42	4 Hanifa Greenwood (40) 22:21	3 Chloe Ainsworth (57) 22:43	4 Amanda Smith (57) 25:18
37 Wesham Road Runners & Ac	'A' 1:26:32	54 Bury Athletic Club	'B' 1:33:48
1 Helen Lawrenson (53) 21:20	2 Tracey Hulme (50) 22:13	1 Lauren Booth (52) 21:15	2 Lucymarie Hodson (55) 22:56
3 Gemma Owen (48) 22:21	4 Carmel Sullivan (41) 20:38	3 Nicola Brown (60) 26:02	4 Elizabeth Cheshire (58) 23:35
38 Vale Royal Ac	'C' 1:26:42	55 Blackhill Bounders	1:34:02
1 Cara Gibbons (39) 20:00	2 Lucy Burch (41) 21:31	1 Angela Bowyer (65) 22:27	2 Stacey Bell (63) 23:09
3 Emmalouise Pyatt (40) 22:24	4 Lisa Meadows (42) 22:47	3 Rebecca Kay (62) 25:42	4 Lauren Young (59) 22:44
39 Wigan & District H & Ac	'A' 1:27:36	56 Trawden Athletic Club	1:34:12
1 Laura Dootson (36) 19:51	2 Danielle Brearton (40) 21:37	1 C Singleton (28) 19:11	2 Elouise Pemberton (58) 25:11
3 Caroline Rasburn (41) 22:37	4 Rachel Sidebotham (43) 23:31	3 L Hawthornthwaite (63) 27:32	4 Tanya Bunkham (60) 22:18
40 Spectrum Striders	1:27:37	57 Knowsley Harriers	'A' 1:34:58
1 Ellen Broad (44) 20:16	2 Eleanor Roberts (53) 23:27	1 Michelle Parker (64) 22:21	2 Anja Dunsch (66) 23:42
3 Emma Pryor (51) 23:14	4 Liz Whitfield (44) 20:40	3 Katie Pownell (61) 25:07	4 Susan Hamley (61) 23:48
41 Rochdale Harriers & Ac	'A' 1:27:58	58 Wigan & District H & Ac	'B' 1:35:27
1 Janice Needham (61) 22:08	2 Kay Welsby (44) 19:46	1 Rebecca Kaufman (71) 24:45	2 Caroline Brown (70) 23:59
3 Chloe Hirst (47) 23:29	4 Caroline Fortnum (45) 22:35	3 Julie Kirk (64) 24:32	4 Jacqueline Jones (62) 22:11
42 Clayton Le Moors Harriers	'B' 1:28:08	59 East Hull Harriers & Ac	'B' 1:36:39
1 Angela Shian (63) 22:18	2 Natalie Wright (59) 22:13	1 Mandy Davison (73) 25:18	2 Debbie Jacketts (71) 23:27
3 Amanda Duffy (49) 22:03	4 Donna Airey (46) 21:34	3 Kadi Huart (65) 24:35	4 E Brackstone (63) 23:19
43 Manchester Harriers & Ac	1:28:23	60 Liverpool Running Club	'B' 1:37:05
1 Emma Tolond (50) 20:56	2 Melanie Barber (45) 21:00	1 Lisa Mercer (57) 21:54	2 Abigail Willmitt (65) 23:45
3 Gail Hebson (45) 22:54	4 Jacqueline Ellison (47) 23:33	3 Vicki Collins (68) 30:51	4 Leanne Hughes (64) 20:35
44 Preston Harriers	1:28:24	61 City Of Hull Ac	'C' 1:39:34
1 Jenny Wren (45) 20:28	2 Emma Essex Crosby (46) 21:32	1 Lorna Fallon (62) 22:11	2 Helen Penn (69) 26:24
3 V Cowling (42) 22:16	4 Vicki Sherrington (48) 24:08	3 Judith Lawtey (67) 25:56	4 Rebecca Lawtey (65) 25:03
45 Holmfirth Harriers Ac	'C' 1:29:57	62 Blackburn Harriers & Ac	'B' 1:40:21
1 Liz Woodfield (47) 20:44	2 J Bailey Taylor (57) 23:38	1 Carly Edwards (46) 20:42	2 Carol Reilly (49) 22:17
3 Jean Shotton (50) 22:24	4 Emma Serjeant (49) 23:11	3 Lindsay Davies (66) 31:22	4 Annabel Farrar (66) 26:00
46 Leigh Harriers & Ac	'A' 1:30:02	63 Wesham Road Runners & Ac	'B' 1:44:57
1 Laura Riches (9) 17:41	2 Olivia Stones (15) 19:45	1 B Dickinson (72) 25:08	2 Kerry Eccles (72) 25:06
3 Eleanor Bond (30) 23:50	4 Dianne Denney (50) 28:46	3 Clare Belfield (69) 27:55	4 Tanya Barlow (67) 26:48
47 East Hull Harriers & Ac	'A' 1:30:11		
1 Kerry Young (43) 20:15	2 Anthea Eskrett (56) 24:01		
3 Zaremba Magdalena (55) 23:29	4 Alison Burnett (51) 22:26		
48 Altrincham & District Ac	1:30:33		
1 Alison Vesey (58) 21:54	2 Carole Harrison (52) 21:46		
3 Steph Thompson (54) 23:58	4 Fiona Cosgrove (52) 22:55		
49 Sale Harriers Manchester	'C' 1:31:20		
1 Sinead Ferguson (66) 22:38	2 Sian Rowley (60) 21:56		
3 Lynda Rowlinson (58) 24:59	4 Carla Ousey (53) 21:47		

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Disqualified -

Stockport Harriers & Ac				'A'	1:06:01
1	Hannah Griffiths	(17) 18:09	2	Ruthemily Sinclair	(14) 18:48
3	Mollie Williams	(5) 17:19	4	DISQUALIFIED	(1) 11:45

Sheffield Rc				1:13:28	
1	Claire Spencer	(31) 19:27	2	Kate Little	(38) 21:57
3	Sarah Kimpton	(33) 20:10	4	DISQUALIFIED	(10) 11:54

Penny Lane Striders				'A'	1:21:53
1	Sarah Jackson	(67) 22:40	2	DISQUALIFIED	(22) 15:37
3	Pamela Thurtle	(25) 21:35	4	Sarah Richards	(30) 22:01

Buxton & District Ac				1:24:34	
1	Amy Clark	(70) 23:27	2	DISQUALIFIED	(7) 12:38
3	Kate Phillips	(36) 26:39	4	A Fitzgerald	(34) 21:50

Incomplete Teams:

Birtley Ac				'B'	
1	Lorna Graham	(35) 19:51	2	Joanne Newby	(48) 22:53
3	Shannel Curtis	(46) 22:27			

Vale Royal Ac				'D'	
1	Sarah Gibbs	(68) 23:03	2	Julie Annable	(67) 23:51
3	Debbie Broad	(59) 22:45			

Wigan & District H & Ac				'C'	
1	Pauline Foster	(74) 26:30	2	Pat Cole	(73) 36:05
3	Pauline Taylor	(70) 29:16			

Leeds City Athletic Club				'B'	
1	Charlotte Wills	(18) 18:27	2	Jessica Nixon	(30) 20:48

Liverpool Harriers & Ac				'C'	
1	Kathryn Lland	(55) 21:42	2	Emily Rowe	(54) 22:03

Trafford Athletic Club				'B'	
1	Rachel McDonnell	(56) 21:52	2	Sue Exon	(68) 25:25

Stockport Harriers & Ac				'B'	
1	Katy Whiteoak	(14) 17:54			

Fastest of all legs — Provisional

1	H Knowlesjones	Warrington	16:30
2	Emily Japp	Blackpool	16:44
3	Sophie Cowper	LincolnWe	A 16:45
4	Georgia Malir	LeedsCity	A 16:59
5	Rachael Burns	L'poolH	A 17:01
6	Claire Duck	LeedsCity	A 17:06
=	Lucy Crookes	LeedsCity	A 17:06
8	Natalie Burns	LincolnWe	A 17:15
9	Mollie Williams	Stockport	A 17:19
10	Katie Walshaw	Holmfirth	A 17:20