

Northern Athletics Cross Country Relays at Graves Park, Sheffield on Saturday 22nd October 2016

Senior Women Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	Rachael Burns	LiverpoolH	11:37	29	Katie Oakley	BoltonUnit	14:12
2	Georgia Malir	LeedsCityA	11:40	30	Jennifer Rich	SteelCityS A	14:15
3	Julie Briscoe	WakefieldD A	11:47	31	Lucy Burch	ValeRoyalA E	14:23
4	Kate Waugh	BirtleyAc A	11:54	32	Claire Chapman	Kimberwort A	14:25
5	Rochelle Harrison	LincolnWel A	11:55	33	Eleanor Kitchen	BingleyHar B	14:26
6	Katy Whiteoak	StockportH	11:57	34	Abigail Knight	SheffieldR B	14:28
7	Zanthe Wray	Hallamshir A	12:02	35	Julie Darigala	PenistoneF A	14:44
8	Alexandra Sneddon	Jarrow&Heb	12:12	36	Donna Claridge	CityOfShef B	15:03
9	Natasha Hatswell	RotherhamH A	12:24	37	Rachel Mcdonnell	TraffordAC A	15:05
10	Olivia Sykes	HolmfirthH A	12:26	38	Rebecca Weight	BingleyHar C	15:14
11	MaryMccarthy	Hallamshir B	12:41	39	Lesley Charman	ElvetStrid A	15:28
12	Amy Hinchly	ValeRoyalA A	12:50	40	Janita Maraanen	CityOfShef A	15:30
13	Lucy Byram	HolmfirthH B	12:51	41	Paula Fisher	RotherhamH D	15:55
14	Fiona Davies	RotherhamH B	12:57	42	Ellena Smith	BarnsleyAC A	15:57
15	Jenni Muston	Spenboroug	13:16	43	Faye Williams	PenistoneF B	16:07
16	Leonie Shipley	DerbyAC	13:20	44	Catherine Mckeown	SteelCityS D	16:19
17	Lorna Graham	BirtleyAc B	13:21	45	Faye Lund	BarnsleyAC B	16:20
18	Ellie Crownshaw	Hallamshir C	13:25	46	Debbie Broad	ValeRoyalA D	16:36
19	Jordan Mullinger	HolmfirthH C	13:27	47	Sharon Carson	DoncasterA A	16:47
20	Ellie Thorpe	LincolnWel B	13:30	48	Jo Carnie	SteelCityS C	16:51
21	Jenny Reed	RotherhamH C	13:32	49	Jan Forrester	MatlockAC A	16:56
22	Helen Whitby	ValeRoyalA B	13:39	50	Charlotte Spencer	SteelCityS B	17:28
23	Katherine Farquhar	HolmfirthH D	13:52	51	Fiona Shenton	ElvetStrid B	17:35
24	Sue Becconsall	BingleyHar A	13:56	52	Sue Exon	TraffordAC B	17:41
25	Christine Howard	MatlockAC B	13:57	53	Jude Matthews	PenistoneF C	18:10
26	Chloe Dooley	ValeRoyalA C	14:06	54	Helen Woodburn	Kimberwort B	18:22
27	Helen Pickford	SheffieldR A	14:07	55	Claire Macleod	DoncasterA B	18:47
28	Hayley Newbound	WakefieldD B	14:08	56	Jane Saunders	SteelCityS E	19:34

Senior Women Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain					
1	Bella Williams	LincolnWel A	11:59	23:54	+ 4	34	Jenny Doyle	CityOfShef A	14:46	30:16 + 6
2	Faye Beckett	WakefieldD A	12:27	24:14	+ 1	35	Nicole Davenport	TraffordAC A	15:46	30:51 + 2
3	I Millmore(nee.	BirtleyAc A	12:21	24:15	+ 1	36	Debbie Beck	HolmfirthH D	16:59	30:51 - 13
4	Imani Wilson	Hallamshir A	12:26	24:28	+ 3	37	Susan Davis	ElvetStrid A	15:40	31:08 + 2
5	Zara Knappy	RotherhamH A	12:05	24:29	+ 4	38	Fran Cummins	SteelCityS B	14:21	31:49 + 12
6	Leila Armoush	LeedsCityA	13:18	24:58	- 4	39	Julie Moxon	PenistoneF B	15:44	31:51 + 4
7	Sarah Murphy	ValeRoyalA A	12:13	25:03	+ 5	40	Rebecca Holmes	BingleyHar C	16:52	32:06 - 2
8	Ruby Sykes	HolmfirthH A	12:40	25:06	+ 2	41	Caroline Fuller	CityOfShef B	17:11	32:14 - 5
9	Stephanie Burns	RotherhamH B	12:23	25:20	+ 5	42	Carol Morrell	BarnsleyAC B	16:03	32:23 + 3
10	Megan Ball	LiverpoolH	13:51	25:28	- 9	43	Sarah Bradley	BarnsleyAC A	16:29	32:26 - 1
11	Lilly Fletcher	Hallamshir B	13:00	25:41	0	44	Lisa Meadows	ValeRoyalA D	16:14	32:50 + 2
12	Angela McGurk	Jarrow&Heb	13:49	26:01	- 4	45	Hazel Kent	SteelCityS C	16:06	32:57 + 3
13	Margaret Sykes	HolmfirthH B	13:25	26:16	0	46	L Fletcher	SteelCityS D	16:48	33:07 - 2
14	Laura Wilkinson	LincolnWel B	12:58	26:28	+ 6	47	Dawn Broom	PenistoneF C	15:08	33:18 + 6
15	Jo Buckley	BingleyHar A	13:03	26:59	+ 9	48	Philippa James	RotherhamH D	17:37	33:32 - 7
16	Helena Croft	HolmfirthH C	13:39	27:06	+ 3	49	Tessa Whittaker	MatlockAC A	18:03	34:59 0
17	Elizabeth Hutson	RotherhamH C	13:43	27:15	+ 4	50	Catherine Smith	ElvetStrid B	18:18	35:53 + 1
18	Carolyn Dooley	ValeRoyalA B	13:44	27:23	+ 4	51	Joanne Breeze	DoncasterA A	19:12	35:59 - 4
19	Sarah Holford	DerbyAC	14:05	27:25	- 3	52	Sheena Woodhead	SteelCityS E	18:41	38:15 + 4
20	Chloe Broad	ValeRoyalA C	13:23	27:29	+ 6	53	Sarah Smith	DoncasterA B	20:21	39:08 + 2
21	Kirsty Walker	BirtleyAc B	14:24	27:45	- 4	Fastest runners over stage 2:				
22	Cara Gibbons	ValeRoyalA E	13:35	27:58	+ 9	1	Bella Williams	LincolnWel A	11:59	
23	Natasha Geere	Spenboroug	14:45	28:01	- 8	2	Zara Knappy	RotherhamH A	12:05	
24	Rachel Poole	Hallamshir C	14:40	28:05	- 6	3	Sarah Murphy	ValeRoyalA A	12:13	
25	Bostwick(beevers)	WakefieldD B	14:12	28:20	+ 3	4	I Millmore(nee.	BirtleyAc A	12:21	
26	Alison Pye	MatlockAC B	14:51	28:48	- 1	5	Stephanie Burns	RotherhamH B	12:23	
27	Lucy Broom	SteelCityS A	14:37	28:52	+ 3	6	Imani Wilson	Hallamshir A	12:26	
28	Sarah Flaherty	BingleyHar B	14:28	28:54	+ 5	7	Faye Beckett	WakefieldD A	12:27	
29	Samya Armoush	SheffieldR A	14:50	28:57	- 2	8	Ruby Sykes	HolmfirthH A	12:40	
30	Olivia Kearney	BoltonUnit	15:01	29:13	- 1	9	Laura Wilkinson	LincolnWel B	12:58	
31	Laura Inglis	SheffieldR B	14:56	29:24	+ 3	10	Lilly Fletcher	Hallamshir B	13:00	
32	Laura Gill	PenistoneF A	15:06	29:50	+ 3					
33	Rebecca Hunt	Kimberwort A	15:31	29:56	- 1					

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Senior Women Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Abbie Donnelly	LincolnWel A	11:44	35:38	0
2	Samantha Johnson	RotherhamH A	11:43	36:12	+ 3
3	Sophie Burnett	BirtleyAc A	11:59	36:14	0
4	Nicola Squires	Hallamshir A	12:20	36:48	0
5	Lucy Robinson	WakefieldD A	12:44	36:58	- 3
6	Helen Berry	HolmfirthH A	12:23	37:29	+ 2
7	Hannah Delaney	LiverpoolH	12:15	37:43	+ 3
8	Emma Parkinson	RotherhamH B	12:38	37:58	+ 1
9	Georgia Campbell	Jarrow&Heb	12:32	38:33	+ 3
10	Sophie Smith	ValeRoyalA A	13:47	38:50	- 3
11	Charlotte Slack	Hallamshir B	13:24	39:05	0
12	Erica Byram	HolmfirthH B	12:54	39:10	+ 1
13	Celia Demaria	LeedsCityA	14:46	39:44	- 7
14	Gemma Selwood	LincolnWel B	13:36	40:04	0
15	Kate Titlow	ValeRoyalA C	12:58	40:27	+ 5
16	Alina Stepanchuk	RotherhamH C	13:17	40:32	+ 1
17	Lesley Watson	BingleyHar A	13:46	40:45	- 2
18	Harmonie Waterman	HolmfirthH C	13:49	40:55	- 2
19	Andrea Hilldrup	ValeRoyalA B	13:47	41:10	- 1
20	Caitlin Tevendale	Hallamshir C	14:26	42:31	+ 4
21	Amanda Hewitt	DerbyAC	15:24	42:49	- 2
22	Susan Atkinson	SheffieldR A	14:07	43:04	+ 7
23	Rio Cooper	SteelCityS A	14:12	43:04	+ 4
24	Emma Green	BingleyHar B	14:11	43:05	+ 4
25	Shannel Curtis	BirtleyAc B	15:34	43:19	- 4
26	Mercedes Mercer	BoltonUnit	15:05	44:18	+ 4
27	Caroline French	SheffieldR B	15:00	44:24	+ 4
28	Nicky Dick	MatlockAC B	16:02	44:50	- 2
29	Adelle Marsden	Kimberwort A	15:05	45:01	+ 4
30	Karen Hill	TraffordAC A	14:29	45:20	+ 5
31	Sally Hughes	ElvetStrid A	14:21	45:29	+ 6
32	Jacqueline Carter	Spenboroug	17:41	45:42	- 9
33	M Carreravivar	BingleyHar C	14:05	46:11	+ 7
34	Megan Button	PenistoneF A	16:28	46:18	- 2
35	Jessica Freeman	RotherhamH D	13:45	47:17	+ 13
36	Jenny Wakeman	BarnsleyAC A	14:55	47:21	+ 7
37	Niamh Hardy	CityOfShef A	17:12	47:28	- 3
38	Helenrebecca Cain	SteelCityS B	15:43	47:32	0
39	Sonia Lee	CityOfShef B	16:21	48:35	+ 2
40	Sarah Gibbs	ValeRoyalA D	15:51	48:41	+ 4
41	Sarah Walch	PenistoneF B	16:53	48:44	- 2
42	Mir Jansen	SteelCityS C	16:07	49:04	+ 3
43	Hilary Robinson	HolmfirthH D	18:26	49:17	- 7
44	Jill Davies	SteelCityS D	17:05	50:12	+ 2
45	Laura Keys	BarnsleyAC B	17:53	50:16	- 3
46	Karen Morley	MatlockAC A	17:52	52:51	+ 3
47	Jan Young	ElvetStrid B	17:13	53:06	+ 3
48	Kirstie Rickerby	PenistoneF C	20:14	53:32	- 1
49	Shaz Wood	DoncasterA A	17:35	53:34	+ 2
50	Magdalena Boo	SteelCityS E	15:27	53:42	+ 2
51	Sharon Maughan	DoncasterA B	21:11	1:00:19	+ 2

Fastest runners over stage 3:

1	Samantha Johnson	RotherhamH A	11:43
2	Abbie Donnelly	LincolnWel A	11:44
3	Sophie Burnett	BirtleyAc A	11:59
4	Hannah Delaney	LiverpoolH	12:15
5	Nicola Squires	Hallamshir A	12:20
6	Helen Berry	HolmfirthH A	12:23
7	Georgia Campbell	Jarrow&Heb	12:32
8	Emma Parkinson	RotherhamH B	12:38
9	Lucy Robinson	WakefieldD A	12:44
10	Erica Byram	HolmfirthH B	12:54

Northern Athletics Cross Country Relays at Graves Park, Sheffield on Saturday 22nd October 2016

Senior Women

— Team Results — Final

(nn) is team position after the appropriate stage.

<p>1 Lincoln Wellington AC 'A' 35:38 1 Rochelle Harrison (5) 11:55 2 Bella Williams (1) 11:59 3 Abbie Donnelly (1) 11:44</p> <p>2 Rotherham Harriers & Ac 'A' 36:12 1 Natasha Hatswell (9) 12:24 2 Zara Knappy (5) 12:05 3 Samantha Johnson (2) 11:43</p> <p>3 Birtley Ac 'A' 36:14 1 Kate Waugh (4) 11:54 2 I Millmore (nee. (3) 12:21 3 Sophie Burnett (3) 11:59</p> <p>4 Hallamshire Harriers Sheffield 'A' 36:48 1 Zanthé Wray (7) 12:02 2 Imani Wilson (4) 12:26 3 Nicola Squires (4) 12:20</p> <p>5 Wakefield District H & Ac 'A' 36:58 1 Julie Briscoe (3) 11:47 2 Faye Beckett (2) 12:27 3 Lucy Robinson (5) 12:44</p> <p>6 Holmfirth Harriers Ac 'A' 37:29 1 Olivia Sykes (10) 12:26 2 Ruby Sykes (8) 12:40 3 Helen Berry (6) 12:23</p> <p>7 Liverpool Harriers & Ac 37:43 1 Rachael Burns (1) 11:37 2 Megan Ball (10) 13:51 3 Hannah Delaney (7) 12:15</p> <p>8 Rotherham Harriers & Ac 'B' 37:58 1 Fiona Davies (14) 12:57 2 Stephanie Burns (9) 12:23 3 Emma Parkinson (8) 12:38</p> <p>9 Jarrow & Hebburn Ac 38:33 1 Alexandra Sneddon (8) 12:12 2 Angela McGurk (12) 13:49 3 Georgia Campbell (9) 12:32</p> <p>10 Vale Royal Ac 'A' 38:50 1 Amy Hinchly (12) 12:50 2 Sarah Murphy (7) 12:13 3 Sophie Smith (10) 13:47</p> <p>11 Hallamshire Harriers Sheffield 'B' 39:05 1 Mary McCarthy (11) 12:41 2 Lilly Fletcher (11) 13:00 3 Charlotte Slack (11) 13:24</p> <p>12 Holmfirth Harriers Ac 'B' 39:10 1 Lucy Byram (13) 12:51 2 Margaret Sykes (13) 13:25 3 Erica Byram (12) 12:54</p> <p>13 Leeds City AC 39:44 1 Georgia Malir (2) 11:40 2 Leila Armoush (6) 13:18 3 Celia Demaria (13) 14:46</p> <p>14 Lincoln Wellington AC 'B' 40:04 1 Ellie Thorpe (20) 13:30 2 Laura Wilkinson (14) 12:58 3 Gemma Selwood (14) 13:36</p> <p>15 Vale Royal Ac 'C' 40:27 1 Chloe Dooley (26) 14:06 2 Chloe Broad (20) 13:23 3 Kate Titlow (15) 12:58</p> <p>16 Rotherham Harriers & Ac 'C' 40:32 1 Jenny Reed (21) 13:32 2 Elizabeth Hutson (17) 13:43 3 Alina Stepanchuk (16) 13:17</p> <p>17 Bingley Harriers & Ac 'A' 40:45 1 Sue Becconsall (24) 13:56 2 Jo Buckley (15) 13:03 3 Lesley Watson (17) 13:46</p> <p>18 Holmfirth Harriers Ac 'C' 40:55 1 Jordan Mullinger (19) 13:27 2 Helena Croft (16) 13:39 3 Harmonie Waterman (18) 13:49</p> <p>19 Vale Royal Ac 'B' 41:10 1 Helen Whitby (22) 13:39 2 Carolyn Dooley (18) 13:44 3 Andrea Hilldrup (19) 13:47</p> <p>20 Hallamshire Harriers Sheffield 'C' 42:31 1 Ellie Crownshaw (18) 13:25 2 Rachel Poole (24) 14:40 3 Caitlin Tevendale (20) 14:26</p> <p>21 Derby AC 42:49 1 Leonie Shipley (16) 13:20 2 Sarah Holford (19) 14:05 3 Amanda Hewitt (21) 15:24</p> <p>22 Sheffield Rc 'A' 43:04 1 Helen Pickford (27) 14:07 2 Samya Armoush (29) 14:50 3 Susan Atkinson (22) 14:07</p>	<p>23 Steel City Striders Rc 'A' 43:04 1 Jennifer Rich (30) 14:15 2 Lucy Broom (27) 14:37 3 Rio Cooper (23) 14:12</p> <p>24 Bingley Harriers & Ac 'B' 43:05 1 Eleanor Kitchen (33) 14:26 2 Sarah Flaherty (28) 14:28 3 Emma Green (24) 14:11</p> <p>25 Birtley Ac 'B' 43:19 1 Lorna Graham (17) 13:21 2 Kirsty Walker (21) 14:24 3 Shannel Curtis (25) 15:34</p> <p>26 Bolton United Harriers & Ac 44:18 1 Katie Oakley (29) 14:12 2 Olivia Kearney (30) 15:01 3 Mercedes Mercer (26) 15:05</p> <p>27 Sheffield Rc 'B' 44:24 1 Abigail Knight (34) 14:28 2 Laura Inglis (31) 14:56 3 Caroline French (27) 15:00</p> <p>28 Matlock AC 'B' 44:50 1 Christine Howard (25) 13:57 2 Alison Pye (26) 14:51 3 Nicky Dick (28) 16:02</p> <p>29 Kimberworth Striders 'A' 45:01 1 Claire Chapman (32) 14:25 2 Rebecca Hunt (33) 15:31 3 Adelle Marsden (29) 15:05</p> <p>30 Trafford AC 'A' 45:20 1 Rachel McDonnell (37) 15:05 2 Nicole Davenport (35) 15:46 3 Karen Hill (30) 14:29</p> <p>31 Elvet Striders 'A' 45:29 1 Lesley Charman (39) 15:28 2 Susan Davis (37) 15:40 3 Sally Hughes (31) 14:21</p> <p>32 Spenborough & Dist Ac 45:42 1 Jenni Muston (15) 13:16 2 Natasha Geere (23) 14:45 3 Jacqueline Carter (32) 17:41</p> <p>33 Bingley Harriers & Ac 'C' 46:11 1 Rebecca Weight (38) 15:14 2 Rebecca Holmes (40) 16:52 3 M Carreravivar (33) 14:05</p> <p>34 Penistone Footpath Runners & A 'A' 46:18 1 Julie Darigala (35) 14:44 2 Laura Gill (32) 15:06 3 Megan Button (34) 16:28</p> <p>35 Rotherham Harriers & Ac 'D' 47:17 1 Paula Fisher (41) 15:55 2 Philippa James (48) 17:37 3 Jessica Freeman (35) 13:45</p> <p>36 Barnsley AC 'A' 47:21 1 Ellena Smith (42) 15:57 2 Sarah Bradley (43) 16:29 3 Jenny Wakeman (36) 14:55</p> <p>37 City Of Sheffield & Dearne Ac 'A' 47:28 1 Janita Maraanen (40) 15:30 2 Jenny Doyle (34) 14:46 3 Niamh Hardy (37) 17:12</p> <p>38 Steel City Striders Rc 'B' 47:32 1 Charlotte Spencer (50) 17:28 2 Fran Cummins (38) 14:21 3 Helenrebecca Cain (38) 15:43</p> <p>39 City Of Sheffield & Dearne Ac 'B' 48:35 1 Donna Claridge (36) 15:03 2 Caroline Fuller (41) 17:11 3 Sonia Lee (39) 16:21</p> <p>40 Vale Royal Ac 'D' 48:41 1 Debbie Broad (46) 16:36 2 Lisa Meadows (44) 16:14 3 Sarah Gibbs (40) 15:51</p> <p>41 Penistone Footpath Runners & A 'B' 48:44 1 Faye Williams (43) 16:07 2 Julie Moxon (39) 15:44 3 Sarah Walch (41) 16:53</p> <p>42 Steel City Striders Rc 'C' 49:04 1 Jo Camie (48) 16:51 2 Hazel Kent (45) 16:06 3 Mir Jansen (42) 16:07</p> <p>43 Holmfirth Harriers Ac 'D' 49:17 1 Katherine Farquhar (23) 13:52 2 Debbie Beck (36) 16:59 3 Hilary Robinson (43) 18:26</p>
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44 Steel City Striders Rc 'D' 50:12
 1 Catherine Mckeown (44) 16:19 2 L Fletcher (46) 16:48
 3 Jill Davies (44) 17:05

45 Barnsley AC 'B' 50:16
 1 Faye Lund (45) 16:20 2 Carol Morrell (42) 16:03
 3 Laura Keys (45) 17:53

46 Matlock AC 'A' 52:51
 1 Jan Forrester (49) 16:56 2 Tessa Whittaker (49) 18:03
 3 Karen Morley (46) 17:52

47 Elvet Striders 'B' 53:06
 1 Fiona Shenton (51) 17:35 2 Catherine Smith (50) 18:18
 3 Jan Young (47) 17:13

48 Penistone Footpath Runners & A 'C' 53:32
 1 Jude Matthews (53) 18:10 2 Dawn Broom (47) 15:08
 3 Kirstie Rickerby (48) 20:14

49 Doncaster AC 'A' 53:34
 1 Sharon Carson (47) 16:47 2 Joanne Breeze (51) 19:12
 3 Shaz Wood (49) 17:35

50 Steel City Striders Rc 'E' 53:42
 1 Jane Saunders (56) 19:34 2 Sheena Woodhead (52) 18:41
 3 Magdalena Boo (50) 15:27

51 Doncaster AC 'B' 1:00:19
 1 Claire Macleod (55) 18:47 2 Sarah Smith (53) 20:21
 3 Sharon Maughan (51) 21:11

Incomplete Teams:

Vale Royal Ac 'E'
 1 Lucy Burch (31) 14:23 2 Cara Gibbons (22) 13:35

Wakefield District H & Ac 'B'
 1 Hayley Newbound (28) 14:08 2 Bostwick(beevers) (25) 14:12

Stockport Harriers & Ac
 1 Katy Whiteoak (6) 11:57

Trafford AC 'B'
 1 Sue Exon (52) 17:41

Kimberworth Striders 'B'
 1 Helen Woodburn (54) 18:22

Fastest of all legs

1	Rachael Burns	LiverpoolH	11:37
2	Georgia Malir	LeedsCityA	11:40
3	Samantha Johnson	RotherhamH	A 11:43
4	Abbie Donnelly	LincolnWel	A 11:44
5	Julie Briscoe	WakefieldD	A 11:47
6	Kate Waugh	BirtleyAc	A 11:54
7	Rochelle Harrison	LincolnWel	A 11:55
8	Katy Whiteoak	StockportH	11:57
9	Sophie Burnett	BirtleyAc	A 11:59
=	Bella Williams	LincolnWel	A 11:59