

Northern Road Relays at Sunderland on Saturday 2nd April 2016

- Womens 6 Stage Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	Samantha Johnson	Rotherham	22:11	19	Shona Fletcher	RichmondZ	25:43
2	Emma Clayton	LeedsCity A	22:18	20	Sophie Marr	TyneBridg A	25:47
3	Carla Stansfield	City Hull	22:54	21	Bethany Larby	GosforthH	25:53
4	Tess Robinson	SalfordHa A	23:12	22	Beth Massey	Barnsley	26:12
5	I Millmore(nee.	Birtley	23:18	23	Michelle Avery	S'land H A	26:26
6	Zara Knappy	KeighleyC	23:28	24	Louise Hayes	NorthShie A	26:36
7	Helen Berry	Holmfirth A	23:47	25	Ashleigh Bennett	S'land S	26:40
8	Vicki Cronin	TraffordA A	23:52	26	Joanne Brown	ElswickHa	26:46
9	Rhiannon Silson	Border	24:17	27	Sarah Lister	Blackhill	26:50
10	Morag Stead	MorpethHa A	24:24	28	Amicia Lee	LeedsCity B	26:57
11	Georgia Campbell	Jarrow&He A	24:42	29	H Webstercostella	Jarrow&He B	27:12
12	Lorraine Mitchell	Harrogate	24:52	30	Lorraine Smith	Holmfirth B	27:45
13	Rachel Barnes	HeatonHar	25:00	31	Victoria Houghton	NorthShie B	28:07
14	Jane Hodgson	MorpethHa B	25:07	32	Rachel Case	TyneBridg B	28:40
15	Annabell Ralph	BarlickFR	25:17	33	Kirsty Wilson	EastHullH A	28:46
16	Sophie Hunt	WirralAc	25:19	34	Vicky Haswell	S'land H B	29:30
17	Jo Buckley	Bingley	25:22	35	Sue Exon	TraffordA B	32:46
18	Faye Buckton	Gateshead	25:37	36	Debbie Jacketts	EastHullH B	32:53

- Womens 6 Stage Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain					
1	Emma Parkinson	Rotherham	13:01	35:12	0	25	Sheryl Punter	LeedsCity B	14:13	41:10 + 3
2	Harriet Buswell	LeedsCity A	13:15	35:33	0	26	Jenny Friend	HeatonHar	16:29	41:29 - 13
3	Lorna Graham	Birtley	13:33	36:51	+ 2	27	Rachel Ball	S'land S	15:07	41:47 - 2
4	Beverley Simons	SalfordHa A	13:44	36:56	0	28	Rachel Galler	ElswickHa	15:37	42:23 - 2
5	Ruby Sykes	Holmfirth A	13:19	37:06	+ 2	29	Liz Woodfield	Holmfirth B	14:39	42:24 + 1
6	Corinna Turner	City Hull	14:14	37:08	- 3	30	Lucy Jones	EastHullH A	14:51	43:37 + 3
7	Amyrose Cauley	TraffordA A	13:24	37:16	+ 1	31	Michelle Moat	TyneBridg B	15:07	43:47 + 1
8	Josie Cram	MorpethHa A	13:21	37:45	+ 2	32	Helen Hughes	NorthShie B	16:33	44:40 - 1
9	Jenna Mcgrevey	RichmondZ	12:27	38:10	+ 10	33	Helen Higgins	S'land H B	16:40	46:10 + 1
10	Angela McGurk	Jarrow&He A	13:44	38:26	+ 1	34	Janice Wilcock	EastHullH B	18:43	51:36 + 2
11	Lorna Hubbard	KeighleyC	15:02	38:30	- 5					
12	Aileen Kearney	WirralAc	13:39	38:58	+ 4					
13	Gina Rutherford	NorthShie A	12:45	39:21	+ 11					
14	Jennifer Hird	BarlickFR	14:05	39:22	+ 1					
15	Alison Brown	MorpethHa B	14:17	39:24	- 1					
16	Joanne Day	Harrogate	14:33	39:25	- 4					
17	Jessica Fox	S'land H A	13:06	39:32	+ 6					
18	Gillian Manford	Gateshead	14:01	39:38	0					
19	Lisa Skinner	Barnsley	13:34	39:46	+ 3					
20	Magda Grinsdale	TyneBridg A	14:09	39:56	0					
21	Lucy Wallace	Blackhill	13:15	40:05	+ 6					
22	Susan Driscoll	GosforthH	14:43	40:36	- 1					
23	Claire Simpson	Jarrow&He B	13:39	40:51	+ 6					
24	Rebecca Holmes	Bingley	15:41	41:03	- 7					

- Womens 6 Stage Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain					
1	Alina Stepanchuk	Rotherham	12:54	48:06	0	24	Tracey Hodgson	KeighleyC	17:34	56:04 - 13
2	Leila Armoush	LeedsCity A	12:42	48:15	0	25	Zoe Storr	Holmfirth B	13:51	56:15 + 4
3	Laura Weightman	MorpethHa A	11:07	48:52	+ 5	26	Peg Mole	Jarrow&He B	15:26	56:17 - 3
4	Emily Beedham	TraffordA A	13:00	50:16	+ 3	27	Alison Janes	HeatonHar	16:03	57:32 - 1
5	Ruth Jones	SalfordHa A	13:31	50:27	- 1	28	Felicity Smith	ElswickHa	15:25	57:48 0
6	Josephine Adams	RichmondZ	12:38	50:48	+ 3	29	Lisa Hutchinson	S'land S	16:07	57:54 - 2
7	Ruth Dadswell	Birtley	14:18	51:09	- 4	30	Demi Johnston	EastHullH A	14:58	58:35 0
8	C Leaverhewitt	Holmfirth A	14:26	51:32	- 3	31	Lyndsey Thompson	TyneBridg B	14:59	58:46 0
9	Maxine Czarnaeka	Jarrow&He A	13:38	52:04	+ 1	32	Alison Dixon	NorthShie B	15:18	59:58 0
10	Fiona Robinson	City Hull	15:03	52:11	- 4	33	Angela Calvert	S'land H B	16:57	1:03:07 0
11	Fiona Nuttall	WirralAc	13:39	52:37	+ 1	34	Mandy Davison	EastHullH B	17:46	1:09:22 0
12	Catriona Macdonald	MorpethHa B	13:19	52:43	+ 3					
13	S Macleandann	NorthShie A	13:58	53:19	0					
14	Caroline O'hare	Gateshead	13:56	53:34	+ 4					
15	Dianne Henaghan	Blackhill	13:55	54:00	+ 6					
16	Charlotte Roberts	Harrogate	14:48	54:13	0					
17	Lucy Matheson	TyneBridg A	14:20	54:16	+ 3					
18	Jenny Wakeman	Barnsley	14:40	54:26	+ 1					
19	Leanne Dinsdale	BarlickFR	15:09	54:31	- 5					
20	Sarah O'mahoney	S'land H A	15:12	54:44	- 3					
21	Lesley Watson	Bingley	13:49	54:52	+ 3					
22	Florence Mcpate	GosforthH	14:38	55:14	0					
23	Rachel Atherton	LeedsCity B	14:06	55:16	+ 2					

Northern Road Relays

at Sunderland on Saturday 2nd April 2016

- Womens 6 Stage Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Claire Duck	LeedsCity A	22:01	1:10:16	+ 1
2	Jenny Blizzard	Rotherham	23:49	1:11:55	- 1
3	Emma Holt	MorpethHa A	23:11	1:12:03	0
4	Hayley Kuter	SalfordHa A	24:42	1:15:09	+ 1
5	Sarah Hudak	TraffordA A	24:59	1:15:15	- 1
6	Chloe Price	Birtley	24:07	1:15:16	+ 1
7	Alexandra Sneddon	Jarrow&He A	24:08	1:16:12	+ 2
8	Margaret Sykes	Holmfirth A	25:31	1:17:03	0
9	Emily Kearney	WirralAc	24:32	1:17:09	+ 2
10	Donna Riddler	RichmondZ	26:26	1:17:14	- 4
11	Keri Pearson	City Hull	25:40	1:17:51	- 1
12	Jacqueline Penn	NorthShie A	24:39	1:17:58	+ 1
13	Alison Dargie	TyneBridg A	24:28	1:18:44	+ 4
14	Sarah Tipler	BarlickFR	25:13	1:19:44	+ 5
15	Joanne Carruthers	MorpethHa B	27:09	1:19:52	- 3
16	Lisa Atkinson	Gateshead	26:49	1:20:23	- 2
17	Kerry Storrar	Barnsley	26:00	1:20:26	+ 1
18	Cathy Wright	Harrogate	26:58	1:21:11	- 2
19	Helen Warburton	GosforthH	26:00	1:21:14	+ 3
20	Danielle Jackson	Blackhill	27:36	1:21:36	- 5
21	Judith Thirlwell	S'land H A	27:10	1:21:54	- 1
22	Gina Howorth	ElswickHa	25:55	1:23:43	+ 6
23	Vicky Omelanowkz	Bingley	28:53	1:23:45	- 2
24	Helen Pettit	Holmfirth B	27:45	1:24:00	+ 1
25	Hannah Yates	KeighleyC	28:38	1:24:42	- 1
26	Heather Robinson	Jarrow&He B	28:44	1:25:01	0
27	Jill Kisler	S'land S	28:58	1:26:52	+ 2
28	Sharon Cook	HeatonHar	30:11	1:27:43	- 1
29	Lourdes Bradley	NorthShie B	27:58	1:27:56	+ 3
30	Anthea Eskrett	EastHullH A	29:37	1:28:12	0
31	Rachael Estrop	TyneBridg B	30:10	1:28:56	0
32	C Morris	S'land H B	30:34	1:33:41	+ 1
33	Rachel Olsen	EastHullH B	28:25	1:37:47	+ 1

- Womens 6 Stage Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Rebecca Townsend	LeedsCity A	13:22	1:23:38	0
2	Stephanie Burns	Rotherham	12:58	1:24:53	0
3	Gemma Floyd	MorpethHa A	13:18	1:25:21	0
4	Sophie Burnett	Birtley	12:26	1:27:42	+ 2
5	Melonie Monks	TraffordA A	14:15	1:29:30	0
6	Elaine Leslie	Jarrow&He A	13:33	1:29:45	+ 1
7	Jordan Mullinger	Holmfirth A	13:25	1:30:28	+ 1
8	Ruth Ollerenshaw	SalfordHa A	15:27	1:30:36	- 4
9	Rosemary Adams	RichmondZ	13:47	1:31:01	+ 1
10	Suzanne Thew	NorthShie A	14:12	1:32:10	+ 2
11	J Etherington	TyneBridg A	13:39	1:32:23	+ 2
12	Heather Nuttall	WirralAc	15:18	1:32:27	- 3
13	Hannah Rank	MorpethHa B	14:19	1:34:11	+ 2
14	Kelly Whiteside	BarlickFR	14:43	1:34:27	0
15	Tania Cream	City Hull	16:58	1:34:49	- 4
16	Nicola Woodward	S'land H A	13:43	1:35:37	+ 5
17	Rebecca Bennett	Gateshead	15:17	1:35:40	- 1
18	Jaclyn Artist	Harrogate	14:31	1:35:42	0
19	Sarah Bradley	Barnsley	15:25	1:35:51	- 2
20	Lucy Hickey	GosforthH	14:55	1:36:09	- 1
21	Cheryl Richards	Blackhill	16:05	1:37:41	- 1
22	Catherine Lee	ElswickHa	15:04	1:38:47	0
23	Lesley Ewart	Holmfirth B	15:08	1:39:08	+ 1
24	Natalie Madgett	Bingley	15:49	1:39:34	- 1
25	Vicki Thompson	Jarrow&He B	15:52	1:40:53	+ 1
26	Natalie Thorburn	NorthShie B	14:25	1:42:21	+ 3
27	Vanessa Hogan	S'land S	15:51	1:42:43	0
28	Linda Huart	EastHullH A	16:01	1:44:13	+ 2
29	H Walsaterlowes	HeatonHar	17:47	1:45:30	- 1
30	Emma Moir	TyneBridg B	17:24	1:46:20	+ 1
31	Sarah Meikle	KeighleyC	22:30	1:47:12	- 6
32	Vikki Cotton	S'land H B	14:54	1:48:35	0
33	Mary Carrick	EastHullH B	23:12	2:00:59	0

- Womens 6 Stage Stage 6 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Georgia Malir	LeedsCity A	12:03	1:35:41	0
2	Natasha Hatswell	Rotherham	12:19	1:37:12	0
3	Sarah Wilkinson	MorpethHa A	12:26	1:37:47	0
4	Amber Leigh	Birtley	12:38	1:40:20	0
5	S Pattinson	Jarrow&He A	13:07	1:42:52	+ 1
6	Sinead Bent	SalfordHa A	12:17	1:42:53	+ 2
7	Heather Roberts	TraffordA A	13:45	1:43:15	- 2
8	Lucy Verrill	Holmfirth A	14:50	1:45:18	- 1
9	Lucy Turzynski	TyneBridg A	14:00	1:46:23	+ 2
10	Michelle Thompson	NorthShie A	14:38	1:46:48	0
11	Pauline Whittaker	RichmondZ	16:12	1:47:13	- 2
12	Anne Rosbottom	WirralAc	14:53	1:47:20	0
13	Alice Smith	S'land H A	13:32	1:49:09	+ 3
14	Jess Swindells	MorpethHa B	15:09	1:49:20	- 1
15	Paula Cullen	BarlickFR	14:57	1:49:24	- 1
16	Jacqui Walker	Gateshead	14:33	1:50:13	+ 1
17	Emma Robinson	Harrogate	14:51	1:50:33	+ 1
18	Louise Watson	GosforthH	14:55	1:51:04	+ 2
19	Madeleine Chadwick	City Hull	16:17	1:51:06	- 4
20	Mary Lisle	ElswickHa	14:43	1:53:30	+ 2
21	J Bailey Taylor	Holmfirth B	15:56	1:55:04	+ 2
22	Anne Bennett	Barnsley	19:35	1:55:26	- 3
23	Lauren Young	Blackhill	17:58	1:55:39	- 2
24	Alana Gill	Bingley	16:21	1:55:55	0
25	Michelle Houghton	S'land S	16:29	1:59:12	+ 2
26	Tracey Emmett	Jarrow&He B	18:54	1:59:47	- 1
27	Kadi Huart	EastHullH A	15:59	2:00:12	+ 1
28	Mandy Naumann	NorthShie B	17:54	2:00:15	- 2
29	Kathryn Stevenson	TyneBridg B	14:57	2:01:17	+ 1
30	Judith Archibold	HeatonHar	15:50	2:01:20	- 1
31	Hinda Hardaker	KeighleyC	17:02	2:04:14	0
32	C Purdy	S'land H B	15:47	2:04:22	0
33	Alison Burnett	EastHullH B	15:28	2:16:27	0

Event software © G.J. Fecitt (SportSoft) Tel & Fax: 01204 884887 email graham@race-results.co.uk



Full results will be on the internet tonight at <http://www.race-results.co.uk/>

Northern Road Relays

at Sunderland on Saturday 2nd April 2016

Womens 6 Stage — Team Results — Final

(nn) is team position after the appropriate stage.

<p>1 Leeds City Athletic Club 'A' 1:35:41</p> <p>1 Emma Clayton (2) 22:18 2 Harriet Buswell (2) 13:15 3 Leila Armoush (2) 12:42 4 Claire Duck (1) 22:01 5 Rebecca Townsend(1) 13:22 6 Georgia Malir (1) 12:03</p>	<p>14 Morpeth Harriers & AC 'B' 1:49:20</p> <p>1 Jane Hodgson (14) 25:07 2 Alison Brown (15) 14:17 3 Catriona Macdonald (12) 13:19 4 Joanne Carruthers (15) 27:09 5 Hannah Rank (13) 14:19 6 Jess Swindells (14) 15:09</p>
<p>2 Rotherham Harriers And AC 1:37:12</p> <p>1 Samantha Johnson (1) 22:11 2 Emma Parkinson (1) 13:01 3 Alina Stepanchuk (1) 12:54 4 Jenny Blizzard (2) 23:49 5 Stephanie Burns (2) 12:58 6 Natasha Hatswell (2) 12:19</p>	<p>15 Barlick Fell Runners 1:49:24</p> <p>1 Annabell Ralph (15) 25:17 2 Jennifer Hird (14) 14:05 3 Leanne Dinsdale (19) 15:09 4 Sarah Tipler (14) 25:13 5 Kelly Whiteside (14) 14:43 6 Paula Cullen (15) 14:57</p>
<p>3 Morpeth Harriers & AC 'A' 1:37:47</p> <p>1 Morag Stead (10) 24:24 2 Josie Cram (8) 13:21 3 Laura Weightman (3) 11:07 4 Emma Holt (3) 23:11 5 Gemma Floyd (3) 13:18 6 Sarah Wilkinson (3) 12:26</p>	<p>16 Gateshead Harriers & AC 1:50:13</p> <p>1 Faye Buckton (18) 25:37 2 Gillian Manford (18) 14:01 3 Caroline O'hare (14) 13:56 4 Lisa Atkinson (16) 26:49 5 Rebecca Bennett (17) 15:17 6 Jacqui Walker (16) 14:33</p>
<p>4 Birtley Ac 1:40:20</p> <p>1 I Millmore(nee. (5) 23:18 2 Lorna Graham (3) 13:33 3 Ruth Dadswell (7) 14:18 4 Chloe Price (6) 24:07 5 Sophie Burnett (4) 12:26 6 Amber Leigh (4) 12:38</p>	<p>17 Harrogate Harriers & AC 1:50:33</p> <p>1 Lorraine Mitchell (12) 24:52 2 Joanne Day (16) 14:33 3 Charlotte Roberts (16) 14:48 4 Cathy Wright (18) 26:58 5 Jaclyn Artist (18) 14:31 6 Emma Robinson (17) 14:51</p>
<p>5 Jarrow & Hebburn AC 'A' 1:42:52</p> <p>1 Georgia Campbell (11) 24:42 2 Angela McGurk (10) 13:44 3 Maxine Czamecka (9) 13:38 4 Alexandra Sneddon (7) 24:08 5 Elaine Leslie (6) 13:33 6 S Pattinson (5) 13:07</p>	<p>18 Gosforth Harriers & AC 1:51:04</p> <p>1 Bethany Larby (21) 25:53 2 Susan Driscoll (22) 14:43 3 Florence Mcpate (22) 14:38 4 Helen Warburton (19) 26:00 5 Lucy Hickey (20) 14:55 6 Louise Watson (18) 14:55</p>
<p>6 Salford Harriers & AC 'A' 1:42:53</p> <p>1 Tess Robinson (4) 23:12 2 Beverley Simons (4) 13:44 3 Ruth Jones (5) 13:31 4 Hayley Kuter (4) 24:42 5 Ruth Ollerenshaw (8) 15:27 6 Sinead Bent (6) 12:17</p>	<p>19 City Of Hull Ac 1:51:06</p> <p>1 Carla Stansfield (3) 22:54 2 Corinna Turner (6) 14:14 3 Fiona Robinson (10) 15:03 4 Keri Pearson (11) 25:40 5 Tania Cream (15) 16:58 6 Madeleine Chadwick (19) 16:17</p>
<p>7 Trafford Athletic Club 'A' 1:43:15</p> <p>1 Vicki Cronin (8) 23:52 2 Amyrose Cauley (7) 13:24 3 Emily Beedham (4) 13:00 4 Sarah Hudak (5) 24:59 5 Melonie Monks (5) 14:15 6 Heather Roberts (7) 13:45</p>	<p>20 Elswick Harriers 1:53:30</p> <p>1 Joanne Brown (26) 26:46 2 Rachel Galler (28) 15:37 3 Felicity Smith (28) 15:25 4 Gina Howorth (22) 25:55 5 Catherine Lee (22) 15:04 6 Mary Lisle (20) 14:43</p>
<p>8 Holmfirth Harriers AC 'A' 1:45:18</p> <p>1 Helen Berry (7) 23:47 2 Ruby Sykes (5) 13:19 3 C Leaverhewitt (8) 14:26 4 Margaret Sykes (8) 25:31 5 Jordan Mullinger (7) 13:25 6 Lucy Verrill (8) 14:50</p>	<p>21 Holmfirth Harriers AC 'B' 1:55:04</p> <p>1 Lorraine Smith (30) 27:45 2 Liz Woodfield (29) 14:39 3 Zoe Storr (25) 13:51 4 Helen Pettit (24) 27:45 5 Lesley Ewart (23) 15:08 6 J Bailey Taylor (21) 15:56</p>
<p>9 Tyne Bridge Harriers 'A' 1:46:23</p> <p>1 Sophie Marr (20) 25:47 2 Magda Grinsdale (20) 14:09 3 Lucy Matheson (17) 14:20 4 Alison Dargie (13) 24:28 5 J Etherington (11) 13:39 6 Lucy Turzynski (9) 14:00</p>	<p>22 Barnsley Athletic Club 1:55:26</p> <p>1 Beth Massey (22) 26:12 2 Lisa Skinner (19) 13:34 3 Jenny Wakeman (18) 14:40 4 Kerry Storrar (17) 26:00 5 Sarah Bradley (19) 15:25 6 Anne Bennett (22) 19:35</p>
<p>10 North Shields Polytechnic Clu 'A' 1:46:48</p> <p>1 Louise Hayes (24) 26:36 2 Gina Rutherford (13) 12:45 3 S Macleandann (13) 13:58 4 Jacqueline Penn (12) 24:39 5 Suzanne Thew (10) 14:12 6 Michelle Thompson (10) 14:38</p>	<p>23 Blackhill Bounders 1:55:39</p> <p>1 Sarah Lister (27) 26:50 2 Lucy Wallace (21) 13:15 3 Dianne Henaghan (15) 13:55 4 Danielle Jackson (20) 27:36 5 Cheryl Richards (21) 16:05 6 Lauren Young (23) 17:58</p>
<p>11 Richmond & Zetland Harriers 1:47:13</p> <p>1 Shona Fletcher (19) 25:43 2 Jenna McGrevey (9) 12:27 3 Josephine Adams (6) 12:38 4 Donna Riddler (10) 26:26 5 Rosemary Adams (9) 13:47 6 Pauline Whittaker (11) 16:12</p>	<p>24 Bingley Harriers & Ac 1:55:55</p> <p>1 Jo Buckley (17) 25:22 2 Rebecca Holmes (24) 15:41 3 Lesley Watson (21) 13:49 4 Vicky Omelanowkz (23) 28:53 5 Natalie Madgett (24) 15:49 6 Alana Gill (24) 16:21</p>
<p>12 Wirral AC 1:47:20</p> <p>1 Sophie Hunt (16) 25:19 2 Aileen Kearney (12) 13:39 3 Fiona Nuttall (11) 13:39 4 Emily Kearney (9) 24:32 5 Heather Nuttall (12) 15:18 6 Anne Rosbottom (12) 14:53</p>	<p>25 Sunderland Strollers 1:59:12</p> <p>1 Ashleigh Bennett (25) 26:40 2 Rachel Ball (27) 15:07 3 Lisa Hutchinson (29) 16:07 4 Jill Kisler (27) 28:58 5 Vanessa Hogan (27) 15:51 6 Michelle Houghton (25) 16:29</p>
<p>13 Sunderland Harriers & Ac 'A' 1:49:09</p> <p>1 Michelle Avery (23) 26:26 2 Jessica Fox (17) 13:06 3 Sarah O'mahoney (20) 15:12 4 Judith Thirlwell (21) 27:10 5 Nicola Woodward (16) 13:43 6 Alice Smith (13) 13:32</p>	<p>26 Jarrow & Hebburn AC 'B' 1:59:47</p> <p>1 H Webstercostella (29) 27:12 2 Claire Simpson (23) 13:39 3 Peg Mole (26) 15:26 4 Heather Robinson (26) 28:44 5 Vicki Thompson (25) 15:52 6 Tracey Emmett (26) 18:54</p>

Northern Road Relays

at Sunderland on Saturday 2nd April 2016

27 East Hull Harriers & AC

1 Kirsty Wilson (33) 28:46	2 Lucy Jones (30) 14:51
3 Demi Johnston (30) 14:58	4 Anthea Eskrett (30) 29:37
5 Linda Huart (28) 16:01	6 Kadi Huart (27) 15:59

'A' 2:00:12

Incomplete Teams:

Leeds City Athletic Club

1 Amicia Lee (28) 26:57	2 Sheryl Punter (25) 14:13
3 Rachel Atherton (23) 14:06	

'B'

Border Harriers

1 Rhiannon Silson (9) 24:17	
-----------------------------	--

Trafford Athletic Club

1 Sue Exon (35) 32:46	
-----------------------	--

'B'

28 North Shields Polytechnic Clu

1 Victoria Houghton (31) 28:07	2 Helen Hughes (32) 16:33
3 Alison Dixon (32) 15:18	4 Lourdes Bradley (29) 27:58
5 Natalie Thorburn (26) 14:25	6 Mandy Naumann (28) 17:54

'B' 2:00:15

29 Tyne Bridge Harriers

1 Rachel Case (32) 28:40	2 Michelle Moat (31) 15:07
3 Lyndsey Thompson (31) 14:59	4 Rachael Estrop (31) 30:10
5 Emma Moir (30) 17:24	6 Kathryn Stevenson (29) 14:57

'B' 2:01:17

30 Heaton Harriers & AC

1 Rachel Barnes (13) 25:00	2 Jenny Friend (26) 16:29
3 Alison Janes (27) 16:03	4 Sharon Cook (28) 30:11
5 H Walsaterlowes (29) 17:47	6 Judith Archibold (30) 15:50

2:01:20

31 Keighley & Craven Ac

1 Zara Knappy (6) 23:28	2 Lorna Hubbard (11) 15:02
3 Tracey Hodgson (24) 17:34	4 Hannah Yates (25) 28:38
5 Sarah Meikle (31) 22:30	6 Hinda Hardaker (31) 17:02

2:04:14

32 Sunderland Harriers & Ac

1 Vicky Haswell (34) 29:30	2 Helen Higgins (33) 16:40
3 Angela Calvert (33) 16:57	4 C Morris (32) 30:34
5 Vikki Cotton (32) 14:54	6 C Purdy (32) 15:47

'B' 2:04:22

33 East Hull Harriers & AC

1 Debbie Jacketts (36) 32:53	2 Janice Wilcock (34) 18:43
3 Mandy Davison (34) 17:46	4 Rachel Olsen (33) 28:25
5 Mary Carrick (33) 23:12	6 Alison Burnett (33) 15:28

'B' 2:16:27

Fastest of all long legs

1	Claire Duck	LeedsCity	A	22:01
2	Samantha Johnson	Rotherham		22:11
3	Emma Clayton	LeedsCity	A	22:18
4	Carla Stansfield	City Hull		22:54
5	Emma Holt	MorpethHa	A	23:11
6	Tess Robinson	SalfordHa	A	23:12
7	I Millmore(nee.	Birtley		23:18
8	Zara Knappy	KeighleyC		23:28
9	Helen Berry	Holmfirth	A	23:47
10	Jenny Blizzard	Rotherham		23:49

Fastest of all short legs

1	Laura Weightman	MorpethHa	A	11:07
2	Georgia Malir	LeedsCity	A	12:03
3	Sinead Bent	SalfordHa	A	12:17
4	Natasha Hatswell	Rotherham		12:19
5	Sophie Burnett	Birtley		12:26
=	Sarah Wilkinson	MorpethHa	A	12:26
7	Jenna Mcgrevey	RichmondZ		12:27
8	Josephine Adams	RichmondZ		12:38
=	Amber Leigh	Birtley		12:38
10	Leila Armoush	LeedsCity	A	12:42