

Macclesfield Forest Off Road Duathlon

2016 Results

Position	Race No.	Name	Club	Gender	Cat	Time	Run1	T1	Bike	T2	Run2	F Pos	M Pos	Cat Pos	Note
1	63	WILLIAM NEILL	MERCIA FELL RUNNERS	M	20-24	1:43:36	0:32:09	01:23	0:55:39	01:11	0:13:14		1	1	
2	94	ALISTAIR THORNTON	MACC PROCYCLING	M	20-24	1:44:08	0:35:24	00:45	0:54:21	00:45	0:12:53		2	2	
3	44	WILLIAM KERSHAW	MACCLESFIELD WHEELERS	M	U20	1:45:44	0:35:45	01:38	0:52:05	01:46	0:14:30		3	1	
4	39	IAN HOUSTON	WRECSAM TRI	M	45-49	1:48:02	0:35:28	02:06	0:56:06	01:28	0:12:54		4	1	
5	53	GREGORY MCNALLY	TEAM TRI GURU	M	45-49	1:50:20	0:38:52	01:00	0:55:20	01:16	0:13:52		5	2	
6	107	JAMES WILSON	U/A	M	30-34	1:51:00	0:38:36	00:57	0:56:28	01:11	0:13:48		6	1	
7	12	DAVE CLARK	CONGLETON HARRIERS	M	35-39	1:52:34	0:38:33	01:00	0:57:15	01:32	0:14:14		7	1	
8	40	DAVID HUGHES	MACCLESFIELD WHEELERS	M	30-34	1:53:40	0:38:29	00:56	0:59:23	00:57	0:13:55		8	2	
9	15	TOM DALE	U/A	M	30-34	1:54:32	0:39:50	01:52	0:55:50	02:06	0:14:54		9	3	
10	21	CHARLIE EVANS	CONGLETON CYCLING CLUB	M	35-39	1:54:44	0:42:40	02:38	0:53:00	02:32	0:13:54		10	2	
11	45	DAVID LAWRANCE	MACCLESFIELD HARRIERS	M	40-44	1:55:48	0:39:58	01:10	0:58:17	01:16	0:15:07		11	1	
12	73	JACOB ROBERTS	MACCLESFIELD HARRIERS	M	U20	1:56:25	0:34:59	00:53	1:04:33	00:46	0:15:15		12	2	
13	36	SIMON HEDLEY	YORK TRI CLUB	M	35-39	1:56:47	0:40:23	01:19	0:59:26	01:09	0:14:30		13	3	
14	105	DAVID WILCOCK	U/A	M	45-49	1:57:31	0:41:03	01:21	0:57:12	02:02	0:15:53		14	3	
15	28	TONY GOODYEAR	MANSFIELD TRI CLUB	M	40-44	1:58:20	0:37:50	01:11	1:04:17	01:24	0:13:38		15	2	
16	13	JOANNE CLAY	TORQ PERFORMANCE	F	30-34	1:59:49	0:41:15	01:28	0:59:19	01:23	0:16:24	1		1	
17	79	FRED SALMON	U/A	M	50-54	2:00:05	0:42:54	02:11	0:58:05	01:26	0:15:29		16	1	
18	71	MATT PRIOR	U/A	M	35-39	2:00:08	0:44:15	02:23	0:56:47	02:28	0:14:15		17	4	
19	30	CHRIS GROVES	HIGH PEAK TRIATHLON CLUB	M	45-49	2:01:04	0:42:02	02:36	1:01:26	00:44	0:14:16		18	4	
20	41	RICH HYDER	U/A	M	35-39	2:01:40	0:41:22	01:02	1:04:19	00:37	0:14:19		19	5	
21	5	RICHARD BAKER	PSOF	M	40-44	2:02:01	0:39:21	01:18	1:05:23	01:18	0:14:41		20	3	
22	54	ALEX MCNICOL	VELO CLUB MOULIN	M	35-39	2:03:04	0:42:45	02:33	0:59:30	02:32	0:15:44		21	6	
23	96	KIRSTY VOGAN	U/A	F	25-29	2:03:53	0:39:32	01:09	1:07:22	01:20	0:14:30	2		1	
24	48	KEVIN MARSHALLSAY	RAF TRIATHLON	M	35-39	2:04:03	0:41:28	01:42	1:05:20	01:23	0:14:10		22	7	
25	31	CHRIS HALL	U/A	M	40-44	2:04:20	0:45:15	01:36	1:01:06	01:30	0:14:53		23	4	
26	64	MIKE NOLAN	U/A	M	40-44	2:05:07	0:41:25	01:24	1:05:26	01:30	0:15:21		24	5	
27	23	NICHOLAS FARNELL	U/A	M	55-59	2:06:01	0:42:01	01:25	1:05:00	01:01	0:16:34		25	1	
28	4	JOHN ATKINSON	U/A	M	30-34	2:07:10	0:43:04	02:08	1:05:16	01:55	0:14:47		26	4	
29	37	JAMES HOBSON	GOYT VALLEY STRIDERS	M	35-39	2:07:19	0:40:22	01:35	1:08:09	02:03	0:15:10		27	8	
30	38	MOLLY HORSLEY FROST	BUXTON CYCLING CLUB	F	40-44	2:07:36	0:43:49	01:18	1:04:57	01:30	0:16:01	3		1	
31	1	DAVID ADDENBROOKE	U/A	M	25-29	2:07:48	0:40:01	01:59	1:09:12	02:00	0:14:37		28	1	
32	3	PAUL ATACK	U/A	M	40-44	2:08:45	0:39:11	01:46	1:10:54	02:03	0:14:50		29	6	
33	16	STE DAVISON	CHORLTON RUNNERS	M	40-44	2:09:07	0:39:36	01:43	1:11:05	01:40	0:15:04		30	7	
34	33	JIM HARBORD	CHINLEY CHURNERS CC	M	45-49	2:09:23	0:44:42	01:18	1:05:52	01:28	0:16:02		31	5	
35	67	SHAUN OKEEFE	TEAM 9BAR	M	45-49	2:09:37	0:46:11	01:20	1:04:22	01:14	0:16:30		32	6	
36	7	PAUL BECKETT	BRAMHALL RUNNERS	M	50-54	2:09:53	0:42:36	01:22	1:08:25	01:23	0:16:07		33	2	
37	27	ROB GITTINS	MACCLESFIELD HARRIERS	M	50-54	2:10:10	0:42:31	01:00	1:10:28	01:10	0:15:01		34	3	
38	65	SHAUN O'DWYER	TRI RIVINGTON	M	35-39	2:11:13	0:42:56	01:19	1:10:09	01:05	0:15:44		35	9	
39	104	TOM WHITTINGTON	MACCLESFIELD HARRIERS	M	40-44	2:12:03	0:39:08	01:41	1:15:14	01:15	0:14:45		36	8	
40	93	ROGER THOMAS	MANCHESTER TRIATHLON CLUB	M	40-44	2:12:19	0:43:41	02:00	1:07:48	03:37	0:15:13		37	9	
41	61	MARCOS DAVID MOYA BENCOMO	MANCHESTER TRIATHLON CLUB	M	30-34	2:12:57	0:47:36	02:00	1:03:53	02:04	0:17:24		38	5	
42			HIGH PEAK TRIATHLON CLUB	M	40-44	2:13:18	0:40:55	03:06	1:12:03	02:03	0:15:12		39	10	



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E V E N T S

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Position	Race No.	Name	Club	Gender	Cat	Time	Run1	T1	Bike	T2	Run2	F Pos	M Pos	Cat Pos	Note
43	81	PAUL SCHOFIELD	MANCHESTER TRIATHLON CLUB	M	45-49	2:14:30	0:41:36	00:55	1:15:39	01:03	0:15:17		40	7	
44	92	ANDREW TAYLOR	TRIFIT CYCLES	M	35-39	2:14:34	0:46:40	01:59	1:09:30	01:13	0:15:11		41	10	
45	34	ROB HARPER	MANCHESTER TRIATHLON CLUB	M	35-39	2:15:17	0:44:07	02:03	1:10:13	02:56	0:15:58		42	11	
46	90	JASON STOTT	SCARAB TRI CLUB	M	45-49	2:16:00	0:43:36	01:35	1:13:15	01:33	0:16:01		43	8	
47	62	JOHN MURRAY	MANCHESTER TRIATHLON CLUB	M	45-49	2:16:50	0:44:43	02:07	1:08:16	03:04	0:18:41		44	9	
48	80	LIAM SALT	U/A	M	30-34	2:17:01	0:40:29	02:24	1:16:24	02:44	0:15:01		45	6	
49	9	BENJAMIN BROWN	U/A	M	40-44	2:17:37	0:44:47	01:14	1:14:28	01:14	0:15:54		46	11	
50	83	CHRIS SHEARLOCK	U/A	M	40-44	2:18:49	0:41:48	02:20	1:11:59	05:00	0:17:42		47	12	
51	70	KIRSTY PRIOR	U/A	F	40-44	2:19:19	0:43:18	02:36	1:13:00	02:36	0:17:49	4		2	
52	89	ANDY STEWART	U/A	M	40-44	2:19:26	0:49:31	02:11	1:07:08	02:00	0:18:36		48	13	
53	17	KEFREN DEAN	U/A	M	20-24	2:20:36					0:14:26		49	3	chip didn't read
54	99	FRED WARDLE	MACCLESFIELD WHEELERS	M	60-64	2:22:39					0:18:02		50	1	chip didn't read
55	25	CHRIS FLAVELL	WARRINGTON TRI CLUB	M	40-44	2:24:15	0:47:53	02:30	1:14:55	02:32	0:16:25		51	14	
56	52	GRANT MCKINLAY	DERBY TRI CLUB	M	45-49	2:24:48	0:48:39	02:00	1:17:30	01:41	0:14:58		52	10	
57	32	ROBERT HALL	SCARAB TRI CLUB	M	45-49	2:26:04	0:45:30	00:56	1:20:44	00:56	0:17:59		53	11	
58	57	ADAM MITCHELL	U/A	M	35-39	2:26:18	0:42:53	02:18	1:22:42	01:55	0:16:31		54	12	
59	46	NIC LEWIS	U/A	M	45-49	2:26:54	0:52:57	02:00	1:10:56	02:17	0:18:44		55	12	
60	91	RICHARD TARREGA	U/A	M	25-29	2:27:53	0:43:49	02:50	1:25:56	00:07	0:15:11		56	2	
61	58	CLARE MITCHELL	U/A	F	40-44	2:29:15	0:50:40	02:30	1:15:12	02:04	0:18:49	5		3	
62	72	ANDY QUICKE	KNUTSFORD TRI CLUB	M	35-39	2:29:45	0:43:22	02:37	1:26:01	03:00	0:14:45		57	13	
63	22	STEVE EVANS	U/A	M	45-49	2:29:55					0:18:13		58	13	chip didn't read
64	82	LEE SEDDON	MANCHESTER TRIATHLON CLUB	M	35-39	2:30:01	0:50:00	02:22	1:15:45	02:29	0:19:25		59	14	
65	19	JAMES DICKINSON	SCARAB TRI CLUB	M	45-49	2:31:03	0:50:01	02:33	1:17:00	02:21	0:19:08		60	14	
66	2	ANNA ASPINALL	GOYT VALLEY STRIDERS	F	30-34	2:34:27	0:46:12	02:40	1:25:13	02:37	0:17:45	6		2	
67	68	CHRIS PARISH	U/A	M	45-49	2:36:46	0:48:48	02:30	1:23:22	02:24	0:19:42		61	15	
68	66	KEVIN OFFER	SCARAB TRI CLUB	M	60-64	2:41:30	0:50:57	03:32	1:23:20	03:12	0:20:29		62	2	
69	29	MATT GOWER	U/A	M	35-39	2:41:49	0:52:10	03:56	1:21:16	04:03	0:20:24		63	15	
70	6	DANI BARRETT	HIGH PEAK TRIATHLON CLUB	TEAM		2:43:08	0:55:50	00:56	1:25:48	02:02	0:18:32			1	
71	11	DUNCAN CHANDLER	U/A	TEAM		2:43:38	1:00:21	03:00	1:15:55	02:16	0:22:06			2	
72	86	AMANDA SKELDON	U/A	F	40-44	2:43:45	0:52:20	03:00	1:27:03	02:49	0:18:33	7		4	
73	108	CHRIS YANDA	U/A	M	50-54	2:43:52	0:54:34	03:05	1:20:11	02:53	0:23:09		64	4	
74	95	PETER TOOLE	U/A	M	40-44	2:43:59	0:53:07	03:12	1:25:37	02:08	0:19:55		65	15	
75	101	DAVID WEBB	U/A	M	35-39	2:50:56	0:58:43	03:06	1:27:07	01:19	0:20:41		66	16	
76	47	MARK LITTLEMORE	U/A	M	30-34	2:53:48	0:51:20	03:54	1:33:20	04:07	0:21:07		67	7	
77	51	COLIN MCARDLE	U/A	M	50-54	2:54:04	0:54:43	01:26	1:36:53	00:58	0:20:04		68	5	
78	74	SARAH ROBERTS	MANCHESTER MOUNTAIN BIKERS	F	40-44	2:56:16	1:00:38	03:01	1:27:34	01:13	0:23:50	8		5	
79	56	LEE MILLWARD	U/A	M	45-49	2:56:32	0:53:50	02:46	1:33:45	03:01	0:23:10		69	16	
80	18	MONICA DEAN	U/A	F	50-54	2:04:58	0:56:31	02:29	1:40:42	01:53	0:19:54	9		1	
81	24	MARK FEARNLEY	U/A	M	50-54	3:02:29	0:58:54	03:14	1:31:10	03:11	0:26:00		70	6	
82	77	HELEN RYAN	MANCHESTER MOUNTAIN BIKERS	F	25-29	3:26:26	1:12:43	03:00	1:41:06	04:06	0:25:31	10		2	
83	50	ELLI MAUSER	U/A	F	45-49	3:26:28	1:12:43	03:00	1:41:06	04:00	0:25:39	11		1	
DSQ		S	U/A	M	30-34	2:24:30	0:50:16	04:58	1:05:35	03:16	0:20:25				



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DSQ	8	RACHEL BIBBY	MANCHESTER TRIATHLON CLUB	F	35-39	2:26:23	0:51:55	02:09	1:11:15	02:07	0:18:57				Short bike
DNF	97	MIKE VOGLER	ULVERSTON TRIATHLON CLUB	M	35-39										
DNF	76	CALLAN ROWLAND	U/A	M	U20										
DNF	20	EMMA ENSTON	U/A	F	35-39										
DNF	55	KATE MILLS	KNUTSFORD TRI CLUB	F	40-44										
DNF	10	IAN BURDIS	MANSFIELD TRI CLUB	M	45-49										
DNF	102	ADAM WEBSTER	U/A	M	35-39										
DNF	84	DONNA SIMPSON	U/A	F	50-54										
DNF	85	SHARON SIMPSON	STOKEFIT	F	45-49										



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