

Manchester Area Cross Country League at Heaton Park, Manchester on Saturday 3rd December 2016

Under 11 - Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	516	Alex Poulston	Wirral AC	10:45	25	2043	Josh Watson	Unattached	12:43
2	146	Max Lowrey	Salford H&ac	10:53	26	195	Arthur Kennedy	Stockport H&ac	12:47
3	287	Jack Spark	Sale H Manchester	10:57	27	662	Ralf Syrett	Trafford AC	13:03
4	148	Matthew Russell	Salford H&ac	11:05	28	389	Charlie Murphy	St Helens Tri	13:11
5	593	Ethan Nation	Salford H&ac	11:15	29	491	Owen Reekie	Manchester Triathlon	13:13
6	446	Hayden Blunn	Macclesfield H&ac	11:44	30	2044	Zack Watson	Unattached	13:27
7	414	Luke Carrington	E Cheshire H&tameside AC	11:45	31	145	Joe Cammish	Salford H&ac	13:41
8	694	Harry Godwin	Vale Royal AC	11:46	32	656	Frankie Cusack	Salford H&ac	13:42
9	282	Torin Lindsey	Sale H Manchester	11:47	33	6	Joseph Larkin	Halton&frodsham H	13:52
10	456	Aadi Whitlock	Macclesfield H&ac	11:58	34	2042	Jamie Anderton	Unattached	13:59
11	193	Harry Ahearn	Stockport H&ac	12:08	35	749	J BowlerGreenwood	E Cheshire H&tameside AC	14:17
12	284	George Noble	Sale H Manchester	12:09	36	746	Cole Wright	E Cheshire H&tameside AC	14:20
13	448	Phillip Goodfellow	Macclesfield H&ac	12:11	37	660	Isaac Stockdale	Macclesfield H&ac	14:32
14	283	Edward Lord	Sale H Manchester	12:13	38	420	L StoreyGrimshaw	E Cheshire H&tameside AC	14:33
15	277	Jack Batten	Sale H Manchester	12:16	39	415	Zach Conboy	E Cheshire H&tameside AC	14:43
16	600	Albert Durance	Manchester Triathlon	12:17	40	754	Ethan Ashadu	Salford Met AC	15:01
17	722	Thomas Mercer	Salford Met AC	12:21	41	492	Oscar Wallwork	Manchester Triathlon	15:04
18	488	Charlie Atkiss	Manchester Triathlon	12:23	42	742	Arlo Kain	Trafford AC	15:07
19	450	Dylan McGrath	Macclesfield H&ac	12:25	43	490	Aidan Pacram	Manchester Triathlon	15:24
20	418	James McGraw	E Cheshire H&tameside AC	12:26	44	395	Anthony Madew	Warrington Tri Club	15:39
21	453	William Roberts	Macclesfield H&ac	12:30	45	663	Jamie Ghosh	Bramhall Runners	15:49
22	698	Charles Lloyd	Vale Royal AC	12:31	46	2048	Aidan Larkin	Halton&frodsham H	16:55
23	132	Joshua Stutchfield	Bramhall Runners	12:35	47	655	Luke Brown	Salford H&ac	18:51
24	661	Jake Purdie	Macclesfield H&ac	12:39					

Under 11 - Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Salford H&ac	11	—	2	Max Lowrey	4	Matthew Russell	5	Ethan Nation
2	Sale H Manchester	24	—	3	Jack Spark	9	Torin Lindsey	12	George Noble
3	Macclesfield H&ac	29	—	6	Hayden Blunn	10	Aadi Whitlock	13	Phillip Goodfellow
4	E Cheshire H&tameside AC	59	—	7	Luke Carrington	20	James McGraw	32	J BowlerGreenwood
5	Manchester Triathlon	62	—	16	Albert Durance	18	Charlie Atkiss	28	Owen Reekie
6	Macclesfield H&ac 'B'	64	—	19	Dylan McGrath	21	William Roberts	24	Jake Purdie
7	Salford H&ac 'B'	102	—	29	Joe Cammish	30	Frankie Cusack	43	Luke Brown
8	E Cheshire H&tameside AC 'B'	104	—	33	Cole Wright	35	L StoreyGrimshaw	36	Zach Conboy

Under 11 - Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	191	Jasmine Reed	Stockport H&ac	11:42	29	409	May Mannion	E Cheshire H&tameside AC	13:58
2	190	Freya Murdoch	Stockport H&ac	11:48	30	671	Kylah O'shea	Liverpool H & AC	14:00
3	543	Hattie Bain	Liverpool H & AC	11:56	31	2	Bethany Glover	Halton&frodsham H	14:01
4	440	Rebecca Dilworth	Macclesfield H&ac	12:03	32	142	Maya Mansfield	Salford H&ac	14:10
5	511	Macy Hillier	Wirral AC	12:17	33	406	Matilda Brynes	E Cheshire H&tameside AC	14:12
6	136	Elena Barthalotta	Salford H&ac	12:33	34	724	Grace Waters	Salford Met AC	14:16
7	139	Isabelle Bryan	Salford H&ac	12:36	35	487	Isabel Pearson	Manchester Triathlon	14:18
8	137	Millie Bayman	Salford H&ac	13:01	36	13	Scarlett Stapleton	Vale Royal AC	14:19
9	667	Ella McMutrie	Liverpool H & AC	13:03	37	748	Eloise Babington	Vale Royal AC	14:20
10	410	Leigha Manser	E Cheshire H&tameside AC	13:03	38	723	Isabella Backhouse	Salford Met AC	14:22
11	412	Madeline Stout	E Cheshire H&tameside AC	13:05	39	668	Megan McMutrie	Liverpool H & AC	14:26
12	108	Molly Wormald	Warrington AC	13:06	40	753	Isabella Appleby	Salford Met AC	14:28
13	578	Annabelle Bygrave	Sale H Manchester	13:07	41	592	Sophia Roiditis	Salford H&ac	14:30
14	577	Greta Brooks	Sale H Manchester	13:19	42	743	Anna Preston	Vale Royal AC	14:31
15	591	Emily Birchall	Salford H&ac	13:23	43	3	Charlotte Glover	Halton&frodsham H	14:37
16	512	Emma Poulston	Wirral AC	13:25	44	569	Libby Martin	Stockport H&ac	14:44
17	697	Emma Holmes	Vale Royal AC	13:29	45	514	Evie Smith	Wirral AC	14:45
18	138	Sophia Bratt	Salford H&ac	13:32	46	700	Harriet Bell	Warrington AC	14:52
19	750	Eleanor Boyd	Sale H Manchester	13:37	47	110	Lily Briscoe	Warrington AC	15:11
20	34	Olivia Holbrook	Trafford AC	13:38	48	735	Dot Bodimeade	Macclesfield H&ac	15:14
21	439	Lily Davies	Macclesfield H&ac	13:39	49	140	Zara Burns	Salford H&ac	15:17
22	701	Emily Entwistle	Warrington AC	13:41	50	669	Lottie Threadgold	Liverpool H & AC	16:00
23	444	Charlotte Moran	Macclesfield H&ac	13:43	51	736	Tara Simpson	Macclesfield H&ac	16:11
24	702	Amelia Smithers	Warrington AC	13:44	52	441	Lucy Dykins	Macclesfield H&ac	16:15
25	12	Tarlia Higginbotham	Vale Royal AC	13:45	53	387	Chloe Evans	St Helens Tri	16:20
26	35	Alexandra Sinclair	Trafford AC	13:45	54	644	Ruby Stockdale	Macclesfield H&ac	16:22
27	33	Cleo Bentall	Trafford AC	13:46	55	407	Anabelle Clarke	E Cheshire H&tameside AC	17:20
28	144	Heidi Moore	Salford H&ac	13:53	56	709	Chloe Leigh	St Helens Sutton AC	26:19

Under 11 - Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Salford H&ac	21	—	6	Elena Barthalotta	7	Isabelle Bryan	8	Millie Bayman
2	Liverpool H & AC	42	—	3	Hattie Bain	9	Ella McMutrie	30	Kylah O'shea
3	Sale H Manchester	46	—	13	Annabelle Bygrave	14	Greta Brooks	19	Eleanor Boyd
4	Stockport H&ac	47	—	1	Jasmine Reed	2	Freya Murdoch	44	Libby Martin
5	Macclesfield H&ac	48	—	4	Rebecca Dilworth	21	Lily Davies	23	Charlotte Moran
6	E Cheshire H&tameside AC	50	—	10	Leigha Manser	11	Madeline Stout	29	May Mannion
7	Warrington AC	58	—	12	Molly Wormald	22	Emily Entwistle	24	Amelia Smithers
8	Salford H&ac 'B'	61	—	15	Emily Birchall	18	Sophia Bratt	28	Heidi Moore
9	Wirral AC	66	—	5	Macy Hillier	16	Emma Poulston	45	Evie Smith
10	Trafford AC	73	—	20	Olivia Holbrook	26	Alexandra Sinclair	27	Cleo Bentall
11	Vale Royal AC	78	—	17	Emma Holmes	25	Tarlia Higginbotham	36	Scarlett Stapleton
12	Salford Met AC	112	—	34	Grace Waters	38	Isabella Backhouse	40	Isabella Appleby
13	Salford H&ac 'C'	122	—	32	Maya Mansfield	41	Sophia Roiditis	49	Zara Burns
14	Macclesfield H&ac 'B'	151	—	48	Dot Bodimeade	51	Tara Simpson	52	Lucy Dykins

Manchester Area Cross Country League at Heaton Park, Manchester on Saturday 3rd December 2016

Under 13 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	163	Sam Hopkins	Salford H&ac	12:20	29	85	Joseph Farrelly	Manchester H&ac	14:00
2	315	Alex James	Sale H Manchester	12:29	30	165	Patrick Marsden	Salford H&ac	14:11
3	744	Will Ashfield	Vale Royal AC	12:36	31	752	Joseph Byrne	St Helens Sutton AC	14:12
4	160	Samuel Bryan	Salford H&ac	12:44	32	87	Fraser Mackie	Manchester H&ac	14:12
5	45	Tom Bentall	Trafford AC	12:47	33	719	Luca Costello	Trafford AC	14:13
6	48	Louie McCormack	Trafford AC	12:51	34	612	Ben Dargan	Sale H Manchester	14:17
7	464	James Doorbar	Macclesfield H&ac	12:59	35	688	Matthew Hutchinson	Sale H Manchester	14:19
8	468	Thomas Roberts	Macclesfield H&ac	13:06	36	167	Dino Roiditis	Salford H&ac	14:23
9	46	Oliver Choi	Trafford AC	13:12	37	463	Oliver Bradley	Macclesfield H&ac	14:24
10	313	Harry Edmondson	Sale H Manchester	13:13	38	467	Jake Roberts	Macclesfield H&ac	14:30
11	708	Callum Cole	Salford H&ac	13:22	39	115	Rhys Hopkins	Warrington AC	14:37
12	211	Alex Macfarlane	Stockport H&ac	13:28	40	621	Charlie Massey	Trafford AC	14:49
13	312	Tom Boyd	Sale H Manchester	13:31	41	392	Oliver Murphy	St Helens Tri	14:51
14	216	Jonah Wall	Stockport H&ac	13:33	42	258	Caleb Winfield	Buxton AC	14:58
15	257	Harrison Turner	Buxton AC	13:36	43	319	Alex Patten	Sale H Manchester	15:09
16	214	Cameron Murdoch	Stockport H&ac	13:40	44	209	Leo Ferguson	Stockport H&ac	15:17
17	318	Will Parker	Sale H Manchester	13:41	45	7	Matthew Haslam	Halton&frodsham H	15:17
18	213	Finley Mayoh	Stockport H&ac	13:43	46	707	Bow Hornby	Stockport H&ac	15:23
19	321	Charlie Tittensor	Sale H Manchester	13:44	47	684	Sam Ryan	Stockport H&ac	15:31
20	162	Malachy Cole	Salford H&ac	13:45	48	625	Samuel Ashadu	Salford Met AC	16:13
21	84	Archie Dyer	Manchester H&ac	13:51	49	208	Freddie Bailey	Stockport H&ac	16:37
22	317	Tom O'Brien	Sale H Manchester	13:55	50	469	Oliver Thomason	Macclesfield H&ac	16:58
23	20	Dylan Carney	Vale Royal AC	13:56	51	494	Jack Johnson	Manchester Triathlon	17:09
24	642	James Knockton	Macclesfield H&ac	13:56	52	495	Murdoch McCrum	Manchester Triathlon	17:17
25	504	Michael Dobson	St Helens Sutton AC	13:57	53	506	Max Young	St Helens Sutton AC	17:27
26	161	Joe Coggins	Salford H&ac	13:57	54	505	Charlie Young	St Helens Sutton AC	17:58
27	166	Matthew O'Neill	Salford H&ac	13:58	55	425	Ryan O'Neill	E Cheshire H&tameside AC	18:57
28	314	Zac Gaillemin	Sale H Manchester	13:58	56	466	Alexander Moss	Macclesfield H&ac	19:45

Under 13 - Boys — TEAM RESULTS

1	Salford H&ac	16	—	1	Sam Hopkins	4	Samuel Bryan	11	Callum Cole
2	Trafford AC	20	—	5	Tom Bentall	6	Louie McCormack	9	Oliver Choi
3	Sale H Manchester	25	—	2	Alex James	10	Harry Edmondson	13	Tom Boyd
4	Macclesfield H&ac	39	—	7	James Doorbar	8	Thomas Roberts	24	James Knockton
5	Stockport H&ac	42	—	12	Alex Macfarlane	14	Jonah Wall	16	Cameron Murdoch
6	Sale H Manchester	58	—	17	Will Parker	19	Charlie Tittensor	22	Tom O'Brien
7	Salford H&ac	73	—	20	Malachy Cole	26	Joe Coggins	27	Matthew O'Neill
8	Manchester H&ac	82	—	21	Archie Dyer	29	Joseph Farrelly	32	Fraser Mackie
9	Sale H Manchester	97	—	28	Zac Gaillemin	34	Ben Dargan	35	Matthew Hutchinson
10	Stockport H&ac	108	—	18	Finley Mayoh	44	Leo Ferguson	46	Bow Hornby
11	St Helens Sutton AC	109	—	25	Michael Dobson	31	Joseph Byrne	53	Max Young
12	Macclesfield H&ac	125	—	37	Oliver Bradley	38	Jake Roberts	50	Oliver Thomason

Under 13 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	19	Holly Weedall	Vale Royal AC	12:42	26	78	Sophie Kilpatrick	Manchester H&ac	15:29
2	299	Taylor Edwards	Sale H Manchester	13:10	27	202	Charlotte Kania	Stockport H&ac	15:30
3	292	Isabelle Burke	Sale H Manchester	13:20	28	109	Maisie Bell	Warrington AC	15:36
4	519	Ellen Mary Kearney	Wirral AC	13:26	29	150	Lucy Aplin	Salford H&ac	15:38
5	291	Niamh Boyd	Sale H Manchester	13:42	30	711	Mia Ierston	Liverpool H & AC	15:39
6	203	Daisy Keigher	Stockport H&ac	13:47	31	544	I Blakemore Clark	Liverpool H & AC	15:40
7	155	Nicola Mason	Salford H&ac	13:53	32	18	Thea Smith	Vale Royal AC	15:41
8	462	Ruby Spencer	Macclesfield H&ac	14:20	33	699	Isobel Houghton	Warrington AC	15:50
9	154	Erin Grime	Salford H&ac	14:21	34	547	S Fane-De-Salis	Liverpool H & AC	15:52
10	201	Esther Hulley	Stockport H&ac	14:22	35	546	Andrea Ellinas	Liverpool H & AC	15:56
11	308	Katie Stringer	Sale H Manchester	14:27	36	583	Lillia Buller	Sale H Manchester	15:59
12	153	Maya Croasdaile	Salford H&ac	14:31	37	306	Olivia Nolan	Sale H Manchester	16:02
13	152	Isobel Cammish	Salford H&ac	14:44	38	112	Jasmine Jones	Warrington AC	16:18
14	75	Violet Claxton	Manchester H&ac	14:54	39	40	Lauren Howley	Trafford AC	16:23
15	288	Lucy Armitage	Sale H Manchester	14:57	40	690	Tilly Gibbs	Vale Royal AC	16:24
16	303	Libby Hill	Sale H Manchester	14:59	41	206	Ella Taylor	Stockport H&ac	16:24
17	582	Olivia Brown	Sale H Manchester	15:00	42	424	Katherine Waters	E Cheshire H&tameside AC	16:24
18	598	Eella Salihi	Salford Met AC	15:00	43	555	Jessica White	Liverpool H & AC	16:36
19	613	Akira Edgson	Sale H Manchester	15:06	44	741	Emily McAuley	Salford Met AC	16:44
20	588	Rose Sinclair	Sale H Manchester	15:07	45	645	Ellie Stockdale	Macclesfield H&ac	16:59
21	74	Evelyn Barber	Manchester H&ac	15:10	46	43	Emily Wolstencroft	Trafford AC	17:02
22	733	Amy Whelan	Buxton AC	15:19	47	493	Marina Guardascione	Manchester Triathlon	17:07
23	423	Libby Kilbourne	E Cheshire H&tameside AC	15:19	48	133	Isabella Stutchfield	Bramhall Runners	17:16
24	548	Jenny Grant	Liverpool H & AC	15:21	49	200	Lauren Dewbury	Stockport H&ac	17:32
25	199	Rebecca Cox	Stockport H&ac	15:25					

Under 13 - Girls — TEAM RESULTS

1	Sale H Manchester	10	—	2	Taylor Edwards	3	Isabelle Burke	5	Niamh Boyd
2	Salford H&ac	28	—	7	Nicola Mason	9	Erin Grime	12	Maya Croasdaile
3	Stockport H&ac	41	—	6	Daisy Keigher	10	Esther Hulley	25	Rebecca Cox
4	Sale H Manchester	42	—	11	Katie Stringer	15	Lucy Armitage	16	Libby Hill
5	Sale H Manchester	56	—	17	Olivia Brown	19	Akira Edgson	20	Rose Sinclair
6	Manchester H&ac	61	—	14	Violet Claxton	21	Evelyn Barber	26	Sophie Kilpatrick
7	Vale Royal AC	73	—	1	Holly Weedall	32	Thea Smith	40	Tilly Gibbs
8	Liverpool H & AC	85	—	24	Jenny Grant	30	Mia Ierston	31	I Blakemore Clark
9	Warrington AC	99	—	28	Maisie Bell	33	Isobel Houghton	38	Jasmine Jones
10	Liverpool H & AC	112	—	34	S Fane-De-Salis	35	Andrea Ellinas	43	Jessica White
11	Stockport H&ac	117	—	27	Charlotte Kania	41	Ella Taylor	49	Lauren Dewbury

Manchester Area Cross Country League at Heaton Park, Manchester on Saturday 3rd December 2016

Under 15 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	26	Sam Evans	Vale Royal AC	17:04	17	226	Fabio Carosi	Stockport H&ac	20:19
2	480	Lucas Parker	Macclesfield H&ac	17:39	18	508	Michael Brussels	St Helens Sutton AC	20:35
3	125	Jordan Jones	Warrington AC	17:45	19	232	Fares Ibrahim	Stockport H&ac	20:48
4	481	Finley Proffitt	Macclesfield H&ac	18:06	20	235	Joseph Philbin	Stockport H&ac	20:49
5	122	Joe Buckley	Warrington AC	18:14	21	476	Joe Browne	Macclesfield H&ac	20:54
6	236	Flynn Walsh	Stockport H&ac	18:20	22	345	Will Dixon	Sale H Manchester	20:59
7	225	Ben Batho	Stockport H&ac	18:22	23	510	Charlie Roberts	St Helens Sutton AC	21:00
8	560	Jamie Ford	Liverpool H & AC	18:32	24	231	Thomas Gill	Stockport H&ac	21:32
9	58	Joe Bentall	Trafford AC	18:42	25	234	Harry MillerReedman	Stockport H&ac	21:48
10	227	Edward Corden	Stockport H&ac	18:54	26	599	Luke Mamczur	Buxton AC	22:05
11	404	Harry Sinclair	Altrincham&district AC	19:07	27	230	Drew Evans	Stockport H&ac	22:09
12	121	Isaaq Ataullah	Warrington AC	19:20	28	29	Edward Smiles	Vale Royal AC	23:08
13	478	Peter Goodfellow	Macclesfield H&ac	19:38	29	509	Liam Houghton	St Helens Sutton AC	23:32
14	60	Cynog Williams	Trafford AC	19:40	30	710	Scott Aldred	St Helens Sutton AC	23:52
15	59	Seb Patrick	Trafford AC	19:57	31	394	George Houghton	St Helens Tri	25:49
16	432	Callum Brierley	E Cheshire H&tameside AC	19:59					

Under 15 - Boys — TEAM RESULTS

1	Macclesfield H&ac	19	—	2	Lucas Parker	4	Finley Proffitt	13	Peter Goodfellow
2	Warrington AC	20	—	3	Jordan Jones	5	Joe Buckley	12	Isaaq Ataullah
3	Stockport H&ac	23	—	6	Flynn Walsh	7	Ben Batho	10	Edward Corden
4	Trafford AC	38	—	9	Joe Bentall	14	Cynog Williams	15	Seb Patrick
5	Stockport H&ac	56	—	17	Fabio Carosi	19	Fares Ibrahim	20	Joseph Philbin
6	St Helens Sutton AC	70	—	18	Michael Brussels	23	Charlie Roberts	29	Liam Houghton
7	Stockport H&ac	76	—	24	Thomas Gill	25	Harry MillerReedman	27	Drew Evans

Under 15 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	471	Sian Heslop	Macclesfield H&ac	19:05	20	328	Mia Gibbons	Sale H Manchester	22:29
2	325	Lara Crawford	Sale H Manchester	19:21	21	430	Abby O'Neill	E Cheshire H&tameside AC	23:10
3	473	Stephanie Moss	Macclesfield H&ac	20:30	22	217	Lauren Burgess	Stockport H&ac	23:15
4	474	Lauren Robinson	Macclesfield H&ac	20:44	23	91	Alice Jones	Manchester H&ac	23:44
5	338	Briony Ward	Sale H Manchester	21:02	24	498	Jade Bailey	Salford Met AC	23:53
6	171	Samantha Mason	Salford H&ac	21:04	25	260	Heather Wilshaw	Buxton AC	24:13
7	429	Megan Lewis	E Cheshire H&tameside AC	21:10	26	25	Cerys Pilliner	Vale Royal AC	24:21
8	340	Maisie Wiseman	Sale H Manchester	21:30	27	594	Jessica Birchall	Salford H&ac	24:36
9	324	Anouska Brooks	Sale H Manchester	21:36	28	679	Grace Walker	Sale H Manchester	24:39
10	220	Natasha Moore	Stockport H&ac	21:38	29	678	Abby Fortune	Liverpool H & AC	25:10
11	428	Holly Jackson	E Cheshire H&tameside AC	21:41	30	326	Alyssa Davey	Sale H Manchester	25:12
12	90	Georgia Fazakerley	Manchester H&ac	21:46	31	259	Eleanor Turner	Buxton AC	25:27
13	169	C HaywoodPercival	Salford H&ac	21:50	32	507	Alyx Bridge	St Helens Sutton AC	25:42
14	336	Penny Townsend	Sale H Manchester	21:55	33	596	Niamh Fitzpatrick	Salford H&ac	26:05
15	119	Olivia Doodson	Warrington AC	21:58	34	118	Natalie Chamun	Warrington AC	26:38
16	168	Evie Collier	Salford H&ac	22:06	35	595	Freya Coggins	Salford H&ac	26:44
17	222	Chloe Rogers	Stockport H&ac	22:12	36	706	Fay Humphreys	Warrington AC	29:46
18	323	TiaRae Barton	Sale H Manchester	22:21	37	622	Molly Haines	Vale Royal AC	30:09
19	745	Lucy Baxter	Warrington AC	22:24	38	705	Isla Kenworthy	Warrington AC	30:50

Under 15 - Girls — TEAM RESULTS

1	Macclesfield H&ac	8	—	1	Sian Heslop	3	Stephanie Moss	4	Lauren Robinson
2	Sale H Manchester	15	—	2	Lara Crawford	5	Briony Ward	8	Maisie Wiseman
3	Salford H&ac	35	—	6	Samantha Mason	13	C HaywoodPercival	16	Evie Collier
4	E Cheshire H&tameside AC	39	—	7	Megan Lewis	11	Holly Jackson	21	Abby O'Neill
5	Sale H Manchester	41	—	9	Anouska Brooks	14	Penny Townsend	18	TiaRae Barton
6	Stockport H&ac	49	—	10	Natasha Moore	17	Chloe Rogers	22	Lauren Burgess
7	Warrington AC	68	—	15	Olivia Doodson	19	Lucy Baxter	34	Natalie Chamun
8	Sale H Manchester	78	—	20	Mia Gibbons	28	Grace Walker	30	Alyssa Davey
9	Salford H&ac	95	—	27	Jessica Birchall	33	Niamh Fitzpatrick	35	Freya Coggins

Manchester Area Cross Country League at Heaton Park, Manchester on Saturday 3rd December 2016

Under 17 - Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	436	Keenan Owen	E Cheshire H&tameside AC	20:52	14	101	Luke Doleman	Manchester H&ac	23:41
2	65	Xavier O'Hare	Trafford AC	21:13	15	483	Matthew Browne	Macclesfield H&ac	23:42
3	573	Max Brame	Liverpool H & AC	21:27	16	438	Jacob Taylor	E Cheshire H&tameside AC	23:44
4	129	Sam Rostron	Warrington AC	22:17	17	434	Nathan Barlow	E Cheshire H&tameside AC	23:48
5	68	Jack Wilkinson	Trafford AC	22:21	18	381	Kian Lindsay	Sale H Manchester	23:53
6	104	Ben Skertchly	Manchester H&ac	22:22	19	186	Paddy Cusack	Salford H&ac	24:04
7	11	Chris Larkin	Halton&frodsham H	22:29	20	264	Jacob Winfield	Buxton AC	24:41
8	405	Daniel Racle	Altrincham&district AC	22:43	21	626	Abel Ashby	Trafford AC	24:49
9	716	Connor Fazakerley	Trafford AC	22:54	22	188	F Teklehaimanot	Salford H&ac	25:14
10	64	Mikey Kingston	Trafford AC	22:59	23	252	Sam Johnson	Stockport H&ac	25:19
11	730	James Norton	Trafford AC	23:09	24	372	Jacob Birtles	Sale H Manchester	26:06
12	102	Matty Fox	Manchester H&ac	23:29	25	184	James Critchley	Salford H&ac	26:43
13	262	Luke Farrant	Buxton AC	23:32	26	484	Robert Finnis	Macclesfield H&ac	27:20

Under 17 - Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Trafford AC	16	—	2	Xavier O'Hare	5	Jack Wilkinson	9	Connor Fazakerley
2	Manchester H&ac	32	—	6	Ben Skertchly	12	Matty Fox	14	Luke Doleman
3	E Cheshire H&tameside AC	34	—	1	Keenan Owen	16	Jacob Taylor	17	Nathan Barlow
4	Trafford AC 'B'	42	—	10	Mikey Kingston	11	James Norton	21	Abel Ashby
5	Salford H&ac	66	—	19	Paddy Cusack	22	F Teklehaimanot	25	James Critchley

Under 17 - Ladies — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	726	Lauren Ferris	Warrington AC	24:26	12	704	Rachel McQuillan	Warrington AC	28:27
2	561	Jess Cook	Liverpool H & AC	24:29	13	534	Erin Davies	Wirral AC	28:56
3	740	Beth Barlow	Salford H&ac	24:42	14	241	Heather Corden	Stockport H&ac	29:30
4	747	Amy Nuttall	Warrington AC	26:26	15	243	Emilia Gajda	Stockport H&ac	29:30
5	246	Hannah Richardson	Stockport H&ac	26:49	16	178	Sophie Harrison	Salford H&ac	30:08
6	565	Jade Morgan	Liverpool H & AC	26:58	17	364	Georgia Haworth	Sale H Manchester	30:31
7	566	Millie Raine	Liverpool H & AC	27:21	18	61	Anna Baker	Trafford AC	30:35
8	181	Rebecca Mason	Salford H&ac	27:37	19	182	Lucy McMullen	Salford H&ac	30:39
9	249	Abbie WoodDoyle	Stockport H&ac	27:58	20	96	Katie Cooper	Manchester H&ac	33:26
10	180	Catherine Hooper	Salford H&ac	28:04	21	401	Kathryn Schofield	Warrington Tri Club	36:26
11	179	L HaywoodPercival	Salford H&ac	28:10					

Under 17 - Ladies — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Liverpool H & AC	13	—	2	Jess Cook	5	Jade Morgan	6	Millie Raine
2	Warrington AC	15	—	1	Lauren Ferris	3	Amy Nuttall	11	Rachel McQuillan
3	Stockport H&ac	25	—	4	Hannah Richardson	8	Abbie WoodDoyle	13	Heather Corden
4	Salford H&ac	26	—	7	Rebecca Mason	9	Catherine Hooper	10	L HaywoodPercival

Pos	Num	Name	Cat/Pos	Club	Time
1	187	Katy Whiteoak	L20	1 Stockport H&ac	32:18
2	545	Anne Kenchington	L20	2 Manchester University	32:29
3	48	Beth Donnelly	L20	3 Trafford AC	35:41
4	440	Louisa Whittingham	L20	4 Macclesfield H&ac	36:12
5	636	Megan King	L20	5 Goyt Valley Striders	40:23
6	553	Eliane Ferrier	L20	6 St Helens Tri	1:03:14

Senior Women - Ladies aged 17 to 19 — TEAM RESULTS

No complete teams

Senior Men aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	124	Zak Miller	U20	1 Trafford AC	33:25	8	170	Chris Fance	U20	8 Warrington AC	37:54
2	876	Euan Gilchrist	U20	2 Sale H Manchester	33:49	9	868	Sam Garratt	U20	9 Manchester Met Uni AC	38:58
3	134	Matthew Sutton	U20	3 Trafford AC	36:25	10	549	Matthew Oldham	U20	10 Sale H Manchester	39:10
4	642	George Lewis	U20	4 E Cheshire H&tameside AC	36:29	11	160	Charlie Johnson	U20	11 Manchester H&ac	39:24
5	164	Donnacha Maguire	U20	5 Manchester H&ac	36:40	12	992	Matthew Braybrooke	U20	12 Wilmslow RC	40:26
6	125	Mac O'Malley	U20	6 Trafford AC	36:42	13	869	Jonny Hill	U20	13 Manchester Met Uni AC	40:52
7	870	William Rawson	U20	7 Manchester Met Uni AC	37:07	14	942	David FryerWinder	U20	14 Buxton AC	43:46

Senior Men aged 17 to 19 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Trafford AC	10	—	1	Zak Miller	3	Matthew Sutton	6	Mac O'Malley
2	Manchester Met Uni AC	29	—	7	William Rawson	9	Sam Garratt	13	Jonny Hill

Manchester Area Cross Country League

at Heaton Park, Manchester on Saturday 3rd December 2016

Senior Women - Ladies aged 20 to 34

Pos	Num	Name	Cat/Pos	Club	Time
1	153	Ruth Jones	L	1 Salford H&ac	33:15
2	47	Vicki Cronin	L	2 Trafford AC	33:23
3	490	Gemma Connolly	L	3 St Helens Sutton AC	33:29
4	474	Anna Weaver	L	4 Manchester Triathlon	35:50
5	561	Freya Burgess	L	5 Manchester Met Uni AC	36:02
6	542	Georgia Baynes	L	6 Manchester University	36:08
7	410	Hayley Simpson	L	7 E Cheshire H&tameside AC	36:23
8	454	Rachel Hall	L	8 Manchester Triathlon	36:33
9	185	Faye Waterhouse	L	9 Stockport H&ac	36:36
10	547	Anna Mackenzie	L	10 Manchester University	36:39
11	469	Sarah Saxton	L	11 Manchester Triathlon	36:44
12	343	Sarah Douglas	L	12 Sale H Manchester	36:49
13	541	Bethany Ansell	L	13 Manchester University	36:56
14	208	Helen Murray	L	14 Knutsford Tri Club	37:08
15	404	Bethany Hirst	L	15 E Cheshire H&tameside AC	37:21
16	215	Lucy Etchells	L	16 Manchester Frontrunners	37:25
17	346	Emma Finney	L	17 Sale H Manchester	37:31
18	55	Melanie Monks	L	18 Trafford AC	38:10
19	152	Sarah Carroll	L	19 Salford H&ac	38:21
20	172	Samantha Jones	L	20 Stockport H&ac	38:25
21	314	Amy Welch	L	21 Chorlton Runners	38:44
22	45	Cauley Amy Rose	L	22 Trafford AC	38:50
23	156	Marie O'Brien	L	23 Salford H&ac	38:54
24	306	Ingrid Storm	L	24 Chorlton Runners	39:08
25	431	Daisy Pickles	L	25 Macclesfield H&ac	39:19
26	159	Becki Robinson	L	26 Salford H&ac	39:29
27	505	Hannah Brierley	L	27 Manchester Ymca H	39:44
28	310	Emma Tollefson	L	28 Chorlton Runners	39:52
29	340	Beatrice Cordingley	L	29 Sale H Manchester	40:12
30	313	Rosalyn Webster	L	30 Chorlton Runners	40:19
31	162	Ambi Tipping	L	31 Salford H&ac	40:30
32	413	Alannah Birtwistle	L	32 Macclesfield H&ac	40:55
33	250	Leona Beaumont	L	33 Chorlton Runners	41:07
34	476	Naomi Wright	L	34 Manchester Triathlon	41:26
35	321	Amelia Hunt	L	35 Goyt Valley Striders	41:37
36	270	Niamh Gill	L	36 Chorlton Runners	41:40
37	202	Phoebe Walbank	L	37 Belle Vue Racers	42:13
38	272	Martha Hamilton	L	38 Chorlton Runners	42:17
39	219	Rachel Kenyon	L	39 Manchester Frontrunners	42:23
40	484	Carolyn Lewtas	L	40 Salford Met AC	42:28
41	63	Samantha Hartley	L	41 Hyde Village Striders	42:34
42	293	Lorraine Pang	L	42 Chorlton Runners	42:37
43	565	Elana Payne	L	43 Manchester Met Uni AC	43:30
44	124	Helen Rennie	L	44 Bramhall Runners	43:40
45	583	Anneka Sanders	L	45 Salford H&ac	44:06
46	458	Helen Jaques	L	46 Manchester Triathlon	44:19
47	158	Marloes Peeters	L	47 Salford H&ac	44:51
48	336	Helen Carter	L	48 Sale H Manchester	45:21
49	194	Leah Evans	L	49 Belle Vue Racers	45:41
50	468	Sarah Roberts	L	50 Manchester Triathlon	45:55
51	240	Annabelle Mottram	L	51 Buxton AC	46:39
52	278	Claire Heron	L	52 Chorlton Runners	47:03
53	614	Charlotte Scanlan	L	53 Swinton RC	47:03
54	105	Samantha Blacow	L	54 Bramhall Runners	49:42
55	422	Saranya Hasler	L	55 Macclesfield H&ac	50:01
56	205	Lauren Carr	L	56 Knutsford Tri Club	51:05
57	633	Kaylea Haynes	L	57 Chorlton Runners	51:38
58	409	Hannah Sellers	L	58 E Cheshire H&tameside AC	51:47
59	222	Claire Naylor	L	59 Manchester Frontrunners	52:32
60	463	Ella Novakovic	L	60 Manchester Triathlon	54:44
61	260	Hannah Coates	L	61 Chorlton Runners	55:27
62	510	Jill Guthrie	L	62 Manchester Ymca H	55:30
63	123	Clare Rayner	L	63 Bramhall Runners	59:44
64	507	Jennifer Delaney	L	64 Manchester Ymca H	1:11:58

Senior Women - Ladies (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time
1	31	Diane McVey	L35	1 Wilmslow RC	32:42
2	68	Vicky Wright	L35	2 Hyde Village Striders	35:54
3	391	Lora Blann	L35	3 Altrincham&district AC	37:37
4	216	Jane Fletcher	L35	4 Manchester Frontrunners	37:56
5	533	Rebecca Mills	L35	5 Swinton RC	39:48
6	444	Rebecca Brand	L35	6 Manchester Triathlon	40:51
7	390	Danielle Beard	L35	7 Altrincham&district AC	41:14
8	375	Janneke VanBeijnum	L35	8 Sale H Manchester	41:34
9	482	Carly Appleby	L35	9 Salford Met AC	41:39
10	117	Nicola Lloyd	L35	10 Bramhall Runners	41:54
11	312	Alison Wainwright	L35	11 Chorlton Runners	43:06
12	220	Selena Lockyer	L35	12 Manchester Frontrunners	43:10
13	462	Deirdre McCarthy	L35	13 Manchester Triathlon	43:28
14	443	Sophie Barnett	L35	14 Manchester Triathlon	44:59
15	192	Yana Anderton	L35	15 Belle Vue Racers	45:08
16	627	Sarah Gibbs	L35	16 Vale Royal AC	45:14
17	3	Nikki Cavanagh	L35	17 Vale Royal AC	45:25
18	225	Venetta Uye	L35	18 Manchester Frontrunners	46:22
19	221	Paula Medley	L35	19 Manchester Frontrunners	46:33
20	65	Stacey Holt	L35	20 Hyde Village Striders	46:42
21	147	Isabell Richter	L35	21 Middleton H AC	48:15
22	271	Sarah Gray	L35	22 Chorlton Runners	48:40
23	294	Samantha Pearson	L35	23 Chorlton Runners	49:46
24	303	Amy Spragg	L35	24 Chorlton Runners	50:09
25	32	Sarah Miles	L35	25 Wilmslow RC	50:13
26	218	Mel Johnson	L35	26 Manchester Frontrunners	52:24
27	148	Vicky Stainthorpe	L35	27 Middleton H AC	52:27
28	635	Nicola Richardson	L35	28 Dragons Rc Sale	52:37
29	311	Jennifer Turner	L35	29 Chorlton Runners	1:06:27

Senior Women - Ladies (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time
1	328	Helen Armitage	L40	1 Sale H Manchester	36:37
2	499	Sarah Kearney	L40	2 Wirral AC	36:50
3	337	Anne Chinoy	L40	3 Sale H Manchester	37:54
4	501	Anne Rosbottom	L40	4 Wirral AC	38:02
5	22	Katy Green	L40	5 Wilmslow RC	38:34
6	23	Louisa Harrison	L40	6 Wilmslow RC	39:02
7	531	Lauren Marsden	L40	7 Swinton RC	40:41
8	403	Janet Grint	L40	8 E Cheshire H&tameside AC	40:47
9	71	Melanie Barber	L40	9 Manchester H&ac	41:08
10	383	Claire Murphy	L40	10 St Helens Tri	41:30
11	528	Julie Holden	L40	11 Swinton RC	41:35
12	472	Jude Wall	L40	12 Manchester Triathlon	41:41
13	130	Emma Young	L40	13 Bramhall Runners	41:49
14	345	Sinead Ferguson	L40	14 Sale H Manchester	42:06
15	405	Melanie Kay	L40	15 E Cheshire H&tameside AC	42:09
16	132	Emma Ball	L40	16 Middleton H AC	42:24
17	88	Madeleine Hill	L40	17 Dragons Rc Sale	42:27
18	325	Julie Rundall	L40	18 Goyt Valley Striders	42:55
19	206	Claire Hebblethwaite	L40	19 Knutsford Tri Club	44:44
20	87	Joanne Healy	L40	20 Dragons Rc Sale	45:04
21	358	Carla Ousey	L40	21 Sale H Manchester	45:38
22	211	A AndersonHolton	L40	22 Knutsford Tri Club	46:21
23	485	Laura Mercer	L40	23 Salford Met AC	46:45
24	307	Katie Syrett	L40	24 Chorlton Runners	47:07
25	203	Rachel Watson	L40	25 Belle Vue Racers	47:08
26	503	Emma Bedford	L40	26 Manchester Ymca H	48:11
27	133	Elaine BladesJordan	L40	27 Middleton H AC	48:57
28	145	Beverley O'Neill	L40	28 Middleton H AC	49:20
29	248	Emma Banister	L40	29 Chorlton Runners	49:37
30	423	Rachel Heslop	L40	30 Macclesfield H&ac	50:18
31	228	Christine Dewsbury	L40	31 Stockport Tri Club	50:23
32	227	Nicola Brundrett	L40	32 Stockport Tri Club	50:31
33	536	Sharen Roberts	L40	33 Swinton RC	50:58
34	229	Kerry Doherty	L40	34 Stockport Tri Club	51:14
35	288	Fiona Long	L40	35 Chorlton Runners	51:53
36	521	Jenny Castle	L40	36 Swinton RC	52:10
37	441	Gillian Aspin	L40	37 Manchester Triathlon	53:22
38	299	Fiona Roberts	L40	38 Chorlton Runners	54:16
39	146	Susan Redfern	L40	39 Middleton H AC	54:42
40	300	Alexandra Roskell	L40	40 Chorlton Runners	56:19

Senior Women - Ladies (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time
1	11	Helen Smith	L45 1	Vale Royal AC	37:45
2	161	Beverley Simons	L45 2	Salford H&ac	37:51
3	497	Maggie Cooper	L45 3	Wirral AC	38:12
4	305	Stephanie Stevens	L45 4	Chorlton Runners	39:12
5	49	Alison Drasdo	L45 5	Trafford AC	39:20
6	19	Janine Ellis	L45 6	Wilmslow RC	40:37
7	119	Vikki Murphy	L45 7	Bramhall Runners	41:27
8	356	Jan Nicholls	L45 8	Sale H Manchester	41:51
9	517	Rhona Barker	L45 9	Swinton RC	42:48
10	230	Gillian Doolan	L45 10	Stockport Tri Club	43:39
11	394	Fiona Cosgrove	L45 11	Altrincham&district AC	43:46
12	527	Andrea Harrison	L45 12	Swinton RC	44:54
13	605	Kate Phillips	L45 13	Buxton AC	45:11
14	529	Yvette Jeal	L45 14	Swinton RC	45:16
15	319	Helen Gilbert	L45 15	Goyt Valley Striders	45:52
16	629	Andrea Edwards	L45 16	E Cheshire H&tameside AC	46:15
17	382	Jennifer Miller	L45 17	St Helens Tri	47:53
18	195	Julia Foy	L45 18	Belle Vue Racers	48:52
19	475	Michelle Wilder	L45 19	Manchester Triathlon	49:12
20	483	Kate Fowles	L45 20	Salford Met AC	49:26
21	637	Julie Williamson	L45 21	Horwich Rmi	49:54
22	386	Diane Taktak	L45 22	St Helens Tri	52:34
23	634	Helen Watters	L45 23	Chorlton Runners	53:28
24	236	Rachel Dowle	L45 24	Buxton AC	56:07
25	108	Claire Coulby	L45 25	Bramhall Runners	56:44
26	115	Nikki Knappet	L45 26	Bramhall Runners	1:00:15

Senior Women - Ladies (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time
1	245	Tania Wilson	L50 1	Buxton AC	41:42
2	395	Bev Ganose	L50 2	Altrincham&district AC	41:52
3	180	Lesley Sinclair	L50 3	Stockport H&ac	41:54
4	53	Joanne Lott	L50 4	Trafford AC	42:15
5	401	Alison Vesey	L50 5	Altrincham&district AC	42:51
6	426	Den Massett	L50 6	Macclesfield H&ac	43:32
7	393	Margaret Bullock	L50 7	Altrincham&district AC	43:45
8	434	Hanny Stockman	L50 8	Macclesfield H&ac	44:25
9	496	Caroline Brophy	L50 9	Wirral AC	45:44
10	508	Steph Goodchild	L50 10	Manchester Ymca H	46:56
11	595	Heather FryerWinder	L50 11	Buxton AC	47:49
12	628	Maria Brockway	L50 12	Wirral AC	47:55
13	214	Kate Brennan	L50 13	Manchester Frontrunners	48:00
14	103	Alyson Adams	L50 14	Bramhall Runners	49:23
15	224	Linda Rix	L50 15	Manchester Frontrunners	49:25
16	113	Kathryn Holmes	L50 16	Bramhall Runners	49:49
17	110	Marie Fairclough	L50 17	Bramhall Runners	51:20
18	489	Mandy Webber	L50 18	Salford Met AC	51:42
19	59	Christine Copson	L50 19	Hyde Village Striders	53:23
20	519	Mandy Beard	L50 20	Swinton RC	53:30
21	79	Siobhan Linnett	L50 21	Manchester H&ac	53:49
22	72	Debbie Beresford	L50 22	Manchester H&ac	53:54
23	62	Jackie Hall	L50 23	Hyde Village Striders	54:03
24	480	Clare Smith	L50 24	Marple Runners	1:03:35

Senior Women - Ladies (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	341	Jackie Cordingley	L55 1	Sale H Manchester	40:53
2	366	Lynda Rowlinson	L55 2	Sale H Manchester	43:38
3	1	Julie Annable	L55 3	Vale Royal AC	43:42
4	33	Nicky Mowat	L55 4	Wilmslow RC	44:47
5	186	Hilary West	L55 5	Stockport H&ac	47:24
6	602	Kate Ledlin	L55 6	Buxton AC	47:51
7	326	Tracy Vernon	L55 7	Goyt Valley Striders	48:46
8	143	Julie Jones	L55 8	Middleton H AC	51:58
9	399	Maggie Jones	L55 9	Altrincham&district AC	54:08
10	238	Sue Jeff	L55 10	Buxton AC	54:27
11	621	Teresa Raymor	L55 11	Marple Runners	1:03:08

Senior Women - Ladies (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	407	Angela Oldham	L60 1	E Cheshire H&tameside AC	41:00
2	398	Annmarie Jones	L60 2	Altrincham&district AC	43:16
3	197	Annie Hirsch	L60 3	Belle Vue Racers	43:24
4	50	Sue Exon	L60 4	Trafford AC	48:02
5	141	Teresa Hollins	L60 5	Middleton H AC	48:19
6	134	Fiona Bolton	L60 6	Middleton H AC	53:14
7	139	Ruth Hare	L60 7	Middleton H AC	58:32
8	15	Carole Williams	L60 8	Vale Royal AC	1:01:08
9	284	Trish Kelly	L60 9	Chorlton Runners	1:07:49

Senior Women - Ladies (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	167	Alexis Dinsmor	L65 1	Stockport H&ac	50:35

Senior Women - Ladies (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	137	Christine Eckersley	L70 1	Middleton H AC	53:31
2	385	Liz Spensley	L70 2	St Helens Tri	57:41

Manchester Area Cross Country League

at Heaton Park, Manchester on Saturday 3rd December 2016

Senior Women - Ladies — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time
1	187	Katy Whiteoak	L20	1 Stockport H&ac	32:18
2	545	Anne Kenchington	L20	2 Manchester University	32:29
3	31	Diane McVey	L35	1 Wilmslow RC	32:42
4	153	Ruth Jones	L	4 Salford H&ac	33:15
5	47	Vicki Cronin	L	5 Trafford AC	33:23
6	490	Gemma Connolly	L	6 St Helens Sutton AC	33:29
7	48	Beth Donnelly	L20	3 Trafford AC	35:41
8	2049	\$Laura Hesketh	L	8 Clayton Le Moors Harriers	35:46
9	474	Anna Weaver	L	9 Manchester Triathlon	35:50
10	68	Vicky Wright	L35	2 Hyde Village Striders	35:54
11	561	Freya Burgess	L	11 Manchester Met Uni AC	36:02
12	542	Georgia Baynes	L	12 Manchester University	36:08
13	440	Louisa Whittingham	L20	4 Macclesfield H&ac	36:12
14	410	Hayley Simpson	L	14 E Cheshire H&tameside AC	36:23
15	454	Rachel Hall	L	15 Manchester Triathlon	36:33
16	185	Faye Waterhouse	L	16 Stockport H&ac	36:36
17	328	Helen Armitage	L40	1 Sale H Manchester	36:37
18	547	Anna Mackenzie	L	18 Manchester University	36:39
19	469	Sarah Saxton	L	19 Manchester Triathlon	36:44
20	343	Sarah Douglas	L	20 Sale H Manchester	36:49
21	499	Sarah Kearney	L40	2 Wirral AC	36:50
22	541	Bethany Ansell	L	22 Manchester University	36:56
23	208	Helen Murray	L	23 Knutsford Tri Club	37:08
24	404	Bethany Hirst	L	24 E Cheshire H&tameside AC	37:21
25	215	Lucy Etchells	L	25 Manchester Frontrunners	37:25
26	346	Emma Finney	L	26 Sale H Manchester	37:31
27	391	Lora Blann	L35	3 Altrincham&district AC	37:37
28	11	Helen Smith	L45	1 Vale Royal AC	37:45
29	161	Beverley Simons	L45	2 Salford H&ac	37:51
30	337	Anne Chinoy	L40	3 Sale H Manchester	37:54
31	216	Jane Fletcher	L35	4 Manchester Frontrunners	37:56
32	501	Anne Rosbottom	L40	4 Wirral AC	38:02
33	55	Melanie Monks	L	33 Trafford AC	38:10
34	497	Maggie Cooper	L45	3 Wirral AC	38:12
35	152	Sarah Carroll	L	35 Salford H&ac	38:21
36	172	Samantha Jones	L	36 Stockport H&ac	38:25
37	22	Katy Green	L40	5 Wilmslow RC	38:34
38	314	Amy Welch	L	38 Chorlton Runners	38:44
39	45	Cauley Amy Rose	L	39 Trafford AC	38:50
40	156	Marie O'Brien	L	40 Salford H&ac	38:54
41	23	Louisa Harrison	L40	6 Wilmslow RC	39:02
42	306	Ingrid Storm	L	42 Chorlton Runners	39:08
43	305	Stephanie Stevens	L45	4 Chorlton Runners	39:12
44	431	Daisy Pickles	L	44 Macclesfield H&ac	39:19
45	49	Alison Drasdo	L45	5 Trafford AC	39:20
46	159	Becki Robinson	L	46 Salford H&ac	39:29
47	505	Hannah Brierley	L	47 Manchester Ymca H	39:44
48	533	Rebecca Mills	L35	5 Swinton RC	39:48
49	310	Emma Tollefson	L	49 Chorlton Runners	39:52
50	340	Beatrice Cordingley	L	50 Sale H Manchester	40:12
51	313	Rosalyn Webster	L	51 Chorlton Runners	40:19
52	636	Megan King	L20	5 Goyt Valley Striders	40:23
53	162	Ambi Tipping	L	53 Salford H&ac	40:30
54	19	Janine Ellis	L45	6 Wilmslow RC	40:37
55	531	Lauren Marsden	L40	7 Swinton RC	40:41
56	403	Janet Grint	L40	8 E Cheshire H&tameside AC	40:47
57	444	Rebecca Brand	L35	6 Manchester Triathlon	40:51
58	341	Jackie Cordingley	L55	1 Sale H Manchester	40:53
59	413	Alannah Birdwistle	L	59 Macclesfield H&ac	40:55
60	407	Angela Oldham	L60	1 E Cheshire H&tameside AC	41:00
61	250	Leona Beaumont	L	61 Chorlton Runners	41:07
62	71	Melanie Barber	L40	9 Manchester H&ac	41:08
63	390	Danielle Beard	L35	7 Altrincham&district AC	41:14
64	476	Naomi Wright	L	64 Manchester Triathlon	41:26
65	119	Vikki Murphy	L45	7 Bramhall Runners	41:27
66	383	Claire Murphy	L40	10 St Helens Tri	41:30
67	375	Janneke VanBeijnum	L35	8 Sale H Manchester	41:34
68	528	Julie Holden	L40	11 Swinton RC	41:35
69	321	Amelia Hunt	L	69 Goyt Valley Striders	41:37
70	482	Carly Appleby	L35	9 Salford Met AC	41:39
71	270	Niamh Gill	L	71 Chorlton Runners	41:40
72	472	Jude Wall	L40	12 Manchester Triathlon	41:41
73	245	Tania Wilson	L50	1 Buxton AC	41:42
74	130	Emma Young	L40	13 Bramhall Runners	41:49
75	356	Jan Nicholls	L45	8 Sale H Manchester	41:51
76	395	Bev Ganose	L50	2 Altrincham&district AC	41:52
77	180	Lesley Sinclair	L50	3 Stockport H&ac	41:54
78	117	Nicola Lloyd	L35	10 Bramhall Runners	41:54
79	345	Sinead Ferguson	L40	14 Sale H Manchester	42:06
80	405	Melanie Kay	L40	15 E Cheshire H&tameside AC	42:09
81	202	Phoebe Walbank	L	81 Belle Vue Racers	42:13
82	53	Joanne Lott	L50	4 Trafford AC	42:15
83	272	Martha Hamilton	L	83 Chorlton Runners	42:17
84	219	Rachel Kenyon	L	84 Manchester Frontrunners	42:23
85	132	Emma Ball	L40	16 Middleton H AC	42:24
86	88	Madeleine Hill	L40	17 Dragons Rc Sale	42:27
87	484	Carolyn Lewtas	L	87 Salford Met AC	42:28
88	63	Samantha Hartley	L	88 Hyde Village Striders	42:34
89	293	Lorraine Pang	L	89 Chorlton Runners	42:37
90	517	Rhona Barker	L45	9 Swinton RC	42:48
91	401	Alison Vesey	L50	5 Altrincham&district AC	42:51
92	325	Julie Rundall	L40	18 Goyt Valley Striders	42:55
93	312	Alison Wainwright	L35	11 Chorlton Runners	43:06
94	220	Selena Lockyer	L35	12 Manchester Frontrunners	43:10
95	398	Annmarie Jones	L60	2 Altrincham&district AC	43:16
96	197	Annie Hirsch	L60	3 Belle Vue Racers	43:24
97	462	Deirdre McCarthy	L35	13 Manchester Triathlon	43:28
98	565	Elana Payne	L	98 Manchester Met Uni AC	43:30
99	426	Den Massett	L50	6 Macclesfield H&ac	43:32
100	366	Lynda Rowlinson	L55	2 Sale H Manchester	43:38
101	230	Gillian Doolan	L45	10 Stockport Tri Club	43:39
102	124	Helen Rennie	L	102 Bramhall Runners	43:40
103	1	Julie Annable	L55	3 Vale Royal AC	43:42
104	393	Margaret Bullock	L50	7 Altrincham&district AC	43:45
105	394	Fiona Cosgrove	L45	11 Altrincham&district AC	43:46
106	583	Anneka Sanders	L	106 Salford H&ac	44:06
107	458	Helen Jaques	L	107 Manchester Triathlon	44:19
108	434	Hanny Stockman	L50	8 Macclesfield H&ac	44:25
109	206	Claire Hebblethwaite	L40	19 Knutsford Tri Club	44:44
110	33	Nicky Mowat	L55	4 Wilmslow RC	44:47
111	158	Marloes Peeters	L	111 Salford H&ac	44:51
112	527	Andrea Harrison	L45	12 Swinton RC	44:54
113	443	Sophie Barnett	L35	14 Manchester Triathlon	44:59
114	87	Joanne Healy	L40	20 Dragons Rc Sale	45:04
115	192	Yana Anderton	L35	15 Belle Vue Racers	45:08
116	605	Kate Phillips	L45	13 Buxton AC	45:11
117	627	Sarah Gibbs	L35	16 Vale Royal AC	45:14
118	529	Yvette Jeal	L45	14 Swinton RC	45:16
119	336	Helen Carter	L	119 Sale H Manchester	45:21
120	3	Nikki Cavanagh	L35	17 Vale Royal AC	45:25
121	358	Carla Ousey	L40	21 Sale H Manchester	45:38
122	194	Leah Evans	L	122 Belle Vue Racers	45:41
123	496	Caroline Brophy	L50	9 Wirral AC	45:44
124	319	Helen Gilbert	L45	15 Goyt Valley Striders	45:52
125	468	Sarah Roberts	L	125 Manchester Triathlon	45:55
126	629	Andrea Edwards	L45	16 E Cheshire H&tameside AC	46:15
127	211	A AndersonHolton	L40	22 Knutsford Tri Club	46:21
128	225	Venetta Uye	L35	18 Manchester Frontrunners	46:22
129	221	Paula Medley	L35	19 Manchester Frontrunners	46:33
130	240	Annabelle Mottram	L	130 Buxton AC	46:39
131	65	Stacey Holt	L35	20 Hyde Village Striders	46:42
132	485	Laura Mercer	L40	23 Salford Met AC	46:45
133	508	Steph Goodchild	L50	10 Manchester Ymca H	46:56
134	278	Claire Heron	L	134 Chorlton Runners	47:03
135	614	Charlotte Scanlan	L	135 Swinton RC	47:03
136	307	Katie Syrett	L40	24 Chorlton Runners	47:07
137	203	Rachel Watson	L40	25 Belle Vue Racers	47:08
138	186	Hilary West	L55	5 Stockport H&ac	47:24
139	595	Heather FryerWinder	L50	11 Buxton AC	47:49
140	602	Kate Ledlin	L55	6 Buxton AC	47:51
141	382	Jennifer Miller	L45	17 St Helens Tri	47:53
142	628	Maria Brockway	L50	12 Wirral AC	47:55
143	214	Kate Brennan	L50	13 Manchester Frontrunners	48:00
144	50	Sue Exon	L60	4 Trafford AC	48:02
145	503	Emma Bedford	L40	26 Manchester Ymca H	48:11
146	147	Isabell Richter	L35	21 Middleton H AC	48:15
147	141	Teresa Hollins	L60	5 Middleton H AC	48:19
148	271	Sarah Gray	L35	22 Chorlton Runners	48:40
149	326	Tracy Vernon	L55	7 Goyt Valley Striders	48:46
150	195	Julia Foy	L45	18 Belle Vue Racers	48:52
151	133	Elaine BladesJordan	L40	27 Middleton H AC	48:57
152	475	Michelle Wilder	L45	19 Manchester Triathlon	49:12
153	145	Beverley O'Neill	L40	28 Middleton H AC	49:20
154	103	Alyson Adams	L50	14 Bramhall Runners	49:23
155	224	Linda Rix	L50	15 Manchester Frontrunners	49:25
156	483	Kate Fowles	L45	20 Salford Met AC	49:26
157	248	Emma Banister	L40	29 Chorlton Runners	49:37
158	105	Samantha Blacow	L	158 Bramhall Runners	49:42
159	294	Samantha Pearson	L35	23 Chorlton Runners	49:46
160	113	Kathryn Holmes	L50	16 Bramhall Runners	49:49
161	637	Julie Williamson	L45	21 Horwich Rmi	49:54
162	422	Saranya Hasler	L	162 Macclesfield H&ac	50:01
163	303	Amy Spragg	L35	24 Chorlton Runners	50:09
164	32	Sarah Miles	L35	25 Wilmslow RC	50:13
165	423	Rachel Heslop	L40	30 Macclesfield H&ac	50:18
166	228	Christine Dewsbury	L40	31 Stockport Tri Club	50:23
167	227	Nicola Brundrett	L40	32 Stockport Tri Club	50:31
168	167	Alexis Dinsmor	L65	1 Stockport H&ac	50:35
169	536	Sharen Roberts	L40	33 Swinton RC	50:58
170	205	Lauren Carr	L	170 Knutsford Tri Club	51:05
171	229	Kerry Doherty	L40	34 Stockport Tri Club	51:14
172	110	Marie Fairclough	L50	17 Bramhall Runners	51:20
173	633	Kaylea Haynes	L	173 Chorlton Runners	51:38
174	489	Mandy Webber	L50	18 Salford Met AC	51:42
175	409	Hannah Sellers	L	175 E Cheshire H&tameside AC	51:47
176	288	Fiona Long	L40	35 Chorlton Runners	51:53
177	143	Julie Jones	L55	8 Middleton H AC	51:58
178	521	Jenny Castle	L40	36 Swinton RC	52:10
179	218	Mel Johnson	L35	26 Manchester Frontrunners	52:24
180	148	Vicky Stainthorpe	L35	27 Middleton H AC	52:27

181 222 Claire Naylor	L	181 Manchester Frontrunners	52:32	198 260 Hannah Coates	L	198 Chorlton Runners	55:27
182 386 Diane Taktak	L45	22 St Helens Tri	52:34	199 510 Jill Guthrie	L	199 Manchester Ymca H	55:30
183 635 Nicola Richardson	L35	28 Dragons Rc Sale	52:37	200 236 Rachel Dowle	L45	24 Buxton AC	56:07
184 134 Fiona Bolton	L60	6 Middleton H AC	53:14	201 300 Alexandra Roskell	L40	40 Chorlton Runners	56:19
185 441 Gillian Aspin	L40	37 Manchester Triathlon	53:22	202 108 Claire Coulby	L45	25 Bramhall Runners	56:44
186 59 Christine Copson	L50	19 Hyde Village Striders	53:23	203 385 Liz Spensley	L70	2 St Helens Tri	57:41
187 634 Helen Watters	L45	23 Chorlton Runners	53:28	204 139 Ruth Hare	L60	7 Middleton H AC	58:32
188 519 Mandy Beard	L50	20 Swinton RC	53:30	205 123 Clare Rayner	L	205 Bramhall Runners	59:44
189 137 Christine Eckersley	L70	1 Middleton H AC	53:31	206 115 Nikki Knappet	L45	26 Bramhall Runners	1:00:15
190 79 Siobhan Linnett	L50	21 Manchester H&ac	53:49	207 15 Carole Williams	L60	8 Vale Royal AC	1:01:08
191 72 Debbie Beresford	L50	22 Manchester H&ac	53:54	208 621 Teresa Raymor	L55	11 Marple Runners	1:03:08
192 62 Jackie Hall	L50	23 Hyde Village Striders	54:03	209 553 Eliane Ferrier	L20	6 St Helens Tri	1:03:14
193 399 Maggie Jones	L55	9 Altrincham&district AC	54:08	210 480 Clare Smith	L50	24 Marple Runners	1:03:35
194 299 Fiona Roberts	L40	38 Chorlton Runners	54:16	211 311 Jennifer Turner	L35	29 Chorlton Runners	1:06:27
195 238 Sue Jeff	L55	10 Buxton AC	54:27	212 284 Trish Kelly	L60	9 Chorlton Runners	1:07:49
196 146 Susan Redfern	L40	39 Middleton H AC	54:42	213 507 Jennifer Delaney	L	213 Manchester Ymca H	1:11:58
197 463 Ella Novakovic	L	197 Manchester Triathlon	54:44				

Senior Women - Ladies — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Manchester University	51	—	2 Anne Kenchington	11 Georgia Baynes	17 Anna Mackenzie	21 Bethany Ansell
2 Trafford AC	82	—	5 Vicki Cronin	7 Beth Donnelly	32 Melanie Monks	38 Cauley Amy Rose
3 Sale H Manchester	89	—	16 Helen Armitage	19 Sarah Douglas	25 Emma Finney	29 Anne Chinoy
4 Manchester Triathlon	96	—	8 Anna Weaver	14 Rachel Hall	18 Sarah Saxton	56 Rebecca Brand
5 Salford H&ac	105	—	4 Ruth Jones	28 Beverley Simons	34 Sarah Carroll	39 Marie O'Brien
6 Stockport H&ac	127	—	1 Katy Whiteoak	15 Faye Waterhouse	35 Samantha Jones	76 Lesley Sinclair
7 Wilmslow RC	132	—	3 Diane McVey	36 Katy Green	40 Louisa Harrison	53 Janine Ellis
8 E Cheshire H&tameside AC	150	—	13 Hayley Simpson	23 Bethany Hirst	55 Janet Grint	59 Angela Oldham
9 Chorlton Runners	168	—	37 Amy Welch	41 Ingrid Storm	42 Stephanie Stevens	48 Emma Tollefson
10 Wirral AC	206	—	20 Sarah Kearney	31 Anne Rosbottom	33 Maggie Cooper	122 Caroline Brophy
11 Macclesfield H&ac	211	—	12 Louisa Whittingham	43 Daisy Pickles	58 Alannah Birtwistle	98 Den Massett
12 Manchester Frontrunners	230	—	24 Lucy Etchells	30 Jane Fletcher	83 Rachel Kenyon	93 Selena Lockyer
13 Sale H Manchester 'B'	246	—	49 Beatrice Cordingley	57 Jackie Cordingley	66 Janneke Van Beijnum	74 Jan Nicholls
14 Altrincham&district AC	253	—	26 Lora Blann	62 Danielle Beard	75 Bev Ganose	90 Alison Vesey
15 Swinton RC	257	—	47 Rebecca Mills	54 Lauren Marsden	67 Julie Holden	89 Rhona Barker
16 Chorlton Runners 'B'	262	—	50 Rosalyn Webster	60 Leona Beaumont	70 Niamh Gill	82 Martha Hamilton
17 Salford H&ac 'B'	312	—	45 Becki Robinson	52 Ambi Tipping	105 Anneka Sanders	110 Marloes Peeters
18 Bramhall Runners	315	—	64 Vikki Murphy	73 Emma Young	77 Nicola Lloyd	101 Helen Rennie
19 Goyt Valley Striders	333	—	51 Megan King	68 Amelia Hunt	91 Julie Rundall	123 Helen Gilbert
20 Manchester Triathlon 'B'	336	—	63 Naomi Wright	71 Jude Wall	96 Deirdre McCarthy	106 Helen Jaques
21 Vale Royal AC	364	—	27 Helen Smith	102 Julie Annable	116 Sarah Gibbs	119 Nikki Cavanagh
22 Belle Vue Racers	410	—	80 Phoebe Walbank	95 Annie Hirsch	114 Yana Anderton	121 Leah Evans
23 Hyde Village Striders	411	—	9 Vicky Wright	87 Samantha Hartley	130 Stacey Holt	185 Christine Copson
24 Sale H Manchester 'C'	415	—	78 Sinead Ferguson	99 Lynda Rowlinson	118 Helen Carter	120 Carla Ousey
25 Knutsford Tri Club	425	—	22 Helen Murray	108 Claire Hebblethwaite	126 A Anderson Holton	169 Lauren Carr
26 Salford Met AC	441	—	69 Carly Appleby	86 Carolyn Lewtas	131 Laura Mercer	155 Kate Fowles
27 Chorlton Runners 'C'	448	—	88 Lorraine Pang	92 Alison Wainwright	133 Claire Heron	135 Katie Syrett
28 Buxton AC	454	—	72 Tania Wilson	115 Kate Phillips	129 Annabelle Mottram	138 Heather Fryer Winder
29 Altrincham&district AC 'B'	493	—	94 Annmarie Jones	103 Margaret Bullock	104 Fiona Cosgrove	192 Maggie Jones
30 Manchester Ymca H	520	—	46 Hannah Brierley	132 Steph Goodchild	144 Emma Bedford	198 Jill Guthrie
31 Middleton H AC	525	—	84 Emma Ball	145 Isabell Richter	146 Teresa Hollins	150 Elaine Blades Jordan
32 Swinton RC 'B'	530	—	111 Andrea Harrison	117 Yvette Jeal	134 Charlotte Scanlan	168 Sharen Roberts
33 Manchester Frontrunners 'B'	551	—	127 Venetta Uye	128 Paula Medley	142 Kate Brennan	154 Linda Rix
34 Manchester Triathlon 'C'	571	—	112 Sophie Barnett	124 Sarah Roberts	151 Michelle Wilder	184 Gillian Aspin
35 St Helens Tri	588	—	65 Claire Murphy	140 Jennifer Miller	181 Diane Taktak	202 Liz Spensley
36 Stockport Tri Club	601	—	100 Gillian Doolan	165 Christine Dewsbury	166 Nicola Brundrett	170 Kerry Doherty
37 Chorlton Runners 'D'	623	—	147 Sarah Gray	156 Emma Banister	158 Samantha Pearson	162 Amy Spragg
38 Bramhall Runners 'B'	640	—	153 Alyson Adams	157 Samantha Blacow	159 Kathryn Holmes	171 Marie Fairclough
39 Middleton H AC 'B'	690	—	152 Beverley O'Neill	176 Julie Jones	179 Vicky Stainthorpe	183 Fiona Bolton
40 Chorlton Runners 'E'	726	—	172 Kaylea Haynes	175 Fiona Long	186 Helen Watters	193 Fiona Roberts
41 Chorlton Runners 'F'	818	—	197 Hannah Coates	200 Alexandra Roskell	210 Jennifer Turner	211 Trish Kelly

Senior Women - Ladies (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Wirral AC	25	—	4 Sarah Kearney	10 Anne Rosbottom	11 Maggie Cooper
2 Wilmslow RC	26	—	1 Diane McVey	12 Katy Green	13 Louisa Harrison
3 Sale H Manchester	32	—	3 Helen Armitage	8 Anne Chinoy	21 Jackie Cordingley
4 Swinton RC	62	—	16 Rebecca Mills	18 Lauren Marsden	28 Julie Holden
5 Altrincham&district AC	63	—	5 Lora Blann	24 Danielle Beard	34 Bev Ganose
6 E Cheshire H&tameside AC	79	—	19 Janet Grint	22 Angela Oldham	38 Melanie Kay
7 Bramhall Runners	93	—	25 Vikki Murphy	32 Emma Young	36 Nicola Lloyd
8 Sale H Manchester 'B'	97	—	27 Janneke VanBeijnum	33 Jan Nicholls	37 Sinead Ferguson
9 Manchester Triathlon	99	—	20 Rebecca Brand	30 Jude Wall	49 Deirdre McCarthy
10 Vale Royal AC	123	—	6 Helen Smith	53 Julie Annable	64 Sarah Gibbs
11 Manchester Frontrunners	127	—	9 Jane Fletcher	46 Selena Lockyer	72 Venetta Uye
12 Chorlton Runners	136	—	14 Stephanie Stevens	45 Alison Wainwright	77 Katie Syrett
13 Trafford AC	139	—	15 Alison Drasdo	39 Joanne Lott	85 Sue Exon
14 Altrincham&district AC 'B'	144	—	43 Alison Vesey	47 Annmarie Jones	54 Margaret Bullock
15 Swinton RC 'B'	166	—	42 Rhona Barker	59 Andrea Harrison	65 Yvette Jeal
16 Buxton AC	174	—	31 Tania Wilson	63 Kate Phillips	80 Heather FryerWinder
17 Wilmslow RC 'B'	178	—	17 Janine Ellis	58 Nicky Mowat	103 Sarah Miles
18 Belle Vue Racers	188	—	48 Annie Hirsch	62 Yana Anderton	78 Rachel Watson
19 Hyde Village Striders	197	—	2 Vicky Wright	74 Stacey Holt	121 Christine Copson
20 Salford Met AC	201	—	29 Carly Appleby	75 Laura Mercer	97 Kate Fowles
21 Goyt Valley Striders	203	—	44 Julie Rundall	69 Helen Gilbert	90 Tracy Vernon
22 Macclesfield H&ac	210	—	50 Den Massett	56 Hanny Stockman	104 Rachel Heslop
23 Middleton H AC	215	—	40 Emma Ball	87 Isabell Richter	88 Teresa Hollins
24 Dragons Rc Sale	220	—	41 Madeleine Hill	61 Joanne Healy	118 Nicola Richardson
25 Stockport H&ac	221	—	35 Lesley Sinclair	79 Hilary West	107 Alexis Dinsmor
26 St Helens Tri	225	—	26 Claire Murphy	82 Jennifer Miller	117 Diane Taktak
27 Manchester Frontrunners 'B'	253	—	73 Paula Medley	84 Kate Brennan	96 Linda Rix
28 Stockport Tri Club	263	—	52 Gillian Doolan	105 Christine Dewsbury	106 Nicola Brundrett
29 Manchester Triathlon 'B'	273	—	60 Sophie Barnett	93 Michelle Wilder	120 Gillian Aspin
30 Manchester H&ac	274	—	23 Melanie Barber	125 Siobhan Linnett	126 Debbie Beresford
31 Chorlton Runners 'B'	286	—	89 Sarah Gray	98 Emma Banister	99 Samantha Pearson
32 Middleton H AC 'B'	299	—	92 Elaine Blades Jordan	94 Beverley O'Neill	113 Julie Jones
33 Bramhall Runners 'B'	305	—	95 Alyson Adams	100 Kathryn Holmes	110 Marie Fairclough
34 Chorlton Runners 'C'	336	—	102 Amy Spragg	112 Fiona Long	122 Helen Watters
35 Buxton AC 'B'	343	—	81 Kate Ledlin	130 Sue Jeff	132 Rachel Dowle
36 Swinton RC 'C'	345	—	108 Sharen Roberts	114 Jenny Castle	123 Mandy Beard
37 Middleton H AC 'C'	359	—	116 Vicky Stainthorpe	119 Fiona Bolton	124 Christine Eckersley
38 Chorlton Runners 'D'	403	—	129 Fiona Roberts	133 Alexandra Roskell	141 Jennifer Turner

Senior Women - Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time
1	2051	\$Andy Smith	V40	1 Swinton RC	57:59

Manchester Area Cross Country League

at Heaton Park, Manchester on Saturday 3rd December 2016

Senior Men aged 20 to 39

Pos	Num	Name	Cat/Pos	Club	Time
1	318	Jack Morris		Stockport H&ac	32:14
2	83	Chris Farrell		Horwich Rmi	32:23
3	249	Joe Bailey		Salford H&ac	34:12
4	937	Alasdair Campbell		Buxton AC	34:19
5	888	James Wignall		Sale H Manchester	34:26
6	114	Andile Hlebo		Trafford AC	34:40
7	622	David Norman		Altrincham&district AC	34:47
8	470	James Savage		Chorlton Runners	34:48
9	80	Ian Conroy		Horwich Rmi	34:56
10	566	Joseph Vis		Sale H Manchester	35:06
11	626	Jonathan Powell		Altrincham&district AC	35:13
12	710	Alex Lawton		Manchester Triathlon	35:16
13	105	Daniel Ansell		Trafford AC	36:00
14	601	Michael Berks		Altrincham&district AC	36:03
15	19	Ryan Moore		Vale Royal AC	36:04
16	873	Nicholas Barry		Sale H Manchester	36:05
17	62	Damian Nicholls		Wilmslow RC	36:15
18	516	Chris Donnelly		Sale H Manchester	36:17
19	696	Lewis Eccleston		Manchester Triathlon	36:36
20	126	Simon O'Meara		Trafford AC	36:43
21	49	Paul Hawkins		Wilmslow RC	36:48
22	906	Nat Winfield		Buxton AC	36:50
23	534	Rob Jowett		Sale H Manchester	36:52
24	510	Andrew Carlin		Sale H Manchester	37:00
25	430	Tim Fletcher		Chorlton Runners	37:05
26	485	David Wyeth		Chorlton Runners	37:08
27	801	Dan Bird		Swinton RC	37:10
28	457	F Macdonald-Oulds		Chorlton Runners	37:28
29	948	Ben Light		Buxton AC	37:28
30	1011	Dean Mathin		Stockport H&ac	37:30
31	538	Tim Kennedy		Sale H Manchester	37:41
32	635	Gavin Browne		E Cheshire H&tameside AC	37:51
33	938	Sol Clark		Buxton AC	37:57
34	988	Michael Hallas		Horwich Rmi	38:11
35	250	Tommi Baker		Salford H&ac	38:23
36	595	Dan Harbridge		Warrington Tri Club	38:30
37	443	Ben Hobson		Chorlton Runners	38:32
38	703	Graeme Grindrod		Manchester Triathlon	38:34
39	6	Zack Bamber		Vale Royal AC	38:35
40	1000	Matthew Williams		Manchester Triathlon	38:36
41	684	Scott Wilson		Macclesfield H&ac	38:37
42	976	Tom Stephenson		Sale H Manchester	38:43
43	731	Aaron Saxton		Manchester Triathlon	39:04
44	374	Martin Dunn		Manchester Frontrunners	39:07
45	518	Richard Edwards		Sale H Manchester	39:20
46	517	Rob Dunn		Sale H Manchester	39:30
47	589	Mark Turner		St Helens Tri	39:34
48	546	Ben McIntyre		Sale H Manchester	39:49
49	721	Tom Pickering		Manchester Triathlon	39:55
50	367	Tom Bardwell		Manchester Frontrunners	39:58
51	779	Will Ferguson		Wirral AC	40:05
52	685	Andy Adkin		Manchester Triathlon	40:09
53	550	Peter O'Neill		Sale H Manchester	40:14
54	790	Mark Griffiths		Manchester Ymca H	40:15
55	530	Steve Henderson		Sale H Manchester	40:37
56	186	Chris Jackson		Glossopdale Harriers	40:40
57	715	Stewart Moore		Manchester Triathlon	40:41
58	225	Jorden Burke		Middleton H AC	40:54
59	263	Chris Dawson		Salford H&ac	40:58
60	1006	Rob Jackson		Wilmslow RC	40:59
61	1012	Brian McCoubrey		Wilmslow RC	41:01
62	998	Gregory Beck		Manchester Frontrunners	41:02
63	865	Jack Benham		Manchester Met Uni AC	41:03
64	495	James Rees		Goyt Valley Striders	41:04
65	662	Carl Hanaghan		Macclesfield H&ac	41:11
66	697	Dean Evans		Manchester Triathlon	41:12
67	529	Rob Halfpenny		Sale H Manchester	41:16
68	243	Robert Mills		Middleton H AC	41:37
69	378	Jono Guildford		Manchester Frontrunners	41:38
70	456	Paul Lubelski		Chorlton Runners	41:41
				71 763 Ben Farrelly	
				72 970 Ross Pettigrew	
				73 503 Paul Barrett	
				74 408 Richard Bouglas	
				75 984 Sam Swindells	
				76 226 Leo Cain	
				77 999 Jonathan Milton	
				78 369 Thomas Blackburn	
				79 480 Neal Wainwright	
				80 219 Ben Wolstenholme	
				81 490 James Hobson	
				82 372 Amir Dar	
				83 423 Justin Cleary	
				84 361 Mike Stockton	
				85 521 Kevin Foster	
				86 191 Richard Adams	
				87 484 Steven Welch	
				88 379 Steve Hatton	
				89 964 David Hargreaves	
				90 586 Patrick Neill	
				91 729 Peter Rought	
				92 450 Nick Jones	
				93 442 Colin Hines	
				94 578 Kevin Dunbar	
				95 166 Andrew Parsonage	
				96 702 Daniel Green	
				97 496 Mark Ruston	
				98 930 Matt Crimes	
				99 352 John Giggins	
				100 466 Nick Parrott	
				101 462 Ross Murdoch	
				102 765 Michael Lim	
				103 183 Matthew Crompton	
				104 794 Chris March	
				105 567 Gareth Webb	
				106 347 Luke Ainsworth	
				107 153 Darren Cooper	
				108 453 James Kermede	
				109 898 John Roper	
				110 705 Richard Hyder	
				111 339 Andrew Taylor	
				112 221 John Bell	
				113 353 Ewan Holton	
				114 606 Jack Dawson	
				115 140 Jamie Briggs	
				116 741 Warren Wallwork	
				117 434 Ross Giles	
				118 968 Tim Condon	
				119 718 Malcolm Orrell	
				120 491 Thomas Jackson	
				121 398 Kieran Welsh	
				122 469 Will Reekie	
				123 632 David Vaughan	
				124 725 David Rees	
				125 446 Etienne Humphries	
				126 766 Stuart Mairs	
				127 247 Martin Sampson	
				128 548 John Morris	
				129 389 Jordan Millar	
				130 207 Ross Kennedy	
				131 744 Thomas Webster	
				132 726 Gareth Rees	
				133 233 Jason Harling	
				134 194 Joseph Connor	
				135 464 Akira Orrego	
				Salford Met AC	41:52
				Belle Vue Racers	41:53
				Sale H Manchester	42:01
				Buxton AC	42:13
				Salford H&ac	42:34
				Middleton H AC	42:37
				Manchester Triathlon	42:39
				Manchester Frontrunners	42:56
				Chorlton Runners	42:57
				Bramhall Runners	43:02
				Goyt Valley Striders	43:17
				Manchester Frontrunners	43:18
				Chorlton Runners	43:20
				Knutsford Tri Club	43:41
				Sale H Manchester	43:54
				Bramhall Runners	43:54
				Chorlton Runners	44:01
				Manchester Frontrunners	44:09
				Chorlton Runners	44:15
				St Helens Tri	44:19
				Manchester Triathlon	44:20
				Chorlton Runners	44:34
				Chorlton Runners	44:35
				St Helens Tri	44:39
				Manchester H&ac	44:44
				Manchester Triathlon	44:58
				Goyt Valley Striders	45:05
				Manchester H&ac	45:06
				Knutsford Tri Club	45:07
				Chorlton Runners	45:13
				Chorlton Runners	45:24
				Salford Met AC	45:27
				Glossopdale Harriers	45:51
				Manchester Ymca H	45:59
				Sale H Manchester	46:01
				Knutsford Tri Club	46:03
				Manchester H&ac	46:24
				Chorlton Runners	46:25
				Stockport H&ac	46:44
				Manchester Triathlon	46:45
				Belle Vue Racers	46:48
				Middleton H AC	47:05
				Knutsford Tri Club	47:12
				Altrincham&district AC	47:17
				Hyde Village Striders	47:22
				Manchester Triathlon	47:25
				Chorlton Runners	47:40
				Manchester Triathlon	47:48
				Manchester Triathlon	48:00
				Goyt Valley Striders	48:03
				Manchester Frontrunners	48:07
				Chorlton Runners	48:09
				Altrincham&district AC	48:10
				Manchester Triathlon	48:31
				Chorlton Runners	48:33
				Salford Met AC	49:16
				Middleton H AC	49:54
				Sale H Manchester	50:11
				Manchester Frontrunners	50:17
				Bramhall Runners	52:10
				Manchester Triathlon	52:12
				Manchester Triathlon	53:37
				Middleton H AC	54:20
				Bramhall Runners	57:17
				Chorlton Runners	1:07:26

Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	556	Gareth Raven	V40 1	Sale H Manchester	33:40	29	737	Roger Thomas	V40 29	Manchester Triathlon	42:19
2	527	Paul Green	V40 2	Sale H Manchester	34:42	30	963	Kevin Woodward	V40 30	Swinton RC	42:36
3	113	Clive Fitzpatrick	V40 3	Trafford AC	35:23	31	444	Stuart Holliday	V40 31	Chorlton Runners	42:40
4	67	Peter Speake	V40 4	Wilmslow RC	35:58	32	68	Matt Taylor	V40 32	Wilmslow RC	42:42
5	128	Jeff Prest	V40 5	Trafford AC	36:46	33	477	Nicck Syrett	V40 33	Chorlton Runners	43:16
6	277	Billy McCartney	V40 6	Salford H&ac	36:58	34	526	Chris Green	V40 34	Sale H Manchester	43:24
7	30	Barry Archbold	V40 7	Wilmslow RC	37:22	35	668	Steven Millar	V40 35	Macclesfield H&ac	43:25
8	957	Rob White	V40 8	Buxton AC	37:49	36	650	Dennis Thomas	V40 36	E Cheshire H&tameside AC	43:42
9	255	Richard Brook	V40 9	Salford H&ac	37:52	37	404	Paul Graveney	V40 37	Stockport Tri Club	44:22
10	390	James Moles	V40 10	Manchester Frontrunners	38:38	38	175	Richard Healy	V40 38	Dragons Rc Sale	45:16
11	265	Mike Grace	V40 11	Salford H&ac	38:39	39	167	Chris Sewart	V40 39	Manchester H&ac	45:18
12	319	Iain Murdoch	V40 12	Stockport H&ac	39:00	40	159	James Hinde	V40 40	Manchester H&ac	45:39
13	269	Matthew Holt	V40 13	Salford H&ac	39:16	41	315	Andrew Mainwaring	V40 41	Stockport H&ac	46:16
14	995	Jamie Helmer	V40 14	Glossopdale Harriers	39:22	42	414	Peter Adams	V40 42	Chorlton Runners	47:09
15	506	Craig Bradbury	V40 15	Sale H Manchester	39:26	43	476	Steven Swan	V40 43	Chorlton Runners	47:15
16	437	Andy Haney	V40 16	Chorlton Runners	39:34	44	218	John Williams	V40 44	Bramhall Runners	47:32
17	468	Christopher Rayner	V40 17	Chorlton Runners	39:40	45	205	Lee Jones	V40 45	Bramhall Runners	47:38
18	523	Olivier Gaillemin	V40 18	Sale H Manchester	39:47	46	569	Michael Wharton	V40 46	Sale H Manchester	47:44
19	312	David Hulley	V40 19	Stockport H&ac	39:59	47	752	Pete Ogley	V40 47	Marple Runners	47:58
20	584	Eddie Hirst	V40 20	St Helens Tri	40:25	48	570	Michael Wymmer	V40 48	Sale H Manchester	49:04
21	515	Elton Davies	V40 21	Sale H Manchester	40:30	49	142	Andrew Houghton	V40 49	Hyde Village Striders	49:33
22	436	Paul Griffiths	V40 22	Chorlton Runners	40:42	50	493	Connor Lomax	V40 50	Goyt Valley Striders	51:30
23	460	Paul McKenna	V40 23	Chorlton Runners	40:48	51	351	Darren Edale	V40 51	Knutsford Tri Club	52:14
24	317	Nathan Mayoh	V40 24	Stockport H&ac	41:06	52	399	Dan Whittaker	V40 52	Manchester Frontrunners	53:16
25	579	Michael Forber	V40 25	St Helens Tri	41:10	53	890	Stephen Carr	V40 53	Swinton RC	53:56
26	593	Mark Hadland	V40 26	Warrington Tri Club	41:32	54	505	Matthew Bell	V40 54	Sale H Manchester	53:58
27	213	Phil Ramsey	V40 27	Bramhall Runners	41:56	55	690	Mark Coley	V40 55	Manchester Triathlon	54:52
28	933	Rick Aldred	V40 28	Buxton AC	42:14	56	923	Jon Clare	V40 56	Bramhall Runners	55:17

Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	266	Ian Grime	V45 1	Salford H&ac	35:47	25	200	Simon Gebbett	V45 25	Bramhall Runners	45:55
2	87	David Jackson	V45 2	Horwich Rmi	38:05	26	17	Dave Haines	V45 26	Vale Royal AC	46:07
3	72	Andy Whittingham	V45 3	Wilmslow RC	38:25	27	657	Richard Brown	V45 27	Macclesfield H&ac	46:18
4	184	Steve Crossman	V45 4	Glossopdale Harriers	39:18	28	770	Mark Shuttleworth	V45 28	Salford Met AC	46:23
5	29	Gareth Williams	V45 5	Vale Royal AC	39:25	29	7	Chris Beard	V45 29	Vale Royal AC	46:27
6	304	James Corden	V45 6	Stockport H&ac	39:31	30	754	Darren Peatfield	V45 30	Marple Runners	46:40
7	281	Steve Pennington	V45 7	Salford H&ac	39:31	31	975	Paul Carrington	V45 31	Stockport Tri Club	46:55
8	238	Paul Jibson	V45 8	Middleton H AC	39:50	32	905	Stewart Connor	V45 32	Stockport H&ac	47:19
9	756	Mat Stephenson	V45 9	Marple Runners	39:56	33	820	Jon Sides	V45 33	Swinton RC	47:41
10	986	Paul Nutter	V45 10	Stockport H&ac	40:09	34	407	Gordon Wilson	V45 34	Stockport Tri Club	47:55
11	673	James Noakes	V45 11	Macclesfield H&ac	40:31	35	104	Mark Swindell	V45 35	Horwich Rmi	48:15
12	736	Stephen Taylor	V45 12	Manchester Triathlon	41:00	36	739	Franck Turmel-Josek	V45 36	Manchester Triathlon	48:31
13	732	Paul Schofield	V45 13	Manchester Triathlon	41:29	37	227	Colin Carter	V45 37	Middleton H AC	49:08
14	707	Tim Johns	V45 14	Manchester Triathlon	42:06	38	695	Andrew Dow	V45 38	Manchester Triathlon	49:39
15	540	Ashley Lindsey	V45 15	Sale H Manchester	42:20	39	864	Barrie Thomason	V45 39	Macclesfield H&ac	49:46
16	210	Frank Podd	V45 16	Bramhall Runners	42:33	40	822	Ric Waring	V45 40	Swinton RC	50:38
17	896	Chris Goodfellow	V45 17	Macclesfield H&ac	42:38	41	342	Farouk Vanda	V45 41	Belle Vue Racers	51:23
18	54	James Macdonald	V45 18	Wilmslow RC	42:59	42	99	Lawrence Pinnell	V45 42	Horwich Rmi	51:58
19	734	Ben Strutt	V45 19	Manchester Triathlon	43:06	43	363	Edward Taylor	V45 43	Knutsford Tri Club	52:03
20	152	Jason Brogan	V45 20	Manchester H&ac	43:43	44	643	Martin Lewis	V45 44	E Cheshire H&tameside AC	52:17
21	344	Derrick Watson	V45 21	Belle Vue Racers	44:00	45	1009	Ray Tran	V45 45	Vale Royal AC	54:29
22	889	Ian Mulligan	V45 22	Stockport H&ac	44:46	46	195	Paul Cowell	V45 46	Bramhall Runners	55:02
23	717	John Murray	V45 23	Manchester Triathlon	45:16	47	354	Anthony Jones	V45 47	Knutsford Tri Club	56:48
24	22	Mark Pilliner	V45 24	Vale Royal AC	45:53						

Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	40	Rob Downs	V50 1	Wilmslow RC	36:19	18	691	Timothy Criddle	V50 18	Manchester Triathlon	46:21
2	774	John Greenall	V50 2	St Helens Sutton AC	39:30	19	487	Kevin Day	V50 19	Goyt Valley Striders	46:51
3	615	Richard Johnson	V50 3	Altrincham&district AC	39:42	20	350	Andy Dines	V50 20	Knutsford Tri Club	46:52
4	63	Stuart Parrott	V50 4	Wilmslow RC	39:54	21	157	Glen Gandy	V50 21	Manchester H&ac	47:17
5	253	Paul Birkett	V50 5	Salford H&ac	39:57	22	555	Tim Rainey	V50 22	Sale H Manchester	47:21
6	122	Paul Mannion	V50 6	Trafford AC	40:35	23	346	Andy Wood	V50 23	Belle Vue Racers	47:28
7	908	Kevan Garner	V50 7	Stockport H&ac	41:13	24	188	Ian Oates	V50 24	Glossopdale Harriers	47:43
8	656	Julian Brown	V50 8	Macclesfield H&ac	41:18	25	163	Mike Long	V50 25	Manchester H&ac	48:56
9	560	Glenn Savage	V50 9	Sale H Manchester	42:02	26	829	Anthony Harrison	V50 26	Winston Runners	49:22
10	108	Dick Byers	V50 10	Trafford AC	43:04	27	181	Andrew Burnett	V50 27	Glossopdale Harriers	50:45
11	740	Richard Wallace	V50 11	Manchester Triathlon	43:29	28	799	Dave Batty	V50 28	Swinton RC	51:24
12	927	Richard Hiron	V50 12	Wilmslow RC	43:55	29	797	Steve Symons	V50 29	Manchester Ymca H	52:36
13	947	Andy Lidstone	V50 13	Buxton AC	44:33	30	576	Andy Bridge	V50 30	St Helens Tri	54:01
14	609	Colin Hammond	V50 14	Altrincham&district AC	45:33	31	969	Azzam Taktak	V50 31	St Helens Tri	54:41
15	394	Roberto Raso	V50 15	Manchester Frontrunners	45:35	32	704	Bryan Hopwood	V50 32	Manchester Triathlon	55:49
16	148	Dominic Sexton	V50 16	Hyde Village Striders	45:48	33	996	Paul Hunt	V50 33	Goyt Valley Striders	56:06
17	789	Eddie Gilligan	V50 17	Manchester Ymca H	46:17						

Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	926	Trevor Morris	V55 1	Wilmslow RC	41:05
2	552	Nick Peach	V55 2	Sale H Manchester	41:46
3	79	Gary Chadderton	V55 3	Horwich Rmi	42:10
4	554	Aiden Raftery	V55 4	Sale H Manchester	42:52
5	349	Dave Clamp	V55 5	Knutsford Tri Club	43:00
6	771	Paul Stevenson	V55 6	Salford Met AC	43:03
7	84	Douglas Fleming	V55 7	Horwich Rmi	43:14
8	405	Simon Phillips	V55 8	Stockport Tri Club	43:55
9	641	Derek Hughes	V55 9	E Cheshire H&tameside AC	44:17
10	610	Graham Harrison	V55 10	Altrincham&district AC	44:56
11	669	John Mooney	V55 11	Macclesfield H&ac	45:19
12	604	Lockie Campbell	V55 12	Altrincham&district AC	45:31
13	182	David Chrystie-Lowe	V55 13	Glossopdale Harriers	45:42
14	308	Tim Hargreaves	V55 14	Stockport H&ac	45:57
15	935	Pete Bailey	V55 15	Buxton AC	46:13
16	241	Anthony Lowe	V55 16	Middleton H AC	46:19
17	513	Frank Cordingley	V55 17	Sale H Manchester	46:20
18	804	Steve Doxey	V55 18	Swinton RC	46:53
19	574	Terry Bates	V55 19	St Helens Tri	47:23
20	596	Ian Parker	V55 20	Warrington Tri Club	48:37
21	594	Paul Harbridge	V55 21	Warrington Tri Club	50:23
22	791	Steve Ingham	V55 22	Manchester Ymca H	53:00
23	74	David Barnes	V55 23	Horwich Rmi	53:28
24	497	Chris Tetley	V55 24	Goyt Valley Striders	59:14

Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	280	Stanley Owen	V60 1	Salford H&ac	40:11
2	59	Tom McGaff	V60 2	Wilmslow RC	41:15
3	282	Philip Quibell	V60 3	Salford H&ac	42:03
4	625	Peter Pickwell	V60 4	Altrincham&district AC	44:41
5	786	Tony Brierley	V60 5	Manchester Ymca H	45:04
6	895	Peter Stock	V60 6	Wilmslow RC	45:17
7	12	John Clarke	V60 7	Vale Royal AC	47:28
8	230	Alan Garvey	V60 8	Middleton H AC	47:47
9	563	Jerry Smith	V60 9	Sale H Manchester	50:12
10	335	Patrick O'Brien	V60 10	Belle Vue Racers	50:51
11	777	James Atkin	V60 11	Wirral AC	55:44
12	617	Mike Jones	V60 12	Altrincham&district AC	56:12
13	232	Stephen Granville	V60 13	Middleton H AC	1:00:29

Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	514	Mike Curley	V65 1	Sale H Manchester	46:23
2	827	John Archer	V65 2	Winston Runners	47:36
3	796	Jon Paramor	V65 3	Manchester Ymca H	50:21
4	224	Mick Bull	V65 4	Middleton H AC	51:55
5	993	Keith Owens	V65 5	E Cheshire H&tameside AC	53:18
6	1010	Lee Aisnworth	V65 6	Sale H Manchester	58:09

Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	155	Michael Cunningham	V70 1	Manchester H&ac	53:21
2	23	Colin Rathbone	V70 2	Vale Royal AC	56:24
3	647	Dave Salmon	V70 3	E Cheshire H&tameside AC	58:48
4	42	Trevor Faulkner	V70 4	Wilmslow RC	1:07:36
5	302	Chris Bryans	V75 1	Stockport H&ac	1:20:07

Manchester Area Cross Country League at Heaton Park, Manchester on Saturday 3rd December 2016

Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	318	Jack Morris		Stockport H&ac	32:14	91	238	Paul Jibson	V45 8	Middleton H AC	39:50
2	83	Chris Farrell		Horwich Rmi	32:23	92	63	Stuart Parrott	V50 4	Wilmslow RC	39:54
3	124	Zak Miller		Trafford AC	33:25	93	721	Tom Pickering		Manchester Triathlon	39:55
4	556	Gareth Raven	V40 1	Sale H Manchester	33:40	94	756	Mat Stephenson	V45 9	Marple Runners	39:56
5	876	Euan Gilchrist	U20 2	Sale H Manchester	33:49	95	253	Paul Birkett	V50 5	Salford H&ac	39:57
6	249	Joe Bailey		Salford H&ac	34:12	96	367	Tom Bardwell		Manchester Frontrunners	39:58
7	937	Alasdair Campbell		Buxton AC	34:19	97	312	David Hulley	V40 19	Stockport H&ac	39:59
8	888	James Wignall		Sale H Manchester	34:26	98	779	Will Ferguson		Wirral AC	40:05
9	114	Andile Hlebo		Trafford AC	34:40	99	2046	\$Jeremy Gold	V45 10	Victoria Park & Tower Hamlets	40:06
10	527	Paul Green	V40 2	Sale H Manchester	34:42	100	685	Andy Adkin		Manchester Triathlon	40:09
11	622	David Norman		Altrincham&district AC	34:47	101	986	Paul Nutter	V45 11	Stockport H&ac	40:09
12	470	James Savage		Chorlton Runners	34:48	102	280	Stanley Owen	V60 1	Salford H&ac	40:11
13	80	Ian Conroy		Horwich Rmi	34:56	103	550	Peter O'Neill		Sale H Manchester	40:14
14	566	Joseph Vis		Sale H Manchester	35:06	104	790	Mark Griffiths		Manchester Ymca H	40:15
15	626	Jonathan Powell		Altrincham&district AC	35:13	105	584	Eddie Hirst	V40 20	St Helens Tri	40:25
16	710	Alex Lawton		Manchester Triathlon	35:16	106	992	Matthew Braybrooke	U20 13	Wilmslow RC	40:26
17	113	Clive Fitzpatrick	V40 3	Trafford AC	35:23	107	515	Elton Davies	V40 21	Sale H Manchester	40:30
18	2047	\$Jake Lonsdale	U20 3	Preston Harriers	35:25	108	673	James Noakes	V45 12	Macclesfield H&ac	40:31
19	990	\$Phil Marsden		Horwich Rmi	35:38	109	122	Paul Mannion	V50 6	Trafford AC	40:35
20	266	Ian Grime	V45 1	Salford H&ac	35:47	110	530	Steve Henderson		Sale H Manchester	40:37
21	67	Peter Speake	V40 4	Wilmslow RC	35:58	111	186	Chris Jackson		Glossopdale Harriers	40:40
22	105	Daniel Ansell		Trafford AC	36:00	112	715	Stewart Moore		Manchester Triathlon	40:41
23	601	Michael Berks		Altrincham&district AC	36:03	113	436	Paul Griffiths	V40 22	Chorlton Runners	40:42
24	19	Ryan Moore		Vale Royal AC	36:04	114	460	Paul McKenna	V40 23	Chorlton Runners	40:48
25	873	Nicholas Barry		Sale H Manchester	36:05	115	869	Jonny Hill	U20 14	Manchester Met Uni AC	40:52
26	62	Damian Nicholls		Wilmslow RC	36:15	116	225	Jordan Burke		Middleton H AC	40:54
27	516	Chris Donnelly		Sale H Manchester	36:17	117	263	Chris Dawson		Salford H&ac	40:58
28	40	Rob Downs	V50 1	Wilmslow RC	36:19	118	1006	Rob Jackson		Wilmslow RC	40:59
29	134	Matthew Sutton	U20 4	Trafford AC	36:25	119	736	Stephen Taylor	V45 13	Manchester Triathlon	41:00
30	642	George Lewis	U20 5	E Cheshire H&tameside AC	36:29	120	1012	Brian McCoubrey		Wilmslow RC	41:01
31	696	Lewis Eccleston		Manchester Triathlon	36:36	121	998	Gregory Beck		Manchester Frontrunners	41:02
32	164	Donnacha Maguire	U20 6	Manchester H&ac	36:40	122	865	Jack Benham		Manchester Met Uni AC	41:03
33	125	Mac O'Malley	U20 7	Trafford AC	36:42	123	495	James Rees		Goyt Valley Striders	41:04
34	126	Simon O'Meara		Trafford AC	36:43	124	926	Trevor Morris	V55 1	Wilmslow RC	41:05
35	128	Jeff Prest	V40 5	Trafford AC	36:46	125	317	Nathan Mayoh	V40 24	Stockport H&ac	41:06
36	49	Paul Hawkins		Wilmslow RC	36:48	126	579	Michael Forber	V40 25	St Helens Tri	41:10
37	906	Nat Winfield		Buxton AC	36:50	127	662	Carl Hanaghan		Macclesfield H&ac	41:11
38	534	Rob Jowett		Sale H Manchester	36:52	128	697	Dean Evans		Manchester Triathlon	41:12
39	277	Billy McCartney	V40 6	Salford H&ac	36:58	129	908	Kevan Garner	V50 7	Stockport H&ac	41:13
40	510	Andrew Carlin		Sale H Manchester	37:00	130	59	Tom McGaff	V60 2	Wilmslow RC	41:15
41	430	Tim Fletcher		Chorlton Runners	37:05	131	529	Rob Halfpenny		Sale H Manchester	41:16
42	870	William Rawson	U20 8	Manchester Met Uni AC	37:07	132	656	Julian Brown	V50 8	Macclesfield H&ac	41:18
43	485	David Wyeth		Chorlton Runners	37:08	133	732	Paul Schofield	V45 14	Manchester Triathlon	41:29
44	801	Dan Bird		Swinton RC	37:10	134	593	Mark Hadland	V40 26	Warrington Tri Club	41:32
45	30	Barry Archbold	V40 7	Wilmslow RC	37:22	135	243	Robert Mills		Middleton H AC	41:37
46	457	F Macdonald-Oulds		Chorlton Runners	37:28	136	378	Jono Guildford		Manchester Frontrunners	41:38
47	948	Ben Light		Buxton AC	37:28	137	456	Paul Lubelski		Chorlton Runners	41:41
48	1011	Dean Mathin		Stockport H&ac	37:30	138	552	Nick Peach	V55 2	Sale H Manchester	41:46
49	538	Tim Kennedy		Sale H Manchester	37:41	139	763	Ben Farrelly		Salford Met AC	41:52
50	957	Rob White	V40 8	Buxton AC	37:49	140	970	Ross Pettigrew		Belle Vue Racers	41:53
51	635	Gavin Browne		E Cheshire H&tameside AC	37:51	141	213	Phil Ramsey	V40 27	Bramhall Runners	41:56
52	255	Richard Brook	V40 9	Salford H&ac	37:52	142	503	Paul Barrett		Sale H Manchester	42:01
53	170	Chris Fance	U20 9	Warrington AC	37:54	143	560	Glenn Savage	V50 9	Sale H Manchester	42:02
54	938	Sol Clark		Buxton AC	37:57	144	282	Phillip Quibell	V60 3	Salford H&ac	42:03
55	87	David Jackson	V45 2	Horwich Rmi	38:05	145	707	Tim Johns	V45 15	Manchester Triathlon	42:06
56	988	Michael Hallas		Horwich Rmi	38:11	146	79	Gary Chadderton	V55 3	Horwich Rmi	42:10
57	250	Tommi Baker		Salford H&ac	38:23	147	408	Richard Bouglas		Buxton AC	42:13
58	72	Andy Whittingham	V45 3	Wilmslow RC	38:25	148	933	Rick Aldred	V40 28	Buxton AC	42:14
59	595	Dan Harbridge		Warrington Tri Club	38:30	149	737	Roger Thomas	V40 29	Manchester Triathlon	42:19
60	443	Ben Hobson		Chorlton Runners	38:32	150	540	Ashley Lindsey	V45 16	Sale H Manchester	42:20
61	703	Graeme Grindrod		Manchester Triathlon	38:34	151	2053	\$Lee Hemmings		Rochdale Harriers & Ac	42:26
62	6	Zack Bamber		Vale Royal AC	38:35	152	210	Frank Podd	V45 17	Bramhall Runners	42:33
63	1000	Matthew Williams		Manchester Triathlon	38:36	153	984	Sam Swindells		Salford H&ac	42:34
64	684	Scott Wilson		Macclesfield H&ac	38:37	154	963	Kevin Woodward	V40 30	Swinton RC	42:36
65	390	James Moles	V40 10	Manchester Frontrunners	38:38	155	226	Leo Cain		Middleton H AC	42:37
66	265	Mike Grace	V40 11	Salford H&ac	38:39	156	896	Chris Goodfellow	V45 18	Macclesfield H&ac	42:38
67	976	Tom Stephenson		Sale H Manchester	38:43	157	999	Jonathan Milton		Manchester Triathlon	42:39
68	868	Sam Garratt	U20 10	Manchester Met Uni AC	38:58	158	444	Stuart Holliday	V40 31	Chorlton Runners	42:40
69	319	Iain Murdoch	V40 12	Stockport H&ac	39:00	159	68	Matt Taylor	V40 32	Wilmslow RC	42:42
70	731	Aaron Saxton		Manchester Triathlon	39:04	160	554	Aiden Raftery	V55 4	Sale H Manchester	42:52
71	374	Martin Dunn		Manchester Frontrunners	39:07	161	369	Thomas Blackburn		Manchester Frontrunners	42:56
72	549	Matthew Oldham	U20 11	Sale H Manchester	39:10	162	480	Neal Wainwright		Chorlton Runners	42:57
73	269	Matthew Holt	V40 13	Salford H&ac	39:16	163	54	James Macdonald	V45 19	Wilmslow RC	42:59
74	184	Steve Crossman	V45 4	Glossopdale Harriers	39:18	164	349	Dave Clamp	V55 5	Knutsford Tri Club	43:00
75	518	Richard Edwards		Sale H Manchester	39:20	165	219	Ben Wolstenholme		Bramhall Runners	43:02
76	995	Jamie Helmer	V40 14	Glossopdale Harriers	39:22	166	771	Paul Stevenson	V55 6	Salford Met AC	43:03
77	2045	\$Adam Firth		Unattached	39:23	167	108	Dick Byers	V50 10	Trafford AC	43:04
78	160	Charlie Johnson	U20 12	Manchester H&ac	39:24	168	734	Ben Strutt	V45 20	Manchester Triathlon	43:06
79	29	Gareth Williams	V45 5	Vale Royal AC	39:25	169	84	Douglas Fleming	V55 7	Horwich Rmi	43:14
80	506	Craig Bradbury	V40 15	Sale H Manchester	39:26	170	477	Nick Syrett	V40 33	Chorlton Runners	43:16
81	774	John Greenall	V50 2	St Helens Sutton AC	39:30	171	490	James Hobson		Goyt Valley Striders	43:17
82	517	Rob Dunn		Sale H Manchester	39:30	172	372	Amir Dar		Manchester Frontrunners	43:18
83	304	James Corden	V45 6	Stockport H&ac	39:31	173	423	Justin Cleary		Chorlton Runners	43:20
84	281	Steve Pennington	V45 7	Salford H&ac	39:31	174	526	Chris Green	V40 34	Sale H Manchester	43:24
85	437	Andy Haney	V40 16	Chorlton Runners	39:34	175	668	Steven Millar	V40 35	Macclesfield H&ac	43:25
86	589	Mark Turner		St Helens Tri	39:34	176	740	Richard Wallace	V50 11	Manchester Triathlon	43:29
87	468	Christopher Rayner	V40 17	Chorlton Runners	39:40	177	361	Mike Stockton		Knutsford Tri Club	43:41
88	615	Richard Johnson	V50 3	Altrincham&district AC	39:42	178	650	Dennis Thomas	V40 36	E Cheshire H&tameside AC	43:42
89	523	Olivier Gaillemain	V40 18	Sale H Manchester	39:47	179	152	Jason Brogan	V45 21	Manchester H&ac	43:43
90	546	Ben McIntyre		Sale H Manchester	39:49	180	942	David Fryer/Winder	U20 15	Buxton AC	43:46
						181	521	Kevin Foster		Sale H Manchester	43:54

182	191	Richard Adams		Bramhall Runners	43:54	262	218	John Williams	V40	44	Bramhall Runners	47:32
183	405	Simon Phillips	V55	8 Stockport Tri Club	43:55	263	827	John Archer	V65	2	Winston Runners	47:36
184	927	Richard Hiron	V50	12 Wilmslow RC	43:55	264	205	Lee Jones	V40	45	Bramhall Runners	47:38
185	344	Derrick Watson	V45	22 Belle Vue Racers	44:00	265	434	Ross Giles			Chorlton Runners	47:40
186	484	Steven Welch		Chorlton Runners	44:01	266	820	Jon Sides	V45	34	Swinton RC	47:41
187	379	Steve Hatton		Manchester Frontrunners	44:09	267	188	Ian Oates	V50	24	Glossopdale Harriers	47:43
188	964	David Hargreaves		Chorlton Runners	44:15	268	569	Michael Wharton	V40	46	Sale H Manchester	47:44
189	641	Derek Hughes	V55	9 E Cheshire H&tameside AC	44:17	269	230	Alan Garvey	V60	8	Middleton H AC	47:47
190	586	Patrick Neill		St Helens Tri	44:19	270	968	Tim Condon			Manchester Triathlon	47:48
191	729	Peter Rought		Manchester Triathlon	44:20	271	407	Gordon Wilson	V45	35	Stockport Tri Club	47:55
192	404	Paul Graveney	V40	37 Stockport Tri Club	44:22	272	752	Pete Ogley	V40	47	Marple Runners	47:58
193	947	Andy Lidstone	V50	13 Buxton AC	44:33	273	718	Malcolm Orrell			Manchester Triathlon	48:00
194	450	Nick Jones		Chorlton Runners	44:34	274	491	Thomas Jackson			Goyt Valley Striders	48:03
195	442	Colin Hines		Chorlton Runners	44:35	275	398	Kieran Welsh			Manchester Frontrunners	48:07
196	578	Kevin Dunbar		St Helens Tri	44:39	276	469	Will Reekie			Chorlton Runners	48:09
197	625	Peter Pickwell	V60	4 Altrincham&district AC	44:41	277	632	David Vaughan			Altrincham&district AC	48:10
198	2054	\$Raj Jessal		Unattached	44:44	278	104	Mark Swindell	V45	36	Horwich Rmi	48:15
199	166	Andrew Parsonage		Manchester H&ac	44:44	279	2052	\$Gerard Finnigan	V50	25	Saddleworth Runners Club	48:22
200	889	Ian Mulligan	V45	23 Stockport H&ac	44:46	280	739	Franck Turmel-Josek	V45	37	Manchester Triathlon	48:31
201	610	Graham Harrison	V55	10 Altrincham&district AC	44:56	281	725	David Rees			Manchester Triathlon	48:31
202	702	Daniel Green		Manchester Triathlon	44:58	282	446	Etienne Humphries			Chorlton Runners	48:33
203	786	Tony Brierley	V60	5 Manchester Ymca H	45:04	283	596	Ian Parker	V55	20	Warrington Tri Club	48:37
204	496	Mark Ruston		Goyt Valley Striders	45:05	284	163	Mike Long	V50	26	Manchester H&ac	48:56
205	930	Matt Crimes		Manchester H&ac	45:06	285	570	Michael Wymer	V40	48	Sale H Manchester	49:04
206	352	John Goggins		Knutsford Tri Club	45:07	286	227	Colin Carter	V45	38	Middleton H AC	49:08
207	466	Nick Parrott		Chorlton Runners	45:13	287	766	Stuart Mairs			Salford Met AC	49:16
208	717	John Murray	V45	24 Manchester Triathlon	45:16	288	829	Anthony Harrison	V50	27	Winston Runners	49:22
209	175	Richard Healy	V40	38 Dragons Rc Sale	45:16	289	142	Andrew Haughton	V40	49	Hyde Village Striders	49:33
210	895	Peter Stock	V60	6 Wilmslow RC	45:17	290	695	Andrew Dow	V45	39	Manchester Triathlon	49:39
211	167	Chris Sewart	V40	39 Manchester H&ac	45:18	291	864	Barrie Thomason	V45	40	Macclesfield H&ac	49:46
212	669	John Mooney	V55	11 Macclesfield H&ac	45:19	292	247	Martin Sampson			Middleton H AC	49:54
213	462	Ross Murdoch		Chorlton Runners	45:24	293	548	John Morris			Sale H Manchester	50:11
214	765	Michael Lim		Salford Met AC	45:27	294	563	Jerry Smith	V60	9	Sale H Manchester	50:12
215	604	Lockie Campbell	V55	12 Altrincham&district AC	45:31	295	389	Jordan Millar			Manchester Frontrunners	50:17
216	609	Colin Hammond	V50	14 Altrincham&district AC	45:33	296	796	Jon Paramor	V65	3	Manchester Ymca H	50:21
217	394	Roberto Raso	V50	15 Manchester Frontrunners	45:35	297	594	Paul Harbridge	V55	21	Warrington Tri Club	50:23
218	159	James Hinde	V40	40 Manchester H&ac	45:39	298	822	Ric Waring	V45	41	Swinton RC	50:38
219	182	David Christy-Lowe	V55	13 Glossopdale Harriers	45:42	299	181	Andrew Burnett	V50	28	Glossopdale Harriers	50:45
220	148	Dominic Sexton	V50	16 Hyde Village Striders	45:48	300	335	Patrick O'Brien	V60	10	Belle Vue Racers	50:51
221	183	Matthew Crompton		Glossopdale Harriers	45:51	301	342	Farouk Vanda	V45	42	Belle Vue Racers	51:23
222	22	Mark Pilliner	V45	25 Vale Royal AC	45:53	302	799	Dave Batty	V50	29	Swinton RC	51:24
223	200	Simon Gebbett	V45	26 Bramhall Runners	45:55	303	493	Connor Lomax	V40	50	Goyt Valley Striders	51:30
224	308	Tim Hargreaves	V55	14 Stockport H&ac	45:57	304	224	Mick Bull	V65	4	Middleton H AC	51:55
225	794	Chris March		Manchester Ymca H	45:59	305	99	Lawrence Pinnell	V45	43	Horwich Rmi	51:58
226	567	Gareth Webb		Sale H Manchester	46:01	306	363	Edward Taylor	V45	44	Knutsford Tri Club	52:03
227	347	Luke Ainsworth		Knutsford Tri Club	46:03	307	207	Ross Kennedy			Bramhall Runners	52:10
228	17	Dave Haines	V45	27 Vale Royal AC	46:07	308	744	Thomas Webster			Manchester Triathlon	52:12
229	935	Pete Bailey	V55	15 Buxton AC	46:13	309	351	Darren Edale	V40	51	Knutsford Tri Club	52:14
230	315	Andrew Mainwaring	V40	41 Stockport H&ac	46:16	310	643	Martin Lewis	V45	45	E Cheshire H&tameside AC	52:17
231	789	Eddie Gilligan	V50	17 Manchester Ymca H	46:17	311	797	Steve Symons	V50	30	Manchester Ymca H	52:36
232	657	Richard Brown	V45	28 Macclesfield H&ac	46:18	312	791	Steve Ingham	V55	22	Manchester Ymca H	53:00
233	241	Anthony Lowe	V55	16 Middleton H AC	46:19	313	399	Dan Whittaker	V40	52	Manchester Frontrunners	53:16
234	513	Frank Cordingley	V55	17 Sale H Manchester	46:20	314	993	Keith Owens	V65	5	E Cheshire H&tameside AC	53:18
235	691	Timothy Criddle	V50	18 Manchester Triathlon	46:21	315	155	Michael Cunningham	V70	1	Manchester H&ac	
236	770	Mark Shuttleworth	V45	29 Salford Met AC	46:23	316	74	David Barnes	V55	23	Horwich Rmi	53:28
237	514	Mike Curley	V65	1 Sale H Manchester	46:23	317	726	Gareth Rees			Manchester Triathlon	53:37
238	153	Darren Cooper		Manchester H&ac	46:24	318	890	Stephen Carr	V40	53	Swinton RC	53:56
239	453	James Kermod		Chorlton Runners	46:25	319	505	Matthew Bell	V40	54	Sale H Manchester	53:58
240	7	Chris Beard	V45	30 Vale Royal AC	46:27	320	576	Andy Bridge	V50	31	St Helens Tri	54:01
241	754	Darren Peatfield	V45	31 Marple Runners	46:40	321	233	Jason Harling			Middleton H AC	54:20
242	898	John Roper		Stockport H&ac	46:44	322	1009	Ray Tran	V45	46	Vale Royal AC	54:29
243	705	Richard Hyder		Manchester Triathlon	46:45	323	969	Azzam Taktak	V50	32	St Helens Tri	54:41
244	339	Andrew Taylor		Belle Vue Racers	46:48	324	690	Mark Coley	V40	55	Manchester Triathlon	54:52
245	487	Kevin Day	V50	19 Goyt Valley Striders	46:51	325	195	Paul Cowell	V45	47	Bramhall Runners	55:02
246	350	Andy Dines	V50	20 Knutsford Tri Club	46:52	326	923	Jon Clare	V40	56	Bramhall Runners	55:17
247	804	Steve Doxey	V55	18 Swinton RC	46:53	327	777	James Atkin	V60	11	Wirral AC	55:44
248	975	Paul Carrington	V45	32 Stockport Tri Club	46:55	328	704	Bryan Hopwood	V50	33	Manchester Triathlon	55:49
249	221	John Bell		Middleton H AC	47:05	329	996	Paul Hunt	V50	34	Goyt Valley Striders	56:06
250	414	Peter Adams	V40	42 Chorlton Runners	47:09	330	617	Mike Jones	V60	12	Altrincham&district AC	56:12
251	353	Ewan Holton		Knutsford Tri Club	47:12	331	23	Colin Rathbone	V70	2	Vale Royal AC	56:24
252	476	Steven Swan	V40	43 Chorlton Runners	47:15	332	354	Anthony Jones	V45	48	Knutsford Tri Club	56:48
253	157	Glen Gandy	V50	21 Manchester H&ac	47:17	333	194	Joseph Connor			Bramhall Runners	57:17
254	606	Jack Dawson		Altrincham&district AC	47:17	334	1010	Lee Aisnworth	V65	6	Sale H Manchester	58:09
255	905	Stewart Connor	V45	33 Stockport H&ac	47:19	335	2050	\$Charlie Barlow	V60	13	Saddleworth Runners Club	58:31
256	555	Tim Rainey	V50	22 Sale H Manchester	47:21	336	647	Dave Salmon	V70	3	E Cheshire H&tameside AC	58:48
257	140	Jamie Briggs		Hyde Village Striders	47:22	337	497	Chris Tetley	V55	24	Goyt Valley Striders	59:14
258	574	Terry Bates	V55	19 St Helens Tri	47:23	338	232	Stephen Granville	V60	14	Middleton H AC	1:00:29
259	741	Warren Wallwork		Manchester Triathlon	47:25	339	464	Akira Orrego			Chorlton Runners	1:07:26
260	346	Andy Wood	V50	23 Belle Vue Racers	47:28	340	42	Trevor Faulkner	V70	4	Wilmslow RC	1:07:36
261	12	John Clarke	V60	7 Vale Royal AC	47:28	341	302	Chris Bryans	V75	1	Stockport H&ac	1:20:07

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 SaleHManchester	64 — 4	GarethRaven	5 EuanGlochist	8 JamesWignall	10 PaulGreen	14 JosephVls	23 NicholasBarry
2 TraffordAC	107 — 3	ZakMiller	9 AndieHebo	17 CliveFitzpatrick	20 DanielAnsell	27 MatthewSutton	31 MacOMalley
3 WilmslowRC	202 — 19	PeterSpeake	24 DamianNicholls	26 RobDowns	34 PaulHawkins	43 BarryArchbold	56 AndyWhittingham
4 SalfordH&ac	230 — 6	JoeBailey	18 IanGrime	37 BillyMcCartney	50 RichardBrook	55 TommiBaker	64 MikeGrace
5 ChorltonRunners	276 — 12	JamesSavage	39 TimFletcher	41 DavidWyeah	44 FMacdonald-Oulds	58 BenHobson	82 AndyHaney
6 SaleHManchester 'B'	281 — 25	ChrisDonnelly	36 RobJowett	38 AndrewCarlin	47 TimKennedy	65 TomStephenson	70 MatthewOldham
7 ManchesterTriathlon	323 — 16	AlexLawton	29 LewisEccleston	59 GraemeGrindrod	61 MatthewWilliams	68 AaronSaxton	90 TomPickering
8 BuxtonAC	330 — 7	AlasdairCampbell	35 NatWinfield	45 BenLight	48 RobWhite	52 SolClark	143 RichardBougias
9 StockportH&ac	385 — 1	JackMorris	46 DeanMathin	67 IainMurdoch	80 JamesCorden	94 DavidHulley	97 PaulNutter
10 HorwichRmi	428 — 2	ChrisFarrell	13 IanConroy	53 DavidJackson	54 MichaelHallas	142 GaryChadderton	164 DouglasFleming
11 SaleHManchester 'C'	501 — 73	RichardEdwards	77 CraigBradbury	79 RobDunn	86 OliverGallemin	87 BenMohtyre	99 PeterONeill
12 Altrincham&districtAC	519 — 11	DavidNorman	15 JonathanPowell	21 MichaelBerk	85 RichardJohnson	192 PeterPickwell	195 GrahamHarrison
13 SalfordH&ac 'B'	595 — 71	MatthewHolt	81 StevePennington	92 PaulBirkett	98 StanleyOwen	113 ChrisDawson	140 PhilipQuibell
14 ManchesterFrontrunners	630 — 63	JamesMiles	69 MartinDunn	93 TomBardwell	117 GregoryBeck	132 JonoGuldford	156 ThomasBlackburn
15 WilmslowRC 'B'	667 — 89	StuartParrott	102 MatthewBraybrooke	114 RobJackson	116 BrianMcCoubrey	120 TrevorMorris	126 TomMcGaff
16 ManchesterTriathlon 'B'	713 — 96	AndyAckin	108 StewartMoore	115 StephenTaylor	124 DeanEvans	129 PaulSchofield	141 TimJohns
17 MacclesfieldH&ac	738 — 62	ScottWilson	104 JamesNoakes	123 CarlHanagan	128 JulianBrown	151 ChrisGoodfellow	170 StevenMillar
18 ChorltonRunners 'B'	746 — 84	ChristopherRayner	109 PaulGriffiths	110 PaulMcKenna	133 PaulLubelski	153 PaulHolliday	157 NealWainwright
19 SaleHManchester 'D'	747 — 103	EltonDavies	106 SteveHenderson	127 RobHalfpenny	134 NickPeach	138 PaulBarrett	139 GlennSavage
20 ValeRoyalAC	830 — 22	RyanMoore	60 ZackBamber	76 GarethWilliams	216 MarkPilliner	222 DaveHaines	234 ChrisBeard
21 ManchesterH&ac	876 — 30	DonnachaMaguire	75 CharlieJohnson	174 JasonBrogan	193 AndrewParsonage	199 MattCrimes	205 ChrisSewart
22 StHelensTri	934 — 83	MarkTurner	101 EddieHirst	122 MichaelForber	185 PatrickNeill	191 KevinDunbar	252 TerryBates
23 GlossopdaleHarriers	942 — 72	SteveCrossman	74 JamieHelmer	107 ChrisJackson	213 DavidChrystie-Lowe	215 MatthewCrompton	261 IanOates
24 MiddletonHAC	951 — 88	PaulJibson	112 JordanBurke	131 RobertMills	150 LeoCain	227 AnthonyLowe	243 JohnBell
25 ManchesterTriathlon 'C'	1013 — 145	RogerThomas	152 JonathanWilton	163 BenStrutt	171 RichardWallace	186 PeterRought	196 DanielGreen
26 ECheshireH&tamesideAC	1044 — 28	GeorgeLewis	49 GavinBrowne	173 DennisThomas	184 DerekHughes	303 MartinLewis	307 KeithOwens
27 ChorltonRunners 'C'	1076 — 165	NickSyrett	168 JustinCleary	181 StevenWelch	183 DavidHargreaves	189 NickJones	190 ColinHines
28 SaleHManchester 'E'	1094 — 146	AshleyLindsey	155 AidenRafferty	169 ChrisGreen	176 KevinFoster	220 GarethWebb	228 FrankCordingley
29 BramhallRunners	1094 — 137	PhilRamsey	147 FrankPodd	160 BenWolstenholme	177 RichardAdams	217 SimonGebbett	236 JohnWilliams
30 StockportH&ac 'B'	1118 — 121	NathanMayoh	125 KevanGamer	194 IanMulligan	218 TimHargreaves	224 AndrewMainwaring	236 JohnRoper
31 KnutsfordTriClub	1237 — 159	DaveClamp	172 MikeStockton	200 JohnGoggins	221 LukeAinsworth	240 AndyDines	245 EwanHolton
32 SwintonRC	1278 — 42	DanBird	149 KevinWoodward	201 SteveDoxey	260 JonSides	291 RicWaring	295 DaveBaily
33 GoytValleyStriders	1286 — 119	JamesRees	166 JamesHobson	198 MarkRuston	239 KevinDay	268 ThomasJackson	296 ConnorLomax
34 ManchesterYmcaH	1334 — 100	MarkGriffiths	197 TonyBrierley	219 ChrisMarch	225 EddieGilligan	289 JonParamor	304 SteveSymons
35 ChorltonRunners 'D'	1390 — 201	NickParrott	207 RossMurdoch	233 JamesKamode	244 PeterAdams	246 StevenSwan	259 RossGiles
36 BelleVueRacers	1395 — 136	RossPettigrew	180 DerrickWatson	238 AndrewTaylor	254 AndyWood	293 PatrickOBrien	294 FaroukVanda
37 ManchesterFrontrunners 'B'	1423 — 167	AmirDar	182 SteveHilton	211 RobertoRaso	269 KieranWelsh	288 JordanMillar	306 DanWhitaker
38 ManchesterTriathlon 'D'	1452 — 202	JohnMurray	229 TimothyCriddle	237 RichardHyder	253 WarrenWallwork	264 TimCondon	267 MalcolmOrrell
39 SaleHManchester 'F'	1594 — 231	MikeCurley	250 TimRainey	262 MichaelWharton	278 MichaelWymer	286 JohnMorris	287 JerrySmith
40 ManchesterTriathlon 'E'	1758 — 273	FranckTurmel-Josek	274 DavidRees	283 AndrewDow	301 ThomasWebster	310 GarethRees	317 MarkColey
41 MiddletonHAC 'B'	1768 — 263	AlanGarvey	279 ColinCarter	285 MartinSampson	297 MickBull	314 JasonHaring	330 StephenGranville

Senior Men (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Wilmslow RC	33 — 5	Peter Speake	6 Rob Downs	9 Barry Archbold	13 Andy Whittingham
2 Salford H&ac	38 — 4	Ian Grime	8 Billy McCartney	11 Richard Brook	15 Mike Grace
3 Sale H Manchester	52 — 1	Gareth Raven	2 Paul Green	21 Craig Bradbury	28 Olivier Gallemin
4 Stockport H&ac	106 — 16	Iain Murdoch	23 James Corden	33 David Hulley	34 Paul Nutter
5 Salford H&ac 'B'	108 — 17	Matthew Holt	24 Steve Pennington	32 Paul Birkett	35 Stanley Owen
6 Trafford AC	118 — 3	Clive Fitzpatrick	7 Jeff Prest	39 Paul Mannion	69 Dick Byers
7 Chorlton Runners	132 — 25	Andy Haney	26 Christopher Rayner	40 Paul Griffiths	41 Paul McKenna
8 Wilmslow RC 'B'	184 — 30	Stuart Parrott	43 Trevor Morris	47 Tom McGaff	64 Matt Taylor
9 Sale H Manchester 'B'	200 — 37	Elton Davies	51 Nick Peach	53 Glenn Savage	59 Ashley Lindsey
10 Manchester Triathlon	204 — 42	Stephen Taylor	49 Paul Schofield	55 Tim Johns	58 Roger Thomas
11 Macclesfield H&ac	222 — 38	James Noakes	48 Julian Brown	62 Chris Goodfellow	74 Steven Millar
12 Buxton AC	253 — 10	Rob White	57 Rick Aldred	83 Andy Lidstone	103 Pete Bailey
13 Glossopdale Harriers	264 — 18	Steve Crossman	19 Jamie Helmer	97 David Chrystie-Lowe	130 Ian Oates
14 Horwich Rmi	274 — 12	David Jackson	56 Gary Chadderton	71 Douglas Fleming	135 Mark Swindell
15 Stockport H&ac 'B'	276 — 44	Nathan Mayoh	46 Kevan Garner	85 Ian Mulligan	101 Tim Hargreaves
16 Altrincham&district AC	290 — 27	Richard Johnson	84 Peter Pickwell	86 Graham Harrison	93 Lockie Campbell
17 Vale Royal AC	333 — 20	Gareth Williams	99 Mark Pilliner	102 Dave Haines	112 Chris Beard
18 Bramhall Runners	338 — 52	Phil Ramsey	60 Frank Podd	100 Simon Gebbett	126 John Williams
19 Manchester Triathlon 'B'	342 — 70	Ben Strutt	75 Richard Wallace	88 John Murray	109 Timothy Criddle
20 Sale H Manchester 'C'	357 — 65	Aiden Rafferty	73 Chris Green	108 Frank Cordingley	111 Mike Curley
21 St Helens Tri	371 — 36	Eddie Hirst	45 Michael Forber	123 Terry Bates	167 Andy Bridge
22 Chorlton Runners 'B'	372 — 63	Stuart Holliday	72 Nick Syrett	118 Peter Adams	119 Steven Swan
23 Manchester H&ac	384 — 77	Jason Brogan	91 Chris Sewart	96 James Hinde	120 Glen Gandy
24 Middleton HAC	408 — 29	Paul Jibson	107 Anthony Lowe	132 Alan Garvey	140 Colin Carter
25 Stockport Tri Club	410 — 78	Simon Phillips	82 Paul Graveney	117 Paul Carrington	133 Gordon Wilson
26 Wilmslow RC 'C'	418 — 66	James Macdonald	79 Richard Hiron	90 Peter Stock	183 Trevor Faulkner
27 Swinton RC	454 — 61	Kevin Woodward	116 Steve Doxey	129 Jon Sides	148 Ric Waring
28 E Cheshire H&tameside AC	477 — 76	Dennis Thomas	81 Derek Hughes	158 Martin Lewis	162 Keith Owens
29 Knutsford Tri Club	495 — 67	Dave Clamp	115 Andy Dines	156 Edward Taylor	157 Darren Edale
30 Manchester Ymca H	497 — 87	Tony Brierley	105 Eddie Gilligan	146 Jon Paramor	159 Steve Symons
31 Belle Vue Racers	505 — 80	Derrick Watson	124 Andy Wood	150 Patrick OBrien	151 Farouk Vanda
32 Sale H Manchester 'D'	537 — 122	Tim Rainey	131 Michael Wharton	139 Michael Wymer	145 Jerry Smith
33 Manchester Triathlon 'C'	623 — 136	Franck Turmel-Josek	143 Andrew Dow	170 Mark Coley	174 Bryan Hopwood
34 Goyt Valley Striders	623 — 114	Kevin Day	153 Connor Lomax	175 Paul Hunt	181 Chris Tetley