

# Manchester Area Cross Country League at Boggart Hole Clough on Saturday 12th November 2016

## Under 11 - Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	148	Matthew Russell	Salford H&ac	7:57	25	453	William Roberts	Macclesfield H&ac	9:31
2	287	Jack Spark	Sale H Manchester	8:02	26	488	Charlie Atkiss	Manchester Triathlon	9:31
3	593	Ethan Nation	Salford H&ac	8:21	27	491	Owen Reekie	Manchester Triathlon	9:31
4	414	Luke Carrington	E Cheshire H&tameside AC	8:37	28	415	Zach Conboy	E Cheshire H&tameside AC	9:40
5	446	Hayden Blunn	Macclesfield H&ac	8:39	29	16	Haydon Jenson	Vale Royal AC	9:45
6	193	Harry Ahearn	Stockport H&ac	8:41	30	145	Joe Cammish	Salford H&ac	9:47
7	456	Aadi Whitlock	Macclesfield H&ac	8:47	31	659	Zak Chamun	Warrington AC	9:50
8	450	Dylan McGrath	Macclesfield H&ac	8:48	32	420	L StoreyGrimshaw	E Cheshire H&tameside AC	10:05
9	694	Harry Godwin	Vale Royal AC	8:48	33	727	Lee Mackenzie	E Cheshire H&tameside AC	10:06
10	282	Torin Lindsey	Sale H Manchester	8:49	34	656	Frankie Cusack	Salford H&ac	10:08
11	277	Jack Batten	Sale H Manchester	8:50	35	6	Joseph Larkin	Halton&frodsham H	10:14
12	416	James Harney	E Cheshire H&tameside AC	8:56	36	662	Ralf Syrett	Trafford AC	10:17
13	278	Josh ColquhounLynn	Sale H Manchester	9:07	37	703	Harry Whittaker	Warrington AC	10:18
14	448	Phillip Goodfellow	Macclesfield H&ac	9:07	38	641	Ethan Warburton	Macclesfield H&ac	10:19
15	195	Arthur Kennedy	Stockport H&ac	9:08	39	149	Blake Wolstenholme	Salford H&ac	10:27
16	418	James McGraw	E Cheshire H&tameside AC	9:10	40	714	Sam Bradley	Macclesfield H&ac	10:46
17	283	Edward Lord	Sale H Manchester	9:12	41	492	Oscar Wallwork	Manchester Triathlon	10:48
18	722	Thomas Mercer	Salford Met AC	9:13	42	390	Reuben Wilson	St Helens Tri	11:02
19	661	Jake Purdie	Macclesfield H&ac	9:16	43	660	Isaac Stockdale	Macclesfield H&ac	11:26
20	132	Joshua Stutchfield	Bramhall Runners	9:16	44	695	Archie PriceSiddiqui	Vale Royal AC	11:38
21	389	Charlie Murphy	St Helens Tri	9:16	45	14	Oliver Cavanagh	Vale Royal AC	11:46
22	698	Charles Lloyd	Vale Royal AC	9:17	46	490	Aidan Pacram	Manchester Triathlon	11:47
23	600	Albert Durance	Manchester Triathlon	9:17	47	2029	Aidan Larkin	Halton&frodsham H	12:10
24	413	Jake Beswick	E Cheshire H&tameside AC	9:18	48	696	Jamie Fifield	Vale Royal AC	12:25

## Under 11 - Boys — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Macclesfield H&ac	20	—	5	Hayden Blunn	7	Aadi Whitlock	8	Dylan McGrath
2	Sale H Manchester	23	—	2	Jack Spark	10	Torin Lindsey	11	Jack Batten
3	E Cheshire H&tameside AC	32	—	4	Luke Carrington	12	James Harney	16	James McGraw
4	Salford H&ac	34	—	1	Matthew Russell	3	Ethan Nation	30	Joe Cammish
5	Macclesfield H&ac 'B'	58	—	14	Phillip Goodfellow	19	Jake Purdie	25	William Roberts
6	Vale Royal AC	60	—	9	Harry Godwin	22	Charles Lloyd	29	Haydon Jenson
7	Manchester Triathlon	76	—	23	Albert Durance	26	Charlie Atkiss	27	Owen Reekie
8	E Cheshire H&tameside AC 'B'	84	—	24	Jake Beswick	28	Zach Conboy	32	L StoreyGrimshaw
9	Macclesfield H&ac 'C'	121	—	38	Ethan Warburton	40	Sam Bradley	43	Isaac Stockdale
10	Vale Royal AC 'B'	136	—	44	Archie PriceSiddiqui	45	Oliver Cavanagh	47	Jamie Fifield

## Under 17 - Men — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Club	Time
1	436	Keenan Owen		E Cheshire H&tameside AC	20:32	18	664	Kyle Dentith	Liverpool H & AC	23:20
2	65	Xavier O'Hare		Trafford AC	21:01	19	101	Luke Doleman	Manchester H&ac	23:22
3	130	Jack Stubbings		Warrington AC	21:19	20	188	F Teklehairmanot	Salford H&ac	23:23
4	715	Mussie Kassa		E Cheshire H&tameside AC	21:21	21	381	Kian Lindsay	Sale H Manchester	23:33
5	573	Max Brame		Liverpool H & AC	21:45	22	434	Nathan Barlow	E Cheshire H&tameside AC	23:34
6	11	Chris Larkin		Halton&frodsham H	22:02	23	102	Matty Fox	Manchester H&ac	23:36
7	68	Jack Wilkinson		Trafford AC	22:04	24	186	Paddy Cusack	Salford H&ac	23:47
8	104	Ben Skertchly		Manchester H&ac	22:13	25	717	Rushwan Lewis	Trafford AC	24:31
9	128	Luke Gamble		Warrington AC	22:32	26	438	Jacob Taylor	E Cheshire H&tameside AC	24:40
10	376	Luke Chesters		Sale H Manchester	22:36	27	484	Robert Finnis	Macclesfield H&ac	24:57
11	730	James Norton		Trafford AC	22:44	28	732	Louis Poyser	Trafford AC	25:34
12	716	Connor Fazakerley		Trafford AC	22:49	29	252	Sam Johnson	Stockport H&ac	25:49
13	127	Daniel Fox		Warrington AC	23:02	30	250	Mathew Connors	Stockport H&ac	26:41
14	483	Matthew Browne		Macclesfield H&ac	23:08	31	185	Adam Curtis	Salford H&ac	26:54
15	264	Jacob Winfield		Buxton AC	23:13	32	184	James Critchley	Salford H&ac	27:29
16	262	Luke Farrant		Buxton AC	23:16	33	435	Paolo Guarnieri	E Cheshire H&tameside AC	27:34
17	64	Mikey Kingston		Trafford AC	23:18					

## Under 17 - Men — TEAM RESULTS

1	Trafford AC	20	—	2	Xavier O'Hare	7	Jack Wilkinson	11	James Norton
2	Warrington AC	25	—	3	Jack Stubbings	9	Luke Gamble	13	Daniel Fox
3	E Cheshire H&tameside AC	27	—	1	Keenan Owen	4	Mussie Kassa	22	Nathan Barlow
4	Manchester H&ac	50	—	8	Ben Skertchly	19	Luke Doleman	23	Matty Fox
5	Trafford AC 'B'	54	—	12	Connor Fazakerley	17	Mikey Kingston	25	Rushwan Lewis
6	Salford H&ac	75	—	20	F Teklehairmanot	24	Paddy Cusack	31	Adam Curtis

## Under 17 - Ladies — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Club	Time			
1	726	Lauren Ferris	L	1	Warrington AC	24:35	10	704	Rachel McQuillan	L	10	Warrington AC	29:25
2	561	Jess Cook	L	2	Liverpool H & AC	24:50	11	364	Georgia Haworth	L	11	Sale H Manchester	29:27
3	246	Hannah Richardson	L	3	Stockport H&ac	25:39	12	243	Emilia Gajda	L	12	Stockport H&ac	29:37
4	98	Emily Hughes	L	4	Manchester H&ac	25:46	13	61	Anna Baker	L	13	Trafford AC	29:49
5	358	Claudia Cowan	L	5	Sale H Manchester	25:56	14	178	Sophie Harrison	L	14	Salford H&ac	29:57
6	241	Heather Corden	L	6	Stockport H&ac	26:22	15	177	Caitlin Dunphy	L	15	Salford H&ac	31:45
7	181	Rebecca Mason	L	7	Salford H&ac	27:34	16	682	Sofia Tavini	L	16	Stockport H&ac	32:13
8	566	Millie Raine	L	8	Liverpool H & AC	27:58	17	96	Katie Cooper	L	17	Manchester H&ac	32:49
9	249	Abbie WoodDoyle	L	9	Stockport H&ac	28:40	18	401	Kathryn Schofield	L	18	Warrington Tri Club	36:58

## Under 17 - Ladies — TEAM RESULTS

1	Stockport H&ac	18	—	3	Hannah Richardson	6	Heather Corden	9	Abbie WoodDoyle
2	Salford H&ac	36	—	7	Rebecca Mason	14	Sophie Harrison	15	Caitlin Dunphy

# Manchester Area Cross Country League

## at Boggart Hole Clough on Saturday 12th November 2016

### Under 11 - Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	191	Jasmine Reed	Stockport H&ac	8:26
2	543	Hattie Bain	Liverpool H & AC	8:32
3	511	Macy Hillier	Wirral AC	8:41
4	190	Freya Murdoch	Stockport H&ac	8:44
5	440	Rebecca Dilworth	Macclesfield H&ac	8:50
6	647	Aisling McHale	Altrincham&district AC	8:57
7	406	Matilda Brynes	E Cheshire H&tameside AC	9:14
8	270	Ella Gillespie	Sale H Manchester	9:17
9	646	Esme Pearson	Altrincham&district AC	9:19
10	3	Charlotte Glover	Halton&frodsham H	9:21
11	108	Molly Wormald	Warrington AC	9:23
12	139	Isabelle Bryan	Salford H&ac	9:25
13	653	Grace Adams	Altrincham&district AC	9:26
14	578	Annabelle Bygrave	Sale H Manchester	9:27
15	649	Holly Newton	Altrincham&district AC	9:30
16	137	Millie Bayman	Salford H&ac	9:33
17	136	Elena Barthallotta	Salford H&ac	9:33
18	648	Beth Robinson	Altrincham&district AC	9:33
19	667	Ella McMutrie	Liverpool H & AC	9:36
20	33	Cleo Bentall	Trafford AC	9:38
21	652	Verity Charnley	Altrincham&district AC	9:45
22	12	Tarlia Higginbotham	Vale Royal AC	9:54
23	686	Ellie Gildart	Sale H Manchester	9:54
24	486	Freya Griffiths	Manchester Triathlon	9:54
25	410	Leigha Manser	E Cheshire H&tameside AC	9:54
26	701	Emily Entwistle	Warrington AC	10:02
27	107	Lucie Davies	Warrington AC	10:03
28	138	Sophia Bratt	Salford H&ac	10:10
29	2	Bethany Glover	Halton&frodsham H	10:10
30	687	Shona Wilkinson	Sale H Manchester	10:10
31	444	Charlotte Moran	Macclesfield H&ac	10:11
32	713	Jessica Forrest	Altrincham&district AC	10:11
33	271	Iris McCarron	Sale H Manchester	10:12
34	439	Lily Davies	Macclesfield H&ac	10:12
35	671	Kylah O'shea	Liverpool H & AC	10:13
36	189	Jessica Jones	Stockport H&ac	10:13
37	412	Madeline Stout	E Cheshire H&tameside AC	10:14
38	13	Scarlett Stapleton	Vale Royal AC	10:14
39	702	Amelia Smithers	Warrington AC	10:15
40	34	Olivia Holbrook	Trafford AC	10:15
41	144	Heidi Moore	Salford H&ac	10:16
42	1	Millie Glancey	Halton&frodsham H	10:16
43	266	Olivia Buchan	Sale H Manchester	10:17
44	141	Marissa Caldwell	Salford H&ac	10:20
45	387	Chloe Evans	St Helens Tri	10:23
46	668	Megan McMutrie	Liverpool H & AC	10:26
47	106	Shauna Clarke	Warrington AC	10:26
48	142	Maya Mansfield	Salford H&ac	10:26
49	591	Emily Birchall	Salford H&ac	10:27
50	723	Isabella Backhouse	Salford Met AC	10:27
51	408	Imogen Gush	E Cheshire H&tameside AC	10:27
52	643	Amelia Wilson	Macclesfield H&ac	10:27
53	487	Isabel Pearson	Manchester Triathlon	10:27
54	700	Harriet Bell	Warrington AC	10:33
55	729	Sain Guy	Liverpool H & AC	10:40
56	592	Sophia Roiditis	Salford H&ac	10:40
57	514	Evie Smith	Wirral AC	10:43
58	269	Grace Edmundsen	Sale H Manchester	10:46
59	670	Hannah Jones	Liverpool H & AC	10:47
60	724	Grace Waters	Salford Met AC	10:48
61	569	Libby Martin	Stockport H&ac	10:54
62	441	Lucy Dykins	Macclesfield H&ac	11:00
63	110	Lily Briscoe	Warrington AC	11:03
64	515	Sara Smith	Wirral AC	11:03
65	692	Molly Roberts	Vale Royal AC	11:04
66	651	Kate Lane	Altrincham&district AC	11:09
67	140	Zara Burns	Salford H&ac	11:15
68	693	Ila Curzon	Vale Royal AC	11:18
69	36	Helen Worsley	Trafford AC	11:21
70	131	Freya Hunt	Bramhall Runners	11:35
71	669	Lottie Threadgold	Liverpool H & AC	11:36
72	644	Ruby Stockdale	Macclesfield H&ac	11:40
73	388	Holly Hirst	St Helens Tri	11:47
74	709	Chloe Leigh	St Helens Sutton AC	12:31

### Under 11 - Girls — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Altrincham&district AC	28	—	6	Aisling McHale	9	Esme Pearson	13	Grace Adams
2	Stockport H&ac	41	—	1	Jasmine Reed	4	Freya Murdoch	36	Jessica Jones
3	Salford H&ac	45	—	12	Isabelle Bryan	16	Millie Bayman	17	Elena Barthallotta
4	Sale H Manchester	45	—	8	Ella Gillespie	14	Annabelle Bygrave	23	Ellie Gildart
5	Altrincham&district AC	54	—	15	Holly Newton	18	Beth Robinson	21	Verity Charnley
6	Liverpool H & AC	56	—	2	Hattie Bain	19	Ella McMutrie	35	Kylah O'shea
7	Warrington AC	64	—	11	Molly Wormald	26	Emily Entwistle	27	Lucie Davies
8	E Cheshire H&tameside AC	69	—	7	Matilda Brynes	25	Leigha Manser	37	Madeline Stout
9	Macclesfield H&ac	70	—	5	Rebecca Dilworth	31	Charlotte Moran	34	Lily Davies
10	Halton&frodsham H	81	—	10	Charlotte Glover	29	Bethany Glover	42	Millie Glancey
11	Sale H Manchester	106	—	30	Shona Wilkinson	33	Iris McCarron	43	Olivia Buchan
12	Salford H&ac	113	—	28	Sophia Bratt	41	Heidi Moore	44	Marissa Caldwell
13	Wirral AC	124	—	3	Macy Hillier	57	Evie Smith	64	Sara Smith
14	Vale Royal AC	125	—	22	Tarlia Higginbotham	38	Scarlett Stapleton	65	Molly Roberts
15	Trafford AC	129	—	20	Cleo Bentall	40	Olivia Holbrook	69	Helen Worsley
16	Warrington AC	140	—	39	Amelia Smithers	47	Shauna Clarke	54	Harriet Bell
17	Salford H&ac	153	—	48	Maya Mansfield	49	Emily Birchall	56	Sophia Roiditis
18	Liverpool H & AC	160	—	46	Megan McMutrie	55	Sain Guy	59	Hannah Jones
19	Macclesfield H&ac	186	—	52	Amelia Wilson	62	Lucy Dykins	72	Ruby Stockdale

# Manchester Area Cross Country League at Boggart Hole Clough on Saturday 12th November 2016

## Under 13 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time
1	160	Samuel Bryan	Salford H&ac	11:50
2	45	Tom Bentall	Trafford AC	12:03
3	464	James Doorbar	Macclesfield H&ac	12:04
4	315	Alex James	Sale H Manchester	12:07
5	212	Thomas Manton	Stockport H&ac	12:22
6	215	Henry Pickard	Stockport H&ac	12:40
7	468	Thomas Roberts	Macclesfield H&ac	12:43
8	46	Oliver Choi	Trafford AC	12:44
9	313	Harry Edmundson	Sale H Manchester	12:54
10	214	Cameron Murdoch	Stockport H&ac	13:00
11	257	Harrison Turner	Buxton AC	13:03
12	48	Louie McCormack	Trafford AC	13:05
13	316	Archie McCarron	Sale H Manchester	13:06
14	314	Zac Gaillemin	Sale H Manchester	13:07
15	708	Callum Cole	Salford H&ac	13:08
16	504	Michael Dobson	St Helens Sutton AC	13:13
17	216	Jonah Wall	Stockport H&ac	13:15
18	211	Alex Macfarlane	Stockport H&ac	13:19
19	213	Finley Mayoh	Stockport H&ac	13:20
20	161	Joe Coggins	Salford H&ac	13:36
21	166	Matthew O'Neill	Salford H&ac	13:37
22	312	Tom Boyd	Sale H Manchester	13:45
23	318	Will Parker	Sale H Manchester	13:45
24	255	Sam Gray	Knutsford Tri Club	13:46
25	84	Archie Dyer	Manchester H&ac	13:50
26	162	Malachy Cole	Salford H&ac	13:51
27	720	Jonny Stock	Trafford AC	13:53
28	115	Rhys Hopkins	Warrington AC	13:53
29	426	Niall Owen	E Cheshire H&tameside AC	13:56
30	522	Ethan BradyJones	Wirral AC	13:58
31	258	Caleb Winfield	Buxton AC	14:01
32	85	Joseph Farrelly	Manchester H&ac	14:02
33	570	Aaron Coxon	Halton&frodsham H	14:03
34	721	Joe Read	Trafford AC	14:06
35	82	William Brown	Manchester H&ac	14:07
36	612	Ben Dargan	Sale H Manchester	14:10
37	707	Bow Hornby	Stockport H&ac	14:11
38	725	George Kattah	Sale H Manchester	14:12
39	719	Luca Costello	Trafford AC	14:14
40	134	Joe Byrne	Bramhall Runners	14:18
41	319	Alex Patten	Sale H Manchester	14:20
42	392	Oliver Murphy	St Helens Tri	14:26
43	620	Kane Grant	E Cheshire H&tameside AC	14:33
44	391	James Evans	St Helens Tri	14:35
45	688	Matthew Hutchinson	Sale H Manchester	14:44
46	208	Freddie Bailey	Stockport H&ac	15:01
47	684	Sam Ryan	Stockport H&ac	15:02
48	7	Matthew Haslam	Halton&frodsham H	15:10
49	621	Charlie Massey	Trafford AC	15:16
50	469	Oliver Thomason	Macclesfield H&ac	16:08
51	425	Ryan O'Neill	E Cheshire H&tameside AC	16:56
52	505	Charlie Young	St Helens Sutton AC	17:20
53	466	Alexander Moss	Macclesfield H&ac	17:22
54	506	Max Young	St Helens Sutton AC	17:32

## Under 13 - Boys — TEAM RESULTS

1	Stockport H&ac	21	— 5	Thomas Manton	6	Henry Pickard	10	Cameron Murdoch
2	Trafford AC	22	— 2	Tom Bentall	8	Oliver Choi	12	Louie McCormack
3	Sale H Manchester	26	— 4	Alex James	9	Harry Edmundson	13	Archie McCarron
4	Salford H&ac	36	— 1	Samuel Bryan	15	Callum Cole	20	Joe Coggins
5	Stockport H&ac	54	— 17	Jonah Wall	18	Alex Macfarlane	19	Finley Mayoh
6	Sale H Manchester	59	— 14	Zac Gaillemin	22	Tom Boyd	23	Will Parker
7	Macclesfield H&ac	60	— 3	James Doorbar	7	Thomas Roberts	50	Oliver Thomason
8	Manchester H&ac	92	— 25	Archie Dyer	32	Joseph Farrelly	35	William Brown
9	Trafford AC	100	— 27	Jonny Stock	34	Joe Read	39	Luca Costello
10	Sale H Manchester	115	— 36	Ben Dargan	38	George Kattah	41	Alex Patten
11	St Helens Sutton AC	122	— 16	Michael Dobson	52	Charlie Young	54	Max Young
12	E Cheshire H&tameside AC	123	— 29	Niall Owen	43	Kane Grant	51	Ryan O'Neill
13	Stockport H&ac	130	— 37	Bow Hornby	46	Freddie Bailey	47	Sam Ryan

## Under 13 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time
1	292	Isabelle Burke	Sale H Manchester	12:57
2	151	Amelia Bratt	Salford H&ac	13:17
3	517	Keira BradyJones	Wirral AC	13:23
4	421	Christie Allen	E Cheshire H&tameside AC	13:31
5	203	Daisy Keigher	Stockport H&ac	13:31
6	201	Esther Hulley	Stockport H&ac	13:31
7	422	Rose Barlow	E Cheshire H&tameside AC	13:34
8	308	Katie Stringer	Sale H Manchester	13:38
9	629	Lucy Bednall	Buxton AC	13:43
10	155	Nicola Mason	Salford H&ac	13:49
11	159	Sophie Smith	Salford H&ac	14:09
12	154	Erin Grime	Salford H&ac	14:12
13	309	Ava Taylor	Sale H Manchester	14:16
14	75	Violet Claxton	Manchester H&ac	14:22
15	152	Isobel Cammish	Salford H&ac	14:24
16	109	Maisie Bell	Warrington AC	14:27
17	673	Amber Escoffrey	Liverpool H & AC	14:32
18	689	Jessica Willock	E Cheshire H&tameside AC	14:36
19	548	Jenny Grant	Liverpool H & AC	14:37
20	598	Eella Salih	Salford Met AC	14:37
21	423	Libby Kilbourne	E Cheshire H&tameside AC	14:38
22	111	Eva Ferris	Warrington AC	14:46
23	303	Libby Hill	Sale H Manchester	14:50
24	672	Lauren Duthie	Liverpool H & AC	14:55
25	288	Lucy Armitage	Sale H Manchester	14:55
26	711	Mia Ierston	Liverpool H & AC	14:57
27	78	Sophie Kilpatrick	Manchester H&ac	14:59
28	289	Nieve Barton	Sale H Manchester	15:04
29	613	Akira Edgson	Sale H Manchester	15:05
30	74	Evelyn Barber	Manchester H&ac	15:07
31	547	S Fane-De-Salis	Liverpool H & AC	15:14
32	396	Jessica Connolly	Warrington Tri Club	15:17
33	40	Lauren Howley	Trafford AC	15:19
34	699	Isobel Houghton	Warrington AC	15:20
35	424	Katherine Waters	E Cheshire H&tameside AC	15:20
36	546	Andrea Ellinas	Liverpool H & AC	15:24
37	43	Emily Wolstencroft	Trafford AC	15:28
38	297	Erin Donnolly	Sale H Manchester	15:32
39	150	Lucy Aplin	Buxton AC	15:40
40	112	Jasmine Jones	Warrington AC	15:42
41	690	Tilly Gibbs	Vale Royal AC	15:44
42	306	Olivia Nolan	Sale H Manchester	15:47
43	583	Lillia Buller	Sale H Manchester	15:52
44	550	Hannah Johnson	Liverpool H & AC	16:01
45	502	Lucy Bridge	St Helens Sutton AC	16:03
46	551	Rebecca Johnson	Liverpool H & AC	16:05
47	632	Abbie FryerWinder	Buxton AC	16:15
48	493	Marina Guardascione	Manchester Triathlon	16:16
49	555	Jessica White	Liverpool H & AC	16:17
50	197	Isabel Brundrett	Stockport H&ac	16:18
51	545	Isobel Dallas	Liverpool H & AC	16:35
52	295	Caitlin Deighton	Sale H Manchester	16:44
53	403	Hannah Gregg	Altrincham&district AC	16:49
54	645	Ellie Stockdale	Macclesfield H&ac	16:52
55	587	Eliza Ousey	Sale H Manchester	17:07
56	133	Isabella Stutchfield	Bramhall Runners	17:25
57	614	Madeline Millard	Sale H Manchester	18:30
58	636	Isabelle Potts	Buxton AC	19:13
59	399	Saranne Wright	Warrington Tri Club	19:22

## Under 13 - Girls — TEAM RESULTS

1	Sale H Manchester	22	— 1	Isabelle Burke	8	Katie Stringer	13	Ava Taylor
2	Salford H&ac	23	— 2	Amelia Bratt	10	Nicola Mason	11	Sophie Smith
3	E Cheshire H&tameside AC	29	— 4	Christie Allen	7	Rose Barlow	18	Jessica Willock
4	Liverpool H & AC	60	— 17	Amber Escoffrey	19	Jenny Grant	24	Lauren Duthie
5	Stockport H&ac	61	— 5	Daisy Keigher	6	Esther Hulley	50	Isabel Brundrett
6	Salford H&ac	66	— 12	Erin Grime	15	Isobel Cammish	39	Lucy Aplin
7	Manchester H&ac	71	— 14	Violet Claxton	27	Sophie Kilpatrick	30	Evelyn Barber
8	Warrington AC	72	— 16	Maisie Bell	22	Eva Ferris	34	Isobel Houghton
9	Sale H Manchester	76	— 23	Libby Hill	25	Lucy Armitage	28	Nieve Barton
10	Liverpool H & AC	93	— 26	Mia Ierston	31	S Fane-De-Salis	36	Andrea Ellinas
11	Sale H Manchester	109	— 29	Akira Edgson	38	Erin Donnolly	42	Olivia Nolan
12	Buxton AC	114	— 9	Lucy Bednall	47	Abbie FryerWinder	58	Isabelle Potts
13	Liverpool H & AC	139	— 44	Hannah Johnson	46	Rebecca Johnson	49	Jessica White
14	Sale H Manchester	150	— 43	Lillia Buller	52	Caitlin Deighton	55	Eliza Ousey

# Manchester Area Cross Country League at Boggart Hole Clough on Saturday 12th November 2016

## Under 15 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	480	Lucas Parker	Macclesfield H&ac	15:41	20	718	Joe Mangan	Trafford AC	18:10
2	125	Jordan Jones	Warrington AC	15:44	21	237	Jacob WoodDoyle	Stockport H&ac	18:19
3	26	Sam Evans	Vale Royal AC	15:49	22	57	Alex Bailey	Trafford AC	18:21
4	122	Joe Buckley	Warrington AC	16:02	23	508	Michael Brussels	St Helens Sutton AC	18:22
5	236	Flynn Walsh	Stockport H&ac	16:12	24	431	Jack Blodwell	E Cheshire H&tameside AC	18:47
6	481	Finley Proffitt	Macclesfield H&ac	16:22	25	126	Joe Roberts	Warrington AC	18:50
7	60	Cynog Williams	Trafford AC	16:25	26	235	Joseph Philbin	Stockport H&ac	18:56
8	58	Joe Bentall	Trafford AC	16:27	27	616	Matthew Torkington	Trafford AC	19:01
9	227	Edward Corden	Stockport H&ac	16:46	28	599	Luke Mamczur	Buxton AC	19:14
10	174	Lewis Royle	Salford H&ac	17:00	29	683	Lewis Booth	Stockport H&ac	19:21
11	121	Isaac Ataulah	Warrington AC	17:01	30	231	Thomas Gill	Stockport H&ac	19:34
12	478	Peter Goodfellow	Macclesfield H&ac	17:25	31	234	Harry MillerReedman	Stockport H&ac	19:51
13	176	Jacob Yates	Salford H&ac	17:32	32	510	Charlie Roberts	St Helens Sutton AC	20:24
14	432	Callum Brierley	E Cheshire H&tameside AC	17:33	33	230	Drew Evans	Stockport H&ac	20:24
15	404	Harry Sinclair	Altrincham&district AC	17:44	34	29	Edward Smiles	Vale Royal AC	20:38
16	173	Oliver Cook	Salford H&ac	17:49	35	344	Jacob Corrie	Sale H Manchester	20:46
17	226	Fabio Carosi	Stockport H&ac	17:54	36	509	Liam Houghton	St Helens Sutton AC	21:08
18	433	Jake Smith	E Cheshire H&tameside AC	17:54	37	710	Scott Aldred	St Helens Sutton AC	21:21
19	347	John Gilbert	Sale H Manchester	18:04	38	394	George Houghton	St Helens Tri	22:13

## Under 15 - Boys — TEAM RESULTS

1	Warrington AC	17 — 2	Jordan Jones	4	Joe Buckley	11	Isaac Ataulah
2	Macclesfield H&ac	19 — 1	Lucas Parker	6	Finley Proffitt	12	Peter Goodfellow
3	Stockport H&ac	31 — 5	Flynn Walsh	9	Edward Corden	17	Fabio Carosi
4	Trafford AC	35 — 7	Cynog Williams	8	Joe Bentall	20	Joe Mangan
5	Salford H&ac	39 — 10	Lewis Royle	13	Jacob Yates	16	Oliver Cook
6	E Cheshire H&tameside AC	56 — 14	Callum Brierley	18	Jake Smith	24	Jack Blodwell
7	Stockport H&ac 'B'	76 — 21	Jacob WoodDoyle	26	Joseph Philbin	29	Lewis Booth
8	St Helens Sutton AC	91 — 23	Michael Brussels	32	Charlie Roberts	36	Liam Houghton
9	Stockport H&ac 'C'	94 — 30	Thomas Gill	31	Harry MillerReedman	33	Drew Evans

## Under 15 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	471	Sian Heslop	Macclesfield H&ac	17:02	22	119	Olivia Doodson	Warrington AC	21:15
2	325	Lara Crawford	Sale H Manchester	17:15	23	594	Jessica Birchall	Salford H&ac	21:32
3	473	Stephanie Moss	Macclesfield H&ac	18:04	24	25	Cerys Pilliner	Vale Royal AC	21:42
4	728	Ella McNiven	Liverpool H & AC	18:25	25	427	Freya Handley	E Cheshire H&tameside AC	21:54
5	474	Lauren Robinson	Macclesfield H&ac	19:02	26	260	Heather Wilshaw	Buxton AC	21:59
6	429	Megan Lewis	E Cheshire H&tameside AC	19:17	27	595	Freya Coggins	Salford H&ac	22:25
7	338	Briony Ward	Sale H Manchester	19:26	28	597	Madeleine Pennington	Salford H&ac	22:27
8	428	Holly Jackson	E Cheshire H&tameside AC	19:27	29	172	Rebecca Royle	Salford H&ac	22:29
9	222	Chloe Rogers	Stockport H&ac	19:30	30	507	Alyx Bridge	St Helens Sutton AC	22:29
10	171	Samantha Mason	Salford H&ac	19:42	31	91	Alice Jones	Manchester H&ac	22:33
11	169	C HaywoodPercival	Salford H&ac	19:57	32	589	Amelia McCormack	Sale H Manchester	22:39
12	90	Georgia Fazakerley	Manchester H&ac	20:02	33	56	Rebecca Young	Trafford AC	22:49
13	323	TiaRae Barton	Sale H Manchester	20:07	34	221	Abbie Pickard	Stockport H&ac	23:10
14	220	Natasha Moore	Stockport H&ac	20:10	35	679	Grace Walker	Sale H Manchester	23:29
15	330	EmilyKate Hall	Sale H Manchester	20:27	36	118	Natalie Chamun	Warrington AC	23:31
16	430	Abby O'Neill	E Cheshire H&tameside AC	20:31	37	259	Eleanor Turner	Buxton AC	23:43
17	328	Mia Gibbons	Sale H Manchester	20:32	38	685	Abbie Tobin	Stockport H&ac	25:57
18	472	Sam Kyriacou	Macclesfield H&ac	20:39	39	500	Ella Buckley	Salford Met AC	26:10
19	498	Jade Bailey	Salford Met AC	20:43	40	706	Fay Humphreys	Warrington AC	26:13
20	218	Mollie Cooke	Stockport H&ac	20:50	41	705	Isla Kenworthy	Warrington AC	28:29
21	219	Lara Coulter	Stockport H&ac	20:59	42	499	Alana Birch	Salford Met AC	28:30

## Under 15 - Girls — TEAM RESULTS

1	Macclesfield H&ac	9 — 1	Sian Heslop	3	Stephanie Moss	5	Lauren Robinson
2	Sale H Manchester	22 — 2	Lara Crawford	7	Briony Ward	13	TiaRae Barton
3	E Cheshire H&tameside AC	30 — 6	Megan Lewis	8	Holly Jackson	16	Abby O'Neill
4	Stockport H&ac	43 — 9	Chloe Rogers	14	Natasha Moore	20	Mollie Cooke
5	Salford H&ac	44 — 10	Samantha Mason	11	C HaywoodPercival	23	Jessica Birchall
6	Sale H Manchester 'B'	64 — 15	EmilyKate Hall	17	Mia Gibbons	32	Amelia McCormack
7	Salford H&ac 'B'	84 — 27	Freya Coggins	28	Madeleine Pennington	29	Rebecca Royle
8	Stockport H&ac 'B'	93 — 21	Lara Coulter	34	Abbie Pickard	38	Abbie Tobin
9	Warrington AC	98 — 22	Olivia Doodson	36	Natalie Chamun	40	Fay Humphreys
10	Salford Met AC	100 — 19	Jade Bailey	39	Ella Buckley	42	Alana Birch

# Manchester Area Cross Country League

## at Boggart Hole Clough on Saturday 12th November 2016

### Senior Women aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time
1	187	Katy Whiteoak	L20	1 Stockport H&ac	32:05
2	48	Beth Donnelly	L20	2 Trafford AC	33:50
3	440	Louisa Whittingham	L20	3 Macclesfield H&ac	33:59
4	406	Lily McGuinness	L20	4 E Cheshire H&tameside AC	37:24
5	333	Alice Bruce	L20	5 Sale H Manchester	38:34

### Senior Women aged 20 to 34

Pos	Num	Name	Cat/Pos	Club	Time
1	344	Danielle Fegan		Sale H Manchester	31:28
2	153	Ruth Jones		Salford H&ac	32:08
3	626	Tessa McCormick		Vale Royal AC	32:13
4	2024	Carolyne Baxter		Unattached	33:04
5	490	Gemma Connolly		St Helens Sutton AC	33:04
6	98	Kirsty Johnson		Glossopdale Harriers	33:43
7	618	Helena Herrmann		Trafford AC	33:55
8	185	Faye Waterhouse		Stockport H&ac	35:07
9	469	Sarah Saxton		Manchester Triathlon	35:19
10	370	Jane Thomas		Sale H Manchester	35:50
11	474	Anna Weaver		Manchester Triathlon	36:06
12	410	Hayley Simpson		E Cheshire H&tameside AC	36:13
13	52	Sarah Hudak		Trafford AC	36:17
14	306	Ingrid Storm		Chorlton Runners	36:21
15	215	Lucy Etchells		Manchester Frontrunners	36:23
16	172	Samantha Jones		Stockport H&ac	36:43
17	404	Bethany Hirst		E Cheshire H&tameside AC	36:47
18	208	Helen Murray		Knutsford Tri Club	37:04
19	2031	Rowen Ratcliffe		Saddleworth Runners Club	37:09
20	357	Cara O'Brien		Sale H Manchester	37:30
21	159	Becki Robinson		Salford H&ac	37:35
22	431	Daisy Pickles		Macclesfield H&ac	37:41
23	335	Hannah Carey		Sale H Manchester	37:48
24	413	Alannah Birtwistle		Macclesfield H&ac	37:49
25	156	Marie O'Brien		Salford H&ac	38:04
26	572	Marianne Beevor		Stockport H&ac	38:22
27	45	Cauley Amy Rose		Trafford AC	38:24
28	314	Amy Welch		Chorlton Runners	38:26
29	297	Sarah Renshaw		Chorlton Runners	38:35
30	152	Sarah Carroll		Salford H&ac	38:59
31	625	Sally Teague		E Cheshire H&tameside AC	39:31
32	55	Melanie Monks		Trafford AC	39:39
33	313	Rosalyn Webster		Chorlton Runners	39:44
34	272	Martha Hamilton		Chorlton Runners	39:52
35	310	Emma Tollefson		Chorlton Runners	40:03
36	162	Ambi Tipping		Salford H&ac	40:29
37	514	Kelly Ormesher		Manchester Ymca H	40:39
38	270	Niamh Gill		Chorlton Runners	40:40
39	250	Leona Beaumont		Chorlton Runners	40:54
40	63	Samantha Hartley		Hyde Village Striders	40:59
41	338	Hanifa Greenwood		Sale H Manchester	41:04
42	321	Amelia Hunt		Goyt Valley Striders	41:10
43	124	Helen Rennie		Bramhall Runners	41:16
44	293	Lorraine Pang		Chorlton Runners	41:18
45	28	Amy Longmore		Wilmslow RC	41:20
46	484	Carolyn Lewtas		Salford Met AC	41:47
47	219	Rachel Kenyon		Manchester Frontrunners	42:05
48	506	Sarah Crandon		Manchester Ymca H	42:23
49	324	Katie Rockliff		Goyt Valley Striders	42:39
50	459	Naomi Kellett		Manchester Triathlon	42:52
51	2032	Eleanor Cliffe		Saddleworth Runners Club	43:10
52	258	Emma Butler		Chorlton Runners	43:25
53	34	Rachel Peers		Wilmslow RC	43:41
54	267	Vicki Fergusson		Chorlton Runners	43:54
55	263	Hannah Crowther		Chorlton Runners	44:08
56	468	Sarah Roberts		Manchester Triathlon	44:51
57	278	Claire Heron		Chorlton Runners	45:22
58	349	Lauren Hatch		Sale H Manchester	45:47
59	194	Leah Evans		Belle Vue Racers	46:18
60	240	Annabelle Mottram		Buxton AC	46:39
61	60	Jasmine Duffy		Hyde Village Striders	47:37
62	458	Helen Jaques		Manchester Triathlon	47:41
63	178	Cheryl Rock		Stockport H&ac	48:16
64	614	Charlotte Scanlan		Swinton RC	49:16
65	422	Saranya Hasler		Macclesfield H&ac	49:20
66	261	Suzette Crane		Chorlton Runners	49:29
67	470	Alex Smith		Manchester Triathlon	49:41
68	105	Samantha Blacow		Bramhall Runners	49:47
69	262	Rachel Crossley		Chorlton Runners	50:21
70	409	Hannah Sellers		E Cheshire H&tameside AC	50:30
71	226	Emmy Williamson		Manchester Frontrunners	50:42
72	586	Ella Hughes		Manchester Triathlon	51:25
73	286	Roma Koprowska		Chorlton Runners	51:42
74	118	Rebecca Morgan		Bramhall Runners	51:43
75	142	Lisa Jackson		Middleton H AC	54:51
76	463	Ella Novakovic		Manchester Triathlon	55:22
77	260	Hannah Coates		Chorlton Runners	56:05
78	308	Vicky Thompson		Chorlton Runners	58:32
79	507	Jennifer Delaney		Manchester Ymca H	1:12:08

### Senior Women (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time
1	160	Tessa Robinson	L35	1 Salford H&ac	32:54
2	68	Vicky Wright	L35	2 Hyde Village Striders	35:21
3	376	Kathy Wellam	L35	3 Sale H Manchester	35:46
4	391	Lora Blann	L35	4 Altrincham&district AC	37:15
5	216	Jane Fletcher	L35	5 Manchester Frontrunners	37:54
6	568	Suzanne Smith	L35	6 Sale H Manchester	39:05
7	533	Rebecca Mills	L35	7 Swinton RC	39:33
8	482	Carly Appleby	L35	8 Salford Met AC	39:44
9	390	Danielle Beard	L35	9 Altrincham&district AC	40:49
10	462	Deirdre McCarthy	L35	10 Manchester Triathlon	41:00
11	312	Alison Wainwright	L35	11 Chorlton Runners	41:17
12	220	Selena Lockyer	L35	12 Manchester Frontrunners	41:25
13	612	Rebecca Brimage	L35	13 Stockport H&ac	41:31
14	316	Melanie Williamson	L35	14 Chorlton Runners	41:50
15	375	Janneke VanBeijnum	L35	15 Sale H Manchester	42:54
16	402	Catherine Daley	L35	16 E Cheshire H&tameside AC	43:01
17	117	Nicola Lloyd	L35	17 Bramhall Runners	43:14
18	3	Nikki Cavanagh	L35	18 Vale Royal AC	43:26
19	535	Helen Nation	L35	19 Swinton RC	43:34
20	443	Sophie Barnett	L35	20 Manchester Triathlon	43:37
21	192	Yana Anderton	L35	21 Belle Vue Racers	44:57
22	597	Ruth Gowers	L35	22 Buxton AC	45:06
23	627	Sarah Gibbs	L35	23 Vale Royal AC	45:32
24	351	Amelie Latham	L35	24 Sale H Manchester	46:27
25	225	Venetta Uye	L35	25 Manchester Frontrunners	46:34
26	271	Sarah Gray	L35	26 Chorlton Runners	47:09
27	147	Isabell Richter	L35	27 Middleton H AC	47:48
28	221	Paula Medley	L35	28 Manchester Frontrunners	49:00
29	231	Elizabeth Sargent	L35	29 Stockport Tri Club	52:17
30	196	Tina Hicks	L35	30 Belle Vue Racers	52:58
31	294	Samantha Pearson	L35	31 Chorlton Runners	53:13
32	281	Helen Joyce	L35	32 Chorlton Runners	53:19
33	218	Mel Johnson	L35	33 Manchester Frontrunners	53:27
34	283	Malika Kapasi	L35	34 Chorlton Runners	53:51
35	631	Lindsay Siddall	L35	35 Salford Met AC	53:51
36	254	Stephanie Bird	L35	36 Chorlton Runners	54:04
37	74	Lindsay Farrelly	L35	37 Manchester H&ac	55:45
38	191	Ruth Amin	L35	38 Belle Vue Racers	57:38
39	311	Jennifer Turner	L35	39 Chorlton Runners	1:06:34

### Senior Women (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time				
1	328	Helen Armitage	L40	1 Sale H Manchester	36:44	22	157 Ruth Ollerenshaw	L40 22 Salford H&ac	43:22
2	501	Anne Rosbottom	L40	2 Wirral AC	36:55	23	24 Gail Hill	L40 23 Wilmslow RC	43:33
3	337	Anne Chinoy	L40	3 Sale H Manchester	38:08	24	206 Claire Hebblethwaite	L40 24 Knutsford Tri Club	44:43
4	71	Melanie Barber	L40	4 Manchester H&ac	38:18	25	481 Sarah Stutchfield	L40 25 Marple Runners	45:33
5	355	Clare McCarron	L40	5 Sale H Manchester	38:19	26	307 Katie Syrett	L40 26 Chorlton Runners	46:38
6	22	Katy Green	L40	6 Wilmslow RC	38:30	27	133 Elaine Bladesjordan	L40 27 Middleton H AC	46:39
7	121	Jennie Pickard	L40	7 Bramhall Runners	38:39	28	227 Nicola Brundrett	L40 28 Stockport Tri Club	47:06
8	16	Diane Bygrave	L40	8 Wilmslow RC	39:08	29	228 Christine Dewsbury	L40 29 Stockport Tri Club	47:07
9	383	Claire Murphy	L40	9 St Helens Tri	39:32	30	203 Rachel Watson	L40 30 Belle Vue Racers	47:21
10	257	Angelique Bueler	L40	10 Chorlton Runners	39:35	31	630 Jacqueline Perrot	L40 31 Chorlton Runners	47:23
11	405	Melanie Kay	L40	11 E Cheshire H&tameside AC	39:56	32	521 Jenny Castle	L40 32 Swinton RC	47:54
12	130	Emma Young	L40	12 Bramhall Runners	40:06	33	269 Claire Gardom	L40 33 Chorlton Runners	48:06
13	207	Kate Mills	L40	13 Knutsford Tri Club	40:24	34	248 Emma Banister	L40 34 Chorlton Runners	48:12
14	106	Catrin Cameron	L40	14 Bramhall Runners	40:35	35	423 Rachel Heslop	L40 35 Macclesfield H&ac	48:50
15	345	Sinead Ferguson	L40	15 Sale H Manchester	41:11	36	485 Laura Mercer	L40 36 Salford Met AC	49:33
16	528	Julie Holden	L40	16 Swinton RC	41:17	37	288 Fiona Long	L40 37 Chorlton Runners	50:03
17	132	Emma Ball	L40	17 Middleton H AC	41:18	38	209 Lynda Percival	L40 38 Knutsford Tri Club	51:33
18	88	Madeleine Hill	L40	18 Dragons Rc Sale	41:21	39	145 Beverley O'Neill	L40 39 Middleton H AC	51:49
19	87	Joanne Healy	L40	19 Dragons Rc Sale	42:42	40	299 Fiona Roberts	L40 40 Chorlton Runners	53:40
20	358	Carla Ousey	L40	20 Sale H Manchester	43:17	41	127 Clare Taylor	L40 41 Bramhall Runners	1:02:54
21	175	Sally Meats	L40	21 Stockport H&ac	43:20				

### Senior Women (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time				
1	49	Alison Drasdo	L45	1 Trafford AC	38:20	21	200 Janet Shepherd	L45 21 Belle Vue Racers	47:42
2	456	Mel Hayes	L45	2 Manchester Triathlon	39:02	22	195 Julia Foy	L45 22 Belle Vue Racers	48:02
3	19	Janine Ellis	L45	3 Wilmslow RC	39:35	23	475 Michelle Wilder	L45 23 Manchester Triathlon	48:14
4	119	Vikki Murphy	L45	4 Bramhall Runners	39:49	24	144 Catherine Murphy	L45 24 Middleton H AC	49:06
5	497	Maggie Cooper	L45	5 Wirral AC	40:02	25	332 Marinda Bredy	L45 25 Sale H Manchester	49:50
6	223	Paula Payne	L45	6 Manchester Frontrunners	40:07	26	301 Helen Sanderson	L45 26 Chorlton Runners	50:25
7	356	Jan Nicholls	L45	7 Sale H Manchester	40:43	27	282 Karen Kain	L45 27 Chorlton Runners	50:56
8	619	Louise Mangan	L45	8 Trafford AC	41:26	28	487 Gill Russell	L45 28 Salford Met AC	51:41
9	517	Rhona Barker	L45	9 Swinton RC	41:30	29	198 Catherine McKenna	L45 29 Belle Vue Racers	51:44
10	360	Helen Reagan	L45	10 Sale H Manchester	41:56	30	339 C Colquhounlynn	L45 30 Sale H Manchester	52:05
11	230	Gillian Doolan	L45	11 Stockport Tri Club	42:30	31	111 Erika Frame	L45 31 Bramhall Runners	53:25
12	629	Andrea Edwards	L45	12 E Cheshire H&tameside AC	43:53	32	236 Rachel Dowle	L45 32 Buxton AC	54:32
13	529	Yvette Jeal	L45	13 Swinton RC	43:58	33	128 Jo Thomas	L45 33 Bramhall Runners	54:54
14	605	Kate Phillips	L45	14 Buxton AC	44:19	34	502 Paula Smith	L45 34 Wirral AC	55:17
15	488	Theresa Shaw	L45	15 Salford Met AC	44:23	35	500 Yolla McCoy	L45 35 Wirral AC	57:15
16	582	Estelle McGuire	L45	16 Stockport H&ac	44:48	36	66 Carol Kershaw	L45 36 Hyde Village Striders	57:23
17	322	Mary Jones	L45	17 Goyt Valley Striders	44:57	37	478 Alison Deykin	L45 37 Marple Runners	57:28
18	138	Karen Hallett	L45	18 Middleton H AC	45:25	38	126 Alison Sheedy	L45 38 Bramhall Runners	57:33
19	527	Andrea Harrison	L45	19 Swinton RC	46:15	39	122 Jo Podolanski	L45 39 Bramhall Runners	59:48
20	432	Melanie Power	L45	20 Macclesfield H&ac	47:22	40	116 Melanie Li	L45 40 Bramhall Runners	59:56
						41	479 Miranda Galloway	L45 41 Marple Runners	1:14:31

### Senior Women (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time				
1	53	Joanne Lott	L50	1 Trafford AC	40:47	13	234 Wendy Bainbridge	L50 13 Buxton AC	49:37
2	180	Lesley Sinclair	L50	2 Stockport H&ac	41:54	14	59 Christine Copson	L50 14 Hyde Village Striders	49:56
3	401	Alison Vesey	L50	3 Altrincham&district AC	42:47	15	113 Kathryn Holmes	L50 15 Bramhall Runners	50:31
4	434	Hanny Stockman	L50	4 Macclesfield H&ac	44:11	16	519 Mandy Beard	L50 16 Swinton RC	51:45
5	188	Maureen Wilkins	L50	5 Stockport H&ac	45:15	17	135 Kyrinda Cartermoore	L50 17 Middleton H AC	52:53
6	508	Steph Goodchild	L50	6 Manchester Ymca H	45:55	18	125 Sian Segar	L50 18 Bramhall Runners	54:13
7	595	Heather FryerWinder	L50	7 Buxton AC	46:10	19	110 Marie Fairclough	L50 19 Bramhall Runners	56:12
8	214	Kate Brennan	L50	8 Manchester Frontrunners	46:35	20	79 Siobhan Linnett	L50 20 Manchester H&ac	57:01
9	224	Linda Rix	L50	9 Manchester Frontrunners	47:04	21	62 Jackie Hall	L50 21 Hyde Village Striders	57:23
10	29	Julie Lucas	L50	10 Wilmslow RC	47:33	22	109 Julie Evans	L50 22 Bramhall Runners	58:41
11	103	Alyson Adams	L50	11 Bramhall Runners	48:05	23	480 Clare Smith	L50 23 Marple Runners	1:09:54
12	628	Maria Brockway	L50	12 Wirral AC	48:55				

### Senior Women (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	589	Sheila Bradley	L55	1 Buxton AC	42:37
2	33	Nicky Mowat	L55	2 Wilmslow RC	43:12
3	1	Julie Annable	L55	3 Vale Royal AC	43:27
4	326	Tracy Vernon	L55	4 Goyt Valley Striders	47:32
5	399	Maggie Jones	L55	5 Altrincham&district AC	54:40
6	204	Anne Webster	L55	6 Belle Vue Racers	58:13
7	114	Cath Jones	L55	7 Bramhall Runners	59:50

### Senior Women (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	398	Annamarie Jones	L60	1 Altrincham&district AC	37:49
2	407	Angela Oldham	L60	2 E Cheshire H&tameside AC	40:05
3	197	Annie Hirsch	L60	3 Belle Vue Racers	43:18
4	183	Helen Todd	L60	4 Stockport H&ac	43:28
5	50	Sue Exon	L60	5 Trafford AC	45:24
6	477	Carol Culley	L60	6 Marple Runners	57:57
7	15	Carole Williams	L60	7 Vale Royal AC	1:02:26

### Senior Women (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	167	Alexis Dinsmor	L65	1 Stockport H&ac	48:15
2	373	Margaret Trickey	L65	2 Sale H Manchester	51:37

### Senior Women (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	385	Liz Spensley	L70	1 St Helens Tri	57:48

# Manchester Area Cross Country League at Boggart Hole Clough on Saturday 12th November 2016

## Senior Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time
1	344	Danielle Fegan		Sale H Manchester	31:28
2	187	Katy Whiteoak	L20 1	Stockport H&ac	32:05
3	153	Ruth Jones		Salford H&ac	32:08
4	626	Tessa McCormick		Vale Royal AC	32:13
5	160	Tessa Robinson	L35 1	Salford H&ac	32:54
6	2024	Carolyne Baxter		Unattached	33:04
7	490	Gemma Connolly		St Helens Sutton AC	33:04
8	98	Kirsty Johnson		Glossopdale Harriers	33:43
9	48	Beth Donnelly	L20 2	Trafford AC	33:50
10	618	Helena Herrmann		Trafford AC	33:55
11	440	Louisa Whittingham	L20 3	Macclesfield H&ac	33:59
12	185	Faye Waterhouse		Stockport H&ac	35:07
13	469	Sarah Saxton		Manchester Triathlon	35:19
14	68	Vicky Wright	L35 2	Hyde Village Striders	35:21
15	376	Kathy Wellam	L35 3	Sale H Manchester	35:46
16	370	Jane Thomas		Sale H Manchester	35:50
17	474	Anna Weaver		Manchester Triathlon	36:06
18	410	Hayley Simpson		E Cheshire H&tameside AC	36:13
19	52	Sarah Hudak		Trafford AC	36:17
20	306	Ingrid Storm		Chorlton Runners	36:21
21	215	Lucy Etchells		Manchester Frontrunners	36:23
22	172	Samantha Jones		Stockport H&ac	36:43
23	328	Helen Armitage	L40 1	Sale H Manchester	36:44
24	404	Bethany Hirst		E Cheshire H&tameside AC	36:47
25	501	Anne Rosbottom	L40 2	Wirral AC	36:55
26	208	Helen Murray		Knutsford Tri Club	37:04
27	2031	Rowen Ratcliffe		Saddleworth Runners Club	37:09
28	391	Lora Blann	L35 4	Altrincham&district AC	37:15
29	406	Lily McGuinness	L20 4	E Cheshire H&tameside AC	37:24
30	357	Cara O'Brien		Sale H Manchester	37:30
31	159	Becki Robinson		Salford H&ac	37:35
32	431	Daisy Pickles		Macclesfield H&ac	37:41
33	335	Hannah Carey		Sale H Manchester	37:48
34	413	Alannah Birtwistle		Macclesfield H&ac	37:49
35	398	Annamarie Jones	L60 1	Altrincham&district AC	37:49
36	216	Jane Fletcher	L35 5	Manchester Frontrunners	37:54
37	156	Marie O'Brien		Salford H&ac	38:04
38	337	Anne Chinoy	L40 3	Sale H Manchester	38:08
39	71	Melanie Barber	L40 4	Manchester H&ac	38:18
40	355	Clare McCarron	L40 5	Sale H Manchester	38:19
41	49	Alison Drasdo	L45 1	Trafford AC	38:20
42	572	Marianne Beevor		Stockport H&ac	38:22
43	45	Cauley Amy Rose		Trafford AC	38:24
44	314	Amy Welch		Chorlton Runners	38:26
45	22	Katy Green	L40 6	Wilmslow RC	38:30
46	333	Alice Bruce	L20 5	Sale H Manchester	38:34
47	297	Sarah Renshaw		Chorlton Runners	38:35
48	121	Jennie Pickard	L40 7	Bramhall Runners	38:39
49	152	Sarah Carroll		Salford H&ac	38:59
50	456	Mel Hayes	L45 2	Manchester Triathlon	39:02
51	568	Suzanne Smith	L35 6	Sale H Manchester	39:05
52	16	Diane Bygrave	L40 8	Wilmslow RC	39:08
53	625	Sally Teague		E Cheshire H&tameside AC	39:31
54	383	Claire Murphy	L40 9	St Helens Tri	39:32
55	533	Rebecca Mills	L35 7	Swinton RC	39:33
56	257	Angelique Bueler	L40 10	Chorlton Runners	39:35
57	19	Janine Ellis	L45 3	Wilmslow RC	39:35
58	55	Melanie Monks		Trafford AC	39:39
59	482	Carly Appleby	L35 8	Salford Met AC	39:44
60	313	Rosalyn Webster		Chorlton Runners	39:44
61	119	Vikki Murphy	L45 4	Bramhall Runners	39:49
62	272	Martha Hamilton		Chorlton Runners	39:52
63	405	Melanie Kay	L40 11	E Cheshire H&tameside AC	39:56
64	497	Maggie Cooper	L45 5	Wirral AC	40:02
65	310	Emma Tollefson		Chorlton Runners	40:03
66	407	Angela Oldham	L60 2	E Cheshire H&tameside AC	40:05
67	130	Emma Young	L40 12	Bramhall Runners	40:06
68	223	Paula Payne	L45 6	Manchester Frontrunners	40:07
69	207	Kate Mills	L40 13	Knutsford Tri Club	40:24
70	162	Ambi Tipping		Salford H&ac	40:29
71	106	Catrin Cameron	L40 14	Bramhall Runners	40:35
72	514	Kelly Ormsher		Manchester Ymca H	40:39
73	270	Niamh Gill		Chorlton Runners	40:40
74	356	Jan Nicholls	L45 7	Sale H Manchester	40:43
75	53	Joanne Lott	L50 1	Trafford AC	40:47
76	390	Danielle Beard	L35 9	Altrincham&district AC	40:49
77	250	Leona Beaumont		Chorlton Runners	40:54
78	63	Samantha Hartley		Hyde Village Striders	40:59
79	462	Deirdre McCarthy	L35 10	Manchester Triathlon	41:00
80	338	Hanifa Greenwood		Sale H Manchester	41:04
81	321	Amelia Hunt		Goyt Valley Striders	41:10
82	345	Sinead Ferguson	L40 15	Sale H Manchester	41:11
83	124	Helen Rennie		Bramhall Runners	41:16
84	312	Alison Wainwright	L35 11	Chorlton Runners	41:17
85	528	Julie Holden	L40 16	Swinton RC	41:17
86	132	Emma Ball	L40 17	Middleton H AC	41:18
87	293	Lorraine Pang		Chorlton Runners	41:18
88	28	Amy Longmore		Wilmslow RC	41:20
89	88	Madeleine Hill	L40 18	Dragons Rc Sale	41:21
90	220	Selena Lockyer	L35 12	Manchester Frontrunners	41:25
91	619	Louise Mangan	L45 8	Trafford AC	41:26
92	517	Rhona Barker	L45 9	Swinton RC	41:30
93	612	Rebecca Brimage	L35 13	Stockport H&ac	41:31
94	484	Carolyn Lewtas		Salford Met AC	41:47
95	316	Melanie Williamson	L35 14	Chorlton Runners	41:50
96	180	Lesley Sinclair	L50 2	Stockport H&ac	41:54
97	360	Helen Reagan	L45 10	Sale H Manchester	41:56
98	219	Rachel Kenyon		Manchester Frontrunners	42:05
99	506	Sarah Crandon		Manchester Ymca H	42:23
100	230	Gillian Doolan	L45 11	Stockport Tri Club	42:30
101	589	Sheila Bradley	L55 1	Buxton AC	42:37
102	324	Katie Rockliff		Goyt Valley Striders	42:39
103	87	Joanne Healy	L40 19	Dragons Rc Sale	42:42
104	401	Alison Vesey	L50 3	Altrincham&district AC	42:47
105	459	Naomi Kellett		Manchester Triathlon	42:52
106	375	Janneke VanBeijnum	L35 15	Sale H Manchester	42:54
107	402	Catherine Daley	L35 16	E Cheshire H&tameside AC	43:01
108	2032	Eleanor Cliffe		Saddleworth Runners Club	43:10
109	33	Nicky Mowat	L55 2	Wilmslow RC	43:12
110	117	Nicola Lloyd	L35 17	Bramhall Runners	43:14
111	358	Carla Ousey	L40 20	Sale H Manchester	43:17
112	197	Annie Hirsch	L60 3	Belle Vue Racers	43:18
113	175	Sally Meats	L40 21	Stockport H&ac	43:20
114	157	Ruth Ollerenshaw	L40 22	Salford H&ac	43:22
115	258	Emma Butler		Chorlton Runners	43:25
116	3	Nikki Cavanagh	L35 18	Vale Royal AC	43:26
117	1	Julie Annable	L55 3	Vale Royal AC	43:27
118	183	Helen Todd	L60 4	Stockport H&ac	43:28
119	24	Gail Hill	L40 23	Wilmslow RC	43:33
120	535	Helen Nation	L35 19	Swinton RC	43:34
121	443	Sophie Barnett	L35 20	Manchester Triathlon	43:37
122	34	Rachel Peers		Wilmslow RC	43:41
123	629	Andrea Edwards	L45 12	E Cheshire H&tameside AC	43:53
124	267	Vicki Fergusson		Chorlton Runners	43:54
125	529	Yvette Jeal	L45 13	Swinton RC	43:58
126	263	Hannah Crowther		Chorlton Runners	44:08
127	434	Hanny Stockman	L50 4	Macclesfield H&ac	44:11
128	605	Kate Phillips	L45 14	Buxton AC	44:19
129	488	Theresa Shaw	L45 15	Salford Met AC	44:23
130	206	Claire Hebblethwaite	L40 24	Knutsford Tri Club	44:43
131	582	Estelle McGuire	L45 16	Stockport H&ac	44:48
132	468	Sarah Roberts		Manchester Triathlon	44:51
133	322	Mary Jones	L45 17	Goyt Valley Striders	44:57
134	192	Yana Anderton	L35 21	Belle Vue Racers	44:57
135	597	Ruth Gowers	L35 22	Buxton AC	45:06
136	188	Maureen Wilkins	L50 5	Stockport H&ac	45:15
137	278	Claire Heron		Chorlton Runners	45:22
138	50	Sue Exon	L60 5	Trafford AC	45:24
139	138	Karen Hallett	L45 18	Middleton H AC	45:25
140	627	Sarah Gibbs	L35 23	Vale Royal AC	45:32
141	481	Sarah Stutchfield	L40 25	Marple Runners	45:33
142	349	Lauren Hatch		Sale H Manchester	45:47
143	508	Steph Goodchild	L50 6	Manchester Ymca H	45:55
144	595	Heather FryerWinder	L50 7	Buxton AC	46:10
145	527	Andrea Harrison	L45 19	Swinton RC	46:15
146	194	Leah Evans		Belle Vue Racers	46:18
147	351	Amelie Latham	L35 24	Sale H Manchester	46:27
148	225	Venetta Uye	L35 25	Manchester Frontrunners	46:34
149	214	Kate Brennan	L50 8	Manchester Frontrunners	46:35
150	307	Katie Syrett	L40 26	Chorlton Runners	46:38
151	133	Elaine BladesJordan	L40 27	Middleton H AC	46:39
152	240	Annabelle Mottram		Buxton AC	46:39
153	224	Linda Rix	L50 9	Manchester Frontrunners	47:04
154	227	Nicola Brundrett	L40 28	Stockport Tri Club	47:06
155	228	Christine Dewsbury	L40 29	Stockport Tri Club	47:07
156	271	Sarah Gray	L35 26	Chorlton Runners	47:09
157	203	Rachel Watson	L40 30	Belle Vue Racers	47:21
158	432	Melanie Power	L45 20	Macclesfield H&ac	47:22
159	630	Jacqueline Perrot	L40 31	Chorlton Runners	47:23
160	326	Tracy Vernon	L55 4	Goyt Valley Striders	47:32
161	29	Julie Lucas	L50 10	Wilmslow RC	47:33
162	60	Jasmine Duffy		Hyde Village Striders	47:37
163	458	Helen Jaques		Manchester Triathlon	47:41
164	200	Janet Shepherd	L45 21	Belle Vue Racers	47:42
165	147	Isabell Richter	L35 27	Middleton H AC	47:48
166	521	Jenny Castle	L40 32	Swinton RC	47:54
167	195	Julia Foy	L45 22	Belle Vue Racers	48:02
168	103	Alyson Adams	L50 11	Bramhall Runners	48:05
169	269	Claire Gardom	L40 33	Chorlton Runners	48:06
170	248	Emma Banister	L40 34	Chorlton Runners	48:12
171	475	Michelle Wilder	L45 23	Manchester Triathlon	48:14
172	167	Alexis Dinsmor	L65 1	Stockport H&ac	48:15
173	178	Cheryl Rock		Stockport H&ac	48:16
174	423	Rachel Heslop	L40 35	Macclesfield H&ac	48:50
175	628	Maria Brockway	L50 12	Wirral AC	48:55
176	221	Paula Medley	L35 28	Manchester Frontrunners	49:00
177	144	Catherine Murphy	L45 24	Middleton H AC	49:06
178	614	Charlotte Scanlan		Swinton RC	49:16
179	422	Saranya Hasler		Macclesfield H&ac	49:20
180	261	Suzette Crane		Chorlton Runners	49:29
181	485	Laura Mercer	L40 36	Salford Met AC	49:33
182	234	Wendy Bainbridge	L50 13	Buxton AC	49:37

183	470	Alex Smith	Manchester Triathlon	49:41	215	125	Sian Segar	L50	18	Bramhall Runners	54:13
184	105	Samantha Blacow	Bramhall Runners	49:47	216	236	Rachel Dowle	L45	32	Buxton AC	54:32
185	332	Marinda Breddy	L45 25 Sale H Manchester	49:50	217	399	Maggie Jones	L55	5	Altrincham&district AC	54:40
186	59	Christine Copson	L50 14 Hyde Village Striders	49:56	218	142	Lisa Jackson			Middleton H AC	54:51
187	288	Fiona Long	L40 37 Chorlton Runners	50:03	219	128	Jo Thomas	L45	33	Bramhall Runners	54:54
188	262	Rachel Crossley	Chorlton Runners	50:21	220	502	Paula Smith	L45	34	Wirral AC	55:17
189	301	Helen Sanderson	L45 26 Chorlton Runners	50:25	221	463	Ella Novakovic			Manchester Triathlon	55:22
190	409	Hannah Sellers	E Cheshire H&tameside AC	50:30	222	74	Lindsay Farrelly	L35	37	Manchester H&ac	55:45
191	113	Kathryn Holmes	L50 15 Bramhall Runners	50:31	223	260	Hannah Coates			Chorlton Runners	56:05
192	226	Emmy Williamson	Manchester Frontrunners	50:42	224	110	Marie Fairclough	L50	19	Bramhall Runners	56:12
193	282	Karen Kain	L45 27 Chorlton Runners	50:56	225	79	Siobhan Linnett	L50	20	Manchester H&ac	57:01
194	586	Ella Hughes	L45 28 Manchester Triathlon	51:25	226	500	Yolla McCoy	L45	35	Wirral AC	57:15
195	209	Lynda Percival	L40 38 Knutsford Tri Club	51:33	227	66	Carol Kershaw	L45	36	Hyde Village Striders	57:23
196	373	Margaret Trickey	L65 2 Sale H Manchester	51:37	228	62	Jackie Hall	L50	21	Hyde Village Striders	57:23
197	487	Gill Russell	L45 28 Salford Met AC	51:41	229	478	Alison Deykin	L45	37	Marple Runners	57:28
198	286	Roma Koprowska	Chorlton Runners	51:42	230	126	Alison Sheedy	L45	38	Bramhall Runners	57:33
199	118	Rebecca Morgan	Bramhall Runners	51:43	231	191	Ruth Amin	L35	38	Belle Vue Racers	57:38
200	198	Catherine McKenna	L45 29 Belle Vue Racers	51:44	232	385	Liz Spensley	L70	1	St Helens Tri	57:48
201	519	Mandy Beard	L50 16 Swinton RC	51:45	233	477	Carol Culley	L60	6	Marple Runners	57:57
202	145	Beverley O'Neill	L40 39 Middleton H AC	51:49	234	204	Anne Webster	L55	6	Belle Vue Racers	58:13
203	339	C Colquhounlynn	L45 30 Sale H Manchester	52:05	235	308	Vicky Thompson			Chorlton Runners	58:32
204	231	Elizabeth Sargent	L35 29 Stockport Tri Club	52:17	236	109	Julie Evans	L50	22	Bramhall Runners	58:41
205	135	Kyrinda Cartermoore	L50 17 Middleton H AC	52:53	237	122	Jo Podolanski	L45	39	Bramhall Runners	59:48
206	196	Tina Hicks	L35 30 Belle Vue Racers	52:58	238	114	Cath Jones	L55	7	Bramhall Runners	59:50
207	294	Samantha Pearson	L35 31 Chorlton Runners	53:13	239	116	Melanie Li	L45	40	Bramhall Runners	59:56
208	281	Helen Joyce	L35 32 Chorlton Runners	53:19	240	15	Carole Williams	L60	7	Vale Royal AC	1:02:26
209	111	Erika Frame	L45 31 Bramhall Runners	53:25	241	127	Clare Taylor	L40	41	Bramhall Runners	1:02:54
210	218	Mel Johnson	L35 33 Manchester Frontrunners	53:27	242	311	Jennifer Turner	L35	39	Chorlton Runners	1:06:34
211	299	Fiona Roberts	L40 40 Chorlton Runners	53:40	243	480	Clare Smith	L50	23	Marple Runners	1:09:54
212	283	Malika Kapasi	L35 34 Chorlton Runners	53:51	244	507	Jennifer Delaney			Manchester Ymca H	1:12:08
213	631	Lindsay Siddall	L35 35 Salford Met AC	53:51	245	479	Miranda Galloway	L45	41	Marple Runners	1:14:31
214	254	Stephanie Bird	L35 36 Chorlton Runners	54:04							

## Senior Women — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Sale H Manchester	52	—	1	Danielle Fegan	14	Kathy Wellam	15	Jane Thomas	22	Helen Armitage
2	Salford H&ac	72	—	3	Ruth Jones	5	Tessa Robinson	29	Becki Robinson	35	Marie O'Brien
3	Trafford AC	74	—	8	Beth Donnelly	9	Helena Herrmann	18	Sarah Hudak	39	Alison Drasdo
4	Stockport H&ac	74	—	2	Katy Whiteoak	11	Faye Waterhouse	21	Samantha Jones	40	Marianne Beever
5	E Cheshire H&tameside AC	118	—	17	Hayley Simpson	23	Bethany Hirst	27	Lily McGuinness	51	Sally Teague
6	Sale H Manchester 'B'	133	—	28	Cara O'Brien	31	Hannah Carey	36	Anne Chinoy	38	Clare McCarron
7	Manchester Triathlon	153	—	12	Sarah Saxton	16	Anna Weaver	48	Mel Hayes	77	Deirdre McCarthy
8	Chorlton Runners	160	—	19	Ingrid Storm	42	Amy Welch	45	Sarah Renshaw	54	Angelique Bueler
9	Macclesfield H&ac	196	—	10	Louisa Whittingham	30	Daisy Pickles	32	Alannah Birtwistle	124	Hanny Stockman
10	Manchester Frontrunners	208	—	20	Lucy Etechells	34	Jane Fletcher	66	Paula Payne	88	Selena Lockyer
11	Wilmslow RC	234	—	43	Katy Green	50	Diane Bygrave	55	Janine Ellis	86	Amy Longmore
12	Altrincham&district AC	235	—	26	Lora Blann	33	Annmarie Jones	74	Danielle Beard	102	Alison Vasey
13	Bramhall Runners	239	—	46	Jennie Pickard	59	Vikki Murphy	65	Emma Young	69	Catrin Cameron
14	Sale H Manchester 'C'	243	—	44	Alice Bruce	49	Suzanne Smith	72	Jan Nicholls	78	Hanifa Greenwood
15	Chorlton Runners 'B'	252	—	58	Rosalyn Webster	60	Martha Hamilton	63	Emma Tollefson	71	Niamh Gill
16	Trafford AC 'B'	259	—	41	Cauley Amy Rose	56	Melanie Monks	73	Joanne Lott	89	Louise Mangan
17	Chorlton Runners 'C'	335	—	75	Leona Beaumont	82	Alison Wainwright	85	Lorraine Pang	93	Melanie Williamson
18	Swinton RC	343	—	53	Rebecca Mills	83	Julie Holden	90	Rhona Barker	117	Helen Nation
19	E Cheshire H&tameside AC 'B'	350	—	61	Melanie Kay	64	Angela Oldham	105	Catherine Daley	120	Andrea Edwards
20	Vale Royal AC	368	—	4	Tessa McCormick	113	Nikki Cavanagh	114	Julie Annable	137	Sarah Gibbs
21	Sale H Manchester 'D'	387	—	80	Sinead Ferguson	95	Helen Reagan	104	Janneke VanBeijnum	108	Carla Ousey
22	Stockport H&ac 'B'	410	—	91	Rebecca Brimage	94	Lesley Sinclair	110	Sally Meats	115	Helen Todd
23	Knutsford Tri Club	411	—	25	Helen Murray	67	Kate Mills	127	Claire Hebblethwaite	192	Lynda Percival
24	Hyde Village Striders	431	—	13	Vicky Wright	76	Samantha Hartley	159	Jasmine Duffy	183	Christine Copson
25	Salford Met AC	453	—	57	Carly Appleby	92	Carolyn Lewtas	126	Theresa Shaw	178	Laura Mercer
26	Goyt Valley Striders	466	—	79	Amelia Hunt	100	Katie Rockliff	130	Mary Jones	157	Tracy Vernon
27	Wirral AC	475	—	24	Anne Rosbottom	62	Maggie Cooper	172	Maria Brockway	217	Paula Smith
28	Chorlton Runners 'D'	490	—	112	Emma Butler	121	Vicki Fergusson	123	Hannah Crowther	134	Claire Heron
29	Buxton AC	497	—	99	Sheila Bradley	125	Kate Phillips	132	Ruth Gowers	141	Heather FryerWinder
30	Wilmslow RC 'B'	499	—	106	Nicky Mowat	116	Gail Hill	119	Rachel Peers	158	Julie Lucas
31	Manchester Triathlon 'B'	510	—	103	Naomi Kellett	118	Sophie Barnett	129	Sarah Roberts	160	Helen Jaques
32	Middleton H AC	530	—	84	Emma Ball	136	Karen Hallett	148	Elaine Blades Jordan	162	Isabell Richter
33	Bramhall Runners 'B'	534	—	81	Helen Rennie	107	Nicola Lloyd	165	Alyson Adams	181	Samantha Blacow
34	Manchester Frontrunners 'B'	537	—	96	Rachel Kenyon	145	Venetta Uye	146	Kate Brennan	150	Linda Rix
35	Belle Vue Racers	537	—	109	Annie Hirsch	131	Yana Anderton	143	Leah Evans	154	Rachel Watson
36	Manchester Ymca H	548	—	70	Kelly Ormesher	97	Sarah Crandon	140	Steph Goodchild	241	Jennifer Delaney
37	Stockport H&ac 'C'	600	—	128	Estelle McGuire	133	Maureen Wilkins	169	Alexis Dinsmor	170	Cheryl Rock
38	Swinton RC 'B'	602	—	122	Yvette Jeal	142	Andrea Harrison	163	Jenny Castle	175	Charlotte Scanlan
39	Stockport Tri Club	602	—	98	Gillian Doolan	151	Nicola Brundrett	152	Christine Dewsbury	201	Elizabeth Sargent
40	Chorlton Runners 'E'	622	—	147	Katie Syrett	153	Narah Gray	156	Jacqueline Perrot	166	Claire Gardom
41	Sale H Manchester 'E'	658	—	139	Lauren Hatch	144	Amelie Latham	182	Marinda Breddy	193	Margaret Trickey
42	Chorlton Runners 'F'	713	—	167	Emma Banister	177	Suzette Crane	184	Fiona Long	185	Rachel Crossley
43	Belle Vue Racers 'B'	725	—	161	Janet Shepherd	164	Julia Foy	197	Catherine McKenna	203	Tina Hicks
44	Manchester Triathlon 'C'	757	—	168	Michelle Wilder	180	Alex Smith	191	Ella Hughes	218	Ella Novakovic
45	Chorlton Runners 'G'	775	—	186	Helen Sanderson	190	Karen Kain	195	Roma Koprowska	204	Samantha Pearson
46	Middleton H AC 'B'	790	—	174	Catherine Murphy	199	Beverley O'Neill	202	Kyrinda Cartermoore	215	Lisa Jackson
47	Bramhall Runners 'C'	802	—	188	Kathryn Holmes	196	Rebecca Morgan	206	Erika Frame	212	Sian Segar
48	Chorlton Runners 'H'	833	—	205	Helen Joyce	208	Fiona Roberts	209	Malika Kapasi	211	Stephanie Bird
49	Marple Runners	834	—	138	Sarah Stutchfield	226	Alison Deykin	230	Carol Culley	240	Clare Smith
50	Bramhall Runners 'D'	897	—	216	Jo Thomas	221	Marie Fairclough	227	Alison Sheedy	233	Julie Evans
51	Bramhall Runners 'E'	943	—	234	Jo Podolanski	235	Cath Jones	236	Melanie Li	238	Clare Taylor



## Senior Women aged 17 to 19 — TEAM RESULTS

No complete teams

### Senior Women (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Sale H Manchester	16	—	3 Kathy Wellam	4 Helen Armitage	9 Anne Chinoy
2 Altrincham&district AC	46	—	6 Lora Blann	7 Annmarie Jones	33 Danielle Beard
3 Wilmslow RC	51	—	13 Katy Green	17 Diane Bygrave	21 Janine Ellis
4 Sale H Manchester 'B'	58	—	11 Clare McCarron	16 Suzanne Smith	31 Jan Nicholls
5 Bramhall Runners	64	—	14 Jennie Pickard	23 Vikki Murphy	27 Emma Young
6 Manchester Frontrunners	76	—	8 Jane Fletcher	28 Paula Payne	40 Selena Lockyer
7 Trafford AC	85	—	12 Alison Drasdo	32 Joanne Lott	41 Louise Mangan
8 Swinton RC	98	—	19 Rebecca Mills	37 Julie Holden	42 Rhona Barker
9 Chorlton Runners	100	—	20 Angeliqe Bueler	36 Alison Wainwright	44 Melanie Williamson
10 E Cheshire H&tameside AC	102	—	24 Melanie Kay	26 Angela Oldham	52 Catherine Daley
11 Manchester Triathlon	113	—	15 Mel Hayes	34 Deirdre McCarthy	64 Sophie Barnett
12 Sale H Manchester 'C'	132	—	35 Sinead Ferguson	46 Helen Reagan	51 Janneke VanBeijnum
13 Wirral AC	137	—	5 Anne Rosbottom	25 Maggie Cooper	107 Maria Brockway
14 Stockport H&ac	145	—	43 Rebecca Brimage	45 Lesley Sinclair	57 Sally Meats
15 Bramhall Runners 'B'	185	—	30 Catrin Cameron	54 Nicola Lloyd	101 Alyson Adams
16 Buxton AC	190	—	48 Sheila Bradley	68 Kate Phillips	74 Ruth Gowers
17 Vale Royal AC	197	—	59 Nikki Cavanagh	60 Julie Annable	78 Sarah Gibbs
18 Salford Met AC	201	—	22 Carly Appleby	69 Theresa Shaw	110 Laura Mercer
19 Middleton H AC	202	—	38 Emma Ball	77 Karen Hallett	87 Elaine Blades Jordan
20 Stockport H&ac 'B'	207	—	61 Helen Todd	71 Estelle McGuire	75 Maureen Wilkins
21 Swinton RC 'B'	211	—	63 Helen Nation	66 Yvette Jeal	82 Andrea Harrison
22 Wilmslow RC 'B'	211	—	53 Nicky Mowat	62 Gail Hill	96 Julie Lucas
23 Knutsford Tri Club	217	—	29 Kate Mills	70 Claire Hebblethwaite	118 Lynda Percival
24 Belle Vue Racers	221	—	56 Annie Hirsch	73 Yana Anderton	92 Rachel Watson
25 Stockport Tri Club	226	—	47 Gillian Doolan	89 Nicola Brundrett	90 Christine Dewsbury
26 Sale H Manchester 'D'	250	—	55 Carla Ousey	83 Amelie Latham	112 Marinda Breddy
27 Manchester Frontrunners 'B'	257	—	84 Venetta Uye	85 Kate Brennan	88 Linda Rix
28 Hyde Village Striders	260	—	2 Vicky Wright	113 Christine Copson	145 Carol Kershaw
29 Macclesfield H&ac	266	—	67 Hanny Stockman	93 Melanie Power	106 Rachel Heslop
30 Chorlton Runners 'B'	271	—	86 Katie Syrett	91 Sarah Gray	94 Jacqueline Perrot
31 Manchester H&ac	294	—	10 Melanie Barber	141 Lindsay Farrelly	143 Siobhan Linnett
32 Belle Vue Racers 'B'	318	—	97 Janet Shepherd	100 Julia Foy	121 Catherine McKenna
33 Chorlton Runners 'C'	319	—	102 Claire Gardom	103 Emma Banister	114 Fiona Long
34 Buxton AC 'B'	329	—	81 Heather Fryer Winder	111 Wendy Bainbridge	137 Rachel Dowle
35 Middleton H AC 'B'	330	—	98 Isabell Richter	109 Catherine Murphy	123 Beverley O'Neill
36 Chorlton Runners 'D'	360	—	115 Helen Sanderson	117 Karen Kain	128 Samantha Pearson
37 Marple Runners	377	—	79 Sarah Stutchfield	147 Alison Deykin	151 Carol Culley
38 Bramhall Runners 'C'	382	—	116 Kathryn Holmes	130 Erika Frame	136 Sian Segar
39 Chorlton Runners 'E'	394	—	129 Helen Joyce	132 Fiona Roberts	133 Malika Kapasi
40 Belle Vue Racers 'C'	428	—	127 Tina Hicks	149 Ruth Amin	152 Anne Webster
41 Bramhall Runners 'D'	429	—	139 Jo Thomas	142 Marie Fairclough	148 Alison Sheedy
42 Bramhall Runners 'E'	462	—	153 Julie Evans	154 Jo Podolanski	155 Cath Jones

# Manchester Area Cross Country League

## at Boggart Hole Clough on Saturday 12th November 2016

### Senior Men aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	893	Matthew Sheen	U20	1 Vale Royal AC	33:47	9	642	George Lewis	U20	9 E Cheshire H&tameside AC	38:43
2	862	Gregory Cooke	U20	2 Liverpool H&ac	34:39	10	132	Danny Shaw	U20	10 Trafford AC	39:11
3	164	Donnacha Maguire	U20	3 Manchester H&ac	36:29	11	992	Matthew Braybrooke	U20	11 Wilmslow RC	41:05
4	134	Matthew Sutton	U20	4 Trafford AC	37:03	12	628	Arthur Raffie	U20	12 Altrincham&district AC	43:32
5	107	Seamus Bradbury	U20	5 Trafford AC	37:21	13	982	Joseph Walker	U20	13 St Helens Sutton AC	43:37
6	921	Luke Massey	U20	6 Horwich Rmi	37:28	14	160	Charlie Johnson	U20	14 Manchester H&ac	44:23
7	868	Sam Garratt	U20	7 Mmu H	37:47	15	983	Leon Hill	U20	15 St Helens Sutton AC	48:24
8	907	George Cooke	U20	8 Stockport H&ac	38:24						

### Senior Men aged 20 to 39

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	318	Jack Morris		Stockport H&ac	32:56	82	193	Adam Bird		Bramhall Runners	43:12
2	81	Tim Ellis		Horwich Rmi	33:56	83	613	Richard Jellyman		Altrincham&district AC	43:20
3	290	Stephen Snape		Salford H&ac	34:18	84	985	Scott Gillespie		E Cheshire H&tameside AC	43:25
4	622	David Norman		Altrincham&district AC	34:32	85	987	Alexander Thomas		Salford H&ac	43:38
5	470	James Savage		Chorlton Runners	34:35	86	209	Matthew Moran		Bramhall Runners	43:44
6	176	Mark Offord		Dragons Rc Sale	34:40	87	490	James Hobson		Goyt Valley Striders	43:52
7	321	Jack Nixon		Stockport H&ac	34:53	88	721	Tom Pickering		Manchester Triathlon	44:05
8	990	\$Phil Marsden		Horwich Rmi	35:02	89	442	Colin Hines		Chorlton Runners	44:08
9	542	Nigel Martin		Sale H Manchester	35:04	90	478	Andrew Tongue		Chorlton Runners	44:13
10	977	Nathan Harrison		Sale H Manchester	35:24	91	383	Rik Keating		Manchester Frontrunners	44:17
11	873	Nicholas Barry		Sale H Manchester	35:56	92	258	Rob Clarke		Salford H&ac	44:19
12	881	David Rich		Sale H Manchester	36:05	93	226	Leo Cain		Middleton H AC	44:28
13	978	Thomas Griffiths		St Helens Sutton AC	36:12	94	369	Thomas Blackburn		Manchester Frontrunners	44:37
14	457	F Macdonald-Oulds		Chorlton Runners	36:27	95	352	John Goggins		Knutsford Tri Club	44:40
15	100	Simon Pymm		Horwich Rmi	36:34	96	697	Dean Evans		Manchester Triathlon	44:43
16	77	Jonathan Bruton		Horwich Rmi	36:36	97	984	Sam Swindells		Salford H&ac	44:54
17	325	J Scott-Bucleuch		Stockport H&ac	36:38	98	930	Matt Crimes		Manchester H&ac	44:56
18	516	Chris Donnelly		Sale H Manchester	36:51	99	462	Ross Murdoch		Chorlton Runners	45:00
19	696	Lewis Eccleston		Manchester Triathlon	36:59	100	686	Robert Anthony		Manchester Triathlon	45:02
20	626	Jonathan Powell		Altrincham&district AC	37:01	101	970	Ross Pettigrew		Belle Vue Racers	45:08
21	906	Nat Winfield		Buxton AC	37:05	102	586	Patrick Neill		St Helens Tri	45:27
22	601	Michael Berks		Altrincham&district AC	37:09	103	219	Ben Wolstenholme		Bramhall Runners	45:30
23	2030	\$Robin Linten		Durham City Harriers & Ac	37:15	104	58	Allan McCormick		Wilmslow RC	45:34
24	680	Mark Walker		Macclesfield H&ac	37:25	105	297	Luke Wordsworth		Salford H&ac	45:40
25	49	Paul Hawkins		Wilmslow RC	37:29	106	484	Steven Welch		Chorlton Runners	45:41
26	485	David Wyeth		Chorlton Runners	37:48	107	812	Rob McGibbon		Swinton RC	45:48
27	948	Ben Light		Buxton AC	37:58	108	214	Damon Storer		Bramhall Runners	45:58
28	2023	\$Chris Webb		Saddleworth Runners Club	38:00	109	123	Greg Marcroft		Trafford AC	46:04
29	635	Gavin Browne		E Cheshire H&tameside AC	38:12	110	577	Robert Chesters		St Helens Tri	46:28
30	541	David Marsh		Sale H Manchester	38:22	111	401	Steve Alcock		Stockport Tri Club	46:47
31	534	Rob Jowett		Sale H Manchester	38:24	112	794	Chris March		Manchester Ymca H	46:54
32	684	Scott Wilson		Macclesfield H&ac	38:42	113	496	Mark Ruston		Goyt Valley Striders	46:58
33	274	John Lloyd		Salford H&ac	38:46	114	191	Richard Adams		Bramhall Runners	47:02
34	595	Dan Harbridge		Warrington Tri Club	38:58	115	377	Peter Greatbanks		Manchester Frontrunners	47:11
35	146	Matthew Latham		Hyde Village Striders	39:10	116	165	Sheikh Noreyne		Manchester H&ac	47:13
36	792	Craig Jones		Manchester Ymca H	39:19	117	347	Luke Ainsworth		Knutsford Tri Club	47:30
37	779	Will Ferguson		Wirral AC	39:28	118	567	Gareth Webb		Sale H Manchester	47:32
38	916	Stephen Crook		Stockport H&ac	39:35	119	370	Joe Carne		Manchester Frontrunners	47:39
39	879	Andrew Mooney		Sale H Manchester	39:42	120	168	Richard Skitt		Manchester H&ac	47:42
40	801	Dan Bird		Swinton RC	39:50	121	180	Mike Yarwood		Dragons Rc Sale	47:48
41	715	Stewart Moore		Manchester Triathlon	39:59	122	729	Peter Rought		Manchester Triathlon	47:50
42	546	Ben McIntyre		Sale H Manchester	40:03	123	371	David Chambers		Manchester Frontrunners	48:08
43	367	Tom Bardwell		Manchester Frontrunners	40:08	124	738	San Tou		Manchester Triathlon	48:13
44	731	Aaron Saxton		Manchester Triathlon	40:15	125	702	Daniel Green		Manchester Triathlon	48:18
45	374	Martin Dunn		Manchester Frontrunners	40:22	126	153	Darren Cooper		Manchester H&ac	48:28
46	186	Chris Jackson		Glossopdale Harriers	40:25	127	276	Andrew Martin		Salford H&ac	48:37
47	270	Stewart Hudson		Salford H&ac	40:28	128	434	Ross Giles		Chorlton Runners	48:49
48	703	Graeme Grindrod		Manchester Triathlon	40:29	129	491	Thomas Jackson		Goyt Valley Striders	48:50
49	988	Michael Hallas		Horwich Rmi	40:29	130	446	Etienne Humphries		Chorlton Runners	48:56
50	727	Jon Reilly		Manchester Triathlon	40:41	131	400	Carl Acton		Stockport Tri Club	49:34
51	303	Phil Burns		Stockport H&ac	40:57	132	166	Andrew Parsonage		Manchester H&ac	49:54
52	474	Stephen Smith		Chorlton Runners	40:58	133	382	Liam Jones		Manchester Frontrunners	49:55
53	2035	\$Adam Firth		Unattached	40:59	134	632	David Vaughan		Altrincham&district AC	50:10
54	662	Carl Hanaghan		Macclesfield H&ac	41:00	135	339	Andrew Taylor		Belle Vue Racers	50:29
55	517	Rob Dunn		Sale H Manchester	41:10	136	398	Kieran Welsh		Manchester Frontrunners	50:46
56	341	Nick Tynan		Belle Vue Racers	41:12	137	898	John Roper		Stockport H&ac	50:49
57	654	Chris Bentley		Macclesfield H&ac	41:21	138	962	Karl Russell		Swinton RC	50:51
58	2018	\$Dan Appleby		Unattached	41:26	139	465	Rudd Palmer		Chorlton Runners	50:56
59	225	Jorden Burke		Middleton H AC	41:38	140	725	David Rees		Manchester Triathlon	51:01
60	762	Paul Connolly		Salford Met AC	41:40	141	431	Chris Floyd		Chorlton Runners	51:02
61	698	Alastair Fisher		Manchester Triathlon	41:48	142	766	Stuart Mairs		Salford Met AC	51:06
62	432	Will Fossard		Chorlton Runners	41:49	143	741	Warren Wallwork		Manchester Triathlon	51:27
63	158	Paul Heron		Manchester H&ac	41:54	144	583	Paul Hewitt		St Helens Tri	53:23
64	530	Steve Henderson		Sale H Manchester	41:59	145	461	Richard McNally		Chorlton Runners	53:36
65	456	Paul Lubelski		Chorlton Runners	42:02	146	943	Richard Goff		Buxton AC	53:47
66	463	Mark Norman		Chorlton Runners	42:03	147	393	Andrew Porter		Manchester Frontrunners	54:31
67	646	Mark Mills		E Cheshire H&tameside AC	42:04	148	389	Jordan Millar		Manchester Frontrunners	54:49
68	685	Andy Adkin		Manchester Triathlon	42:13	149	859	Richard Brown		Knutsford Tri Club	55:08
69	378	Jono Guildford		Manchester Frontrunners	42:16	150	380	Craig Isherwood		Manchester Frontrunners	55:28
70	503	Paul Barrett		Sale H Manchester	42:21	151	395	Adam Sowman		Manchester Frontrunners	56:16
71	533	Damien Jones		Sale H Manchester	42:26	152	592	Will Austin		Warrington Tri Club	56:23
72	243	Robert Mills		Middleton H AC	42:32	153	207	Ross Kennedy		Bramhall Runners	57:16
73	2028	\$Anthony Allan		Congleton H & Ac	42:39	154	693	Richard Davies		Manchester Triathlon	57:18
74	343	Victor Walsh		Belle Vue Racers	42:40	155	233	Jason Harling		Middleton H AC	57:31
75	529	Rob Halfpenny		Sale H Manchester	42:41	156	197	Phil Evans		Bramhall Runners	58:05
76	133	Chris Small		Trafford AC	42:47	157	467	Andrew Paterson		Chorlton Runners	1:05:07
77	263	Chris Dawson		Salford H&ac	42:51	158	234	Antony Hughes		Middleton H AC	1:08:56
78	372	Amir Dar		Manchester Frontrunners	42:54	159	194	Joseph Connor		Bramhall Runners	1:09:22
79	408	Richard Bouglas		Buxton AC	42:59	160	746	John Bailey		Marple Runners	1:11:10
80	616	Paul Johnston		Altrincham&district AC	43:01						
81	2025	\$Jeremy Gold		Tower Hamlets	43:07						

## Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time
1	556	Gareth Raven	V40 1	Sale H Manchester	33:18
2	91	Nick Leigh	V40 2	Horwich Rmi	34:38
3	113	Clive Fitzpatrick	V40 3	Trafford AC	35:22
4	67	Peter Speake	V40 4	Wilmslow RC	36:35
5	277	Billy McCartney	V40 5	Salford H&ac	36:45
6	252	Glynn Billington	V40 6	Salford H&ac	37:12
7	730	Paul Savage	V40 7	Manchester Triathlon	37:26
8	97	Alastair Murray	V40 8	Horwich Rmi	37:27
9	255	Richard Brook	V40 9	Salford H&ac	38:15
10	543	Stephen McCarron	V40 10	Sale H Manchester	38:29
11	128	Jeff Prest	V40 11	Trafford AC	39:04
12	319	Iain Murdoch	V40 12	Stockport H&ac	39:12
13	468	Christopher Rayner	V40 13	Chorlton Runners	40:01
14	390	James Moles	V40 14	Manchester Frontrunners	40:04
15	506	Craig Bradbury	V40 15	Sale H Manchester	40:09
16	317	Nathan Mayoh	V40 16	Stockport H&ac	40:28
17	460	Paul McKenna	V40 17	Chorlton Runners	40:45
18	584	Eddie Hirst	V40 18	St Helens Tri	40:51
19	437	Andy Haney	V40 19	Chorlton Runners	41:39
20	312	David Hulley	V40 20	Stockport H&ac	41:41
21	531	Duncan Hill	V40 21	Sale H Manchester	42:04
22	515	Elton Davies	V40 22	Sale H Manchester	42:10
23	213	Phil Ramsey	V40 23	Bramhall Runners	43:00
24	68	Matt Taylor	V40 24	Wilmslow RC	43:00
25	593	Mark Hadland	V40 25	Warrington Tri Club	43:16
26	737	Roger Thomas	V40 26	Manchester Triathlon	43:31
27	216	Chris Trask	V40 27	Bramhall Runners	43:39
28	599	Paul Abraham	V40 28	Altrincham&district AC	43:42
29	991	Joe Cavanagh	V40 29	Vale Royal AC	44:06
30	448	Ian Jameson	V40 30	Chorlton Runners	44:07
31	758	Richard Williams	V40 31	Marple Runners	44:09
32	933	Rick Aldred	V40 32	Buxton AC	44:10
33	477	Nicck Syrett	V40 33	Chorlton Runners	45:55
34	178	Simon Skeltenberry	V40 34	Dragons Rc Sale	45:56
35	784	Richard Brailsford	V40 35	Manchester Ymca H	45:59
36	767	Steve Mercer	V40 36	Salford Met AC	46:18
37	167	Chris Sewart	V40 37	Manchester H&ac	46:21
38	963	Kevin Woodward	V40 38	Swinton RC	46:38
39	404	Paul Graveney	V40 39	Stockport Tri Club	46:45
40	414	Peter Adams	V40 40	Chorlton Runners	47:01
41	315	Andrew Mainwaring	V40 41	Stockport H&ac	47:06
42	159	James Hinde	V40 42	Manchester H&ac	47:15
43	218	John Williams	V40 43	Bramhall Runners	47:18
44	196	S De	V40 44	Bramhall Runners	47:36
45	564	Matthew Spragg	V40 45	Sale H Manchester	47:46
46	587	Matt Shillabeer	V40 46	St Helens Tri	48:01
47	476	Steven Swan	V40 47	Chorlton Runners	48:10
48	979	Ian Roberts	V40 48	St Helens Sutton AC	48:47
49	391	Stephen Moran	V40 49	Manchester Frontrunners	48:53
50	813	Jon Mellor	V40 50	Swinton RC	48:59
51	569	Michael Wharton	V40 51	Sale H Manchester	49:04
52	966	Christian Hook	V40 52	Wilmslow RC	49:24
53	614	Bradley Johnson	V40 53	Altrincham&district AC	49:27
54	759	Simon Bond	V40 54	Salford Met AC	49:41
55	752	Pete Ogle	V40 55	Marple Runners	49:42
56	455	Sean Lord	V40 56	Chorlton Runners	50:01
57	748	James Deighton	V40 57	Marple Runners	50:07
58	687	Damian Aspin	V40 58	Manchester Triathlon	50:12
59	331	Jeremy Woodham	V40 59	Stockport H&ac	50:36
60	665	David Larkin	V40 60	Macclesfield H&ac	50:50
61	757	Rob Stutchfield	V40 61	Marple Runners	51:05
62	205	Lee Jones	V40 62	Bramhall Runners	51:35
63	245	Bryan O'Neill	V40 63	Middleton H AC	52:42
64	142	Andrew Haughton	V40 64	Hyde Village Striders	53:21
65	175	Richard Healy	V40 65	Dragons Rc Sale	54:00
66	505	Matthew Bell	V40 66	Sale H Manchester	54:16
67	689	Lee Bibby	V40 67	Manchester Triathlon	54:25
68	351	Darren Edale	V40 68	Knutsford Tri Club	55:52
69	690	Mark Coley	V40 69	Manchester Triathlon	56:13
70	399	Dan Whittaker	V40 70	Manchester Frontrunners	57:33
71	424	Terry Crowther	V40 71	Chorlton Runners	57:43
72	215	Paul Taylor	V40 72	Bramhall Runners	58:13
73	385	Phil Lawrence	V40 73	Manchester Frontrunners	1:01:50

## Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time
1	87	David Jackson	V45 1	Horwich Rmi	36:28
2	156	Ed Fazakerley	V45 2	Manchester H&ac	37:40
3	94	Paul Massey	V45 3	Horwich Rmi	38:05
4	211	Andy Porter	V45 4	Bramhall Runners	39:20
5	238	Paul Jibson	V45 5	Middleton H AC	39:22
6	72	Andy Whittingham	V45 6	Wilmslow RC	39:25
7	756	Mat Stephenson	V45 7	Marple Runners	39:57
8	184	Steve Crossman	V45 8	Glossopdale Harriers	40:00
9	986	Paul Nutter	V45 9	Stockport H&ac	40:52
10	673	James Noakes	V45 10	Macclesfield H&ac	41:04
11	630	Steve Renny	V45 11	Altrincham&district AC	41:06
12	2026	Bryan Lomas	V45 12	Congleton H & Ac	41:11
13	281	Steve Pennington	V45 13	Salford H&ac	41:19
14	915	Lee Dunn	V45 14	Manchester Ymca H	41:34
15	736	Stephen Taylor	V45 15	Manchester Triathlon	41:42
16	29	Gareth Williams	V45 16	Vale Royal AC	41:48
17	210	Frank Podd	V45 17	Bramhall Runners	41:50
18	707	Tim Johns	V45 18	Manchester Triathlon	42:38
19	732	Paul Schofield	V45 19	Manchester Triathlon	42:39
20	366	Shane Wolstencroft	V45 20	Knutsford Tri Club	42:53
21	323	Simon Pickard	V45 21	Stockport H&ac	42:56
22	206	Ian Keeling	V45 22	Bramhall Runners	43:09
23	896	Chris Goodfellow	V45 23	Macclesfield H&ac	43:17
24	208	Lok Li	V45 24	Bramhall Runners	43:44
25	540	Ashley Lindsey	V45 25	Sale H Manchester	43:53
26	524	Steve Gavin	V45 26	Sale H Manchester	44:18
27	603	Nick Burke	V45 27	Altrincham&district AC	44:24
28	51	Jarrold Homer	V45 28	Wilmslow RC	44:35
29	889	Ian Mulligan	V45 29	Stockport H&ac	44:58
30	364	Paul Wain	V45 30	Knutsford Tri Club	45:13
31	152	Jason Brogan	V45 31	Manchester H&ac	45:20
32	2041	Marwan Khouairy	V45 32	Wakefield District H & Ac	45:37
33	2034	Peter Hulme	V45 33	Unattached	45:44
34	54	James Macdonald	V45 34	Wilmslow RC	45:46
35	201	Richard Hall	V45 35	Bramhall Runners	45:52
36	770	Mark Shuttleworth	V45 36	Salford Met AC	46:10
37	2037	Sean Stafford	V45 37	Team Tri Guru	46:30
38	22	Mark Pilliner	V45 38	Vale Royal AC	46:59
39	17	Dave Haines	V45 39	Vale Royal AC	47:29
40	418	Warren Bowden	V45 40	Chorlton Runners	47:56
41	739	Franck Turmel-Josek	V45 41	Manchester Triathlon	48:34
42	905	Stewart Connor	V45 42	Stockport H&ac	48:57
43	975	Paul Carrington	V45 43	Stockport Tri Club	49:37
44	820	Jon Sides	V45 44	Swinton RC	49:52
45	909	James Fairfield	V45 45	E Cheshire H&tameside AC	49:55
46	657	Richard Brown	V45 46	Macclesfield H&ac	49:58
47	7	Chris Beard	V45 47	Vale Royal AC	50:00
48	433	Mark Gamblin	V45 48	Chorlton Runners	51:19
49	149	Paul Taylor	V45 49	Hyde Village Striders	52:16
50	695	Andrew Dow	V45 50	Manchester Triathlon	52:28
51	99	Lawrence Pinnell	V45 51	Horwich Rmi	52:38
52	227	Colin Carter	V45 52	Middleton H AC	52:48
53	864	Barrie Thomason	V45 53	Macclesfield H&ac	53:11
54	643	Martin Lewis	V45 54	E Cheshire H&tameside AC	53:25
55	452	Paul Kain	V45 55	Chorlton Runners	53:42
56	348	Damian Bennett	V45 56	Knutsford Tri Club	53:48
57	199	Simon Fennell	V45 57	Bramhall Runners	54:12
58	141	Alan Gibbon	V45 58	Hyde Village Striders	54:26
59	162	Denis Kelly	V45 59	Manchester H&ac	55:38
60	749	Ian Galloway	V45 60	Marple Runners	56:33
61	2027	Rob Parkin	V45 61	Congleton H & Ac	56:53
62	195	Paul Cowell	V45 62	Bramhall Runners	57:27
63	354	Anthony Jones	V45 63	Knutsford Tri Club	57:29
64	222	Andrew Berkley	V45 64	Middleton H AC	57:35
65	203	Nick Heaton	V45 65	Bramhall Runners	1:01:05

### Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time			
1	40	Rob Downs	V50 1	Wilmslow RC	36:42	23	2039	\$Ian White V50 23 Unattached 48:59
2	640	Barry Hirst	V50 2	E Cheshire H&tameside AC	39:45	24	555	Tim Rainey V50 24 Sale H Manchester 49:03
3	774	John Greenall	V50 3	St Helens Sutton AC	40:29	25	350	Andy Dines V50 25 Knutsford Tri Club 49:43
4	788	David Garner	V50 4	Manchester Ymca H	40:34	26	487	Kevin Day V50 26 Goyt Valley Striders 50:05
5	63	Stuart Parrott	V50 5	Wilmslow RC	40:34	27	819	Paul Rutherford V50 27 Swinton RC 50:21
6	908	Kevan Garner	V50 6	Stockport H&ac	40:35	28	198	Steve Fairclough V50 28 Bramhall Runners 50:41
7	627	Roger Preece	V50 7	Altrincham&district AC	41:22	29	2040	\$James Sheard V50 29 Saddleworth Runners Club 50:46
8	50	Mike Hill	V50 8	Wilmslow RC	41:35	30	829	Anthony Harrison V50 30 Winston Runners 50:51
9	615	Richard Johnson	V50 9	Altrincham&district AC	41:40	31	396	Michael Thorley V50 31 Manchester Frontrunners 50:58
10	494	Paul Oakley	V50 10	Goyt Valley Striders	42:30	32	106	Robin Beaumont V50 32 Trafford AC 50:59
11	192	Paul Beckett	V50 11	Bramhall Runners	43:41	33	147	Mike Mason V50 33 Hyde Village Striders 51:20
12	629	Tim Raffle	V50 12	Altrincham&district AC	43:49	34	2038	\$David Bunyan V50 34 Team Tri Guru 52:15
13	947	Andy Lidstone	V50 13	Buxton AC	45:12	35	2036	\$Jed Finnigan V50 35 Saddleworth Runners Club 53:06
14	568	Nick Webb	V50 14	Sale H Manchester	45:38	36	691	Timothy Criddle V50 36 Manchester Triathlon 53:26
15	336	Mark Ross	V50 15	Belle Vue Racers	46:30	37	799	Dave Batty V50 37 Swinton RC 53:43
16	740	Richard Wallace	V50 16	Manchester Triathlon	46:40	38	797	Steve Symons V50 38 Manchester Ymca H 54:11
17	394	Roberto Raso	V50 17	Manchester Frontrunners	46:42	39	157	Glen Gandy V50 39 Manchester H&ac 54:20
18	337	Nigel Sedman	V50 18	Belle Vue Racers	46:52	40	704	Bryan Hopwood V50 40 Manchester Triathlon 55:05
19	683	Gary Willcock	V50 19	Macclesfield H&ac	47:01	41	202	Barry Heap V50 41 Bramhall Runners 57:22
20	927	Richard Hiron	V50 20	Wilmslow RC	47:47	42	163	Mike Long V50 42 Glossopdale Harriers 57:52
21	920	Alan Kennedy	V50 21	E Cheshire H&tameside AC	48:05	43	204	Steve Hughes V50 43 Bramhall Runners 59:04
22	789	Eddie Gilligan	V50 22	Manchester Ymca H	48:35			

### Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time			
1	926	Trevor Morris	V55 1	Wilmslow RC	40:50	13	308	Tim Hargreaves V55 13 Stockport H&ac 46:46
2	552	Nick Peach	V55 2	Sale H Manchester	41:08	14	182	David Chrystie-Lowe V55 14 Glossopdale Harriers 47:07
3	554	Aiden Raftery	V55 3	Sale H Manchester	41:47	15	610	Graham Harrison V55 15 Altrincham&district AC 48:02
4	79	Gary Chadderton	V55 4	Horwich Rmi	43:13	16	591	Kemmel Atkinson V55 16 Warrington Tri Club 48:54
5	967	Gary Dale	V55 5	Hyde Village Striders	43:34	17	596	Ian Parker V55 17 Warrington Tri Club 50:06
6	771	Paul Stevenson	V55 6	Salford Met AC	43:54	18	776	Andrew O'Connor V55 18 St Helens Sutton AC 50:38
7	349	Dave Clamp	V55 7	Knutsford Tri Club	44:20	19	574	Terry Bates V55 19 St Helens Tri 51:10
8	84	Douglas Fleming	V55 8	Horwich Rmi	44:22	20	248	Craig Sutherland V55 20 Middleton H AC 51:32
9	127	Bruce Penhale	V55 9	Trafford AC	44:32	21	634	Alan Williams V55 21 Altrincham&district AC 53:50
10	918	Stephen Burthem	V55 10	Warrington AC	44:47	22	190	John Stephenson V55 22 Glossopdale Harriers 55:49
11	669	John Mooney	V55 11	Macclesfield H&ac	45:32	23	497	Chris Tetley V55 23 Goyt Valley Striders 1:01:42
12	935	Pete Bailey	V55 12	Buxton AC	46:26			

### Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time			
1	280	Stanley Owen	V60 1	Salford H&ac	40:33	9	761	Jack Carney V60 9 Salford Met AC 54:17
2	282	Philip Quibell	V60 2	Salford H&ac	40:55	10	787	Geoff Cotterill V60 10 Manchester Ymca H 55:43
3	326	Steve Shaughnessy	V60 3	Stockport H&ac	42:48	11	563	Jerry Smith V60 11 Sale H Manchester 55:55
4	895	Peter Stock	V60 4	Wilmslow RC	46:05	12	617	Mike Jones V60 12 Altrincham&district AC 57:00
5	12	John Clarke	V60 5	Vale Royal AC	50:25	13	37	Chris Cannon V60 13 Wilmslow RC 57:18
6	230	Alan Garvey	V60 6	Middleton H AC	50:41	14	678	David Shoesmith V60 14 Macclesfield H&ac 58:21
7	335	Patrick O'Brien	V60 7	Belle Vue Racers	53:09	15	777	James Atkin V60 15 Wirral AC 58:41
8	292	Thomas Temple	V60 8	Salford H&ac	53:13	16	2033	\$Charlie Barlow V60 16 Saddleworth Runners Club 1:00:15

### Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	514	Mike Curley	V65 1	Sale H Manchester	48:09
2	827	John Archer	V65 2	Winston Runners	49:46
3	782	David Ashton	V65 3	Manchester Ymca H	50:48
4	328	Robert Taylor	V65 4	Stockport H&ac	50:54
5	224	Mick Bull	V65 5	Middleton H AC	54:28
6	993	Keith Owens	V65 6	E Cheshire H&tameside AC	55:11
7	262	Tom Daniels	V65 7	Salford H&ac	1:01:37

### Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	623	Jeff Norman	V70 1	Altrincham&district AC	52:53
2	23	Colin Rathbone	V70 2	Vale Royal AC	58:43
3	42	Trevor Faulkner	V70 3	Wilmslow RC	1:08:47
4	647	Dave Salmon	V70 4	E Cheshire H&tameside AC	1:09:24

# Manchester Area Cross Country League

## at Boggart Hole Clough on Saturday 12th November 2016

### Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time					
1	318	Jack Morris		Stockport H&ac	32:56	91	727 Jon Reilly		Manchester Triathlon	40:41
2	556	Gareth Raven	V40 1	Sale H Manchester	33:18	92	460 Paul McKenna	V40 17	Chorlton Runners	40:45
3	893	Matthew Sheen	U20 1	Vale Royal AC	33:47	93	926 Trevor Morris	V55 1	Wilmslow RC	40:50
4	81	Tim Ellis		Horwich Rmi	33:56	94	584 Eddie Hirst	V40 18	St Helens Tri	40:51
5	290	Stephen Snape		Salford H&ac	34:18	95	986 Paul Nutter	V45 9	Stockport H&ac	40:52
6	622	David Norman		Altrincham&district AC	34:32	96	282 Philip Quibell	V60 2	Salford H&ac	40:55
7	470	James Savage		Chorlton Runners	34:35	97	303 Phil Burns		Stockport H&ac	40:57
8	91	Nick Leigh	V40 2	Horwich Rmi	34:38	98	474 Stephen Smith		Chorlton Runners	40:58
9	862	Gregory Cooke	U20 2	Liverpool H&ac	34:39	99	2035 Adam Firth		Unattached	40:59
10	176	Mark Offord		Dragons Rc Sale	34:40	100	662 Carl Hanaghan		Macclesfield H&ac	41:00
11	321	Jack Nixon		Stockport H&ac	34:53	101	673 James Noakes	V45 10	Macclesfield H&ac	41:04
12	990	Phil Marsden		Horwich Rmi	35:02	102	992 Matthew Braybrooke	U20 11	Wilmslow RC	41:05
13	542	Nigel Martin		Sale H Manchester	35:04	103	630 Steve Renny	V45 11	Altrincham&district AC	41:06
14	113	Clive Fitzpatrick	V40 3	Trafford AC	35:22	104	552 Nick Peach	V55 2	Sale H Manchester	41:08
15	977	Nathan Harrison		Sale H Manchester	35:24	105	517 Rob Dunn		Sale H Manchester	41:10
16	873	Nicholas Barry		Sale H Manchester	35:56	106	2026 Bryan Lomas	V45 12	Congleton H & Ac	41:11
17	881	David Rich		Sale H Manchester	36:05	107	341 Nick Tynan		Belle Vue Racers	41:12
18	978	Thomas Griffiths		St Helens Sutton AC	36:12	108	281 Steve Pennington	V45 13	Salford H&ac	41:19
19	457	F Macdonald-Oulds		Chorlton Runners	36:27	109	654 Chris Bentley		Macclesfield H&ac	41:21
20	87	David Jackson	V45 1	Horwich Rmi	36:28	110	627 Roger Preece	V50 7	Altrincham&district AC	41:22
21	164	Donnacha Maguire	U20 3	Manchester H&ac	36:29	111	2018 Dan Appleby		Unattached	41:26
22	100	Simon Pymm		Horwich Rmi	36:34	112	915 Lee Dunn	V45 14	Manchester Ymca H	41:34
23	67	Peter Speake	V40 4	Wilmslow RC	36:35	113	50 Mike Hill	V50 8	Wilmslow RC	41:35
24	77	Jonathan Bruton		Horwich Rmi	36:36	114	225 Jordan Burke		Middleton H AC	41:38
25	325	J Scott-Buccleuch		Stockport H&ac	36:38	115	437 Andy Haney	V40 19	Chorlton Runners	41:39
26	40	Rob Downs	V50 1	Wilmslow RC	36:42	116	615 Richard Johnson	V50 9	Altrincham&district AC	41:40
27	277	Billy McCartney	V40 5	Salford H&ac	36:45	117	762 Paul Connolly		Salford Met AC	41:40
28	516	Chris Donnelly		Sale H Manchester	36:51	118	312 David Hulley	V40 20	Stockport H&ac	41:41
29	696	Lewis Eccleston		Manchester Triathlon	36:59	119	736 Stephen Taylor	V45 15	Manchester Triathlon	41:42
30	626	Jonathan Powell		Altrincham&district AC	37:01	120	554 Aiden Raftery	V55 3	Sale H Manchester	41:47
31	134	Matthew Sutton	U20 4	Trafford AC	37:03	121	698 Alastair Fisher		Manchester Triathlon	41:48
32	906	Nat Winfield		Buxton AC	37:05	122	29 Gareth Williams	V45 16	Vale Royal AC	41:48
33	601	Michael Berks		Altrincham&district AC	37:09	123	432 Will Fossard		Chorlton Runners	41:49
34	252	Glynn Billington	V40 6	Salford H&ac	37:12	124	210 Frank Podd	V45 17	Bramhall Runners	41:50
35	2030	Robin Linten		Durham City Harriers & Ac	37:15	125	158 Paul Heron		Manchester H&ac	41:54
36	107	Seamus Bradbury	U20 5	Trafford AC	37:21	126	530 Steve Henderson		Sale H Manchester	41:59
37	680	Mark Walker		Macclesfield H&ac	37:25	127	456 Paul Lubelski		Chorlton Runners	42:02
38	730	Paul Savage	V40 7	Manchester Triathlon	37:26	128	463 Mark Norman		Chorlton Runners	42:03
39	97	Alastair Murray	V40 8	Horwich Rmi	37:27	129	531 Duncan Hill	V40 21	Sale H Manchester	42:04
40	921	Luke Massey	U20 6	Horwich Rmi	37:28	130	646 Mark Millns		E Cheshire H&tameside AC	42:04
41	49	Paul Hawkins		Wilmslow RC	37:29	131	515 Elton Davies	V40 22	Sale H Manchester	42:10
42	156	Ed Fazakerley	V45 2	Manchester H&ac	37:40	132	685 Andy Adkin		Manchester Triathlon	42:13
43	868	Sam Garratt	U20 7	Mmu H	37:47	133	378 Jono Guildford		Manchester Frontrunners	42:16
44	485	David Wyeth		Chorlton Runners	37:48	134	503 Paul Barrett		Sale H Manchester	42:21
45	948	Ben Light		Buxton AC	37:58	135	533 Damien Jones		Sale H Manchester	42:26
46	2023	Chris Webb		Saddleworth Runners Club	38:00	136	494 Paul Oakley	V50 10	Goyt Valley Striders	42:30
47	94	Paul Massey	V45 3	Horwich Rmi	38:05	137	243 Robert Mills		Middleton H AC	42:32
48	635	Gavin Browne		E Cheshire H&tameside AC	38:12	138	707 Tim Johns	V45 18	Manchester Triathlon	42:38
49	255	Richard Brook	V40 9	Salford H&ac	38:15	139	732 Paul Schofield	V45 19	Manchester Triathlon	42:39
50	541	David Marsh		Sale H Manchester	38:22	140	2028 Anthony Allan		Congleton H & Ac	42:39
51	534	Rob Jowett		Sale H Manchester	38:24	141	343 Victor Walsh		Belle Vue Racers	42:40
52	907	George Cooke	U20 8	Stockport H&ac	38:24	142	529 Rob Halfpenny		Sale H Manchester	42:41
53	543	Stephen McCarron	V40 10	Sale H Manchester	38:29	143	133 Chris Small		Trafford AC	42:47
54	684	Scott Wilson		Macclesfield H&ac	38:42	144	326 Steve Shaughnessy	V60 3	Stockport H&ac	42:48
55	642	George Lewis	U20 9	E Cheshire H&tameside AC	38:43	145	263 Chris Dawson		Salford H&ac	42:51
56	274	John Lloyd		Salford H&ac	38:46	146	366 Shane Wolstencroft	V45 20	Knutsford Tri Club	42:53
57	595	Dan Harbridge		Warrington Tri Club	38:58	147	372 Amir Dar		Manchester Frontrunners	42:54
58	128	Jeff Prest	V40 11	Trafford AC	39:04	148	323 Simon Pickard	V45 21	Stockport H&ac	42:56
59	146	Matthew Latham		Hyde Village Striders	39:10	149	408 Richard Bouglas		Buxton AC	42:59
60	132	Danny Shaw	U20 10	Trafford AC	39:11	150	213 Phil Ramsey	V40 23	Bramhall Runners	43:00
61	319	Iain Murdoch	V40 12	Stockport H&ac	39:12	151	68 Matt Taylor	V40 24	Wilmslow RC	43:00
62	792	Craig Jones		Manchester Ymca H	39:19	152	616 Paul Johnston		Altrincham&district AC	43:01
63	211	Andy Porter	V45 4	Bramhall Runners	39:20	153	2025 Jeremy Gold		Tower Hamlets	43:07
64	238	Paul Jibson	V45 5	Middleton H AC	39:22	154	206 Ian Keeling	V45 22	Bramhall Runners	43:09
65	72	Andy Whittingham	V45 6	Wilmslow RC	39:25	155	193 Adam Bird		Bramhall Runners	43:12
66	779	Will Ferguson		Wirral AC	39:28	156	79 Gary Chadderton	V55 4	Horwich Rmi	43:13
67	916	Stephen Crook		Stockport H&ac	39:35	157	593 Mark Hadland	V40 25	Warrington Tri Club	43:16
68	879	Andrew Mooney		Sale H Manchester	39:42	158	896 Chris Goodfellow	V45 23	Macclesfield H&ac	43:17
69	640	Barry Hirst	V50 2	E Cheshire H&tameside AC	39:45	159	613 Richard Jellyman		Altrincham&district AC	43:20
70	801	Dan Bird		Swinton RC	39:50	160	985 Scott Gillespie		E Cheshire H&tameside AC	43:25
71	756	Mat Stephenson	V45 7	Marple Runners	39:57	161	737 Roger Thomas	V40 26	Manchester Triathlon	43:31
72	715	Stewart Moore		Manchester Triathlon	39:59	162	628 Arthur Raffie	U20 12	Altrincham&district AC	43:32
73	184	Steve Crossman	V45 8	Glossopdale Harriers	40:00	163	967 Gary Dale	V55 5	Hyde Village Striders	43:34
74	468	Christopher Rayner	V40 13	Chorlton Runners	40:01	164	982 Joseph Walker	U20 13	St Helens Sutton AC	43:37
75	546	Ben McIntyre		Sale H Manchester	40:03	165	987 Alexander Thomas		Salford H&ac	43:38
76	390	James Moles	V40 14	Manchester Frontrunners	40:04	166	216 Chris Trask	V40 27	Bramhall Runners	43:39
77	367	Tom Bardwell		Manchester Frontrunners	40:08	167	192 Paul Beckett	V50 11	Bramhall Runners	43:41
78	506	Craig Bradbury	V40 15	Sale H Manchester	40:09	168	599 Paul Abraham	V40 28	Altrincham&district AC	43:42
79	731	Aaron Saxton		Manchester Triathlon	40:15	169	209 Matthew Moran		Bramhall Runners	43:44
80	374	Martin Dunn		Manchester Frontrunners	40:22	170	208 Lok Li	V45 24	Bramhall Runners	43:44
81	186	Chris Jackson		Glossopdale Harriers	40:25	171	629 Tim Raffie	V50 12	Altrincham&district AC	43:49
82	317	Nathan Mayoh	V40 16	Stockport H&ac	40:28	172	490 James Hobson		Goyt Valley Striders	43:52
83	270	Stewart Hudson		Salford H&ac	40:28	173	540 Ashley Lindsey	V45 25	Sale H Manchester	43:53
84	774	John Greenall	V50 3	St Helens Sutton AC	40:29	174	771 Paul Stevenson	V55 6	Salford Met AC	43:54
85	703	Graeme Grindrod		Manchester Triathlon	40:29	175	721 Tom Pickering		Manchester Triathlon	44:05
86	988	Michael Hallas		Horwich Rmi	40:29	176	991 Joe Cavanagh	V40 29	Vale Royal AC	44:06
87	280	Stanley Owen	V60 1	Salford H&ac	40:33	177	448 Ian Jameson	V40 30	Chorlton Runners	44:07
88	788	David Garner	V50 4	Manchester Ymca H	40:34	178	442 Colin Hines		Chorlton Runners	44:08
89	63	Stuart Parrott	V50 5	Wilmslow RC	40:34	179	758 Richard Williams	V40 31	Marple Runners	44:09
90	908	Kevan Garner	V50 6	Stockport H&ac	40:35	180	933 Rick Aldred	V40 32	Buxton AC	44:10

181	478	Andrew Tongue		Chorlton Runners	44:13	278	446	Etienne Humphries		Chorlton Runners	48:56
182	383	Rik Keating		Manchester Frontrunners	44:17	279	905	Stewart Connor	V45 42	Stockport H&ac	48:57
183	524	Steve Gavin	V45 26	Sale H Manchester	44:18	280	813	Jon Mellor	V40 50	Swinton RC	48:59
184	258	Rob Clarke		Salford H&ac	44:19		2812039	Ilan White	V50 23	Unattached	48:59
185	349	Dave Clamp	V55 7	Knutsford Tri Club	44:20	282	555	Tim Rainey	V50 24	Sale H Manchester	49:03
186	84	Douglas Fleming	V55 8	Horwich Rmi	44:22	283	569	Michael Wharton	V40 51	Sale H Manchester	49:04
187	160	Charlie Johnson	U20 14	Manchester H&ac	44:23	284	966	Christian Hook	V40 52	Wilmslow RC	49:24
188	603	Nick Burke	V45 27	Altrincham&district AC	44:24	285	614	Bradley Johnson	V40 53	Altrincham&district AC	49:27
189	226	Leo Cain		Middleton H AC	44:28	286	400	Carl Acton		Stockport Tri Club	49:34
190	127	Bruce Penhale	V55 9	Trafford AC	44:32	287	975	Paul Carrington	V45 43	Stockport Tri Club	49:37
191	51	Jarrold Homer	V45 28	Wilmslow RC	44:35	288	759	Simon Bond	V40 54	Salford Met AC	49:41
192	369	Thomas Blackburn		Manchester Frontrunners	44:37	289	752	Pete Ogley	V40 55	Marple Runners	49:42
193	352	John Goggins		Knutsford Tri Club	44:40	290	350	Andy Dines	V50 25	Knutsford Tri Club	49:43
194	697	Dean Evans		Manchester Triathlon	44:43	291	827	John Archer	V65 2	Winston Runners	49:46
195	918	Stephen Burthorn	V55 10	Warrington AC	44:47	292	820	Jon Sides	V45 44	Swinton RC	49:52
196	984	Sam Swindells		Salford H&ac	44:54	293	166	Andrew Parsonage		Manchester H&ac	49:54
197	930	Matt Crimes		Manchester H&ac	44:56	294	909	James Fairfield	V45 45	E Cheshire H&tameside AC	49:55
198	889	Ian Mulligan	V45 29	Stockport H&ac	44:58	295	382	Liam Jones		Manchester Frontrunners	49:55
199	462	Ross Murdoch		Chorlton Runners	45:00	296	657	Richard Brown	V45 46	Macclesfield H&ac	49:58
200	686	Robert Anthony		Manchester Triathlon	45:02	297	7	Chris Beard	V45 47	Vale Royal AC	50:00
201	970	Ross Pettigrew		Belle Vue Racers	45:08	298	455	Sean Lord	V40 56	Chorlton Runners	50:01
202	947	Andy Lidstone	V50 13	Buxton AC	45:12	299	487	Kevin Day	V50 26	Goyt Valley Striders	50:05
203	364	Paul Wain	V45 30	Knutsford Tri Club	45:13	300	596	Ian Parker	V55 17	Warrington Tri Club	50:06
204	152	Jason Brogan	V45 31	Manchester H&ac	45:20	301	748	James Deighton	V40 57	Marple Runners	50:07
205	586	Patrick Neill		St Helens Tri	45:27	302	632	David Vaughan		Altrincham&district AC	50:10
206	219	Ben Wolstenholme		Bramhall Runners	45:30	303	687	Damian Aspin	V40 58	Manchester Triathlon	50:12
207	669	John Mooney	V55 11	Macclesfield H&ac	45:32	304	819	Paul Rutherford	V50 27	Swinton RC	50:21
208	58	Allan McCormick		Wilmslow RC	45:34	305	12	John Clarke	V60 5	Vale Royal AC	50:25
209	2041	Marwan Khoueiry	V45 32	Wakefield District H & Ac	45:37	306	339	Andrew Taylor		Belle Vue Racers	50:29
210	568	Nick Webb	V50 14	Sale H Manchester	45:38	307	331	Jeremy Woodham	V40 59	Stockport H&ac	50:36
211	297	Luke Wordsworth		Salford H&ac	45:40	308	776	Andrew O'Connor	V55 18	St Helens Sutton AC	50:38
212	484	Steven Welch		Chorlton Runners	45:41	309	198	Steve Fairclough	V50 28	Bramhall Runners	50:41
213	2034	Peter Hulme	V45 33	Unattached	45:44	310	230	Alan Garvey	V60 6	Middleton H AC	50:41
214	54	James Macdonald	V45 34	Wilmslow RC	45:46	311	398	Kieran Welsh		Manchester Frontrunners	50:46
215	812	Rob McGibbon		Swinton RC	45:48	312	2040	James Sheard	V50 29	Saddleworth Runners Club	50:46
216	201	Richard Hall	V45 35	Bramhall Runners	45:52	313	782	David Ashton	V65 3	Manchester Ymca H	50:48
217	477	Nick Syrett	V40 33	Chorlton Runners	45:55	314	898	John Roper		Stockport H&ac	50:49
218	178	Simon Skeltenberry	V40 34	Dragons Rc Sale	45:56	315	665	David Larkin	V40 60	Macclesfield H&ac	50:50
219	214	Damon Storer		Bramhall Runners	45:58	316	829	Anthony Harrison	V50 30	Winston Runners	50:51
220	784	Richard Brailsford	V40 35	Manchester Ymca H	45:59	317	962	Karl Russell		Swinton RC	50:51
221	123	Greg Marcroft		Trafford AC	46:04	318	328	Robert Taylor	V65 4	Stockport H&ac	50:54
222	895	Peter Stock	V60 4	Wilmslow RC	46:05	319	465	Rudd Palmer		Chorlton Runners	50:56
223	770	Mark Shuttleworth	V45 36	Salford Met AC	46:10	320	396	Michael Thorley	V50 31	Manchester Frontrunners	50:58
224	767	Steve Mercer	V40 36	Salford Met AC	46:18	321	106	Robin Beaumont	V50 32	Trafford AC	50:59
225	167	Chris Sewart	V40 37	Manchester H&ac	46:21	322	725	David Rees		Manchester Triathlon	51:01
226	935	Pete Bailey	V55 12	Buxton AC	46:26	323	431	Chris Floyd		Chorlton Runners	51:02
227	577	Robert Chesters		St Helens Tri	46:28	324	757	Rob Stutchfield	V40 61	Marple Runners	51:05
228	2037	Sean Stafford	V45 37	Team Tri Guru	46:30	325	766	Stuart Mairs		Salford Met AC	51:06
229	336	Mark Ross	V50 15	Belle Vue Racers	46:30	326	574	Terry Bates	V55 19	St Helens Tri	51:10
230	963	Kevin Woodward	V40 38	Swinton RC	46:38	327	433	Mark Gamblin	V45 48	Chorlton Runners	51:19
231	740	Richard Wallace	V50 16	Manchester Triathlon	46:40	328	147	Mike Mason	V50 33	Hyde Village Striders	51:20
232	394	Roberto Raso	V50 17	Manchester Frontrunners	46:42	329	741	Warren Wallwork		Manchester Triathlon	51:27
233	404	Paul Graveney	V40 39	Stockport Tri Club	46:45	330	248	Craig Sutherland	V55 20	Middleton H AC	51:32
234	308	Tim Hargreaves	V55 13	Stockport H&ac	46:46	331	205	Lee Jones	V40 62	Bramhall Runners	51:35
235	401	Steve Alcock		Stockport Tri Club	46:47	332	2038	David Bunyan	V50 34	Team Tri Guru	52:15
236	337	Nigel Sedman	V50 18	Belle Vue Racers	46:52	333	149	Paul Taylor	V45 49	Hyde Village Striders	52:16
237	794	Chris March		Manchester Ymca H	46:54	334	695	Andrew Dow	V45 50	Manchester Triathlon	52:28
238	496	Mark Ruston		Goyt Valley Striders	46:58	335	99	Lawrence Pinnell	V45 51	Horwich Rmi	52:38
239	22	Mark Pilliner	V45 38	Vale Royal AC	46:59	336	245	Bryan O'Neill	V40 63	Middleton H AC	52:42
240	414	Peter Adams	V40 40	Chorlton Runners	47:01	337	227	Colin Carter	V45 52	Middleton H AC	52:48
241	683	Gary Willcock	V50 19	Macclesfield H&ac	47:01	338	623	Jeff Norman	V70 1	Altrincham&district AC	52:53
242	191	Richard Adams		Bramhall Runners	47:02	339	2036	Jed Finnigan	V50 35	Saddleworth Runners Club	53:06
243	315	Andrew Mainwaring	V40 41	Stockport H&ac	47:06	340	335	Patrick O'Brien	V60 7	Belle Vue Racers	53:09
244	182	David Christie-Lowe	V55 14	Glossopdale Harriers	47:07	341	864	Barrie Thomason	V45 53	Macclesfield H&ac	53:11
245	377	Peter Greatbanks		Manchester Frontrunners	47:11	342	292	Thomas Temple	V60 8	Salford H&ac	53:13
246	165	Sheikh Noreyne		Manchester H&ac	47:13	343	142	Andrew Haughton	V40 64	Hyde Village Striders	53:21
247	159	James Hinde	V40 42	Manchester H&ac	47:15	344	583	Paul Hewitt		St Helens Tri	53:23
248	218	John Williams	V40 43	Bramhall Runners	47:18	345	643	Martin Lewis	V45 54	E Cheshire H&tameside AC	53:25
249	17	Dave Haines	V45 39	Vale Royal AC	47:29	346	691	Timothy Criddle	V50 36	Manchester Triathlon	53:26
250	347	Luke Ainsworth		Knutsford Tri Club	47:30	347	461	Richard McNally		Chorlton Runners	53:36
251	567	Gareth Webb		Sale H Manchester	47:32	348	452	Paul Kain	V45 55	Chorlton Runners	53:42
252	196	S De	V40 44	Bramhall Runners	47:36	349	799	Dave Batty	V50 37	Swinton RC	53:43
253	370	Joe Carne		Manchester Frontrunners	47:39	350	943	Richard Goff		Buxton AC	53:47
254	168	Richard Skitt		Manchester H&ac	47:42	351	348	Damian Bennett	V45 56	Knutsford Tri Club	53:48
255	564	Matthew Spragg	V40 45	Sale H Manchester	47:46	352	634	Alan Williams	V55 21	Altrincham&district AC	53:50
256	927	Richard Hiron	V50 20	Wilmslow RC	47:47	353	175	Richard Healy	V40 65	Dragons Rc Sale	54:00
257	180	Mike Yarwood		Dragons Rc Sale	47:48	354	797	Steve Symons	V50 38	Manchester Ymca H	54:11
258	729	Peter Rought		Manchester Triathlon	47:50	355	199	Simon Fennell	V45 57	Bramhall Runners	54:12
259	418	Warren Bowden	V45 40	Chorlton Runners	47:56	356	505	Matthew Bell	V40 66	Sale H Manchester	54:16
260	587	Matt Shillabeer	V40 46	St Helens Tri	48:01	357	761	Jack Carney	V60 9	Salford Met AC	54:17
261	610	Graham Harrison	V55 15	Altrincham&district AC	48:02	358	157	Glen Gandy	V50 39	Manchester H&ac	54:20
262	920	Alan Kennedy	V50 21	E Cheshire H&tameside AC	48:05	359	689	Lee Bibby	V40 67	Manchester Triathlon	54:25
263	371	David Chambers		Manchester Frontrunners	48:08	360	141	Alan Gibbon	V45 58	Hyde Village Striders	54:26
264	514	Mike Curley	V65 1	Sale H Manchester	48:09	361	224	Mick Bull	V65 5	Middleton H AC	54:28
265	476	Steven Swan	V40 47	Chorlton Runners	48:10	362	393	Andrew Porter		Manchester Frontrunners	54:31
266	738	San Tou		Manchester Triathlon	48:13	363	389	Jordan Millar		Manchester Frontrunners	54:49
267	702	Daniel Green		Manchester Triathlon	48:18	364	704	Bryan Hopwood	V50 40	Manchester Triathlon	55:05
268	983	Leon Hill	U20 15	St Helens Sutton AC	48:24	365	859	Richard Brown		Knutsford Tri Club	55:08
269	153	Darren Cooper		Manchester H&ac	48:28	366	993	Keith Owens	V65 6	E Cheshire H&tameside AC	55:11
270	739	Franck Turmel-Josek	V45 41	Manchester Triathlon	48:34	367	380	Craig Isherwood		Manchester Frontrunners	55:28
271	789	Eddie Gilligan	V50 22	Manchester Ymca H	48:35	368	162	Denis Kelly	V45 59	Manchester H&ac	55:38
272	276	Andrew Martin		Salford H&ac	48:37	369	787	Geoff Cotterill	V60 10	Manchester Ymca H	55:43
273	979	Ian Roberts	V40 48	St Helens Sutton AC	48:47	370	190	John Stephenson	V55 22	Glossopdale Harriers	55:49
274	434	Ross Giles		Chorlton Runners	48:49	371	351	Darren Edale	V40 68	Knutsford Tri Club	55:52
275	491	Thomas Jackson		Goyt Valley Striders	48:50	372	563	Jerry Smith	V60 11	Sale H Manchester	55:55
276	391	Stephen Moran	V40 49	Manchester Frontrunners	48:53	373	690	Mark Coley	V40 69	Manchester Triathlon	56:13
277	591	Kemmel Atkinson	V55 16	Warrington Tri Club	48:54	374	395	Adam Sowman		Manchester Frontrunners	56:16

375 592 Will Austin	Warrington Tri Club	56:23	391 215 Paul Taylor	V40 72 Bramhall Runners	58:13
376 749 Ian Galloway	V45 60 Marple Runners	56:33	392 678 David Shoesmith	V60 14 Macclesfield H&ac	58:21
3772027\$Rob Parkin	V45 61 Congleton H & Ac	56:53	393 777 James Atkin	V60 15 Wirral AC	58:41
378 617 Mike Jones	V60 12 Altrincham&district AC	57:00	394 2.3 Colin Rathbone	V70 2 Vale Royal AC	58:43
379 207 Ross Kennedy	Bramhall Runners	57:16	395 204 Steve Hughes	V50 43 Bramhall Runners	59:04
380 37 Chris Cannon	V60 13 Wilmslow RC	57:18	3962033\$Charlie Barlow	V60 16 Saddleworth Runners Club	1:00:15
381 693 Richard Davies	Manchester Triathlon	57:18	397 203 Nick Heaton	V45 65 Bramhall Runners	1:01:05
382 202 Barry Heap	V50 41 Bramhall Runners	57:22	398 262 Tom Daniels	V65 7 Salford H&ac	1:01:37
383 195 Paul Cowell	V45 62 Bramhall Runners	57:27	399 497 Chris Tetley	V55 23 Goyt Valley Striders	1:01:42
384 354 Anthony Jones	V45 63 Knutsford Tri Club	57:29	400 385 Phil Lawrence	V40 73 Manchester Frontrunners	1:01:50
385 233 Jason Harling	Middleton H AC	57:31	401 467 Andrew Paterson	Chorlton Runners	1:05:07
386 399 Dan Whittaker	V40 70 Manchester Frontrunners	57:33	402 4.2 Trevor Faulkner	V70 3 Wilmslow RC	1:08:47
387 222 Andrew Berkley	V45 64 Middleton H AC	57:35	403 234 Antony Hughes	Middleton H AC	1:08:56
388 424 Terry Crowther	V40 71 Chorlton Runners	57:43	404 194 Joseph Connor	Bramhall Runners	1:09:22
389 163 Mike Long	V50 42 Manchester H&ac	57:52	405 647 Dave Salmon	V70 4 E Cheshire H&tameside AC	1:09:24
390 197 Phil Evans	Bramhall Runners	58:05	406 746 John Bailey	Marple Runners	1:11:10

## Senior Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 SaleHManchester	86 — 2 GarethRaven	12 NigelMartin	14 NathanHarrison	15 NicholasBary	16 DavidRich	27 ChrisDonnelly
2HorwichRmi	112 — 4 TimEllis	8 NickLeigh	19 DavidJackson	21 SimonPymm	23 JonathanBruton	37 AlastairMurray
3StockportH&ac	207 — 1 JackMorris	11 JackNixon	24 J.ScottBucoleach	49 GeorgeCooke	58 IainMurdoch	64 StephenCrock
4SalfordH&ac	243 — 5 StephenSnape	26 BillyMcCartney	33 GlynnBillington	46 RichardBrook	53 JohnLloyd	80 StewartHudson
5ChorltonRunners	322 — 7 JamesSavage	18 F.Macdonald-Oulds	42 DavidWyeth	71 ChristopherRayner	89 PaulMcKenna	95 StephenSmith
6WilmslowRC	324 — 22 PeterSpeake	25 RobDowns	39 PaulHawkins	62 AndyWhittingham	86 StuartParrott	90 TrevorMorris
7TraffordAC	325 — 13 CliveFitzpatrick	30 MatthewSutton	34 SeamusBradbury	55 JeffPrest	57 DannyShaw	136 ChrisSmall
8 SaleHManchester 'B'	357 — 47 DavidMarsh	48 RobJewett	50 StephenMcCarron	65 AndrewMooney	72 BenMoityre	75 CraigBradbury
9ManchesterTriathlon	379 — 28 LewisEccleston	36 PaulSavage	69 StewartMoore	76 AaronSaxton	82 GraemeGindrod	88 JonReilly
10Altrincham&districtAC	381 — 6 DavidNorman	29 JonathanPowell	32 MichaelBirks	99 SteveRenny	105 RogerPreece	110 RichardJohnson
11MacclesfieldH&ac	533 — 36 MarkWalker	51 ScottWilson	96 CathHanaghan	97 JamesNoakes	104 ChrisBentley	150 ChrisGoodfellow
12 StockportH&ac 'B'	601 — 79 NathanMayoh	87 KevanGamer	92 PaulNutter	94 PhilBurns	112 DavidHulley	137 SteveShaughnessy
13ManchesterFrontrunners	665 — 73 JamesMoles	74 TomBardwell	77 MartinDunn	127 JonoGuildford	140 AmirDar	174 RikKeating
14 SaleHManchester 'C'	683 — 100 NickPeach	101 RobDunn	114 AidenRafferty	123 SteveHenderson	123 DuncanHill	125 EltonDavies
15ECheshireH&tamesideAC	690 — 45 GavinBrowne	52 GeorgeLewis	66 BaryHirst	124 MarkMills	152 ScottGillespie	251 AlanKennedy
16ManchesterH&ac	743 — 20 DonnachaMaguire	40 EdFazakerley	119 PaulHeron	179 CharlieJohnson	189 MattCrimes	195 JasonBrogan
17 SalfordH&ac 'B'	751 — 84 StanleyOwen	93 PhilipQuibell	103 StevePennington	138 ChrisDawson	157 AlexanderThomas	176 RobClarke
18 ManchesterTriathlon 'B'	772 — 113 StephenTaylor	115 AlastairFisher	126 AndyAckin	132 TimJohns	133 PaulSchofield	163 RogerThomas
19BramhallRunners	772 — 60 AndyPorter	118 FrankPodd	143 PhilRamsey	146 IanKeeling	147 AdamBird	158 ChrisTriak
20BuxtonAC	798 — 31 NatWinfield	43 BenLight	142 RichardBougas	172 RickAldred	194 AndyLidstone	216 PeteBailey
21 ChorltonRunners 'B'	808 — 109 AndyHaney	117 WillFossard	117 WillFossard	122 MarkNorman	169 IanJameson	170 ColinHines
22 Horwich Rmi 'B'	812 — 38 LukeMassey	44 PaulMassey	83 MichaelHallas	148 GaryChadderton	178 DouglasFleming	321 LawrencePinnel
23 SaleHManchester 'D'	933 — 128 PaulBarrett	129 DamienJones	135 RobHalpenny	165 AshleyLindsey	175 SteveGavin	201 NickWebb
24 Wilmslow RC 'B'	936 — 98 MatthewBraybrooke	107 MikeHill	144 MattTaylor	183 JarrodHomer	200 AlanMcCormick	204 JamesMacdonald
25ManchesterYmcaH	946 — 59 CraigJones	85 DavidGamer	106 LeeDunn	210 RichardBralstford	226 ChrisMarch	240 EddieGilligan
26Altrincham&districtAC 'B'	953 — 146 PaulJohnston	151 RichardJolyman	154 ArthurRaffle	160 PaulAbraham	163 TimRaffle	180 NickBurke
27 ValeRoyalAC	1038 — 3 MatthewSheen	116 GarethWilliams	168 JoeCavanagh	228 MarkPilliner	238 DaveHaines	255 ChrisBeard
28StHelensSuttonAC	1069 — 17 ThomasGriffiths	81 JohnGreenall	156 JosephWalker	257 LeonHill	262 IanRoberts	266 AndrewO'Connor
29 BramhallRunners 'B'	1095 — 159 PaulBeckett	161 MatthewMoran	162 LokLi	198 BenWolstenholme	206 RichardHall	209 DamonStorer
30MiddletonHAC	1096 — 61 PaulJibson	108 JordanBurke	131 RobertMills	181 LeoCain	238 AlanGarvey	317 CraigSutherland
31 BelleVueRacers	1166 — 102 NickTynan	134 VictorWalsh	193 RossPetigrew	218 MarkRoss	225 NigelSedman	294 AndrewTaylor
32KnutsfordTriClub	1213 — 139 ShaneWolstencroft	177 DaveClump	185 JohnGoggins	195 PaulWain	239 LukeAinsworth	278 AndyDines
33 ChorltonRunners 'C'	1251 — 173 AndrewTongue	191 RossMurdoch	203 StevenWelch	207 NickSyrett	229 PeterAdams	248 WarrenBowden
34 ManchesterTriathlon 'C'	1267 — 167 TomPickering	186 DeanEvans	192 RobertAnthony	220 RichardWallace	247 PeterRought	255 SanTou
35 SalfordMetAC	1292 — 111 PaulConnolly	166 PaulStevenson	213 MarkShuttleworth	214 SteveMercer	276 SimonBond	312 StuartMairs
36 Swinton RC	1332 — 67 DanBird	205 RobMcGibbon	219 KevinWoodward	239 JonMellor	260 JonSides	292 PaulRutherford
37 StockportH&ac 'C'	1349 — 141 SimonPickard	190 IanMulligan	223 TimHargreaves	232 AndrewMairwaring	268 StewartConnor	295 JeremyWoodham
38 StHelensTri	1396 — 91 EddieHirst	197 PatrickNeill	217 RobertChesters	249 MattShillabeer	313 TerryBates	329 PaulHewitt
39 ManchesterFrontrunners 'B'	1398 — 184 ThomasBlackburn	221 RobertoRaso	234 PeterGreatbanks	242 JoeCame	262 DavidChambers	265 StephenMoran
40 GoytValleyStriders	1454 — 130 PaulOakley	164 JamesHobson	227 MarkRuston	264 ThomasJackson	287 KevinDay	332 ChrisTetley
41 ManchesterH&ac 'B'	1468 — 215 ChrisSewart	235 SheikhNoreyne	236 JamesHinde	243 RichardSkitt	258 DarrenCooper	281 AndrewParsonage
42 MarpleRunners	1477 — 68 MatStephenson	171 RichardWilliams	277 PeteOgley	289 JamesDeighton	311 RobStutchfield	361 IanGalloway
43 Hyde Village Striders	1518 — 56 MatthewLatham	155 GaryDale	315 MikeMason	319 PaulTaylor	328 AndrewHoughton	345 AlanGibbon
44 SaleHManchester 'E'	1619 — 240 GarethWebb	244 MatthewSpragg	253 MikeCurley	270 TimRainey	271 MichaelWharton	341 MatthewBell
45 BramhallRunners 'C'	1664 — 231 RichardAdams	237 JohnWilliams	241 SDe	297 SteveFairbough	318 LeeJones	340 SimonFennell
46 ChorltonRunners 'D'	1686 — 254 StevenSwan	263 RossGiles	267 EtenneHumphries	286 SeanLord	306 RuddPalmer	310 ChrisFloyd
47 MacclesfieldH&ac 'B'	1717 — 199 JohnMooney	230 GaryWilcock	284 RichardBrown	302 DavidLarkin	326 BarrieThomason	376 DavidShoesmith
48 ManchesterTriathlon 'D'	1751 — 256 DanielGreen	259 FrankTurnerJosek	291 DamianAspin	309 DavidRees	316 WarrenWalkwork	320 AndrewDow
49 Altrincham&districtAC 'C'	1836 — 250 GrahamHarrison	273 BradleyJohnson	230 DavidVaughan	324 JeffNorman	337 AlanWilliams	362 MikeJones
50 ManchesterFrontrunners 'C'	1936 — 283 LiamJones	299 KieranWelsh	307 MichaelThorley	347 AndrewPorter	348 JordanMillar	362 CraigShewood
51 MiddletonHAC 'B'	2117 — 322 BryanO'Neill	323 ColinCarter	346 MickBull	369 JasonHaring	371 AndrewBerkley	366 AntonyHughes
52 BramhallRunners 'D'	2224 — 363 RossKennedy	366 BaryHeap	367 PaulCowell	374 PhilEvans	375 PaulTaylor	379 SteveHughes

## Senior Men aged 17 to 19 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Trafford AC	19 — 4 Matthew Sutton	5 Seamus Bradbury	10 Danny Shaw
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## Senior Men (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Horwich Rmi	28 —	2 Nick Leigh	4 David Jackson	10 Alastair Murray	12 Paul Massey
2 Salford H&ac	56 —	7 Billy McCartney	8 Glynn Billington	13 Richard Brook	28 Stanley Owen
3 Wilmslow RC	60 —	5 Peter Speake	6 Rob Downs	19 Andy Whittingham	30 Stuart Parrott
4 Sale H Manchester	79 —	1 Gareth Raven	14 Stephen McCarron	25 Craig Bradbury	39 Nick Peach
5 Stockport H&ac	108 —	16 Iain Murdoch	26 Nathan Mayoh	31 Kevan Garner	35 Paul Nutter
6 Manchester Triathlon	165 —	9 Paul Savage	47 Stephen Taylor	54 Tim Johns	55 Paul Schofield
7 Chorlton Runners	174 —	23 Christopher Rayner	32 Paul McKenna	44 Andy Haney	75 Ian Jameson
8 Bramhall Runners	187 —	17 Andy Porter	50 Frank Podd	59 Phil Ramsey	61 Ian Keeling
9 Altrincham&district AC	193 —	38 Steve Renny	41 Roger Preece	45 Richard Johnson	69 Paul Abraham
10 Wilmslow RC	219 —	33 Trevor Morris	43 Mike Hill	60 Matt Taylor	83 Jarrod Homer
11 Sale H Manchester 'B'	223 —	48 Aiden Raftery	51 Duncan Hill	52 Elton Davies	72 Ashley Lindsey
12 Stockport H&ac 'B'	245 —	46 David Hulley	56 Steve Shaughnessy	58 Simon Pickard	85 Ian Mulligan
13 Trafford AC	261 —	3 Clive Fitzpatrick	15 Jeff Prest	82 Bruce Penhale	161 Robin Beaumont
14 Manchester Ymca H	292 —	29 David Garner	42 Lee Dunn	95 Richard Brailsford	126 Eddie Gilligan
15 Bramhall Runners 'B'	297 —	67 Chris Trask	68 Paul Beckett	70 Lok Li	92 Richard Hall
16 Macclesfield H&ac	300 —	37 James Noakes	64 Chris Goodfellow	89 John Mooney	110 Gary Willcock
17 Manchester H&ac	311 —	11 Ed Fazakerley	88 Jason Brogan	99 Chris Sewart	113 James Hinde
18 Vale Royal AC	346 —	49 Gareth Williams	74 Joe Cavanagh	108 Mark Pilliner	115 Dave Haines
19 Knutsford Tri Club	362 —	57 Shane Wolstencroft	79 Dave Clamp	87 Paul Wain	139 Andy Dines
20 Marple Runners	383 —	21 Mat Stephenson	76 Richard Williams	138 Pete Ogle	148 James Deighton
21 Salford Met AC	405 —	73 Paul Stevenson	97 Mark Shuttleworth	98 Steve Mercer	137 Simon Bond
22 Sale H Manchester 'C'	408 —	78 Steve Gavin	90 Nick Webb	117 Matthew Spragg	123 Mike Curley
23 Altrincham&district AC 'B'	408 —	71 Tim Raffle	81 Nick Burke	121 Graham Harrison	135 Bradley Johnson
24 Manchester Frontrunners	416 —	24 James Moles	104 Roberto Raso	128 Stephen Moran	160 Michael Thorley
25 Wilmslow RC 'C'	439 —	91 James Macdonald	96 Peter Stock	118 Richard Hiron	134 Christian Hook
26 Manchester Triathlon 'B'	442 —	65 Roger Thomas	103 Richard Wallace	125 Franck Turmel-Josek	149 Damian Aspin
27 Chorlton Runners 'B'	445 —	93 Nicck Syrett	109 Peter Adams	119 Warren Bowden	124 Steven Swan
28 E Cheshire H&tameside AC	462 —	20 Barry Hirst	122 Alan Kennedy	142 James Fairfield	178 Martin Lewis
29 Salford H&ac 'B'	469 —	36 Philip Quibell	40 Steve Pennington	176 Thomas Temple	217 Tom Daniels
30 Stockport H&ac 'C'	499 —	106 Tim Hargreaves	111 Andrew Mainwaring	130 Stewart Connor	152 Jeremy Woodham
31 Middleton H AC	510 —	18 Paul Jibson	155 Alan Garvey	166 Craig Sutherland	171 Bryan O'Neill
32 Swinton RC	524 —	102 Kevin Woodward	131 Jon Mellor	141 Jon Sides	150 Paul Rutherford
33 Bramhall Runners 'C'	551 —	114 John Williams	116 S De	154 Steve Fairclough	167 Lee Jones
34 Hyde Village Striders	576 —	66 Gary Dale	165 Mike Mason	168 Paul Taylor	177 Andrew Haughton
35 Sale H Manchester 'D'	651 —	132 Tim Rainey	133 Michael Wharton	187 Matthew Bell	199 Jerry Smith
36 Macclesfield H&ac 'B'	687 —	143 Richard Brown	157 David Larkin	175 Barrie Thomason	212 David Shoesmith
37 Chorlton Runners 'C'	698 —	145 Sean Lord	164 Mark Gamblin	180 Paul Kain	209 Terry Crowther
38 Manchester Triathlon 'C'	731 —	169 Andrew Dow	179 Timothy Criddle	190 Lee Bibby	193 Bryan Hopwood
39 Bramhall Runners 'D'	806 —	186 Simon Fennell	204 Barry Heap	205 Paul Cowell	211 Paul Taylor