

Manchester Area Cross Country League at Wythenshawe Park on Saturday 15th October 2016

Under 13 - Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	160	Samuel Bryan	Salford H&ac	12:12	24	321	Charlie Tittensor	Sale H Manchester	13:55					
2	315	Alex James	Sale H Manchester	12:24	25	522	Ethan BradyJones	Wirral AC	13:55					
3	45	Tom Bentall	Trafford AC	12:26	26	318	Will Parker	Sale H Manchester	13:56					
4	464	James Doorbar	Macclesfield H&ac	12:28	27	612	Ben Dargan	Sale H Manchester	13:57					
5	212	Thomas Manton	Stockport H&ac	12:42	28	258	Caleb Winfield	Buxton AC	14:03					
6	164	Charlie Mansfield	Salford H&ac	12:57	29	463	Oliver Bradley	Macclesfield H&ac	14:04					
7	46	Oliver Choi	Trafford AC	12:58	30	620	Kane Grant	E Cheshire H&tameside AC	14:10					
8	48	Louie McCormack	Trafford AC	12:58	31	134	Joe Byrne	Bramhall Runners	14:17					
9	468	Thomas Roberts	Macclesfield H&ac	13:01	32	165	Patrick Marsden	Salford H&ac	14:24					
10	214	Cameron Murdoch	Stockport H&ac	13:08	33	576	Sebastian Cook	Macclesfield H&ac	14:30					
11	215	Henry Pickard	Stockport H&ac	13:14	34	391	James Evans	St Helens Tri	14:32					
12	504	Michael Dobson	St Helens Sutton AC	13:22	35	621	Charlie Massey	Trafford AC	14:34					
13	257	Harrison Turner	Buxton AC	13:29	36	85	Joseph Farrelly	Manchester H&ac	14:35					
14	20	Dylan Carney	Vale Royal AC	13:31	37	319	Alex Patten	Sale H Manchester	14:41					
15	211	Alex Macfarlane	Stockport H&ac	13:32	38	7	Matthew Haslam	Halton&frodsham H	14:45					
16	82	William Brown	Manchester H&ac	13:33	39	320	Alex Ruddock	Sale H Manchester	14:55					
17	316	Archie McCarron	Sale H Manchester	13:34	40	392	Oliver Murphy	St Helens Tri	15:05					
18	213	Finley Mayoh	Stockport H&ac	13:43	41	209	Leo Ferguson	Stockport H&ac	15:21					
19	216	Jonah Wall	Stockport H&ac	13:46	42	607	Harley Chadwick	St Helens Sutton AC	15:28					
20	161	Joe Coggins	Salford H&ac	13:50	43	24	Benjamin Thorn	Vale Royal AC	15:44					
21	166	Matthew O'Neill	Salford H&ac	13:54	44	618	Mack Wileman	Stockport H&ac	15:45					
22	314	Zac Gaillemin	Sale H Manchester	13:54	45	469	Oliver Thomason	Macclesfield H&ac	16:03					
23	84	Archie Dyer	Manchester H&ac	13:54	46	466	Alexander Moss	Macclesfield H&ac	17:05					
					47	425	Ryan O'Neill	E Cheshire H&tameside AC	18:18					

Under 13 - Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Trafford AC	18	—	3	Tom Bentall	7	Oliver Choi	8	Louie McCormack
2	Stockport H&ac	26	—	5	Thomas Manton	10	Cameron Murdoch	11	Henry Pickard
3	Salford H&ac	27	—	1	Samuel Bryan	6	Charlie Mansfield	20	Joe Coggins
4	Sale H Manchester	41	—	2	Alex James	17	Archie McCarron	22	Zac Gaillemin
5	Macclesfield H&ac	42	—	4	James Doorbar	9	Thomas Roberts	29	Oliver Bradley
6	Stockport H&ac	52	—	15	Alex Macfarlane	18	Finley Mayoh	19	Jonah Wall
7	Manchester H&ac	75	—	16	William Brown	23	Archie Dyer	36	Joseph Farrelly
8	Sale H Manchester	77	—	24	Charlie Tittensor	26	Will Parker	27	Ben Dargan
9	Macclesfield H&ac	124	—	33	Sebastian Cook	45	Oliver Thomason	46	Alexander Moss

Under 13 - Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	519	EllenMary Kearney	Wirral AC	12:51	32	613	Akira Edgson	Sale H Manchester	15:21					
2	290	Ruby Bell	Sale H Manchester	12:52	33	301	Holly Harrison	Sale H Manchester	15:26					
3	292	Isabelle Burke	Sale H Manchester	13:15	34	150	Lucy Aplin	Salford H&ac	15:28					
4	299	Taylor Edwards	Sale H Manchester	13:34	35	545	Isobel Dallas	Liverpool H & AC	15:28					
5	201	Esther Hulley	Stockport H&ac	13:39	36	74	Evelyn Barber	Manchester H&ac	15:32					
6	517	Keira BradyJones	Wirral AC	13:46	37	78	Sophie Kilpatrick	Manchester H&ac	15:37					
7	203	Daisy Keigher	Stockport H&ac	13:47	38	424	Katherine Waters	E Cheshire H&tameside AC	15:40					
8	291	Niamh Boyd	Sale H Manchester	13:54	39	601	Lydia Gilvear	Stockport H&ac	15:48					
9	155	Nicola Mason	Salford H&ac	13:55	40	206	Ella Taylor	Stockport H&ac	15:50					
10	462	Ruby Spencer	Macclesfield H&ac	14:02	41	502	Lucy Bridge	St Helens Sutton AC	15:51					
11	421	Christie Allen	E Cheshire H&tameside AC	14:02	42	43	Emily Wolstencroft	Trafford AC	15:52					
12	159	Sophie Smith	Salford H&ac	14:07	43	310	Grace Tonge	Sale H Manchester	15:54					
13	422	Rose Barlow	E Cheshire H&tameside AC	14:10	44	550	Hannah Johnson	Liverpool H & AC	16:03					
14	152	Isobel Cammish	Salford H&ac	14:13	45	297	Erin Donnelly	Sale H Manchester	16:17					
15	307	Dids Parish	Sale H Manchester	14:26	46	551	Rebecca Johnson	Liverpool H & AC	16:24					
16	2009	\$Laure Kidukula	Unattached	14:36	47	587	Eliza Ousey	Sale H Manchester	16:27					
17	75	Violet Claxton	Manchester H&ac	14:37	48	295	Caitlin Deighton	Sale H Manchester	16:27					
18	459	Libby Greeney	Macclesfield H&ac	14:38	49	293	Ellie ColquhounLynn	Sale H Manchester	16:32					
19	303	Libby Hill	Sale H Manchester	14:39	50	583	Lillia Buller	Sale H Manchester	16:32					
20	2010	\$Angel Okechkvu	Unattached	14:40	51	254	Lauren Taylor	Knutsford Tri Club	16:44					
21	460	Eme Noakes	Macclesfield H&ac	14:43	52	606	Jasmine Scott	St Helens Sutton AC	16:46					
22	199	Rebecca Cox	Stockport H&ac	14:46	53	197	Isabel Brundrett	Stockport H&ac	16:47					
23	154	Erin Grime	Salford H&ac	14:47	54	200	Lauren Dewbury	Stockport H&ac	16:49					
24	548	Jenny Grant	Liverpool H & AC	14:58	55	553	Jemma Schoral	Liverpool H & AC	17:45					
25	549	Olivia Holmes	Liverpool H & AC	15:00	56	615	Ella Heap	Wirral AC	17:50					
26	289	Nieve Barton	Sale H Manchester	15:03	57	614	Madeline Millard	Sale H Manchester	17:53					
27	598	Eella Salih	Salford Met AC	15:04	58	552	Maisie Nichols	Liverpool H & AC	18:32					
28	302	Olivia Herron	Sale H Manchester	15:04	59	79	Molly McCormack	Manchester H&ac	19:01					
29	305	Hermione Mason	Sale H Manchester	15:04	60	399	Saranne Wright	Warrington Tri Club	19:09					
30	5441	BlakemoreClark	Liverpool H & AC	15:16	61	554	Poppy Smith	Liverpool H & AC	20:06					
31	423	Libby Kilbourne	E Cheshire H&tameside AC	15:19										

Under 13 - Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Sale H Manchester	9	—	2	Ruby Bell	3	Isabelle Burke	4	Taylor Edwards
2	Stockport H&ac	32	—	5	Esther Hulley	7	Daisy Keigher	20	Rebecca Cox
3	Salford H&ac	35	—	9	Nicola Mason	12	Sophie Smith	14	Isobel Cammish
4	Sale H Manchester	41	—	8	Niamh Boyd	15	Dids Parish	18	Libby Hill
5	Macclesfield H&ac	46	—	10	Ruby Spencer	17	Libby Greeney	19	Eme Noakes
6	E Cheshire H&tameside AC	53	—	11	Christie Allen	13	Rose Barlow	29	Libby Kilbourne
7	Wirral AC	61	—	1	EllenMary Kearney	6	Keira BradyJones	54	Ella Heap
8	Liverpool H & AC	73	—	22	Jenny Grant	23	Olivia Holmes	28	BlakemoreClark
9	Sale H Manchester	77	—	24	Nieve Barton	26	Olivia Herron	27	Hermione Mason
10	Manchester H&ac	85	—	16	Violet Claxton	34	Evelyn Barber	35	Sophie Kilpatrick
11	Sale H Manchester	102	—	30	Akira Edgson	31	Holly Harrison	41	Grace Tonge
12	Liverpool H & AC	119	—	33	Isobel Dallas	42	Hannah Johnson	44	Rebecca Johnson
13	Stockport H&ac	126	—	37	Lydia Gilvear	38	Ella Taylor	51	Isabel Brundrett
14	Sale H Manchester	134	—	43	Erin Donnelly	45	Eliza Ousey	46	Caitlin Deighton
15	Sale H Manchester	150	—	47	Ellie ColquhounLynn	48	Lillia Buller	55	Madeline Millard
16	Liverpool H & AC	168	—	53	Jemma Schoral	56	Maisie Nichols	59	Poppy Smith

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

Manchester Area Cross Country League at Wythenshawe Park on Saturday 15th October 2016

Under 15 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	480	Lucas Parker	Macclesfield H&ac	15:59	20	57	Alex Bailey	Trafford AC	18:06
2	125	Jordan Jones	Warrington AC	15:59	21	126	Joe Roberts	Warrington AC	18:10
3	122	Joe Buckley	Warrington AC	16:17	22	432	Callum Brierley	E Cheshire H&tameside AC	18:11
4	481	Finley Proffitt	Macclesfield H&ac	16:24	23	508	Michael Brussels	St Helens Sutton AC	18:15
5	60	Cynog Williams	Trafford AC	16:51	24	433	Jake Smith	E Cheshire H&tameside AC	18:17
6	225	Ben Batho	Stockport H&ac	16:53	25	226	Fabio Carosi	Stockport H&ac	18:23
7	236	Flynn Walsh	Stockport H&ac	16:54	26	623	Ed Rushton	Trafford AC	18:35
8	174	Lewis Royle	Salford H&ac	17:05	27	605	Jack Dodd	West Cheshire AC	18:44
9	58	Joe Bentall	Trafford AC	17:06	28	347	John Gilbert	Sale H Manchester	18:50
10	560	Jamie Ford	Liverpool H & AC	17:16	29	235	Joseph Philbin	Stockport H&ac	19:00
11	431	Jack Blodwell	E Cheshire H&tameside AC	17:23	30	510	Charlie Roberts	St Helens Sutton AC	19:15
12	176	Jacob Yates	Salford H&ac	17:23	31	29	Edward Smiles	Vale Royal AC	19:30
13	121	Isaaq Ataulah	Warrington AC	17:33	32	231	Thomas Gill	Stockport H&ac	19:34
14	227	Edward Corden	Stockport H&ac	17:34	33	234	Harry MillerReedman	Stockport H&ac	19:52
15	476	Joe Browne	Macclesfield H&ac	17:34	34	229	Will Culmer	Stockport H&ac	20:05
16	237	Jacob WoodDoyle	Stockport H&ac	17:34	35	610	A ArmstrongBond	Sale H Manchester	20:30
17	617	T SymondsTreachner	Trafford AC	17:44	36	509	Liam Houghton	St Helens Sutton AC	21:13
18	616	Matthew Torkington	Trafford AC	17:51	37	599	Luke Mamczur	Buxton AC	22:13
19	175	Charlie Thomas	Salford H&ac	17:52	38	394	George Houghton	St Helens Tri	22:26

Under 15 - Boys — TEAM RESULTS

1	Warrington AC	18	—	2	Jordan Jones	3	Joe Buckley	13	Isaaq Ataulah
2	Macclesfield H&ac	20	—	1	Lucas Parker	4	Finley Proffitt	15	Joe Browne
3	Stockport H&ac	27	—	6	Ben Batho	7	Flynn Walsh	14	Edward Corden
4	Trafford AC	31	—	5	CynogWilliams	9	Joe Bentall	17	T SymondsTreachner
5	Salford H&ac	39	—	8	Lewis Royle	12	Jacob Yates	19	CharlieThomas
6	E Cheshire H&tameside AC	57	—	11	Jack Blodwell	22	Callum Brierley	24	Jake Smith
7	Trafford AC	64	—	18	Matthew Torkington	20	Alex Bailey	26	Ed Rushton
8	Stockport H&ac	70	—	16	Jacob WoodDoyle	25	Fabio Carosi	29	Joseph Philbin
9	St Helens Sutton AC	89	—	23	Michael Brussels	30	Charlie Roberts	36	Liam Houghton
10	Stockport H&ac	99	—	32	Thomas Gill	33	HarryMillerReedman	34	Will Culmer

Under 15 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	471	Sian Heslop	Macclesfield H&ac	17:20	23	525	Ella Head	Wirral AC	20:45
2	325	Lara Crawford	Sale H Manchester	17:36	24	218	Mollie Cooke	Stockport H&ac	20:58
3	473	Stephanie Moss	Macclesfield H&ac	18:12	25	589	Amelia McCormack	Sale H Manchester	20:58
4	474	Lauren Robinson	Macclesfield H&ac	18:30	26	217	Lauren Burgess	Stockport H&ac	21:05
5	428	Holly Jackson	E Cheshire H&tameside AC	18:55	27	25	Cerys Pilliner	Vale Royal AC	21:27
6	329	Lucy Griffiths	Sale H Manchester	19:02	28	594	Jessica Birchall	Salford H&ac	21:31
7	168	Evie Collier	Salford H&ac	19:06	29	527	Sophia McCoy	Wirral AC	22:00
8	341	Hannah Witchalls	Sale H Manchester	19:07	30	402	Eve Duret	West Cheshire AC	22:01
9	324	Anouska Brooks	Sale H Manchester	19:09	31	260	Heather Wilshaw	Buxton AC	22:08
10	171	Samantha Mason	Salford H&ac	19:12	32	339	Scarlett Whittaker	Sale H Manchester	22:28
11	429	Megan Lewis	E Cheshire H&tameside AC	19:20	33	507	Alyx Bridge	St Helens Sutton AC	22:52
12	331	Laura Hole	Sale H Manchester	19:25	34	596	Niamh Fitzpatrick	Salford H&ac	22:59
13	222	Chloe Rogers	Stockport H&ac	19:30	35	259	Eleanor Turner	Buxton AC	23:02
14	340	Maisie Wiseman	Sale H Manchester	19:35	36	221	Abbie Pickard	Stockport H&ac	23:12
15	323	TiaRae Barton	Sale H Manchester	19:48	37	500	Ella Buckley	Salford Met AC	23:26
16	619	Lucy Hignett	Wirral AC	19:54	38	595	Freya Coggins	Salford H&ac	23:31
17	220	Natasha Moore	Stockport H&ac	19:59	39	172	Rebecca Royle	Salford H&ac	23:47
18	472	Sam Kyriacou	Macclesfield H&ac	20:04	40	622	Molly Haines	Vale Royal AC	24:10
19	169	C HaywoodPercival	Salford H&ac	20:28	41	332	Simone Lomax	Sale H Manchester	25:00
20	90	Georgia Fazakerley	Manchester H&ac	20:32	42	499	Alana Birch	Salford Met AC	25:11
21	498	Jade Bailey	Salford Met AC	20:34	43	609	Freya Stott	Salford H&ac	27:13
22	330	EmilyKate Hall	Sale H Manchester	20:39	44	529	Molly Williams	Wirral AC	28:12

Under 15 - Girls — TEAM RESULTS

1	Macclesfield H&ac	8	—	1	Sian Heslop	3	Stephanie Moss	4	Lauren Robinson
2	Sale H Manchester	16	—	2	Lara Crawford	6	Lucy Griffiths	8	Hannah Witchalls
3	Sale H Manchester	35	—	9	Anouska Brooks	12	Laura Hole	14	Maisie Wiseman
4	Salford H&ac	36	—	7	Evie Collier	10	Samantha Mason	19	C HaywoodPercival
5	Stockport H&ac	54	—	13	Chloe Rogers	17	Natasha Moore	24	Mollie Cooke
6	Sale H Manchester	62	—	15	TiaRae Barton	22	EmilyKate Hall	25	Amelia McCormack
7	Wirral AC	68	—	16	Lucy Hignett	23	Ella Head	29	Sophia McCoy
8	Salford H&ac	100	—	28	Jessica Birchall	34	Niamh Fitzpatrick	38	Freya Coggins
9	Salford Met AC	100	—	21	Jade Bailey	37	Ella Buckley	42	Alana Birch

Manchester Area Cross Country League at Wythenshawe Park on Saturday 15th October 2016

Under 17 - Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time					
1	130	Jack Stubbings		Warrington AC	22:02	19	186 Paddy Cusack	Salford H&ac		23:51
2	105	Rocco ZamanBrowne		Manchester H&ac	22:08	20	262 Luke Farrant	Buxton AC		23:54
3	129	Sam Rostron		Warrington AC	22:08	21	501 James Dagnall	Salford Met AC		23:54
4	128	Luke Gamble		Warrington AC	22:18	22	608 Jac Goodall	West Cheshire AC		23:59
5	405	Daniel Racle		Altrincham&district AC	22:39	23	483 Matthew Browne	Macclesfield H&ac		24:11
6	628	Kieran Morrisey		Trafford AC	22:52	24	438 Jacob Taylor	E Cheshire H&tameside AC		24:17
7	188	F Teklehaimanot		Salford H&ac	22:54	25	626 Abel Ashby	Trafford AC		24:18
8	104	Ben Skertchly		Manchester H&ac	23:10	26	374 Harry Briscoe	Sale H Manchester		24:22
9	102	Matty Fox		Manchester H&ac	23:19	27	372 Jacob Birtles	Sale H Manchester		24:44
10	2008	Yahya Agerso		Unattached	23:23	28	252 Sam Johnson	Stockport H&ac		25:29
11	101	Luke Doleman		Manchester H&ac	23:24	29	184 James Critchley	Salford H&ac		26:09
12	537	Jonathon Head		Wirral AC	23:25	30	484 Robert Finnis	Macclesfield H&ac		26:09
13	11	Chris Larkin		Halton&frodsham H	23:25	31	435 Paolo Guarnieri	E Cheshire H&tameside AC		26:32
14	381	Kian Lindsay		Sale H Manchester	23:27	32	251 James Coulson	Stockport H&ac		26:36
15	64	Mikey Kingston		Trafford AC	23:38	33	250 Mathew Connors	Stockport H&ac		26:47
16	127	Daniel Fox		Warrington AC	23:41	34	627 Bradley Freeman	Stockport H&ac		26:57
17	264	Jacob Winfield		Buxton AC	23:43	35	373 Harry Boyd	Sale H Manchester		29:13
18	253	Josh Seymour		Stockport H&ac	23:49	36	611 E ArmstrongBond	Sale H Manchester		29:49

Under 17 - Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Warrington AC	8	—	1	Jack Stubbings	3	Sam Rostron	4	Luke Gamble
2	Manchester H&ac	19	—	2	Rocco ZamanBrowne	8	Ben Skertchly	9	Matty Fox
3	Trafford AC	44	—	6	Kieran Morrisey	14	Mikey Kingston	24	Abel Ashby
4	Salford H&ac	53	—	7	F Teklehaimanot	18	Paddy Cusack	28	James Critchley
5	Sale H Manchester	64	—	13	Kian Lindsay	25	Harry Briscoe	26	Jacob Birtles
6	Stockport H&ac	75	—	17	Josh Seymour	27	Sam Johnson	31	James Coulson

Under 17 - Ladies — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time					
1	98	Emily Hughes	L	1 Manchester H&ac	23:59	11	179 L HaywoodPercival	L	11 Salford H&ac	28:07
2	561	Jess Cook	L	2 Liverpool H & AC	24:01	12	243 Emilia Gajda	L	12 Stockport H&ac	28:15
3	362	Olivia Green	L	3 Sale H Manchester	25:09	13	61 Anna Baker	L	13 Trafford AC	28:36
4	31	Caitlin Dimmick	L	4 Vale Royal AC	25:31	14	364 Georgia Haworth	L	14 Sale H Manchester	28:55
5	246	Hannah Richardson	L	5 Stockport H&ac	26:10	15	534 Erin Davies	L	15 Wirral AC	29:00
6	241	Heather Corden	L	6 Stockport H&ac	27:02	16	62 Eellie Cole	L	16 Trafford AC	29:03
7	99	Eleanor Kenny	L	7 Manchester H&ac	27:19	17	182 Lucy McMullen	L	17 Salford H&ac	30:07
8	566	Millie Raine	L	8 Liverpool H & AC	27:27	18	357 Josie Canham	L	18 Sale H Manchester	30:40
9	180	Catherine Hooper	L	9 Salford H&ac	27:44	19	604 Ezme Brack	L	19 Glossopdale Harriers	32:08
10	371	Chiara Young	L	10 Sale H Manchester	28:04	20	96 Katie Cooper	L	20 Manchester H&ac	34:25

Under 17 - Ladies — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Stockport H&ac	23	—	5	Hannah Richardson	6	Heather Corden	12	Emilia Gajda
2	Sale H Manchester	27	—	3	Olivia Green	10	Chiara Young	14	Georgia Haworth
3	Manchester H&ac	27	—	1	Emily Hughes	7	Eleanor Kenny	19	Katie Cooper
4	Salford H&ac	37	—	9	Catherine Hooper	11	L HaywoodPercival	17	Lucy McMullen

Manchester Area Cross Country League

at Wythenshawe Park on Saturday 15th October 2016

Senior Women aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	189	Mollie Williams	L20	1 Stockport H&ac	32:09	7	333	Alice Bruce	L20	7 Sale H Manchester	39:47
2	187	Katy Whiteoak	L20	2 Stockport H&ac	32:36	8	555	Hannah Stroud	L20	8 Manchester University	43:52
3	153	Ruth Jones	L20	3 Salford H&ac	33:09	9	557	Izzy Wignao	L20	9 Manchester University	43:54
4	359	Aimee Pratt	L20	4 Sale H Manchester	34:40	10	585	Ellen McMahon	L20	10 Manchester University	52:24
5	48	Beth Donnelly	L20	5 Trafford AC	34:47	11	570	Rosie Davis	L20	11 Manchester University	52:25
6	440	Louisa Whittingham	L20	6 Macclesfield H&ac	34:55						

Senior Women aged 20 to 34

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	51	Jacqui Fairchild		Trafford AC	31:28	39	250	Leona Beaumont		Chorlton Runners	39:59
2	2011	\$Gemma Kersey		Basildon Aac	31:29	40	584	Ruth Lindley		Manchester University	40:00
3	344	Danielle Fegan		Sale H Manchester	31:32	41	293	Lorraine Pang		Chorlton Runners	40:01
4	569	Hannah Griffiths		Stockport H&ac	32:49	42	425	Emma Mason		Macclesfield H&ac	40:19
5	44	Emily Beedham		Trafford AC	32:54	43	459	Naomi Kellett		Manchester Triathlon	40:30
6	47	Vicki Cronin		Trafford AC	33:41	44	445	[n/c] Hannah Bruce		Manchester Triathlon	40:43
7	400	Sarah Mackness		Altrincham&district AC	34:05	45	63	Samantha Hartley		Hyde Village Striders	40:49
8	454	Rachel Hall		Manchester Triathlon	34:10	46	583	Anneka Sanders		Salford H&ac	41:05
9	343	Sarah Douglas		Sale H Manchester	34:38	47	318	Anna Aspinall		Goyt Valley Striders	41:07
10	547	Anna Mackenzie		Manchester University	34:41	48	458	Helen Jaques		Manchester Triathlon	41:33
11	471	Louise Walker		Manchester Triathlon	34:52	49	509	Jenny Gorman		Manchester Ymca H	41:35
12	542	Georgia Baynes		Manchester University	35:02	50	124	Helen Rennie		Bramhall Runners	41:46
13	98	Kirsty Johnson		Glossopdale Harriers	35:04	51	2003	\$Nicole Humphreys		Congleton H & Ac	42:03
14	469	Sarah Saxton		Manchester Triathlon	35:10	52	267	Vicki Fergusson		Chorlton Runners	42:47
15	541	Bethany Ansell		Manchester University	36:05	53	575	Imogen Nutter		Stockport H&ac	42:50
16	404	Bethany Hirst		E Cheshire H&tameside AC	36:09	54	377	Samantha Wheeler		Sale H Manchester	42:55
17	208	Helen Murray		Knutsford Tri Club	36:12	55	240	Annabelle Mottram		Buxton AC	44:27
18	152	Sarah Carroll		Salford H&ac	36:42	56	556	Mira Torres		Manchester University	44:28
19	45	Cauley Amy Rose		Trafford AC	36:44	57	470	Alex Smith		Manchester Triathlon	45:00
20	561	Freya Burgess		Mmu Athletics	37:17	58	564	Chloe Mitchell		Mmu Athletics	45:37
21	169	Louise Geldart		Stockport H&ac	37:22	59	279	Hannah Heron		Chorlton Runners	46:15
22	159	Becki Robinson		Salford H&ac	37:34	60	298	Adele Reynolds		Chorlton Runners	46:35
23	2016	\$Jennifer Sutton		Unattached	37:44	61	451	Alexa Goodjacomb		Manchester Triathlon	46:35
24	431	Daisy Pickles		Macclesfield H&ac	37:49	62	261	Suzette Crane		Chorlton Runners	46:52
25	476	Naomi Wright		Manchester Triathlon	37:50	63	262	Rachel Crossley		Chorlton Runners	47:28
26	55	Melanie Monks		Trafford AC	37:52	64	534	Sarah Mills		Swinton RC	47:32
27	572	Marianne Beevor		Stockport H&ac	38:00	65	201	Claire Tynan		Belle Vue Racers	47:49
28	297	Sarah Renshaw		Chorlton Runners	38:10	66	222	Claire Naylor		Manchester Frontrunners	47:52
29	156	Marie O'Brien		Salford H&ac	38:26	67	586	Ella Hughes		Manchester Triathlon	48:03
30	514	Kelly Ormsher		Manchester Ymca H	38:40	68	105	Samantha Blacow		Bramhall Runners	48:16
31	136	Jennifer Dixon		Middleton H AC	38:48	69	563	Anna Hugheslawson		Mmu Athletics	48:28
32	2014	\$Rowen Ratcliffe		Saddleworth Runners Club	38:59	70	205	Lauren Carr		Knutsford Tri Club	48:30
33	573	Amie Hughes		Stockport H&ac	39:10	71	422	Saranya Hasler		Macclesfield H&ac	48:56
34	357	Cara O'Brien		Sale H Manchester	39:16	72	510	Jill Guthrie		Manchester Ymca H	51:07
35	505	Hannah Brierley		Manchester Ymca H	39:19	73	513	Cesca Norris		Manchester Ymca H	51:37
36	552	Lily Woolcock		Manchester University	39:19	74	123	Clare Rayner		Bramhall Runners	53:19
37	202	Phoebe Walbank		Belle Vue Racers	39:21	75	199	Maeve O'Brien		Belle Vue Racers	55:02
38	28	Amy Longmore		Wilmslow RC	39:39						

Senior Women (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	558	Rachael Burns	L35	1 Liverpool H & AC	31:50	19	323	Sally Kaill	L35	19 Goyt Valley Striders	42:14
2	2005	\$Louisa PowellSmith	L35	2 Clayton Le Moors Harriers	32:04	20	192	Yana Anderton	L35	20 Belle Vue Racers	42:50
3	31	Diane McVey	L35	3 Wilmslow RC	32:17	21	352	Belinda Hammond	L35	21 Sale H Manchester	42:55
4	376	Kathy Wellam	L35	4 Sale H Manchester	36:12	22	104	Dee Beckett	L35	22 Bramhall Runners	43:11
5	391	Lora Blann	L35	5 Altrincham&district AC	36:19	23	164	Amy Barter	L35	23 Stockport H&ac	45:03
6	444	Rebecca Brand	L35	6 Manchester Triathlon	36:52	24	271	Sarah Gray	L35	24 Chorlton Runners	45:33
7	216	Jane Fletcher	L35	7 Manchester Frontrunners	37:05	25	69	Caroline Baba	L35	25 Manchester H&ac	46:15
8	71	Melanie Barber	L35	8 Manchester H&ac	38:23	26	231	Elizabeth Sargent	L35	26 Stockport Tri Club	46:31
9	533	Rebecca Mills	L35	9 Swinton RC	38:56	27	147	Isabell Richter	L35	27 Middleton H AC	47:25
10	14	Helen Whitby	L35	10 Vale Royal AC	39:08	28	580	Karen Wileman	L35	28 Stockport H&ac	48:32
11	375	Janneke VanBeijnum	L35	11 Sale H Manchester	39:23	29	148	Vicky Stainthorpe	L35	29 Middleton H AC	50:15
12	482	Carly Appleby	L35	12 Salford Met AC	39:52	30	218	Mel Johnson	L35	30 Manchester Frontrunners	51:26
13	117	Nicola Lloyd	L35	13 Bramhall Runners	41:03	31	540	Beata Knychala	L35	31 Winton Runners	51:57
14	390	Danielle Beard	L35	14 Altrincham&district AC	41:17	32	242	Carly Parkin	L35	32 Buxton AC	53:19
15	535	Helen Nation	L35	15 Swinton RC	41:34	33	461	Jennifer Lutton	L35	33 Manchester Triathlon	53:22
16	342	Franciska DeVries	L35	16 Sale H Manchester	41:38	34	191	Ruth Amin	L35	34 Belle Vue Racers	53:51
17	312	Alison Wainwright	L35	17 Chorlton Runners	41:41	35	571	Maia Tinaapi	L35	35 Middleton H AC	58:06
18	220	Selena Lockyer	L35	18 Manchester Frontrunners	41:58	36	280	Kate Hook	L35	36 Chorlton Runners	1:07:12
						37	311	Jennifer Turner	L35	37 Chorlton Runners	1:07:12

Senior Women (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time
1	179	Louise Rudd	L40	1 Stockport H&ac	32:22
2	499	Sarah Kearney	L40	2 Wirral AC	35:15
3	328	Helen Armitage	L40	3 Sale H Manchester	35:34
4	501	Anne Rosbottom	L40	4 Wirral AC	37:01
5	337	Anne Chinoy	L40	5 Sale H Manchester	37:05
6	22	Katy Green	L40	6 Wilmslow RC	37:16
7	531	Lauren Marsden	L40	7 Swinton RC	37:47
8	355	Clare McCarron	L40	8 Sale H Manchester	37:58
9	23	Louisa Harrison	L40	9 Wilmslow RC	38:02
10	383	Claire Murphy	L40	10 St Helens Tri	38:28
11	403	Janet Grint	L40	11 E Cheshire H&tameside AC	38:30
12	207	Kate Mills	L40	12 Knutsford Tri Club	38:54
13	46	Claire Chaffer	L40	13 Trafford AC	39:06
14	130	Emma Young	L40	14 Bramhall Runners	39:21
15	325	Julie Rundall	L40	15 Goyt Valley Striders	39:26
16	121	Jennie Pickard	L40	16 Bramhall Runners	39:37
17	87	Joanne Healy	L40	17 Dragons Rc Sale	40:21
18	88	Madeleine Hill	L40	18 Dragons Rc Sale	40:37
19	77	Gail Hebson	L40	19 Manchester H&ac	40:55
20	177	Ruth Murdoch	L40	20 Stockport H&ac	41:16
21	106	Catrin Cameron	L40	21 Bramhall Runners	41:53
22	211	A Anderson	L40	22 Knutsford Tri Club	41:54
23	405	Melanie Kay	L40	23 E Cheshire H&tameside AC	42:11
24	175	Sally Meats	L40	24 Stockport H&ac	42:22
25	206	Claire Hebblethwaite	L40	25 Knutsford Tri Club	43:31
26	307	Katie Syrett	L40	26 Chorlton Runners	45:13
27	327	Carolyn Whittle	L40	27 Goyt Valley Striders	45:23
28	539	Edtya Burgess	L40	28 Winston Runners	45:28
29	193	Lisa Donnelly	L40	29 Belle Vue Racers	45:29
30	485	Laura Mercer	L40	30 Salford Met AC	46:04
31	536	Sharen Roberts	L40	31 Swinton RC	46:29
32	73	Jackie Ellison	L40	32 Manchester H&ac	46:36
33	145	Beverley O'Neill	L40	33 Middleton H AC	48:14
34	248	Emma Banister	L40	34 Chorlton Runners	49:24
35	146	Susan Redfern	L40	35 Middleton H AC	49:40
36	241	C Newton	L40	36 Buxton AC	49:44
37	423	Rachel Heslop	L40	37 Macclesfield H&ac	50:17
38	384	Debra Rayment	L40	38 St Helens Tri	51:55
39	233	Charlie Aucott	L40	39 Buxton AC	51:56
40	300	Alexandra Roskell	L40	40 Chorlton Runners	55:30
41	277	Sara Henry	L40	41 Chorlton Runners	55:31
42	127	Clare Taylor	L40	42 Bramhall Runners	1:01:04

Senior Women (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time
1	11	Helen Smith	L45	1 Vale Royal AC	36:14
2	173	Jayne Lawton	L45	2 Stockport H&ac	37:23
3	49	Alison Drasdo	L45	3 Trafford AC	37:37
4	305	Stephanie Stevens	L45	4 Chorlton Runners	38:03
5	19	Janine Ellis	L45	5 Wilmslow RC	38:16
6	119	Vikki Murphy	L45	6 Bramhall Runners	39:04
7	356	Jan Nicholls	L45	7 Sale H Manchester	40:03
8	360	Helen Reagan	L45	8 Sale H Manchester	40:14
9	394	Fiona Cosgrove	L45	9 Altrincham&district AC	40:58
10	488	Theresa Shaw	L45	10 Salford Met AC	41:44
11	101	Rebecca Smith	L45	11 Glossopdale Harriers	41:50
12	2	Debbie Broad	L45	12 Vale Royal AC	42:24
13	107	V Chadwick	L45	13 Bramhall Runners	43:24
14	517	Rhona Barker	L45	14 Swinton RC	44:32
15	527	Andrea Harrison	L45	15 Swinton RC	44:45
16	483	Kate Fowles	L45	16 Salford Met AC	45:02
17	582	Estelle McGuire	L45	17 Stockport H&ac	45:26
18	200	Janet Shepherd	L45	18 Belle Vue Racers	45:49
19	37	Janet Wyles	L45	19 Wilmslow RC	45:58
20	144	Catherine Murphy	L45	20 Middleton H AC	46:28
21	382	Jennifer Miller	L45	21 St Helens Tri	46:53
22	419	Lynne Graves	L45	22 Macclesfield H&ac	46:55
23	195	Julia Foy	L45	23 Belle Vue Racers	47:10
24	332	Marinda Bredy	L45	24 Sale H Manchester	47:19
25	282	Karen Kain	L45	25 Chorlton Runners	48:24
26	301	Helen Sanderson	L45	26 Chorlton Runners	49:20
27	339	C Colquhoun	L45	27 Sale H Manchester	49:24
28	128	Jo Thomas	L45	28 Bramhall Runners	49:54
29	502	Paula Smith	L45	29 Wirral AC	50:10
30	518	Clare Batten	L45	30 Swinton RC	50:15
31	64	Elaine Helme	L45	31 Hyde Village Striders	51:37
32	108	Claire Coulby	L45	32 Bramhall Runners	52:24
33	126	Alison Sheedy	L45	33 Bramhall Runners	56:02
34	116	Melanie Li	L45	34 Bramhall Runners	56:28
35	236	Rachel Dowle	L45	35 Buxton AC	57:16
36	115	Nikki Knappet	L45	36 Bramhall Runners	1:01:01
37	479	Miranda Galloway	L45	37 Marple Runners	1:07:32

Senior Women (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time
1	574	Jackie Newton	L50	1 Stockport H&ac	37:41
2	395	Bev Ganose	L50	2 Altrincham&district AC	38:12
3	245	Tania Wilson	L50	3 Buxton AC	39:33
4	401	Alison Vesey	L50	4 Altrincham&district AC	41:51
5	496	Caroline Brophy	L50	5 Wirral AC	42:59
6	214	Kate Brennan	L50	6 Manchester Frontrunners	43:50
7	434	Hanny Stockman	L50	7 Macclesfield H&ac	43:52
8	95	Joanne Brack	L50	8 Glossopdale Harriers	44:21
9	380	Shirley Fox	L50	9 St Helens Tri	44:22
10	464	Gail O'Hare	L50	10 Manchester Triathlon	45:14
11	489	Mandy Webber	L50	11 Salford Met AC	46:45
12	113	Kathryn Holmes	L50	12 Bramhall Runners	47:38
13	103	Alyson Adams	L50	13 Bramhall Runners	47:46
14	368	Lucinda Summers	L50	14 Sale H Manchester	48:54
15	109	Julie Evans	L50	15 Bramhall Runners	50:43
16	125	Sian Segar	L50	16 Bramhall Runners	50:51
17	480	Clare Smith	L50	17 Marple Runners	1:05:02

Senior Women (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	341	Jackie Cordingley	L55	1 Sale H Manchester	38:33
2	1	Julie Annable	L55	2 Vale Royal AC	43:37
3	326	Tracy Vernon	L55	3 Goyt Valley Striders	45:38
4	581	Helen Fraser	L55	4 Stockport H&ac	47:55
5	143	Julie Jones	L55	5 Middleton H AC	48:58
6	114	Cath Jones	L55	6 Bramhall Runners	53:25
7	399	Maggie Jones	L55	7 Altrincham&district AC	54:01

Senior Women (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	398	Annmarie Jones	L60	1 Altrincham&district AC	38:01
2	407	Angela Oldham	L60	2 E Cheshire H&tameside AC	39:44
3	197	Annie Hirsch	L60	3 Belle Vue Racers	41:23
4	183	Helen Todd	L60	4 Stockport H&ac	41:30
5	50	Sue Exon	L60	5 Trafford AC	45:58
6	134	Fiona Bolton	L60	6 Middleton H AC	49:54
7	15	Carole Williams	L60	7 Vale Royal AC	54:54

Senior Women (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	167	Alexis Dinsmor	L65	1 Stockport H&ac	46:24
2	373	Margaret Trickey	L65	2 Sale H Manchester	47:40

Senior Women (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	137	Christine Eckersley	L70	1 Middleton H AC	51:38
2	385	Liz Spensley	L70	2 St Helens Tri	54:26

Manchester Area Cross Country League at Wythenshawe Park on Saturday 15th October 2016

Senior Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Club	Time
1	51	Jacqui Fairchild		Trafford AC	31:28	92	87 Joanne Healy	L40 17 Dragons Rc Sale	40:21
2	2011	\$Gemma Kersey		Basildon Aac	31:29	93	459 Naomi Kellett	Manchester Triathlon	40:30
3	344	Danielle Fegan		Sale H Manchester	31:32	94	88 Madeleine Hill	L40 18 Dragons Rc Sale	40:37
4	558	Rachael Burns	L35 1	Liverpool H & AC	31:50	95	445 [n/c] Hannah Bruce	Manchester Triathlon	40:43
5	2005	\$Louisa PowellSmith	L35 2	Clayton Le Moors Harriers	32:04	96	63 Samantha Hartley	Hyde Village Striders	40:49
6	189	Mollie Williams	L20 1	Stockport H&c	32:09	97	77 Gail Hebson	L40 19 Manchester H&c	40:55
7	31	Diane McVey	L35 3	Wilmslow RC	32:17	98	394 Fiona Cosgrove	L45 9 Altrincham&district AC	40:58
8	179	Louise Rudd	L40 1	Stockport H&c	32:22	99	117 Nicola Lloyd	L35 13 Bramhall Runners	41:03
9	187	Katy Whiteoak	L20 2	Stockport H&c	32:36	100	583 Anneka Sanders	Salford H&c	41:05
10	569	Hannah Griffiths		Stockport H&c	32:49	101	318 Anna Aspinall	Goyt Valley Striders	41:07
11	44	Emily Beedham		Trafford AC	32:54	102	177 Ruth Murdoch	L40 20 Stockport H&c	41:16
12	153	Ruth Jones	L20 3	Salford H&c	33:09	103	390 Danielle Beard	L35 14 Altrincham&district AC	41:17
13	47	Vicki Cronin		Trafford AC	33:41	104	197 Annie Hirsch	L60 3 Belle Vue Racers	41:23
14	400	Sarah Mackness		Altrincham&district AC	34:05	105	183 Helen Todd	L60 4 Stockport H&c	41:30
15	454	Rachel Hall		Manchester Triathlon	34:10	106	458 Helen Jaques	Manchester Triathlon	41:33
16	343	Sarah Douglas		Sale H Manchester	34:38	107	535 Helen Nation	L35 15 Swinton RC	41:34
17	359	Aimee Pratt	L20 4	Sale H Manchester	34:40	108	509 Jenny Gorman	Manchester Ymca H	41:35
18	547	Anna Mackenzie		Manchester University	34:41	109	342 Francisca DeVries	L35 16 Sale H Manchester	41:38
19	48	Beth Donnelly	L20 5	Trafford AC	34:47	110	312 Alison Wainwright	L35 17 Chorlton Runners	41:41
20	471	Louise Walker		Manchester Triathlon	34:52	111	488 Theresa Shaw	L45 10 Salford Met AC	41:44
21	440	Louisa Whittingham	L20 6	Macclesfield H&c	34:55	112	124 Helen Rennie	Bramhall Runners	41:46
22	542	Georgia Baynes		Manchester University	35:02	113	101 Rebecca Smith	L45 11 Glossopdale Harriers	41:50
23	98	Kirsty Johnson		Glossopdale Harriers	35:04	114	401 Alison Vesey	L50 4 Altrincham&district AC	41:51
24	469	Sarah Saxton		Manchester Triathlon	35:10	115	106 Catrin Cameron	L40 21 Bramhall Runners	41:53
25	499	Sarah Kearney	L40 2	Wirral AC	35:15	116	211 A AndersonHolton	L40 22 Knutsford Tri Club	41:54
26	328	Helen Armitage	L40 3	Sale H Manchester	35:34	117	220 Selena Lockyer	L35 18 Manchester Frontrunners	41:58
27	541	Bethany Ansell		Manchester University	36:05	118	2003\$Nicole Humphreys	Conleton H & C	42:03
28	404	Bethany Hirst		E Cheshire H&tameside AC	36:09	119	405 Melanie Kay	L40 23 E Cheshire H&tameside AC	42:11
29	376	Kathy Wellam	L35 4	Sale H Manchester	36:12	120	323 Sally Kaill	L35 19 Goyt Valley Striders	42:14
30	208	Helen Murray		Knutsford Tri Club	36:12	121	175 Sally Meats	L40 24 Stockport H&c	42:22
31	11	Helen Smith	L45 1	Vale Royal AC	36:14	122	2 Debbie Broad	L45 12 Vale Royal AC	42:24
32	391	Lora Blann	L35 5	Altrincham&district AC	36:19	123	267 Vicki Fergusson	Chorlton Runners	42:47
33	152	Sarah Carroll		Salford H&c	36:42	124	575 Imogen Nutter	Stockport H&c	42:50
34	45	Cauley Amy Rose		Trafford AC	36:44	125	192 Yana Anderton	L35 20 Belle Vue Racers	42:50
35	444	Rebecca Brand	L35 6	Manchester Triathlon	36:52	126	352 Belinda Hammond	L35 21 Sale H Manchester	42:55
36	501	Anne Rosbottom	L40 4	Wirral AC	37:01	127	377 Samantha Wheeler	Sale H Manchester	42:55
37	216	Jane Fletcher	L35 7	Manchester Frontrunners	37:05	128	496 Caroline Brophy	L50 5 Wirral AC	42:59
38	337	Anne Chinoy	L40 5	Sale H Manchester	37:05	129	104 Dee Beckett	L35 22 Bramhall Runners	43:11
39	22	Katy Green	L40 6	Wilmslow RC	37:16	130	107 V Chadwickdunbar	L45 13 Bramhall Runners	43:24
40	561	Freya Burgess		Mmu Athletics	37:17	131	206 Claire Hebblethwaite	L40 25 Knutsford Tri Club	43:31
41	169	Louise Geldart		Stockport H&c	37:22	132	1 Julie Annable	L55 2 Vale Royal AC	43:37
42	173	Jayne Lawton	L45 2	Stockport H&c	37:23	133	214 Kate Brennan	L50 6 Manchester Frontrunners	43:50
43	159	Becki Robinson		Salford H&c	37:34	134	434 Hanny Stockman	L50 7 Macclesfield H&c	43:52
44	49	Alison Drasdo	L45 3	Trafford AC	37:37	135	555 Hannah Stroud	L20 8 Manchester University	43:52
45	574	Jackie Newton	L50 1	Stockport H&c	37:41	136	557 Izzy Wignao	L20 9 Manchester University	43:54
46	2016	\$Jennifer Sutton		Unattached	37:44	137	95 Joanne Brack	L50 8 Glossopdale Harriers	44:21
47	531	Lauren Marsden	L40 7	Swinton RC	37:47	138	380 Shirley Fox	L50 9 St Helens Tri	44:22
48	431	Daisy Pickles		Macclesfield H&c	37:49	139	240 Annabelle Mottram	Buxton AC	44:27
49	476	Naomi Wright		Manchester Triathlon	37:50	140	556 Mira Torres	Manchester University	44:28
50	55	Melanie Monks		Trafford AC	37:52	141	517 Rhona Barker	L45 14 Swinton RC	44:32
51	355	Clare McCarron	L40 8	Sale H Manchester	37:58	142	527 Andrea Harrison	L45 15 Swinton RC	44:45
52	572	Marianne Beevor		Stockport H&c	38:00	143	470 Alex Smith	Manchester Triathlon	45:00
53	398	Annamarie Jones	L60 1	Altrincham&district AC	38:01	144	483 Kate Fowles	L45 16 Salford Met AC	45:02
54	23	Louisa Harrison	L40 9	Wilmslow RC	38:02	145	164 Amy Barter	L35 23 Stockport H&c	45:03
55	305	Stephanie Stevens	L45 4	Chorlton Runners	38:03	146	307 Katie Syrett	L40 26 Chorlton Runners	45:13
56	297	Sarah Renshaw		Chorlton Runners	38:10	147	464 Gail O'Hare	L50 10 Manchester Triathlon	45:14
57	395	Bev Ganose	L50 2	Altrincham&district AC	38:12	148	327 Carolyn Whittle	L40 27 Goyt Valley Striders	45:23
58	19	Janine Ellis	L45 5	Wilmslow RC	38:16	149	582 Estelle McGuire	L45 17 Stockport H&c	45:26
59	71	Melanie Barber	L35 8	Manchester H&c	38:23	150	539 Edtys Burgess	L40 28 Winston Runners	45:28
60	156	Marie O'Brien		Salford H&c	38:26	151	193 Lisa Donnelly	L40 29 Belle Vue Racers	45:29
61	383	Claire Murphy	L40 10	St Helens Tri	38:28	152	271 Sarah Gray	L35 24 Chorlton Runners	45:33
62	403	Janet Grint	L40 11	E Cheshire H&tameside AC	38:30	153	564 Chloe Mitchell	Mmu Athletics	45:37
63	341	Jackie Cordingley	L55 1	Sale H Manchester	38:33	154	326 Tracy Vernon	L55 3 Goyt Valley Striders	45:38
64	514	Kelly Ormesher		Manchester Ymca H	38:40	155	200 Janet Shepherd	L45 18 Belle Vue Racers	45:49
65	136	Jennifer Dixon		Middleton H AC	38:48	156	50 Sue Exon	L60 5 Trafford AC	45:58
66	207	Kate Mills	L40 12	Knutsford Tri Club	38:54	157	37 Janet Wyles	L45 19 Wilmslow RC	45:58
67	533	Rebecca Mills	L35 9	Swinton RC	38:56	158	485 Laura Mercer	L40 30 Salford Met AC	46:04
68	2014	\$Rowen Ratcliffe		Saddleworth Runners Club	38:59	159	69 Caroline Baba	L35 25 Manchester H&c	46:15
69	119	Vikki Murphy	L45 6	Bramhall Runners	39:04	160	279 Hannah Heron	Chorlton Runners	46:15
70	46	Claire Chaffer	L40 13	Trafford AC	39:06	161	167 Alexis Dinsmor	L65 1 Stockport H&c	46:24
71	14	Helen Whitby	L35 10	Vale Royal AC	39:08	162	144 Catherine Murphy	L45 20 Middleton H AC	46:28
72	573	Amie Hughes		Stockport H&c	39:10	163	536 Sharen Roberts	L40 31 Swinton RC	46:29
73	357	Cara O'Brien		Sale H Manchester	39:16	164	231 Elizabeth Sargent	L35 26 Stockport Tri Club	46:31
74	505	Hannah Brierley		Manchester Ymca H	39:19	165	298 Adele Reynolds	Chorlton Runners	46:35
75	552	Lily Woolcock		Manchester University	39:19	166	451 Alexa Goodjacob	Manchester Triathlon	46:35
76	202	Phoebe Walbank		Belle Vue Racers	39:21	167	73 Jackie Ellison	L40 32 Manchester H&c	46:36
77	130	Emma Young	L40 14	Bramhall Runners	39:21	168	489 Mandy Webber	L50 11 Salford Met AC	46:45
78	375	Janneke VanBeijnum	L35 11	Sale H Manchester	39:23	169	261 Suzette Crane	Chorlton Runners	46:52
79	325	Julie Rundall	L40 15	Goyt Valley Striders	39:26	170	382 Jennifer Miller	L45 21 St Helens Tri	46:53
80	245	Tania Wilson	L50 3	Buxton AC	39:33	171	419 Lynne Graves	L45 22 Macclesfield H&c	46:55
81	121	Jennie Pickard	L40 16	Bramhall Runners	39:37	172	195 Julia Foy	L45 23 Belle Vue Racers	47:10
82	28	Amy Longmore		Wilmslow RC	39:39	173	332 Marinda Breddy	L45 24 Sale H Manchester	47:19
83	407	Angela Oldham	L60 2	E Cheshire H&tameside AC	39:44	174	147 Isabell Richter	L35 27 Middleton H AC	47:25
84	333	Alice Bruce	L20 7	Sale H Manchester	39:47	175	262 Rachel Crossley	Chorlton Runners	47:28
85	482	Carly Appleby	L35 12	Salford Met AC	39:52	176	534 Sarah Mills	Swinton RC	47:32
86	250	Leona Beaumont		Chorlton Runners	39:59	177	113 Kathryn Holmes	L50 12 Bramhall Runners	47:38
87	584	Ruth Lindley		Manchester University	40:00	178	373 Margaret Trickey	L65 2 Sale H Manchester	47:40
88	293	Lorraine Pang		Chorlton Runners	40:01	179	103 Alyson Adams	L50 13 Bramhall Runners	47:46
89	356	Jan Nicholls	L45 7	Sale H Manchester	40:03	180	201 Claire Tynan	Belle Vue Racers	47:49
90	360	Helen Reagan	L45 8	Sale H Manchester	40:14	181	222 Claire Naylor	Manchester Frontrunners	47:52
91	425	Emma Mason		Macclesfield H&c	40:19	182	581 Helen Fraser	L55 4 Stockport H&c	47:55

183	586 Ella Hughes		Manchester Triathlon	48:03	211 384 Debra Rayment	L40 38	St Helens Tri	51:55
184	145 Beverley O'Neill	L40 33	Middleton H AC	48:14	212 233 Charlie Aucott	L40 39	Buxton AC	51:56
185	105 Samantha Blacow		Bramhall Runners	48:16	213 540 Beata Knychala	L35 31	Winston Runners	51:57
186	282 Karen Kain	L45 25	Chorlton Runners	48:24	214 585 Ellen McMahon	L20 10	Manchester University	52:24
187	563 Anna Hugheslawson		Mmu Athletics	48:28	215 108 Claire Coulby	L45 32	Bramhall Runners	52:24
188	205 Lauren Carr		Knutsford Tri Club	48:30	216 570 Rosie Davis	L20 11	Manchester University	52:25
189	580 Karen Wileman	L35 28	Stockport H&ac	48:32	217 123 Clare Rayner		Bramhall Runners	53:19
190	368 Lucinda Summers	L50 14	Sale H Manchester	48:54	218 242 Carly Parkin	L35 32	Buxton AC	53:19
191	422 Saranya Hasler		Macclesfield H&ac	48:56	219 461 Jennifer Lutton	L35 33	Manchester Triathlon	53:22
192	143 Julie Jones	L55 5	Middleton H AC	48:58	220 114 Cath Jones	L55 6	Bramhall Runners	53:25
193	301 Helen Sanderson	L45 26	Chorlton Runners	49:20	221 191 Ruth Amin	L35 34	Belle Vue Racers	53:51
194	248 Emma Banister	L40 34	Chorlton Runners	49:24	222 399 Maggie Jones	L55 7	Altrincham&district AC	54:01
195	339 C Colquhounlynn	L45 27	Sale H Manchester	49:24	223 385 Liz Spensley	L70 2	St Helens Tri	54:26
196	146 Susan Redfern	L40 35	Middleton H AC	49:40	224 15 Carole Williams	L60 7	Vale Royal AC	54:54
197	241 C Newtonphillips	L40 36	Buxton AC	49:44	225 199 Maeve O'Brien		Belle Vue Racers	55:02
198	134 Fiona Bolton	L60 6	Middleton H AC	49:54	226 300 Alexandra Roskell	L40 40	Chorlton Runners	55:30
199	128 Jo Thomas	L45 28	Bramhall Runners	49:54	227 277 Sara Henry	L40 41	Chorlton Runners	55:31
200	502 Paula Smith	L45 29	Wirral AC	50:10	228 126 Alison Sheedy	L45 33	Bramhall Runners	56:02
201	148 Vicky Stainthorpe	L35 29	Middleton H AC	50:15	229 116 Melanie Li	L45 34	Bramhall Runners	56:28
202	518 Clare Batten	L45 30	Swinton RC	50:15	230 236 Rachel Dowle	L45 35	Buxton AC	57:16
203	423 Rachel Heslop	L40 37	Macclesfield H&ac	50:17	231 571 Maia Tinaapi	L35 35	Middleton H AC	58:06
204	109 Julie Evans	L50 15	Bramhall Runners	50:43	232 115 Nikki Knappet	L45 36	Bramhall Runners	1:01:01
205	125 Sian Segar	L50 16	Bramhall Runners	50:51	233 127 Clare Taylor	L40 42	Bramhall Runners	1:01:04
206	510 Jill Guthrie		Manchester Ymca H	51:07	234 480 Clare Smith	L50 17	Marple Runners	1:05:02
207	218 Mel Johnson	L35 30	Manchester Frontrunners	51:26	235 280 Kate Hook	L35 36	Chorlton Runners	1:07:12
208	513 Cesca Norris		Manchester Ymca H	51:37	236 311 Jennifer Turner	L35 37	Chorlton Runners	1:07:12
209	64 Elaine Helme	L45 31	Hyde Village Striders	51:37	237 479 Miranda Galloway	L45 37	Marple Runners	1:07:32
210	137 Christine Eckersley	L70 1	Middleton H AC	51:38				

Senior Women — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Stockport H&ac	25	—	4	Mollie Williams	6	Louise Rudd	7	Katy Whiteoak	8	Hannah Griffiths
2	Trafford AC	38	—	1	Jacqui Fairchild	9	Emily Beedham	11	Vicki Cronin	17	Beth Donnelly
3	Sale H Manchester	55	—	2	Danielle Fegan	14	Sarah Douglas	15	Aimee Pratt	24	Helen Armitage
4	Manchester Triathlon	86	—	13	Rachel Hall	18	Louise Walker	22	Sarah Saxton	33	Rebecca Brand
5	Manchester University	132	—	16	Anna Mackenzie	20	Georgia Baynes	25	Bethany Ansell	71	Lily Woolcock
6	Salford H&ac	139	—	10	Ruth Jones	31	Sarah Carroll	41	Becki Robinson	57	Marie O'Brien
7	Altrincham&district AC	146	—	12	Sarah Mackness	30	Lora Blann	50	Annamarie Jones	54	Bev Ganose
8	Wilmslow RC	148	—	5	Diane McVey	37	Katy Green	51	Louisa Harrison	55	Janine Ellis
9	Stockport H&ac	171	—	39	Louise Geldart	40	Jayne Lawton	43	Jackie Newton	49	Marianne Beevor
10	Sale H Manchester	171	—	27	Kathy Wellam	36	Anne Chinoy	48	Clare McCarron	60	Jackie Cordingley
11	Trafford AC	187	—	32	Cauley Amy Rose	42	Alison Drasdo	47	Melanie Monks	66	Claire Chaffer
12	Chorlton Runners	271	—	52	Stephanie Stevens	53	Sarah Renshaw	82	Leona Beaumont	84	Lorraine Pang
13	E Cheshire H&tameside AC	278	—	26	Bethany Hirst	59	Janet Grint	79	Angela Oldham	114	Melanie Kay
14	Macclesfield H&ac	280	—	19	Louisa Whittingham	45	Daisy Pickles	87	Emma Mason	129	Hanny Stockman
15	Sale H Manchester	308	—	69	Cara O'Brien	74	Janneke Van Beijnum	80	Alice Bruce	85	Jan Nicholls
16	Bramhall Runners	310	—	65	Vikki Murphy	73	Emma Young	77	Jennie Pickard	95	Nicola Lloyd
17	Manchester Triathlon	328	—	46	Naomi Wright	89	Naomi Kellett	91	[n/c] Hannah Bruce	102	Helen Jaques
18	Knutsford Tri Club	329	—	28	Helen Murray	63	Kate Mills	112	A Anderson	126	Claire Hebblethwaite
19	Vale Royal AC	340	—	29	Helen Smith	67	Helen Whitby	117	Debbie Broad	127	Julie Annable
20	Swinton RC	347	—	44	Lauren Marsden	64	Rebecca Mills	103	Helen Nation	136	Rhona Barker
21	Wirral AC	375	—	23	Sarah Kearney	34	Anne Rosbottom	123	Caroline Brophy	195	Paula Smith
22	Stockport H&ac	383	—	68	Amie Hughes	98	Ruth Murdoch	101	Helen Todd	116	Sally Meats
23	Goyt Valley Striders	430	—	75	Julie Rundall	97	Anna Aspinall	115	Sally Kail	143	Carolyn Whittle
24	Sale H Manchester	434	—	86	Helen Reagan	105	Franciska DeVries	121	Belinda Hammond	122	Samantha Wheeler
25	Manchester Ymca H	436	—	61	Kelly Ormesher	70	Hannah Brierley	104	Jenny Gorman	201	Jill Guthrie
26	Belle Vue Racers	438	—	72	Phoebe Walbank	100	Annie Hirsch	120	Yana Anderton	146	Lisa Donnelly
27	Manchester Frontrunners	452	—	35	Jane Fletcher	113	Selena Lockyer	128	Kate Brennan	176	Claire Naylor
28	Manchester H&ac	465	—	56	Melanie Barber	93	Gail Hebson	154	Caroline Baba	162	Jackie Ellison
29	Bramhall Runners	468	—	108	Helen Rennie	111	Catrin Cameron	124	Dee Beckett	125	V Chadwickdunbar
30	Manchester University	479	—	83	Ruth Lindley	130	Hannah Stroud	131	Izzy Wignao	135	Mira Torres
31	Salford Met AC	480	—	81	Carly Appleby	107	Theresa Shaw	139	Kate Fowles	153	Laura Mercer
32	Chorlton Runners	512	—	106	Alison Wainwright	118	Vicki Fergusson	141	Katie Syrett	147	Sarah Gray
33	Altrincham&district AC	520	—	94	Fiona Cosgrove	99	Danielle Beard	110	Alison Vesey	217	Maggie Jones
34	Stockport H&ac	559	—	119	Imogen Nutter	140	Amy Barter	144	Estelle McGuire	156	Alexis Dinsmor
35	St Helens Tri	562	—	58	Claire Murphy	133	Shirley Fox	165	Jennifer Miller	206	Debra Rayment
36	Middleton H AC	567	—	62	Jennifer Dixon	157	Catherine Murphy	169	Isabell Richter	179	Beverley O'Neill
37	Buxton AC	609	—	76	Tania Wilson	134	Annabelle Mottram	192	C Newtonphillips	207	Charlie Aucott
38	Manchester Triathlon	619	—	138	Alex Smith	142	Gail O'Hare	161	Alexa Goodjacomb	178	Ella Hughes
39	Chorlton Runners	649	—	155	Hannah Heron	160	Adele Reynolds	164	Suzette Crane	170	Rachel Crossley
40	Swinton RC	663	—	137	Andrea Harrison	158	Sharen Roberts	171	Sarah Mills	197	Clare Batten
41	Belle Vue Racers	708	—	150	Janet Shepherd	167	Julia Foy	175	Claire Tynan	216	Ruth Amin
42	Sale H Manchester	716	—	168	Marinda Breddy	173	Margaret Trickey	185	Lucinda Summers	190	C Colquhounlynn
43	Bramhall Runners	720	—	172	Kathryn Holmes	174	Alyson Adams	180	Samantha Blacow	194	Jo Thomas
44	Middleton H AC	767	—	187	Julie Jones	191	Susan Redfern	193	Fiona Bolton	196	Vicky Stainthorpe
45	Chorlton Runners	779	—	181	Karen Kain	188	Helen Sanderson	189	Emma Banister	221	Alexandra Roskell
46	Bramhall Runners	821	—	199	Julie Evans	200	Sian Segar	210	Claire Coulby	212	Clare Rayner
47	Bramhall Runners	889	—	215	Cath Jones	223	Alison Sheedy	224	Melanie Li	227	Nikki Knappet

Senior Women aged 17 to 19 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Manchester University 27 — 8 Hannah Stroud 9 Izzy Wignao 10 EllenMcMahon

Senior Women (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sale H Manchester	23 — 5 Helen Armitage	6 Kathy Wellam	12 Anne Chinoy
2 Stockport H&ac	33 — 3 Louise Rudd	14 Jayne Lawton	16 Jackie Newton
3 Wilmslow RC	35 — 2 Diane McVey	13 Katy Green	20 Louisa Harrison
4 Altrincham&district AC	49 — 8 Lora Blann	19 Annmarie Jones	22 Bev Ganose
5 Sale H Manchester 'B'	79 — 18 Clare McCarron	27 Jackie Cordingley	34 Janneke VanBeijnum
6 Wirral AC	80 — 4 Sarah Kearney	10 Anne Rosbottom	66 Caroline Brophy
7 Swinton RC	97 — 17 Lauren Marsden	29 Rebecca Mills	51 Helen Nation
8 Bramhall Runners	100 — 30 Vikki Murphy	33 Emma Young	37 Jennie Pickard
9 Vale Royal AC	102 — 7 Helen Smith	32 Helen Whitby	63 Debbie Broad
10 E Cheshire H&tameside AC	124 — 26 Janet Grint	38 Angela Oldham	60 Melanie Kay
11 Sale H Manchester 'C'	133 — 40 Jan Nicholls	41 Helen Reagan	52 Franciska DeVries
12 Trafford AC	134 — 15 Alison Drasdo	31 Claire Chaffer	88 Sue Exon
13 Manchester Frontrunners	141 — 11 Jane Fletcher	59 Selena Lockyer	71 Kate Brennan
14 Altrincham&district AC 'B'	149 — 45 Fiona Cosgrove	48 Danielle Beard	56 Alison Vesey
15 Chorlton Runners	153 — 21 Stephanie Stevens	53 Alison Wainwright	79 Katie Syrett
16 Knutsford Tri Club	155 — 28 Kate Mills	58 A AndersonHolton	69 Claire Hebblethwaite
17 Stockport H&ac 'B'	159 — 47 Ruth Murdoch	50 Helen Todd	62 Sally Meats
18 Manchester H&ac	159 — 24 Melanie Barber	44 Gail Hebson	91 Caroline Baba
19 Bramhall Runners 'B'	170 — 46 Nicola Lloyd	57 Catrin Cameron	67 Dee Beckett
20 Salford Met AC	170 — 39 Carly Appleby	54 Theresa Shaw	77 Kate Fowles
21 Goyt Valley Striders	177 — 35 Julie Rundall	61 Sally Kaill	81 Carolyn Whittle
22 Belle Vue Racers	197 — 49 Annie Hirsch	64 Yana Anderton	84 Lisa Donnelly
23 St Helens Tri	197 — 25 Claire Murphy	74 Shirley Fox	98 Jennifer Miller
24 Manchester Triathlon	222 — 9 Rebecca Brand	80 Gail O'Hare	133 Jennifer Lutton
25 Swinton RC 'B'	245 — 75 Rhona Barker	76 Andrea Harrison	94 Sharen Roberts
26 Stockport H&ac 'C'	252 — 78 Amy Barter	82 Estelle McGuire	92 Alexis Dinsmor
27 Sale H Manchester 'D'	270 — 65 Belinda Hammond	101 Marinda Breddy	104 Margaret Trickey
28 Bramhall Runners 'C'	276 — 68 V Chadwickdunbar	103 Kathryn Holmes	105 Alyson Adams
29 Buxton AC	281 — 36 Tania Wilson	116 C Newtonphillips	129 Charlie Aucott
30 Macclesfield H&ac	293 — 72 Hanny Stockman	99 Lynne Graves	122 Rachel Heslop
31 Middleton H AC	302 — 93 Catherine Murphy	102 Isabell Richter	107 Beverley O'Neill
32 Chorlton Runners 'B'	305 — 85 Sarah Gray	108 Karen Kain	112 Helen Sanderson
33 Belle Vue Racers 'B'	322 — 87 Janet Shepherd	100 Julia Foy	135 Ruth Amin
34 Middleton H AC 'B'	343 — 111 Julie Jones	115 Susan Redfern	117 Fiona Bolton
35 Bramhall Runners 'D'	365 — 118 Jo Thomas	123 Julie Evans	124 Sian Segar
36 Middleton H AC 'C'	391 — 120 Vicky Stainthorpe	127 Christine Eckersley	144 Maia Tinaapi
37 Chorlton Runners 'C'	392 — 113 Emma Banister	139 Alexandra Roskell	140 Sara Henry
38 Bramhall Runners 'E'	406 — 131 Claire Coulby	134 Cath Jones	141 Alison Sheedy
39 Bramhall Runners 'F'	433 — 142 Melanie Li	145 Nikki Knappet	146 Claire Taylor

Manchester Area Cross Country League at Wythenshawe Park on Saturday 15th October 2016

Senior Men aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	893	Matthew Sheen	U20	1 Vale Royal AC	33:41	10	565	Brad Thornton	U20 10	Sale H Manchester	38:57
2	119	Danny Lawton	U20	2 Trafford AC	34:23	11	642	George Lewis	U20 11	E Cheshire H&tameside AC	39:22
3	136	Nathan Townsend	U20	3 Trafford AC	34:58	12	912	Laurence Skidmore	U20 12	Manchester University	39:46
4	885	Jake Spilsbury	U20	4 Sale H Manchester	35:20	13	891	Edward Broadberry	U20 13	Manchester University	40:21
5	839	Joseph Howe	U20	5 Manchester University	36:05	14	658	Allen Bunyan	U20 14	Macclesfield H&ac	40:28
6	870	William Rawson	U20	6 Mmu H	36:33	15	160	Charlie Johnson	U20 15	Manchester H&ac	40:45
7	846	Michael Melarkey	U20	7 Manchester University	37:01	16	919	Michael Quin	U20 16	Stockport H&ac	41:56
8	907	George Cooke	U20	8 Stockport H&ac	37:28	17	854	Charlie McVickers	U20 17	Manchester University	43:33
9	107	Seamus Bradbury	U20	9 Trafford AC	38:42	18	892	Jacob Mason	U20 18	Manchester University	47:29

Senior Men aged 20 to 39

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	318	Jack Morris		Stockport H&ac	31:58	73	58	Allan McCormick		Wilmslow RC	41:03
2	648	Joe Steward		E Cheshire H&tameside AC	32:07	74	533	Damien Jones		Sale H Manchester	41:18
3	316	Jack Martin		Stockport H&ac	32:10	75	913	Rupert Liddington		Sale H Manchester	41:20
4	861	Daniel Cliffe		Liverpool H&ac	32:47	76	857	Alfonso Leone		Trafford AC	41:22
5	860	John Ashcroft		Liverpool H&ac	32:56	77	343	Victor Walsh		Belle Vue Racers	41:28
6	542	Nigel Martin		Sale H Manchester	34:17	78	263	Chris Dawson		Salford H&ac	41:29
7	251	Will Beauchamp		Salford H&ac	34:32	79	762	Paul Connolly		Salford Met AC	41:34
8	535	Daniel Kashi		Sale H Manchester	34:34	80	197	Phil Evans		Bramhall Runners	41:38
9	470	James Savage		Chorlton Runners	34:40	81	663	Robert Hasler		Macclesfield H&ac	41:46
10	880	Liam Renton		Sale H Manchester	34:51	82	503	Paul Barrett		Sale H Manchester	41:50
11	325	J Scott-Bucleuch		Stockport H&ac	34:51	83	237	John Humphreys		Middleton H AC	42:02
12	710	Alex Lawton		Manchester Triathlon	34:57	84	738	San Tou		Manchester Triathlon	42:19
13	849	Adam Sciacca		Manchester University	35:01	85	491	Thomas Jackson		Goyt Valley Striders	42:23
14	114	Andile Hlebo		Trafford AC	35:08	86	613	Richard Jellyman		Altrincham&district AC	42:25
15	622	David Norman		Altrincham&district AC	35:15	87	928	Ian Heppburn		Horwich Rmi	42:48
16	256	Simon Bruton		Salford H&ac	35:33	88	480	Neal Wainwright		Chorlton Runners	42:48
17	1	Richard McGeachie		Halton&frodsham	35:45	89	352	John Goggins		Knutsford Tri Club	42:55
18	888	James Wignall		Sale H Manchester	35:47	90	165	Sheikh Noreyne		Manchester H&ac	42:55
19	696	Lewis Eccleston		Manchester Triathlon	35:48	91	369	Thomas Blackburn		Manchester Frontrunners	42:57
20	873	Nicholas Barry		Sale H Manchester	35:51	92	484	Steven Welch		Chorlton Runners	43:06
21	100	Simon Pymm		Horwich Rmi	36:07	93	191	Richard Adams		Bramhall Runners	43:18
22	626	Jonathan Powell		Altrincham&district AC	36:11	94	338	Meng Tang		Belle Vue Racers	43:21
23	507	Alex Bradford		Sale H Manchester	36:20	95	616	Paul Johnston		Altrincham&district AC	43:24
24	838	Callum Hanson		Manchester University	36:24	96	728	Russell Robert		Manchester Triathlon	43:29
25	851	Robert Vallance		Manchester University	36:38	97	729	Peter Rought		Manchester Triathlon	43:58
26	126	Simon O'Meara		Trafford AC	36:59	98	597	Mark Simpson		Warrington Tri Club	43:59
27	541	David Marsh		Sale H Manchester	37:23	99	511	David Connolly		Sale H Manchester	44:08
28	906	Nat Winfield		Buxton AC	37:29	100	898	John Roper		Stockport H&ac	44:25
29	534	Rob Jowett		Sale H Manchester	37:31	101	193	Adam Bird		Bramhall Runners	44:27
30	924	Jack Green		Warrington AC	37:34	102	388	Kevin McMenemy		Manchester Frontrunners	44:33
31	608	Ryan Ganose		Altrincham&district AC	37:38	103	261	Paul Creighton		Salford H&ac	44:34
32	443	Ben Hobson		Chorlton Runners	37:38	104	453	James Kermode		Chorlton Runners	44:36
33	430	Tim Fletcher		Chorlton Runners	37:48	105	377	Peter Greatbanks		Manchester Frontrunners	44:44
34	239	Ryan Lindsay		Middleton H AC	37:49	106	168	Richard Skay		Manchester H&ac	44:53
35	733	Jack Smisjaert		Manchester Triathlon	37:56	107	260	Jeremy Cosway		Salford H&ac	44:58
36	916	Stephen Crook		Stockport H&ac	38:04	108	347	Luke Ainsworth		Knutsford Tri Club	45:05
37	910	Joseph Hudak		E Cheshire H&tameside AC	38:07	109	400	Carl Acton		Stockport Tri Club	45:13
38	457	F Macdonald-Oulds		Chorlton Runners	38:08	110	925	Nicholas Brown		Trafford AC	45:18
39	49	Paul Hawkins		Wilmslow RC	38:17	111	267	Tom Hall		Salford H&ac	45:32
40	635	Gavin Browne		E Cheshire H&tameside AC	38:22	112	765	Michael Lim		Salford Met AC	45:58
41	303	Phil Burns		Stockport H&ac	38:31	113	856	Mathew Taskin		Manchester University	46:00
42	475	Jamie Stewart		Chorlton Runners	38:35	114	166	Andrew Parsonage		Manchester H&ac	46:00
43	115	Graham Hogg		Trafford AC	38:36	115	528	Duane Gaunt		Sale H Manchester	46:15
44	383	Rik Keating		Manchester Frontrunners	38:38	116	401	Steve Alcock		Stockport Tri Club	46:18
45	731	Aaron Saxton		Manchester Triathlon	39:05	117	592	Will Austin		Warrington Tri Club	46:21
46	595	Dan Harbridge		Warrington Tri Club	39:08	118	815	Martin O'Dwyer		Swinton RC	46:26
47	852	Phil Ellison		St Helens Tri	39:25	119	434	Ross Giles		Chorlton Runners	46:42
48	654	Chris Bentley		Macclesfield H&ac	39:31	120	339	Andrew Taylor		Belle Vue Racers	46:45
49	929	Matt Berry		Trafford AC	39:36	121	411	Paul Wardman		Buxton AC	46:46
50	685	Andy Adkin		Manchester Triathlon	39:39	122	140	Jamie Briggs		Hyde Village Striders	47:15
51	684	Scott Wilson		Macclesfield H&ac	39:40	123	153	Darren Cooper		Manchester H&ac	47:21
52	374	Martin Dunn		Manchester Frontrunners	39:40	124	2007	Andrew Stevenson		Unattached	47:26
53	518	Richard Edwards		Sale H Manchester	39:43	125	446	Etienne Humphries		Chorlton Runners	48:13
54	842	Dowan Kwon		Manchester University	39:44	126	548	John Morris		Sale H Manchester	48:27
55	697	Dean Evans		Manchester Triathlon	39:45	127	2020	Martin Terrill		Unattached	48:27
56	550	Peter O'Neill		Sale H Manchester	39:48	128	353	Ewan Holton		Knutsford Tri Club	48:30
57	530	Steve Henderson		Sale H Manchester	39:59	129	725	David Rees		Manchester Triathlon	48:37
58	721	Tom Pickering		Manchester Triathlon	40:04	130	718	Malcolm Orrell		Manchester Triathlon	49:07
59	225	Jorden Burke		Middleton H AC	40:13	131	397	Stephen Weigh		Manchester Frontrunners	49:17
60	863	Laurie Luscombe		Liverpool H&ac	40:14	132	810	Oli Loughheed		Swinton RC	49:18
61	451	Thomas Jones		Chorlton Runners	40:21	133	859	Richard Brown		Knutsford Tri Club	50:22
62	2018	\$Dan Appleby		Unattached	40:28	134	461	Richard McNally		Chorlton Runners	50:26
63	243	Robert Mills		Middleton H AC	40:32	135	708	Christopher Jones		Manchester Triathlon	50:40
64	589	Mark Turner		St Helens Tri	40:38	136	766	Stuart Mairs		Salford Met AC	50:46
65	779	Will Ferguson		Wirral AC	40:41	137	380	Craig Isherwood		Manchester Frontrunners	51:22
66	2021	\$Adam Firth		Unattached	40:44	138	831	Paul Muldoon		Winston Runners	51:22
67	662	Carl Hanaghan		Macclesfield H&ac	40:44	139	334	James Malone		Belle Vue Racers	53:37
68	432	Will Fossard		Chorlton Runners	40:44	140	194	Joseph Connor		Bramhall Runners	55:06
69	474	Stephen Smith		Chorlton Runners	40:48	141	233	Jason Harling		Middleton H AC	55:17
70	930	Matt Crimes		Manchester H&ac	40:48	142	467	Andrew Paterson		Chorlton Runners	57:00
71	790	Mark Griffiths		Manchester Ymca H	40:52	143	746	John Bailey		Marple Runners	1:01:50
72	911	Thomas Arthur		Manchester University	40:53						

Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time				
1	527	Paul Green	V40 1	Sale H Manchester	34:14	32	68 Matt Taylor	V40 32 Wilmslow RC	43:13
2	904	Nick Jones	V40 2	Warrington AC	34:34	33	545 Richard McHugh	V40 33 Sale H Manchester	43:23
3	67	Peter Speake	V40 3	Wilmslow RC	35:43	34	650 Dennis Thomas	V40 34 E Cheshire H&tameside AC	43:26
4	128	Jeff Prest	V40 4	Trafford AC	35:49	35	758 Richard Williams	V40 35 Marple Runners	44:01
5	97	Alastair Murray	V40 5	Horwich Rmi	36:22	36	32 Mark Bale	V40 36 Wilmslow RC	44:28
6	113	Clive Fitzpatrick	V40 6	Trafford AC	36:32	37	414 Peter Adams	V40 37 Chorlton Runners	44:29
7	730	Paul Savage	V40 7	Manchester Triathlon	37:17	38	167 Chris Sewart	V40 38 Manchester H&ac	44:33
8	255	Richard Brook	V40 8	Salford H&ac	37:54	39	159 James Hinde	V40 39 Manchester H&ac	44:39
9	415	David Alderson	V40 9	Chorlton Runners	37:58	40	767 Steve Mercer	V40 40 Salford Met AC	44:59
10	319	Iain Murdoch	V40 10	Stockport H&ac	38:19	41	2017 \$Richard Healy	V40 41 Unattached	45:20
11	543	Stephen McCarron	V40 11	Sale H Manchester	38:23	42	902 \$Phil Swann	V40 42 Glossopdale Harriers	46:00
12	468	Christopher Rayner	V40 12	Chorlton Runners	38:23	43	315 Andrew Mainwaring	V40 43 Stockport H&ac	46:20
13	520	Tom Fordyce	V40 13	Sale H Manchester	38:38	44	142 Andrew Haughton	V40 44 Hyde Village Striders	46:20
14	265	Mike Grace	V40 14	Salford H&ac	39:04	45	667 Tim Marsh	V40 45 Macclesfield H&ac	46:23
15	531	Duncan Hill	V40 15	Sale H Manchester	39:52	46	458 Peter Mainwaring	V40 46 Chorlton Runners	46:42
16	798	Simon Atkin	V40 16	Swinton RC	40:10	47	476 Steven Swan	V40 47 Chorlton Runners	46:47
17	189	Dan Oldham	V40 17	Glossopdale Harriers	40:17	48	748 James Deighton	V40 48 Marple Runners	47:49
18	492	Lucas Jones	V40 18	Goyt Valley Striders	40:25	49	830 Paul Lockett	V40 49 Winston Runners	48:02
19	515	Elton Davies	V40 19	Sale H Manchester	40:29	50	205 Lee Jones	V40 50 Bramhall Runners	48:06
20	213	Phil Ramsey	V40 20	Bramhall Runners	40:30	51	245 Bryan O'Neill	V40 51 Middleton H AC	48:49
21	121	Dave Maher	V40 21	Trafford AC	40:34	52	331 Jeremy Woodham	V40 52 Stockport H&ac	49:14
22	312	David Hulley	V40 22	Stockport H&ac	40:35	53	386 John Lowe	V40 53 Manchester Frontrunners	49:16
23	638	Tim Greenald	V40 23	E Cheshire H&tameside AC	40:53	54	858 Ben Wood	V40 54 Bramhall Runners	49:27
24	460	Paul McKenna	V40 24	Chorlton Runners	41:04	55	570 Michael Wymmer	V40 55 Sale H Manchester	49:37
25	436	Paul Griffiths	V40 25	Chorlton Runners	41:39	56	351 Darren Edale	V40 56 Knutsford Tri Club	50:02
26	579	Michael Forber	V40 26	St Helens Tri	41:39	57	890 Stephen Carr	V40 57 Swinton RC	50:31
27	317	Nathan Mayoh	V40 27	Stockport H&ac	41:40	58	493 Connor Lomax	V40 58 Goyt Valley Striders	50:46
28	599	Paul Abraham	V40 28	Altrincham&district AC	41:47	59	923 Jon Clare	V40 59 Bramhall Runners	52:29
29	216	Chris Trask	V40 29	Bramhall Runners	42:21	60	821 Andy Smith	V40 60 Swinton RC	1:06:09
30	477	Nicck Syrett	V40 30	Chorlton Runners	42:42				
31	737	Roger Thomas	V40 31	Manchester Triathlon	42:55				

Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time				
1	94	Paul Massey	V45 1	Horwich Rmi	37:04	35	2001 \$Chris Barber	V45 35 Unattached	45:27
2	87	David Jackson	V45 2	Horwich Rmi	37:25	36	149 Paul Taylor	V45 36 Hyde Village Striders	45:37
3	117	Michael Hunt	V45 3	Trafford AC	37:30	37	418 Warren Bowden	V45 37 Chorlton Runners	45:46
4	673	James Noakes	V45 4	Macclesfield H&ac	38:38	38	53 Craig Hunt	V45 38 Wilmslow RC	46:28
5	211	Andy Porter	V45 5	Bramhall Runners	38:46	39	770 Mark Shuttleworth	V45 39 Salford Met AC	46:33
6	2022	\$Paul Nutter	V45 6	Unattached	39:10	40	2015 \$Andrew Dodd	V45 40 Unattached	46:37
7	304	James Corden	V45 7	Stockport H&ac	39:12	41	822 Ric Waring	V45 41 Swinton RC	47:16
8	184	Steve Crossman	V45 8	Glossopdale Harriers	39:27	42	909 James Fairfield	V45 42 E Cheshire H&tameside AC	47:18
9	14	Darren Cottier	V45 9	Vale Royal AC	39:48	43	7 Chris Beard	V45 43 Vale Royal AC	47:21
10	75	Martyn Bell	V45 10	Horwich Rmi	39:51	44	141 Alan Gibbon	V45 44 Hyde Village Striders	47:38
11	2004	\$Bryan Lomas	V45 11	Congleton H & Ac	39:56	45	657 Richard Brown	V45 45 Macclesfield H&ac	47:47
12	264	Charles Foster	V45 12	Salford H&ac	40:12	46	739 Franck Turmel-Josek	V45 46 Manchester Triathlon	48:27
13	732	Paul Schofield	V45 13	Manchester Triathlon	40:18	47	903 Jon Shaw	V45 47 Winston Runners	48:33
14	54	James Macdonald	V45 14	Wilmslow RC	41:02	48	905 Stewart Connor	V45 48 Stockport H&ac	48:43
15	206	Ian Keeling	V45 15	Bramhall Runners	41:06	49	150 Lloyd Barlow	V45 49 Manchester H&ac	48:45
16	736	Stephen Taylor	V45 16	Manchester Triathlon	41:45	50	174 C Darlaston	V45 50 Dragons Rc Sale	49:00
17	26	Craig Sephton	V45 17	Vale Royal AC	41:48	51	452 Paul Kain	V45 51 Chorlton Runners	49:16
18	717	John Murray	V45 18	Manchester Triathlon	42:00	52	512 Chris Cook	V45 52 Sale H Manchester	49:18
19	210	Frank Podd	V45 19	Bramhall Runners	42:40	53	828 Scott Ashworth	V45 53 Winston Runners	49:25
20	603	Nick Burke	V45 20	Altrincham&district AC	42:46	54	695 Andrew Dow	V45 54 Manchester Triathlon	49:30
21	540	Ashley Lindsey	V45 21	Sale H Manchester	42:52	55	421 Kevin Button	V45 55 Chorlton Runners	49:46
22	208	Lok Li	V45 22	Bramhall Runners	42:52	56	363 Edward Taylor	V45 56 Knutsford Tri Club	49:58
23	734	Ben Strutt	V45 23	Manchester Triathlon	42:52	57	864 Barrie Thomason	V45 57 Macclesfield H&ac	50:28
24	754	Darren Peatfield	V45 24	Marple Runners	43:02	58	742 Chris Watson	V45 58 Manchester Triathlon	50:29
25	889	Ian Mulligan	V45 25	Stockport H&ac	43:17	59	99 Lawrence Pinnell	V45 59 Horwich Rmi	51:01
26	5	Scott Bamber	V45 26	Vale Royal AC	43:25	60	412 Andrew Wearden	V45 60 Buxton AC	51:12
27	305	Paul Corner	V45 27	Stockport H&ac	43:46	61	342 Farouk Vanda	V45 61 Belle Vue Racers	51:42
28	366	Shane Wolstencroft	V45 28	Knutsford Tri Club	43:57	62	749 Ian Galloway	V45 62 Marple Runners	52:13
29	323	Simon Pickard	V45 29	Stockport H&ac	43:59	63	643 Martin Lewis	V45 63 E Cheshire H&tameside AC	52:31
30	17	Dave Haines	V45 30	Vale Royal AC	44:17	64	203 Nick Heaton	V45 64 Bramhall Runners	54:32
31	896	Chris Goodfellow	V45 31	Macclesfield H&ac	44:31	65	195 Paul Cowell	V45 65 Bramhall Runners	54:43
32	259	Sean Cordell	V45 32	Salford H&ac	44:40	66	173 Jason Cundick	V45 66 Dragons Rc Sale	55:34
33	2013	\$Peter Hulme	V45 33	Unattached	44:48	67	111 Eddie Edwards	V45 67 Trafford AC	58:03
34	588	Lee Stinch	V45 34	St Helens Tri	45:17	68	354 Anthony Jones	V45 68 Knutsford Tri Club	58:27

Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time				
1	560	Glenn Savage	V50	1 Sale H Manchester	38:05	21	688 Lee Benson	V50 21 Manchester Triathlon	44:38
2	637	Ian Fraser	V50	2 E Cheshire H&tameside AC	38:29	22	350 Andy Dines	V50 22 Knutsford Tri Club	44:50
3	640	Barry Hirst	V50	3 E Cheshire H&tameside AC	38:56	23	691 Timothy Criddle	V50 23 Manchester Triathlon	45:07
4	122	Paul Mannion	V50	4 Trafford AC	39:37	24	773 Darren Tyldesley	V50 24 Salford Met AC	46:24
5	50	Mike Hill	V50	5 Wilmslow RC	39:52	25	147 Mike Mason	V50 25 Hyde Village Striders	46:32
6	2	Tom Annable	V50	6 Vale Royal AC	40:27	26	157 Glen Gandy	V50 26 Manchester H&ac	46:56
7	627	Roger Preece	V50	7 Altrincham&district AC	40:27	27	2019 \$Ian White	V50 27 Unattached	47:07
8	908	Kevan Garner	V50	8 Stockport H&ac	40:27	28	346 Andy Wood	V50 28 Belle Vue Racers	48:20
9	253	Paul Birkett	V50	9 Salford H&ac	40:28	29	799 Dave Batty	V50 29 Swinton RC	48:56
10	615	Richard Johnson	V50	10 Altrincham&district AC	41:12	30	396 Michael Thorley	V50 30 Manchester Fronrunners	49:09
11	774	John Greenall	V50	11 St Helens Sutton AC	41:26	31	198 Steve Fairclough	V50 31 Bramhall Runners	49:43
12	192	Paul Beckett	V50	12 Bramhall Runners	41:37	32	829 Anthony Harrison	V50 32 Winston Runners	49:43
13	931	Mark Messenger	V50	13 Macclesfield H&ac	41:42	33	576 Andy Bridge	V50 33 St Helens Tri	50:39
14	683	Gary Willcock	V50	14 Macclesfield H&ac	42:07	34	704 Bryan Hopwood	V50 34 Manchester Triathlon	50:50
15	740	Richard Wallace	V50	15 Manchester Triathlon	43:11	35	145 Christopher Jones	V50 35 Hyde Village Striders	52:28
16	927	Richard Hiron	V50	16 Wilmslow RC	43:33	36	2006 \$Martin Rous	V50 36 Congleton H & Ac	53:42
17	148	Dominic Sexton	V50	17 Hyde Village Striders	43:43	37	555 Tim Rainey	V50 37 Sale H Manchester	54:08
18	920	Alan Kennedy	V50	18 E Cheshire H&tameside AC	43:53	38	406 William Staniard	V50 38 Stockport Tri Club	54:12
19	789	Eddie Gilligan	V50	19 Manchester Ymca H	44:11	39	797 Steve Symons	V50 39 Manchester Ymca H	54:46
20	609	Colin Hammond	V50	20 Altrincham&district AC	44:36	40	333 Themis Kokolakis	V50 40 Belle Vue Racers	1:02:39

Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time				
1	926	Trevor Morris	V55	1 Wilmslow RC	39:24	13	308 Tim Hargreaves	V55 13 Stockport H&ac	45:23
2	611	David Hughes	V55	2 Altrincham&district AC	40:05	14	598 Mark Walker	V55 14 Warrington Tri Club	45:40
3	552	Nick Peach	V55	3 Sale H Manchester	40:06	15	591 Kemmel Atkinson	V55 15 Warrington Tri Club	46:06
4	804	Steve Doxey	V55	4 Swinton RC	40:58	16	362 Paul Stubbs-Jeffries	V55 16 Knutsford Tri Club	47:10
5	409	Paul Drabble	V55	5 Buxton AC	41:08	17	447 Christopher Jackson	V55 17 Chorlton Runners	47:40
6	79	Gary Chadderton	V55	6 Horwich Rmi	41:38	18	634 Alan Williams	V55 18 Altrincham&district AC	48:21
7	554	Aiden Rafferty	V55	7 Sale H Manchester	42:21	19	74 David Barnes	V55 19 Horwich Rmi	48:45
8	571	Andy Yates	V55	8 Sale H Manchester	42:36	20	248 Craig Sutherland	V55 20 Middleton H AC	49:17
9	84	Douglas Fleming	V55	9 Horwich Rmi	43:09	21	190 John Stephenson	V55 21 Glossopdale Harriers	50:18
10	918	Stephen Burthem	V55	10 Warrington AC	43:10	22	594 Paul Harbridge	V55 22 Warrington Tri Club	51:27
11	641	Derek Hughes	V55	11 E Cheshire H&tameside AC	44:29	23	682 Mark Wheelton	V55 23 Macclesfield H&ac	51:56
12	182	David Chrystie-Lowe	V55	12 Glossopdale Harriers	45:09	24	21 Richard Pettitt	V55 24 Vale Royal AC	54:27

Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time				
1	59	Tom McGaff	V60	1 Wilmslow RC	40:20	9	2012 \$Charlie Barlow	V60 9 Saddleworth Runners Club	52:44
2	326	Steve Shaughnessy	V60	2 Stockport H&ac	40:51	10	932 Miran Aprahamian	V60 10 Sale H Manchester	53:21
3	625	Peter Pickwell	V60	3 Altrincham&district AC	43:48	11	787 Geoff Cotterill	V60 11 Manchester Ymca H	54:07
4	914	Russ Derbyshire	V60	4 Salford H&ac	45:29	12	563 Jerry Smith	V60 12 Sale H Manchester	54:07
5	12	John Clarke	V60	5 Vale Royal AC	46:58	13	232 Stephen Granville	V60 13 Middleton H AC	54:15
6	230	Alan Garvey	V60	6 Middleton H AC	48:39	14	777 James Atkin	V60 14 Wirral AC	55:13
7	3	Tony Archer	V60	7 Vale Royal AC	50:00	15	617 Mike Jones	V60 15 Altrincham&district AC	57:07
8	761	Jack Carney	V60	8 Salford Met AC	51:15	16	18 Paul Hudson	V60 16 Vale Royal AC	1:00:29

Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	328	Robert Taylor	V65	1 Stockport H&ac	46:54
2	631	David Telford	V65	2 Altrincham&district AC	49:49
3	143	Tony Hillier	V65	3 Hyde Village Striders	50:11
4	224	Mick Bull	V65	4 Middleton H AC	50:33
5	796	Jon Paramor	V65	5 Manchester Ymca H	52:08
6	41	Robert Dunkley	V65	6 Wilmslow RC	53:17
7	262	Tom Daniels	V65	7 Salford H&ac	53:54

Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	623	Jeff Norman	V70	1 Altrincham&district AC	47:26
2	155	Michael Cunningham	V70	2 Manchester H&ac	50:46
3	254	Roland Bowness	V70	3 Salford H&ac	52:20
4	278	Dennis Moran	V70	4 Salford H&ac	55:00
5	23	Colin Rathbone	V70	5 Vale Royal AC	57:53
6	647	Dave Salmon	V70	6 E Cheshire H&tameside AC	58:44

Manchester Area Cross Country League

at Wythenshawe Park on Saturday 15th October 2016

Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time
1	318	Jack Morris		Stockport H&ac	31:58
2	648	Joe Steward		E Cheshire H&tameside AC	32:07
3	316	Jack Martin		Stockport H&ac	32:10
4	861	Daniel Cliffe		Liverpool H&ac	32:47
5	860	John Ashcroft		Liverpool H&ac	32:56
6	893	Matthew Sheen	U20 1	Vale Royal AC	33:41
7	527	Paul Green	V40 1	Sale H Manchester	34:14
8	542	Nigel Martin		Sale H Manchester	34:17
9	119	Danny Lawton	U20 2	Trafford AC	34:23
10	251	Will Beauchamp		Salford H&ac	34:32
11	535	Daniel Kashi		Sale H Manchester	34:34
12	904	Nick Jones	V40 2	Warrington AC	34:34
13	470	James Savage		Chorlton Runners	34:40
14	880	Liam Renton		Sale H Manchester	34:51
15	325	J Scott-Buccleuch		Stockport H&ac	34:51
16	710	Alex Lawton		Manchester Triathlon	34:57
17	136	Nathan Townsend	U20 3	Trafford AC	34:58
18	849	Adam Sciacca		Manchester University	35:01
19	114	Andile Hlebo		Trafford AC	35:08
20	622	David Norman		Altrincham&district AC	35:15
21	885	Jake Spilsbury	U20 4	Sale H Manchester	35:20
22	256	Simon Bruton		Salford H&ac	35:33
23	67	Peter Speake	V40 3	Wilmslow RC	35:43
24	1	Richard McGeachie		Halton&frodsham	35:45
25	888	James Wignall		Sale H Manchester	35:47
26	696	Lewis Eccleston		Manchester Triathlon	35:48
27	128	Jeff Prest	V40 4	Trafford AC	35:49
28	873	Nicholas Barry		Sale H Manchester	35:51
29	839	Joseph Howe	U20 5	Manchester University	36:05
30	100	Simon Pymm		Horwich Rmi	36:07
31	626	Jonathan Powell		Altrincham&district AC	36:11
32	507	Alex Bradford		Sale H Manchester	36:20
33	97	Alastair Murray	V40 5	Horwich Rmi	36:22
34	838	Callum Hanson		Manchester University	36:24
35	113	Clive Fitzpatrick	V40 6	Trafford AC	36:32
36	870	William Rawson	U20 6	Mmu H	36:33
37	851	Robert Vallance		Manchester University	36:38
38	126	Simon O'Meara		Trafford AC	36:59
39	846	Michael Melarkey	U20 7	Manchester University	37:01
40	94	Paul Massey	V45 1	Horwich Rmi	37:04
41	730	Paul Savage	V40 7	Manchester Triathlon	37:17
42	541	David Marsh		Sale H Manchester	37:23
43	87	David Jackson	V45 2	Horwich Rmi	37:25
44	907	George Cooke	U20 8	Stockport H&ac	37:28
45	906	Nat Winfield		Buxton AC	37:29
46	117	Michael Hunt	V45 3	Trafford AC	37:30
47	534	Rob Jowett		Sale H Manchester	37:31
48	924	Jack Green		Warrington AC	37:34
49	608	Ryan Ganose		Altrincham&district AC	37:38
50	443	Ben Hobson		Chorlton Runners	37:38
51	430	Tim Fletcher		Chorlton Runners	37:48
52	239	Ryan Lindsay		Middleton H AC	37:49
53	255	Richard Brook	V40 8	Salford H&ac	37:54
54	733	Jack Smislaert		Manchester Triathlon	37:56
55	415	David Alderson	V40 9	Chorlton Runners	37:58
56	916	Stephen Crook		Stockport H&ac	38:04
57	560	Glenn Savage	V50 1	Sale H Manchester	38:05
58	910	Joseph Hudak		E Cheshire H&tameside AC	38:07
59	457	F Macdonald-Oulds		Chorlton Runners	38:08
60	49	Paul Hawkins		Wilmslow RC	38:17
61	319	Iain Murdoch	V40 10	Stockport H&ac	38:19
62	635	Gavin Browne		E Cheshire H&tameside AC	38:22
63	543	Stephen McCarron	V40 11	Sale H Manchester	38:23
64	468	Christopher Rayner	V40 12	Chorlton Runners	38:23
65	637	Ian Fraser	V50 2	E Cheshire H&tameside AC	38:29
66	303	Phil Burns		Stockport H&ac	38:31
67	475	Jamie Stewart		Chorlton Runners	38:35
68	115	Graham Hogg		Trafford AC	38:36
69	383	Rik Keating		Manchester Frontrunners	38:38
70	520	Tom Fordyce	V40 13	Sale H Manchester	38:38
71	673	James Noakes	V45 4	Macclesfield H&ac	38:38
72	107	Seamus Bradbury	U20 9	Trafford AC	38:42
73	211	Andy Porter	V45 5	Bramhall Runners	38:46
74	640	Barry Hirst	V50 3	E Cheshire H&tameside AC	38:56
75	565	Brad Thornton	U20 10	Sale H Manchester	38:57
76	265	Mike Grace	V40 14	Salford H&ac	39:04
77	731	Aaron Saxton		Manchester Triathlon	39:05
78	595	Dan Harbridge		Warrington Tri Club	39:08
79	2022	Paul Nutter	V45 6	Unattached	39:10
80	304	James Corden	V45 7	Stockport H&ac	39:12
81	642	George Lewis	U20 11	E Cheshire H&tameside AC	39:22
82	926	Trevor Morris	V55 1	Wilmslow RC	39:24
83	852	Phil Ellison		St Helens Tri	39:25
84	184	Steve Crossman	V45 8	Glossopdale Harriers	39:27
85	654	Chris Bentley		Macclesfield H&ac	39:31
86	929	Matt Berry		Trafford AC	39:36
87	122	Paul Mannion	V50 4	Trafford AC	39:37
88	685	Andy Adkin		Manchester Triathlon	39:39
89	684	Scott Wilson		Macclesfield H&ac	39:40
90	374	Martin Dunn		Manchester Frontrunners	39:40
91	518	Richard Edwards		Sale H Manchester	39:43
92	842	Dowan Kwon		Manchester University	39:44
93	697	Dean Evans		Manchester Triathlon	39:45
94	912	Laurence Skidmore	U20 12	Manchester University	39:46
95	550	Peter O'Neill		Sale H Manchester	39:48
96	14	Darren Cottier	V45 9	Vale Royal AC	39:48
97	75	Martyn Bell	V45 10	Horwich Rmi	39:51
98	531	Duncan Hill	V40 15	Sale H Manchester	39:52
99	50	Mike Hill	V50 5	Wilmslow RC	39:52
100	2004	\$Bryan Lomas	V45 11	Congleton H & Ac	39:56
101	530	Steve Henderson		Sale H Manchester	39:59
102	721	Tom Pickering		Manchester Triathlon	40:04
103	611	David Hughes	V55 2	Altrincham&district AC	40:05
104	552	Nick Peach	V55 3	Sale H Manchester	40:06
105	798	Simon Atkin	V40 16	Swinton RC	40:10
106	264	Charles Foster	V45 12	Salford H&ac	40:12
107	225	Jordan Burke		Middleton H AC	40:13
108	863	Laurie Luscombe		Liverpool H&ac	40:14
109	189	Dan Oldham	V40 17	Glossopdale Harriers	40:17
110	732	Paul Schofield	V45 13	Manchester Triathlon	40:18
111	59	Tom McGaff	V60 1	Wilmslow RC	40:20
112	891	Edward Broadberry	U20 13	Manchester University	40:21
113	451	Thomas Jones		Chorlton Runners	40:21
114	492	Lucas Jones	V40 18	Goyt Valley Striders	40:25
115	2	Tom Annable	V50 6	Vale Royal AC	40:27
116	627	Roger Preece	V50 7	Altrincham&district AC	40:27
117	908	Kevan Garner	V50 8	Stockport H&ac	40:27
118	2018	\$Dan Appley		Unattached	40:28
119	658	Allen Bunyan	U20 14	Macclesfield H&ac	40:28
120	253	Paul Birkett	V50 9	Salford H&ac	40:28
121	515	Elton Davies	V40 19	Sale H Manchester	40:29
122	213	Phil Ramsey	V40 20	Bramhall Runners	40:30
123	243	Robert Mills		Middleton H AC	40:32
124	121	Dave Maher	V40 21	Trafford AC	40:34
125	312	David Hulley	V40 22	Stockport H&ac	40:35
126	589	Mark Turner		St Helens Tri	40:38
127	779	Will Ferguson		Wirral AC	40:41
128	2021	\$Adam Firth		Unattached	40:44
129	662	Carl Hanaghan		Macclesfield H&ac	40:44
130	432	Will Fossard		Chorlton Runners	40:44
131	160	Charlie Johnson	U20 15	Manchester H&ac	40:45
132	474	Stephen Smith		Chorlton Runners	40:48
133	930	Matt Crimes		Manchester H&ac	40:48
134	326	Steve Shaugnessy	V60 2	Stockport H&ac	40:51
135	790	Mark Griffiths		Manchester Ymca H	40:52
136	911	Thomas Arthur		Manchester University	40:53
137	638	Tim Greenald	V40 23	E Cheshire H&tameside AC	40:53
138	804	Steve Doxey	V55 4	Swinton RC	40:58
139	54	James Macdonald	V45 14	Wilmslow RC	41:02
140	58	Allan McCormick		Wilmslow RC	41:03
141	460	Paul McKenna	V40 24	Chorlton Runners	41:04
142	206	Ian Keeling	V45 15	Bramhall Runners	41:06
143	409	Paul Drabble	V55 5	Buxton AC	41:08
144	615	Richard Johnson	V50 10	Altrincham&district AC	41:12
145	533	Damien Jones		Sale H Manchester	41:18
146	913	Rupert Liddington		Sale H Manchester	41:20
147	857	Alfonso Leone		Trafford AC	41:22
148	774	John Greenall	V50 11	St Helens Sutton AC	41:26
149	343	Victor Walsh		Belle Vue Racers	41:28
150	263	Chris Dawson		Salford H&ac	41:29
151	762	Paul Connolly		Salford Met AC	41:34
152	192	Paul Beckett	V50 12	Bramhall Runners	41:37
153	79	Gary Chadderton	V55 6	Horwich Rmi	41:38
154	197	Phil Evans		Bramhall Runners	41:38
155	436	Paul Griffiths	V40 25	Chorlton Runners	41:39
156	579	Michael Forber	V40 26	St Helens Tri	41:39
157	317	Nathan Mayoh	V40 27	Stockport H&ac	41:40
158	931	Mark Messenger	V50 13	Macclesfield H&ac	41:42
159	736	Stephen Taylor	V45 16	Manchester Triathlon	41:45
160	663	Robert Hasler		Macclesfield H&ac	41:46
161	599	Paul Abraham	V40 28	Altrincham&district AC	41:47
162	26	Craig Sephton	V45 17	Vale Royal AC	41:48
163	503	Paul Barrett		Sale H Manchester	41:50
164	919	Michael Quin	U20 16	Stockport H&ac	41:56
165	717	John Murray	V45 18	Manchester Triathlon	42:00
166	237	John Humphreys		Middleton H AC	42:02
167	683	Gary Willcock	V50 14	Macclesfield H&ac	42:07
168	738	San Tou		Manchester Triathlon	42:19
169	554	Aiden Raftery	V55 7	Sale H Manchester	42:21
170	216	Chris Trask	V40 29	Bramhall Runners	42:21
171	491	Thomas Jackson		Goyt Valley Striders	42:23
172	613	Richard Jellyman		Altrincham&district AC	42:25
173	571	Andy Yates	V55 8	Sale H Manchester	42:36
174	210	Frank Podd	V45 19	Bramhall Runners	42:40
175	477	Nicck Syrett	V40 30	Chorlton Runners	42:42
176	603	Nick Burke	V45 20	Altrincham&district AC	42:46
177	928	Ian Hepburn		Horwich Rmi	42:48
178	480	Neal Wainwright		Chorlton Runners	42:48
179	540	Ashley Lindsey	V45 21	Sale H Manchester	42:52
180	208	Lok Li	V45 22	Bramhall Runners	42:52
181	734	Ben Strutt	V45 23	Manchester Triathlon	42:52
182	352	John Goggins		Knutsford Tri Club	42:55
183	737	Roger Thomas	V40 31	Manchester Triathlon	42:55

184	165	Sheikh Noreyne		Manchester H&c	42:55	284	447	Christopher Jackson	V55	17	Chorlton Runners	47:40	
185	369	Thomas Blackburn		Manchester Frontrunners	42:57	285	657	Richard Brown	V45	45	Macclesfield H&c	47:47	
186	754	Darren Peatfield	V45	24	Marple Runners	43:02	286	748	James Deighton	V40	48	Marple Runners	47:49
187	484	Steven Welch		Chorlton Runners	43:06	287	830	Paul Lockett	V40	49	Winston Runners	48:02	
188	84	Douglas Fleming	V55	9	Horwich Rmi	43:09	288	205	Lee Jones	V40	50	Bramhall Runners	48:06
189	918	Stephen Burthorn	V55	10	Warrington AC	43:10	289	446	Etienne Humphries			Chorlton Runners	48:13
190	740	Richard Wallace	V50	15	Manchester Triathlon	43:11	290	346	Andy Wood	V50	28	Belle Vue Racers	48:20
191	68	Matt Taylor	V40	32	Wilmslow RC	43:13	291	634	Alan Williams	V55	18	Altrincham&district AC	48:21
192	889	Ian Mulligan	V45	25	Stockport H&c	43:17	292	548	John Morris			Sale H Manchester	48:27
193	191	Richard Adams		Bramhall Runners	43:18	293	739	Frack Turmel-Josek	V45	46	Manchester Triathlon	48:27	
194	338	Meng Tang		Belle Vue Racers	43:21	294	2020	Martin Terrill			Unattached	48:27	
195	545	Richard McHugh	V40	33	Sale H Manchester	43:23	295	353	Ewan Holton			Knutsford Tri Club	48:30
196	616	Paul Johnston		Altrincham&district AC	43:24	296	903	Jon Shaw	V45	47	Winston Runners	48:33	
197	5	Scott Bamber	V45	26	Vale Royal AC	43:25	297	725	David Rees			Manchester Triathlon	48:37
198	650	Dennis Thomas	V40	34	E Cheshire H&tameside AC	43:26	298	230	Alan Garvey	V60	6	Middleton H AC	48:39
199	728	Russell Robert		Manchester Triathlon	43:29	299	905	Stewart Connor	V45	48	Stockport H&c	48:43	
200	854	Charlie McVickers	U20	17	Manchester University	43:33	300	150	Lloyd Barlow	V45	49	Manchester H&c	48:45
201	927	Richard Hiron	V50	16	Wilmslow RC	43:33	301	74	David Barnes	V55	19	Horwich Rmi	48:45
202	148	Dominic Sexton	V50	17	Hyde Village Striders	43:43	302	245	Bryan O'Neill	V40	51	Middleton H AC	48:49
203	305	Paul Corner	V45	27	Stockport H&c	43:46	303	799	Dave Batty	V50	29	Winton RC	48:56
204	625	Peter Pickwell	V60	3	Altrincham&district AC	43:48	304	174	C Darlston	V45	50	Dragons Rc Sale	49:00
205	920	Alan Kennedy	V50	18	E Cheshire H&tameside AC	43:53	305	718	Malcolm Orrell			Manchester Triathlon	49:07
206	366	Shane Wolstencroft	V45	28	Manchester Triathlon	43:57	306	396	Michael Thorley	V50	30	Manchester Frontrunners	49:09
207	729	Peter Rought		Manchester Triathlon	43:58	307	331	Jeremy Woodham	V40	52	Stockport H&c	49:14	
208	597	Mark Simpson		Warrington Tri Club	43:59	308	452	Paul Kain	V45	51	Chorlton Runners	49:16	
209	323	Simon Pickard	V45	29	Stockport H&c	43:59	309	386	John Lowe	V40	53	Manchester Frontrunners	49:16
210	758	Richard Williams	V40	35	Marple Runners	44:01	310	248	Craig Sutherland	V55	20	Middleton H AC	49:17
211	511	David Connelly		Sale H Manchester	44:08	311	397	Stephen Weigh			Manchester Frontrunners	49:17	
212	789	Eddie Gilligan	V50	19	Manchester Ymca H	44:11	312	512	Chris Cook	V45	52	Sale H Manchester	49:18
213	17	Dave Haines	V45	30	Vale Royal AC	44:17	313	810	Olii Lougheed			Swinton RC	49:18
214	898	John Roper		Stockport H&c	44:25	314	828	Scott Ashworth	V45	53	Winston Runners	49:25	
215	193	Adam Bird		Bramhall Runners	44:27	315	858	Ben Wood	V40	54	Bramhall Runners	49:27	
216	32	Mark Bale	V40	36	Wilmslow RC	44:28	316	695	Andrew Dow	V45	54	Manchester Triathlon	49:30
217	641	Derek Hughes	V55	11	E Cheshire H&tameside AC	44:29	317	570	Michael Wymer	V40	55	Sale H Manchester	49:37
218	414	Peter Adams	V40	37	Chorlton Runners	44:29	318	198	Steve Fairclough	V50	31	Bramhall Runners	49:43
219	896	Chris Goodfellow	V45	31	Macclesfield H&c	44:31	319	829	Anthony Harrison	V50	32	Winston Runners	49:43
220	388	Kevin McMenemy		Manchester Frontrunners	44:33	320	421	Kevin Button	V45	55	Chorlton Runners	49:46	
221	167	Chris Sewart	V40	38	Manchester H&c	44:33	321	631	David Telford	V65	2	Altrincham&district AC	49:49
222	261	Paul Creighton		Salford H&c	44:34	322	363	Edward Taylor	V45	56	Knutsford Tri Club	49:58	
223	609	Colin Hammond	V50	20	Altrincham&district AC	44:36	323	3	Tony Archer	V60	7	Vale Royal AC	50:00
224	453	James Kermode		Chorlton Runners	44:36	324	351	Darren Edale	V40	56	Knutsford Tri Club	50:02	
225	688	Lee Benson	V50	21	Manchester Triathlon	44:38	325	143	Tony Hillier	V65	3	Hyde Village Striders	50:11
226	159	James Hinde	V40	39	Manchester H&c	44:39	326	190	John Stephenson	V55	21	Glossopdale Harriers	50:18
227	259	Sean Cordell	V45	32	Salford H&c	44:40	327	859	Richard Brown			Knutsford Tri Club	50:22
228	377	Peter Greatbanks		Manchester Frontrunners	44:44	328	461	Richard McNally			Chorlton Runners	50:26	
229	2013	Peter Hulme	V45	33	Unattached	44:48	329	864	Barrie Thomason	V45	57	Macclesfield H&c	50:28
230	350	Andy Dines	V50	22	Knutsford Tri Club	44:50	330	742	Chris Watson	V45	58	Manchester Triathlon	50:29
231	168	Richard Skitt		Manchester H&c	44:53	331	890	Stephen Carr	V40	57	Swinton RC	50:31	
232	260	Jeremy Cosway		Salford H&c	44:58	332	224	Mick Bull	V65	4	Middleton H AC	50:33	
233	767	Steve Mercer	V40	40	Salford Met AC	44:59	333	576	Andy Bridge	V50	33	St Helens Tri	50:39
234	347	Luke Ainsworth		Knutsford Tri Club	45:05	334	708	Christopher Jones			Manchester Triathlon	50:40	
235	691	Timothy Criddle	V50	23	Manchester Triathlon	45:07	335	493	Connor Lomax	V40	58	Goyt Valley Striders	50:46
236	182	David Chrystie-Lowe	V55	12	Glossopdale Harriers	45:09	336	155	Michael Cunningham	V70	2	Manchester H&c	50:46
237	400	Carl Acton		Stockport Tri Club	45:13	337	766	Stuart Mairs			Salford Met AC	50:46	
238	588	Lee Stinch	V45	34	St Helens Tri	45:17	338	704	Bryan Hopwood	V50	34	Manchester Triathlon	50:50
239	925	Nicholas Brown		Trafford AC	45:18	339	99	Lawrence Pinnell	V45	59	Horwich Rmi	51:01	
240	2017	Richard Healy	V40	41	Unattached	45:20	340	412	Andrew Wearden	V45	60	Buxton AC	51:12
241	308	Tim Hargreaves	V55	13	Stockport H&c	45:23	341	761	Jack Carney	V60	8	Salford Met AC	51:15
242	2001	Chris Barber	V45	35	Unattached	45:27	342	380	Craig Isherwood			Manchester Frontrunners	51:22
243	914	Russ Derbyshire	V60	4	Salford H&c	45:29	343	831	Paul Muldoon			Winston Runners	51:22
244	267	Tom Hall		Salford H&c	45:32	344	594	Paul Harbridge	V55	22	Warrington Tri Club	51:27	
245	149	Paul Taylor	V45	36	Hyde Village Striders	45:37	345	342	Farouk Vanda	V45	61	Belle Vue Racers	51:42
246	598	Mark Walker	V55	14	Warrington Tri Club	45:40	346	682	Mark Wheelton	V55	23	Macclesfield H&c	51:56
247	418	Warren Bowden	V45	37	Chorlton Runners	45:46	347	796	Jon Paramor	V65	5	Manchester Ymca H	52:08
248	765	Michael Lim		Salford Met AC	45:58	348	749	Ian Galloway	V45	62	Marple Runners	52:13	
249	902	Phil Swann	V40	42	Glossopdale Harriers	46:00	349	254	Roland Bowness	V70	3	Salford H&c	52:20
250	856	Mathew Taskin		Manchester University	46:00	350	145	Christopher Jones	V50	35	Hyde Village Striders	52:28	
251	166	Andrew Parsonage		Manchester H&c	46:00	351	923	Jon Clare	V40	59	Bramhall Runners	52:29	
252	591	Kemmel Atkinson	V55	15	Warrington Tri Club	46:06	352	643	Martin Lewis	V45	63	E Cheshire H&tameside AC	52:31
253	528	Duane Gaunt		Sale H Manchester	46:15	353	2012	Charlie Barlow	V60	9	Saddleworth Runners Club	52:44	
254	401	Steve Alcock		Stockport Tri Club	46:18	354	41	Robert Dunkley	V65	6	Wilmslow RC	53:17	
255	315	Andrew Mainwaring	V40	43	Stockport H&c	46:20	355	932	Miran Aprahamian	V60	10	Sale H Manchester	53:21
256	142	Andrew Haughton	V40	44	Hyde Village Striders	46:20	356	334	James Malone	V60	10	Sale H Manchester	53:37
257	592	Will Austin		Warrington Tri Club	46:21	357	2006	Martin Rous	V50	36	Congleton H & AC	53:42	
258	667	Tim Marsh	V40	45	Macclesfield H&c	46:23	358	262	Tom Daniels	V65	7	Salford H&c	53:54
259	773	Darren Tyldesley	V50	24	Salford Met AC	46:24	359	787	Geoff Cotterill	V60	11	Manchester Ymca H	54:07
260	815	Martin O'Dwyer		Swinton RC	46:26	360	563	Jerry Smith	V60	12	Sale H Manchester	54:07	
261	53	Craig Hunt	V45	38	Wilmslow RC	46:28	361	555	Tim Rainey	V50	37	Sale H Manchester	54:08
262	147	Mike Mason	V50	25	Hyde Village Striders	46:32	362	406	William Staniard	V50	38	Stockport Tri Club	54:12
263	770	Mark Shuttleworth	V45	39	Salford Met AC	46:33	363	232	Stephen Granville	V60	13	Middleton H AC	54:15
264	2015	Andrew Dodd	V45	40	Unattached	46:37	364	21	Richard Pettitt	V55	24	Vale Royal AC	54:27
265	434	Ross Giles		Chorlton Runners	46:42	365	203	Nick Heaton	V45	64	Bramhall Runners	54:32	
266	458	Peter Mainwaring	V40	46	Chorlton Runners	46:42	366	195	Paul Cowell	V45	65	Bramhall Runners	54:43
267	339	Andrew Taylor		Belle Vue Racers	46:45	367	797	Steve Symons	V50	39	Manchester Ymca H	54:46	
268	411	Paul Wardman		Buxton AC	46:46	368	278	Dennis Moran	V70	4	Salford H&c	55:00	
269	476	Steven Swan	V40	47	Chorlton Runners	46:47	369	194	Joseph Connor			Bramhall Runners	55:06
270	328	Robert Taylor	V65	1	Stockport H&c	46:54	370	777	James Atkin	V60	14	Wirral AC	55:13
271	157	Glen Gandy	V50	26	Manchester H&c	46:56	371	233	Jason Harling			Middleton H AC	55:17
272	12	John Clarke	V60	5	Vale Royal AC	46:58	372	173	Jason Cundick	V45	66	Dragons Rc Sale	55:34
273	2019	Ilan White	V50	27	Unattached	47:07	373	467	Andrew Paterson			Chorlton Runners	57:00
274	362	Paul Stubbs-Jeffries	V55	16	Knutsford Tri Club	47:10	374	617	Mike Jones	V60	15	Altrincham&district AC	57:07
275	140	Jamie Briggs		Hyde Village Striders	47:15	375	23	Colin Rathbone	V70	5	Vale Royal AC	57:53	
276	822	Ric Waring	V45	41	Swinton RC	47:16	376	111	Eddie Edwards	V45	67	Trafford AC	58:03
277	909	James Fairfield	V45	42	E Cheshire H&tameside AC	47:18	377	354	Anthony Jones	V45	68	Knutsford Tri Club	58:27
278	153	Darren Cooper		Manchester H&c	47:21	378	647	Dave Salmon	V70	6	E Cheshire H&tameside AC	58:44	
279	7	Chris Beard	V45	43	Vale Royal AC	47:21	379	18	Paul Hudson	V60	16	Vale Royal AC	1:00:29
280	623	Jeff Norman	V70	1	Altrincham&district AC	47:26	380	746	John Bailey			Marple Runners	1:01:50
281	2007	Andrew Stevenson		Unattached	47:26	381	333	Themis Kokolakis	V50	40	Belle Vue Racers	1:02:39	
282	892	Jacob Mason	U20	18	Manchester University	47:29	382	821	Andy Smith	V40	60	Swinton RC	1:06:09
283	141	Alan Gibbon	V45	44	Hyde Village Striders	47:38							

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 SaleHManchester	86 — 7 PaulGreen	8 NigelMartin	11 DanielKashi	14 LiamRenton	21 JakeSpisbury	25 JamesWignall
2TraffordAC	145 — 9 DannyLawton	17 NathanTownsend	19 AndileHlebo	27 JeffPrest	35 OliveFlzpatrick	38 SimonOMeara
3StockportH&ac	180 — 1 JackMorris	3 JackMartin	15 JScott-Buclidean	44 GeorgeCooke	56 StephenCrook	61 IainMurdoch
4ManchesterUniversity	248 — 18 AdamSciaccia	29 JosephHowe	34 CallumHanson	37 RobertVallance	39 MichaelMelarkey	91 DownanKwon
5 SaleHManchester 'B'	269 — 28 NicholasBary	32 AlexBradford	42 DavidMarsh	47 RobJowett	57 GlennSavage	63 StephenMcCarron
6ChorltonRunners	292 — 13 JamesSavage	50 BenHobson	51 TimFletcher	55 DavidAlderson	59 FMacdonald-Ouids	64 ChristopherRayner
7ManchesterTriathlon	301 — 16 AlexLawton	26 LewisEdeleston	41 PaulSavage	54 JackSmiszaert	77 AaronSaxton	87 AndyAdkin
8ECheshireH&tamesideAC	341 — 2 JoeSteward	58 JosephHudak	62 GavinBrowne	65 IanFraser	74 BaryHirst	80 GeorgeLewis
9SalfordH&ac	382 — 10 WillBeauchamp	22 SimonBruton	53 RichardBrook	76 MikeGrace	104 CharlesFoster	117 PaulBirkett
10HorwichRmi	391 — 30 SimonPymm	33 AlastairMurray	40 PaulMassey	43 DavidJackson	96 MartyBell	140 GaryChadberton
11Altrincham&districtAC	455 — 20 DavidNorman	31 JonathanPowell	49 RyanGanose	101 DavidHughes	114 RogerPreece	140 RichardJohnson
12TraffordAC 'B'	478 — 46 MichaelHunt	68 GrahamHogg	72 SeamusBradbury	85 MattBerry	86 PaulBarnion	121 DaveMaher
13WilmslowRC	506 — 23 PeterSpeake	60 PaulHawkins	81 TrevorMoris	98 MikeHill	109 TomMcGaff	135 JamesMacdonald
14SaleHManchester 'C'	525 — 70 TomFordyce	75 BradThomson	90 RichardEdwards	94 PeterONeill	97 DuncanHill	99 SteveHenderson
15MacclesfieldH&ac	638 — 71 AlexNoakes	84 ChrisBentley	88 ScottWilson	116 AllenBunryan	125 CaitHanaghan	154 MarkMessenger
16StockportH&ac 'B'	665 — 66 PhilBurns	79 JamesCorden	115 KevanGarner	122 DavidHulley	130 SteveShaughnessy	163 NathanMayoh
17ChorltonRunners 'B'	720 — 67 JamieStewart	111 ThomasJones	126 WillFossard	128 StephenSmith	137 PaulMcKenna	151 PaulGriffiths
18ValeRoyalAC	774 — 6 MatthewSheen	95 DarrenCotter	113 TomAnnable	158 CraigSepton	193 ScottBamber	209 DaveHaines
19ManchesterTriathlon 'B'	780 — 92 DeanEvans	100 TomPickering	108 PaulSchofield	155 StephenTaylor	161 JohnMurray	164 SanTou
20BramhallRunners	794 — 73 AndyPorter	119 PhilRamsey	138 IanKeeling	148 PaulBeckett	150 PhilEvans	166 ChrisTrask
21SaleHManchester 'D'	827 — 102 NickPeach	115 EltonDavies	141 DamienJones	142 RupertLiddington	159 PaulBarrett	165 AidenRaftery
22MiddletonHAC	1015 — 52 RyanLindsay	105 JordanBurke	120 RobertMills	162 JohnHumphreys	286 AlanGanvey	280 BryanONeill
23ManchesterUniversity 'B'	1044 — 93 LaurenceSkidmore	110 EdwardBroadberry	132 ThomasArthur	196 CharlieMcVickers	242 MathewTaskin	271 JacobMason
24ManchesterFrontrunners	1073 — 69 RikKeating	89 MartinDunn	181 ThomasBlackburn	216 KevinMcMenery	224 PeterGreatbanks	294 MichaelThorley
25ManchesterH&ac	1101 — 127 CharlieJohnson	129 MattCrimes	180 SheikhNoreyne	217 ChrisSewart	222 JamesHinde	226 RichardSkitt
26Altrincham&districtAC 'B'	1108 — 157 PaulAbraham	168 RichardJellyman	172 NickBurke	192 PaulJohnston	200 PeterPickwell	219 ColinHammond
27ManchesterTriathlon 'C'	1161 — 177 BenStrutt	179 RogerThomas	186 RichardWallace	195 RussellRobert	203 PeterRought	221 LeeBenson
28StockportH&ac 'C'	1197 — 160 MichaelQuin	188 IanMulligan	199 PaulComer	205 SimonPickard	210 JohnRoper	235 TimHargreaves
29ChorltonRunners 'C'	1202 — 171 NickSyrett	174 NealWainwright	183 StevenWelch	214 PeterAdams	220 JamesKermode	240 WarrenBowden
30SaleHManchester 'E'	1268 — 169 AndyYates	175 AshleyLindsey	191 RichardMcHugh	207 DavidConnelly	245 DuaneGaunt	281 JohnMorris
31SalfordH&ac 'B'	1287 — 146 ChrisDawson	218 PaulCreighton	223 SeanCordell	227 JerryCosway	236 RussDerbyshire	237 TomHall
32BramhallRunners 'B'	1326 — 170 FrankPodd	176 LokLi	189 RichardAdams	211 AdamBird	277 LeeJones	303 BenWood
33WilmslowRC 'B'	1326 — 136 AlanMcCormick	187 MattTaylor	197 RichardHirons	212 MarkBale	253 CraigHunt	341 RobertDunkley
34WarringtonTriClub	1346 — 78 DanHarbridge	204 MarkSimpson	239 MarkWalker	244 KemmelAtkinson	249 WillAustin	332 PaulHarbridge
35SwintonRC	1347 — 103 SimonAtkin	134 SteveDoxey	252 MartinODwyer	286 RicVaring	291 DaveBatty	301 OilLoughheed
36ECheshireH&tamesideAC 'B'	1348 — 133 TimGreenald	194 DennisThomas	201 AlanKennedy	213 DerekHughes	267 JamesFairfield	340 MartinLewis
37MacclesfieldH&ac 'B'	1375 — 156 RobertHester	163 GaryWilcock	215 ChrisGoodfellow	250 TimMarsh	274 RichardBrown	317 BarrieThomason
38KnutsfordTriClub	1381 — 178 JohnGoggins	202 ShaneWolstencroft	225 AndyDines	229 LukeAinsworth	264 PaulStubbs-Jeffries	283 EwanHolton
39SalfordMetAC	1447 — 147 PaulConnolly	228 SteveMercer	241 MichaelLim	251 DarrenTydesley	255 MarkShuttleworth	325 StuartMeirs
40HydeVillageStriders	1475 — 198 DominicSexton	238 PaulTaylor	248 AndrewHaughton	254 MikelMason	265 JamieBriggs	272 AlanGibbon
41BelleVueRacers	1548 — 146 VictorWalsh	190 MengTang	258 AndrewTaylor	279 AndyWood	333 FaroukVanda	343 JamesMalbone
42ChorltonRunners 'D'	1620 — 256 RossGiles	257 PeterMainwaring	260 StevenSwan	273 ChristopherJackson	278 EtenneHumphries	236 PaulKain
43ManchesterTriathlon 'D'	1712 — 230 TimothyCiddle	282 FrankTurnelJosek	285 DavidRees	288 MalcolmOrrell	304 AndrewDow	318 ChrisWatson
44ValeRoyalAC 'B'	1919 — 263 JohnClarke	289 ChrisBeard	311 TonyArcher	350 RichardPettitt	361 ColinRathbone	365 PaulHudson

Senior Men aged 17 to 19 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Trafford AC	14 — 2 Danny Lawton	3 Nathan Townsend	9 Seamus Bradbury
2 Manchester University	24 — 5 Joseph Howe	7 Michael Melarkey	12 Laurence Skidmore
3 Manchester University 'B'	48 — 13 Edward Broadberry	17 Charlie McVickers	18 Jacob Mason

Senior Men (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Trafford AC	46 — 4 Jeff Prest	6 Clive Fitzpatrick	10 Michael Hunt	26 Paul Mannion
2 Sale H Manchester	47 — 1 Paul Green	13 Glenn Savage	15 Stephen McCarron	18 Tom Fordyce
3 Horwich Rmi	49 — 5 Alastair Murray	7 Paul Massey	9 David Jackson	28 Martyn Bell
4 Wilmslow RC	94 — 3 Peter Speake	24 Trevor Morris	30 Mike Hill	37 Tom McGaff
5 Salford H&ac	109 — 11 Richard Brook	22 Mike Grace	34 Charles Foster	42 Paul Birkett
6 Stockport H&ac	124 — 14 Iain Murdoch	23 James Corden	41 Kevan Garner	46 David Hulley
7 Chorlton Runners	137 — 12 David Alderson	16 Christopher Rayner	51 Paul McKenna	58 Paul Griffiths
8 Manchester Triathlon	171 — 8 Paul Savage	36 Paul Schofield	62 Stephen Taylor	65 John Murray
9 Sale H Manchester 'B'	171 — 29 Duncan Hill	32 Nick Peach	43 Elton Davies	67 Aiden Rafferty
10 E Cheshire H&tameside AC	171 — 17 Ian Fraser	21 Barry Hirst	48 Tim Greenald	85 Dennis Thomas
11 Bramhall Runners	172 — 20 Andy Porter	44 Phil Ramsey	52 Ian Keeling	56 Paul Beckett
12 Altrincham&district AC	188 — 31 David Hughes	40 Roger Preece	54 Richard Johnson	63 Paul Abraham
13 Vale Royal AC	214 — 27 Darren Cottier	39 Tom Annable	64 Craig Sephton	84 Scott Bamber
14 Macclesfield H&ac	245 — 19 James Noakes	61 Mark Messenger	66 Gary Wilcock	99 Chris Goodfellow
15 Stockport H&ac 'B'	277 — 47 Steve Shaughnessy	60 Nathan Mayoh	82 Ian Mulligan	88 Paul Corner
16 Wilmslow RC 'B'	313 — 50 James Macdonald	81 Matt Taylor	86 Richard Hirons	96 Mark Bale
17 Manchester Triathlon 'B'	333 — 75 Ben Strutt	76 Roger Thomas	80 Richard Wallace	102 Lee Benson
18 Glossopdale Harriers	336 — 25 Steve Crossman	35 Dan Oldham	108 David Chrystie-Lowe	168 John Stephenson
19 Bramhall Runners 'B'	350 — 68 Chris Trask	70 Frank Podd	74 Lok Li	138 Lee Jones
20 Swinton RC	359 — 33 Simon Atkin	49 Steve Doxey	129 Ric Waring	148 Dave Batty
21 Sale H Manchester 'C'	380 — 69 Andy Yates	73 Ashley Lindsey	83 Richard McHugh	155 Chris Cook
22 Altrincham&district AC 'B'	394 — 72 Nick Burke	89 Peter Pickwell	101 Colin Hammond	132 Jeff Norman
23 Chorlton Runners 'B'	406 — 71 Nicck Syrett	98 Peter Adams	114 Warren Bowden	123 Peter Mainwaring
24 Hyde Village Striders	437 — 87 Dominic Sexton	112 Paul Taylor	117 Andrew Haughton	121 Mike Mason
25 Stockport H&ac 'C'	443 — 92 Simon Pickard	110 Tim Hargreaves	116 Andrew Mainwaring	125 Robert Taylor
26 Horwich Rmi 'B'	458 — 57 Gary Chadderton	78 Douglas Fleming	146 David Barnes	177 Lawrence Pinnell
27 Manchester H&ac	474 — 100 Chris Sewart	103 James Hinde	126 Glen Gandy	145 Lloyd Barlow
28 Knutsford Tri Club	488 — 91 Shane Wolstencroft	105 Andy Dines	128 Paul Stubbs-Jeffries	164 Edward Taylor
29 Marple Runners	490 — 77 Darren Peatfield	93 Richard Williams	136 James Deighton	184 Ian Galloway
30 E Cheshire H&tameside AC 'B'	505 — 90 Alan Kennedy	97 Derek Hughes	130 James Fairfield	188 Martin Lewis
31 Vale Royal AC 'B'	518 — 95 Dave Haines	127 John Clarke	131 Chris Beard	165 Tony Archer
32 Salford Met AC	526 — 106 Steve Mercer	119 Darren Tyldesley	122 Mark Shuttleworth	179 Jack Carney
33 Chorlton Runners 'C'	572 — 124 Steven Swan	134 Christopher Jackson	152 Paul Kain	162 Kevin Button
34 Manchester Triathlon 'C'	576 — 107 Timothy Criddle	141 Franck Turmel-Josek	158 Andrew Dow	170 Chris Watson
35 Salford H&ac 'B'	591 — 104 Sean Cordell	111 Russ Derbyshire	185 Roland Bowness	191 Tom Daniels
36 Winston Runners	596 — 137 Paul Lockett	142 Jon Shaw	156 Scott Ashworth	161 Anthony Harrison
37 Macclesfield H&ac 'B'	604 — 118 Tim Marsh	135 Richard Brown	169 Barrie Thomason	182 Mark Wheelton
38 Middleton H AC	616 — 143 Alan Garvey	147 Bryan O'Neill	154 Craig Sutherland	172 Mick Bull
39 Manchester Ymca H	669 — 94 Eddie Gilligan	183 Jon Paramor	192 Geoff Cotterill	200 Steve Symons
40 Bramhall Runners 'C'	702 — 157 Ben Wood	160 Steve Fairclough	187 Jon Clare	198 Nick Heaton
41 Sale H Manchester 'D'	736 — 159 Michael Wymer	190 Miran Arahamian	193 Jerry Smith	194 Tim Rainey