

# Manchester Area Cross Country League at Wythenshawe Park on Saturday 13th February 2016

## Under 11 - Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	343	Alex Poulston	Wirral AC	8:48	18	119	Finley Mayoh	Stockport H&ac	9:55
2	511	Patrick Griffith	Vale Royal AC	9:10	19	661	Jack Johnson	Sale H Manchester	9:58
3	2078	Roman Hodgson	Deeside AC	9:12	20	544	Nathan Fryer	Salford Met AC	10:07
4	192	Archie McCarron	Sale H Manchester	9:14	21	2077	Marcus Cann	Handforth Wilmslow Alderley	10:11
5	56	William Brown	Manchester H&ac	9:17	22	419	Hayden Blunn	Macclesfield H&ac	10:14
6	516	Gabriel Meehan	Liverpool H & AC	9:19	23	543	Keiran Brindle	Salford Met AC	10:15
7	190	Harry Edmundson	Sale H Manchester	9:20	24	2	Ivan Karpusheff	Vale Royal AC	10:21
8	577	Charlie Tittensor	Sale H Manchester	9:29	25	510	Will Clark	Vale Royal AC	10:22
9	546	Matthew Russell	Salford Met AC	9:30	26	420	Oliver Bradley	Macclesfield H&ac	10:23
10	576	Jack Batten	Sale H Manchester	9:33	27	189	Harvey Devenport	Sale H Manchester	10:38
11	653	Michael Dobson	St Helens Sutton AC	9:35	28	654	Tom Critchley	Salford Met AC	10:38
12	193	Will Parker	Sale H Manchester	9:37	29	596	Patrick Marsden	Salford Met AC	10:46
13	561	Torin Lindsey	Sale H Manchester	9:41	30	649	Oliver Thomason	Macclesfield H&ac	10:48
14	120	Jonah Wall	Stockport H&ac	9:43	31	574	Morgan Fawkes	Vale Royal AC	10:54
15	538	Malachy Cole	Salford H&ac	9:47	32	426	Callum Wain	Macclesfield H&ac	10:56
16	545	Ethan Nation	Salford Met AC	9:51	33	328	L Storey-Grimshaw	E Cheshire H&tameside AC	11:05
17	557	Rhys Hopkins	Warrington AC	9:54	34	403	Maverick McCrum	Manchester Triathlon	12:27

## Under 11 - Boys — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Sale H Manchester	16	—	3	Archie McCarron	6	Harry Edmundson	7	Charlie Tittensor	
2	Sale H Manchester	'B'	32	—	9	Jack Batten	11	Will Parker	12	Torin Lindsey
3	Salford Met AC		42	—	8	Matthew Russell	15	Ethan Nation	19	Nathan Fryer
4	Vale Royal AC		47	—	2	Patrick Griffith	22	Ivan Karpusheff	23	Will Clark
5	Macclesfield H&ac		72	—	20	Hayden Blunn	24	Oliver Bradley	28	Oliver Thomason
6	Salford Met AC	'B'	74	—	21	Keiran Brindle	26	Tom Critchley	27	Patrick Marsden

## Under 11 - Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	509	Holly Weedall	Vale Royal AC	8:57	24	399	Cleo Bentall	Manchester Triathlon	10:50
2	180	Isabelle Burke	Sale H Manchester	9:04	25	53	Violet Claxton	Manchester H&ac	10:51
3	508	Grace Roberts	Vale Royal AC	9:21	26	610	Hannah Gregg	Altrincham&district AC	10:54
4	283	Nicola Mason	Salford H&ac	9:27	27	514	S Fane-De-Salis	Liverpool H & AC	10:54
5	182	Taylor Edwards	Sale H Manchester	9:38	28	52	Evelyn Barber	Manchester H&ac	10:58
6	2079	Isabella Merritt	Bolton United Harriers & Ac	9:44	29	2083	Lily Philbin	Bolton United Harriers & Ac	11:00
7	646	Niamh Boyd	Sale H Manchester	9:48	30	530	Scarlett Stapleton	Vale Royal AC	11:01
8	183	Libby Hill	Sale H Manchester	9:53	31	569	Rebecca Johnson	Liverpool H & AC	11:06
9	117	Sofia Livesey	Stockport H&ac	10:08	32	563	Isobel Dallas	Liverpool H & AC	11:08
10	179	Nieve Barton	Sale H Manchester	10:09	33	411	Lily Davies	Macclesfield H&ac	11:10
11	565	Hattie Bain	Liverpool H & AC	10:12	34	628	Tarlia Higginbotham	Vale Royal AC	11:11
12	50	Molly Wormald	Warrington AC	10:17	35	556	Lily Briscoe	Warrington AC	11:12
13	48	Eva Ferris	Warrington AC	10:20	36	415	Charlotte Moran	Macclesfield H&ac	11:13
14	282	Isobel Cammish	Salford H&ac	10:22	37	414	Constance Gooda	Macclesfield H&ac	11:28
15	46	Maisie Bell	Warrington AC	10:23	38	582	Imogen Gush	E Cheshire H&tameside AC	11:29
16	47	Lucie Davies	Warrington AC	10:27	39	15	Lucy Bridge	St Helens Sutton AC	11:30
17	401	Marina Guardascione	Manchester Triathlon	10:39	40	656	Melissa Cox	Stockport H&ac	11:31
18	281	Isabelle Bryan	Salford H&ac	10:40	41	571	Maisie Nichols	Liverpool H & AC	11:55
19	412	Rebecca Dilworth	Macclesfield H&ac	10:40	42	603	Shauna Clarke	Warrington AC	12:00
20	566	Jenny Grant	Liverpool H & AC	10:45	43	659	Libby Martin	Stockport H&ac	12:07
21	87	Sadie Mannion	Trafford AC	10:47	44	634	Jessica Molloy	Altrincham&district AC	12:11
22	658	I BlakemoreClark	Liverpool H & AC	10:47	45	418	Ruth Teagle	Macclesfield H&ac	12:32
23	642	Ella Gillespie	Sale H Manchester	10:49					

## Under 11 - Girls — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Sale H Manchester	13	—	2	Isabelle Burke	5	Taylor Edwards	6	Niamh Boyd	
2	Vale Royal AC	32	—	1	Holly Weedall	3	Grace Roberts	28	Scarlett Stapleton	
3	Salford H&ac	34	—	4	Nicola Mason	13	Isobel Cammish	17	Isabelle Bryan	
4	Warrington AC	37	—	11	Molly Wormald	12	Eva Ferris	14	Maisie Bell	
5	Sale H Manchester	'B'	38	—	7	Libby Hill	9	Nieve Barton	22	Ella Gillespie
6	Liverpool H & AC		50	—	10	Hattie Bain	19	Jenny Grant	21	I BlakemoreClark
7	Macclesfield H&ac		83	—	18	Rebecca Dilworth	31	Lily Davies	34	Charlotte Moran
8	Liverpool H & AC	'B'	85	—	26	S Fane-De-Salis	29	Rebecca Johnson	30	Isobel Dallas
9	Stockport H&ac		87	—	8	Sofia Livesey	38	Melissa Cox	41	Libby Martin
10	Warrington AC	'B'	88	—	15	Lucie Davies	33	Lily Briscoe	40	Shauna Clarke

# Manchester Area Cross Country League at Wythenshawe Park on Saturday 13th February 2016

## Under 13 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	6	Edward Pettitt	Vale Royal AC	11:59	17	296	Samuel Bryan	Salford H&ac	13:10
2	299	Sam Hopkins	Salford H&ac	12:02	18	133	Fares Ibrahim	Stockport H&ac	13:14
3	99	Joe Bentall	Trafford AC	12:04	19	298	Oliver Cook	Salford H&ac	13:15
4	348	Louis Johnston	Wirral AC	12:04	20	26	Charlie Roberts	St Helens Sutton AC	13:16
5	487	Lucas Hayes	Warrington AC	12:10	21	98	Alex Bailey	Trafford AC	13:23
6	302	Lewis Royle	Salford H&ac	12:19	22	488	Joe Roberts	Warrington AC	13:29
7	100	Tom Bentall	Trafford AC	12:38	23	23	Michael Brussels	St Helens Sutton AC	13:44
8	436	Finley Profitt	Macclesfield H&ac	12:41	24	475	Max Clay	Trafford AC	14:08
9	644	Alex Finney	Stockport H&ac	12:43	25	497	Alex Macfarlane	Stockport H&ac	14:20
10	435	James Doorbar	Macclesfield H&ac	12:46	26	297	Joe Coggins	Salford H&ac	15:04
11	467	Joe Browne	Macclesfield H&ac	12:47	27	531	Nathan Stapleton	Vale Royal AC	15:09
12	437	Thomas Roberts	Macclesfield H&ac	12:48	28	652	Harley Chadwick	St Helens Sutton AC	15:29
13	643	Greg Dari	E Cheshire H&tameside AC	12:49	29	25	Liam Houghton	St Helens Sutton AC	15:31
14	131	Edward Corden	Stockport H&ac	12:55	30	65	Lorcan Cronin	Manchester H&ac	16:47
15	655	Finan Johnston	Wirral AC	13:03	31	469	Alexander Moss	Macclesfield H&ac	16:53
16	101	Oliver Choi	Trafford AC	13:04					

## Under 13 - Boys — TEAM RESULTS

1 Salford H&ac	25 — 2 Sam Hopkins	6 Lewis Royle	17 Samuel Bryan
2 Trafford AC	26 — 3 Joe Bentall	7 Tom Bentall	16 Oliver Choi
3 Macclesfield H&ac	29 — 8 Finley Profitt	10 James Doorbar	11 Joe Browne
4 Stockport H&ac	41 — 9 Alex Finney	14 Edward Corden	18 Fares Ibrahim
5 St Helens Sutton AC	71 — 20 Charlie Roberts	23 Michael Brussels	28 Harley Chadwick

## Under 13 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	431	Sian Heslop	Macclesfield H&ac	12:57	17	206	Scarlett Whittaker	Sale H Manchester	14:56
2	208	Maisie Wiseman	Sale H Manchester	13:38	18	622	Ava Taylor	Sale H Manchester	15:09
3	346	Ellen-Mary Kearney	Wirral AC	13:47	19	122	Lauren Burgess	Stockport H&ac	15:13
4	202	Laura Hole	Sale H Manchester	13:50	20	129	Ella Taylor	Stockport H&ac	15:23
5	197	Anouska Brooks	Sale H Manchester	13:52	21	62	Alice Jones	Manchester H&ac	15:24
6	293	Emily Russell	Salford H&ac	13:53	22	631	Caitlin Doohan	Sale H Manchester	15:25
7	330	Megan Lewis	E Cheshire H&tameside AC	13:54	23	594	E ColquhounLynn	Sale H Manchester	15:32
8	205	Penny Townsend	Sale H Manchester	13:58	24	289	Erin Grime	Salford H&ac	15:33
9	125	Daisy Keigher	Stockport H&ac	14:05	25	294	Natalia Russell	Salford H&ac	15:39
10	290	C Haywood-Percival	Salford H&ac	14:09	26	96	Lauren Howley	Trafford AC	15:49
11	295	Sophie Smith	Salford H&ac	14:13	27	618	Hazel Shaw	Manchester H&ac	15:58
12	124	Esther Hulley	Stockport H&ac	14:28	28	97	Emily Wolstencroft	Trafford AC	16:13
13	430	Libby Greeney	Macclesfield H&ac	14:33	29	60	Emma Davies	Manchester H&ac	16:19
14	291	Samantha Mason	Salford H&ac	14:34	30	473	Kyra Brindle	Salford Met AC	16:30
15	329	Freya Handley	E Cheshire H&tameside AC	14:38	31	578	Lillia Buller	Sale H Manchester	16:30
16	462	Christie Allen	E Cheshire H&tameside AC	14:44	32	18	Alyx Bridge	St Helens Sutton AC	16:54

## Under 13 - Girls — TEAM RESULTS

1 Sale H Manchester	11 — 2 Maisie Wiseman	4 Laura Hole	5 Anouska Brooks
2 Salford H&ac	27 — 6 Emily Russell	10 C Haywood-Percival	11 Sophie Smith
3 E Cheshire H&tameside AC	38 — 7 Megan Lewis	15 Freya Handley	16 Christie Allen
4 Stockport H&ac	40 — 9 Daisy Keigher	12 Esther Hulley	19 Lauren Burgess
5 Sale H Manchester 'B'	43 — 8 Penny Townsend	17 Scarlett Whittaker	18 Ava Taylor
6 Salford H&ac 'B'	63 — 14 Samantha Mason	24 Erin Grime	25 Natalia Russell
7 Sale H Manchester 'C'	76 — 22 Caitlin Doohan	23 E ColquhounLynn	31 Lillia Buller
8 Manchester H&ac	77 — 21 Alice Jones	27 Hazel Shaw	29 Emma Davies

# Manchester Area Cross Country League at Wythenshawe Park on Saturday 13th February 2016

## Under 15 - Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	493	Keenan Owen	E Cheshire H&tameside AC	15:23	15	110	Cynog Williams	Trafford AC	17:37
2	483	Sam Evans	Warrington AC	15:28	16	310	Jacob Yates	Salford H&ac	17:39
3	444	Lucas Parker	Macclesfield H&ac	16:15	17	398	Harry Sinclair	Altrincham&district AC	17:42
4	482	Jordan Jones	Warrington AC	16:16	18	358	Will Atherden	Wirral AC	18:10
5	242	Luke Chesters	Sale H Manchester	16:18	19	309	Charlie Thomas	Salford H&ac	18:14
6	485	Joe Buckley	Warrington AC	16:28	20	151	Joseph Philbin	Stockport H&ac	18:50
7	247	Kian Lindsay	Sale H Manchester	16:45	21	336	Jake Smith	E Cheshire H&tameside AC	18:51
8	145	Ben Batho	Stockport H&ac	16:57	22	650	D O'KearneyMcMullan	Macclesfield H&ac	18:56
9	585	Jacob Brophy	Wirral AC	17:00	23	251	Jack Williamson	Sale H Manchester	19:10
10	152	Flynn Walsh	Stockport H&ac	17:10	24	150	Sam Johnson	Stockport H&ac	19:12
11	308	Paddy Cusack	Salford H&ac	17:20	25	637	Harry Hayes	Ribble Valley AC	19:18
12	362	Jonathon Head	Wirral AC	17:21	26	148	Drew Evans	Stockport H&ac	19:20
13	327	James Dagnall	Salford Met AC	17:29	27	492	Karl Taylor	Stockport H&ac	19:35
14	245	Sam Heyworth	Sale H Manchester	17:31					

## Under 15 - Boys — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Warrington AC	12	—	2	Sam Evans	4	Jordan Jones	6	Joe Buckley
2	Sale H Manchester	26	—	5	Luke Chesters	7	Kian Lindsay	14	Sam Heyworth
3	Stockport H&ac	38	—	8	Ben Batho	10	Flynn Walsh	20	Joseph Philbin
4	Wirral AC	39	—	9	Jacob Brophy	12	Jonathon Head	18	Will Atherden
5	Salford H&ac	46	—	11	Paddy Cusack	16	Jacob Yates	19	Charlie Thomas
6	Stockport H&ac	77	—	24	Sam Johnson	26	Drew Evans	27	Karl Taylor

## Under 15 - Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	382	Jess Cook	Liverpool H & AC	17:53	16	235	Elizabeth Twite	Sale H Manchester	19:45
2	440	Stephanie Moss	Macclesfield H&ac	18:19	17	442	Shona Williams	Macclesfield H&ac	19:50
3	228	Lucy Griffiths	Sale H Manchester	18:20	18	225	Josie Canham	Sale H Manchester	20:05
4	354	Krystina Martindale	Wirral AC	18:22	19	140	Mollie Cooke	Stockport H&ac	20:06
5	457	Georgia Tansy	Ribble Valley AC	18:37	20	236	Jemma Vickers	Sale H Manchester	20:22
6	439	Emily Lowery	Macclesfield H&ac	18:46	21	472	Jade Bailey	Salford Met AC	20:27
7	229	Georgia Haworth	Sale H Manchester	18:53	22	104	Anna Baker	Trafford AC	20:27
8	234	Bethany Thornton	Sale H Manchester	18:55	23	222	Tia-Rae Barton	Sale H Manchester	20:39
9	441	Lauren Robinson	Macclesfield H&ac	19:04	24	333	Molly Healey	E Cheshire H&tameside AC	20:44
10	353	Juliet Hodder	Wirral AC	19:07	25	351	Erin Davies	Wirral AC	20:48
11	335	Abby O'Neill	E Cheshire H&tameside AC	19:13	26	105	Marnie Mannion	Trafford AC	20:56
12	334	Holly Jackson	E Cheshire H&tameside AC	19:26	27	352	Ella Head	Wirral AC	21:06
13	657	Caitlin Dimmick	Vale Royal AC	19:31	28	2081	Leah Rushworth	Bolton United Harriers & AC	22:02
14	489	Natasha Moore	Stockport H&ac	19:33	29	318	Kathryn Schofield	Warrington Tri Club	26:11
15	660	Ellie Cole	Trafford AC	19:40					

## Under 15 - Girls — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Macclesfield H&ac	17	—	2	Stephanie Moss	6	Emily Lowery	9	Lauren Robinson
2	Sale H Manchester	18	—	3	Lucy Griffiths	7	Georgia Haworth	8	Bethany Thornton
3	Wirral AC	39	—	4	Krystina Martindale	10	Juliet Hodder	25	Erin Davies
4	E Cheshire H&tameside AC	47	—	11	Abby O'Neill	12	Holly Jackson	24	Molly Healey
5	Sale H Manchester	54	—	16	Elizabeth Twite	18	Josie Canham	20	Jemma Vickers
6	Trafford AC	63	—	15	Ellie Cole	22	Anna Baker	26	Marnie Mannion

## Under 17 - Men — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	169	Patrick Magner		Stockport H&ac	20:24	7	461	Josh Forth		Ribble Valley AC	22:49
2	340	George Lewis		E Cheshire H&tameside AC	20:26	8	341	Callum Rhodes		E Cheshire H&tameside AC	23:25
3	85	Ben Skertchly		Manchester H&ac	20:47	9	607	Bradley Freeman		Stockport H&ac	23:47
4	166	George Cooke		Stockport H&ac	21:28	10	339	Paolo Guarnieri		E Cheshire H&tameside AC	24:27
5	465	Nathan Barlow		E Cheshire H&tameside AC	21:31	11	446	Callum Ahern		Macclesfield H&ac	24:40
6	599	Luke Doleman		Manchester H&ac	21:49	12	625	James Critchley		Salford H&ac	24:52

## Under 17 - Men — TEAM RESULTS

1	Stockport H&ac	14	—	1	Patrick Magner	4	George Cooke	9	Bradley Freeman
2	E Cheshire H&tameside AC	15	—	2	George Lewis	5	Nathan Barlow	8	Callum Rhodes

## Under 17 - Ladies — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time		
1	445	Louisa Whittingham	L	1	Macclesfield H&ac	23:00	6	253	Alice Bruce	L	6	Sale H Manchester	25:00
2	161	Niamh Simpson	L	2	Stockport H&ac	23:30	7	260	Franki Reid	L	7	Sale H Manchester	25:20
3	160	Hannah Richardson	L	3	Stockport H&ac	23:51	8	314	Rebecca Mason	L	8	Salford H&ac	25:34
4	155	Heather Corden	L	4	Stockport H&ac	24:37	9	311	Caitlin Dunphy	L	9	Salford H&ac	28:13
5	157	Emilia Gajda	L	5	Stockport H&ac	24:53	10	315	Molly Pike	L	10	Salford H&ac	29:21

## Under 17 - Ladies — TEAM RESULTS

1	Stockport H&ac	9	—	2	Niamh Simpson	3	Hannah Richardson	4	Heather Corden
2	Salford H&ac	27	—	8	Rebecca Mason	9	Caitlin Dunphy	10	Molly Pike

# Manchester Area Cross Country League

## at Wythenshawe Park, Manchester on Saturday 13th February 2016

### Senior Women aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	511	Anne Kenchington	L20	1 University Of Manchester	30:38	6	384	Aileen Kearney	L20	6 Wirral AC	35:43
2	376	Hayley Simpson	L20	2 E Cheshire H&tameside AC	33:21	7	272	Amber Towns	L20	7 Sale H Manchester	38:38
3	481	Georgia Baynes	L20	3 University Of Manchester	33:24	8	489	Ruth Lindley	L20	8 University Of Manchester	39:25
4	68	Rachel McGoldrick	L20	4 St Helens Sutton AC	34:14	9	554	Emily Shinagawa	L20	9 University Of Manchester	42:13
5	251	Eve Gibson	L20	5 Sale H Manchester	35:32						

### Senior Women aged 20 to 34

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	482	Hannah Brown		University Of Manchester	30:09	33	571	Amie Hughes		Stockport H&ac	37:41
2	167	Vicki Cronin		Trafford AC	31:19	34	257	Deirdre McCarthy		Sale H Manchester	37:56
3	407	Caitlin Rice		Glossopdale Harriers	31:29	35	270	Tracey Taylor		Sale H Manchester	38:49
4	65	Gemma Connolly		St Helens Sutton AC	32:06	36	14	Leona Beaumont		Chorlton Runners	39:00
5	425	Rachel Hall		Manchester Triathlon	32:12	37	487	Martha Hamilton		University Of Manchester	39:04
6	173	Sarah Hudak		Trafford AC	32:14	38	423	Imogen Gough		Manchester Triathlon	39:05
7	515	Sinead Sweeney		University Of Manchester	32:20	39	536	Helen Rennie		Bramhall Runners	39:46
8	404	Kirsty Johnson		Glossopdale Harriers	33:15	40	196	Imogen Nutter		Stockport H&ac	39:47
9	480	Bethany Ansell		University Of Manchester	33:17	41	247	Victoria Cordingley		Sale H Manchester	40:30
10	341	Lucy Etchells		Manchester Frontrunners	33:55	42	466	Nina Moss		Macclesfield H&ac	40:33
11	370	Bethany Hirst		E Cheshire H&tameside AC	33:57	43	22	Rebecca Deeran		Chorlton Runners	40:39
12	557	Samantha Jones		Stockport H&ac	34:01	44	197	Cheryl Rock		Stockport H&ac	41:12
13	189	Louise Geldart		Stockport H&ac	34:04	45	546	Laura Rodgers		Mmu H	41:26
14	248	Sarah Douglas		Sale H Manchester	34:20	46	435	Claire Nelson		Manchester Triathlon	41:31
15	113	Elena Adorni		Chorlton Runners	34:22	47	114	Hannah Ahle		Chorlton Runners	41:52
16	165	Cauley Amy Rose		Trafford AC	34:28	48	357	C Hammond-Price		Manchester Ymca H	42:06
17	279	Katie White		Sale H Manchester	34:29	49	545	Laura Kirkbright		Mmu H	42:20
18	37	Ingrid Storm		Chorlton Runners	35:01	50	477	Aggie Juszczyk		Mmu H	43:28
19	512	Sheridan McWilliam		University Of Manchester	35:09	51	346	Claire Naylor		Manchester Frontrunners	44:22
20	133	Sarah Renshaw		Chorlton Runners	35:09	52	255	Amelie Latham		Sale H Manchester	44:49
21	143	Naomi Wright		Chorlton Runners	35:12	53	555	Angela Potter		Salford Met AC	45:46
22	504	Amy Ashton		Sale H Manchester	35:37	54	122	Suzette Crane		Chorlton Runners	46:07
23	469	Daisy Pickles		Macclesfield H&ac	35:59	55	446	Jasmine Duffy		Hyde Village Striders	46:34
24	216	Marie Leahy		St Helens Tri	36:01	56	159	Heather Cunliffe		Dragons Rc Sale	47:05
25	137	Emma Tollefson		Chorlton Runners	36:12	57	581	Katie Barker		Chorlton Runners	48:29
26	352	Hannah Brierley		Manchester Ymca H	36:22	58	373	Stephanie Owen		E Cheshire H&tameside AC	48:56
27	318	Rebecca Mills		Swinton RC	36:53	59	421	Ella Fields		Manchester Triathlon	49:52
28	138	Rosalyn Webster		Chorlton Runners	37:02	60	121	Hannah Coates		Chorlton Runners	52:05
29	362	Carolyn Lewtas		Salford Met AC	37:13	61	356	Jill Guthrie		Manchester Ymca H	52:53
30	455	Alannah Birtwistle		Macclesfield H&ac	37:23	62	132	Samantha Redhead		Chorlton Runners	55:05
31	33	Lorraine Pang		Chorlton Runners	37:36	63	553	Fignola Alexandre		University Of Manchester	55:17
32	178	Heather Roberts		Trafford AC	37:38	64	354	Jennifer Delaney		Manchester Ymca H	1:09:11

### Senior Women (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	452	Vicky Wright	L35	1 Hyde Village Striders	32:31	18	274	Janneke VanBeijnuL35	18	Sale H Manchester	40:16
2	237	Hayley Ashby	L35	2 Sale H Manchester	32:49	19	345	Paula Medley	L35	19 Manchester Frontrunners	40:33
3	277	Kathy Wellam	L35	3 Sale H Manchester	33:24	20	562	Ruth Lindsey	L35	20 Sale H Manchester	40:45
4	386	Lora Blann	L35	4 Altrincham&district AC	34:34	21	73	Dee Beckett	L35	21 Bramhall Runners	41:08
5	342	Jane Fletcher	L35	5 Manchester Frontrunners	35:14	22	336	Amanda Trivett	L35	22 Knutsford Tri Club	41:32
6	416	Rebecca Brand	L35	6 Manchester Triathlon	36:34	23	507	Dawn Brindley	L35	23 Salford Met AC	42:27
7	145	Melanie Barber	L35	7 Manchester H&ac	36:57	24	39	Alison Wainwright	L35	24 Chorlton Runners	42:32
8	81	Nicola Lloyd	L35	8 Bramhall Runners	37:17	25	109	Isabell Richter	L35	25 Middleton H AC	44:09
9	366	Catherine Daley	L35	9 E Cheshire H&tameside AC	37:38	26	144	Caroline Baba	L35	26 Manchester H&ac	45:14
10	2086	Carla Appleby	L35	10 Unattached	37:52	27	587	Kim Croskery	L35	27 Macclesfield H&ac	45:37
11	399	Zoe Barton	L35	11 Glossopdale Harriers	38:42	28	16	Lauren Berger	L35	28 Chorlton Runners	46:14
12	319	Helen Nation	L35	12 Swinton RC	38:57	29	584	Jenny Castle	L35	29 Swinton RC	46:16
13	358	Emma Rettig	L35	13 Manchester Ymca H	39:07	30	110	Vicky Stainthorpe	L35	30 Middleton H AC	46:41
14	168	Nicole Davenport	L35	14 Trafford AC	39:17	31	377	Kelly Smith	L35	31 E Cheshire H&tameside AC	50:49
15	582	Sarah Gray	L35	15 Chorlton Runners	39:39	32	105	Beverley O'Neill	L35	32 Middleton H AC	51:47
16	331	Claire Hebblethwaite	L35	16 Knutsford Tri Club	39:57	33	222	Ruth Amin	L35	33 Belle Vue Racers	55:36
17	141	Melanie Williamson	L35	17 Chorlton Runners	40:10	34	38	Jennifer Turner	L35	34 Chorlton Runners	1:07:24

### Senior Women (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	52	Sharon Johnstone	L40	1 Wilmslow RC	31:42	19	193	Jen Hulley	L40	19 Stockport H&ac	39:51
2	385	Sarah Kearney	L40	2 Wirral AC	32:41	20	322	Viv Samuelson	L40	20 Swinton RC	40:22
3	316	Lauren Marsden	L40	3 Swinton RC	34:24	21	250	Sinead Ferguson	L40	21 Sale H Manchester	40:27
4	48	Louisa Harrison	L40	4 Wilmslow RC	34:32	22	500	Sarah Bowman	L40	22 Hyde Village Striders	40:30
5	47	Katy Green	L40	5 Wilmslow RC	34:40	23	537	Adele Siddall	L40	23 Dragons Rc Sale	40:36
6	525	Anne Rosbottom	L40	6 Wirral AC	34:42	24	351	Emma Bedford	L40	24 Manchester Ymca H	40:58
7	236	Helen Armitage	L40	7 Sale H Manchester	34:56	25	531	Sally Meats	L40	25 Stockport H&ac	41:12
8	2084	Jacqui Khoueiry	L40	8 Holmfirth Harriers Ac	35:35	26	576	Laura Mercer	L40	26 Salford Met AC	43:06
9	161	Madeleine Hill	L40	9 Dragons Rc Sale	35:53	27	497	Julie Wacker	L40	27 Bramhall Runners	43:18
10	256	Clare McCarron	L40	10 Sale H Manchester	36:34	28	147	Jackie Ellison	L40	28 Manchester H&ac	43:44
11	263	Joanna Robbins	L40	11 Sale H Manchester	36:38	29	412	Gillian Aspin	L40	29 Manchester Triathlon	44:01
12	83	Jennie Pickard	L40	12 Bramhall Runners	36:46	30	224	Lisa Donnelly	L40	30 Belle Vue Racers	44:20
13	19	Angelique Bueler	L40	13 Chorlton Runners	37:25	31	374	Nicola Richards	L40	31 E Cheshire H&tameside AC	45:23
14	86	Emma Young	L40	14 Bramhall Runners	37:39	32	556	Gill Russell	L40	32 Salford Met AC	46:07
15	529	Gail Hebson	L40	15 Manchester H&ac	38:17	33	320	Sharen Roberts	L40	33 Swinton RC	46:12
16	589	Rachel McDonnell	L40	16 Trafford AC	38:34	34	134	Helen Sanderson	L40	34 Chorlton Runners	49:07
17	371	Melanie Kay	L40	17 E Cheshire H&tameside AC	38:50	35	213	Adele Fisher	L40	35 St Helens Tri	49:27
18	261	Carla Ousey	L40	18 Sale H Manchester	39:03	36	117	Jodie Bennett	L40	36 Chorlton Runners	54:42

### Senior Women (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time					
1	170	Alison Drasdo	L45	1 Trafford AC	34:48	15	241 Marinda Breddy	L45	15 Sale H Manchester	43:03
2	97	Michelle Hushion	L45	2 Middleton H AC	35:31	16	355 Steph Goodchild	L45	16 Manchester Ymca H	43:32
3	44	Janine Ellis	L45	3 Wilmslow RC	35:56	17	226 Julia Foy	L45	17 Belle Vue Racers	45:32
4	260	Jan Nicholls	L45	4 Sale H Manchester	38:03	18	444 Michelle Wilder	L45	18 Manchester Triathlon	45:40
5	175	Joanne Lott	L45	5 Trafford AC	38:22	19	579 Paula Smith	L45	19 Wirral AC	48:15
6	179	Anna Verges-Bausili	L45	6 Trafford AC	38:39	20	85 Alison Sheedy	L45	20 Bramhall Runners	48:35
7	187	Gillian Doolan	L45	7 Stockport H&ac	38:51	21	577 Yolla McCoy	L45	21 Wirral AC	49:40
8	262	Helen Reagan	L45	8 Sale H Manchester	38:55	22	551 Diane Taktak	L45	22 St Helens Tri	49:56
9	585	Andrea Harrison	L45	9 Swinton RC	39:06	23	496 Erika Frame	L45	23 Bramhall Runners	50:04
10	413	Cathy Atkinson	L45	10 Manchester Triathlon	39:19	24	303 Susan Mee	L45	24 Winston Runners	50:46
11	363	Theresa Shaw	L45	11 Salford Met AC	39:21	25	119 Helen Cain	L45	25 Chorlton Runners	51:07
12	400	Joanne Brack	L45	12 Glossopdale Harriers	39:23	26	80 Melanie Li	L45	26 Bramhall Runners	55:18
13	390	Fiona Cosgrove	L45	13 Altrincham&district AC	39:27	27	78 Justine Jackson	L45	27 Bramhall Runners	1:01:57
14	368	Andrea Edwards	L45	14 E Cheshire H&tameside AC	40:42	28	79 Nikki Knappet	L45	28 Bramhall Runners	1:02:15

### Senior Women (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	391	Bev Ganose	L50	1 Altrincham&district AC	35:23	8	388 Margaret Bullock	L50	8 Altrincham&district AC	41:29
2	392	Carole Harrison	L50	2 Altrincham&district AC	36:44	9	340 Kate Brennan	L50	9 Manchester Frontrunners	41:31
3	375	Janine Ridgard	L50	3 E Cheshire H&tameside AC	37:11	10	349 Linda Rix	L50	10 Manchester Frontrunners	41:57
4	46	Sally Gilliver	L50	4 Wilmslow RC	37:59	11	71 Alyson Adams	L50	11 Bramhall Runners	44:52
5	398	Alison Vesey	L50	5 Altrincham&district AC	38:47	12	77 Kathryn Holmes	L50	12 Bramhall Runners	47:11
6	534	Lynda Rowlinson	L50	6 Sale H Manchester	39:35	13	359 Olivia Scates	L50	13 Manchester Ymca H	50:02
7	381	Caroline Brophy	L50	7 Wirral AC	39:43	14	142 Stephanie Wise	L50	14 Chorlton Runners	56:02

### Senior Women (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	246	Jackie Cordingley	L55	1 Sale H Manchester	37:25
2	230	Annie Hirsch	L55	2 Belle Vue Racers	39:16
3	467	Barbara Murray	L55	3 Macclesfield H&ac	42:59
4	107	Janice Pugh	L55	4 Middleton H AC	56:59

### Senior Women (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	372	Angela Oldham	L60	1 E Cheshire H&tameside AC	36:49
2	171	Sue Exon	L60	2 Trafford AC	41:30
3	379	Gillian Wolstenholme	L60	3 E Cheshire H&tameside AC	42:39

### Senior Women (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	186	Alexis Dinsmor	L65	1 Stockport H&ac	44:46

### Senior Women (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	221	Liz Spensley	L70	1 St Helens Tri	53:19

# Manchester Area Cross Country League at Wythenshawe Park, Manchester on Saturday 13th February 2016

## Senior Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time					
1	482	Hannah Brown		University Of Manchester	30:09	87	14	Leona Beaumont	Chorlton Runners	39:00
2	511	Anne Kenchington	L20	1 University Of Manchester	30:38	88	261	Carla Ousey	L40 18 Sale H Manchester	39:03
3	167	Vicki Cronin		Trafford AC	31:19	89	487	Martha Hamilton	University Of Manchester	39:04
4	407	Caitlin Rice		Glossopdale Harriers	31:29	90	423	Imogen Gough	Manchester Triathlon	39:05
5	52	Sharon Johnstone	L40	1 Wilmslow RC	31:42	91	585	Andrea Harrison	L45 9 Swinton RC	39:06
6	65	Gemma Connolly		St Helens Sutton AC	32:06	92	358	Emma Rettig	L35 13 Manchester Ymca H	39:07
7	425	Rachel Hall		Manchester Triathlon	32:12	93	230	Annie Hirsch	L55 2 Belle Vue Racers	39:16
8	173	Sarah Hudak		Trafford AC	32:14	94	168	Nicole Davenport	L35 14 Trafford AC	39:17
9	515	Sinead Sweeney		University Of Manchester	32:20	95	413	Cathy Atkinson	L45 10 Manchester Triathlon	39:19
10	452	Vicky Wright	L35	1 Hyde Village Striders	32:31	96	363	Theresa Shaw	L45 11 Salford Met AC	39:21
11	385	Sarah Kearney	L40	2 Wirral AC	32:41	97	400	Joanne Brack	L45 12 Glossopdale Harriers	39:23
12	237	Hayley Ashby	L35	2 Sale H Manchester	32:49	98	489	Ruth Lindley	L20 8 University Of Manchester	39:25
13	404	Kirsty Johnson		Glossopdale Harriers	33:15	99	390	Fiona Cosgrove	L45 13 Altrincham&district AC	39:27
14	480	Bethany Ansell		University Of Manchester	33:17	100	534	Lynda Rowlinson	L50 6 Sale H Manchester	39:35
15	376	Hayley Simpson	L20	2 E Cheshire H&tameside AC	33:21	101	582	Sarah Gray	L35 15 Chorlton Runners	39:39
16	277	Kathy Wellam	L35	3 Sale H Manchester	33:24	102	381	Caroline Brophy	L50 7 Wirral AC	39:43
17	481	Georgia Baynes	L20	3 University Of Manchester	33:24	103	536	Helen Rennie	Bramhall Runners	39:46
18	341	Lucy Etchells		Manchester Frontrunners	33:55	104	196	Imogen Nutter	Stockport H&ac	39:47
19	370	Bethany Hirst		E Cheshire H&tameside AC	33:57	105	193	Jen Hulley	L40 19 Stockport H&ac	39:51
20	557	Samantha Jones		Stockport H&ac	34:01	106	331	Claire Hebblethwaite	L35 16 Knutsford Tri Club	39:57
21	189	Louise Geldart		Stockport H&ac	34:04	107	141	Melanie Williamson	L35 17 Chorlton Runners	40:10
22	68	Rachel McGoldrick	L20	4 St Helens Sutton AC	34:14	108	274	Janneke VanBeijnum	L35 18 Sale H Manchester	40:16
23	248	Sarah Douglas		Sale H Manchester	34:20	109	322	Viv Samuelson	L40 20 Swinton RC	40:22
24	113	Elena Adorni		Chorlton Runners	34:22	110	250	Sinead Ferguson	L40 21 Sale H Manchester	40:27
25	316	Lauren Marsden	L40	3 Swinton RC	34:24	111	247	Victoria Cordingley	Sale H Manchester	40:30
26	165	Cauley Amy Rose		Trafford AC	34:28	112	500	Sarah Bowman	L40 22 Hyde Village Striders	40:30
27	279	Katie White		Sale H Manchester	34:29	113	466	Nina Moss	Macclesfield H&ac	40:33
28	48	Louisa Harrison	L40	4 Wilmslow RC	34:32	114	345	Paula Medley	L35 19 Manchester Frontrunners	40:33
29	386	Lora Blann	L35	4 Altrincham&district AC	34:34	115	537	Adele Siddall	L40 23 Dragons Rc Sale	40:36
30	47	Katy Green	L40	5 Wilmslow RC	34:40	116	22	Rebecca Deearan	Chorlton Runners	40:39
31	525	Anne Rosbottom	L40	6 Wirral AC	34:42	117	368	Andrea Edwards	L45 14 E Cheshire H&tameside AC	40:42
32	170	Alison Drasdo	L45	1 Trafford AC	34:48	118	562	Ruth Lindsey	L35 20 Sale H Manchester	40:45
33	236	Helen Armitage	L40	7 Sale H Manchester	34:56	119	351	Emma Bedford	L40 24 Manchester Ymca H	40:58
34	37	Ingrid Storm		Chorlton Runners	35:01	120	73	Dee Beckett	L35 21 Bramhall Runners	41:08
35	512	Sheridan McWilliam		University Of Manchester	35:09	121	531	Sally Meats	L40 25 Stockport H&ac	41:12
36	133	Sarah Renshaw		Chorlton Runners	35:09	122	197	Cheryl Rock	Stockport H&ac	41:12
37	143	Naomi Wright		Chorlton Runners	35:12	123	546	Laura Rodgers	Mmu H	41:26
38	342	Jane Fletcher	L35	5 Manchester Frontrunners	35:14	124	388	Margaret Bullock	L50 8 Altrincham&district AC	41:29
39	391	Bev Ganose	L50	1 Altrincham&district AC	35:23	125	171	Sue Exon	L60 2 Trafford AC	41:30
40	97	Michelle Hushion	L45	2 Middleton H AC	35:31	126	435	Claire Nelson	Manchester Triathlon	41:31
41	251	Eve Gibson	L20	5 Sale H Manchester	35:32	127	340	Kate Brennan	L50 9 Manchester Frontrunners	41:31
42	2084	\$Jacqui Khoueiry	L40	8 Holmfirth Harriers Ac	35:35	128	336	Amanda Trivett	L35 22 Knutsford Tri Club	41:32
43	504	Amy Ashton		Sale H Manchester	35:37	129	114	Hannah Ahle	Chorlton Runners	41:52
44	384	Aileen Kearney	L20	6 Wirral AC	35:43	130	349	Linda Rix	L50 10 Manchester Frontrunners	41:57
45	161	Madeleine Hill	L40	9 Dragons Rc Sale	35:53	131	357	C Hammond-Price	Manchester Ymca H	42:06
46	44	Janine Ellis	L45	3 Wilmslow RC	35:56	132	554	Emily Shinagawa	L20 9 University Of Manchester	42:13
47	469	Daisy Pickles		Macclesfield H&ac	35:59	133	545	Laura Kirkbright	Mmu H	42:20
48	216	Marie Leahy		St Helens Tri	36:01	134	507	Dawn Brindle	L35 23 Salford Met AC	42:27
49	137	Emma Tollefson		Chorlton Runners	36:12	135	39	Alison Wainwright	L35 24 Chorlton Runners	42:32
50	352	Hannah Brierley		Manchester Ymca H	36:22	136	379	Gillian Wolstenholme	L60 3 E Cheshire H&tameside AC	42:39
51	256	Clare McCarron	L40	10 Sale H Manchester	36:34	137	467	Barbara Murray	L55 3 Macclesfield H&ac	42:59
52	416	Rebecca Brand	L35	6 Manchester Triathlon	36:34	138	241	Marinda Breddy	L45 15 Sale H Manchester	43:03
53	263	Joanna Robbins	L40	11 Sale H Manchester	36:38	139	576	Laura Mercer	L40 26 Salford Met AC	43:06
54	392	Carole Harrison	L50	2 Altrincham&district AC	36:44	140	497	Julie Wacker	L40 27 Bramhall Runners	43:18
55	83	Jennie Pickard	L40	12 Bramhall Runners	36:46	141	477	Aggie Juszczczyk	Mmu H	43:28
56	372	Angela Oldham	L60	1 E Cheshire H&tameside AC	36:49	142	355	Steph Goodchild	L45 16 Manchester Ymca H	43:32
57	318	Rebecca Mills		Swinton RC	36:53	143	147	Jackie Ellison	L40 28 Manchester H&ac	43:44
58	145	Melanie Barber	L35	7 Manchester H&ac	36:57	144	412	Gillian Aspin	L40 29 Manchester Triathlon	44:01
59	138	Rosalyn Webster		Chorlton Runners	37:02	145	109	Isabell Richter	L35 25 Middleton H AC	44:09
60	375	Janine Ridgard	L50	3 E Cheshire H&tameside AC	37:11	146	224	Lisa Donnelly	L40 30 Belle Vue Racers	44:20
61	362	Carolyn Lewtas		Salford Met AC	37:13	147	346	Claire Naylor	Manchester Frontrunners	44:22
62	81	Nicola Lloyd	L35	8 Bramhall Runners	37:17	148	186	Alexis Dinsmor	L65 1 Stockport H&ac	44:46
63	455	Alannah Birtwistle		Macclesfield H&ac	37:23	149	255	Amelie Latham	Sale H Manchester	44:49
64	246	Jackie Cordingley	L55	1 Sale H Manchester	37:25	150	71	Alyson Adams	L50 11 Bramhall Runners	44:52
65	19	Angelique Bueler	L40	13 Chorlton Runners	37:25	151	144	Caroline Baba	L35 26 Manchester H&ac	45:14
66	33	Lorraine Pang		Chorlton Runners	37:36	152	374	Nicola Richards	L40 31 E Cheshire H&tameside AC	45:23
67	366	Catherine Daley	L35	9 E Cheshire H&tameside AC	37:38	153	226	Julia Foy	L45 17 Belle Vue Racers	45:32
68	178	Heather Roberts		Trafford AC	37:38	154	587	Kim Croskey	L35 27 Macclesfield H&ac	45:37
69	86	Emma Young	L40	14 Bramhall Runners	37:39	155	444	Michelle Wilder	L45 18 Manchester Triathlon	45:40
70	571	Amie Hughes		Stockport H&ac	37:41	156	555	Angela Potter	Salford Met AC	45:46
71	2086	\$Carla Appleby	L35	10 Unattached	37:52	157	122	Suzette Crane	Chorlton Runners	46:07
72	257	Deirdre McCarthy		Sale H Manchester	37:56	158	556	Gill Russell	L40 32 Salford Met AC	46:07
73	46	Sally Gilliver	L50	4 Wilmslow RC	37:59	159	320	Sharen Roberts	L40 33 Swinton RC	46:12
74	260	Jan Nicholls	L45	4 Sale H Manchester	38:03	160	16	Lauren Berger	L35 28 Chorlton Runners	46:14
75	529	Gail Hebson	L40	15 Manchester H&ac	38:17	161	584	Jenny Castle	L35 29 Swinton RC	46:16
76	175	Joanne Lott	L45	5 Trafford AC	38:22	162	446	Jasmine Duffy	Hyde Village Striders	46:34
77	589	Rachel McDonnell	L40	16 Trafford AC	38:34	163	110	Vicky Stainthorpe	L35 30 Middleton H AC	46:41
78	272	Amber Towns	L20	7 Sale H Manchester	38:38	164	159	Heather Cunliffe	Dragons Rc Sale	47:05
79	179	Anna Verges-Bausili	L45	6 Trafford AC	38:39	165	77	Kathryn Holmes	L50 12 Bramhall Runners	47:11
80	399	Zoe Barton	L35	11 Glossopdale Harriers	38:42	166	579	Paula Smith	L45 19 Wirral AC	48:15
81	398	Alison Vesey	L50	5 Altrincham&district AC	38:47	167	581	Katie Barker	Chorlton Runners	48:29
82	270	Tracey Taylor		Sale H Manchester	38:49	168	85	Alison Sheedy	L45 20 Bramhall Runners	48:35
83	371	Melanie Kay	L40	17 E Cheshire H&tameside AC	38:50	169	373	Stephanie Owen	E Cheshire H&tameside AC	48:56
84	187	Gillian Doolan	L45	7 Stockport H&ac	38:51	170	134	Helen Sanderson	L40 34 Chorlton Runners	49:07
85	262	Helen Reagan	L45	8 Sale H Manchester	38:55	171	213	Adele Fisher	L40 35 St Helens Tri	49:27
86	319	Helen Nation	L35	12 Swinton RC	38:57	172	577	Yolla McCoy	L45 21 Wirral AC	49:40

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Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

173 421 Ella Fields		Manchester Triathlon	49:52	184 117 Jodie Bennett	L40 36 Chorlton Runners	54:42
174 551 Diane Taktak	L45 22	St Helens Tri	49:56	185 132 Samantha Redhead	Chorlton Runners	55:05
175 359 Olivia Scates	L50 13	Manchester Ymca H	50:02	186 553 Fignola Alexandre	University Of Manchester	55:17
176 496 Erika Frame	L45 23	Bramhall Runners	50:04	187 80 Melanie Li	L45 26 Bramhall Runners	55:18
177 303 Susan Mee	L45 24	Winston Runners	50:46	188 222 Ruth Amin	L35 33 Belle Vue Racers	55:36
178 377 Kelly Smith	L35 31	E Cheshire H&tameside AC	50:49	189 142 Stephanie Wise	L50 14 Chorlton Runners	56:02
179 119 Helen Cain	L45 25	Chorlton Runners	51:07	190 107 Janice Pugh	L55 4 Middleton H AC	56:59
180 105 Beverley O'Neill	L35 32	Middleton H AC	51:47	191 78 Justine Jackson	L45 27 Bramhall Runners	1:01:57
181 121 Hannah Coates		Chorlton Runners	52:05	192 79 Nikki Knappet	L45 28 Bramhall Runners	1:02:15
182 356 Jill Guthrie		Manchester Ymca H	52:53	193 38 Jennifer Turner	L35 34 Chorlton Runners	1:07:24
183 221 Liz Spensley	L70 1	St Helens Tri	53:19	194 354 Jennifer Delaney	Manchester Ymca H	1:09:11

### Senior Women — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 University Of Manchester	26	— 1 Hannah Brown	2 Anne Kenchington	9 Sinead Sweeney	14 Bethany Ansell
2 Trafford AC	69	— 3 Vicki Cronin	8 Sarah Hudak	26 Cauley Amy Rose	32 Alison Drasdo
3 Sale H Manchester	78	— 12 Hayley Ashby	16 Kathy Wellam	23 Sarah Douglas	27 Katie White
4 Wilmslow RC	108	— 5 Sharon Johnstone	28 Louisa Harrison	30 Katy Green	45 Janine Ellis
5 Chorlton Runners	131	— 24 Elena Adorni	34 Ingrid Storm	36 Sarah Renshaw	37 Naomi Wright
6 E Cheshire H&tameside AC	148	— 15 Hayley Simpson	19 Bethany Hirst	55 Angela Oldham	59 Janine Ridgard
7 Sale H Manchester 'B'	166	— 33 Helen Armitage	41 Eve Gibson	42 Amy Ashton	50 Clare McCarron
8 Wirral AC	185	— 11 Sarah Kearney	31 Anne Rosbottom	43 Aileen Kearney	100 Caroline Brophy
9 Glossopdale Harriers	190	— 4 Caitlin Rice	13 Kirsty Johnson	78 Zoe Barton	95 Joanne Brack
10 Stockport H&ac	192	— 20 Samantha Jones	21 Louise Geldart	69 Amie Hughes	82 Gillian Doolan
11 Altrincham&district AC	200	— 29 Lora Blann	39 Bev Ganose	53 Carole Harrison	79 Alison Vesey
12 Chorlton Runners 'B'	235	— 48 Emma Tollefson	58 Rosalyn Webster	64 Angelique Bueler	65 Lorraine Pang
13 University Of Manchester 'B'	235	— 17 Georgina Baynes	35 Sheridan McWilliam	87 Martha Hamilton	96 Ruth Lindley
14 Manchester Triathlon	239	— 7 Rachel Hall	51 Rebecca Brand	88 Imogen Gough	93 Cathy Atkinson
15 Swinton RC	254	— 25 Lauren Marsden	56 Rebecca Mills	84 Helen Nation	89 Andrea Harrison
16 Sale H Manchester 'C'	257	— 52 Joanna Robbins	63 Jackie Cordingley	70 Deirdre McCarthy	72 Jan Nicholls
17 Bramhall Runners	284	— 54 Jennie Pickard	61 Nicola Lloyd	68 Emma Young	101 Helen Rennie
18 Trafford AC 'B'	293	— 67 Heather Roberts	74 Joanne Lott	75 Rachel McDonnell	77 Anna Verges-Bausili
19 Manchester Frontrunners	293	— 18 Lucy Etchells	38 Jane Fletcher	112 Paula Medley	125 Kate Brennan
20 Sale H Manchester 'D'	325	— 76 Amber Towns	80 Tracey Taylor	83 Helen Reagan	86 Carla Ousey
21 Macclesfield H&ac	354	— 46 Daisy Pickles	62 Alannah Birtwistle	111 Nina Moss	135 Barbara Murray
22 Manchester Ymca H	385	— 49 Hannah Brierley	90 Emma Rettig	117 Emma Bedford	129 C Hammond-Price
23 E Cheshire H&tameside AC 'B'	396	— 66 Catherine Daley	81 Melanie Kay	115 Andrea Edwards	134 Gillian Wolstenholme
24 Chorlton Runners 'C'	403	— 85 Leona Beaumont	99 Sarah Gray	105 Melanie Williamson	114 Rebecca Deeran
25 Manchester H&ac	420	— 57 Melanie Barber	73 Gail Hebson	141 Jackie Ellison	149 Caroline Baba
26 Sale H Manchester 'E'	421	— 98 Lynda Rowlinson	106 Janneke VanBeijnum	108 Sinead Ferguson	109 Victoria Cordingley
27 Salford Met AC	423	— 60 Carolyn Lewtas	94 Theresa Shaw	132 Dawn Brindle	137 Laura Mercer
28 Stockport H&ac 'B'	444	— 102 Imogen Nutter	103 Jen Hulley	119 Sally Meats	120 Cheryl Rock
29 Middleton H AC	522	— 40 Michelle Hushion	143 Isabell Richter	161 Vicky Stainthorpe	178 Beverley O'Neill
30 Bramhall Runners 'B'	567	— 118 Dee Beckett	138 Julie Wacker	148 Alyson Adams	163 Kathryn Holmes
31 St Helens Tri	569	— 47 Marie Leahy	169 Adele Fisher	172 Diane Taktak	181 Liz Spensley
32 Belle Vue Racers	572	— 91 Annie Hirsch	144 Lisa Donnelly	151 Julia Foy	186 Ruth Amin
33 Chorlton Runners 'D'	573	— 127 Hannah Ahle	133 Alison Wainwright	155 Suzette Crane	158 Lauren Berger
34 Manchester Triathlon 'B'	590	— 124 Claire Nelson	142 Gillian Aspin	153 Michelle Wilder	171 Ella Fields
35 Manchester Ymca H 'B'	685	— 140 Steph Goodchild	173 Olivia Scates	180 Jill Guthrie	192 Jennifer Delaney
36 Chorlton Runners 'E'	689	— 165 Katie Barker	168 Helen Sanderson	177 Helen Cain	179 Hannah Coates
37 Bramhall Runners 'C'	714	— 166 Alison Sheedy	174 Erika Frame	185 Melanie Li	189 Justine Jackson
38 Chorlton Runners 'F'	743	— 182 Jodie Bennett	183 Samantha Redhead	187 Stephanie Wise	191 Jennifer Turner

### Senior Women aged 17 to 19 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 University Of Manchester	12	— 1 Anne Kenchington	3 Georgia Baynes	8 Ruth Lindley
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### Senior Women (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Wilmslow RC	17	— 1 Sharon Johnstone	7 Louisa Harrison	9 Katy Green
2 Sale H Manchester	21	— 4 Hayley Ashby	5 Kathy Wellam	12 Helen Armitage
3 Altrincham&district AC	43	— 8 Lora Blann	14 Bev Ganose	21 Carole Harrison
4 Sale H Manchester 'B'	65	— 18 Clare McCarron	20 Joanna Robbins	27 Jackie Cordingley
5 Wirral AC	67	— 3 Sarah Kearney	10 Anne Rosbottom	54 Caroline Brophy
6 E Cheshire H&tameside AC	77	— 23 Angela Oldham	25 Janine Ridgard	29 Catherine Daley
7 Bramhall Runners	78	— 22 Jennie Pickard	26 Nicola Lloyd	30 Emma Young
8 Trafford AC	80	— 11 Alison Drasdo	34 Joanne Lott	35 Rachel McDonnell
9 Swinton RC	92	— 6 Lauren Marsden	42 Helen Nation	44 Andrea Harrison
10 Sale H Manchester 'C'	116	— 32 Jan Nicholls	41 Helen Reagan	43 Carla Ousey
11 Chorlton Runners	138	— 28 Angelique Bueler	53 Sarah Gray	57 Melanie Williamson
12 Manchester H&ac	139	— 24 Melanie Barber	33 Gail Hebson	82 Jackie Ellison
13 Manchester Frontrunners	146	— 13 Jane Fletcher	62 Paula Medley	71 Kate Brennan
14 Manchester Triathlon	150	— 19 Rebecca Brand	48 Cathy Atkinson	83 Gillian Aspin
15 Trafford AC 'B'	153	— 36 Anna Verges-Bausili	47 Nicole Davenport	70 Sue Exon
16 Altrincham&district AC 'B'	158	— 38 Alison Vesey	51 Fiona Cosgrove	69 Margaret Bullock
17 Stockport H&ac	163	— 40 Gillian Doolan	55 Jen Hulley	68 Sally Meats
18 Sale H Manchester 'D'	170	— 52 Lynda Rowlinson	58 Janneke VanBeijnum	60 Sinead Ferguson
19 E Cheshire H&tameside AC 'B'	179	— 39 Melanie Kay	64 Andrea Edwards	76 Gillian Wolstenholme
20 Manchester Ymca H	192	— 45 Emma Rettig	66 Emma Bedford	81 Steph Goodchild
21 Middleton H AC	196	— 15 Michelle Hushion	84 Isabell Richter	97 Vicky Stainthorpe
22 Salford Met AC	202	— 49 Theresa Shaw	74 Dawn Brindle	79 Laura Mercer
23 Belle Vue Racers	221	— 46 Annie Hirsch	85 Lisa Donnelly	90 Julia Foy
24 Bramhall Runners 'B'	234	— 67 Dee Beckett	80 Julie Wacker	87 Alyson Adams
25 Swinton RC 'B'	249	— 59 Viv Samuelson	94 Sharen Roberts	96 Jenny Castle
26 Chorlton Runners 'B'	271	— 75 Alison Wainwright	95 Lauren Berger	101 Helen Sanderson
27 Bramhall Runners 'C'	304	— 98 Kathryn Holmes	100 Alison Sheedy	106 Erika Frame
28 St Helens Tri	317	— 102 Adele Fisher	104 Diane Taktak	111 Liz Spensley
29 Chorlton Runners 'C'	336	— 109 Helen Cain	112 Jodie Bennett	115 Stephanie Wise
30 Bramhall Runners 'D'	348	— 113 Melanie Li	117 Justine Jackson	118 Nikki Knappet

# Manchester Area Cross Country League

## at Wythenshawe Park, Manchester on Saturday 13th February 2016

### Senior Men aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	627	Tom McGuinness	U20	1 E Cheshire H & Tameside AC	34:41	6	2082	Callum Ross	U20	6 Pendle Athletic Club	39:42
2	337	Richard McGeachie	U20	2 Halton & Frodsham	36:03	7	849	Chris Fance	U20	7 Warrington AC	40:03
3	845	Matt Beacock	U20	3 Sale H Manchester	36:35	8	826	Nathan Williams	U20	8 Vale Royal AC	41:26
4	885	Adam Roden	U20	4 Sale H Manchester	37:09	9	818	Alex McKail	U20	9 University Of Manchester	46:05
5	815	Joseph Howe	U20	5 University Of Manchester	38:27	10	943	George Raffle	U20	10 Altrincham&district AC	51:29

### Senior Men aged 20 to 39

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	247	Gavin Tomlinson		Trafford AC	34:14	58	952	James Jordan		Horwich Rmi	42:18
2	2087	Ian Mitchell		Tipton Harriers	34:35	59	342	Paul Barrett		Sale H Manchester	42:23
3	439	Matthew Shaw		Salford H&ac	34:35	60	553	Amir Dar		Manchester Frontrunners	42:38
4	844	James Wignall		Sale H Manchester	34:52	61	775	Sam Drinkwater		University Of Manchester	42:42
5	373	Nigel Martin		Sale H Manchester	35:11	62	2089	James Holland		Unattached	42:51
6	427	Bruno Lima		Salford H&ac	35:28	63	881	David Connelly		Sale H Manchester	43:00
7	790	James Savage		Chorlton Runners	35:29	64	566	Steve Hutton		Manchester Frontrunners	43:06
8	238	Simon O'Meara		Trafford AC	35:40	65	308	Robert Chesters		St Helens Tri	43:08
9	240	Richard Powell		Trafford AC	35:50	66	550	David Chambers		Manchester Frontrunners	43:38
10	366	Daniel Kashi		Sale H Manchester	36:00	67	58	Guy Weaver		Chorlton Runners	43:39
11	209	Mark Offord		Dragons Rc Sale	36:07	68	49	Ross Murdoch		Chorlton Runners	43:41
12	518	Nick Leigh		Horwich Rmi	36:33	69	130	John Williams		Bramhall Runners	44:00
13	90	Peter Speake		Wilmslow RC	36:56	70	800	Francis Pyatt		Macclesfield H&ac	44:01
14	386	Callum Rowlinson		Sale H Manchester	37:05	71	703	Alastair Fisher		Manchester Triathlon	44:07
15	725	Paul Savage		Manchester Triathlon	37:27	72	696	James Bruce		Manchester Triathlon	44:13
16	352	Chris Donnelly		Sale H Manchester	37:32	73	792	Richard Adams		Bramhall Runners	44:15
17	170	Jonathan Harrison		Chorlton Runners	37:39	74	548	Thomas Blackburn		Manchester Frontrunners	44:16
18	368	Tim Kennedy		Sale H Manchester	37:44	75	708	Nicholas Howarth		Manchester Triathlon	44:28
19	76	Paul Hawkins		Wilmslow RC	37:45	76	913	Peter Crawford		Sale H Manchester	44:29
20	350	Andrew Carlin		Sale H Manchester	37:49	77	951	JeanPaul Lebon		Altrincham&district AC	44:31
21	859	Joseph Hudak		E Cheshire H & Tameside AC	37:50	78	251	Gareth Woodcock		Trafford AC	44:40
22	2076	Kieran Reay		Birtley Ac	37:51	79	539	Mike Stockton		Knutsford Tri Club	44:44
23	782	Dan Pettitt		University Of Manchester	37:53	80	375	Richard McHugh		Sale H Manchester	44:48
24	372	David Marsh		Sale H Manchester	38:06	81	485	Rob McGibbon		Swinton RC	45:19
25	223	Richard Clancy		Trafford AC	38:39	82	761	Andrew Oliver		Macclesfield H&ac	45:20
26	834	Ross Huskisson		University Of Manchester	38:41	83	334	Victor Walsh		Belle Vue Racers	45:23
27	585	Richard Brierley		Manchester Ymca H	38:42	84	356	Kevin Foster		Sale H Manchester	45:33
28	470	Dan Bird		Swinton RC	38:46	85	110	Adam Bird		Bramhall Runners	45:38
29	45	F Macdonald-Oulds		Chorlton Runners	38:53	86	34	Brian Devlin		Chorlton Runners	45:45
30	277	Dean Marsh		Stockport H&ac	38:57	87	289	James Pratt		Stockport H&ac	45:53
31	257	Phil Burns		Stockport H&ac	39:10	88	915	Benjamin Gooswill		Chorlton Runners	45:54
32	866	Jonathan Powell		Altrincham&district AC	39:11	89	595	Rob Kedian		Manchester Ymca H	46:08
33	164	James Ashford		Chorlton Runners	39:20	90	150	John Humphreys		Middleton H AC	46:23
34	594	Craig Jones		Manchester Ymca H	39:32	91	946	Chris Floyd		Chorlton Runners	46:25
35	653	Matthew Kelly		Altrincham&district AC	39:37	92	331	Meng Tang		Belle Vue Racers	46:26
36	542	Matthew Wackett		Knutsford Tri Club	39:39	93	573	Jordan Millar		Manchester Frontrunners	46:38
37	705	Graeme Grindrod		Manchester Triathlon	39:44	94	33	Simon Clarke		Chorlton Runners	46:42
38	590	Mark Griffiths		Manchester Ymca H	39:51	95	483	Oli Loughheed		Swinton RC	46:50
39	380	Peter O'Neil		Sale H Manchester	39:55	96	173	Joe Latimer		Chorlton Runners	47:02
40	353	Richard Edwards		Sale H Manchester	40:01	97	467	Krzysztof Zacharski		Winston Runners	47:20
41	805	Rob Dunn		Sale H Manchester	40:07	98	200	Richard Skitt		Manchester H&ac	47:30
42	835	Dowan Kwon		University Of Manchester	40:34	99	737	Rob Smith		Manchester Triathlon	47:42
43	362	Steve Henderson		Sale H Manchester	40:35	100	695	Robert Bridges		Manchester Triathlon	47:46
44	565	Jono Guildford		Manchester Frontrunners	40:36	101	116	James Hall		Bramhall Runners	48:22
45	545	Tom Bardwell		Manchester Frontrunners	40:40	102	379	John Morris		Sale H Manchester	48:53
46	384	Matt Ray		Sale H Manchester	40:51	103	606	Stuart Mairs		Salford Met AC	49:24
47	854	Gregory Williams		St Helens Sutton AC	40:53	104	544	Steve Alcock		Manchester Frontrunners	49:31
48	555	Martin Dunn		Manchester Frontrunners	40:55	105	591	James Gu		Manchester Ymca H	49:55
49	741	Matthew Latham		Hyde Village Striders	41:02	106	569	Carl Lane		Manchester Frontrunners	50:16
50	726	Aaron Saxton		Manchester Triathlon	41:12	107	559	James Fox		Manchester Frontrunners	50:30
51	676	Jamie Helmer		Glossopdale Harriers	41:17	108	346	Matthew Bell		Sale H Manchester	51:24
52	729	Murray Taylor		Manchester Triathlon	41:29	109	567	Craig Isherwood		Manchester Frontrunners	53:47
53	340	Mike Ashby		Sale H Manchester	41:40	110	141	Jason Cunningham		Middleton H AC	54:00
54	596	Chris March		Manchester Ymca H	41:45	111	464	Paul Lockett		Winston Runners	55:07
55	213	Robert Wadsworth		Dragons Rc Sale	42:12	112	465	Paul Muldoon		Winston Runners	55:50
56	376	Ben McIntyre		Sale H Manchester	42:14	113	147	Jason Harling		Middleton H AC	59:46
57	532	John Goggins		Knutsford Tri Club	42:16						



### Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time			
1	883	Gareth Raven	V40 1	Sale H Manchester	35:03	25	98 Ian Costello	V40 25 St Helens Sutton AC 43:21
2	810	Clive Fitzpatrick	V40 2	Trafford AC	37:00	26	949 Michael Forber	V40 26 St Helens Tri 43:28
3	242	Jeff Prest	V40 3	Trafford AC	37:48	27	650 Shaun Jackson	V40 27 Altrincham&district AC 44:09
4	374	Stephen McCarron	V40 4	Sale H Manchester	37:54	28	472 Chris Brown	V40 28 Swinton RC 44:39
5	468	Simon Atkin	V40 5	Swinton RC	37:57	29	172 Ian Jameson	V40 29 Chorlton Runners 44:49
6	47	Ben McCormack	V40 6	Chorlton Runners	37:59	30	584 Richard Brailsford	V40 30 Manchester Ymca H 45:15
7	60	Barry Archbold	V40 7	Wilmslow RC	38:13	31	199 Chris Sewart	V40 31 Manchester H&ac 45:32
8	355	Tom Fordyce	V40 8	Sale H Manchester	38:46	32	571 John Lowe	V40 32 Manchester Frontrunners 45:35
9	263	James Corden	V40 9	Stockport H&ac	39:07	33	914 Bradley Johnson	V40 33 Altrincham&district AC 45:47
10	298	Matt Townley	V40 10	Stockport H&ac	39:33	34	129 John Williams	V40 34 Bramhall Runners 46:07
11	574	James Moles	V40 11	Manchester Frontrunners	40:10	35	634 Dennis Thomas	V40 35 E Cheshire H & Tameside AC 47:16
12	284	Adrian Nutter	V40 12	Stockport H&ac	40:23	36	212 Simon Skeltenberry	V40 36 Dragons Rc Sale 47:16
13	235	Dave Maher	V40 13	Trafford AC	40:29	37	2085 \$Marwan Khoueiry	V40 37 Holmfirth Harriers Ac 47:17
14	285	Paul Nutter	V40 14	Stockport H&ac	41:06	38	486 Jon Mellor	V40 38 Swinton RC 47:22
15	274	David Hulley	V40 15	Stockport H&ac	41:08	39	401 Michael Wymer	V40 39 Sale H Manchester 47:49
16	939	Duncan Hill	V40 16	Sale H Manchester	41:32	40	315 Matt Shillabeer	V40 40 St Helens Tri 48:20
17	543	Shane Wolstencroft	V40 17	Knutsford Tri Club	41:36	41	119 Mike Hodson	V40 41 Bramhall Runners 49:12
18	797	Daniel Oldham	V40 18	Glossopdale Harriers	41:52	42	938 David Walton	V40 42 Altrincham&district AC 49:16
19	348	Craig Bradbury	V40 19	Sale H Manchester	42:03	43	287 Paul Plummer	V40 43 Stockport H&ac 49:20
20	453	Mark Hadland	V40 20	Warrington Tri Club	42:43	44	156 Bryan O'Neill	V40 44 Middleton H AC 51:04
21	311	Eddie Hirst	V40 21	St Helens Tri	42:45	45	205 Paul Allum	V40 45 Dragons Rc Sale 51:22
22	91	Matt Taylor	V40 22	Wilmslow RC	42:52	46	928 Stephen Moran	V40 46 Manchester Frontrunners 52:32
23	128	Chris Trask	V40 23	Bramhall Runners	42:54	47	580 Dan Whittaker	V40 47 Manchester Frontrunners 53:56
24	127	Phil Ramsey	V40 24	Bramhall Runners	43:13	48	188 Mike Cronin	V40 48 Manchester H&ac 54:23

### Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time			
1	190	Ed Fazakerley	V45 1	Manchester H&ac	36:41	22	281 Ian Mulligan	V45 22 Stockport H&ac 44:55
2	868	Ian Grime	V45 2	Salford H&ac	38:24	23	643 Nick Burke	V45 23 Altrincham&district AC 45:13
3	515	David Jackson	V45 3	Horwich Rmi	38:47	24	264 Paul Corner	V45 24 Stockport H&ac 46:04
4	93	Andy Whittingham	V45 4	Wilmslow RC	39:20	25	117 Richard Hall	V45 25 Bramhall Runners 46:33
5	664	Steve Renny	V45 5	Altrincham&district AC	39:40	26	497 Ric Waring	V45 26 Swinton RC 46:58
6	269	Kevan Garner	V45 6	Stockport H&ac	39:59	27	842 Girish Patel	V45 27 Salford Met AC 47:08
7	759	James Noakes	V45 7	Macclesfield H&ac	40:30	28	276 Graham Marsland	V45 28 Stockport H&ac 47:12
8	87	Jim Pendrill	V45 8	Wilmslow RC	40:57	29	495 Jon Sides	V45 29 Swinton RC 47:26
9	126	Frank Podd	V45 9	Bramhall Runners	40:57	30	114 Simon Fennell	V45 30 Bramhall Runners 47:31
10	122	Ian Keeling	V45 10	Bramhall Runners	41:03	31	192 Glen Gandy	V45 31 Manchester H&ac 47:40
11	151	Paul Jibson	V45 11	Middleton H AC	41:39	32	166 Jamie Barry	V45 32 Chorlton Runners 49:23
12	825	Gareth Williams	V45 12	Vale Royal AC	41:39	33	738 Chris Watson	V45 33 Manchester Triathlon 49:33
13	931	Richard Johnson	V45 13	Altrincham&district AC	41:59	34	541 Edward Taylor	V45 34 Knutsford Tri Club 50:44
14	945	Jamie Neadle	V45 14	Bramhall Runners	42:04	35	900 Jon Shaw	V45 35 Knutsford Runners 50:55
15	712	Tim Johns	V45 15	Manchester Triathlon	42:38	36	624 Martin Lewis	V45 36 E Cheshire H & Tameside AC 51:45
16	948	Ashley Lindsey	V45 16	Sale H Manchester	43:01	37	599 Steve Symons	V45 37 Manchester Ymca H 52:30
17	124	Li Lok	V45 17	Bramhall Runners	43:18	38	908 Lawrence Pinnell	V45 38 Horwich Rmi 52:52
18	720	John Murray	V45 18	Manchester Triathlon	43:34	39	463 Anthony Jones	V45 39 Winston Runners 56:11
19	186	Jason Brogan	V45 19	Manchester H&ac	43:34	40	921 Eddie Edwards	V45 40 Trafford AC 57:59
20	828	Richard Marlton	V45 20	Horwich Rmi	43:58	41	944 Nick Heaton	V45 41 Bramhall Runners 58:48
21	359	Steve Gavin	V45 21	Sale H Manchester	44:46			

### Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time			
1	68	Rob Downs	V50 1	Wilmslow RC	37:23	21	744 Dominic Sexton	V50 21 Hyde Village Striders 44:58
2	70	Malcolm Fowler	V50 2	Wilmslow RC	39:02	22	947 Trevor Rayner	V50 22 Salford H&ac 46:13
3	387	Gary Rowlinson	V50 3	Sale H Manchester	39:19	23	589 Eddie Gilligan	V50 23 Manchester Ymca H 46:14
4	619	Barry Hirst	V50 4	E Cheshire H & Tameside AC	39:26	24	644 Lockie Campbell	V50 24 Altrincham&district AC 46:16
5	79	Graham Macneill	V50 5	Wilmslow RC	39:56	25	351 Frank Cordingley	V50 25 Sale H Manchester 46:17
6	588	David Garner	V50 6	Manchester Ymca H	40:31	26	239 Bruce Penhale	V50 26 Trafford AC 47:27
7	406	Paul Birkett	V50 7	Salford H&ac	40:33	27	383 Tim Rainey	V50 27 Sale H Manchester 47:35
8	221	Dick Byers	V50 8	Trafford AC	40:56	28	736 Timothy Criddle	V50 28 Manchester Triathlon 47:56
9	662	Roger Preece	V50 9	Altrincham&district AC	41:27	29	576 Roberto Raso	V50 29 Manchester Frontrunners 48:13
10	230	Mike Hutchinson	V50 10	Trafford AC	41:34	30	81 Bernard McCaaron	V50 30 Wilmslow RC 49:52
11	236	Paul Mannion	V50 11	Trafford AC	41:54	31	635 Richard Vink	V50 31 E Cheshire H & Tameside AC 50:12
12	294	Mike Shaw	V50 12	Stockport H&ac	41:58	32	336 Andy Wood	V50 32 Belle Vue Racers 50:21
13	867	David Hughes	V50 13	Altrincham&district AC	42:49	33	364 Noel Irwin	V50 33 Sale H Manchester 50:38
14	608	Paul Stevenson	V50 14	Salford Met AC	43:08	34	469 Dave Batty	V50 34 Swinton RC 50:48
15	663	Tim Raffle	V50 15	Altrincham&district AC	43:11	35	656 Gordon Nicholl	V50 35 Altrincham&district AC 51:00
16	747	Julian Brown	V50 16	Macclesfield H&ac	43:12	36	113 Steve Fairclough	V50 36 Bramhall Runners 51:15
17	109	Paul Beckett	V50 17	Bramhall Runners	43:46	37	917 Francis Wooff	V50 37 Chorlton Runners 51:49
18	381	Steve Parry	V50 18	Sale H Manchester	43:49	38	120 Steve Hughes	V50 38 Bramhall Runners 53:39
19	39	Justin Hayes	V50 19	Chorlton Runners	44:17	39	462 Anthony Harrison	V50 39 Winston Runners 54:32
20	621	Derek Hughes	V50 20	E Cheshire H & Tameside AC	44:37	40	837 David Rowe	V50 40 Liverpool Harriers & Ac 55:02

### Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	625	Gary Matthews	V55	1 E Cheshire H & Tameside AC	41:00
2	293	Steve Shaughnessy	V55	2 Stockport H&ac	41:59
3	382	Aidan Raftery	V55	3 Sale H Manchester	42:20
4	649	Mark Hunter	V55	4 Altrincham&district AC	43:44
5	640	Dave Ainsworth	V55	5 Altrincham&district AC	44:53
6	647	Graham Harrison	V55	6 Altrincham&district AC	45:18
7	757	John Mooney	V55	7 Macclesfield H&ac	45:47
8	262	David Chrystie-Lowe	V55	8 Stockport H&ac	47:40
9	694	Mike Bridges	V55	9 Manchester Triathlon	47:46
10	105	Andrew O'Connor	V55	10 St Helens Sutton AC	48:06
11	607	Mike Race	V55	11 Salford Met AC	50:08
12	903	Robert Ashton	V55	12 Middleton H AC	50:26
13	829	David Barnes	V55	13 Horwich Rmi	50:31
14	926	Jack Carney	V55	14 Salford Met AC	51:27
15	325	Patrick O'Brien	V55	15 Belle Vue Racers	51:28
16	597	Mike O'Brien	V55	16 Manchester Ymca H	51:35
17	648	Pete Hill	V55	17 Altrincham&district AC	51:49
18	466	Peter Walters	V55	18 Winston Runners	52:17
19	159	Craig Sutherland	V55	19 Middleton H AC	52:38
20	765	Mark Wheelton	V55	20 Macclesfield H&ac	54:42
21	394	Mike Starkey	V55	21 Sale H Manchester	55:03
22	19	Richard Pettitt	V55	22 Vale Royal AC	55:27

### Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	83	Tom McGaff	V60	1 Wilmslow RC	40:17
2	434	Stanley Owen	V60	2 Salford H&ac	40:38
3	3	Tony Archer	V60	3 Vale Royal AC	44:30
4	661	Peter Pickwell	V60	4 Altrincham&district AC	45:00
5	832	Tony Brierley	V60	5 Manchester Ymca H	45:33
6	2088	Kevin Fingleton	V60	6 Unattached	46:57
7	836	John Archer	V60	7 Winston Runners	47:27
8	143	Alan Garvey	V60	8 Middleton H AC	49:20
9	10	John Clarke	V60	9 Vale Royal AC	50:19
10	71	Geoff Gilbert	V60	10 Wilmslow RC	50:49
11	338	Miran Aprahamian	V60	11 Sale H Manchester	52:29
12	598	Jon Paramor	V60	12 Manchester Ymca H	55:34
13	651	Mike Jones	V60	13 Altrincham&district AC	56:29
14	762	David Shoesmith	V60	14 Macclesfield H&ac	56:41

### Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	295	Robert Taylor	V65	1 Stockport H&ac	44:14
2	940	Mike Curley	V65	2 Sale H Manchester	47:55
3	582	David Ashton	V65	3 Manchester Ymca H	48:43
4	665	David Telford	V65	4 Altrincham&district AC	50:00
5	941	Mike Dunne	V65	5 Sale H Manchester	50:18
6	912	Robert Dunkley	V65	6 Wilmslow RC	55:05
7	632	Dave Salmon	V65	7 E Cheshire H & Tameside AC	1:06:34
8	950	Bernard Thompstone	V65	8 Winston Runners	1:17:20

### Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	659	Jeff Norman	V70	1 Altrincham&district AC	49:00
2	189	Michael Cunningham	V70	2 Manchester H&ac	52:01
3	830	John Parker	V70	3 Horwich Rmi	56:27
4	256	Chris Bryans	V75	1 Stockport H&ac	1:31:11

# Manchester Area Cross Country League

## at Wythenshawe Park, Manchester on Saturday 13th February 2016

### Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time
1	247	Gavin Tomlinson		Trafford AC	34:14	86	87 Jim Pendrill	V45 8	Wilmslow RC	40:57
2	2087	Ian Mitchell		Tipton Harriers	34:35	87	126 Frank Podd	V45 9	Bramhall Runners	40:57
3	439	Matthew Shaw		Salford H&ac	34:35	88	625 Gary Matthews	V55 1	E Cheshire H & Tameside AC	41:00
4	627	Tom McGuinness	U20 1	E Cheshire H & Tameside AC	34:41	89	741 Matthew Latham		Hyde Village Striders	41:02
5	844	James Wignall		Sale H Manchester	34:52	90	122 Ian Keeling	V45 10	Bramhall Runners	41:03
6	883	Gareth Raven	V40 1	Sale H Manchester	35:03	91	285 Paul Nutter	V40 14	Stockport H&ac	41:06
7	373	Nigel Martin		Sale H Manchester	35:11	92	274 David Hulley	V40 15	Stockport H&ac	41:08
8	427	Bruno Lima		Salford H&ac	35:28	93	726 Aaron Saxton		Manchester Triathlon	41:12
9	790	James Savage		Chorlton Runners	35:29	94	676 Jamie Helmer		Glossopdale Harriers	41:17
10	238	Simon O'Meara		Trafford AC	35:40	95	826 Nathan Williams	U20 8	Vale Royal AC	41:26
11	240	Richard Powell		Trafford AC	35:50	96	662 Roger Preece	V50 9	Altrincham&district AC	41:27
12	366	Daniel Kashi		Sale H Manchester	36:00	97	729 Murray Taylor		Manchester Triathlon	41:29
13	337	Richard McGeachie	U20 2	Halton & Frodsham	36:03	98	939 Duncan Hill	V40 16	Sale H Manchester	41:32
14	209	Mark Offord		Dragons Rc Sale	36:07	99	230 Mike Hutchinson	V50 10	Trafford AC	41:34
15	518	Nick Leigh		Horwich Rmi	36:33	100	543 Shane Wolstencroft	V40 17	Knutsford Tri Club	41:36
16	845	Matt Beacock	U20 3	Sale H Manchester	36:35	101	151 Paul Jibson	V45 11	Middleton H AC	41:39
17	190	Ed Fazakerley	V45 1	Manchester H&ac	36:41	102	825 Gareth Williams	V45 12	Vale Royal AC	41:39
18	90	Peter Speake		Wilmslow RC	36:56	103	340 Mike Ashby		Sale H Manchester	41:40
19	810	Clive Fitzpatrick	V40 2	Trafford AC	37:00	104	596 Chris March		Manchester Ymca H	41:45
20	386	Callum Rowlinson		Sale H Manchester	37:05	105	797 Daniel Oldham	V40 18	Glossopdale Harriers	41:52
21	885	Adam Roden	U20 4	Sale H Manchester	37:09	106	236 Paul Mannion	V50 11	Trafford AC	41:54
22	68	Rob Downs	V50 1	Wilmslow RC	37:23	107	294 Mike Shaw	V50 12	Stockport H&ac	41:58
23	725	Paul Savage		Manchester Triathlon	37:27	108	293 Steve Shaughnessy	V55 2	Stockport H&ac	41:59
24	352	Chris Donnelly		Sale H Manchester	37:32	109	931 Richard Johnson	V45 13	Altrincham&district AC	41:59
25	170	Jonathan Harrison		Chorlton Runners	37:39	110	348 Craig Bradbury	V40 19	Sale H Manchester	42:03
26	368	Tim Kennedy		Sale H Manchester	37:44	111	945 Jamie Neadle	V45 14	Bramhall Runners	42:04
27	76	Paul Hawkins		Wilmslow RC	37:45	112	213 Robert Wadsworth		Dragons Rc Sale	42:12
28	242	Jeff Prest	V40 3	Trafford AC	37:48	113	376 Ben McIntyre		Sale H Manchester	42:14
29	350	Andrew Carlin		Sale H Manchester	37:49	114	532 John Goggins		Knutsford Tri Club	42:16
30	859	Joseph Hudak		E Cheshire H & Tameside AC	37:50	115	952 James Jordan		Horwich Rmi	42:18
31	2076	Kieran Reay		Birtley Ac	37:51	116	382 Aidan Rafferty	V55 3	Sale H Manchester	42:20
32	782	Dan Pettitt		University Of Manchester	37:53	117	342 Paul Barrett		Sale H Manchester	42:23
33	374	Stephen McCarron	V40 4	Sale H Manchester	37:54	118	553 Amir Dar		Manchester Frontrunners	42:38
34	468	Simon Atkin	V40 5	Swinton RC	37:57	119	712 Tim Johns	V45 15	Manchester Triathlon	42:38
35	47	Ben McCormack	V40 6	Chorlton Runners	37:59	120	775 Sam Drinkwater		University Of Manchester	42:42
36	372	David Marsh		Sale H Manchester	38:06	121	453 Mark Hadland	V40 20	Warrington Tri Club	42:43
37	60	Barry Archbold	V40 7	Wilmslow RC	38:13	122	311 Eddie Hirst	V40 21	St Helens Tri	42:45
38	868	Ian Grime	V45 2	Salford H&ac	38:24	123	867 David Hughes	V50 13	Altrincham&district AC	42:49
39	815	Joseph Howe	U20 5	University Of Manchester	38:27	124	2089 James Holland		Unattached	42:51
40	223	Richard Clancy		Trafford AC	38:39	125	91 Matt Taylor	V40 22	Wilmslow RC	42:52
41	834	Ross Huskisson		University Of Manchester	38:41	126	128 Chris Trask	V40 23	Bramhall Runners	42:54
42	585	Richard Brierley		Manchester Ymca H	38:42	127	881 David Connelly		Sale H Manchester	43:00
43	470	Dan Bird		Swinton RC	38:46	128	948 Ashley Lindsey	V45 16	Sale H Manchester	43:01
44	355	Tom Fordyce	V40 8	Sale H Manchester	38:46	129	566 Steve Hatton		Manchester Frontrunners	43:06
45	515	David Jackson	V45 3	Horwich Rmi	38:47	130	308 Robert Chesters		St Helens Tri	43:08
46	45	F Macdonald-Oulds		Chorlton Runners	38:53	131	608 Paul Stevenson	V50 14	Salford Met AC	43:08
47	277	Dean Matkin		Stockport H&ac	38:57	132	663 Tim Raffle	V50 15	Altrincham&district AC	43:11
48	70	Malcolm Fowler	V50 2	Wilmslow RC	39:02	133	747 Julian Brown	V50 16	Macclesfield H&ac	43:12
49	263	James Corden	V40 9	Stockport H&ac	39:07	134	127 Phil Ramsey	V40 24	Bramhall Runners	43:13
50	257	Phil Burns		Stockport H&ac	39:10	135	124 Li Lok	V45 17	Bramhall Runners	43:18
51	866	Jonathan Powell		Altrincham&district AC	39:11	136	98 Ian Costello	V40 25	St Helens Sutton AC	43:21
52	387	Gary Rowlinson	V50 3	Sale H Manchester	39:19	137	949 Michael Forber	V40 26	St Helens Tri	43:28
53	93	Andy Whittingham	V45 4	Wilmslow RC	39:20	138	720 John Murray	V45 18	Manchester Triathlon	43:34
54	164	James Ashford		Chorlton Runners	39:20	139	186 Jason Brogan	V45 19	Manchester H&ac	43:34
55	619	Barry Hirst	V50 4	E Cheshire H & Tameside AC	39:26	140	550 David Chambers		Manchester Frontrunners	43:38
56	594	Craig Jones		Manchester Ymca H	39:32	141	58 Guy Weaver		Chorlton Runners	43:39
57	298	Matt Townley	V40 10	Stockport H&ac	39:33	142	49 Ross Murdoch		Chorlton Runners	43:41
58	653	Matthew Kelly		Altrincham&district AC	39:37	143	649 Mark Hunter	V55 4	Altrincham&district AC	43:44
59	542	Matthew Wackett		Knutsford Tri Club	39:39	144	109 Paul Beckett	V50 17	Bramhall Runners	43:46
60	664	Steve Renny	V45 5	Altrincham&district AC	39:40	145	381 Steve Parry	V50 18	Sale H Manchester	43:49
61	2082	Callum Ross	U20 6	Pendle Athletic Club	39:42	146	828 Richard Marlon	V45 20	Horwich Rmi	43:58
62	705	Graeme Grindrod		Manchester Triathlon	39:44	147	130 John Williams		Bramhall Runners	44:00
63	590	Mark Griffiths		Manchester Ymca H	39:51	148	800 Francis Pyatt		Macclesfield H&ac	44:01
64	380	Peter O'Neil		Sale H Manchester	39:55	149	703 Alastair Fisher		Manchester Triathlon	44:07
65	79	Graham Macneill	V50 5	Wilmslow RC	39:56	150	650 Shaun Jackson	V40 27	Altrincham&district AC	44:09
66	269	Kevan Garner	V45 6	Stockport H&ac	39:59	151	696 James Bruce		Manchester Triathlon	44:13
67	353	Richard Edwards		Sale H Manchester	40:01	152	295 Robert Taylor	V65 1	Stockport H&ac	44:14
68	849	Chris Fance	U20 7	Warrington AC	40:03	153	792 Richard Adams		Bramhall Runners	44:15
69	805	Rob Dunn		Sale H Manchester	40:07	154	548 Thomas Blackburn		Manchester Frontrunners	44:16
70	574	James Moles	V40 11	Manchester Frontrunners	40:10	155	39 Justin Hayes	V50 19	Chorlton Runners	44:17
71	83	Tom McGaff	V60 1	Wilmslow RC	40:17	156	708 Nicholas Howarth		Manchester Triathlon	44:28
72	284	Adrian Nutter	V40 12	Stockport H&ac	40:23	157	913 Peter Crawford		Sale H Manchester	44:29
73	235	Dave Maher	V40 13	Trafford AC	40:29	158	3 Tony Archer	V60 3	Vale Royal AC	44:30
74	759	James Noakes	V45 7	Macclesfield H&ac	40:30	159	951 JeanPaul Lebon		Altrincham&district AC	44:31
75	588	David Garner	V50 6	Manchester Ymca H	40:31	160	621 Derek Hughes	V50 20	E Cheshire H & Tameside AC	44:37
76	406	Paul Birkett	V50 7	Salford H&ac	40:33	161	472 Chris Brown	V40 28	Swinton RC	44:39
77	835	Dowan Kwon		University Of Manchester	40:34	162	251 Gareth Woodcock		Trafford AC	44:40
78	362	Steve Henderson		Sale H Manchester	40:35	163	539 Mike Stockton		Knutsford Tri Club	44:44
79	565	Jono Guildford		Manchester Frontrunners	40:36	164	359 Steve Gavin	V45 21	Sale H Manchester	44:46
80	434	Stanley Owen	V60 2	Salford H&ac	40:38	165	375 Richard McHugh		Sale H Manchester	44:48
81	545	Tom Bardwell		Manchester Frontrunners	40:40	166	172 Ian Jameson	V40 29	Chorlton Runners	44:49
82	384	Matt Ray		Sale H Manchester	40:51	167	640 Dave Ainsworth	V55 5	Altrincham&district AC	44:53
83	854	Gregory Williams		St Helens Sutton AC	40:53	168	281 Ian Mulligan	V45 22	Stockport H&ac	44:55
84	555	Martin Dunn		Manchester Frontrunners	40:55	169	744 Dominic Sexton	V50 21	Hyde Village Striders	44:58
85	221	Dick Byers	V50 8	Trafford AC	40:56	170	661 Peter Pickwell	V60 4	Altrincham&district AC	45:00

171	643	Nick Burke	V45 23	Altrincham&district AC	45:13	236 287 Paul Plummer	V40 43	Stockport H&ac	49:20
172	584	Richard Brailsford	V40 30	Manchester Ymca H	45:15	237 166 Jamie Barry	V45 32	Chorlton Runners	49:23
173	647	Graham Harrison	V55 6	Altrincham&district AC	45:18	238 606 Stuart Mairs		Salford Met AC	49:24
174	485	Rob McGibbon		Swinton RC	45:19	239 544 Steve Alcock		Manchester Frontrunners	49:31
175	761	Andrew Oliver		Macclesfield H&ac	45:20	240 738 Chris Watson	V45 33	Manchester Triathlon	49:33
176	334	Victor Walsh		Belle Vue Racers	45:23	241 81 Bernard McCaaron	V50 30	Wilmslow RC	49:52
177	199	Chris Sewart	V40 31	Manchester H&ac	45:32	242 591 James Gu		Manchester Ymca H	49:55
178	356	Kevin Foster		Sale H Manchester	45:33	243 665 David Telford	V65 4	Altrincham&district AC	50:00
179	832	Tony Brierley	V60 5	Manchester Ymca H	45:33	244 607 Mike Race	V55 11	Salford Met AC	50:08
180	571	John Lowe	V40 32	Manchester Frontrunners	45:35	245 635 Richard Vink	V50 31	E Cheshire H & Tameside AC	50:12
181	110	Adam Bird		Bramhall Runners	45:38	246 569 Carl Lane		Manchester Frontrunners	50:16
182	34	Brian Devlin		Chorlton Runners	45:45	247 941 Mike Dunne	V65 5	Sale H Manchester	50:18
183	914	Bradley Johnson	V40 33	Altrincham&district AC	45:47	248 10 John Clarke	V60 9	Vale Royal AC	50:19
184	757	John Mooney	V55 7	Macclesfield H&ac	45:47	249 336 Andy Wood	V50 32	Belle Vue Racers	50:21
185	289	James Pratt		Stockport H&ac	45:53	250 903 Robert Ashton	V55 12	Middleton H AC	50:26
186	915	Benjamin Gooswill		Chorlton Runners	45:54	251 559 James Fox		Manchester Frontrunners	50:30
187	264	Paul Corner	V45 24	Stockport H&ac	46:04	252 829 David Barnes	V55 13	Horwich Rmi	50:31
188	818	Alex McKail	U20 9	University Of Manchester	46:05	253 364 Noel Irwin	V50 33	Sale H Manchester	50:38
189	129	John Williams	V40 34	Bramhall Runners	46:07	254 541 Edward Taylor	V45 34	Knutsford Tri Club	50:44
190	595	Rob Kedlian		Manchester Ymca H	46:08	255 469 Dave Batty	V50 34	Swinton RC	50:48
191	947	Trevor Rayner	V50 22	Salford H&ac	46:13	256 71 Geoff Gilbert	V60 10	Wilmslow RC	50:49
192	589	Eddie Gilligan	V50 23	Manchester Ymca H	46:14	257 900 Jon Shaw	V45 35	Winston Runners	50:55
193	644	Lockie Campbell	V50 24	Altrincham&district AC	46:16	258 656 Gordon Nicholl	V50 35	Altrincham&district AC	51:00
194	351	Frank Cordingley	V50 25	Sale H Manchester	46:17	259 156 Bryan O'Neill	V40 44	Middleton H AC	51:04
195	150	John Humphreys		Middleton H AC	46:23	260 113 Steve Fairclough	V50 36	Bramhall Runners	51:15
196	946	Chris Floyd		Chorlton Runners	46:25	261 205 Paul Allum	V40 45	Dragons Rc Sale	51:22
197	331	Meng Tang		Belle Vue Racers	46:26	262 346 Matthew Bell		Sale H Manchester	51:24
198	117	Richard Hall	V45 25	Bramhall Runners	46:33	263 926 Jack Carney	V55 14	Salford Met AC	51:27
199	573	Jordan Millar		Manchester Frontrunners	46:38	264 325 Patrick O'Brien	V55 15	Belle Vue Racers	51:28
200	33	Simon Clarke		Chorlton Runners	46:42	265 943 George Raffle	U20 10	Altrincham&district AC	51:29
201	483	Oli Lougheed		Swinton RC	46:50	266 597 Mike O'Brien	V55 16	Manchester Ymca H	51:35
202	2088	Kevin Fingleton	V60 6	Unattached	46:57	267 624 Martin Lewis	V45 36	E Cheshire H & Tameside AC	51:45
203	497	Ric Waring	V45 26	Swinton RC	46:58	268 648 Pete Hill	V55 17	Altrincham&district AC	51:49
204	173	Joe Latimer		Chorlton Runners	47:02	269 917 Francis Wooff	V50 37	Chorlton Runners	51:49
205	842	Girish Patel	V45 27	Salford Met AC	47:08	270 189 Michael Cunningham	V70 2	Manchester H&ac	52:01
206	276	Graham Marsland	V45 28	Stockport H&ac	47:12	271 466 Peter Walters	V55 18	Winston Runners	52:17
207	634	Dennis Thomas	V40 35	E Cheshire H & Tameside AC	47:16	272 338 Miran Aprahamian	V60 11	Sale H Manchester	52:29
208	212	Simon Skeltenberry	V40 36	Dragons Rc Sale	47:16	273 599 Steve Symons	V45 37	Manchester Ymca H	52:30
209	2085	Marwan Khoueir	V40 37	Holmfirth Harriers Ac	47:17	274 928 Stephen Moran	V40 46	Manchester Frontrunners	52:32
210	467	Krzysztof Zacharski		Winston Runners	47:20	275 159 Craig Sutherland	V55 19	Middleton H AC	52:38
211	486	Jon Mellor	V40 38	Swinton RC	47:22	276 908 Lawrence Pinnell	V45 38	Horwich Rmi	52:52
212	495	Jon Sides	V45 29	Swinton RC	47:26	277 120 Steve Hughes	V50 38	Bramhall Runners	53:39
213	836	John Archer	V60 7	Winston Runners	47:27	278 567 Craig Isherwood		Manchester Frontrunners	53:47
214	239	Bruce Penhale	V50 26	Trafford AC	47:27	279 580 Dan Whittaker	V40 47	Manchester Frontrunners	53:56
215	200	Richard Skitt		Manchester H&ac	47:30	280 141 Jason Cunningham		Middleton H AC	54:00
216	114	Simon Fennell	V45 30	Bramhall Runners	47:31	281 188 Mike Cronin	V40 48	Manchester H&ac	54:23
217	383	Tim Rainey	V50 27	Sale H Manchester	47:35	282 462 Anthony Harrison	V50 39	Winston Runners	54:32
218	262	David Chrystie-Lowe	V55 8	Stockport H&ac	47:40	283 765 Mark Wheelton	V55 20	Macclesfield H&ac	54:42
219	192	Glen Gandy	V45 31	Manchester H&ac	47:40	284 837 David Rowe	V50 40	Liverpool Harriers & Ac	55:02
220	737	Rob Smith		Manchester Triathlon	47:42	285 394 Mike Starkey	V55 21	Sale H Manchester	55:03
221	694	Mike Bridges	V55 9	Manchester Triathlon	47:46	286 912 Robert Dunkley	V65 6	Wilmslow RC	55:05
222	695	Robert Bridges		Manchester Triathlon	47:46	287 464 Paul Lockett		Winston Runners	55:07
223	401	Michael Wymer	V40 39	Sale H Manchester	47:49	288 19 Richard Petitt	V55 22	Vale Royal AC	55:27
224	940	Mike Curley	V65 2	Sale H Manchester	47:55	289 598 Jon Paramor	V60 12	Manchester Ymca H	55:34
225	736	Timothy Criddle	V50 28	Manchester Triathlon	47:56	290 465 Paul Muldoon		Winston Runners	55:50
226	105	Andrew O'Connor	V55 10	St Helens Sutton AC	48:06	291 463 Anthony Jones	V45 39	Winston Runners	56:11
227	576	Roberto Raso	V50 29	Manchester Frontrunners	48:13	292 830 John Parker	V70 3	Horwich Rmi	56:27
228	315	Matt Shillabeer	V40 40	St Helens Tri	48:20	293 651 Mike Jones	V60 13	Altrincham&district AC	56:29
229	116	James Hall		Bramhall Runners	48:22	294 762 David Shoesmith	V60 14	Macclesfield H&ac	56:41
230	582	David Ashton	V65 3	Manchester Ymca H	48:43	295 921 Eddie Edwards	V45 40	Trafford AC	57:59
231	379	John Morris		Sale H Manchester	48:53	296 944 Nick Heaton	V45 41	Bramhall Runners	58:48
232	659	Jeff Norman	V70 1	Altrincham&district AC	49:00	297 147 Jason Harling		Middleton H AC	59:46
233	119	Mike Hodson	V40 41	Bramhall Runners	49:12	298 632 Dave Salmon	V65 7	E Cheshire H & Tameside AC	1:06:34
234	938	David Walton	V40 42	Altrincham&district AC	49:16	299 950 Bernard Thompstone	V65 8	Winston Runners	1:17:20
235	143	Alan Garvey	V60 8	Middleton H AC	49:20	300 256 Chris Bryans	V75 1	Stockport H&ac	1:31:11

## Senior Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 SaleHManchester	65 — 5 JamesWignall	6 GarethRaven	7 NigelMartin	12 DanielKashi	16 MattBeacock	19 CallumRowlinson
2TraffordAC	156 — 1 GavinTomlinson	10 SimonOMeara	11 RichardPowell	27 JeffPrest	38 RichardClancy	69 DaveMaher
3 SaleHManchester 'B'	161 — 20 AdamRoden	23 ChrisDonnelly	25 TimKennedy	28 AndrewCarlin	31 StephenMcCarron	34 DavidMarsh
4WilmslowRC	197 — 18 PeterSpeake	21 RobDowns	26 PaulHawkins	35 BarryArchbold	46 MalcolmFowler	51 AndyWhittingham
5 ChorltonRunners	298 — 9 JamesSavage	24 JonathanHarrison	33 BenMcCormack	44 FMacdonaldOulds	52 JamesAshford	136 GuyWeaver
6StockportH&ac	325 — 45 DeanMalkin	47 JamesCorden	48 PhilBurns	55 MattTownley	62 KevanGarner	68 AdrianNutter
7 SaleHManchester 'C'	354 — 42 TomFordyce	50 GaryRowlinson	60 PeterONeil	63 RichardEdwards	65 RobDunn	74 SteveHenderson
8SalfordH&ac	381 — 3 MatthewShaw	8 BrunoLima	36 IanGrime	72 PaulBirkett	76 StanleyOwen	166 TrevorRayner
9UniversityOfManchester	478 — 30 DanPettitt	37 JosephHowe	39 RossHuskisson	73 DownanKwon	116 SamDrinkwater	183 AlexMcKail
10Altrincham&districtAC	479 — 49 JonathanPowell	56 MatthewKelly	58 SteveRenny	92 RogerPreece	105 RichardJohnson	119 DavidHughes
11ManchesterYmcaH	491 — 40 RichardBrierley	54 CraigJones	59 MarkGriffiths	71 DavidGarner	100 ChrisMarch	167 RichardBrailsford
12ECheshireH&TamesideAC	526 — 4 TomMcGuinness	29 JosephHudak	53 BarryHirst	84 GaryMatthews	155 DerekHughes	201 DennisThomas
13ManchesterFrontrunners	536 — 66 JamesMoles	75 JonoGulford	77 TomBardwell	80 MartinDunn	114 AmirDar	124 SteveHutton
14ManchesterTriathlon	596 — 22 PaulSavage	89 AaronSaxton	93 MurrayTaylor	115 TimJohns	133 JohnMurray	144 AlastairFisher
15 SaleHManchester 'D'	598 — 78 MattRay	94 DuncanHill	99 MikeAshby	106 CraigBradbury	109 BenMoiryre	112 AidanRaftery
16BramhallRunners	656 — 83 FrankPodd	86 IanKeeling	107 JamieNeadle	121 ChrisTrask	129 PhilRamsey	130 LiLok
17 StockportH&ac 'B'	692 — 87 PaulNutter	88 DavidHulley	108 MikeShaw	104 SteveShaughnessy	147 RobertTaylor	163 IanMulligan
18 SwintonRC	791 — 32 SimonAtkin	41 DanBird	156 ChrisBrown	169 RobMcGibbon	195 OilLoughheed	197 RicWaring
19 SaleHManchester 'E'	809 — 113 PaulBarrett	122 DavidCornelly	123 AshleyLindsey	140 SteveParry	152 PeterCrawford	159 SteveGavin
20 WilmslowRC 'B'	813 — 61 GrahamMacneill	67 TomMcGaff	82 JimPendril	120 MattTaylor	234 BernardMcCarron	240 GeoffGilbert
21HorwichRmi	824 — 15 NickLeigh	43 DavidJackson	111 JamesJordan	141 RichardMarlon	245 DavidBarnes	269 LawrencePinnell
22Altrincham&districtAC 'B'	891 — 127 TimRaffle	138 MarkHunter	145 ShaunJackson	154 JeanPaulLebon	162 DaveAinsworth	165 PeterPickwell
23 TraffordAC 'B'	930 — 81 DickByers	95 MikeHutchinson	102 PaulMannion	157 GarethWoodcock	207 BrucePenhale	288 EddieEdwards
24MacclesfieldH&ac	966 — 70 JamesNoakes	128 JulianBrown	143 FrancisPyatt	170 AndrewOliver	179 JohnMooney	276 MarkWhealon
25 BramhallRunners 'B'	982 — 139 PaulBeckett	142 JohnWilliams	148 RichardAdams	176 AdamBird	184 JohnWilliams	193 RichardHall
26 ChorltonRunners 'B'	997 — 137 RossMurdoch	150 JustinHayes	161 IanJameson	177 BrianDevlin	181 BenjaminGooswill	191 ChrisFloyd
27ManchesterH&ac	1006 — 17 EdFazakerley	134 JasonBrogan	172 ChrisSewart	208 RichardSkitt	212 GlenGandy	263 MichaelCunningham
28ManchesterFrontrunners 'B'	1105 — 135 DavidChambers	149 ThomasBlackburn	175 JohnLowe	194 JordanMillar	220 RobertoRaso	232 SteveAlook
29Altrincham&districtAC 'C'	1152 — 166 NickBurke	168 GrahamHarrison	178 BradleyJohnson	188 LookieCampbell	225 JeffNorman	227 DavidWalton
30 ManchesterTriathlon 'B'	1157 — 146 JamesBruce	151 NicholasHowarth	213 RobSmith	214 MikeBridges	215 RobertBridges	218 TimothyCriddle
31 SaleHManchester 'F'	1165 — 160 RichardMcHugh	173 KevinFoster	189 FrankCordingley	210 TimRainey	216 MichaelWymmer	217 MikeCurley
32 ManchesterYmcaH 'B'	1263 — 174 TonyBrierley	185 RobKedjan	187 EddieGilligan	223 DavidAshton	235 JamesGu	259 MikeOBrien
33MiddletonHAC	1278 — 97 PaulJibson	190 JohnHumphreys	228 AlanGarvey	243 RobertAshton	252 BryanONeill	268 CraigSutherland
34 StockportH&ac 'C'	1295 — 180 JamesPritt	182 PaulComer	200 GrahamMarlsand	211 DavidChrystieLowe	223 PaulPlummer	233 ChrisByrns
35 BramhallRunners 'C'	1469 — 209 SimonFennell	222 JamesHall	226 MikeHodson	253 SteveFairclough	270 SteveHughes	289 NickHealon
36WinstonRunners	1478 — 203 KrzysztofZacharski	206 JohnArcher	250 JonShaw	254 PeterWalters	275 AnthonyHarrison	280 PaulLockett
37 SaleHManchester 'G'	1508 — 224 JohnMorris	240 MikeDunne	246 NoelIrwin	255 MatthewBell	265 MiranArahamian	278 MikeStarkey

## Senior Men aged 17 to 19 — TEAM RESULTS

No complete teams

## Senior Men (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Sale H Manchester	30 — 1 Gareth Raven	5 Stephen McCarron	10 Tom Fordyce	14 Gary Rowlinson
2 Wilmslow RC	38 — 3 Rob Downs	8 Barry Archbold	12 Malcolm Fowler	15 Andy Whittingham
3 Stockport H&ac	73 — 13 James Corden	17 Matt Townley	20 Kevan Garner	23 Adrian Nutter
4 Trafford AC	95 — 4 Jeff Prest	24 Dave Maher	29 Dick Byers	38 Mike Hutchinson
5 Wilmslow RC 'B'	125 — 19 Graham Macneill	22 Tom McGaff	30 Jim Pendril	54 Matt Taylor
6 Altrincham&district AC	153 — 18 Steve Renny	36 Roger Preece	46 Richard Johnson	53 David Hughes
7 Salford H&ac	156 — 9 Ian Grime	27 Paul Birkett	28 Stanley Owen	92 Trevor Rayner
8 Stockport H&ac 'B'	158 — 34 Paul Nutter	35 David Hulley	44 Mike Shaw	45 Steve Shaughnessy
9 Bramhall Runners	167 — 31 Frank Podd	33 Ian Keeling	48 Jamie Neadle	55 Chris Trask
10 Sale H Manchester 'B'	189 — 37 Duncan Hill	47 Craig Bradbury	49 Aidan Raftery	56 Ashley Lindsey
11 E Cheshire H & Tameside AC	222 — 16 Barry Hirst	32 Gary Matthews	74 Derek Hughes	100 Dennis Thomas
12 Manchester H&ac	261 — 2 Ed Fazakerley	65 Jason Brogan	85 Chris Sewart	109 Glen Gandy
13 Altrincham&district AC 'B'	272 — 58 Tim Raffle	66 Mark Hunter	70 Shaun Jackson	78 Dave Ainsworth
14 Bramhall Runners 'B'	279 — 60 Phil Ramsey	61 Li Lok	67 Paul Beckett	91 John Williams
15 Chorlton Runners	279 — 7 Ben McCormack	72 Justin Hayes	77 Ian Jameson	123 Jamie Barry
16 Swinton RC	280 — 6 Simon Atkin	75 Chris Brown	97 Ric Waring	102 Jon Mellor
17 Manchester Ymca H	288 — 26 David Garner	83 Richard Brailsford	86 Tony Brierley	93 Eddie Gilligan
18 Macclesfield H&ac	333 — 25 James Noakes	59 Julian Brown	89 John Mooney	160 Mark Wheelton
19 Altrincham&district AC 'C'	335 — 81 Peter Pickwell	82 Nick Burke	84 Graham Harrison	88 Bradley Johnson
20 Manchester Triathlon	337 — 50 Tim Johns	64 John Murray	110 Mike Bridges	113 Timothy Criddle
21 Stockport H&ac 'C'	339 — 71 Robert Taylor	79 Ian Mulligan	90 Paul Comer	99 Graham Marlsand
22 Sale H Manchester 'C'	346 — 68 Steve Parry	76 Steve Gavin	95 Frank Cordingley	107 Tim Rainey
23 Horwich Rmi	368 — 11 David Jackson	69 Richard Marlon	133 David Barnes	155 Lawrence Pinnell
24 Manchester Frontrunners	376 — 21 James Moles	87 John Lowe	115 Roberto Raso	153 Stephen Moran
25 Vale Royal AC	408 — 41 Gareth Williams	73 Tony Archer	130 John Clarke	164 Richard Pettitt
26 Salford Met AC	425 — 57 Paul Stevenson	98 Girish Patel	127 Mike Race	143 Jack Carney
27 Middleton H AC	433 — 40 Paul Jibson	121 Alan Garvey	132 Robert Ashton	140 Bryan O'Neill
28 Altrincham&district AC 'D'	458 — 94 Lockie Campbell	118 Jeff Norman	120 David Walton	126 David Telford
29 Bramhall Runners 'C'	462 — 96 Richard Hall	106 Simon Fennell	119 Mike Hodson	141 Steve Fairclough
30 Sale H Manchester 'D'	486 — 111 Michael Wymmer	112 Mike Curley	129 Mike Dunne	134 Noel Irwin
31 Winston Runners	551 — 104 John Archer	138 Jon Shaw	150 Peter Walters	159 Anthony Harrison
32 Manchester Ymca H 'B'	579 — 117 David Ashton	145 Mike O'Brien	152 Steve Symons	165 Jon Paramor