

Midland Counties Road Relays at Sutton Park on Saturday 24th September 2016

Senior Relay - Mens 6 Stage Stage 1 — Final Results

Pos	Name	Club	Leg	Time
1	Sam Stevens	LeicesterC	A	17:59
2	Ryan Holroyd	CityOfStok		18:09
3	Isaac Akers	CorbyAc	A	18:15
4	Oliver Mott	Cheltenham	A	18:29
5	Jacob Allen	Rugby&Nort	A	18:37
6	William Christofi	BristolAnd	A	18:43
7	Mathew Missen	Birchfield	A	18:44
8	James Griggs	CoventryGo	A	18:46
9	Peter Freedman	MasseyFerg	A	18:50
10	Daniel Robinson	Birmingham	A	18:55
11	Eddie Highton	OwlsAcLeic		18:55
12	Williams Ian	TiptonHarr	A	19:04
13	Stuart King	HeanorRunn	A	19:08
14	Paul Ward	TelfordAc	A	19:14
15	Robert Stewart	BristolAnd	B	19:19
16	Orlando Corea	Birchfield	B	19:23
17	Zachary Nolan	CoventryGo	B	19:28
18	Ben Hawkins	TauntonAc	A	19:29
19	Harry Halford	Wolverhamp	A	19:37
20	Stuart Male	Birmingham	B	19:39
21	Matthew Driver	Harborough	A	19:42
22	Lewis Ashmore	MansfieldH		19:44
23	Shaun Barnsley	TiptonHarr	B	19:44
24	James Hickinbottom	Shrewsbury	A	19:45
25	Michael Trott	HermitageH	A	19:46
26	George Burnett	CharnwoodA		19:47
27	Luke Boulton	TrenthamRc		19:48
28	Daniel Stock	WorcesterA	A	19:51
29	Paddy Clark	NottsAc	A	19:56
30	Philip Gould	Leamington	A	20:00
31	Stephen Page	Kenilworth	A	20:06
32	Marc Fallows	Cheltenham	B	20:09
33	Chris Southam	LeicesterC	B	20:13
34	Richard Shephard	StratfordU	A	20:19
35	Ryan Ashforth	Cannock&St		20:27
36	David Nation	DudleyAndS	A	20:28
37	Adam Wilson	WestburyHa		20:36
38	Sebastien Goodall	CorbyAc	B	20:37
39	Martin Cleaver	Birmingham	C	20:41
40	David Warnes	NorthSomer		20:46
41	John Merrett	Cheltenham	C	20:50
42	Luke Wigman	SuttonInAs		20:52
43	Finn Miskinyoung	WreakeAndS		20:56
44	Thomas Chew	RoyalSutto		21:00
45	Roger Mallard	HalesowenA	A	21:02
46	Edward Cannell	KetteringT		21:06
47	Tim Price	Knowle&Dor		21:09
48	Sean Bowden	Bromsgrove	A	21:10
49	Dean Taylor	RipleyRunn		21:13
50	Robert Jones	WorcesterA	B	21:18
51	Michael Smith	AldridgeRc	A	21:30
52	S Williamsduncan	HolmePierr		21:33
53	Matthew Pollard	Bournville	A	21:36
54	Jack Morley	Bromsgrove	B	21:40
55	James Walters	Gloucester	A	21:50
56	David Norman	DudleyKing	A	21:53
57	Jordan King	Leamington	B	22:06
58	Sam Godwin	NottsAc	C	22:07
59	Robert Lisney	Shrewsbury	B	22:11
60	Ian Satterthwaite	CenturionR	A	22:12
61	Paul O'brien	TelfordHar	A	22:15
62	Neil Sheward	Kenilworth	B	22:16
63	Darren Wilson	HermitageH	B	22:20
64	Lee Groenewegen	Cheltenham	D	22:23
65	John Garmson	TelfordAc	B	22:25
66	James Wood	StaffsMoor	A	22:33
67	Adam Cole	Solihull&S		22:36
68	Richard Rea	StaffordHa	A	22:38
69	Scott Williams	KingsHeath		22:39
70	Anthony Jones	StaffsMoor	B	22:41
71	Chris Jordan	BelperHarr		22:46
72	Lee D'arcy	HeanorRunn	B	22:48
73	Peter Dimpleby	Birchfield	D	22:55
74	Michael Gough	SphinxAc	A	22:55
75	Steven Turvey	Northbrook	A	22:58
76	Terry Moynihan	Northbrook	B	23:02
77	Steven Haines	Gloucester	B	23:02
78	Carson Tweedie	CobraRunni		23:03
79	Nick Stringer	SparkhillH	A	23:03
80	Tom Phelps	SilsonJogg		23:13
81	David Lewis	HalesowenA	B	23:14
82	John Millington	TiptonHarr	C	23:19
83	James Eckloff	CenturionR	B	23:22
84	Simon Rhodes	Birchfield	C	23:26
85	Jason Paddock	Wolverhamp	B	23:27
86	Matthew Moir	NottsAc	B	23:27
87	Daniel Wilson	Bournville	B	23:40
88	John Hill	HalesowenA	C	23:42
89	James Drakeford	CityOfBirm		23:52
90	Mark Homer	DudleyKing	B	23:54
91	Peter Thomas	Rugby&Nort	B	24:01
92	Rob Humphries	Bromsgrove	C	24:02
93	Darrell Bodin	DudleyAndS	B	24:03
94	Tahir Akhtar	SparkhillH	B	24:34
95	Mark Connell	Birmingham	D	24:38
96	Leigh Ally	AldridgeRc	D	24:44
97	Harry Fowler	Birmingham	E	25:06
98	Andrew Dyall	Wolverhamp	C	25:45
99	Peter Paprcka	MasseyFerg	B	25:45
100	Jamie Thompson	Harborough	B	25:53
101	Spencer Davies	Northbrook	C	26:05
102	Robert Friel	TelfordHar	B	26:06
103	Ben Nash	StaffordHa	B	26:18
104	James Deacon	StratfordU	B	26:25
105	Wayne Broadbent	SphinxAc	B	26:28
106	Stephen Wardle	HeanorRunn	C	26:52
107	Ken Rowe	AldridgeRc	C	27:03
108	Mark Higgins	HalesowenA	D	27:09
109	Darren Chambers	MasseyFerg	C	27:25
110	Andy Morrison	DudleyKing	C	27:50
111	Paul Dolan	TiptonHarr	D	28:18
112	Simon Hudson	AldridgeRc	B	28:52
113	Andy Carroll	SparkhillH	C	29:18
114	Barrie Roberts	Bournville	C	31:07

Midland Counties Road Relays at Sutton Park on Saturday 24th September 2016

Senior Relay - Mens 6 Stage Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	William Neill	CityOfStok	18:44	36:53	+ 1	62	Gary Cragg	HolmePierr	23:35	45:08	- 10
2	Gordon Lee	LeicesterC A	19:26	37:25	- 1	63	Rob Wheatley	SphinxAc A	22:17	45:12	+ 11
3	Luke Evans	BristolAnd A	18:43	37:26	+ 3	64	Alister Brown	Cheltenham D	22:53	45:16	0
4	Thomas Lowe	Cheltenham A	18:59	37:28	0	65	Rob Deakin	Birchfield C	21:52	45:18	+ 19
5	Douglas Musson	NottsAc A	17:41	37:37	+ 24	66	Alastair Orenecas	WreakeAndS	24:31	45:27	- 23
6	Daniel Clarke	CoventryGo A	18:53	37:39	+ 2	67	David Hagan	KingsHeath	22:59	45:38	+ 2
7	Joe Rainsford	HeanorRunn A	18:45	37:53	+ 6	68	Michael Bracken	Solihull&S	23:07	45:43	- 1
8	Joe Smith	TiptonHarr A	18:55	37:59	+ 4	69	Matthew Nicholls	RipleyRunn	24:32	45:45	- 20
9	Luke Montgomery	CorbyAc A	19:57	38:12	- 6	70	Alex Stephenson	CobraRunni	22:54	45:57	+ 8
10	Phil Burden	TauntonAc A	18:44	38:13	+ 8	71	Richard Broadbent	Kenilworth B	23:48	46:04	- 9
11	Simon Lanckham	Birmingham A	19:50	38:45	- 1	72	Lee Harris	Birchfield D	23:21	46:16	+ 1
12	Alexander Rieley	MansfieldH	19:23	39:07	+ 10	73	Tom Acha	TiptonHarr C	23:03	46:22	+ 9
13	Benjamin Boulter	Birchfield A	20:23	39:07	- 6	74	Mathew Richards	Wolverhamp B	22:55	46:22	+ 11
14	Tom Corby	OwlsAcLeic	20:14	39:09	- 3	75	Patrick Finnegan	SparkhillH A	23:33	46:36	+ 4
15	Rob Nash	TelfordAc A	20:13	39:27	- 1	76	Malcolm Weir	BelperHarr	24:16	47:02	- 5
16	Ben Griffiths	Birchfield B	20:16	39:39	0	77	Ben Beaumont	Birmingham D	22:28	47:06	+ 18
17	Alistair Mcdonnell	Rugby&Nort A	21:05	39:42	- 12	78	Steve Blakemore	AldridgeRc D	22:31	47:15	+ 18
18	Richard Decamps	Cheltenham B	19:34	39:43	+ 14	79	Ian Wood	StaffordHa A	24:40	47:18	- 11
19	Luke Vine	TiptonHarr B	20:11	39:55	+ 4	80	Ian Maxwell	TelfordHar A	25:11	47:26	- 19
20	Will Davidson	BristolAnd B	20:41	40:00	- 5	81	Mark Baker	CityOfBirm	23:57	47:49	+ 8
21	Luke Butler	Shrewsbury A	20:15	40:00	+ 3	82	Joe Kelly	Northbrook A	24:55	47:53	- 7
22	Jamie Ward	Wolverhamp A	20:38	40:15	- 3	83	Andrew Nock	HalesowenA C	24:18	48:00	+ 5
23	Alex Percy	HermitageH A	20:37	40:23	+ 2	84	Peter Edwards	HeanorRunn B	25:24	48:12	- 12
24	Scott Campbell	WestburyHa	19:59	40:35	+ 13	85	Alistair Ferrie	SilsonJogg	25:00	48:13	- 5
25	Joshua Smith	CharnwoodA	20:51	40:38	+ 1	86	Clive Horton	Northbrook B	25:23	48:25	- 10
26	Oliver Harradence	RoyalSutto	19:41	40:41	+ 18	87	Joseluis Sanchez	MasseyFerg B	22:46	48:31	+ 12
27	Andrew Meads	Harborough A	21:04	40:46	- 6	88	Aaron Bennett	Gloucester B	25:39	48:41	- 11
28	Conor Smith	Bromsgrove A	19:37	40:47	+ 20	89	Richard Tonks	DudleyKing B	24:49	48:43	+ 1
29	Rene Vergo	Birmingham B	21:11	40:50	- 9	90	Frank Powner	Bournville B	25:22	49:02	- 3
30	James Russell	Cannock&St	20:41	41:08	+ 5	91	Dave Inman	SparkhillH B	24:57	49:31	+ 3
31	Paul Andrew	Leamington A	21:09	41:09	- 1	92	Sammy Taafe	Bromsgrove C	25:36	49:38	0
32	Kristian Watson	SuttonInAs	20:21	41:13	+ 10	93	Rob Ryan	Birmingham E	25:05	50:11	+ 4
33	Stuart Hopkins	Kenilworth A	21:09	41:15	- 2	94	Eric Robathan	CenturionR B	27:32	50:54	- 11
34	David Ratcliffe	DudleyAndS A	20:52	41:20	+ 2	95	Steve Handy	Northbrook C	24:50	50:55	+ 6
35	Jeremyshawn Trill	MasseyFerg A	22:50	41:40	- 26	96	Andy Bainesd Davies	StaffsMoor B	28:58	51:39	- 26
36	Mark James	Cheltenham C	20:56	41:46	+ 5	97	Nigel Bullock	AldridgeRc C	25:42	52:45	+ 10
37	Cameron Coetzee	NorthSomer	21:03	41:49	+ 3	98	Jamie Richards	SphinxAc B	26:20	52:48	+ 7
38	Dave Pearce	LeicesterC B	21:38	41:51	- 5	99	David Stone	TelfordHar B	26:47	52:53	+ 3
39	Michael Jeavons	WorcesterA A	22:01	41:52	- 11	100	Alan Mcdougall	MasseyFerg C	25:59	53:24	+ 9
40	Ed Wilson	TrenthamRc	22:07	41:55	- 13	101	Ian Salt	HeanorRunn C	26:35	53:27	+ 5
41	C Collins	Bournville A	20:32	42:08	+ 12	102	Kieran Tursner	StrafordU B	27:10	53:35	+ 2
42	Peterjohn Grime	Knowle&Dor	21:06	42:15	+ 5	103	Paul Allen	HalesowenA D	26:35	53:44	+ 5
43	Peter Dear	HalesowenA A	21:27	42:29	+ 2	104	Fred Smith	Wolverhamp C	28:00	53:45	- 6
44	Jamie Fletcher	NottsAc C	20:32	42:39	+ 14	105	Roy Clay	StaffordHa B	28:44	55:02	- 2
45	Nigel Arlidge	CoventryGo B	23:26	42:54	- 28	106	David Ward	Harborough B	29:09	55:02	- 6
46	Keayrn Hopley	StaffsMoor A	20:25	42:58	+ 20	107	Rory Campbell	DudleyKing C	27:41	55:31	+ 3
47	Danny Tolhurst	StrafordU A	22:54	43:13	- 13	108	Colin Jackson	AldridgeRc B	28:57	57:49	+ 4
48	Jarratt Perkins	NottsAc B	19:47	43:14	+ 38	109	Martin Millicheap	SparkhillH C	29:41	58:59	+ 4
49	Stephen Waters	Shrewsbury B	21:05	43:16	+ 10	Fastest runners over stage 2:					
50	Daniel Keating	CorbyAc B	22:41	43:18	- 12	1	Douglas Musson	NottsAc A	17:41		
51	Charlie Staveley	Leamington B	21:14	43:20	+ 6	2	Luke Evans	BristolAnd A	18:43		
52	Jort Vanmourik	Birmingham C	22:53	43:34	- 13	3	William Neill	CityOfStok	18:44		
53	Gavin Moorhead	Bromsgrove B	22:06	43:46	+ 1	4	Phil Burden	TauntonAc A	18:44		
54	John Sanders	TelfordAc B	21:26	43:51	+ 11	5	Joe Rainsford	HeanorRunn A	18:45		
55	Paul Davies	CenturionR A	22:00	44:12	+ 5	6	Daniel Clarke	CoventryGo A	18:53		
56	David Pallett	HermitageH B	21:52	44:12	+ 7	7	Joe Smith	TiptonHarr A	18:55		
57	Toby Oury	AldridgeRc A	22:44	44:14	- 6	8	Thomas Lowe	Cheltenham A	18:59		
58	Andrew Mcpeake	Gloucester A	22:39	44:29	- 3	9	Alexander Rieley	MansfieldH	19:23		
59	Stefan Sternkopf	WorcesterA B	23:17	44:35	- 9	10	Gordon Lee	LeicesterC A	19:26		
60	Darran Bishop	DudleyKing A	22:51	44:44	- 4						
61	Bill Nock	HalesowenA B	21:48	45:02	+ 20						

Midland Counties Road Relays at Sutton Park on Saturday 24th September 2016

Senior Relay - Mens 6 Stage Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Richard Peters	BristolAnd A	17:29	54:55	+ 2
2	Philip Wylie	Cheltenham A	17:49	55:17	+ 2
3	Alfie Thompson	LeicesterC A	18:50	56:15	- 1
4	Freddie Hessian	NottsAc A	19:01	56:38	+ 1
5	b Hallett	CityOfStok	20:14	57:07	- 4
6	William Richardson	Birchfield A	18:13	57:20	+ 7
7	Benjamin Jones	TauntonAc A	19:22	57:35	+ 3
8	Edward Banks	Birmingham A	18:53	57:38	+ 3
9	Ben Rhodes	HeanorRunn A	20:00	57:53	- 2
10	Gareth Griffiths	TiptonHarr A	20:28	58:27	- 2
11	Troy Garrity	CorbyAc A	20:26	58:38	- 2
12	Thomas Bell	OwlsAcLeic	19:45	58:54	+ 2
13	Archie Rayner	MansfieldH	20:03	59:10	- 1
14	Josh Moody	BristolAnd B	19:31	59:31	+ 6
15	Howard Thompson	CharnwoodA	18:57	59:35	+ 10
16	Alex Bampton	Cheltenham B	19:58	59:41	+ 2
17	Alex Jolly	CoventryGo A	22:03	59:42	- 11
18	C Gillespie	TiptonHarr B	20:02	59:57	+ 1
19	Chris Bagshaw	TelfordAc A	20:32	59:59	- 4
20	Gabriel Morris	Shrewsbury A	20:09	1:00:09	+ 1
21	Ian Dempsey	Birchfield B	20:53	1:00:32	- 5
22	Joe Connors	WestburyHa	20:39	1:01:14	+ 2
23	Joseph Lantsbery	Rugby&Nort A	21:33	1:01:15	- 6
24	Liam Roarty	Cheltenham C	19:42	1:01:28	+ 12
25	Elliot Jones	Wolverhamp A	21:14	1:01:29	- 3
26	Aidan Mccormack	Cannock&St	20:22	1:01:30	+ 4
27	James Willoughby	HermitageH A	21:10	1:01:33	- 4
28	Kevin Fisher	Bromsgrove A	21:03	1:01:50	0
29	Steve Marr	Kenilworth A	20:36	1:01:51	+ 4
30	Paul Thompson	Bournville A	19:56	1:02:04	+ 11
31	Ian Mansell	DudleyAndS A	20:57	1:02:17	+ 3
32	Mark Rickards	RoyalSutto	21:43	1:02:24	- 6
33	Huw Jones	Birmingham B	21:48	1:02:38	- 4
34	Joe Gentry	NorthSomer	20:53	1:02:42	+ 3
35	Paul Frith	SuttonInAs	21:36	1:02:49	- 3
36	David Hall	WorcesterA A	20:59	1:02:51	+ 3
37	Matthew Butler	Leamington A	21:44	1:02:53	- 6
38	David Clarke	MasseyFerg A	21:15	1:02:55	- 3
39	Phillip Maddocks	LeicesterC B	21:09	1:03:00	- 1
40	Thomas Madden	CoventryGo B	20:15	1:03:09	+ 5
41	Tom Ward	Harborough A	22:30	1:03:16	- 14
42	Daniel Cleary	HalesowenA A	20:51	1:03:20	+ 1
43	John Muddeman	NottsAc B	20:25	1:03:39	+ 5
44	Scott Zikmanis	TrenthamRc	21:48	1:03:43	- 4
45	Richard Dixon	Knowle&Dor	21:54	1:04:09	- 3
46	Norbert Feeney	Shrewsbury B	21:17	1:04:33	+ 3
47	Greg Beech	StaffsMoor A	22:14	1:05:12	- 1
48	Jack Evans	Gloucester A	20:46	1:05:15	+ 10
49	Guy Allen	Leamington B	22:05	1:05:25	+ 2
50	David Oxland	NottsAc C	22:48	1:05:27	- 6
51	Andrew Freeman	Bromsgrove B	21:47	1:05:33	+ 2
52	Chris Grimley	Birmingham C	22:00	1:05:34	0
53	Paul Coupe	TelfordAc B	21:50	1:05:41	+ 1
54	Jonathon Carter	TiptonHarr C	19:46	1:06:08	+ 19
55	David Smyth	StratfordU A	22:59	1:06:12	- 8
56	Stuart Perkins	DudleyKing A	21:32	1:06:16	+ 4
57	Adam Pollock	WorcesterA B	22:23	1:06:58	+ 2
58	George Alvey	WreakeAndS	21:38	1:07:05	+ 8
59	Paul Burke	AldridgeRc A	23:05	1:07:19	- 2
60	Khalid Malik	Birchfield C	22:07	1:07:25	+ 5
61	Matthew Evans	Cheltenham D	22:15	1:07:31	+ 3
62	Mark Bland	CorbyAc B	24:14	1:07:32	- 12
63	Philip Scarr	HalesowenA B	22:34	1:07:36	- 2
64	Allen Elsour	SphinxAc A	22:33	1:07:45	- 1
65	Richard Kimber	RipleyRunn	22:05	1:07:50	+ 4
66	Will Meredith	HolmePierr	23:15	1:08:23	- 4
67	Edmund Wallace	CenturionR A	24:34	1:08:46	- 12
68	Steven Howes	Solithull&S	23:19	1:09:02	0
69	Nick Williams	Kenilworth B	23:20	1:09:24	+ 2
70	Windel Simpson	Birchfield D	23:21	1:09:37	+ 2
71	Paul Sheppard	CobraRunni	23:46	1:09:43	- 1
72	Mark Williams	SparkhillH A	23:15	1:09:51	+ 3
73	Richard Gray	Birmingham D	23:22	1:10:28	+ 4
74	Alex Herron	Wolverhamp B	24:29	1:10:51	0
75	Makoto Uji	CityOfBirm	23:16	1:11:05	+ 6
76	Matthew Allen	HalesowenA C	23:19	1:11:19	+ 7
77	Steven Howard	Bournville B	22:51	1:11:53	+ 13
78	Craig Ogilvie	HermitageH B	27:55	1:12:07	- 22
79	Andy Lenton	BelperHarr	25:06	1:12:08	- 3
80	Greg Ball	SilsonJogg	24:08	1:12:21	+ 5
81	Tonyjames Hoy	MasseyFerg B	23:55	1:12:26	+ 6
82	Michael Smith	TelfordHar A	25:05	1:12:31	- 2
83	Peter Hood	DudleyKing B	24:08	1:12:51	+ 6
84	Anthony Gillespie	KingsHeath	27:39	1:13:17	- 17
85	Jason Littlewood	StaffordHa A	26:03	1:13:21	- 6
86	Kevin Coughlan	Northbrook B	25:54	1:14:19	0
87	Damian Pharoah	Northbrook A	26:37	1:14:30	- 5
88	John Flint	HeanorRunn B	26:21	1:14:33	- 4
89	John Goulding	SparkhillH B	25:22	1:14:53	+ 2
90	Russell Kirby	Gloucester B	26:49	1:15:30	- 2
91	Nick Ford	AldridgeRc D	28:23	1:15:38	- 13
92	Jonathan Seed	Northbrook C	24:50	1:15:45	+ 3
93	Jonathon Windsor	StaffsMoor B	25:54	1:17:33	+ 3
94	Leonard Wallace	CenturionR B	27:01	1:17:55	0
95	Kevin Hinson	MasseyFerg C	25:28	1:18:52	+ 5
96	Matthew Sims	StratfordU B	26:06	1:19:41	+ 6
97	David Sansom	Birmingham E	29:52	1:20:03	- 4
98	Michael Davis	AldridgeRc C	27:44	1:20:29	- 1
99	Michael Webb	TelfordHar B	27:40	1:20:33	0
100	Scott Wigman	HeanorRunn C	27:09	1:20:36	+ 1
101	Steven Horten	HalesowenA D	27:56	1:21:40	+ 2
102	Mark Moran	SphinxAc B	29:30	1:22:18	- 4
103	Rick Brown	Harborough B	28:17	1:23:19	+ 3
104	Dean Tonks	Wolverhamp C	29:54	1:23:39	0
105	John Pearce	AldridgeRc B	25:59	1:23:48	+ 3
106	Edwin Smith	StaffordHa B	30:28	1:25:30	- 1
107	Chris Wood	DudleyKing C	34:10	1:29:41	0

Fastest runners over stage 3:

1	Richard Peters	BristolAnd A	17:29
2	Philip Wylie	Cheltenham A	17:49
3	William Richardson	Birchfield A	18:13
4	Alfie Thompson	LeicesterC A	18:50
5	Edward Banks	Birmingham A	18:53
6	Howard Thompson	CharnwoodA	18:57
7	Freddie Hessian	NottsAc A	19:01
8	Benjamin Jones	TauntonAc A	19:22
9	Josh Moody	BristolAnd B	19:31
10	Liam Roarty	Cheltenham C	19:42

Midland Counties Road Relays at Sutton Park on Saturday 24th September 2016

Senior Relay - Mens 6 Stage Stage 4 — Final Results

Pos	Name	Club	Leg	Time	Cum	Time	Gain
1	Benedict Westhenry	BristolAnd	A	18:08	1:13:03	0	
2	Dave Roper	Cheltenham	A	18:37	1:13:54	0	
3	Robert Smith	NottsAc	A	19:11	1:15:49	+ 1	
4	O Freer	LeicesterC	A	19:50	1:16:05	- 1	
5	Andy Ridley	Birchfield	A	19:07	1:16:27	+ 1	
6	M Bickerstaff	HeanorRunn	A	19:14	1:17:07	+ 3	
7	Mike Aspinall	TiptonHarr	A	18:45	1:17:12	+ 3	
8	Adam Stokes	TauntonAc	A	20:27	1:18:02	- 1	
9	Jonathan Jennings	Birmingham	A	20:50	1:18:28	- 1	
10	Louis Wrigley	CityOfStok		21:28	1:18:35	- 5	
11	Tom Mahon	OwlsAcLeic		20:08	1:19:02	+ 1	
12	Stephen Mears	CharnwoodA		19:28	1:19:03	+ 3	
13	Scott Hazell	CoventryGo	A	19:31	1:19:13	+ 4	
14	Jacob Akers	CorbyAc	A	20:39	1:19:17	- 3	
15	William New	Cheltenham	B	19:40	1:19:21	+ 1	
16	Chris Monk	MansfieldH		20:44	1:19:54	- 3	
17	Tom Holden	TiptonHarr	B	20:10	1:20:07	+ 1	
18	Tom Dobra	BristolAnd	B	21:09	1:20:40	- 4	
19	Sam Dais	Birchfield	B	20:10	1:20:42	+ 2	
20	Adam Roberts	Shrewsbury	A	20:37	1:20:46	0	
21	Jamie Davies	TelfordAc	A	21:22	1:21:21	- 2	
22	Shaun Evans	RoyalSutto		19:10	1:21:34	+ 10	
23	Adam Blundell	Cannock&St		20:15	1:21:45	+ 3	
24	Dave Aubrey	Cheltenham	C	20:37	1:22:05	0	
25	Jack Bonser	Wolverhamp	A	20:41	1:22:10	0	
26	Mark Kendrick	HermitageH	A	20:40	1:22:13	+ 1	
27	Henry Brocklehurst	Bournville	A	20:55	1:22:59	+ 3	
28	P Bouttierbutler	LeicesterC	B	20:08	1:23:08	+ 11	
29	Martin Matthews	Birmingham	B	20:31	1:23:09	+ 4	
30	Joseph Childs	Rugby&Nort	A	22:06	1:23:21	- 7	
31	Ben Foster	DudleyAndS	A	21:10	1:23:27	0	
32	Steve Long	NottsAc	B	19:51	1:23:30	+ 11	
33	Niall Geraghty	HalesowenA	A	20:14	1:23:34	+ 9	
34	Richard Smith	WorcesterA	A	20:49	1:23:40	+ 2	
35	Peter Bryan	Kenilworth	A	21:56	1:23:47	- 6	
36	Carl Hatton	Bromsgrove	A	21:59	1:23:49	- 8	
37	Elliott Chard	WestburyHa		23:05	1:24:19	- 15	
38	Dean Mawby	Leamington	A	21:28	1:24:21	- 1	
39	Michael Proffitt	NorthSomer		22:18	1:25:00	- 5	
40	Sean Fenwick	Harborough	A	21:51	1:25:07	+ 1	
41	Gary Lawson	MasseyFerg	A	22:14	1:25:09	- 3	
42	Brent Stevenson	SuttonInAs		22:36	1:25:25	- 7	
43	Leigh Matthews	TrenthamRc		21:45	1:25:28	+ 1	
44	Kirk Giles	Knowle&Dor		21:48	1:25:57	+ 1	
45	Nathan Smith	Gloucester	A	21:11	1:26:26	+ 3	
46	Johnathon Brown	Leamington	B	21:38	1:27:03	+ 3	
47	Seamus White	StaffsMoor	A	22:19	1:27:31	0	
48	Abayomi Adedimeji	Birmingham	C	22:07	1:27:41	+ 4	
49	Duncan Birtwhistle	TelfordAc	B	22:38	1:28:19	+ 4	
50	Ben Abbott	NottsAc	C	22:56	1:28:23	0	
51	Tommaso Migliuolo	Cheltenham	D	21:00	1:28:31	+ 10	
52	Jamie Dancyger	Bromsgrove	B	23:10	1:28:43	- 1	
53	Nick Bennett	CoventryGo	B	26:13	1:29:22	- 13	
54	Conall Green	Birchfield	C	22:00	1:29:25	+ 6	
55	Simon Blizzard	DudleyKing	A	23:11	1:29:27	+ 1	
56	Mark Shaw	AldridgeRc	A	22:27	1:29:46	+ 3	
57	Matthew Stevens	CityOfBirm		18:59	1:30:04	+ 18	
58	Jack Benstead	CorbyAc	B	22:41	1:30:13	+ 4	
59	Pawel Langer	SphinxAc	A	22:36	1:30:21	+ 5	
60	Kevin Monk	HalesowenA	B	22:51	1:30:27	+ 3	
61	Martin Penny	RipleyRunn		23:06	1:30:56	+ 4	
62	Chris Rhodes	HolmePierr		22:59	1:31:22	+ 4	
63	Shaun Hemmings	CenturionR	A	22:43	1:31:29	+ 4	
64	Mark Gamble	WreakeAndS		24:26	1:31:31	- 6	
65	James Chorley	StratfordU	A	25:34	1:31:46	- 10	
66	Iain Squires	Birmingham	D	22:34	1:33:02	+ 7	
67	Luke Sheppard	WorcesterA	B	26:06	1:33:04	- 10	
68	Alan Grice	TiptonHarr	C	27:03	1:33:11	- 14	
69	Andy Manning	SparkhillH	A	24:22	1:34:13	+ 3	
70	Michael Tovey	CobraRunni		24:49	1:34:32	+ 1	
71	Steve Hession	Kenilworth	B	25:30	1:34:54	- 2	
72	James Parker	HalesowenA	C	24:05	1:35:24	+ 4	
73	Dave Lee	MasseyFerg	B	24:18	1:36:44	+ 8	
74	Robert Edwards	Wolverhamp	B	25:56	1:36:47	0	
75	Greg Smith	TelfordHar	A	24:30	1:37:01	+ 7	
76	Jim Clarke	Bournville	B	25:24	1:37:17	+ 1	
77	Andrew Webber	Solihull&S		28:19	1:37:21	- 9	
78	Robert Norman	BelperHarr		25:20	1:37:28	+ 1	
79	Jeff Rycroft	SilsonJogg		25:22	1:37:43	+ 1	
80	Spencer Holland	StaffordHa	A	24:28	1:37:49	+ 5	
81	Matthew Dumelow	HermitageH	B	25:45	1:37:52	- 3	
82	Graham Wildgoose	DudleyKing	B	25:13	1:38:04	+ 1	
83	Carl Hughes	HeanorRunn	B	24:12	1:38:45	+ 5	
84	Tom Miller	Northbrook	A	24:58	1:39:28	+ 3	
85	Anthony Hughes	Northbrook	B	25:36	1:39:55	+ 1	
86	Greg Robson	KingsHeath		27:21	1:40:38	- 2	
87	Grahame Hygate	SparkhillH	B	25:47	1:40:40	+ 2	
88	Tommy Dempsey	Northbrook	C	25:58	1:41:43	+ 4	
89	Eamon Lyons	AldridgeRc	D	26:42	1:42:20	+ 2	
90	Leo Foster	StaffsMoor	B	25:19	1:42:52	+ 3	
91	Paul Woodcock	TelfordHar	B	25:13	1:45:46	+ 8	
92	Martin Smith	MasseyFerg	C	27:05	1:45:57	+ 3	
93	Paul Winfield	HeanorRunn	C	25:45	1:46:21	+ 7	
94	Stuart Griffiths	StratfordU	B	27:07	1:46:48	+ 2	
95	Richard Carney	Birmingham	E	27:21	1:47:24	+ 2	
96	David Mchugh	AldridgeRc	C	27:50	1:48:19	+ 2	
97	David Lloyd	HalesowenA	D	26:54	1:48:34	+ 4	
98	Paul Tabor	Wolverhamp	C	25:26	1:49:05	+ 6	
99	Anthony O'brien	SphinxAc	B	27:58	1:50:16	+ 3	
100	Gary Wallis	Harborough	B	28:09	1:51:28	+ 3	
101	James Houghton	CenturionR	B	34:23	1:52:18	- 7	
102	Mark Oliver	StaffordHa	B	26:50	1:52:20	+ 4	
103	Lawrence Hewitt	AldridgeRc	B	31:41	1:55:29	+ 2	
104	Peter Krivosic	DudleyKing	C	29:35	1:59:16	+ 3	

Fastest runners over stage 4:

1	Benedict Westhenry	BristolAnd	A	18:08
2	Dave Roper	Cheltenham	A	18:37
3	Mike Aspinall	TiptonHarr	A	18:45
4	Matthew Stevens	CityOfBirm		18:59
5	Andy Ridley	Birchfield	A	19:07
6	Shaun Evans	RoyalSutto		19:10
7	Robert Smith	NottsAc	A	19:11
8	M Bickerstaff	HeanorRunn	A	19:14
9	Stephen Mears	CharnwoodA		19:28
10	Scott Hazell	CoventryGo	A	19:31

Midland Counties Road Relays at Sutton Park on Saturday 24th September 2016

Senior Relay - Mens 6 Stage Stage 5 — Final Results

Pos	Name	Club	Leg	Time	Cum	Time	Gain					
1	Graham Rush	Cheltenham	A	17:29	1:31:23	+	1	53	Liam Harrold	AldridgeRc	A	22:22 1:52:08 + 3
2	Owain Jones	BristolAnd	A	18:21	1:31:24	-	1	54	Tom Richardson	Bromsgrove	B	23:26 1:52:09 - 2
3	Tim Hartley	NottsAc	A	18:41	1:34:30		0	55	Simon Hughes	DudleyKing	A	22:57 1:52:24 0
4	W Ghebresilasie	Birchfield	A	18:16	1:34:43	+	1	56	Joe Henstock	RipleyRunn		22:27 1:53:23 + 5
5	Jamie Short	LeicesterC	A	19:29	1:35:34	-	1	57	Steve Jones	TelfordAc	B	25:30 1:53:49 - 8
6	Ben Gamble	TiptonHarr	A	18:45	1:35:57	+	1	58	Kevin Dick	SphinxAc	A	23:46 1:54:07 + 1
7	Dean Richardson	CityOfStok		19:03	1:37:38	+	3	59	Javier Cabrero	HolmePierr		23:27 1:54:49 + 3
8	C Ashford	Birmingham	A	19:23	1:37:51	+	1	60	John Mccrone	CorbyAc	B	24:50 1:55:03 - 2
9	Joe Walton	TauntonAc	A	20:41	1:38:43	-	1	61	Graham Taylor	StrafordU	A	23:22 1:55:08 + 4
10	Stephen Ashmore	HeanorRunn	A	21:39	1:38:46	-	4	62	Lee Caves	CenturionR	A	23:55 1:55:24 + 1
11	Jonathan Barnes	Cheltenham	B	19:58	1:39:19	+	4	63	Nick Hitchings	WorcesterA	B	23:02 1:56:06 + 4
12	Max O'sullivan	OwlsAcLeic		20:53	1:39:55	-	1	64	Steven Leek	NottsAc	C	28:36 1:56:59 - 14
13	Joseph Mcleod	CoventryGo	A	20:46	1:39:59		0	65	Steve Mitchell	WreakeAndS		25:44 1:57:15 - 1
14	Miles Chandler	BristolAnd	B	19:20	1:40:00	+	4	66	Martin Ludford	Birmingham	D	24:17 1:57:19 0
15	Tom Lupton	CharnwoodA		21:48	1:40:51	-	3	67	Daniel Roulston	SparkhillH	A	23:31 1:57:44 + 2
16	Brett Edwards	Shrewsbury	A	20:07	1:40:53	+	4	68	Chris Cleary	HalesowenA	C	22:35 1:57:59 + 4
17	Benn Lyman	CorbyAc	A	21:38	1:40:55	-	3	69	Richard Steel	Kenilworth	B	23:10 1:58:04 + 2
18	Jordan Boam	MansfieldH		21:28	1:41:22	-	2	70	Dionisis Theodosis	CityOfBirm		28:12 1:58:16 - 13
19	Phillip Wilson	TiptonHarr	B	21:49	1:41:56	-	2	71	Paul Cornock	CenturionR	B	6:41 1:58:59 + 30
20	Alex Jones	RoyalSutto		20:58	1:42:32	+	2	72	Grahame Flanagan	MasseyFerg	B	23:35 2:00:19 + 1
21	Jake Milovsorov	TelfordAc	A	21:21	1:42:42		0	73	Chris Pearson	CobraRunni		26:38 2:01:10 - 3
22	Christopher Perrin	Cannock&St		21:16	1:43:01	+	1	74	I Hodkinson	StaffordHa	A	24:13 2:02:02 + 6
23	Roger Mullins	Cheltenham	C	20:58	1:43:03	+	1	75	Anthony Pinson	TelfordHar	A	25:17 2:02:18 0
24	Jack Parr	Wolverhamp	A	21:01	1:43:11	+	1	76	Tim Livesley	KingsHeath		21:46 2:02:24 + 10
25	Andrew Savery	Leamington	A	19:12	1:43:33	+	13	77	Peter Armstrong	HermitageH	B	24:43 2:02:35 + 4
26	Adam Cross	HalesowenA	A	20:23	1:43:57	+	7	78	Mark Judge	DudleyKing	B	24:34 2:02:38 + 4
27	Fraser Harris	HermitageH	A	21:46	1:43:59	-	1	79	Paul King	SilsonJogg		24:59 2:02:42 0
28	Richard Keep	Bournville	A	21:12	1:44:11	-	1	80	Pritesh Patel	Wolverhamp	B	26:15 2:03:02 - 6
29	Tom Crowley	NottsAc	B	20:45	1:44:15	+	3	81	Mark Riches	BelperHarr		26:16 2:03:44 - 3
30	Josh Phillips	LeicesterC	B	21:23	1:44:31	-	2	82	John Stroulger	TiptonHarr	C	30:37 2:03:48 - 14
31	Andy Crabtree	Kenilworth	A	21:19	1:45:06	+	4	83	Andy Moat	HeanorRunn	B	25:35 2:04:20 0
32	Reis Brooke	Birchfield	B	24:27	1:45:09	-	13	84	Nick Hulme	StaffsMoor	B	22:42 2:05:34 + 6
33	Toby Close	Birmingham	B	22:05	1:45:14	-	4	85	C Ankcorn	Bournville	B	28:41 2:05:58 - 9
34	Adam Eales	Harborough	A	20:13	1:45:20	+	6	86	Bob Adams	Northbrook	A	27:59 2:07:27 - 2
35	Mark Teague	WorcesterA	A	21:46	1:45:26	-	1	87	Anthony Edwards	SparkhillH	B	27:13 2:07:53 0
36	James Hood	Bromsgrove	A	21:42	1:45:31		0	88	Mark O'rourke	AldridgeRc	D	25:39 2:07:59 + 1
37	Nigel Roberts	Rugby&Nort	A	22:24	1:45:45	-	7	89	Rich Cawley	Northbrook	B	28:07 2:08:02 - 4
38	Martin Harrigan	DudleyAndS	A	22:35	1:46:02	-	7	90	Kevin Erne	Northbrook	C	26:55 2:08:38 - 2
39	Stephen Millward	Gloucester	A	19:53	1:46:19	+	6	91	Leighton Jackson	MasseyFerg	C	26:52 2:12:49 + 1
40	Patrick Moss	Knowle&Dor		20:30	1:46:27	+	4	92	Paul Mercer	HeanorRunn	C	26:39 2:13:00 + 1
41	Chris O'donovan	WestburyHa		22:10	1:46:29	-	4	93	Richard Guest	HalesowenA	D	25:58 2:14:32 + 4
42	Julian Emery	NorthSomer		21:51	1:46:51	-	3	94	John Thompson	TelfordHar	B	29:42 2:15:28 - 3
43	Rossthomas Cooper	MasseyFerg	A	22:13	1:47:22	-	2	95	Craig Hall	AldridgeRc	C	28:14 2:16:33 + 1
44	Andrew Robbins	Birmingham	C	20:00	1:47:41	+	4	96	Russell Blair	Wolverhamp	C	27:47 2:16:52 + 2
45	Paul Dobbs	SuttonInAs		23:12	1:48:37	-	3	97	Paul Hawkins	StrafordU	B	30:17 2:17:05 - 3
46	Terry Wall	TrenthamRc		23:33	1:49:01	-	3	98	Ryan Nokes	StaffordHa	B	25:27 2:17:47 + 4
47	Daniel Taylor	CoventryGo	B	20:03	1:49:25	+	6	99	Imran Ali	SphinxAc	B	28:30 2:18:46 0
48	Darren Morrey	StaffsMoor	A	22:38	1:50:09	-	1	100	Martin Hughes	Harborough	B	27:38 2:19:06 0
49	Craig Biggerstaff	Leamington	B	23:15	1:50:18	-	3	101	John Quinn	AldridgeRc	B	29:59 2:25:28 + 2
50	James Wilkinson	Cheltenham	D	22:53	1:51:24	+	1	102	Andrew Perkins	DudleyKing	C	36:27 2:35:43 + 2
51	R Cadwallader	HalesowenA	B	21:18	1:51:45	+	9					
52	Simon Mcnamee	Birchfield	C	22:31	1:51:56	+	2					

Fastest runners over stage 5:

1	Paul Cornock	CenturionR	B	6:41
2	Graham Rush	Cheltenham	A	17:29
3	W Ghebresilasie	Birchfield	A	18:16
4	Owain Jones	BristolAnd	A	18:21
5	Tim Hartley	NottsAc	A	18:41
6	Ben Gamble	TiptonHarr	A	18:45
7	Dean Richardson	CityOfStok		19:03
8	Andrew Savery	Leamington	A	19:12
9	Miles Chandler	BristolAnd	B	19:20
10	C Ashford	Birmingham	A	19:23

Midland Counties Road Relays at Sutton Park on Saturday 24th September 2016

Senior Relay - Mens 6 Stage Stage 6 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Stephen Mitchell	BristolAnd A	18:21	1:49:45 +	1
2	Alex Lee	Cheltenham A	18:56	1:50:19 -	1
3	Thomas Dodd	Birchfield A	18:35	1:53:18 +	1
4	Robert Needham	NottsAc A	19:34	1:54:04 -	1
5	Stuart Hawkes	TiptonHarr A	18:50	1:54:47 +	1
6	Mark Powell	LeicesterC A	19:16	1:54:50 -	1
7	Oliver Langford	CityOfStok	19:18	1:56:56	0
8	Mark Ince	Birmingham A	19:24	1:57:15	0
9	Phil Beastall	Cheltenham B	18:42	1:58:01 +	2
10	Archie Walton	TauntonAc A	19:37	1:58:20 -	1
11	Ben Jones	CoventryGo A	19:06	1:59:05 +	2
12	Luke Ingram	OwlsAcLeic	20:37	2:00:32	0
13	Martin Lewis	CharnwoodA	19:51	2:00:42 +	2
14	Harry Leeming	BristolAnd B	20:59	2:00:59	0
15	Matt Hall	Shrewsbury A	20:18	2:01:11 +	1
16	Ryan Ball	HeanorRunn A	23:10	2:01:56 -	6
17	James Perrin	Cannock&St	18:59	2:02:00 +	5
18	Cameron Walker	MansfieldH	20:54	2:02:16	0
19	Jonathan Hockey	TelfordAc A	20:04	2:02:46 +	2
20	James Booker	TiptonHarr B	20:59	2:02:55 -	1
21	Callum Hanlon	Leamington A	19:47	2:03:20 +	4
22	Harry Cresswell	Wolverhamp A	20:35	2:03:46 +	2
23	Alexander Wright	CorbyAc A	22:52	2:03:47 -	6
24	Alex Blackham	RoyalSutto	21:38	2:04:10 -	4
25	Russell Forsbrook	Cheltenham C	21:21	2:04:24 -	2
26	Mark Turner	HalesowenA A	20:35	2:04:32	0
27	Ryan Twigg	HermitageH A	20:51	2:04:50	0
28	Dan Allison	LeicesterC B	20:51	2:05:22 +	2
29	Andrew Norton	NottsAc B	21:20	2:05:35	0
30	Stanley Doxey	Kenilworth A	20:36	2:05:42 +	1
31	Iain Jones	Bournville A	21:40	2:05:51 -	3
32	Josh Davis	NorthSomer	19:16	2:06:07 +	10
33	Joseph Read	Knowle&Dor	19:54	2:06:21 +	7
34	A Tsolakis	Birmingham B	21:08	2:06:22 -	1
35	Mark Appleton	Bromsgrove A	21:02	2:06:33 +	1
36	David Price	WorcesterA A	21:31	2:06:57 -	1
37	Yousf Allathaa	Birchfield B	22:23	2:07:32 -	5
38	Scott Palmer	DudleyAndS A	21:31	2:07:33	0
39	Alex Hamblin	WestburyHa	21:08	2:07:37 +	2
40	Austin Blackburn	Gloucester A	21:56	2:08:15 -	1
41	Laurence Scott	Rugby&Nort A	24:17	2:10:02 -	4
42	Simon Neale	MasseyFerg A	23:12	2:10:34 +	1
43	Paul Shackleton	Birmingham C	22:56	2:10:37 +	1
44	Graeme Rolfe	Harborough A	26:06	2:11:26 -	10
45	David Pickstock	TrenthamRc	23:24	2:12:25 +	1
46	Oliver Sadler	StaffsMoor A	22:28	2:12:37 +	2
47	Matt Biggs	DudleyKing A	20:42	2:13:06 +	8
48	Elliot Prince	Cheltenham D	21:51	2:13:15 +	2
49	Alex Parker	Birchfield C	21:50	2:13:46 +	3
50	Lee Morris	SuttonInAs	25:29	2:14:06 -	5
51	Tim Clayton	RipleyRunn	20:50	2:14:13 +	5
52	Patrick Fellows	AldridgeRc A	22:49	2:14:57 +	1
53	Anthony Warner	Bromsgrove B	22:58	2:15:07 +	1
54	Nicolas Hazelwood	HalesowenA B	23:37	2:15:22 -	3
55	Thomas Healy	CenturionR A	22:35	2:17:59 +	7
56	Tom Davies	HolmePierr	23:28	2:18:17 +	3
57	Sagar Depala	Leamington B	28:12	2:18:30 -	8
58	Colin Piper	SphinxAc A	24:25	2:18:32	0
59	David O'brien	WorcesterA B	22:56	2:19:02 +	4
60	Anthony Howell	StratfordU A	24:11	2:19:19 +	1
61	Ben Williets	HalesowenA C	22:07	2:20:06 +	7
62	Nigel Taylor	CorbyAc B	25:37	2:20:40 -	2
63	Stewart Underhill	Kenilworth B	22:46	2:20:50 +	6
64	Darren Riley	SparkhillH A	23:10	2:20:54 +	3
65	Andy Piddington	Birmingham D	23:51	2:21:10 +	1
66	Jason Nicholson	MasseyFerg B	22:30	2:22:49 +	6
67	Nick Thomas	TelfordAc B	29:03	2:22:52 -	10
68	Sean Phillips	KingsHeath	20:58	2:23:22 +	8
69	Glynn Parker	WreakeAndS	27:15	2:24:30 -	4
70	Dean Gapper	TelfordHar A	22:21	2:24:39 +	5
71	Alan Percival	CityOfBirm	26:52	2:25:08 -	1
72	Mick Robinson	NottsAc C	29:15	2:26:14 -	8
73	Stewart Shears	SilsonJogg	24:03	2:26:45 +	6
74	Alan Griffin	StaffordHa A	24:51	2:26:53	0
75	Lionel Spittle	Wolverhamp B	25:14	2:28:16 +	5
76	Alan Percival	HermitageH B	26:12	2:28:47 +	1
77	Jack Roberts	Bournville B	24:28	2:30:26 +	8
78	Steve Meath	BelperHarr	26:59	2:30:43 +	3
79	John Andrews	DudleyKing B	28:20	2:30:58 -	1
80	Rob Nicholls	HeanorRunn B	26:46	2:31:06 +	3
81	Paul Corn	CobraRunni	30:09	2:31:19 -	8
82	Peter Sadler	StaffsMoor B	26:29	2:32:03 +	2
83	Richard Deeley	AldridgeRc D	24:29	2:32:28 +	5
84	Robert Mills	SparkhillH B	25:46	2:33:39 +	3
85	Jonathan Shaw	TiptonHarr C	31:57	2:35:45 -	3
86	Simon Brown	MasseyFerg C	23:28	2:36:17 +	5
87	Alex Morgan	HalesowenA D	22:03	2:36:35 +	6
88	Robert Pool	Northbrook B	32:22	2:40:24 +	1
89	Stephen Davis	TelfordHar B	25:04	2:40:32 +	5
90	Eamon O'hanlon	HeanorRunn C	27:33	2:40:33 +	2
91	David Cooper	Northbrook C	33:31	2:42:09 -	1
92	Fraser Barrett	Northbrook A	35:25	2:42:52 -	6
93	Leslie Reeves	AldridgeRc C	28:14	2:44:47 +	2
94	Dave Wolstencroft	StratfordU B	28:15	2:45:20 +	3
95	Brian Slater	Wolverhamp C	29:28	2:46:20 +	1
96	Mark Bentley	StaffordHa B	35:26	2:53:13 +	2

Fastest runners over stage 6:

1	Stephen Mitchell	BristolAnd A	18:21
2	Thomas Dodd	Birchfield A	18:35
3	Phil Beastall	Cheltenham B	18:42
4	Stuart Hawkes	TiptonHarr A	18:50
5	Alex Lee	Cheltenham A	18:56
6	James Perrin	Cannock&St	18:59
7	Ben Jones	CoventryGo A	19:06
8	Mark Powell	LeicesterC A	19:16
9	Josh Davis	NorthSomer	19:16
10	Oliver Langford	CityOfStok	19:18

Midland Counties Road Relays at Sutton Park on Saturday 24th September 2016

Mens 6 Stage — Team Results — Final
(nn) is team position after the appropriate stage.

1 Bristol And West Ac (est. 1882 'A' 1:49:45				14 Bristol And West Ac (est. 1882 'B' 2:00:59											
1	William Christofi	(6)	18:43	2	Luke Evans	(3)	18:43	1	Robert Stewart	(15)	19:19	2	Will Davidson	(20)	20:41
3	Richard Peters	(1)	17:29	4	Benedict Westhenry	(1)	18:08	3	Josh Moody	(14)	19:31	4	Tom Dobra	(18)	21:09
5	Owain Jones	(2)	18:21	6	Stephen Mitchell	(1)	18:21	5	Miles Chandler	(14)	19:20	6	Harry Leeming	(14)	20:59
2 Cheltenham & County Harriers 'A' 1:50:19				15 Shrewsbury Ac 'A' 2:01:11											
1	Oliver Mott	(4)	18:29	2	Thomas Lowe	(4)	18:59	1	James Hickinbottom	(24)	19:45	2	Luke Butler	(21)	20:15
3	Philip Wylie	(2)	17:49	4	Dave Roper	(2)	18:37	3	Gabriel Morris	(20)	20:09	4	Adam Roberts	(20)	20:37
5	Graham Rush	(1)	17:29	6	Alex Lee	(2)	18:56	5	Brett Edwards	(16)	20:07	6	Matt Hall	(15)	20:18
3 Birchfield Harriers 'A' 1:53:18				16 Heanor Running Club 'A' 2:01:56											
1	Mathew Missen	(7)	18:44	2	Benjamin Boulter	(13)	20:23	1	Stuart King	(13)	19:08	2	Joe Rainsford	(7)	18:45
3	William Richardson	(6)	18:13	4	Andy Ridley	(5)	19:07	3	Ben Rhodes	(9)	20:00	4	M Bickerstaff	(6)	19:14
5	W Ghebresilasie	(4)	18:16	6	Thomas Dodd	(3)	18:35	5	Stephen Ashmore	(10)	21:39	6	Ryan Ball	(16)	23:10
4 Notts Ac 'A' 1:54:04				17 Cannock & Stafford Ac 2:02:00											
1	Paddy Clark	(29)	19:56	2	Douglas Musson	(5)	17:41	1	Ryan Ashforth	(35)	20:27	2	James Russell	(30)	20:41
3	Freddie Hessian	(4)	19:01	4	Robert Smith	(3)	19:11	3	Aidan McCormack	(26)	20:22	4	Adam Blundell	(23)	20:15
5	Tim Hartley	(3)	18:41	6	Robert Needham	(4)	19:34	5	Christopher Perrin	(22)	21:16	6	James Perrin	(17)	18:59
5 Tipton Harriers 'A' 1:54:47				18 Mansfield Harriers 2:02:16											
1	Williamslan	(12)	19:04	2	Joe Smith	(8)	18:55	1	Lewis Ashmore	(22)	19:44	2	Alexander Rieley	(12)	19:23
3	Gareth Griffiths	(10)	20:28	4	Mike Aspinall	(7)	18:45	3	Archie Rayner	(13)	20:03	4	Chris Monk	(16)	20:44
5	Ben Gamble	(6)	18:45	6	Stuart Hawkes	(5)	18:50	5	Jordan Boam	(18)	21:28	6	Cameron Walker	(18)	20:54
6 Leicester Coritanian Ac 'A' 1:54:50				19 Telford Ac 'A' 2:02:46											
1	Sam Stevens	(1)	17:59	2	Gordon Lee	(2)	19:26	1	Paul Ward	(14)	19:14	2	Rob Nash	(15)	20:13
3	Alfie Thompson	(3)	18:50	4	O Freer	(4)	19:50	3	Chris Bagshaw	(19)	20:32	4	Jamie Davies	(21)	21:22
5	Jamie Short	(5)	19:29	6	Mark Powell	(6)	19:16	5	Jake Milovsorov	(21)	21:21	6	Jonathan Hockey	(19)	20:04
7 City Of Stoke Ac 1:56:56				20 Tipton Harriers 'B' 2:02:55											
1	Ryan Holroyd	(2)	18:09	2	William Neill	(1)	18:44	1	Shaun Barnsley	(23)	19:44	2	Luke Vine	(19)	20:11
3	b Hallett	(5)	20:14	4	Louis Wrigley	(10)	21:28	3	C Gillespie	(18)	20:02	4	Tom Holden	(17)	20:10
5	Dean Richardson	(7)	19:03	6	Oliver Langford	(7)	19:18	5	Phillip Wilson	(19)	21:49	6	James Booker	(20)	20:59
8 Birmingham R & Tc 'A' 1:57:15				21 Leamington Cycling & Athletic 'A' 2:03:20											
1	Daniel Robinson	(10)	18:55	2	Simon Lanckham	(11)	19:50	1	Philip Gould	(30)	20:00	2	Paul Andrew	(31)	21:09
3	Edward Banks	(8)	18:53	4	Jonathan Jennings	(9)	20:50	3	Matthew Butler	(37)	21:44	4	Dean Mawby	(38)	21:28
5	C Ashford	(8)	19:23	6	Mark Ince	(8)	19:24	5	Andrew Savery	(25)	19:12	6	Callum Hanlon	(21)	19:47
9 Cheltenham & County Harriers 'B' 1:58:01				22 Wolverhampton & Bilston 'A' 2:03:46											
1	Marc Fallows	(32)	20:09	2	Richard Decamps	(18)	19:34	1	Harry Halford	(19)	19:37	2	Jamie Ward	(22)	20:38
3	Alex Bampton	(16)	19:58	4	William New	(15)	19:40	3	Elliot Jones	(25)	21:14	4	Jack Bonser	(25)	20:41
5	Jonathan Barnes	(11)	19:58	6	Phil Beastall	(9)	18:42	5	Jack Parr	(24)	21:01	6	Harry Cresswell	(22)	20:35
10 Taunton Ac 'A' 1:58:20				23 Corby Ac 'A' 2:03:47											
1	Ben Hawkins	(18)	19:29	2	Phil Burden	(10)	18:44	1	Isaac Akers	(3)	18:15	2	Luke Montgomery	(9)	19:57
3	Benjamin Jones	(7)	19:22	4	Adam Stokes	(8)	20:27	3	Troy Garrity	(11)	20:26	4	Jacob Akers	(14)	20:39
5	Joe Walton	(9)	20:41	6	Archie Walton	(10)	19:37	5	Benn Lyman	(17)	21:38	6	Alexander Wright	(23)	22:52
11 Coventry Godiva Harriers 'A' 1:59:05				24 Royal Sutton Coldfield Athleti 2:04:10											
1	James Griggs	(8)	18:46	2	Daniel Clarke	(6)	18:53	1	Thomas Chew	(44)	21:00	2	Oliver Harradence	(26)	19:41
3	Alex Jolly	(17)	22:03	4	Scott Hazell	(13)	19:31	3	Mark Rickards	(32)	21:43	4	Shaun Evans	(22)	19:10
5	Joseph Mcleod	(13)	20:46	6	Ben Jones	(11)	19:06	5	Alex Jones	(20)	20:58	6	Alex Blackham	(24)	21:38
12 Owls Ac Leicester 2:00:32				25 Cheltenham & County Harriers 'C' 2:04:24											
1	Eddie Highton	(11)	18:55	2	Tom Corby	(14)	20:14	1	John Merrett	(41)	20:50	2	Mark James	(36)	20:56
3	Thomas Bell	(12)	19:45	4	Tom Mahon	(11)	20:08	3	Liam Roarty	(24)	19:42	4	Dave Aubrey	(24)	20:37
5	Max O'sullivan	(12)	20:53	6	Luke Ingram	(12)	20:37	5	Roger Mullins	(23)	20:58	6	Russell Forsbrook	(25)	21:21
13 Charnwood A C 2:00:42				26 Halesowen Acc 'A' 2:04:32											
1	George Burnett	(26)	19:47	2	Joshua Smith	(25)	20:51	1	Roger Mallard	(45)	21:02	2	Peter Dear	(43)	21:27
3	Howard Thompson	(15)	18:57	4	Stephen Mears	(12)	19:28	3	Daniel Cleary	(42)	20:51	4	Niall Geraghty	(33)	20:14
5	Tom Lupton	(15)	21:48	6	Martin Lewis	(13)	19:51	5	Adam Cross	(26)	20:23	6	Mark Turner	(26)	20:35

Midland Counties Road Relays at Sutton Park on Saturday 24th September 2016

27 Hermitage Harriers		'A' 2:04:50		41 Rugby & Northampton Ac		'A' 2:10:02	
1	Michael Trott (25) 19:46	2	Alex Percy (23) 20:37	1	Jacob Allen (5) 18:37	2	Alistair McDonnell (17) 21:05
3	James Willoughby (27) 21:10	4	Mark Kendrick (26) 20:40	3	Joseph Lantsbery (23) 21:33	4	Joseph Childs (30) 22:06
5	Fraser Harris (27) 21:46	6	Ryan Twigg (27) 20:51	5	Nigel Roberts (37) 22:24	6	Laurence Scott (41) 24:17
28 Leicester Coritanian Ac		'B' 2:05:22		42 Massey Ferguson Rc		'A' 2:10:34	
1	Chris Southam (33) 20:13	2	Dave Pearce (38) 21:38	1	Peter Freedman (9) 18:50	2	Jeremyshaun Trill (35) 22:50
3	Phillip Maddocks (39) 21:09	4	P Bouttierbutler (28) 20:08	3	David Clarke (38) 21:15	4	Gary Lawson (41) 22:14
5	Josh Phillips (30) 21:23	6	Dan Allison (28) 20:51	5	Rossthoas Cooper(43) 22:13	6	Simon Neale (42) 23:12
29 Notts Ac		'B' 2:05:35		43 Birmingham R & Tc		'C' 2:10:37	
1	Matthew Moir (86) 23:27	2	Jarratt Perkins (48) 19:47	1	Martin Cleaver (39) 20:41	2	Jort Vanmourik (52) 22:53
3	John Muddeman (43) 20:25	4	Steve Long (32) 19:51	3	Chris Grimley (52) 22:00	4	Abayomi Adedimeji (48) 22:07
5	Tom Crowley (29) 20:45	6	Andrew Norton (29) 21:20	5	Andrew Robbins (44) 20:00	6	Paul Shackleton (43) 22:56
30 Kenilworth Runners		'A' 2:05:42		44 Harborough Ac		'A' 2:11:26	
1	Stephen Page (31) 20:06	2	Stuart Hopkins (33) 21:09	1	Matthew Driver (21) 19:42	2	Andrew Meads (27) 21:04
3	Steve Marr (29) 20:36	4	Peter Bryan (35) 21:56	3	Tom Ward (41) 22:30	4	Sean Fenwick (40) 21:51
5	Andy Crabtree (31) 21:19	6	Stanley Doxey (30) 20:36	5	Adam Eales (34) 20:13	6	Graeme Rolfe (44) 26:06
31 Bournville Harriers		'A' 2:05:51		45 Trentham Rc		2:12:25	
1	Matthew Pollard (53) 21:36	2	C Collins (41) 20:32	1	Luke Boulton (27) 19:48	2	Ed Wilson (40) 22:07
3	Paul Thompson (30) 19:56	4	Henry Brocklehurst (27) 20:55	3	Scott Zikmanis (44) 21:48	4	Leigh Matthews (43) 21:45
5	Richard Keep (28) 21:12	6	Iain Jones (31) 21:40	5	Terry Wall (46) 23:33	6	David Pickstock (45) 23:24
32 North Somerset Ac		2:06:07		46 Staffs Moorlands Ac		'A' 2:12:37	
1	David Warnes (40) 20:46	2	Cameron Coetzee (37) 21:03	1	James Wood (66) 22:33	2	Keayrn Hopley (46) 20:25
3	Joe Gentry (34) 20:53	4	Michael Proffitt (39) 22:18	3	Greg Beech (47) 22:14	4	Seamus White (47) 22:19
5	Julian Emery (42) 21:51	6	Josh Davis (32) 19:16	5	Darren Morrey (48) 22:38	6	Oliver Sadler (46) 22:28
33 Knowle & Dorridge Rc		2:06:21		47 Dudley Kingswinford Rc		'A' 2:13:06	
1	Tim Price (47) 21:09	2	Peterjohn Grime (42) 21:06	1	David Norman (56) 21:53	2	Darran Bishop (60) 22:51
3	Richard Dixon (45) 21:54	4	Kirk Giles (44) 21:48	3	Stuart Perkins (56) 21:32	4	Simon Blizzard (55) 23:11
5	Patrick Moss (40) 20:30	6	Joseph Read (33) 19:54	5	Simon Hughes (55) 22:57	6	Matt Biggs (47) 20:42
34 Birmingham R & Tc		'B' 2:06:22		48 Cheltenham & County Harriers		'D' 2:13:15	
1	Stuart Male (20) 19:39	2	Rene Vergo (29) 21:11	1	Lee Groenewegen (64) 22:23	2	Alister Brown (64) 22:53
3	Huw Jones (33) 21:48	4	Martin Matthews (29) 20:31	3	Matthew Evans (61) 22:15	4	Tommaso Migliuolo (51) 21:00
5	Toby Close (33) 22:05	6	A Tsolakis (34) 21:08	5	James Wilkinson (50) 22:53	6	Elliot Prince (48) 21:51
35 Bromsgrove And Redditch		'A' 2:06:33		49 Birchfield Harriers		'C' 2:13:46	
1	Sean Bowden (48) 21:10	2	Conor Smith (28) 19:37	1	Simon Rhodes (84) 23:26	2	Rob Deakin (65) 21:52
3	Kevin Fisher (28) 21:03	4	Carl Hatton (36) 21:59	3	Khalid Malik (60) 22:07	4	Conall Green (54) 22:00
5	James Hood (36) 21:42	6	Mark Appleton (35) 21:02	5	Simon Mcnamee (52) 22:31	6	Alex Parker (49) 21:50
36 Worcester Ac		'A' 2:06:57		50 Sutton In Ashfield Harriers &		2:14:06	
1	Daniel Stock (28) 19:51	2	Michael Jeavons (39) 22:01	1	Luke Wigman (42) 20:52	2	Kristian Watson (32) 20:21
3	David Hall (36) 20:59	4	Richard Smith (34) 20:49	3	Paul Frith (35) 21:36	4	Brent Stevenson (42) 22:36
5	Mark Teague (35) 21:46	6	David Price (36) 21:31	5	Paul Dobbs (45) 23:12	6	Lee Morris (50) 25:29
37 Birchfield Harriers		'B' 2:07:32		51 Ripley Running Club		2:14:13	
1	Orlando Corea (16) 19:23	2	Ben Griffiths (16) 20:16	1	Dean Taylor (49) 21:13	2	Matthew Nicholls (69) 24:32
3	Ian Dempsey (21) 20:53	4	Sam Dais (19) 20:10	3	Richard Kimber (65) 22:05	4	Martin Penny (61) 23:06
5	Reis Brooke (32) 24:27	6	Yousf Allathaa (37) 22:23	5	Joe Henstock (56) 22:27	6	Tim Clayton (51) 20:50
38 Dudley And Stourbridge Harrier		'A' 2:07:33		52 Aldridge Rc		'A' 2:14:57	
1	David Nation (36) 20:28	2	David Ratcliffe (34) 20:52	1	Michael Smith (51) 21:30	2	Toby Oury (57) 22:44
3	Ian Mansell (31) 20:57	4	Ben Foster (31) 21:10	3	Paul Burke (59) 23:05	4	Mark Shaw (56) 22:27
5	Martin Harrigan (38) 22:35	6	Scott Palmer (38) 21:31	5	Liam Harrold (53) 22:22	6	Patrick Fellows (52) 22:49
39 Westbury Harriers		2:07:37		53 Bromsgrove And Redditch		'B' 2:15:07	
1	Adam Wilson (37) 20:36	2	Scott Campbell (24) 19:59	1	Jack Morley (54) 21:40	2	Gavin Moorhead (53) 22:06
3	Joe Connors (22) 20:39	4	Elliott Chard (37) 23:05	3	Andrew Freeman (51) 21:47	4	Jamie Dancyger (52) 23:10
5	Chris O'donovan (41) 22:10	6	Alex Hamblin (39) 21:08	5	Tom Richardson (54) 23:26	6	Anthony Warner (53) 22:58
40 Gloucester Ac		'A' 2:08:15		54 Halesowen Acc		'B' 2:15:22	
1	James Walters (55) 21:50	2	Andrew Mcpeake (58) 22:39	1	David Lewis (81) 23:14	2	Bill Nock (61) 21:48
3	Jack Evans (48) 20:46	4	Nathan Smith (45) 21:11	3	Philip Scarr (63) 22:34	4	Kevin Monk (60) 22:51
5	Stephen Millward (39) 19:53	6	Austin Blackburn (40) 21:56	5	R Cadwallader (51) 21:18	6	Nicolas Hazelwood (54) 23:37

Midland Counties Road Relays at Sutton Park on Saturday 24th September 2016

55 Centurion Rc		'A' 2:17:59		69 Wreake And Soar Valley Ac		2:24:30	
1	Ian Satterthwaite (60) 22:12	2	Paul Davies (55) 22:00	1	Finn Miskinyoung (43) 20:56	2	Alastair Orencas (66) 24:31
3	Edmund Wallace (67) 24:34	4	Shaun Hemmings (63) 22:43	3	George Alvey (58) 21:38	4	Mark Gamble (64) 24:26
5	Lee Caves (62) 23:55	6	Thomas Healy (55) 22:35	5	Steve Mitchell (65) 25:44	6	Glynn Parker (69) 27:15
56 Holme Pierrepont Rc		2:18:17		70 Telford Harriers		'A' 2:24:39	
1	S Williamsduncan (52) 21:33	2	Gary Cragg (62) 23:35	1	Paul O'brien (61) 22:15	2	Ian Maxwell (80) 25:11
3	Will Meredith (66) 23:15	4	Chris Rhodes (62) 22:59	3	Michael Smith (82) 25:05	4	Greg Smith (75) 24:30
5	Javier Cabrero (59) 23:27	6	Tom Davies (56) 23:28	5	Anthony Pinson (75) 25:17	6	Dean Gapper (70) 22:21
57 Leamington Cycling & Athletic		'B' 2:18:30		71 City Of Birmingham Striders		2:25:08	
1	Jordan King (57) 22:06	2	Charlie Staveley (51) 21:14	1	James Drakeford (89) 23:52	2	Mark Baker (81) 23:57
3	Guy Allen (49) 22:05	4	Johnathon Brown (46) 21:38	3	Makoto Uji (75) 23:16	4	Matthew Stevens (57) 18:59
5	Craig Biggerstaff (49) 23:15	6	Sagar Depala (57) 28:12	5	Dionisis Theodosis (70) 28:12	6	Adam Rathbone (71) 26:52
58 Sphinx Ac		'A' 2:18:32		72 Notts Ac		'C' 2:26:14	
1	Michael Gough (74) 22:55	2	Rob Wheatley (63) 22:17	1	Sam Godwin (58) 22:07	2	Jamie Fletcher (44) 20:32
3	Allen Elsour (64) 22:33	4	Pawel Langer (59) 22:36	3	David Oxland (50) 22:48	4	Ben Abbott (50) 22:56
5	Kevin Dick (58) 23:46	6	Colin Piper (58) 24:25	5	Steven Leek (64) 28:36	6	Mick Robinson (72) 29:15
59 Worcester Ac		'B' 2:19:02		73 Silson Joggers Ac		2:26:45	
1	Robert Jones (50) 21:18	2	Stefan Sternkopf (59) 23:17	1	Tom Phelps (80) 23:13	2	Alistair Ferrie (85) 25:00
3	Adam Pollock (57) 22:23	4	Luke Sheppard (67) 26:06	3	Greg Ball (80) 24:08	4	Jeff Rycroft (79) 25:22
5	Nick Hitchings (63) 23:02	6	David O'brien (59) 22:56	5	Paul King (79) 24:59	6	Stewart Shears (73) 24:03
60 Stratford Upon Avon Ac		'A' 2:19:19		74 Stafford Harriers		'A' 2:26:53	
1	Richard Shephard (34) 20:19	2	Danny Tolhurst (47) 22:54	1	Richard Rea (68) 22:38	2	Ian Wood (79) 24:40
3	David Smyth (55) 22:59	4	James Chorley (65) 25:34	3	Jason Littlewood (85) 26:03	4	Spencer Holland (80) 24:28
5	Graham Taylor (61) 23:22	6	Anthony Howell (60) 24:11	5	I Hodkinson (74) 24:13	6	Alan Griffin (74) 24:51
61 Halesowen Acc		'C' 2:20:06		75 Wolverhampton & Bilston		'B' 2:28:16	
1	John Hill (88) 23:42	2	Andrew Nock (83) 24:18	1	Jason Paddock (85) 23:27	2	Mathew Richards (74) 22:55
3	Matthew Allen (76) 23:19	4	James Parker (72) 24:05	3	Alex Herron (74) 24:29	4	Robert Edwards (74) 25:56
5	Chris Cleary (68) 22:35	6	Ben Williets (61) 22:07	5	Pritesh Patel (80) 26:15	6	Lionel Spittle (75) 25:14
62 Corby Ac		'B' 2:20:40		76 Hermitage Harriers		'B' 2:28:47	
1	Sebastien Goodall (38) 20:37	2	Daniel Keating (50) 22:41	1	Darren Wilson (63) 22:20	2	David Pallett (56) 21:52
3	Mark Bland (62) 24:14	4	Jack Benstead (58) 22:41	3	Craig Ogilvie (78) 27:55	4	Matthew Dumelow (81) 25:45
5	John Mccrone (60) 24:50	6	Nigel Taylor (62) 25:37	5	Peter Armstrong (77) 24:43	6	Alan Percival (76) 26:12
63 Kenilworth Runners		'B' 2:20:50		77 Bournville Harriers		'B' 2:30:26	
1	Neil Sheward (62) 22:16	2	Richard Broadbent (71) 23:48	1	Daniel Wilson (87) 23:40	2	Dave Powner (90) 25:22
3	Nick Williams (69) 23:20	4	Steve Hession (71) 25:30	3	Steven Howard (77) 22:51	4	Jim Clarke (76) 25:24
5	Richard Steel (69) 23:10	6	Stewart Underhill (63) 22:46	5	C Ankcorn (85) 28:41	6	Jack Roberts (77) 24:28
64 Sparkhill Harriers		'A' 2:20:54		78 Belper Harriers		2:30:43	
1	Nick Stringer (79) 23:03	2	Patrick Finnegan (75) 23:33	1	Chris Jordan (71) 22:46	2	Malcolm Weir (76) 24:16
3	Mark Williams (72) 23:15	4	Andy Manning (69) 24:22	3	Andy Lenton (79) 25:06	4	Robert Norman (78) 25:20
5	Daniel Roulston (67) 23:31	6	Darren Riley (64) 23:10	5	Mark Riches (81) 26:16	6	Steve Meath (78) 26:59
65 Birmingham R & Tc		'D' 2:21:10		79 Dudley Kingswinford Rc		'B' 2:30:58	
1	Mark Connell (95) 24:38	2	Ben Beaumont (77) 22:28	1	Mark Homer (90) 23:54	2	Richard Tonks (89) 24:49
3	Richard Gray (73) 23:22	4	Iain Squires (66) 22:34	3	Peter Hood (83) 24:08	4	Graham Wildgoose (82) 25:13
5	Martin Ludford (66) 24:17	6	Andy Piddington (65) 23:51	5	Mark Judge (78) 24:34	6	John Andrews (79) 28:20
66 Massey Ferguson Rc		'B' 2:22:49		80 Heanor Running Club		'B' 2:31:06	
1	Peter Paprcka (99) 25:45	2	Joseluis Sanchez (87) 22:46	1	Lee D'arcy (72) 22:48	2	Peter Edwards (84) 25:24
3	Tony James Hoy (81) 23:55	4	Dave Lee (73) 24:18	3	John Flint (88) 26:21	4	Carl Hughes (83) 24:12
5	Grahame Flanagan (72) 23:35	6	Jason Nicholson (66) 22:30	5	Andy Moat (83) 25:35	6	Rob Nicholls (80) 26:46
67 Telford Ac		'B' 2:22:52		81 Cobra Running & Triathlon Club		2:31:19	
1	John Garmson (65) 22:25	2	John Sanders (54) 21:26	1	Carson Tweedie (78) 23:03	2	Alex Stephenson (70) 22:54
3	Paul Coupe (53) 21:50	4	Duncan Birtwhistle (49) 22:38	3	Paul Sheppard (71) 23:46	4	Michael Tovey (70) 24:49
5	Steve Jones (57) 25:30	6	Nick Thomas (67) 29:03	5	Chris Pearson (73) 26:38	6	Paul Corn (81) 30:09
68 Kings Heath Rc - The Lions		2:23:22		82 Staffs Moorlands Ac		'B' 2:32:03	
1	Scott Williams (69) 22:39	2	David Hagan (67) 22:59	1	Anthony Jones (70) 22:41	2	Andy Bainesd Davies (96) 28:58
3	Anthony Gillespie (84) 27:39	4	Greg Robson (86) 27:21	3	Jonathon Windsor (93) 25:54	4	Leo Foster (90) 25:19
5	Tim Livesley (76) 21:46	6	Sean Phillips (68) 20:58	5	Nick Hulme (84) 22:42	6	Peter Sadler (82) 26:29

Midland Counties Road Relays at Sutton Park on Saturday 24th September 2016

<p>83 Aldridge Rc 'D' 2:32:28</p> <p>1 Leigh Ally (96) 24:44 2 Steve Blakemore (78) 22:31 3 Nick Ford (91) 28:23 4 Eamon Lyons (89) 26:42 5 Mark O'Rourke (88) 25:39 6 Richard Deeley (83) 24:29</p> <p>84 Sparkhill Harriers 'B' 2:33:39</p> <p>1 Tahir Akhtar (94) 24:34 2 Frank Inman (91) 24:57 3 John Goulding (89) 25:22 4 Grahame Hygate (87) 25:47 5 Anthony Edwards (87) 27:13 6 Robert Mills (84) 25:46</p> <p>85 Tipton Harriers 'C' 2:35:45</p> <p>1 John Millington (82) 23:19 2 Tom Acha (73) 23:03 3 Jonathon Carter (54) 19:46 4 Alan Grice (68) 27:03 5 John Stroulger (82) 30:37 6 Jonathan Shaw (85) 31:57</p> <p>86 Massey Ferguson Rc 'C' 2:36:17</p> <p>1 Darren Chambers (109) 27:25 2 Alan McDougall (100) 25:59 3 Kevin Hinson (95) 25:28 4 Martin Smith (92) 27:05 5 Leighton Jackson (91) 26:52 6 Simon Brown (86) 23:28</p> <p>87 Halesowen Acc 'D' 2:36:35</p> <p>1 Mark Higgins (108) 27:09 2 Paul Allen (103) 26:35 3 Steven Horten (101) 27:56 4 David Lloyd (97) 26:54 5 Richard Guest (93) 25:58 6 Alex Morgan (87) 22:03</p> <p>88 Northbrook Athletic Club 'B' 2:40:24</p> <p>1 Terry Moynihan (76) 23:02 2 Clive Horton (86) 25:23 3 Kevin Coughlan (86) 25:54 4 Anthony Hughes (85) 25:36 5 Rich Cawley (89) 28:07 6 Robert Pool (88) 32:22</p> <p>89 Telford Harriers 'B' 2:40:32</p> <p>1 Robert Friel (102) 26:06 2 David Stone (99) 26:47 3 Michael Webb (99) 27:40 4 Paul Woodcock (91) 25:13 5 John Thompson (94) 29:42 6 Stephen Davis (89) 25:04</p> <p>90 Heanor Running Club 'C' 2:40:33</p> <p>1 Stephen Wardle (106) 26:52 2 Ian Salt (101) 26:35 3 Scott Wigman (100) 27:09 4 Paul Winfield (93) 25:45 5 Paul Mercer (92) 26:39 6 Eamon O'hanlon (90) 27:33</p> <p>91 Northbrook Athletic Club 'C' 2:42:09</p> <p>1 Spencer Davies (101) 26:05 2 Steve Handy (95) 24:50 3 Jonathan Seed (92) 24:50 4 Tommy Dempsey (88) 25:58 5 Kevin Erne (90) 26:55 6 David Cooper (91) 33:31</p> <p>92 Northbrook Athletic Club 'A' 2:42:52</p> <p>1 Steven Turvey (75) 22:58 2 Joe Kelly (82) 24:55 3 Damian Pharoah (87) 26:37 4 Tom Miller (84) 24:58 5 Bob Adams (86) 27:59 6 Fraser Barrett (92) 35:25</p> <p>93 Aldridge Rc 'C' 2:44:47</p> <p>1 Ken Rowe (107) 27:03 2 Nigel Bullock (97) 25:42 3 Michael Davis (98) 27:44 4 David Mchugh (96) 27:50 5 Craig Hall (95) 28:14 6 Leslie Reeves (93) 28:14</p> <p>94 Stratford Upon Avon Ac 'B' 2:45:20</p> <p>1 James Deacon (104) 26:25 2 Kieran Tursner (102) 27:10 3 Matthew Sims (96) 26:06 4 Stuart Griffiths (94) 27:07 5 Paul Hawkins (97) 30:17 6 Dave Wolstencroft (94) 28:15</p> <p>95 Wolverhampton & Bilston 'C' 2:46:20</p> <p>1 Andrew Dyal (98) 25:45 2 Fred Smith (104) 28:00 3 Dean Tonks (104) 29:54 4 Paul Tabor (98) 25:26 5 Russell Blair (96) 27:47 6 Brian Slater (95) 29:28</p> <p>96 Stafford Harriers 'B' 2:53:13</p> <p>1 Ben Nash (103) 26:18 2 Roy Clay (105) 28:44 3 Edwin Smith (106) 30:28 4 Mark Oliver (102) 26:50 5 Ryan Nokes (98) 25:27 6 Mark Bentley (96) 35:26</p>	<p>Incomplete Teams:</p> <p>Coventry Godiva Harriers 'B'</p> <p>1 Zachary Nolan (17) 19:28 2 Nigel Arlidge (45) 23:26 3 Thomas Madden (40) 20:15 4 Nick Bennett (53) 26:13 5 Daniel Taylor (47) 20:03</p> <p>Centurion Rc 'B'</p> <p>1 James Eckloff (83) 23:22 2 Eric Robathan (94) 27:32 3 Leonard Wallace (94) 27:01 4 James Houghton (101) 34:23 5 Paul Cornock (71) 6:41</p> <p>Sphinx Ac 'B'</p> <p>1 Wayne Broadbent (105) 26:28 2 Jamie Richards (98) 26:20 3 Mark Moran (102) 29:30 4 Anthony O'brien (99) 27:58 5 Imran Ali (99) 28:30</p> <p>Harborough Ac 'B'</p> <p>1 Jamie Thompson (100) 25:53 2 David Ward (106) 29:09 3 Rick Brown (103) 28:17 4 Gary Wallis (100) 28:09 5 Martin Hughes (100) 27:38</p> <p>Aldridge Rc 'B'</p> <p>1 Simon Hudson (112) 28:52 2 Colin Jackson (108) 28:57 3 John Pearce (105) 25:59 4 Lawrence Hewitt (103) 31:41 5 John Quinn (101) 29:59</p> <p>Dudley Kingswinford Rc 'C'</p> <p>1 Andy Morrison (110) 27:50 2 Rory Campbell (107) 27:41 3 Chris Wood (107) 34:10 4 Peter Krivosic (104) 29:35 5 Andrew Perkins (102) 36:27</p> <p>Solihull & Small Heath Athleti</p> <p>1 Adam Cole (67) 22:36 2 Michael Bracken (68) 23:07 3 Steven Howes (68) 23:19 4 Andrew Webber (77) 28:19</p> <p>Birmingham R & Tc 'E'</p> <p>1 Harry Fowler (97) 25:06 2 Rob Ryan (93) 25:05 3 David Sansom (97) 29:52 4 Richard Carney (95) 27:21</p> <p>Shrewsbury Ac 'B'</p> <p>1 Robert Lisney (59) 22:11 2 Stephen Waters (49) 21:05 3 Norbert Feeney (46) 21:17</p> <p>Birchfield Harriers 'D'</p> <p>1 Peter Dimbleby (73) 22:55 2 Lee Harris (72) 23:21 3 Windel Simpson (70) 23:21</p> <p>Gloucester Ac 'B'</p> <p>1 Steven Haines (77) 23:02 2 Aaron Bennett (88) 25:39 3 Russell Kirby (90) 26:49</p> <p>Bromsgrove And Redditch 'C'</p> <p>1 Rob Humphries (92) 24:02 2 Sammy Taafe (92) 25:36</p> <p>Sparkhill Harriers 'C'</p> <p>1 Andy Carroll (113) 29:18 2 Martin Millichaep (109) 29:41</p> <p>Kettering Town Harriers</p> <p>1 Edward Cannell (46) 21:06</p> <p>Rugby & Northampton Ac 'B'</p> <p>1 Peter Thomas (91) 24:01</p> <p>Dudley And Stourbridge Harrier 'B'</p> <p>1 Darrell Bodin (93) 24:03</p> <p>Tipton Harriers 'D'</p> <p>1 Paul Dolan (111) 28:18</p> <p>Bournville Harriers 'C'</p> <p>1 Barrie Roberts (114) 31:07</p> <p>Fastest of all legs</p> <p>1 Paul Cornock CenturionR B 6:41 2 Richard Peters BristolAnd A 17:29 = Graham Rush Cheltenham A 17:29 4 Douglas Musson NottsAc A 17:41 5 Philip Wylie Cheltenham A 17:49 6 Sam Stevens LeicesterC A 17:59 7 Benedict Westhenry BristolAnd A 18:08 8 Ryan Holroyd CityOfStok 18:09</p>
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