

IPSTONES 5'ish RESULTS 2016							
Pos		Name	Surname	Club	Cat	NSRRA	Time
1	129	Scott	Minshall	Trentham RC	M		28.36
2	132	David	Bethell	City of Stoke AC	M		29.29
3	29	Bryn	Holmes	Trentham Rc	M45	389	29.59
4	30	Steven	Naylor	Michelin AC	M	420	30.10
5	47	Bruce	Johnson	Newcastle Staffs Ac	M	644	30.14
6	38	Jordan	Nixon	Newcastle Staffs AC	M		30.35
7	35	Mark	Coulthard	South Cheshire Harriers	M		30.36
8	48	Charlie	Cox	Cheadle Rc	M	731	30.38
9	115	Ian	Wilson	Trentham RC	M	624	30.40
10	121	Tim	Twentyman	Newcastle (Staffs) AC	M50	702	30.59
11	98	Leigh	Matthews	Trentham RC	M40	608	31.05
12	116	David	Hall	Unattached	M		31.10
13	20	Ian	Cawley	Trentham Rc	M40	715	31.36
14	46	Paul	Hancock	South Cheshire Harriers	M45	89	31.41
15	11	Christopher	Morgan	Trentham RC	M	758	32.01
16	43	Michelle	Buckle	Newcastle Staffs Ac	F40	139	32.12
17	118	Gareth	Knapper	Cheadle RC	M	695	32.25
18	140	Oliver	Stone	Rugeley Runners	M	705	32.27
19	9	Ben	Bewley	Newcastle Staffs AC	M	189	32.29
20	52	Alan	Brookes	South Cheshire Harriers	M55	215	32.47
21	88	Deborah	Thomas	Trentham RC	F35	386	32.49
22	44	Kristina	Defries	Trentham RC	F	724	32.57
23	21	Craig	Taylor	Trentham Rc	M	66	32.59
24	32	Tim	Hulse	Stone Master Marathoners	M45	706	33.12
25	5	Rob	Tabbenor	Trentham Rc	M55	306	33.32
26	50	David	Ahearn	Unattached	M		33.34
27	64	Paul	Freeman	Unattached	M		33.47
28	41	Mark	Steele	Unattached	M40		33.51
29	33	David	Nimmo	South Cheshire Harriers	M	330	34.22
30	39	Christopher	Nixon	Newcastle (Staffs) Tri Club	M50		34.28
31	144	Douglas	Alcock	Trentham RC	M65		34.34
32	12	Jenny	Day	Cheadle RC	F40		34.41
33	97	John	Green	NSRRA	M50	137	34.53
34	25	Robert	Ibbs	Newcastle Staffs Ac	M45	435	34.55
35	28	Paul	Phillips	Stone Master Marathoners	M40	399	34.59
36	53	Ian	Wood	Stafford Harriers	M50	356	35.04
37	127	Kevin	Mottram	Buxton AC	M40	350	35.04
38	91	Paul	Clinton	Trentham RC	M45		35.07
39	15	John	Guest	Trentham RC	M55	150	35.09
40	60	Chris	Wood	Rugeley Runners	M50		35.12
41	76	Paul	Burslem	Trentham Rc	M50	255	35.34
42	23	Lisa	Smith	Unattached	F35	741	35.37
43	49	Peter	Richardson	Cheadle	M		35.39
44	139	Richard	Hine	Unattached	M40		36.07
45	13	Nick	Gordon	North Staffs RR Association	M	701	36.11
46	141	Adrian	Reeves-Jones	Cheadle RC	M45	51	36.11
47	56	Joanne	Stanfield	Trentham Rc	F35	744	36.13
48	31	Sarah	Taylor	Trentham RC	F45	691	36.28

49	131	Amy	Gamble	Stone Master Marathoners	F40	289	36.38
50	37	Martin	Brown	South Cheshire Harriers	M	728	36.43
51	96	David	Godwin	Stoke F.I.T.	M60		37.03
52	45	Andrew	Defries	Trentham RC	M	725	37.09
53	134	Gary	Jones	Michelin AC	M50	525	37.24
54	99	Alan	Burt	Chase Harriers	M55	75	37.31
55	117	James	Hall	Unattached	M40		37.40
56	54	Neil	Stretton	Nsrra	M60	113	37.51
57	120	Gillian	Russon	Cannock & Stafford Ac	F45	151	38.02
58	93	Kerry	Widdowson	Trentham AC	F40	999	38.12
59	119	Andy	Worsey	Newcastle (Staffs) AC	M45	83	38.13
60	19	Andrew	Jackson	North Staffs RR Association	M40	739	38.16
61	24	Clive	Heathcock	South Cheshire Harriers	M55	45	38.20
62	77	David	Marsden	Stafford Harriers	M60		38.21
63	74	Jonathan	Stanfield	Nsrra	M	162	38.25
64	109	Rosemary	Wilson	Trentham RC	F55	394	38.34
65	136	Mark	Price	Unattached	M40		38.43
66	80	Kevin	Uzzell	Stone Master Marathoners	M65	354	39.10
67	126	Andrew	Podmore	Unattached	M		39.10
68	122	Mick	Williams	Nsrra	M55	693	39.15
69	100	Richard	Marland	Rugeley Runners	M65	385	39.40
70	145	Russell	Williams	Cheadle RC	M55	201	39.57
71	10	Amanda	Kimber	South Cheshire Harriers	F	723	40.00
72	125	Jayne	Ford	Stone Master Marathoners	F55		40.00
73	75	Amanda	Gilbert	Cheadle Running Club	F35		40.20
74	128	Martin	Kaine	Stoke F.I.T.	M45		40.31
75	124	Kenneth	Bloor	Trentham RC	M55	562	40.35
76	135	UNKNOWN					40.41
77	63	Gillian	Tinsley	Trentham Running Club	F45		41.01
78	58	Sophie	Barks		F		41.07
79	130	Phil	Craddock	Staffs Moorlands Ac	M		41.35
80	65	Ian	Allen	Nsrra	M50	131	41.47
81	101	Amanda	Wood	Unattached	F50	707	42.02
82	108	Richard	Shaw	Stone Master Marathoners	M65	620	42.04
83	142	Sally	Kenny	Cheadle RC	F40	243	42.09
84	95	Liz	Clutton	Cheadle RC	F60	390	42.21
85	51	Anne-marie	Mountford	Stone Master Marathoners	F40	182	42.38
86	62	Keith	Goss	Uttoxeter Rr	M65	336	42.43
87	78	Bill	Stevenson	Michelin Ac	M50	183	42.45
88	105	Alan	Lewis	Trentham RC	M75	563	42.55
89	14	James	Bayley	Newcastle Staffs AC	M	669	43.02
90	3	Bonnie	Seabridge	Stone Master Marathoners	F35	749	43.02
91	90	Diane	Mason	South Cheshire Harriers	F50	361	43.30
92	34	Laura	Slack	Unattached	F		43.41
93	26	Rebecca	Ibbs	Newcastle Staffs AC	F40		43.54
94	106	Liz	Stillo	Derbyshire Dynamos	F60		44.28
95	7	David	Baker	Staffs Moorlands Ac	M60	239	44.32
96	42	Emma	Dutton	Stone Master Marathoners	F35	704	44.37
97	123	Craig	Carpenter	Cheadle RC	M	311	44.43
98	61	Mark	Bentley	Stafford Harriers	M50	449	44.50

99	18	Laura	Hall	Cheadle Rc	F	300	45.10
100	107	Brian	Powell	NSRRA	M65	191	45.26
101	22	Norman	Hindle	South Cheshire Harriers	M65		45.53
102	143	Simon	Wright	Unattached	M50		46.03
103	110	Stephen	Knight	Unattached	M45		46.28
104	111	Alastair	Knight	Unattached	M		46.28
105	137	Trish	Booth	Unattached	F45		46.45
106	138	Julie	King	Unattached	F50		46.51
107	103	Leann	Banks	South Cheshire Harriers	F		48.27
108	66	Tracy	Critchlow	Derbyshire Dynamos	F50		48.43
109	83	Joyce	Edwards	Stone Master Marathoners	F65	124	48.45
110	68	Malcolm	Rushton	Trentham	M65	475	48.49
111	73	Kevin	Hudson		M50		49.03
112	112	Martyn	Ball	Unattached	M		49.16
113	67	Michelle	Miles	Stone Master Marathoners	F		49.49
114	59	Sally	Aldridge	Michelin a.C.	F65	92	49.52
115	84	Mac	McCoig	Stone Master Marathoners	M65	261	50.09
116	89	Alfred	Slater	NSRRA	M70	480	51.04
117	104	Emma	Baggaley-Clay	Uttoxeter Rr	F40		51.22
118	94	Clive	Baggaley	Uttoxeter Rr	M70	373	51.22
119	86	Colin	Pheasant	Chase Harriers	M60	382	51.51
120	4	Cheryl	Percival	South Cheshire Harriers	F	211	52.00
121	146	Rosie	Dobell-Wilson	Unattached	F45		52.20
122	113	Lucy	Reeves	Unattached	F		52.44
123	1	Sara	Rees	Chase Harriers	F40	635	52.54
124	69	Stuart	Gregory	Desford Striders	M	716	53.00
125	133	Trevor	Goodwin	NSRRA	M80	380	53.10
126	114	Robert	Findler	Newcastle Tri Club	M55	261	53.39
127	92	Michelle	Cadman	Unattached	F45	751	56.29
128	71	Hazel Gillian	Barlow	Michelin Athletic Club	F55	397	60.28