

The Helmsley 10k Challenge

at Helmsley on Sunday 27th March 2016

Helmsley 10k — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time
1	117	Jonathan Johnson		Harrogate Harriers	35:23	90	14 Andy Craven	V45 7	Unattached	48:13
2	57	Mike Jefferies		Richmond & Zetland Harriers	36:00	91	235 Lisa Briggs	L 11	Darford Road Runners	48:16
3	289	Kristoff Boynton		York Acorn Running Club	36:28	92	198 Richard Darling	V4013	Easingwold Running Club	48:21
4	144	Matt Taylor		Belgrave Harriers	36:41	93	104 Steve Green	V4014	York Knivesmire Harriers	48:35
5	30	Colin Davenport		Matlock AC	37:05	94	277 Marie Murtagh	L 12	Easingwold Running Club	48:36
6	334	Steve Rankin		Sunderland Harriers & Ac	37:46	95	236 Andy Dean	V45 8	Billingham Marsh House Harrier	48:40
7	300	Paul Butler	V45 1	Loftus & Whitby	37:55	96	259 Edward Walsh		Unattached	48:49
8	133	Daniel McKeown		London Heathside	38:02	97	137 Tim Broomfield	V60 3	Harrogate Harriers	48:51
9	278	Shaun Lawson		Easingwold Running Club	38:10	98	292 Katy Stokes	L 13	Unattached	48:51
10	290	Paul Wilson		Hartlepool Burn Road Harriers	38:26	99	20 Shaun Fields		Unattached	48:53
11	336	Maurice CaltonSeal	U17 1	City Of York	38:42	100	283 Craig Conman		Unattached	49:01
12	217	Thomas Hilley		Unattached	38:43	101	5 James McCormack		Easingwold Running Club	49:03
13	304	David Hack		Richmond & Zetland Harriers	39:01	102	70 Dan Kidd	V4015	Unattached	49:05
14	199	Peter Baker		City Of Hull AC	39:25	103	79 Jacqui McBurnie	L45 2	York Knivesmire Harriers	49:08
15	174	Scott Hargreaves		Bridlington Road Runners	39:28	104	26 Neil Adams		Unattached	49:12
16	320	Harry Robson	U17 2	Richmond & Zetland Harriers	39:38	105	40 Darren Lythe	V4016	Yorkshire Wolds Runners	49:15
17	309	Andrew Minister		Hartlepool Burn Road Harriers	39:53	106	337 Elizabeth Bryans	L 15	Cambridge & Coleridge	49:16
18	287	Mark Crawford	V45 2	Richmond & Zetland Harriers	40:13	107	66 Joe Harper	U17 5	Yorkshire Wolds Runners	49:18
19	302	Sam Cutting		Unattached	40:21	108	176 Kimberley Reeve	L40 2	Unattached	49:26
20	183	Caroline Lambert	L 1	Wetherby Runners	40:46	109	134 Mike Boddy	V45 9	Unattached	49:28
21	305	Luke Hack	U17 3	Richmond & Zetland Harriers	40:54	110	310 Julian Harrison	V4510	York Knivesmire Harriers	49:32
22	223	Mark Higham	V40 1	Dorchester Athletic Club	40:56	111	68 Robert Harper	V4511	Yorkshire Wolds Runners	49:39
23	115	Jazz Edeson	V55 1	Driffild Striders	41:16	112	301 Jimmy O'Brien	V50 8	Loftus & Whitby	49:41
24	349	Nick Norris		Bedale And Aiskew Runners	41:28	113	188 Stuart Lunn		Unattached	49:44
25	355	Jake Harrison	U20 1	Ampleforth College	41:34	114	82 Zoe Dale	L45 3	Beverley AC	49:48
26	165	Charlie Bailey		Unattached	41:37	115	270 Shona Fletcher	L35 2	Richmond & Zetland Harriers	49:52
27	31	Charlotte Mason	L 2	City Of York	41:39	116	271 Mark Fletcher	V4017	Richmond & Zetland Harriers	49:53
28	116	Heather Tuffs	L 3	York Acorn Running Club	42:00	117	42 David Waite	V50 9	Stainland Lions	49:57
29	153	Stephen Boynton	V55 2	British Library Boston Spa A	42:12	118	313 David Pearson		Unattached	50:10
30	200	Brian Laverick	V50 1	North Yorks Moors AC	42:29	119	312 Stephen Moore	V4018	Quakers Running Club	50:34
31	280	Karl Edwards	V60 1	Hartlepool Burn Road Harriers	42:43	120	296 Ian Farrell	V4512	Pickering Running Club	50:39
32	275	Matthew Bowman	U20 2	Billingham Marsh House Harrier	42:48	121	17 Lizzy Wise	L 19	Pickering Running Club	50:40
33	193	Peter Chapman	V55 3	Ripon Runners	42:50	122	340 Anna Cornforth	L 20	Unattached	50:41
34	190	Ross Grieve	V45 3	Unattached	42:53	123	43 Diane Waite	L50 2	Stainland Lions	50:46
35	49	Pete Downes	V50 2	York Knivesmire Harriers	42:56	124	353 Jamie Taylor		Unattached	50:47
36	151	John Zarb	V50 3	Unattached	42:57	125	159 Gillian Walker	L50 3	Roberttown Road Runners	50:56
37	348	Shane Johnson	V40 2	Unattached	42:58	126	214 Noel Akers	V55 7	Eccleshill Road Runners	50:57
38	83	Neil Day	V40 3	Yorkshire Wolds Runners	43:01	127	350 Dan Hill	V5010	Unattached	50:59
39	65	Mark Waters		Unattached	43:02	128	218 Katy Fahey		Redcar Running Club	51:12
40	187	Jon Gundry	V45 4	Unattached	43:15	129	154 Richard Stokes	V55 8	Unattached	51:15
41	208	Sam Browes		Unattached	43:57	130	196 Clare Davison	L45 4	Unattached	51:41
42	141	Paul Smith	V55 4	Unattached	44:04	131	291 Serena Partridge	L40 3	Pickering Running Club	51:46
43	157	Andrew Fletcher	V55 5	Swaledale Runners	44:12	132	244 Christopher Slater		Vocalink Running Club	51:49
44	86	James Cochrane		Unattached	44:16	133	51 Matt Johnson	V5011	Unattached	51:55
45	13	Steve Tinwell	V50 4	Sunderland Strollers	44:19	134	195 Doug Pearce	V4513	Easingwold Running Club	51:59
46	158	Emma MacalisterHallL	4	Unattached	44:25	135	76 J Harris-Douglas	V4514	Easingwold Running Club	52:01
47	225	Stephen Robson		York Knivesmire Harriers	44:32	136	266 Gillian Boynton	L55 1	York Acorn Running Club	52:17
48	262	Ian Nicholls	V50 5	Unattached	44:34	137	156 David Robinson	V4515	North Yorks Moors AC	52:22
49	123	David Brown	V50 6	Beverley AC	45:05	138	264 Stephen Preece	V4516	Kippax & Dist Harriers	52:27
50	324	James Marshall		Unattached	45:13	139	358 James Gill		Unattached	52:30
51	88	James Harrison	V40 4	Unattached	45:22	140	241 Robert Nichols	V5012	Billingham Marsh House Harrier	52:31
52	316	Dean Stockwell	V40 5	Esk Valley	45:26	141	322 Peter Johnson	V60 4	Hartlepool Burn Road Harriers	52:33
53	263	Rich Hegarty		Unattached	45:28	142	130 Kirsty Naylor	L 26	Unattached	52:35
54	12	Ewan Kirk		Unattached	45:32	143	286 David Pittam		Unattached	52:43
55	101	Emer Dudley	L50 1	Roberttown Road Runners	45:35	144	339 Les Turner	V5013	Unattached	52:44
56	169	Tom Stephenson		Unattached	45:37	145	112 Lucy Hudson	L45 5	Unattached	52:45
57	311	Howard Thompson	V55 6	Easingwold Running Club	45:41	146	342 Anna Robinson	L35 3	Unattached	52:46
58	344	Jacob Pugh	U17 4	Unattached	45:53	147	81 Stephen Dale	V55 9	Beverley AC	52:51
59	32	David Matthew		Unattached	45:54	148	246 Raymond Lightle	V65 1	Unattached	53:06
60	114	Anna Tuffs	L 6	Unattached	46:14	149	99 Jonathan Davies	V4517	Unattached	53:18
61	160	Matthew Jordan		Unattached	46:16	150	273 Mark Edwards	V5510	North Yorks Moors AC	53:20
62	18	Ian Mortimer	V40 6	Unattached	46:18	151	191 Alistair Lunn		Easingwold Running Club	53:21
63	85	Mike Sharp		Yorkshire Wolds Runners	46:27	152	346 Erwin Dorland	V5014	York Acorn Running Club	53:26
64	240	Alistair Sargeant		Unattached	46:31	153	215 Christine Frank	L50 4	Unattached	53:30
65	341	Janes Cornfort	U20 3	Unattached	46:38	154	6 Alan Simpson	V4518	Unattached	53:35
66	145	Danny Lim		Elvet Striders	46:40	155	274 Angus Turner	V4519	Unattached	53:39
67	121	Steve Flintoft		Scarborough Athletic Club	46:53	156	252 Pauline Whittaker	L50 5	Richmond & Zetland Harriers	53:39
68	243	Perran Hutton		Unattached	47:07	157	96 Clare Moffatt	L40 4	York Knivesmire Harriers	53:40
69	60	Neil Mayfield	V40 7	Unattached	47:10	158	249 Neil Embleton	V4019	Darlington Harriers & AC	53:49
70	150	Andrew Shaw	V40 8	Unattached	47:13	159	206 Peter Lyth	V5511	York Knivesmire Harriers	53:52
71	319	Matthew Bessey		Easingwold Running Club	47:22	160	279 Michael Williams	V5015	Rochdale	53:54
72	317	Ian Swanell	V40 9	Unattached	47:24	161	354 Emma Criddle	L 32	Unattached	54:11
73	299	David Cottle		Unattached	47:34	162	175 Jane Cowley	L55 2	Easingwold Running Club	54:19
74	142	Steve Baker	V50 7	Unattached	47:36	163	251 Phil Johnson		Unattached	54:20
75	178	Simon Mats	V4010	Yorkshire Wolds Runners	47:41	164	242 Aldis Rancans	V5016	Unattached	54:28
76	272	Catherine McShane	L40 1	North Yorks Moors AC	47:45	165	170 C Howell-Walmsley	L40 5	Easingwold Running Club	54:30
77	254	Wendely Wesselink	L35 1	Cleveland Tri Club	47:49	166	269 Fiona Bradshaw	L40 6	Unattached	54:36
78	55	Rebecca Burgess	L 9	Thirsk & Sowerby Harriers	47:50	167	143 Alison Tapper	L40 7	Unattached	54:40
79	138	Neil Gilbertson	V4011	Unattached	47:56	168	172 Amy Thomas	L 37	Unattached	54:47
80	330	Andrew Hart		Unattached	47:58	169	247 Phillipa Tutty	L 38	Unattached	54:52
81	39	Paul Wilson	V45 5	Yorkshire Wolds Runners	48:01	170	314 Angela Turner	L35 4	Swaledale Runners	55:00
82	328	Zoe Plummer	L45 1	Unattached	48:01	171	333 Kate Cooper	L 40	Stowmarket Striders	55:09
83	258	Dean Bowman		Billingham Marsh House Harrier	48:03	172	234 Michael Hetherton	V65 2	Pickering Running Club	55:20
84	222	Terence Fahey	V60 2	Redcar Running Club	48:06	173	107 Kelly Gaughan	L 41	Unattached	55:21
85	46	Charlie Lightfoot		Unattached	48:07	174	329 Stephen Daniel	V4020	Easingwold Running Club	55:24
86	257	Rodger Martin	V45 6	Unattached	48:08	175	10 Gareth Pennell	V5512	Unattached	55:33
87	4	David Paley	V4012	New Marske Harriers	48:09	176	69 Barry Pickering	V70 1	Selby Striders	55:38
88	78	James Baker		Unattached	48:10	177	67 Karyn Harper	L45 6	Yorkshire Wolds Runners	55:44
89	230	James Dunn		Unattached	48:10	178	268 Mark Palmer		Unattached	55:45

179	164 Bob Howe	V65 3	North Yorks Moors AC	55:49	252	321 Dave Goodfellow	V4023	Unattached	1:01:27
180	61 Louise Mayfield	L40 8	Unattached	55:58	253	72 Ashley Pickles	L35 10	Unattached	1:01:58
181	184 Jackie Hodge	L45 7	Unattached	55:58	254	59 Peter Roxby	V4024	Unattached	1:02:06
182	147 Helen Gooder	L40 9	Robertown Road Runners	56:08	255	205 Stephen Riley	V4522	Pickering Running Club	1:02:08
183	357 David Foster	V5513	Bridlington Road Runners	56:10	256	204 Rosie Riley	L50 14	Pickering Running Club	1:02:08
184	211 Lucy Williams	L 46	Unattached	56:22	257	284 Tom Denney	V75 1	Pickering Running Club	1:02:21
185	347 Ben Glynn		Unattached	56:23	258	267 Jane Marshall	L45 12	York Acorn Running Club	1:02:31
186	3 Paul Appleton	V5514	Stockton Striders AC	56:28	259	307 Julie Bushell	L45 13	York Acorn Running Club	1:02:31
187	152 Helen Beal	L50 6	Pickering Running Club	56:30	260	119 Christine Stevenson	L35 11	Unattached	1:02:32
188	181 Helen Scott	L40 10	Unattached	56:36	261	118 Chris Keegans	V4025	Unattached	1:02:33
189	323 Nick Blakeman		Unattached	56:38	262	197 Emma Darling	L35 12	Easingwold Running Club	1:02:35
190	162 Elizabeth Jordan	L55 3	Stockton Striders AC	56:41	263	318 Kelly Swannell	L35 13	Unattached	1:02:51
191	75 Denise Tunstall	L50 7	Teesdale AC	56:45	264	45 Penny Outhwaite	L40 15	Unattached	1:03:02
192	315 Mark Campbell	V4520	Unattached	56:49	265	2 Jeanette Appleton	L50 15	Stockton Striders AC	1:03:10
193	171 Fiona McDonough	L45 8	Unattached	56:50	266	238 James Bennett		Unattached	1:03:15
194	93 Liz Baker	L40 11	Easingwold Running Club	56:54	267	239 Suleika Rohd-Thomsen	L 90	Unattached	
195	356 Lawrence Hill	U17 6	Ampleforth College	56:55		1:03:15			
196	34 Carl Watson		Unattached	57:01	268	73 Robert Pickles		Unattached	1:03:24
197	136 David Paver	V60 5	City Of York	57:07	269	332 Hamla Ali		Unattached	1:03:27
198	105 Matthew Clarkson		Unattached	57:11	270	111 David Bytheway	V4026	Unattached	1:03:29
199	27 Martin Smith	V5017	York Knavesmire Harriers	57:17	271	71 Corinne Dexter	L 91	Unattached	1:03:50
200	108 Valerie Gaughan	L50 8	Unattached	57:26	272	189 Clare Childs	L40 16	Ripon Runners	1:03:59
201	194 Dave Ward	V4521	Unattached	57:26	273	185 Suzanne Blakey	L40 17	Unattached	1:03:59
202	33 Ruth Toyn	L35 5	Unattached	57:30	274	95 Lelania Rogers	L35 14	Unattached	1:04:02
203	335 Anne Wilkinson	L35 6	Unattached	57:32	275	209 Grace Walker	L17 1	Unattached	1:04:05
204	276 Peter Bowman	V5515	Billingham Marsh House Harrier	57:41	276	303 Jane Hack	L45 14	Richmond & Zetland Harriers	1:04:14
205	327 ?Paul Whitehouse	V4021	Rodillian Runners	57:47	277	100 Tracey Phillips	L35 15	Unattached	1:04:20
206	139 Faye Barnett	L35 7	Unattached	57:52	278	77 Beth Richardson	L 98	Unattached	1:04:33
207	140 Tony Barnett		Unattached	57:52	279	207 Samantha Lyth	L45 15	York Knavesmire Harriers	1:04:37
208	146 Jane Maloney	L50 9	Easingwold Running Club	57:56	280	180 Kimberley Hough	L 100	Unattached	1:05:30
209	63 Kathryn Hammond	L40 12	Yorkshire Wolds Runners	58:00	281	245 Mary Schofield	L45 16	Unattached	1:05:38
210	338 Eleanor Bryans	L60 1	Unattached	58:01	282	212 Simon Barnes	V4027	Unattached	1:05:40
211	173 Stuart Marshall	V65 4	Unattached	58:03	283	298 Bernice Edwards	L35 16	Unattached	1:05:41
212	327 ?Paul Whitehouse	V4022	Rodillian Runners	58:07	284	231 George Bentley		Unattached	1:05:46
213	306 Gerry Orchard	V60 6	York Acorn Running Club	58:08	285	219 Megan Puttick	L50 16	Unattached	1:05:53
214	22 Nicola Wise	L55 4	Pickering Running Club	58:17	286	38 Lynn Wilson	L45 17	Yorkshire Wolds Runners	1:05:55
215	7 Philippa Hutton	L55 5	Easingwold Running Club	58:18	287	21 Dean Wise	V60 12	Pickering Running Club	1:05:56
216	163 Graham Jordan	V60 7	Stockton Striders AC	58:21	288	168 Janet Sims	L60 2	Unattached	1:06:30
217	135 Denise Walker	L50 10	Unattached	58:23	289	127 Robert McEvoy	V60 13	Unattached	1:06:55
218	201 Helen Conman	L 63	Unattached	58:25	290	282 Chris McGrath		Hartlepool Burn Road Harriers	1:06:57
219	113 Henry Wainwright	U20 4	Unattached	58:26	291	124 Charlotte Hodgson	L 106	Unattached	1:07:00
220	250 Jennifer Wise	L 64	Unattached	58:26	292	47 Sally Mendoza	L 107	Unattached	1:07:01
221	345 Michael Pugh	V50 18	Unattached	58:28	293	343 Malcolm Kilner	V5023	Unattached	1:07:13
222	97 Kenny Salkeld	V60 8	Unattached	58:32	294	94 Pauline Allen	L45 18	Swift Tees	1:07:30
223	220 Timothy Puttick	V50 19	Unattached	58:36	295	226 Dan Myers	U17 7	Unattached	1:07:46
224	37 June Tinwell	L50 11	Unattached	58:38	296	80 Helen Tyreman	L55 6	New Marske Harriers	1:07:51
225	221 Catherine Bradbury	L 66	Unattached	58:39	297	103 Hannah Long	L40 18	Unattached	1:07:53
226	192 Phillip Craig		Thirsk & Sowerby Harriers	58:41	298	294 Diane Hall	L55 7	New Marske Harriers	1:07:56
227	19 Helen Brown	L 67	Unattached	58:45	299	227 Katie Mitchell	L 112	Unattached	1:08:04
228	132 Sarah Beckett	L35 8	Unattached	58:47	300	23 Nicola Lees	L40 19	Unattached	1:08:14
229	25 Jon Zigmond	V60 9	Nyp Tri	58:49	301	125 Steve Arnold	V65 7	Unattached	1:08:21
230	131 Jonathan Beckett	V60 10	Unattached	59:00	302	295 Graham Hall	V55 17	New Marske Harriers	1:08:27
231	331 Ian Wardle		Unattached	59:13	303	326 Terry Saffin	V5024	New Marske Harriers	1:08:29
232	64 Sharon Dobson	L45 9	Unattached	59:14	304	28 Tracy Harrison	L45 19	Unattached	1:08:52
233	203 Hannah Hairsine	L 70	Unattached	59:20	305	109 John Smith	V65 8	Unattached	1:09:10
234	255 Simon Hodgson	V5020	Unattached	59:21	306	228 Will Dunn	U20 5	Unattached	1:09:32
235	352 Faith Coy	L40 13	Thirsk & Sowerby Harriers	59:24	307	122 Catherine Page	L50 17	St Theresa's	1:09:38
236	293 Donald Buffham	V55 16	Otley Ac	59:34	308	281 Julie McGrath	L55 8	Hartlepool Burn Road Harriers	1:09:47
237	186 John Hunter	V65 5	Bedale And Aiskew Runners	59:40	309	98 Carole Welburn	L55 9	Unattached	1:10:35
238	50 Steven Hegarty	V5021	Unattached	59:47	310	213 Anne Akers	L55 10	Eccleshill Road Runners	1:11:20
239	52 Kerri Muldowney	L35 9	Unattached	59:51	311	41 Susan Lythe	L50 18	Yorkshire Wolds Runners	1:12:14
240	167 Alan Sims	V60 11	Unattached	59:53	312	253 Jacqueline Hodgson	L50 19	Unattached	1:12:43
241	297 John Edwards	V65 6	Unattached	1:00:02	313	74 Annabelle James	L40 20	Stockton Striders AC	1:12:54
242	120 Ruth Gordon	L45 10	Unattached	1:00:16	314	126 Suzanne Yellowley	L40 21	Unattached	1:13:41
243	161 Richard Jordan		Unattached	1:00:17	315	56 Christine Jones	L50 20	Unattached	1:14:43
244	256 Elizabeth Littlewood	L 74	Vocalink Running Club	1:00:28	316	87 Lucy Aithwaite	L 124	Unattached	1:17:19
245	8 Karen Newton	L50 12	Easingwold Running Club	1:00:54	317	54 Lucy Spoor	L45 20	Unattached	1:17:23
246	179 Rebecca Quinn	L 76	Unattached	1:00:58	318	53 Julian Spoor	V4523	Unattached	1:17:23
247	351 Kathy Boothman	L40 14	Unattached	1:01:02	319	128 Ian Codling	V75 2	Thirsk & Sowerby Harriers	1:17:49
248	224 Pamela Haigh	L50 13	Unattached	1:01:02	320	90 Julie Tweedy	L45 21	Billingham Marsh House Harrier	1:18:09
249	9 Helen Farrell	L45 11	Little Baddow Ridge RC	1:01:06	321	106 Emma Howard	L 127	Unattached	1:18:15
250	285 Kevin Brown	V5022	Unattached	1:01:22	322	232 Sarah Bentley	U20 1	Unattached	1:39:57
251	308 Stephanie Govid	L 80	Easingwold Running Club	1:01:26	323	233 L Hunter-Beckett	L17 2	Unattached	1:39:57