

Position	Race no.	Name	Gender	Cat	Club	Gun Time	F Pos	M Pos	Cat Pos	Team Pos
1	197	JONATHAN CURRIE	M	SEN	STOCKPORT TRI	0:20:59		1	1	1
2	192	NICK HICKETTS	M	SEN	STOCKPORT HARRIERS	0:21:10		2	2	1
3	244	MIKE DIXON	M	SEN	STOCKPORT HARRIERS	0:21:31		3	3	2
4	209	KEVAN GARNER	M	V50	STOCKPORT HARRIERS	0:21:44		4	1	3
5	239	IAN KEELING	M	V40	BRAMHALL RUNNERS	0:21:48		5	1	1
6	278	ANDREW TOMLINSON	M	V40	BRAMHALL RUNNERS	0:21:52		6	2	2
7	281	FRANK PODD	M	V40	BRAMHALL RUNNERS	0:22:05		7	3	3
8	193	BENJAMIN WOLSTENHOLME	M	SEN	BRAMHALL RUNNERS	0:22:14		8	4	4
9	225	PHIL RAMSEY	M	V40	BRAMHALL RUNNERS	0:22:19		9	4	5
10	158	PAUL BECKETT	M	V50	BRAMHALL RUNNERS	0:22:36		10	2	6
11	202	JAMES JENKINS	M	SEN	U/A	0:22:43		11	5	
12	2	CHRIS TRASK	M	V40	BRAMHALL RUNNERS	0:23:01		12	5	7
13	129	SIMON PICKARD	M	V40	STOCKPORT HARRIERS	0:23:12		13	6	4
14	50	RICHARD HALL	M	V40	BRAMHALL RUNNERS	0:23:13		14	7	8
15	237	MARK EASTMAN	M	SEN	U/A	0:23:19		15	6	
16	255	MATTHEW RABONE	M	SEN	STOCKPORT HARRIERS	0:23:22		16	7	5
17	242	LOK LI	M	V40	BRAMHALL RUNNERS	0:23:27		17	8	9
18	264	BRIAN DAVIES	M	V50	U/A	0:23:32		18	3	
19	102	ANTHONY NAULTY	M	V50	STOCKPORT HARRIERS	0:23:35		19	4	6
20	174	NEIL HEY	M	V50	MACCLESFIELD HARRIERS & AC	0:23:43		20	5	1
21	92	FREYA MURDOCH	F	JUN	STOCKPORT HARRIERS	0:23:46	1		1	1
22	97	IAIN MURDOCH	M	V40	STOCKPORT HARRIERS	0:23:46		21	9	7
23	169	DANIEL SUTTON	M	SEN	MARPLE RUNNERS	0:23:53		22	8	1
24	80	CAMERON MURDICH	M	JUN	STOCKPORT HARRIERS	0:24:00		23	1	8
25	127	HENRY PICKARD	M	JUN	STOCKPORT HARRIERS	0:24:00		24	2	9
26	167	MOLLIE COOKE	F	JUN	STOCKPORT HARRIERS	0:24:14	2		2	2
27	113	RAY O'KEEFE	M	V50	MACCLESFIELD HARRIERS & AC	0:24:31		25	6	2
28	58	PHIL HEAWORD	M	SEN	BRAMHALL RUNNERS	0:24:42		26	9	10
29	69	LEE JONES	M	V40	BRAMHALL RUNNERS	0:24:53		27	10	11
30	283	STEVE ALCOCK	M	SEN	BRAMHALL RUNNERS	0:24:59		28	10	12
31	274	SIMON GEBBETT	M	V40	BRAMHALL RUNNERS	0:25:09		29	11	13
32	200	ADAM BIRD	M	SEN	BRAMHALL RUNNERS	0:25:15		30	11	14

33	173	ANTHONY RODGERS	M	V60	MARPLE RUNNERS	0:25:18	31	1	2
34	253	PETE OGLEY	M	V40	MARPLE RUNNERS	0:25:22	32	12	3
35	14	LEWIS BOOTH	M	JUN	DAVENPORT RUNNERS	0:25:41	33	3	1
36	128	JENNIE PICKARD	F	V35	BRAMHALL RUNNERS	0:25:47	3	1	1
37	125	DARREN PEATFIELD	M	V40	MARPLE RUNNERS	0:25:52	34	13	4
38	133	ADAM POTTS	M	V40	U/A	0:25:53	35	14	
39	189	LEE SMITH	M	V40	BRAMHALL RUNNERS	0:25:54	36	15	15
40	181	COLIN SHORE	M	V40	U/A	0:25:56	37	16	
41	236	SIMON FENNELL	M	V40	BRAMHALL RUNNERS	0:26:04	38	17	16
42	19	MICHAEL BOOTH	M	V40	DAVENPORT RUNNERS	0:26:06	39	18	2
43	211	NICOLA LLOYD	F	V35	BRAMHALL RUNNERS	0:26:11	4	2	2
44	273	JOSHUA STUCHFIELD	M	JUN	BRAMHALL RUNNERS	0:26:32	40	4	17
45	184	TIM HARGREAVES	M	V50	STOCKPORT HARRIERS	0:26:34	41	7	10
46	99	RUTH MURDOCH	F	V35	STOCKPORT HARRIERS	0:26:44	5	3	3
47	248	DAVID MARSHALL	M	V50	U/A	0:26:47	42	8	
48	164	STEVEN COOKE	M	V40	STOCKPORT HARRIERS	0:26:48	43	19	11
49	137	HELEN RENNIE	F	SEN	BRAMHALL RUNNERS	0:26:48	6	1	3
50	259	DARREN NELSON HALL	M	SEN	U/A	0:26:50	44	12	
51	277	STEVE FAIRCLOUGH	M	V50	BRAMHALL RUNNERS	0:26:53	45	9	18
52	177	IAN YOUNG	M	V40	BRAMHALL RUNNERS	0:26:55	46	20	19
53	180	RYAN BOWEN	M	JUN	U/A	0:26:55	47	5	
54	150	ALICE TAYLOR	F	SEN	MARPLE RUNNERS	0:26:56	7	2	1
55	220	JOHN BOARDMAN	M	SEN	MARPLE RUNNERS	0:27:05	48	13	5
56	235	VICTORIA HEALEY	F	V35	GOYT VALLEY STRIDERS	0:27:07	8	4	1
57	280	DAISY TOMLINSON	F	JUN	BRAMHALL RUNNERS	0:27:09	9	3	4
58	75	CLAIRE MACNEILL	F	V35	STOCKPORT HARRIERS	0:27:10	10	5	4
59	76	GARETH MAHER	M	SEN	BRAMHALL RUNNERS	0:27:13	49	14	20
60	186	AIDEN SPENCER	M	V40	CHORLTON RUNNERS	0:27:24	50	21	1
61	188	AMY BARTER	F	V35	STOCKPORT HARRIERS	0:27:34	11	6	5
62	250	GARETH SWIFT	M	SEN	STOCKPORT HARRIERS	0:27:38	51	15	12
63	47	MICHAEL GIBBONS	M	V50	BRAMHALL RUNNERS	0:27:55	52	10	21
64	156	MACK WILEMAN	M	JUN	STOCKPORT HARRIERS	0:28:01	53	6	13
65	178	ANNIE SMEDLEY	F	V35	MARPLE RUNNERS	0:28:09	12	7	2

66	33	STEPHEN BRISTOL	M	SEN	BRAMHALL RUNNERS	0:28:15		54	16	22
67	124	ROB PARKIN	M	V40	CONGLETON HARRIERS	0:28:15		55	22	1
68	213	IAN PRIME	M	V50	CONGLETON HARRIERS	0:28:19		56	11	2
69	249	ROBERT OERTON	M	V50	BRAMHALL RUNNERS	0:28:27		57	12	23
70	170	CHRIS JONES	M	V50	HYDE VILLAGE STRIDERS	0:28:30		58	13	1
71	243	STEVE SHARP	M	V40	U/A	0:28:32		59	23	
72	257	ROGER NELSON	M	V60	U/A	0:28:36		60	2	
73	49	MARK GODDEN	M	V50	MACCLESFIELD HARRIERS & AC	0:28:40		61	14	3
74	132	CHARLIE PODOLANSKI	M	JUN	STOCKPORT TRI	0:28:54		62	7	2
75	260	NICHOLA PICKFORD	F	V35	U/A	0:28:56	13		8	
76	262	MILES COKER	M	V40	U/A	0:29:01		63	24	
77	143	SIMON RUSHTON	M	V50	MARPLE RUNNERS	0:29:04		64	15	6
78	279	ADINA STAN	F	SEN	BRAMHALL RUNNERS	0:29:14	14		3	5
79	194	CATHERINE FLEMING	F	V35	U/A	0:29:20	15		9	
80	168	FIONA COOKE	F	V45	STOCKPORT HARRIERS	0:29:27	16		1	6
81	71	JACQUELINE CROWTHER	F	V55	U/A	0:29:41	17		1	
82	263	KATE BRENNAN	F	V45	MANCHESTER FRONTRUNNERS	0:29:53	18		2	1
83	252	PAUL ROBISON	M	V40	GMC FIRE SERVICE	0:30:15		65	25	1
84	70	ALISTAIR JORDAN	M	V50	MARPLE RUNNERS	0:30:16		66	16	7
85	22	CARL BRADDOCK	M	V50	HAZEL GROVE RUNNERS	0:30:16		67	17	1
86	175	SIMON WILSON	M	V50	U/A	0:30:28		68	18	
87	166	STEVE HUGHES	M	V50	BRAMHALL RUNNERS	0:30:28		69	19	24
88	77	JONNA MCFADDEN	F	V35	VEGAN RUNNERS	0:30:30	19		10	1
89	198	GORDON ROGAN	M	V50	MARPLE RUNNERS	0:30:44		70	20	8
90	185	ANDREA BUCKINGHAM	F	V45	BRAMHALL RUNNERS	0:30:49	20		3	6
91	247	JOHN ROWLAND	M	V40	U/A	0:30:50		71	26	
92	144	MATTHEW SCOTT	M	SEN	U/A	0:30:53		72	17	
93	163	CHRIS THOMAS	M	V40	MARPLE RUNNERS	0:30:54		73	27	9
94	59	ROB HEYWOOD	M	V50	MARPLE RUNNERS	0:31:03		74	21	10
95	190	ANNA ASHTON	F	V55	MARPLE RUNNERS	0:31:28	21		2	3
96	155	KAREN WILEMAN	F	V35	STOCKPORT HARRIERS	0:31:29	22		11	7
97	270	PAUL SPENCE	M	V50	DAVENPORT RUNNERS	0:31:38		75	22	3
98	57	NICHOLAS HEATON	M	V40	BRAMHALL RUNNERS	0:31:41		76	28	25

99	258	ANDY TURNER	M	V40	BRAMHALL RUNNERS	0:31:48	77	29	26
100	227	SIMON HUGHES	M	SEN	MARPLE RUNNERS	0:31:51	78	18	11
101	160	JOHN SPINDLER	M	V50	U/A	0:31:55	79	23	
102	196	LEONI MCCORMACK	F	SEN	U/A	0:32:08	23	4	
103	245	ESTHER KAVANAGH DIXON	F	V35	STOCKPORT HARRIERS	0:32:14	24	12	8
104	74	EMMA LOVERIDGE	F	V35	MARPLE RUNNERS	0:32:22	25	13	4
105	126	ABBIE PICKARD	F	JUN	STOCKPORT HARRIERS	0:32:29	26	4	9
106	12	SAM BLACOW	F	SEN	BRAMHALL RUNNERS	0:32:37	27	5	7
107	195	MARK LOMAS	M	SEN	U/A	0:32:39	80	19	
108	275	JENNY ORANGE	F	V35	BRAMHALL RUNNERS	0:33:28	28	14	8
109	179	ELIZABETH MASON	F	V45	HYDE VILLAGE STRIDERS	0:33:32	29	4	1
110	187	VIKKI MURPHY	F	V45	BRAMHALL RUNNERS	0:33:43	30	5	9
111	241	KATHRYN HOLMES	F	V45	BRAMHALL RUNNERS	0:33:47	31	6	10
112	161	MICHAEL WALSH	M	V50	U/A	0:33:55	81	24	
113	23	TRACEY BRERETON	F	V35	MARPLE RUNNERS	0:34:03	32	15	5
114	11	RACHAEL BENSON	F	V45	BRAMHALL RUNNERS	0:34:05	33	7	11
115	191	CLARE FINCH	F	SEN	BRAMHALL RUNNERS	0:34:22	34	6	12
116	162	REBEKAH WILKINS	F	V35	U/A	0:34:33	35	16	
117	271	ISABELLE STUCHFIELD	F	JUN	BRAMHALL RUNNERS	0:34:33	36	5	13
118	272	SARAH STUCHFIELD	F	V35	STOCKPORT TRI	0:34:34	37	17	1
119	139	MARIA RUSHTON	F	V45	MARPLE RUNNERS	0:34:37	38	8	6
120	42	MARIE FAIRCLOUGH	F	V45	BRAMHALL RUNNERS	0:34:43	39	9	14
121	246	HAZEL HARRINGTON	F	V45	BRAMHALL RUNNERS	0:34:49	40	10	15
122	45	CHRISTINE GIBBONS	F	V55	BRAMHALL RUNNERS	0:35:11	41	3	16
123	107	JOHN NORRIS	M	V50	BRAMHALL RUNNERS	0:35:14	82	25	27
124	254	PHIL EVANS	M	SEN	BRAMHALL RUNNERS	0:35:18	83	20	28
125	3	SARMID AL-KAMIL	M	V50	BRAMHALL RUNNERS	0:35:24	84	26	29
126	10	LYNSEY BEACON	F	V35	U/A	0:35:33	42	18	
127	251	KIM MIDDLETON	F	SEN	U/A	0:35:43	43	7	
128	176	DENISE GREGORY	F	V45	BRAMHALL RUNNERS	0:36:07	44	11	17
129	52	SARAH HARTLEY	F	V35	U/A	0:36:08	45	19	
130	224	JENNIFER BRADFORD	F	V35	U/A	0:36:16	46	20	
131	265	RICHARD PEACOCK	M	V50	GOYT VALLEY STRIDERS	0:36:16	85	27	1

132	154	PAUL TAYLOR	M	V40	BRAMHALL RUNNERS	0:36:47		86	30	30
133	266	CAROL CHAPPELL	F	V45	GOYT VALLEY STRIDERS	0:37:10	47		12	2
134	238	KIM MURRAY	M	SEN	U/A	0:37:17		87	21	
135	51	JENNIFER HARROP	F	V35	U/A	0:37:53	48		21	
136	147	WAI HONG SHEK	F	V45	BRAMHALL RUNNERS	0:37:57	49		13	18
137	157	CAROLINE WILKE	F	V35	U/A	0:37:58	50		22	
138	7	JOHN BAILEY	M	SEN	MARPLE RUNNERS	0:38:01		88	22	12
139	285	ARTHUR DEATH	M	JUN	U/A	0:38:04		89	8	
140	284	JANE DEATH	F	V35	U/A	0:38:10	51		23	
141	182	EMMA MINSHULL	F	V35	BRAMHALL RUNNERS	0:38:17	52		24	19
142	172	RACHEL FLETCHER	F	V35	BRAMHALL RUNNERS	0:38:28	53		25	20
143	171	AERONWY CRAIG	F	SEN	BRAMHALL RUNNERS	0:38:28	54		8	21
144	256	EMMA TURNER	F	V45	BRAMHALL RUNNERS	0:38:29	55		14	22
145	36	HEATHER CAIRNS	F	V45	U/A	0:38:31	56		15	
146	136	CLAIRE RAYNER	F	SEN	BRAMHALL RUNNERS	0:38:44	57		9	23
147	282	JANINE FLETCHER	F	V35	U/A	0:38:50	58		26	
148	101	RACHEL MYERS	F	SEN	MARPLE RUNNERS	0:38:51	59		10	7
149	183	ERICA FRAME	F	V45	BRAMHALL RUNNERS	0:38:53	60		16	24
150	199	BERNADETTE CORCORCAN	F	V35	MARPLE RUNNERS	0:38:59	61		27	8
151	240	MELANIE LI	F	V45	BRAMHALL RUNNERS	0:39:07	62		17	25
152	73	SUZANNE LOCKWOOD	F	SEN	U/A	0:39:55	63		11	
153	276	MARIA KEYWORTH	F	V45	BRAMHALL RUNNERS	0:40:00	64		18	26
154	269	KAREN COOKE	F	V45	BRAMHALL RUNNERS	0:40:21	65		19	27
155	267	CHARLA TORKINGTON	F	V35	BRAMHALL RUNNERS	0:41:42	66		28	28
156	135	DIANA POWELL	F	V55	BRAMHALL RUNNERS	0:42:20	67		4	29
157	151	CLARE TAYLOR	F	V35	BRAMHALL RUNNERS	0:42:39	68		29	30
158	261	LAURA GIBBONS	F	SEN	U/A	0:44:10	69		12	
159	268	RACHEL RYAN	F	V35	U/A	0:44:11	70		30	
160	130	BRIAN PLATT	M	V70+	U/A	0:45:34		90	1	
161	30	RIA BRIGHT	F	V45	DENBY DALE	0:54:42	71		20	1
162	24	SALLY BRIGGS	F	V35	BRAMHALL RUNNERS	0:54:44	72		31	31