

ALTRINCHAM AND DISTRICT ATHLETIC CLUB

DUNHAM 26/05/2016 RESULTS

Pos	Number	Name	Cat.	Club	Time
1	616	OFFORD, Mark	Male Senior	Dragon's RC (Sale)	15.57
2	719	NORMAN, Dave	Male Vet 35	Altrincham & District AC	16.00
3	121	NICHOLLS, Damian	Male Senior	Wilmslow RC	16.05
4	724	HORMAN, James	Male Vet 35	Liverpool Harriers	16.42
5	116	GREEN, Graham	Male Vet 50	Warrington AC	16.51
6	629	DOWNS, Rob	Male Vet 50	Wilmslow RC	16.52
7	125	BAINS, Peter	Male Senior	Trafford AC	16.53
8	720	PETTIT, Dan	Male Senior	Horsham Joggers	16.53
9	109	STANFORD, Chris	Male Senior	Unattached	17.03
10	8	BAGAN, Paul	Male Senior	Spectrum Striders	17.04
11	42	MUIR, Robin	Male Senior	Spectrum Striders	17.20
12	680	RACLE, Daniel	Male Junior	Altrincham	17.26
13	654	HARRINGTON, Michael	Male Vet 40	Vale Royal Ac	17.28
14	56	PARKER, Lucas	Male Junior	Macclesfield Harriers	17.34
15	90	WATMOUGH, Stephen	Male Vet 50	Warrington AC	17.35
16	87	MILLINGTON, Christopher	Male Vet 45	Spectrum Striders	17.39
17	723	CORDEN, James	Male Vet 40	Stockport Harriers & Ac	17.40
18	696	THOMPSON, Steven	Male Senior	Warrington Road Runners	17.43
19	669	MORRIS, David	Male Senior	South Cheshire Harriers	17.45
20	630	BATHO, Charlie	Male Vet 45	Stockport Harriers	17.47
21	729	BUGLER, Nick	Male Senior	Altrincham & District AC	17.48
22	119	HOLLOWAY, Andy	Male Vet 50	Unattached	17.50
23	732	MARTELL, Dan	Male Senior	Altrincham & District AC	17.51
24	721	BYSOUTH, Alex	Male Senior	Salford Mets	17.59
25	89	COLL, Jerry	Male Vet 40	Warrington Road Runners	18.03
26	127	GREEN, Adam	Male Senior	Warrington AC	18.08
27	727	RENNY, Steven	Male Vet 45	Altrincham & District AC	18.18
28	708	WILSON, Ed	Male Senior	Trentham Rc	18.19
29	700	VERNON, Mandy	Female Vet 45	Trentham	18.25
30	95	ARMSTRONG, Tom	Male Senior	Vale Royal AC	18.28
31	731	WALKER, Neil	Male Vet 35	Altrincham & District AC	18.33
32	131	CRAIG, Lisa	Female Senior	Altrincham & District AC	18.34
33	726	WOLSTENCROFT, Shane	Male Vet 40	Knutsford Tri Club	18.36
34	656	HILL, Mike	Male Vet 50	Wilmslow Rc	18.38
35	633	BRADBURY, Craig	Male Vet 40	Sale Harriers Manchester	18.40
36	39	DAVIES, Brian	Male Vet 50	Unattached	18.43
37	686	SHAUGHNESSY, Steve	Male Vet 60	Stockport Harriers & Ac	18.43
38	716	DOWNS, Juliet	Female Junior	Stockport Harriers & Ac	18.46
39	727	RENNY, Steven	Male Vet 45	Altrincham & District AC	18.47
40	17	ANTROBUS, Jack	Male Senior	Spectrum Striders	18.48
41	88	SHAW, Mike	Male Vet 50	Stockport Harriers	18.49
42	94	WHITTINGHAM, Louisa	Female Junior	Macclesfield Harriers	19.07
43	701	VOSSER, David	Male Vet 55	Winchester & District Ac	19.08
44	61	HOUGHTON, Mike	Male Vet 45	Spectrum Striders	19.12
45	688	SHELDON, John	Male Vet 40	Lymm Runners	19.16
46	612	WHARTON, Mike	Male Vet 40	Sale Harriers Mchr	19.24

47	722	STEVENSON, Paul	Male Vet 50	Salford Mets	19.25
48	107	HUNTER, Mark J	Male Vet 55	Altrincham & District AC	19.26
49	665	MCKENNA, Paul	Male Vet 40	Chorlton Runners	19.29
50	622	ATKINSON, Gareth	Male Vet 45	Unattached	19.39
51	606	MULLIGAN, Ian Thomas	Male Vet 45	Stockport Harriers	19.41
52	643	ETCHELLS, Lucy	Female Senior	Manchester Frontrunners	19.46
53	675	PATTERSON, Tom	Male Vet 40	Unattached	19.49
54	642	ELSTONE, Robert	Male Vet 50	Barnsley Ac	19.50
55	54	NORRIS, Paul	Male Vet 55	Wilmslow RC	19.51
56	645	FLETCHER, Jane	Female Vet 35	Manchester Frontrunners	19.53
57	714	RIMMINGTON, Mathew	Male Senior	Spectrum Striders	19.54
58	613	O'KEEFE, Ray	Male Vet 50	Macclesfield Harriers	19.55
59	53	LLOYD, Peter	Male Vet 55	Lymm Runners	19.57
60	117	JOHNSTON, Lewis	Male Senior	Unattached	19.59
61	67	READING, Mark	Male Vet 40	Unattached	20.05
62	41	ROWEN, Phil	Male Vet 40	Lymm Runners	20.08
63	657	HOOK, Christian	Male Vet 40	Wilmslow Running Club	20.10
64	111	RUSSELL, Alison	Female Senior	Spectrum Striders	20.13
65	725	LIM, Mike	Male Vet 35	Unattached	20.15
66	97	CORDINGLEY, Frank	Male Vet 55	Sale Harriers Mchr	20.16
67	648	GIVEN, Matthew	Male Senior	Stockport Harriers	20.21
68	122	ABRAHAM, Paul	Male Vet 40	Altrincham & District AC	20.24
69	644	FEGAN, Danny	Male Vet 50	St Helens Striders	20.28
70	730	MORRIS, Philip	Male Senior	Unattached	20.30
71	11	GASKELL, Andy	Male Vet 45	Spectrum Striders	20.31
72	2	WHITFIELD, Liz	Female Vet 35	Spectrum Striders	20.32
73	40	SHILLABEER, Matt	Male Vet 40	St Helens Tri	20.33
74	46	BURKE, Anthony	Male Vet 45	Lymm Runners	20.42
75	84	JOHNSON, Brad	Male Vet 40	Altrincham & District AC	20.48
76	668	MICHELL, Davyd	Male Senior	Helsby Rc	20.50
77	709	WOODHAM, Jeremy	Male Vet 40	Stockport Harriers & Ac	20.57
78	12	DRIVER, Graham	Male Vet 45	Spectrum Striders	20.58
79	96	NICOLL, Gordon	Male Vet 50	Altrincham & District AC	20.59
80	15	KELLY, Paul	Male Vet 40	Spectrum Striders	21.00
81	663	MARSON, Andrew	Male Vet 45	Unattached	21.03
82	115	BRADBURY, Jamie	Male Senior	Lymm Runners	21.03
83	124	MCCALL, Ian	Male Senior	Spectrum Striders	21.03
84	62	BROAD, Ellen	Female Senior	Spectrum Striders	21.03
85	691	STACEY, David	Male Vet 40	Unattached	21.03
86	667	MELVIN, Andy	Male Vet 45	Stockport Harriers & Ac	21.03
87	661	LOMAX, Bobbie	Female Vet 40	Warrington Running Club	21.08
88	682	ROGERS, Chloe	Female Junior	Stockport Harriers	21.08
89	659	KEELING, William	Male Vet 45	Knutsford Tri Club	21.08
90	30	KELLY, John	Male Vet 50	Penny Lane Striders	21.09
91	3	EHLIN, Brad	Male Vet 45	Spectrum Striders	21.10
92	610	FOGARTY, Nick	Male Vet 45	Lymm Runners	21.14
93	697	THURTLIE, Pamela	Female Vet 40	Penny Lane Striders	21.19
94	16	LOTT, Joanne	Female Vet 50	Trafford AC	21.20
95	618	BAYLEY, Adam	Male Junior	Unattached	21.21
96	1	SPENCER, Julian	Male Vet 55	Spectrum Striders	21.22
97	693	TELFORD, David	Male Vet 65	Altrincham	21.26

98	83	SKETT, Andrew	Male Senior	Lymm Runners	21.30
99	707	WILLIAMS, James	Male Vet 40	Lymm Runners	21.31
100	69	MILLS, Rebecca	Female Vet 35	Swinton RC	21.32
101	73	TURNER, Alan	Male Vet 50	Wilmslow RC	21.33
102	620	NORMAN, Jeffrey	Male Vet 70	Altrincham & District AC	21.38
103	58	BASNETT, Paul	Male Vet 45	Astley & Tyldesley RR	21.39
104	638	CHADWICK, Barry	Male Vet 50	Stockport Harriers	21.44
105	632	BOOTH, Kevin	Male Vet 45	Knutsford Tri Club	21.44
106	664	MCCARRON, Danny	Male Vet 50	Chorlton Runners.	21.44
107	98	CORDINGLEY, Jackie	Female Vet 55	Sale Harriers Mchr	21.46
108	658	JONES, Huw	Male Vet 55	Warrington Running Club	21.46
109	92	WHITTINGHAM, Philippa	Female Vet 45	Unattached	21.50
110	64	MORRIS, Lee	Male Senior	Unattached	21.55
111	704	WALKER, Georgina	Female Vet 40	Lymm Runners	21.57
112	55	AIRD, Paul	Male Vet 55	Last Inn Runners	22.03
113	617	BAYLEY, Steven	Male Vet 50	Unattached	22.10
114	78	LAMB, Alan	Male Vet 45	Dragon's RC (Sale)	22.11
115	683	SALA, Tony	Male Vet 55	Lymm Runners	22.13
116	671	MURPHY, Tim	Male Vet 50	Spectrum Striders	22.14
117	112	REAGAN, Helen	Female Vet 45	Sale Harriers Mchr	22.16
118	130	GAUNT, Duane	Male Senior	Sale Harriers Mchr	22.17
119	71	WALMSLEY, Tony	Male Vet 50	Lymm Runners	22.19
120	80	DEVONPORT, Steve	Male Vet 40	Unattached	22.20
121	120	WILLIAMS, Alan	Male Vet 55	Altrincham & District AC	22.25
122	635	BROWN, Richard	Male Senior	Knutsford Tri Club	22.27
123	70	MCHARRY, Rob	Male Vet 50	Spectrum Striders	22.37
124	615	ROWBOTTOM, Jason	Male Vet 45	Lymm Runners	22.57
125	674	NORMAN, Tim	Male Vet 55	Styal	23.00
126	47	HARRISON, Anthony	Male Vet 50	Winston Runners	23.00
127	678	POTTS, Stephanie	Female Senior	Unattached	23.02
128	609	WILLIAMS, Michael	Male Senior	Helsby RC	23.03
129	26	COOPER, Amy	Female Senior	Lymm Runners	23.07
130	52	PRINCE, Chris	Male Senior	Spectrum Striders	23.13
131	75	KELLY, Denis	Male Vet 45	Manchester Harriers & AC	23.15
132	651	HALL, Mike	Male Vet 55	Spectrum Striders	23.17
133	634	BROWN, Keith	Male Vet 50	Warrington Road Runners	23.17
134	631	BENNETT, Alan	Male Vet 55	Unattached	23.19
135	717	FAULKNER, David	Male Vet 55	Unattached	23.25
136	623	DEWHURST, Emma	Female Senior	Styal RC	23.29
137	677	PEREZ, Jose	Male Vet 40	Lymm Runners	23.33
138	621	TODD, Helen	Female Vet 60	Stockport Harriers	23.34
139	666	MCPARTLAND, Katie	Female Vet 40	Unattached	23.44
140	32	JENKINSON, Alan	Male Vet 65	Styal RC	23.45
141	712	SINCLAIR, Pete	Male Vet 55	Stockport Harriers & Ac	23.55
142	129	CORDINGLEY, Victoria	Female Senior	Sale Harriers Mchr	23.57
143	637	BURTON, Peter	Male Vet 50	Lymm Runners	24.00
144	128	BEATTIE, Geoff	Male Vet 60	Sale Harriers Mchr	24.01
145	676	PEMBERTON, Amanda	Female Vet 40	Lymm Runners	24.01
146	37	NEARY, Yvonne	Female Vet 50	Unattached	24.02
147	662	MAGUIRE, Kieran	Male Vet 50	Styal Running Club	24.04
148	711	PETTIT, Richard	Male Vet 55	Vale Royal	24.09

149	653	HAMPTON, Katie	Female Senior	Unattached	24.10
150	132	NICHOLSON, Jane	Female Vet 45	Altrincham & District AC	24.11
151	699	TURTON, Liz	Female Vet 55	Stockport	24.14
152	728	NUNNERLEY, Emma	Male Vet 35	Lymm Runners	24.16
153	660	KENNY, Danielle	Female Senior	South Cheshire Harriers	24.20
154	68	EATON, Fiona	Female Vet 45	Lymm Runners	24.21
155	66	ROGERS, Rosemary	Female Vet 65	West Cheshire AC	24.23
156	104	DOOLEY, Andrew	Male Vet 55	Styal RC	24.25
157	22	SHAW, Geoff	Male Vet 60	Helsby RC	24.35
158	649	GROVES, Stephen	Male Senior	Unattached	24.35
159	702	VOSSER, Madeline	Female Vet 55	Winchester & District Ac	24.38
160	602	HOWARD, Kathryn	Female Senior	Lymm Runners	24.41
161	619	WALKER, Chris	Male Vet 55	Unattached	24.44
162	74	LOMAX, Jayne	Female Vet 45	Vale Royal AC	24.49
163	698	TURTON, David	Male Vet 60	Stockport	24.55
164	614	ASHLEY, Jane	Female Vet 40	Unattached	24.56
165	603	HOWARD, Anthony	Male Senior	Lymm Runners	24.57
166	110	SEYMOUR, Gaynor	Female Vet 40	Lymm Runners	24.58
167	713	HALLAM, Rachel	Female Senior	Astley & Tyldesley RR	25.00
168	628	BARNES, Carole	Female Vet 45	Stockport Harriers	25.09
169	647	GERHARD, Nielja	Female Junior	Unattached	25.14
170	44	CROALL, John	Male Vet 55	Lymm Runners	25.16
171	718	YARWOOD, Dennis	Male Vet 50	Spectrum Striders	25.18
172	646	GERHARD, Alex	Male Vet 45	Unattached	25.20
173	670	MORRIS, Lindsay	Female Senior	South Cheshire Harriers	25.23
174	79	GRIFFITHS, Neville	Male Vet 70	Spectrum Striders	25.26
175	48	SPRINGALL, Stephen	Male Vet 50	Spectrum Striders	25.30
176	694	TENNANT, Samantha	Female Vet 40	Lymm Runners	25.40
177	601	DINSMOR, Alexis	Female Vet 65	Stockport Harriers	25.44
178	689	SMITH, David	Male Vet 45	Unattached	26.03
179	658	JONES, Huw	Male Vet 55	Warrington Running Club	26.04
180	710	WORTHINGTON, Stephanie	Female Senior	Unattached	26.07
181	113	FENTON, Simon	Male Vet 70	Wilmslow RC	26.28
182	605	JONES, Neil	Male Vet 40	Unattached	26.37
183	36	RAFFLE, Alistair	Male Vet 60	Spectrum Striders	26.39
184	34	HACKETT, Simon	Male Vet 55	Unattached	26.46
185	625	FORTUNE, Anne	Female Vet 60	Spectrum Striders	26.48
186	7	JARAS, Michael	Male Vet 70	Spectrum Striders	26.50
187	31	KELLY, Michelle	Female Vet 55	Penny Lane Striders	26.51
188	695	THOMPSON, John	Male Vet 45	Unattached	26.53
189	100	SHILLABEER, Emma	Female Vet 40	St Helens Tri	27.01
190	624	DELANEY, John	Male Vet 70	Stockport Harriers	27.08
191	639	COTTON, Andrew	Male Vet 45	Unattached	27.09
192	63	HARRIS, Melanie	Female Senior	Unattached	27.17
193	672	MURRAY, Helen	Female Senior	Knutsford Tri Club	27.19
194	21	CONNOR, Joseph	Male Senior	BramHall Runners	27.25
195	18	CHINEA, Jane	Female Vet 50	Lymm Runners	27.34
196	114	MCDERMOTT, Sarah	Female Vet 35	Lymm Runners	27.34
197	105	HUNTER, Diane E	Female Vet 50	Altrincham & District AC	27.36
198	604	BARDSLEY, Sarah	Female Vet 45	Unattached	27.37
199	690	SMITH, Carolyn	Female Vet 50	Lymm Runners	27.45

200	703	WALDRON, Sarah	Female Vet 35	Sale Harriers	27.47
201	679	POWNALL, Roy	Male Vet 65	Wilmslow Running Club	28.02
202	5	COLES, Terry	Male Vet 70	Spectrum Striders	28.46
203	23	SHAW, Janet	Female Vet 60	Helsby RC	28.57
204	687	SHAW, Danielle	Female Vet 35	Unattached	29.03
205	20	ATTWELL, Dave	Male Vet 75	Altrincham & District AC	29.14
206	33	HACKETT, Karen	Female Vet 50	Unattached	29.53
207	673	NELSON, Jane	Female Vet 45	Lymm Runners	30.20
208	9	DUNBAR, Ian	Male Vet 60	Spectrum Striders	30.27
209	38	RUDGE, Hayley	Female Senior	Lymm Runners	30.43
210	684	SCAMMELL, Emma	Female Vet 40	Lymm Runners	30.57
211	85	WALSH, Linda	Female Vet 55	Lymm Runners	30.59
212	82	BACKLER, Diane	Female Vet 50	Lymm Runners	31.09
213	49	SPRINGALL, Diane	Female Vet 50	Spectrum Striders	31.32
214	19	MIRABELLA, Alessandro	Male Senior	Spectrum Striders	31.44
215	14	WHITFIELD, Kit	Male Vet 50	Spectrum Striders	32.05
216	25	JONES, Elena	Female Vet 45	Lymm Runners	32.32
217	681	RAMSDALE, Christine	Female Vet 65	Spectrum Striders	34.39
218	86	WALSHAM, Arthur	Male Vet 80+	Salford Harriers	43.08
219	715	BRIGHT, Ria	Female Vet 45	Denby Dale	44.20