

British Masters Cross Country Relays

at Long Eaton, Derbyshire on Saturday 19th November 2016

Race 2 - M45 Stage 1 — Final Results

Pos Name		Club	Leg Time	Final Results			
1	Darren Newbould	Hallamsh45	10:02	9	Ian Chant	LongEato45	11:12
2	Tony Lambert	Richmond45	10:15	10	Phillip Shaw	Mansfiel45	11:19
3	Ian Whyman	Rotherha45	10:31	11	Matthew Robinson	Peniston45	11:23
4	Mark Havenhand	Barnsley45	10:41	12	Martyn Brunt	Coventry45	11:28
5	David Lockett	SalfordH45 A	10:48	13	Gary Cragg	HolmePie45	11:44
6	Glenn Baird	SuttonIn45	10:48	14	Gary Elkington	NorthDer45	11:52
7	Charles Lound	DulwichR45	11:02	15	Jonathan Maston	Rushclif45	12:06
8	Sean Beard	NeneVall45	11:10	16	Stew Jones	BurndenR45	12:50

Race 2 - M45 Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain							
1	Stuart Maycock	Hallamsh45	10:33	20:35	0	15	Andrew Lees	NorthDer45	13:34	25:26	-	1
2	Andrew Pearson	Richmond45	10:42	20:57	0	Fastest runners over stage 2:						
3	Stephen Davies	DulwichR45	10:22	21:24	+ 4	1	Shaun Dimelow	Peniston45	10:11			
4	Roger Alsop	SalfordH45 A	10:41	21:29	+ 1	2	Stephen Davies	DulwichR45	10:22			
5	Keith Littlewood	Barnsley45	10:51	21:32	- 1	3	Stuart Maycock	Hallamsh45	10:33			
6	Shaun Dimelow	Peniston45	10:11	21:34	+ 5	4	Roger Alsop	SalfordH45 A	10:41			
7	Dean Cross	SuttonIn45	10:59	21:47	- 1	5	Andrew Pearson	Richmond45	10:42			
8	David Neal	NeneVall45	10:52	22:02	0	6	Keith Littlewood	Barnsley45	10:51			
9	Howard Darwin	Rotherha45	11:32	22:03	- 6	7	David Neal	NeneVall45	10:52			
10	Edmond Murden	LongEato45	11:43	22:55	- 1	8	Dean Cross	SuttonIn45	10:59			
11	Nigel Watkin	Mansfiel45	12:02	23:21	- 1	9	Howard Darwin	Rotherha45	11:32			
12	Richard Jones	HolmePie45	12:45	24:29	+ 1	10	Edmond Murden	LongEato45	11:43			
13	Marcus Taylor	BurndenR45	11:51	24:41	+ 3							
14	Martin Findlay	Rushclif45	13:08	25:14	+ 1							

Race 2 - M45 Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain							
1	David Palmer	Hallamsh45	10:46	31:21	0	15	Martin Spencer	HolmePie45	15:28	39:57	-	3
2	Ken Harker	Richmond45	10:58	31:55	0	Fastest runners over stage 3:						
3	Tony Tuohy	DulwichR45	10:36	32:00	0	1	Tony Tuohy	DulwichR45	10:36			
4	Charles Foster	SalfordH45 A	10:56	32:25	0	2	David Palmer	Hallamsh45	10:46			
5	Martin Ball	Peniston45	11:10	32:44	+ 1	3	Andrew Dickenson	LongEato45	10:56			
6	Paul Whittingham	SuttonIn45	11:17	33:04	+ 1	4	Charles Foster	SalfordH45 A	10:56			
7	Christopher Mooney	NeneVall45	11:11	33:13	+ 1	5	Ken Harker	Richmond45	10:58			
8	Liam Tart	Barnsley45	12:00	33:32	- 3	6	Martin Ball	Peniston45	11:10			
9	Andrew Dickenson	LongEato45	10:56	33:51	+ 1	7	Christopher Mooney	NeneVall45	11:11			
10	Andrew Roscamp	Rotherha45	12:06	34:09	- 1	8	Paul Whittingham	SuttonIn45	11:17			
11	Ged Naylor	Mansfiel45	11:27	34:48	0	9	Ged Naylor	Mansfiel45	11:27			
12	Colin Rigby	BurndenR45	11:37	36:18	+ 1	10	Colin Rigby	BurndenR45	11:37			
13	John Malcolm	NorthDer45	13:03	38:29	+ 2							
14	Martin Phillips	Rushclif45	13:52	39:06	0							

Race 2 - M45 Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain							
1	Mark Crawford	Richmond45	10:47	42:42	+	1	15	Mark Enstone	HolmePie45	14:21	54:18	0
2	Micah Wilson	Hallamsh45	11:31	42:52	-	1	Fastest runners over stage 4:					
3	Holger Betz	DulwichR45	11:23	43:23		0	1	Mark Crawford	Richmond45	10:47		
4	Robin Clough	Peniston45	11:19	44:03	+	1	2	Andy Wetherill	Mansfiel45	10:58		
5	Brent Stevenson	SuttonIn45	11:32	44:36	+	1	3	Robin Clough	Peniston45	11:19		
6	Trevor Rayner	SalfordH45 A	12:22	44:47	-	2	4	Holger Betz	DulwichR45	11:23		
7	Chris Armstrong	NeneVall45	11:48	45:01		0	5	Timothy Baggs	LongEato45	11:30		
8	Timothy Baggs	LongEato45	11:30	45:21	+	1	6	Micah Wilson	Hallamsh45	11:31		
9	Robert Davies	Barnsley45	12:08	45:40	-	1	7	Brent Stevenson	SuttonIn45	11:32		
10	Andy Wetherill	Mansfiel45	10:58	45:46	+	1	8	Chris Armstrong	NeneVall45	11:48		
11	Nigel Brookes	Rotherha45	12:26	46:35	-	1	9	Robert Davies	Barnsley45	12:08		
12	Andy Warburton	BurndenR45	14:40	50:58		0	10	Trevor Rayner	SalfordH45 A	12:22		
13	Morton Hoejbjerg	Rushclif45	12:58	52:04	+	1						
14	T Elkington	NorthDer45	14:00	52:29	-	1						

Race 2 - M45 Stage 5 — Final Results

Race 2 - 11th Stage - Final Results													
Pos	Name	Club	Leg Time	Cum Time	Gain								
1	Gregg McDonald	Richmond45	10:37	53:19	0	9	David Brooksbank	Barnsley45	11:36	57:16	0		
2	Dean Furniss	Hallamsh45	11:01	53:53	0	10	Paul Parkin	NeneVall45	13:03	58:04	-	3	
3	Mark Foster	DulwichR45	11:46	55:09	0	11	Paul Risley	Rotherha45	11:53	58:28	0		
4	Antony Wright	Peniston45	11:18	55:21	0	12	Paul Christie	BurndenR45	13:11	1:04:09	0		
5	Paul Birkett	SalfordH45 A	11:02	55:49	+	1	13	Steve Bennett	NorthDer45	13:17	1:05:46	+	1
6	Paul Butcher	Mansfiel45	10:17	56:03	+	4	14	David Sweet	Rushclif45	13:57	1:06:01	-	1
7	Paul Dobbs	SuttonIn45	11:38	56:14	-	2	15	Neil Devonport	HolmePie45	13:01	1:07:19	0	
8	Michael Howard	LongEato45	11:00	56:21	0								

British Masters Cross Country Relays

at Long Eaton, Derbyshire on Saturday 19th November 2016

M45 — Team Results — Final

(nn) is team position after the appropriate stage.

1 Richmond & Zetland H M45	53:19	10 Nene Valley Harriers M45	58:04
1 Tony Lambert (2) 10:15	2 Andrew Pearson (2) 10:42	1 Sean Beard (8) 11:10	2 David Neal (8) 10:52
3 Ken Harker (2) 10:58	4 Mark Crawford (1) 10:47	3 Christopher Mooney (7) 11:11	4 Chris Armstrong (7) 11:48
5 Gregg McDonald (1) 10:37		5 Paul Parkin (10) 13:03	
2 Hallamshire Harriers M45	53:53	11 Rotherham Harriers & Ac M45	58:28
1 Darren Newbould (1) 10:02	2 Stuart Maycock (1) 10:33	1 Ian Whyman (3) 10:31	2 Howard Darwin (9) 11:32
3 David Palmer (1) 10:46	4 Micah Wilson (2) 11:31	3 Andrew Roscamp (10) 12:06	4 Nigel Brookes (11) 12:26
5 Dean Furniss (2) 11:01		5 Paul Risley (11) 11:53	
3 Dulwich Runners Ac M45	55:09	12 Burnden Road Runners M45	1:04:09
1 Charles Lound (7) 11:02	2 Stephen Davies (3) 10:22	1 Stew Jones (16) 12:50	2 Marcus Taylor (13) 11:51
3 Tony Tuohy (3) 10:36	4 Holger Betz (3) 11:23	3 Colin Rigby (12) 11:37	4 Andy Warburton (12) 14:40
5 Mark Foster (3) 11:46		5 Paul Christie (12) 13:11	
4 Penistone Footpath Runners M4	55:21	13 North Derbyshire Rc M45	1:05:46
1 Matthew Robinson (11) 11:23	2 Shaun Dimelow (6) 10:11	1 Gary Elkington (14) 11:52	2 Andrew Lees (15) 13:34
3 Martin Ball (5) 11:10	4 Robin Clough (4) 11:19	3 John Malcolm (13) 13:03	4 T Elkington (14) 14:00
5 Antony Wright (4) 11:18		5 Steve Bennett (13) 13:17	
5 Salford Harriers & Ac M45 'A'	55:49	14 Rushcliffe Ac M45	1:06:01
1 David Lockett (5) 10:48	2 Roger Alsop (4) 10:41	1 Jonathan Maston (15) 12:06	2 Martin Findlay (14) 13:08
3 Charles Foster (4) 10:56	4 Trevor Rayner (6) 12:22	3 Martin Phillips (14) 13:52	4 Morton Hoejbjerg (13) 12:58
5 Paul Birkett (5) 11:02		5 David Sweet (14) 13:57	
6 Mansfield Harriers M45	56:03	15 Holme Pierrepont Rc M45	1:07:19
1 Phillip Shaw (10) 11:19	2 Nigel Watkin (11) 12:02	1 Gary Cragg (13) 11:44	2 Richard Jones (12) 12:45
3 Ged Naylor (11) 11:27	4 Andy Wetherill (10) 10:58	3 Martin Spencer (15) 15:28	4 Mark Enstone (15) 14:21
5 Paul Butcher (6) 10:17		5 Neil Devonport (15) 13:01	
7 Sutton In Ashfield H M45	56:14	Incomplete Teams:	
1 Glenn Baird (6) 10:48	2 Dean Cross (7) 10:59	Coventry Godiva Harriers M45	
3 Paul Whittingham (6) 11:17	4 Brent Stevenson (5) 11:32	1 Martyn Brunt (12) 11:28	
5 Paul Dobbs (7) 11:38			
8 Long Eaton RC M45	56:21		
1 Ian Chant (9) 11:12	2 Edmond Murden (10) 11:43		
3 Andrew Dickenson (9) 10:56	4 Timothy Baggs (8) 11:30		
5 Michael Howard (8) 11:00			
9 Barnsley AC M45	57:16		
1 Mark Havenhand (4) 10:41	2 Keith Littlewood (5) 10:51		
3 Liam Tart (8) 12:00	4 Robert Davies (9) 12:08		
5 David Brooksbank (9) 11:36			

Fastest runners over stage 5:

1 Paul Butcher	Mansfield45	10:17
2 Gregg McDonald	Richmond45	10:37
3 Michael Howard	LongEaton45	11:00
4 Dean Furniss	Hallamsh45	11:01
5 Paul Birkett	SalfordH45 A	11:02
6 Antony Wright	Peniston45	11:18
7 David Brooksbank	Barnsley45	11:36
8 Paul Dobbs	SuttonIn45	11:38
9 Mark Foster	DulwichR45	11:46
10 Paul Risley	Rotherha45	11:53

Fastest of all legs

1 Darren Newbould	Hallamsh45	10:02
2 Shaun Dimelow	Peniston45	10:11
3 Tony Lambert	Richmond45	10:15
4 Paul Butcher	Mansfield45	10:17
5 Stephen Davies	DulwichR45	10:22
6 Ian Whyman	Rotherha45	10:31
7 Stuart Maycock	Hallamsh45	10:33
8 Tony Tuohy	DulwichR45	10:36
9 Gregg McDonald	Richmond45	10:37
10 Roger Alsop	SalfordH45	A 10:41
= Mark Havenhand	Barnsley45	10:41