

28th National Masters Road Relays at Sutton Park, Birmingham on Saturday 14th May 2016

- Women over 35 Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	Claire Martin	Telford 35	17:05				
2	Sophie Carter	Belgrave35	17:47				
3	Lisa Finlay	Dumfries35	18:00				
4	Helen Talbot	Nuneaton35	18:09				
5	Heidi North	Stroud 35	18:11				
6	Sarah Harris	Heanor 35	18:13				
7	Carole Penlington	Black&B 35	18:14				
8	Teresa Kemp	Trafford35	18:43				
9	Zara Hydepeters	Coventry35	19:00				
10	Helen Whitby	ValeRoy 35	19:08				
11	Julie Cook	Salford35 A	19:09				
12	Linda Howell	Bournv35 A	19:20				
13	Claire Mcmanus	NSP 35 A	19:23				
14	Helen Armitage	Sale 35	19:24				
15	Nicola Woodward	Sunderld35	19:36				
16	Kate Williams	Wolvtn 35	20:07				
17	Cath Perry	Barnet 35	20:13				
18	Selma Benattia	(Dulwich 35)	20:18				
19	Carolyn Hay	Redhill 35	20:18				
20	Lourdes Bradley	NSP 35 B	20:29				
21	Alison Dixon	NSP 35 C	20:45				
22	Beverley Armstrong	Mansf'ld35	20:54				
23	Ruth Ollerenshaw	Salford35 B	21:06				
24	Samantha Love	Halesowe35	21:44				
25	Andrea Burnett	Centuron35	21:57				
26	Caeron Phillips	Woodstoc35	22:41				
27	Karen Kiteley	Aldridge35	22:45				
28	Kasia Niedzwiedzka	C.Birm 35	22:48				
29	Debbie Beck	Holmf'th35	24:26				
30	Emma Hopkins	Bournv35 B	26:17				
31	Vanessa Morrison	DudleyK 35	29:34				

- Women over 35 Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain				
1	Michelle Clarke	Telford 35	18:21	35:26	0				
2	Paula Richardson	Coventry35	17:28	36:28	+ 7				
3	Tessa Robinson	Salford35 A	17:35	36:44	+ 8				
4	Louise Blizzard	Belgrave35	19:33	37:20	- 2				
5	Joanne Fifield	Stroud 35	19:10	37:21	0				
6	Andrea Hilldrup	ValeRoy 35	18:51	37:59	+ 4				
7	Lucy Robinson	NSP 35 A	18:51	38:14	+ 6				
8	Sian Finlay	Dumfries35	20:31	38:31	- 5				
9	Jill Burke	Heanor 35	20:33	38:46	- 3				
10	Katherine Wellam	Sale 35	19:49	39:13	+ 4				
11	Jennie Butler	Black&B 35	21:12	39:26	- 4				
12	Joanne Lott	Trafford35	20:47	39:30	- 4				
13	Charlie Wood	(Dulwich 35)	20:16	40:34	+ 5				
14	Carolyn Dyall	Nuneaton35	22:29	40:38	- 10				
15	Clare Twaddle	NSP 35 B	20:22	40:51	+ 5				
16	J Delahayeslater	Bournv35 A	21:40	41:00	- 4				
17	Colleen Compson	Sunderld35	21:35	41:11	- 2				
18	Nicola Hubbard	Redhill 35	21:33	41:51	+ 1				
19	Jeanette Robathan	Centuron35	22:39	44:36	+ 6				
20	Julie Read	Woodstoc35	22:14	44:55	+ 6				
21	Amy Leaver	Wolvtn 35	25:05	45:12	- 5				
22	Sue Pepperday	Mansf'ld35	24:29	45:23	0				
23	Denise Wakefield	Salford35 B	25:01	46:07	0				
24	Emily Bristow	C.Birm 35	23:52	46:40	+ 4				
25	Diane Lee	Holmf'th35	23:20	47:46	+ 4				
26	Emma Higgins	Halesowe35	27:33	49:17	- 2				
27	Abigail Wright	Aldridge35	27:40	50:25	0				
28	Leah Robbins	DudleyK 35	35:33	1:05:07	+ 3				
Fastest runners over stage 2:									
1	Paula Richardson	Coventry35	17:28						
2	Tessa Robinson	Salford35 A	17:35						
3	Michelle Clarke	Telford 35	18:21						
4	Andrea Hilldrup	ValeRoy 35	18:51						
5	Lucy Robinson	NSP 35 A	18:51						
6	Joanne Fifield	Stroud 35	19:10						
7	Louise Blizzard	Belgrave35	19:33						
8	Katherine Wellam	Sale 35	19:49						
9	Charlie Wood	(Dulwich 35)	20:16						
10	Clare Twaddle	NSP 35 B	20:22						

- Women over 35 Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain				
1	Lucie Taitharris	Telford 35	19:04	54:30	0				
2	Samantha Amend	Belgrave35	17:34	54:54	+ 2				
3	Hayley Kuter	Salford35 A	18:15	54:59	0				
4	Annmarie Smith	Coventry35	19:04	55:32	- 2				
5	Carla Maley	NSP 35 A	18:19	56:33	+ 2				
6	Louise Insley	Heanor 35	18:05	56:51	+ 3				
7	C Griffiths	Stroud 35	20:01	57:22	- 2				
8	Hazel Smyth	Dumfries35	19:44	58:15	0				
9	Anne Chinoy	Sale 35	19:29	58:42	+ 1				
10	Sarah Gibbs	ValeRoy 35	22:12	1:00:11	- 4				
11	Natalie Thorburn	NSP 35 B	19:27	1:00:18	+ 4				
12	Sara Elmqvist	Black&B 35	21:22	1:00:48	- 1				
13	Rachel McDonnell	Trafford35	21:23	1:00:53	- 1				
14	Vicky Younger	Sunderld35	21:10	1:02:21	+ 3				
15	Katie Crowe	(Dulwich 35)	22:50	1:03:24	- 2				
16	Nicola Morris	Bournv35 A	22:55	1:03:55	0				
17	Adeleclaire Dixon	Nuneaton35	24:05	1:04:43	- 3				
18	Laura Merryweather	Redhill 35	23:23	1:05:14	0				
19	Kerrie Allen	Mansf'ld35	21:13	1:06:36	+ 3				
20	Alison Fergusson	Centuron35	23:18	1:07:54	- 1				
21	Jen Wolstenholme	Holmf'th35	21:02	1:08:48	+ 4				
22	Leonie Ingram	Woodstoc35	24:09	1:09:04	- 2				
23	Lucy Bristow	C.Birm 35	23:16	1:09:56	+ 1				
24	Kerri James	Halesowe35	22:13	1:11:30	+ 2				
25	Liz Lister	Wolvtn 35	27:25	1:12:37	- 4				
26	Alison Deeley	Aldridge35	27:06	1:17:31	+ 1				
27	Liz Comley	DudleyK 35	27:19	1:32:26	+ 1				
Fastest runners over stage 3:									
1	Samantha Amend	Belgrave35	17:34						
2	Louise Insley	Heanor 35	18:05						
3	Hayley Kuter	Salford35 A	18:15						
4	Carla Maley	NSP 35 A	18:19						
5	Lucie Taitharris	Telford 35	19:04						
6	Annmarie Smith	Coventry35	19:04						
7	Natalie Thorburn	NSP 35 B	19:27						
8	Anne Chinoy	Sale 35	19:29						
9	Hazel Smyth	Dumfries35	19:44						
10	C Griffiths	Stroud 35	20:01						

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- Women over 35 Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Beverley Simons	Salford35 A	19:01	1:14:00	+ 2
2	Rachel Coupe	Telford 35	19:32	1:14:02	- 1
3	Zoe Doyle	Belgrave35	19:13	1:14:07	- 1
4	Lisa Palmer	Heanor 35	17:23	1:14:14	+ 2
5	S Macleandann	NSP 35 A	18:41	1:15:14	0
6	Mistianne Feeney	Coventry35	20:10	1:15:42	- 2
7	Joasia Zakrzewski	Dumfries35	17:41	1:15:56	+ 1
8	Jane Wassell	Stroud 35	18:49	1:16:11	- 1
9	Carolyn Dooley	ValeRoy 35	19:21	1:19:32	+ 1
10	Michelle Thompson	NSP 35 B	19:58	1:20:16	+ 1
11	Tracey Taylor	Sale 35	21:59	1:20:41	- 2
12	Alison Drasdo	Trafford35	20:06	1:20:59	+ 1
13	Jenny Neal	Black&B 35	20:49	1:21:37	- 1
14	Judith Thirlwell	Sunderld35	20:23	1:22:44	0
15	Cara Oliver	DISQUALIFIED	21:33	1:24:57	0
16	Kahli Johnson	Mansf'ld35	20:30	1:27:06	+ 3
17	Barbara Stevens	Redhill 35	22:11	1:27:25	+ 1
18	Nicola Tautscher	Bournv35 A	24:53	1:28:48	- 2
19	Denise Bridges	Woodstoc35	20:02	1:29:06	+ 3
20	Michelle Kenny	Nuneaton35	24:30	1:29:13	- 3
21	Emma Serjeant	Holmf'th35	21:55	1:30:43	0
22	Louise Kemp	Centuron35	22:57	1:30:51	- 2
23	Carol Jagpal	C.Birm 35	22:42	1:32:38	0
24	Deborah Blakeman	Wolveth 35	22:16	1:34:53	+ 1
25	Helen Attwood	Halesowe35	24:04	1:35:34	- 1
26	Louise Booker	Aldridge35	20:53	1:38:24	0
27	Sarah Cox	DudleyK 35	24:41	1:57:07	0

Fastest runners over stage 4:

1	Lisa Palmer	Heanor 35	17:23
2	Joasia Zakrzewski	Dumfries35	17:41
3	S Macleandann	NSP 35 A	18:41
4	Jane Wassell	Stroud 35	18:49
5	Beverley Simons	Salford35 A	19:01
6	Zoe Doyle	Belgrave35	19:13
7	Carolyn Dooley	ValeRoy 35	19:21
8	Rachel Coupe	Telford 35	19:32
9	Michelle Thompson	NSP 35 B	19:58
10	Denise Bridges	Woodstoc35	20:02

28th National Masters Road Relays at Sutton Park, Birmingham on Saturday 14th May 2016

Women over 35 — Team Results — Final
(nn) is team position after the appropriate stage.

<p>1 Salford Harriers & Ac W35 'A' 1:14:00</p> <p>1 Julie Cook (11) 19:09 2 Tessa Robinson (3) 17:35 3 Hayley Kuter (3) 18:15 4 Beverley Simons (1) 19:01</p> <p>2 Telford Ac W35 1:14:02</p> <p>1 Claire Martin (1) 17:05 2 Michelle Clarke (1) 18:21 3 Lucie Tait Harris (1) 19:04 4 Rachel Coupe (2) 19:32</p> <p>3 Belgrave Harriers W35 1:14:07</p> <p>1 Sophie Carter (2) 17:47 2 Louise Blizzard (4) 19:33 3 Samantha Amend (2) 17:34 4 Zoe Doyle (3) 19:13</p> <p>4 Heanor Running Club W35 1:14:14</p> <p>1 Sarah Harris (6) 18:13 2 Jill Burke (9) 20:33 3 Louise Insley (6) 18:05 4 Lisa Palmer (4) 17:23</p> <p>5 North Shields Polytechnic W35 'A' 1:15:14</p> <p>1 Claire McManus (13) 19:23 2 Lucy Robinson (7) 18:51 3 Carla Maley (5) 18:19 4 S Macleandann (5) 18:41</p> <p>6 Coventry Godiva Harriers W35 1:15:42</p> <p>1 Zara Hyde Peters (9) 19:00 2 Paula Richardson (2) 17:28 3 Annmarie Smith (4) 19:04 4 Mistianne Feeney (6) 20:10</p> <p>7 Dumfries Running Club W35 1:15:56</p> <p>1 Lisa Finlay (3) 18:00 2 Sian Finlay (8) 20:31 3 Hazel Smyth (8) 19:44 4 Joasia Zakrzewski (7) 17:41</p> <p>8 Stroud & District Ac W35 1:16:11</p> <p>1 Heidi North (5) 18:11 2 Joanne Fifield (5) 19:10 3 C Griffiths (7) 20:01 4 Jane Wassell (8) 18:49</p> <p>9 Vale Royal Ac W35 1:19:32</p> <p>1 Helen Whitby (10) 19:08 2 Andrea Hilldrup (6) 18:51 3 Sarah Gibbs (10) 22:12 4 Carolyn Dooley (9) 19:21</p> <p>10 North Shields Polytechnic W35 'B' 1:20:16</p> <p>1 Lourdes Bradley (20) 20:29 2 Clare Twaddle (15) 20:22 3 Natalie Thorburn (11) 19:27 4 Michelle Thompson (10) 19:58</p> <p>11 Sale Harriers Manchester W35 1:20:41</p> <p>1 Helen Armitage (14) 19:24 2 Katherine Wellam (10) 19:49 3 Anne Chinoy (9) 19:29 4 Tracey Taylor (11) 21:59</p> <p>12 Trafford Athletic Club W35 1:20:59</p> <p>1 Teresa Kemp (8) 18:43 2 Joanne Lott (12) 20:47 3 Rachel McDonnell (13) 21:23 4 Alison Drasdo (12) 20:06</p> <p>13 Blackheath And Bromley W35 1:21:37</p> <p>1 Carole Penlington (7) 18:14 2 Jennie Butler (11) 21:12 3 Sara Elmquist (12) 21:22 4 Jenny Neal (13) 20:49</p> <p>14 Sunderland Harriers & Ac W35 1:22:44</p> <p>1 Nicola Woodward (15) 19:36 2 Colleen Compson (17) 21:35 3 Vicky Younger (14) 21:10 4 Judith Thirlwell (14) 20:23</p> <p>15 Mansfield Harriers W35 1:27:06</p> <p>1 Beverley Armstrong (22) 20:54 2 Sue Pepperday (22) 24:29 3 Kerrie Allen (19) 21:13 4 Kahli Johnson (16) 20:30</p> <p>16 Redhill Road Runners W35 1:27:25</p> <p>1 Carolyn Hay (19) 20:18 2 Nicola Hubbard (18) 21:33 3 Laura Merryweather (18) 23:23 4 Barbara Stevens (17) 22:11</p> <p>17 Bournville Harriers W35 'A' 1:28:48</p> <p>1 Linda Howell (12) 19:20 2 J Delahayeslater (16) 21:40 3 Nicola Morris (16) 22:55 4 Nicola Tautscher (18) 24:53</p>	<p>18 Woodstock Harriers Ac W35 1:29:06</p> <p>1 Caeron Phillips (26) 22:41 2 Julie Read (20) 22:14 3 Leonie Ingram (22) 24:09 4 Denise Bridges (19) 20:02</p> <p>19 Nuneaton Harriers W35 1:29:13</p> <p>1 Helen Talbot (4) 18:09 2 Carolyn Dyal (14) 22:29 3 Adele Claire Dixon (17) 24:05 4 Michelle Kenny (20) 24:30</p> <p>20 Holmfirth Harriers Ac W35 1:30:43</p> <p>1 Debbie Beck (29) 24:26 2 Diane Lee (25) 23:20 3 Jen Wolstenholme (21) 21:02 4 Emma Serjeant (21) 21:55</p> <p>21 Centurion Rc W35 1:30:51</p> <p>1 Andrea Burnett (25) 21:57 2 Jeanette Robathan (19) 22:39 3 Alison Fergusson (20) 23:18 4 Louise Kemp (22) 22:57</p> <p>22 City Of Birmingham St ders 35 1:32:38</p> <p>1 Kasia Niedzwiedzka (28) 22:48 2 Emily Bristow (24) 23:52 3 Lucy Bristow (23) 23:16 4 Carol Jagpal (23) 22:42</p> <p>23 Wolverhampton & Bilston W35 1:34:53</p> <p>1 Kate Williams (16) 20:07 2 Amy Leaver (21) 25:05 3 Liz Lister (25) 27:25 4 Deborah Blakeman (24) 22:16</p> <p>24 Halesowen Acc W35 1:35:34</p> <p>1 Samantha Love (24) 21:44 2 Emma Higgins (26) 27:33 3 Kerri James (24) 22:13 4 Helen Attwood (25) 24:04</p> <p>25 Aldridge Rc W35 1:38:24</p> <p>1 Karen Kiteley (27) 22:45 2 Abigail Wright (27) 27:40 3 Alison Deeley (26) 27:06 4 Louise Booker (26) 20:53</p> <p>26 Dudley Kingswinford Rc 5 1:57:07</p> <p>1 Vanessa Morrison (31) 29:34 2 Leah Robbins (28) 35:33 3 Liz Comley (27) 27:19 4 Sarah Cox (27) 24:41</p> <p>Disqualified -</p> <p>Dulwich Runners Ac W35 1:24:57</p> <p>1 Selma Benattia (18) 20:18 2 Charlie Wood (13) 20:16 3 Katie Crowe (15) 22:50 4 DISQUALIFIED (15) 21:33</p> <p>Incomplete Teams:</p> <p>Salford Harriers & Ac W35 'B'</p> <p>1 Ruth Ollerenshaw (23) 21:06 2 Denise Wakefield (23) 25:01</p> <p>Barnet & District Ac W35</p> <p>1 Cath Perry (17) 20:13</p> <p>North Shields Polytechnic W35 'C'</p> <p>1 Alison Dixon (21) 20:45</p> <p>Bournville Harriers W35 'B'</p> <p>1 Emma Hopkins (30) 26:17</p> <p>Fastest of all legs</p> <p>1 Claire Martin Telford 35 17:05 2 Lisa Palmer Heanor 35 17:23 3 Paula Richardson Coventry 35 17:28 4 Samantha Amend Belgrave 35 17:34 5 Tessa Robinson Salford 35 A 17:35 6 Joasia Zakrzewski Dumfries 35 17:41 7 Sophie Carter Belgrave 35 17:47 8 Lisa Finlay Dumfries 35 18:00 9 Louise Insley Heanor 35 18:05 10 Helen Talbot Nuneaton 35 18:09</p>
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28th National Masters Road Relays at Sutton Park, Birmingham on Saturday 14th May 2016

- Women over 45 Stage 1 — Final Results

Pos	Name	Club	Leg Time	Pos	Name	Club	Leg Time
1	Mandy Vernon	Trentham45	17:45	13	Carole Harrison	Altr'ham45	21:20
2	Clare Elms	Dulwich 45	17:56	14	Lynda Rowlinson	Sale 45	21:24
3	Margaret Sykes	Holmf'th45	18:51	15	Anna Shipley	Heanor 45	21:28
4	Samantha Morton	Halesow45 A	19:48	16	Christine Howard	Matlock 45	21:31
5	Helen Smith	ValeRoy45 A	19:52	17	Joanne Acha	Tipton 45	22:56
6	Nicola Froud	Barnet 45	20:23	18	Jayne Lomax	ValeRoy45 B	23:42
7	Denise Sanders	Telford 45	20:31	19	K CarterMoore	Middleto45	24:27
8	Lyndsay Darbyshire	Burnden 45	20:34	20	Tina Smith	Wolverh45 B	25:23
9	Caroline Hall	WirralAc45	20:34	21	Anna Cosimetti	Halesow45 B	25:59
10	Susan Watson	LesCroup45	20:36	22	P Williamson	Bournvil45	26:58
11	Karen Foster	NSP 45	20:47	23	Heather Shone	Mansfield45	27:33
12	Sue Weatherburn	Wolverh45 A	21:14				

- Women over 45 Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Angie Norris	Dulwich 45	19:50	37:46	+ 1	19	Julie Jones	Middleto45	25:06	49:33	0
2	Joanne Stanfield	Trentham45	21:08	38:53	- 1	20	Carole Williams	ValeRoy45 B	26:13	49:55	- 2
3	Joanne Kent	Barnet 45	18:58	39:21	+ 3	21	Marion Bailey	Halesow45 B	25:49	51:48	0
4	Helen Pettit	Holmf'th45	20:41	39:32	- 1	22	Lesley Proctor	Bournvil45	25:55	52:53	0
5	Audrey Wilson	Wolverh45 A	19:51	41:05	+ 7	23	Julie Lowe	Mansfield45	26:42	54:15	0
6	Ruth Deards	LesCroup45	21:07	41:43	+ 4	Fastest runners over stage 2:					
7	Karen Gunn	NSP 45	20:59	41:46	+ 4	1	Joanne Kent	Barnet 45	18:58		
8	Sallyann Walker	Tipton 45	19:28	42:24	+ 9	2	Sallyann Walker	Tipton 45	19:28		
9	Caroline Lambert	Halesow45 A	22:52	42:40	- 5	3	Angie Norris	Dulwich 45	19:50		
10	Lisa Blagden	Telford 45	22:17	42:48	- 3	4	Audrey Wilson	Wolverh45 A	19:51		
11	Caroline Brophy	WirralAc45	22:33	43:07	- 2	5	Helen Pettit	Holmf'th45	20:41		
12	Debbie Moreton	ValeRoy45 A	23:17	43:09	- 7	6	Karen Gunn	NSP 45	20:59		
13	Carolyn Barker	Burnden 45	22:41	43:15	- 5	7	Ruth Deards	LesCroup45	21:07		
14	J Cordingley	Sale 45	22:14	43:38	0	8	Joanne Stanfield	Trentham45	21:08		
15	Heather Johnson	Altr'ham45	23:13	44:33	- 2	9	J Cordingley	Sale 45	22:14		
16	Rita Fisher	Heanor 45	23:25	44:53	- 1	10	Lisa Blagden	Telford 45	22:17		
17	Tessa Whittaker	Matlock 45	27:05	48:36	- 1						
18	Hazel Smallman	Wolverh45 B	23:25	48:48	+ 2						

- Women over 45 Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Michelle Lennon	Dulwich 45	20:40	58:26	0	18	Karen Morley	Matlock 45	25:54	1:14:30	- 1
2	Sarah Taylor	Trentham45	20:57	59:50	0	19	Catherine Murphy	Middleto45	25:41	1:15:14	0
3	Karen Murphy	Barnet 45	21:09	1:00:30	0	20	Jude Glynn	Bournvil45	23:02	1:15:55	+ 2
4	Jean Shotter	Holmf'th45	22:10	1:01:42	0	21	Helena Bustin	Halesow45 B	24:55	1:16:43	0
5	Carolfrances Rees	LesCroup45	20:58	1:02:41	+ 1	22	Diane Stewart	Mansfield45	23:54	1:18:09	+ 1
6	Maggie Cooper	WirralAc45	19:39	1:02:46	+ 5	23	Jan Brookes	Wolverh45 B	30:21	1:19:09	- 5
7	Kirsty Normanton	Burnden 45	19:34	1:02:49	+ 6	Fastest runners over stage 3:					
8	Penelope Barber	Tipton 45	20:29	1:02:53	0	1	Kirsty Normanton	Burnden 45	19:34		
9	Rae Moorhouse	Wolverh45 A	22:36	1:03:41	- 4	2	Maggie Cooper	WirralAc45	19:39		
10	Sally Spencer	Halesow45 A	21:30	1:04:10	- 1	3	Penelope Barber	Tipton 45	20:29		
11	Julie Kirby	Telford 45	21:53	1:04:41	- 1	4	Michelle Lennon	Dulwich 45	20:40		
12	Karen Loughney	NSP 45	22:57	1:04:43	- 5	5	Sarah Taylor	Trentham45	20:57		
13	Helen Reagan	Sale 45	21:39	1:05:17	+ 1	6	Carolfrances Rees	LesCroup45	20:58		
14	Lisa Meadows	ValeRoy45 A	22:42	1:05:51	- 2	7	Karen Murphy	Barnet 45	21:09		
15	Annette Campbell	Altr'ham45	22:58	1:07:31	0	8	Sally Spencer	Halesow45 A	21:30		
16	Yvonne Hobday	Heanor 45	22:54	1:07:47	0	9	Helen Reagan	Sale 45	21:39		
17	Debbie Broad	ValeRoy45 B	22:59	1:12:54	+ 3	10	Julie Kirby	Telford 45	21:53		

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Women over 45 — Team Results — Final

(nn) is team position after the appropriate stage.

<p>1 Dulwich Runners Ac W45 58:26 1 Clare Elms (2) 17:56 2 Angie Norris (1) 19:50 3 Michelle Lennon (1) 20:40</p> <p>2 Trentham Rc W45 59:50 1 Mandy Vernon (1) 17:45 2 Joanne Stanfield (2) 21:08 3 Sarah Taylor (2) 20:57</p> <p>3 Barnet & District Ac W45 1:00:30 1 Nicola Froud (6) 20:23 2 Joanne Kent (3) 18:58 3 Karen Murphy (3) 21:09</p> <p>4 Holmfirth Harriers Ac W45 1:01:42 1 Margaret Sykes (3) 18:51 2 Helen Pettit (4) 20:41 3 Jean Shotter (4) 22:10</p> <p>5 Les Croupiers W45 1:02:41 1 Susan Watson (10) 20:36 2 Ruth Deards (6) 21:07 3 Carol Frances Rees (5) 20:58</p> <p>6 Wirral Ac W45 1:02:46 1 Caroline Hall (9) 20:34 2 Caroline Brophy (11) 22:33 3 Maggie Cooper (6) 19:39</p> <p>7 Burnden Road Runners W45 1:02:49 1 Lyndsay Darbyshire (8) 20:34 2 Carolyn Barker (13) 22:41 3 Kirsty Normanton (7) 19:34</p> <p>8 Tipton Harriers W45 1:02:53 1 Joanne Acha (17) 22:56 2 Sallyann Walker (8) 19:28 3 Penelope Barber (8) 20:29</p> <p>9 Wolverhampton & Bilston W45 'A' 1:03:41 1 Sue Weatherburn (12) 21:14 2 Audrey Wilson (5) 19:51 3 Rae Moorhouse (9) 22:36</p> <p>10 Halesowen Acc W45 'A' 1:04:10 1 Samantha Morton (4) 19:48 2 Caroline Lambert (9) 22:52 3 Sally Spencer (10) 21:30</p> <p>11 Telford Ac W45 1:04:41 1 Denise Sanders (7) 20:31 2 Lisa Blagden (10) 22:17 3 Julie Kirby (11) 21:53</p> <p>12 North Shields Polytechnic W45 1:04:43 1 Karen Foster (11) 20:47 2 Karen Gunn (7) 20:59 3 Karen Loughney (12) 22:57</p> <p>13 Sale Harriers Manchester W45 1:05:17 1 Lynda Rowlinson (14) 21:24 2 J Cordingley (14) 22:14 3 Helen Reagan (13) 21:39</p> <p>14 Vale Royal Ac W45 'A' 1:05:51 1 Helen Smith (5) 19:52 2 Debbie Moreton (12) 23:17 3 Lisa Meadows (14) 22:42</p>	<p>15 Altrincham & District Ac W45 1:07:31 1 Carole Harrison (13) 21:20 2 Heather Johnson (15) 23:13 3 Annette Campbell (15) 22:58</p> <p>16 Heanor Running Club W45 1:07:47 1 Anna Shipley (15) 21:28 2 Rita Fisher (16) 23:25 3 Yvonne Hobday (16) 22:54</p> <p>17 Vale Royal Ac W45 'B' 1:12:54 1 Jayne Lomax (18) 23:42 2 Carole Williams (20) 26:13 3 Debbie Broad (17) 22:59</p> <p>18 Matlock Athletic Club W45 1:14:30 1 Christine Howard (16) 21:31 2 Tessa Whittaker (17) 27:05 3 Karen Morley (18) 25:54</p> <p>19 Middleton W45 1:15:14 1 K Carter Moore (19) 24:27 2 Julie Jones (19) 25:06 3 Catherine Murphy (19) 25:41</p> <p>20 Bournville Harriers W45 1:15:55 1 P Williamson (22) 26:58 2 Lesley Proctor (22) 25:55 3 Jude Glynn (20) 23:02</p> <p>21 Halesowen Acc W45 'B' 1:16:43 1 Anna Cosimetti (21) 25:59 2 Marion Bailey (21) 25:49 3 Helena Bustin (21) 24:55</p> <p>22 Mansfield Harriers W45 1:18:09 1 Heather Shone (23) 27:33 2 Julie Lowe (23) 26:42 3 Diane Stewart (22) 23:54</p> <p>23 Wolverhampton & Bilston W45 'B' 1:19:09 1 Tina Smith (20) 25:23 2 Hazel Smallman (18) 23:25 3 Jan Brookes (23) 30:21</p> <p>Fastest of all legs</p> <p>1 Mandy Vernon Trentham45 17:45 2 Clare Elms Dulwich 45 17:56 3 Margaret Sykes Holmf'th45 18:51 4 Joanne Kent Barnet 45 18:58 5 Sallyann Walker Tipton 45 19:28 6 Kirsty Normanton Burnden 45 19:34 7 Maggie Cooper WirralAc45 19:39 8 Samantha Morton Halesow45 A 19:48 9 Angie Norris Dulwich 45 19:50 10 Audrey Wilson Wolverh45 A 19:51</p>
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28th National Masters Road Relays at Sutton Park, Birmingham on Saturday 14th May 2016

- Women over 55 Stage 1 — Final Results

Pos	Name	Club	Leg Time	Pos	Name	Club	Leg Time
1	Gwen Kinloch	Burnden 55	20:27	7	Anneke Bull	Westbury55	23:54
2	Mary Green	Bingley 55	21:02	8	Rachel Annetts	N.Hert 55	24:29
3	Madeleine Lomas	Charnwod55	21:08	9	Joan Feely	Aldridge55	25:50
4	Ros Tabor	DulwichR55	21:25	10	Christine Brooks	Middleto55	26:36
5	Rosemary Baker	Holmf'th55	22:14	11	Pauline Davies	ValeRoy 55	27:16
6	Gillian Neal	Roth'ham55	23:05				

- Women over 55 Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 2:	Time
1	Anne Ferguson	Burnden 55	21:48	42:15	0	1 Rebecca Weight	Bingley 55 21:18
2	Rebecca Weight	Bingley 55	21:18	42:20	0	2 Anne Ferguson	Burnden 55 21:48
3	Claire Steward	DulwichR55	23:01	44:26	+ 1	3 Gillian Taylor	Roth'ham55 22:40
4	Yvette Arthur	Holmf'th55	23:02	45:16	+ 1	4 Claire Steward	DulwichR55 23:01
5	Gillian Taylor	Roth'ham55	22:40	45:45	+ 1	5 Yvette Arthur	Holmf'th55 23:02
6	Linda Aird	N.Hert 55	24:24	48:53	+ 2	6 Linda Aird	N.Hert 55 24:24
7	Marilyn Palmer	Westbury55	25:50	49:44	0	7 Marilyn Palmer	Westbury55 25:50
8	Helen Hirst	Aldridge55	26:46	52:36	+ 1	8 Chris Eckersley	Middleto55 26:03
9	Chris Eckersley	Middleto55	26:03	52:39	+ 1	9 Helen Hirst	Aldridge55 26:46

- Women over 55 Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 3:	Time
1	Sue Becconsall	Bingley 55	20:23	1:02:43	+ 1	1 Sue Becconsall	Bingley 55 20:23
2	Leslie Fisher	Burnden 55	20:46	1:03:01	- 1	2 Leslie Fisher	Burnden 55 20:46
3	Clare Wyngard	DulwichR55	22:21	1:06:47	0	3 Clare Wyngard	DulwichR55 22:21
4	Wendy Whitaker	Roth'ham55	25:47	1:11:32	+ 1	4 Anne Kelsall	Aldridge55 24:29
5	Karen Dodsworth	N.Hert 55	25:19	1:14:12	+ 1	5 Karen Dodsworth	N.Hert 55 25:19
6	Elizabeth Yewlett	Holmf'th55	29:18	1:14:34	- 2	6 Wendy Whitaker	Roth'ham55 25:47
7	Eithne Noonan	Westbury55	27:14	1:16:58	0	7 Eithne Noonan	Westbury55 27:14
8	Anne Kelsall	Aldridge55	24:29	1:17:05	0	8 Ruth Hare	Middleto55 27:28
9	Ruth Hare	Middleto55	27:28	1:20:07	0	9 Elizabeth Yewlett	Holmf'th55 29:18

Women over 55 — Team Results — Final (nn) is team position after the appropriate stage.

1	Bingley Harriers & Ac W55	1:02:43	9	Middleton Harriers W55	1:20:07				
1	Mary Green (2) 21:02	2	Rebecca Weight (2) 21:18	1	Christine Brooks (10) 26:36	2	Chris Eckersley (9) 26:03		
3	Sue Becconsall (1) 20:23	3	Ruth Hare (9) 27:28						
2	Burnden Road Runners W55	1:03:01	Incomplete Teams:						
1	Gwen Kinloch (1) 20:27	2	Anne Ferguson (1) 21:48	Charnwood Ac W55					
3	Leslie Fisher (2) 20:46					1	Madeleine Lomas (3) 21:08		
3	Dulwich Runners Ac W55	1:06:47	Vale Royal Ac W55						
1	Ros Tabor (4) 21:25	2	Claire Steward (3) 23:01	1			Pauline Davies (11) 27:16		
3	Clare Wyngard (3) 22:21					Fastest of all legs			
4	Rotherham Harriers & Ac W55	1:11:32	1	Sue Becconsall	Bingley 55	20:23			
1	Gillian Neal (6) 23:05	2	Gillian Taylor (5) 22:40	2	Gwen Kinloch	Burnden 55	20:27		
3	Wendy Whitaker (4) 25:47					3	Leslie Fisher	Burnden 55	20:46
5	North Herts Rrc W55	1:14:12	4	Mary Green	Bingley 55	21:02			
1	Rachel Annetts (8) 24:29	2	Linda Aird (6) 24:24	5	Madeleine Lomas	Charnwod55	21:08		
3	Karen Dodsworth (5) 25:19					6	Rebecca Weight	Bingley 55	21:18
6	Holmfirth Harriers Ac W55	1:14:34	7	Ros Tabor	DulwichR55	21:25			
1	Rosemary Baker (5) 22:14	2	Yvette Arthur (4) 23:02	8	Anne Ferguson	Burnden 55	21:48		
3	Elizabeth Yewlett (6) 29:18					9	Rosemary Baker	Holmf'th55	22:14
7	Westbury Harriers W55	1:16:58	10	Clare Wyngard	DulwichR55	22:21			
1	Anneke Bull (7) 23:54	2	Marilyn Palmer (7) 25:50						
3	Eithne Noonan (7) 27:14								
8	Aldridge Rc W55	1:17:05							
1	Joan Feely (9) 25:50	2	Helen Hirst (8) 26:46						
3	Anne Kelsall (8) 24:29								

28th National Masters Road Relays at Sutton Park, Birmingham on Saturday 14th May 2016

- Women over 65 Stage 1 — Final Results

Pos	Name	Club	Leg Time
1	Barbara Brown	WoldsVet65	22:11
2	Celia Pickard	Sale 65	23:44
3	C Sanderson	Hasting65 A	27:44
4	Patricia Beighton	Roth'ham65	30:03

- Women over 65 Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 2:			
1	Elizabeth Woods	WoldsVet65	24:03	46:14	0	1	Elizabeth Woods	WoldsVet65	24:03
2	Janet Pickering	Sale 65	27:52	51:36	0	2	Janet Pickering	Sale 65	27:52
3	Yocklin Richardson	Hasting65 A	28:42	56:26	0	3	Yocklin Richardson	Hasting65 A	28:42
4	Brenda King	Roth'ham65	29:54	59:57	0	4	Brenda King	Roth'ham65	29:54

- Women over 65 Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 3:			
1	Susan Green	WoldsVet65	27:20	1:13:34	0	1	Sylvia Huggett	Hasting65 A	25:19
2	Margaret Trickey	Sale 65	25:56	1:17:32	0	2	Margaret Trickey	Sale 65	25:56
3	Sylvia Huggett	Hasting65 A	25:19	1:21:45	0	3	Susan Green	WoldsVet65	27:20
4	Jennifer Horan	Roth'ham65	29:15	1:29:12	0	4	Jennifer Horan	Roth'ham65	29:15

Women over 65 — Team Results — Final

(nn) is team position after the appropriate stage.

1	Wolds Veteran Rc W65	1:13:34
1	Barbara Brown (1) 22:11	2 Elizabeth Woods (1) 24:03
3	Susan Green (1) 27:20	
2	Sale Harriers Manchester W65	1:17:32
1	Celia Pickard (2) 23:44	2 Janet Pickering (2) 27:52
3	Margaret Trickey (2) 25:56	
3	Hastings Runners W65	'A' 1:21:45
1	C Sanderson (3) 27:44	2 Yocklin Richardson (3) 28:42
3	Sylvia Huggett (3) 25:19	
4	Rotherham Harriers & Ac W65	1:29:12
1	Patricia Beighton (4) 30:03	2 Brenda King (4) 29:54
3	Jennifer Horan (4) 29:15	

Fastest of all legs

1	Barbara Brown	WoldsVet65	22:11
2	Celia Pickard	Sale 65	23:44
3	Elizabeth Woods	WoldsVet65	24:03
4	Sylvia Huggett	Hasting65 A	25:19
5	Margaret Trickey	Sale 65	25:56
6	Susan Green	WoldsVet65	27:20
7	C Sanderson	Hasting65 A	27:44
8	Janet Pickering	Sale 65	27:52
9	Yocklin Richardson	Hasting65 A	28:42
10	Jennifer Horan	Roth'ham65	29:15

28th National Masters Road Relays at Sutton Park, Birmingham on Saturday 14th May 2016

- Men over 75 Stage 1 — Final Results

Pos	Name	Club	Leg Time
1	Pete Covey	Bingley 75	22:36
2	Alan Lewis	Trentham75	23:15

- Men over 75 Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 2:
1	David Barber	Bingley 75	24:38	47:14	0	1 David Barber Bingley 75 24:38

- Men over 75 Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 3:
1	Fred Gibbs	Bingley 75	23:21	1:10:35	0	1 Fred Gibbs Bingley 75 23:21

Men over 75 — Team Results — Final

(nn) is team position after the appropriate stage.

1	Bingley Harriers & Ac M75	1:10:35
1	Pete Covey (1) 22:36	2 David Barber (1) 24:38
3	Fred Gibbs (1) 23:21	

Incomplete Teams:

Trentham Rc M75		
1	Alan Lewis (2)	23:15

Fastest of all legs

1	Pete Covey	Bingley 75	22:36
2	Alan Lewis	Trentham75	23:15
3	Fred Gibbs	Bingley 75	23:21
4	David Barber	Bingley 75	24:38