

28th National Masters Road Relays at Sutton Park, Birmingham on Saturday 14th May 2016

- Men over 55 Stage 1 - Final Results

Pos	Name	Club	Leg Time				
1	Simon Calrow	Wolves 55 A	17:22	22	Ricky South	Holmf'th55	19:15
2	David Ogden	SLondon55 A	17:27	23	Peter Ellis	Barnet 55	19:17
3	Mark Burnhope	BRAT 55 A	17:30	24	Anthony Harran	HerneHil55	19:21
4	Austin Soane	AFD 55	17:31	25	Simon Brister	Matlock 55	19:23
5	Paul Collins	Sunderl 55	17:50	26	Kevin Lomas	Charnw'd55	19:54
6	Jerry Watson	ThamesH55 A	17:55	27	Frank Cordingley	Sale 55	20:07
7	Stanley Owen	Salford55 A	18:01	28	Lockie Campbell	Alt'ham55 B	20:10
8	Alick Walkinshaw	RonHill 55	18:07	29	Rhodri Davies	ThamesH55 B	20:16
9	Elio Lepore	Croup 55 A	18:07	30	Peter Banks	Coventry55	20:42
10	Ian Kitching	SLondon55 B	18:09	31	Peter Hickman	Bournvil55	20:44
11	Graham Ratcliffe	Wirral 55	18:26	32	Neil Horsley	Neath 55 A	20:45
12	Steve Shaughnessy	Stockp't55	18:28	33	Alan Grice	Tipton 55	20:53
13	Stephen Fry	Bingley 55	18:35	34	Cain Bradley	Tonbridg55	21:19
14	Alun Evans	Woodford55	18:39	35	Robert Bamsey	Neath 55 B	21:26
15	Jed Turner	Sheff'Id55	18:40	36	Ian Richardson	NSP 55	21:53
16	Mark Hunter	Alt'ham55 A	18:43	37	Fred Smith	Wolves 55 B	21:58
17	Terry Eastwood	Rotherhm55	18:45	38	John Llewellyn	BRAT 55 B	22:13
18	William Thomas	Burnden 55	18:51	39	C Andrews	Bedford55 A	22:29
19	Robert Evans	Croup 55 B	18:56	40	Craig Sutherland	Middletn55	22:39
20	Stephen Smythe	Dulwich 55	19:10	41	C Griffiths	ValeRoya55	22:52
21	John Hill	Halesowe55	19:12				

- Men over 55 Stage 2 - Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain				
1	Chris Phelan	SLondon55 A	17:39	35:06	+ 1	23	Tim Bailey	Halesowe55	20:17 39:29 - 2
2	Paul Merrison	Sunderl 55	17:36	35:26	+ 3	24	Paul Clemmens	Rotherhm55	20:54 39:39 - 7
3	Phillip Quibell	Salford55 A	18:09	36:10	+ 4	25	Rick Turner	ThamesH55 B	19:44 40:00 + 4
4	David Cox	Woodford55	17:32	36:11	+ 10	26	Andy Hauser	Holmf'th55	20:48 40:03 - 4
5	Frank Barton	RonHill 55	18:09	36:16	+ 3	27	Philip Crane	Neath 55 A	19:54 40:39 + 5
6	Michael Boyle	HerneHil55	17:22	36:43	+ 18	28	Stephen Mellors	Charnw'd55	20:49 40:43 - 2
7	Martin Ludford	BRAT 55 A	19:29	36:59	- 4	29	Bruce Green	Sale 55	20:56 41:03 - 2
8	David James	Croup 55 A	19:00	37:07	+ 1	30	Howard Carpenter	Neath 55 B	21:01 42:27 + 5
9	Anthony Devoy	Wirral 55	18:52	37:18	+ 2	31	Brian Buckwell	Tonbridg55	21:20 42:39 + 3
10	Duncan Davies	Wolves 55 A	19:59	37:21	- 9	32	Steve Holt	Matlock 55	23:33 42:56 - 7
11	Gary Podmore	Sheff'Id55	18:49	37:29	+ 4	33	Peter Atkinson	NSP 55	21:23 43:16 + 3
12	Richard Pitt	ThamesH55 A	19:37	37:32	- 6	34	Ray Stanier	Tipton 55	22:35 43:28 - 1
13	Tony Davies	AFD 55	20:23	37:54	- 9	35	Stephen Doswell	Bournvil55	22:57 43:41 - 4
14	Tim Hargreaves	Stockp't55	19:44	38:12	- 2	36	Steve Loundes	Wolves 55 B	22:14 44:12 + 1
15	John Quaintance	SLondon55 B	20:19	38:28	- 5	37	Stephen Granville	Middletn55	23:20 45:59 + 3
16	Graham Harrison	Alt'ham55 A	19:46	38:29	0	38	Richard Petitt	ValeRoya55	24:06 46:58 + 3
17	Stew Jones	Burnden 55	19:40	38:31	+ 1	Fastest runners over stage 2:			
18	Michael Tabor	Croup 55 B	19:41	38:37	+ 1	1	James McMahon	Bedford55 A	16:53
19	Stephen Williams	Dulwich 55	19:31	38:41	+ 1	2	Michael Boyle	HerneHil55	17:22
20	Yitzhak Benaroya	Barnet 55	19:28	38:45	+ 3	3	David Cox	Woodford55	17:32
21	Mark Westman	Bingley 55	20:16	38:51	- 8	4	Paul Merrison	Sunderl 55	17:36
22	James McMahon	Bedford55 A	16:53	39:22	+ 17	5	Chris Phelan	SLondon55 A	17:39

- Men over 55 Stage 3 - Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain				
1	John Foss	SLondon55 A	17:46	52:52	0	23	Peter Neal	Rotherhm55	20:31 1:00:10 + 1
2	Martin Rees	Croup 55 A	16:28	53:35	+ 6	24	David Crane	Neath 55 A	19:40 1:00:19 + 3
3	Tony Pamphilon	Woodford55	17:34	53:45	+ 1	25	Mike Farmery	ThamesH55 B	20:38 1:00:38 0
4	Colin Feechan	RonHill 55	17:54	54:10	+ 1	26	Robert Lands	Bedford55 A	21:29 1:00:51 - 4
5	Steven Coxon	Sunderl 55	19:05	54:31	- 3	27	Kevin Yewlett	Holmf'th55	21:51 1:01:54 - 1
6	Chris Ireland	Sheff'Id55	17:27	54:56	+ 5	28	James Thorneycroft	Matlock 55	19:36 1:02:32 + 4
7	David Norman	Wirral 55	17:41	54:59	+ 2	29	Jerry Smith	Sale 55	21:36 1:02:39 0
8	Tom Conlon	HerneHil55	18:32	55:15	- 2	30	Paul Carroll	Wolves 55 B	19:37 1:03:49 + 6
9	Richard Gray	BRAT 55 A	18:49	55:48	- 2	31	Simon Partridge	Neath 55 B	21:59 1:04:26 - 1
10	Andrew Lenon	ThamesH55 A	19:09	56:41	+ 2	32	Chris Oliphant	NSP 55	22:38 1:05:54 + 1
11	Andy Staveley	Burnden 55	18:20	56:51	+ 6	33	John Cheel	Bournvil55	23:21 1:07:02 + 2
12	Lionel Spittle	Wolves 55 A	19:36	56:57	- 2	34	Keith Best	Tipton 55	23:59 1:07:27 0
13	David Wilcock	Barnet 55	18:21	57:06	+ 7	35	Maurice Marchant	Tonbridg55	24:57 1:07:36 - 4
14	Peter Pyrah	Bingley 55	18:17	57:08	+ 7	36	Barrie Fairbrother	Middletn55	23:51 1:09:50 + 1
15	Barry Attwell	SLondon55 B	19:04	57:32	0	37	Colin Rathbone	ValeRoya55	23:36 1:10:34 + 1
16	Michael Wakefield	Salford55 A	21:24	57:34	- 13	Fastest runners over stage 3:			
17	Gary Sullivan	Dulwich 55	19:06	57:47	+ 2	1	Martin Rees	Croup 55 A	16:28
18	Anthony Naulty	Stockp't55	20:09	58:21	- 4	2	Chris Ireland	Sheff'Id55	17:27
19	Peter Pickwell	Alt'ham55 A	20:07	58:36	- 3	3	Tony Pamphilon	Woodford55	17:34
20	Michael Mcgeoch	Croup 55 B	20:03	58:40	- 2	4	David Norman	Wirral 55	17:41
21	Andrew Nock	Halesowe55	19:26	58:55	+ 2	5	John Foss	SLondon55 A	17:46
22	Dilip Dattani	Charnw'd55	19:06	59:49	+ 6				

28th National Masters Road Relays at Sutton Park, Birmingham on Saturday 14th May 2016

Men over 55 — Team Results — Final

(nn) is team position after the appropriate stage.

<p>1 South London Harriers M55 'A' 52:52 1 David Ogden (2) 17:27 2 Chris Phelan (1) 17:39 3 John Foss (1) 17:46</p> <p>2 Les Croupiers M55 'A' 53:35 1 Elio Lepore (9) 18:07 2 David James (8) 19:00 3 Martin Rees (2) 16:28</p> <p>3 Woodford Green & Essex Ladies 53:45 1 Alun Evans (14) 18:39 2 David Cox (4) 17:32 3 Tony Pamphilon (3) 17:34</p> <p>4 Ron Hill Cambuslang M55 54:10 1 Alick Walkinshaw (8) 18:07 2 Frank Barton (5) 18:09 3 Colin Feechan (4) 17:54</p> <p>5 Sunderland Harriers & Ac M55 54:31 1 Paul Collins (5) 17:50 2 Paul Merrison (2) 17:36 3 Steven Coxon (5) 19:05</p> <p>6 Sheffield Rc M55 54:56 1 Jed Turner (15) 18:40 2 Gary Podmore (11) 18:49 3 Chris Ireland (6) 17:27</p> <p>7 Wirral Ac M55 54:59 1 Graham Ratcliffe (11) 18:26 2 Anthony Devoy (9) 18:52 3 David Norman (7) 17:41</p> <p>8 Herne Hill Harriers M55 55:15 1 Anthony Harran (24) 19:21 2 Michael Boyle (6) 17:22 3 Tom Conlon (8) 18:32</p> <p>9 Birmingham Running A&t M55 'A' 55:48 1 Mark Burnhope (3) 17:30 2 Martin Ludford (7) 19:29 3 Richard Gray (9) 18:49</p> <p>10 Thames Hare & Hounds M55 'A' 56:41 1 Jerry Watson (6) 17:55 2 Richard Pitt (12) 19:37 3 Andrew Lenon (10) 19:09</p> <p>11 Burnden Road Runners M55 56:51 1 William Thomas (18) 18:51 2 Stew Jones (17) 19:40 3 Andy Staveley (11) 18:20</p> <p>12 Wolverhampton & Bilston M55 'A' 56:57 1 Simon Calrow (1) 17:22 2 Duncan Davies (10) 19:59 3 Lionel Spittle (12) 19:36</p> <p>13 Barnet & District Ac M55 57:06 1 Peter Ellis (23) 19:17 2 Yitzhak Benaroya (20) 19:28 3 David Wilcock (13) 18:21</p> <p>14 Bingley Harriers & Ac M55 57:08 1 Stephen Fry (13) 18:35 2 Mark Westman (21) 20:16 3 Peter Pyrah (14) 18:17</p> <p>15 South London Harriers M55 'B' 57:32 1 Ian Kitching (10) 18:09 2 John Quaintance (15) 20:19 3 Barry Attwell (15) 19:04</p> <p>16 Salford Harriers & Ac M55 'A' 57:34 1 Stanley Owen (7) 18:01 2 Phillip Quibell (3) 18:09 3 Michael Wakefield (16) 21:24</p> <p>17 Dulwich Runners Ac M55 57:47 1 Stephen Smythe (20) 19:10 2 Stephen Williams (19) 19:31 3 Gary Sullivan (17) 19:06</p> <p>18 Stockport Harriers & Ac M55 58:21 1 Steve Shaughnessy (12) 18:28 2 Tim Hargreaves (14) 19:44 3 Anthony Naulty (18) 20:09</p> <p>19 Altrincham & District Ac M55 'A' 58:36 1 Mark Hunter (16) 18:43 2 Graham Harrison (16) 19:46 3 Peter Pickwell (19) 20:07</p> <p>20 Les Croupiers M55 'B' 58:40 1 Robert Evans (19) 18:56 2 Michael Tabor (18) 19:41 3 Michael Mcgeoch (20) 20:03</p> <p>21 Halesowen Acc M55 58:55 1 John Hill (21) 19:12 2 Tim Bailey (23) 20:17 3 Andrew Nock (21) 19:26</p> <p>22 Charnwood Ac M55 59:49 1 Kevin Lomas (26) 19:54 2 Stephen Mellors (28) 20:49 3 Dilip Dattani (22) 19:06</p>	<p>23 Rotherham Harriers & Ac M55 1:00:10 1 Terry Eastwood (17) 18:45 2 Paul Clemmens (24) 20:54 3 Peter Neal (23) 20:31</p> <p>24 Neath Harriers M55 'A' 1:00:19 1 Neil Horsley (32) 20:45 2 Philip Crane (27) 19:54 3 David Crane (24) 19:40</p> <p>25 Thames Hare & Hounds M55 'B' 1:00:38 1 Rhodri Davies (29) 20:16 2 Rick Turner (25) 19:44 3 Mike Farmery (25) 20:38</p> <p>26 Bedford & County Ac M55 'A' 1:00:51 1 C Andrews (39) 22:29 2 James McMahon (22) 16:53 3 Robert Lands (26) 21:29</p> <p>27 Holmfirth Harriers Ac M55 1:01:54 1 Ricky South (22) 19:15 2 Andy Hauser (26) 20:48 3 Kevin Yewlett (27) 21:51</p> <p>28 Matlock Athletic Club M55 1:02:32 1 Simon Brister (25) 19:23 2 Steve Holt (32) 23:33 3 James Thorneycroft (28) 19:36</p> <p>29 Sale Harriers Manchester M55 1:02:39 1 Frank Cordingley (27) 20:07 2 Bruce Green (29) 20:56 3 Jerry Smith (29) 21:36</p> <p>30 Wolverhampton & Bilston M55 'B' 1:03:49 1 Fred Smith (37) 21:58 2 Steve Loundes (36) 22:14 3 Paul Carroll (30) 19:37</p> <p>31 Neath Harriers M55 'B' 1:04:26 1 Robert Bamsey (35) 21:26 2 Howard Carpenter (30) 21:01 3 Simon Partridge (31) 21:59</p> <p>32 North Shields Polytechnic Club 1:05:54 1 Ian Richardson (36) 21:53 2 Peter Atkinson (33) 21:23 3 Chris Oliphant (32) 22:38</p> <p>33 Bournville Harriers M55 1:07:02 1 Peter Hickman (31) 20:44 2 Stephen Doswell (35) 22:57 3 John Cheel (33) 23:21</p> <p>34 Tipton Harriers M55 1:07:27 1 Alan Grice (33) 20:53 2 Ray Stanier (34) 22:35 3 Keith Best (34) 23:59</p> <p>35 Tonbridge Ac M55 1:07:36 1 Cain Bradley (34) 21:19 2 Brian Buckwell (31) 21:20 3 Maurice Marchant (35) 24:57</p> <p>36 Middleton Harriers M55 1:09:50 1 Craig Sutherland (40) 22:39 2 Stephen Granville (37) 23:20 3 Barrie Fairbrother (36) 23:51</p> <p>37 Vale Royal Ac M55 1:10:34 1 C Griffiths (41) 22:52 2 Richard Pettitt (38) 24:06 3 Colin Rathbone (37) 23:36</p> <p>Incomplete Teams:</p> <p style="padding-left: 40px;">Aldershot Farnham & District 1 Austin Soane (4) 17:31 2 Tony Davies (13) 20:23</p> <p style="padding-left: 40px;">Altrincham & District Ac M55 'B' 1 Lockie Campbell (28) 20:10</p> <p style="padding-left: 40px;">Coventry Godiva Harriers M55 1 Peter Banks (30) 20:42</p> <p style="padding-left: 40px;">Birmingham Running A&t M55 'B' 1 John Llewellyn (38) 22:13</p> <p>Fastest of all legs — Final</p> <p>1 Martin Rees Croup 55 A 16:28 2 James McMahon Bedford55 A 16:53 3 Simon Calrow Wolves 55 A 17:22 = Michael Boyle HerneHil55 17:22 5 Chris Ireland Sheff'Id55 17:27 = David Ogden SLondon55 A 17:27 7 Mark Burnhope BRAT 55 A 17:30 8 Austin Soane AFD 55 17:31 9 David Cox Woodford55 17:32 10 Tony Pamphilon Woodford55 17:34</p>
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28th National Masters Road Relays at Sutton Park, Birmingham on Saturday 14th May 2016

- Men over 65 Stage 1 - Final Results

Pos	Name	Club	Leg Time			
1	Robert Taylor	Stockprt65	18:36	8	Peter Ellerton	Bingley 65 21:22
2	Michael Curley	Sale 65	19:46	9	David Jones	Stratfrd65 21:35
3	MarkMcNally	Elswick 65	19:50	10	Dennis Brown	WoldsVet65 22:36
4	Michael Cranwell	Croupier65	20:10	11	Colin Davies	Altr'ham65 22:40
5	Michael Marsters	Rotherhm65	20:13	12	Tommy Daniels	Salford65 A 23:27
6	Stephen Beardsell	Holmf'th65	20:14	13	Stewart Darlington	Salford65 B 25:23
7	Nicholas Bingham	Barnet 65	21:15			

- Men over 65 Stage 2 - Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 2:	
1	Frank Reilly	Stockprt65	19:41	38:17	0	1	Frank Reilly Stockprt65 19:41
2	Stephen White	Elswick 65	20:07	39:57	+ 1	2	Alan Norman Salford65 A 19:55
3	Malcolm Palfreyman	Rotherhm65	20:47	41:00	+ 2	3	Stephen White Elswick 65 20:07
4	Michael Davies	Croupier65	20:59	41:09	0	4	Malcolm Palfreyman Rotherhm65 20:47
5	Liam O'hare	Barnet 65	20:55	42:10	+ 2	5	Liam O'hare Barnet 65 20:55
6	Stuart Thompson	Bingley 65	21:28	42:50	+ 2	6	Michael Davies Croupier65 20:59
7	Alan Norman	Salford65 A	19:55	43:22	+ 5	7	Dave Telford Altr'ham65 21:02
8	Roger Wilson	Stratfrd65	22:01	43:36	+ 1	8	Stuart Thompson Bingley 65 21:28
9	Dave Telford	Altr'ham65	21:02	43:42	+ 2	9	Roger Wilson Stratfrd65 22:01
10	Fechin McCormick	Sale 65	24:22	44:08	- 8	10	Steven Green WoldsVet65 22:02
11	Phillip Senior	Holmf'th65	24:13	44:27	- 5		
12	Steven Green	WoldsVet65	22:02	44:38	- 2		
13	Robert Towell	Salford65 B	24:36	49:59	0		

- Men over 65 Stage 3 - Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 3:	
1	Alan Pover	Stockprt65	20:36	58:53	0	1	Robert Tintinger Rotherhm65 19:35
2	Harry Matthews	Elswick 65	20:29	1:00:26	0	2	Desmond Michael Barnet 65 19:36
3	Robert Tintinger	Rotherhm65	19:35	1:00:35	0	3	Harry Matthews Elswick 65 20:29
4	Desmond Michael	Barnet 65	19:36	1:01:46	+ 1	4	Alan Pover Stockprt65 20:36
5	John Plain	Croupier65	22:21	1:03:30	- 1	5	Bryan Parkinson Bingley 65 20:43
6	Bryan Parkinson	Bingley 65	20:43	1:03:33	0	6	Jeff Norman Altr'ham65 20:54
7	Jeff Norman	Altr'ham65	20:54	1:04:36	+ 2	7	Rob Kersey Holmf'th65 21:30
8	Rob Kersey	Holmf'th65	21:30	1:05:57	+ 3	8	Michael Dunne Sale 65 21:59
9	Michael Dunne	Sale 65	21:59	1:06:07	+ 1	9	John Plain Croupier65 22:21
10	Roland Bowness	Salford65 A	22:49	1:06:11	- 3	10	Roland Bowness Salford65 A 22:49
11	Phillip Brennan	Stratfrd65	24:04	1:07:40	- 3		
12	William Ward	WoldsVet65	27:24	1:12:02	0		
13	Dennis Moran	Salford65 B	24:48	1:14:47	0		

Men over 65 — Team Results — Final

(nn) is team position after the appropriate stage.

1	Stockport Harriers & Ac M65	58:53	10	Salford Harriers & Ac M65	'A' 1:06:11
1	Robert Taylor (1) 18:36	2	Frank Reilly (1) 19:41	1	Tommy Daniels (12) 23:27
3	Alan Pover (1) 20:36			2	Alan Norman (7) 19:55
2	Elswick Harriers M65	1:00:26	11	Stratford Upon Avon Ac M65	1:07:40
1	Mark McNally (3) 19:50	2	Stephen White (2) 20:07	1	David Jones (9) 21:35
3	Harry Matthews (2) 20:29			2	Roger Wilson (8) 22:01
3	Rotherham Harriers & Ac M65	1:00:35	12	Wolds Veteran Rc M65	1:12:02
1	Michael Marsters (5) 20:13	2	Malcolm Palfreyman (3) 20:47	1	Dennis Brown (10) 22:36
3	Robert Tintinger (3) 19:35			2	Steven Green (12) 22:02
4	Barnet & District Ac M65	1:01:46	13	Salford Harriers & Ac M65	'B' 1:14:47
1	Nicholas Bingham (7) 21:15	2	Liam O'hare (5) 20:55	1	Stewart Darlington (13) 25:23
3	Desmond Michael (4) 19:36			2	Robert Towell (13) 24:36
5	Les Croupiers M65	1:03:30	Fastest of all legs — Final		
1	Michael Cranwell (4) 20:10	2	Michael Davies (4) 20:59	1	Robert Taylor Stockprt65 18:36
3	John Plain (5) 22:21			2	Robert Tintinger Rotherhm65 19:35
6	Bingley Harriers & Ac M65	1:03:33		3	Desmond Michael Barnet 65 19:36
1	Peter Ellerton (8) 21:22	2	Stuart Thompson (6) 21:28	4	Frank Reilly Stockprt65 19:41
3	Bryan Parkinson (6) 20:43			5	Michael Curley Sale 65 19:46
7	Altrincham & District Ac 65	1:04:36		6	Mark McNally Elswick 65 19:50
1	Colin Davies (11) 22:40	2	Dave Telford (9) 21:02	7	Alan Norman Salford65 A 19:55
3	Jeff Norman (7) 20:54			8	Stephen White Elswick 65 20:07
8	Holmfirth Harriers Ac M65	1:05:57		9	Michael Cranwell Croupier65 20:10
1	Stephen Beardsell (6) 20:14	2	Phillip Senior (11) 24:13	10	Michael Marsters Rotherhm65 20:13
3	Rob Kersey (8) 21:30				
9	Sale Harriers Manchester M65	1:06:07			
1	Michael Curley (2) 19:46	2	Fechin McCormick (10) 24:22		
3	Michael Dunne (9) 21:59				