

# Sunderland 5K Road Race July 15 2015

Senior Women & Male Vets O50 Results - 15th July 2015

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Guy Bracken (632)	North Shields Poly	15.39 O50	68	Dale Wilkinson (559)	Sunderland Strollers	21.19 O50
2	Justina Heslop (552)	Elswick Harriers	16.28 F O35	69	Michael Baker (640)	Tyne Bridge	21.26 O55
3	Amelia Pettit (616)	Vale Royal	17.11 F	70	Geoffrey Rushworth (587)	Unattached	21.28 O55
4	Tim Field (507)	Sunderland Harriers	17.14 O50	71	Sarah Graham (575)	Wallsend Harriers	21.29 F
5	Rosie Smith (635)	Durham City	17.16 F	72	Sarah Davies (619)	Elvet Striders	21.31 F O45
6	Keith Smith (595)	Tyne Bridge	17.20 O50	73	Gillian Turnbull (502)	Sunderland Harriers	21.37 F
7	Alexandra Sneddon (572)	Jarrow & Hebburn	17.20 F	74	Keith Hadden (609)	Heaton Harriers	21.42 O50
8	Emma Holt (532)	Morpeth Harriers	17.23 F	75	Vince Emmett (622)	Sunderland Harriers	21.45 O60
9	Rob Hancox (531)	Morpeth Harriers	17.31 O50	76	Dianne Vaughan (613)	Quakers	21.55 F O50
10	Alison Dargie (554)	Tyne Bridge	17.43 F O40	77	David White (571)	Sunderland Harriers	21.56 O65
11	Graham Armstrong (604)	Wallsend Harriers	17.45 O50	78	Vicki Cotton (513)	Sunderland Harriers	21.57 F O35
12	Jacqueline Penn (524)	North Shields Poly	17.57 F	79	Joe Glancy (628)	Sunderland Strollers	22.01 O50
13	Michael Taggart (631)	Unattached	17.59 O50	80	Colleen Compson (512)	Sunderland Harriers	22.03 F O40
14	Joanna Owens (591)	Alnwick Harriers	18.02 F O35	81	Allen Mulliss (586)	Heaton Harriers	22.11 O55
15	Paul Redman (584)	Sunderland Harriers	18.10 O50	82	Fred Judson (519)	Sunderland Harriers	22.12 O55
16	Paul Brown (590)	Morpeth Harriers	18.11 O50	83	Lucy Wallace (585)	Unattached	22.13 F
17	Chloe Price (638)	Durham City	18.12 F	84	Mary Lisle (530)	Elswick Harriers	22.15 F O35
18	Kerie Pearson (647)	City of Hull	18.27 F	85	Alan Wilks (598)	Aycliffe Road Runn	22.19 O65
19	Alan Thompson (637)	Elswick Harriers	18.28 O50	86	Catherine Purdy (621)	Sunderland Harriers	22.23 F
20	Colin Hodgson (569)	Blackhill Bounders	18.29 O50	87	Bill Bittlestone (511)	Sunderland Harriers	22.25 O65
21	Ian Norman (589)	Heaton Harriers	18.30 O50	88	Stevie Curry (611)	Elswick Harriers	22.29 O50
22	Lydia Sharpe (574)	Eryri Harriers	18.34 F	89	Caroline Fleetwood (520)	Sunderland Harriers	22.30 F O35
23	Vicky Gibbs (606)	Morpeth Harriers	18.43 F O35	90	Vicky Haswell (557)	Sunderland Harriers	22.39 F O35
24	Louise Rodgers (547)	Tyne Bridge	18.51 F O40	91	Louise Dykes (614)	Bill Marsh House H	22.45 F O35
25	Ritchie Gerry (617)	Sunderland Strollers	18.59 O50	92	Jenna Wilkinson (562)	Unattached	22.58 F
26	Jessica Fox (515)	Sunderland Harriers	19.02 F	93	Vicki Thompson (526)	Jarrow & Hebburn	23.01 F O40
27	Gavin Bayne (639)	Morpeth Harriers	19.03 O60	94	Kirsty Walker (567)	Durham City	23.07 F
28	Sophie Marr (610)	Tyne Bridge	19.12 F	95	George Hurst (612)	Unattached	23.19 O65
29	David Nicholson (653)	Unattached	19.21 O60	96	Leanne Wellings (561)	Gateshead Harriers	23.24 F O40
30	Mark McNally (602)	Elswick Harriers	19.26 O65	97	Kathryn Watt (501)	Sunderland Harriers	23.46 F
31	Catriona Macdonald (645)	Morpeth Harriers	19.29 F	98	Michelle O'Neill (539)	Sunderland Strollers	23.47 F O45
32	Richard Tailford (568)	Tyne Bridge	19.31 O50	99	Liz Lamb (642)	Durham City	23.48 F O55
33	John Stephens (563)	Low Fell RC	19.37 O50	100	John Dennis (593)	Unattached	23.57 O60
34	Alistair Macdonald (646)	Morpeth Harriers	19.44 O50	101	Eleanor Spencer-regan (597)	Unattached	24.12 F
35	Geoff Hewitson (527)	Crook AC	19.45 O55	102	Sarah Stokoe (506)	Elswick Harriers	24.13 F O40
36	Peter Scaife (528)	Morpeth Harriers	19.50 O50	103	Stuart Reay (523)	Durham City	24.17 O55
37	Geoff Robinson (643)	Jarrow & Hebburn	19.51 O55	104	Alan Chapman (503)	Sunderland Harriers	24.26 O55
38	Nicola Woodward (556)	Sunderland Harriers	19.53 F O35	105	Kim Fox (510)	Sunderland Harriers	24.33 F O45
39	David Hindmarsh (550)	Alnwick Harriers	19.56 O50	106	Ian Springthorpe (542)	Unattached	24.36 O50
40	Katy Walton (565)	Elvet Striders	20.03 F	107	Denise Forster (625)	Unattached	24.37 F
41	John Watson (504)	Low Fell RC	20.10 O55	108	Roseanne Dougan (600)	Unattached	24.38 F O35
42	Peter Richardson (623)	Sunderland Harriers	20.17 O60	109	Maureen Hern (516)	Sunderland Harriers	24.39 F O45
43	Rachel Bentley (521)	Durham City	20.24 F	110	Tony Maddocks (580)	Wallsend Harriers	24.42 O50
44	Malcolm Thirlaway (581)	Gateshead Harriers	20.27 O55	111	Debra James (514)	Sunderland Harriers	24.44 F O45
45	Joy Fenwick (533)	Tyne Bridge	20.28 F	112	Christine Woods (636)	Durham City	24.47 F O55
46	Nina Cameron (543)	Heaton Harriers	20.30 F O45	113	Noreen Rees (579)	North Shields Poly	25.10 F O60
47	Dave Brignall (627)	Heaton Harriers	20.32 O55	114	Steve Woodward (608)	Unattached	25.15 O65
48	Robert Wilson (633)	Elswick Harriers	20.37 O55	115	Susan Clughen (558)	Sunderland Harriers	25.17 F O60
49	Rebecca Bennett (545)	Gateshead Harriers	20.39 F	116	Ron Avery (570)	Sunderland Strollers	25.20 O65
50	Judith Thirlwell (588)	Sunderland Harriers	20.39 F O40	117	Lisa Dawkins (649)	Hartlepool Burn Ro	25.26 F O35
51	Kelly Dodds (618)	Heaton Harriers	20.45 F O35	118	Catherine Baldrige (596)	Unattached	25.46 F O45
52	Kim Simpson (566)	Durham City	20.47 F	119	Michelle Mustard (534)	Seafrunt Smilers	25.47 F O45
53	Alison Brown (603)	Morpeth Harriers	20.50 F	120	Helen Whitmore (594)	Unattached	26.33 F O50
54	Catherine Lee (525)	Elswick Harriers	20.54 F	121	Melvin Relton (592)	North East Vets	27.07 O65
55	Alison Dixon (644)	North Shields Poly	20.57 F	122	Tara Horner (535)	Seafrunt Smilers	27.21 F O40
56	Kelly Bentley (522)	Houghton Harriers	20.59 F O50	123	Julie Guy (546)	North Shields Poly	27.37 F O45
57	David Johnson (544)	North Shields Poly	21.00 O55	124	Maxine Minchella (615)	Unattached	27.52 F O55
58	Alison Cummings (573)	North Shields Poly	21.02 F O55	125	Deb Smith (583)	Sunderland Harriers	27.53 F O45
59	Michael McNally (641)	Jarrow & Hebburn	21.05 O50	126	Angela Calvert (509)	Sunderland Harriers	27.54 F O35
60	Kate Dyson (549)	North Shields Poly	21.10 F	127	Lucie Forster (582)	Sunderland Harriers	27.54 F
61	Rachel Ball (576)	Sunderland Strollers	21.12 F	128	Karen Makin (651)	Unattached	28.15 F O50
62	Alison Smith (551)	North Shields Poly	21.13 F O40	129	Claire Tough (630)	Unattached	28.34 F
63	Paula Atkinson (650)	South Shields	21.14 F O35	130	Margaret Thompson (508)	Sunderland Harriers	28.44 F O50
64	Louise Warner (626)	Elvet Striders	21.15 F O35	131	Victoria Coxon (537)	Durham City	29.20 F O40
65	Valerie Wilson (541)	Elswick Harriers	21.16 F O50	132	Elaine Cummings (652)	Unattached	30.38 F
66	Ian Richardson (634)	North Shields Poly	21.16 O65	133	Laura Tedstone (555)	Aurora Harriers	31.30 F O40
67	Clare Twaddle (548)	North Shields Poly	21.17 F O35	134	Michelle Donnelly (629)	Sunderland Strollers	32.41 F O40

# Sunderland 5K Road Race July 15 2015

Senior Results & Male VetsnO40 - 15th July 2015

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Carl Smith (138)	Leeds City	14.37	67	Steven Medd (39)	Gateshead Harriers	17.22
2	Lewis Timmins (161)	Morpeth Harriers	14.52	68	Simon Ellis (110)	North Shields Poly	17.24
3	Daniel Jenkin (155)	Durham City	14.56	69	Michael Barker (144)	Sunderland Harriers	17.24
4	Howell Craske (177)	Corstorphine AC	14.57	70	Ken Harker (94)	Richmond & Zetlan	17.26
5	Carl Avery (109)	Morpeth Harriers	14.57	71	Wouter Van Dijk (48)	Durham City	17.29
6	Barry Maskell (188)	Gateshead Harriers	15.10	72	Cameron Allan (106)	Durham City	17.34
7	Ross Floyd (50)	Morpeth Harriers	15.11	73	Martin Slater (64)	Gateshead Harriers	17.36
8	Adrian Bailes (167)	Birtley AC	15.12	74	Thomas Martin (194)	Unattached	17.38
9	Chris Smith (130)	Morpeth Harriers	15.13	75	Jon Moss (42)	Tyne Bridge	17.39
10	Dan Johnson (163)	Gateshead Harriers	15.15	76	Jason Stirland (120)	North Shields Poly	17.41
11	Ian Harding (68)	Morpeth Harriers	15.17	77	Mark Banks (196)	Heaton Harriers	17.42
12	Thomas Straughan (169)	Morpeth Harriers	15.20	78	Christopher Bell (77)	Sunderland Harriers	17.43
13	Jordan Bell (154)	Blackhill Bounders	15.24	79	Michael Heskett (2)	Sunderland Harriers	17.46
14	Kevin Calvert (118)	Morpeth Harriers	15.29	80	Jack Tallentire (108)	Sunderland Harriers	17.46
15	Karl Taylor (132)	Morpeth Harriers	15.31	81	Simon Gardner (23)	Elvet Striders	17.47
16	Kevin Jeffress (1)	Sunderland Harriers	15.32	82	David Stainthorpe (117)	North Shields Poly	17.49
17	Jed Marshall (142)	Gateshead Harriers	15.34	83	Declan Munnelly (84)	Sunderland Strollers	17.49
18	Tom Charlton (32)	Tyne Bridge	15.37	84	Richard Harrison (61)	Unattached	17.51
19	Terry Scott (111)	Tyne Bridge	15.38	85	Jack Armstrong (133)	Morpeth Harriers	17.53
20	Finn Brodie (95)	Tyne Bridge	15.44	86	Luke Aston (179)	Blackhill Bounders	17.55
21	Sam Hancox (45)	Morpeth Harriers	15.44	87	Thomas Bell (129)	Heaton Harriers	17.58
22	George Lowry (178)	Jarrow & Hebburn	15.48	88	Douglas Tinkner (166)	Tyne Bridge	17.58
23	David Morley (143)	Sunderland Harriers	15.50	89	Jeremy Pattison (71)	Richmond & Zetlan	17.58
24	Elliot Kelly (173)	Morpeth Harriers	15.51	90	Andrew Macrae (172)	Unattached	18.01
25	Andy Powell (10)	Sunderland Harriers	15.53	91	Steve Wellings (88)	Gateshead Harriers	18.01
26	Nathan Reed (150)	Sunderland Harriers	15.59	92	Wayne Pearson (193)	Unattached	18.04
27	Jordan Scott (96)	Morpeth Harriers	16.02	93	David Colpitts (46)	Tyne Bridge	18.05
28	Andy Graham (28)	Durham City	16.04	94	Nicolus Killeen (9)	Sunderland Harriers	18.05
29	Brendan Mcmillan (70)	Jarrow & Hebburn	16.04	95	Craig Downs (41)	Crook AC	18.05
30	Robert Eaton (73)	Durham City	16.05	96	John Cook (134)	Unattached	18.08
31	Steven McMahon (3)	Sunderland Harriers	16.07	97	Joel Thompson (56)	Durham City	18.18
32	Lee Bennett (187)	Elswick Harriers	16.08	98	Jason O'neil (55)	Unattached	18.20
33	Greg Chambers (100)	Gateshead Harriers	16.19	99	Kyle Howard (8)	Sunderland Harriers	18.22
34	Michael Laws (7)	Sunderland Harriers	16.20	100	Aidan Crowe (162)	Sunderland Strollers	18.22
35	Ian Dixon (75)	Sunderland Harriers	16.21	101	Peter Harrison (44)	Durham City	18.27
36	Fergus Bates (170)	Morpeth Harriers	16.21	102	Jonathan Heaney (33)	North Shields Poly	18.28
37	Lee Gifford (65)	Jarrow & Hebburn	16.23	103	Paul Waller (93)	Tyne Bridge	18.28
38	Michael Thompson (81)	Sunderland Harriers	16.23	104	Paul Tate (121)	Gateshead Harriers	18.31
39	Alex Polding (124)	Tyne Bridge	16.23	105	Andy Harrison (25)	Tyne Bridge	18.32
40	Jonathon Stephens (98)	Low Fell RC	16.26	106	Gareth Wills (66)	Sunderland Strollers	18.33
41	Paul Blakey (82)	Sunderland Harriers	16.28	107	Andy Duke (160)	Sunderland Strollers	18.35
42	Adam Pratt (86)	Tynedale Harriers	16.28	108	Mark Crowe (89)	Elswick Harriers	18.38
43	Leon Foster (203)	Leeds City	16.33	109	David Antill (22)	Tyne Bridge	18.39
44	Steven Duffy (135)	Gateshead Harriers	16.37	110	Mike Hobson (116)	Sunderland Strollers	18.41
45	Tommy Brannon (26)	North Shields Poly	16.39	111	Nick Varley (145)	Tyne Bridge	18.42
46	Paul Turnbull (140)	Tyne Bridge	16.43	112	Chris Waite (27)	North Shields Poly	18.43
47	Mark Snowball (186)	Morpeth Harriers	16.47	113	Antony Beynon (127)	Elswick Harriers	18.43
48	Ian Pickett (47)	Tyne Bridge	16.50	114	Alan Ball (97)	Jarrow & Hebburn	18.44
49	Scott Boyd (128)	Billingham Marsh	16.52	115	Ben Hall (36)	Elswick Harriers	18.54
50	Chris Graham (139)	Tyne Bridge	16.54	116	Sean Mcintyre (126)	Wallsend Harriers	19.01
51	Sean Mackie (151)	Sunderland Harriers	16.55	117	Tony Allinson (13)	Sunderland Harriers	19.11
52	Stephen Barker (58)	Tyne Bridge	16.55	118	Michael Henderson (103)	Sunderland Strollers	19.12
53	Rob Everson (21)	Elvet Striders	16.55	119	Garry Patterson (175)	Low Fell RC	19.14
54	Stephen Jackson (136)	Elvet Striders	16.58	120	James Johnson (122)	Sunderland Harriers	19.22
55	Simon Lyon (147)	Wallsend Harriers	17.01	121	Richard Campbell (181)	Aycliffe RC	19.25
56	Simon Bennett (141)	Hartlepool Burn Ro	17.01	122	Philip Green (62)	Heaton Harriers	19.27
57	Jonathan Howe (80)	Sunderland Harriers	17.09	123	Aaron Nicholls (199)	South Shields	19.35
58	Ian Robinson (174)	Heaton Harriers	17.11	124	Nicholas Pearson (24)	Tyne Bridge	19.38
59	Jason Old (38)	Elswick Harriers	17.12	125	Michael Potter (157)	Gateshead Harriers	19.46
60	Michael Edwards (83)	Sunderland Harriers	17.12	126	Douglas Long (87)	Low Fell RC	19.46
61	Andy Smythe (63)	Tyne Bridge	17.13	127	Dean Phillips (78)	Sunderland Harriers	19.55
62	David Moir (115)	Tyne Bridge	17.13	128	Christopher Maynard (176)	Sunderland Strollers	19.58
63	Gareth Pritchard (60)	Elvet Striders	17.14	129	John Lowes (34)	Elswick Harriers	19.59
64	Graham Hunt (171)	Durham City	17.17	130	Craig Smith (197)	Unattached	20.01
65	Matty Tomlinson (185)	Tyne Bridge	17.20	131	James Green (180)	Heaton Harriers	20.02
66	Matt Forster (158)	Morpeth Harriers	17.21	132	Lee Coulson (43)	Elswick Harriers	20.07

Pos	Name	Club	Time		Pos	Name	Time
133	Mark Wood (131)	South Shields	20.09	O40			
134	Shaun Bagley (11)	Sunderland Harriers	20.13				
135	Robert Emson (40)	Elswick Harriers	20.19	O45			
136	Graeme Walton (184)	Elvet Striders	20.20	O40			
137	John Coates (200)	Unattached	20.21	O40			
138	David Bruce (152)	Unattached	20.31				
139	Stephen Allen (35)	Sunderland Strollers	20.47				
140	Trevor Wakenshaw (191)	North Shields Poly	20.50	O45			
141	Robert Watson (198)	Unattached	20.51	O45			
142	Kris Cattle (148)	Sunderland Strollers	20.53				
143	Michael Taggart (102)	Unattached	20.54	O40			
144	Gary Fox (16)	Sunderland Harriers	20.56	O45			
145	Christopher Morrow (123)	Sunderland Strollers	21.07				
146	Lee Walker (125)	Wallsend Harriers	21.09	O40			
147	Anthony Erskine (107)	Sunderland Harriers	21.15	O40			
148	Liam Moir (6)	Sunderland Harriers	21.18				
149	Andrew Dobinson (137)	Unattached	21.20	O45			
150	Daniel Nettle (52)	Elswick Harriers	21.21	O40			
151	David Savage (74)	Sunderland Harriers	21.22	O45			
152	Barry Marlee (15)	Sunderland Harriers	21.23	O45			
153	Stephen Mills (189)	Crook AC	21.26	O40			
154	David Coxon (53)	Durham City	21.38	O40			
155	Alan Mcmanus (5)	Sunderland Harriers	21.49				
156	Jonathon Mason (201)	Unattached	21.55				
157	Richard Hall (54)	Elvet Striders	22.01				
158	Christopher Wilks (165)	Unattached	22.15	O40			
159	Steven Badley (192)	Unattached	22.21				
160	Stewart Metcalf (204)	Unattached	22.28				
161	Paul Riddell (114)	Sunderland Strollers	22.55				
162	Andrew Hodgson (182)	Sunderland Strollers	23.31				
163	Richard Hughes (164)	Quakers RC	23.37	O45			
164	Alister Robson (190)	Unattached	23.38	O40			
165	David Jones (202)	Unattached	24.17				
166	Robert Clark (79)	Unattached	24.36				
167	Neal Harper (59)	Unattached	25.38				
168	Matty Dawkins (183)	Hartlepool Burn Ro	25.45				
169	Andrew Reah (92)	Unattached	26.21				
170	David Stothard (57)	Unattached	29.55	O45			
171	Mark Bolam (146)	Unattached	31.42	O40			