

SEAA Masters Cross Country Championships 2015 at Biggleswade on Saturday 12th December 2015

Race 1 - Men aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time
1	58	Chris Greenwood	V40 1	Kent AC	32:12
2	12	Howard Bristow	V40 2	Brighton & Hove AC	33:23
3	48	Simon Coombes	V40 3	Herne Hill Harriers	34:30
4	5	Alex Hamilton	V40 4	Basingstoke & Mid Hants AC	34:32
5	45	Jim Cooper	V40 5	Harrow AC	34:34
6	6	Neil Miller	V40 6	Bedford & County AC	35:15
7	96	Simon Barrett	V40 7	Serpentine RC	35:35
8	80	Nick Shasha	V40 8	Orion Harriers	35:37
9	57	Stuart Beaney	V40 9	Kent AC	35:40
10	150	Jim McConnell	V4010	North Herts Road Runners	35:44
11	59	Phil Sanders	V4011	Kent AC	35:48
12	50	Robin Jones	V4012	Herne Hill Harriers	35:57
13	121	Paul Heaphy	V4013	Thames Valley Harriers	36:52
14	43	Mark Dickinson	V4014	Garden City Runners	37:25
15	117	Paul Veitch	V4015	St Neots Riverside Runners	37:57
16	76	Adam Baker	V4016	Orion Harriers	38:13
17	61	Stephen Throssell	V4017	Larkfield AC	38:19
18	52	Fergus Power	V4018	Herne Hill Harriers	38:36
19	26	Paul Rogers	V4019	Colchester Harriers AC	38:45
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SEAA Masters Cross Country Championships 2015 at Biggleswade on Saturday 12th December 2015

Race 1 - Men aged 40 to 49

Pos	Num	Name	Cat/Pos	Club	Time					
1	58	Chris Greenwood	V40 1	Kent AC	32:12					
2	12	Howard Bristow	V40 2	Brighton & Hove AC	33:23					
3	48	Simon Coombes	V40 3	Herne Hill Harriers	34:30					
4	5	Alex Hamilton	V40 4	Basingstoke & Mid Hants AC	34:32					
5	45	Jim Cooper	V40 5	Harrow AC	34:34					
6	6	Neil Miller	V40 6	Bedford & County AC	35:15					
7	23	Spencer Goodall	V45 1	City Of Norwich AC	35:23					
8	96	Simon Barrett	V40 7	Serpentine RC	35:35					
9	80	Nick Shasha	V40 8	Orion Harriers	35:37					
10	57	Stuart Beaney	V40 9	Kent AC	35:40					
11	150	Jim McConnell	V4010	North Herts Road Runners	35:44					
12	59	Phil Sanders	V4011	Kent AC	35:48					
13	50	Robin Jones	V4012	Herne Hill Harriers	35:57					
14	125	Andrew Mitchell	V45 2	Thames Valley Harriers	36:05					
15	28	Allen Smalls	V45 3	Colchester Harriers AC	36:09					
16	74	Mark Vaughan	V45 4	North Herts Road Runners	36:19					
17	13	Graham Godden	V45 5	Brighton & Hove AC	36:27					
18	82	Barny Foot	V45 6	Orion Harriers	36:38					
19	107	Andrew Reeves	V45 7	Serpentine RC	36:48					
20	121	Paul Heaphy	V4013	Thames Valley Harriers	36:52					
21	81	Mark Dillon	V45 8	Orion Harriers	36:57					
22	43	Mark Dickinson	V4014	Garden City Runners	37:25					
23	33	Charles Lound	V45 9	Dulwich Runners	37:41					
24	8	Stuart Still	V4510	Bedford & County AC	37:51					
25	117	Paul Veitch	V4015	St Neots Riverside Runners	37:57					
26	14	Adam Tribe	V4511	Brighton & Hove AC	37:59					
27	53	Jonathon Radcliffe	V4512	Herne Hill Harriers	38:00					
28	108	Roger Reid	V4513	Serpentine RC	38:00					
29	20	Christian Poulton	V4514	Cambridge Harriers	38:01					
30	68	Jonathan Hopkin	V4515	London Heathside	38:08					
31	76	Adam Baker	V4016	Orion Harriers	38:13					
32	61	Stephen Throssell	V4017	Larkfield AC	38:19					
33	105	Peter Clarke	V4516	Serpentine RC	38:20					
34	67	Howard Gold	V4517	London Heathside	38:34					
35	52	Fergus Power	V4018	Herne Hill Harriers	38:36					
36	75	James Walsh	V4518	North Herts Road Runners	38:36					
37	26	Paul Rogers	V4019	Colchester Harriers AC	38:45					
38	122	Christian Nielsen	V4020	Thames Valley Harriers	38:56					
39	100	William McAvock	V4519	Serpentine RC	39:04					
40	64	Jonathan Litchfield	V4021	London Heathside	39:05					
					41	116	Christopher Westcott	V4022	Stevenage & North Herts AC	39:08
					42	83	Gilles Hopkinson	V4520	Orion Harriers	39:09
					43	94	Richard Harrison	V4521	Royston Runners	39:10
					44	136	Andrew Preston	V4522	Wymondham AC	39:11
					45	101	Jonathan Moscrop	V4023	Serpentine RC	39:13
					46	27	Keith Marley	V4523	Colchester Harriers AC	39:28
					47	62	Nick Haward	V4024	London Heathside	39:50
					48	36	Mark Kencroft	V4524	Ealing Southall & Middx AC	39:54
					49	112	Gareth Edwards	V4025	Shaftesbury Barnet Harriers	39:56
					50	4	Darren White	V4525	Barnet & District AC	39:59
					51	93	Graham Hill	V4026	Royston Runners	40:03
					52	95	Vince Long	V4526	Royston Runners	40:14
					53	70	Rob Schulman	V4527	London Heathside	40:24
					54	114	Craig Dowie	V4528	St Albans Striders	40:25
					55	46	Graeme Jones	V4027	Harrow AC	40:28
					56	126	Steve Norris	V4529	Thames Valley Harriers	40:37
					57	119	Paul Ridley	V4530	St Neots Riverside Runners	41:24
					58	17	Dom Fiore	V4028	Cambridge Harriers	41:26
					59	79	Richard Kingsnorth	V4029	Orion Harriers	41:37
					60	99	Alex Jeffreys	V4030	Serpentine RC	41:38
					61	120	Greg Bennett	V4031	Thames Valley Harriers	41:52
					62	91	Nick Huskinson	V4032	Reading AC	41:54
					63	97	Gavin Edmonds	V4033	Serpentine RC	42:05
					64	92	Andy Macdonald	V4531	Reading AC	42:06
					65	135	Karl Chapman	V4532	Wymondham AC	42:11
					66	78	Stuart Colley	V4034	Orion Harriers	42:19
					67	3	Robert Scott	V4533	Barnet & District AC	42:20
					68	7	Jim Black	V4534	Bedford & County AC	42:39
					69	30	Gavin Newton	V4535	Crawley AC	42:46
					70	103	Tom Poynton	V4035	Serpentine RC	43:08
					71	123	Richard Bell	V4536	Thames Valley Harriers	43:13
					72	115	Anthony Nicolson	V4537	St Albans Striders	43:38
					73	98	Alex Elferink	V4036	Serpentine RC	44:36
					74	137	Mark Tufts	V4538	Wymondham AC	44:58
					75	49	Ben Halifax	V4037	Herne Hill Harriers	45:11
					76	106	Ian Johnson	V4539	Serpentine RC	45:20
					77	73	Vincent Wright	V4038	North Herts Road Runners	45:51
					78	19	Mal Pires	V4540	Cambridge Harriers	46:14
					79	55	John Luscombe	V4039	Hillingdon AC	48:27
					80	40	Darren Emmerson	V4541	Fairlands Valley Spartans	53:14
					81	42	Nick Witcombe	V4542	Fairlands Valley Spartans	1:04:22

Race 1 - Men aged 40 to 49 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Kent AC	22	—	1	Chris Greenwood	10	Stuart Beaney	11	Phil Sanders
2	Herne Hill Harriers	41	—	3	Simon Coombes	12	Robin Jones	26	Jonathon Radcliffe
3	Brighton & Hove AC	43	—	2	Howard Bristow	16	Graham Godden	25	Adam Tribe
4	Orion Harriers	46	—	9	Nick Shasha	17	Barny Foot	20	Mark Dillon
5	Serpentine RC	53	—	8	Simon Barrett	18	Andrew Reeves	27	Roger Reid
6	Thames Valley Harriers	69	—	13	Andrew Mitchell	19	Paul Heaphy	37	Christian Nielsen
7	Colchester Harriers AC	95	—	14	Allen Smalls	36	Paul Rogers	45	Keith Marley
8	Bedford & County AC	96	—	6	Neil Miller	23	Stuart Still	67	Jim Black
9	London Heathside	101	—	29	Jonathan Hopkin	33	Howard Gold	39	Jonathan Litchfield
10	North Herts Road Runners	126	—	15	Mark Vaughan	35	James Walsh	76	Vincent Wright
11	Royston Runners	143	—	42	Richard Harrison	50	Graham Hill	51	Vince Long
12	Cambridge Harriers	162	—	28	Christian Poulton	57	Dom Fiore	77	Mal Pires
13	Wymondham AC	180	—	43	Andrew Preston	64	Karl Chapman	73	Mark Tufts

SEAA Masters Cross Country Championships 2015

at Biggleswade on Saturday 12th December 2015

Race 2 - Men aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	314	Ben Reynolds	V50 1	Thames Hare & Hounds	33:58	31	266 David Newman	V5031	Hillingdon AC	41:23
2	290	Andrew Leach	V50 2	North Herts Road Runners	34:01	32	285 David Wright	V5032	Newbury AC	41:26
3	251	Alan Rowe	V50 3	Guernsey Island AAC	36:15	33	203 Paul Carter	V5033	Barnet & District AC	41:43
4	223	Colin Ridley	V50 4	Colchester Harriers AC	36:40	34	229 Tony Piper	V5034	Dartford Road Runners	41:48
5	207	Richard McCormick	V50 5	Barnet & District AC	36:45	35	291 Steve Williamson	V5035	North Herts Road Runners	41:51
6	264	Michael Ussher	V50 6	Highgate Harriers	36:51	36	320 David Birks	V5036	Trent Park Running Club	41:53
7	254	Mark Cursons	V50 7	Harrow AC	36:56	37	309 Steve Smith	V5037	St Albans Striders	41:58
8	213	Steve Herring	V50 8	Bedford & County AC	37:28	38	265 Andrew Malyan	V5038	Hillingdon AC	42:12
9	259	Graeme Moyses	V50 9	Herne Hill Harriers	37:29	39	241 John Harris	V5039	Fairlands Valley Spartans	42:39
10	230	David Moore	V5010	Dorking & Mole Valley AC	37:33	40	248 Sean Bowen	V5040	Garden City Runners	42:45
11	277	Chris Hartley	V5011	London Heathside	38:16	41	346 Richard Hooley	V5041	Thames Valley Harriers	42:55
12	205	Andrew Kelleher	V5012	Barnet & District AC	38:31	42	308 Alec Campbell	V5042	St Albans Striders	43:02
13	202	Martin Beare	V5013	Amptmill & Flitwick Flyers	38:36	43	231 John English	V5043	Dulwich Runers	43:04
14	226	John Flahive	V5014	London Heathside	38:49	44	236 Mark Cornell	V5044	Dunstable Road Runners	43:36
15	258	Gary Ironmonger	V5015	Herne Hill Harriers	38:49	45	237 Rob Curtis	V5045	Dunstable Road Runners	43:39
16	279	Paul Jarman	V5016	London Heathside	38:56	46	201 Lance Birkby	V5046	Aldershot Farnham & District A	43:43
17	272	Dean Angell	V5017	Horsham Joggers	39:07	47	288 Mark Cook	V5047	North Herts Road Runners	43:58
18	273	Steve Wigmore	V5018	Horsham Joggers	39:08	48	301 Paris Ataliotis	V5048	Serpentine RC	44:02
19	280	Tony Killilea	V5019	London Heathside	39:34	49	204 Jose Gomes	V5049	Barnet & District AC	44:36
20	284	Alan Twyford	V5020	Newbury AC	39:37	50	312 Gary Barnes	V5050	St Neots Riverside Runners	44:40
21	278	Dominic Jackson	V5021	London Heathside	39:47	51	322 Alan Roberts	V5051	Vale Of Aylesbury AC	44:41
22	307	Colin Braybrook	V5022	St Albans Striders	39:53	52	226 Vincent Golding	V5052	Crawley AC	44:42
23	225	Peter West	V5023	Colchester Harriers AC	39:54	53	218 Clem Dixon	V5053	Cambridge Harriers	44:47
24	243	David Riddell	V5024	Fairlands Valley Spartans	40:17	54	252 Paddy Butler	V5054	Hardley RC	46:02
25	216	John McCawley	V5025	Camberley & District AC	40:20	55	302 Paul Ogden	V5055	Serpentine RC	47:47
26	247	Andrew Noble	V5026	Folkestone AC	40:24	56	305 Ray Powell	V5056	Shaftesbury Barnet Harriers	52:21
27	210	Andy Blair	V5027	Bedford & County AC	40:36	57	242 Andy Jay	V5057	Fairlands Valley Spartans	53:13
28	289	Richard Harbon	V5028	North Herts Road Runners	40:47	58	298 Andy Angus	V5058	Queens Park Harriers	54:45
29	212	Paul Gooding	V5029	Bedford & County AC	41:04	59	293 David Davidson	V5059	Pitsea RC	58:52
30	232	Eberhard Prill	V5030	Dulwich Runers	41:07	60	268 Alan Wells	V5060	Hillingdon AC	1:03:36

Race 2 - Men aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time					
1	214	Jim McMahon	V55 1	Bedford & County AC	36:55	20	287 Andy Tuttle	V5520	Newbury AC	43:02
2	220	Michael Bridgeland	V55 2	Chelmsford AC	37:31	21	319 Andrew Gates	V5521	Totton RC	43:35
3	221	Derek Brown	V55 3	Chiltern Harriers AC	37:37	22	244 David Bowker	V5522	Fairlands Valley Spartans	43:38
4	261	Mike Boyle	V55 4	Herne Hill Harriers	37:51	23	249 Patrick Bird	V5523	Garden City Runners	43:44
5	255	Chris Finill	V55 5	Harrow AC	38:06	24	313 Steve Pledger	V5524	St Neots Riverside Runners	44:50
6	274	Pete O'Connell	V55 6	Horsham Joggers	38:32	25	283 Hassan Nahal	V5525	London Heathside	45:08
7	329	Tony Pamphilon	V55 7	Woodford Green W Essex L	39:26	26	270 Stevan Dokic	V5526	Hillingdon AC	45:24
8	228	Robert Creed	V55 8	Crawley AC	39:43	27	215 Colin Ross	V5527	Bedford Harriers AC	46:00
9	306	Paul Jeggo	V55 9	Springfield Striders	40:35	28	310 Richard Derrick	V5528	St Albans Striders	48:22
10	304	Kevin Murray	V5510	Serpentine RC	41:09	29	269 Robert Burton	V5529	Hillingdon AC	48:38
11	234	Steve Smythe	V5511	Dulwich Runers	41:19	30	311 Michael Jack	V5530	St Albans Striders	48:54
12	286	Irwin Fairclough	V5512	Newbury AC	41:22	31	271 Martin Searle	V5531	Hillingdon AC	49:33
13	227	David Cook	V5513	Crawley AC	42:02	32	250 Tim Cooke	V5532	Garden City Runners	50:17
14	240	Stewart Pepper	V5514	Enfield & Haringey AC	42:05	33	297 Donald Sinclair	V5533	Pitsea RC	51:39
15	219	David Kitcher	V5515	Cambridge Harriers	42:06	34	295 Peter McLaughlin	V5534	Pitsea RC	52:06
16	209	Peter Ellis	V5516	Barnet & District AC	42:27	35	296 James Russell	V5535	Pitsea RC	52:21
17	282	Gavin Evans	V5517	London Heathside	42:34	36	303 Roger Fretwell	V5536	Serpentine RC	53:33
18	235	Gary Sullivan	V5518	Dulwich Runers	42:37	37	294 Peter Flannigan	V5537	Pitsea RC	59:55
19	256	Mike Lepps	V5519	Harrow AC	42:59	38	245 Mark Freeman	V5538	Fairlands Valley Spartans	1:01:15

Race 2 - Men aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time					
1	431	Austin Soane	V60 1	Aldershot Farnham & District A	39:07	16	457 Hugh Balfour	V6016	Dulwich Runners	45:13
2	470	Richard Grant	V60 2	Oxford City AC	40:05	17	478 Robert Pick	V6017	Shaftesbury Barnet Harriers	45:14
3	472	Stewart Thorp	V60 3	Oxford City AC	40:39	18	480 Maurice Hemingway	V6018	St Neots Riverside Runners	46:03
4	444	David Wilcock	V60 4	Barnet & District AC	40:58	19	447 Colin Simpson	V6019	Brighton Phoenix AC	46:45
5	486	Steve Dodd	V60 5	Trent Park Running Club	41:59	20	466 Valdis Pauzers	V6020	Pauzers Valdis	46:55
6	446	Neil Lovesey	V60 6	Bedford Harriers AC	42:44	21	467 John Bignell	V6021	Hillingdon AC	47:17
7	476	Andrew Roberts	V60 7	Serpentine RC	42:45	22	458 Andy Murray	V6022	Dulwich Runners	47:31
8	450	Alan Black	V60 8	Cambridge Harriers	42:48	23	451 Jeremy Carmichael	V6023	Crawley AC	48:26
9	481	Phil Redden	V60 9	St Neots Riverside Runners	43:06	24	485 Malcolm Allen	V6024	Trent Park Running Club	48:46
10	452	Walter Hill	V6010	Crawley AC	43:18	25	475 David Hinds	V6025	Serpentine RC	48:58
11	435	Melfin Davies	V6011	Barnet & District AC	43:20	26	477 Greg Marshall	V6026	Serpentine RC	50:25
12	455	David Farrell	V6012	Dartford Road Runners	44:09	27	461 Bill Crane	V6027	Dunstable Road Runners	51:00
13	462	Steve Plested	V6013	Ealing Southall & Middx AC	44:23	28	468 John Myall	V6028	Hillingdon AC	51:22
14	471	Giovanni Puglisi	V6014	Oxford City AC	44:54	29	433 John Clarke	V6029	Barnet & District AC	52:10
15	454	Chris Dellow	V6015	Dartford Road Runners	44:57	30	463 Jeremy Barber	V6030	Hardley RC	55:59

Race 2 - Men aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time					
1	474	Roy Treadwell	V65 1	Oxford City AC	42:42	7	487 Chas Taylor	V65 7	Trent Park Running Club	49:08
2	460	Mike Mann	V65 2	Dulwich Runners	42:52	8	456 Roy Knight	V65 8	Dartford Road Runners	50:50
3	473	John Exley	V65 3	Oxford City AC	44:13	9	479 Russell Devitt	V65 9	Shaftesbury Barnet Harriers	52:33
4	453	David Beattie	V65 4	Crawley AC	44:52	10	483 Mike Mills	V6510	Totton RC	53:30
5	443	Desmond Michael	V65 5	Barnet & District AC	45:07	11	482 Simon Maddison	V6511	Thames Valley Harriers	58:08
6	464	Mick Anglim	V65 6	Hardley RC	45:52					

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Race 2 - Men (Vets) aged 50 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	314	Ben Reynolds	V50 1	Thames Hare & Hounds	33:58
2	290	Andrew Leach	V50 2	North Herts Road Runners	34:01
3	251	Alan Rowe	V50 3	Guernsey Island AAC	36:15
4	223	Colin Ridley	V50 4	Colchester Harriers AC	36:40
5	207	Richard McCormick	V50 5	Barnet & District AC	36:45
6	264	Michael Ussher	V50 6	Highgate Harriers	36:51
7	214	Jim McMahon.	V55 1	Bedford & County AC	36:55
8	254	Mark Cursons	V50 7	Harrow AC	36:56
9	213	Steve Herring	V50 8	Bedford & County AC	37:28
10	259	Graeme Moyse	V50 9	Herne Hill Harriers	37:29
11	220	Michael Bridgeland	V55 2	Chelmsford AC	37:31
12	230	David Moore	V5010	Dorking & Mole Valley AC	37:33
13	221	Derek Brown	V55 3	Chiltern Harriers AC	37:37
14	261	Mike Boyle	V55 4	Herne Hill Harriers	37:51
15	255	Chris Finill	V55 5	Harrow AC	38:06
16	277	Chris Hartley	V5011	London Heathside	38:16
17	205	Andrew Kelleher	V5012	Barnet & District AC	38:31
18	274	Pete O'Connell	V55 6	Horsham Joggers	38:32
19	202	Martin Beare	V5013	Amphill & Flitwick Flyers	38:36
20	276	John Flahive	V5014	London Heathside	38:49
21	258	Gary Ironmonger	V5015	Herne Hill Harriers	38:49
22	279	Paul Jarman	V5016	London Heathside	38:56
23	272	Dean Angell	V5017	Horsham Joggers	39:07
24	273	Steve Wigmore	V5018	Horsham Joggers	39:08
25	329	Tony Pamphilon	V55 7	Woodford Green W Essex L	39:26
26	280	Tony Killilea	V5019	London Heathside	39:34
27	284	Alan Twyford	V5020	Newbury AC	39:37
28	228	Robert Creed	V55 8	Crawley AC	39:43
29	278	Dominic Jackson	V5021	London Heathside	39:47
30	307	Colin Braybrook	V5022	St Albans Striders	39:53
31	225	Peter West	V5023	Colchester Harriers AC	39:54
32	243	David Riddell	V5024	Fairlands Valley Spartans	40:17
33	216	John McCawley	V5025	Camberley & District AC	40:20
34	247	Andrew Noble	V5026	Folkestone AC	40:24
35	306	Paul Jeggo	V55 9	Springfield Striders	40:35
36	210	Andy Blair	V5027	Bedford & County AC	40:36
37	289	Richard Harbon	V5028	North Herts Road Runners	40:47
38	212	Paul Gooding	V5029	Bedford & County AC	41:04
39	232	Eberhard Prill	V5030	Dulwich Runers	41:07
40	304	Kevin Murray	V5510	Serpentine RC	41:09
41	234	Steve Smythe	V5511	Dulwich Runers	41:19
42	286	Irwin Fairclough	V5512	Newbury AC	41:22
43	266	David Newman	V5031	Hillingdon AC	41:23
44	285	David Wright	V5032	Newbury AC	41:26
45	203	Paul Carter	V5033	Barnet & District AC	41:43
46	229	Tony Piper	V5034	Dartford Road Runners	41:48
47	291	Steve Williamson	V5035	North Herts Road Runners	41:51
48	320	David Birks	V5036	Trent Park Running Club	41:53
49	309	Steve Smith	V5037	St Albans Striders	41:58
50	227	David Cook	V5513	Crawley AC	42:02
51	240	Stewart Pepper	V5514	Enfield & Haringey AC	42:05
52	219	David Kitcher	V5515	Cambridge Harriers	42:06
53	265	Andrew Malyan	V5038	Hillingdon AC	42:12
54	209	Peter Ellis	V5516	Barnet & District AC	42:27
55	282	Gavin Evans	V5517	London Heathside	42:34
56	235	Gary Sullivan	V5518	Dulwich Runers	42:37
57	241	John Harris	V5039	Fairlands Valley Spartans	42:39
58	248	Sean Bowen	V5040	Garden City Runners	42:45
59	346	Richard Hooley	V5041	Thames Valley Harriers	42:55
60	256	Mike Lepps	V5519	Harrow AC	42:59
61	308	Alec Campbell	V5042	St Albans Striders	43:02
62	287	Andy Tuttle	V5520	Newbury AC	43:02
63	231	John English	V5043	Dulwich Runers	43:04
64	319	Andrew Gates	V5521	Totton RC	43:35
65	236	Mark Cornell	V5044	Dunstable Road Runners	43:36
66	244	David Bowker	V5522	Fairlands Valley Spartans	43:38
67	237	Rob Curtis	V5045	Dunstable Road Runners	43:39
68	201	Lance Birkby	V5046	Aldershot Farnham & District A	43:43
69	249	Patrick Bird	V5523	Garden City Runners	43:44
70	288	Mark Cook	V5047	North Herts Road Runners	43:58
71	301	Paris Ataliotis	V5048	Serpentine RC	44:02
72	204	Jose Gomes	V5049	Barnet & District AC	44:36
73	312	Gary Barnes	V5050	St Neots Riverside Runners	44:40
74	322	Alan Roberts	V5051	Vale Of Aylesbury AC	44:41
75	226	Vincent Golding	V5052	Crawley AC	44:42
76	218	Clem Dixon	V5053	Cambridge Harriers	44:47
77	313	Steve Pledger	V5524	St Neots Riverside Runners	44:50
78	283	Hassan Nahal	V5525	London Heathside	45:08
79	270	Stevan Dokic	V5526	Hillingdon AC	45:24
80	215	Colin Ross	V5527	Bedford Harriers AC	46:00
81	252	Paddy Butler	V5054	Hardley RC	46:02
82	302	Paul Ogden	V5055	Serpentine RC	47:47
83	310	Richard Derrick	V5528	St Albans Striders	48:22
84	269	Robert Burton	V5529	Hillingdon AC	48:38
85	311	Michael Jack	V5530	St Albans Striders	48:54
86	271	Martin Searle	V5531	Hillingdon AC	49:33
87	250	Tim Cooke	V5532	Garden City Runners	50:17
88	297	Donald Sinclair	V5533	Pitsea RC	51:39
89	295	Peter McLaughlin	V5534	Pitsea RC	52:06
90	305	Ray Powell	V5056	Shaftesbury Barnet Harriers	52:21
91	296	James Russell	V5535	Pitsea RC	52:21
92	242	Andy Jay	V5057	Fairlands Valley Spartans	53:13
93	303	Roger Fretwell	V5536	Serpentine RC	53:33
94	298	Andy Angus	V5058	Queens Park Harriers	54:45
95	293	David Davidson	V5059	Pitsea RC	58:52
96	294	Peter Flannigan	V5537	Pitsea RC	59:55
97	245	Mark Freeman	V5538	Fairlands Valley Spartans	1:01:15
98	268	Alan Wells	V5060	Hillingdon AC	1:03:36

Race 2 - Men (Vets) aged 50 to 59 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Herne Hill Harriers	45	—	10	Graeme Moyse	14	Mike Boyle	21	Gary Ironmonger
2	Bedford & County AC	52	—	7	Jim McMahon.	9	Steve Herring	36	Andy Blair
3	London Heathside	58	—	16	Chris Hartley	20	John Flahive	22	Paul Jarman
4	Horsham Joggers	65	—	18	Pete O'Connell	23	Dean Angell	24	Steve Wigmore
5	Barnet & District AC	67	—	5	Richard McCormick	17	Andrew Kelleher	45	Paul Carter
6	Harrow AC	83	—	8	Mark Cursons	15	Chris Finill	60	Mike Lepps
7	North Herts Road Runners	86	—	2	Andrew Leach	37	Richard Harbon	47	Steve Williamson
8	Newbury AC	113	—	27	Alan Twyford	42	Irwin Fairclough	44	David Wright
9	Dulwich Runers	136	—	39	Eberhard Prill	41	Steve Smythe	56	Gary Sullivan
10	St Albans Striders	140	—	30	Colin Braybrook	49	Steve Smith	61	Alec Campbell
11	Crawley AC	153	—	28	Robert Creed	50	David Cook	75	Vincent Golding
12	Fairlands Valley Spartans	155	—	32	David Riddell	57	John Harris	66	David Bowker
13	Hillingdon AC	175	—	43	David Newman	53	Andrew Malyan	79	Stevan Dokic
14	Serpentine RC	193	—	40	Kevin Murray	71	Paris Ataliotis	82	Paul Ogden
15	Garden City Runners	214	—	58	Sean Bowen	69	Patrick Bird	87	Tim Cooke
16	Pitsea RC	268	—	88	Donald Sinclair	89	Peter McLaughlin	91	James Russell

SEAA Masters Cross Country Championships 2015 at Biggleswade on Saturday 12th December 2015

Race 2 - Men (Vets) over 60

Pos	Num	Name	Cat/Pos	Club	Time
1	431	Austin Soane	V60 1	Aldershot Farnham & District A	39:07
2	470	Richard Grant	V60 2	Oxford City AC	40:05
3	472	Stewart Thorp	V60 3	Oxford City AC	40:39
4	444	David Wilcock	V60 4	Barnet & District AC	40:58
5	486	Steve Dodd	V60 5	Trent Park Running Club	41:59
6	474	Roy Treadwell	V65 1	Oxford City AC	42:42
7	446	Neil Lovesey	V60 6	Bedford Harriers AC	42:44
8	476	Andrew Roberts	V60 7	Serpentine RC	42:45
9	450	Alan Black	V60 8	Cambridge Harriers	42:48
10	460	Mike Mann	V65 2	Dulwich Runners	42:52
11	481	Phil Redden	V60 9	St Neots Riverside Runners	43:06
12	452	Walter Hill	V6010	Crawley AC	43:18
13	435	Melfin Davies	V6011	Barnet & District AC	43:20
14	455	David Farrell	V6012	Dartford Road Runners	44:09
15	473	John Exley	V65 3	Oxford City AC	44:13
16	462	Steve Plested	V6013	Ealing Southall & Middx AC	44:23
17	453	David Beattie	V65 4	Crawley AC	44:52
18	471	Giovanni Puglisi	V6014	Oxford City AC	44:54
19	454	Chris Dellow	V6015	Dartford Road Runners	44:57
20	443	Desmond Michael	V65 5	Barnet & District AC	45:07
21	457	Hugh Balfour	V6016	Dulwich Runners	45:13
22	478	Robert Pick	V6017	Shaftesbury Barnet Harriers	45:14
23	464	Mick Anglim	V65 6	Hardley RC	45:52
24	480	Maurice Hemingway	V6018	St Neots Riverside Runners	46:03
25	447	Colin Simpson	V6019	Brighton Phoenix AC	46:45
26	466	Valdis Pauzers	V6020	Pauzers Valdis	46:55
27	467	John Bignell	V6021	Hillingdon AC	47:17
28	458	Andy Murray	V6022	Dulwich Runners	47:31
29	451	Jeremy Carmichael	V6023	Crawley AC	48:26
30	485	Malcolm Allen	V6024	Trent Park Running Club	48:46
31	475	David Hinds	V6025	Serpentine RC	48:58
32	487	Chas Taylor	V65 7	Trent Park Running Club	49:08
33	477	Greg Marshall	V6026	Serpentine RC	50:25
34	456	Roy Knight	V65 8	Dartford Road Runners	50:50
35	461	Bill Crane	V6027	Dunstable Road Runners	51:00
36	468	John Myall	V6028	Hillingdon AC	51:22
37	433	John Clarke	V6029	Barnet & District AC	52:10
38	479	Russell Devitt	V65 9	Shaftesbury Barnet Harriers	52:33
39	483	Mike Mills	V6510	Totton RC	53:30
40	463	Jeremy Barber	V6030	Hardley RC	55:59
41	482	Simon Maddison	V6511	Thames Valley Harriers	58:08

Race 2 - Men (Vets) over 60 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Oxford City AC	11 —	2 Richard Grant	3 Stewart Thorp	6 Roy Treadwell
2 Barnet & District AC	37 —	4 David Wilcock	13 Melfin Davies	20 Desmond Michael
3 Crawley AC	58 —	12 Walter Hill	17 David Beattie	29 Jeremy Carmichael
4 Dulwich Runners	59 —	10 Mike Mann	21 Hugh Balfour	28 Andy Murray
5 Trent Park Running Club	67 —	5 Steve Dodd	30 Malcolm Allen	32 Chas Taylor
6 Dartford Road Runners	67 —	14 David Farrell	19 Chris Dellow	34 Roy Knight
7 Serpentine RC	72 —	8 Andrew Roberts	31 David Hinds	33 Greg Marshall

Masters - Men aged 70 to 74

Pos	Num	Name	Cat/Pos	Club	Time
1	367	Malcolm Renyard	V70 1	Hardley AC	26:36
2	369	Richard Bloom	V70 2	Herts Phoenix AC	28:01
3	363	Andrew Haig	V70 3	Brighton Phoenix AC	28:09
4	370	Stuart Mann	V70 4	Herts Phoenix AC	28:16
5	360	Nicholas Bingham	V70 5	Barnet & District AC	28:28
6	366	Michael Clarke	V70 6	Hardley AC	29:41
7	365	Trace Allen	V70 7	Garden City Runners	30:57
8	361	John Fuller	V70 8	Barnet & District AC	31:49
9	376	Michael Johnson	V70 9	Thames Hare & Hounds	31:54
10	362	John Owen	V7010	Barnet & District AC	32:05
11	373	William O'Connor	V7011	Queens Park Harriers	39:40

Masters - Men over 75

Pos	Num	Name	Cat/Pos	Club	Time
1	371	Douglas Milsom	V75 1	Hillingdon AC	32:38
2	354	David Sedgley	V75 2	Amptihill & Flitwick Flyers	38:39

Masters - Men (Vets) over 70 — TEAM RESULTS

1 Barnet & District AC	23 —	5 Nicholas Bingham	8 John Fuller	10 John Owen
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SEAA Masters Cross Country Championships 2015 at Biggleswade on Saturday 12th December 2015

Masters - Ladies aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time					
1	8	Sally Judd	L40 1	Chelmsford AC	23:51	12	19 Sarah Halliday	L4012	Garden City Runners	29:31
2	11	Diana Norman	L40 2	Epsom & Ewell Harriers	24:00	13	37 Joanna Conn	L4013	Serpentine RC	30:09
3	32	Astrid McKeown	L40 3	North Herts Road Runners	24:08	14	43 Ruth Chamberlain	L4014	St Neots Riverside Runners	30:14
4	48	Victoria Carter	L40 4	Thames Valley Harriers	24:21	15	45 Dawn Parr	L4015	St Neots Riverside Runners	30:45
5	38	Mary James	L40 5	South London Harriers	24:22	16	12 Claire Cox	L4016	Fairlands Valley Spartans	30:54
6	5	Renee Allen	L40 6	Bedford Harriers AC	25:01	17	53 Jane Moss	L4017	Trent Park Running Club	30:59
7	33	Natasha Pitman	L40 7	North Herts Road Runners	26:45	18	46 Annabel Thompson	L4018	St Neots Riverside Runners	32:27
8	1	Candy Hawkins	L40 8	Ashford AC	26:46	19	44 Natalie Fairbairn	L4019	St Neots Riverside Runners	32:51
9	14	Tracy Pez	L40 9	Fairlands Valley Spartans	27:51	20	56 Lisa Slight	L4020	Victory AC	34:06
10	54	Melissa O'Hare	L4010	Trent Park Running Club	28:56	21	13 Steph Mayfield	L4021	Fairlands Valley Spartans	36:20
11	52	Emma Pilbeam	L4011	Totton RC	28:59					

Masters - Ladies aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time					
1	3	Joanne Kent	L45 1	Barnet & District AC	23:40	14	30 Sarah Swinhoe	L4514	London Heathside	26:53
2	7	Anna Folland	L45 2	Bedford Harriers AC	24:02	15	2 Nicola Froud	L4515	Barnet & District AC	27:03
3	59	Michaela McCallum	L45 3	Winchester & District AC	24:12	16	18 Caroline Curtis	L4516	Folkestone AC	27:29
4	4	Karen Murphy	L45 4	Barnet & District AC	24:37	17	10 Teresa Warren	L4517	Dunstable Road Runners	27:54
5	60	Karen Rushton	L45 5	Winchester & District AC	24:44	18	23 Paty Gnoato	L4518	Herne Hill Harriers	28:20
6	57	Anna Critchlow	L45 6	West 4 Harriers	25:05	19	20 Rebecca Barden	L4519	Garden City Runners	28:54
7	40	Sue McDonald	L45 7	South London Harriers	25:05	20	17 Peta Wilson	L4520	Fairlands Valley Spartans	31:56
8	6	Sally Cartwright	L45 8	Bedford Harriers AC	25:23	21	22 Cindy Godwin	L4521	Herne Hill Harriers	32:12
9	42	Wendy Walsh	L45 9	St Albans Striders	25:25	22	15 Sue Hamer	L4522	Fairlands Valley Spartans	33:26
10	58	Jane Gandee	L4510	Winchester & District AC	25:43	23	55 Sue Thomas	L4523	Trent Park Running Club	34:37
11	29	Ourida Sid	L4511	London Heathside	25:57	24	47 Lucy Boothby	L4524	St Neots Riverside Runners	34:41
12	28	Angela Howe	L4512	London Heathside	26:38	25	51 Christine Munden	L4525	Thames Valley Harriers	36:58
13	39	Linda Ingram	L4513	South London Harriers	26:47					

Masters - Ladies aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	112	Clare Elms	L50 1	Dulwich Runners AC	23:23	15	132 Yuko Gordon	L5015	North Herts Road Runners	28:19
2	107	Gill Fullen	L50 2	Bedford Harriers AC	24:48	16	114 Sue Park	L5016	Ealing Eagles	29:39
3	155	Maureen McCarthy	L50 3	West Suffolk AC	25:04	17	142 Mandy Attree	L5017	St Albans Striders	29:42
4	101	Caroline Wood	L50 4	Arena 80 AC	25:05	18	152 Christine Dearman	L5018	Watford Harriers	30:30
5	118	Sue Sleath	L50 5	Hardley RC	26:07	19	133 Jo Harbon	L5019	North Herts Road Runners	30:49
6	104	Sarah Boxer	L50 6	Barnet & District AC	26:57	20	123 Marie Heald	L5020	Herts Phoenix AC	30:55
7	144	Zoe Lowe	L50 7	St Albans Striders	26:58	21	143 Carole Jack	L5021	St Albans Striders	31:16
8	108	Lindsay Lister	L50 8	Biggleswade AC	27:04	22	120 Sarah Allen	L5022	Herne Hill Harriers	31:24
9	154	Christine Anthony	L50 9	West Suffolk AC	27:16	23	146 Tina Codling	L5023	St Neots Riverside Runners	31:28
10	127	Jackie Wastell	L5010	London Heathside	27:17	24	117 Aleksandra Burlinson	L5024	Hardley RC	32:01
11	109	Gail Nerurkar	L5011	Brighton & Hove AC	27:33	25	121 Mandy Brown	L5025	Herne Hill Harriers	33:21
12	110	Helen Grant	L5012	Cambridge & Coleridge AC	27:35	26	136 Kay Bettis	L5026	Serpentine RC	33:51
13	156	Alison Fenwick	L5013	Winchester & District AC	28:10	27	147 Helen Munday	L5027	St Neots Riverside Runners	36:10
14	126	Ray Louise Le	L5014	London Heathside	28:18	28	148 Frankie Lynch	L5028	Thames Valley Harriers	36:14

Masters - Ladies aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time					
1	141	Pam Iannella	L55 1	South London Harriers	26:29	11	119 Jane Hodge	L5511	Hardley RC	30:32
2	111	Joan Lasenby	L55 2	Cambridge & Coleridge AC	27:08	12	122 Gillian Wheeldon	L5512	Herne Hill Harriers	31:09
3	102	Jenny Hughes	L55 3	Arena 80 AC	27:22	13	157 Madeline Vosser	L5513	Winchester & District AC	31:11
4	125	Vicky Talbotrosner	L55 4	Invicta East Kent	28:21	14	134 Linda Aird	L5514	North Herts Road Runners	31:36
5	130	Caroline White	L55 5	London Heathside	28:29	15	105 Linda Dworowski	L5515	Barnet & District AC	32:07
6	129	Ruth Miller	L55 6	London Heathside	28:45	16	149 Barbara Maddison	L5516	Thames Valley Harriers	32:22
7	116	Virginia Bird	L55 7	Garden City Runners	29:10	17	103 Fiona Jamie	L5517	Arena 80 AC	32:33
8	106	Kirsty Johnstone	L55 8	Barnet & District AC	29:33	18	138 Carole Wisdom	L5518	Serpentine RC	32:39
9	145	Elizabeth Walls	L55 9	St Albans Striders	29:37	19	115 Sharon Crowley	L5519	Fairlands Valley Spartans	38:55
10	113	Anne Golding	L5510	Dunstable Road Runners	30:05					

Masters - Ladies aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	207	Maggie Statham	L60 1	Holland Sports AC	27:10
2	209	Lynda Massey	L60 2	Southampton AC	32:52
3	208	Valerie Sinclair	L60 3	Pitsea RC	33:28
4	213	Rene Pilbeam	L60 4	Totton RC	36:06
5	215	Christine Turner	L60 5	Victory AC	36:53
6	203	Bernadette Byrne	L60 6	Garden City Runners	37:36
7	210	Pauline Eastoe	L60 7	St Neots Riverside Runners	39:29
8	214	Raman Sangha	L60 8	Victory AC	41:57

Masters - Ladies aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	202	Ros Tabor	L65 1	Dulwich Runners AC	28:26
2	201	Ann Bath	L65 2	26.2 Rrc	34:53
3	211	Norma Leckie	L65 3	St Neots Riverside Runners	37:57
4	216	Marilyn Crocker	L65 4	Victory AC	37:58
5	212	Barbara Reading	L65 5	St Neots Riverside Runners	39:05

