

The PSUK National Cross Country Championships at Wollaton Park, Nottingham on Wednesday 4th March 2015

Women — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time
1	49	Natalie Farrow		Lincs	24:46
2	86	Diane Lauder	L35 1	Police Scotland	25:16
3	24	Kate Towerton		Hampshire	26:07
4	81	Tara Malone	L35 2	Psnl	26:58
5	25	Laura Brine		Hertfordshire	27:10
6	8	Nicola Davies		Dyfed-Powys	27:24
7	6	Christine Howard	L40 1	Derbyshire	28:00
8	83	Ailse Currie	L35 3	Police Scotland	28:09
9	228	Shelli Gordon	L35 4	Cleveland	28:15
10	44	Nicola Kay		Leicestershire	28:24
11	101	Deb Blakemen	L35 5	West Mids	28:26
12	96	Abigail Gooch	L35 6	Thames Valley	28:28
13	53	Melissa Hepburn		Met	28:32
14	72	Tracey Llewellyn	L35 7	North Wales	28:43
15	84	Gillian Duncan	L40 2	Police Scotland	28:49
16	55	Kat Kruse		Met	28:51
17	3	Lindsey Chamberline	L40 3	Cheshire	28:57
18	112	Paula Reynolds	L40 4	Hertfordshire	29:02
19	91	Elizabeth Kooper	L40 5	South Yorks Police	29:07
20	29	Gemma Bell	L35 8	Humberside	29:08
21	32	Rachel Love	L45 1	Humberside	29:25
22	17	Cheryl Hughes	L40 6	Gtr Manchester	29:43
23	62	Maria Greaves		Norfolk	29:47
24	50	Angela Breen		Met	30:04
25	51	Victoria Emsley		Met	30:05
26	63	Lisa Gough	L35 9	Norfolk	30:18
27	82	Kirsty Baird	L40 7	Police Scotland	30:24
28	68	Kate Williams	L55 1	Northants	30:28
29	57	Sharon McHugh	L35 10	Met	30:49
30	20	Susan Tagg	L45 2	Gwent	30:54
31	2	Caroline Brophay	L45 3	Cheshire	30:55
32	28	Veronica Lawley	L50 1	Hertfordshire	30:56
33	64	Carly Jermy	L35 11	Norfolk	31:02
34	52	Libby Free	L35 12	Met	31:03
35	18	Laura Walters		Gtr Manchester	31:06
36	31	Katie Dunn	L35 13	Humberside	31:12
37	109	Claire Woods		Wiltshire	31:15
38	15	Rochelle Evans	L40 8	Gtr Manchester	31:16
39	98	Mary Winks	L50 2	Thames Valley	31:20
40	70	Sian Beck	L35 14	North Wales	31:32
41	103	Gillian Russon	L45 4	West Mids	31:40
42	74	Gaye Waring	L55 2	North Wales	31:42
43	16	Katrina Hughes	L45 5	Gtr Manchester	31:46
44	54	Karen Horswood	L50 3	Met	31:49
45	71	Carol Coole	L50 4	North Wales	32:06
					46 11 Lindsey Sweetman L35 15 Dyfed-Powys 32:10
					47 67 Alexa Osbourne L40 9 Northants 32:32
					48 14 Marion Dixon L45 6 Gtr Manchester 32:36
					49 92 Claire Lowe L40 10 Surrey 32:39
					50 75 Kate Fisher L45 7 Notts 32:39
					51 69 Sally Youden L35 16 Northumbria 32:46
					52 87 Clare Davenport L40 11 Staffs 32:48
					53 5 Trisha VanRooyen L40 12 Cheshire 32:56
					54 21 Gail Balfour L35 17 Hampshire 33:38
					55 97 Vanessa Hall Thames Valley 34:09
					56 73 Kirstin Macbeth North Wales 34:12
					57 58 Jacqui Reid L45 8 Met 34:13
					58 65 Anne Lewis L55 3 Norfolk 34:19
					59 23 Claire Scammell L40 13 Hampshire 34:23
					60 66 Madeleine Moutrie L50 5 Northants 34:37
					61 43 Deborah Fairbrother L35 18 Leicestershire 34:50
					62 94 Siobhan McLeod L45 9 Surrey 34:50
					63 99 Heather Mitchell L60 1 West Yorkshire 35:10
					64 108 Claire Weston Wiltshire 35:17
					65 46 Jill Memory L55 4 Leicestershire 35:19
					66 76 Sarah Stables L40 14 Notts 35:28
					67 26 Helen Davies L35 19 Hertfordshire 35:41
					68 33 Lesley Parry L50 6 Humberside 36:10
					69 114 Louise Bradford Notts 36:14
					70 42 Laura Lawler L45 10 Lancs 36:27
					71 93 Bridget Maltby L60 2 Surrey 36:32
					72 37 Heather Thompson L35 20 Kent 36:41
					73 60 Dawn Collyer L35 21 Norfolk 36:42
					74 35 Caroline Filmer L40 15 Kent 36:44
					75 88 Emma Harthil L35 22 Staffs 36:45
					76 30 Christine Calvert L50 7 Humberside 37:05
					77 48 Jenny Tattershall L35 23 Leicestershire 37:26
					78 77 Nikki Shipley Notts 37:42
					79 19 Leenna Feiken L35 24 Gwent 37:55
					80 100 Joy Brookes L45 11 West Mercia 38:15
					81 106 Jo Field L35 25 Wiltshire 38:37
					82 105 Gina Dilworth Wiltshire 38:43
					83 27 Sarah Herm L35 26 Hertfordshire 39:04
					84 78 Helen Spencer L40 16 Notts 39:06
					85 111 Angie Ivison L35 27 Norfolk 39:35
					86 4 Claire Stavistreet Cheshire 39:45
					87 61 Hazel Flowers L40 17 Norfolk 40:42
					88 107 Alex Spargo L35 28 Wiltshire 40:50
					89 40 Sue Harrison L60 3 Lancs 45:54
					90 36 Wendy Gilham L50 8 Kent 49:10

Women — TEAM RESULTS

1	Police Scotland	25	—	2 Diane Lauder	8 Ailse Currie	15 Gillian Duncan
2	Met	53	—	13 Melissa Hepburn	16 Kat Kruse	24 Angela Breen
3	Hertfordshire	55	—	5 Laura Brine	18 Paula Reynolds	32 Veronica Lawley
4	Humberside	77	—	20 Gemma Bell	21 Rachel Love	36 Katie Dunn
5	Norfolk	82	—	23 Maria Greaves	26 Lisa Gough	33 Carly Jermy
6	Gtr Manchester	95	—	22 Cheryl Hughes	35 Laura Walters	38 Rochelle Evans
7	North Wales	96	—	14 Tracey Llewellyn	40 Sian Beck	42 Gaye Waring
8	Cheshire	101	—	17 Lindsey Chamberline	31 Caroline Brophay	53 Trisha VanRooyen
9	Thames Valley	106	—	12 Abigail Gooch	39 Mary Winks	55 Vanessa Hall
10	Hampshire	116	—	3 Kate Towerton	54 Gail Balfour	59 Claire Scammell
11	Northants	135	—	28 Kate Williams	47 Alexa Osbourne	60 Madeleine Moutrie
12	Leicestershire	136	—	10 Nicola Kay	61 Deborah Fairbrother	65 Jill Memory
13	Surrey	182	—	49 Claire Lowe	62 Siobhan McLeod	71 Bridget Maltby
14	Wiltshire	182	—	37 Claire Woods	64 Claire Weston	81 Jo Field
15	Notts	185	—	50 Kate Fisher	66 Sarah Stables	69 Louise Bradford
16	Kent	236	—	72 Heather Thompson	74 Caroline Filmer	90 Wendy Gilham

Women (Vets) — TEAM RESULTS

1	Police Scotland	25	—	2 Diane Lauder	8 Ailse Currie	15 Gillian Duncan
2	Humberside	77	—	20 Gemma Bell	21 Rachel Love	36 Katie Dunn
3	North Wales	96	—	14 Tracey Llewellyn	40 Sian Beck	42 Gaye Waring
4	Cheshire	101	—	17 Lindsey Chamberline	31 Caroline Brophay	53 Trisha VanRooyen
5	Gtr Manchester	103	—	22 Cheryl Hughes	38 Rochelle Evans	43 Katrina Hughes
6	Met	107	—	29 Sharon McHugh	34 Libby Free	44 Karen Horswood
7	Norfolk	117	—	26 Lisa Gough	33 Carly Jermy	58 Anne Lewis
8	Hertfordshire	117	—	18 Paula Reynolds	32 Veronica Lawley	67 Helen Davies
9	Northants	135	—	28 Kate Williams	47 Alexa Osbourne	60 Madeleine Moutrie
10	Surrey	182	—	49 Claire Lowe	62 Siobhan McLeod	71 Bridget Maltby
11	Notts	200	—	50 Kate Fisher	66 Sarah Stables	84 Helen Spencer
12	Leicestershire	203	—	61 Deborah Fairbrother	65 Jill Memory	77 Jenny Tattershall
13	Kent	236	—	72 Heather Thompson	74 Caroline Filmer	90 Wendy Gilham

Women - Minor Forces — TEAM RESULTS

1	Hertfordshire	55	—	5 Laura Brine	18 Paula Reynolds	32 Veronica Lawley
2	Humberside	77	—	20 Gemma Bell	21 Rachel Love	36 Katie Dunn
3	Norfolk	82	—	23 Maria Greaves	26 Lisa Gough	33 Carly Jermy
4	North Wales	96	—	14 Tracey Llewellyn	40 Sian Beck	42 Gaye Waring
5	Cheshire	101	—	17 Lindsey Chamberline	31 Caroline Brophay	53 Trisha VanRooyen
6	Northants	135	—	28 Kate Williams	47 Alexa Osbourne	60 Madeleine Moutrie
7	Surrey	182	—	49 Claire Lowe	62 Siobhan McLeod	71 Bridget Maltby
8	Wiltshire	182	—	37 Claire Woods	64 Claire Weston	81 Jo Field
9	Notts	185	—	50 Kate Fisher	66 Sarah Stables	69 Louise Bradford
10	Kent	236	—	72 Heather Thompson	74 Caroline Filmer	90 Wendy Gilham

The PSUK National Cross Country Championships at Wollaton Park, Nottingham on Wednesday 4th March 2015

Men — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Club	Time
1	237	Joe Rainsford		Derbyshire	32:36	85	290 Steve Hague	V4515 Hertfordshire	41:36
2	451	Ben Brewster		Wiltshire	33:02	86	304 Chris Spencer	Kent	41:39
3	406	Cameron Wilson		Police Scotland	33:07	87	357 Peter Partridge	Norfolk	41:43
4	330	Jim Cooper	V40 1	Met	33:48	88	207 Michael Branston	V5013 Cambridgeshire	41:43
5	338	Robert Jackaman		Met	34:03	89	253 Johnny Griffiths	Dyfed-Powys	41:43
6	328	James Brown		Met	34:15	90	414 Simon Hunt	V5014 Sussex	41:47
7	226	Ian Weatherall	V45 1	Cheshire	34:16	91	387 Stephen Dickson	V4516 Psnri	41:51
8	218	Rob Grantham	V40 2	Cheshire	34:29	92	240 Joe Chalk	V4015 Devon And Cornwall	42:02
9	393	Steve Cairns	V45 2	Police Scotland	34:34	93	292 Richard Harbon	V5015 Hertfordshire	42:06
10	334	Nick Hughes	V45 3	Met	35:04	94	318 Graham Hobbs	V5016 Leicestershire	42:08
11	367	Ian Richie		Northumbria	35:37	95	286 Anthony Rickman	V4016 Hampshire	42:11
12	403	Andrew McGhee		Police Scotland	35:40	96	274 Bryan Lawton	V4517 Gtr Manchester	42:12
13	275	Rick Lloyd	V45 4	Gtr Manchester	35:44	97	220 Neil Cateus	V4017 Cheshire	42:15
14	331	Simon Frickle		Met	35:48	98	310 Stuart Kane	Lancs	42:18
15	242	Alex Daniels	V40 3	Devon And Cornwall	35:54	99	388 Paul Floyd	Psnri	42:22
16	422	Peter Crisp		Thames Valley	36:00	100	252 Huw Davies	Dyfed-Powys	42:23
17	326	James Willoughby		Leicestershire	36:04	101	315 Arran Sayle	Lancs	42:26
18	239	John Aked		Devon And Cornwall	36:34	102	255 David Steer	V4518 Dyfed-Powys	42:28
19	405	James Wales		Police Scotland	36:35	103	525 Dave Wood	V5017 Gloucestershire	42:30
20	211	James Whitehead		Cambridgeshire	36:47	104	311 Will Nelson	Lancs	42:34
21	442	Carl Dunne	V40 4	West Mids	36:49	105	291 Jim Buttleman	V5018 Hertfordshire	42:36
22	235	James Peach		Derbyshire	37:05	106	316 Stewert Cotton	Leicestershire	42:40
23	376	Bret Wilks		Notts	37:08	107	250 Darren Brown	V4519 Dyfed-Powys	42:43
24	404	Robert Urquhart		Police Scotland	37:12	108	271 Gary Corns	Gtr Manchester	42:48
25	314	Kieran Rowlands		Lancs	37:15	109	397 Stuart Leishman	V4520 Police Scotland	42:49
26	431	Simon Newton		West Yorkshire	37:16	110	299 Stuart Champion	V4521 Kent	42:52
27	231	Shaun Bott		Derbyshire	37:19	111	362 Gary Zoller	V4522 Norfolk	42:53
28	389	Darren Hamilton		Psnri	37:20	112	258 Mick Bond	V55 3 Essex	42:55
29	346	Kristin Barnard		Norfolk	37:30	113	444 Steve Ingleby	V5019 West Mids	42:57
30	391	Peter Murtagh	V45 5	Psnri	37:34	114	459 Stuart Welch	Wiltshire	42:57
31	401	Ross McNaught		Police Scotland	37:39	115	358 Matthew Spillman	V4523 Norfolk	43:00
32	223	Neil Pettie	V40 5	Cheshire	37:45	116	329 Kevin Concannon	V55 4 Met	43:11
33	439	Andy Day	V45 6	West Mids	37:48	117	323 Chris Thornton	Leicestershire	43:13
34	372	Craig Jones	V45 7	North Wales	37:54	118	208 Andy Gardiner	V4018 Cambridgeshire	43:16
35	448	Paul Swan	V50 1	West Mids	37:55	119	215 Jay Pick	City Of London	43:18
36	249	Ross Dixon		Dorset	37:59	120	369 Kevin Clark	V4524 North Wales	43:21
37	458	Matt Thomson		Wiltshire	38:03	121	244 Andy Dudley	V5020 Devon And Cornwall	43:24
38	285	Andy Proctor		Hampshire	38:06	122	257 Mark White	Dyfed-Powys	43:27
39	453	Stuart Dinwoodie	V50 2	Wiltshire	38:14	123	230 Trevor Allt	Derbyshire	43:46
40	297	James Green		Humberside	38:15	124	278 Paul Jackson	V4525 Gwent	43:56
41	434	David Hall		West Mercia	38:22	125	264 Roddy Gosden	V4526 Gloucestershire	44:17
42	426	Colin Wood	V40 6	Thames Valley	38:30	126	408 Dan Ison	Staffs	44:20
43	221	Malcolm Fowler	V50 3	Cheshire	38:34	127	454 Chris Holley	Wiltshire	44:20
44	204	Jim Lunn	V40 7	Bedfordshire	38:40	128	379 Tom Beeby	Notts	44:21
45	342	Nigel Rowe	V50 4	Met	38:43	129	268 Peter Wand	V5021 Gloucestershire	44:30
46	353	Stephen Jones	V45 8	Norfolk	38:48	130	420 Mikey Taylor	V4527 Surrey	44:30
47	365	John Bent	V45 9	Northumbria	38:49	131	407 Phil Fortun	V4019 Stafford	44:30
48	344	Steve Wilson		Met	38:50	132	254 Paul Morris	V4020 Dyfed-Powys	44:31
49	225	Darren Valley		Cheshire	38:58	133	378 Mike Ebbins	Notts	44:33
50	363	Dave Rayfield	V4510	Northants	38:59	134	382 Andy Wright	Notts	44:38
51	243	Darren Leivers	V4511	Devon And Cornwall	39:03	135	327 Andy Hamilton	Lincs	44:43
52	348	Andrew Birdsey		Norfolk	39:10	136	354 Peter Laddiman	V55 5 Norfolk	44:46
53	433	Quiney Dale		West Mercia	39:16	137	438 Chris Cheek	V4021 West Mids	44:48
54	456	Tris Spencer		Wiltshire	39:19	138	419 Richard Parke	Surrey	44:48
55	394	Alan Heron		Police Scotland	39:21	139	332 Robert Harding	V5022 Met	44:54
56	374	Thomas Prytherch	V4512	North Wales	39:21	140	445 Rob Mills	V55 6 West Mids	44:57
57	333	Steve Harrison	V40 8	Met	39:22	141	381 Ross Hardwick	Notts	45:05
58	273	Dave Fulton	V50 5	Gtr Manchester	39:23	142	435 Mark Hawkins	V4022 West Mercia	45:12
59	321	Ian Parker	V4513	Leicestershire	39:24	143	229 Adrian Martin	V5023 Cleveland	45:19
60	224	Myles Robinson	V50 6	Cheshire	39:32	144	337 Paul Hope	V55 7 Met	45:20
61	289	Paul Allen	V50 7	Hertfordshire	39:41	145	201 Chris Caddy	Bedfordshire	45:22
62	209	Scott Lloyd		Cambridgeshire	39:45	146	319 Colin Hope	V5024 Leicestershire	45:25
63	377	Jon Marshall		Notts	39:48	147	398 Alistair McLean	V5025 Police Scotland	45:28
64	336	Matthew Holt		Met	39:49	148	272 Mark Evans	V5026 Gtr Manchester	45:32
65	341	Liam Phair		Met	39:51	149	392 Paul Anderson	V4023 Police Scotland	45:35
66	417	Ben Mason	V40 9	Surrey	39:57	150	351 Richard Collyer	V4528 Norfolk	45:37
67	312	Dennis Nelson	V50 8	Lancs	39:59	151	447 Martin Slevin	V5027 West Mids	45:38
68	267	Rich Pegler	V4010	Gloucestershire	40:00	152	246 Ian Baggott	V5028 Devon And Cornwall	45:40
69	390	Chris Livingstone	V4011	Psnri	40:16	153	366 Craig Brown	Northumbria	45:41
70	347	Stuart Barnard		Norfolk	40:20	154	205 Olly Martins	V4529 Bedfordshire	45:43
71	247	Barry Frost	V55 1	Devon And Cornwall	40:24	155	295 Des Michael	V60 1 Hertfordshire	45:52
72	301	Adrian Moody	V50 9	Kent	40:31	156	343 Trevor Normoyle	Met	45:57
73	232	Tony Caulton	V5010	Derbyshire	40:33	157	373 Liam O'Brien	V5029 North Wales	46:07
74	345	Paul Wyatt	V4012	Met	40:40	158	213 Pete Lucas	City Of London	46:15
75	300	Bob Fursey	V5011	Kent	40:42	159	241 Daniel Tildesley	Devon And Cornwall	46:20
76	411	Lee Pimley		Staffs	40:42	160	375 Jacob Roberts	North Wales	46:24
77	423	Steven Flack	V55 2	Thames Valley	40:45	161	265 Paul Howell	V4024 Gloucestershire	46:31
78	210	Neil Sloane		Cambridgeshire	40:49	162	395 Willie Hamilton	V55 8 Police Scotland	46:36
79	339	Ian Mawdesley		Met	40:52	163	418 Rick Miller	V5030 Surrey	46:38
80	307	Graham Brownsmith	V4013	Lancs	41:11	164	368 Richard Jones	V4530 North Wales	46:44
81	432	Carl Quinn	V4514	West Yorkshire	41:18	165	371 Gareth Jaggard	North Wales	46:49
82	236	Ian Phillips	V4014	Derbyshire	41:23	166	245 Kevin Richards	V5031 Devon And Cornwall	46:52
83	355	Joey Mezzetti		Norfolk	41:28	167	425 Grenville Williams	V4531 Thames Valley	47:09
84	441	Mick Dobson	V5012	West Mids	41:32	168	277 Tyrone Broome	V5032 Gwent	47:24

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

169	259 Pete Bryan	V5033	Essex	47:37	191	455 Pete Lawson	Wiltshire	52:10
170	256 John Tatton	V4532	Dyfed-Powys	47:39	192	322 Steve Plumb	V4537 Leicestershire	52:22
171	424 Graham Horton	V4025	Thames Valley	47:41	193	384 Simon Harrison	Notts	52:36
172	261 Charles Quaey	V4533	Essex	47:54	194	288 Andy Amos	V5035 Hertfordshire	52:38
173	360 Dylan Thomas		Norfolk	47:55	195	306 Steve Broadbent	V5511 Lancs	52:50
174	383 Nathan Robinson		Notts	48:37	196	305 David Withers	V5036 Kent	53:28
175	467 Colin Scott	V4534	Police Scotland	48:42	197	313 Mark Porter	V5037 Lancs	53:31
176	298 Carl Hoth		Humberside	48:49	198	415 Steve Davis	V5038 Surrey	53:52
177	460 Andy Wilcox		Wiltshire	49:01	199	452 John Bourdis	V5512 Wiltshire	53:56
178	260 John McKenzie	V55 9	Essex	49:13	200	287 Greg Roulston	V5513 Hampshire	53:56
179	296 Ian Crawford		Humberside	49:43	201	281 Colin Prosser	V5039 Gwent	54:13
180	380 James McClintock		Notts	49:48	202	410 Andy Parker	V65 1 Staffs	54:24
181	217 Lance Ball	V4535	Cheshire	49:58	203	413 Dave Needham	V65 2 South Yorks Police	54:44
182	233 Tony Harper	V5510	Derbyshire	50:06	204	324 Richard Watson	V4538 Leicestershire	55:30
183	248 Paul Barnett	V5034	Dorset	50:11	205	437 Jenson Bloomer	V4539 West Mids	56:02
184	436 Matt Barnsley		West Mids	50:31	206	270 Jim Bentley	V5514 Gtr Manchester	56:41
185	350 Jamie Burgess		Norfolk	50:38	207	309 Phil Corris	V60 2 Lancs	56:49
186	443 Chris Hanson	V4026	West Mids	50:48	208	206 Andy Parsons	V4540 Bedfordshire	56:56
187	416 Jon Edwards	V4536	Surrey	51:12	209	279 Stephen New	V4541 Gwent	57:04
188	352 Michael Flower	V4027	Norfolk	51:23	210	280 C O'Driscoll	V4028 Gwent	58:52
189	430 Stephen Leyland		West Yorkshire	51:40	211	356 Brian Moore	V60 3 Norfolk	1:02:38
190	421 Matthew Allen		Thames Valley	52:08	212	293 Peter Hern	V65 3 Hertfordshire	1:07:32

Men — TEAM RESULTS

1	Met	84	—	4	Jim Cooper	5	Robert Jackaman	6	James Brown	10	Nick Hughes	14	Simon Fricke	45	Nigel Rowe
2	Police Scotland	98	—	3	Cameron Wilson	9	Steve Cairns	12	Andrew McGhee	19	James Wales	24	Robert Uruqhart	31	Ross McNaught
3	Cheshire	199	—	7	Ian Weatherall	8	Rob Grantham	32	Neil Pettie	43	Malcolm Fowler	49	Darren Valley	60	Myles Robinson
4	Derbyshire	328	—	1	Joe Rainsford	22	James Peach	27	Shaun Bott	73	Tony Caulton	82	Ian Phillips	123	Trevor Allt
5	Norfolk	367	—	29	Kristin Barnard	46	Stephen Jones	52	Andrew Birdsey	70	Stuart Barnard	83	Joey Mezzetti	87	Peter Partridge
6	Devon And Cornwall	368	—	15	Alex Daniels	18	John Aked	51	Darren Leivers	71	Barry Frost	92	Joe Chalk	121	Andy Dudley
7	Wiltshire	373	—	2	Ben Brewster	37	Matt Thomson	39	Stuart Dinwoodie	54	Tris Spencer	114	Stuart Welch	127	Chris Holley
8	West Mids	423	—	21	Carl Dunne	33	Andy Day	35	Paul Swan	84	Mick Dobson	113	Steve Ingleby	137	Chris Cheek
9	Lancs	475	—	25	Kieran Rowlands	67	Dennis Nelson	80	Graham Brownsmith	98	Stuart Kane	101	Arran Sayle	104	Will Nelson
10	Leicestershire	539	—	17	James Willoughby	59	Ian Parker	94	Graham Hobbs	106	Stewart Cotton	117	Chris Thornton	146	Colin Hope
11	Notts	622	—	23	Bret Wilks	63	Jon Marshall	128	Tom Beeby	133	Mike Ebbins	134	Andy Wright	141	Ross Hardwick
12	Gtr Manchester	629	—	13	Rick Lloyd	58	Dave Fulton	96	Bryan Lawton	108	Gary Coms	148	Mark Evans	206	Jim Bentley
13	Dyfed-Powys	652	—	89	Johnny Griffiths	100	Huw Davies	102	David Steer	107	Darren Brown	122	Mark White	132	Paul Morris
14	Thames Valley	663	—	16	Peter Crisp	42	Colin Wood	77	Steven Flack	167	Grenville Williams	171	Graham Horton	190	Matthew Allen
15	North Wales	691	—	34	Craig Jones	56	Thomas Prytherch	120	Kevin Clark	157	Liam O'Brien	160	Jacob Roberts	164	Richard Jones
16	Hertfordshire	693	—	61	Paul Allen	85	Steve Hague	93	Richard Harbon	105	Jim Buttleman	155	Des Michael	194	Andy Amos
17	Surrey	882	—	66	Ben Mason	130	Mikey Taylor	138	Richard Parke	163	Rick Miller	187	Jon Edwards	198	Steve Davis

Men (Vets) — TEAM RESULTS

1	Cheshire	47	—	7	Ian Weatherall	8	Rob Grantham	32	Neil Pettie
2	Met	59	—	4	Jim Cooper	10	Nick Hughes	45	Nigel Rowe
3	West Mids	89	—	21	Carl Dunne	33	Andy Day	35	Paul Swan
4	Devon And Cornwall	137	—	15	Alex Daniels	51	Darren Leivers	71	Barry Frost
5	Gtr Manchester	167	—	13	Rick Lloyd	58	Dave Fulton	96	Bryan Lawton
6	Psni	190	—	30	Peter Murtagh	69	Chris Livingstone	91	Stephen Dickson
7	North Wales	210	—	34	Craig Jones	56	Thomas Prytherch	120	Kevin Clark
8	Hertfordshire	239	—	61	Paul Allen	85	Steve Hague	93	Richard Harbon
9	Kent	257	—	72	Adrian Moody	75	Bob Fursey	110	Stuart Champion
10	Police Scotland	265	—	9	Steve Cairns	109	Stuart Leishman	147	Alistair McLean
11	Norfolk	272	—	46	Stephen Jones	111	Gary Zoller	115	Matthew Spillman
12	Thames Valley	286	—	42	Colin Wood	77	Steven Flack	167	Grenville Williams
13	Gloucestershire	296	—	68	Rich Pegler	103	Dave Wood	125	Roddy Gosden
14	Leicestershire	299	—	59	Ian Parker	94	Graham Hobbs	146	Colin Hope
15	Derbyshire	337	—	73	Tony Caulton	82	Ian Phillips	182	Tony Harper
16	Dyfed-Powys	341	—	102	David Steer	107	Darren Brown	132	Paul Morris
17	Lancs	342	—	67	Dennis Nelson	80	Graham Brownsmith	195	Steve Broadbent
18	Surrey	359	—	66	Ben Mason	130	Mikey Taylor	163	Rick Miller
19	Bedfordshire	406	—	44	Jim Lunn	154	Olly Martins	208	Andy Parsons
20	Essex	453	—	112	Mick Bond	169	Pete Bryan	172	Charles Quaey
21	Gwent	493	—	124	Paul Jackson	168	Tyrone Broome	201	Colin Prosser

Men - Minor Forces — TEAM RESULTS

1	Cheshire	90	—	7	Ian Weatherall	8	Rob Grantham	32	Neil Pettie	43	Malcolm Fowler
2	Derbyshire	123	—	1	Joe Rainsford	22	James Peach	27	Shaun Bott	73	Tony Caulton
3	Wiltshire	132	—	2	Ben Brewster	37	Matt Thomson	39	Stuart Dinwoodie	54	Tris Spencer
4	Norfolk	197	—	29	Kristin Barnard	46	Stephen Jones	52	Andrew Birdsey	70	Stuart Barnard
5	Cambridgeshire	248	—	20	James Whitehead	62	Scott Lloyd	78	Neil Sloane	88	Michael Branston
6	Hertfordshire	344	—	61	Paul Allen	85	Steve Hague	93	Richard Harbon	105	Jim Buttleman
7	North Wales	367	—	34	Craig Jones	56	Thomas Prytherch	120	Kevin Clark	157	Liam O'Brien
8	Dyfed-Powys	398	—	89	Johnny Griffiths	100	Huw Davies	102	David Steer	107	Darren Brown
9	Gloucestershire	425	—	68	Rich Pegler	103	Dave Wood	125	Roddy Gosden	129	Peter Wand
10	Surrey	497	—	66	Ben Mason	130	Mikey Taylor	138	Richard Parke	163	Rick Miller
11	Staffs	535	—	76	Lee Pimley	126	Dan Ison	131	Phil Fortun	202	Andy Parker
12	Bedfordshire	551	—	44	Jim Lunn	145	Chris Caddy	154	Olly Martins	208	Andy Parsons
13	Gwent	702	—	124	Paul Jackson	168	Tyrone Broome	201	Colin Prosser	209	Stephen New

The PSUK National Cross Country Championships at Wollaton Park, Nottingham on Wednesday 4th March 2015

Women - — PROVISIONAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time
1	49	Natalie Farrow		Lincs	24:46
2	86	Diane Lauder	L35 1	Police Sco	25:16
3	24	Kate Towerton		Hampshire	26:07
4	81	Tara Malone	L35 2	Psni	26:58
5	25	Laura Brine		Hertfordsh	27:10
6	8	Nicola Davies		Dyfed-Powys	27:24

Women - (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time
1	86	Diane Lauder	L35 1	Police Sco	25:16
2	81	Tara Malone	L35 2	Psni	26:58
3	83	Ailse Currie	L35 3	Police Sco	28:09
4	101	Deb Blakemen	L35 4	West Mids	28:26
5	96	Abigail Gooch	L35 5	Thames Val	28:28
6	72	Tracey Llewellyn	L35 6	North Wale	28:43

Women - (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time
1	6	Christine Howard	L40 1	Derbyshire	28:00
2	84	Gillian Duncan	L40 2	Police Sco	28:49
3	3	Lindsey Chamberline	L40 3	Cheshire	28:57
4	112	Paula Reynolds	L40 4	Hertfordsh	29:02
5	91	Elizabeth Kooper	L40 5	South York	29:07
6	17	Cheryl Hughes	L40 6	GtMPA	29:43

Women - (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time
1	32	Rachel Love	L45 1	Humberside	29:25
2	20	Susan Tagg	L45 2	Gwent	30:54
3	2	Caroline Brophy	L45 3	Cheshire	30:55
4	103	Gillian Russon	L45 4	West Mids	31:40
5	16	Katrina Hughes	L45 5	GtMPA	31:46
6	14	Marion Dixon	L45 6	GtMPA	32:36

Women - (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time
1	28	Veronica Lawley	L50 1	Hertfordsh	30:56
2	98	Mary Winks	L50 2	Thames Val	31:20
3	54	Karen Horswood	L50 3	Met	31:49
4	71	Carol Coole	L50 4	North Wale	32:06
5	66	Madeleine Moutrie	L50 5	Northants	34:37
6	33	Lesley Parry	L50 6	Humberside	36:10

Women - (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	68	Kate Williams	L55 1	Northants	30:28
2	74	Gaye Waring	L55 2	North Wale	31:42
3	65	Anne Lewis	L55 3	Norfolk	34:19
4	46	Jill Memory	L55 4	Leicesters	35:19

Women - (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	99	Heather Mitchell	L60 1	WestYorks	35:10
2	93	Bridget Maltby	L60 2	Surrey	36:32
3	40	Sue Harrison	L60 3	Lancs	45:54