

NEMAA Track & Field #1

Monkton Stadium - 18th May 2015

100m

Position	Number	Name	Club	Age	Time		Grand prix
				Cat.	Min.	Sec.	Points
1	234	Angela Kelly	Giffnock North	L50		15.4	6
2	213	Val Baxter	Birtley	L50		18.0	5
3	221	Kath Stewart	North Shields Poly	L75		19.7	6
4	222	Nadine Garnham	NEVAC	L65		20.5	6

100m

Position	Number	Name	Club	Age	Time		Grand prix
				Cat.	Min.	Sec.	Points
1	228	Karen Storey	Gateshead	L45		14.4	6
2	231	Jayne Holdenson	Crook	L45		15.5	5
3	225	Gillian Tomlinson	Houghton	L45		16.5	4
4	232	Heather Bittlestone	Houghton	L45		18.1	3
5	205	Julie A Guy	North Shields Poly	L45		20.3	2

100m

Position	Number	Name	Club	Age	Time		Grand prix
				Cat.	Min.	Sec.	Points
1	227	Anna Harris	Sunderland H	L40		14.9	6
2	208	Leanne Robertson	Tynebridge	L40		15.8	5
3	230	Natalie Mulholland	Crook	L40		16.4	4
4	209	Lesley Charman	Elvet Striders	L40		17.3	3
5	226	Lisa Boyd	Heaton	L40		17.9	2
6	223	Helen Pratt	Crook	L40		18.0	1
7	200	Angela Coates	Elvet Striders	L40		18.7	0
8	229	Mary Lou Lonsdale	Crook	L40		19.0	0

100m

Position	Number	Name	Club	Age	Time		Grand prix
				Cat.	Min.	Sec.	Points
1	215	Lorna Graham	Birtley	L35		14.8	6
2	224	Louise Warner	Elvet Striders	L35		15.3	5
3	216	Heather Hogg	Jarrow & Hebburn	L35		16.8	4
4	202	Elizabeth Medd	Gateshead	L35		17.9	3
5	206	Kelly Dodds	Heaton	L35		18.1	2

100m

Position	Number	Name	Club	Age	Time		Grand prix
				Cat.	Min.	Sec.	Points
1	101	Dave Peffer	Heaton	M65		15.1	6
2	76	Don Butler	Jarrow & Hebburn	M75		15.8	6
3	54	Peter Rowell	NEVAC	M70		15.9	6
4	97	Percy Parkin	Crook	M70		17.3	5
5	90	Harold Fern	North Shields Poly	M70		19.0	4
6	38	Peter Donaghy	North Shields Poly	M75		20.1	5
7	59	Mac Stephenson	South Shields	M70		20.7	3
8	60	R Shaw	South Shields	M75		21.0	4

100m

Position	Number	Name	Club	Age	Time		Grand prix
				Cat.	Min.	Sec.	Points
1	14	Eric Smart	Gateshead	M55		13.7	6
2	73	Stephen Todner	Houghton	M60		13.8	6
3	48	Tony Gair	Jarrow & Hebburn	M60		14.8	5
4	13	David Johnson	North Shields Poly	M55		15.1	5
5	15	Geoff Hewitson	Crook	M55		15.1	4
6	91	David Wright	Heaton	M60		17.9	4
7	79	John James	Heaton	M55		18.2	3

8	45	Dave Morris	North Shields Poly	M60		21.9	3
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100m

Position	Number	Name	Club	Age Cat.	Time Min.	Sec.	Grand prix Points
1	82	David Swalwell	Blyth	M45		12.5	6
2	27	Paul Donaghy	Durham City	M45		13.1	5
3	61	John Littlemore	Jarrow & Hebburn	M45		13.5	4
4	100	David Hughes	North Shields Poly	M50		14.1	6
5	86	Peter Sunderland	Tynedale	M50		14.9	5
6	28	Paul Pascoe	Elvet Striders	M45		15.7	3
7	81	David Young	Tynebridge	M50		17.4	4

100m

Position	Number	Name	Club	Age Cat.	Time Min.	Sec.	Grand prix Points
1	34	Scott Garrett	Saltwell	M40		13.0	6
2	72	Jason Catteral	Sedgefield	M40		13.6	5
3	64	Wayne Gage	Morpeth	M40		13.6	4
4	56	Paul Dodds	North Shields Poly	M40		14.5	3
5	12	David Goodfellow	Crook	M40		15.3	2
6	69	Tony Allinson	Sunderland Harriers	M40		15.8	1

100m

Position	Number	Name	Club	Age Cat.	Time Min.	Sec.	Grand prix Points
1	41	Bryn Mordey	Tynedale	T		11.9	Guest
2	110	Aiden Turnbull	Jarrow & Hebburn	T20		12.2	Guest
3	7	Darren Towart	Tynedale	M35		12.9	6
4	98	Anthony Carr	Jarrow & Hebburn	T		13.7	Guest
5	10	David Best	Crook	M35		14.3	5
6	77	Daniel Mayne	Jarrow & Hebburn	T42		15.4	Guest
7	25	Michael Quinn	Aurora	M35		15.4	4
8	21	Jimmy Johnson	Sunderland Harriers	M35		16.8	3

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3000m

Position	Number	Name	Club	Age Cat.	Time Min.	Sec.	Grand prix Points
1	235	Sue Philips	Darlington	L50	11	49.8	6
2	215	Lorna Graham	Birtley	L35	11	55.3	6
3	218	Heather Robinson	Jarrow & Hebburn	L50	12	23.8	5
4	206	Kelly Dodds	Heaton	L35	12	39.7	5
5	203	Helen Hughes	North Shields Poly	L40	12	41.7	6
6	78	Ben Hull	Claremont	M70	12	59.5	6
7	97	Percy Parkin	Crook	M70	13	21.1	5
8	226	Lisa Boyd	Heaton	L40	13	32.7	5
9	229	Mary Lou Lonsdale	Crook	L40	13	35.2	4
10	219	Helen Morris	Blyth	L50	13	37.4	4
11	236	Jenny Friend	Heaton	L50	13	48.2	3
12	202	Elizabeth Medd	Gateshead	L35	14	51.1	4
13	238	Lisa Walker	Tynebridge	L40	14	57.4	3
14	90	Harold Fern	North Shields Poly	M70	15	35.2	4
15	31	Reg Checkley	Heaton	M75	15	48.0	6
16	80	Arthur Potter	South Shields	M70	16	7.4	3

3000m

Position	Number	Name	Club	Age Cat.	Time Min.	Sec.	Grand prix Points
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1	95	Gary Pemberton	NEVAC	M60	11	43.8	6
2	19	Harry Matthews	Elswick	M65	11	57.8	6
3	112	David Mitchenson	Blaydon	M60	12	11.3	5
4	91	David Wright	Heaton	M60	12	28.8	4
5	89	Graham Leslie	Elswick	M65	12	29.4	5
6	41	Bryn Mordey	Tynedale	T	12	49.9	Guest
7	87	James Wightman	Sunderland Harriers	M65	13	19.8	4
8	70	Bill Doidge	Low Fell	M65	13	24.3	3
9	51	Colin McEntee	Heaton	M65	13	29.2	2
10	93	Steve Eccleston	Houghton	M65	13	34.1	1
11	96	Kenneth Pyle	Aurora	M65	13	41.9	0
12	3	Brian Brown	Durham City	M65	13	45.9	0
13	103	Norman Robb	Jarrow & Hebburn	M60	16	26.8	3
14	45	Dave Morris	North Shields Poly	M60	16	41.8	2
15	18	George Routledge	Heaton	M65	18	2.1	0

3000m

Position	Number	Name	Club	Age Cat.	Time		Grand prix Points
					Min.	Sec.	
1	58	Tommy Brannon	North Shields Poly	M45	9	48.7	6
2	23	Lawrence Johnson	Low Fell	M50	10	16.4	6
3	5	Chris Waite	North Shields Poly	M45	10	30.9	5
4	1	Al Knebel	Sunderland Harriers	M45	10	36.0	4
5	104	John Moore	Heaton	M45	10	38.4	3
6	92	Gavin Bayne	Morpeth	M55	10	51.8	6
7	65	Gary Paterson	Low Fell	M40	11	4.8	4
8	6	Colin Hodgson	Blackhill	M50	11	16.5	5
9	79	John James	Heaton	M55	11	18.8	5
10	88	Michael Graham	Low Fell	M50	11	20.5	4
11	99	Michael Stacey	Low Fell	M55	11	24.9	4
12	81	David Young	Tynebridge	M50	11	32.2	3
13	42	Geoff Robinson	Jarrow & Hebburn	M55	11	35.0	3
14	15	Geoff Hewitson	Crook	M55	11	42.5	2
15	111	Malcolm Thirlaway	Gateshead	M55	11	49.9	1
16	108	Paul Smith	Crook	M50	12	7.7	2
17	75	Gerry Hehir	Crook	M55	12	47.5	0
18	74	Graham Laverick	Crook	M55	12	56.0	0
19	94	Stephen Pearson	Houghton	M55	13	26.8	0
20	11	David Gilmore	North Shields Poly	M50		DNF	

3000m

Position	Number	Name	Club	Age Cat.	Time		Grand prix Points
					Min.	Sec.	
1	22	Kevin Jeffress	Sunderland Harriers	M35	9	33.8	6
2	36	Steven Medd	Gateshead	M35	9	53.8	5
3	10	David Best	Crook	M35	10	0.4	4
4	20	Ian Young	Blackhill	M40	10	40.3	6
5	50	Scott McEntee	Heaton	M35	10	44.6	3
6	40	Darren Parks	Jarrow & Hebburn	M40	10	45.9	5
7	24	Martin Scott	Blyth	M40	11	6.3	3
8	9	Dave Jardin	Elswick	M40	11	10.4	2
9	35	Steven Grant French	Blyth	M40	11	32.8	1

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400m

Position	Number	Name	Club	Age Cat.	Time		Grand prix Points
					Min.	Sec.	

1	213	Val Baxter	Birtley	L50	1	20.7	6
2	221	Kath Stewart	North Shields Poly	L75	1	29.2	5
3	234	Angela Kelly	Giffnock North	L50		DNF	

400m

Position	Number	Name	Club	Age Cat.	Min.	Time Sec.	Grand prix Points
1	208	Leanne Robertson	Tynebridge	L40		67.7	6
2	230	Natalie Mulholland	Crook	L40		72.2	5
3	223	Helen Pratt	Crook	L40		76.0	4
4	209	Lesley Charman	Elvet Striders	L40		77.3	3

400m

Position	Number	Name	Club	Age Cat.	Min.	Time Sec.	Grand prix Points
1	224	Louise Warner	Elvet Striders	L35		73.6	6
2	216	Heather Hogg	Jarrow & Hebburn	L35		80.7	5
3	206	Kelly Dodds	Heaton	L35		82.2	4
4	237	Helene Walsater	Heaton	L35		84.4	3

400m

Position	Number	Name	Club	Age Cat.	Min.	Time Sec.	Grand prix Points
1	38	Peter Donaghy	North Shields Poly	M75		89.3	6
2	31	Reg Checkley	Heaton	M75	1	31.6	5
3	90	Harold Fern	North Shields Poly	M70	1	32.2	6
4	60	R Shaw	South Shields	M75	1	42.2	4

400m

Position	Number	Name	Club	Age Cat.	Min.	Time Sec.	Grand prix Points
1	73	Stephen Todner	Houghton	M60		64.0	6
2	85	James Taylor	Carlisle Aspatria	T36		66.1	Guest
3	87	James Wightman	Sunderland Harriers	M65		81.8	5
4	96	Kenneth Pyle	Aurora	M65		85.8	4
5	3	Brian Brown	Durham City	M65		88.3	3
6	45	Dave Morris	North Shields Poly	M60	1	50.4	6

400m

Position	Number	Name	Club	Age Cat.	Min.	Time Sec.	Grand prix Points
1	14	Eric Smart	Gateshead	M55		65.2	6
2	107	Paul Bellingham	Morpeth	M55		66.3	5
3	13	David Johnson	North Shields Poly	M55		66.7	4
4	79	John James	Heaton	M55		79.1	3
5	75	Gerry Hehir	Crook	M55		87.5	2

400m

Position	Number	Name	Club	Age Cat.	Min.	Time Sec.	Grand prix Points
1	100	David Hughes	North Shields Poly	M50		63.2	6
2	16	George Harden	Sunderland Harriers	M50		63.7	5
3	6	Colin Hodgson	Blackhill	M50		68.8	4
4	108	Paul Smith	Crook	M50		76.2	3

400m

Position	Number	Name	Club	Age Cat.	Min.	Time Sec.	Grand prix Points
1	113	Phil McCluskey	Sunderland Harriers	M45		59.4	6
2	27	Paul Donaghy	Durham City	M45		62.9	5
3	104	John Moore	Heaton	M45		64.2	4
4	47	Simon Gardner	Elvet Striders	M45		65.4	3
5	1	Al Knebel	Sunderland Harriers	M45		65.8	2
6	28	Paul Pascoe	Elvet Striders	M45		69.3	1
7	44	Andrew Thornton	Jarrow & Hebburn	T36		72.1	Guest

8	67	Dean Philips	Sunderland Harriers	M45		73.5	0
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400m

Position	Number	Name	Club	Age Cat.	Time Min.	Sec.	Grand prix Points
1	41	Bryn Mordey	Tynedale	T		58.3	Guest
2	72	Jason Catteral	Sedgefield	M40		59.6	6
3	49	Sean Maley	North Shields Poly	M40		60.1	5
4	56	Paul Dodds	North Shields Poly	M40		63.1	4
5	20	Ian Young	Blackhill	M40		66.7	3
6	69	Tony Allinson	Sunderland Harriers	M40		68.7	2
7	12	David Goodfellow	Crook	M40		71.2	1

400m

Position	Number	Name	Club	Age Cat.	Time Min.	Sec.	Grand prix Points
1	7	Darren Towart	Tynedale	M35		56.9	6
2	36	Steven Medd	Gateshead	M35		58.8	5
3	10	David Best	Crook	M35		62.4	4
4	22	Kevin Jeffress	Sunderland Harriers	M35		63.6	3

Discus	Number	Name	Club	Age Cat.	Distance	Grand prix Points
	204	Jacqueline Etherington	Tynebridge	L35	19.92	6
	212	Sylvie Hargreaves	North Shields Poly	L40	17.99	6
	200	Angela Coates	Elvet Striders	L40	11.94	5
	211	Sharon Richardson	Blyth	L50	17.13	6
	236	Jenny Friend	Heaton	L50	12.48	5
	201	Christine Elliott	Tynebridge	L55	16.79	6
	214	Janette Kilgour	Heaton	L65	14.05	6
	30	Peter Gallagher	North Shields Poly	M35	20.54	6
	32	Richard A Hunter	Tynedale	M40	31.16	6
	29	Paul Thornton	Durham City	M40	20.19	5
	69	Tony Allinson	Sunderland Harriers	M40	13.06	4
	39	Paul Corrigan	Wallsend	M45	29.77	6
	67	Dean Philips	Sunderland Harriers	M45	14.81	5
	52	Stuart Ryan	Gateshead	M50	39.45	6
	62	Paul Young	Middlesbrough & Cleveland	M50	32.46	5
	83	Ian Cowell	Houghton	M50	25.84	4
	16	George Harden	Sunderland Harriers	M50	19.17	3
	55	John Moreland	Rugby & Northhants	M55	45.6	6
	94	Stephen Pearson	Houghton	M55	17.07	5
	102	Paramjeet Bhogal	Heaton	M55	17.03	4
	63	John Wild	Middlesbrough & Cleveland	M60	38.39	6
	37	Trevor Straker	North Shields Poly	M60	37.53	5
	57	Terry Hudson	Jarrow & Hebburn	M65	31.89	6
	53	Desmond Richards	Jarrow & Hebburn	M65	28.38	5
	84	Tommy Copp	Sedgefield	M65	17.69	4
	18	George Routledge	Heaton	M65	16.81	3
	66	Hugh Ryan	NEVAC	M80	22.55	6

Shot

Number	Name	Club	Age Cat.	Distance	Grand prix Points
204	Jacqueline Etherington	Tynebridge	L35	8.09	6
200	Angela Coates	Elvet Striders	L40	5.98	6
212	Sylvie Hargreaves	North Shields Poly	L40	5.95	5
230	Natalie Mulholland	Crook	L40	5.70	4
226	Lisa Boyd	Heaton	L40	5.37	3
229	Mary Lou Lonsdale	Crook	L40	4.31	2
231	Jayne Holdenson	Crook	L45	6.52	6

232	Heather Bittlestone	Houghton	L45	5.92	5
220	Pam Gardiner	Gateshead	L50	7.60	6
211	Sharon Richardson	Blyth	L50	6.75	5
236	Jenny Friend	Heaton	L50	5.92	4
201	Christine Elliott	Tynebridge	L55	7.83	6
214	Janette Kilgour	Heaton	L65	5.34	6
25	Michael Quinn	Aurora	M35	7.90	6
50	Scott McEntee	Heaton	M35	7.82	5
30	Peter Gallagher	North Shields Poly	M35	7.08	4
32	Richard A Hunter	Tynedale	M40	9.61	6
29	Paul Thornton	Durham City	M40	8.18	5
12	David Goodfellow	Crook	M40	6.88	4
71	Michael Dufton	Crook	M40	6.45	3
39	Paul Corrigan	Wallsend	M45	10.42	6
27	Paul Donaghy	Durham City	M45	7.19	5
113	Phil McCluskey	Sunderland Harriers	M45	7.06	4
46	Rob Kirtley	Tynebridge	M45	6.96	3
47	Simon Gardner	Elvet Striders	M45	6.96	2
105	Paul West	South Shields	M45	5.87	1
28	Paul Pascoe	Elvet Striders	M45	5.62	0
52	Stuart Ryan	Gateshead	M50	12.07	6
62	Paul Young	Middlesbrough & Cleveland	M50	8.15	5
55	John Moreland	Rugby & Northhants	M55	11.56	6
102	Paramjeet Bhogal	Heaton	M55	7.16	5
75	Gerry Hehir	Crook	M55	4.93	4
74	Graham Laverick	Crook	M55	3.43	3
37	Trevor Straker	North Shields Poly	M60	11.19	6
63	John Wild	Middlesbrough & Cleveland	M60	8.72	5
57	Terry Hudson	Jarrow & Hebburn	M65	10.08	6
53	Desmond Richards	Jarrow & Hebburn	M65	7.93	5
18	George Routledge	Heaton	M65	6.33	4
3	Brian Brown	Durham City	M65	4.85	3
59	Mac Stephenson	South Shields	M70	6.26	6
76	Don Butler	Jarrow & Hebburn	M75	7.92	6
38	Peter Donaghy	North Shields Poly	M75	4.48	5
66	Hugh Ryan	NEVAC	M80	7.56	6

Javelin	Number	Name	Club	Age		Grand prix Points
				Cat.	Distance	
	217	Gillian Harris	Jarrow & Hebburn	L40	12.04	6
	212	Sylvie Hargreaves	North Shields Poly	L40	10.77	5
	238	Lisa Walker	Tynebridge	L40	5.48	4
	205	Julie A Guy	North Shields Poly	L45	10.91	6
	214	Janette Kilgour	Heaton	L65	10.98	6
	7	Darren Towart	Tynedale	M35	34.12	6
	106	Darren Fairclough	Crook	M40	22.18	6
	29	Paul Thornton	Durham City	M40	20.19	5
	33	Rob Foster	North Shields Poly	M45	29.95	6
	113	Phil McCluskey	Sunderland Harriers	M45	28.34	5
	105	Paul West	South Shields	M45	21.42	4
	46	Rob Kirtley	Tynebridge	M45	21.30	3
	68	David Savage	Sunderland Harriers	M45	18.44	2
	52	Stuart Ryan	Gateshead	M50	41.66	6
	108	Paul Smith	Crook	M50	20.10	5
	102	Paramjeet Bhogal	Heaton	M55	27.46	6
	94	Stephen Pearson	Houghton	M55	14.49	5
	37	Trevor Straker	North Shields Poly	M60	22.91	6
	57	Terry Hudson	Jarrow & Hebburn	M65	22.58	5

59	Mac Stephenson	South Shields	M70	15.73
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High Jump

Number	Name	Club	Age Cat.	Distance
237	Helene Walsater	Heaton	L35	1.20
209	Lesley Charman	Elvet Striders	L40	1.20
223	Helen Pratt	Crook	L40	1.15
26	Neil Yorston	South Shields	M35	1.35
32	Richard A Hunter	Tynedale	M40	1.45
71	Michael Dufton	Crook	M40	1.25
83	Ian Cowell	Houghton	M50	1.40
37	Trevor Straker	North Shields Poly	M60	1.30
101	Dave Pepper	Heaton	M65	1.20
76	Don Butler	Jarrow & Hebburn	M75	1.20

Grand prix Points
6
6
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6

Long Jump

Number	Name	Club	Age Cat.	Distance
237	Helene Walsater	Heaton	L35	3.33
227	Anna Harris	Sunderland H	L40	4.02
231	Jayne Holdenson	Crook	L45	3.26
232	Heather Bittlestone	Houghton	L45	2.94
26	Neil Yorston	South Shields	M35	4.36
25	Michael Quinn	Aurora	M35	3.88
21	Jimmy Johnson	Sunderland Harriers	M35	3.00
35	Steven Grant French	Blyth	M40	4.17
106	Darren Fairclough	Crook	M40	3.88
24	Martin Scott	Blyth	M40	3.11
105	Paul West	South Shields	M45	3.46
68	David Savage	Sunderland Harriers	M45	3.04
67	Dean Philips	Sunderland Harriers	M45	2.94
83	Ian Cowell	Houghton	M50	4.46
15	Geoff Hewitson	Crook	M55	3.70
101	Dave Pepper	Heaton	M65	3.85
97	Percy Parkin	Crook	M70	3.18

Grand prix Points
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