

NEMAA Track & Field #3

Monkton Stadium - 15th June 2015

200m 1

Position	Number	Name	Club	Age	Time		Grand prix
				Cat.	Min.	Sec.	Points
1	234	Angela Kelly	Giffnock North	L50		30.8	6
2	231	Jayne Henderson	Crook	L45		31.3	6
3	225	Gillian Tomlinson	Houghton	L45		32.8	5
4	263	Steff White	Tynedale	L55		33.3	6
5	232	Heather Bittlestone	Houghton	L45		35.3	4
6	213	Val Baxter	Birtley	L50		36.0	5
7	240	Louise Griffin	Tynedale	L45		42.0	3

200m 2

Position	Number	Name	Club	Age	Time		Grand prix
				Cat.	Min.	Sec.	Points
1	227	Anna Harris	Sunderland Harriers	L40		30.2	6
2	208	Leanne Robertson	Tynebridge	L40		30.4	5
3	254	Lourdes Bradley	North Shields Poly	L40		30.9	4
4	262	Leah Davison	NSP	L40		31.3	3
5	230	Natalie Mulholland	Crook	L40		31.9	2
6	252	Alison Smith	North Shields Poly	L40		35.7	1
7	226	Lisa Boyd	Heaton	L40		36.2	0
8	261	Joanne Wood	Tynebridge	L40		39.5	0

200m 3

Position	Number	Name	Club	Age	Time		Grand prix
				Cat.	Min.	Sec.	Points
1	258	Heather Hogg	Jarrow & Hebburn	L35		34.6	6
2	242	Shannel Curtis	Birtley	L35		35.2	5
3	237	Helena Wälsäter	Heaton	L35		35.5	4
4	206	Kelly Dodds	Heaton	L35		35.8	3
5	202	Elizabeth Medd	Gateshead	L35		36.9	2

200m 4

Position	Number	Name	Club	Age	Time		Grand prix
				Cat.	Min.	Sec.	Points
1	76	Don Butler	Jarrow & Hebburn	M75		33.1	6
2	38	Peter Donaghy	North Shields Poly	M75		40.2	5
3	59	Mac Stephenson	South Shields	M70		41.3	6
4	129	Allen Purdham	Crook	M75		42.0	4
5	31	Reg Checkley	Heaton	M75		43.5	3

200m 5

Position	Number	Name	Club	Age	Time		Grand prix
				Cat.	Min.	Sec.	Points
1	101	Dave Peffer	Heaton	M65		30.2	6
2	103	Norman Robb	Jarrow & Hebburn	M60		35.3	6
3	118	Richard Wilson	Jarrow & Hebburn	M60		35.3	5
4	123	Michael Wisely	Tynebridge	M60		37.9	4
5	84	Tommy Copp	South Shields	M65		40.4	5
6	45	Dave Morris	North Shields Poly	M60		42.4	3

200m 6

Position	Number	Name	Club	Age	Time		Grand prix
				Cat.	Min.	Sec.	Points
1	14	Eric Smart	Gateshead	M55		26.8	6
2	100	David Hughes	North Shields Poly	M50		27.5	6
3	132	Alan Readman	Houghton	M55		29.5	5
4	6	Colin Hodgson	Blackhill	M50		29.7	5
5	13	David Johnson	North Shields Poly	M55		30.1	4

6	79	John James	Heaton	M55		35.3	3
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200m 7

Position	Number	Name	Club	Age Cat.	Time Min.	Sec.	Grand prix Points
1	82	David Swalwell	Blyth	M45		25.1	6
2	27	Paul Donaghy	Durham City	M45		26.0	5
3	104	John Moore	Heaton	M45		30.4	4
4	68	David Savage	Sunderland Harriers	M45		30.8	3
5	116	Paul J Brennan	Crook	M45		31.6	2
6	137	Barry Marlee	Sunderland Harriers	M45		35.5	1

200m 8

Position	Number	Name	Club	Age Cat.	Time Min.	Sec.	Grand prix Points
1	34	Scott Garrett	Saltwell	M40		25.4	6
2	72	Jason Catteral	Sedgefield	M40		26.2	5
3	56	Paul Dodds	North Shields Poly	M40		27.1	4
4	20	Ian Young	Blackhill	M40		29.5	3
5	69	Tony Allinson	Sunderland Harriers	M40		30.4	2
6	12	David Goodfellow	Crook	M40		31.2	1

200m 9

Position	Number	Name	Club	Age Cat.	Time Min.	Sec.	Grand prix Points
1	41	Bryn Mordey	Tynedale	T		23.9	guest
2	110	Aiden Turnbull	Jarrow & Hebburn	T20		25.3	guest
3	7	Darren Towart	Tynedale	M35		25.9	6
4	10	David Best	Crook	M35		28.7	5

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1 Mile 1

Position	Number	Name	Club	Age Cat.	Time Min.	Sec.	Grand prix Points
1	223	Helen Pratt	Crook	L40	6	.06.0	6
2	207	Kelly Gillan	North Shields Poly	L40	6	.06.2	5
3	254	Lourdes Bradley	North Shields Poly	L40	6	.06.5	4
4	251	Louise Lennox	Tynebridge	L40	6	12.0	3
5	206	Kelly Dodds	Heaton	L35	6	13.5	6
6	259	Allison Cummings	North Shields Poly	L60	6	18.1	6
7	203	Helen Hughes	North Shields Poly	L40	6	18.4	2
8	242	Shannel Curtis	Birtley	L35	6	31.2	5
9	252	Alison Smith	North Shields Poly	L40	6	34.1	1
10	229	Marylou Lonsdale	Crook	L40	6	44.1	0
11	240	Louise Griffin	Tynedale	L45	6	49.5	6
12	244	Vicki Thompson	Jarrow & Hebburn	L40	6	51.0	0
13	264	Kim Matthews	Elswick	L55	6	52.3	6
14	226	Lisa Boyd	Heaton	L40	6	54.8	0
15	219	Helen Morris	Blyth	L50	6	55.7	6
16	255	LynnE Marr	Tynedale	L50	7	.07.3	5
17	202	Elizabeth Medd	Gateshead	L35	7	18.9	4
18	247	Shelley Walsh	North Shields Poly	L60	7	53.0	5

1 Mile 2

Position	Number	Name	Club	Age Cat.	Time Min.	Sec.	Grand prix Points
1	112	David Mitchenson	Blaydon	M60	6	.07.0	6
2	19	Harry Matthews	Elswick	M65	6	.09.2	6
3	89	Graham Leslie	Elswick	M65	6	18.3	5
4	136	Archie Jenkins	Morpeth	M60	6	25.9	5

5	78	Ben Hull	Claremont	M70	6	30.2	6
6	97	Percy Parkin	Crook	M70	6	32.2	5
7	84	Tommy Copp	South Shields	M65	6	37.0	4
8	93	Steve Eccleston	Houghton	M65	6	40.4	3
9	70	Bill Doidge	Low Fell	M65	6	46.4	2
10	96	Kenneth Pyle	Aurora	M65	7	.00.0	1
11	87	James Wightman	Sunderland Harriers	M65	7	.02.6	0
12	118	Richard Wilson	Jarrow & Hebburn	M60	7	.07.7	4
13	246	Lesley Downey	South Shields	L55	7	20.3	5
14	59	Mac Stephenson	South Shields	M70	7	26.9	4
15	45	Dave Morris	North Shields Poly	M60	8	.02.2	3
16	31	Reg Checkley	Heaton	M75	8	11.1	6
17	80	Arthur Potter	South Shields	M70	8	15.4	3
18	129	Allen Purdham	Crook	M75	8	19.7	5
19	245	Patricia White	South Shields	L60	8	24.4	4
20	18	George Routledge	Heaton	M65	9	.00.7	0

1 Mile 3

Position	Number	Name	Club	Age Cat.	Time		Grand prix Points
					Min.	Sec.	
1	8	Dave France	Low Fell	M35	4	52.8	6
2	49	Sean Maley	North Shields Poly	M40	4	54.7	6
3	10	David Best	Crook	M35	4	58.5	5
4	16	George Harden	Sunderland Harriers	M50	5	14.2	6
5	1	Al Knebel	Sunderland Harriers	M45	5	14.7	6
6	104	John Moore	Heaton	M45	5	19.3	5
7	20	Ian Young	Blackhill	M40	5	20.1	5
8	138	Mark Ketley	Hunwick Harriers	M35	5	22.4	4
9	11	David Gilmore	North Shields Poly	M50	5	29.4	5
10	65	Garry Paterson	Low Fell	M45	5	32.4	4
11	6	Colin Hodgson	Blackhill	M50	5	33.9	4
12	79	John James	Heaton	M55	5	36.7	6
13	99	Michael Stacey	Low Fell	M55	5	37.6	5
14	88	Michael Graham	Low Fell	M50	5	39.3	3
15	15	Geoff Hewitson	Crook	M55	5	49.9	4
16	69	Tony Allinson	Sunderland Harriers	M40	5	52.7	4
17	116	Paul J Brennan	Crook	M45	5	54.3	3
18	21	Jimmy Johnson	Sunderland Harriers	M35	5	55.8	3
19	71	Michael Duffon	Crook	M40	5	57.2	3
20	67	Dean Philips	Sunderland Harriers	M45	5	58.8	2
21	102	Paramjeet Bhogal	Heaton	M55	6	20.9	3
22	137	Barry Marlee	Sunderland Harriers	M45	6	22.2	1
23	75	Gerry Hehir	Crook	M55	6	22.8	2

1 Mile Open Mile

Position	Number	Name	Club	Age Cat.	Time		Grand prix Points
					Min.	Sec.	
1	142	Sparrow Morley	Newcastle University	SNR	4	33.0	guest
2	139	Rob Everson	Elvet Striders	SNR	4	53.3	guest
3	141	Mark Banks	Heaton	SNR	4	55.4	guest
4	140	Michael Garrard	North Shields Poly	SNR	5	.00.1	guest
5	265	Laura Lee	Hunwick Harriers	SNR	5	42.9	guest

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Position	Number	Name	Club	Cat.	Min.	Sec.	Points
1	225	Gillian Tomlinson	Houghton	L45		74.7	6
2	213	Val Baxter	Birtley	L50		79.0	6
3	240	Louise Griffin	Tynedale	L45	1	32.1	5
4	247	Shelley Walsh	North Shields Poly	L60	1	37.9	6

400m 2

Position	Number	Name	Club	Age Cat.	Time Min.	Time Sec.	Grand prix Points
1	208	Leanne Robertson	Tynebridge	L40		65.9	6
2	262	Leah Davison	North Shields Poly	L40		69.4	5
3	207	Kelly Gillan	North Shields Poly	L40		72.1	4
4	230	Natalie Mulholland	Crook	L40		72.5	3
5	251	Louise Lennox	Tynebridge	L40		76.5	2
6	252	Alison Smith	North Shields Poly	L40		81.0	1
7	261	Joanne Wood	Tynebridge	L40		89.8	0

400m 3

Position	Number	Name	Club	Age Cat.	Time Min.	Time Sec.	Grand prix Points
1	242	Shannel Curtis	Birtley	L35		78.5	6
2	206	Kelly Dodds	Heaton	L35		79.6	5
3	258	Heather Hogg	Jarrow & Hebburn	L35		83.9	4
4	202	Elizabeth Medd	Gateshead	L35		87.9	3

400m 4

Position	Number	Name	Club	Age Cat.	Time Min.	Time Sec.	Grand prix Points
1	85	James Taylor	Carlisle Aspatria	T36		68.5	guest
2	97	Percy Parkin	Crook	M70		78.2	6
3	38	Peter Donaghy	North Shields Poly	M75		79.4	6
4	31	Reg Checkley	Heaton	M75	1	34.9	5
5	129	Allen Purdham	Crook	M75	1	42.7	4

400m 5

Position	Number	Name	Club	Age Cat.	Time Min.	Time Sec.	Grand prix Points
1	101	Dave Peffer	Heaton	M65		78.4	6
2	118	Richard Wilson	Jarrow & Hebburn	M60		81.2	6
3	103	Norman Robb	Jarrow & Hebburn	M60		82.9	5
4	87	James Wightman	Sunderland Harriers	M65		83.6	5
5	96	Kenneth Pyle	Aurora	M65		85.1	4
6	45	Dave Morris	North Shields Poly	M60	1	39.9	4

400m 6

Position	Number	Name	Club	Age Cat.	Time Min.	Time Sec.	Grand prix Points
1	13	David Johnson	North Shields Poly	M55		67.7	6
2	14	Eric Smart	Gateshead	M55		73.1	5
3	79	John James	Heaton	M55		75.5	4
4	75	Gerry Hehir	Crook	M55		84.3	3

400m 7

Position	Number	Name	Club	Age Cat.	Time Min.	Time Sec.	Grand prix Points
1	113	Phil McCluskey	Sunderland Harriers	M45		59.2	6
2	27	Paul Donaghy	Durham City	M45		62.0	5
3	100	David Hughes	North Shields Poly	M50		62.5	6
4	16	George Harden	Sunderland Harriers	M50		63.7	5
5	1	Al Knebel	Sunderland Harriers	M45		63.7	4
6	6	Colin Hodgson	Blackhill	M50		65.1	5
7	104	John Moore	Heaton	M45		65.5	3
8	116	Paul J Brennan	Crook	M45		75.5	2

400m 8

Position	Number	Name	Club	Age	Time		Grand prix
				Cat.	Min.	Sec.	Points
1	7	Darren Towart	Tynedale	M35		57.8	6
2	72	Jason Catteral	Sedgefield	M40		58.2	6
3	56	Paul Dodds	North Shields Poly	M40		61.9	5
4	20	Ian Young	Blackhill	M40		65.1	4
5	26	Neil Yorston	South Shields	M35		68.4	5

Hammer	Number	Name	Club	Age	Distance	Grand prix
				Cat.		
	204	Jacqueline Etherington	Tynebridge	L35	12.66	6
	260	Sara James	Tynebridge	L35	7.79	5
	212	Sylvie Hargreaves	North Shields Poly	L40	13.11	6
	211	Sharon Richardson	Blyth	L50	24.68	6
	220	Pam Gardiner	Gateshead	L50	16.05	5
	201	Christine Elliott	Tynebridge	L55	19.95	6
	263	Steff White	Tynedale	L55	16.39	5
	39	Paul Corrigan	Wallsend	M45	23.36	6
	46	Rob Kirtley	Tynebridge	M45	12.12	5
	62	Paul Young	Middlesbrough & Cleveland	M50	24.47	6
	55	John Moreland	Rugby & Northhants	M55	40.29	6
	63	John Wild	Middlesbrough & Cleveland	M60	37.00	guest
	37	Trevor Straker	North Shields Poly	M60	27.08	6
	123	Michael Wisely	Tynebridge	M60	15.89	5
	57	Terry Hudson	Jarrow & Hebburn	M65	29.78	6
	18	George Routledge	Heaton	M65	14.35	5
	127	Paul Wheeler	NEVAC	M70	23.77	6
	66	Hugh Ryan	NEVAC	M80	25.32	6

Discus	Number	Name	Club	Age	Distance	Grand prix
				Cat.		
	204	Jacqueline Etherington	Tynebridge	L35	20.85	6
	260	Sara James	Tynebridge	L35	13.67	5
	212	Sylvie Hargreaves	North Shields Poly	L40	19.98	6
	229	Marylou Lonsdale	Crook	L40	12.76	5
	220	Pam Gardiner	Gateshead	L50	17.01	6
	201	Christine Elliott	Tynebridge	L55	20.32	6
	253	Maggie Davison	Tynebridge	L55	12.69	5
	214	Janette Kilgour	Heaton	L65	12.53	6
	7	Darren Towart	Tynedale	M35	27.37	6
	125	Gary Dunlop	South Shields	M35	18.97	5
	21	Jimmy Johnson	Sunderland Harriers	M35	10.19	4
	39	Paul Corrigan	Wallsend	M45	29.49	6
	113	Phil McCluskey	Sunderland Harriers	M45	21.67	5
	67	Dean Philips	Sunderland Harriers	M45	15.23	4
	68	David Savage	Sunderland Harriers	M45	14.11	3
	137	Barry Marlee	Sunderland Harriers	M45	9.91	2
	52	Stuart Ryan	Gateshead	M50	39.64	6
	62	Paul Young	Middlesbrough & Cleveland	M50	31.93	5
	135	Simon Duckworth	North Shields Poly	M50	31.67	4
	55	John Moreland	Rugby & Northhants	M55	44.08	6
	102	Paramjeet Bhogal	Heaton	M55	19.40	5
	37	Trevor Straker	North Shields Poly	M60	38.02	6
	63	John Wild	Middlesbrough & Cleveland	M60	37.64	5
	57	Terry Hudson	Jarrow & Hebburn	M65	29.44	6
	53	Desmond Richards	Jarrow & Hebburn	M65	25.39	5

18	George Routledge	Heaton	M65	17.89	4
127	Paul Wheeler	NEVAC	M70	18.41	6
66	Hugh Ryan	NEVAC	M80	21.46	6

Shot

Number	Name	Club	Cat.	Distance	Points
204	Jacqueline Etherington	Tynebridge	L35	8.45	6
260	Sara James	Tynebridge	L35	5.85	5
237	Helena Wälsäter	Heaton	L35	4.69	4
212	Sylvie Hargreaves	North Shields Poly	L40	6.06	6
226	Lisa Boyd	Heaton	L40	4.86	5
261	Joanne Wood	Tynebridge	L40	4.51	4
229	Marylou Lonsdale	Crook	L40	4.42	3
232	Heather Bittlestone	Houghton	L45	6.38	6
231	Jayne Henderson	Crook	L45	6.37	5
220	Pam Gardiner	Gateshead	L50	6.93	6
211	Sharon Richardson	Blyth	L50	6.37	5
201	Christine Elliott	Tynebridge	L55	8.88	6
253	Maggie Davison	Tynebridge	L55	5.56	5
214	Janette Kilgour	Heaton	L65	5.10	6
34	Scott Garrett	Saltwell	M40	9.53	6
71	Michael Dufton	Crook	M40	6.03	5
12	David Goodfellow	Crook	M40	5.65	4
39	Paul Corrigan	Wallsend	M45	11.06	6
113	Phil McCluskey	Sunderland Harriers	M45	6.97	5
52	Stuart Ryan	Gateshead	M50	12.90	6
135	Simon Duckworth	North Shields Poly	M50	11.91	5
62	Paul Young	Middlesbrough & Cleveland	M50	8.03	4
55	John Moreland	Rugby & Northhants	M55	11.73	guest
102	Paramjeet Bhogal	Heaton	M55	7.15	6
75	Gerry Hehir	Crook	M55	4.79	5
37	Trevor Straker	North Shields Poly	M60	11.04	6
63	John Wild	Middlesbrough & Cleveland	M60	9.36	5
57	Terry Hudson	Jarrow & Hebburn	M65	10.07	6
53	Desmond Richards	Jarrow & Hebburn	M65	7.42	5
127	Paul Wheeler	NEVAC	M70	6.68	6
59	Mac Stephenson	South Shields	M70	6.17	5
76	Don Butler	Jarrow & Hebburn	M75	7.54	6
38	Peter Donaghy	North Shields Poly	M75	4.40	6
66	Hugh Ryan	NEVAC	M80	8.28	6

Long Jump

Number	Name	Club	Cat.	Distance	Grand prix Points
227	Anna Harris	Sunderland Harriers	L40	4.27	6
254	Lourdes Bradley	North Shields Poly	L40	3.42	5
230	Natalie Mulholland	Crook	L40	3.23	4
223	Helen Pratt	Crook	L40	2.72	3
231	Jayne Henderson	Crook	L45	3.60	6
263	Steff White	Tynedale	L55	3.51	6
125	Gary Dunlop	South Shields	M35	4.43	6
10	David Best	Crook	M35	3.99	5
26	Neil Yorston	South Shields	M35	3.97	4
21	Jimmy Johnson	Sunderland Harriers	M35	3.12	3
34	Scott Garrett	Saltwell	M40	4.07	6
68	David Savage	Sunderland Harriers	M45	3.25	6
67	Dean Philips	Sunderland Harriers	M45	3.17	5
16	George Harden	Sunderland Harriers	M50	3.19	6
15	Geoff Hewitson	Crook	M55	4.06	6
101	Dave Peffer	Heaton	M65	4.22	6

97	Percy Parkin	Crook	M70	2.98
41	Bryn Mordey	Tynedale	T	4.93

6
guest

High Jump	Number	Name	Club	Age		Distance	Grand prix Points
				Cat.			
	237	Helena Wälsäter	Heaton	L35		1.25	6
	251	Louise Lennox	Tynebridge	L40		1.20	6
	223	Helen Pratt	Crook	L40		1.10	5
	26	Neil Yorston	South Shields	M35		1.40	6
	125	Gary Dunlop	South Shields	M35		1.25	5
	12	David Goodfellow	Crook	M40		1.30	6
	71	Michael Dufton	Crook	M40		1.25	5
	15	Geoff Hewitson	Crook	M55		1.35	6
	37	Trevor Straker	North Shields Poly	M60		1.30	6
	76	Don Butler	Jarrow & Hebburn	M75		1.15	6