

NEMAA #4

Monkton Stadium - 6th July 2015

100m	Position	Number	Name	Club	Age	Time	
					Cat.	Min.	Sec.
1	1	231	Jayne Henderson	Crook	L45		14.9
	2	234	Angela Kelly	Giffnock North	L50		15.0
	3	225	Gillian Tomlinson	Houghton	L45		15.7
	4	213	Val Baxter	Birtley	L50		17.3
	5	205	Julie A Guy	North Shields Poly	L45		19.1
	6	240	Louise Griffin	Tynedale	L45		19.4

100m	Position	Number	Name	Club	Age	Time	
					Cat.	Min.	Sec.
2	1	210	Rachael Savidis	North Shields Poly	L40		13.5
	2	227	Anna Harris	Sunderland H	L40		14.1
	3	230	Natalie Mulholland	Crook	L40		15.0
	4	254	Lourdes Bradley	North Shields Poly	L40		15.0
	5	276	Fiona Toland-Mitchell	Heaton	L40		17.0
	6	226	Lisa Boyd	Heaton	L40		17.9

100m	Position	Number	Name	Club	Age	Time	
					Cat.	Min.	Sec.
3	1	275	Caroline Lievesley	Heaton	L40		15.9
	2	258	Heather Hogg	Jarrow & Hebburn	L35		16.6
	3	257	Claire Smith	Heaton	L35		17.3
	4	260	Sara James	Tynebridge	L35		19.8

100m	Position	Number	Name	Club	Age	Time	
					Cat.	Min.	Sec.
4	1	101	Dave Peffer	Heaton	M65		14.9
	2	90	Harold Fern	North Shields Poly	M70		17.5
	3	89	Graham Leslie	Elswick	M65		18.8
	4	129	Allen Purdham	Crook	M75		19.0
	5	38	Peter Donaghy	North Shields Poly	M75		19.0
	6	160	Alan Elders	Low Fell	M65		21.2

100m	Position	Number	Name	Club	Age	Time	
					Cat.	Min.	Sec.
5	1	73	Stephen Todner	Houghton	M60		13.6
	2	132	Alan Readman	Houghton	M55		14.0
	3	48	Tony Gair	Jarrow & Hebburn	M60		14.9
	4	13	David Johnson	North Shields Poly	M55		14.9
	5	147	Michael Lloyd	Crook AC	M55		16.3
	6	123	Michael Wisely	Tynebridge	M60		16.8
	7	103	Norman Robb	Jarrow & Hebburn	M60		17.1
	8	45	Dave Morris	North Shields Poly	M60		20.5

Age Time

	Position	Number	Name	Club	Cat.	Min.	Sec.
100m 6	1	100	David Hughes	North Shields Poly	M50		13.5
	2	83	Ian Cowell	Houghton	M50		13.6
	3	86	Peter Sunderland	Tynedale	M50		14.3
	4	6	Colin Hodgson	Blackhill	M50		14.8

	Position	Number	Name	Club	Cat.	Age	Time
						Min.	Sec.
100m 7	1	27	Paul Donaghy	Durham City	M45		12.8
	2	104	John Moore	Heaton	M45		14.6
	3	68	David Savage	Sunderland Harriers	M45		14.9
	4	175	Fai Ng	Low Fell	M45		15.0
	5	116	Paul J Brennan	Crook	M45		15.3
	6	168	Jason Bridgewater	Crook	M45		15.9
	7	137	Barry Marlee	Sunderland Harriers	M45		17.1

	Position	Number	Name	Club	Cat.	Age	Time
						Min.	Sec.
100m 8	1	64	Wayne Gedge	Morpeth	M40		13.1
	2	56	Paul Dodds	North Shields Poly	M40		13.8
	3	20	Ian Young	Blackhill	M40		14.8
	4	69	Tony Allinson	Sunderland Harriers	M40		14.9

	Position	Number	Name	Club	Cat.	Age	Time
						Min.	Sec.
100m 9	1	41	Bryn Mordey	Tynedale (guest)	M17		11.9
	2	110	Aiden Turnbull	Jarrow & Hebburn (guest)	M21 T20		12.0
	3	171	Michael Wright	Gateshead	M35		12.8
	4	7	Darren Towart	Tynedale	M35		12.9
	5	130	Kyle Burton	Jarrow & Hebburn (guest)	M16		14.4

	Position	Number	Name	Club	Cat.	Age	Time
						Min.	Sec.
800m 1	1	235	Sue Philips	Darlington	L50	2	49.3
	2	277	Julia Quinonez	Durham	L45	3	01.4
	3	278	Sue Linsley	Heaton	L45	3	03.4
	4	240	Louise Griffin	Tynedale	L45	3	12.1
	5	255	Lynne Marr	Tynedale	L50	3	14.7
	6	219	Helen Morris	Blyth	L50	3	15.6
	7	236	Jenny Friend	Heaton	L50	3	22.9
	8	247	Shelley Walsh	North Shields Poly	L60	3	36.0

	Position	Number	Name	Club	Cat.	Age	Time
						Min.	Sec.
800m 2	1	270	Anna Pigford	Houghton (guest)	L13	2	37.4
	2	215	Lorna Graham	Birtley	L35	2	38.1
	3	272	Nicola Woodward	Sunderland Harriers	L35	2	42.1
	4	223	Helen Pratt	Crook	L40	2	48.0
	5	251	Louise Lennox	Tynebridge	L40	2	53.9
	6	274	Caroline Billis	Heaton	L35	2	58.0

7	271	Catherine Eaton	Tynebridge	L35	3	.05.6
8	275	Caroline Lievesley	Heaton	L40	3	.06.8
9	243	Sue Browning	Blyth	L40	3	.07.4
10	229	Marylou Lonsdale	Crook	L40	3	11.2
11	238	Lisa Walker	Tynebridge	L40	3	37.8

800m	Position	Number	Name	Club	Age	Time	
					Cat.	Min.	Sec.
3	1	97	Percy Parkin	Crook	M70	3	.02.4
	2	78	Ben Hull	Claremont	M70	3	.03.6
	3	38	Peter Donaghy	North Shields Poly	M75	3	29.7
	4	31	Reg Checkley	Heaton	M75	3	33.8
	5	90	Harold Fern	North Shields Poly	M70	3	39.8
	6	80	Arthur Potter	South Shields	M70	3	52.6
	7	129	Allen Purdham	Crook	M75	3	53.1

800m	Position	Number	Name	Club	Age	Time	
					Cat.	Min.	Sec.
4	1	89	Graham Leslie	Elswick	M65	2	57.7
	2	93	Steve Eccleston	Houghton	M65	3	.03.2
	3	87	James Wightman	Sunderland Harriers	M65	3	.06.9
	4	84	Tommy Copp	South Shields	M65	3	.09.4
	5	160	Alan Elders	Low Fell	M65	3	13.8
	6	70	Bill Doidge	Low Fell	M65	3	15.6
	7	3	Brian Brown	Durham City	M65	3	16.0
	8	18	George Routledge	Heaton	M65	4	.02.8

800m	Position	Number	Name	Club	Age	Time	
					Cat.	Min.	Sec.
5	1	13	David Johnson	North Shields Poly	M55	2	34.3
	2	119	John Stephens	Low Fell	M55	2	35.1
	3	99	Michael Stacey	Low Fell	M55	2	36.6
	4	15	Geoff Hewitson	Crook	M55	2	40.7
	5	111	Malcolm Thirlaway	Gateshead	M55	2	45.5
	6	132	Alan Readman	Houghton	M55	2	48.8
	7	112	David Mitchenson	Blaydon	M60	2	49.5
	8	136	Archie Jenkins	Morpeth	M60	2	56.3
	9	75	Gerry Hehir	Crook	M55	3	.05.6
	10	174	Kevin Freeman	Blyth	M55	3	14.0
	11	45	Dave Morris	North Shields Poly	M60	3	50.7

800m	Position	Number	Name	Club	Age	Time	
					Cat.	Min.	Sec.
6	1	104	John Moore	Heaton	M45	2	23.1
	2	113	Phil McCluskey	Sunderland Harriers	M45	2	24.6
	3	16	George Harden	Sunderland Harriers	M50	2	26.0
	4	11	David Gilmore	North Shields Poly	M50	2	26.1
	5	175	Fai Ng	Low Fell	M45	2	26.8
	6	6	Colin Hodgson	Blackhill	M50	2	29.6
	7	168	Jason Bridgewater	Crook	M45	2	31.6

8	65	Garry Paterson	Low Fell	M45	2	34.5
9	116	Paul J Brennan	Crook	M45	2	39.5
10	68	David Savage	Sunderland Harriers	M45	2	42.0

					Age	Time	
		Position	Number	Name	Club	Cat.	Min. Sec.
800m	7	1	8	Dave France	Low Fell	M35	2 .09.7
		2	49	Sean Maley	North Shields Poly	M40	2 12.4
		3	36	Steven Medd	Gateshead	M35	2 14.8
		4	124	David Stainthorpe	North Shields Poly	M40	2 17.7
		5	72	Jason Catterall	Sedgefield	M40	2 19.2
		6	20	Ian Young	Blackhill	M40	2 28.2
		7	109	Mal Gibson	Tynebridge	M40	2 34.8
		8	163	Scott Armstrong	Jesmond Joggers	M35	2 35.3
		9	26	Neil Yorston	South Shields	M35	2 36.7
		10	69	Tony Allinson	Sunderland Harriers	M40	2 37.7
		11	71	Michael Dufton	Crook	M40	2 37.8

		Open			Age	Time	
		Position	Number	Name	Club	Cat.	Min. Sec.
800m	8	1	172	Steve Rankin	Sunderland Harriers	M30	2 .09.0
		2	176	Thomas Clark	Sunderland Strollers	M22	2 10.3
		3	170	Kieron Moffat	South Shields (guest)	M17	2 11.2
		4	167	Ian Ritchie	Jarrow & Hebburn (guest)	SNR	2 15.5
		5	169	Jordan Smith	Crook (guest)	SNR	2 19.1
		6	273	Joanne Raine	Crook (guest)	SNR	2 37.5

					Age	Time	
		Position	Number	Name	Club	Cat.	Min. Sec.
300m	1	1	234	Angela Kelly	Giffnock North	L50	51.2
		2	263	Steff White	Tynedale	L55	55.3
		3	213	Val Baxter	Birtley	L50	56.6
		4	236	Jenny Friend	Heaton	L50	63.1
		5	219	Helen Morris	Blyth	L50	65.4
		6	247	Shelley Walsh	North Shields Poly	L60	67.0

					Age	Time	
		Position	Number	Name	Club	Cat.	Min. Sec.
300m	2	1	223	Helen Pratt	Crook	L40	52.1
		2	230	Natalie Mulholland	Crook	L40	52.1
		3	225	Gillian Tomlinson	Houghton	L45	52.5
		4	240	Louise Griffin	Tynedale	L45	65.9
		5	238	Lisa Walker	Tynebridge	L40	73.6

					Age	Time	
		Position	Number	Name	Club	Cat.	Min. Sec.
300m	3	1	215	Lorna Graham	Birtley	L35	47.4
		2	272	Nicola Woodward	Sunderland Harriers	L35	50.1
		3	258	Heather Hogg	Jarrow & Hebburn	L35	55.9
		4	257	Claire Smith	Heaton	L35	58.3

5	271	Catherine Eaton	Tynebridge	L35		62.6
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300m	Position	Number	Name	Club	Age Time	
					Cat.	Min. Sec.
4	1	97	Percy Parkin	Crook	M70	57.6
	2	90	Harold Fern	North Shields Poly	M70	62.5
	3	38	Peter Donaghy	North Shields Poly	M75	63.2
	4	31	Reg Checkley	Heaton	M75	63.7
	5	129	Allen Purdham	Crook	M75	71.1

300m	Position	Number	Name	Club	Age Time	
					Cat.	Min. Sec.
5	1	101	Dave Pepper	Heaton	M65	49.8
	2	160	Alan Elders	Low Fell	M65	60.5
	3	3	Brian Brown	Durham City	M65	60.9
	4	70	Bill Doidge	Low Fell	M65	63.6

300m	Position	Number	Name	Club	Age Time	
					Cat.	Min. Sec.
6	1	73	Stephen Todner	Houghton	M60	44.3
	2	123	Michael Wisely	Tynebridge	M60	57.8
	3	136	Archie Jenkins	Morpeth	M60	58.9
	4	45	Dave Morris	North Shields Poly	M60	71.5

300m	Position	Number	Name	Club	Age Time	
					Cat.	Min. Sec.
7	1	119	John Stephens	Low Fell	M55	51.4
	2	147	Michael Lloyd	Crook AC	M55	54.2
	3	174	Kevin Freeman	Blyth	M55	58.0

300m	Position	Number	Name	Club	Age Time	
					Cat.	Min. Sec.
8	1	27	Paul Donaghy	Durham City	M45	42.3
	2	113	Phil McCluskey	Sunderland Harriers	M45	42.3
	3	100	David Hughes	North Shields Poly	M50	44.4
	4	104	John Moore	Heaton	M45	47.3
	5	83	Ian Cowell	Houghton	M50	47.6
	6	168	Jason Bridgewater	Crook	M45	49.5
	7	68	David Savage	Sunderland Harriers	M45	50.2
	8	116	Paul J Brennan	Crook	M45	53.2

300m	Position	Number	Name	Club	Age Time	
					Cat.	Min. Sec.
9	1	7	Darren Towart	Tynedale	M35	40.0
	2	72	Jason Catterall	Sedgefield	M40	41.4
	3	56	Paul Dodds	North Shields Poly	M40	44.0
	4	6	Colin Hodgson	Blackhill	M50	46.3
	5	20	Ian Young	Blackhill	M40	47.4
	6	16	George Harden	Sunderland Harriers	M50	49.6
	7	69	Tony Allinson	Sunderland Harriers	M40	50.5

Long Jump	Number	Name	Club	Age	
				Cat.	Distance
274	Caroline Billis	Heaton	L35	2.12	
227	Anna Harris	Sunderland H	L40	4.60	
230	Natalie Mulholland	Crook	L40	3.61	
254	Lourdes Bradley	North Shields Poly	L40	3.56	
229	Marylou Lonsdale	Crook	L40	2.25	
231	Jayne Henderson	Crook	L45	3.25	
277	Julia Quinonez	Durham	L45	2.84	
263	Steff White	Tynedale	L55	3.35	
41	Bryn Mordey	Tynedale (guest)	M17	5.34	
125	Gary Dunlop	South Shields	M35	4.70	
26	Neil Yorston	South Shields	M35	4.30	
21	Jimmy Johnson	Sunderland Harriers	M35	3.09	
29	Paul Thornton	Durham City	M40	3.71	
71	Michael Dufton	Crook	M40	2.90	
137	Barry Marlee	Sunderland Harriers	M45	3.10	
153	David Dixon	Tynedale	M55	4.66	
15	Geoff Hewitson	Crook	M55	3.81	
147	Michael Lloyd	Crook AC	M55	3.53	
97	Percy Parkin	Crook	M70	2.93	

Triple Jump	Number	Name	Club	Age	
				Cat.	Distance
275	Caroline Lievesley	Heaton	L40	7.12	
263	Steff White	Tynedale	L55	8.28	
41	Bryn Mordey	Tynedale (guest)	M17	10.95	
171	Michael Wright	Gateshead	M35	11.22	
26	Neil Yorston	South Shields	M35	9.35	
21	Jimmy Johnson	Sunderland Harriers	M35	7.23	
16	George Harden	Sunderland Harriers	M50	8.57	
15	Geoff Hewitson	Crook	M55	8.55	
75	Gerry Hehir	Crook	M55	5.66	
101	Dave Pepper	Heaton	M65	9.31	

Hammer	Number	Name	Club	Age	
				Cat.	Distance
260	Sara James	Tynebridge	L35	10.62	
257	Claire Smith	Heaton	L35	8.98	
212	Sylvie Hargreaves	North Shields Poly	L40	10.45	
211	Sharon Richardson	Blyth	L50	22.80	
236	Jenny Friend	Heaton	L50	15.11	
30	Peter Gallagher	North Shields Poly	M35	30.61	
29	Paul Thornton	Durham City	M40	13.78	
46	Rob Kirtley	Tynebridge	M45	12.20	
52	Stuart Ryan	Gateshead	M50	30.75	
55	John Moreland	Rugby & Northhants (guest)	M55	40.18	
63	John Wild	Middlesbrough & Cleveland	M60	36.15	
123	Michael Wisely	Tynebridge	M60	16.70	

57	Terry Hudson	Jarrow & Hebburn	M65	30.30
18	George Routledge	Heaton	M65	14.60
127	Paul Wheeler	NEVAC	M70	24.38
173	Bill Gentleman	Edinburgh AC (guest)	M75	38.08
66	Hugh Ryan	NEVAC	M80	26.19

Javelin

	Number	Name	Club	Age Cat.	Distance
	274	Caroline Billis	Heaton	L35	5.76
	272	Nicola Woodward	Sunderland Harriers	L35	21.29
	260	Sara James	Tynebridge	L35	9.36
	276	Fiona Toland-Mitchell	Heaton	L40	6.91
	223	Helen Pratt	Crook	L40	7.55
	251	Louise Lennox	Tynebridge	L40	14.67
	229	Marylou Lonsdale	Crook	L40	10.65
	210	Rachael Savidis	North Shields Poly	L40	15.13
	243	Sue Browning	Blyth	L40	9.18
	231	Jayne Henderson	Crook	L45	15.02
	205	Julie A Guy	North Shields Poly	L45	10.50
	278	Sue Linsley	Heaton	L45	8.16
	211	Sharon Richardson	Blyth	L50	12.96
	214	Janette Kilgour	Heaton	L65	11.67
	212	Sylvie Hargreaves	North Shields Poly	L40	8.40
	226	Lisa Boyd	Heaton	L40	12.70
	7	Darren Towart	Tynedale	M35	32.10
	125	Gary Dunlop	South Shields	M35	26.46
	21	Jimmy Johnson	Sunderland Harriers	M35	12.25
	71	Michael Dufton	Crook	M40	16.00
	29	Paul Thornton	Durham City	M40	10.07
	137	Barry Marlee	Sunderland Harriers	M45	12.03
	113	Phil McCluskey	Sunderland Harriers	M45	29.27
	33	Rob Foster	North Shields Poly	M45	28.10
	46	Rob Kirtley	Tynebridge	M45	22.74
	83	Ian Cowell	Houghton	M50	23.69
	52	Stewart Ryan	Gateshead	M50	44.25
	75	Gerry Hehir	Crook	M55	12.76
	55	John Moreland	Rugby & Northhants (guest)	M55	24.49
	63	John Wild	Middlesbrough & Cleveland	M60	25.08
	48	Tony Gair	Jarrow & Hebburn	M60	23.55
	18	George Routledge	Heaton	M65	14.11
	57	Terry Hudson	Jarrow & Hebburn	M65	27.89
	127	Paul Wheeler	NEVAC	M70	9.61
	66	Hugh Ryan	NEVAC	M80	8.75

Weight

	Number	Name	Club	Age Cat.	Distance
	18	George Routledge	Heaton	M65	6.50
	66	Hugh Ryan	NEVAC	M80	10.30
	55	John Moreland	Rugby & Northhants (guest)	M55	14.61

63	John Wild	Middlesbrough & Cleveland	M60	12.43
127	Paul Wheeler	NEVAC	M70	9.12
57	Terry Hudson	Jarrow & Hebburn	M65	11.92
173	Bill Gentleman	Edinburgh AC (guest)	M75	15.52

*New Brit

tish Record