

North Eastern Counties Athletics Association
Mens 10,000M Track Championship 2015
Wednesday 29th April 2015
Monkton Stadium

	Athlete	Club	Time
1	Peter Newton	Morpeth Harriers	30:48.9 (Gold Medalist))
2	Ady Whitwam (G)	Morpeth Harriers	32:02.5
3	Chris Smith	Morpeth Harriers	32:18.6 (Silver Medalist)
4	Thomas Straughan	Morpeth Harriers	32:19.0 (Bronze Medalist)
5	Conrad Franks	Gateshead	33:14.0
6	Jake Jansen	Blyth	36:32.4
7	Chris Waite	North Shields Poly	37:50.8
8	Mark Ketley	Hunwick Harriers	38:41.8
9	Colin Hodgson	Blackhill Bounders	39:15.0
10	Graham Syers	Alnwick Harriers	39:43.4
11	John Lowes	Elswick Harriers	40:20.3
12	David Hindmarsh	Alnwick Harriers	41:46.8

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	Athlete	Club	Time
1	Heather Robinson	Jarrow & Hebburn	42:59.3 (Gold Medalist))
2	Catherine Lee	Elswick Harriers	44:28.4 (Silver Medalist)
3	Charlotte Carpenter	Tynebridge Harriers	46:00.8 (Bronze Medalist)
4	Vicki Thompson	Jarrow & Hebburn	46:42.5