North Eastern Counties Athletics Association Mens 10,000M Track Championship 2015 Wednesday 29th April 2015 Monkton Stadium

Athlete	Club	Time
Peter Newton	Morpeth Harriers	30:48.9 (Gold Medalist))
Ady Whitwam (G)	Morpeth Harriers	32:02.5
Chris Smith	Morpeth Harriers	32:18.6 (Silver Medalist)
Thomas Straughan	Morpeth Harriers	32:19.0 (Bronze Medalist)
Conrad Franks	Gateshead	33:14.0
Jake Jansen	Blyth	36:32.4
Chris Waite	North Shields Poly	37:50.8
Mark Ketley	Hunwick Harriers	38:41.8
Colin Hodgson	Blackhill Bounders	39:15.0
Graham Syers	Alnwick Harriers	39:43.4
John Lowes	Elswick Harriers	40:20.3
David Hindmarsh	Alnwick Harriers	41:46.8
	Peter Newton Ady Whitwam (G) Chris Smith Thomas Straughan Conrad Franks Jake Jansen Chris Waite Mark Ketley Colin Hodgson Graham Syers John Lowes	Peter Newton Morpeth Harriers Ady Whitwam (G) Morpeth Harriers Chris Smith Morpeth Harriers Thomas Straughan Morpeth Harriers Conrad Franks Gateshead Jake Jansen Blyth Chris Waite North Shields Poly Mark Ketley Hunwick Harriers Colin Hodgson Blackhill Bounders Graham Syers Alnwick Harriers John Lowes Elswick Harriers

North Eastern Counties Athletics Association Womens 10,000M Track Championship 2015 Wednesday 29th April 2015 Monkton Stadium

	Athlete	Club	Time
1	Heather Robinson	Jarrow & Hebburn	42:59.3 (Gold Medalist))
2	Catherine Lee	Elswick Harriers	44:28.4 (Silver Medalist)
3	Charlotte Carpenter	Tynebridge Harriers	46:00.8 (Bronze Medalist)
4	Vicki Thompson	Jarrow & Hebburn	46:42.5