

Northern Athletics Road Relay Championships at Sefton Park, Liverpool on Saturday 28th March 2015

- Senior Women Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	Eleanor Vernon	Stockport	25:43				
2	Emma Clayton	LeedsCity A	25:51				
3	Samantha Johnson	Rotherham A	27:33				
4	Helen Berry	Holmfirth A	27:42				
5	Dionne Allen	LeighHarr A	27:48				
6	Beverley Simons	SalfordHa A	28:16				
7	Sarah Hudak	TraffordA A	28:31				
8	Suzie Richards	LeedsCity B	28:39				
9	Zanthe Wray	Hallamshi	28:50				
10	Maxine Czarnicka	Jarrow&He A	29:10				
11	Delyth James	MorpethHa	29:23				
12	Rachael Lundgren	GosforthH	29:51				
13	Catherine Howard	KnowsleyH A	29:52				
14	Sarah Douglas	SaleHarri	29:53				
15	Hannah Corne	ValleyStr	29:55				
16	Katie Geelan	BuryAthle	30:00				
17	Emma Parkinson	Rotherham B	30:07				
18	Amy Green	Keighley&	30:08				
19	Natalie Weir	DerbyAthl	30:16				
20	Lisa Gawthorne	L'poolP	30:19				
21	C Singleton	TrawdenAt	30:20				
22	Becki Robinson	RoytonRoa A	30:20				
23	Nicola Cartridge	BoltonUni	31:00				
24	Julie Platt	Wigan&Dis A	31:02				
25	Susan Atkinson	Sheffield	31:12				
26	Sa Rebecca CesarDe	SkyracAth A	31:13				
27	Beverley Jackson	EastHullH A	31:18				
28	Rachael Fairclough	StHelensS	31:22				
29	Kate Titlow	ValeRoyal A	31:29				
30	Kirsty Normanton	BurndenRo	31:50				
31	Sarah Singleton	L'poolH	32:01				
32	Emma Bilsbury	LeighHarr B	32:18				
33	Lisa Atkinson	Gateshead	32:36				
34	Lauren Marsden	SwintonRu	32:57				
35	Helen Lawrenson	WeshamRoa	32:58				
36	Fabienne Richmond	ClaytonLe A	33:01				
37	Amie Bagnall	SalfordHa B	33:20				
38	Janine Ridgard	EastChesh	33:35				
39	Emma Weall	WiganPhoe B	33:47				
40	Kath Charnock	WiganPhoe A	33:57				
41	Lisa Tweddle	Jarrow&He B	34:03				
42	Sonya Monaghan	StHelens	34:17				
43	Carole Harrison	Altrinch	34:23				
44	Rachel McDonnell	TraffordA B	34:25				
45	Sarah Angelone	ClaytonLe B	34:38				
46	Cristina Puccini	PennyLane A	35:01				
47	Kaylie Panaro	Blackburn A	35:03				
48	Laura Walters	RoytonRoa B	35:09				
49	Leanne Jackson	Barrow&Fu A	35:11				
50	Katie Billington	Holmfirth B	35:30				
51	Yvonne Morrell	Barrow&Fu B	35:59				
52	Alex O'Brien	L'poolR	36:21				
53	Jayne Roberts	RoytonRoa C	36:47				
54	Stacey Holt	HydeVilla	37:09				
55	Felicity Wolohan	LythamStA	37:34				
56	Vanessa Precious	EastHullH B	38:11				
57	Anna Watkin	PennyLane B	38:40				
58	Karen Parry	KnowsleyH B	39:51				
59	Lindsay Freeman	Wigan&Dis B	40:22				
60	Joanne Fairhurst	Wigan&Dis C	42:09				
61	Carol Robinson	RoytonRoa D	48:14				

- Senior Women Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain				
1	Lyndsay Clarke	Stockport	14:01	39:44	0				
2	Katie Parry	LeedsCity A	14:03	39:54	0				
3	Georgina Leck	LeighHarr A	14:18	42:06	+ 2				
4	Alina Stepanchuk	Rotherham A	14:38	42:11	- 1				
5	Nicola Squires	Hallamshi	13:55	42:45	+ 4				
6	Jenna Hill	SaleHarri	12:54	42:47	+ 8				
7	Rachel Jones	SalfordHa A	14:53	43:09	- 1				
8	Sophie Spencer	Holmfirth A	16:13	43:55	- 4				
9	Alison Drasdo	TraffordA A	15:28	43:59	- 2				
10	Angela McGurk	Jarrow&He A	14:50	44:00	0				
11	Helen Glover	Keighley&	14:06	44:14	+ 7				
12	Veleska Wills	DerbyAthl	14:19	44:35	+ 7				
13	Caitlin Cole	BuryAthle	14:43	44:43	+ 3				
14	Rachel Atherton	LeedsCity B	16:10	44:49	- 6				
15	Mary Jenkinson	Rotherham B	15:12	45:19	+ 2				
16	Lauren Wilson	L'poolP	15:06	45:25	+ 4				
17	Alison Brown	MorpethHa	16:10	45:33	- 6				
18	Andrea Hilldrup	ValeRoyal A	14:30	45:59	+ 11				
19	Louise Watson	GosforthH	16:20	46:11	- 7				
20	Claire Spencer	Sheffield	15:15	46:27	+ 5				
21	Michelle Nolan	Gateshead	13:57	46:33	+ 12				
22	Debbie Fiddling	RoytonRoa A	16:26	46:46	0				
23	Nina Fisher	Wigan&Dis A	15:58	47:00	+ 1				
24	Charlotte Wilson	L'poolH	15:07	47:08	+ 7				
25	Pascale Fotherby	ValleyStr	17:23	47:18	- 10				
26	Carole Fee	EastHullH A	16:48	48:06	+ 1				
27	Donna Cooper	BoltonUni	17:20	48:20	- 4				
28	Jenny McAndrew	TrawdenAt	18:21	48:41	- 7				
29	Shirley Staveley	BurndenRo	16:57	48:47	+ 1				
30	Estelle Malm	SalfordHa B	15:30	48:50	+ 7				
31	Arifa Chakera	SkyracAth A	18:06	49:19	- 5				
32	Helena Leathley	ClaytonLe A	16:26	49:27	+ 4				
33	Sue Coulthurst	WeshamRoa	16:31	49:29	+ 2				
34	Joanne Keogh	StHelensS	18:16	49:38	- 6				
35	S Pritchard	KnowsleyH A	20:17	50:09	- 22				
36	Heather Robinson	Jarrow&He B	16:11	50:14	+ 5				
37	Shannon Johnson	LeighHarr B	18:07	50:25	- 5				
38	Gina Senior	WiganPhoe A	16:39	50:36	+ 2				
39	Emma Flynn	SwintonRu	17:54	50:51	- 5				
40	Amanda Gregory	WiganPhoe B	17:07	50:54	- 1				
41	Joanne Lott	TraffordA B	16:36	51:01	+ 3				
42	Cara Penfold	Holmfirth B	16:35	52:05	+ 8				
43	Jane Eardley	PennyLane A	17:08	52:09	+ 3				
44	Rachel Beesley	StHelens	17:56	52:13	- 2				
45	Sonja Foster	Barrow&Fu A	17:06	52:17	+ 4				
46	Kirsty Simcox	RoytonRoa B	17:17	52:26	+ 2				
47	Nicola Richards	EastChesh	19:24	52:59	- 9				
48	Jean Knightley	ClaytonLe B	18:39	53:17	- 3				
49	Catherine Guinan	Blackburn A	18:29	53:32	- 2				
50	Jo Keeling	L'poolR	17:33	53:54	+ 2				
51	Zoe Travers	Barrow&Fu B	18:07	54:06	0				
52	Deborah Smith	HydeVilla	18:59	56:08	+ 2				
53	Jean Dolan	Altrinch	22:06	56:29	- 10				
54	Louisa Ruman	LythamStA	19:30	57:04	+ 1				
55	Esther VanGinneken	PennyLane B	18:24	57:04	+ 2				
56	Niparun Nessa	RoytonRoa C	20:47	57:34	- 3				
57	Tina Wigglesworth	EastHullH B	19:34	57:45	- 1				
58	Robyn Fawcett	Wigan&Dis B	19:26	59:48	+ 1				
59	Kelly McQueen	KnowsleyH B	20:51	1:00:42	- 1				
60	Adele Lowe	Wigan&Dis C	23:58	1:06:07	0				
61	Emma Kennedy	RoytonRoa D	26:28	1:14:42	0				

Fastest runners over stage 2:

1	Jenna Hill	SaleHarri	12:54
2	Nicola Squires	Hallamshi	13:55
3	Michelle Nolan	Gateshead	13:57
4	Lyndsay Clarke	Stockport	14:01
5	Katie Parry	LeedsCity A	14:03
6	Helen Glover	Keighley&	14:06
7	Georgina Leck	LeighHarr A	14:18
8	Veleska Wills	DerbyAthl	14:19
9	Andrea Hilldrup	ValeRoyal A	14:30
10	Alina Stepanchuk	Rotherham A	14:38

Northern Athletics Road Relay Championships at Sefton Park, Liverpool on Saturday 28th March 2015

- Senior Women Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Ellen Downs	Stockport	14:20	54:04	0
2	Charlotte Wills	LeedsCity A	14:10	54:04	0
3	Natasha Hatswell	Rotherham A	14:00	56:11	+ 1
4	Abigail Howarth	LeighHarr A	14:16	56:22	- 1
5	Laura Weightman	MorpethHa	12:19	57:52	+ 12
6	Charlotte Slack	Hallamshi	15:13	57:58	- 1
7	MBigotSazy	SalfordHa A	15:09	58:18	0
8	Zara Knappy	Keighley&	14:12	58:26	+ 3
9	H WebsterCostella	Jarrow&He A	15:12	59:12	+ 1
10	Alison Pye	SaleHarri	16:32	59:19	- 4
11	Rebecca Townsend	LeedsCity B	14:39	59:28	+ 3
12	Julie Price	TraffordA A	15:59	59:58	- 3
13	Kirsty Longley	L'poolP	14:38	1:00:03	+ 3
14	Lorraine Smith	Holmfirth A	16:15	1:00:10	- 6
15	Jessica Freeman	Rotherham B	16:00	1:01:19	0
16	Nicola Harland	BuryAthle	16:49	1:01:32	- 3
17	Kim Spence	ValleyStr	14:39	1:01:57	+ 8
18	Jenny Horne	Sheffield	15:54	1:02:21	+ 2
19	Lucy Burch	ValeRoyal A	16:25	1:02:24	- 1
20	Rebecca Bennett	Gateshead	16:17	1:02:50	+ 1
21	Rachel Mason	L'poolH	16:40	1:03:48	+ 3
22	Rochelle Evans	RoytonRoa A	17:14	1:04:00	0
23	Sarah Morton	Wigan&Dis A	17:02	1:04:02	0
24	Gwen Kinloch	BurndenRo	16:35	1:05:22	+ 5
25	Sarah Gartside	GosforthH	20:08	1:06:19	- 6
26	Hannah Edwards	BoltonUni	18:03	1:06:23	+ 1
27	Lynn ManirJolley	WiganPhoe A	15:50	1:06:26	+ 11
28	Linda Huart	EastHullH A	18:26	1:06:32	- 2
29	Jeanette Fisher	StHelensS	16:55	1:06:33	+ 5
30	Natalie Harrison	ClaytonLe A	17:12	1:06:39	+ 2
31	Eve McGuire	SkyracAth A	17:30	1:06:49	0
32	Nicola White	TrawdenAt	18:11	1:06:52	- 4
33	Denise Wakefield	SalfordHa B	18:35	1:07:25	- 3
34	Carole Baines	LeighHarr B	17:18	1:07:43	+ 3
35	Vicki Thompson	Jarrow&He B	18:00	1:08:14	+ 1
36	Katie Cunliffe	KnowsleyH A	18:33	1:08:42	- 1
37	Lisa Minns	WeshamRoa	19:17	1:08:46	- 4
38	Tawnia Norman	RoytonRoa B	16:30	1:08:56	+ 8
39	Vivienne Samuelson	SwintonRu	18:14	1:09:05	0
40	Sarah Hodgson	PennyLane A	16:58	1:09:07	+ 3
41	Sophie Seddon	Barrow&Fu A	16:58	1:09:15	+ 4
42	Rachel Wilcock	StHelens	17:27	1:09:40	+ 2
43	J BaileyTaylor	Holmfirth B	17:41	1:09:46	- 1
44	Keisha Cooper	WiganPhoe B	19:55	1:10:49	- 4
45	Jade Lawson	Barrow&Fu B	17:22	1:11:28	+ 6
46	LauraKate Rawlins	TraffordA B	20:31	1:11:32	- 5
47	Abigail Willmitt	L'poolR	17:46	1:11:40	+ 3
48	Sarah Whittaker	ClaytonLe B	18:58	1:12:15	0
49	Andrea Maidment	EastChesh	19:24	1:12:23	- 2
50	Lisa Nuttall	Blackburn A	22:17	1:15:49	- 1
51	Sharon Toolin	HydeVilla	20:44	1:16:52	+ 1
52	Rebecca Mercer	RoytonRoa C	20:17	1:17:51	+ 4
53	Eunice Nopondo	PennyLane B	20:50	1:17:54	+ 2
54	Jayne Earle	EastHullH B	21:03	1:18:48	+ 3
55	Annette Campbell	Altrincha	22:41	1:19:10	- 2
56	Karen Lanigan	LythamStA	22:54	1:19:58	- 2
57	Sarah Coates	Wigan&Dis B	20:41	1:20:29	+ 1
58	Amanda Borthwick	Wigan&Dis C	24:56	1:31:03	+ 2
59	Clare Darraugh	RoytonRoa D	27:02	1:41:44	+ 2

Fastest runners over stage 3:

1	Laura Weightman	MorpethHa	12:19
2	Natasha Hatswell	Rotherham A	14:00
3	Charlotte Wills	LeedsCity A	14:10
4	Zara Knappy	Keighley&	14:12
5	Abigail Howarth	LeighHarr A	14:16
6	Ellen Downs	Stockport	14:20
7	Kirsty Longley	L'poolP	14:38
8	Kim Spence	ValleyStr	14:39
9	Rebecca Townsend	LeedsCity B	14:39
10	MBigotSazy	SalfordHa A	15:09

- Senior Women Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Heather Sellars	LeedsCity A	26:56	1:21:00	+ 1
2	Sally Ratcliffe	Stockport	28:33	1:22:37	- 1
3	Annabelle Grady	Rotherham A	27:33	1:23:44	0
4	Sarah Griffiths	LeighHarr A	28:51	1:25:13	0
5	Hayley Kuter	SalfordHa A	27:50	1:26:08	+ 2
6	Vicky Gibbs	MorpethHa	29:00	1:26:52	- 1
7	Alex Sneddon	Jarrow&He A	27:53	1:27:05	+ 2
8	Hannah Whitelam	Hallamshi	30:22	1:28:20	- 2
9	Luisa Candioli	SaleHarri	29:26	1:28:45	+ 1
10	K Brough	ValeRoyal A	26:35	1:28:59	+ 9
11	Wright Helen	Keighley&	30:40	1:29:06	- 3
12	Hannah Griffiths	TraffordA A	29:38	1:29:36	0
13	Rachel Friend	LeedsCity B	31:23	1:30:51	- 2
14	Clare Constable	L'poolP	30:49	1:30:52	- 1
15	Myra Jones	ValleyStr	29:26	1:31:23	+ 2
16	Lucy Verrill	Holmfirth A	31:54	1:32:04	- 2
17	D PlattsFowler	Sheffield	30:22	1:32:43	+ 1
18	Jayne Taylor	Wigan&Dis A	30:07	1:34:09	+ 5
19	Morven Lean	Gateshead	31:23	1:34:13	+ 1
20	Philippa James	Rotherham B	32:58	1:34:17	- 5
21	Melanie Monks	BuryAthle	33:17	1:34:49	- 5
22	Jennifer Bloor	RoytonRoa A	31:11	1:35:11	0
23	Hannah Brown	SkyracAth A	28:24	1:35:13	+ 8
24	Helen Sahagal	L'poolH	32:42	1:36:30	- 3
25	Harriett Buswell	GosforthH	31:09	1:37:28	0
26	S Rookyard	EastHullH A	30:56	1:37:28	+ 2
27	Catherine Carrdus	WeshamRoa	29:12	1:37:58	+ 10
28	Charlotte Finch	WiganPhoe A	32:23	1:38:49	- 1
29	Tania Hernandez	SalfordHa B	31:43	1:39:08	+ 4
30	Angela Allen	LeighHarr B	31:31	1:39:14	+ 4
31	Leslie Fisher	BurndenRo	33:56	1:39:18	- 7
32	Lynsey Unsworth	KnowsleyH A	32:16	1:40:58	+ 4
33	Cherry Collison	BoltonUni	34:49	1:41:12	- 7
34	Peg Mole	Jarrow&He B	33:12	1:41:26	+ 1
35	Rachel McGoldrick	StHelens	31:48	1:41:28	+ 7
36	Irene Roche	ClaytonLe A	35:18	1:41:57	- 6
37	Jill Seddon	Barrow&Fu A	33:55	1:43:10	+ 4
38	Rebecca Mills	SwintonRu	35:30	1:44:35	+ 1
39	Kylie Maguire	StHelensS	38:29	1:45:02	- 10
40	Emma Naylor	WiganPhoe B	34:19	1:45:08	+ 4
41	Gillian Verdin	L'poolR	33:36	1:45:16	+ 6
42	Helen Knight	RoytonRoa B	36:32	1:45:28	- 4
43	K Sharkey	PennyLane A	36:27	1:45:34	- 3
44	Janet Grint	EastChesh	33:24	1:45:47	+ 5
45	Rebecca Taylor	Blackburn A	32:03	1:47:52	+ 5
46	Liz Allison	TrawdenAt	41:10	1:48:02	- 14
47	Vicky Wright	HydeVilla	31:27	1:48:19	+ 4
48	Helen Walker	Barrow&Fu B	37:25	1:48:53	- 3
49	Debbie Beck	Holmfirth B	39:13	1:48:59	- 6
50	Nerina Gill	ClaytonLe B	36:58	1:49:13	- 2
51	Sue Exon	TraffordA B	38:26	1:49:58	- 5
52	Sue Smith	PennyLane B	35:47	1:53:41	+ 1
53	Laura Bostock	Altrincha	35:10	1:54:20	+ 2
54	Fiona Geldard	LythamStA	36:31	1:56:29	+ 2
55	Shona Taylor	Wigan&Dis B	37:06	1:57:35	+ 2
56	Mandy Davison	EastHullH B	40:43	1:59:31	- 2
57	Eloise Bartlett	RoytonRoa C	43:03	2:00:54	- 5
58	Melanie Wane	Wigan&Dis C	45:17	2:16:20	0
59	Angela Rogowskyj	RoytonRoa D	52:14	2:33:58	0

Fastest runners over stage 4:

1	K Brough	ValeRoyal A	26:35
2	Heather Sellars	LeedsCity A	26:56
3	Annabelle Grady	Rotherham A	27:33
4	Hayley Kuter	SalfordHa A	27:50
5	Alex Sneddon	Jarrow&He A	27:53
6	Hannah Brown	SkyracAth A	28:24
7	Sally Ratcliffe	Stockport	28:33

Northern Athletics Road Relay Championships at Sefton Park, Liverpool on Saturday 28th March 2015

10 Catherine Carrdus WeshamRoa 29:12

- Senior Women Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Susan Partridge	LeedsCity A	13:12	1:34:12	0
2	Mollie Williams	Stockport	14:21	1:36:58	0
3	Stephanie Burns	Rotherham A	14:12	1:37:56	0
4	Danielle Allen	LeighHarr A	15:41	1:40:54	0
5	Laura Nash	SalfordHa A	15:16	1:41:24	0
6	Elaine Leslie	Jarrow&He A	14:36	1:41:41 +	1
7	Hannah Sheerin	MorpethHa	16:41	1:43:33 -	1
8	Claire Cooper	Keighley&	14:39	1:43:45 +	3
9	Amyrose Cauley	TraffordA A	15:13	1:44:49 +	3
10	Lynda Rowlinson	SaleHarri	17:20	1:46:05 -	1
11	Samantha Wade	L'poolP	16:05	1:46:57 +	3
12	Jennifer Yates	LeedsCity B	17:17	1:48:08 +	1
13	Liz Woodfield	Holmfirth A	16:34	1:48:38 +	3
14	Samantha Harris	ValleyStr	17:21	1:48:44 +	1
15	Carole Williams	ValeRoyal A	19:49	1:48:48 -	5
16	Rebekah Walker	Sheffield	16:32	1:49:15 +	1
17	Emma Dutton	Rotherham B	15:58	1:50:15 +	3
18	Danielle Thompson	Wigan&Dis A	16:55	1:51:04	0
19	Maggie Loraine	Gateshead	17:02	1:51:15	0
20	Jane Augsburger	RoytonRoa A	16:37	1:51:48 +	2
21	Rebecca Donohue	L'poolH	15:44	1:52:14 +	3
22	Helen Wood	SkyracAth A	17:19	1:52:32 +	1
23	Elizabeth Cheshire	BuryAthle	17:54	1:52:43 -	2
24	Helen Warburton	GosforthH	15:43	1:53:11 +	1
25	Carmel Sullivan	WeshamRoa	15:31	1:53:29 +	2
26	Rachael Moore	WiganPhoe A	16:24	1:55:13 +	2
27	Debbie Jacketts	EastHullH A	18:40	1:56:08 -	1
28	Katy Thompson	BurndenRo	17:09	1:56:27 +	3
29	Ruth Ollerenshaw	SalfordHa B	18:17	1:57:25	0
30	Ursula Mellor	LeighHarr B	18:29	1:57:43	0
31	Vicky Heys	ClaytonLe A	17:28	1:59:25 +	5
32	Lynn Murray	Barrow&Fu A	16:15	1:59:25 +	5
33	Dawn Atherton	KnowsleyH A	18:50	1:59:48 -	1
34	Sara Green	BoltonUni	18:55	2:00:07 -	1
35	Julie Page	Jarrow&He B	19:42	2:01:08 -	1
36	Helena McGoldrick	StHelens	19:45	2:01:13 -	1
37	Helen Nation	SwintonRu	17:37	2:02:12 +	1
38	Pamela Thurtle	PennyLane A	16:47	2:02:21 +	5
39	Janet Jobey	RoytonRoa B	17:36	2:03:04 +	3
40	Cherry Orrick	StHelensS	18:04	2:03:06 -	1
41	Chrissie Stewart	L'poolR	18:26	2:03:42	0
42	Annie Sharp	TrawdenAt	15:50	2:03:52 +	4
43	Melanie Kay	EastChesh	18:39	2:04:26 +	1
44	Shelley Tattersall	Blackburn A	18:30	2:06:22 +	1
45	Leonora Anson	WiganPhoe B	21:20	2:06:28 -	5
46	Julia Rushton	ClaytonLe B	18:13	2:07:26 +	4
47	Elizabeth Mason	HydeVilla	19:54	2:08:13	0
48	Cathrine Grisdale	Barrow&Fu B	19:22	2:08:15	0
49	Jane Stirling	Holmfirth B	21:13	2:10:12	0
50	Margaret Bullock	Altrinch	18:14	2:12:34 +	3
51	Rachel Rick	PennyLane B	19:29	2:13:10 +	1
52	Annemarie Craven	Wigan&Dis B	17:50	2:15:25 +	3
53	Janice Wilcock	EastHullH B	21:22	2:20:53 +	3
54	Jillian Heywood	RoytonRoa C	21:51	2:22:45 +	3
55	Dawn Lock	LythamStA	29:19	2:25:48 -	1
56	Pauline Taylor	Wigan&Dis C	22:15	2:38:35 +	2
57	SDawn Mills	RoytonRoa D	23:58	2:57:56 +	2

Fastest runners over stage 5:

1	Susan Partridge	LeedsCity A	13:12
2	Stephanie Burns	Rotherham A	14:12
3	Mollie Williams	Stockport	14:21
4	Elaine Leslie	Jarrow&He A	14:36
5	Claire Cooper	Keighley&	14:39
6	Amyrose Cauley	TraffordA A	15:13
7	Laura Nash	SalfordHa A	15:16
8	Carmel Sullivan	WeshamRoa	15:31
9	Danielle Allen	LeighHarr A	15:41
10	Helen Warburton	GosforthH	15:43

- Senior Women Stage 6 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Racheal Bamford	LeedsCity A	13:08	1:47:20	0
2	Elizabeth Apsley	Stockport	14:43	1:51:41	0
3	Robyn Lanceley	Rotherham A	13:58	1:51:54	0
4	Claire Simpson	Jarrow&He A	14:16	1:55:57 +	2
5	Leah Peploe	LeighHarr A	15:14	1:56:08 -	1
6	Claire O'Connor	SalfordHa A	15:43	1:57:07 -	1
7	Josie Cram	MorpethHa	14:34	1:58:07	0
8	Sarah O'Sullivan	Keighley&	15:53	1:59:38	0
9	Heather Roberts	TraffordA A	16:20	2:01:09	0
10	Jan Nicholls	SaleHarri	16:38	2:02:43	0
11	Vicky Jones	L'poolP	15:56	2:02:53	0
12	Kirsteen Young	LeedsCity B	15:40	2:03:48	0
13	Sarah Kimpton	Sheffield	15:45	2:05:00 +	3
14	Zoe Storr	Holmfirth A	16:24	2:05:02 -	1
15	Clara Pettitt	ValeRoyal A	16:18	2:05:06	0
16	Louise Cazan	ValleyStr	16:48	2:05:32 -	2
17	Kirsty White	RoytonRoa A	15:47	2:07:35 +	3
18	Steph Loraine	Gateshead	16:48	2:08:03 +	1
19	Michelle Murphy	L'poolH	15:52	2:08:06 +	2
20	KellyAnne Towns	Wigan&Dis A	17:05	2:08:09 -	2
21	Molly Keefe	SkyracAth A	16:06	2:08:38 +	1
22	LucyMarie Hodson	BuryAthle	16:51	2:09:34 +	1
23	Lucy Gwilym	GosforthH	16:32	2:09:43 +	1
24	Tracey Hulme	WeshamRoa	17:21	2:10:50 +	1
25	J Dutton	Rotherham B	21:33	2:11:48 -	8
26	Tessa Walker	SalfordHa B	14:46	2:12:11 +	3
27	Nikki Bansal	WiganPhoe A	17:05	2:12:18 -	1
28	Alison Burnett	EastHullH A	17:30	2:13:38 -	1
29	Anne Ferguson	BurndenRo	17:41	2:14:08 -	1
30	Cathy Flitcroft	BoltonUni	16:11	2:16:18 +	4
31	Angela Shian	ClaytonLe A	17:24	2:16:49	0
32	Brenda Wane	LeighHarr B	19:13	2:16:56 -	2
33	Kerry Travers	Barrow&Fu A	18:06	2:17:31 -	1
34	Maria McGoldrick	StHelens	16:43	2:17:56 +	2
35	Helen Ryan	SwintonRu	17:52	2:20:04 +	2
36	Valerie Kilburn	RoytonRoa B	17:01	2:20:05 +	3
37	Louise Warn	PennyLane A	17:51	2:20:12 +	1
38	Gillian Lee	StHelensS	17:56	2:21:02 +	2
39	Hayley Deacon	Jarrow&He B	19:57	2:21:05 -	4
40	Jill HudsonBrowne	KnowsleyH A	21:34	2:21:22 -	7
41	Michelle Brooks	TrawdenAt	17:46	2:21:38 +	1
42	Tracy Gibson	EastChesh	17:26	2:21:52 +	1
43	Amy Gilbertson	L'poolR	18:57	2:22:39 -	2
44	Carol Cookson	Blackburn A	19:04	2:25:26	0
45	Helen Burnett	ClaytonLe B	18:22	2:25:48 +	1
46	Christine Copson	HydeVilla	19:04	2:27:17 +	1
47	Louise Kelly	Barrow&Fu B	20:40	2:28:55 +	1
48	Heather Johnson	Altrinch	17:28	2:30:02 +	2
49	Dionne Coburn	Holmfirth B	21:50	2:32:02	0
50	Caroline Rasburn	Wigan&Dis B	18:06	2:33:31 +	2
51	Emma Kearney	PennyLane B	20:27	2:33:37	0
52	Katherine Brierley	RoytonRoa C	18:21	2:41:06 +	2
53	Sheila Maddison	EastHullH B	23:47	2:44:40	0
54	Pat Cole	Wigan&Dis C	22:31	3:01:06 +	2
55	Karen Stuttard	RoytonRoa D	23:05	3:21:01 +	2

Fastest runners over stage 6:

1	Racheal Bamford	LeedsCity A	13:08
2	Robyn Lanceley	Rotherham A	13:58
3	Claire Simpson	Jarrow&He A	14:16
4	Josie Cram	MorpethHa	14:34
5	Elizabeth Apsley	Stockport	14:43
6	Tessa Walker	SalfordHa B	14:46
7	Leah Peploe	LeighHarr A	15:14
8	Kirsteen Young	LeedsCity B	15:40
9	Claire O'Connor	SalfordHa A	15:43
10	Sarah Kimpton	Sheffield	15:45

Northern Athletics Road Relay Championships at Sefton Park, Liverpool on Saturday 28th March 2015

Senior Women — Team Results — Final

(nn) is team position after the appropriate stage.

1 Leeds City Athletic Club	'A' 1:47:20	14 Holmfirth Harriers AC	'A' 2:05:02
1 Emma Clayton (2) 25:51	2 Katie Parry (2) 14:03	1 Helen Berry (4) 27:42	2 Sophie Spencer (8) 16:13
3 Charlotte Wills (2) 14:10	4 Heather Sellars (1) 26:56	3 Lorraine Smith (14) 16:15	4 Lucy Verrill (16) 31:54
5 Susan Partridge (1) 13:12	6 Racheal Bamford (1) 13:08	5 Liz Woodfield (13) 16:34	6 Zoe Storr (14) 16:24
2 Stockport Harriers & AC	1:51:41	15 Vale Royal AC	'A' 2:05:06
1 Eleanor Vernon (1) 25:43	2 Lyndsay Clarke (1) 14:01	1 Kate Titlow (29) 31:29	2 Andrea Hilldrup (18) 14:30
3 Ellen Downs (1) 14:20	4 Sally Ratcliffe (2) 28:33	3 Lucy Burch (19) 16:25	4 K Brough (10) 26:35
5 Mollie Williams (2) 14:21	6 Elizabeth Apsley (2) 14:43	5 Carole Williams (15) 19:49	6 Clara Pettitt (15) 16:18
3 Rotherham Harriers And AC	'A' 1:51:54	16 Valley Striders AC	2:05:32
1 Samantha Johnson (3) 27:33	2 Alina Stepanchuk (4) 14:38	1 Hannah Corne (15) 29:55	2 Pascale Fotherby (25) 17:23
3 Natasha Hatswell (3) 14:00	4 Annabelle Grady (3) 27:33	3 Kim Spence (17) 14:39	4 Myra Jones (15) 29:26
5 Stephanie Burns (3) 14:12	6 Robyn Lanceley (3) 13:58	5 Samantha Harris (14) 17:21	6 Louise Cazan (16) 16:48
4 Jarrow & Hebburn AC	'A' 1:55:57	17 Royton Road Runners	'A' 2:07:35
1 Maxine Czarnicka (10) 29:10	2 Angela McGurk (10) 14:50	1 Becki Robinson (22) 30:20	2 Debbie Fiddling (22) 16:26
3 H Webster Costella (9) 15:12	4 Alex Sneddon (7) 27:53	3 Rochelle Evans (22) 17:14	4 Jennifer Bloor (22) 31:11
5 Elaine Leslie (6) 14:36	6 Claire Simpson (4) 14:16	5 Jane Augsburg (20) 16:37	6 Kirsty White (17) 15:47
5 Leigh Harriers & AC	'A' 1:56:08	18 Gateshead Harriers	2:08:03
1 Dionne Allen (5) 27:48	2 Georgina Leck (3) 14:18	1 Lisa Atkinson (33) 32:36	2 Michelle Nolan (21) 13:57
3 Abigail Howarth (4) 14:16	4 Sarah Griffiths (4) 28:51	3 Rebecca Bennett (20) 16:17	4 Morven Lean (19) 31:23
5 Danielle Allen (4) 15:41	6 Leah Peplow (5) 15:14	5 Maggie Loraine (19) 17:02	6 Steph Loraine (18) 16:48
6 Salford Harriers & AC	'A' 1:57:07	19 Liverpool Harriers & AC	2:08:06
1 Beverley Simons (6) 28:16	2 Rachel Jones (7) 14:53	1 Sarah Singleton (31) 32:01	2 Charlotte Wilson (24) 15:07
3 M Bigot Sazy (7) 15:09	4 Hayley Kuter (5) 27:50	3 Rachel Mason (21) 16:40	4 Helen Sahagal (24) 32:42
5 Laura Nash (5) 15:16	6 Claire O'Connor (6) 15:43	5 Rebecca Donohue (21) 15:44	6 Michelle Murphy (19) 15:52
7 Morpeth Harriers & AC	1:58:07	20 Wigan & District H & AC	'A' 2:08:09
1 Delyth James (11) 29:23	2 Alison Brown (17) 16:10	1 Julie Platt (24) 31:02	2 Nina Fisher (23) 15:58
3 Laura Weightman (5) 12:19	4 Vicky Gibbs (6) 29:00	3 Sarah Morton (23) 17:02	4 Jayne Taylor (18) 30:07
5 Hannah Sheerin (7) 16:41	6 Josie Cram (7) 14:34	5 Danielle Thompson (18) 16:55	6 Kelly Anne Towns (20) 17:05
8 Keighley & Craven AC	1:59:38	21 Skyrac Athletic Club	'A' 2:08:38
1 Amy Green (18) 30:08	2 Helen Glover (11) 14:06	1 Sa Rebecca Cesar De (26) 31:13	2 Arifa
3 Zara Knappy (8) 14:12	4 Wright Helen (11) 30:40	Chakera (31) 18:06	3 Eve McGuire (31) 17:30
5 Claire Cooper (8) 14:39	6 Sarah O'Sullivan (8) 15:53	4 Hannah Brown (23) 28:24	5 Helen Wood (22) 17:19
9 Trafford Athletic Club	'A' 2:01:09	22 Bury Athletic Club	2:09:34
1 Sarah Hudak (7) 28:31	2 Alison Drasdo (9) 15:28	1 Katie Geelan (16) 30:00	2 Caitlin Cole (13) 14:43
3 Julie Price (12) 15:59	4 Hannah Griffiths (12) 29:38	3 Nicola Harland (16) 16:49	4 Melanie Monks (21) 33:17
5 Amyrose Cauley (9) 15:13	6 Heather Roberts (9) 16:20	5 Elizabeth Cheshire (23) 17:54	6 Lucy Marie Hodson (22) 16:51
10 Sale Harriers Manchester	2:02:43	23 Gosforth Harriers & AC	2:09:43
1 Sarah Douglas (14) 29:53	2 Jenna Hill (6) 12:54	1 Rachael Lundgren (12) 29:51	2 Louise Watson (19) 16:20
3 Alison Pye (10) 16:32	4 Luisa Candioli (9) 29:26	3 Sarah Gartside (25) 20:08	4 Harriett Buswell (25) 31:09
5 Lynda Rowlinson (10) 17:20	6 Jan Nicholls (10) 16:38	5 Helen Warburton (24) 15:43	6 Lucy Gwilym (23) 16:32
11 Liverpool Pembroke & Sefton H	2:02:53	24 Wesham Road Runners & AC	2:10:50
1 Lisa Gawthorne (20) 30:19	2 Lauren Wilson (16) 15:06	1 Helen Lawrenson (35) 32:58	2 Sue Coulthurst (33) 16:31
3 Kirsty Longley (13) 14:38	4 Clare Constable (14) 30:49	3 Lisa Minns (37) 19:17	4 Catherine Carrdus (27) 29:12
5 Samantha Wade (11) 16:05	6 Vicky Jones (11) 15:56	5 Carmel Sullivan (25) 15:31	6 Tracey Hulme (24) 17:21
12 Leeds City Athletic Club	'B' 2:03:48	25 Rotherham Harriers And AC	'B' 2:11:48
1 Suzie Richards (8) 28:39	2 Rachel Atherton (14) 16:10	1 Emma Parkinson (17) 30:07	2 Mary Jenkinson (15) 15:12
3 Rebecca Townsend (11) 14:39	4 Rachel Friend (13) 31:23	3 Jessica Freeman (15) 16:00	4 Philippa James (20) 32:58
5 Jennifer Yates (12) 17:17	6 Kirsteen Young (12) 15:40	5 Emma Dutton (17) 15:58	6 J Dutton (25) 21:33
13 Sheffield RC	2:05:00	26 Salford Harriers & AC	'B' 2:12:11
1 Susan Atkinson (25) 31:12	2 Claire Spencer (20) 15:15	1 Amie Bagnall (37) 33:20	2 Estelle Malm (30) 15:30
3 Jenny Horne (18) 15:54	4 D Platts Fowler (17) 30:22	3 Denise Wakefield (33) 18:35	4 Tania Hernandez (29) 31:43
5 Rebekah Walker (16) 16:32	6 Sarah Kimpton (13) 15:45	5 Ruth Ollerenshaw (29) 18:17	6 Tessa Walker (26) 14:46

Northern Athletics Road Relay Championships at Sefton Park, Liverpool on Saturday 28th March 2015

<p>27 Wigan Phoenix 'A' 2:12:18</p> <p>1 Kath Charnock (40) 33:57 2 Gina Senior (38) 16:39 3 Lynn ManirJolley (27) 15:50 4 Charlotte Finch (28) 32:23 5 Rachael Moore (26) 16:24 6 Nikki Bansal (27) 17:05</p>	<p>41 Trawden Athletic Club 2:21:38</p> <p>1 C Singleton (21) 30:20 2 Jenny McAndrew (28) 18:21 3 Nicola White (32) 18:11 4 Liz Allison (46) 41:10 5 Annie Sharp (42) 15:50 6 Michelle Brooks (41) 17:46</p>
<p>28 East Hull Harriers & AC 'A' 2:13:38</p> <p>1 Beverley Jackson (27) 31:18 2 Carole Fee (26) 16:48 3 Linda Huat (28) 18:26 4 S Rookyard (26) 30:56 5 Debbie Jacketts (27) 18:40 6 Alison Burnett (28) 17:30</p>	<p>42 East Cheshire H & Tameside AC 2:21:52</p> <p>1 Janine Ridgard (38) 33:35 2 Nicola Richards (47) 19:24 3 Andrea Maidment (49) 19:24 4 Janet Grint (44) 33:24 5 Melanie Kay (43) 18:39 6 Tracy Gibson (42) 17:26</p>
<p>29 Burnden Road Runners 2:14:08</p> <p>1 Kirsty Normanton (30) 31:50 2 Shirley Staveley (29) 16:57 3 Gwen Kinloch (24) 16:35 4 Leslie Fisher (31) 33:56 5 Katy Thompson (28) 17:09 6 Anne Ferguson (29) 17:41</p>	<p>43 Liverpool Running Club 2:22:39</p> <p>1 Alex O'Brien (52) 36:21 2 Jo Keeling (50) 17:33 3 Abigail Willmitt (47) 17:46 4 Gillian Verdin (41) 33:36 5 Chrissie Stewart (41) 18:26 6 Amy Gilbertson (43) 18:57</p>
<p>30 Bolton United Harriers & AC 2:16:18</p> <p>1 Nicola Cartridge (23) 31:00 2 Donna Cooper (27) 17:20 3 Hannah Edwards (26) 18:03 4 Cherry Collison (33) 34:49 5 Sara Green (34) 18:55 6 Cathy Flitcroft (30) 16:11</p>	<p>44 Blackburn Harriers & AC 'A' 2:25:26</p> <p>1 Kaylie Panaro (47) 35:03 2 Catherine Guinan (49) 18:29 3 Lisa Nuttall (50) 22:17 4 Rebecca Taylor (45) 32:03 5 Shelley Tattersall (44) 18:30 6 Carol Cookson (44) 19:04</p>
<p>31 Clayton Le Moors Harriers 'A' 2:16:49</p> <p>1 Fabienne Richmond (36) 33:01 2 Helena Leathley (32) 16:26 3 Natalie Harrison (30) 17:12 4 Irene Roche (36) 35:18 5 Vicky Heys (31) 17:28 6 Angela Shian (31) 17:24</p>	<p>45 Clayton Le Moors Harriers 'B' 2:25:48</p> <p>1 Sarah Angelone (45) 34:38 2 Jean Knightley (48) 18:39 3 Sarah Whittaker (48) 18:58 4 Nerina Gill (50) 36:58 5 Julia Rushton (46) 18:13 6 Helen Burnett (45) 18:22</p>
<p>32 Leigh Harriers & AC 'B' 2:16:56</p> <p>1 Emma Bilsbury (32) 32:18 2 Shannon Johnson (37) 18:07 3 Carole Baines (34) 17:18 4 Angela Allen (30) 31:31 5 Ursula Mellor (30) 18:29 6 Brenda Wane (32) 19:13</p>	<p>46 Hyde Village Striders 2:27:17</p> <p>1 Stacey Holt (54) 37:09 2 Deborah Smith (52) 18:59 3 Sharon Toolin (51) 20:44 4 Vicky Wright (47) 31:27 5 Elizabeth Mason (47) 19:54 6 Christine Copson (46) 19:04</p>
<p>33 Barrow & Furness Striders AC 'A' 2:17:31</p> <p>1 Leanne Jackson (49) 35:11 2 Sonja Foster (45) 17:06 3 Sophie Seddon (41) 16:58 4 Jill Seddon (37) 33:55 5 Lynn Murray (32) 16:15 6 Kerry Travers (33) 18:06</p>	<p>47 Barrow & Furness Striders AC 'B' 2:28:55</p> <p>1 Yvonne Morrell (51) 35:59 2 Zoe Travers (51) 18:07 3 Jade Lawson (45) 17:22 4 Helen Walker (48) 37:25 5 Cathrine Grisdale (48) 19:22 6 Louise Kelly (47) 20:40</p>
<p>34 St Helens Sutton Ac 2:17:56</p> <p>1 Sonya Monaghan (42) 34:17 2 Rachel Beesley (44) 17:56 3 Rachel Wilcock (42) 17:27 4 Rachel McGoldrick (35) 31:48 5 Helena McGoldrick (36) 19:45 6 Maria McGoldrick (34) 16:43</p>	<p>48 Altrincham & District AC 2:30:02</p> <p>1 Carole Harrison (43) 34:23 2 Jean Dolan (53) 22:06 3 Annette Campbell (55) 22:41 4 Laura Bostock (53) 35:10 5 Margaret Bullock (50) 18:14 6 Heather Johnson (48) 17:28</p>
<p>35 Swinton Running Club 2:20:04</p> <p>1 Lauren Marsden (34) 32:57 2 Emma Flynn (39) 17:54 3 Vivienne Samuelson (39) 18:14 4 Rebecca Mills (38) 35:30 5 Helen Nation (37) 17:37 6 Helen Ryan (35) 17:52</p>	<p>49 Holmfirth Harriers AC 'B' 2:32:02</p> <p>1 Katie Billington (50) 35:30 2 Cara Penfold (42) 16:35 3 J Bailey Taylor (43) 17:41 4 Debbie Beck (49) 39:13 5 Jane Stirling (49) 21:13 6 Dionne Coburn (49) 21:50</p>
<p>36 Royton Road Runners 'B' 2:20:05</p> <p>1 Laura Walters (48) 35:09 2 Kirsty Simcox (46) 17:17 3 Tawnia Norman (38) 16:30 4 Helen Knight (42) 36:32 5 Janet Jobey (39) 17:36 6 Valerie Kilburn (36) 17:01</p>	<p>50 Wigan & District H & AC 'B' 2:33:31</p> <p>1 Lindsay Freeman (59) 40:22 2 Robyn Fawcett (58) 19:26 3 Sarah Coates (57) 20:41 4 Shona Taylor (55) 37:06 5 Annemarie Craven (52) 17:50 6 Caroline Rasburn (50) 18:06</p>
<p>37 Penny Lane Striders 'A' 2:20:12</p> <p>1 Cristina Puccini (46) 35:01 2 Jane Eardley (43) 17:08 3 Sarah Hodgson (40) 16:58 4 K Sharkey (43) 36:27 5 Pamela Thurtle (38) 16:47 6 Louise Warn (37) 17:51</p>	<p>51 Penny Lane Striders 'B' 2:33:37</p> <p>1 Anna Watkin (57) 38:40 2 Esther Van Ginneken (55) 18:24 3 Eunice Nopondo (53) 20:50 4 Sue Smith (52) 35:47 5 Rachel Rick (51) 19:29 6 Emma Kearney (51) 20:27</p>
<p>38 St Helens Striders 2:21:02</p> <p>1 Rachael Fairclough (28) 31:22 2 Joanne Keogh (34) 18:16 3 Jeanette Fisher (29) 16:55 4 Kylie Maguire (39) 38:29 5 Cheryl Orrick (40) 18:04 6 Gillian Lee (38) 17:56</p>	<p>52 Royton Road Runners 'C' 2:41:06</p> <p>1 Jayne Roberts (53) 36:47 2 Niparun Nessa (56) 20:47 3 Rebecca Mercer (52) 20:17 4 Eloise Bartlett (57) 43:03 5 Jillian Heywood (54) 21:51 6 Katherine Brierley (52) 18:21</p>
<p>39 Jarrow & Hebburn AC 'B' 2:21:05</p> <p>1 Lisa Tweddle (41) 34:03 2 Heather Robinson (36) 16:11 3 Vicki Thompson (35) 18:00 4 Peg Mole (34) 33:12 5 Julie Page (35) 19:42 6 Hayley Deacon (39) 19:57</p>	<p>53 East Hull Harriers & AC 'B' 2:44:40</p> <p>1 Vanessa Precious (56) 38:11 2 Tina Wigglesworth (57) 19:34 3 Jayne Earle (54) 21:03 4 Mandy Davison (56) 40:43 5 Janice Wilcock (53) 21:22 6 Sheila Maddison (53) 23:47</p>
<p>40 Knowsley Harriers 'A' 2:21:22</p> <p>1 Catherine Howard (13) 29:52 2 S Pritchard (35) 20:17 3 Katie Cunliffe (36) 18:33 4 Lynsey Unsworth (32) 32:16 5 Dawn Atherton (33) 18:50 6 Jill Hudson Browne (40) 21:34</p>	<p>54 Wigan & District H & AC 'C' 3:01:06</p> <p>1 Joanne Fairhurst (60) 42:09 2 Adele Lowe (60) 23:58 3 Amanda Borthwick (58) 24:56 4 Melanie Wane (58) 45:17 5 Pauline Taylor (56) 22:15 6 Pat Cole (54) 22:31</p>

Northern Athletics Road Relay Championships at Sefton Park, Liverpool on Saturday 28th March 2015

55 Royton Road Runners

'D' 3:21:01

1	Carol Robinson	(61)	48:14	2	Emma Kennedy	(61)	26:28
3	Clare Darraugh	(59)	27:02	4	Angela Rogowskyj	(59)	52:14
5	SDawn Mills	(57)	23:58	6	Karen Stuttard	(55)	23:05

Incomplete Teams:

Wigan Phoenix

'B'

1	Emma Weall	(39)	33:47	2	Amanda Gregory	(40)	17:07
3	Keisha Cooper	(44)	19:55	4	Emma Naylor	(40)	34:19
5	Leonora Anson	(45)	21:20				

Lytham St Annes Rr Club

1	Felicity Wolohan	(55)	37:34	2	Louisa Ruman	(54)	19:30
3	Karen Lanigan	(56)	22:54	4	Fiona Geldard	(54)	36:31
5	Dawn Lock	(55)	29:19				

Hallamshire Harriers Sheffiel

1	Zanthe Wray	(9)	28:50	2	Nicola Squires	(5)	13:55
3	Charlotte Slack	(6)	15:13	4	Hannah Whitelam	(8)	30:22

Trafford Athletic Club

'B'

1	Rachel McDonnell	(44)	34:25	2	Joanne Lott	(41)	16:36
3	Laura Kate Rawlins	(46)	20:31	4	Sue Exon	(51)	38:26

Derby Athletic Club

1	Natalie Weir	(19)	30:16	2	Veleska Wills	(12)	14:19
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Knowsley Harriers

'B'

1	Karen Parry	(58)	39:51	2	Kelly McQueen	(59)	20:51
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Northern Athletics Road Relay Championships at Sefton Park, Liverpool on Saturday 28th March 2015

Fastest of all long legs

1	Eleanor Vernon	Stockport		25:43				
2	Emma Clayton	LeedsCity	A	25:51	61	Lynsey Unsworth	KnowsleyH	A 32:16
3	K Brough	ValeRoyal	A	26:35	62	Emma Bilsbury	LeighHarr	B 32:18
4	Heather Sellars	LeedsCity	A	26:56	63	Charlotte Finch	WiganPhoe	A 32:23
5	Annabelle Grady	Rotherham	A	27:33	64	Lisa Atkinson	Gateshead	32:36
=	Samantha Johnson	Rotherham	A	27:33	65	Helen Sahagal	L'poolH	32:42
7	Helen Berry	Holmfirth	A	27:42	66	Lauren Marsden	SwintonRu	32:57
8	Dionne Allen	LeighHarr	A	27:48	67	Helen Lawrenson	WeshamRoa	32:58
9	Hayley Kuter	SalfordHa	A	27:50	=	Philippa James	Rotherham	B 32:58
10	Alex Sneddon	Jarrow&He	A	27:53	69	Fabienne Richmond	ClaytonLe	A 33:01
11	Beverley Simons	SalfordHa	A	28:16	70	Peg Mole	Jarrow&He	B 33:12
12	Hannah Brown	SkyracAth	A	28:24	71	Melanie Monks	BuryAthle	33:17
13	Sarah Hudak	TraffordA	A	28:31	72	Amie Bagnall	SalfordHa	B 33:20
14	Sally Ratcliffe	Stockport		28:33	73	Janet Grint	EastChesh	33:24
15	Suzie Richards	LeedsCity	B	28:39	74	Janine Ridgard	EastChesh	33:35
16	Zanthe Wray	Hallamshi		28:50	75	Gillian Verdin	L'poolR	33:36
17	Sarah Griffiths	LeighHarr	A	28:51	76	Emma Weall	WiganPhoe	B 33:47
18	Vicky Gibbs	MorpethHa		29:00	77	Jill Seddon	Barrow&Fu	A 33:55
19	Maxine Czarnecka	Jarrow&He	A	29:10	78	Leslie Fisher	BurndenRo	33:56
20	Catherine Carrdus	WeshamRoa		29:12	79	Kath Charnock	WiganPhoe	A 33:57
21	Delyth James	MorpethHa		29:23	80	Lisa Tweddle	Jarrow&He	B 34:03
22	Myra Jones	ValleyStr		29:26	81	Sonya Monaghan	StHelens	34:17
=	Luisa Candioli	SaleHarri		29:26	82	Emma Naylor	WiganPhoe	B 34:19
24	Hannah Griffiths	TraffordA	A	29:38	83	Carole Harrison	Altrinch	34:23
25	Rachael Lundgren	GosforthH		29:51	84	Rachel McDonnell	TraffordA	B 34:25
26	Catherine Howard	KnowsleyH	A	29:52	85	Sarah Angelone	ClaytonLe	B 34:38
27	Sarah Douglas	SaleHarri		29:53	86	Cherry Collison	BoltonUni	34:49
28	Hannah Corne	ValleyStr		29:55	87	Cristina Puccini	PennyLane	A 35:01
29	Katie Geelan	BuryAthle		30:00	88	Kaylie Panaro	Blackburn	A 35:03
30	Emma Parkinson	Rotherham	B	30:07	89	Laura Walters	RoytonRoa	B 35:09
=	Jayne Taylor	Wigan&Dis	A	30:07	90	Laura Bostock	Altrinch	35:10
32	Amy Green	Keighley&		30:08	91	Leanne Jackson	Barrow&Fu	A 35:11
33	Natalie Weir	DerbyAthl		30:16	92	Irene Roche	ClaytonLe	A 35:18
34	Lisa Gawthorne	L'poolP		30:19	93	Rebecca Mills	SwintonRu	35:30
35	Becki Robinson	RoytonRoa	A	30:20	=	Katie Billington	Holmfirth	B 35:30
=	C Singleton	TrawdenAt		30:20	95	Sue Smith	PennyLane	B 35:47
37	Hannah Whitelam	Hallamshi		30:22	96	Yvonne Morrell	Barrow&Fu	B 35:59
=	D PlattsFowler	Sheffield		30:22	97	Alex O'Brien	L'poolR	36:21
39	Wright Helen	Keighley&		30:40	98	K Sharkey	PennyLane	A 36:27
40	Clare Constable	L'poolP		30:49	99	Fiona Geldard	LythamStA	36:31
41	S Rookyard	EastHullH	A	30:56	100	Helen Knight	RoytonRoa	B 36:32
42	Nicola Cartridge	BoltonUni		31:00	101	Jayne Roberts	RoytonRoa	C 36:47
43	Julie Platt	Wigan&Dis	A	31:02	102	Nerina Gill	ClaytonLe	B 36:58
44	Harriett Buswell	GosforthH		31:09	103	Shona Taylor	Wigan&Dis	B 37:06
45	Jennifer Bloor	RoytonRoa	A	31:11	104	Stacey Holt	HydeVilla	37:09
46	Susan Atkinson	Sheffield		31:12	105	Helen Walker	Barrow&Fu	B 37:25
47	Sa Rebecca CesarDe	SkyracAth	A	31:13	106	Felicity Wolohan	LythamStA	37:34
48	Beverley Jackson	EastHullH	A	31:18	107	Vanessa Precious	EastHullH	B 38:11
49	Rachael Fairclough	StHelensS		31:22	108	Sue Exon	TraffordA	B 38:26
50	Morven Lean	Gateshead		31:23	109	Kylie Maguire	StHelensS	38:29
=	Rachel Friend	LeedsCity	B	31:23	110	Anna Watkin	PennyLane	B 38:40
52	Vicky Wright	HydeVilla		31:27	111	Debbie Beck	Holmfirth	B 39:13
53	Kate Titlow	ValeRoyal	A	31:29	112	Karen Parry	KnowsleyH	B 39:51
54	Angela Allen	LeighHarr	B	31:31	113	Lindsay Freeman	Wigan&Dis	B 40:22
55	Tania Hernandez	SalfordHa	B	31:43	114	Mandy Davison	EastHullH	B 40:43
56	Rachel McGoldrick	StHelens		31:48	115	Liz Allison	TrawdenAt	41:10
57	Kirsty Normanton	BurndenRo		31:50	116	Joanne Fairhurst	Wigan&Dis	C 42:09
58	Lucy Verrill	Holmfirth	A	31:54	117	Eloise Bartlett	RoytonRoa	C 43:03
59	Sarah Singleton	L'poolH		32:01	118	Melanie Wane	Wigan&Dis	C 45:17
60	Rebecca Taylor	Blackburn	A	32:03	119	Carol Robinson	RoytonRoa	D 48:14

Northern Athletics Road Relay Championships at Sefton Park, Liverpool on Saturday 28th March 2015

120 Angela Rogowskyj RoytonRoa D 52:14

Fastest of all short legs

1	Laura Weightman	MorpethHa		12:19	64	Samantha Wade	L'poolP		16:05
2	Jenna Hill	SaleHarri		12:54	65	Molly Keefe	SkyracAth	A	16:06
3	Racheal Bamford	LeedsCity	A	13:08	66	Rachel Atherton	LeedsCity	B	16:10
4	Susan Partridge	LeedsCity	A	13:12	=	Alison Brown	MorpethHa		16:10
5	Nicola Squires	Hallamshi		13:55	68	Heather Robinson	Jarrow&He	B	16:11
6	Michelle Nolan	Gateshead		13:57	=	Cathy Flitcroft	BoltonUni		16:11
7	Robyn Lanceley	Rotherham	A	13:58	70	Sophie Spencer	Holmfirth	A	16:13
8	Natasha Hatswell	Rotherham	A	14:00	71	Lorraine Smith	Holmfirth	A	16:15
9	Lyndsay Clarke	Stockport		14:01	=	Lynn Murray	Barrow&Fu	A	16:15
10	Katie Parry	LeedsCity	A	14:03	73	Rebecca Bennett	Gateshead		16:17
11	Helen Glover	Keighley&		14:06	74	Clara Pettitt	ValeRoyal	A	16:18
12	Charlotte Wills	LeedsCity	A	14:10	75	Heather Roberts	TraffordA	A	16:20
13	Stephanie Burns	Rotherham	A	14:12	=	Louise Watson	GosforthH		16:20
=	Zara Knappy	Keighley&		14:12	77	Zoe Storr	Holmfirth	A	16:24
15	Claire Simpson	Jarrow&He	A	14:16	=	Rachael Moore	WiganPhoe	A	16:24
=	Abigail Howarth	LeighHarr	A	14:16	79	Lucy Burch	ValeRoyal	A	16:25
17	Georgina Leck	LeighHarr	A	14:18	80	Helena Leathley	ClaytonLe	A	16:26
18	Veleska Wills	DerbyAthl		14:19	=	Debbie Fiddling	RoytonRoa	A	16:26
19	Ellen Downs	Stockport		14:20	82	Tawnia Norman	RoytonRoa	B	16:30
20	Mollie Williams	Stockport		14:21	83	Sue Coulthurst	WeshamRoa		16:31
21	Andrea Hilldrup	ValeRoyal	A	14:30	84	Lucy Gwilym	GosforthH		16:32
22	Josie Cram	MorpethHa		14:34	=	Rebekah Walker	Sheffield		16:32
23	Elaine Leslie	Jarrow&He	A	14:36	=	Alison Pye	SaleHarri		16:32
24	Kirsty Longley	L'poolP		14:38	87	Liz Woodfield	Holmfirth	A	16:34
=	Alina Stepanchuk	Rotherham	A	14:38	88	Gwen Kinloch	BurndenRo		16:35
26	Claire Cooper	Keighley&		14:39	=	Cara Penfold	Holmfirth	B	16:35
=	Rebecca Townsend	LeedsCity	B	14:39	90	Joanne Lott	TraffordA	B	16:36
=	Kim Spence	ValleyStr		14:39	91	Jane Augsburger	RoytonRoa	A	16:37
29	Caitlin Cole	BuryAthle		14:43	92	Jan Nicholls	SaleHarri		16:38
=	Elizabeth Apsley	Stockport		14:43	93	Gina Senior	WiganPhoe	A	16:39
31	Tessa Walker	SalfordHa	B	14:46	94	Rachel Mason	L'poolH		16:40
32	Angela McGurk	Jarrow&He	A	14:50	95	Hannah Sheerin	MorpethHa		16:41
33	Rachel Jones	SalfordHa	A	14:53	96	Maria McGoldrick	StHelens		16:43
34	Lauren Wilson	L'poolP		15:06	97	Pamela Thurtle	PennyLane	A	16:47
35	Charlotte Wilson	L'poolH		15:07	98	Carole Fee	EastHullH	A	16:48
36	MBigotSazy	SalfordHa	A	15:09	=	Louise Cazan	ValleyStr		16:48
37	Mary Jenkinson	Rotherham	B	15:12	=	Steph Loraine	Gateshead		16:48
=	H WebsterCostella	Jarrow&He	A	15:12	101	Nicola Harland	BuryAthle		16:49
39	Amyrose Cauley	TraffordA	A	15:13	102	LucyMarie Hodson	BuryAthle		16:51
=	Charlotte Slack	Hallamshi		15:13	103	Danielle Thompson	Wigan&Dis	A	16:55
41	Leah Peploe	LeighHarr	A	15:14	=	Jeanette Fisher	StHelensS		16:55
42	Claire Spencer	Sheffield		15:15	105	Shirley Staveley	BurndenRo		16:57
43	Laura Nash	SalfordHa	A	15:16	106	Sarah Hodgson	PennyLane	A	16:58
44	Alison Drasdo	TraffordA	A	15:28	=	Sophie Seddon	Barrow&Fu	A	16:58
45	Estelle Malm	SalfordHa	B	15:30	108	Valerie Kilburn	RoytonRoa	B	17:01
46	Carmel Sullivan	WeshamRoa		15:31	109	Sarah Morton	Wigan&Dis	A	17:02
47	Kirsteen Young	LeedsCity	B	15:40	=	Maggie Loraine	Gateshead		17:02
48	Danielle Allen	LeighHarr	A	15:41	111	KellyAnne Towns	Wigan&Dis	A	17:05
49	Helen Warburton	GosforthH		15:43	=	Nikki Bansal	WiganPhoe	A	17:05
=	Claire O'Connor	SalfordHa	A	15:43	113	Sonja Foster	Barrow&Fu	A	17:06
51	Rebecca Donohue	L'poolH		15:44	114	Amanda Gregory	WiganPhoe	B	17:07
52	Sarah Kimpton	Sheffield		15:45	115	Jane Eardley	PennyLane	A	17:08
53	Kirsty White	RoytonRoa	A	15:47	116	Katy Thompson	BurndenRo		17:09
54	Lynn ManirJolley	WiganPhoe	A	15:50	117	Natalie Harrison	ClaytonLe	A	17:12
=	Annie Sharp	TrawdenAt		15:50	118	Rochelle Evans	RoytonRoa	A	17:14
56	Michelle Murphy	L'poolH		15:52	119	Kirsty Simcox	RoytonRoa	B	17:17
57	Sarah O'Sullivan	Keighley&		15:53	=	Jennifer Yates	LeedsCity	B	17:17
58	Jenny Horne	Sheffield		15:54	121	Carole Baines	LeighHarr	B	17:18
59	Vicky Jones	L'poolP		15:56	122	Helen Wood	SkyracAth	A	17:19
60	Nina Fisher	Wigan&Dis	A	15:58	123	Lynda Rowlinson	SaleHarri		17:20
=	Emma Dutton	Rotherham	B	15:58	=	Donna Cooper	BoltonUni		17:20
62	Julie Price	TraffordA	A	15:59	125	Samantha Harris	ValleyStr		17:21
63	Jessica Freeman	Rotherham	B	16:00	=	Tracey Hulme	WeshamRoa		17:21
					127	Jade Lawson	Barrow&Fu	B	17:22
					128	Pascale Fotherby	ValleyStr		17:23

Northern Athletics Road Relay Championships at Sefton Park, Liverpool on Saturday 28th March 2015

129	Angela Shian	ClaytonLe	A	17:24	180	Amy Gilbertson	L'poolR		18:57
130	Tracy Gibson	EastChesh		17:26	181	Sarah Whittaker	ClaytonLe	B	18:58
131	Rachel Wilcock	StHelens		17:27	182	Deborah Smith	HydeVilla		18:59
132	Vicky Heys	ClaytonLe	A	17:28	183	Christine Copson	HydeVilla		19:04
=	Heather Johnson	Altrinch		17:28	=	Carol Cookson	Blackburn	A	19:04
134	Eve McGuire	SkyracAth	A	17:30	185	Brenda Wane	LeighHarr	B	19:13
=	Alison Burnett	EastHullH	A	17:30	186	Lisa Minns	WeshamRoa		19:17
136	Jo Keeling	L'poolR		17:33	187	Cathrine Gridale	Barrow&Fu	B	19:22
137	Janet Jobey	RoytonRoa	B	17:36	188	Nicola Richards	EastChesh		19:24
138	Helen Nation	SwintonRu		17:37	=	Andrea Maidment	EastChesh		19:24
139	Anne Ferguson	BurndenRo		17:41	190	Robyn Fawcett	Wigan&Dis	B	19:26
=	J BaileyTaylor	Holmfirth	B	17:41	191	Rachel Rick	PennyLane	B	19:29
141	Michelle Brooks	TrawdenAt		17:46	192	Louisa Ruman	LythamStA		19:30
=	Abigail Willmitt	L'poolR		17:46	193	Tina Wigglesworth	EastHullH	B	19:34
143	Annemarie Craven	Wigan&Dis	B	17:50	194	Julie Page	Jarrow&He	B	19:42
144	Louise Warn	PennyLane	A	17:51	195	Helena McGoldrick	StHelens		19:45
145	Helen Ryan	SwintonRu		17:52	196	Carole Williams	ValeRoyal	A	19:49
146	Emma Flynn	SwintonRu		17:54	197	Elizabeth Mason	HydeVilla		19:54
=	Elizabeth Cheshire	BuryAthle		17:54	198	Keisha Cooper	WiganPhoe	B	19:55
148	Rachel Beesley	StHelens		17:56	199	Hayley Deacon	Jarrow&He	B	19:57
=	Gillian Lee	StHelensS		17:56	200	Sarah Gartside	GosforthH		20:08
150	Vicki Thompson	Jarrow&He	B	18:00	201	Rebecca Mercer	RoytonRoa	C	20:17
151	Hannah Edwards	BoltonUni		18:03	=	S Pritchard	KnowsleyH	A	20:17
152	Cherryl Orrick	StHelensS		18:04	203	Emma Kearney	PennyLane	B	20:27
153	Kerry Travers	Barrow&Fu	A	18:06	204	LauraKate Rawlins	TraffordA	B	20:31
=	Arifa Chakera	SkyracAth	A	18:06	205	Louise Kelly	Barrow&Fu	B	20:40
=	Caroline Rasburn	Wigan&Dis	B	18:06	206	Sarah Coates	Wigan&Dis	B	20:41
156	Shannon Johnson	LeighHarr	B	18:07	207	Sharon Toolin	HydeVilla		20:44
=	Zoe Travers	Barrow&Fu	B	18:07	208	Niparun Nessa	RoytonRoa	C	20:47
158	Nicola White	TrawdenAt		18:11	209	Eunice Nopondo	PennyLane	B	20:50
159	Julia Rushton	ClaytonLe	B	18:13	210	Kelly McQueen	KnowsleyH	B	20:51
160	Vivienne Samuelson	SwintonRu		18:14	211	Jayne Earle	EastHullH	B	21:03
=	Margaret Bullock	Altrinch		18:14	212	Jane Stirling	Holmfirth	B	21:13
162	Joanne Keogh	StHelensS		18:16	213	Leonora Anson	WiganPhoe	B	21:20
163	Ruth Ollerenshaw	SalfordHa	B	18:17	214	Janice Wilcock	EastHullH	B	21:22
164	Katherine Brierley	RoytonRoa	C	18:21	215	J Dutton	Rotherham	B	21:33
=	Jenny McAndrew	TrawdenAt		18:21	216	Jill HudsonBrowne	KnowsleyH	A	21:34
166	Helen Burnett	ClaytonLe	B	18:22	217	Dionne Coburn	Holmfirth	B	21:50
167	Esther VanGinneken	PennyLane	B	18:24	218	Jillian Heywood	RoytonRoa	C	21:51
168	Chrissie Stewart	L'poolR		18:26	219	Jean Dolan	Altrinch		22:06
=	Linda Huart	EastHullH	A	18:26	220	Pauline Taylor	Wigan&Dis	C	22:15
170	Ursula Mellor	LeighHarr	B	18:29	221	Lisa Nuttall	Blackburn	A	22:17
=	Catherine Guinan	Blackburn	A	18:29	222	Pat Cole	Wigan&Dis	C	22:31
172	Shelley Tattersall	Blackburn	A	18:30	223	Annette Campbell	Altrinch		22:41
173	Katie Cunliffe	KnowsleyH	A	18:33	224	Karen Lanigan	LythamStA		22:54
174	Denise Wakefield	SalfordHa	B	18:35	225	Karen Stuttard	RoytonRoa	D	23:05
175	Jean Knightley	ClaytonLe	B	18:39	226	Sheila Maddison	EastHullH	B	23:47
=	Melanie Kay	EastChesh		18:39	227	Adele Lowe	Wigan&Dis	C	23:58
177	Debbie Jacketts	EastHullH	A	18:40	=	SDawn Mills	RoytonRoa	D	23:58
178	Dawn Atherton	KnowsleyH	A	18:50	229	Amanda Borthwick	Wigan&Dis	C	24:56
179	Sara Green	BoltonUni		18:55	230	Emma Kennedy	RoytonRoa	D	26:28
					231	Clare Darraugh	RoytonRoa	D	27:02
					232	Dawn Lock	LythamStA		29:19