

Mid Lancs Cross Country League at Rylands Park, Lancaster on Saturday 7th March 2015

Under 11 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	845	Olivia Leigh	Chorley Ac & Tri	7:04	24	713	Rebecca Tate	Lytham St Annes Rr Club	8:17
2	1974	Olesia Winder	Glaxo Hoad Hill Harriers	7:09	25	2160	Laura Brown	Barrow & Furness Striders Ac	8:20
3	2162	Ella Pendlebury	Horwich R M I Harriers	7:17	26	2382	Mia Brayshaw	Lancaster & Morecambe Ac	8:24
4	1719	Hollie Cubbon	Blackburn Harriers & Ac	7:26	27	1975	Bethan Sanders	Glaxo Hoad Hill Harriers	8:27
5	1968	Emily Warren	Chorley Ac & Tri	7:26	28	2385	Amity Jones	Preston Harriers	8:28
6	1944	Bethany Whipp	Blackpool Wyre & Fylde Ac	7:31	29	772	Alice Lodge	Red Rose Road Runners	8:36
7	272	Larissa Hannam	Lancaster & Morecambe Ac	7:33	30	2958	Erin Stone	Keswick Aac	8:37
8	1976	Poppy Bridge	Blackpool Wyre & Fylde Ac	7:34	31	1990	Abigail Stratton	Trawden AC	8:38
9	1955	Leah Hoole	Blackburn Harriers & Ac	7:39	32	1600	Olivia Baker	Horwich R M I Harriers	8:40
10	156	Lucy Tickle	Blackpool Wyre & Fylde Ac	7:40	33	2299	Emma Savidge	Lytham St Annes Rr Club	8:49
11	280	Kirsty Maher	Lancaster & Morecambe Ac	7:40	34	773	Sophie Hill	Red Rose Road Runners	8:51
12	1964	Amelia Dugdale	Trawden AC	7:47	35	429	Niamh McNally	Barrow & Furness Striders Ac	8:51
13	2024	Freya Whittle	Horwich R M I Harriers	7:49	36	2313	Sydney Ramsden	Lytham St Annes Rr Club	8:52
14	155	Natalia Luczak	Blackpool Wyre & Fylde Ac	7:51	37	2388	Holly Halton	Lancaster & Morecambe Ac	8:53
15	279	Cleo Hanafin	Lancaster & Morecambe Ac	7:52	38	1139	Keira Stevenson	Clayton Le Moors Harriers	8:54
16	1428	Sophie Stanworth	Trawden AC	7:52	39	2175	Daisy Royle	Red Rose Road Runners	9:19
17	1500	Grace Tobin	Southport Waterloo Ac	7:56	40	1146	Kady Thompson	Clayton Le Moors Harriers	9:55
18	1928	Maisie Burns	Wigan & District H & Ac	7:58	41	2008	Mary Tranter	Preston Harriers	10:29
19	1963	Milly Davis	Trawden AC	8:00	42	51	Grace Halliday	Preston Harriers	10:29
20	428	Holly Murray	Barrow & Furness Striders Ac	8:00	43	2390	Leah Routledge	Lancaster & Morecambe Ac	11:17
21	2000	Emily Edwards	Wigan & District H & Ac	8:08	44	270	Lucy Harrison	Lancaster & Morecambe Ac	11:24
22	276	Amelie Earnshaw	Lancaster & Morecambe Ac	8:09	45	1977	Cate Matthew	Lancaster & Morecambe Ac	11:30
23	712	Georgia Norman	Lytham St Annes Rr Club	8:17	46	1145	Millie MacCabe	Clayton Le Moors Harriers	11:34

Under 11 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	345	Rhys Ashton	Lancaster & Morecambe Ac	6:28	25	1795	Owen Kellett	Chorley Ac & Tri	7:51
2	1169	Jackson McKay	Clayton Le Moors Harriers	6:31	26	2330	Jack Collett	Lancaster & Morecambe Ac	7:51
3	2315	Benjamin Withers	Preston Harriers	6:40	27	897	Joe Bowles	Chorley Ac & Tri	7:53
4	117	Thomas Durney	Preston Harriers	6:47	28	2239	Thomas Chadwick	Preston Harriers	7:53
5	895	Daniel Lilley	Chorley Ac & Tri	6:50	29	1465	Joe Sims	Trawden AC	7:57
6	2179	Tim Woodman	Lancaster & Morecambe Ac	6:53	30	1950	Alex Blessington	Lancaster & Morecambe Ac	7:59
7	1354	Jake Dickinson	Liverpool Pembroke & Sefton H	6:55	31	0	???	???	8:01
8	2281	Ethan Warren	Preston Harriers	6:58	32	2321	Kyle Taylorpomfret	Blackburn Harriers & Ac	8:03
9	2383	Matthew Mair	Horwich R M I Harriers	7:01	33	2171	Archie Honeysett	Lancaster & Morecambe Ac	8:06
10	1173	Dexta Thompson	Clayton Le Moors Harriers	7:03	34	2255	James Ashworth	Pendle AC	8:10
11	1911	Henry Harbord	Hyndburn AC	7:08	35	2177	Luke Simmonds	Glaxo Hoad Hill Harriers	8:11
12	1461	C Rowlands-Whiteoak	Trawden AC	7:10	36	1953	Simon Shilton	Preston Harriers	8:12
13	1565	Sam Coupland	Southport Waterloo Ac	7:10	37	1969	George Wilby	Lancaster & Morecambe Ac	8:13
14	1769	Edward Lee	Blackburn Harriers & Ac	7:23	38	2386	Scott Freeman	Lancaster & Morecambe Ac	8:19
15	2013	Thom Barnes	Preston Harriers	7:30	39	2178	Blake Adams	Lancaster & Morecambe Ac	8:23
16	1464	W Rowlands-Whiteoak	Trawden AC	7:31	40	1797	Sam Prince	Chorley Ac & Tri	8:25
17	341	Jack Newton	Lancaster & Morecambe Ac	7:31	41	2387	Zach Earnshaw	Lancaster & Morecambe Ac	8:28
18	1175	Finley Stubbs	Clayton Le Moors Harriers	7:33	42	2282	Jensen Warren	Preston Harriers	8:34
19	342	Thomas Dowthwaite	Lancaster & Morecambe Ac	7:34	43	1295	Matthew Maxfield	Pendle AC	8:35
20	1587	Jenson Bentham	Burnley Ac	7:39	44	0	???	???	8:48
21	1984	Hayden Middleton	Preston Harriers	7:40	45	1985	Luke Leadbeater	Lancaster & Morecambe Ac	8:50
22	2384	George Whittaker	Blackburn Harriers & Ac	7:41	46	119	Thomas Haworth	Preston Harriers	9:01
23	1463	Tommy Davis	Trawden AC	7:42	47	1951	Harley Vickers	Preston Harriers	9:51
24	1863	Finlay Testa	Rosendale Harriers & Ac	7:44	48	118	Harvey Halliday	Preston Harriers	11:09

Under 13 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2007	Finty Royle	Red Rose Road Runners	8:25	14	1263	Ruby Schofield	Pendle AC	9:20
2	1881	Nicola X Moynihan	Hyndburn AC	8:35	15	1135	Liberty Thompson	Clayton Le Moors Harriers	9:24
3	269	Kirsty Hamilton	Lancaster & Morecambe Ac	8:38	16	2395	Isabel Hartley	Pendle AC	9:26
4	2394	Emma Fulton	Preston Harriers	8:41	17	1136	Natasha Olszewska	Clayton Le Moors Harriers	9:40
5	40	Sophie Reid	Preston Harriers	8:43	18	1998	Lara Wilson	Wigan & District H & Ac	9:46
6	1132	Eleanor Root	Clayton Le Moors Harriers	8:47	19	1266	Bethany Ashworth	Pendle AC	10:01
7	256	Eleanor Graham	Lancaster & Morecambe Ac	8:51	20	2326	Holly Satterly	Lancaster & Morecambe Ac	10:04
8	1712	Emily Warren	Blackburn Harriers & Ac	8:55	21	2134	Natasha Johnson	Liverpool Pembroke & Sefton H	10:24
9	710	Hollie Winstanley	Lytham St Annes Rr Club	8:56	22	1947	Isla Gordon	Lytham St Annes Rr Club	10:27
10	1134	Millie Stubbs	Clayton Le Moors Harriers	9:00	23	265	Kayleigh Canning	Lancaster & Morecambe Ac	10:33
11	2182	Sasha Oldham	Lancaster & Morecambe Ac	9:00	24	264	Tilly Percy	Lancaster & Morecambe Ac	10:34
12	258	Lydia Shenton	Lancaster & Morecambe Ac	9:08	25	45	A Butler-Chattell	Preston Harriers	10:40
13	1491	Freya Walsh	Southport Waterloo Ac	9:12	26	255	Anna Harrison	Lancaster & Morecambe Ac	10:40

Under 13 Girls — TEAM RESULTS

1	Lancaster & Morecambe Ac	21	—	3	Kirsty Hamilton	7	Eleanor Graham	11	Sasha Oldham
2	Clayton Le Moors Harriers	31	—	6	Eleanor Root	10	Millie Stubbs	15	Liberty Thompson
3	Preston Harriers	34	—	4	Emma Fulton	5	Sophie Reid	25	A Butler-Chattell
4	Pendle AC	49	—	14	Ruby Schofield	16	Isabel Hartley	19	Bethany Ashworth

Mid Lancs Cross Country League at Rylands Park, Lancaster on Saturday 7th March 2015

Race 4 - Under 13 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1642	Lewis Wilkes	Horwich R M I Harriers	10:53	13	2026	Matthew Fazakerley	Preston Harriers	12:28
2	2038	Tom Massey	Horwich R M I Harriers	11:10	14	1765	Daniel Brown	Blackburn Harriers & Ac	12:32
3	2059	Luke Brindle	Horwich R M I Harriers	11:34	15	2048	Adam Chippendale	Preston Harriers	12:38
4	1351	Tom Dickinson	Liverpool Pembroke & Sefton H	11:41	16	2011	Bruno Eaves	Blackpool Wyre & Fylde Ac	12:49
5	332	Tyler Hanafin	Lancaster & Morecambe Ac	11:43	17	326	Matthew Bunce	Lancaster & Morecambe Ac	12:55
6	201	James Smith	Blackpool Wyre & Fylde Ac	11:49	18	2021	Jack Sloman	Lancaster & Morecambe Ac	13:06
7	2015	Robert Seddon	Horwich R M I Harriers	11:55	19	2052	Harry Nelson	Pendle AC	13:28
8	111	Euan Marsden	Preston Harriers	11:56	20	331	Harry Shaw	Lancaster & Morecambe Ac	13:29
9	679	Joshua Roelants	Kendal-Helm Composite	12:06	21	684	Toby Umpleby	Kendal-Helm Composite	13:34
10	1643	Kieran Kinealy	Horwich R M I Harriers	12:06	22	2012	Isaac Mills	Preston Harriers	14:09
11	2957	\$Sam Stone	Keswick Aac	12:12	23	114	Aaron Halliday	Preston Harriers	16:19
12	1352	Alex Lang	Liverpool Pembroke & Sefton H	12:12					

Race 4 - Under 13 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Horwich R M I Harriers	6 — 1 Lewis Wilkes	2 Tom Massey	3 Luke Brindle
2 Preston Harriers	34 — 8 Euan Marsden	12 Matthew Fazakerley	14 Adam Chippendale
3 Lancaster & Morecambe Ac	38 — 5 Tyler Hanafin	16 Matthew Bunce	17 Jack Sloman

Race 4 - Under 15 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	644	Samantha Bland	Kendal-Helm Composite	11:51
2	1130	Alice Pier	Clayton Le Moors Harriers	12:05
3	1878	Eve Hutchinson	Hyndburn AC	12:33
4	708	Chloe Norman	Lytham St Annes Rr Club	13:06
5	143	Taylor Holland	Blackpool Wyre & Fylde Ac	13:25
6	643	Imogen Gorst	Kendal-Helm Composite	13:55
7	1131	Lucy Stevenson	Clayton Le Moors Harriers	16:41

Race 4 - Under 15 Girls — TEAM RESULTS

No complete teams

Race 5 - Under 15 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1849	Joshua Whitehead	Rosendale Harriers & Ac	12:23	10	312	Joseph Twigg	Lancaster & Morecambe Ac	13:51
2	321	Shea Hannam	Lancaster & Morecambe Ac	12:57	11	406	Daniel Moss	Wesham Road Runners & Ac	14:00
3	1349	Ross Harrison	Liverpool Pembroke & Sefton H	13:14	12	1162	Thomas Bradley	Clayton Le Moors Harriers	14:04
4	1924	Adam Jones	Liverpool Pembroke & Sefton H	13:24	13	1255	Jacob Aubrey	Kendal-Helm Composite	14:09
5	1346	Joseph Martin	Liverpool Pembroke & Sefton H	13:35	14	1287	Gregan Baker	Pendle AC	14:35
6	469	Jake Cooper	Barrow & Furness Striders Ac	13:39	15	1641	Robert Gibson	Horwich R M I Harriers	14:45
7	2227	Thomas Knowles	Lancaster & Morecambe Ac	13:45	16	1286	Harry Schofield	Pendle AC	14:50
8	2166	Dexter Sparrow	Preston Harriers	13:48	17	1284	Geffen Jacob Van	Pendle AC	16:08
9	1288	Timothy Barnes	Pendle AC	13:50	18	1292	Harvey VanGeffen	Pendle AC	16:34

Race 5 - Under 15 Boys — TEAM RESULTS

1 Liverpool Pembroke & Sefton H	12 — 3 Ross Harrison	4 Adam Jones	5 Joseph Martin
2 Lancaster & Morecambe Ac	19 — 2 Shea Hannam	7 Thomas Knowles	10 Joseph Twigg
3 Pendle AC	39 — 9 Timothy Barnes	14 Gregan Baker	16 Harry Schofield

Race 5 - Under 17 Women — FINAL RESULTS

Pos	Num	Name	Club	Time
1	2272	Daisy Purcell	Kendal Amateur Athletic Club	14:05
2	1874	Emma Guilfoyle	Hyndburn AC	15:36
3	1129	Bethany Quinn	Clayton Le Moors Harriers	17:21
4	240	Shannon Perry	Lancaster & Morecambe Ac	17:41

Race 5 - Under 17 Women — TEAM RESULTS

No complete teams

Race 6 - Under 17 Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1281	Thomas Marchant	Pendle AC	19:12	9	191	Thomas Matthews	Blackpool Wyre & Fylde Ac	21:47
2	1156	Jordan McDonald	Clayton Le Moors Harriers	19:14	10	2972	\$Joedan Rawling	Crook AC	21:50
3	1282	Tiaman Crorcken	Pendle AC	20:51	11	1278	Luke Thompson	Pendle AC	22:18
4	2226	Emerson James	Pendle AC	21:15	12	192	Samuel Matthews	Blackpool Wyre & Fylde Ac	23:50
5	2203	Fraser Symon	Barrow & Furness Striders Ac	21:17	13	2030	Ethan Hodgkinson	Red Rose Road Runners	25:02
6	1897	William Moynihan	Hyndburn AC	21:20	14	464	Jonty Dacre	Barrow & Furness Striders Ac	26:05
7	1931	Murray Murray	Barrow & Furness Striders Ac	21:29	15	2442	Natham Cheetham	Blackpool Wyre & Fylde Ac	26:46
8	1341	Joseph Chadderton	Liverpool Pembroke & Sefton H	21:42					

Race 6 - Under 17 Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Pendle AC	8 — 1 Thomas Marchant	3 Tiaman Crorcken	4 Emerson James
2 Barrow & Furness Striders Ac	25 — 5 Fraser Symon	7 Murray Murray	13 Jonty Dacre
3 Blackpool Wyre & Fylde Ac	20 — 12 Samuel Matthews	14 Nathan Cheetham	

Results Service by **Code Recit (SportSoft) - Tel: 01204 664887 Email: results@code-recit.com**

Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

Mid Lancs Cross Country League at Rylands Park, Lancaster on Saturday 7th March 2015

Race 6 - Ladies under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	2400	Lauren Gowland	L20	1 Blackpool Wyre & Fylde Ac	22:32
2	16	Laura Sullivan	L20	2 Preston Harriers	22:40
3	2072	Tilly McCarthy	L20	3 Lancaster University	23:04
4	2291	Daisy Hunt	L20	4 Lancaster University	24:41
5	420	Sophie Seddon	L20	5 Barrow & Furness Striders Ac	25:16
6	2031	Naomi Richardson	L20	6 Red Rose Road Runners	35:00

Race 6 - Ladies under 20 — TEAM RESULTS

No complete teams

Race 6 - Ladies over 18

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	2417	Lydia Chapman	L	1 Preston Harriers	21:13	60	1106	Dawn Richardson	L45	12 Clayton Le Moors Harriers	26:58
2	955	Clare McKeown	L35	1 Border Harriers & Ac	21:18	61	744	Paula Plowman	L45	13 Red Rose Road Runners	27:05
3	418	Christina Wiejak	L	3 Barrow & Furness Striders Ac	21:32	62	414	Helen Walker	L35	16 Barrow & Furness Striders Ac	27:15
4	2184	Catherine Slater	L	4 Preston Harriers	22:01	63	229	Gill Hamilton	L35	17 Lancaster & Morecambe Ac	27:17
5	2199	Maria Snell	L	5 Lancaster & Morecambe Ac	22:03	64	6	Vicki Sherrington	L35	18 Preston Harriers	27:18
6	417	Rachel Thompson	L	6 Barrow & Furness Striders Ac	22:09	65	1471	Carole James	L45	14 Southport Waterloo Ac	27:22
7	534	Jayne Taylor	L45	1 Wigan & District H & Ac	22:10	66	2250	Jenny McAndrew	L35	19 TrawdenAC	27:53
8	358	Catherine Carrdus	L35	2 Wesham Road Runners & Ac	22:11	67	2029	Sarah Maltby	L	67 Red Rose Road Runners	27:55
9	13	Jenny Parker	L	9 Preston Harriers	22:21	68	631	Susan Booth	L45	15 Kendal Amateur Athletic Club	27:58
10	635	Allison Daly	L35	3 Kendal Amateur Athletic Club	22:25	69	629	Dianne Priestley	L55	4 Kendal Amateur Athletic Club	28:01
11	230	Lauren Gora	L	11 Lancaster & Morecambe Ac	22:29	70	1592	Christa Whatmough	L35	20 Horwich R M I Harriers	28:05
12	2400	Lauren Gowland	L20	1 Blackpool Wyre & Fylde Ac	22:32	71	1112	Helen Burnett	L35	21 Clayton Le Moors Harriers	28:06
13	1311	Claire Constable	L35	4 Liverpool Pembroke & Sefton H	22:33	72	507	Bethany Bloor	L	72 Lancaster University	28:24
14	2037	Hannah Bateson	L	14 Lancaster & Morecambe Ac	22:35	73	695	Julia Rolfe	L45	16 Lytham St Annes Rr Club	28:25
15	16	Laura Sullivan	L20	2 Preston Harriers	22:40	74	750	Margaret Lupton	L45	17 Red Rose Road Runners	28:25
16	641	Mairead Roche	L	16 Kendal Amateur Athletic Club	22:42	75	698	Dawn Bloor	L45	18 Lytham St Annes Rr Club	28:25
17	539	Julie Platt	L35	5 Wigan & District H & Ac	23:02	76	2196	Catherine Grisedale	L55	5 Barrow & Furness Striders Ac	28:36
18	2072	Tilly McCarthy	L20	3 Lancaster University	23:04	77	2071	Laura Lewis	L	77 Lancaster University	28:41
19	130	Elizabeth Lake	L	19 Blackpool Wyre & Fylde Ac	23:19	78	1415	Deborah Stevenson	L35	22 TrawdenAC	28:48
20	2063	Jayne Perry	L	20 Lancaster & Morecambe Ac	23:23	79	2057	Sarah Grisdale	L	79 Barrow & Furness Striders Ac	28:53
21	231	Deborah Oakley	L	21 Lancaster & Morecambe Ac	23:29	80	751	Debbie Porter	L35	23 Red Rose Road Runners	28:57
22	415	Katie Savage	L	22 Barrow & Furness Striders Ac	23:40	81	352	Lisa Minns	L45	19 Wesham Road Runners & Ac	29:08
23	2192	Rebecca McLean	L	23 Lancaster University	23:47	82	1567	Faron Jones	L	82 Burnley Ac	29:15
24	2106	Ambi Tipping	L	24 Preston Harriers	23:56	83	1105	Yvonne Wickham	L45	20 Clayton Le Moors Harriers	29:45
25	354	Carmel Sullivan	L45	2 Wesham Road Runners & Ac	24:04	84	2412	Alexandra Everest	L	84 Lytham St Annes Rr Club	29:48
26	412	Jill Seddon	L35	6 Barrow & Furness Striders Ac	24:09	85	761	Vicky Gore	L35	24 Red Rose Road Runners	30:11
27	356	Sue Coulthurst	L45	3 Wesham Road Runners & Ac	24:12	86	2251	Charis Rowlands	L45	21 TrawdenAC	30:16
28	2288	Lynn Murray	L40	1 Barrow & Furness Striders Ac	24:14	87	2066	Adela Nuttall	L45	22 Preston Harriers	30:57
29	1481	Tracey Peters	L	29 Southport Waterloo Ac	24:19	88	1466	Sue Stewart	L65	1 Southport Waterloo Ac	30:59
30	128	Stasia Bligh	L35	7 Blackpool Wyre & Fylde Ac	24:23	89	349	Kerry Eccles	L45	23 Wesham Road Runners & Ac	31:07
31	953	Fiona Smith	L45	4 Border Harriers & Ac	24:28	90	205	Mary Hewitt	L55	6 Garstang	31:19
32	2105	Emma EssexCrosby	L	32 Preston Harriers	24:29	91	208	Julia Patefield	L45	24 Garstang	31:20
33	2	Marion Hesketh	L55	1 Preston Harriers	24:34	92	1419	Jill Maxfield	L35	25 TrawdenAC	31:35
34	2291	Daisy Hunt	L20	4 Lancaster University	24:41	93	742	Karen Clark	L55	7 Red Rose Road Runners	31:42
35	351	Tracey Hulme	L45	5 Wesham Road Runners & Ac	25:02	94	1469	Jane Blacklin	L45	25 Southport Waterloo Ac	31:46
36	1182	Emma Bailey	L35	8 Barlick Fr	25:04	95	826	Christine Sweatman	L55	8 Chorley Ac & Tri	31:55
37	903	Joanne McLeod	L45	6 Glaxo Hoad Hill Harriers	25:11	96	8	Melanie Haworth	L35	26 Preston Harriers	32:11
38	420	Sophie Seddon	L20	5 Barrow & Furness Striders Ac	25:16	97	1	Judith Deakin	L65	2 Preston Harriers	32:14
39	636	Martina Pyne	L	39 Kendal Amateur Athletic Club	25:17	98	741	Jenny Fairclough	L55	9 Red Rose Road Runners	32:24
40	410	Sonja Foster	L35	9 Barrow & Furness Striders Ac	25:18	99	3	Sue Wickham	L45	26 Preston Harriers	32:53
41	2121	Jenny Gornall	L	41 Preston Harriers	25:18	100	765	Claire Shaw	L	100 Red Rose Road Runners	32:58
42	553	Sarah Morton	L	42 Wigan & District H & Ac	25:23	101	745	Helen Orson	L45	27 Red Rose Road Runners	33:22
43	1971	Michelle Tickle	L35	10 Blackpool Wyre & Fylde Ac	25:23	102	548	Melanie Wane	L	102 Wigan & District H & Ac	33:35
44	1103	Irene Roche	L55	2 Clayton Le Moors Harriers	25:28	103	753	Wendy Ward	L35	27 Red Rose Road Runners	33:48
45	2115	Manssa Cornall	L	45 Garstang	25:36	104	2010	Angela Tranter	L45	28 Preston Harriers	33:50
46	213	Amie McAvoy	L	46 Garstang	25:40	105	2416	Helen Horridge	L35	28 Horwich R M I Harriers	34:00
47	1478	Michelle Spencer	L35	11 Southport Waterloo Ac	25:50	106	696	Karen Lanigan	L45	29 Lytham St Annes Rr Club	34:10
48	634	Lucy Varney	L45	7 Kendal Amateur Athletic Club	26:12	107	748	Diane Hill	L45	30 Red Rose Road Runners	34:12
49	2202	Kerry Travers	L35	12 Barrow & Furness Striders Ac	26:15	108	755	Lisa Hyde	L35	29 Red Rose Road Runners	34:30
50	2393	Sharone Bullock	L35	13 Kendal Amateur Athletic Club	26:18	109	2031	Naomi Richardson	L20	6 Red Rose Road Runners	35:00
51	122	Karen Dunford	L45	8 Blackpool Wyre & Fylde Ac	26:19	110	2392	Louise Walsh	L40	2 Red Rose Road Runners	35:03
52	2197	Yvonne Morrell	L35	14 Barrow & Furness Striders Ac	26:21	111	1099	Christine Leathley	L65	3 Clayton Le Moors Harriers	36:16
53	124	Laura Lawler	L45	9 Blackpool Wyre & Fylde Ac	26:33	112	1104	Susan Allen	L45	31 Clayton Le Moors Harriers	36:31
54	2120	Kate Lakeland	L	54 Preston Harriers	26:35	113	2406	Bethany Tinn	L	113 Garstang	37:43
55	1102	Jean Knightley	L55	3 Clayton Le Moors Harriers	26:47	114	5	Kari Edwards	L35	30 Preston Harriers	37:57
56	366	Jenn Thompson	L35	15 Wesham Road Runners & Ac	26:49	115	749	Ramona Mulligan	L45	32 Red Rose Road Runners	39:26
57	2070	Kaylea Haynes	L	57 Lancaster University	26:49	116	768	Nina Colquhoun	L	116 Red Rose Road Runners	39:28
58	697	Fiona Geldard	L45	10 Lytham St Annes Rr Club	26:55	117	2334	Susan Heatley	L35	31 Red Rose Road Runners	40:14
59	536	Shona Taylor	L45	11 Wigan & District H & Ac	26:56	118	689	Dawn Lock	L65	4 Lytham St Annes Rr Club	44:40

Race 6 - Ladies over 18 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Preston Harriers	14 — 1 Lydia Chapman	4 Catherine Slater	9 Jenny Parker
2 Lancaster & Morecambe Ac	30 — 5 Maria Snell	11 Lauren Gora	14 Hannah Bateson
3 Barrow & Furness Striders Ac	31 — 3 Christina Wijek	6 Rachel Thompson	22 Katie Savage
4 Wesham Road Runners & Ac	60 — 8 Catherine Carrdus	25 Carmel Sullivan	27 Sue Coulthurst
5 Blackpool Wyre & Fylde Ac	61 — 12 Lauren Gowland	19 Elizabeth Lake	30 Stasia Bligh
6 Kendal Amateur Athletic Club	65 — 10 Allison Daly	16 Mairead Rocke	39 Martina Pyne
7 Wigan & District H & Ac	66 — 7 Jayne Taylor	17 Julie Platt	42 Sarah Morton
8 Preston Harriers 'B'	71 — 15 Laura Sullivan	24 Ambi Tipping	32 Emma EssexCrosby
9 Lancaster University	75 — 18 Tilly McCarthy	23 Rebecca McLean	34 Daisy Hunt
10 Barrow & Furness Striders 'B'	92 — 26 Jill Seddon	28 Lynn Murray	38 Sophie Seddon
11 Lancaster & Morecambe Ac 'B'	104 — 20 Jayne Perry	21 Deborah Oakley	63 Gill Hamilton
12 Southport Waterloo Ac	141 — 29 Tracey Peters	47 Michelle Spencer	65 Carole James
13 Blackpool Wyre & Fylde Ac 'B'	147 — 43 Michelle Tickle	51 Karen Dunford	53 Laura Lawler
14 Clayton Le Moors Harriers	159 — 44 Irene Roche	55 Jean Knightley	60 Dawn Richardson
15 Kendal Amateur Athletic Cl 'B'	166 — 48 Lucy Varney	50 Sharone Bullock	68 Susan Booth
16 Wesham Road Runners & Ac 'B'	172 — 35 Tracey Hulme	56 Jenn Thompson	81 Lisa Minns
17 Garstang	181 — 45 Manssa Cornall	46 Amie McAvoy	90 Mary Hewitt
18 Red Rose Road Runners	202 — 61 Paula Plowman	67 Sarah Maltby	74 Margaret Lupton
19 Lytham St Annes Rr Club	206 — 58 Fiona Geldard	73 Julia Rolfe	75 Dawn Bloor
20 Lancaster University 'B'	206 — 57 Kaylea Haynes	72 Bethany Bloor	77 Laura Lewis
21 Trawden AC	230 — 66 Jenny McAndrew	78 Deborah Stevenson	86 Charis Rowlands
22 Red Rose Road Runners 'B'	258 — 80 Debbie Porter	85 Vicky Gore	93 Karen Clark
23 Clayton Le Moors Harriers 'B'	265 — 71 Helen Burnett	83 Yvonne Wickham	111 Christine Leathley
24 Lytham St Annes Rr Club 'B'	308 — 84 Alexandra Everest	106 Karen Lanigan	118 Dawn Lock

Race 6 - Ladies over 35 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Wesham Road Runners & Ac	19 — 3 Catherine Carrdus	7 Carmel Sullivan	9 Sue Coulthurst
2 Barrow & Furness Striders Ac	35 — 8 Jill Seddon	10 Lynn Murray	17 Sonja Foster
3 Wigan & District H & Ac	38 — 2 Jayne Taylor	6 Julie Platt	30 Shona Taylor
4 Kendal Amateur Athletic Club	48 — 4 Allison Daly	21 Lucy Varney	23 Sharone Bullock
5 Blackpool Wyre & Fylde Ac	53 — 11 Stasia Bligh	18 Michelle Tickle	24 Karen Dunford
6 Clayton Le Moors Harriers	77 — 19 Irene Roche	27 Jean Knightley	31 Dawn Richardson
7 Barrow & Furness Striders 'B'	80 — 22 Kerry Travers	25 Yvonne Morrell	33 Helen Walker
8 Wesham Road Runners & Ac 'B'	90 — 14 Tracey Hulme	28 Jenn Thompson	48 Lisa Minns
9 Preston Harriers	100 — 13 Marion Hesketh	35 Vicki Sherrington	52 Adela Nuttall
10 Southport Waterloo Ac	109 — 20 Michelle Spencer	36 Carole James	53 Sue Stewart
11 Lytham St Annes Rr Club	115 — 29 Fiona Geldard	42 Julia Rolfe	44 Dawn Bloor
12 Red Rose Road Runners	122 — 32 Paula Plowman	43 Margaret Lupton	47 Debbie Porter
13 Trawden AC	134 — 37 Jenny McAndrew	46 Deborah Stevenson	51 Charis Rowlands
14 Clayton Le Moors Harriers 'B'	163 — 41 Helen Burnett	49 Yvonne Wickham	73 Christine Leathley
15 Red Rose Road Runners 'B'	171 — 50 Vicky Gore	58 Karen Clark	63 Jenny Fairclough
16 Preston Harriers 'B'	187 — 61 Melanie Haworth	62 Judith Deakin	64 Sue Wickham

Race 6 - Ladies over 45 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Wesham Road Runners & Ac	11 — 2 Carmel Sullivan	3 Sue Coulthurst	6 Tracey Hulme
2 Clayton Le Moors Harriers	35 — 8 Irene Roche	12 Jean Knightley	15 Dawn Richardson
3 Kendal Amateur Athletic Club	46 — 9 Lucy Varney	18 Susan Booth	19 Dianne Priestley
4 Lytham St Annes Rr Club	55 — 13 Fiona Geldard	20 Julia Rolfe	22 Dawn Bloor
5 Preston Harriers	67 — 5 Marion Hesketh	27 Adela Nuttall	35 Judith Deakin
6 Red Rose Road Runners	69 — 16 Paula Plowman	21 Margaret Lupton	32 Karen Clark
7 Southport Waterloo Ac	78 — 17 Carole James	28 Sue Stewart	33 Jane Blacklin
8 Clayton Le Moors Harriers 'B'	110 — 25 Yvonne Wickham	42 Christine Leathley	43 Susan Allen
9 Red Rose Road Runners 'B'	115 — 36 Jenny Fairclough	38 Helen Orson	41 Diane Hill

Race 6 - Ladies over 55 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Clayton Le Moors Harriers	17 — 2 Irene Roche	3 Jean Knightley	12 Christine Leathley
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Race 6 - Ladies over 65 — TEAM RESULTS

No complete teams

Mid Lancs Cross Country League at Rylands Park, Lancaster on Saturday 7th March 2015

Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time
1	452	Phil Waite		Barrow & Furness Striders Ac	30:03
2	1522	Matt Thompson	V40	1 Southport Waterloo Ac	30:21
3	73	Gethin Butler	V40	2 Preston Harriers	30:33
4	2347	Callum Grant	U20	1 Liverpool Harriers & Ac	30:45
5	2399	Abraham Afeworki		Wigan & District H & Ac	30:59
6	1209	Ian Livesey		Barlick Fr	31:04
7	730	Joe Greenwood		Lytham St Annes Rr Club	31:10
8	2112	Mark Chippendale	V40	3 Blackburn Harriers & Ac	31:14
9	1524	David Hamilton	V40	4 Southport Waterloo Ac	31:17
10	2422	Ciaran Walsh		Southport Waterloo Ac	31:20
11	2148	Ryan Stevenson		Horwich R M I Harriers	31:37
12	441	Pat Miller	V40	5 Barrow & Furness Striders Ac	31:49
13	2409	Quentin Gatrik	V40	6 Kendal Amateur Athletic Club	31:58
14	2293	Matthew Walsh		Thornton-Cleveleys RC	31:59
15	599	Gary Fitzpatrick		Wigan & District H & Ac	32:16
16	2067	Jack O'Kell	U20	2 Lancaster University	32:21
17	2973	Lee Parrington		Unattached	32:24
18	1212	Stephen Chew		Barlick Fr	32:28
19	1194	Lucas Payne	V40	7 Barlick Fr	32:29
20	575	Andrew Ratcliffe	V40	8 Wigan & District H & Ac	32:29
21	289	Mark Leadbeater		Lancaster & Morecambe Ac	32:44
22	86	Richard Smith		Preston Harriers	32:49
23	503	Andy Fairbairn		Thornton-Cleveleys RC	32:54
24	2212	William Sisson		Kendal Amateur Athletic Club	32:56
25	988	Tom Nicolson		Border Harriers & Ac	33:00
26	605	Howard Avery		Wigan & District H & Ac	33:05
27	2305	Kevin Davies	V50	1 Clayton Le Moors Harriers	33:05
28	70	Neil McDonald	V40	9 Preston Harriers	33:22
29	401	Lee Barlow	V40	10 Wesham Road Runners & Ac	33:26
30	525	Tom Greaves	U20	3 Lancaster University	33:27
31	2367	Dan Hughes		Red Rose Road Runners	33:30
32	1155	George Pier	U20	4 Clayton Le Moors Harriers	33:39
33	1546	Alex Waddelove		Southport Waterloo Ac	33:44
34	729	Thomas Howarth		Lytham St Annes Rr Club	33:50
35	2372	Robert Walsh	V40	11 Chorley Ac & Tri	33:51
36	2391	Calvin Routledge	V40	12 Lancaster & Morecambe Ac	33:53
37	925	Gary Dover	V50	2 Glaxo Hoad Hill Harriers	33:53
38	1536	Matthew Goddard		Southport Waterloo Ac	33:59
39	2068	Danni Tarrant		Lancaster University	34:02
40	974	Stuart Windsor	V40	13 Border Harriers & Ac	34:03
41	2586	Stephen Woodruff	V50	3 Red Rose Road Runners	34:04
42	449	James Jordan		Barrow & Furness Striders Ac	34:09
43	1997	James Edwards		Lancaster & Morecambe Ac	34:11
44	2129	Richard Stevenson		Clayton Le Moors Harriers	34:11
45	971	Daniel Ibotson	V40	14 Border Harriers & Ac	34:19
46	2279	Sam Swindells		Preston Harriers	34:24
47	2403	John Sprackland	V50	4 Southport Waterloo Ac	34:32
48	665	Stephen Potter		Kendal Amateur Athletic Club	34:33
49	2100	Michael Doherty	V40	15 Glaxo Hoad Hill Harriers	34:36
50	1518	Peter Roome	V50	5 Southport Waterloo Ac	34:37
51	519	Andrew Crickmore		Lancaster University	34:39
52	530	Ben Francis	U20	5 Lancaster University	34:40
53	572	David Collins	V50	6 Wigan & District H & Ac	34:44
54	584	Mike Harris	V40	16 Wigan & District H & Ac	34:45
55	2414	Michael Smith		Preston Harriers	34:47
56	2397	Vincent O'Sullivan		Lancaster University	34:57
57	2423	Richard Eaves	V40	17 Blackpool Wyre & Fylde Ac	35:01
58	795	Stu Cann	V50	7 Red Rose Road Runners	35:02
59	1513	Neil Adshead	V50	8 Southport Waterloo Ac	35:03
60	524	Tom Walker		Lancaster University	35:04
61	934	Andy Jackson	V40	18 Glaxo Hoad Hill Harriers	35:05
62	2398	Stephen Sheldon		Wigan & District H & Ac	35:09
63	726	Neil Tate		Lytham St Annes Rr Club	35:18
64	1150	John Roche	V50	9 Clayton Le Moors Harriers	35:22
65	2974	Steven Worsley	V50	10 Inverness Harriers	35:25
66	2410	Michael McNeill		Thornton-Cleveleys RC	35:27
67	2351	John Tredgett	V50	11 Kendal Amateur Athletic Club	35:28
68	967	Kevin Hull	V50	12 Border Harriers & Ac	35:33
69	2141	Michael Hogan	V40	19 Clayton Le Moors Harriers	35:48
70	1193	Derek Walkden	V40	20 Barlick Fr	35:53
71	438	Ian Sadler	V40	21 Barrow & Furness Striders Ac	35:54
72	939	Cian Nutt		Glaxo Hoad Hill Harriers	35:59
73	2142	David McGuigan		Kendal Amateur Athletic Club	36:02
74	2421	John Sear	V40	22 Lancaster & Morecambe Ac	36:04
75	2420	Paul Tynan	V50	13 Lancaster & Morecambe Ac	36:05
76	376	John Collier	V60	1 Wesham Road Runners & Ac	36:06
77	1506	Rob Johnson	V50	14 Southport Waterloo Ac	36:12
78	716	Graham Webster	V60	2 Lytham St Annes Rr Club	36:12
79	2407	Marcus Payne	V45	1 Barlick Fr	36:13
80	602	Paul Platt		Wigan & District H & Ac	36:15
81	941	Tom Southwood		Glaxo Hoad Hill Harriers	36:16
82	931	Jeffrey Chadwick	V40	23 Glaxo Hoad Hill Harriers	36:19
83	1613	Garry Chadderton	V50	15 Horwich R M I Harriers	36:20
84	666	Christopher Snell		Kendal Amateur Athletic Club	36:22
85	1894	Peter Sagar	V50	16 Hyndburn AC	36:26
86	2415	Gary Bradley	V50	17 Barlick Fr	36:27
87	2426	Stephen Bonus		Preston Harriers	36:33
88	2034	Peter Twigg	V40	24 Lancaster & Morecambe Ac	36:37
89	877	Phil Iddon	V40	25 Chorley Ac & Tri	36:39
90	2402	Danny Boullt		Barrow & Furness Striders Ac	36:41
91	221	Richard Jones		Garstang	36:45
92	57	Kevin Hesketh	V60	3 Preston Harriers	36:49
93	402	Steve Myerscough	V40	26 Wesham Road Runners & Ac	36:56
94	657	John Jones	V50	18 Kendal Amateur Athletic Club	37:02
95	515	Nicholas Barton		Lancaster University	37:05
96	2960	Paul Sparrow	V45	2 Unattached	37:19
97	650	Mike Walsh	V60	4 Kendal Amateur Athletic Club	37:21
98	2222	Damian Plumb		Barrow & Furness Striders Ac	37:22
99	2971	Steven Batty	V50	19 Unattached	37:27
100	576	Kevin Edwards	V40	27 Wigan & District H & Ac	37:29
101	790	Philip Butler	V50	20 Red Rose Road Runners	37:31
102	2116	Warren Crook	V50	21 Chorley Ac & Tri	37:32
103	922	Graham Pinder	V50	22 Glaxo Hoad Hill Harriers	37:34
104	569	Andrew Eccles	V50	23 Wigan & District H & Ac	37:37
105	2153	John Wilcock	V50	24 Clayton Le Moors Harriers	37:39
106	1612	Doug Fleming	V50	25 Horwich R M I Harriers	37:42
107	217	Graham Tagg	V40	28 Garstang	37:43
108	2424	Paul Caine		Glaxo Hoad Hill Harriers	37:50
109	573	David Waddington	V50	26 Wigan & District H & Ac	37:56
110	2119	Jeffrey Pickup	V60	5 Clayton Le Moors Harriers	37:59
111	811	Chris Brown		Red Rose Road Runners	38:00
112	1989	Ronald Hummelink		Lancaster & Morecambe Ac	38:05
113	1895	David Moynihan	V40	29 Hyndburn AC	38:06
114	875	Darran Bowles	V40	30 Chorley Ac & Tri	38:13
115	717	Terry Helligs	V60	6 Lytham St Annes Rr Club	38:18
116	1148	Peter Booth	V60	7 Clayton Le Moors Harriers	38:21
117	787	Philip Davidson	V50	27 Red Rose Road Runners	38:24
118	1509	Matt Nelson	V50	28 Southport Waterloo Ac	38:27
119	514	Nick Bell		Lancaster University	38:29
120	379	John Bertenshaw	V50	29 Wesham Road Runners & Ac	38:31
121	437	Graham Dacre	V50	30 Barrow & Furness Striders Ac	38:33
122	1526	Neil Silcock	V40	31 Southport Waterloo Ac	38:37
123	596	Gary Wane		Wigan & District H & Ac	38:42
124	224	Simon Gora		Garstang	38:45
125	2413	Mick Edge	V50	31 Wesham Road Runners & Ac	38:59
126	881	Jonathan Burgess	V40	32 Chorley Ac & Tri	39:06
127	391	Christopher Moss	V50	32 Wesham Road Runners & Ac	39:12
128	499	Ben Brennan	V40	33 Thornton-Cleveleys RC	39:15
129	2009	Andrew Tranter	V40	34 Preston Harriers	39:17
130	2135	Michael Brennan	V40	35 Preston Harriers	39:30
131	2087	Andy Quinn	V40	36 Clayton Le Moors Harriers	39:35
132	2404	Mark McCrea	V45	3 Red Rose Road Runners	39:40
133	661	Stephen Roberts	V40	37 Kendal Amateur Athletic Club	39:59
134	2411	Patrick Finn	V50	33 Kendal Amateur Athletic Club	40:12
135	384	Nigel Shepherd	V50	34 Wesham Road Runners & Ac	40:20
136	2396	Lewis Hughes		Lancaster University	40:22
137	1607	Gordon Stone	V50	35 Horwich R M I Harriers	40:24
138	2405	Michael Cunningham	V50	36 Southport Waterloo Ac	40:25
139	2054	Peter Hall	V70	1 Barrow & Furness Striders Ac	40:36
140	2089	Jason Pier	V40	38 Clayton Le Moors Harriers	40:42
141	377	Alan Glasgow	V60	8 Wesham Road Runners & Ac	40:49
142	2408	Graham Hodgson	V50	37 Lancaster & Morecambe Ac	41:03
143	2206	David Scott	V70	2 Clayton Le Moors Harriers	41:10
144	821	Barry Wheeler		Red Rose Road Runners	41:58
145	801	Ian Wharton	V40	39 Red Rose Road Runners	42:00
146	2149	Andrew Howarth	V50	38 Clayton Le Moors Harriers	42:02
147	2080	Simon Scarr	V50	39 Blackpool Wyre & Fylde Ac	42:15
148	225	Chris Airey		Garstang	42:16
149	2130	Dugald McCallum	V60	9 Clayton Le Moors Harriers	42:25
150	59	Michael Brown	V50	40 Preston Harriers	42:29
151	791	Frank Nightingale	V50	41 Red Rose Road Runners	42:45
152	807	Anthony Murphy	V40	40 Red Rose Road Runners	42:52
153	2297	Richard Starkie	V45	4 Barlick Fr	43:06
154	2123	Mike Pent	V50	42 Lancaster & Morecambe Ac	43:11
155	1190	Robert Jackson	V50	43 Barlick Fr	43:20
156	2425	Bill Hardman	V50	44 Garstang	43:38
157	375	Phil Leaver	V60	10 Wesham Road Runners & Ac	43:53
158	2006	Jon Royle	V40	41 Red Rose Road Runners	43:58
159	163	Alan Wilkinson	V60	11 Blackpool Wyre & Fylde Ac	44:05
160	2150	George Parrington	V60	12 Lancaster & Morecambe Ac	44:06
161	2419	David Cockell	L	1 Barlick Fr	44:12
162	374	Peter Bartlett	V60	13 Wesham Road Runners & Ac	44:27
163	1510	Gareth Williams	V50	45 Southport Waterloo Ac	44:33
164	794	Andy Speer	V50	46 Red Rose Road Runners	44:56
165	58	Phil Lakeland	V50	47 Preston Harriers	45:15
166	372	Dave Waywell	V70	3 Wesham Road Runners & Ac	45:17
167	165	Peter Gibson	V60	14 Blackpool Wyre & Fylde Ac	45:20
168	171	Jeffrey Wright	V50	48 Blackpool Wyre & Fylde Ac	46:25

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

169	2050	Richard Lawson	V70	4	Clayton Le Moors Harriers	46:28	176	158	John Winters	V70	5	Blackpool Wyre & Fylde Ac	52:23
170	721	Greg Oulton	V40	42	Lytham St Annes Rr Club	46:41	177	976	Andrew Field			Border Harriers & Ac	52:36
171	1192	James Stead	V40	43	Barlick Fr	46:46	178	856	Adrian Smith	V60	15	Chorley Ac & Tri	59:07
172	861	Phil McCullaugh	V50	49	Chorley Ac & Tri	48:00							
173	1198	Robert Whipp	V40	44	Barlick Fr	48:42							
174	2401	Ben Higginson	V55	1	Preston Harriers	48:58							
175	568	Michael Dutton	V50	50	Wigan & District H & Ac	50:23							

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Southport Waterloo Ac	136	—	2	Matt Thompson	9	David Hamilton	10	Caran Walsh	32	Alex Waddelove	37	Matthew Goddard	46	John Sprackland
2	Wigan & District H & Ac	169	—	5	Abraham Afeworki	15	Gary Fitzpatrick	19	Andrew Ratcliffe	25	Howard Avery	52	David Collins	53	Mike Harris
3	Preston Harriers	235	—	3	Gethin Butler	21	Richard Smith	27	Neil McDonald	45	Sam Swindells	54	Michael Smith	86	Stephen Bonsu
4	Lancaster University	239	—	16	Jack O'Kell	29	Tom Greaves	38	Danni Tarrant	50	Andrew Cickmore	51	Ben Francis	55	Vincent O'Sullivan
5	Barlick Fr	270	—	6	Ian Livesey	17	Stephen Chew	18	Lucas Payne	68	Derek Walkden	77	Marcus Payne	84	Gary Bradley
6	Kendal Amateur Athletic Club	301	—	13	Quentin Gratik	23	William Sisson	47	Stephen Potter	65	John Tredgett	71	David McGuigan	82	Christopher Snell
7	Barrow & Furness Striders Ac	306	—	1	Phil Waite	12	Pat Miller	41	James Jordan	69	Ian Sadler	88	Danny Boult	95	Damian Plumb
8	Lancaster & Morecambe Ac	328	—	20	Mark Leadbeater	35	Calvin Routledge	42	James Edwards	72	John Sear	73	Paul Tynan	86	Peter Twigg
9	Clayton Le Moors Harriers	331	—	26	Kevin Davies	31	George Pier	43	Richard Stevenson	63	John Roche	67	Michael Hogan	101	John Wilcock
10	Glaxo Hoad Hill Harriers	373	—	36	Gay Dover	48	Michael Doherty	60	Andy Jackson	70	Cian Nutt	79	Tom Southward	80	Jeffrey Chadwick
11	Red Rose Road Runners	444	—	30	Dan Hughes	40	Stephen Woodruff	57	Stu Cann	97	Philip Butler	107	Chris Brown	113	Philip Davidson
12	Lytham St Annes Rr Club	455	—	7	Joe Greenwood	33	Thomas Howarth	62	Neil Tate	76	Graham Webster	111	Terry Hellings	166	Greg Oulton
13	Southport Waterloo Ac 'B'	548	—	49	Peter Roome	58	Neil Adshead	75	Rob Johnson	114	Matt Nelson	118	Neil Silcock	134	Michael Cunningham
14	Wesham Road Runners & Ac	553	—	28	Lee Barlow	74	John Collier	91	Steve Myerscough	116	John Bertenshaw	121	Mick Edge	123	Christopher Moss
15	Wigan & District H & Ac 'B'	559	—	61	Stephen Sheldon	78	Paul Platt	96	Kevin Edwards	100	Andrew Eccles	105	David Waddington	119	Gary Ware
16	Chorley Ac & Tri	619	—	34	Robert Walsh	87	Phil Iddon	98	Warren Crook	110	Darran Bowles	122	Jonathan Burgess	168	Phil McCullaugh
17	Clayton Le Moors Harriers 'B'	762	—	106	Jeffrey Pickup	112	Peter Booth	127	Andy Quinn	136	Jason Pier	139	David Scott	142	Andrew Howarth
18	Preston Harriers 'B'	818	—	30	Kevin Hesketh	125	Andrew Tranter	126	Michael Brennan	146	Michael Brown	161	Phil Lakeland	170	Ben Higginson
19	Blackpool Wyre & Fylde Ac	853	—	56	Richard Eaves	143	Simon Scarr	155	Alan Wilkinson	163	Peter Gibson	164	Jeffrey Wright	172	John Winters
20	Red Rose Road Runners 'B'	858	—	128	Mark McCrea	140	Barry Wheeler	141	Ian Wharton	147	Frank Nightingale	148	Anthony Murphy	154	Jon Royle

Senior Men under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	2347	Callum Grant	U20	1 Liverpool Harriers & Ac	30:45
2	2067	Jack O'Kell	U20	2 Lancaster University	32:21
3	525	Tom Greaves	U20	3 Lancaster University	33:27
4	1155	George Pier	U20	4 Clayton Le Moors Harriers	33:39
5	530	Ben Francis	U20	5 Lancaster University	34:40

Senior Men under 20 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Lancaster University	10	—	2	Jack O'Kell	3	Tom Greaves	5	Ben Francis
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Senior Men (Vets) over 40 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Southport Waterloo Ac	43	—	1	Matt Thompson	4	David Hamilton	18	John Sprackland	20	Peter Roome
2	Glaxo Hoad Hill Harriers	98	—	14	Gary Dover	19	Michael Doherty	26	Andy Jackson	39	Jeffrey Chadwick
3	Wigan & District H & Ac	100	—	8	Andrew Ratcliffe	21	David Collins	22	Mike Harris	49	Kevin Edwards
4	Barlick Fr	118	—	7	Lucas Payne	31	Derek Walkden	38	Marcus Payne	42	Gary Bradley
5	Clayton Le Moors Harriers	120	—	9	Kevin Davies	27	John Roche	30	Michael Hogan	54	John Wilcock
6	Lancaster & Morecambe Ac	123	—	13	Calvin Routledge	33	John Sear	34	Paul Tynan	43	Peter Twigg
7	Kendal Amateur Athletic Club	129	—	6	Quentin Gratik	28	John Tredgett	47	John Jones	48	Mike Walsh
8	Preston Harriers	129	—	2	Gethin Butler	10	Neil McDonald	45	Kevin Hesketh	72	Andrew Tranter
9	Red Rose Road Runners	153	—	16	Stephen Woodruff	24	Stu Cann	50	Philip Butler	63	Philip Davidson
10	Wesham Road Runners & Ac	157	—	11	Lee Barlow	35	John Collier	46	Steve Myerscough	65	John Bertenshaw
11	Chorley Ac & Tri	167	—	12	Robert Walsh	44	Phil Iddon	51	Warren Crook	60	Darran Bowles
12	Barrow & Furness Striders Ac	184	—	5	Pat Miller	32	Ian Sadler	66	Graham Dacre	81	Peter Hall
13	Southport Waterloo Ac 'B'	192	—	25	Neil Adshead	36	Rob Johnson	64	Matt Nelson	67	Neil Silcock
14	Clayton Le Moors Harriers 'B'	276	—	58	Jeffrey Pickup	62	Peter Booth	74	Andy Quinn	82	Jason Pier
15	Wesham Road Runners & Ac 'B'	299	—	68	Mick Edge	70	Christopher Moss	78	Nigel Shepherd	83	Alan Glasgow
16	Blackpool Wyre & Fylde Ac	316	—	23	Richard Eaves	88	Simon Scarr	99	Alan Wilkinson	106	Peter Gibson
17	Red Rose Road Runners 'B'	344	—	75	Mark McCrea	86	Ian Wharton	91	Frank Nightingale	92	Anthony Murphy
18	Preston Harriers 'B'	380	—	73	Michael Brennan	90	Michael Brown	104	Phil Lakeland	113	Ben Higginson
19	Barlick Fr 'B'	410	—	93	Richard Starkie	95	Robert Jackson	110	James Stead	112	Robert Whipp

Senior Men (Vets) over 50 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Southport Waterloo Ac	17 — 4 John Sprackland	5 PeterRoome	8 Neil Adshead
2 Red Rose Road Runners	32 — 3 Stephen Woodruff	7 Stu Cann	22 PhilipButler
3 Clayton Le Moors Harriers	36 — 1 Kevin Davies	9 John Roche	26 John Wilcock
4 Kendal Amateur Athletic Club	51 — 10 John Tredgett	20 John Jones	21 Mike Walsh
5 Wigan & District H & Ac	59 — 6 DavidCollins	25 Andrew Eccles	28 David Waddington
6 Wesham Road Runners & Ac	83 — 13 John Collier	34 John Bertenshaw	36 Mick Edge
7 Horwich R M I Harriers	83 — 16 Garry Chadderton	27 Doug Fleming	40 Gordon Stone
8 Southport Waterloo Ac 'B'	88 — 14 Rob Johnson	33 Matt Nelson	41 Michael Cunningham
9 Clayton Le Moors Harriers 'B'	105 — 29 Jeffrey Pickup	31 Peter Booth	45 David Scott
10 Lancaster & Morecambe Ac	107 — 12 Paul Tynan	44 Graham Hodgson	51 Mike Pent
11 Wesham Road Runners & Ac 'B'	119 — 37 Christopher Moss	39 Nigel Shepherd	43 Alan Glasgow
12 Preston Harriers	128 — 19 Kevin Hesketh	49 Michael Brown	60 Phil Lakeland
13 Red Rose Road Runners 'B'	141 — 32 Philip Davidson	50 Frank Nightingale	59 Andy Speer
14 Chorley Ac & Tri	157 — 23 Warren Crook	65 Phil McCullaugh	69 Adrian Smith
15 Blackpool Wyre & Fylde Ac	164 — 47 Simon Scarr	55 Alan Wilkinson	62 Peter Gibson

Senior Men (Vets) over 60 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Clayton Le Moors Harriers	22 — 5 Jeffrey Pickup	7 Peter Booth	10 David Scott
2 Wesham Road Runners & Ac	22 — 1 John Collier	9 Alan Glasgow	12 Phil Leaver
3 Blackpool Wyre & Fylde Ac	49 — 13 Alan Wilkinson	17 Peter Gibson	19 John Winters