

Manchester Area Cross Country League at Boggart Hole Clough on Saturday 5th December 2015

Under 11 - Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	91	Louie McCormack	Trafford AC	9:27	16	427	Aadi Whitlock	Macclesfield H&ac	11:07
2	343	Alex Poulston	Wirral AC	9:52	17	420	Oliver Bradley	Macclesfield H&ac	11:18
3	511	Patrick Griffith	Vale Royal AC	10:07	18	2035	Marcus Cann	Handforth	11:18
4	188	Tom Boyd	Sale H Manchester	10:28	19	561	Torin Lindsey	Sale H Manchester	11:22
5	538	Malachy Cole	Salford H&ac	10:38	20	2	Ivan Karpusheff	Vale Royal AC	11:23
6	192	Archie McCarron	Sale H Manchester	10:40	21	576	Jack Batten	Sale H Manchester	11:29
7	604	William Sutcliffe	Wirral AC	10:41	22	544	Nathan Fryer	Salford Met AC	11:36
8	2040	\$Tom Manton	Saddleworth Runners Club	10:45	23	402	Albert Durance	Manchester Triathlon	11:43
9	557	Rhys Hopkins	Warrington AC	10:46	24	543	Keiran Brindle	Salford Met AC	11:48
10	193	Will Parker	Sale H Manchester	10:49	25	596	Patrick Marsden	Salford Met AC	11:57
11	545	Ethan Nation	Salford Met AC	10:55	26	548	Joseph Larkin	Halton&frodsham H	12:20
12	510	Will Clark	Vale Royal AC	10:57	27	405	Ben Mullins	Manchester Triathlon	12:25
13	577	Charlie Tittensor	Sale H Manchester	10:58	28	328	L Storey-Grimshaw	E Cheshire H&tameside AC	12:26
14	119	Finley Mayoh	Stockport H&ac	11:05	29	423	Harry Reens	Macclesfield H&ac	12:44
15	419	Hayden Blunn	Macclesfield H&ac	11:06					

Under 11 - Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sale H Manchester	19	—	4 Tom Boyd	6 Archie McCarron	9 Will Parker
2 Vale Royal AC	32	—	3 Patrick Griffith	11 Will Clark	18 Ivan Karpusheff
3 Macclesfield H&ac	45	—	14 Hayden Blunn	15 Aadi Whitlock	16 Oliver Bradley
4 Sale H Manchester	48	—	12 Charlie Tittensor	17 Torin Lindsey	19 Jack Batten
5 Salford Met AC	52	—	10 Ethan Nation	20 Nathan Fryer	22 Keiran Brindle

Under 11 - Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	509	Holly Weedall	Vale Royal AC	10:10	21	47	Lucie Davies	Warrington AC	12:13
2	180	Isabelle Burke	Sale H Manchester	10:19	22	530	Scarlett Stapleton	Vale Royal AC	12:13
3	182	Taylor Edwards	Sale H Manchester	10:31	23	399	Cleo Bentall	Manchester Triathlon	12:14
4	283	Nicola Mason	Salford H&ac	10:39	24	400	Freya Griffiths	Manchester Triathlon	12:15
5	50	Molly Wormald	Warrington AC	11:16	25	185	Hermione Mason	Sale H Manchester	12:21
6	187	Katie Stringer	Sale H Manchester	11:17	26	179	Nieve Barton	Sale H Manchester	12:33
7	2032	\$Niamh Boyd	Handforth	11:21	27	411	Lily Davies	Macclesfield H&ac	12:37
8	183	Libby Hill	Sale H Manchester	11:24	28	414	Constance Gooda	Macclesfield H&ac	12:41
9	117	Sofia Livesey	Stockport H&ac	11:25	29	415	Charlotte Moran	Macclesfield H&ac	12:46
10	46	Maisie Bell	Warrington AC	11:26	30	570	Hannah Johnson	Liverpool H & AC	12:53
11	52	Evelyn Barber	Manchester H&ac	11:32	31	569	Rebecca Johnson	Liverpool H & AC	12:57
12	565	Hattie Bain	Liverpool H & AC	11:40	32	595	Thea Smith	Vale Royal AC	12:59
13	282	Isobel Cammish	Salford H&ac	11:41	33	2034	\$Verity Charnley	Handforth	13:02
14	555	Millie Bayman	Salford H&ac	11:44	34	16	Hollie Brussels	St Helens Sutton AC	13:02
15	412	Rebecca Dilworth	Macclesfield H&ac	11:50	35	582	Imogen Gush	E Cheshire H&tameside AC	13:20
16	566	Jenny Grant	Liverpool H & AC	11:51	36	181	Erin Donnolly	Sale H Manchester	13:27
17	2033	\$Annabelle Bygrave	Handforth	11:52	37	603	Shauna Clarke	Warrington AC	13:29
18	48	Eva Ferris	Warrington AC	11:55	38	540	Isabella Kershaw	Salford Met AC	13:36
19	556	Lily Briscoe	Warrington AC	12:06	39	571	Maisie Nichols	Liverpool H & AC	14:01
20	280	Lucy Aplin	Salford H&ac	12:11					

Under 11 - Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sale H Manchester	11	—	2 Isabelle Burke	3 Taylor Edwards	6 Katie Stringer
2 Salford H&ac	29	—	4 Nicola Mason	12 Isobel Cammish	13 Millie Bayman
3 Warrington AC	30	—	5 Molly Wormald	9 Maisie Bell	16 Eva Ferris
4 Vale Royal AC	51	—	1 Holly Weedall	20 Scarlett Stapleton	30 Thea Smith
5 Sale H Manchester	54	—	7 Libby Hill	23 Hermione Mason	24 Nieve Barton
6 Liverpool H & AC	54	—	11 Hattie Bain	15 Jenny Grant	28 Hannah Johnson
7 Macclesfield H&ac	65	—	14 Rebecca Dilworth	25 Lily Davies	26 Constance Gooda
8 Warrington AC	70	—	17 Lily Briscoe	19 Lucie Davies	34 Shauna Clarke

Manchester Area Cross Country League at Boggart Hole Clough on Saturday 5th December 2015

Under 13 - Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	299	Sam Hopkins	Salford H&ac	12:58	18	23	Michael Brussels	St Helens Sutton AC	14:49
2	302	Lewis Royle	Salford H&ac	13:09	19	497	Alex Macfarlane	Stockport H&ac	14:52
3	99	Joe Bentall	Trafford AC	13:13	20	437	Thomas Roberts	Macclesfield H&ac	14:54
4	436	Finley Profitt	Macclesfield H&ac	13:15	21	474	Cameron Murdoch	Stockport H&ac	14:56
5	487	Lucas Hayes	Warrington AC	13:50	22	467	Joe Browne	Macclesfield H&ac	15:02
6	296	Samuel Bryan	Salford H&ac	13:53	23	301	Dino Roiditis	Salford H&ac	15:12
7	131	Edward Corden	Stockport H&ac	13:56	24	572	Zac Gaillemin	Sale H Manchester	15:20
8	137	Jacob WoodDoyle	Stockport H&ac	14:02	25	298	Oliver Cook	Salford H&ac	15:22
9	486	Isaaq Ataulah	Warrington AC	14:09	26	211	Jacob Corrie	Sale H Manchester	16:21
10	103	Seb Patrick	Trafford AC	14:14	27	513	James Griffith	Vale Royal AC	16:24
11	98	Alex Bailey	Trafford AC	14:15	28	602	Alex Ruddock	Sale H Manchester	17:12
12	100	Tom Bentall	Trafford AC	14:16	29	173	Oliver Murphy	St Helens Tri	17:15
13	210	Zenon Caine	Sale H Manchester	14:18	30	331	Ryan O'Neill	E Cheshire H&tameside AC	17:24
14	488	Joe Roberts	Warrington AC	14:23	31	406	Ben Jones	Manchester Triathlon	17:45
15	435	James Doorbar	Macclesfield H&ac	14:37	32	213	Will Irwin	Sale H Manchester	17:46
16	133	Fares Ibrahim	Stockport H&ac	14:41	33	547	Will Kershaw	Salford Met AC	17:47
17	26	Charlie Roberts	St Helens Sutton AC	14:48					

Under 13 - Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Salford H&ac	9	—	1	Sam Hopkins	2	Lewis Royle	6	Samuel Bryan
2	Trafford AC	24	—	3	Joe Bentall	10	Seb Patrick	11	Alex Bailey
3	Warrington AC	28	—	5	Lucas Hayes	9	Isaaq Ataulah	14	Joe Roberts
4	Stockport H&ac	31	—	7	Edward Corden	8	Jacob WoodDoyle	16	Fares Ibrahim
5	Macclesfield H&ac	39	—	4	Finley Profitt	15	James Doorbar	20	Thomas Roberts
6	Sale H Manchester	63	—	13	Zenon Caine	24	Zac Gaillemin	26	Jacob Corrie

Under 13 - Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	471	Lara Crawford	Sale H Manchester	13:44	16	206	Scarlett Whittaker	Sale H Manchester	16:00
2	431	Sian Heslop	Macclesfield H&ac	14:12	17	124	Esther Hulley	Stockport H&ac	16:05
3	61	Georgia Fazakerley	Manchester H&ac	14:17	18	378	Sofia Rowley	Liverpool H & AC	16:10
4	330	Megan Lewis	E Cheshire H&tameside AC	14:38	19	201	Olivia Herron	Sale H Manchester	16:13
5	127	Chloe Rogers	Stockport H&ac	14:43	20	433	Eme Noakes	Macclesfield H&ac	16:16
6	197	Anouska Brooks	Sale H Manchester	14:50	21	289	Erin Grime	Salford H&ac	16:26
7	196	Ruby Bell	Sale H Manchester	14:51	22	594	E ColquhounLynn	Sale H Manchester	16:28
8	125	Daisy Keigher	Stockport H&ac	15:11	23	64	Louisa Stiles	Manchester H&ac	16:44
9	329	Freya Handley	E Cheshire H&tameside AC	15:19	24	60	Emma Davies	Manchester H&ac	17:00
10	291	Samantha Mason	Salford H&ac	15:21	25	129	Ella Taylor	Stockport H&ac	17:10
11	290	C Haywood-Percival	Salford H&ac	15:25	26	294	Natalia Russell	Salford H&ac	17:14
12	295	Sophie Smith	Salford H&ac	15:28	27	317	Annabel Scholl	Warrington Tri Club	17:23
13	558	Rebecca Nixon	Warrington AC	15:54	28	2037	Jemima Jackson	Handforth	17:30
14	62	Alice Jones	Manchester H&ac	15:55	29	473	Kyra Brindle	Salford Met AC	17:46
15	123	Lara Coulter	Stockport H&ac	15:57	30	316	Jessica Connolly	Warrington Tri Club	19:10

Under 13 - Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Sale H Manchester	14	—	1	Lara Crawford	6	Anouska Brooks	7	Ruby Bell
2	Stockport H&ac	28	—	5	Chloe Rogers	8	Daisy Keigher	15	Lara Coulter
3	Salford H&ac	33	—	10	Samantha Mason	11	C Haywood-Percival	12	Sophie Smith
4	Manchester H&ac	40	—	3	Georgia Fazakerley	14	Alice Jones	23	Louisa Stiles
5	Sale H Manchester	57	—	16	Scarlett Whittaker	19	Olivia Herron	22	E ColquhounLynn

Manchester Area Cross Country League at Boggart Hole Clough on Saturday 5th December 2015

Under 15 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	493	Keenan Owen	E Cheshire H&tameside AC	15:37	13	504	Andrew Grant	Liverpool H & AC	17:54
2	482	Jordan Jones	Warrington AC	16:02	14	309	Charlie Thomas	Salford H&ac	18:08
3	485	Joe Buckley	Warrington AC	16:19	15	539	Adam Curtis	Salford H&ac	18:19
4	600	Daniel Preston	Liverpool H & AC	16:28	16	336	Jake Smith	E Cheshire H&tameside AC	18:21
5	444	Lucas Parker	Macclesfield H&ac	16:32	17	146	Fabio Carosi	Stockport H&ac	18:24
6	308	Paddy Cusack	Salford H&ac	16:41	18	151	Joseph Philbin	Stockport H&ac	18:34
7	152	Flynn Walsh	Stockport H&ac	16:46	19	148	Drew Evans	Stockport H&ac	19:04
8	145	Ben Batho	Stockport H&ac	17:29	20	503	Connor Keyes	Stockport H&ac	19:08
9	362	Jonathon Head	Wirral AC	17:29	21	150	Sam Johnson	Stockport H&ac	19:56
10	245	Sam Heyworth	Sale H Manchester	17:35	22	605	Alex Armstrong	Sale H Manchester	20:37
11	443	Matthew Browne	Macclesfield H&ac	17:43	23	492	Karl Taylor	Stockport H&ac	21:06
12	310	Jacob Yates	Salford H&ac	17:45					

Under 15 - Boys — TEAM RESULTS

1	Salford H&ac	32	—	6	Paddy Cusack	12	Jacob Yates	14	Charlie Thomas
2	Stockport H&ac	32	—	7	Flynn Walsh	8	Ben Batho	17	Fabio Carosi
3	Stockport H&ac	57	—	18	Joseph Philbin	19	Drew Evans	20	Connor Keyes

Under 15 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	499	Ella McNiven	Liverpool H & AC	16:36	15	385	Anna Lee-Wilson	Liverpool H & AC	20:06
2	382	Jess Cook	Liverpool H & AC	17:36	16	319	Jessica Scholl	Warrington Tri Club	20:18
3	440	Stephanie Moss	Macclesfield H&ac	17:38	17	104	Anna Baker	Trafford AC	20:26
4	304	Catherine Hooper	Salford H&ac	17:48	18	351	Erin Davies	Wirral AC	20:28
5	383	Emma Gordon	Liverpool H & AC	17:51	19	472	Jade Bailey	Salford Met AC	20:30
6	441	Lauren Robinson	Macclesfield H&ac	17:58	20	225	Josie Canham	Sale H Manchester	20:35
7	353	Juliet Hodder	Wirral AC	18:23	21	67	Chloe Davies	Manchester H&ac	20:42
8	144	Briony Ward	Stockport H&ac	18:51	22	352	Ella Head	Wirral AC	20:44
9	335	Abby O'Neill	E Cheshire H&tameside AC	18:56	23	389	Jade Morgan	Liverpool H & AC	21:01
10	489	Natasha Moore	Stockport H&ac	19:01	24	333	Molly Healey	E Cheshire H&tameside AC	21:02
11	140	Mollie Cooke	Stockport H&ac	19:09	25	221	Hattie Barrington	Sale H Manchester	21:10
12	334	Holly Jackson	E Cheshire H&tameside AC	19:22	26	227	Mia Gibbons	Sale H Manchester	21:17
13	229	Georgia Haworth	Sale H Manchester	19:23	27	307	Rebecca Royle	Salford H&ac	21:44
14	332	Alyssia Davey	E Cheshire H&tameside AC	19:58	28	318	Kathryn Schofield	Warrington Tri Club	25:26
					29	32	Lily Price	St Helens Sutton AC	26:12

Under 15 - Girls — TEAM RESULTS

1	Liverpool H & AC	8	—	1	Ella McNiven	2	Jess Cook	5	Emma Gordon
2	Stockport H&ac	29	—	8	Briony Ward	10	Natasha Moore	11	Mollie Cooke
3	E Cheshire H&tameside AC	35	—	9	Abby O'Neill	12	Holly Jackson	14	Alyssia Davey
4	Wirral AC	47	—	7	Juliet Hodder	18	Erin Davies	22	Ella Head
5	Sale H Manchester	58	—	13	Georgia Haworth	20	Josie Canham	25	Hattie Barrington

Under 17 - Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Club	Time
1	2039	Jake Lonsdale		Preston Harriers	22:32	12	279	Aidan Stirrup	Sale H Manchester	24:49
2	178	Chris Larkin	L	Halton&frodsham H	22:49	13	113	Mikey Kingston	Trafford AC	25:09
3	340	George Lewis	L	E Cheshire H&tameside AC	22:58	14	465	Nathan Barlow	E Cheshire H&tameside AC	25:16
4	112	Colin Daly	L	Trafford AC	23:22	15	271	Dillon Cooper	Sale H Manchester	25:59
5	268	Charlie Brett	L	Sale H Manchester	23:51	16	115	Danny Shaw	Trafford AC	26:04
6	166	George Cooke	L	Stockport H&ac	24:03	17	601	Will Parsons	Vale Royal AC	26:05
7	111	Seamus Bradbury	L	Trafford AC	24:04	18	171	Josh Seymour	Stockport H&ac	26:10
8	537	Robbie Peal	L	Macclesfield H&ac	24:16	19	339	Paolo Guarnieri	E Cheshire H&tameside AC	26:19
9	276	Adam Kinghorn	L	Sale H Manchester	24:19	20	341	Callum Rhodes	E Cheshire H&tameside AC	26:31
10	588	Michael Whitham	L	Sale H Manchester	24:27	21	607	Bradley Freeman	Stockport H&ac	31:23
11	85	Ben Skertchly	L	Manchester H&ac	24:39					

Under 17 - Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Sale H Manchester	21	—	4	Charlie Brett	8	Adam Kinghorn	9	Michael Whitham
2	Trafford AC	21	—	3	Colin Daly	6	Seamus Bradbury	12	Mikey Kingston
3	E Cheshire H&tameside AC	33	—	2	George Lewis	13	Nathan Barlow	18	Paolo Guarnieri
4	Stockport H&ac	42	—	5	George Cooke	17	Josh Seymour	20	Bradley Freeman

Under 17 - Ladies — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Club	Time			
1	164	Katy Whiteoak	L	1	Stockport H&ac	25:21	10	157	Emilia Gajda	L	10	Stockport H&ac	29:02
2	256	Olivia Green	L	2	Sale H Manchester	26:15	11	470	Sarah Stockman	L	11	Macclesfield H&ac	29:15
3	445	Louisa Whittingham	L	3	Macclesfield H&ac	26:35	12	253	Alice Bruce	L	12	Sale H Manchester	29:34
4	158	Rebecca Jones	L	4	Stockport H&ac	27:05	13	312	Sophie Harrison	L	13	Salford H&ac	29:39
5	155	Heather Corden	L	5	Stockport H&ac	27:25	14	313	L Haywood-Percival	L	14	Salford H&ac	30:19
6	314	Rebecca Mason	L	6	Salford H&ac	27:38	15	266	Chiara Young	L	15	Sale H Manchester	30:43
7	160	Hannah Richardson	L	7	Stockport H&ac	27:45	16	263	Chloe Taylor	L	16	Sale H Manchester	31:41
8	153	Georgia Bourke	L	8	Stockport H&ac	28:31	17	396	Emily Rowe	L	17	Liverpool H & AC	32:35
9	260	Franki Reid	L	9	Sale H Manchester	28:47							

Under 17 - Ladies — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Stockport H&ac	10	—	1	Katy Whiteoak	4	Rebecca Jones	5	Heather Corden
2	Sale H Manchester	23	—	2	Olivia Green	9	Franki Reid	12	Alice Bruce
3	Stockport H&ac	25	—	7	Hannah Richardson	8	Georgia Bourke	10	Emilia Gajda
4	Salford H&ac	33	—	6	Rebecca Mason	13	Sophie Harrison	14	L Haywood-Percival

Manchester Area Cross Country League at Boggart Hole Clough on Saturday 5th December 2015

Senior Women aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time
1	169	Beth Donnelly	U20	1 Trafford AC	33:41
2	201	Ruth Sinclair	U20	2 Stockport H&ac	33:49
3	376	Hayley Simpson	U20	3 E Cheshire H&tameside AC	35:05
4	506	\$Ruth Jones	U20	4 Salford H&ac	35:39
5		2 Chloe Broad	U20	5 Vale Royal AC	38:41

Senior Women aged 20 to 34

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Club	Time
1	407	Caitlin Rice		Glossopdale Harriers	33:32	29	270	Tracey Taylor	Sale H Manchester	43:22
2	65	Gemma Connolly		St Helens Sutton AC	33:53	30	448	Samantha Hartley	Hyde Village Striders	43:29
3	404	Kirsty Johnson		Glossopdale Harriers	34:31	31	382	Chloe Dalton	Wirral AC	43:32
4	165	Cauley Amy Rose		Trafford AC	35:35	32	26	Sadia Haq	Chorlton Runners	43:34
5	242	Luisa Candioli		Sale H Manchester	35:45	33	435	Claire Nelson	Manchester Triathlon	44:17
6	370	Bethany Hirst		E Cheshire H&tameside AC	36:21	34	196	Imogen Nutter	Stockport H&ac	44:28
7	113	Elena Adorni		Chorlton Runners	36:33	35	580	Naomi Sykes	Swinton RC	45:19
8	328	Debbie Campbell		Horwich Rmi	36:44	36	439	Sarah Roberts	Manchester Triathlon	45:22
9	143	Naomi Wright		Chorlton Runners	37:08	37	545	Laura Kirkbright	Mmu H	46:07
10	37	Ingrid Storm		Chorlton Runners	37:20	38	423	Imogen Gough	Manchester Triathlon	46:10
11	468	Paula Nimmo		Macclesfield H&ac	37:41	39	285	Leanne Carey	Salford H&ac	46:14
12	176	Melanie Monks		Trafford AC	37:56	40	267	Alice Smedley	Sale H Manchester	47:09
13	133	Sarah Renshaw		Chorlton Runners	37:59	41	572	Alex Smith	Manchester Triathlon	47:16
14	282	Amie Bagnall		Salford H&ac	38:16	42	348	Emma Reilly	Manchester Frontrunners	47:52
15	2041	\$Rowen Ratcliffe		Saddleworth Runners Club	38:48	43	428	Helen Jaques	Manchester Triathlon	47:58
16	136	Charlotte Tollefson		Chorlton Runners	39:43	44	546	Laura Rodgers	Mmu H	48:12
17	318	Rebecca Mills		Swinton RC	39:51	45	266	Jennifer Simmons	Sale H Manchester	48:24
18	352	Hannah Brierley		Manchester Ymca H	40:16	46	538	Tania Wild	Dragons Rc Sale	50:25
19	469	Daisy Pickles		Macclesfield H&ac	40:25	47	346	Claire Naylor	Manchester Frontrunners	51:24
20	571	Amie Hughes		Stockport H&ac	40:44	48	578	Natalie Matthews	Wirral AC	51:58
21	33	Lorraine Pang		Chorlton Runners	41:16	49	373	Stephanie Owen	E Cheshire H&tameside AC	53:05
22	14	Leona Beaumont		Chorlton Runners	41:32	50	122	Suzette Crane	Chorlton Runners	55:20
23	137	Emma Tollefson		Chorlton Runners	41:39	51	102	Jennifer Laptew	Middleton H AC	56:07
24	536	Helen Rennie		Bramhall Runners	41:47	52	421	Ella Fields	Manchester Triathlon	58:20
25	569	Elsa Bromhall		Wirral AC	42:11	53	34	Helen Rees	Chorlton Runners	59:23
26	15	Jude Bek		Chorlton Runners	42:12	54	132	Samantha Redhead	Chorlton Runners	1:02:46
27	431	Miriam Lander		Manchester Triathlon	42:36	55	354	Jennifer Delaney	Manchester Ymca H	1:11:08
28	455	Alannah Birtwistle		Macclesfield H&ac	42:50	56	21	Catherine Cutts	Chorlton Runners	1:17:41

Senior Women (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Club	Time
1	290	Tessa Robinson	L35	1 Salford H&ac	32:31	15	274	Janneke VanBeijnum	L35 15 Sale H Manchester	43:39
2	2031	\$Helen Whitby	L35	2 Northern Veterans Ac	35:11	16	39	Alison Wainwright	L35 16 Chorlton Runners	43:51
3	277	Kathy Wellam	L35	3 Sale H Manchester	36:00	17	312	Julie Hamilton	L35 17 Swinton RC	44:10
4	452	Vicky Wright	L35	4 Hyde Village Striders	36:46	18	507	Dawn Brindle	L35 18 Salford Met AC	44:29
5	399	Zoe Barton	L35	5 Glossopdale Harriers	38:45	19	562	Ruth Lindsey	L35 19 Sale H Manchester	44:32
6	416	Rebecca Brand	L35	6 Manchester Triathlon	40:09	20	574	Yana Anderton	L35 20 Belle Vue Racers	47:00
7	417	Sally Cooper	L35	7 Manchester Triathlon	40:18	21	345	Paula Medley	L35 21 Manchester Frontrunners	47:28
8	2042	\$Carly Appleby	L35	8 Unattached	41:07	22	436	Kate Offord	L35 22 Manchester Triathlon	48:40
9	166	Claire Chaffer	L35	9 Trafford AC	41:08	23	377	Kelly Smith	L35 23 E Cheshire H&tameside AC	49:21
10	81	Nicola Lloyd	L35	10 Bramhall Runners	41:11	24	558	Beata Knychala	L35 24 Winston Runners	54:05
11	342	Jane Fletcher	L35	11 Manchester Frontrunners	41:46	25	415	Joanne Battersby	L35 25 Manchester Triathlon	56:30
12	358	Emma Rettig	L35	12 Manchester Ymca H	42:27	26	347	Emily Rawlins	L35 26 Manchester Frontrunners	56:35
13	427	Helen Hyder	L35	13 Manchester Triathlon	42:52	27	38	Jennifer Turner	L35 27 Chorlton Runners	1:16:03
14	73	Dee Beckett	L35	14 Bramhall Runners	43:26					

Senior Women (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Club	Time
1	236	Helen Armitage	L40	1 Sale H Manchester	35:51	19	351	Emma Bedford	L40 19 Manchester Ymca H	43:12
2	244	Anne Chinoy	L40	2 Sale H Manchester	36:18	20	193	Jen Hulley	L40 20 Stockport H&ac	43:23
3	567	Zoe Gmerek	L40	3 Sale H Manchester	36:32	21	160	Joanne Healy	L40 21 Dragons Rc Sale	43:25
4	47	Katy Green	L40	4 Wilmslow RC	36:41	22	500	Sarah Bowman	L40 22 Hyde Village Striders	44:34
5	48	Louisa Harrison	L40	5 Wilmslow RC	37:28	23	575	Rachel Watson	L40 23 Belle Vue Racers	44:47
6	316	Lauren Marsden	L40	6 Swinton RC	37:47	24	528	Amanda McCartney	L40 24 Middleton H AC	46:06
7	525	Anne Rosbottom	L40	7 Wirral AC	37:50	25	250	Sinead Ferguson	L40 25 Sale H Manchester	46:09
8	41	Diane Bygrave	L40	8 Wilmslow RC	38:29	26	412	Gillian Aspin	L40 26 Manchester Triathlon	46:17
9	256	Clare McCarron	L40	9 Sale H Manchester	38:36	27	576	Laura Mercer	L40 27 Salford Met AC	47:48
10	442	Jude Wall	L40	10 Manchester Triathlon	39:11	28	374	Nicola Richards	L40 28 E Cheshire H&tameside AC	48:19
11	217	Claire Murphy	L40	11 St Helens Tri	39:20	29	549	Jennifer Miller	L40 29 St Helens Tri	48:49
12	161	Madeleine Hill	L40	12 Dragons Rc Sale	40:02	30	497	Julie Wacker	L40 30 Bramhall Runners	48:56
13	86	Emma Young	L40	13 Bramhall Runners	40:29	31	224	Lisa Donnelly	L40 31 Belle Vue Racers	49:04
14	371	Melanie Kay	L40	14 E Cheshire H&tameside AC	40:43	32	320	Sharen Roberts	L40 32 Swinton RC	51:45
15	89	Emma Ball	L40	15 Middleton H AC	41:44	33	134	Helen Sanderson	L40 33 Chorlton Runners	53:18
16	261	Carla Ousey	L40	16 Sale H Manchester	42:18	34	108	Susan Redfern	L40 34 Middleton H AC	55:32
17	313	Julie Holden	L40	17 Swinton RC	42:33					
18	408	Cheryl Stitt	L40	18 Glossopdale Harriers	42:45					

Senior Women (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time					
1	11	Helen Smith	L45	1 Vale Royal AC	36:15	14	444 Michelle Wilder	L45	14 Manchester Triathlon	47:59
2	175	Joanne Lott	L45	2 Trafford AC	37:45	15	380 Rachel Bainbridge	L45	15 Wirral AC	48:05
3	97	Michelle Hushion	L45	3 Middleton H AC	37:55	16	226 Julia Foy	L45	16 Belle Vue Racers	48:34
4	179	Anna Verges-Bausili	L45	4 Trafford AC	39:39	17	551 Diane Taktak	L45	17 St Helens Tri	50:55
5	44	Janine Ellis	L45	5 Wilmslow RC	39:40	18	577 Yolla McCoy	L45	18 Wirral AC	53:46
6	390	Fiona Cosgrove	L45	6 Altrincham&district AC	41:10	19	579 Paula Smith	L45	19 Wirral AC	53:55
7	413	Cathy Atkinson	L45	7 Manchester Triathlon	41:57	20	212 Helen Broderick	L45	20 St Helens Tri	54:48
8	363	Theresa Shaw	L45	8 Salford Met AC	42:08	21	119 Helen Cain	L45	21 Chorlton Runners	56:13
9	187	Gillian Doolan	L45	9 Stockport H&ac	42:54	22	78 Justine Jackson	L45	22 Bramhall Runners	56:23
10	53	Sharon Jones	L45	10 Wilmslow RC	44:39	23	496 Erika Frame	L45	23 Bramhall Runners	56:38
11	368	Andrea Edwards	L45	11 E Cheshire H&tameside AC	45:00	24	80 Melanie Li	L45	24 Bramhall Runners	1:02:24
12	355	Steph Goodchild	L45	12 Manchester Ymca H	45:14					
13	241	Marinda Breddy	L45	13 Sale H Manchester	47:14					

Senior Women (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	327	Suzanne Budget	L50	1 Horwich Rmi	36:58	8	406 Lindsay Palmer	L50	8 Glossopdale Harriers	44:12
2	375	Janine Ridgard	L50	2 E Cheshire H&tameside AC	38:23	9	388 Margaret Bullock	L50	9 Altrincham&district AC	44:35
3	391	Bev Ganose	L50	3 Altrincham&district AC	39:46	10	349 Linda Rix	L50	10 Manchester Frontrunners	45:35
4	499	Jane Mellor	L50	4 Glossopdale Harriers	40:08	11	424 Bethan Habron-James	L50	11 Manchester Triathlon	48:25
5	46	Sally Gilliver	L50	5 Wilmslow RC	40:48	12	540 Anna Keightley	L50	12 Horwich Rmi	51:39
6	398	Alison Vesey	L50	6 Altrincham&district AC	41:31	13	550 Shirley Fox	L50	13 St Helens Tri	51:50
7	472	Hanny Stockman	L50	7 Macclesfield H&ac	43:59					

Senior Women (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	58	Nicky Mowat	L55	1 Wilmslow RC	41:51
2	230	Annie Hirsch	L55	2 Belle Vue Racers	41:59
3	467	Barbara Murray	L55	3 Macclesfield H&ac	45:48
4	100	Julie Jones	L55	4 Middleton H AC	51:55
5	365	Ann Cherry	L55	5 E Cheshire H&tameside AC	53:38
6	107	Janice Pugh	L55	6 Middleton H AC	1:02:57

Senior Women (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	394	Ann-Marie Jones	L60	1 Altrincham&district AC	37:31
2	561	Joan Howe	L60	2 Trafford AC	44:09
3	171	Sue Exon	L60	3 Trafford AC	45:26
4	96	Teresa Hollins	L60	4 Middleton H AC	47:17
5	13	Carole Williams	L60	5 Vale Royal AC	54:19
6	95	Ruth Hare	L60	6 Middleton H AC	55:43
7	106	Jenny Poole	L60	7 Middleton H AC	57:57
8	300	Margaret Carleton	L60	8 Winston Runners	1:13:36

Senior Women (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	186	Alexis Dinsmor	L65	1 Stockport H&ac	48:36
2	93	Christine Eckersley	L65	2 Middleton H AC	53:10

Manchester Area Cross Country League

at Boggart Hole Clough on Saturday 5th December 2015

Senior Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Club	Time
1	290	Tessa Robinson	L35	1 Salford H&ac	32:31	89	382 Chloe Dalton	Wirral AC	43:32
2	407	Caitlin Rice		Glossopdale Harriers	33:32	90	26 Sadia Haq	Chorlton Runners	43:34
3	169	Beth Donnelly	U20	1 Trafford AC	33:41	91	274 Janneke VanBeinum	L35 15 Sale H Manchester	43:39
4	201	Ruth Sinclair	U20	2 Stockport H&ac	33:49	92	39 Alison Wainwright	L35 16 Chorlton Runners	43:51
5	65	Gemma Connolly		St Helens Sutton AC	33:53	93	472 Hanny Stockman	L50 7 Macclesfield H&ac	43:59
6	404	Kirsty Johnson		Glossopdale Harriers	34:31	94	561 Joan Howe	L60 2 Trafford AC	44:09
7	376	Hayley Simpson	U20	3 E Cheshire H&tameside AC	35:05	95	312 Julie Hamilton	L35 17 Swinton RC	44:10
8	2031	\$Helen Whitby	L35	2 Northern Veterans AC	35:11	96	406 Lindsay Palmer	L50 8 Glossopdale Harriers	44:12
9	165	Cauley Amy Rose		Trafford AC	35:35	97	435 Claire Nelson	Manchester Triathlon	44:17
10	506	\$Ruth Jones	U20	4 Salford H&ac	35:39	98	196 Imogen Nutter	Stockport H&ac	44:28
11	242	Luisa Candioli		Sale H Manchester	35:45	99	507 Dawn Brindle	L35 18 Salford Met AC	44:29
12	236	Helen Armitage	L40	1 Sale H Manchester	35:51	100	562 Ruth Lindsey	L35 19 Sale H Manchester	44:32
13	277	Kathy Wellam	L35	3 Sale H Manchester	36:00	101	500 Sarah Bowman	L40 22 Hyde Village Striders	44:34
14	11	Helen Smith	L45	1 Vale Royal AC	36:15	102	388 Margaret Bullock	L50 9 Altrincham&district AC	44:35
15	244	Anne Chinoy	L40	2 Sale H Manchester	36:18	103	53 Sharon Jones	L45 10 Wilmslow RC	44:39
16	370	Bethany Hirst		E Cheshire H&tameside AC	36:21	104	575 Rachel Watson	L40 23 Belle Vue Racers	44:47
17	567	Zoe Gmerek	L40	3 Sale H Manchester	36:32	105	368 Andrea Edwards	L45 11 E Cheshire H&tameside AC	45:00
18	113	Elena Adorni		Chorlton Runners	36:33	106	355 Steph Goodchild	L45 12 Manchester Ymca H	45:14
19	47	Katy Green	L40	4 Wilmslow RC	36:41	107	580 Naomi Sykes	Swinton RC	45:19
20	328	Debbie Campbell		Horwich Rmi	36:44	108	439 Sarah Roberts	Manchester Triathlon	45:22
21	452	Vicky Wright	L35	4 Hyde Village Striders	36:46	109	171 Sue Exon	L60 3 Trafford AC	45:26
22	327	Suzanne Budget	L50	1 Horwich Rmi	36:58	110	349 Linda Rix	L50 10 Manchester Fronrunners	45:35
23	143	Naomi Wright		Chorlton Runners	37:08	111	467 Barbara Murray	L55 3 Macclesfield H&ac	45:48
24	37	Ingrid Storm		Chorlton Runners	37:20	112	528 Amanda McCartney	L40 24 Macclesfield H AC	46:06
25	48	Louisa Harrison	L40	5 Wilmslow RC	37:28	113	545 Laura Kirkbright	Mmu H	46:07
26	394	Ann-Marie Jones	L60	1 Altrincham&district AC	37:31	114	250 Sinead Ferguson	L40 25 Sale H Manchester	46:09
27	468	Paula Nimmo		Macclesfield H&ac	37:41	115	423 Imogen Gough	Manchester Triathlon	46:10
28	175	Joanne Lott	L45	2 Trafford AC	37:45	116	285 Leanne Carey	Salford H&ac	46:14
29	316	Lauren Marsden	L40	6 Swinton RC	37:47	117	412 Gillian Aspin	L40 26 Manchester Triathlon	46:17
30	525	Anne Rosbottom	L40	7 Wirral AC	37:50	118	574 Yana Anderton	L35 20 Belle Vue Racers	47:00
31	97	Michelle Hushion	L45	3 Middleton H AC	37:55	119	267 Alice Smedley	Sale H Manchester	47:09
32	176	Melanie Monks		Trafford AC	37:56	120	241 Marinda Breddy	L45 13 Sale H Manchester	47:14
33	133	Sarah Renshaw		Chorlton Runners	37:59	121	572 Alex Smith	Manchester Triathlon	47:16
34	282	Amie Bagnall		Salford H&ac	38:16	122	96 Teresa Hollins	L60 4 Middleton H AC	47:17
35	375	Janine Ridgard	L50	2 E Cheshire H&tameside AC	38:23	123	345 Paula Medley	L35 21 Manchester Fronrunners	47:28
36	41	Diane Bygrave	L40	8 Wilmslow RC	38:29	124	576 Laura Mercer	L40 27 Salford Met AC	47:48
37	256	Clare McCarron	L40	9 Sale H Manchester	38:36	125	348 Emma Reilly	Manchester Fronrunners	47:52
38	2	Chloe Broad	U20	5 Vale Royal AC	38:41	126	428 Helen Jaques	Manchester Triathlon	47:58
39	399	Zoe Barton	L35	5 Glossopdale Harriers	38:45	127	444 Michelle Wilder	L45 14 Manchester Triathlon	47:59
40	2041	\$Rowen Ratcliffe		Saddleshworth Runners Club	38:48	128	380 Rachel Bainbridge	L45 15 Wirral AC	48:05
41	442	Jude Wall	L40	10 Manchester Triathlon	39:11	129	546 Laura Rodgers	Mmu H	48:12
42	217	Claire Murphy	L40	11 St Helens Tri	39:20	130	374 Nicola Richards	L40 28 E Cheshire H&tameside AC	48:19
43	179	Anna Verges-Bausili	L45	4 Trafford AC	39:39	131	266 Jennifer Simmons	Sale H Manchester	48:24
44	44	Janine Ellis	L45	5 Wilmslow RC	39:40	132	424 Bethan Habron-James	L50 11 Manchester Triathlon	48:25
45	136	Charlotte Tollefson		Chorlton Runners	39:43	133	226 Julia Foy	L45 16 Belle Vue Racers	48:34
46	391	Bev Ganose	L50	3 Altrincham&district AC	39:46	134	186 Alexis Dinsmor	L65 1 Stockport H&ac	48:36
47	318	Rebecca Mills		Swinton RC	39:51	135	436 Kate Offord	L35 22 Manchester Triathlon	48:40
48	161	Madeleine Hill	L40	12 Dragons Rc Sale	40:02	136	549 Jennifer Miller	L40 29 St Helens Tri	48:49
49	499	Jane Mellor	L50	4 Glossopdale Harriers	40:08	137	497 Julie Wacker	L40 30 Bramhall Runners	48:56
50	416	Rebecca Brand	L35	6 Manchester Triathlon	40:09	138	224 Lisa Donnelly	L40 31 Belle Vue Racers	49:04
51	352	Hannah Brierley		Manchester Ymca H	40:16	139	377 Kelly Smith	L35 23 E Cheshire H&tameside AC	49:21
52	417	Sally Cooper	L35	7 Manchester Triathlon	40:18	140	538 Tania Wild	Dragons Rc Sale	50:25
53	469	Daisy Pickles		Macclesfield H&ac	40:25	141	551 Diane Taktak	L45 17 St Helens Tri	50:55
54	86	Emma Young	L40	13 Bramhall Runners	40:29	142	346 Claire Naylor	Manchester Fronrunners	51:24
55	371	Melanie Kay	L40	14 E Cheshire H&tameside AC	40:43	143	540 Anna Keightley	L50 12 Horwich Rmi	51:39
56	571	Amie Hughes		Stockport H&ac	40:44	144	320 Sharen Roberts	L40 32 Swinton RC	51:45
57	46	Sally Gilliver	L50	5 Wilmslow RC	40:48	145	550 Shirley Fox	L50 13 St Helens Tri	51:50
58	2042	\$Carly Appleby	L35	8 Unattached	41:07	146	100 Julie Jones	L55 4 Middleton H AC	51:55
59	166	Claire Chaffer	L35	9 Trafford AC	41:08	147	578 Natalie Matthews	Wirral AC	51:58
60	390	Fiona Cosgrove	L45	6 Altrincham&district AC	41:10	148	373 Stephanie Owen	E Cheshire H&tameside AC	53:05
61	81	Nicola Lloyd	L35	10 Bramhall Runners	41:11	149	93 Christine Eckersley	L65 2 Middleton H AC	53:10
62	33	Lorraine Pang		Chorlton Runners	41:16	150	134 Helen Sanderson	L40 33 Chorlton Runners	53:18
63	398	Alison Vesev	L50	6 Altrincham&district AC	41:31	151	365 Ann Cherry	L55 5 E Cheshire H&tameside AC	53:38
64	14	Leona Beaumont		Chorlton Runners	41:32	152	577 Yolla McCoy	L45 18 Wirral AC	53:46
65	137	Emma Tollefson		Chorlton Runners	41:39	153	579 Paula Smith	L45 19 Wirral AC	53:55
66	89	Emma Ball	L40	15 Middleton H AC	41:44	154	558 Beata Knychala	L35 24 Winston Runners	54:05
67	342	Jane Fletcher	L35	11 Manchester Fronrunners	41:46	155	13 Carole Williams	L60 5 Vale Royal AC	54:19
68	536	Helen Rennie		Bramhall Runners	41:47	156	212 Helen Broderick	L45 20 St Helens Tri	54:48
69	58	Nicky Mowat	L55	1 Wilmslow RC	41:51	157	122 Suzette Crane	Chorlton Runners	55:20
70	413	Cathy Atkinson	L45	7 Manchester Triathlon	41:57	158	108 Susan Redfern	L40 34 Middleton H AC	55:32
71	230	Annie Hirsch	L55	2 Belle Vue Racers	41:59	159	95 Ruth Hare	L60 6 Middleton H AC	55:43
72	363	Theresa Shaw	L45	8 Salford Met AC	42:08	160	102 Jennifer Laptew	Middleton H AC	56:07
73	569	Elsa Bromhall		Wirral AC	42:11	161	119 Helen Cain	L45 21 Chorlton Runners	56:13
74	15	Jude Bek		Chorlton Runners	42:12	162	78 Justine Jackson	L45 22 Bramhall Runners	56:23
75	261	Carla Ousey	L40	16 Sale H Manchester	42:18	163	415 Joanne Battersby	L35 25 Manchester Triathlon	56:30
76	358	Emma Rettig	L35	12 Manchester Ymca H	42:27	164	347 Emily Rawlins	L35 26 Manchester Fronrunners	56:35
77	313	Julie Holden	L40	17 Swinton RC	42:33	165	496 Erika Frame	L45 23 Bramhall Runners	56:38
78	431	Miriam Lander		Manchester Triathlon	42:36	166	106 Jenny Poole	L60 7 Middleton H AC	57:57
79	408	Cheryl Stitt	L40	18 Glossopdale Harriers	42:45	167	421 Ella Fields	Manchester Triathlon	58:20
80	455	Alannah Birtwistle		Macclesfield H&ac	42:50	168	34 Helen Rees	Chorlton Runners	59:23
81	427	Helen Hyder	L35	13 Manchester Triathlon	42:52	169	80 Melanie Li	L45 24 Bramhall Runners	1:02:24
82	187	Gillian Doolan	L45	9 Stockport H&ac	42:54	170	132 Samantha Redhead	Chorlton Runners	1:02:46
83	351	Emma Bedford	L40	19 Manchester Ymca H	43:12	171	107 Janice Pugh	L55 6 Middleton H AC	1:02:57
84	270	Tracey Taylor		Sale H Manchester	43:22	172	354 Jennifer Delaney	Manchester Ymca H	1:11:08
85	193	Jen Hulley	L40	20 Stockport H&ac	43:23	173	300 Margaret Carleton	L60 8 Winston Runners	1:13:36
86	160	Joanne Healy	L40	21 Dragons Rc Sale	43:25	174	38 Jennifer Turner	L35 27 Chorlton Runners	1:16:03
87	73	Dee Beckett	L35	14 Bramhall Runners	43:26	175	21 Catherine Cutts	Chorlton Runners	1:17:41
88	448	Samantha Hartley		Hyde Village Striders	43:29				

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

Senior Women — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sale H Manchester	43	—	9 Luisa Candioli	10 Helen Armitage	11 Kathy Wellam	13 Anne Chinoy
2 Trafford AC	67	—	3 Beth Donnelly	8 Cauley Amy Rose	26 Joanne Lott	30 Melanie Monks
3 Chorlton Runners	90	—	16 Elena Adorni	21 Naomi Wright	22 Ingrid Storm	31 Sarah Renshaw
4 Glossopdale Harriers	91	—	2 Caitlin Rice	6 Kirsty Johnson	37 Zoe Barton	46 Jane Mellor
5 E Cheshire H&tameside AC	106	—	7 Hayley Simpson	14 Bethany Hirst	33 Janine Ridgard	52 Melanie Kay
6 Wilmslow RC	115	—	17 Katy Green	23 Louisa Harrison	34 Diane Bygrave	41 Janine Ellis
7 Altrincham&district AC	182	—	24 Ann-Marie Jones	43 Bev Ganose	56 Fiona Cosgrove	59 Alison Vesey
8 Manchester Triathlon	200	—	38 Jude Wall	47 Rebecca Brand	49 Sally Cooper	66 Cathy Atkinson
9 Sale H Manchester 'B'	201	—	15 Zoe Gmerek	35 Clare McCarron	71 Carla Ousey	80 Tracey Taylor
10 Stockport H&ac	216	—	4 Ruth Sinclair	53 Arnie Hughes	78 Gillian Doolan	81 Jen Hulley
11 Chorlton Runners 'B'	221	—	42 Charlotte Tollefson	58 Lorraine Pang	60 Leona Beaumont	61 Emma Tollefson
12 Swinton RC	235	—	27 Lauren Marsden	44 Rebecca Mills	73 Julie Holden	91 Julie Hamilton
13 Macclesfield H&ac	240	—	25 Paula Nimmo	50 Daisy Pickles	76 Alannah Birtwistle	89 Hanny Stockman
14 Bramhall Runners	255	—	51 Emma Young	57 Nicola Lloyd	64 Helen Rennie	83 Dee Beckett
15 Trafford AC 'B'	290	—	40 Anna Verges-Bausili	55 Claire Chaffer	90 Joan Howe	105 Sue Exon
16 Manchester Ymca H	301	—	48 Hannah Brierley	72 Emma Rettig	79 Emma Bedford	102 Steph Goodchild
17 Wirral AC	306	—	28 Anne Rosbottom	69 Elsa Bromhall	85 Chloe Dalton	124 Rachel Bainbridge
18 Middleton H AC	317	—	29 Michelle Hushion	62 Emma Ball	108 Amanda McCartney	118 Teresa Hollins
19 Manchester Triathlon 'B'	348	—	74 Miriam Lander	77 Helen Hyder	93 Claire Nelson	104 Sarah Roberts
20 Chorlton Runners 'C'	390	—	70 Jude Bek	86 Sadia Haq	88 Alison Wainwright	146 Helen Sanderson
21 Sale H Manchester 'C'	408	—	87 Janneke VanBeijnum	96 Ruth Lindsey	110 Sinead Ferguson	115 Alice Smedley
22 Manchester Frontrunners	409	—	63 Jane Fletcher	106 Linda Rix	119 Paula Medley	121 Emma Reilly
23 Belle Vue Racers	410	—	67 Annie Hirsch	100 Rachel Watson	114 Yana Anderton	129 Julia Foy
24 St Helens Tri	449	—	39 Claire Murphy	132 Jennifer Miller	137 Diane Taktak	141 Shirley Fox
25 Manchester Triathlon 'C'	463	—	111 Imogen Gough	113 Gillian Aspin	117 Alex Smith	122 Helen Jaques
26 E Cheshire H&tameside AC 'B'	506	—	101 Andrea Edwards	126 Nicola Richards	135 Kelly Smith	144 Stephanie Owen
27 Manchester Triathlon 'D'	541	—	123 Michelle Wilder	128 Bethan Habron-James	131 Kate Offord	159 Joanne Battersby
28 Middleton H AC 'B'	596	—	142 Julie Jones	145 Christine Eckersley	154 Susan Redfern	155 Ruth Hare
29 Bramhall Runners 'B'	617	—	133 Julie Wacker	158 Justine Jackson	161 Erika Frame	165 Melanie Li
30 Chorlton Runners 'D'	640	—	153 Suzette Crane	157 Helen Cain	164 Helen Rees	166 Samantha Redhead

Senior Women aged 17 to 19 — TEAM RESULTS

No complete teams

Senior Women (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sale H Manchester	10	—	2 Helen Armitage	3 Kathy Wellam	5 Anne Chinoy
2 Wilmslow RC	34	—	7 Katy Green	10 Louisa Harrison	17 Diane Bygrave
3 Trafford AC	66	—	12 Joanne Lott	22 Anna Verges-Bausili	32 Claire Chaffer
4 Sale H Manchester 'B'	66	—	6 Zoe Gmerek	18 Clare McCarron	42 Carla Ousey
5 Altrincham&district AC	68	—	11 Ann-Marie Jones	24 Bev Ganose	33 Fiona Cosgrove
6 Manchester Triathlon	75	—	20 Jude Wall	27 Rebecca Brand	28 Sally Cooper
7 Glossopdale Harriers	90	—	19 Zoe Barton	26 Jane Mellor	45 Cheryl Stitt
8 Wilmslow RC 'B'	92	—	23 Janine Ellis	31 Sally Gilliver	38 Nicky Mowat
9 E Cheshire H&tameside AC	110	—	16 Janine Ridgard	30 Melanie Kay	64 Andrea Edwards
10 Swinton RC	113	—	13 Lauren Marsden	44 Julie Holden	56 Julie Hamilton
11 Bramhall Runners	114	—	29 Emma Young	34 Nicola Lloyd	51 Dee Beckett
12 Middleton H AC	120	—	15 Michelle Hushion	36 Emma Ball	69 Amanda McCartney
13 Manchester Ymca H	156	—	43 Emma Rettig	48 Emma Bedford	65 Steph Goodchild
14 Manchester Triathlon 'B'	156	—	39 Cathy Atkinson	46 Helen Hyder	71 Gillian Aspin
15 Belle Vue Racers	175	—	40 Annie Hirsch	63 Rachel Watson	72 Yana Anderton
16 Salford Met AC	175	—	41 Theresa Shaw	58 Dawn Brindle	76 Laura Mercer
17 Stockport H&ac	178	—	47 Gillian Doolan	49 Jen Hulley	82 Alexis Dinsmor
18 Manchester Frontrunners	179	—	37 Jane Fletcher	67 Linda Rix	75 Paula Medley
19 Sale H Manchester 'C'	181	—	52 Janneke VanBeijnum	59 Ruth Lindsey	70 Sinead Ferguson
20 Wirral AC	188	—	14 Anne Rosbottom	78 Rachel Bainbridge	96 Yolla McCoy
21 St Helens Tri	193	—	21 Claire Murphy	84 Jennifer Miller	88 Diane Taktak
22 Manchester Triathlon 'C'	240	—	77 Michelle Wilder	80 Bethan Habron-James	83 Kate Offord
23 Chorlton Runners	250	—	53 Alison Wainwright	94 Helen Sanderson	103 Helen Cain
24 Middleton H AC 'B'	259	—	74 Teresa Hollins	92 Julie Jones	93 Christine Eckersley
25 E Cheshire H&tameside AC 'B'	261	—	79 Nicola Richards	87 Kelly Smith	95 Ann Cherry
26 Bramhall Runners 'B'	296	—	85 Julie Wacker	104 Justine Jackson	107 Erika Frame
27 Middleton H AC 'C'	311	—	101 Susan Redfern	102 Ruth Hare	108 Jenny Poole

Manchester Area Cross Country League

at Boggart Hole Clough on Saturday 5th December 2015

Senior Men aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time
1	627	Tom McGuinness	U20	1 E Cheshire H & Tameside AC	37:40
2	631	Luke Piper	U20	2 E Cheshire H & Tameside AC	37:56
3	337	Richard McGeachie	U20	3 Halton & Frodsham	38:59
4	252	Kevin Acton	U20	4 Stockport H&ac	39:08
5	849	Chris Fance	U20	5 Warrington AC	41:48
6	261	Simon Chadwick	U20	6 Stockport H&ac	44:06
7	63	William Booth	U20	7 Wilmslow RC	44:12

Senior Men aged 20 to 39

Pos	Num	Name	Cat/Pos	Club	Time
1	438	Stuart Robinson		Salford H&ac	35:04
2	658	David Norman		Altrincham&district AC	35:04
3	247	Gavin Tomlinson		Trafford AC	35:22
4	507	Mike Cayton		Horwich Rmi	36:39
5	521	Joe Mercer		Horwich Rmi	36:52
6	366	Daniel Kashi		Sale H Manchester	37:07
7	222	Tom Charles		Trafford AC	37:13
8	790	James Savage		Chorlton Runners	37:16
9	85	Damian Nicholls		Wilmslow RC	37:37
10	847	Alan White		Sale H Manchester	37:53
11	506	Jonathan Bruton		Horwich Rmi	38:10
12	218	Peter Bains		Trafford AC	38:18
13	386	Callum Rowlinson		Sale H Manchester	38:25
14	217	Daniel Ansell		Trafford AC	38:52
15	427	Bruno Lima		Salford H&ac	38:59
16	859	Joseph Hudak		E Cheshire H & Tameside AC	39:00
17	352	Chris Donnelly		Sale H Manchester	39:04
18	223	Richard Clancy		Trafford AC	39:09
19	907	David Brockway		Wirral AC	39:10
20	368	Tim Kennedy		Sale H Manchester	39:14
21	642	Michael Berks		Altrincham&district AC	39:18
22	904	Simon Pymm		Horwich Rmi	39:25
23	76	Paul Hawkins		Wilmslow RC	39:28
24	514	Danny Hope		Horwich Rmi	39:32
25	813	Creighton Connolly		University Of Manchester	39:33
26	277	Dean Matkin		Stockport H&ac	39:34
27	2044	\$Daniel Hayes		Blackpool Wyre & Fylde AC	39:37
28	725	Paul Savage		Manchester Triathlon	39:42
29	40	Ben Hobson		Chorlton Runners	39:55
30	441	Adam Slodowicz		Salford H&ac	40:14
31	445	Christopher Tully		Salford H&ac	40:27
32	180	Oliver Wallace		Chorlton Runners	40:33
33	705	\$Graeme Grindrod		Manchester Triathlon	40:37
34	38	Jonathon Harris		Chorlton Runners	40:51
35	350	Andrew Carlin		Sale H Manchester	40:52
36	428	John Lloyd		Salford H&ac	41:05
37	767	Scott Wilson		Macclesfield H&ac	41:14
38	677	Chris Jackson		Glossopdale Harriers	41:20
39	389	Phil Scowcroft		Sale H Manchester	41:22
40	542	Matthew Wackett		Knutsford Tri Club	41:24
41	585	Richard Brierley		Manchester Ymca H	41:38
42	545	Tom Bardwell		Manchester Frontrunners	41:49
43	590	Mark Griffiths		Manchester Ymca H	41:53
44	750	Robert Hasler		Macclesfield H&ac	42:09
45	879	Owen Bishop		Mmu H	42:13
46	455	Dan Harbridge		Warrington Tri Club	42:18
47	594	Craig Jones		Manchester Ymca H	42:22
48	866	Jonathan Powell		Altrincham&district AC	42:24
49	653	Matthew Kelly		Altrincham&district AC	42:34
50	717	Stewart Moore		Manchester Triathlon	42:40
51	164	James Ashford		Chorlton Runners	42:53
52	666	Neil Walker		Altrincham&district AC	43:03
53	565	Jono Guildford		Manchester Frontrunners	43:06
54	168	Steven Curley		Chorlton Runners	43:11
55	596	Chris March		Manchester Ymca H	43:39
56	213	Robert Wadsworth		Dragons Rc Sale	43:40
57	112	Phil Evans		Bramhall Runners	43:46
58	4	Tom Armstrong		Vale Royal AC	43:57
59	676	Jamie Helmer		Glossopdale Harriers	44:02
60	555	Martin Dunn		Manchester Frontrunners	44:03
61	2043	\$Daniel Appleby		FRA	44:26
62	604	Paul Connolly		Salford Met AC	44:27
63	800	Francis Pyatt		Macclesfield H&ac	44:59
64	532	John Goggins		Knutsford Tri Club	45:00
65	913	Peter Crawford		Sale H Manchester	45:20
66	82	Allan McCormick		Wilmslow RC	45:27
67	605	Ben Farrelly		Salford Met AC	45:32
68	566	Steve Hatton		Manchester Frontrunners	45:33
69	56	Neal Wainwright		Chorlton Runners	45:42
70	686	Andy Adkin		Manchester Triathlon	45:53
71	58	Guy Weaver		Chorlton Runners	46:01
72	375	Richard McHugh		Sale H Manchester	46:08
73	548	Thomas Blackburn		Manchester Frontrunners	46:13
74	334	Victor Walsh		Belle Vue Racers	46:21
75	729	Murray Taylor		Manchester Triathlon	46:32
76	772	Alfonso Leone		Mmu H	46:38
77	182	Steven Welch		Chorlton Runners	46:44
78	811	Greg Marcoft		Trafford AC	46:46
79	198	Jonathan Reeh		Manchester H&ac	47:15
80	792	Richard Adams		Bramhall Runners	47:16
81	770	Jack Benham		Mmu H	47:18
82	251	Gareth Woodcock		Trafford AC	47:18
83	400	Michael Wharton		Sale H Manchester	47:23
84	442	Paul Stephens		Salford H&ac	47:42
85	2046	Michael Lim		Unattached	47:56
86	748	Carl Hanaghan		Macclesfield H&ac	48:04
87	55	Andrew Tongue		Chorlton Runners	48:06
88	575	James Pearson		Manchester Frontrunners	48:17
89	173	Joe Latimer		Chorlton Runners	48:25
90	901	Andrew Parsonage		Manchester H&ac	48:34
91	49	Ross Murdoch		Chorlton Runners	48:44
92	711	Richard Hyder		Manchester Triathlon	48:47
93	308	Robert Chesters		St Helens Tri	48:48
94	732	San Tou		Manchester Triathlon	48:56
95	881	David Connelly		Sale H Manchester	48:56
96	110	Adam Bird		Bramhall Runners	49:14
97	561	Tom Fraser		Manchester Frontrunners	49:28
98	553	Amir Dar		Manchester Frontrunners	49:31
99	179	Mark Valentine		Chorlton Runners	49:31
100	857	Darren Cooper		Manchester H&ac	49:39
101	483	Oli Loughheed		Swinton RC	49:55
102	379	John Morris		Sale H Manchester	50:12
103	897	Shayne Wilson		Knutsford Tri Club	50:15
104	398	Gareth Webb		Sale H Manchester	50:20
105	116	James Hall		Bramhall Runners	51:15
106	125	Matthew Moran		Bramhall Runners	51:27
107	167	Paul Brown		Chorlton Runners	51:44
108	573	Jordan Millar		Manchester Frontrunners	51:45
109	489	Aston Perin		Swinton RC	52:05
110	485	Rob McGibbon		Swinton RC	52:42
111	2048	\$John Habron		Unattached	52:48
112	674	Matthew Crompton		Glossopdale Harriers	52:52
113	346	Matthew Bell		Sale H Manchester	53:23
114	891	Chris Riley		Trafford AC	53:36
115	737	Rob Smith		Manchester Triathlon	53:45
116	549	Joe Carne		Manchester Frontrunners	53:57
117	54	Jacob Smiles		Chorlton Runners	56:46
118	559	James Fox		Manchester Frontrunners	56:53
119	905	Mark Ackerley		Winston Runners	57:18
120	721	Malcolm Orrell		Manchester Triathlon	58:37
121	789	Don Jones		Chorlton Runners	58:48
122	809	Chris Poole		Swinton RC	59:21
123	465	Paul Muldoon		Winston Runners	59:25
124	606	Stuart Mairs		Salford Met AC	59:54
125	176	Andrew Paterson		Chorlton Runners	1:08:28

Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time			
1	234	Chris Leigh	V40 1	Trafford AC	36:45	20	37 Paul Griffiths	V40 20 Chorlton Runners 44:19
2	165	Colin Banno-Thornton	V40 2	Chorlton Runners		21	864 Mark Bale	V40 21 Wilmslow RC 44:34
						22	910 Nathan Mayoh	V40 22 Stockport H&ac 44:35
3	505	Gareth Booth	V40 3	Horwich Rmi	38:38	23	453 Mark Hadland	V40 23 Warrington Tri Club 44:39
4	242	Jeff Prest	V40 4	Trafford AC	39:15	24	731 Roger Thomas	V40 24 Manchester Triathlon 44:43
5	47	Ben McCormack	V40 5	Chorlton Runners	39:17	25	680 Neil McGraw	V40 25 Glossopdale Harriers 44:55
6	810	Clive Fitzpatrick	V40 6	Trafford AC	39:34	26	543 Shane Wolstencroft	V40 26 Knutsford Tri Club 45:00
7	408	Richard Brook	V40 7	Salford H&ac	39:48	27	172 Ian Jameson	V40 27 Chorlton Runners 45:25
8	617	Tim Greenald	V40 8	E Cheshire H & Tameside AC	39:57	28	195 James Hinde	V40 28 Manchester H&ac 47:30
9	229	Michael Hunt	V40 9	Trafford AC	40:03	29	98 Ian Costello	V40 29 St Helens Sutton AC 47:38
10	358	Olivier Gaillemin	V40 10	Sale H Manchester	40:29	30	297 Mike Toal	V40 30 Stockport H&ac 47:39
11	284	Adrian Nutter	V40 11	Stockport H&ac	41:01	31	250 Gary Wolstencroft	V40 31 Trafford AC 47:51
12	355	Tom Fordyce	V40 12	Sale H Manchester	41:10	32	119 Mike Hodson	V40 32 Bramhall Runners 48:13
13	263	James Corden	V40 13	Stockport H&ac	41:35	33	129 John Williams	V40 33 Bramhall Runners 48:54
14	285	Paul Nutter	V40 14	Stockport H&ac	41:37	34	199 Chris Sewart	V40 34 Manchester H&ac 49:26
15	574	James Moles	V40 15	Manchester Frontrunners	41:39	35	704 Harsham Gill	V40 35 Manchester Triathlon 49:30
16	523	Ali Murray	V40 16	Horwich Rmi	42:01	36	687 Damian Aspin	V40 36 Manchester Triathlon 52:02
17	499	Mark Whittington	V40 17	Swinton RC	42:11	37	634 Dennis Thomas	V40 37 E Cheshire H & Tameside AC 53:25
18	274	David Hulley	V40 18	Stockport H&ac	43:18	38	753 David Larkin	V40 38 Macclesfield H&ac 53:52
19	909	Iain Murdoch	V40 19	Stockport H&ac	44:09	39	562 Nico Gibert	V40 39 Manchester Frontrunners 53:59
						40	502 Paul Wilson	V40 40 Swinton RC 54:15

Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time			
1	868	Ian Grime	V45 1	Salford H&ac	38:39	21	720 John Murray	V45 21 Manchester Triathlon 46:04
2	520	Paul Massey	V45 2	Horwich Rmi	39:45	22	643 Nick Burke	V45 22 Altrincham&district AC 48:29
3	503	Martyn Bell	V45 3	Horwich Rmi	40:45	23	497 Ric Waring	V45 23 Swinton RC 48:37
4	93	Andy Whittingham	V45 4	Wilmslow RC	41:06	24	117 Richard Hall	V45 24 Bramhall Runners 48:38
5	87	Jim Pendrill	V45 5	Wilmslow RC	41:15	25	433 James O'Connor	V45 25 Salford H&ac 50:18
6	151	Paul Jibson	V45 6	Middleton H AC	42:35	26	316 Lee Stinch	V45 26 St Helens Tri 50:22
7	126	Frank Podd	V45 7	Bramhall Runners	42:37	27	842 Girish Patel	V45 27 Salford Met AC 51:00
8	759	James Noakes	V45 8	Macclesfield H&ac	42:39	28	276 Graham Marsland	V45 28 Stockport H&ac 51:12
9	269	Kevan Garner	V45 9	Stockport H&ac	42:44	29	495 Jon Sides	V45 29 Swinton RC 51:16
10	515	David Jackson	V45 10	Horwich Rmi	43:14	30	192 Glen Gandy	V45 30 Manchester H&ac 51:42
11	825	Gareth Williams	V45 11	Vale Royal AC	43:48	31	624 Martin Lewis	V45 31 E Cheshire H & Tameside AC 52:07
12	730	Stephen Taylor	V45 12	Manchester Triathlon	43:58	32	139 Colin Carter	V45 32 Middleton H AC 52:15
13	11	Darren Cottier	V45 13	Vale Royal AC	43:59	33	599 Steve Symons	V45 33 Manchester Ymca H 54:31
14	675	Steve Crossman	V45 14	Glossopdale Harriers	44:12	34	2047 Steve Lyons	V45 34 Unattached 56:32
15	122	Ian Keeling	V45 15	Bramhall Runners	44:18	35	900 Jon Shaw	V45 35 Winston Runners 57:13
16	77	Mike Hill	V45 16	Wilmslow RC	44:25	36	908 Lawrence Pinnell	V45 36 Horwich Rmi 59:10
17	712	Tim Johns	V45 17	Manchester Triathlon	44:30	37	463 Anthony Jones	V45 37 Winston Runners 59:44
18	727	Paul Schofield	V45 18	Manchester Triathlon	45:04	38	461 Scott Ashworth	V45 38 Winston Runners 1:02:32
19	359	Steve Gavin	V45 19	Sale H Manchester	45:36			
20	528	Simon Atkins	V45 20	Knutsford Tri Club	45:39			

Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time			
1	221	Dick Byers	V50 1	Trafford AC	41:57	17	383 Tim Rainey	V50 17 Sale H Manchester 52:08
2	608	Paul Stevenson	V50 2	Salford Met AC	44:57	18	609 Ian Taylor	V50 18 Salford Met AC 52:29
3	236	Paul Mannion	V50 3	Trafford AC	45:10	19	673 Andrew Burnett	V50 19 Glossopdale Harriers 53:12
4	766	Gary Willcock	V50 4	Macclesfield H&ac	45:35	20	576 Roberto Raso	V50 20 Manchester Frontrunners 53:17
5	760	Ray O'Keefe	V50 5	Macclesfield H&ac	46:09	21	336 Andy Wood	V50 21 Belle Vue Racers 54:20
6	39	Justin Hayes	V50 6	Chorlton Runners	46:10	22	81 Bernard McCaaron	V50 22 Wilmslow RC 54:43
7	381	Steve Parry	V50 7	Sale H Manchester	46:15	23	469 Dave Batty	V50 23 Swinton RC 55:13
8	747	Julian Brown	V50 8	Macclesfield H&ac	46:17	24	162 Tony Walsh	V50 24 Middleton H AC 55:38
9	508	Gary Chadderton	V50 9	Horwich Rmi	46:29	25	120 Steve Hughes	V50 25 Bramhall Runners 57:28
10	109	Paul Beckett	V50 10	Bramhall Runners	46:30	26	706 Bryan Hopwood	V50 26 Manchester Triathlon 57:41
11	621	Derek Hughes	V50 11	E Cheshire H & Tameside AC	47:14	27	462 Anthony Harrison	V50 27 Winston Runners 1:00:31
12	744	Dominic Sexton	V50 12	Hyde Village Striders	48:29	28	364 Noel Irwin	V50 28 Sale H Manchester 1:00:38
13	351	Frank Cordingley	V50 13	Sale H Manchester	49:24	29	840 Colin Walton	V50 29 Wilmslow RC 1:02:15
14	89	Ian Smallwood	V50 14	Wilmslow RC	50:19	30	137 Adian Bowcock	V50 30 Middleton H AC 1:04:48
15	286	Simon Phillips	V50 15	Stockport H&ac	51:09	31	324 Themis Kokolakis	V50 31 Belle Vue Racers 1:08:35
16	113	Steve Fairclough	V50 16	Bramhall Runners	51:55			

Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time			
1	625	Gary Matthews	V55 1	E Cheshire H & Tameside AC	42:46	11	829 David Barnes	V55 11 Horwich Rmi 52:11
2	293	Steve Shaughnessy	V55 2	Stockport H&ac	43:38	12	911 William Prout	V55 12 Salford Met AC 52:34
3	382	Aidan Raftery	V55 3	Sale H Manchester	44:16	13	896 James Atkin	V55 13 Wirral AC 53:54
4	475	Steve Doxey	V55 4	Swinton RC	44:47	14	685 John Stephenson	V55 14 Glossopdale Harriers 54:29
5	271	Tim Hargreaves	V55 5	Stockport H&ac	45:36	15	648 Pete Hill	V55 15 Altrincham&district AC 54:50
6	757	John Mooney	V55 6	Macclesfield H&ac	46:05	16	476 George Fielding	V55 16 Swinton RC 55:03
7	512	Douglas Fleming	V55 7	Horwich Rmi	47:28	17	159 Craig Sutherland	V55 17 Middleton H AC 55:41
8	15	James Edwards	V55 8	Vale Royal AC	47:31	18	597 Mike O'Brien	V55 18 Manchester Ymca H 57:00
9	155	Anthony Lowe	V55 9	Middleton H AC	49:19	19	587 Geoff Cotterill	V55 19 Manchester Ymca H 59:17
10	607	Mike Race	V55 10	Salford Met AC	51:37			

Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time					
1	83	Tom McGaff	V60	1 Wilmslow RC	42:20	9	71 Geoff Gilbert	V60	9 Wilmslow RC	53:22
2	434	Stanley Owen	V60	2 Salford H&ac	42:56	10	338 Miran Aprahamian	V60	10 Sale H Manchester	55:12
3	661	Peter Pickwell	V60	3 Altrincham&district AC	47:16	11	392 Jerry Smith	V60	11 Sale H Manchester	56:58
4	2045	Kevin Fingleton	V60	4 Unattached	47:58	12	526 Gordon Stone	V60	12 Horwich Rmi	57:23
5	3	Tony Archer	V60	5 Vale Royal AC	48:53	13	391 Martin Smedley	V60	13 Sale H Manchester	57:47
6	836	John Archer	V60	6 Winston Runners	51:22	14	651 Mike Jones	V60	14 Altrincham&district AC	59:29
7	143	Alan Garvey	V60	7 Middleton H AC	52:42	15	598 Jon Paramor	V60	15 Manchester Ymca H	1:01:10
8	10	John Clarke	V60	8 Vale Royal AC	52:49					

Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	295	Robert Taylor	V65	1 Stockport H&ac	46:50
2	582	David Ashton	V65	2 Manchester Ymca H	52:23
3	138	Mick Bull	V65	3 Middleton H AC	59:38
4	142	Barry Fairbrother	V65	4 Middleton H AC	1:02:35
5	415	Tom Daniels	V65	5 Salford H&ac	1:06:56
6	148	Bob Horrocks	V65	6 Middleton H AC	1:08:54

Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	189	Michael Cunningham	V70	1 Manchester H&ac	57:42
2	830	John Parker	V70	2 Horwich Rmi	1:00:25
3	69	Trevor Faulkner	V70	3 Wilmslow RC	1:10:49

Manchester Area Cross Country League

at Boggart Hole Clough on Saturday 5th December 2015

Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time					
1	438	Stuart Robinson		Salford H&ac	35:04	85	164 James Ashford		Chorlton Runners	42:53
2	658	David Norman		Altrincham&district AC	35:04	86	434 Stanley Owen	V60 2	Salford H&ac	42:56
3	247	Gavin Tomlinson		Trafford AC	35:22	87	666 Neil Walker		Altrincham&district AC	43:03
4	507	Mike Cayton		Horwich Rmi	36:39	88	565 Jono Guildford		Manchester Frontrunners	43:06
5	234	Chris Leigh	V40 1	Trafford AC	36:45	89	168 Steven Curley		Chorlton Runners	43:11
6	521	Joe Mercer		Horwich Rmi	36:52	90	515 David Jackson	V45 10	Horwich Rmi	43:14
7	366	Daniel Kashi		Sale H Manchester	37:07	91	274 David Hulley	V40 18	Stockport H&ac	43:18
8	222	Tom Charles		Trafford AC	37:13	92	293 Steve Shaughnessy	V55 2	Stockport H&ac	43:38
9	790	James Savage		Chorlton Runners	37:16	93	596 Chris March		Manchester Ymca H	43:39
10	85	Damian Nicholls		Wilmslow RC	37:37	94	213 Robert Wadsworth		Dragons Rc Sale	43:40
11	627	Tom McGuinness	U20 1	E Cheshire H & Tameside AC	37:40	95	112 Phil Evans		Bramhall Runners	43:46
12	847	Alan White		Sale H Manchester	37:53	96	825 Gareth Williams	V45 11	Vale Royal AC	43:48
13	631	Luke Piper	U20 2	E Cheshire H & Tameside AC	37:56	97	4 Tom Armstrong		Vale Royal AC	43:57
14	506	Jonathan Bruton		Horwich Rmi	38:10	98	730 Stephen Taylor	V45 12	Manchester Triathlon	43:58
15	218	Peter Bains		Trafford AC	38:18	99	11 Darren Cottier	V45 13	Vale Royal AC	43:59
16	386	Callum Rowlinson		Sale H Manchester	38:25	100	676 Jamie Helmer		Glossopdale Harriers	44:02
17	165	Colin Banno-Thornton	V40 2	Chorlton Runners	38:33	101	555 Martin Dunn		Manchester Frontrunners	44:03
18	505	Gareth Booth	V40 3	Horwich Rmi	38:38	102	261 Simon Chadwick	U20 6	Stockport H&ac	44:06
19	868	Ilan Grime	V45 1	Salford H&ac	38:39	103	909 Iain Murdoch	V40 19	Stockport H&ac	44:09
20	217	Daniel Ansell		Trafford AC	38:52	104	675 Steve Crossman	V45 14	Glossopdale Harriers	44:12
21	427	Bruno Lima		Salford H&ac	38:59	105	63 William Booth	U20 7	Wilmslow RC	44:12
22	337	Richard McGeachie	U20 3	Halton & Frodsham	38:59	106	382 Aidan Raftery	V55 3	Sale H Manchester	44:16
23	859	Joseph Hudak		E Cheshire H & Tameside AC	39:00	107	122 Ian Keeling	V45 15	Bramhall Runners	44:18
24	352	Chris Donnelly		Sale H Manchester	39:04	108	37 Paul Griffiths	V40 20	Chorlton Runners	44:19
25	252	Kevin Acton	U20 4	Stockport H&ac	39:08	109	77 Mike Hill	V45 16	Wilmslow RC	44:25
26	223	Richard Clancy		Trafford AC	39:09	110	2043 Daniel Appleby		FRA	44:26
27	907	David Brockway		Warrington AC	39:10	111	604 Paul Connolly		Salford Met AC	44:27
28	368	Tim Kennedy		Sale H Manchester	39:14	112	712 Tim Johns	V45 17	Manchester Triathlon	44:30
29	242	Jeff Prest	V40 4	Trafford AC	39:15	113	864 Mark Bale	V40 21	Wilmslow RC	44:34
30	47	Ben McCormack	V40 5	Chorlton Runners	39:17	114	910 Nathan Mayoh	V40 22	Stockport H&ac	44:35
31	642	Michael Berks		Altrincham&district AC	39:18	115	453 Mark Hadland	V40 23	Warrington Tri Club	44:39
32	904	Simon Pymm		Horwich Rmi	39:25	116	731 Roger Thomas	V40 24	Manchester Triathlon	44:43
33	76	Paul Hawkins		Wilmslow RC	39:28	117	475 Steve Doxey	V55 4	Swinton RC	44:47
34	514	Danny Hope		Horwich Rmi	39:32	118	680 Neil McGraw	V40 25	Glossopdale Harriers	44:55
35	813	Creighton Connolly		University Of Manchester	39:33	119	608 Paul Stevenson	V50 2	Salford Met AC	44:57
36	277	Dean Matkin		Stockport H&ac	39:34	120	800 Francis Pyatt		Macclesfield H&ac	44:59
37	810	Clive Fitzpatrick	V40 6	Trafford AC	39:34	121	543 Shane Wolstencroft	V40 26	Knutsford Tri Club	45:00
38	2044	Daniel Hayes		Blackpool Wyre & Fylde AC	39:37	122	532 John Giggins		Knutsford Tri Club	45:00
39	725	Paul Savage		Manchester Triathlon	39:42	123	727 Paul Schofield	V45 18	Manchester Triathlon	45:04
40	520	Paul Massey	V45 2	Horwich Rmi	39:45	124	236 Paul Mannion	V50 3	Trafford AC	45:10
41	408	Richard Brook	V40 7	Salford H&ac	39:48	125	913 Peter Crawford		Sale H Manchester	45:20
42	40	Ben Hobson		Chorlton Runners	39:55	126	172 Ian Jameson	V40 27	Chorlton Runners	45:25
43	617	Tim Greenald	V40 8	E Cheshire H & Tameside AC	39:57	127	82 Allan McCormick		Wilmslow RC	45:27
44	229	Michael Hunt	V40 9	Trafford AC	40:03	128	605 Ben Farrelly		Salford Met AC	45:32
45	441	Adam Slodowicz		Salford H&ac	40:14	129	566 Steve Hatton		Manchester Frontrunners	45:33
46	445	Christopher Tully		Salford H&ac	40:27	130	766 Gary Willcock	V50 4	Macclesfield H&ac	45:35
47	358	Olivier Gallemin	V40 10	Sale H Manchester	40:29	131	359 Steve Gavin	V45 19	Sale H Manchester	45:36
48	180	Oliver Wallace		Chorlton Runners	40:33	132	271 Tim Hargreaves	V55 5	Stockport H&ac	45:36
49	705	Graeme Grindrod		Manchester Triathlon	40:37	133	528 Simon Atkins	V45 20	Knutsford Tri Club	45:39
50	503	Martyn Bell	V45 3	Horwich Rmi	40:45	134	56 Neal Wainwright		Chorlton Runners	45:42
51	38	Jonathon Harris		Chorlton Runners	40:51	135	686 Andy Adkin		Manchester Triathlon	45:53
52	350	Andrew Carlin		Sale H Manchester	40:52	136	58 Guy Weaver		Chorlton Runners	46:01
53	284	Adrian Nutter	V40 11	Stockport H&ac	41:01	137	720 John Murray	V45 21	Manchester Triathlon	46:04
54	428	John Lloyd		Salford H&ac	41:05	138	757 John Mooney	V55 6	Macclesfield H&ac	46:05
55	93	Andy Whittingham	V45 4	Wilmslow RC	41:06	139	375 Richard McHugh		Sale H Manchester	46:08
56	355	Tom Fordyce	V40 12	Sale H Manchester	41:10	140	760 Ray O'Keefe	V50 5	Macclesfield H&ac	46:09
57	767	Scott Wilson		Macclesfield H&ac	41:14	141	39 Justin Hayes	V50 6	Chorlton Runners	46:10
58	87	Jim Pendrill	V45 5	Wilmslow RC	41:15	142	548 Thomas Blackburn		Manchester Frontrunners	46:13
59	677	Chris Jackson		Glossopdale Harriers	41:20	143	381 Steve Parry	V50 7	Sale H Manchester	46:15
60	389	Phil Scowcroft		Sale H Manchester	41:22	144	747 Julian Brown	V50 8	Macclesfield H&ac	46:17
61	542	Matthew Wackett		Knutsford Tri Club	41:24	145	334 Victor Walsh		Belle Vue Racers	46:21
62	263	James Corden	V40 13	Stockport H&ac	41:35	146	508 Gary Chadderton	V50 9	Horwich Rmi	46:29
63	285	Paul Nutter	V40 14	Stockport H&ac	41:37	147	109 Paul Beckett	V50 10	Bramhall Runners	46:30
64	585	Richard Brierley		Manchester Ymca H	41:38	148	729 Murray Taylor		Manchester Triathlon	46:32
65	574	James Moles	V40 15	Manchester Frontrunners	41:39	149	772 Alfonso Leone		Mmu H	46:38
66	849	Chris Fance	U20 5	Warrington AC	41:48	150	182 Steven Welch		Chorlton Runners	46:44
67	545	Tom Bardwell		Manchester Frontrunners	41:49	151	811 Greg Marcroft		Trafford AC	46:46
68	590	Mark Griffiths		Manchester Ymca H	41:53	152	295 Robert Taylor	V65 1	Stockport H&ac	46:50
69	221	Dick Byers	V50 1	Trafford AC	41:57	153	621 Derek Hughes	V50 11	E Cheshire H & Tameside AC	47:14
70	523	Ali Murray	V40 16	Horwich Rmi	42:01	154	198 Jonathan Reeh		Manchester H&ac	47:15
71	750	Robert Hasler		Macclesfield H&ac	42:09	155	661 Peter Pickwell	V60 3	Altrincham&district AC	47:16
72	499	Mark Whittington	V40 17	Swinton RC	42:11	156	792 Richard Adams		Bramhall Runners	47:16
73	879	Owen Bishop		Mmu H	42:13	157	770 Jack Benham		Mmu H	47:18
74	455	Dan Harbridge		Warrington Tri Club	42:18	158	251 Gareth Woodcock		Trafford AC	47:18
75	83	Tom McGaff	V60 1	Wilmslow RC	42:20	159	400 Michael Wharton		Sale H Manchester	47:23
76	594	Craig Jones		Manchester Ymca H	42:22	160	512 Douglas Fleming	V55 7	Horwich Rmi	47:28
77	866	Jonathan Powell		Altrincham&district AC	42:24	161	195 James Hinde	V40 28	Manchester H&ac	47:30
78	653	Matthew Kelly		Altrincham&district AC	42:34	162	15 James Edwards	V55 8	Vale Royal AC	47:31
79	151	Paul Jibson	V45 6	Middleton H AC	42:35	163	98 Ian Costello	V40 29	St Helens Sutton AC	47:38
80	126	Frank Podd	V45 7	Bramhall Runners	42:37	164	297 Mike Toal	V40 30	Stockport H&ac	47:39
81	759	James Noakes	V45 8	Macclesfield H&ac	42:39	165	442 Paul Stephens		Salford H&ac	47:42
82	717	Stewart Moore		Manchester Triathlon	42:40	166	250 Gary Wolstencroft	V40 31	Trafford AC	47:51
83	269	Kevan Garner	V45 9	Stockport H&ac	42:44	167	2046 Michael Lim		Unattached	47:56
84	625	Gary Matthews	V55 1	E Cheshire H & Tameside AC	42:46	168	2045 Kevin Fingleton	V60 4	Unattached	47:58
						169	748 Carl Hanaghan		Macclesfield H&ac	48:04

170	55	Andrew Tongue		Chorlton Runners	48:06	229	576	Roberto Raso	V50 20	Manchester Frontrunners	53:17
171	119	Mike Hodson	V40 32	Bramhall Runners	48:13	230	71	Geoff Gilbert	V60 9	Wilmslow RC	53:22
172	575	James Pearson		Manchester Frontrunners	48:17	231	346	Matthew Bell		Sale H Manchester	53:23
173	173	Joe Latimer		Chorlton Runners	48:25	232	634	Dennis Thomas	V40 37	E Cheshire H & Tameside AC	53:25
174	744	Dominic Sexton	V50 12	Hyde Village Striders	48:29	233	891	Chris Riley		Trafford AC	53:36
175	643	Nick Burke	V45 22	Altrincham&district AC	48:29	234	737	Rob Smith		Manchester Triathlon	53:45
176	901	Andrew Parsonage		Manchester H&ac	48:34	235	753	David Larkin	V40 38	Macclesfield H&ac	53:52
177	497	Ric Waring	V45 23	Swinton RC	48:37	236	896	James Atkin	V55 13	Wirral AC	53:54
178	117	Richard Hall	V45 24	Bramhall Runners	48:38	237	549	Joe Carne		Manchester Frontrunners	53:57
179	49	Ross Murdoch		Chorlton Runners	48:44	238	562	Nico Gibert	V40 39	Manchester Frontrunners	53:59
180	711	Richard Hyder		Manchester Triathlon	48:47	239	502	Paul Wilson	V40 40	Swinton RC	54:15
181	308	Robert Chesters		St Helens Tri	48:48	240	336	Andy Wood	V50 21	Belle Vue Racers	54:20
182	3	Tony Archer	V60 5	Vale Royal AC	48:53	241	685	John Stephenson	V55 14	Glossopdale Harriers	54:29
183	129	John Williams	V40 33	Bramhall Runners	48:54	242	599	Steve Symons	V45 33	Manchester Ymca H	54:31
184	732	San Tou		Manchester Triathlon	48:56	243	81	Bernard McCaaron	V50 22	Wilmslow RC	54:43
185	881	David Connelly		Sale H Manchester	48:56	244	648	Pete Hill	V55 15	Altrincham&district AC	54:50
186	110	Adam Bird		Bramhall Runners	49:14	245	476	George Fielding	V55 16	Swinton RC	55:03
187	155	Anthony Lowe	V55 9	Middleton H AC	49:19	246	338	Miran Aprahamian	V60 10	Sale H Manchester	55:12
188	351	Frank Cordingley	V50 13	Sale H Manchester	49:24	247	469	Dave Batty	V50 23	Swinton RC	55:13
189	199	Chris Sewart	V40 34	Manchester H&ac	49:26	248	162	Tony Walsh	V50 24	Middleton H AC	55:38
190	561	Tom Fraser		Manchester Frontrunners	49:28	249	159	Craig Sutherland	V55 17	Middleton H AC	55:41
191	704	Harsham Gill	V40 35	Manchester Triathlon	49:30	250	2047	Steve Lyons	V45 34	Unattached	56:32
192	553	Amir Dar		Manchester Frontrunners	49:31	251	54	Jacob Smiles		Chorlton Runners	56:46
193	179	Mark Valentine		Chorlton Runners	49:31	252	559	James Fox		Manchester Frontrunners	56:53
194	857	Darren Cooper		Manchester H&ac	49:39	253	392	Jerry Smith	V60 11	Sale H Manchester	56:58
195	483	Oli Loughheed		Swinton RC	49:55	254	597	Mike O'Brien	V55 18	Manchester Ymca H	57:00
196	379	John Morris		Sale H Manchester	50:12	255	900	Jon Shaw	V45 35	Winston Runners	57:13
197	897	Shayne Wilson		Knutsford Tri Club	50:15	256	905	Mark Ackerley		Winston Runners	57:18
198	433	James O'Connor	V45 25	Salford H&ac	50:18	257	526	Gordon Stone	V60 12	Horwich Rmi	57:23
199	89	Ian Smallwood	V50 14	Wilmslow RC	50:19	258	120	Steve Hughes	V50 25	Bramhall Runners	57:28
200	398	Gareth Webb		Sale H Manchester	50:20	259	706	Bryan Hopwood	V50 26	Manchester Triathlon	57:41
201	316	Lee Stinch	V45 26	St Helens Tri	50:22	260	189	Michael Cunningham	V70 1	Manchester H&ac	
202	842	Girish Patel	V45 27	Salford Met AC	51:00		57:42				
203	286	Simon Phillips	V50 15	Stockport H&ac	51:09	261	391	Martin Smedley	V60 13	Sale H Manchester	57:47
204	276	Graham Marsland	V45 28	Stockport H&ac	51:12	262	721	Malcolm Orrell		Manchester Triathlon	58:37
205	116	James Hall		Bramhall Runners	51:15	263	789	Don Jones		Chorlton Runners	58:48
206	495	Jon Sides	V45 29	Swinton RC	51:16	264	908	Lawrence Pinnell	V45 36	Horwich Rmi	59:10
207	836	John Archer	V60 6	Winston Runners	51:22	265	587	Geoff Cotterill	V55 19	Manchester Ymca H	59:17
208	125	Matthew Moran		Bramhall Runners	51:27	266	809	Chris Poole		Swinton RC	59:21
209	607	Mike Race	V55 10	Salford Met AC	51:37	267	465	Paul Muldoon		Winston Runners	59:25
210	192	Glen Gandy	V45 30	Manchester H&ac	51:42	268	651	Mike Jones	V60 14	Altrincham&district AC	59:29
211	167	Paul Brown		Chorlton Runners	51:44	269	138	Mick Bull	V65 3	Middleton H AC	59:38
212	573	Jordan Millar		Manchester Frontrunners	51:45	270	463	Anthony Jones	V45 37	Winston Runners	59:44
213	113	Steve Fairclough	V50 16	Bramhall Runners	51:55	271	606	Stuart Mairs		Salford Met AC	59:54
214	687	Damian Aspin	V40 36	Manchester Triathlon	52:02	272	830	John Parker	V70 2	Horwich Rmi	1:00:25
215	489	Aston Perrin		Swinton RC	52:05	273	462	Anthony Harrison	V50 27	Winston Runners	1:00:31
216	624	Martin Lewis	V45 31	E Cheshire H & Tameside AC	52:07	274	364	Noel Irwin	V50 28	Sale H Manchester	1:00:38
217	383	Tim Rainey	V50 17	Sale H Manchester	52:08	275	598	Jon Paramor	V60 15	Manchester Ymca H	1:01:10
218	829	David Barnes	V55 11	Horwich Rmi	52:11	276	840	Colin Walton	V50 29	Wilmslow RC	1:02:15
219	139	Colin Carter	V45 32	Middleton H AC	52:15	277	461	Scott Ashworth	V45 38	Winston Runners	1:02:32
220	582	David Ashton	V65 2	Manchester Ymca H	52:23	278	142	Barry Fairbrother	V65 4	Middleton H AC	1:02:35
221	609	Ian Taylor	V50 18	Salford Met AC	52:29	279	137	Adian Bowcock	V50 30	Middleton H AC	1:04:48
222	911	William Prout	V55 12	Salford Met AC	52:34	280	415	Tom Daniels	V65 5	Salford H&ac	1:06:56
223	143	Alan Garvey	V60 7	Middleton H AC	52:42	281	176	Andrew Paterson		Chorlton Runners	1:08:28
224	485	Rob McGibbon		Swinton RC	52:42	282	324	Themis Kokolakis	V50 31	Belle Vue Racers	1:08:35
225	2048	John Habron		Unattached	52:48	283	148	Bob Horrocks	V65 6	Middleton H AC	1:08:54
226	10	John Clarke	V60 8	Vale Royal AC	52:49	284	69	Trevor Faulkner	V70 3	Wilmslow RC	1:10:49
227	674	Matthew Crompton		Glossopdale Harriers	52:52						
228	673	Andrew Burnett	V50 19	Glossopdale Harriers	53:12						

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Trafford AC	75 — 3	Gavin Tomlinson	5 Chris Leigh	8 Tom Charles	15 Peter Bains	19 Daniel Ansell	25 Richard Clancy
2 Horwich Rmi	106 — 4	Mike Cayton	6 Joe Mercer	14 Jonathan Bruton	18 Gareth Booth	31 Simon Pymm	33 Darryl Hope
3 Sale H Manchester	129 — 7	Daniel Kashi	12 Alan White	16 Callum Rowlinson	23 Chris Donnelly	27 Tim Kennedy	44 Olivier Gailemin
4 Chorlton Runners	186 — 9	James Savage	17 Colin Banno-Thornton	29 Ben McCormack	39 Ben Hobson	45 Oliver Wallace	47 Jonathon Harris
5 Salford H&ac	194 — 1	Stuart Robinson	20 Bruno Lima	38 Richard Brook	42 Adam Slodowicz	43 Christopher Tully	50 John Lloyd
6 Stockport H&ac	304 — 24	Kevin Acton	35 Dean Matkin	49 Adrian Nutter	58 James Corden	59 Paul Nutter	79 Kevan Garner
7 E Cheshire H & Tameside AC	314 — 11	Tom McGuinness	13 Luke Piper	22 Joseph Hudak	40 Tim Greenald	80 Gary Matthews	148 Derek Hughes
8 Wilmslow RC	319 — 10	Damian Nicholls	32 Paul Hawkins	51 Andy Whittingham	54 Jim Pendrill	71 Tom McGaff	101 William Booth
9 Altrincham & district AC	412 — 2	David Norman	30 Michael Berks	73 Jonathan Powell	74 Matthew Kelly	83 Neil Walker	150 Peter Pickwell
10 Sale H Manchester 'B'	504 — 48	Andrew Carlin	52 Tom Fordyce	56 Phil Scowcroft	102 Aidan Rafferty	120 Peter Crawford	126 Steve Gavin
11 Horwich Rmi 'B'	531 — 37	Paul Massey	46 Martyn Bell	66 Ali Murray	86 David Jackson	141 Gary Chadderton	155 Douglas Fleming
12 Manchester Triathlon	544 — 36	Paul Massey	78 Stewart Moore	94 Stephen Taylor	107 Tim Johns	111 Roger Thomas	118 Paul Schofield
13 Trafford AC 'B'	552 — 28	Jeff Prest	41 Michael Hunt	65 Dick Byers	119 Paul Mannion	146 Greg Marcott	153 Gareth Woodcock
14 Manchester Frontrunners	566 — 61	James Moles	63 Tom Bardwell	84 Jono Guildford	97 Martin Dunn	124 Steve Hutton	137 Thomas Blackburn
15 Macclesfield H&ac	570 — 53	Scott Wilson	67 Robert Hasler	77 James Noakes	115 Francis Pyatt	125 Gary Willcock	133 John Mooney
16 Stockport H&ac 'B'	608 — 87	David Hulley	88 Steve Shaughnessy	98 Simon Chadwick	99 Iain Murdoch	109 Nathan Mayoh	127 Tim Hargreaves
17 Chorlton Runners 'B'	651 — 81	James Ashford	85 Steven Curley	104 Paul Griffiths	121 Ian Jameson	129 Neal Wainwright	131 Guy Weaver
18 Bramhall Runners	727 — 76	Frank Podd	91 Phil Evans	103 Ian Keeling	142 Paul Beckett	151 Richard Adams	164 Mike Hodson
19 Manchester Ymca H	732 — 60	Richard Brierley	64 Mark Griffiths	72 Craig Jones	89 Chris March	213 David Ashton	234 Steve Symons
20 Glossopdale Harriers	803 — 55	Chris Jackson	96 Jamie Helmer	100 Steve Crossman	113 Neil McGraw	219 Matthew Crompton	220 Andrew Burnett
21 Vale Royal AC	830 — 92	Gareth Williams	93 Tom Armstrong	95 Darren Cottier	157 James Edwards	175 Tony Archer	218 John Clarke
22 Manchester Triathlon 'B'	939 — 130	Andy Adkin	132 John Murray	143 Murray Taylor	173 Richard Hyder	177 San Tou	184 Harsham Gill
23 Swinton RC	945 — 68	Mark Whittington	112 Steve Doxey	170 Ric Waring	188 Oil Loughheed	193 Jon Sides	208 Aston Perin
24 Salford Met AC	954 — 106	Paul Connolly	114 Paul Stevenson	123 Ben Farely	195 Girish Patel	202 Mike Race	214 Ian Taylor
25 Chorlton Runners 'C'	968 — 136	Justin Hayes	145 Steven Welch	163 Andrew Tongue	166 Joe Latimer	172 Ross Murdoch	186 Mark Valentine
26 Sale H Manchester 'C'	974 — 134	Richard McHugh	138 Steve Parry	154 Michael Wharton	178 David Connelly	181 Frank Cordingley	189 John Morris
27 Wilmslow RC 'B'	984 — 105	Mike Hill	108 Mark Bale	122 Allan McCormick	192 Ian Smallwood	222 Geoff Gilbert	235 Bernard McCaaron
28 Manchester H&ac	1046 — 149	Jonathan Reeh	155 James Hinde	169 Andrew Parsonage	182 Chris Sewart	187 Darren Cooper	203 Glen Gandy
29 Bramhall Runners 'B'	1131 — 171	Richard Hall	176 John Williams	179 Adam Bird	198 James Hall	201 Matthew Moran	206 Steve Fairdough
30 Middleton HAC	1164 — 75	Paul Jibson	180 Anthony Lowe	212 Colin Carter	216 Alan Garvey	240 Tony Walsh	241 Craig Sutherland
31 Manchester Frontrunners 'B'	1188 — 165	James Pearson	183 Tom Fraser	185 Amir Dar	205 Jordan Millar	221 Roberto Raso	229 Joe Carne
32 Sale H Manchester 'D'	1360 — 193	Gareth Webb	210 Tim Rainey	223 Matthew Bell	238 Miran Aprahamian	244 Jerry Smith	252 Martin Smedley
33 Winston Runners	1476 — 200	John Archer	246 Jon Shaw	247 Mark Ackerley	258 Paul Muldoon	261 Anthony Jones	264 Anthony Harrison

Senior Men aged 17 to 19 — TEAM RESULTS

No complete teams

Senior Men (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Trafford AC	33 — 1	Chris Leigh	4 Jeff Prest	9 Michael Hunt	19 Dick Byers
2 Horwich Rmi	40 — 3	Gareth Booth	6 Paul Massey	11 Martyn Bell	20 Ali Murray
3 Stockport H&ac	71 — 12	Adrian Nutter	16 James Corden	17 Paul Nutter	26 Kevan Garner
4 Wilmslow RC	90 — 13	Andy Whittingham	15 Jim Pendrill	22 Tom McGaff	40 Mike Hill
5 Chorlton Runners	98 — 2	Colin Banno-Thornton	5 Ben McCormack	39 Paul Griffiths	52 Ian Jameson
6 Sale H Manchester	115 — 10	Olivier Gailemin	14 Tom Fordyce	37 Aidan Rafferty	54 Steve Gavin
7 Stockport H&ac 'B'	139 — 30	David Hulley	31 Steve Shaughnessy	35 Iain Murdoch	43 Nathan Mayoh
8 Manchester Triathlon	169 — 33	Stephen Taylor	41 Tim Johns	45 Roger Thomas	50 Paul Schofield
9 Macclesfield H&ac	195 — 25	James Noakes	53 Gary Willcock	58 John Mooney	59 Ray O'Keefe
10 E Cheshire H & Tameside AC	198 — 8	Tim Greenald	27 Gary Matthews	66 Derek Hughes	97 Martin Lewis
11 Bramhall Runners	200 — 24	Frank Podd	38 Ian Keeling	64 Paul Beckett	74 Mike Hodson
12 Vale Royal AC	215 — 32	Gareth Williams	34 Darren Cottier	70 James Edwards	79 Tony Archer
13 Swinton RC	235 — 21	Mark Whittington	46 Steve Doxey	77 Ric Waring	91 Jon Sides
14 Horwich Rmi 'B'	259 — 29	David Jackson	63 Gary Chadderton	68 Douglas Fleming	99 David Barnes
15 Salford H&ac	265 — 7	Richard Brook	28 Stanley Owen	85 James O'Connor	145 Tom Daniels
16 Stockport H&ac 'C'	281 — 55	Tim Hargreaves	65 Robert Taylor	72 Mike Toal	89 Simon Phillips
17 Glossopdale Harriers	304 — 36	Steve Crossman	47 Neil McGraw	106 Andrew Burnett	115 John Stephenson
18 Middleton H AC	308 — 23	Paul Jibson	81 Anthony Lowe	100 Colin Carter	104 Alan Garvey
19 Salford Met AC	331 — 48	Paul Stevenson	88 Girish Patel	93 Mike Race	102 Ian Taylor
20 Wilmslow RC 'B'	353 — 42	Mark Bale	86 Ian Smallwood	108 Geoff Gilbert	117 Bernard McCaaron
21 Sale H Manchester 'B'	361 — 61	Steve Parry	82 Frank Cordingley	98 Tim Rainey	120 Miran Aprahamian
22 Manchester Triathlon 'B'	366 — 57	John Murray	84 Harsham Gill	96 Damian Aspin	129 Bryan Hopwood
23 Manchester H&ac	376 — 69	James Hinde	83 Chris Sewart	94 Glen Gandy	130 Michael Cunningham
24 Bramhall Runners 'B'	381 — 78	Richard Hall	80 John Williams	95 Steve Fairclough	128 Steve Hughes
25 Altrincham & district AC	395 — 67	Peter Pickwell	76 Nick Burke	118 Pete Hill	134 Mike Jones
26 Manchester Ymca H	475 — 101	David Ashton	116 Steve Symons	125 Mike O'Brien	133 Geoff Cotterill
27 Winston Runners	492 — 92	John Archer	126 Jon Shaw	136 Anthony Jones	138 Anthony Harrison
28 Middleton H AC 'B'	523 — 122	Tony Walsh	123 Craig Sutherland	135 Mick Bull	143 Barry Fairbrother

