

Manchester Area Cross Country League at Sherdley Park, St Helens on Saturday 7th November 2015

Under 11 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time
1	91	Louie McCormack	Trafford AC	8:18
2	511	Patrick Griffith	Vale Royal AC	8:40
3	534	William Sutcliffe	Wirral AC	8:54
4	546	Matthew Russell	Salford Met AC	8:58
5	538	Malachy Cole	Salford H&ac	8:58
6	549	Ewan Macnab	Halton&frodsham H	9:03
7	516	Gabriel Meehan	Liverpool H & AC	9:11
8	120	Jonah Wall	Stockport H&ac	9:13
9	191	Joe Lewis	Sale H Manchester	9:16
10	119	Finley Mayoh	Stockport H&ac	9:17
11	512	Flynn Loftus	Vale Royal AC	9:19
12	193	Will Parker	Sale H Manchester	9:23
13	576	Jack Batten	Sale H Manchester	9:27
14	419	Hayden Blunn	Macclesfield H&ac	9:28
15	545	Ethan Nation	Salford Met AC	9:29
16	557	Rhys Hopkins	Warrington AC	9:33
17	561	Torin Lindsey	Sale H Manchester	9:34
18	577	Charlie Tittensor	Sale H Manchester	9:36
19	515	Theo Ford	Liverpool H & AC	9:37
20	510	Will Clark	Vale Royal AC	9:39

Under 11 - Boys — TEAM RESULTS

1	Vale Royal AC	33	—	2	Patrick Griffith	11	Flynn Loftus	20	Will Clark
2	Sale H Manchester	34	—	9	Joe Lewis	12	Will Parker	13	Jack Batten
3	Salford Met AC	47	—	4	Matthew Russell	15	Ethan Nation	28	Nathan Fryer
4	Trafford AC	57	—	1	Louie McCormack	24	Max Rarity	32	Oriol Sala
5	Macclesfield H&ac	59	—	14	Hayden Blunn	22	Oliver Bradley	23	Aadi Whitlock
6	Liverpool H & AC	62	—	7	Gabriel Meehan	19	Theo Ford	36	Luka Sidebotham
7	Sale H Manchester	64	—	17	Torin Lindsey	18	Charlie Tittensor	29	George Jackson
8	Halton&frodsham H	70	—	6	Ewan Macnab	25	Jack Pemberton	39	Joseph Larkin
9	Manchester Triathlon	107	—	34	Albert Durance	35	Maverick McCrum	38	Murdoch McCrum

Under 11 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time
1	509	Holly Weedall	Vale Royal AC	8:42
2	180	Isabelle Burke	Sale H Manchester	8:49
3	283	Nicola Mason	Salford H&ac	9:20
4	117	Sofia Livesey	Stockport H&ac	9:31
5	182	Taylor Edwards	Sale H Manchester	9:39
6	573	Macy Hillier	Wirral AC	9:44
7	50	Molly Wormald	Warrington AC	9:46
8	187	Katie Stringer	Sale H Manchester	9:50
9	179	Nieve Barton	Sale H Manchester	9:51
10	565	Hattie Bain	Liverpool H & AC	9:57
11	412	Rebecca Dilworth	Macclesfield H&ac	10:12
12	46	Maisie Bell	Warrington AC	10:13
13	52	Evelyn Barber	Manchester H&ac	10:14
14	282	Isobel Cammish	Salford H&ac	10:15
15	580	Olivia Wise	Sale H Manchester	10:17
16	48	Eva Ferris	Warrington AC	10:21
17	532	Gina Nuttall	Wirral AC	10:26
18	570	Hannah Johnson	Liverpool H & AC	10:28
19	566	Jenny Grant	Liverpool H & AC	10:29
20	410	Grace Cornford	Macclesfield H&ac	10:30
21	514	S Fane-De-Salis	Liverpool H & AC	10:32
22	87	Sadie Mannion	Trafford AC	10:34

Under 11 - Girls — TEAM RESULTS

1	Sale H Manchester	15	—	2	Isabelle Burke	5	Taylor Edwards	8	Katie Stringer
2	Warrington AC	35	—	7	Molly Wormald	12	Maisie Bell	16	Eva Ferris
3	Liverpool H & AC	47	—	10	Hattie Bain	18	Hannah Johnson	19	Jenny Grant
4	Salford H&ac	56	—	3	Nicola Mason	14	Isobel Cammish	39	Millie Bayman
5	Macclesfield H&ac	57	—	11	Rebecca Dilworth	20	Grace Cornford	26	Lily Davies
6	Sale H Manchester	58	—	9	Nieve Barton	15	Olivia Wise	34	Louise Hobson
7	Liverpool H & AC	76	—	21	S Fane-De-Salis	24	Rebecca Johnson	31	Isobel Dallas
8	St Helens Sutton AC	99	—	23	Lucy Bridge	36	Niamh Abbott	40	Libby Pearson
9	Salford Met AC	103	—	28	Maya Mansfield	32	Sophia Bratt	43	Poppy Russell
10	Liverpool H & AC	113	—	35	Katie Smith	37	Connie Moran	41	Maisie Nichols

Manchester Area Cross Country League at Sherdley Park, St Helens on Saturday 7th November 2015

Under 13 - Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	348	Louis Johnston	Wirral AC	11:34	23	98	Alex Bailey	Trafford AC	13:00
2	299	Sam Hopkins	Salford H&ac	11:39	24	23	Michael Brussels	St Helens Sutton AC	13:18
3	487	Lucas Hayes	Warrington AC	11:51	25	467	Joe Browne	Macclesfield H&ac	13:25
4	436	Finley Proffitt	Macclesfield H&ac	11:51	26	518	Jamie Ford	Liverpool H & AC	13:27
5	302	Lewis Royle	Salford H&ac	12:00	27	474	Cameron Murdoch	Stockport H&ac	13:36
6	99	Joe Bentall	Trafford AC	12:13	28	572	Zac Gaillemine	Sale H Manchester	13:38
7	103	Seb Patrick	Trafford AC	12:15	29	28	Ben Toole	St Helens Sutton AC	13:40
8	324	William Wright	West Cheshire AC	12:17	30	468	Daniel Gaskell	Macclesfield H&ac	13:42
9	100	Tom Bentall	Trafford AC	12:18	31	135	Harry MillerReedman	Stockport H&ac	13:43
10	296	Samuel Bryan	Salford H&ac	12:22	32	44	Joe Byrne	Bramhall Runners	13:57
11	101	Oliver Choi	Trafford AC	12:23	33	301	Dino Roiditis	Salford H&ac	14:02
12	486	Isaaq Ataulah	Warrington AC	12:24	34	45	Ben Smith	Bramhall Runners	14:06
13	488	Joe Roberts	Warrington AC	12:27	35	211	Jacob Corrie	Sale H Manchester	14:34
14	131	Edward Corden	Stockport H&ac	12:30	36	25	Liam Houghton	St Helens Sutton AC	14:53
15	133	Fares Ibrahim	Stockport H&ac	12:40	37	2020	Leo Parker	Buxton & District Ac	15:13
16	553	Sam Flaherty	Liverpool H & AC	12:42	38	331	Ryan O'Neill	E Cheshire H&tameside AC	15:44
17	435	James Doorbar	Macclesfield H&ac	12:43	39	469	Alexander Moss	Macclesfield H&ac	15:57
18	26	Charlie Roberts	St Helens Sutton AC	12:44	40	406	Ben Jones	Manchester Triathlon	16:06
19	210	Zenon Caine	Sale H Manchester	12:45	41	552	Owen Kenton	St Helens Tri	16:12
20	300	Charlie Mansfield	Salford H&ac	12:46	42	547	Will Kershaw	Salford Met AC	16:25
21	214	Alex James	Sale H Manchester	12:47	43	173	Oliver Murphy	St Helens Tri	16:27
22	437	Thomas Roberts	Macclesfield H&ac	12:56					

Under 13 - Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Salford H&ac	17	—	2	Sam Hopkins	5	Lewis Royle	10	Samuel Bryan	
2	Trafford AC	22	—	6	Joe Bentall	7	Seb Patrick	9	Tom Bentall	
3	Warrington AC	28	—	3	Lucas Hayes	12	Isaaq Ataulah	13	Joe Roberts	
4	Macclesfield H&ac	43	—	4	Finley Proffitt	17	James Doorbar	22	Thomas Roberts	
5	Stockport H&ac	56	—	14	Edward Corden	15	Fares Ibrahim	27	Cameron Murdoch	
6	Sale H Manchester	68	—	19	Zenon Caine	21	Alex James	28	Zac Gaillemine	
7	St Helens Sutton AC	71	—	18	Charlie Roberts	24	Michael Brussels	29	Ben Toole	
8	Macclesfield H&ac	'B'	93	—	25	Joe Browne	30	Daniel Gaskell	38	Alexander Moss

Under 13 - Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	471	Lara Crawford	Sale H Manchester	12:16	26	288	Maya Croasdaile	Salford H&ac	14:07
2	431	Sian Heslop	Macclesfield H&ac	12:39	27	289	Erin Grime	Salford H&ac	14:14
3	346	Ellen-Mary Kearney	Wirral AC	12:53	28	123	Lara Coulter	Stockport H&ac	14:17
4	205	Penny Townsend	Sale H Manchester	12:58	29	462	Christie Allen	E Cheshire H&tameside AC	14:19
5	286	Amelia Bratt	Salford H&ac	13:01	30	62	Alice Jones	Manchester H&ac	14:20
6	293	Emily Russell	Salford H&ac	13:04	31	122	Lauren Burgess	Stockport H&ac	14:26
7	61	Georgia Fazakerley	Manchester H&ac	13:05	32	430	Libby Greeney	Macclesfield H&ac	14:27
8	330	Megan Lewis	E Cheshire H&tameside AC	13:09	33	451	Grace Kelly	Ribble Valley AC	14:35
9	127	Chloe Rogers	Stockport H&ac	13:10	34	390	Elizabeth Pederson	Liverpool H & AC	14:35
10	195	Molly Atherton	Sale H Manchester	13:13	35	329	Freya Handley	E Cheshire H&tameside AC	14:40
11	196	Ruby Bell	Sale H Manchester	13:17	36	345	Isabel Hodder	Wirral AC	14:48
12	292	Anna Potter	Salford H&ac	13:22	37	433	Erne Noakes	Macclesfield H&ac	15:06
13	197	Anouska Brooks	Sale H Manchester	13:34	38	60	Emma Davies	Manchester H&ac	15:12
14	291	Samantha Mason	Salford H&ac	13:40	39	96	Lauren Howley	Trafford AC	15:17
15	202	Laura Hole	Sale H Manchester	13:45	40	578	Lillia Buller	Sale H Manchester	15:22
16	207	Leah Wilkinson	Sale H Manchester	13:46	41	294	Natalia Russell	Salford H&ac	15:23
17	200	Emily-Kate Hall	Sale H Manchester	13:47	42	97	Emily Wolstencroft	Trafford AC	15:36
18	290	C Haywood-Percival	Salford H&ac	13:50	43	129	Ella Taylor	Stockport H&ac	15:59
19	287	Evie Collier	Salford H&ac	13:51	44	316	Jessica Connolly	Warrington Tri Club	16:07
20	63	Katie Moss	Manchester H&ac	13:52	45	317	Annabel Scholl	Warrington Tri Club	16:19
21	558	Rebecca Nixon	Warrington AC	13:53	46	473	Kyra Brindle	Salford Met AC	16:31
22	2015	\$Darcy Lonsdale	Preston Harriers	13:55	47	535	Elizabeth Nuttall	Wirral AC	16:34
23	295	Sophie Smith	Salford H&ac	14:00	48	524	Shana Rigby	St Helens Sutton AC	16:43
24	378	Sofia Rowley	Liverpool H & AC	14:02	49	586	Jessica Murphy	Liverpool H & AC	17:02
25	124	Esther Hulley	Stockport H&ac	14:04	50	567	Poppy Smith	Liverpool H & AC	18:43

Under 13 - Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Sale H Manchester	15	—	1	Lara Crawford	4	Penny Townsend	10	Molly Atherton	
2	Salford H&ac	23	—	5	Amelia Bratt	6	Emily Russell	12	Anna Potter	
3	Sale H Manchester	'B'	39	—	11	Ruby Bell	13	Anouska Brooks	15	Laura Hole
4	Salford H&ac	'B'	51	—	14	Samantha Mason	18	C Haywood-Percival	19	Evie Collier
5	Manchester H&ac		56	—	7	Georgia Fazakerley	20	Katie Moss	29	Alice Jones
6	Stockport H&ac		60	—	9	Chloe Rogers	24	Esther Hulley	27	Lara Coulter
7	Macclesfield H&ac		69	—	2	Sian Heslop	31	Libby Greeney	36	Erne Noakes
8	E Cheshire H&tameside AC		70	—	8	Megan Lewis	28	Christie Allen	34	Freya Handley
9	Sale H Manchester	'C'	72	—	16	Leah Wilkinson	17	Emily-Kate Hall	39	Lillia Buller
10	Salford H&ac	'C'	73	—	22	Sophie Smith	25	Maya Croasdaile	26	Erin Grime
11	Wirral AC		84	—	3	Ellen-Mary Kearney	35	Isabel Hodder	46	Elizabeth Nuttall
12	Liverpool H & AC		104	—	23	Sofia Rowley	33	Elizabeth Pederson	48	Jessica Murphy

Manchester Area Cross Country League at Sherdley Park, St Helens on Saturday 7th November 2015

Under 15 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	106	Xavier O'Hare	Trafford AC	15:14	16	308	Paddy Cusack	Salford H&ac	16:44
2	493	Keenan Owen	E Cheshire H&tameside AC	15:18	17	362	Jonathon Head	Wirral AC	17:02
3	482	Jordan Jones	Warrington AC	15:34	18	443	Matthew Browne	Macclesfield H&ac	17:17
4	364	Arran Kearney	Wirral AC	15:48	19	327	James Dagnall	Salford Met AC	17:24
5	174	Adam Jones	St Helens Tri	15:53	20	504	Andrew Grant	Liverpool H & AC	17:28
6	496	Max Brame	Liverpool H & AC	16:00	21	146	Fabio Carosi	Stockport H&ac	17:31
7	444	Lucas Parker	Macclesfield H&ac	16:05	22	110	Cynog Williams	Trafford AC	17:47
8	247	Kian Lindsay	Sale H Manchester	16:07	23	309	Charlie Thomas	Salford H&ac	17:54
9	485	Joe Buckley	Warrington AC	16:07	24	539	Adam Curtis	Salford H&ac	18:00
10	77	Connor Fazakerley	Manchester H&ac	16:17	25	151	Joseph Philbin	Stockport H&ac	18:04
11	585	Jacob Brophy	Wirral AC	16:21	26	492	Karl Taylor	Stockport H&ac	18:10
12	109	Jack Wilkinson	Trafford AC	16:28	27	148	Drew Evans	Stockport H&ac	18:15
13	152	Flynn Walsh	Stockport H&ac	16:35	28	336	Jake Smith	E Cheshire H&tameside AC	18:17
14	242	Luke Chesters	Sale H Manchester	16:41	29	575	Charlie Fawkes	Vale Royal AC	18:18
15	245	Sam Heyworth	Sale H Manchester	16:42	30	368	Sam Tempest	Wirral AC	18:43

Under 15 - Boys — TEAM RESULTS

1	Wirral AC	32 — 4	Arran Kearney	11	Jacob Brophy	17	Jonathon Head
2	Trafford AC	35 — 1	Xavier O'Hare	12	Jack Wilkinson	22	Cynog Williams
3	Sale H Manchester	37 — 8	Kian Lindsay	14	Luke Chesters	15	Sam Heyworth
4	Stockport H&ac	59 — 13	Flynn Walsh	21	Fabio Carosi	25	Joseph Philbin
5	Salford H&ac	63 — 16	Paddy Cusack	23	Charlie Thomas	24	Adam Curtis

Under 15 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	499	Ella McNiven	Liverpool H & AC	16:23	24	334	Holly Jackson	E Cheshire H&tameside AC	19:15
2	382	Jess Cook	Liverpool H & AC	16:58	25	332	Alyssia Davey	E Cheshire H&tameside AC	19:16
3	383	Emma Gordon	Liverpool H & AC	17:01	26	236	Jemma Vickers	Sale H Manchester	19:19
4	74	Alice Stiles	Manchester H&ac	17:11	27	140	Mollie Cooke	Stockport H&ac	19:24
5	68	Grace De-Campos	Manchester H&ac	17:15	28	472	Jade Bailey	Salford Met AC	19:37
6	440	Stephanie Moss	Macclesfield H&ac	17:18	29	305	Lucy McMullen	Salford H&ac	19:47
7	388	Lucy Miller	Liverpool H & AC	17:22	30	352	Ella Head	Wirral AC	19:52
8	354	Krystina Martindale	Wirral AC	17:25	31	307	Rebecca Royle	Salford H&ac	19:53
9	353	Juliet Hodder	Wirral AC	17:37	32	227	Mia Gibbons	Sale H Manchester	19:54
10	391	Millie Raine	Liverpool H & AC	17:41	33	333	Molly Healey	E Cheshire H&tameside AC	20:06
11	457	Georgia Tansey	Ribble Valley AC	17:51	34	351	Erin Davies	Wirral AC	20:10
12	69	Emily Hughes	Manchester H&ac	18:01	35	355	Grace Rogers	Wirral AC	20:22
13	304	Catherine Hooper	Salford H&ac	18:12	36	105	Marnie Mannion	Trafford AC	20:28
14	229	Georgia Haworth	Sale H Manchester	18:12	37	389	Jade Morgan	Liverpool H & AC	20:31
15	441	Lauren Robinson	Macclesfield H&ac	18:14	38	455	Melita Griffin	Ribble Valley AC	20:54
16	234	Bethany Thornton	Sale H Manchester	18:32	39	225	Josie Canham	Sale H Manchester	21:01
17	144	Briony Ward	Stockport H&ac	18:33	40	479	Sam Kyriacou	Macclesfield H&ac	21:15
18	70	Eleanor Kenny	Manchester H&ac	18:38	41	67	Chloe Davies	Manchester H&ac	21:37
19	222	Tia-Rae Barton	Sale H Manchester	18:44	42	224	Isabel Brett	Sale H Manchester	22:41
20	335	Abby O'Neill	E Cheshire H&tameside AC	18:46	43	318	Kathryn Schofield	Warrington Tri Club	22:52
21	237	Hannah Witchalls	Sale H Manchester	18:53	44	32	Lucy Price	St Helens Sutton AC	24:12
22	235	Elizabeth Twite	Sale H Manchester	18:55	45	51	Chloe Orrick	St Helens Sutton AC	24:13
23	489	Natasha Moore	Stockport H&ac	19:06					

Under 15 - Girls — TEAM RESULTS

1	Liverpool H & AC	6 — 1	Ella McNiven	2	Jess Cook	3	Emma Gordon
2	Manchester H&ac	21 — 4	Alice Stiles	5	Grace De-Campos	12	Emily Hughes
3	Wirral AC	47 — 8	Krystina Martindale	9	Juliet Hodder	30	Ella Head
4	Sale H Manchester	49 — 14	Georgia Haworth	16	Bethany Thornton	19	Tia-Rae Barton
5	Liverpool H & AC	54 — 7	Lucy Miller	10	Millie Raine	37	Jade Morgan
6	Macclesfield H&ac	61 — 6	Stephanie Moss	15	Lauren Robinson	40	Sam Kyriacou
7	Stockport H&ac	67 — 17	Briony Ward	23	Natasha Moore	27	Mollie Cooke
8	E Cheshire H&tameside AC	69 — 20	Abby O'Neill	24	Holly Jackson	25	Alyssia Davey
9	Sale H Manchester	69 — 21	Hannah Witchalls	22	Elizabeth Twite	26	Jemma Vickers
10	Salford H&ac	73 — 13	Catherine Hooper	29	Lucy McMullen	31	Rebecca Royle
11	Sale H Manchester	113 — 32	Mia Gibbons	39	Josie Canham	42	Isabel Brett

Manchester Area Cross Country League

at Sherdley Park, St Helens on Sunday 7th November 2015

Senior Women aged 20 to 34

Pos	Num	Name	Cat/Pos	Club	Time				
1	2017	\$Lauren Howarth		Leigh Harriers & Ac	27:03	37	137 Emma Tollefson	Chorlton Runners	36:34
2	2023	\$Sarah Tunstall		Kendal Amateur Athletic Club	27:27	38	536 Helen Rennie	Bramhall Runners	36:34
3		3 Katie Brough		Vale Royal AC	27:49	39	527 Olivia McDermott	Salford Met AC	36:40
4	482	Hannah Brown		University Of Manchester	29:21	40	569 Elsa Bromhall	Wirral AC	36:50
5	568	Sally Ratcliffe		Stockport H&ac	29:45	41	114 Hannah Ahle	Chorlton Runners	37:38
6	276	Louise Walker		Sale H Manchester	29:57	42	502 Jo Winterbottom	Hyde Village Striders	38:00
7	542	Sarah Howard		Liverpool Harriers & Ac	30:01	43	138 Rosalyn Webster	Chorlton Runners	38:05
8	167	Vicki Cronin		Trafford AC	30:09	44	448 Samantha Hartley	Hyde Village Striders	38:30
9	512	Sheridan McWilliam		University Of Manchester	30:32	45	196 Imogen Nutter	Stockport H&ac	38:37
10	404	Kirsty Johnson		Glossopdale Harriers	30:40	46	243 Helen Carter	Sale H Manchester	38:46
11	65	Gemma Connolly		St Helens Sutton AC	30:49	47	278 Samantha Wheeler	Sale H Manchester	38:50
12	508	Faye Waterhouse		Stockport H&ac	30:56	48	455 Alannah Birtwistle	Macclesfield H&ac	39:02
13	548	Rachael Fairclough		St Helens Sutton AC	31:17	49	26 Sadia Haq	Chorlton Runners	39:09
14	248	Sarah Douglas		Sale H Manchester	32:10	50	285 Leanne Carey	Salford H&ac	39:19
15	557	Samantha Jones		Stockport H&ac	32:23	51	306 Joanna Borecka	Swinton RC	39:24
16	370	Bethany Hirst		E Cheshire H&tameside AC	33:06	52	545 Laura Kirkbright	Mmu H	40:13
17	341	Lucy Etchells		Manchester Frontrunners	33:09	53	255 Amelie Latham	Sale H Manchester	42:34
18	271	Jane Thomas		Sale H Manchester	33:20	54	124 Rachel Dennison	Chorlton Runners	42:40
19	468	Paula Nimmo		Macclesfield H&ac	33:22	55	560 Carla Langley	St Helens Sutton AC	43:02
20	216	Marie Leahy		St Helens Tri	33:24	56	555 Angela Potter	Salford Met AC	43:12
21	157	Emma Tolond		Manchester H&ac	33:27	57	546 Laura Rodgers	Mmu H	43:21
22	143	Naomi Wright		Chorlton Runners	33:29	58	538 Tania Wild	Dragons Rc Sale	43:32
23	189	Louise Geldart		Stockport H&ac	33:31	59	428 Helen Jaques	Manchester Triathlon	43:38
24	176	Melanie Monks		Trafford AC	33:38	60	435 Claire Nelson	Manchester Triathlon	44:41
25	504	Amy Ashton		Sale H Manchester	34:05	61	446 Jasmine Duffy	Hyde Village Striders	44:57
26	113	Elena Adorni		Chorlton Runners	34:10	62	266 Jennifer Simmons	Sale H Manchester	45:37
27	37	Ingrid Storm		Chorlton Runners	34:16	63	373 Stephanie Owen	E Cheshire H&tameside AC	46:15
28	235	Phoebe Walbank		Belle Vue Racers	34:24	64	122 Suzette Crane	Chorlton Runners	47:17
29	257	Deirdre McCarthy		Sale H Manchester	34:29	65	346 Claire Naylor	Manchester Frontrunners	47:34
30	133	Sarah Renshaw		Chorlton Runners	34:54	66	539 Roberta Zdanaviciute	Dragons Rc Sale	47:34
31	136	Charlotte Tollefson		Chorlton Runners	35:04	67	121 Hannah Coates	Chorlton Runners	49:02
32	234	Vicky Smith		Belle Vue Racers	35:05	68	34 Helen Rees	Chorlton Runners	51:20
33	469	Daisy Pickles		Macclesfield H&ac	35:25	69	553 Fignola Alexandre	University Of Manchester	54:01
34	2021	\$Rowen Ratcliffe		Saddleworth Runners Club	35:59	70	354 Jennifer Delaney	Manchester Ymca H	1:00:33
35	33	Lorraine Pang		Chorlton Runners	36:17	71	21 Catherine Cutts	Chorlton Runners	1:04:39
36	571	Amie Hughes		Stockport H&ac	36:19				

Senior Women (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time				
1	2018	\$Helen Whitby	L35 1	Northern Veterans Ac	31:37	15	319 Helen Nation	L35 15 Swinton RC	38:12
2	277	Kathy Wellam	L35 2	Sale H Manchester	32:16	16	39 Alison Wainwright	L35 16 Chorlton Runners	38:20
3	452	Vicky Wright	L35 3	Hyde Village Striders	32:54	17	312 Julie Hamilton	L35 17 Swinton RC	38:52
4	386	Lora Blann	L35 4	Altrincham&district AC	33:21	18	414 Sophie Barnett	L35 18 Manchester Triathlon	39:12
5	399	Zoe Barton	L35 5	Glossopdale Harriers	34:13	19	432 Jill Lawson	L35 19 Manchester Triathlon	39:35
6	245	Jenny Clink	L35 6	Sale H Manchester	34:45	20	254 Catherine Jones	L35 20 Sale H Manchester	40:05
7	342	Jane Fletcher	L35 7	Manchester Frontrunners	34:50	21	507 Dawn Brindle	L35 21 Salford Met AC	40:12
8	416	Rebecca Brand	L35 8	Manchester Triathlon	35:22	22	562 Ruth Lindsey	L35 22 Sale H Manchester	40:44
9	325	Erica Booth	L35 9	Horwich Rmi	35:22	23	109 Isabell Richter	L35 23 Middleton H AC	42:30
10	81	Nicola Lloyd	L35 10	Bramhall Runners	35:49	24	377 Kelly Smith	L35 24 E Cheshire H&tameside AC	44:09
11	274	Janneke VanBeijnum	L35 11	Sale H Manchester	36:06	25	415 Joanne Battersby	L35 25 Manchester Triathlon	47:15
12	417	Sally Cooper	L35 12	Manchester Triathlon	36:44	26	105 Beverley O'Neill	L35 26 Middleton H AC	47:18
13	358	Emma Rettig	L35 13	Manchester Ymca H	37:04	27	103 Anne Lowe	L35 27 Middleton H AC	49:04
14	141	Melanie Williamson	L35 14	Chorlton Runners	37:37	28	222 Ruth Amin	L35 28 Belle Vue Racers	51:23
						29	38 Jennifer Turner	L35 29 Chorlton Runners	1:02:17

Senior Women (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time				
1	385	Sarah Kearney	L40 1	Wirral AC	31:21	20	313 Julie Holden	L40 20 Swinton RC	38:13
2	236	Helen Armitage	L40 2	Sale H Manchester	31:45	21	495 Catrin Cameron	L40 21 Bramhall Runners	38:26
3	47	Katy Green	L40 3	Wilmslow RC	33:11	22	193 Jen Hulley	L40 22 Stockport H&ac	38:37
4	217	Claire Murphy	L40 4	St Helens Tri	34:04	23	531 Sally Meats	L40 23 Stockport H&ac	39:06
5	263	Joanna Robbins	L40 5	Sale H Manchester	34:19	24	250 Sinead Ferguson	L40 24 Sale H Manchester	39:10
6	442	Jude Wall	L40 6	Manchester Triathlon	34:22	25	537 Adele Siddall	L40 25 Dragons Rc Sale	39:13
7	256	Clare McCarron	L40 7	Sale H Manchester	34:26	26	66 Louise Hogg	L40 26 St Helens Sutton AC	39:29
8	161	Madeleine Hill	L40 8	Dragons Rc Sale	34:36	27	24 Emma Flint	L40 27 Chorlton Runners	40:34
9	525	Anne Rosbottom	L40 9	Wirral AC	34:39	28	549 Jennifer Miller	L40 28 St Helens Tri	42:11
10	316	Lauren Marsden	L40 10	Swinton RC	34:46	29	412 Gillian Aspin	L40 29 Manchester Triathlon	42:13
11	203	Samantha Thomas	L40 11	Stockport H&ac	34:49	30	556 Gill Russell	L40 30 Salford Met AC	42:15
12	83	Jennie Pickard	L40 12	Bramhall Runners	35:06	31	497 Julie Wacker	L40 31 Bramhall Runners	42:29
13	86	Emma Young	L40 13	Bramhall Runners	36:01	32	374 \$Nicola Richards	L40 32 E Cheshire H&tameside AC	42:31
14	160	Joanne Healy	L40 14	Dragons Rc Sale	36:32	33	411 Marie Williamson	L40 33 Glossopdale Harriers	42:53
15	408	Cheryl Stitt	L40 15	Glossopdale Harriers	36:51	34	224 Lisa Donnelly	L40 34 Belle Vue Racers	43:45
16	371	Melanie Kay	L40 16	E Cheshire H&tameside AC	37:12	35	310 Anna Goodwin	L40 35 Swinton RC	44:56
17	563	Ruth Murdoch	L40 17	Stockport H&ac	37:29	36	134 Helen Sanderson	L40 36 Chorlton Runners	46:32
18	351	Emma Bedford	L40 18	Manchester Ymca H	37:44	37	117 Jodie Bennett	L40 37 Chorlton Runners	55:44
19	89	Emma Ball	L40 19	Middleton H AC	37:56				

Senior Women (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	11	Helen Smith	L45	1 Vale Royal AC	32:50	14	226	Julia Foy	L45	14 Belle Vue Racers	42:23
2	170	Alison Drasdo	L45	2 Trafford AC	33:13	15	501	Sharon Duffy	L45	15 Hyde Village Striders	42:38
3	175	Joanne Lott	L45	3 Trafford AC	33:18	16	396	Jane Nicholson	L45	16 Altrincham&district AC	42:55
4	179	Anna Verges-Bausili	L45	4 Trafford AC	36:09	17	530	C ColquhounLynn	L45	17 Sale H Manchester	43:55
5	363	Theresa Shaw	L45	5 Salford Met AC	36:23	18	444	Michelle Wilder	L45	18 Manchester Triathlon	44:12
6	156	Orla Smyth	L45	6 Manchester H&ac	37:20	19	104	Catherine Murphy	L45	19 Middleton H AC	44:16
7	413	Cathy Atkinson	L45	7 Manchester Triathlon	37:35	20	212	Helen Broderick	L45	20 St Helens Tri	44:53
8	400	Joanne Brack	L45	8 Glossopdale Harriers	38:04	21	304	Clare Batten	L45	21 Swinton RC	45:01
9	426	Sonia Harris	L45	9 Manchester Triathlon	38:54	22	303	Susan Mee	L45	22 Winston Runners	45:46
10	368	Andrea Edwards	L45	10 E Cheshire H&tameside AC	39:51	23	78	Justine Jackson	L45	23 Bramhall Runners	47:34
11	355	Steph Goodchild	L45	11 Manchester Ymca H	40:15	24	496	Erika Frame	L45	24 Bramhall Runners	47:43
12	564	Jane Stiles	L45	12 Manchester H&ac	40:55	25	551	Diane Taktak	L45	25 St Helens Tri	47:49
13	241	Marinda Breddy	L45	13 Sale H Manchester	42:03	26	80	Melanie Li	L45	26 Bramhall Runners	54:20

Senior Women (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	391	Bev Ganose	L50	1 Altrincham&district AC	34:58	11	437	Gail O'Hare	L50	11 Manchester Triathlon	40:14
2	375	Janine Ridgard	L50	2 E Cheshire H&tameside AC	35:30	12	424	Bethan Habron-James	L50	12 Manchester Triathlon	42:32
3	392	Carole Harrison	L50	3 Altrincham&district AC	35:47	13	146	Debbie Beresford	L50	13 Manchester H&ac	44:07
4	499	Jane Mellor	L50	4 Glossopdale Harriers	36:03	14	550	Shirley Fox	L50	14 St Helens Tri	44:08
5	398	Alison Vesey	L50	5 Altrincham&district AC	36:04	15	397	Jo Owen	L50	15 Altrincham&district AC	44:30
6	381	Caroline Brophy	L50	6 Wirral AC	36:55	16	570	Seymourfiona	L50	16 Belle Vue Racers	46:03
7	472	Hanny Stockman	L50	7 Macclesfield H&ac	37:15	17	540	Anna Keightley	L50	17 Horwich Rmi	46:16
8	62	Kate Sutton	L50	8 Wilmslow RC	37:49	18	142	Stephanie Wise	L50	18 Chorlton Runners	54:43
9	406	Lindsay Palmer	L50	9 Glossopdale Harriers	39:08						
10	349	Linda Rix	L50	10 Manchester Frontrunners	39:58						

Senior Women (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	523	Lucy Hickey	L55	1 Manchester H&ac	41:08
2	207	Hilary West	L55	2 Stockport H&ac	41:19
3	100	Julie Jones	L55	3 Middleton H AC	44:05
4	92	Christine Comerford	L55	4 Middleton H AC	44:43
5	535	Maggie Jones	L55	5 Altrincham&district AC	46:24

Senior Women (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	394	Ann-Marie Jones	L60	1 Altrincham&district AC	33:52
2	372	Angela Oldham	L60	2 E Cheshire H&tameside AC	35:32
3	561	Joan Howe	L60	3 Trafford AC	38:56
4	171	Sue Exon	L60	4 Trafford AC	40:19
5	379	Gillian Wolstenholme	L60	5 E Cheshire H&tameside AC	41:17
6	13	Carole Williams	L60	6 Vale Royal AC	46:02
7	95	Ruth Hare	L60	7 Middleton H AC	48:17
8	106	Jenny Poole	L60	8 Middleton H AC	50:04

Senior Women (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	273	Margaret Trickey	L65	1 Sale H Manchester	42:39
2	93	Christine Eckersley	L65	2 Middleton H AC	46:04

Senior Women (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	221	Liz Spensley	L70	1 St Helens Tri	52:26

Manchester Area Cross Country League

at Sherdley Park, St Helens on Sunday 7th November 2015

Senior Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time
1	2017	\$Lauren Howarth		Leigh Harriers & Ac	27:03
2	2023	\$Sarah Tunstall		Kendal Amateur Athletic Club	27:27
3		3 Katie Brough		Vale Royal AC	27:49
4	209	Mollie Williams	U20	1 Stockport H&ac	28:54
5	513	C Sanchez-Toribio	U20	2 University Of Manchester	29:01
6	482	Hannah Brown		University Of Manchester	29:21
7	511	Anne Kenchington	U20	3 University Of Manchester	29:27
8	568	Sally Ratcliffe		Stockport H&ac	29:45
9	276	Louise Walker		Sale H Manchester	29:57
10	542	Sarah Howard		Liverpool Harriers & Ac	30:01
11	167	Vicki Cronin		Trafford AC	30:09
12	201	Ruth Sinclair	U20	4 Stockport H&ac	30:22
13	512	Sheridan McWilliam		University Of Manchester	30:32
14	404	Kirsty Johnson		Glossopdale Harriers	30:40
15	65	Gemma Connolly		St Helens Sutton AC	30:49
16	508	Faye Waterhouse		Stockport H&ac	30:56
17	548	Rachael Fairclough		St Helens Sutton AC	31:17
18	385	Sarah Kearney	L40	1 Wirral AC	31:21
19	490	Anna Mackenzie	U20	5 University Of Manchester	31:36
20	2018	\$Helen Whitby	L35	1 Northern Veterans Ac	31:37
21	236	Helen Armitage	L40	2 Sale H Manchester	31:45
22	565	Rachel Hibberd	U20	6 Sale H Manchester	32:07
23	248	Sarah Douglas		Sale H Manchester	32:10
24	277	Kathy Wellam	L35	2 Sale H Manchester	32:16
25	557	Samantha Jones		Stockport H&ac	32:23
26	11	Helen Smith	L45	1 Vale Royal AC	32:50
27	452	Vicky Wright	L35	3 Hyde Village Striders	32:54
28	370	Bethany Hirst		E Cheshire H&tameside AC	33:06
29	341	Lucy Etchells		Manchester Frontrunners	33:09
30	47	Katy Green	L40	3 Wilmslow RC	33:11
31	170	Alison Drasdo	L45	2 Trafford AC	33:13
32	175	Joanne Lott	L45	3 Trafford AC	33:18
33	271	Jane Thomas		Sale H Manchester	33:20
34	386	Lora Blann	L35	4 Altrincham&district AC	33:21
35	468	Paula Nimmo		Macclesfield H&ac	33:22
36	216	Marie Leahy		St Helens Tri	33:24
37	157	Emma Tolond		Manchester H&ac	33:27
38	143	Naomi Wright		Chorlton Runners	33:29
39	189	Louise Geldart		Stockport H&ac	33:31
40	176	Melanie Monks		Trafford AC	33:38
41	394	Ann-Marie Jones	L60	1 Altrincham&district AC	33:52
42	217	Claire Murphy	L40	4 St Helens Tri	34:04
43	504	Amy Ashton		Sale H Manchester	34:05
44	113	Elena Adorni		Chorlton Runners	34:10
45	399	Zoe Barton	L35	5 Glossopdale Harriers	34:13
46	37	Ingrid Storm		Chorlton Runners	34:16
47	263	Joanna Robbins	L40	5 Sale H Manchester	34:19
48	68	Rachel McGoldrick	U20	7 St Helens Sutton AC	34:19
49	442	Jude Wall	L40	6 Manchester Triathlon	34:22
50	235	Phoebe Walbank		Belle Vue Racers	34:24
51	256	Clare McCarron	L40	7 Sale H Manchester	34:26
52	257	Deirdre McCarthy		Sale H Manchester	34:29
53	161	Madeleine Hill	L40	8 Dragons Rc Sale	34:36
54	525	Anne Rosbottom	L40	9 Wirral AC	34:39
55	245	Jenny Clink	L35	6 Sale H Manchester	34:45
56	316	Lauren Marsden	L40	10 Swinton RC	34:46
57	203	Samantha Thomas	L40	11 Stockport H&ac	34:49
58	342	Jane Fletcher	L35	7 Manchester Frontrunners	34:50
59	133	Sarah Renshaw		Chorlton Runners	34:54
60	391	Bev Ganose	L50	1 Altrincham&district AC	34:58
61	136	Charlotte Tollefson		Chorlton Runners	35:04
62	234	Vicky Smith		Belle Vue Racers	35:05
63	83	Jennie Pickard	L40	12 Bramhall Runners	35:06
64	70	Shannon Partington	U20	8 St Helens Sutton AC	35:18
65	416	Rebecca Brand	L35	8 Manchester Triathlon	35:22
66	325	Erica Booth	L35	9 Horwich Rmi	35:22
67	469	Daisy Pickles		Macclesfield H&ac	35:25
68	375	Janine Ridgard	L50	2 E Cheshire H&tameside AC	35:30
69	372	Angela Oldham	L60	2 E Cheshire H&tameside AC	35:32
70	392	Carole Harrison	L50	3 Altrincham&district AC	35:47
71	81	Nicola Lloyd	L35	10 Bramhall Runners	35:49
72	2021	\$Rowen Ratcliffe		Saddleworth Runners Club	35:59
73	86	Emma Young	L40	13 Bramhall Runners	36:01
74	499	Jane Mellor	L50	4 Glossopdale Harriers	36:03
75	398	Alison Vesey	L50	5 Altrincham&district AC	36:04
76	274	Janneke VanBeijnum	L35	11 Sale H Manchester	36:06
77	179	Anna Verges-Bausili	L45	4 Trafford AC	36:09
78	33	Lorraine Pang		Chorlton Runners	36:17
79	571	Amie Hughes		Stockport H&ac	36:19
80	363	Theresa Shaw	L45	5 Salford Met AC	36:23
81	160	Joanne Healy	L40	14 Dragons Rc Sale	36:32
82	137	Emma Tollefson		Chorlton Runners	36:34
83	536	Helen Rennie		Bramhall Runners	36:34
84	527	Olivia McDermott		Salford Met AC	36:40
85	417	Sally Cooper	L35	12 Manchester Triathlon	36:44
86	569	Elsa Bromhall		Wirral AC	36:50
87	408	Cheryl Stitt	L40	15 Glossopdale Harriers	36:51
88	381	Caroline Brophy	L50	6 Wirral AC	36:55
89	358	Emma Rettig	L35	13 Manchester Ymca H	37:04
90	371	Melanie Kay	L40	16 E Cheshire H&tameside AC	37:12
91	472	Hanny Stockman	L50	7 Macclesfield H&ac	37:15
92	156	Orla Smyth	L45	6 Manchester H&ac	37:20
93	563	Ruth Murdoch	L40	17 Stockport H&ac	37:29
94	413	Cathy Atkinson	L45	7 Manchester Triathlon	37:35
95	141	Melanie Williamson	L35	14 Chorlton Runners	37:37
96	114	Hannah Ahle		Chorlton Runners	37:38
97	351	Emma Bedford	L40	18 Manchester Ymca H	37:44
98	62	Kate Sutton	L50	8 Wilmslow RC	37:49
99	89	Emma Ball	L40	19 Middleton H AC	37:56
100	502	Jo Winterbottom		Hyde Village Striders	38:00
101	400	Joanne Brack	L45	8 Glossopdale Harriers	38:04
102	138	Rosalyn Webster		Chorlton Runners	38:05
103	319	Helen Nation	L35	15 Swinton RC	38:12
104	313	Julie Holden	L40	20 Swinton RC	38:13
105	39	Alison Wainwright	L35	16 Chorlton Runners	38:20
106	495	Catrin Cameron	L40	21 Bramhall Runners	38:26
107	448	Samantha Hartley		Hyde Village Striders	38:30
108	196	Imogen Nutter		Stockport H&ac	38:37
109	193	Jen Hulley	L40	22 Stockport H&ac	38:37
110	243	Helen Carter		Sale H Manchester	38:46
111	278	Samantha Wheeler		Sale H Manchester	38:50
112	312	Julie Hamilton	L35	17 Swinton RC	38:52
113	426	Sonia Harris	L45	9 Manchester Triathlon	38:54
114	561	Joan Howe	L60	3 Trafford AC	38:56
115	455	Alannah Birtwistle		Macclesfield H&ac	39:02
116	531	Sally Meats	L40	23 Stockport H&ac	39:06
117	406	Lindsay Palmer	L50	9 Glossopdale Harriers	39:08
118	26	Sadia Haq		Chorlton Runners	39:09
119	250	Sinead Ferguson	L40	24 Sale H Manchester	39:10
120	414	Sophie Barnett	L35	18 Manchester Triathlon	39:12
121	537	Adele Siddall	L40	25 Dragons Rc Sale	39:13
122	285	Leanne Carey		Salford H&ac	39:19
123	306	Joanna Borecka		Swinton RC	39:24
124	66	Louise Hogg	L40	26 St Helens Sutton AC	39:29
125	432	Jill Lawson	L35	19 Manchester Triathlon	39:35
126	368	Andrea Edwards	L45	10 E Cheshire H&tameside AC	39:51
127	349	Linda Rix	L50	10 Manchester Frontrunners	39:58
128	254	Catherine Jones	L35	20 Sale H Manchester	40:05
129	507	Dawn Brindle	L35	21 Salford Met AC	40:12
130	545	Laura Kirkbright		Mmu H	40:13
131	437	Gail O'Hare	L50	11 Manchester Triathlon	40:14
132	355	Steph Goodchild	L45	11 Manchester Ymca H	40:15
133	171	Sue Exon	L60	4 Trafford AC	40:19
134	24	Emma Flint	L40	27 Chorlton Runners	40:34
135	562	Ruth Lindsey	L35	22 Sale H Manchester	40:44
136	564	Jane Stiles	L45	12 Manchester H&ac	40:55
137	523	Lucy Hickey	L55	1 Manchester H&ac	41:08
138	379	Gillian Wolstenholme	L60	5 E Cheshire H&tameside AC	41:17
139	207	Hilary West	L55	2 Stockport H&ac	41:19
140	241	Marinda Breddy	L45	13 Sale H Manchester	42:03
141	549	Jennifer Miller	L40	28 St Helens Tri	42:11
142	412	Gillian Aspin	L40	29 Manchester Triathlon	42:13
143	554	Emily Shinagawa	U20	9 University Of Manchester	42:14
144	556	Gill Russell	L40	30 Salford Met AC	42:15
145	226	Julia Foy	L45	14 Belle Vue Racers	42:23
146	497	Julie Wacker	L40	31 Bramhall Runners	42:29
147	109	Isabell Richter	L35	23 Middleton H AC	42:30
148	374	Nicola Richards	L40	32 E Cheshire H&tameside AC	42:31
149	424	Bethan Habron-James	L50	12 Manchester Triathlon	42:32
150	255	Amelie Latham		Sale H Manchester	42:34
151	501	Sharon Duffy	L45	15 Hyde Village Striders	42:38
152	273	Margaret Trickey	L65	1 Sale H Manchester	42:39
153	124	Rachel Dennison		Chorlton Runners	42:40
154	411	Marie Williamson	L40	33 Glossopdale Harriers	42:53
155	396	Jane Nicholson	L45	16 Altrincham&district AC	42:55
156	560	Carla Langley		St Helens Sutton AC	43:02
157	555	Angela Potter		Salford Met AC	43:12
158	546	Laura Rodgers		Mmu H	43:21
159	538	Tania Wild		Dragons Rc Sale	43:32
160	428	Helen Jaques		Manchester Triathlon	43:38
161	224	Lisa Donnelly	L40	34 Belle Vue Racers	43:45
162	530	C ColquhounLynn	L45	17 Sale H Manchester	43:55
163	100	Julie Jones	L55	3 Middleton H AC	44:05
164	146	Debbie Beresford	L50	13 Manchester H&ac	44:07
165	550	Shirley Fox	L50	14 St Helens Tri	44:08
166	377	Kelly Smith	L35	24 E Cheshire H&tameside AC	44:09
167	444	Michelle Wilder	L45	18 Manchester Triathlon	44:12
168	104	Catherine Murphy	L45	19 Middleton H AC	44:16

169	397 Jo Owen	L50	15	Altrincham&district AC	44:30	188	346 Claire Naylor	Manchester Frontrunners	47:34
170	435 Claire Nelson			Manchester Triathlon	44:41	189	539 Roberta Zdanaviciute	Dragons Rc Sale	47:34
171	92 Christine Comerford	L55	4	Middleton H AC	44:43	190	78 Justine Jackson	L45 23 Bramhall Runners	47:34
172	212 Helen Broderick	L45	20	St Helens Tri	44:53	191	496 Erika Frame	L45 24 Bramhall Runners	47:43
173	310 Anna Goodwin	L40	35	Swinton RC	44:56	192	551 Diane Taktak	L45 25 St Helens Tri	47:49
174	446 Jasmine Duffy			Hyde Village Striders	44:57	193	95 Ruth Hare	L60 7 Middleton H AC	48:17
175	304 Clare Batten	L45	21	Swinton RC	45:01	194	121 Hannah Coates	Chorlton Runners	49:02
176	266 Jennifer Simmons			Sale H Manchester	45:37	195	103 Anne Lowe	L35 27 Middleton H AC	49:04
177	303 Susan Mee	L45	22	Winston Runners	45:46	196	106 Jenny Poole	L60 8 Middleton H AC	50:04
178	13 Carole Williams	L60	6	Vale Royal AC	46:02	197	34 Helen Rees	Chorlton Runners	51:20
179	570 Seymourfiona	L50	16	Belle Vue Racers	46:03	198	222 Ruth Amin	L35 28 Belle Vue Racers	51:23
180	93 Christine Eckersley	L65	2	Middleton H AC	46:04	199	221 Liz Spensley	L70 1 St Helens Tri	52:26
181	373 Stephanie Owen			E Cheshire H&tameside AC	46:15	200	553 Fignola Alexandre	University Of Manchester	54:01
182	540 Anna Keightley	L50	17	Horwich Rmi	46:16	201	80 Melanie Li	L45 26 Bramhall Runners	54:20
183	535 Maggie Jones	L55	5	Altrincham&district AC	46:24	202	142 Stephanie Wise	L50 18 Chorlton Runners	54:43
184	134 Helen Sanderson	L40	36	Chorlton Runners	46:32	203	117 Jodie Bennett	L40 37 Chorlton Runners	55:44
185	415 Joanne Battersby	L35	25	Manchester Triathlon	47:15	204	354 Jennifer Delaney	Manchester Ymca H	1:00:33
186	122 Suzette Crane			Chorlton Runners	47:17	205	38 Jennifer Turner	L35 29 Chorlton Runners	1:02:17
187	105 Beverley O'Neill	L35	26	Middleton H AC	47:18	206	21 Catherine Cutts	Chorlton Runners	1:04:39

Senior Women — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	University Of Manchester	23	—	3 C Sanchez-Toribio	4	Hannah Brown	5	Anne Kenchington	11	SheridanMcWilliam
2	Stockport H&ac	32	—	2 MollieWilliams	6	Sally Ratcliffe	10	Ruth Sinclair	14	Faye Waterhouse
3	Sale H Manchester	64	—	7 Louise Walker	18	Helen Armitage	19	Rachel Hibberd	20	Sarah Douglas
4	Trafford AC	103	—	9 Vicki Cronin	28	Alison Drasdo	29	Joanne Lott	37	MelanieMonks
5	St Helens Sutton AC	134	—	13 GemmaConnolly	15	Rachael Fairclough	45	Rachel McGoldrick	61	Shannon Partington
6	Sale H Manchester 'B'	135	—	21 Kathy Wellam	30	Jane Thomas	40	Amy Ashton	44	Joanna Robbins
7	Chorlton Runners	175	—	35 Naomi Wright	41	Elena Adorni	43	Ingrid Storm	56	Sarah Renshaw
8	Stockport H&ac 'B'	187	—	22 Samantha Jones	36	Louise Geldart	54	Samantha Thomas	75	Amie Hughes
9	Altrincham&district AC	193	—	31 Lora Blann	38	Ann-Marie Jones	57	Bev Ganose	67	Carole Harrison
10	Glossopdale Harriers	207	—	12 Kirsty Johnson	42	Zoe Barton	70	JaneMellor	83	Cheryl Stitt
11	Sale H Manchester 'C'	221	—	48 Clare McCarron	49	Deirdre McCarthy	52	JennyClink	72	JannekeVanBeijnum
12	Wirral AC	233	—	16 Sarah Kearney	51	Anne Rosbottom	82	ElsaBromhall	84	Caroline Brophy
13	E Cheshire H&tameside AC	242	—	25 Bethany Hirst	65	Janine Ridgard	66	Angela Oldham	86	Melanie Kay
14	Bramhall Runners	276	—	60 Jennie Pickard	68	Nicola Lloyd	69	Emma Young	79	Helen Rennie
15	Manchester Triathlon	279	—	46 Jude Wall	62	Rebecca Brand	81	Sally Cooper	81	Cathy Atkinson
16	Macclesfield H&ac	294	—	32 Paula Nimmo	64	Daisy Pickles	87	Hanny Stockman	111	Alannah Birtwistle
17	Chorlton Runners 'B'	301	—	58 Charlotte Tollefson	74	Lorraine Pang	78	Emma Tollefson	91	MelanieWilliamson
18	Swinton RC	360	—	53 Lauren Marsden	99	Helen Nation	100	Julie Holden	108	JulieHamilton
19	Hyde Village Striders	369	—	24 Vicky Wright	96	Jo Winterbottom	103	Samantha Hartley	146	Sharon Duffy
20	St Helens Tri	369	—	33 Marie Leahy	39	Claire Murphy	137	Jennifer Miller	160	Shirley Fox
21	Manchester H&ac	387	—	34 Emma Tolond	88	Orla Smyth	132	Jane Stiles	133	Lucy Hickey
22	Manchester Frontrunners	387	—	26 Lucy Etchells	55	Jane Fletcher	123	Linda Rix	183	Claire Naylor
23	Dragons Rc Sale	398	—	50 Madeleine Hill	77	Joanne Healy	117	Adele Siddall	154	Tania Wild
24	Belle Vue Racers	403	—	47 Phoebe Walbank	59	Vicky Smith	141	Julia Foy	156	Lisa Donnelly
25	Chorlton Runners 'C'	405	—	92 Hannah Ahle	98	Rosalyn Webster	101	Alison Wainwright	114	Sadia Haq
26	Stockport H&ac 'C'	410	—	89 Ruth Murdoch	104	Imogen Nutter	105	Jen Hulley	112	Sally Meats
27	Salford Met AC	421	—	76 Theresa Shaw	80	OliviaMcDermott	125	Dawn Brindle	140	Gill Russell
28	Sale H Manchester 'D'	452	—	106 Helen Carter	107	Samantha Wheeler	115	Sinead Ferguson	124	Catherine Jones
29	Manchester Triathlon 'B'	473	—	109 Sonia Harris	116	Sophie Barnett	121	Jill Lawson	127	Gail O'Hare
30	Manchester Ymca H	505	—	85 Emma Rettig	93	Emma Bedford	128	Steph Goodchild	199	Jennifer Delaney
31	Sale H Manchester 'E'	559	—	131 Ruth Lindsey	136	Marinda Breddy	145	Amelie Latham	147	Margaret Trickey
32	Middleton H AC	559	—	95 Emma Ball	143	Isabell Richter	158	Julie Jones	163	Catherine Murphy
33	Altrincham&district AC 'B'	563	—	71 Alison Vesey	150	Jane Nicholson	164	Jo Owen	178	Maggie Jones
34	E Cheshire H&tameside AC 'B'	593	—	122 Andrea Edwards	134	Gillian Wolstenholme	161	Kelly Smith	176	Stephanie Owen
35	Manchester Triathlon 'C'	599	—	138 Gillian Aspin	144	Bethan Habron-James	155	Helen Jaques	162	Michelle Wilder
36	Bramhall Runners 'B'	615	—	102 Catrin Cameron	142	Julie Wacker	185	Justine Jackson	186	Erika Frame
37	Chorlton Runners 'D'	638	—	130 Emma Flint	148	Rachel Dennison	179	Helen Sanderson	181	Suzette Crane
38	Middleton H AC 'B'	711	—	166 Christine Comerford	175	Christine Eckersley	182	Beverley O'Neill	188	Ruth Hare
39	Chorlton Runners 'E'	776	—	189 Hannah Coates	192	Helen Rees	197	Stephanie Wise	198	Jodie Bennett

Senior Women (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sale H Manchester	18 —	2 Helen Armitage	3 Kathy Wellam	13 Joanna Robbins
2 Altrincham&district AC	41 —	9 Lora Blann	10 Ann-Marie Jones	22 Bev Ganose
3 Trafford AC	49 —	7 Alison Drasdo	8 Joanne Lott	34 Anna Verges-Bausili
4 Wirral AC	57 —	1 Sarah Kearney	17 Anne Rosbottom	39 Caroline Brophy
5 Sale H Manchester 'B'	66 —	15 Clare McCarron	18 Jenny Clink	33 Janneke VanBeijnum
6 Manchester Triathlon	75 —	14 Jude Wall	24 Rebecca Brand	37 Sally Cooper
7 Glossopdale Harriers	81 —	12 Zoe Barton	31 Jane Mellor	38 Cheryl Stitt
8 Bramhall Runners	82 —	23 Jennie Pickard	29 Nicola Lloyd	30 Emma Young
9 E Cheshire H&tameside AC	94 —	26 Janine Ridgard	27 Angela Oldham	41 Melanie Kay
10 Dragons Rc Sale	115 —	16 Madeleine Hill	36 Joanne Healy	63 Adele Siddall
11 Stockport H&ac	119 —	20 Samantha Thomas	44 Ruth Murdoch	55 Jen Hulley
12 Swinton RC	122 —	19 Lauren Marsden	51 Helen Nation	52 Julie Holden
13 Altrincham&district AC 'B'	150 —	28 Carole Harrison	32 Alison Vesey	90 Jane Nicholson
14 Manchester Ymca H	158 —	40 Emma Rettig	47 Emma Bedford	71 Steph Goodchild
15 Manchester Triathlon 'B'	164 —	45 Cathy Atkinson	57 Sonia Harris	62 Sophie Barnett
16 Chorlton Runners	172 —	46 Melanie Williamson	53 Alison Wainwright	73 Emma Flint
17 Salford Met AC	186 —	35 Theresa Shaw	69 Dawn Brindle	82 Gill Russell
18 St Helens Tri	186 —	11 Claire Murphy	80 Jennifer Miller	95 Shirley Fox
19 Manchester H&ac	194 —	43 Orla Smyth	75 Jane Stiles	76 Lucy Hickey
20 Glossopdale Harriers 'B'	199 —	50 Joanne Brack	60 Lindsay Palmer	89 Marie Williamson
21 Sale H Manchester 'C'	203 —	61 Sinead Ferguson	68 Catherine Jones	74 Ruth Lindsey
22 Manchester Triathlon 'C'	216 —	65 Jill Lawson	70 Gail O'Hare	81 Gillian Aspin
23 Middleton H AC	227 —	49 Emma Ball	85 Isabell Richter	93 Julie Jones
24 E Cheshire H&tameside AC 'B'	239 —	66 Andrea Edwards	77 Gillian Wolstenholme	96 Kelly Smith
25 Bramhall Runners 'B'	251 —	54 Catrin Cameron	84 Julie Wacker	113 Justine Jackson
26 Sale H Manchester 'D'	259 —	79 Marinda Breddy	88 Margaret Trickey	92 C ColquhounLynn
27 Swinton RC 'B'	261 —	56 Julie Hamilton	102 Anna Goodwin	103 Clare Batten
28 Belle Vue Racers	280 —	83 Julia Foy	91 Lisa Donnelly	106 Seymourfiona
29 Manchester Triathlon 'D'	294 —	86 Bethan Habron-James	97 Michelle Wilder	111 Joanne Battersby
30 Middleton H AC 'B'	305 —	98 Catherine Murphy	100 Christine Comerford	107 Christine Eckersley
31 St Helens Tri 'B'	336 —	101 Helen Broderick	115 Diane Taktak	120 Liz Spensley
32 Middleton H AC 'C'	345 —	112 Beverley O'Neill	116 Ruth Hare	117 Anne Lowe
33 Chorlton Runners 'B'	355 —	110 Helen Sanderson	122 Stephanie Wise	123 Jodie Bennett

Manchester Area Cross Country League

at Sherdley Park, St Helens on Sunday 7th November 2015

Senior Men aged 20 to 39

Pos	Num	Name	Cat/Pos	Club	Time				
1	850	Jack Martin		Stockport H&ac	30:36	76	4 Tom Armstrong	Vale Royal AC	39:37
2	280	Jack Morris		Stockport H&ac	31:08	77	164 James Ashford	Chorlton Runners	39:39
3	658	David Norman		Altrincham&district AC	31:36	78	729 Murray Taylor	Manchester Triathlon	39:49
4	511	Chris Farrell		Horwich Rmi	31:38	79	565 Jono Guildford	Manchester Frontrunners	39:59
5	871	Tim Ellis		Horwich Rmi	32:00	80	724 Jon Reilly	Manchester Triathlon	40:01
6	282	Andy Nixon		Stockport H&ac	32:08	81	596 Chris March	Manchester Ymca H	40:07
7	2019	\$Tom Bains		Hallamshire Harriers	32:27	82	56 Neal Wainwright	Chorlton Runners	40:10
8	786	Joe Vis		University Of Manchester	32:32	83	676 Jamie Helmer	Glossopdale Harriers	40:12
9	715	Alex Lawton		Manchester Triathlon	32:49	84	416 Chris Dawson	Salford H&ac	40:15
10	247	Gavin Tomlinson		Trafford AC	32:53	85	703 Alastair Fisher	Manchester Triathlon	40:18
11	386	Callum Rowlinson		Sale H Manchester	33:13	86	892 Zachary Chappell	University Of Manchester	40:23
12	439	Matthew Shaw		Salford H&ac	33:22	87	319 Daniel Anderson	Belle Vue Racers	40:28
13	238	Simon O'Meara		Trafford AC	33:26	88	604 Paul Connolly	Salford Met AC	40:29
14	427	Bruno Lima		Salford H&ac	33:41	89	342 Paul Barrett	Sale H Manchester	40:37
15	366	Daniel Kashi		Sale H Manchester	33:43	90	791 Paul Johnston	Altrincham&district AC	40:47
16	790	James Savage		Chorlton Runners	33:44	91	314 Patrick Neill	St Helens Tri	40:48
17	292	J Scott-Buckleuch		Stockport H&ac	33:50	92	548 Thomas Blackburn	Manchester Frontrunners	40:49
18	844	James Wignall		Sale H Manchester	33:54	93	251 Gareth Woodcock	Trafford AC	40:52
19	518	Nick Leigh		Horwich Rmi	33:57	94	748 Carl Hanaghan	Macclesfield H&ac	41:09
20	784	Adam Sciacca		University Of Manchester	33:58	95	549 Joe Carne	Manchester Frontrunners	41:16
21	695	Robert Bridges		Manchester Triathlon	34:00	96	365 Damian Jones	Sale H Manchester	41:17
22	209	Mark Offord		Dragons Rc Sale	34:08	97	605 Ben Farrelly	Salford Met AC	41:19
23	847	Alan White		Sale H Manchester	34:11	98	532 John Goggins	Knutsford Tri Club	41:20
24	884	Liam Renton		Sale H Manchester	34:17	99	50 Mark Norman	Chorlton Runners	41:25
25	806	Callum Greenwood		Sale H Manchester	34:31	100	670 David Boundy	Glossopdale Harriers	41:33
26	507	Mike Cayton		Horwich Rmi	35:10	101	82 Allan McCormick	Wilmslow RC	41:39
27	441	Adam Slodowicz		Salford H&ac	35:12	102	800 Francis Pyatt	Macclesfield H&ac	41:43
28	7	Zack Bamber		Vale Royal AC	35:16	103	866 Jonathan Powell	Altrincham&district AC	41:51
29	725	Paul Savage		Manchester Triathlon	35:21	104	817 James Martin	University Of Manchester	41:52
30	102	Thomas Griffiths		St Helens Sutton AC	35:22	105	198 Jonathan Reeh	Manchester H&ac	42:02
31	859	Joseph Hudak		E Cheshire H & Tameside AC	35:24	106	595 Rob Kedian	Manchester Ymca H	42:04
32	764	Mark Walker		Macclesfield H&ac	35:28	107	554 Thomas Deakin	Manchester Frontrunners	42:07
33	352	Chris Donnelly		Sale H Manchester	35:30	108	553 Amir Dar	Manchester Frontrunners	42:22
34	218	Peter Bains		Trafford AC	35:37	109	564 Peter Greatbanks	Manchester Frontrunners	42:24
35	368	Tim Kennedy		Sale H Manchester	35:40	110	144 Keeevin Garvey	Middleton H AC	42:49
36	813	Creighton Connolly		University Of Manchester	35:41	111	173 Joe Latimer	Chorlton Runners	42:55
37	76	Paul Hawkins		Wilmslow RC	35:53	112	901 Andrew Parsonage	Manchester H&ac	43:04
38	277	Dean Matkin		Stockport H&ac	35:54	113	33 Simon Clarke	Chorlton Runners	43:23
39	223	Richard Clancy		Trafford AC	35:56	114	34 Brian Devlin	Chorlton Runners	43:25
40	369	Mike Kilmartin		Sale H Manchester	35:57	115	891 Chris Riley	Trafford AC	43:59
41	767	Scott Wilson		Macclesfield H&ac	36:08	116	772 Alfonso Leone	Mmu H	44:01
42	626	Scott Matthews		E Cheshire H & Tameside AC	36:16	117	881 David Connelly	Sale H Manchester	44:09
43	38	Jonathon Harris		Chorlton Runners	36:21	118	857 Darren Cooper	Manchester H&ac	44:10
44	226	Timothy Fletcher		Trafford AC	36:28	119	49 Ross Murdoch	Chorlton Runners	44:15
45	782	Dan Pettitt		University Of Manchester	36:33	120	544 Steve Alcock	Manchester Frontrunners	44:29
46	372	David Marsh		Sale H Manchester	36:36	121	779 Vittorio Muraro	University Of Manchester	44:45
47	180	Oliver Wallace		Chorlton Runners	36:40	122	289 James Pratt	Stockport H&ac	44:58
48	2022	\$Simon Pymm		Unattached	36:44	123	179 Mark Valentine	Chorlton Runners	45:17
49	750	Robert Hasler		Macclesfield H&ac	36:57	124	200 Richard Skitt	Manchester H&ac	45:32
50	40	Ben Hobson		Chorlton Runners	37:04	125	808 Martin O'Dwyer	Swinton RC	45:43
51	95	Steven Anders		St Helens Sutton AC	37:07	126	329 Daniel Seymour	Belle Vue Racers	45:49
52	594	Craig Jones		Manchester Ymca H	37:17	127	483 Oli Loughheed	Swinton RC	45:51
53	717	Stewart Moore		Manchester Triathlon	37:22	128	606 Stuart Mairs	Salford Met AC	46:14
54	835	Dowan Kwon		University Of Manchester	37:29	129	737 Rob Smith	Manchester Triathlon	46:23
55	257	Phil Burns		Stockport H&ac	37:37	130	398 Gareth Webb	Sale H Manchester	46:45
56	542	Matthew Wackett		Knutsford Tri Club	37:45	131	346 Matthew Bell	Sale H Manchester	47:24
57	854	Gregory Williams		St Helens Sutton AC	37:46	132	674 Matthew Crompton	Glossopdale Harriers	47:34
58	513	Andy Ford		Horwich Rmi	37:56	133	2024\$Chris Floyd	Unattached	47:37
59	244	Chris Small		Trafford AC	38:07	134	550 David Chambers	Manchester Frontrunners	48:01
60	709	Llyr Hughes		Manchester Triathlon	38:10	135	591 James Gu	Manchester Ymca H	48:13
61	353	Richard Edwards		Sale H Manchester	38:15	136	116 James Hall	Bramhall Runners	48:15
62	726	Aaron Saxton		Manchester Triathlon	38:17	137	573 Jordan Millar	Manchester Frontrunners	48:41
63	590	Mark Griffiths		Manchester Ymca H	38:26	138	480 Dave Halliday	Swinton RC	48:48
64	714	Brendan Kennedy		Manchester Triathlon	38:34	139	181 Philip Waterhouse	Chorlton Runners	48:49
65	362	Steve Henderson		Sale H Manchester	38:44	140	54 Jacob Smiles	Chorlton Runners	49:14
66	340	Mike Ashby		Sale H Manchester	38:58	141	171 James Hollis	Chorlton Runners	50:31
67	356	Kevin Foster		Sale H Manchester	38:59	142	721 Malcolm Orrell	Manchester Triathlon	50:37
68	96	John Appleton		St Helens Sutton AC	39:00	143	35 Mark Donnelly	Chorlton Runners	51:31
69	312	Michael Hodgkinson		St Helens Tri	39:00	144	2028\$John Habron	Unattached	51:46
70	555	Martin Dunn		Manchester Frontrunners	39:05	145	556 Phil Dutton	Manchester Frontrunners	51:53
71	545	Tom Bardwell		Manchester Frontrunners	39:09	146	699 Tim Condon	Manchester Triathlon	52:19
72	213	Robert Wadsworth		Dragons Rc Sale	39:16	147	46 Thomas Marler	Chorlton Runners	53:06
73	112	Phil Evans		Bramhall Runners	39:17	148	176 Andrew Paterson	Chorlton Runners	53:18
74	376	Ben McIntyre		Sale H Manchester	39:21	149	567 Craig Isherwood	Manchester Frontrunners	53:45
75	833	Matthew Hamer		University Of Manchester	39:24				

Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Club	Time
1	234	Chris Leigh	V40	1 Trafford AC	33:32	22	195 James Hinde	V40 22 Manchester H&ac	43:11
2	242	Jeff Prest	V40	2 Trafford AC	34:19	23	115 Simon Gebbett	V40 23 Bramhall Runners	43:24
3	60	Barry Archbold	V40	3 Wilmslow RC	35:59	24	119 Mike Hodson	V40 24 Bramhall Runners	43:31
4	355	Tom Fordyce	V40	4 Sale H Manchester	36:32	25	471 Simon Bond	V40 25 Swinton RC	43:44
5	284	Adrian Nutter	V40	5 Stockport H&ac	36:47	26	250 Gary Wolstencroft	V40 26 Trafford AC	44:04
6	358	Olivier Gaillemin	V40	6 Sale H Manchester	37:15	27	287 Paul Plummer	V40 27 Stockport H&ac	44:16
7	263	James Corden	V40	7 Stockport H&ac	37:19	28	199 Chris Sewart	V40 28 Manchester H&ac	44:17
8	843	Mike Goulbourne	V40	8 St Helens Tri	37:41	29	315 Matt Shillabeer	V40 29 St Helens Tri	44:22
9	889	Andrew Wilson	V40	9 St Helens Sutton AC	38:32	30	30 Peter Adams	V40 30 Chorlton Runners	44:38
10	890	Mike Cook	V40	10 St Helens Tri	39:23	31	794 Richard Lilly	V40 31 Bramhall Runners	45:37
11	235	Dave Maher	V40	11 Trafford AC	39:24	32	733 Franck Turmel-Josek	V40 32 Manchester Triathlon	46:05
12	274	David Hulley	V40	12 Stockport H&ac	39:28	33	634 Dennis Thomas	V40 33 E Cheshire H & Tameside AC	46:46
13	37	Paul Griffiths	V40	13 Chorlton Runners	39:32	34	755 Tim Marsh	V40 34 Macclesfield H&ac	47:04
14	348	Craig Bradbury	V40	14 Sale H Manchester	40:08	35	370 Marlon Lamont	V40 35 Sale H Manchester	48:02
15	22	Craig Sephton	V40	15 Vale Royal AC	40:30	36	537 Andrew Orme	V40 36 Knutsford Tri Club	49:19
16	127	Phil Ramsey	V40	16 Bramhall Runners	41:02	37	188 Mike Cronin	V40 37 Manchester H&ac	49:45
17	98	Ian Costello	V40	17 St Helens Sutton AC	41:10	38	156 Bryan O'Neill	V40 38 Middleton H AC	50:18
18	731	Roger Thomas	V40	18 Manchester Triathlon	41:12	39	580 Dan Whittaker	V40 39 Manchester Fronrunners	50:46
19	172	Ian Jameson	V40	19 Chorlton Runners	41:28	40	477 Simon Finch	V40 40 Swinton RC	52:15
20	756	Steven Millar	V40	20 Macclesfield H&ac	42:31	41	496 Andy Smith	V40 41 Swinton RC	57:10
21	710	Steve Hughes	V40	21 Manchester Triathlon	42:35				

Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Club	Time
1	426	Phil Leybourne	V45	1 Salford H&ac	34:21	27	124 Li Lok	V45 27 Bramhall Runners	41:50
2	868	Ian Grime	V45	2 Salford H&ac	34:33	28	20 Mark Pilliner	V45 28 Vale Royal AC	42:30
3	190	Ed Fazakerley	V45	3 Manchester H&ac	34:37	29	281 Ian Mulligan	V45 29 Stockport H&ac	42:36
4	519	Andy Lloyd	V45	4 Horwich Rmi	37:01	30	309 Andrew Gaskell	V45 30 St Helens Tri	42:45
5	503	Martyn Bell	V45	5 Horwich Rmi	37:20	31	117 Richard Hall	V45 31 Bramhall Runners	42:58
6	759	James Noakes	V45	6 Macclesfield H&ac	37:34	32	103 Ian Hayburn	V45 32 St Helens Sutton AC	43:10
7	11	Darren Cottier	V45	7 Vale Royal AC	37:48	33	876 Richard Brown	V45 33 Macclesfield H&ac	43:19
8	874	Peter Brame	V45	8 Liverpool Harriers & Ac	37:55	34	276 Graham Marsland	V45 34 Stockport H&ac	43:29
9	633	Chris Swire	V45	9 E Cheshire H & Tameside AC	38:13	35	643 Nick Burke	V45 35 Altrincham&district AC	43:41
10	269	Kevan Garner	V45	10 Stockport H&ac	38:21	36	497 Ric Waring	V45 36 Swinton RC	43:57
11	664	Steve Renny	V45	11 Altrincham&district AC	38:33	37	842 Girish Patel	V45 37 Salford Met AC	44:11
12	126	Frank Podd	V45	12 Bramhall Runners	38:39	38	184 Lloyd Barlow	V45 38 Manchester H&ac	45:06
13	899	Paul Gray	V45	13 Liverpool Harriers & Ac	39:10	39	693 Ronan Brennan	V45 39 Manchester Triathlon	45:25
14	825	Gareth Williams	V45	14 Vale Royal AC	39:19	40	114 Simon Fennell	V45 40 Bramhall Runners	45:46
15	515	David Jackson	V45	15 Horwich Rmi	39:34	41	192 Glen Gandy	V45 41 Manchester H&ac	45:48
16	88	Graham Screawn	V45	16 Wilmslow RC	39:39	42	157 Pat Rice	V45 42 Middleton H AC	46:01
17	94	Rob Wilson	V45	17 Wilmslow RC	39:57	43	577 Michael Thorley	V45 43 Manchester Fronrunners	46:06
18	6	Scott Bamber	V45	18 Vale Royal AC	40:00	44	738 Chris Watson	V45 44 Manchester Triathlon	47:09
19	727	Paul Schofield	V45	19 Manchester Triathlon	40:00	45	139 Colin Carter	V45 45 Middleton H AC	47:19
20	359	Steve Gavin	V45	20 Sale H Manchester	40:22	46	624 Martin Lewis	V45 46 E Cheshire H & Tameside AC	47:33
21	528	Simon Atkins	V45	21 Knutsford Tri Club	41:03	47	461 Scott Ashworth	V45 47 Winston Runners	48:38
22	712	Tim Johns	V45	22 Manchester Triathlon	41:08	48	900 Jon Shaw	V45 48 Winston Runners	49:32
23	100	Barry Graney	V45	23 St Helens Sutton AC	41:14	49	599 Steve Symons	V45 49 Manchester Ymca H	49:42
24	186	Jason Brogan	V45	24 Manchester H&ac	41:18	50	290 Nick Roberts	V45 50 Stockport H&ac	50:59
25	602	Denis Duret	V45	25 West Cheshire AC	41:26	51	136 Andrew Berkley	V45 51 Middleton H AC	52:16
26	735	Shaun Walsh	V45	26 Manchester Triathlon	41:45	52	463 Anthony Jones	V45 52 Winston Runners	52:23

Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Club	Time
1	68	Rob Downs	V50	1 Wilmslow RC	35:24	16	690 Lee Benson	V50 16 Manchester Triathlon	44:35
2	619	Barry Hirst	V50	2 E Cheshire H & Tameside AC	36:25	17	736 Timothy Criddle	V50 17 Manchester Triathlon	44:53
3	236	Paul Mannion	V50	3 Trafford AC	39:18	18	2029 \$Chris Reid	V50 18 St Helens Striders	45:11
4	406	Paul Birkett	V50	4 Salford H&ac	39:30	19	219 Robin Beaumont	V50 19 Trafford AC	46:17
5	294	Mike Shaw	V50	5 Stockport H&ac	40:06	20	162 Tony Walsh	V50 20 Middleton H AC	46:54
6	70	Malcolm Fowler	V50	6 Wilmslow RC	40:41	21	609 Ian Taylor	V50 21 Salford Met AC	46:59
7	766	Gary Willcock	V50	7 Macclesfield H&ac	40:51	22	383 Tim Rainey	V50 22 Sale H Manchester	47:09
8	608	Paul Stevenson	V50	8 Salford Met AC	41:15	23	898 Alan Wilcox	V50 23 Vale Royal AC	48:23
9	576	Roberto Raso	V50	9 Manchester Fronrunners	41:41	24	469 Dave Batty	V50 24 Swinton RC	49:24
10	260	Robert Cawley	V50	10 Stockport H&ac	41:48	25	656 Gordon Nicholl	V50 25 Altrincham&district AC	49:41
11	589	Eddie Gilligan	V50	11 Manchester Ymca H	42:09	26	364 Noel Irwin	V50 26 Sale H Manchester	50:54
12	621	Derek Hughes	V50	12 E Cheshire H & Tameside AC	42:11	27	462 Anthony Harrison	V50 27 Winston Runners	51:45
13	39	Justin Hayes	V50	13 Chorlton Runners	42:17	28	837 David Rowe	V50 28 Liverpool Harriers & Ac	52:02
14	623	Alan Kennedy	V50	14 E Cheshire H & Tameside AC	43:27	29	324 Themis Kokolakis	V50 29 Belle Vue Racers	57:12
15	327	Nigel Sedman	V50	15 Belle Vue Racers	43:47	30	137 Adian Bowcock	V50 30 Middleton H AC	57:20
						31	250 Gary Wolstencroft	V50 31 Belle Vue Racers	59:05

Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Club	Time
1	625	Gary Matthews	V55	1 E Cheshire H & Tameside AC	39:06	12	262 David Chrystie-Lowe	V55 12 Stockport H&ac	45:18
2	293	Steve Shaughnessy	V55	2 Stockport H&ac	39:20	13	2027 \$Stephen White	V55 13 Unattached	46:06
3	475	Steve Doxey	V55	3 Swinton RC	39:42	14	848 Kevin Duckworth	V55 14 E Cheshire H & Tameside AC	46:07
4	382	Aidan Raftery	V55	4 Sale H Manchester	40:00	15	829 David Barnes	V55 15 Horwich Rmi	46:11
5	757	John Mooney	V55	5 Macclesfield H&ac	41:28	16	161 Steve Vasiliou	V55 16 Middleton H AC	46:12
6	2026	\$Chris Pedder	V55	6 Liverpool Pembroke & Sefton	41:29	17	325 Patrick O'Brien	V55 17 Belle Vue Racers	48:27
7	271	Tim Hargreaves	V55	7 Stockport H&ac	41:35	18	896 James Atkin	V55 18 Wirral AC	48:53
8	15	James Edwards	V55	8 Vale Royal AC	42:37	19	597 Mike O'Brien	V55 19 Manchester Ymca H	49:16
9	647	Graham Harrison	V55	9 Altrincham&district AC	43:49	20	52 Tony Payne	V55 20 Chorlton Runners	49:23
10	444	Gary Thomason	V55	10 Salford H&ac	44:49	21	159 Craig Sutherland	V55 21 Middleton H AC	50:29
11	607	Mike Race	V55	11 Salford Met AC	45:13	22	145 Stephen Granville	V55 22 Middleton H AC	55:12

Manchester Area Cross Country League

at Sherdley Park, St Helens on Sunday 7th November 2015

Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	434	Stanley Owen	V60	1 Salford H&ac	37:30
2	83	Tom McGaff	V60	2 Wilmslow RC	38:37
3	3	Tony Archer	V60	3 Vale Royal AC	43:07
4	902	Steve Jackson	V60	4 Horwich Rmi	44:32
5	836	John Archer	V60	5 Winston Runners	44:36
6	661	Peter Pickwell	V60	6 Altrincham&district AC	44:38
7	10	John Clarke	V60	7 Vale Royal AC	46:52
8	143	Alan Garvey	V60	8 Middleton H AC	47:17
9	391	Martin Smedley	V60	9 Sale H Manchester	48:19
10	140	Paul Collinge	V60	10 Middleton H AC	48:40
11	338	Miran Aprahamian	V60	11 Sale H Manchester	49:16
12	443	Thomas Temple	V60	12 Salford H&ac	49:50
13	598	Jon Paramor	V60	13 Manchester Ymca H	51:27
14	651	Mike Jones	V60	14 Altrincham&district AC	51:32
15	762	David Shoesmith	V60	15 Macclesfield H&ac	54:38

Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	295	Robert Taylor	V65	1 Stockport H&ac	41:38
2	582	David Ashton	V65	2 Manchester Ymca H	47:45
3	407	Roland Bowness	V65	3 Salford H&ac	49:57
4	84	Gavin Mendham	V65	4 Wilmslow RC	52:58

Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	659	Jeff Norman	V70	1 Altrincham&district AC	44:19
2	830	John Parker	V70	2 Horwich Rmi	50:35
3	21	Colin Rathbone	V70	3 Vale Royal AC	50:51
4	256	Chris Bryans	V75	1 Stockport H&ac	1:21:05

Manchester Area Cross Country League

at Sherdley Park, St Helens on Saturday 7th November 2015

Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Club	Time
1	850	Jack Martin		Stockport H&ac	30:36	87	257 Phil Burns	Stockport H&ac	37:37
2	280	Jack Morris		Stockport H&ac	31:08	88	843 Mike Goulbourne	V40 8 St Helens Tri	37:41
3	658	David Norman		Altrincham&district AC	31:36	89	542 Matthew Wackett	Knutsford Tri Club	37:45
4	511	Chris Farrell		Horwich Rmi	31:38	90	854 Gregory Williams	St Helens Sutton AC	37:46
5	871	Tim Ellis		Horwich Rmi	32:00	91	11 Darren Cottier	V45 7 Vale Royal AC	37:48
6	282	Andy Nixon		Stockport H&ac	32:08	92	874 Peter Brame	V45 8 Liverpool Harriers & Ac	37:55
7	2019	\$Tom Bains		Hallamshire Harriers	32:27	93	513 Andy Ford	Horwich Rmi	37:56
8	786	Joe Vis		University Of Manchester	32:32	94	244 Chris Small	Trafford AC	38:07
9	715	Alex Lawton		Manchester Triathlon	32:49	95	709 Llyr Hughes	Manchester Triathlon	38:10
10	846	Euan Gilchrist	U20 1	Sale H Manchester	32:51	96	633 Chris Swire	V45 9 E Cheshire H & Tameside AC	38:13
11	247	Gavin Tomlinson		Trafford AC	32:53	97	353 Richard Edwards	Sale H Manchester	38:15
12	873	Greg Cooke	U20 2	Liverpool Harriers & Ac	33:04	98	726 Aaron Saxton	Manchester Triathlon	38:17
13	386	Callum Rowlinson		Sale H Manchester	33:13	99	269 Kevan Garner	V45 10 Stockport H&ac	38:21
14	439	Matthew Shaw		Salford H&ac	33:22	100	590 Mark Griffiths	Manchester Ymca H	38:26
15	238	Simon O'Meara		Trafford AC	33:26	101	889 Andrew Wilson	V40 9 St Helens Sutton AC	38:32
16	234	Chris Leigh	V40 1	Trafford AC	33:32	102	664 Steve Renny	V45 11 Altrincham&district AC	38:33
17	427	Bruno Lima		Salford H&ac	33:41	103	714 Brendan Kennedy	Manchester Triathlon	38:34
18	366	Daniel Kashi		Sale H Manchester	33:43	104	83 Tom McGaff	V60 2 Wilmslow RC	38:37
19	790	James Savage		Chorlton Runners	33:44	105	126 Frank Podd	V45 12 Bramhall Runners	38:39
20	292	J Scott-Buccleuch		Stockport H&ac	33:50	106	362 Steve Henderson	Sale H Manchester	38:44
21	844	James Wignall		Sale H Manchester	33:54	107	340 Mike Ashby	Sale H Manchester	38:58
22	248	Nathan Townsend	U20 3	Trafford AC	33:55	108	356 Kevin Foster	Sale H Manchester	38:59
23	518	Nick Leigh		Horwich Rmi	33:57	109	96 John Appleton	St Helens Sutton AC	39:00
24	784	Adam Sciacca		University Of Manchester	33:58	110	312 Michael Hodgkinson	St Helens Tri	39:00
25	695	Robert Bridges		Manchester Triathlon	34:00	111	555 Martin Dunn	Manchester Frontrunners	39:05
26	209	Mark Offord		Dragons Rc Sale	34:08	112	625 Gary Matthews	V55 1 E Cheshire H & Tameside AC	39:06
27	847	Alan White		Sale H Manchester	34:11	113	545 Tom Bardwell	Manchester Frontrunners	39:09
28	884	Liam Renton		Sale H Manchester	34:17	114	899 Paul Gray	V45 13 Liverpool Harriers & Ac	39:10
29	242	Jeff Prest	V40 2	Trafford AC	34:19	115	213 Robert Wadsworth	Dragons Rc Sale	39:16
30	627	Tom McGuinness	U20 4	E Cheshire H & Tameside AC	34:20	116	112 Phil Evans	Bramhall Runners	39:17
31	426	Phil Leybourne	V45 1	Salford H&ac	34:21	117	236 Paul Mannion	V50 3 Trafford AC	39:18
32	23	Matthew Sheen	U20 5	Vale Royal AC	34:24	118	825 Gareth Williams	V45 14 Vale Royal AC	39:19
33	806	Callum Greenwood		Sale H Manchester	34:31	119	293 Steve Shaughnessy	V55 2 Stockport H&ac	39:20
34	868	\$Ian Grime	V45 2	Salford H&ac	34:33	120	376 Ben McIntyre	Sale H Manchester	39:21
35	190	Ed Fazakerley	V45 3	Manchester H&ac	34:37	121	890 Mike Cook	V40 10 St Helens Tri	39:23
36	252	Kevin Acton	U20 6	Stockport H&ac	34:50	122	833 Matthew Hamer	University Of Manchester	39:24
37	845	Matt Beacock	U20 7	Sale H Manchester	34:54	123	235 Dave Maher	V40 11 Trafford AC	39:24
38	780	Josh Nevin	U20 8	University Of Manchester	34:57	124	838 Ben Jackson	U20 17 Trafford AC	39:25
39	507	Mike Cayton		Horwich Rmi	35:10	125	274 David Hulley	V40 12 Stockport H&ac	39:28
40	441	Adam Slodowicz		Salford H&ac	35:12	126	406 Paul Birkett	V50 4 Salford H&ac	39:30
41	7	Zack Bamber		Vale Royal AC	35:16	127	37 Paul Griffiths	V40 13 Chorlton Runners	39:32
42	2025	\$Lewis Ashmore	U20 9	Unattached	35:17	128	515 David Jackson	V45 15 Horwich Rmi	39:34
43	725	Paul Savage		Manchester Triathlon	35:21	129	4 Tom Armstrong	Vale Royal AC	39:37
44	102	Thomas Griffiths		St Helens Sutton AC	35:22	130	88 Graham Screawn	V45 16 Wilmslow RC	39:39
45	68	Rob Downs	V50 1	Wilmslow RC	35:24	131	164 James Ashford	Chorlton Runners	39:39
46	859	Joseph Hudak		E Cheshire H & Tameside AC	35:24	132	475 Steve Doxey	V55 3 Swinton RC	39:42
47	764	Mark Walker		Macclesfield H&ac	35:28	133	729 Murray Taylor	Manchester Triathlon	39:49
48	352	Chris Donnelly		Sale H Manchester	35:30	134	94 Rob Wilson	V45 17 Wilmslow RC	39:57
49	218	Peter Bains		Trafford AC	35:37	135	565 Jono Guildford	Manchester Frontrunners	39:59
50	368	Tim Kennedy		Sale H Manchester	35:40	136	382 Aidan Raftery	V55 4 Sale H Manchester	40:00
51	813	Creighton Connolly		University Of Manchester	35:41	137	6 Scott Bamber	V45 18 Vale Royal AC	40:00
52	76	Paul Hawkins		Wilmslow RC	35:53	138	727 Paul Schofield	V45 19 Manchester Triathlon	40:00
53	277	Dean Matkin		Stockport H&ac	35:54	139	724 Jon Reilly	Manchester Triathlon	40:01
54	337	Richard McGeachie	U20 10	Halton & Frodsham	35:55	140	294 Mike Shaw	V50 5 Stockport H&ac	40:06
55	223	Richard Clancy		Trafford AC	35:56	141	596 Chris March	Manchester Ymca H	40:07
56	369	Mike Kilmartin		Sale H Manchester	35:57	142	348 Craig Bradbury	V40 14 Sale H Manchester	40:08
57	60	Barry Archbold	V40 3	Wilmslow RC	35:59	143	63 William Booth	U20 18 Wilmslow RC	40:09
58	815	Joseph Howe	U20 11	University Of Manchester	36:00	144	56 Neal Wainwright	Chorlton Runners	40:10
59	631	Luke Piper	U20 12	E Cheshire H & Tameside AC	36:04	145	676 Jamie Helmer	Glossopdale Harriers	40:12
60	767	Scott Wilson		Macclesfield H&ac	36:08	146	416 Chris Dawson	Salford H&ac	40:15
61	626	Scott Matthews		E Cheshire H & Tameside AC	36:16	147	703 Alastair Fisher	Manchester Triathlon	40:18
62	38	Jonathon Harris		Chorlton Runners	36:21	148	359 Steve Gavin	V45 20 Sale H Manchester	40:22
63	619	Barry Hirst	V50 2	E Cheshire H & Tameside AC	36:25	149	892 Zachary Chappell	University Of Manchester	40:23
64	226	Timothy Fletcher		Trafford AC	36:28	150	319 Daniel Anderson	Belle Vue Racers	40:28
65	355	Tom Fordyce	V40 4	Sale H Manchester	36:32	151	604 Paul Connolly	Salford Met AC	40:29
66	782	Dan Pettitt		University Of Manchester	36:33	152	22 Craig Sephton	V40 15 Vale Royal AC	40:30
67	2030	\$Callum Ross	U20 13	Pendle Athletic Club	36:34	153	768 Daniel Bolton	U20 19 Ribble Valley AC	40:34
68	372	David Marsh		Sale H Manchester	36:36	154	342 Paul Barrett	Sale H Manchester	40:37
69	180	Oliver Wallace		Chorlton Runners	36:40	155	70 Malcolm Fowler	V50 6 Wilmslow RC	40:41
70	2022	\$Simon Pymm		Unattached	36:44	156	791 Paul Johnston	Altrincham&district AC	40:47
71	284	Adrian Nutter	V40 5	Stockport H&ac	36:47	157	314 Patrick Neill	St Helens Tri	40:48
72	197	Donnacha Maguire	U20 14	Manchester H&ac	36:54	158	548 Thomas Blackburn	Manchester Frontrunners	40:49
73	750	Robert Hasler		Macclesfield H&ac	36:57	159	766 Gary Willcock	V50 7 Macclesfield H&ac	40:51
74	519	Andy Lloyd	V45 4	Horwich Rmi	37:01	160	251 Gareth Woodcock	Trafford AC	40:52
75	849	Chris Fance	U20 15	Warrington AC	37:02	161	127 Phil Ramsey	V40 16 Bramhall Runners	41:02
76	40	Ben Hobson		Chorlton Runners	37:04	162	528 Simon Atkins	V45 21 Knutsford Tri Club	41:03
77	95	Steven Anders		St Helens Sutton AC	37:07	163	712 Tim Johns	V45 22 Manchester Triathlon	41:08
78	358	Olivier Gaillemine	V40 6	Sale H Manchester	37:15	164	748 Carl Hanaghan	Macclesfield H&ac	41:09
79	594	Craig Jones		Manchester Ymca H	37:17	165	98 Ian Costello	V40 17 St Helens Sutton AC	41:10
80	263	James Corden	V40 7	Stockport H&ac	37:19	166	731 Roger Thomas	V40 18 Manchester Triathlon	41:12
81	503	Marty Bell	V45 5	Horwich Rmi	37:20	167	100 Barry Graney	V45 23 St Helens Sutton AC	41:14
82	717	Stewart Moore		Manchester Triathlon	37:22	168	608 Paul Stevenson	V50 8 Salford Met AC	41:15
83	835	Dowan Kwon		University Of Manchester	37:29	169	549 Joe Carne	Manchester Frontrunners	41:16
84	434	Stanley Owen	V60 1	Salford H&ac	37:30	170	365 Damian Jones	Sale H Manchester	41:17
85	253	Grant Anderson	U20 16	Stockport H&ac	37:32	171	186 Jason Brogan	V45 24 Manchester H&ac	41:18
86	759	James Noakes	V45 6	Macclesfield H&ac	37:34	172	605 Ben Farrelly	Salford Met AC	41:19

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

173	532	John Goggins		Knutsford Tri Club	41:20	257	329	Daniel Seymour		Belle Vue Racers	45:49
174	50	Mark Norman		Chorlton Runners	41:25	258	483	Oli Loughheed		Swinton RC	45:51
175	602	Denis Duret	V45	25 West Cheshire AC	41:26	259	157	Pat Rice	V45	42 Middleton H AC	46:01
176	757	John Mooney	V55	5 Macclesfield H&ac	41:28	260	733	Franck Turmel-Josek	V40	32 Manchester Triathlon	46:05
177	172	Ian Jameson	V40	19 Chorlton Runners	41:28	261	2027	Stephen White	V55	13 Unattached	46:06
178	2026	Chris Pedder	V55	6 Liverpool Pembroke & Sefton	41:29	262	577	Michael Thorley	V45	43 Manchester Frontrunners	46:06
179	670	David Bounly		Glossopdale Harriers	41:33	263	848	Kevin Duckworth	V55	14 E Cheshire H & Tameside AC	46:07
180	271	Tim Hargreaves	V55	7 Stockport H&ac	41:35	264	829	David Barnes	V55	15 Horwich Rmi	46:11
181	295	Robert Taylor	V65	1 Stockport H&ac	41:38	265	161	Steve Vasiliou	V55	16 Middleton H AC	46:12
182	82	Allan McCormick		Wilmslow RC	41:39	266	606	Stuart Mairs		Salford Met AC	46:14
183	576	Roberto Raso	V50	9 Manchester Frontrunners	41:41	267	219	Robin Beaumont	V50	19 Trafford AC	46:17
184	800	Francis Pyatt		Macclesfield H&ac	41:43	268	737	Rob Smith		Manchester Triathlon	46:23
185	735	Shaun Walsh	V45	26 Manchester Triathlon	41:45	269	398	Gareth Webb		Sale H Manchester	46:45
186	260	Robert Cawley	V50	10 Stockport H&ac	41:48	270	634	Dennis Thomas	V40	33 E Cheshire H & Tameside AC	46:46
187	124	Li Lok	V45	27 Bramhall Runners	41:50	271	10	John Clarke	V60	7 Vale Royal AC	46:52
188	866	Jonathan Powell		Altrincham&district AC	41:51	272	162	Tony Walsh	V50	20 Middleton H AC	46:54
189	817	James Martin		University Of Manchester	41:52	273	609	Ian Taylor	V50	21 Salford Met AC	46:59
190	198	Jonathan Reeh		Manchester H&ac	42:02	274	755	Tim Marsh	V40	34 Macclesfield H&ac	47:04
191	595	Rob Kedian		Manchester Ymca H	42:04	275	738	Chris Watson	V45	44 Manchester Triathlon	47:09
192	554	Thomas Deakin		Manchester Frontrunners	42:07	276	383	Tim Rainey	V50	22 Sale H Manchester	47:09
193	589	Eddie Gilligan	V50	11 Manchester Ymca H	42:09	277	143	Alan Garvey	V60	8 Middleton H AC	47:17
194	621	Derek Hughes	V50	12 E Cheshire H & Tameside AC	42:11	278	139	Colin Carter	V45	45 Middleton H AC	47:19
195	818	Alex McKail	U20	20 University Of Manchester	42:15	279	346	Matthew Bell		Sale H Manchester	47:24
196	39	Justin Hayes	V50	13 Chorlton Runners	42:17	280	624	Martin Lewis	V45	46 E Cheshire H & Tameside AC	47:33
197	553	Amir Dar		Manchester Frontrunners	42:22	281	674	Matthew Crompton		Glossopdale Harriers	47:34
198	564	Peter Greatbanks		Manchester Frontrunners	42:24	282	2024	Chris Floyd		Unattached	47:37
199	20	Mark Pilliner	V45	28 Vale Royal AC	42:30	283	582	David Ashton	V65	2 Manchester Ymca H	47:45
200	756	Steven Millar	V40	20 Macclesfield H&ac	42:31	284	550	David Chambers		Manchester Frontrunners	48:01
201	710	Steve Hughes	V40	21 Manchester Triathlon	42:35	285	370	Marlon Lamont	V40	35 Sale H Manchester	48:02
202	281	Ian Mulligan	V45	29 Stockport H&ac	42:36	286	591	James Gu		Manchester Ymca H	48:13
203	15	James Edwards	V55	8 Vale Royal AC	42:37	287	116	James Hall		Bramhall Runners	48:15
204	309	Andrew Gaskell	V45	30 St Helens Tri	42:45	288	391	Martin Smedley	V60	9 Sale H Manchester	48:19
205	144	Keeevin Garvey		Middleton H AC	42:49	289	898	Alan Wilcox	V50	23 Vale Royal AC	48:23
206	173	Joe Latimer		Chorlton Runners	42:55	290	325	Patrick O'Brien	V55	17 Belle Vue Racers	48:27
207	117	Richard Hall	V45	31 Bramhall Runners	42:58	291	461	Scott Ashworth	V45	47 Winston Runners	48:38
208	901	Andrew Parsonage		Manchester H&ac	43:04	292	140	Paul Collinge	V60	10 Middleton H AC	48:40
209	3	Tony Archer	V60	3 Vale Royal AC	43:07	293	573	Jordan Millar		Manchester Frontrunners	48:41
210	103	Ian Hayburn	V45	32 St Helens Sutton AC	43:10	294	480	Dave Halliday		Swinton RC	48:48
211	195	James Hinde	V40	22 Manchester H&ac	43:11	295	181	Philip Waterhouse		Chorlton Runners	48:49
212	876	Richard Brown	V45	33 Macclesfield H&ac	43:19	296	896	James Atkin	V55	18 Wirral AC	48:53
213	33	Simon Clarke		Chorlton Runners	43:23	297	54	Jacob Smiles		Chorlton Runners	49:14
214	115	Simon Gebbett	V40	23 Bramhall Runners	43:24	298	597	Mike O'Brien	V55	19 Manchester Ymca H	49:16
215	34	Brian Devlin		Chorlton Runners	43:25	299	338	Miran Aprahamian	V60	11 Sale H Manchester	49:16
216	623	Alan Kennedy	V50	14 E Cheshire H & Tameside AC	43:27	300	537	Andrew Orme	V40	36 Knutsford Tri Club	49:19
217	276	Graham Marsland	V45	34 Stockport H&ac	43:29	301	52	Tony Payne	V55	20 Chorlton Runners	49:23
218	119	Mike Hodson	V40	24 Bramhall Runners	43:31	302	469	Dave Batty	V50	24 Swinton RC	49:24
219	643	Nick Burke	V45	35 Altrincham&district AC	43:41	303	900	Jon Shaw	V45	48 Winston Runners	49:32
220	471	Simon Bond	V40	25 Swinton RC	43:44	304	656	Gordon Nicholl	V50	25 Altrincham&district AC	49:41
221	327	Nigel Sedman	V50	15 Belle Vue Racers	43:47	305	599	Steve Symons	V45	49 Manchester Ymca H	49:42
222	647	Graham Harrison	V55	9 Altrincham&district AC	43:49	306	188	Mike Cronin	V40	37 Manchester H&ac	49:45
223	279	Alex McFarlane	U20	21 Stockport H&ac	43:54	307	443	Thomas Temple	V60	12 Salford H&ac	49:50
224	497	Ric Waring	V45	36 Swinton RC	43:57	308	407	Roland Bowness	V65	3 Salford H&ac	49:57
225	891	Chris Riley		Trafford AC	43:59	309	156	Bryan O'Neill	V40	38 Middleton H AC	50:18
226	772	Alfonso Leone		Mmu H	44:01	310	159	Craig Sutherland	V55	21 Middleton H AC	50:29
227	250	Gary Wolstencroft	V40	26 Trafford AC	44:04	311	171	James Hollis		Chorlton Runners	50:31
228	881	David Connelly		Sale H Manchester	44:09	312	830	John Parker	V70	2 Horwich Rmi	50:35
229	857	Darren Cooper		Manchester H&ac	44:10	313	721	Malcolm Orrell		Manchester Triathlon	50:37
230	842	Girish Patel	V45	37 Salford Met AC	44:11	314	580	Dan Whittaker	V40	39 Manchester Frontrunners	50:46
231	49	Ross Murdoch		Chorlton Runners	44:15	315	21	Colin Rathbone	V70	3 Vale Royal AC	50:51
232	287	Paul Plummer	V40	27 Stockport H&ac	44:16	316	364	Noel Irwin	V50	26 Sale H Manchester	50:54
233	199	Chris Sewart	V40	28 Manchester H&ac	44:17	317	290	Nick Roberts	V45	50 Stockport H&ac	50:59
234	659	Jeff Norman	V70	1 Altrincham&district AC	44:19	318	598	Jon Paramor	V60	13 Manchester Ymca H	51:27
235	315	Matt Shillabeer	V40	29 St Helens Tri	44:22	319	35	Mark Donnelly		Chorlton Runners	51:31
236	544	Steve Alcock		Manchester Frontrunners	44:29	320	651	Mike Jones	V60	14 Altrincham&district AC	51:32
237	902	Steve Jackson	V60	4 Horwich Rmi	44:32	321	462	Anthony Harrison	V50	27 Winston Runners	51:45
238	690	Lee Benson	V50	16 Manchester Triathlon	44:35	322	2028	John Habron		Unattached	51:46
239	836	John Archer	V60	5 Winston Runners	44:36	323	556	Phil Dutton		Manchester Frontrunners	51:53
240	30	Peter Adams	V40	30 Chorlton Runners	44:38	324	837	David Rowe	V50	28 Liverpool Harriers & Ac	52:02
241	661	Peter Pickwell	V60	6 Altrincham&district AC	44:38	325	477	Simon Finch	V40	40 Swinton RC	52:15
242	779	Vittorio Muraro		University Of Manchester	44:45	326	136	Andrew Berkley	V45	51 Middleton H AC	52:16
243	444	Gary Thomason	V55	10 Salford H&ac	44:49	327	699	Tim Condon		Manchester Triathlon	52:19
244	736	Timothy Criddle	V50	17 Manchester Triathlon	44:53	328	463	Anthony Jones	V45	52 Winston Runners	52:23
245	289	James Pratt		Stockport H&ac	44:58	329	84	Gavin Mendham	V65	4 Wilmslow RC	52:58
246	184	Lloyd Barlow	V45	38 Manchester H&ac	45:06	330	46	Thomas Marler		Chorlton Runners	53:06
247	2029	Chris Reid	V50	18 St Helens Striders	45:11	331	176	Andrew Paterson		Chorlton Runners	53:18
248	607	Mike Race	V55	11 Salford Met AC	45:13	332	567	Craig Isherwood		Manchester Frontrunners	53:45
249	179	Mark Valentine		Chorlton Runners	45:17	333	762	David Shoesmith	V60	15 Macclesfield H&ac	54:38
250	262	David Christie-Lowe	V55	12 Stockport H&ac	45:18	334	145	Stephen Granville	V55	22 Middleton H AC	55:12
251	693	Ronan Brennan	V45	39 Manchester Triathlon	45:25	335	496	Andy Smith	V40	41 Swinton RC	57:10
252	200	Richard Skitt		Manchester H&ac	45:32	336	324	Themis Kokolakis	V50	29 Belle Vue Racers	57:12
253	794	Richard Lilly	V40	31 Bramhall Runners	45:37	337	137	Adian Bowcock	V50	30 Middleton H AC	57:20
254	808	Martin O'Dwyer		Swinton RC	45:43	338	328	Colin Seymour	V50	31 Belle Vue Racers	59:05
255	114	Simon Fennell	V45	40 Bramhall Runners	45:46	339	256	Chris Bryans	V75	1 Stockport H&ac	1:21:05
256	192	Glen Gandy	V45	41 Manchester H&ac	45:48						

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 SaleHManchester	111 — 9	EuanGilchrist	12	CallumRowlinson	17	DanielKashi	20	JamesWignall	26	AlanWhite	27	LiamRenton
2 StockportH&ac	112 — 1	JackMartin	2	JackMoris	6	AndyNixon	19	JScottBuckeuch	34	KevinActon	50	DeanMatkin
3 TraffordAC	134 — 10	GavinTomlinson	14	SimonOMeara	15	ChrisLeigh	21	NathanTownsend	28	JeffPrest	46	PeterBains
4 HorwichRmi	213 — 4	ChrisFarrell	5	TimEllis	5	TimEllis	27	MikeCayton	69	AndyLloyd	76	MartynBell
5 UniversityOfManchester	232 — 7	JoeVis	23	AdamSciocca	36	JoshNevin	48	CreightonConnolly	55	JosephHowe	63	DanPettitt
6 SaleHManchester 'B'	274 — 32	CallumGreenwood	35	MattBeacock	45	ChrisDonnelly	47	TimKennedy	53	MikeKilmartin	62	TomFordyce
7 SalfordH&ac	297 — 13	MatthewShaw	16	BrunoLima	30	PhilLeybourne	38	AdamSlodowicz	79	StanleyOwen	121	PaulBirkett
8 ManchesterTriathlon	332 — 8	AlexLawton	24	RobertBridges	40	PaulSavage	77	StewartMoore	90	LlyrHughes	93	AaronSaxton
9 ECheshireH&TamesideAC	337 — 29	TomMcGuinness	43	JosephHudak	56	LukePiper	58	ScottMatthews	60	BarryHirst	91	ChrisSwire
10 ChorltonRunners	461 — 18	JamesSavage	59	JonathonHarris	65	OlietWallace	71	BenHobson	122	PaulGriffiths	126	JamesAshford
11 WilmslowRC	498 — 42	RobDowns	49	PaulHawkins	49	PaulHawkins	99	TomMcGaff	125	GrahamScreawm	129	RobWilson
12 StockportH&ac 'B'	511 — 66	AdrianNutter	75	JamesCorden	80	GrantAnderson	82	PhilBums	94	KevanGarner	114	SteveShaughnessy
13 ValeRoyalAC	525 — 31	MatthewSheen	39	ZackBamber	86	DarrenCottier	113	GarethWilliams	124	TomArmstrong	132	ScottBamber
14 SaleHManchester 'C'	535 — 64	DavidMarsh	73	OlivierGallemin	92	RichardEdwards	101	SteveHenderson	102	MikeAshby	103	KevinFoster
15 TraffordAC 'B'	551 — 52	RichardClancy	61	TimothyFletcher	89	ChrisSmall	112	PaulMannion	118	DavidMaher	119	BenJackson
16 StHelensSuttonAC	558 — 41	ThomasGriffiths	72	StevenAnders	85	GregoryWilliams	96	AndrewWilson	104	JohnAppleton	160	IanCostello
17 MacclesfieldH&ac	563 — 44	MarkWalker	57	ScottWilson	68	RobertHasler	81	JamesNoakes	154	GayWillcock	159	CarlHenaghan
18 ManchesterTriathlon 'B'	793 — 98	BrendanKennedy	128	MurrayTaylor	133	PaulSchofield	134	JonReilly	142	AlastairFisher	158	TimJohns
19 ManchesterFrontRunners	838 — 106	MarinDunn	108	TomBardwell	130	JonoGuildford	153	ThomasBlackburn	164	JoeCame	177	RobertoRaso
20 SaleHManchester 'D'	840 — 115	BenMolyre	131	AidanRaftery	137	CraigBradbury	143	SteveGavin	149	PaulBarrett	165	DamianJones
21 ManchesterH&ac	857 — 33	EdFazakerley	67	DonnachaMaguire	166	JasonBrogan	184	JonathanReeh	202	AndrewParsonage	205	JamesHinde
22 Altrincham&districtAC	862 — 3	DavidNorman	97	SteveRenny	151	PaulJohnston	182	JonathanPowell	213	NickBurke	216	GrahamHarrison
23 StHelensTri	883 — 83	MikeGoulbourne	105	MichaelHodgkinson	116	MikeCook	152	PatrickNeill	198	AndrewGaskell	229	MattShillabeer
24 UniversityOfManchester 'B'	947 — 78	DowanKwon	117	MatthewHamer	144	ZacharyChappell	183	JamesMartin	189	AlexMcKail	226	VittorioMuraro
25 ManchesterYmcaH	951 — 74	CraigJones	95	MarkGriffiths	136	ChrisMarch	185	RobKedjan	187	EddieGilligan	234	DavidAshton
26 BramhallRunners	957 — 100	FrankPodd	111	PhilEvans	156	PhilRamsey	181	LiLok	201	RichardHall	208	SimonGebbett
27 StockportH&ac 'C'	980 — 120	DavidHulley	135	MikeShaw	174	TimHargreaves	175	RobertTaylor	180	RobertCawley	196	IanMulligan
28 ChorltonRunners 'B'	1077 — 139	NealWainwright	169	MarkNorman	172	IanJameson	190	JustinHayes	200	JoeLaimmer	207	SimonClarke
29 SalfordMetAC	1199 — 146	PaulConnolly	163	PaulStevenson	167	BenFarrelly	224	GirishPatel	241	MikeRace	258	StuartMairs
30 ManchesterTriathlon 'C'	1249 — 161	RogerThomas	179	ShaunWalsh	195	SteveHughes	232	LeeBenson	238	TimothyCriddle	244	RonanBrennan
31 ValeRoyalAC 'B'	1283 — 147	CraigSephton	193	MarkPilliner	197	JamesEdwards	203	TonyArcher	263	JohnClarke	280	AlanWilcox
32 ECheshireH&TamesideAC 'B'	1294 — 107	GaryMatthews	188	DerekHughes	210	AlanKennedy	255	KevinDuckworth	262	DennisThomas	272	MartinLewis
33 ManchesterFrontRunners 'B'	1328 — 186	ThomasDeakin	191	AmirDar	192	PeterGreatbanks	230	SteveAlcock	254	MichaelThorley	275	DavidChambers
34 MacclesfieldH&ac 'B'	1338 — 171	JohnMooney	178	FrancisPyatt	194	StevenMillar	206	RichardBrown	266	TimMarsh	323	DavidShoesmith
35 SwintonRC	1342 — 127	SteveDoxey	214	SimonBond	218	RicWaring	247	MarinODwyer	251	OliLougheed	265	DaveHalliday
36 StockportH&ac 'D'	1444 — 211	GrahamMarstrand	217	AlexMcFarlane	226	PaulPlummer	239	JamesPrait	243	DavidChysle-Lowe	308	NickRoberts
37 ManchesterH&ac 'B'	1481 — 223	DarenCooper	227	ChrisSewart	240	LloydBarlow	245	RichardSkitt	249	GlenGandy	297	MikeCronin
38 ChorltonRunners 'C'	1484 — 209	BrianDevlin	225	RossMurdock	234	PeterAdams	242	MarkValentine	266	PhilipWaterhouse	288	JacobSmiles
39 MiddletonHAC	1511 — 199	KeesevinGarvey	252	PatRice	257	SteveVasiliou	264	TonyWalsh	269	AlanGarvey	270	ColinCarter
40 BelleVueRacers	1545 — 146	DanielAnderson	215	NigelSedman	250	DanielSeymour	281	PatrickO'Brien	326	ThemisKokolakis	328	ColinSeymour
41 SaleHManchester 'E'	1577 — 222	DavidConnelly	261	GarethWebb	288	TimRainey	271	MatthewBell	276	MarlonLamont	279	MartinSmedley
42 MiddletonHAC 'B'	1851 — 283	PaulCollinge	300	BryanONeill	301	CraigSutherland	316	AndrewBerkeley	324	StephenGranville	327	AdanBowcock

Senior Men (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Trafford AC	61 — 1	Chris Leigh	2	Jeff Prest	27	Paul Mannion	31	Dave Maher
2 Stockport H&ac	70 — 9	Adrian Nutter	12	James Corden	20	Kevan Garner	29	Steve Shaughnessy
3 Wilmslow RC	70 — 5	Rob Downs	6	Barry Archbold	23	Tom McGaff	36	Graham Screawm
4 Sale H Manchester	101 — 8	Tom Fordyce	11	Olivier Gallemin	39	Aidan Raftery	43	Craig Bradbury
5 E Cheshire H & Tameside AC	117 — 7	Barry Hirst	19	Chris Swire	25	Gary Matthews	66	Derek Hughes
6 Vale Royal AC	130 — 17	Darren Cottier	28	Gareth Williams	40	Scott Bamber	45	Craig Sephton
7 Salford H&ac	149 — 3	Phil Leybourne	14	Stanley Owen	33	Paul Birkett	99	Gary Thomason
8 Horwich Rmi	152 — 10	Andy Lloyd	13	Martyn Bell	35	David Jackson	94	Steve Jackson
9 Macclesfield H&ac	188 — 15	James Noakes	47	Gary Willcock	57	John Mooney	69	Steven Millar
10 Stockport H&ac 'B'	193 — 32	David Hulley	42	Mike Shaw	59	Tim Hargreaves	60	Robert Taylor
11 St Helens Sutton AC	201 — 21	Andrew Wilson	51	Ian Costello	53	Barry Graney	76	Ian Hayburn
12 Manchester Triathlon	205 — 41	Paul Schofield	50	Tim Johns	52	Roger Thomas	62	Shaun Walsh
13 Bramhall Runners	210 — 24	Frank Podd	48	Phil Ramsey	64	Li Lok	74	Richard Hall
14 St Helens Tri	212 — 16	Mike Goulbourne	30	Mike Cook	73	Andrew Gaskell	93	Matt Shillabeer
15 Manchester H&ac	227 — 4	Ed Fazakerley	55	Jason Brogan	77	James Hinde	91	Chris Sewart
16 Chorlton Runners	256 — 34	Paul Griffiths	58	Ian Jameson	67	Justin Hayes	97	Peter Adams
17 Altrincham&district AC	283 — 22	Steve Renny	83	Nick Burke	86	Graham Harrison	92	Jeff Norman
18 Stockport H&ac 'C'	305 — 63	Robert Cawley	71	Ian Mulligan	81	Graham Marstrand	90	Paul Plummer
19 Vale Royal AC 'B'	331 — 68	Mark Pilliner	72	James Edwards	75	Tony Archer	116	John Clarke
20 Swinton RC	345 — 37	Steve Doxey	84	Simon Bond	87	Ric Waring	137	Dave Batty
21 Salford Met AC	363 — 54	Paul Stevenson	89	Girish Patel	102	Mike Race	118	Ian Taylor
22 Manchester Triathlon 'B'	369 — 70	Steve Hughes	95	Lee Benson	100	Timothy Criddle	104	Ronan Brennan
23 Bramhall Runners 'B'	372 — 79	Simon Gebbett	82	Mike Hodson	105	Richard Lilly	106	Simon Fennell
24 Sale H Manchester 'B'	418 — 44	Steve Gavin	121	Tim Rainey	126	Marlon Lamont	127	Martin Smedley
25 E Cheshire H & Tameside AC 'B'	430 — 80	Alan Kennedy	111	Kevin Duckworth	115	Dennis Thomas	124	Martin Lewis
26 Middleton HAC	460 — 108	Pat Rice	113	Steve Vasiliou	117	Tony Walsh	122	Alan Garvey
27 Manchester Ymca H	463 — 65	Eddie Gilligan	125	David Ashton	133	Mike O'Brien	140	Steve Symons
28 Winston Runners	517 — 96	John Archer	130	Scott Ashworth	138	Jon Shaw	153	Anthony Harrison
29 Belle Vue Racers	540 — 85	Nigel Sedman	129	Patrick O'Brien	162	Themis Kokolakis	164	Colin Seymour
30 Middleton HAC 'B'	543 — 123	Colin Carter	131	Paul Collinge	144	Bryan O'Neill	145	Craig Sutherland