

Manchester Area Cross Country League at Woodbank Park, Stockport on Saturday 10th October 2015

Under 13 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	6	Edward Pettitt	Vale Royal AC	12:22	19	100	Tom Bentall	Trafford AC	13:58
2	436	Finley Profit	Macclesfield H&ac	12:34	20	23	Michael Brussels	St Helens Sutton AC	14:04
3	299	Sam Hopkins	Salford H&ac	12:41	21	44	Joe Byrne	Bramhall Runners	14:11
4	103	Seb Patrick	Trafford AC	12:45	22	132	Will Culmer	Stockport H&ac	14:13
5	487	Lucas Hayes	Warrington AC	12:49	23	467	Joe Browne	Macclesfield H&ac	14:28
6	137	Jacob Wood-Doyle	Stockport H&ac	12:58	24	475	Max Clay	Trafford AC	14:35
7	131	Edward Corden	Stockport H&ac	13:02	25	497	Alex Macfarlane	Stockport H&ac	14:35
8	99	Joe Bentall	Trafford AC	13:04	26	28	Ben Toole	St Helens Sutton AC	14:37
9	101	Oliver Choi	Trafford AC	13:05	27	468	Daniel Gaskell	Macclesfield H&ac	14:44
10	435	James Doorbar	Macclesfield H&ac	13:14	28	397	Daniel Edmundson	Altrincham&district AC	14:45
11	296	Samuel Bryan	Salford H&ac	13:17	29	297	Joe Coggins	Salford H&ac	14:52
12	133	Fares Ibrahim	Stockport H&ac	13:24	30	135	Harry Miller-Reedman	Stockport H&ac	14:53
13	486	Isaaq Ataullah	Warrington AC	13:26	31	25	Liam Houghton	St Helens Sutton AC	15:07
14	300	Charlie Mansfield	Salford H&ac	13:29	32	502	Lewis Turner	St Helens Sutton AC	15:08
15	26	Charlie Roberts	St Helens Sutton AC	13:30	33	331	Ryan O'Neill	E Cheshire H&tameside AC	16:28
16	324	William Wright	West Cheshire AC	13:31	34	469	Alexander Moss	Macclesfield H&ac	17:07
17	488	Joe Roberts	Warrington AC	13:32	35	173	Oliver Murphy	St Helens Tri	17:09
18	437	Thomas Roberts	Macclesfield H&ac	13:42	36	65	Lorcan Cronin	Manchester H&ac	17:26

Under 13 - Boys — TEAM RESULTS

1	Trafford AC	21	—	4	Seb Patrick	8	Joe Bentall	9	Oliver Choi
2	Stockport H&ac	25	—	6	Jacob Wood-Doyle	7	Edward Corden	12	Fares Ibrahim
3	Salford H&ac	28	—	3	Sam Hopkins	11	Samuel Bryan	14	Charlie Mansfield
4	Macclesfield H&ac	30	—	2	Finley Profit	10	James Doorbar	18	Thomas Roberts
5	Warrington AC	35	—	5	Lucas Hayes	13	Isaaq Ataullah	17	Joe Roberts
6	St Helens Sutton AC	61	—	15	Charlie Roberts	20	Michael Brussels	26	Ben Toole
7	Stockport H&ac	77	—	22	Will Culmer	25	Alex Macfarlane	30	Harry Miller-Reedman
8	Macclesfield H&ac	84	—	23	Joe Browne	27	Daniel Gaskell	34	Alexander Moss

Under 13 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	471	Lara Coulter	Sale H Manchester	13:09	22	123	Lara Coulter	Stockport H&ac	15:00
2	431	Sian Heslop	Macclesfield H&ac	13:22	23	63	Katie Moss	Manchester H&ac	15:06
3	205	Penny Townsend	Sale H Manchester	13:43	24	201	Olivia Herron	Sale H Manchester	15:09
4	330	Megan Lewis	E Cheshire H&tameside AC	13:44	25	287	Evie Collier	Salford H&ac	15:14
5	292	Anna Potter	Salford H&ac	13:46	26	124	Esther Hulley	Stockport H&ac	15:15
6	196	Ruby Bell	Sale H Manchester	13:52	27	62	Alice Jones	Manchester H&ac	15:16
7	197	Anouska Brooks	Sale H Manchester	13:59	28	122	Lauren Burgess	Stockport H&ac	15:18
8	127	Chloe Rogers	Stockport H&ac	14:00	29	130	Evie Wild	Stockport H&ac	15:21
9	293	Emily Russell	Salford H&ac	14:01	30	206	Scarlett Whittaker	Sale H Manchester	15:24
10	286	Amelia Bratt	Salford H&ac	14:08	31	433	Eme Noakes	Macclesfield H&ac	15:38
11	463	Ty Brockley-Langford	E Cheshire H&tameside AC	14:15	32	329	Freya Handley	E Cheshire H&tameside AC	16:01
12	125	Daisy Keigher	Stockport H&ac	14:20	33	96	Lauren Howley	Trafford AC	16:05
13	202	Laura Hole	Sale H Manchester	14:22	34	20	Amber Escoffery	St Helens Sutton AC	16:09
14	61	Georgia Fazakerley	Manchester H&ac	14:30	35	473	Kyra Brindle	Salford Met AC	16:30
15	195	Molly Atherton	Sale H Manchester	14:32	36	451	Grace Kelly	Ribble Valley AC	16:32
16	291	Samantha Mason	Salford H&ac	14:36	37	129	Ella Taylor	Stockport H&ac	16:37
17	288	Maya Croasdaile	Salford H&ac	14:38	38	430	Libby Greeney	Macclesfield H&ac	16:38
18	462	Christie Allen	E Cheshire H&tameside AC	14:40	39	429	Philippa Bearn	Macclesfield H&ac	16:39
19	289	Erin Grime	Salford H&ac	14:45	40	121	Amy Battle	Stockport H&ac	16:48
20	295	Sophie Smith	Salford H&ac	14:51	41	18	Alyx Bridge	St Helens Sutton AC	16:48
21	290	C Haywood-Percival	Salford H&ac	14:58	42	498	Katherine McMinn	Trafford AC	17:25

Under 13 - Girls — TEAM RESULTS

1	Sale H Manchester	10	—	1	Lara Coulter	3	Penny Townsend	6	Ruby Bell
2	Salford H&ac	24	—	5	Anna Potter	9	Emily Russell	10	Amelia Bratt
3	E Cheshire H&tameside AC	33	—	4	Megan Lewis	11	Ty Brockley-Langford	18	Christie Allen
4	Sale H Manchester	35	—	7	Anouska Brooks	13	Laura Hole	15	Molly Atherton
5	Stockport H&ac	42	—	8	Chloe Rogers	12	Daisy Keigher	22	Lara Coulter
6	Salford H&ac	52	—	16	Samantha Mason	17	Maya Croasdaile	19	Erin Grime
7	Manchester H&ac	64	—	14	Georgia Fazakerley	23	Katie Moss	27	Alice Jones
8	Salford H&ac	66	—	20	Sophie Smith	21	C Haywood-Percival	25	Evie Collier
9	Macclesfield H&ac	71	—	2	Sian Heslop	31	Eme Noakes	38	Libby Greeney
10	Stockport H&ac	83	—	26	Esther Hulley	28	Lauren Burgess	29	Evie Wild

Manchester Area Cross Country League

at Woodbank Park, Stockport on Saturday 10th October 2015

Under 15 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	493	Keenan Owen	E Cheshire H&tameside AC	15:47	19	146	Fabio Carosi	Stockport H&ac	17:58
2	78	Rocco Zaman-Browne	Manchester H&ac	16:01	20	443	Matthew Browne	Macclesfield H&ac	18:01
3	483	Sam Evans	Warrington AC	16:03	21	368	Sam Tempest	Wirral AC	18:04
4	444	Lucas Parker	Macclesfield H&ac	16:22	22	327	James Dagnall	Salford Met AC	18:17
5	145	Ben Batho	Stockport H&ac	16:23	23	492	Karl Taylor	Stockport H&ac	18:20
6	106	Xavier O'Hare	Trafford AC	16:26	24	110	Cynog Williams	Trafford AC	18:25
7	496	Max Brame	Liverpool H & AC	16:28	25	310	Jacob Yates	Salford H&ac	18:26
8	174	Adam Jones	St Helens Tri	16:36	26	243	Oliver Dean	Sale H Manchester	18:32
9	247	Kian Lindsay	Sale H Manchester	16:47	27	251	Jack Williamson	Sale H Manchester	18:45
10	109	Jack Wilkinson	Trafford AC	16:56	28	503	Connor Keyes	Stockport H&ac	18:53
11	485	Joe Buckley	Warrington AC	17:04	29	336	Jake Smith	E Cheshire H&tameside AC	18:54
12	242	Luke Chesters	Sale H Manchester	17:12	30	150	Sam Johnson	Stockport H&ac	19:16
13	152	Flynn Walsh	Stockport H&ac	17:13	31	151	Joseph Philbin	Stockport H&ac	19:19
14	77	Connor Fazakerley	Manchester H&ac	17:23	32	148	Drew Evans	Stockport H&ac	19:26
15	308	Paddy Cusack	Salford H&ac	17:33	33	309	Charlie Thomas	Salford H&ac	19:27
16	244	John Gilbert	Sale H Manchester	17:37	34	12	Edward Smiles	Vale Royal AC	19:46
17	398	Harry Sinclair	Altrincham&district AC	17:41	35	505	Louis Gregory	Salford Met AC	20:22
18	504	Andrew Grant	Liverpool H & AC	17:46	36	481	Dominic Crossland	Stockport H&ac	21:06

Under 15 - Boys — TEAM RESULTS

1	Sale H Manchester	37	—	9	Kian Lindsay	12	Luke Chesters	16	John Gilbert
2	Stockport H&ac	37	—	5	Ben Batho	13	Flynn Walsh	19	Fabio Carosi
3	Trafford AC	40	—	6	Xavier O'Hare	10	Jack Wilkinson	24	Cynog Williams
4	Salford H&ac	73	—	15	Paddy Cusack	25	Jacob Yates	33	Charlie Thomas
5	Stockport H&ac	81	—	23	Karl Taylor	28	Connor Keyes	30	Sam Johnson
6	Stockport H&ac	99	—	31	Joseph Philbin	32	Drew Evans	36	Dominic Crossland

Under 15 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	499	Ella McNiven	Liverpool H & AC	17:07	23	222	Tia-Rae Barton	Sale H Manchester	19:45
2	388	Lucy Miller	Liverpool H & AC	17:27	24	235	Elizabeth Twite	Sale H Manchester	19:56
3	383	Emma Gordon	Liverpool H & AC	17:35	25	353	Juliet Hodder	Wirral AC	20:07
4	382	Jess Cook	Liverpool H & AC	17:49	26	438	Josie Elliot	Macclesfield H&ac	20:13
5	74	Alice Stiles	Manchester H&ac	18:00	27	351	Erin Davies	Wirral AC	20:18
6	387	Katie Miller	Liverpool H & AC	18:05	28	140	Mollie Cooke	Stockport H&ac	20:26
7	354	Krystina Martindale	Wirral AC	18:13	29	335	Abby O'Neill	E Cheshire H&tameside AC	20:31
8	457	Georgia Tansey	Ribble Valley AC	18:27	30	7	Cerys Pilliner	Vale Royal AC	20:35
9	68	Grace De-Campos	Manchester H&ac	18:39	31	472	Jade Bailey	Salford Met AC	20:39
10	391	Millie Raine	Liverpool H & AC	18:42	32	236	Jemma Vickers	Sale H Manchester	21:08
11	440	Stephanie Moss	Macclesfield H&ac	18:43	33	455	Melita Griffin	Ribble Valley AC	21:15
12	441	Lauren Robinson	Macclesfield H&ac	18:46	34	221	Hattie Barrington	Sale H Manchester	21:16
13	334	Holly Jackson	E Cheshire H&tameside AC	18:59	35	305	Lucy McMullen	Salford H&ac	21:18
14	439	Emily Lowery	Macclesfield H&ac	19:02	36	307	Rebecca Royle	Salford H&ac	21:19
15	442	Shona Williams	Macclesfield H&ac	19:05	37	355	Grace Rogers	Wirral AC	21:35
16	229	Georgia Haworth	Sale H Manchester	19:10	38	225	Josie Canham	Sale H Manchester	21:49
17	142	Natasha Harrison	Stockport H&ac	19:12	39	389	Jade Morgan	Liverpool H & AC	22:10
18	304	Catherine Hooper	Salford H&ac	19:12	40	32	Lucy Price	St Helens Sutton AC	22:51
19	144	Briony Ward	Stockport H&ac	19:22	41	224	Isabel Brett	Sale H Manchester	23:14
20	489	Natasha Moore	Stockport H&ac	19:39	42	51	Chloe Orrick	St Helens Sutton AC	25:24
21	70	Eleanor Kenny	Manchester H&ac	19:42	43	318	Kathryn Schofield	Warrington Tri Club	25:43
22	233	Niamh Nugent	Sale H Manchester	19:43					

Under 15 - Girls — TEAM RESULTS

1	Liverpool H & AC	6	—	1	Ella McNiven	2	Lucy Miller	3	Emma Gordon
2	Liverpool H & AC	20	—	4	Jess Cook	6	Katie Miller	10	Millie Raine
3	Manchester H&ac	35	—	5	Alice Stiles	9	Grace De-Campos	21	Eleanor Kenny
4	Macclesfield H&ac	37	—	11	Stephanie Moss	12	Lauren Robinson	14	Emily Lowery
5	Stockport H&ac	56	—	17	Natasha Harrison	19	Briony Ward	20	Natasha Moore
6	Wirral AC	59	—	7	Krystina Martindale	25	Juliet Hodder	27	Erin Davies
7	Sale H Manchester	61	—	16	Georgia Haworth	22	Niamh Nugent	23	Tia-Rae Barton
8	Salford H&ac	89	—	18	Catherine Hooper	35	Lucy McMullen	36	Rebecca Royle
9	Sale H Manchester	90	—	24	Elizabeth Twite	32	Jemma Vickers	34	Hattie Barrington

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Under 17 - Men — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time
1	86	Sam Tarry		Manchester H&ac	21:50
2	491	Jack Stubbings		Warrington AC	22:31
3	112	Colin Daly		Trafford AC	22:56
4	178	Chris Larkin		Halton&frodsham H	23:11
5	340	George Lewis		E Cheshire H&tameside AC	23:14
6	494	Daniel Fox		Warrington AC	23:31
7	271	Dillon Cooper		Sale H Manchester	23:42
8	465	Nathan Barlow		E Cheshire H&tameside AC	23:45
9	111	Seamus Bradbury		Trafford AC	23:58
10	114	Mac O'Malley		Trafford AC	24:06
11	500	Luke Gamble		Warrington AC	24:19
12	268	Charlie Brett		Sale H Manchester	24:26

Under 17 - Men — TEAM RESULTS

1	Warrington AC	19	—	2	Jack Stubbings	6	Daniel Fox	11	Luke Gamble
2	Trafford AC	22	—	3	Colin Daly	9	Seamus Bradbury	10	Mac O'Malley
3	E Cheshire H&tameside AC	33	—	5	George Lewis	8	Nathan Barlow	20	Callum Rhodes
4	Stockport H&ac	49	—	13	Josh Seymour	15	George Cooke	21	James Coulson
5	St Helens Sutton AC	60	—	18	Anthony Walker	19	Joseph Walker	23	Leon Hill

Under 17 - Ladies — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time
1	79	Beth Barlow	L	1 Manchester H&ac	24:56
2	164	Katy Whiteoak	L	2 Stockport H&ac	25:12
3	252	Francesca Brint	L	3 Sale H Manchester	25:34
4	445	Louisa Whittingham	L	4 Macclesfield H&ac	25:41
5	254	Claudia Cowan	L	5 Sale H Manchester	25:49
6	459	Eleanor Bolton	L	6 Ribble Valley AC	26:21
7	158	Rebecca Jones	L	7 Stockport H&ac	26:26
8	156	Juliet Downs	L	8 Stockport H&ac	26:40
9	256	Olivia Green	L	9 Sale H Manchester	26:53
10	160	Hannah Richardson	L	10 Stockport H&ac	26:59
11	338	Lily McGuinness	L	11 E Cheshire H&tameside AC	27:18
12	266	Chiara Young	L	12 Sale H Manchester	27:28
13	314	Rebecca Mason	L	13 Salford H&ac	27:39
14	464	A Brockley-Langford	L	14 E Cheshire H&tameside AC	27:44

Under 17 - Ladies — TEAM RESULTS

1	Stockport H&ac	17	—	2	Katy Whiteoak	7	Rebecca Jones	8	Juliet Downs
2	Sale H Manchester	17	—	3	Francesca Brint	5	Claudia Cowan	9	Olivia Green
3	Stockport H&ac	42	—	10	Hannah Richardson	15	Naomi Sinclair	17	Georgia Bourke
4	Sale H Manchester	46	—	12	Chiara Young	16	Zara Thompson	18	Alice Bruce
5	Salford H&ac	54	—	13	Rebecca Mason	20	L Haywood-Percival	21	Caitlin Dunphy

Senior Women aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time
1	494	H Knowles-Jones	U20	1 Warrington AC	31:54
2	513	C Sanchez-Toribio	U20	2 University Of Manchester	33:00
3	511	Anne Kenchington	U20	3 University Of Manchester	33:09
4	209	Mollie Williams	U20	4 Stockport H&ac	33:42
5	201	Ruth Sinclair	U20	5 Stockport H&ac	35:05
6	490	Anna Mackenzie	U20	6 University Of Manchester	36:31
7	481	Georgia Baynes	U20	7 University Of Manchester	36:53

Senior Women aged 17 to 19 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	University Of Manchester	11	—	2	C Sanchez-Toribio	3	Anne Kenchington	6	Anna Mackenzie
2	University Of Manchester	29	—	7	Georgia Baynes	10	Molly Savill	12	Carolyn Cohen

Senior Men aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time
1	846	Euan Gilchrist	U20	1 Sale H Manchester	31:14
2	627	Tom McGuinness	U20	2 E Cheshire H & Tameside AC	32:17
3	245	Matthew Sutton	U20	3 Trafford AC	32:44
4	862	Daniel Evans	U20	4 Warrington AC	33:14
5	337	Richard McGeachie	U20	5 Halton & Frodsham	33:40
6	815	Joseph Howe	U20	6 University Of Manchester	33:41
7	266	Thomas Drabble	U20	7 Stockport H&ac	33:42
8	849	Chris Fance	U20	8 Warrington AC	34:26
9	819	Michael Melarkey	U20	9 University Of Manchester	34:30
10	197	Donnacha Maguire	U20	10 Manchester H&ac	34:41
11	631	Luke Piper	U20	11 E Cheshire H & Tameside AC	34:41

Senior Men aged 17 to 19 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	University Of Manchester	29	—	6	Joseph Howe	9	Michael Melarkey	14	Charlie Scates
2	Stockport H&ac	35	—	7	Thomas Drabble	13	Kevin Acton	15	Grant Anderson

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

Manchester Area Cross Country League

at Woodbank Park, Stockport on Saturday 10th October 2015

Senior Women aged 20 to 34

Pos	Num	Name	Cat/Pos	Club	Time				
1	482	Hannah Brown		University Of Manchester	32:44	43	527 Olivia McDermott	Salford Met AC	42:00
2	407	Caitlin Rice		Glossopdale Harriers	34:29	44	137 Emma Tollefson	Chorlton Runners	42:28
3	395	Sarah Mackness		Altrincham&district AC	34:33	45	2006\$Rowen Ratcliffe	Saddleworth Runners Club	42:40
4	512	Sheridan McWilliam		University Of Manchester	34:48	46	517 Elisabeth Welburn	University Of Manchester	42:49
5	404	Kirsty Johnson		Glossopdale Harriers	35:00	47	387 Laura Bostock	Altrincham&district AC	42:50
6	515	Sinead Sweeney		University Of Manchester	35:14	48	114 Hannah Ahle	Chorlton Runners	42:58
7	242	Luisa Candioli		Sale H Manchester	35:16	49	514 Camille Scuccimarra	University Of Manchester	43:18
8	508	Faye Waterhouse		Stockport H&ac	36:05	50	357 C Hammond-Price	Manchester Ymca H	44:07
9	279	Katie White		Sale H Manchester	36:36	51	382 Chloe Dalton	Wirral AC	44:20
10	370	Bethany Hirst		E Cheshire H&tameside AC	37:01	52	243 Helen Carter	Sale H Manchester	44:38
11	133	Sarah Renshaw		Chorlton Runners	37:43	53	455 Alannah Birtwistle	Macclesfield H&ac	44:50
12	157	Emma Tolond		Manchester H&ac	37:53	54	225 Leah Evans	Belle Vue Racers	45:25
13	486	Lizzie Goldie-Scot		University Of Manchester	37:59	55	306 Joanna Borecka	Swinton RC	45:47
14	284	M Bigot-Sazy		Salford H&ac	38:19	56	448 Samantha Hartley	Hyde Village Striders	45:50
15	165	Cauley Amy Rose		Trafford AC	38:23	57	518 Kirsty Wood	University Of Manchester	45:51
16	163	Lucy Wasse		Dragons Rc Sale	38:26	58	267 Alice Smedley	Sale H Manchester	45:58
17	216	Marie Leahy		St Helens Tri	38:27	59	247 Victoria Cordingley	Sale H Manchester	46:01
18	37	Ingrid Storm		Chorlton Runners	38:27	60	343 Lucy Ironmonger	Manchester Frontrunners	46:05
19	235	Phoebe Walbank		Belle Vue Racers	38:28	61	435 Claire Nelson	Manchester Triathlon	46:58
20	341	Lucy Etchells		Manchester Frontrunners	38:28	62	158 Wendy Woodhead	Manchester H&ac	47:14
21	468	Paula Nimmo		Macclesfield H&ac	38:45	63	270 Tracey Taylor	Sale H Manchester	47:23
22	176	Melanie Monks		Trafford AC	38:57	64	439 Sarah Roberts	Manchester Triathlon	47:34
23	257	Deirdre McCarthy		Sale H Manchester	39:09	65	26 Sadia Haq	Chorlton Runners	48:02
24	189	Louise Geldart		Stockport H&ac	39:39	66	453 Katy Barnes	Macclesfield H&ac	48:10
25	282	Amie Bagnall		Salford H&ac	39:56	67	356 Jill Guthrie	Manchester Ymca H	48:34
26	469	Daisy Pickles		Macclesfield H&ac	40:02	68	240 Kay Bauer	Sale H Manchester	49:44
27	27	Lis Kilcourse		Chorlton Runners	40:05	69	255 Amelie Latham	Sale H Manchester	49:54
28	234	Vicky Smith		Belle Vue Racers	40:07	70	473 Molly Taylor	Macclesfield H&ac	50:07
29	423	Imogen Gough		Manchester Triathlon	40:18	71	350 Venetta Uye	Manchester Frontrunners	50:12
30	352	Hannah Brierley		Manchester Ymca H	40:21	72	532 Hannah Hunter	Altrincham&district AC	51:48
31	113	Elena Adorni		Chorlton Runners	40:37	73	346 Claire Naylor	Manchester Frontrunners	53:08
32	14	Leona Beaumont		Chorlton Runners	40:45	74	373 Stephanie Owen	E Cheshire H&tameside AC	53:37
33	516	Cherisse Walley		University Of Manchester	40:59	75	446 Jasmine Duffy	Hyde Village Striders	54:14
34	362	Carolyn Lewtas		Salford Met AC	41:01	76	159 Heather Cunliffe	Dragons Rc Sale	54:16
35	487	Martha Hamilton		University Of Manchester	41:10	77	443 Susan Warden	Manchester Triathlon	54:45
36	238	Katherine Barker		Sale H Manchester	41:18	78	122 Suzette Crane	Chorlton Runners	54:45
37	318	Rebecca Mills		Swinton RC	41:25	79	121 Hannah Coates	Chorlton Runners	55:46
38	162	Tracey Jones		Dragons Rc Sale	41:27	80	433 Jennifer Lutton	Manchester Triathlon	57:55
39	504	Amy Ashton		Sale H Manchester	41:28	81	102 Jennifer Laptew	Middleton H AC	58:17
40	197	Cheryl Rock		Stockport H&ac	41:33	82	337 Nina Barthel	Manchester Frontrunners	1:00:39
41	136	Charlotte Tollefson		Chorlton Runners	41:35	83	21 Catherine Cutts	Chorlton Runners	1:13:09
42	33	Lorraine Pang		Chorlton Runners	41:56				

Senior Women (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time				
1	2002	\$Helen Whitby	L35	1 Northern Masters AC	36:42	20	312 Julie Hamilton	L35 20 Swinton RC	43:58
2	456	Anne Farmer	L35	2 Macclesfield H&ac	37:10	21	39 Alison Wainwright	L35 21 Chorlton Runners	44:05
3	277	Kathy Wellam	L35	3 Sale H Manchester	37:22	22	182 Amy Barter	L35 22 Stockport H&ac	44:05
4	452	Vicky Wright	L35	4 Hyde Village Striders	38:31	23	414 Sophie Barnett	L35 23 Manchester Triathlon	44:16
5	386	Lora Blann	L35	5 Altrincham&district AC	38:38	24	311 Jane Graney	L35 24 Swinton RC	44:55
6	416	Rebecca Brand	L35	6 Manchester Triathlon	39:35	25	345 Paula Medley	L35 25 Manchester Frontrunners	45:07
7	177	Julie Price	L35	7 Trafford AC	39:41	26	449 Stacey Holt	L35 26 Hyde Village Striders	45:19
8	342	Jane Fletcher	L35	8 Manchester Frontrunners	40:20	27	507 Dawn Brindle	L35 27 Salford Met AC	45:43
9	245	Jenny Clink	L35	9 Sale H Manchester	40:30	28	90 Elaine Blades-Jordan	L35 28 Middleton H AC	46:06
10	325	Erica Booth	L35	10 Horwich Rmi	40:47	29	268 Joanne Street	L35 29 Sale H Manchester	46:39
11	274	Janneke VanBeijnum	L35	11 Sale H Manchester	41:24	30	109 Isabell Richter	L35 30 Middleton H AC	47:47
12	168	Nicole Davenport	L35	12 Trafford AC	42:00	31	144 Caroline Baba	L35 31 Manchester H&ac	49:09
13	417	Sally Cooper	L35	13 Manchester Triathlon	42:30	32	110 Vicky Stainthorpe	L35 32 Middleton H AC	49:33
14	427	Helen Hyder	L35	14 Manchester Triathlon	42:40	33	229 Tina Hicks	L35 33 Belle Vue Racers	51:51
15	358	Emma Rettig	L35	15 Manchester Ymca H	43:09	34	135 Rowena Thomas	L35 34 Chorlton Runners	53:40
16	319	Helen Nation	L35	16 Swinton RC	43:11	35	377 Kelly Smith	L35 35 E Cheshire H&tameside AC	53:54
17	81	Nicola Lloyd	L35	17 Bramhall Runners	43:14	36	153 Jodie Norton	L35 36 Manchester H&ac	55:25
18	366	Catherine Daley	L35	18 E Cheshire H&tameside AC	43:35	37	222 Ruth Amin	L35 37 Belle Vue Racers	59:30
19	141	Melanie Williamson	L35	19 Chorlton Runners	43:41	38	38 Jennifer Turner	L35 38 Chorlton Runners	1:21:19

Senior Women (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time				
1	385	Sarah Kearney	L40	1 Wirral AC	35:31	22	409 Lynne Taylor	L40 22 Glossopdale Harriers	45:58
2	236	Helen Armitage	L40	2 Sale H Manchester	36:23	23	531 Sally Meats	L40 23 Stockport H&ac	46:02
3	47	Katy Green	L40	3 Wilmslow RC	36:48	24	528 Amanda McCartney	L40 24 Middleton H AC	46:07
4	462	Sarah Harris	L40	4 Macclesfield H&ac	37:24	25	147 Jackie Ellison	L40 25 Manchester H&ac	46:08
5	244	Anne Chinoy	L40	5 Sale H Manchester	38:06	26	250 Sinead Ferguson	L40 26 Sale H Manchester	47:04
6	48	Louisa Harrison	L40	6 Wilmslow RC	39:07	27	322 Viv Samuelson	L40 27 Swinton RC	47:51
7	217	Claire Murphy	L40	7 St Helens Tri	39:10	28	497 Julie Wacker	L40 28 Bramhall Runners	48:05
8	316	Lauren Marsden	L40	8 Swinton RC	39:12	29	232 Catherine McKenna	L40 29 Belle Vue Racers	48:34
9	263	Joanna Robbins	L40	9 Sale H Manchester	39:27	30	412 Gillian Aspin	L40 30 Manchester Triathlon	48:41
10	191	Linden Hiscock	L40	10 Stockport H&ac	39:50	31	24 Emma Flint	L40 31 Chorlton Runners	49:01
11	256	Clare McCarron	L40	11 Sale H Manchester	40:10	32	374 \$Nicola Richards	L40 32 E Cheshire H&tameside AC	49:09
12	19	Angelique Bueler	L40	12 Chorlton Runners	40:14	33	224 Lisa Donnelly	L40 33 Belle Vue Racers	49:19
13	83	Jennie Pickard	L40	13 Bramhall Runners	40:17	34	299 Edyta Burgess	L40 34 Winston Runners	50:16
14	86	Emma Young	L40	14 Bramhall Runners	41:21	35	438 Ana Quintana	L40 35 Manchester Triathlon	50:19
15	525	Anne Rosbottom	L40	15 Wirral AC	41:29	36	320 Sharen Roberts	L40 36 Swinton RC	50:56
16	160	Joanne Healy	L40	16 Dragons Rc Sale	42:18	37	451 Sharon Toolin	L40 37 Hyde Village Striders	51:56
17	371	Melanie Kay	L40	17 E Cheshire H&tameside AC	42:21	38	310 Anna Goodwin	L40 38 Swinton RC	52:00
18	529	Gail Hebson	L40	18 Manchester H&ac	42:33	39	298 Fiona Ashworth	L40 39 Winston Runners	52:25
19	193	Jen Hulley	L40	19 Stockport H&ac	43:01	40	134 Helen Sanderson	L40 40 Chorlton Runners	52:45
20	261	Carla Ousey	L40	20 Sale H Manchester	43:13	41	213 Adele Fisher	L40 41 St Helens Tri	54:48
21	500	Sarah Bowman	L40	21 Hyde Village Striders	43:30	42	220 Debra Rayment	L40 42 St Helens Tri	55:01
						43	533 Linda Nuamah	L40 43 Manchester H&ac	56:02

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk

Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

Senior Women (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time
1	259	Diane Modahl	L45 1	Sale H Manchester	37:32
2	44	Janine Ellis	L45 2	Wilmslow RC	37:37
3	170	Alison Drasdo	L45 3	Trafford AC	37:50
4	97	Michelle Hushion	L45 4	Middleton H AC	38:15
5	175	Joanne Lott	L45 5	Trafford AC	39:14
6	329	Sandra Kelly	L45 6	Horwich Rmi	40:33
7	179	Anna Verges-Bausili	L45 7	Trafford AC	41:08
8	390	Fiona Cosgrove	L45 8	Altrincham&district AC	41:11
9	262	Helen Reagan	L45 9	Sale H Manchester	41:30
10	59	Huma Rahman	L45 10	Wilmslow RC	41:46
11	363	Theresa Shaw	L45 11	Salford Met AC	42:16
12	187	Gillian Doolan	L45 12	Stockport H&ac	42:53
13	413	Cathy Atkinson	L45 13	Manchester Triathlon	42:58
14	156	Orla Smyth	L45 14	Manchester H&ac	44:09
15	400	Joanne Brack	L45 15	Glossopdale Harriers	45:28
16	355	Steph Goodchild	L45 16	Manchester Ymca H	45:40
17	53	Sharon Jones	L45 17	Wilmslow RC	47:10
18	368	Andrea Edwards	L45 18	E Cheshire H&tameside AC	47:45
19	226	Julia Foy	L45 19	Belle Vue Racers	48:45
20	393	Diane Hunter	L45 20	Altrincham&district AC	49:29
21	116	Rachel Beckett	L45 21	Chorlton Runners	50:37
22	305	Mandy Beard	L45 22	Swinton RC	51:35
23	530	C ColquhounLynn	L45 23	Sale H Manchester	52:08
24	303	Susan Mee	L45 24	Winston Runners	52:25
25	212	Helen Broderick	L45 25	St Helens Tri	52:34
26	304	Clare Batten	L45 26	Swinton RC	53:17
27	85	Alison Sheedy	L45 27	Bramhall Runners	53:51
28	119	Helen Cain	L45 28	Chorlton Runners	54:51
29	78	Justine Jackson	L45 29	Bramhall Runners	55:31
30	496	Erika Frame	L45 30	Bramhall Runners	55:32
31	18	Maureen Brettall	L45 31	Chorlton Runners	1:00:20
32	80	Melanie Li	L45 32	Bramhall Runners	1:01:23
33	79	Nikki Knappet	L45 33	Bramhall Runners	1:07:33

Senior Women (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time
1	391	Bev Ganose	L50 1	Altrincham&district AC	39:17
2	375	Janine Ridgard	L50 2	E Cheshire H&tameside AC	40:50
3	392	Carole Harrison	L50 3	Altrincham&district AC	41:00
4	509	Helen Walch	L50 4	Stockport H&ac	41:41
5	62	Kate Sutton	L50 5	Wilmslow RC	41:59
6	381	Caroline Brophy	L50 6	Wirral AC	42:03
7	499	Jane Mellor	L50 7	Glossopdale Harriers	42:10
8	398	Alison Vesey	L50 8	Altrincham&district AC	42:38
9	472	Hanny Stockman	L50 9	Macclesfield H&ac	42:50
10	349	Linda Rix	L50 10	Manchester Fronrunners	44:40
11	526	Mary Tavener	L50 11	Vale Royal AC	44:46
12	445	Christine Copson	L50 12	Hyde Village Striders	47:06
13	389	Helen Callery	L50 13	Altrincham&district AC	47:48
14	269	Lucinda Summers	L50 14	Sale H Manchester	47:55
15	71	Alyson Adams	L50 15	Bramhall Runners	48:15
16	424	Bethan Habron-James	L50 16	Manchester Triathlon	48:58
17	77	Kathryn Holmes	L50 17	Bramhall Runners	49:31
18	54	Julie Lucas	L50 18	Wilmslow RC	49:35
19	146	Debbie Beresford	L50 19	Manchester H&ac	49:57
20	447	Jackie Hall	L50 20	Hyde Village Striders	51:15
21	84	Sian Segar	L50 21	Bramhall Runners	53:27
22	458	Nancy Bunyan	L50 22	Macclesfield H&ac	54:53
23	249	Rosa Elliott	L50 23	Sale H Manchester	55:55
24	142	Stephanie Wise	L50 24	Chorlton Runners	1:02:07

Senior Women (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	58	Nicky Mowat	L55 1	Wilmslow RC	41:32
2	230	Annie Hirsch	L55 2	Belle Vue Racers	42:15
3	246	Jackie Cordingley	L55 3	Sale H Manchester	42:33
4	467	Barbara Murray	L55 4	Macclesfield H&ac	45:27
5	120	Ann Carney	L55 5	Chorlton Runners	48:34
6	100	Julie Jones	L55 6	Middleton H AC	49:54
7	92	Christine Comerford	L55 7	Middleton H AC	51:30
8	2007	\$Maggie Jones	L55 8	Unattached	52:11
9	365	Ann Cherry	L55 9	E Cheshire H&tameside AC	54:36
10	308	Wendy Doxey	L55 10	Swinton RC	58:58

Senior Women (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	394	Ann-Marie Jones	L60 1	Altrincham&district AC	40:23
2	372	Angela Oldham	L60 2	E Cheshire H&tameside AC	41:45
3	204	Helen Todd	L60 3	Stockport H&ac	43:50
4	524	Jane Mulryan	L60 4	Stockport H&ac	44:01
5	171	Sue Exon	L60 5	Trafford AC	46:55
6	379	Gillian Wolstenholme	L60 6	E Cheshire H&tameside AC	48:27
7	13	Carole Williams	L60 7	Vale Royal AC	53:04
8	95	Ruth Hare	L60 8	Middleton H AC	54:16
9	106	Jenny Poole	L60 9	Middleton H AC	54:30

Senior Women (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	186	Alexis Dinsmor	L65 1	Stockport H&ac	49:33
2	273	Margaret Trickey	L65 2	Sale H Manchester	49:38

Senior Women (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	221	Liz Spensley	L70 1	St Helens Tri	59:48

Manchester Area Cross Country League at Woodbank Park, Stockport on Saturday 10th October 2015

Senior Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time					
1	494	H Knowles-Jones	U20	1 Warrington AC	31:54	86	86 Emma Young	L40	14 Bramhall Runners	41:21
2	482	Hannah Brown		University Of Manchester	32:44	87	274 Janneke VanBeijnum	L35	11 Sale H Manchester	41:24
3	513	C Sanchez-Toribio	U20	2 University Of Manchester	33:00	88	318 Rebecca Mills		Swinton RC	41:25
4	511	Anne Kenchington	U20	3 University Of Manchester	33:09	89	162 Tracey Jones		Dragons Rc Sale	41:27
5	209	Mollie Williams	U20	4 Stockport H&c	33:42	90	504 Amy Ashton		Sale H Manchester	41:28
6	407	Caitlin Rice		Glossopdale Harriers	34:29	91	525 Anne Rosbottom	L40	15 Wirral AC	41:29
7	395	Sarah Mackness		Altrincham&district AC	34:33	92	262 Helen Reagan	L45	9 Sale H Manchester	41:30
8	512	Sheridan McWilliam		University Of Manchester	34:48	93	58 Nicky Mowat	L55	1 Wilmslow RC	41:32
9	404	Kirsty Johnson		Glossopdale Harriers	35:00	94	197 Cheryl Rock		Stockport H&c	41:33
10	201	Ruth Sinclair	U20	5 Stockport H&c	35:05	95	136 Charlotte Tollefson		Chorlton Runners	41:35
11	515	Sinead Sweeney		University Of Manchester	35:14	96	509 Helen Walch	L50	4 Stockport H&c	41:41
12	242	Luisa Candioli		Sale H Manchester	35:16	97	372 Angela Oldham	L60	2 E Cheshire H&tameside AC	41:45
13	385	Sarah Kearney	L40	1 Wirral AC	35:31	98	59 Huma Rahman	L45	10 Wilmslow RC	41:46
14	508	Faye Waterhouse		Stockport H&c	36:05	99	33 Lorraine Pang		Chorlton Runners	41:56
15	236	Helen Armitage	L40	2 Sale H Manchester	36:23	100	62 Kate Sutton	L50	5 Wilmslow RC	41:59
16	490	Anna Mackenzie	U20	6 University Of Manchester	36:31	101	168 Nicole Davenport	L35	12 Trafford AC	42:00
17	279	Katie White		Sale H Manchester	36:36	102	527 Olivia McDermott		Salford Met AC	42:00
18	2002	\$Helen Whitby	L35	1 Northern Masters AC	36:42	103	381 Caroline Brophy	L50	6 Wirral AC	42:03
19	47	Katy Green	L40	3 Wilmslow RC	36:48	104	499 Jane Mellor	L50	7 Glossopdale Harriers	42:10
20	481	Georgia Baynes	U20	7 University Of Manchester	36:53	105	230 Annie Hirsch	L55	2 Belle Vue Racers	42:15
21	370	Bethany Hirst		E Cheshire H&tameside AC	37:01	106	363 Theresa Shaw	L45	11 Salford Met AC	42:16
22	456	Anne Farmer	L35	2 Macclesfield H&c	37:10	107	160 Joanne Healy	L40	16 Dragons Rc Sale	42:18
23	376	Hayley Simpson	U20	8 E Cheshire H&tameside AC	37:21	108	371 Melanie Kay	L40	17 E Cheshire H&tameside AC	42:21
24	277	Kathy Wellam	L35	3 Sale H Manchester	37:22	109	137 Emma Tollefson		Chorlton Runners	42:28
25	462	Sarah Harris	L40	4 Macclesfield H&c	37:24	110	417 Sally Cooper	L35	13 Manchester Triathlon	42:30
26	259	Diane Modahl	L45	1 Sale H Manchester	37:32	111	246 Jackie Cordingley	L55	3 Sale H Manchester	42:33
27	44	Janine Ellis	L45	2 Wilmslow RC	37:37	112	529 Gail Hebson	L40	18 Manchester H&c	42:33
28	133	Sarah Renshaw		Chorlton Runners	37:43	113	398 Alison Vesey	L50	8 Altrincham&district AC	42:38
29	170	Alison Drasdo	L45	3 Trafford AC	37:50	114	2006\$Rowen Ratcliffe		Saddleworth Runners Club	42:40
30	157	Emma Tolond		Manchester H&c	37:53	115	427 Helen Hyder	L35	14 Manchester Triathlon	42:40
31	486	Lizzie Goldie-Scot		University Of Manchester	37:59	116	517 Elisabeth Welburn		University Of Manchester	42:49
32	244	Anne Chinoy	L40	5 Sale H Manchester	38:06	117	387 Laura Bostock		Altrincham&district AC	42:50
33	384	Aileen Kearney	U20	9 Wirral AC	38:10	118	472 Hanny Stockman	L50	9 Macclesfield H&c	42:50
34	97	Michelle Hushion	L45	4 Middleton H AC	38:15	119	187 Gillian Doolan	L45	12 Stockport H&c	42:53
35	284	M Bigot-Sazy		Salford H&c	38:19	120	114 Hannah Ahle		Chorlton Runners	42:58
36	491	Molly Savill	U20	10 University Of Manchester	38:20	121	413 Cathy Atkinson	L45	13 Manchester Triathlon	42:58
37	165	Cauley Amy Rose		Trafford AC	38:23	122	193 Jen Hulley	L40	19 Stockport H&c	43:01
38	163	Lucy Wasse		Dragons Rc Sale	38:26	123	358 Emma Rettig	L35	15 Manchester Ymca H	43:09
39	216	Marie Leahy		St Helens Tri	38:27	124	319 Helen Nation	L35	16 Swinton RC	43:11
40	37	Ingrid Storm		Chorlton Runners	38:27	125	261 Carla Ousey	L40	20 Sale H Manchester	43:13
41	235	Phoebe Walbank		Belle Vue Racers	38:28	126	81 Nicola Lloyd	L35	17 Bramhall Runners	43:14
42	341	Lucy Etchells		Manchester Frontrunners	38:28	127	514 Camille Scuccimarra		University Of Manchester	43:18
43	258	Imani Modahl	U20	11 Sale H Manchester	38:30	128	500 Sarah Bowman	L40	21 Hyde Village Striders	43:30
44	452	Vicky Wright	L35	4 Hyde Village Striders	38:31	129	366 Catherine Daley	L35	18 E Cheshire H&tameside AC	43:35
45	386	Lora Blann	L35	5 Altrincham&district AC	38:38	130	141 Melanie Williamson	L35	19 Chorlton Runners	43:41
46	468	Paula Nimmo		Macclesfield H&c	38:45	131	204 Helen Todd	L60	3 Stockport H&c	43:50
47	176	Melanie Monks		Trafford AC	38:57	132	312 Julie Hamilton	L35	20 Swinton RC	43:58
48	48	Louisa Harrison	L40	6 Wilmslow RC	39:07	133	524 Jane Mulryan	L60	4 Stockport H&c	44:01
49	257	Deirdre McCarthy		Sale H Manchester	39:09	134	39 Alison Wainwright	L35	21 Chorlton Runners	44:05
50	217	Claire Murphy	L40	7 St Helens Tri	39:10	135	182 Amy Barter	L35	22 Stockport H&c	44:05
51	316	Lauren Marsden	L40	8 Swinton RC	39:12	136	357 C Hammond-Price		Manchester Ymca H	44:07
52	175	Joanne Lott	L45	5 Trafford AC	39:14	137	156 Orla Smyth	L45	14 Manchester H&c	44:09
53	506	\$Ruth Jones	U20	12 Salford H&c	39:16	138	414 Sophie Barnett	L35	23 Manchester Triathlon	44:16
54	391	Bev Ganose	L50	1 Altrincham&district AC	39:17	139	382 Chloe Dalton		Wirral AC	44:20
55	263	Joanna Robbins	L40	9 Sale H Manchester	39:27	140	243 Helen Carter		Sale H Manchester	44:38
56	416	Rebecca Brand	L35	6 Manchester Triathlon	39:35	141	349 Linda Rix	L50	10 Manchester Frontrunners	44:40
57	189	Louise Geldart		Stockport H&c	39:39	142	526 Mary Tavener	L50	11 Vale Royal AC	44:46
58	177	Julie Price	L35	7 Trafford AC	39:41	143	455 Alannah Birtwistle		Macclesfield H&c	44:50
59	191	Linden Hiscock	L40	10 Stockport H&c	39:50	144	311 Jane Graney	L35	24 Swinton RC	44:55
60	282	Amie Bagnall		Salford H&c	39:56	145	345 Paula Medley	L35	25 Manchester Frontrunners	45:07
61	469	Daisy Pickles		Macclesfield H&c	40:02	146	449 Stacey Holt	L35	26 Hyde Village Striders	45:19
62	27	Lis Kilcourse		Chorlton Runners	40:05	147	225 Leah Evans		Belle Vue Racers	45:25
63	234	Vicky Smith		Belle Vue Racers	40:07	148	467 Barbara Murray	L55	4 Macclesfield H&c	45:27
64	256	Clare McCarron	L40	11 Sale H Manchester	40:10	149	400 Joanne Brack	L45	15 Glossopdale Harriers	45:28
65	19	Angelique Bueler	L40	12 Chorlton Runners	40:14	150	355 Steph Goodchild	L45	16 Manchester Ymca H	45:40
66	83	Jennie Pickard	L40	13 Bramhall Runners	40:17	151	507 Dawn Brindle	L35	27 Salford Met AC	45:43
67	423	Imogen Gough		Manchester Triathlon	40:18	152	306 Joanna Borecka		Swinton RC	45:47
68	342	Jane Fletcher	L35	8 Manchester Frontrunners	40:20	153	448 Samantha Hartley		Hyde Village Striders	45:50
69	352	Hannah Brierley		Manchester Ymca H	40:21	154	518 Kirsty Wood		University Of Manchester	45:51
70	394	Ann-Marie Jones	L60	1 Altrincham&district AC	40:23	155	267 Alice Smedley		Sale H Manchester	45:58
71	245	Jenny Clink	L35	9 Sale H Manchester	40:30	156	409 Lynne Taylor	L40	22 Glossopdale Harriers	45:58
72	329	Sandra Kelly	L45	6 Horwich Rmi	40:33	157	247 Victoria Cordingley		Sale H Manchester	46:01
73	113	Elena Adorni		Chorlton Runners	40:37	158	531 Sally Meats	L40	23 Stockport H&c	46:02
74	484	Carolyn Cohen	U20	13 University Of Manchester	40:43	159	343 Lucy Ironmonger		Manchester Frontrunners	46:05
75	14	Leona Beaumont		Chorlton Runners	40:45	160	90 Elaine Blades-Jordan	L35	28 Middleton H AC	46:06
76	325	Erica Booth	L35	10 Horwich Rmi	40:47	161	528 Amanda McCartney	L40	24 Middleton H AC	46:07
77	375	Janine Ridgard	L50	2 E Cheshire H&tameside AC	40:50	162	147 Jackie Ellison	L40	25 Manchester H&c	46:08
78	70	Shannon Partington	U20	14 St Helens Sutton AC	40:55	163	268 Joanne Street	L35	29 Sale H Manchester	46:39
79	516	Cherisse Walley		University Of Manchester	40:59	164	171 Sue Exon	L60	5 Trafford AC	46:55
80	392	Carole Harrison	L50	3 Altrincham&district AC	41:00	165	435 Claire Nelson		Manchester Triathlon	46:58
81	362	Carolyn Lewtas		Salford Met AC	41:01	166	250 Sinead Ferguson	L40	26 Sale H Manchester	47:04
82	179	Anna Verges-Bausili	L45	7 Trafford AC	41:08	167	445 Christine Copson	L50	12 Hyde Village Striders	47:06
83	487	Martha Hamilton		University Of Manchester	41:10	168	53 Sharon Jones	L45	17 Wilmslow RC	47:10
84	390	Fiona Cosgrove	L45	8 Altrincham&district AC	41:11	169	158 Wendy Woodhead		Manchester H&c	47:14
85	238	Katherine Barker		Sale H Manchester	41:18	170	270 Tracey Taylor		Sale H Manchester	47:23

171	439 Sarah Roberts		Manchester Triathlon	47:34	215 530 C ColquhounLynn	L45 23 Sale H Manchester	52:08
172	368 Andrea Edwards	L45 18	E Cheshire H&tameside AC	47:45	2162007\$Maggie Jones	L55 8 Unattached	52:11
173	109 Isabell Richter	L35 30	Middleton H AC	47:47	217 303 Susan Mee	L45 24 Winton Runners	52:25
174	389 Helen Callery	L50 13	Altrincham&district AC	47:48	218 298 Fiona Ashworth	L40 39 Winton Runners	52:25
175	322 Viv Samuelson	L40 27	Swinton RC	47:51	219 212 Helen Broderick	L45 25 St Helens Tri	52:34
176	269 Lucinda Summers	L50 14	Sale H Manchester	47:55	220 134 Helen Sanderson	L40 40 Chorlton Runners	52:45
177	26 Sadia Haq		Chorlton Runners	48:02	221 13 Carole Williams	L60 7 Vale Royal AC	53:04
178	497 Julie Wacker	L40 28	Bramhall Runners	48:05	222 346 Claire Naylor	Manchester Frontrunners	53:08
179	453 Katy Barnes		Macclesfield H&c	48:10	223 304 Clare Batten	L45 26 Swinton RC	53:17
180	71 Alyson Adams	L50 15	Bramhall Runners	48:15	224 84 Sian Segar	L50 21 Bramhall Runners	53:27
181	379 Gillian Wolstenholme	L60 6	E Cheshire H&tameside AC	48:27	225 373 Stephanie Owen	E Cheshire H&tameside AC	53:37
182	232 Catherine McKenna	L40 29	Belle Vue Racers	48:34	226 135 Rowena Thomas	L35 34 Chorlton Runners	53:40
183	356 Jill Guthrie		Manchester Ymca H	48:34	227 85 Alison Sheedy	L45 27 Bramhall Runners	53:51
184	120 Ann Carney	L55 5	Chorlton Runners	48:34	228 377 Kelly Smith	L35 35 E Cheshire H&tameside AC	53:54
185	412 Gillian Aspin	L40 30	Manchester Triathlon	48:41	229 446 Jasmine Duffy	Hyde Village Striders	54:14
186	226 Julia Foy	L45 19	Belle Vue Racers	48:45	230 95 Ruth Hare	L60 8 Middleton H AC	54:16
187	424 Bethan Habron-James	L50 16	Manchester Triathlon	48:58	231 159 Heather Cunliffe	Dragons Rc Sale	54:16
188	24 Emma Flint	L40 31	Chorlton Runners	49:01	232 106 Jenny Poole	L60 9 Middleton H AC	54:30
189	374 \$Nicola Richards	L40 32	E Cheshire H&tameside AC	49:09	233 365 Ann Cherry	L55 9 E Cheshire H&tameside AC	54:36
190	144 Caroline Baba	L35 31	Manchester H&c	49:09	234 443 Susan Warden	Manchester Triathlon	54:45
191	224 Lisa Donnelly	L40 33	Belle Vue Racers	49:19	235 122 Suzette Crane	Chorlton Runners	54:45
192	393 Diane Hunter	L45 20	Altrincham&district AC	49:29	236 213 Adele Fisher	L40 41 St Helens Tri	54:48
193	77 Kathryn Holmes	L50 17	Bramhall Runners	49:31	237 119 Helen Cain	L45 28 Chorlton Runners	54:51
194	186 Alexis Dinsmor	L65 1	Stockport H&c	49:33	238 458 Nancy Bunyan	L50 22 Macclesfield H&c	54:53
195	110 Vicky Stainthorpe	L35 32	Middleton H AC	49:33	239 220 Debra Rayment	L40 42 St Helens Tri	55:01
196	54 Julie Lucas	L50 18	Wilmslow RC	49:35	240 153 Jodie Norton	L35 36 Manchester H&c	55:25
197	273 Margaret Trickey	L65 2	Sale H Manchester	49:38	241 78 Justine Jackson	L45 29 Bramhall Runners	55:31
198	240 Kay Bauer		Sale H Manchester	49:44	242 496 Erika Frame	L45 30 Bramhall Runners	55:32
199	255 Amelie Latham		Sale H Manchester	49:54	243 121 Hannah Coates	Chorlton Runners	55:46
200	100 Julie Jones	L55 6	Middleton H AC	49:54	244 249 Rosa Elliott	L50 23 Sale H Manchester	55:55
201	146 Debbie Beresford	L50 19	Manchester H&c	49:57	245 533 Linda Nuamah	L40 43 Manchester H&c	56:02
202	473 Molly Taylor		Macclesfield H&c	50:07	246 433 Jennifer Lutton	Manchester Triathlon	57:55
203	350 Venetta Uye		Manchester Frontrunners	50:12	247 102 Jennifer Laptew	Middleton H AC	58:17
204	299 Edtva Burgess	L40 34	Winton Runners	50:16	248 308 Wendy Doxey	L55 10 Swinton RC	58:58
205	438 Ana Quintana	L40 35	Manchester Triathlon	50:19	249 222 Ruth Amin	L35 37 Belle Vue Racers	59:30
206	116 Rachel Beckett	L45 21	Chorlton Runners	50:37	250 221 Liz Spensley	L70 1 St Helens Tri	59:48
207	320 Sharen Roberts	L40 36	Swinton RC	50:56	251 18 Maureen Brettall	L45 31 Chorlton Runners	1:00:20
208	447 Jackie Hall	L50 20	Hyde Village Striders	51:15	252 337 Nina Barthel	Manchester Frontrunners	1:00:39
209	92 Christine Comerford	L55 7	Middleton H AC	51:30	253 80 Melanie Li	L45 32 Bramhall Runners	1:01:23
210	305 Mandy Beard	L45 22	Swinton RC	51:35	254 142 Stephanie Wise	L50 24 Chorlton Runners	1:02:07
211	532 Hannah Hunter		Altrincham&district AC	51:48	255 79 Nikki Knappet	L45 33 Bramhall Runners	1:07:33
212	229 Tina Hicks	L35 33	Belle Vue Racers	51:51	256 21 Catherine Cutts	Chorlton Runners	1:13:09
213	451 Sharon Toolin	L40 37	Hyde Village Striders	51:56	257 38 Jennifer Turner	L35 38 Chorlton Runners	1:21:19
214	310 Anna Goodwin	L40 38	Swinton RC	52:00			

Senior Women (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Sale H Manchester	14	—	2	Helen Armitage	5	Kathy Wellam	7	Diane Modahl
2	Wilmslow RC	25	—	3	Katy Green	8	Janine Ellis	14	Louisa Harrison
3	Trafford AC	47	—	9	Alison Drasdo	17	Joanne Lott	21	Julie Price
4	Sale H Manchester	52	—	10	Anne Chinoy	19	Joanna Robbins	23	Clare McCarron
5	Altrincham&district AC	58	—	13	Lora Blann	18	Bev Ganose	27	Ann-Marie Jones
6	Macclesfield H&c	66	—	4	Anne Farmer	6	Sarah Harris	56	Hanny Stockman
7	Wirral AC	83	—	1	Sarah Kearney	37	Anne Rosbottom	45	Caroline Brophy
8	Sale H Manchester	102	—	28	Jenny Clink	36	Janneke Van Beijnum	38	Helen Reagan
9	Stockport H&c	119	—	22	Linden Hiscock	40	Helen Walch	57	Gillian Doolan
10	Altrincham&district AC	120	—	32	Carole Harrison	34	Fiona Cosgrove	54	Alison Vesey
11	E Cheshire H&tameside AC	122	—	31	Janine Riddgard	41	Angela Oldham	50	Melanie Kay
12	Bramhall Runners	123	—	25	Jennie Pickard	35	Emma Young	63	Nicola Lloyd
13	Wilmslow RC	124	—	39	Nicky Mowat	42	Huma Rahman	43	Kate Sutton
14	Manchester Triathlon	126	—	20	Rebecca Brand	51	Sally Cooper	55	Helen Hyder
15	Swinton RC	145	—	16	Lauren Marsden	61	Helen Nation	68	Julie Hamilton
16	Hyde Village Striders	154	—	12	Vicky Wright	64	Sarah Bowman	78	Stacey Holt
17	Chorlton Runners	160	—	24	Angelique Bueler	66	Melanie Williamson	70	Alison Wainwright
18	Trafford AC	166	—	33	Anna Verges-Bausili	44	Nicole Davenport	89	Sue Exon
19	Manchester Frontrunners	177	—	26	Jane Fletcher	74	Linda Rix	77	Paula Medley
20	Middleton H AC	182	—	11	Michelle Hushion	85	Elaine Blades-Jordan	86	Amanda McCartney
21	Stockport H&c	195	—	59	Jen Hulley	67	Helen Todd	69	Jane Mulryan
22	Sale H Manchester	202	—	52	Jackie Cordingley	62	Carla Ousey	88	Joanne Street
23	Glossopdale Harriers	209	—	46	Jane Mellor	80	Joanne Brack	83	Lynne Taylor
24	Manchester H&c	212	—	53	Gail Hebson	72	Orla Smyth	87	Jackie Ellison
25	Manchester Triathlon	234	—	58	Cathy Atkinson	73	Sophie Barnett	103	Gillian Aspin
26	Belle Vue Racers	252	—	47	Annie Hirsch	101	Catherine McKenna	104	Julia Foy
27	E Cheshire H&tameside AC	258	—	65	Catherine Daley	93	Andrea Edwards	100	Gillian Wolstenholme
28	Stockport H&c	266	—	71	Amy Barter	84	Sally Meats	111	Alexis Dinsmor
29	St Helens Tri	286	—	15	Claire Murphy	130	Helen Broderick	141	Adele Fisher
30	Swinton RC	292	—	76	Jane Graney	96	Viv Samuelson	120	Sharen Roberts
31	Sale H Manchester	301	—	90	Sinead Ferguson	97	Lucinda Summers	114	Margaret Trickey
32	Bramhall Runners	307	—	98	Julie Wacker	99	Alyson Adams	110	Kathryn Holmes
33	Middleton H AC	321	—	94	Isabell Richter	112	Vicky Stainthorpe	115	Julie Jones
34	Chorlton Runners	327	—	102	Ann Carney	106	Emma Flint	119	Rachel Beckett
35	Hyde Village Striders	337	—	91	Christine Copson	121	Jackie Hall	125	Sharon Toolin
36	Manchester H&c	368	—	107	Caroline Baba	116	Debbie Beresford	145	Jodie Norton
37	Winton Runners	374	—	117	Edtva Burgess	128	Susan Mee	129	Fiona Ashworth
38	Swinton RC	382	—	123	Mandy Beard	126	Anna Goodwin	133	Clare Batten
39	Belle Vue Racers	383	—	108	Lisa Donnelly	124	Tina Hicks	151	Ruth Amin
40	Middleton H AC	399	—	122	Christine Comerford	138	Ruth Hare	139	Jenny Poole
41	Chorlton Runners	408	—	131	Helen Sanderson	135	Rowena Thomas	142	Helen Cain
42	Bramhall Runners	416	—	134	Sian Segar	136	Alison Sheedy	146	Justine Jackson
43	Bramhall Runners	457	—	147	Erika Frame	154	Melanie Li	156	Nikki Knappet
44	Chorlton Runners	465	—	153	Maureen Brettall	155	Stephanie Wise	157	Jennifer Turner

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 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

Senior Women — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 University Of Manchester	17	—	2 Hannah Brown	3 C Sanchez-Toribio	4 Anne Kenchington	8 SheridanMcWilliam
2 Sale H Manchester	67	—	12 Luisa Candioli	15 Helen Armitage	17 Katie White	23 Kathy Wellam
3 University Of Manchester 'B'	76	—	11 Sinead Sweeney	16 Anna Mackenzie	19 Georgia Baynes	30 Lizzie Goldie-Scot
4 Stockport H&ac	84	—	5 MollieWilliams	10 Ruth Sinclair	14 Faye Waterhouse	55 Louise Geldart
5 Sale H Manchester 'B'	146	—	25 DianeModdhal	31 Anne Chinoy	42 ImaniModahl	48 Deirdre McCarthy
6 Macclesfield H&ac	149	—	21 Anne Farmer	24 Sarah Harris	45 PaulaNimmo	59 Daisy Pickles
7 Trafford AC	161	—	28 Alison Drasdo	36 Cauley Amy Rose	46 MelanieMonks	51 Joanne Lott
8 Altrincham&district AC	171	—	7 Sarah Mackness	44 Lora Blann	52 Bev Ganose	68 Ann-Marie Jones
9 Wilmslow RC	182	—	18 Katy Green	26 JanineEllis	47 Louisa Harrison	91 Nicky Mowat
10 Chorlton Runners	189	—	27 Sarah Renshaw	39 Ingrid Storm	60 Lis Kilcourse	63 Angeliqe Bueler
11 E Cheshire H&tameside AC	212	—	20 Bethany Hirst	22 Hayley Simpson	75 Janine Ridgard	95 Angela Oldham
12 Wirral AC	235	—	13 Sarah Kearney	32 Aileen Kearney	89 Anne Rosbottom	101 Caroline Brophy
13 Glossopdale Harriers	263	—	6 Caitlin Rice	9 Kirsty Johnson	102 Jane Mellor	146 Joanne Brack
14 University Of Manchester 'C'	265	—	35 Molly Savill	72 Carolyn Cohen	77 Cherisse Walley	81 Martha Hamilton
15 Sale H Manchester 'C'	267	—	53 Joanna Robbins	62 Clare McCarron	69 Jenny Clink	83 Katherine Barker
16 Chorlton Runners 'B'	334	—	71 Elena Adomi	73 Leona Beaumont	93 Charlotte Tollefson	97 Lorraine Pang
17 Manchester Triathlon	339	—	54 Rebecca Brand	65 Imogen Gough	108 Sally Cooper	112 Helen Hyder
18 Belle Vue Racers	348	—	40 PhoebeWalbank	61 Vicky Smith	103 Annie Hirsch	144 Leah Evans
19 Stockport H&ac 'B'	359	—	57 Linden Hiscock	92 Cheryl Rock	94 Helen Walch	116 Gillian Doolan
20 Sale H Manchester 'D'	372	—	85 Janneke VanBeijnum	82 Amy Ashton	90 Helen Reagan	109 Jackie Cordingley
21 Altrincham&district AC 'B'	385	—	78 Carole Harrison	87 Fiona Cosgrove	111 Alison Vesey	114 Laura Bostock
22 Swinton RC	386	—	50 Lauren Marsden	86 Rebecca Mills	121 Helen Nation	129 Julie Hamilton
23 Manchester Frontrunners	387	—	41 Lucy Eтчells	86 Jane Fletcher	138 Linda Rix	142 Paula Medley
24 Trafford AC 'B'	396	—	56 Julie Price	60 Anna Verges-Bausili	99 Nicole Davenport	161 Sue Exon
25 Salford Met AC	431	—	79 Carolyn Lewtas	100 Olivia McDermott	104 Theresa Shaw	148 Dawn Brindle
26 Manchester H&ac	432	—	29 Emma Tolond	110 Gail Hebson	134 Orla Smyth	159 Jackie Ellison
27 Bramhall Runners	446	—	64 Jennie Pickard	84 Emma Young	123 Nicola Lloyd	175 Julie Wacker
28 Dragons Rc Sale	455	—	37 Lucy Wasse	87 Tracey Jones	105 Joanne Healy	226 Heather Cunliffe
29 Hyde Village Striders	461	—	43 Vicky Wright	125 Sarah Bowman	143 Stacey Holt	150 Samantha Hartley
30 Manchester Ymca H	467	—	67 Hannah Brierley	120 Emma Rettig	133 CHammond-Price	147 Steph Goodchild
31 Chorlton Runners 'C'	482	—	107 Emma Tollefson	117 Hannah Ahle	127 MelanieWilliamson	131 Alison Wainwright
32 Stockport H&ac 'C'	509	—	119 Jen Hulley	128 Helen Todd	130 Jane Mulryan	132 Amy Barter
33 Middleton H AC	518	—	33 MichelleHushion	157 Elaine Blades-Jordan	158 Amanda McCartney	170Isabell Richter
34 St Helens Tri	532	—	38 Marie Leahy	49 Claire Murphy	214 Helen Broderick	231 Adele Fisher
35 Wilmslow RC 'B'	551	—	96 HumaRahman	98 Kate Sutton	165 Sharon Jones	192 Julie Lucas
36 Sale H Manchester 'E'	565	—	122 Carla Ousey	137 Helen Carter	152 Alice Smedley	154 Victoria Cordingley
37 Macclesfield H&ac 'B'	576	—	115 Hanny Stockman	140 Alannah Birtwistle	145 Barbara Murray	176 Katy Barnes
38 E Cheshire H&tameside AC 'B'	579	—	106 Melanie Kay	126 Catherine Daley	169 Andrea Edwards	178 Gillian Wolstenholme
39 Manchester Triathlon 'B'	583	—	118 Cathy Atkinson	135 Sophie Barnett	162 Claire Nelson	168 Sarah Roberts
40 Sale H Manchester 'F'	663	—	160 Joanne Street	163 Sinead Ferguson	167 Tracey Taylor	173 Lucinda Summers
41 Swinton RC 'B'	665	—	141 Jane Graney	149 Joanna Borecka	172 Viv Samuelson	203 Sharen Roberts
42 Chorlton Runners 'D'	742	—	174 Sadia Haq	181 Ann Carney	185 Emma Flint	202 Rachel Beckett
43 Belle Vue Racers 'B'	757	—	179 Catherine McKenna	183 Julia Foy	187 Lisa Donnelly	208 Tina Hicks
44 Manchester H&ac 'B'	784	—	166 Wendy Woodhead	186 Caroline Baba	197 Debbie Beresford	235 Jodie Norton
45 Sale H Manchester 'G'	793	—	193 Margaret Trickey	194 Kay Bauer	195 Amelie Latham	211 C ColquhounLynn
46 Manchester Triathlon 'C'	796	—	182 Gillian Aspin	184 Bethan Habron-James	201 Ana Quintana	229 Susan Warden
47 Hyde Village Striders 'B'	801	—	164 Christine Copson	204 Jackie Hall	209 Sharon Toolin	224 Jasmine Duffy
48 Bramhall Runners 'B'	807	—	177 Alyson Adams	189 Kathryn Holmes	219 Sian Segar	222 Alison Sheedy
49 Middleton H AC 'B'	817	—	191 Vicky Stainthorpe	196 Julie Jones	205 Christine Comerford	225 Ruth Hare
50 Manchester Frontrunners 'B'	819	—	156 Lucy Ironmonger	199 Venetta Uye	217 Claire Naylor	247 Nina Barthel
51 Swinton RC 'C'	877	—	206 Mandy Beard	210 Anna Goodwin	218 Clare Batten	243 Wendy Doxey
52 Chorlton Runners 'E'	898	—	215 Helen Sanderson	221 Rowena Thomas	230 Suzette Crane	232 Helen Cain
53 Bramhall Runners 'C'	971	—	236 Justine Jackson	237 Erika Frame	248 Melanie Li	250 Nikki Knappett
54 Chorlton Runners 'F'	984	—	238 Hannah Coates	246 Maureen Brettall	249 Stephanie Wise	251 Catherine Cutts

Manchester Area Cross Country League

at Woodbank Park, Stockport on Saturday 10th October 2015

Senior Men aged 20 to 39

Pos	Num	Name	Cat/Pos	Club	Time
1	850	Jack Martin		Stockport H&ac	29:24
2	852	Alexander O'Gorman		Stockport H&ac	29:32
3	419	Carl Hardman		Salford H&ac	29:38
4	851	Gavin Hill		Sale H Manchester	29:49
5	658	David Norman		Altrincham&district AC	29:57
6	403	Joe Bailey		Salford H&ac	30:28
7	715	Alex Lawton		Manchester Triathlon	31:07
8	373	Nigel Martin		Sale H Manchester	31:10
9	247	Gavin Tomlinson		Trafford AC	31:18
10	439	Matthew Shaw		Salford H&ac	31:21
11	386	Callum Rowlinson		Sale H Manchester	31:29
12	521	Joe Mercer		Horwich Rmi	31:38
13	784	Adam Sciacca		University Of Manchester	31:43
14	366	Daniel Kashi		Sale H Manchester	31:48
15	238	Simon O'Meara		Trafford AC	31:53
16	427	Bruno Lima		Salford H&ac	32:10
17	283	Jack Nixon		Stockport H&ac	32:23
18	844	James Wignall		Sale H Manchester	32:28
19	695	Robert Bridges		Manchester Triathlon	32:33
20	209	Mark Offord		Dragons Rc Sale	32:42
21	642	Michael Berks		Altrincham&district AC	32:45
22	372	David Marsh		Sale H Manchester	32:53
23	847	Alan White		Sale H Manchester	33:00
24	441	Adam Slodowicz		Salford H&ac	33:02
25	790	James Savage		Chorlton Runners	33:03
26	646	Ryan Ganose		Altrincham&district AC	33:04
27	783	Harry Poole		University Of Manchester	33:24
28	352	Chris Donnelly		Sale H Manchester	33:25
29	628	Howard Oldham		E Cheshire H & Tameside AC	33:30
30	859	Joseph Hudak		E Cheshire H & Tameside AC	33:35
31	170	Jonathan Harrison		Chorlton Runners	33:45
32	430	Billy McCartney		Salford H&ac	33:54
33	764	Mark Walker		Macclesfield H&ac	33:56
34	277	Dean Matkin		Stockport H&ac	34:10
35	369	Mike Kilmartin		Sale H Manchester	34:16
36	243	Darren Russell		Trafford AC	34:18
37	368	Tim Kennedy		Sale H Manchester	34:29
38	626	Scott Matthews		E Cheshire H & Tameside AC	34:34
39	7	Zack Bamber		Vale Royal AC	34:36
40	2001	Alexis Valtat		Athletic Coeur De Fond	34:37
41	2005	Simon Pymm		Saddleworth Runners Club	34:38
42	226	Timothy Fletcher		Trafford AC	34:44
43	705	Graeme Grindrod		Manchester Triathlon	34:50
44	350	Andrew Carlin		Sale H Manchester	34:52
45	397	James Walsh		Sale H Manchester	34:53
46	470	Dan Bird		Swinton RC	34:54
47	385	Paul Rowley		Sale H Manchester	35:00
48	594	Craig Jones		Manchester Ymca H	35:08
49	782	Dan Pettitt		University Of Manchester	35:10
50	389	Phil Scowcroft		Sale H Manchester	35:13
51	785	Jack Smissaert		University Of Manchester	35:28
52	813	Creighton Connolly		University Of Manchester	35:29
53	40	Ben Hobson		Chorlton Runners	35:30
54	223	Richard Clancy		Trafford AC	35:32
55	168	Steven Curley		Chorlton Runners	35:37
56	767	Scott Wilson		Macclesfield H&ac	35:41
57	709	Llyr Hughes		Manchester Triathlon	35:56
58	590	Mark Griffiths		Manchester Ymca H	36:06
59	257	Phil Burns		Stockport H&ac	36:07
60	677	Chris Jackson		Glossopdale Harriers	36:27
61	835	Dowan Kwon		University Of Manchester	36:30
62	244	Chris Small		Trafford AC	36:36
63	750	Robert Hasler		Macclesfield H&ac	36:41
64	854	Gregory Williams		St Helens Sutton AC	36:43
65	455	Dan Harbridge		Warrington Tri Club	36:54
66	841	Alex Bysouth		Salford Met AC	37:02
67	542	Matthew Wackett		Knutsford Tri Club	37:10
68	717	Stewart Moore		Manchester Triathlon	37:14
69	726	Aaron Saxton		Manchester Triathlon	37:18
70	384	Matt Ray		Sale H Manchester	37:25
71	565	Jono Guildford		Manchester Frontrunners	37:26
72	353	Richard Edwards		Sale H Manchester	37:26
73	655	Daniel Martell		Altrincham&district AC	37:27
74	340	Mike Ashby		Sale H Manchester	37:28
75	333	Nick Tynan		Belle Vue Racers	37:29
76	356	Kevin Foster		Sale H Manchester	37:37
77	861	Craig Peet		E Cheshire H & Tameside AC	37:41
78	855	Jamie White		St Helens Sutton AC	37:50
79	729	Murray Taylor		Manchester Triathlon	37:57
80	82	Allan McCormick		Wilmslow RC	37:58
81	213	Robert Wadsworth		Dragons Rc Sale	38:02
82	676	Jamie Helmer		Glossopdale Harriers	38:15
83	604	Paul Connolly		Salford Met AC	38:16
84	814	Steve Hawthorne		University Of Manchester	38:18
85	596	Chris March		Manchester Ymca H	38:20
86	178	Jamie Stewart		Chorlton Runners	38:22
87	376	Ben McIntyre		Sale H Manchester	38:23
88	130	John Williams		Bramhall Runners	38:25
89	357	Mark Fox		Sale H Manchester	38:32
90	334	Victor Walsh		Belle Vue Racers	38:35
91	76	Paul Hawkins		Wilmslow RC	38:38
92	56	Neal Wainwright		Chorlton Runners	38:38
93	791	Paul Johnston		Altrincham&district AC	38:40
94	702	Dean Evans		Manchester Triathlon	38:42
95	833	Matthew Hamer		University Of Manchester	38:43
96	450	Nathan Cameron		Warrington Tri Club	38:48
97	416	Chris Dawson		Salford H&ac	38:49
98	800	Francis Pyatt		Macclesfield H&ac	38:57
99	792	Richard Adams		Bramhall Runners	38:58
100	816	Howard Jones		University Of Manchester	39:02
101	696	James Bruce		Manchester Triathlon	39:08
102	550	David Chambers		Manchester Frontrunners	39:11
103	795	Callum Parkinson		Hyde Village Striders	39:12
104	365	Damian Jones		Sale H Manchester	39:30
105	249	Craig Wheeler		Trafford AC	39:34
106	703	Alastair Fisher		Manchester Triathlon	39:39
107	314	Patrick Neill		St Helens Tri	39:43
108	566	Steve Hatton		Manchester Frontrunners	39:43
109	555	Martin Dunn		Manchester Frontrunners	39:44
110	331	Meng Tang		Belle Vue Racers	39:47
111	58	Guy Weaver		Chorlton Runners	39:48
112	605	Ben Farrelly		Salford Met AC	39:51
113	866	Jonathan Powell		Altrincham&district AC	39:59
114	164	James Ashford		Chorlton Runners	40:02
115	375	Richard McHugh		Sale H Manchester	40:14
116	817	James Martin		University Of Manchester	40:15
117	34	Brian Devlin		Chorlton Runners	40:16
118	182	Steven Welch		Chorlton Runners	40:18
119	251	Gareth Woodcock		Trafford AC	40:25
120	458	Mark Simpson		Warrington Tri Club	40:29
121	686	Andy Adkin		Manchester Triathlon	40:30
122	549	Joe Carne		Manchester Frontrunners	40:31
123	532	John Goggins		Knutsford Tri Club	40:35
124	442	Paul Stephens		Salford H&ac	40:40
125	711	Richard Hyder		Manchester Triathlon	40:41
126	595	Rob Kedian		Manchester Ymca H	40:46
127	198	Jonathan Reeh		Manchester H&ac	40:52
128	611	Daniel Bamber		E Cheshire H & Tameside AC	40:56
129	210	Joe Richards		Dragons Rc Sale	41:00
130	216	Mike Yarwood		Dragons Rc Sale	41:16
131	167	Paul Brown		Chorlton Runners	41:17
132	575	James Pearson		Manchester Frontrunners	41:21
133	303	Craig Abbot		St Helens Tri	41:24
134	57	Chris Waith		Chorlton Runners	41:33
135	553	Amir Dar		Manchester Frontrunners	41:36
136	554	Thomas Deakin		Manchester Frontrunners	41:37
137	320	Adam Barber		Belle Vue Racers	41:42
138	799	Ewan Edmondson		Macclesfield H&ac	41:48
139	821	Hector Romeu		University Of Manchester	42:03
140	573	Jordan Millar		Manchester Frontrunners	42:05
141	779	Vittorio Muraro		University Of Manchester	42:06
142	49	Ross Murdoch		Chorlton Runners	42:09
143	770	Jack Benham		Mmu H	42:12
144	763	Daniel Taylor		Macclesfield H&ac	42:15
145	865	Stephen Brown		Manchester Frontrunners	42:16
146	718	Marcos Moya		Manchester Triathlon	42:22
147	564	Peter Greatbanks		Manchester Frontrunners	42:24
148	179	Mark Valentine		Chorlton Runners	42:26
149	728	Andy Taylor		Manchester Triathlon	42:29
150	485	Rob McGibbon		Swinton RC	42:34
151	557	Phil Facey		Manchester Frontrunners	42:37
152	551	Jack Coffin		Manchester Frontrunners	42:39
153	33	Simon Clarke		Chorlton Runners	42:44
154	857	Darren Cooper		Manchester H&ac	43:04
155	332	Andrew Taylor		Belle Vue Racers	43:06
156	200	Richard Skitt		Manchester H&ac	43:45
157	110	Adam Bird		Bramhall Runners	43:47
158	772	Alfonso Leone		Mmu H	43:57
159	606	Stuart Mairs		Salford Met AC	44:04
160	777	Robert Farrington		University Of Manchester	44:06
161	329	Daniel Seymour		Belle Vue Racers	44:13
162	560	Greig Frankland		Manchester Frontrunners	44:14
163	54	Jacob Smiles		Chorlton Runners	44:17
164	478	Mike Graney		Swinton RC	44:30
165	737	Rob Smith		Manchester Triathlon	44:34
166	559	James Fox		Manchester Frontrunners	45:01
167	346	Matthew Bell		Sale H Manchester	45:04
168	683	Thomas Skelton		Glossopdale Harriers	45:11
169	289	James Pratt		Stockport H&ac	45:29
170	2010	Chris Floyd		Unattached	45:47
171	581	Joe Yang		Manchester Frontrunners	45:48
172	464	Paul Lockett		Winstoun Runners	46:06
173	480	Dave Halliday		Swinton RC	47:05

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 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

174	306 Gary Birch	St Helens Tri	47:17	181	567 Craig Isherwood	Manchester Frontrunners	50:49
175	569 Carl Lane	Manchester Frontrunners	47:26	182	147 Jason Harling	Middleton H AC	51:02
176	809 Chris Poole	Swinton RC	48:36	183	171 James Hollis	Chorlton Runners	51:26
177	181 Philip Waterhouse	Chorlton Runners	48:52	184	699 Tim Condon	Manchester Triathlon	52:16
178	2008\$John Habron	Unattached	49:22	185	46 Thomas Marler	Chorlton Runners	52:38
179	856 Osmaan Khan	E Cheshire H & Tameside AC	49:44	186	304 John Baden	St Helens Tri	53:31
180	721 Malcolm Orrell	Manchester Triathlon	49:54	187	839 Mark Schofield	Chorlton Runners	54:07

Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time			
1	234	Chris Leigh	V40	1 Trafford AC	31:11	36	91 Matt Taylor	V40 36 Wilmslow RC 40:26
2	242	Jeff Prest	V40	2 Trafford AC	33:04	37	119 Mike Hodson	V40 37 Bramhall Runners 40:37
3	810	\$Clive Fitzpatrick	V40	3 Trafford AC	33:23	38	347 Jason Bowers	V40 38 Sale H Manchester 41:23
4	622	Kevin Jowett	V40	4 E Cheshire H & Tameside AC	33:46	39	115 Simon Gebbett	V40 39 Bramhall Runners 41:44
5	47	Ben McCormack	V40	5 Chorlton Runners	33:51	40	267 David Dyer	V40 40 Stockport H&ac 41:50
6	468	Simon Atkin	V40	6 Swinton RC	34:32	41	199 Chris Sewart	V40 41 Manchester H&ac 42:01
7	60	Barry Archbold	V40	7 Wilmslow RC	34:35	42	30 Peter Adams	V40 42 Chorlton Runners 42:11
8	263	James Corden	V40	8 Stockport H&ac	35:01	43	287 Paul Plummer	V40 43 Stockport H&ac 42:27
9	355	Tom Fordyce	V40	9 Sale H Manchester	35:19	44	704 Harsham Gill	V40 44 Manchester Triathlon 42:28
10	284	Adrian Nutter	V40	10 Stockport H&ac	35:24	45	177 Judd Skelton	V40 45 Chorlton Runners 42:35
11	163	David Alderson	V40	11 Chorlton Runners	35:38	46	687 Damian Aspin	V40 46 Manchester Triathlon 42:42
12	617	Tim Greenald	V40	12 E Cheshire H & Tameside AC	35:40	47	275 Andrew Mainwaring	V40 47 Stockport H&ac 43:48
13	574	James Moles	V40	13 Manchester Frontrunners	35:43	48	537 Andrew Orme	V40 48 Knutsford Tri Club 43:52
14	229	Michael Hunt	V40	14 Trafford AC	35:44	49	533 Andrew Gray	V40 49 Knutsford Tri Club 43:53
15	255	Paul Brooks	V40	15 Stockport H&ac	35:45	50	742 Danny McDermott	V40 50 Hyde Village Striders 43:58
16	358	Olivier Gailllemin	V40	16 Sale H Manchester	35:50	51	302 Jeremy Woodham	V40 51 Stockport H&ac 44:03
17	843	Mike Goulbourne	V40	17 St Helens Tri	36:03	52	330 Jason Stott	V40 52 Belle Vue Racers 44:06
18	298	Matt Townley	V40	18 Stockport H&ac	36:20	53	370 Marlon Lamont	V40 53 Sale H Manchester 44:08
19	447	Phil West	V40	19 Salford H&ac	36:25	54	858 Ian Roberts	V40 54 St Helens Sutton AC 44:15
20	645	Adrian Fuller	V40	20 Altrincham&district AC	36:39	55	174 Sean Lord	V40 55 Chorlton Runners 44:44
21	285	Paul Nutter	V40	21 Stockport H&ac	37:16	56	212 Simon Skeltenberry	V40 56 Dragons Rc Sale 45:30
22	680	Neil McGraw	V40	22 Glossopdale Harriers	37:17	57	571 John Lowe	V40 57 Manchester Frontrunners 45:41
23	420	Dave Hudson	V40	23 Salford H&ac	37:33	58	318 Ali Alsaadi	V40 58 Belle Vue Racers 45:57
24	453	Mark Hadland	V40	24 Warrington Tri Club	38:11	59	634 Dennis Thomas	V40 59 E Cheshire H & Tameside AC 46:09
25	543	Shane Wolstencroft	V40	25 Knutsford Tri Club	38:24	60	339 Gary Armitage	V40 60 Sale H Manchester 47:09
26	472	Chris Brown	V40	26 Swinton RC	38:52	61	755 Tim Marsh	V40 61 Macclesfield H&ac 47:18
27	297	Mike Toal	V40	27 Stockport H&ac	39:05	62	188 Mike Cronin	V40 62 Manchester H&ac 47:22
28	348	Craig Bradbury	V40	28 Sale H Manchester	39:07	63	67 Andy Dodd	V40 63 Wilmslow RC 47:45
29	127	Phil Ramsey	V40	29 Bramhall Runners	39:09	64	580 Dan Whittaker	V40 64 Manchester Frontrunners 49:05
30	864	Mark Bale	V40	30 Wilmslow RC	39:28	65	208 Lee Murray	V40 65 Dragons Rc Sale 49:40
31	311	Eddie Hirst	V40	31 St Helens Tri	39:31	66	205 Paul Allum	V40 66 Dragons Rc Sale 49:48
32	731	Roger Thomas	V40	32 Manchester Triathlon	39:32	67	477 Simon Finch	V40 67 Swinton RC 50:01
33	584	Richard Brailsford	V40	33 Manchester Ymca H	39:39	68	698 Mark Coley	V40 68 Manchester Triathlon 51:21
34	860	Mark Norton	V40	34 Altrincham&district AC	40:06	69	739 Steven Wynne	V40 69 Manchester Triathlon 52:59
35	98	Ian Costello	V40	35 St Helens Sutton AC	40:13	70	2011 \$Alan Cokayne	V40 70 Unattached 56:40

Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time			
1	868	\$Ian Grime	V45	1 Salford H&ac	32:37	33	411 Sean Cordell	V45 33 Salford H&ac 40:43
2	491	Mark Russell	V45	2 Swinton RC	33:16	34	264 Paul Corner	V45 34 Stockport H&ac 40:51
3	190	Ed Fazakerley	V45	3 Manchester H&ac	33:43	35	103 Ian Hayburn	V45 35 St Helens Sutton AC 40:53
4	600	David Alexander	V45	4 West Cheshire AC	34:02	36	828 Richard Marlton	V45 36 Horwich Rmi 40:58
5	349	Richard Brown	V45	5 Sale H Manchester	34:39	37	117 Richard Hall	V45 37 Bramhall Runners 41:31
6	519	Andy Lloyd	V45	6 Horwich Rmi	34:45	38	788 Howie Weiner	V45 38 Belle Vue Racers 41:40
7	93	Andy Whittingham	V45	7 Wilmslow RC	35:26	39	309 Andrew Gaskell	V45 39 St Helens Tri 41:52
8	429	Dave Lockett	V45	8 Salford H&ac	35:31	40	78 Craig Hunt	V45 40 Wilmslow RC 41:54
9	759	James Noakes	V45	9 Macclesfield H&ac	35:33	41	276 Graham Marsland	V45 41 Stockport H&ac 42:17
10	87	Jim Pendrill	V45	10 Wilmslow RC	35:39	42	863 Steve Bunker	V45 42 Wilmslow RC 42:25
11	853	Richasrd Lloyd	V45	11 Stockport H&ac	36:08	43	735 Shaun Walsh	V45 43 Manchester Triathlon 42:30
12	730	Stephen Taylor	V45	12 Manchester Triathlon	36:16	44	417 Brendan Dempsey	V45 44 Salford H&ac 42:46
13	664	Steve Renny	V45	13 Altrincham&district AC	36:17	45	842 Girish Patel	V45 45 Salford Met AC 42:58
14	291	Peter Rogers	V45	14 Stockport H&ac	36:46	46	192 Glen Gandy	V45 46 Manchester H&ac 43:12
15	633	Chris Swire	V45	15 E Cheshire H & Tameside AC	36:52	47	322 Philip D'netto	V45 47 Belle Vue Racers 43:55
16	269	Kevan Garner	V45	16 Stockport H&ac	37:01	48	316 Lee Stinch	V45 48 St Helens Tri 44:05
17	313	Mark Livingston	V45	17 St Helens Tri	37:03	49	693 Ronan Brennan	V45 49 Manchester Triathlon 44:12
18	122	Ian Keeling	V45	18 Bramhall Runners	37:07	50	59 Naz Zameer	V45 50 Chorlton Runners 44:24
19	126	Frank Podd	V45	19 Bramhall Runners	37:21	51	114 Simon Fennell	V45 51 Bramhall Runners 44:28
20	825	Gareth Williams	V45	20 Vale Royal AC	37:30	52	495 Jon Sides	V45 52 Swinton RC 44:56
21	77	Mike Hill	V45	21 Wilmslow RC	37:40	53	527 Mark Swindell	V45 53 Horwich Rmi 45:13
22	601	Andrew Clague	V45	22 West Cheshire AC	38:06	54	738 Chris Watson	V45 54 Manchester Triathlon 45:15
23	675	Steve Crossman	V45	23 Glossopdale Harriers	38:13	55	184 Lloyd Barlow	V45 55 Manchester H&ac 45:43
24	727	Paul Schofield	V45	24 Manchester Triathlon	38:33	56	804 Chris Cook	V45 56 Sale H Manchester 46:04
25	186	Jason Brogan	V45	25 Manchester H&ac	38:34	57	157 Pat Rice	V45 57 Middleton H AC 46:10
26	6	Scott Bamber	V45	26 Vale Royal AC	38:41	58	317 Paul Stipples	V45 58 St Helens Tri 46:13
27	528	Simon Atkins	V45	27 Knutsford Tri Club	38:50	59	624 Martin Lewis	V45 59 E Cheshire H & Tameside AC 46:21
28	720	John Murray	V45	28 Manchester Triathlon	39:07	60	74 Chris Grime	V45 60 Wilmslow RC 46:46
29	516	Nick Kelly	V45	29 Horwich Rmi	39:21	61	599 Steve Symons	V45 61 Manchester Ymca H 48:15
30	359	Steve Gavin	V45	30 Sale H Manchester	39:29	62	290 Nick Roberts	V45 62 Stockport H&ac 48:34
31	124	Li Lok	V45	31 Bramhall Runners	40:21	63	44 Richard Leeming	V45 63 Chorlton Runners 52:27
32	281	Ian Mulligan	V45	32 Stockport H&ac	40:36	64	175 Colin McHugo	V45 64 Chorlton Runners 52:52

Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	440	Paul Simons	V50 1	Salford H&ac	33:39	26	644 Lockie Campbell	V50 26	Altrincham&district AC	41:35
2	68	Rob Downs	V50 2	Wilmslow RC	34:00	27	589 Eddie Gilligan	V50 27	Manchester Ymca H	42:18
3	619	Barry Hirst	V50 3	E Cheshire H & Tameside AC	34:27	28	62 Tim Billington	V50 28	Wilmslow RC	42:19
4	221	Dick Byers	V50 4	Trafford AC	35:36	29	219 Robin Beaumont	V50 29	Trafford AC	42:23
5	387	Gary Rowlinson	V50 5	Sale H Manchester	36:02	30	351 Frank Cordingley	V50 30	Sale H Manchester	43:00
6	79	Graham Macneill	V50 6	Wilmslow RC	36:05	31	734 Richard Wallace	V50 31	Manchester Triathlon	43:02
7	588	David Gamer	V50 7	Manchester Ymca H	36:33	32	744 Dominic Sexton	V50 32	Hyde Village Striders	43:07
8	134	Stephen Watmough	V50 8	Warrington AC	37:24	33	736 Timothy Criddle	V50 33	Manchester Triathlon	43:46
9	236	Paul Mannion	V50 9	Trafford AC	37:33	34	113 Steve Fairclough	V50 34	Bramhall Runners	44:16
10	230	Mike Hutchinson	V50 10	Trafford AC	37:43	35	678 Sikobe Litaba	V50 35	Glossopdale Harriers	44:48
11	109	Paul Beckett	V50 11	Bramhall Runners	38:21	36	673 Andrew Burnett	V50 36	Glossopdale Harriers	45:06
12	490	Gary Richardson	V50 12	Swinton RC	38:36	37	609 Ian Taylor	V50 37	Salford Met AC	45:25
13	294	Mike Shaw	V50 13	Stockport H&ac	39:00	38	454 Paul Harbridge	V50 38	Warrington Tri Club	45:38
14	766	Gary Willcock	V50 14	Macclesfield H&ac	39:27	39	336 Andy Wood	V50 39	Belle Vue Racers	46:03
15	381	Steve Parry	V50 15	Sale H Manchester	40:01	40	120 Steve Hughes	V50 40	Bramhall Runners	46:13
16	39	Justin Hayes	V50 16	Chorlton Runners	40:03	41	656 Gordon Nicholl	V50 41	Altrincham&district AC	47:04
17	608	Paul Stevenson	V50 17	Salford Met AC	40:05	42	273 John Hughes	V50 42	Stockport H&ac	47:13
18	867	David Hughes	V50 18	Altrincham&district AC	40:12	43	81 Bernard McCaaron	V50 43	Wilmslow RC	47:46
19	621	Derek Hughes	V50 19	E Cheshire H & Tameside AC	40:32	44	364 Noel Irwin	V50 44	Sale H Manchester	47:56
20	399	Nick Webb	V50 20	Sale H Manchester	40:33	45	160 Paul Taylor	V50 45	Middleton H AC	47:56
21	760	Ray O'Keefe	V50 21	Macclesfield H&ac	40:34	46	837 David Rowe	V50 46	Liverpool Harriers & Ac	48:03
22	286	Simon Phillips	V50 22	Stockport H&ac	41:03	47	469 Dave Batty	V50 47	Swinton RC	48:22
23	576	Roberto Raso	V50 23	Manchester Frontrunners	41:26	48	840 Colin Walton	V50 48	Wilmslow RC	49:10
24	327	Nigel Sedman	V50 24	Belle Vue Racers	41:29	49	462 Anthony Harrison	V50 49	Winston Runners	49:36
25	623	Alan Kennedy	V50 25	E Cheshire H & Tameside AC	41:34	50	2012 \$Colin Matthews	V50 50	Unattached	51:51

Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time					
1	625	Gary Matthews	V55 1	E Cheshire H & Tameside AC	35:42	16	848 Kevin Duckworth	V55 16	E Cheshire H & Tameside AC	44:20
2	293	Steve Shaughnessy	V55 2	Stockport H&ac	37:59	17	466 Peter Walters	V55 17	Winston Runners	44:55
3	382	Aidan Raftery	V55 3	Sale H Manchester	38:46	18	648 Pete Hill	V55 18	Altrincham&district AC	45:00
4	475	Steve Doxey	V55 4	Swinton RC	38:56	19	668 Alan Williams	V55 19	Altrincham&district AC	45:45
5	640	Dave Ainsworth	V55 5	Altrincham&district AC	39:24	20	52 Tony Payne	V55 20	Chorlton Runners	46:31
6	757	John Mooney	V55 6	Macclesfield H&ac	39:35	21	597 Mike O'Brien	V55 21	Manchester Ymca H	47:03
7	649	Mark Hunter	V55 7	Altrincham&district AC	40:04	22	685 John Stephenson	V55 22	Glossopdale Harriers	47:16
8	271	Tim Hargreaves	V55 8	Stockport H&ac	41:00	23	394 Mike Starkey	V55 23	Sale H Manchester	47:52
9	155	Anthony Lowe	V55 9	Middleton H AC	42:07	24	159 Craig Sutherland	V55 24	Middleton H AC	48:05
10	647	Graham Harrison	V55 10	Altrincham&district AC	42:14	25	325 Patrick O'Brien	V55 25	Belle Vue Racers	48:35
11	694	Mike Bridges	V55 11	Manchester Triathlon	42:50	26	587 Geoff Cotterill	V55 26	Manchester Ymca H	49:13
12	262	David Chrystie-Lowe	V55 12	Stockport H&ac	43:08	27	145 Stephen Granville	V55 27	Middleton H AC	49:56
13	607	Mike Race	V55 13	Salford Met AC	43:51	28	765 Mark Wheelton	V55 28	Macclesfield H&ac	50:51
14	446	Ronnie Warrender	V55 14	Salford H&ac	44:02	29	19 Richard Pettitt	V55 29	Vale Royal AC	52:22
15	829	David Barnes	V55 15	Horwich Rmi	44:06					

Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time					
1	434	Stanley Owen	V60 1	Salford H&ac	36:37	11	71 Geoff Gilbert	V60 11	Wilmslow RC	45:28
2	437	Philip Quibell	V60 2	Salford H&ac	37:09	12	392 Jerry Smith	V60 12	Sale H Manchester	45:33
3	83	Tom McGaff	V60 3	Wilmslow RC	37:13	13	143 Alan Garvey	V60 13	Middleton H AC	46:25
4	193	David Gee	V60 4	Manchester H&ac	37:33	14	338 Miran Aprahamian	V60 14	Sale H Manchester	46:36
5	2009	\$Kevin Fingleton	V60 5	Unattached	41:19	15	391 Martin Smedley	V60 15	Sale H Manchester	46:39
6	661	Peter Pickwell	V60 6	Altrincham&district AC	41:32	16	443 Thomas Temple	V60 16	Salford H&ac	47:02
7	836	John Archer	V60 7	Winston Runners	42:13	17	598 Jon Paramor	V60 17	Manchester Ymca H	47:25
8	832	Tony Brierley	V60 8	Manchester Ymca H	42:40	18	651 Mike Jones	V60 18	Altrincham&district AC	50:09
9	3	Tony Archer	V60 9	Vale Royal AC	42:48	19	762 David Shoesmith	V60 19	Macclesfield H&ac	55:03
10	10	John Clarke	V60 10	Vale Royal AC	44:52	20	206 Peter Bedford	V60 20	Dragons Rc Sale	1:00:00

Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	295	Robert Taylor	V65 1	Stockport H&ac	41:02
2	618	Tony Hillier	V65 2	E Cheshire H & Tameside AC	45:09
3	681	Neville McGraw	V65 3	Glossopdale Harriers	49:38
4	407	Roland Bowness	V65 4	Salford H&ac	50:18
5	84	Gavin Mendham	V65 5	Wilmslow RC	51:34
6	415	Tom Daniels	V65 6	Salford H&ac	51:50
7	148	Bob Horrocks	V65 7	Middleton H AC	59:33

Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	659	Jeff Norman	V70 1	Altrincham&district AC	42:54
2	189	Michael Cunningham	V70 2	Manchester H&ac	49:14
3	830	John Parker	V70 3	Horwich Rmi	50:45
4	21	Colin Rathbone	V70 4	Vale Royal AC	51:11
5	69	Trevor Faulkner	V70 5	Wilmslow RC	59:18
6	256	Chris Bryans	V75 1	Stockport H&ac	1:18:52

Manchester Area Cross Country League

at Woodbank Park, Stockport on Saturday 10th October 2015

Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time				
1	850	Jack Martin		Stockport H&ac	29:24	87	223 Richard Clancy	Trafford AC	35:32
2	852	Alexander O'Gorman		Stockport H&ac	29:32	88	759 James Noakes	V45 9 Macclesfield H&ac	35:33
3	419	Carl Hardman		Salford H&ac	29:38	89	221 Dick Byers	V50 4 Trafford AC	35:36
4	851	Gavin Hill		Sale H Manchester	29:49	90	168 Steven Curley	Chorlton Runners	35:37
5	658	David Norman		Altrincham&district AC	29:57	91	163 David Alderson	V40 11 Chorlton Runners	35:38
6	403	Joe Bailey		Salford H&ac	30:28	92	87 Jim Pendrill	V45 10 Wilmslow RC	35:39
7	715	Alex Lawton		Manchester Triathlon	31:07	93	617 Tim Greenald	V40 12 E Cheshire H & Tameside AC	35:40
8	373	Nigel Martin		Sale H Manchester	31:10	94	252 Kevin Acton	U20 13 Stockport H&ac	35:40
9	234	Chris Leigh	V40 1	Trafford AC	31:11	95	767 Scott Wilson	Macclesfield H&ac	35:41
10	846	Euan Gilchrist	U20 1	Sale H Manchester	31:14	96	625 Gary Matthews	V55 1 E Cheshire H & Tameside AC	35:42
11	247	Gavin Tomlinson		Trafford AC	31:18	97	574 James Moles	V40 13 Manchester Frontrunners	35:43
12	439	Matthew Shaw		Salford H&ac	31:21	98	229 Michael Hunt	V40 14 Trafford AC	35:44
13	386	Callum Rowlinson		Sale H Manchester	31:29	99	255 Paul Brooks	V40 15 Stockport H&ac	35:45
14	521	Joe Mercer		Horwich Rmi	31:38	100	358 Olivier Gaillemin	V40 16 Sale H Manchester	35:50
15	784	Adam Sciacca		University Of Manchester	31:43	101	709 Llyr Hughes	Manchester Triathlon	35:56
16	366	Daniel Kashi		Sale H Manchester	31:48	102	822 Charlie Scates	U20 14 University Of Manchester	36:01
17	238	Simon O'Meara		Trafford AC	31:53	103	387 Gary Rowlinson	V50 5 Sale H Manchester	36:02
18	427	Bruno Lima		Salford H&ac	32:10	104	843 Mike Goulbourne	V40 17 St Helens Tri	36:03
19	627	Tom McGuinness	U20 2	E Cheshire H & Tameside AC	32:17	105	79 Graham Macneill	V50 6 Wilmslow RC	36:05
20	283	Jack Nixon		Stockport H&ac	32:23	106	590 Mark Griffiths	Manchester Ymca H	36:06
21	844	James Wignall		Sale H Manchester	32:28	107	257 Phil Burns	Stockport H&ac	36:07
22	695	Robert Bridges		Manchester Triathlon	32:33	108	853 Richasrd Lloyd	V45 11 Stockport H&ac	36:08
23	868	\$Ian Grime	V45 1	Salford H&ac	32:37	109	730 Stephen Taylor	V45 12 Manchester Triathlon	36:16
24	209	Mark Offord		Dragons Rc Sale	32:42	110	664 Steve Renny	V45 13 Altrincham&district AC	36:17
25	245	Matthew Sutton	U20 3	Trafford AC	32:44	111	298 Matt Townley	V40 18 Stockport H&ac	36:20
26	642	Michael Berks		Altrincham&district AC	32:45	112	447 Phil West	V40 19 Salford H&ac	36:25
27	372	David Marsh		Sale H Manchester	32:53	113	677 Chris Jackson	Glossopdale Harriers	36:27
28	847	Alan White		Sale H Manchester	33:00	114	835 Downan Kwon	University Of Manchester	36:30
29	441	Adam Slodowicz		Salford H&ac	33:02	115	588 David Garner	V50 7 Manchester Ymca H	36:33
30	790	James Savage		Chorlton Runners	33:03	116	244 Chris Small	Trafford AC	36:36
31	242	Jeff Prest	V40 2	Trafford AC	33:04	117	434 Stanley Owen	V60 1 Salford H&ac	36:37
32	646	Ryan Ganose		Altrincham&district AC	33:04	118	645 Adrian Fuller	V40 20 Altrincham&district AC	36:39
33	862	Daniel Evans	U20 4	Warrington AC	33:14	119	750 Robert Hasler	Macclesfield H&ac	36:41
34	491	Mark Russell	V45 2	Swinton RC	33:16	120	854 Gregory Williams	St Helens Sutton AC	36:43
35	810	\$Clive Fitzpatrick	V40 3	Trafford AC	33:23	121	291 Peter Rogers	V45 14 Stockport H&ac	36:46
36	783	Harry Poole		University Of Manchester	33:24	122	633 Chris Swire	V45 15 E Cheshire H & Tameside AC	36:52
37	352	Chris Donnelly		Sale H Manchester	33:25	123	455 Dan Harbridge	Warrington Tri Club	36:54
38	628	Howard Oldham		E Cheshire H & Tameside AC	33:30	124	253 Grant Anderson	U20 15 Stockport H&ac	36:56
39	859	Joseph Hudak		E Cheshire H & Tameside AC	33:35	125	269 Kevan Garner	V45 16 Stockport H&ac	37:01
40	440	Paul Simons	V50 1	Salford H&ac	33:39	126	841 Alex Bysouth	Salford Met AC	37:02
41	337	Richard McGeachie	U20 5	Halton & Frodsham	33:40	127	313 Mark Livingston	V45 17 St Helens Tri	37:03
42	815	Joseph Howe	U20 6	University Of Manchester	33:41	128	122 Ian Keeling	V45 18 Bramhall Runners	37:07
43	266	Thomas Drabble	U20 7	Stockport H&ac	33:42	129	437 Philip Quibell	V60 2 Salford H&ac	37:09
44	190	Ed Fazakerley	V45 3	Manchester H&ac	33:43	130	542 Matthew Wackett	Knutsford Tri Club	37:10
45	170	Jonathan Harrison		Chorlton Runners	33:45	131	83 Tom McGaff	V60 3 Wilmslow RC	37:13
46	622	Kevin Jowett	V40 4	E Cheshire H & Tameside AC	33:46	132	717 Stewart Moore	Manchester Triathlon	37:14
47	47	Ben McCormack	V40 5	Chorlton Runners	33:51	133	285 Paul Nutter	V40 21 Stockport H&ac	37:16
48	430	Billy McCartney		Salford H&ac	33:54	134	680 Neil McGraw	V40 22 Glossopdale Harriers	37:17
49	764	Mark Walker		Macclesfield H&ac	33:56	135	726 Aaron Saxton	Manchester Triathlon	37:18
50	68	Rob Downs	V50 2	Wilmslow RC	34:00	136	126 Frank Podd	V45 19 Bramhall Runners	37:21
51	600	David Alexander	V45 4	West Cheshire AC	34:02	137	134 Stephen Watmough	V50 8 Warrington AC	37:24
52	277	Dean Matkin		Stockport H&ac	34:10	138	384 Matt Ray	Sale H Manchester	37:25
53	369	Mike Kilmartin		Sale H Manchester	34:16	139	565 Jono Guildford	Manchester Frontrunners	37:26
54	243	Darren Russell		Trafford AC	34:18	140	353 Richard Edwards	Sale H Manchester	37:26
55	849	Chris Fance	U20 8	Warrington AC	34:26	141	655 Daniel Martell	Altrincham&district AC	37:27
56	619	Barry Hirst	V50 3	E Cheshire H & Tameside AC	34:27	142	340 Mike Ashby	Sale H Manchester	37:28
57	368	Tim Kennedy		Sale H Manchester	34:29	143	333 Nick Tynan	Belle Vue Racers	37:29
58	819	Michael Melarkey	U20 9	University Of Manchester	34:30	144	825 Gareth Williams	V45 20 Vale Royal AC	37:30
59	468	Simon Atkin	V40 6	Swinton RC	34:32	145	193 David Gee	V60 4 Manchester H&ac	37:33
60	626	Scott Matthews		E Cheshire H & Tameside AC	34:34	146	236 Paul Mannion	V50 9 Trafford AC	37:33
61	60	Barry Archbold	V40 7	Wilmslow RC	34:35	147	420 Dave Hudson	V40 23 Salford H&ac	37:33
62	7	Zack Bamber		Vale Royal AC	34:36	148	356 Kevin Foster	Sale H Manchester	37:37
63	2001	\$Alexis Valtat		Athletic Coeur De Fond	34:37	149	77 Mike Hill	V45 21 Wilmslow RC	37:40
64	2005	\$Simon Pymm		Saddleworth Runners Club	34:38	150	861 Craig Peet	E Cheshire H & Tameside AC	37:41
65	349	Richard Brown	V45 5	Sale H Manchester	34:39	151	230 Mike Hutchinson	V50 10 Trafford AC	37:43
66	197	Donnacha Maguire	U20 10	Manchester H&ac	34:41	152	855 Jamie White	St Helens Sutton AC	37:50
67	631	Luke Piper	U20 11	E Cheshire H & Tameside AC	34:41	153	729 Murray Taylor	Manchester Triathlon	37:57
68	226	Timothy Fletcher		Trafford AC	34:44	154	82 Allan McCormick	Wilmslow RC	37:58
69	519	Andy Lloyd	V45 6	Horwich Rmi	34:45	155	293 Steve Shaughnessy	V55 2 Stockport H&ac	37:59
70	705	\$Graeme Grindrod		Manchester Triathlon	34:50	156	838 Ben Jackson	U20 16 Trafford AC	38:01
71	350	Andrew Carlin		Sale H Manchester	34:52	157	213 Robert Wadsworth	Dragons Rc Sale	38:02
72	397	James Walsh		Sale H Manchester	34:53	158	601 Andrew Clague	V45 22 West Cheshire AC	38:06
73	470	Dan Bird		Swinton RC	34:54	159	453 Mark Hadland	V40 24 Warrington Tri Club	38:11
74	385	Paul Rowley		Sale H Manchester	35:00	160	818 Alex McKail	U20 17 University Of Manchester	38:12
75	263	James Corden	V40 8	Stockport H&ac	35:01	161	675 Steve Crossman	V45 23 Glossopdale Harriers	38:13
76	769	George Nightingale	U20 12	Ribble Valley AC	35:03	162	676 Jamie Helmer	Glossopdale Harriers	38:15
77	594	Craig Jones		Manchester Ymca H	35:08	163	604 Paul Connolly	Salford Met AC	38:16
78	782	Dan Pettitt		University Of Manchester	35:10	164	814 Steve Hawthorne	University Of Manchester	38:18
79	389	Phil Scowcroft		Sale H Manchester	35:13	165	596 Chris March	Manchester Ymca H	38:20
80	355	Tom Fordyce	V40 9	Sale H Manchester	35:19	166	109 Paul Beckett	V50 11 Bramhall Runners	38:21
81	284	Adrian Nutter	V40 10	Stockport H&ac	35:24	167	178 Jamie Stewart	Chorlton Runners	38:22
82	93	Andy Whittingham	V45 7	Wilmslow RC	35:26	168	376 Ben McIntyre	Sale H Manchester	38:23
83	785	Jack Smislaert		University Of Manchester	35:28	169	543 Shane Wolstencroft	V40 25 Knutsford Tri Club	38:24
84	813	Creighton Connolly		University Of Manchester	35:29	170	130 John Williams	Bramhall Runners	38:25
85	40	Ben Hobson		Chorlton Runners	35:30	171	357 Mark Fox	Sale H Manchester	38:32
86	429	Dave Lockett	V45 8	Salford H&ac	35:31	172	727 Paul Schofield	V45 24 Manchester Triathlon	38:33

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173	186	Jason Brogan	V45 25	Manchester H&ac	38:34	264	576	Roberto Raso	V50 23	Manchester Frontrunners	41:26
174	334	Victor Walsh		Belle Vue Racers	38:35	265	327	Nigel Sedman	V50 24	Belle Vue Racers	41:29
175	490	Gary Richardson	V50 12	Swinton RC	38:36	266	117	Richard Hall	V45 37	Bramhall Runners	41:31
176	76	Paul Hawkins		Wilmslow RC	38:38	267	661	Peter Pickwell	V60 6	Altrincham&district AC	41:32
177	56	Neal Wainwright		Chorlton Runners	38:38	268	57	Chris Waith		Chorlton Runners	41:33
178	791	Paul Johnston		Altrincham&district AC	38:40	269	623	Alan Kennedy	V50 25	E Cheshire H & Tameside AC	41:34
179	6	Scott Bamber	V45 26	Vale Royal AC	38:41	270	644	Lockie Campbell	V50 26	Altrincham&district AC	41:35
180	702	Dean Evans		Manchester Triathlon	38:42	271	553	Amir Dar		Manchester Frontrunners	41:36
181	833	Matthew Hamer		University Of Manchester	38:43	272	554	Thomas Deakin		Manchester Frontrunners	41:37
182	382	Aidan Raftery	V55 3	Sale H Manchester	38:46	273	788	Howie Weiner	V45 38	Belle Vue Racers	41:40
183	450	Nathan Cameron		Warrington Tri Club	38:48	274	320	Adam Barber		Belle Vue Racers	41:42
184	416	Chris Dawson		Salford H&ac	38:49	275	115	Simon Gebbett	V40 39	Bramhall Runners	41:44
185	528	Simon Atkins	V45 27	Knutsford Tri Club	38:50	276	799	Ewan Edmondson		Macclesfield H&ac	41:48
186	472	Chris Brown	V40 26	Swinton RC	38:52	277	267	David Dyer	V40 40	Stockport H&ac	41:50
187	475	Steve Doxey	V55 4	Swinton RC	38:56	278	309	Andrew Gaskell	V45 39	St Helens Tri	41:52
188	800	Francis Pyatt		Macclesfield H&ac	38:57	279	78	Craig Hunt	V45 40	Wilmslow RC	41:54
189	792	Richard Adams		Bramhall Runners	38:58	280	199	Chris Sewart	V40 41	Manchester H&ac	42:01
190	294	Mike Shaw	V50 13	Stockport H&ac	39:00	281	821	Hector Romeu		University Of Manchester	42:03
191	816	Howard Jones		University Of Manchester	39:02	282	573	Jordan Millar		Manchester Frontrunners	42:05
192	297	Mike Toal	V40 27	Stockport H&ac	39:05	283	779	Vittorio Muraro		University Of Manchester	42:06
193	720	John Murray	V45 28	Manchester Triathlon	39:07	284	155	Anthony Lowe	V55 9	Middleton H AC	42:07
194	348	Craig Bradbury	V40 28	Sale H Manchester	39:07	285	49	Ross Murdoch		Chorlton Runners	42:09
195	696	James Bruce		Manchester Triathlon	39:08	286	30	Peter Adams	V40 42	Chorlton Runners	42:11
196	127	Phil Ramsey	V40 29	Bramhall Runners	39:09	287	770	Jack Benham		Mmu H	42:12
197	550	David Chambers		Manchester Frontrunners	39:11	288	836	John Archer	V60 7	Winston Runners	42:13
198	795	Callum Parkinson		Hyde Village Striders	39:12	289	647	Graham Harrison	V55 10	Altrincham&district AC	42:14
199	516	Nick Kelly	V45 29	Horwich Rmi	39:21	290	763	Daniel Taylor		Macclesfield H&ac	42:15
200	826	Nathan Williams	U20 18	Vale Royal AC	39:23	291	865	Stephen Brown		Manchester Frontrunners	42:16
201	640	Dave Ainsworth	V55 5	Altrincham&district AC	39:24	292	276	Graham Marsland	V45 41	Stockport H&ac	42:17
202	766	Gary Willcock	V50 14	Macclesfield H&ac	39:27	293	589	Eddie Gilligan	V50 27	Manchester Ymca H	42:18
203	864	Mark Bale	V40 30	Wilmslow RC	39:28	294	62	Tim Billington	V50 28	Wilmslow RC	42:19
204	359	Steve Gavin	V45 30	Sale H Manchester	39:29	295	718	Marcos Moya		Manchester Triathlon	42:22
205	365	Damian Jones		Sale H Manchester	39:30	296	219	Robin Beaumont	V50 29	Trafford AC	42:23
206	311	Eddie Hirst	V40 31	St Helens Tri	39:31	297	564	Peter Greatbanks		Manchester Frontrunners	42:24
207	731	Roger Thomas	V40 32	Manchester Triathlon	39:32	298	863	Steve Bunker	V45 42	Wilmslow RC	42:25
208	249	Craig Wheeler		Trafford AC	39:34	299	179	Mark Valentine		Chorlton Runners	42:26
209	757	John Mooney	V55 6	Macclesfield H&ac	39:35	300	287	Paul Plummer	V40 43	Stockport H&ac	42:27
210	584	Richard Brailsford	V40 33	Manchester Ymca H	39:39	301	704	Harsham Gill	V40 44	Manchester Triathlon	42:28
211	703	Alastair Fisher		Manchester Triathlon	39:39	302	728	Andy Taylor		Manchester Triathlon	42:29
212	314	Patrick Neill		St Helens Tri	39:43	303	735	Shaun Walsh	V45 43	Manchester Triathlon	42:30
213	566	Steve Hatton		Manchester Frontrunners	39:43	304	485	Rob McGibbon		Swinton RC	42:34
214	555	Martin Dunn		Manchester Frontrunners	39:44	305	177	Judd Skelton	V40 45	Chorlton Runners	42:35
215	331	Meng Tang		Belle Vue Racers	39:47	306	557	Phil Facey		Manchester Frontrunners	42:37
216	58	Guy Weaver		Chorlton Runners	39:48	307	551	Jack Coffin		Manchester Frontrunners	42:39
217	605	Ben Farrelly		Salford Met AC	39:51	308	832	Tony Brierley	V60 8	Manchester Ymca H	42:40
218	768	Daniel Bolton	U20 19	Ribble Valley AC	39:53	309	687	Damian Aspin	V40 46	Manchester Triathlon	42:42
219	866	Jonathan Powell		Altrincham&district AC	39:59	310	33	Simon Clarke		Chorlton Runners	42:44
220	381	Steve Parry	V50 15	Sale H Manchester	40:01	311	417	Brendan Dempsey	V45 44	Salford H&ac	42:46
221	164	James Ashford		Chorlton Runners	40:02	312	3	Tony Archer	V60 9	Vale Royal AC	42:48
222	39	Justin Hayes	V50 16	Chorlton Runners	40:03	313	694	Mike Bridges	V55 11	Manchester Triathlon	42:50
223	649	Mark Hunter	V55 7	Altrincham&district AC	40:04	314	659	Jeff Norman	V70 1	Altrincham&district AC	42:54
224	608	Paul Stevenson	V50 17	Salford Met AC	40:05	315	842	Grish Patel	V45 45	Salford Met AC	42:58
225	860	Mark Norton	V40 34	Altrincham&district AC	40:06	316	351	Frank Cordingley	V50 30	Sale H Manchester	43:00
226	867	David Hughes	V50 18	Altrincham&district AC	40:12	317	734	Richard Wallace	V50 31	Manchester Triathlon	43:02
227	98	Ian Costello	V40 35	St Helens Sutton AC	40:13	318	857	Darren Cooper		Manchester H&ac	43:04
228	375	Richard McHugh		Sale H Manchester	40:14	319	332	Andrew Taylor		Belle Vue Racers	43:06
229	817	James Martin		University Of Manchester	40:15	320	744	Dominic Sexton	V50 32	Hyde Village Striders	43:07
230	34	Brian Devlin		Chorlton Runners	40:16	321	262	David Chrystie-Lowe	V55 12	Stockport H&ac	43:08
231	812	Chris Burgess	U20 20	University Of Manchester	40:17	322	192	Glen Gandy	V45 46	Manchester H&ac	43:12
232	182	Steven Welch		Chorlton Runners	40:18	323	200	Richard Skitt		Manchester H&ac	43:45
233	124	Li Lok	V45 31	Bramhall Runners	40:21	324	736	Timothy Criddle	V50 33	Manchester Triathlon	43:46
234	251	Gareth Woodcock		Trafford AC	40:25	325	110	Adam Bird		Bramhall Runners	43:47
235	91	Matt Taylor	V40 36	Wilmslow RC	40:26	326	275	Andrew Mainwaring	V40 47	Stockport H&ac	43:48
236	458	Mark Simpson		Warrington Tri Club	40:29	327	279	Alex McFarlane	U20 21	Stockport H&ac	43:49
237	686	Andy Adkin		Manchester Triathlon	40:30	328	607	Mike Race	V55 13	Salford Met AC	43:51
238	549	Joe Carne		Manchester Frontrunners	40:31	329	537	Andrew Orme	V40 48	Knutsford Tri Club	43:52
239	621	Derek Hughes	V50 19	E Cheshire H & Tameside AC	40:32	330	533	Andrew Gray	V40 49	Knutsford Tri Club	43:53
240	399	Nick Webb	V50 20	Sale H Manchester	40:33	331	322	Philip D'netto	V45 47	Belle Vue Racers	43:55
241	760	Ray O'Keefe	V50 21	Macclesfield H&ac	40:34	332	772	Alfonso Leone		Mmu H	43:57
242	532	John Goggins		Knutsford Tri Club	40:35	333	742	Danny McDermott	V40 50	Hyde Village Striders	43:58
243	281	Ian Mulligan	V45 32	Stockport H&ac	40:36	334	446	Ronnie Warrender	V55 14	Salford H&ac	44:02
244	119	Mike Hodson	V40 37	Bramhall Runners	40:37	335	302	Jeremy Woodham	V40 51	Stockport H&ac	44:03
245	442	Paul Stephens		Salford H&ac	40:40	336	606	Stuart Mairs		Salford Met AC	44:04
246	711	Richard Hyder		Manchester Triathlon	40:41	337	316	Lee Stinch	V45 48	St Helens Tri	44:05
247	411	Sean Cordell	V45 33	Salford H&ac	40:43	338	829	David Barnes	V55 15	Horwich Rmi	44:06
248	595	Rob Kedian		Manchester Ymca H	40:46	339	777	Robert Farrington		University Of Manchester	44:06
249	264	Paul Comer	V45 34	Stockport H&ac	40:51	340	330	Jason Stott	V40 52	Belle Vue Racers	44:06
250	198	Jonathan Reeh		Manchester H&ac	40:52	341	370	Marlon Lamont	V40 53	Sale H Manchester	44:08
251	103	Ian Hayburn	V45 35	St Helens Sutton AC	40:53	342	693	Ronan Brennan	V45 49	Manchester Triathlon	44:12
252	611	Daniel Bamber		E Cheshire H & Tameside AC	40:56	343	329	Daniel Seymour		Belle Vue Racers	44:13
253	828	Richard Marlton	V45 36	Horwich Rmi	40:58	344	560	Greig Frankland		Manchester Frontrunners	44:14
254	210	Joe Richards		Dragons Rc Sale	41:00	345	858	Ian Roberts	V40 54	St Helens Sutton AC	44:15
255	271	Tim Hargreaves	V55 8	Stockport H&ac	41:00	346	113	Steve Fairclough	V50 34	Bramhall Runners	44:16
256	295	Robert Taylor	V65 1	Stockport H&ac	41:02	347	54	Jacob Smiles		Chorlton Runners	44:17
257	286	Simon Phillips	V50 22	Stockport H&ac	41:03	348	848	Kevin Duckworth	V55 16	E Cheshire H & Tameside AC	44:20
258	216	Mike Yarwood		Dragons Rc Sale	41:16	349	59	Naz Zameer	V45 50	Chorlton Runners	44:24
259	167	Paul Brown		Chorlton Runners	41:17	350	114	Simon Fennell	V45 51	Bramhall Runners	44:28
260	2009	Kevin Fingleton	V60 5	Unattached	41:19	351	478	Mike Graney		Swinton RC	44:30
261	575	James Pearson		Manchester Frontrunners	41:21	352	737	Rob Smith		Manchester Triathlon	44:34
262	347	Jason Bowers	V40 38	Sale H Manchester	41:23	353	174	Sean Lord	V40 55	Chorlton Runners	44:44
263	303	Craig Abbot		St Helens Tri	41:24	354	678	Sikobe Litaba	V50 35	Glossopdale Harriers	44:48

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355	10	John Clarke	V60 10	Vale Royal AC	44:52	405 394	Mike Starkey	V55 23	Sale H Manchester	47:52
356	466	Peter Walters	V55 17	Winston Runners	44:55	406 364	Noel Irwin	V50 44	Sale H Manchester	47:56
357	495	Jon Sides	V45 52	Swinton RC	44:56	407 160	Paul Taylor	V50 45	Middleton H AC	47:56
358	648	Pete Hill	V55 18	Altrincham&district AC	45:00	408 837	David Rowe	V50 46	Liverpool Harriers & Ac	48:03
359	559	James Fox		Manchester Frontrunners	45:01	409 159	Craig Sutherland	V55 24	Middleton H AC	48:05
360	346	Matthew Bell		Sale H Manchester	45:04	410 599	Steve Symons	V45 61	Manchester Ymca H	48:15
361	673	Andrew Burnett	V50 36	Glossopdale Harriers	45:06	411 469	Dave Batty	V50 47	Swinton RC	48:22
362	618	Tony Hillier	V65 2	E Cheshire H & Tameside AC	45:09	412 290	Nick Roberts	V45 62	Stockport H&ac	48:34
363	683	Thomas Skelton		Glossopdale Harriers	45:11	413 325	Patrick O'Brien	V55 25	Belle Vue Racers	48:35
364	527	Mark Swindell	V45 53	Horwich Rmi	45:13	414 809	Chris Poole		Swinton RC	48:36
365	738	Chris Watson	V45 54	Manchester Triathlon	45:15	415 181	Philip Waterhouse		Chorlton Runners	48:52
366	609	Ian Taylor	V50 37	Salford Met AC	45:25	416 580	Dan Whittaker	V40 64	Manchester Frontrunners	49:05
367	71	Geoff Gilbert	V60 11	Wilmslow RC	45:28	417 840	Colin Walton	V50 48	Wilmslow RC	49:10
368	289	James Pratt		Stockport H&ac	45:29	418 587	Geoff Cotterill	V55 26	Manchester Ymca H	49:13
369	212	Simon Skeltonberry	V40 56	Dragons Rc Sale	45:30	419 189	Michael Cunningham	V70 2	Manchester H&ac	49:14
370	392	Jerry Smith	V60 12	Sale H Manchester	45:33	4202008	John Habron		Unattached	49:22
371	454	Paul Harbridge	V50 38	Warrington Tri Club	45:38	421 462	Anthony Harrison	V50 49	Winston Runners	49:36
372	571	John Lowe	V40 57	Manchester Frontrunners	45:41	422 681	Neville McGraw	V65 3	Glossopdale Harriers	49:38
373	184	Lloyd Barlow	V45 55	Manchester H&ac	45:43	423 208	Lee Murray	V40 65	Dragons Rc Sale	49:40
374	668	Alan Williams	V55 19	Altrincham&district AC	45:45	424 856	Osmaan Khan		E Cheshire H & Tameside AC	49:44
375	2010	Chris Floyd		Unattached	45:47	425 205	Paul Allum	V40 66	Dragons Rc Sale	49:48
376	581	Joe Yang		Manchester Frontrunners	45:48	426 721	Malcolm Orrell		Manchester Triathlon	49:54
377	318	Ali Alsaadi	V40 58	Belle Vue Racers	45:57	427 145	Stephen Granville	V55 27	Middleton H AC	49:56
378	336	Andy Wood	V50 39	Belle Vue Racers	46:03	428 477	Simon Finch	V40 67	Swinton RC	50:01
379	804	Chris Cook	V45 56	Sale H Manchester	46:04	429 651	Mike Jones	V60 18	Altrincham&district AC	50:09
380	464	Paul Lockett		Winston Runners	46:06	430 407	Roland Bowness	V65 4	Salford H&ac	50:18
381	634	Dennis Thomas	V40 59	E Cheshire H & Tameside AC	46:09	431 830	John Parker	V70 3	Horwich Rmi	50:45
382	157	Pat Rice	V45 57	Middleton H AC	46:10	432 567	Craig Isherwood		Manchester Frontrunners	50:49
383	317	Paul Stupples	V45 58	St Helens Tri	46:13	433 765	Mark Wheelton	V55 28	Macclesfield H&ac	50:51
384	120	Steve Hughes	V50 40	Bramhall Runners	46:13	434 147	Jason Harling		Middleton H AC	51:02
385	624	Martin Lewis	V45 59	E Cheshire H & Tameside AC	46:21	435 21	Colin Rathbone	V70 4	Vale Royal AC	51:11
386	143	Alan Garvey	V60 13	Middleton H AC	46:25	436 698	Mark Coley	V40 68	Manchester Triathlon	51:21
387	52	Tony Payne	V55 20	Chorlton Runners	46:31	437 171	James Hollis		Chorlton Runners	51:26
388	338	Miran Aprahamian	V60 14	Sale H Manchester	46:36	438 84	Gavin Mendham	V65 5	Wilmslow RC	51:34
389	391	Martin Smedley	V60 15	Sale H Manchester	46:39	439 415	Tom Daniels	V65 6	Salford H&ac	51:50
390	74	Chris Grime	V45 60	Wilmslow RC	46:46	4402012	Colin Matthews	V50 50	Unattached	51:51
391	443	Thomas Temple	V60 16	Salford H&ac	47:02	441 699	Tim Condon		Manchester Triathlon	52:16
392	597	Mike O'Brien	V55 21	Manchester Ymca H	47:03	442 19	Richard Pettitt	V55 29	Vale Royal AC	52:22
393	656	Gordon Nicholl	V50 41	Altrincham&district AC	47:04	443 44	Richard Leeming	V45 63	Chorlton Runners	52:27
394	480	Dave Halliday		Swinton RC	47:05	444 46	Thomas Marler		Chorlton Runners	52:38
395	339	Gary Armitage	V40 60	Sale H Manchester	47:09	445 175	Colin McHugo	V45 64	Chorlton Runners	52:52
396	273	John Hughes	V50 42	Stockport H&ac	47:13	446 739	Steven Wynne	V40 69	Manchester Triathlon	52:59
397	685	John Stephenson	V55 22	Glossopdale Harriers	47:16	447 304	John Baden		St Helens Tri	53:31
398	306	Gary Birch		St Helens Tri	47:17	448 839	Mark Schofield		Chorlton Runners	54:07
399	755	Tim Marsh	V40 61	Macclesfield H&ac	47:18	449 762	David Shoesmith	V60 19	Macclesfield H&ac	55:03
400	188	Mike Cronin	V40 62	Manchester H&ac	47:22	4502011	Alan Cokayne	V40 70	Unattached	56:40
401	598	Jon Paramor	V60 17	Manchester Ymca H	47:25	451 69	Trevor Faulkner	V70 5	Wilmslow RC	59:18
402	569	Carl Lane		Manchester Frontrunners	47:26	452 148	Bob Horrocks	V65 7	Middleton H AC	59:33
403	67	Andy Dodd	V40 63	Wilmslow RC	47:45	453 206	Peter Bedford	V60 20	Dragons Rc Sale	1:00:00
404	81	Bernard McCaaron	V50 43	Wilmslow RC	47:46	454 256	Chris Bryans	V75 1	Stockport H&ac	1:18:52

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sale H Manchester	72 — 4 Gavin Hill	8 Nigel Martin	10 Euan Gilchrist	13 Callum Rowinson	16 Daniel Kashi	21 James Wignall
2 Salford H&ac	105 — 3 Carl Hardman	6 Joe Bailey	12 Matthew Shaw	18 Bruno Lima	28 Adam Slodowicz	38 Paul Simons
3 Trafford AC	143 — 9 Chris Leigh	11 Gavin Tomlinson	17 Simon O'Meara	24 Matthew Sutton	30 Jeff Prest	52 Darren Russell
4 Stockport H&ac	184 — 1 Jack Martin	2 Alexander O'Gorman	20 Jack Nixon	41 Thomas Drabble	50 Daniel Matkin	70 James Corden
5 E Cheshire H&Tameside AC	248 — 19 Tom McGuinness	36 Howard Oldham	37 Joseph Hudak	44 Kevin Jowett	54 Barry Hirst	58 Scott Matthews
6 Sale H Manchester 'B'	255 — 26 David Marsh	27 Alan White	35 Chris Donnelly	51 Mike Kilmarin	55 Tim Kennedy	61 Richard Brown
7 University Of Manchester	296 — 15 Adam Sciacca	34 Harry Poole	40 Joseph Howe	56 Michael Melarkey	73 Dan Pettit	78 Jack Smisnaert
8 Chorlton Runners	368 — 29 James Savage	43 Jonathan Harrison	45 Ben McCormack	80 Ben Hobson	85 Steven Curley	86 David Alderson
9 Altrincham & district AC	415 — 5 David Norman	25 Michael Berks	31 Ryan Gorse	105 Steve Renny	113 Adrian Fuller	136 Daniel Martell
10 Sale H Manchester 'C'	446 — 66 Andrew Carlin	67 James Walsh	69 Paul Rowley	74 Phil Scowcroft	75 Tom Fortyce	95 Olivier Gailemin
11 Manchester Triathlon	486 — 7 Alex Lawton	22 Robert Bridges	96 Lyr Hughes	104 Stephen Taylor	127 Stewart Moore	130 Aaron Saxton
12 Wilmslow RC	497 — 48 Rob Downs	59 Barry Archbold	77 Andy Whittingham	87 Jim Pendril	100 Graham Macneil	126 Tom McGaff
13 Stockport H&ac 'B'	570 — 76 Adrian Nutter	89 Kevin Acton	94 Paul Brooks	102 Phil Burns	103 Richard Lloyd	106 Matt Townley
14 Trafford AC 'B'	575 — 64 Timothy Fletcher	82 Richard Clancy	84 Dick Bjers	93 Michael Hunt	111 Chris Small	141 Paul Mannion
15 Salford H&ac 'B'	612 — 46 Billy McCartney	81 Dave Lockett	107 Phil West	112 Stanley Owen	124 Philip Quibell	142 Dave Hudson
16 Swinton RC	691 — 33 Mark Russell	57 Simon Atkin	68 Dan Bird	170 Gary Richardson	181 Chris Brown	182 Steve Dovey
17 Macclesfield H&ac	714 — 47 Mark Walker	83 James Nokes	90 Scott Wilson	114 Robert Hasler	183 Francis Pyatt	197 Gary Wilcock
18 E Cheshire H&Tameside AC 'B'	738 — 63 Luke Piper	88 Tim Greenald	91 Gary Matthews	117 Chris Swire	146 Craig Peet	234 Derek Hughes
19 University Of Manchester 'B'	775 — 79 Creighton Connolly	97 Charlie Scates	109 Downan Kwon	155 Alex McKail	159 Steve Hawthorne	176 Matthew Hamer
20 Sale H Manchester 'D'	809 — 98 Gary Rowinson	133 Matt Ray	135 Richard Edwards	137 Mike Ashby	143 Kevin Foster	163 Ben McIntyre
21 Stockport H&ac 'C'	818 — 116 Peter Rogers	119 Grant Anderson	120 Kevan Garner	128 Paul Nutter	151 Steve Shaughnessy	185 Mike Shaw
22 Manchester Ymca H	891 — 72 Craig Jones	101 Mark Griffiths	110 David Garner	160 Chris March	205 Richard Brailsford	243 Rob Kedan
23 Manchester H&ac	931 — 42 Ed Fazakerley	62 Donnacha Maguire	140 David Gee	169 Jason Brogan	245 Jonathan Reeh	274 Chris Sewart
24 Bramhall Runners	955 — 123 Ian Keeling	131 Frank Podd	161 Paul Beckett	165 John Williams	184 Richard Adams	191 Phil Ramsey
25 Manchester Frontrunners	1068 — 92 James Voles	134 Jon Guildford	192 David Chambers	208 Steve Hatton	209 Martin Dunn	233 Joe Carne
26 Manchester Triathlon 'B'	1070 — 148 Murray Taylor	167 Paul Schofield	175 Dean Evans	188 John Murray	190 James Bruce	202 Roger Thomas
27 Sale H Manchester 'E'	1146 — 166 Mark Fox	177 Aidan Rattery	189 Craig Bradbury	199 Steve Gavin	200 Damian Jones	215 Steve Parry
28 St Helens Tri	1158 — 99 Mike Goulbourne	122 Mark Livingston	201 Eddie Hirst	207 Patrick Neill	257 Craig Abbott	272 Andrew Gaskell
29 Wilmslow RC 'B'	1165 — 144 Mike Hill	149 Allan McCormick	171 Paul Hawkins	198 Mark Bale	230 Matt Taylor	273 Craig Hunt
30 Chorlton Runners 'B'	1203 — 162 Jamie Stewart	172 Neal Wainwright	211 Guy Weaver	216 James Ashford	217 Justin Hayes	225 Brian Devin
31 Horwich Rmi	1211 — 14 Joe Mercer	65 Andy Lloyd	194 Nick Kelly	248 Richard Marlon	332 David Barnes	358 Mark Swindell
32 Vale Royal AC	1223 — 60 Zack Bamber	40 Gareth Williams	174 Scott Bamber	195 Nathan Williams	306 Tony Archer	349 John Clarke
33 Altrincham & district AC 'B'	1242 — 173 Paul Johnston	196 Dave Ainsworth	214 Jonathan Powell	218 Mark Hunter	220 Mark Norton	221 David Hughes
34 Glossopdale Racers	1253 — 108 Chris Jackson	129 Neil McGraw	156 Steve Crossman	157 Jamie Helmer	348 Skobe Litaba	355 Andrew Burnett
35 Belle Vue Racers	1311 — 138 Nick Tynan	169 Victor Walsh	210 Meng Tang	259 Nigel Sedman	269 Howell Weiner	288 Adam Barber
36 Salford Met AC	1341 — 121 Alex Bysouth	158 Paul Connolly	212 Ben Farrelly	219 Paul Stevenson	309 Girish Patel	322 Mike Race
37 Knutsford Tri Club	1353 — 125 Matthew Wackett	164 Shane Wolstenroft	180 Simon Atkins	237 John Goggins	323 Andrew Orme	324 Andrew Gray
38 Stockport H&ac 'D'	1422 — 187 Mike Toal	238 Ian Mulligan	244 Paul Comer	250 Tim Hargreaves	251 Robert Taylor	252 Simon Phillips
39 Dragons Rc Sale	1455 — 23 Mark Oford	152 Robert Wadsworth	249 Joe Richards	263 Mike Yarwood	263 Simon Skelton	415 Lee Murray
40 University Of Manchester 'C'	1521 — 186 Howard Jones	224 James Martin	226 Chris Burgess	275 Hector Romeu	277 Vittorio Muraro	333 Robert Farrington
41 Manchester Triathlon 'C'	1559 — 206 Alastair Fisher	232 Andy Adkin	241 Richard Hyder	289 Marcos Moya	295 Harsham Gil	296 Andy Taylor
42 Chorlton Runners 'C'	1595 — 227 Steven Welch	254 Paul Brown	262 Chris Vailh	279 Ross Murdoch	280 Peter Adams	293 Mark Valentine
43 Manchester Frontrunners 'B'	1605 — 255 James Pearson	258 Roberto Raso	265 Amir Dar	266 Thomas Deakin	276 Jordan Millar	285 Stephen Brown
44 Bramhall Runners 'B'	1655 — 228 Li Lok	239 Mike Hodson	260 Richard Hall	269 Simon Gebbet	319 Adam Bird	340 Steve Fairdough
45 Salford H&ac 'C'	1678 — 179 Chris Dawson	240 Paul Stephens	242 Sean Cordell	305 Brendan Dempsey	328 Ronnie Warendor	354 Thomas Temple
46 Sale H Manchester 'F'	1713 — 223 Richard McHugh	235 Nick Webb	256 Jason Bowers	310 Frank Cordingley	335 Marlon Lamont	354 Matthew Bell
47 Stockport H&ac 'E'	1807 — 271 David Dyer	286 Graham Marsland	294 Paul Plummer	315 David Chrystie-Lowe	320 Andrew Mainwaring	321 Alex McFarlane
48 Macclesfield H&ac 'B'	1811 — 204 John Mooney	236 Ray O'Keefe	270 Ewan Edmondson	284 Daniel Taylor	332 Tim Marsh	425 Mark Wheelton
49 Altrincham & district AC 'C'	1836 — 261 Peter Pickwell	264 Lookie Campbell	283 Graham Harrison	308 Jeff Norman	352 Pete Hill	368 Alan Williams
50 Manchester Triathlon 'D'	1872 — 297 Shaun Walsh	303 Damian Aspin	307 Mike Bridges	311 Richard Wallace	318 Timothy Criddle	336 Ronan Brennan
51 Manchester Frontrunners 'C'	1949 — 291 Peter Greatbanks	300 Phil Facey	301 Jack Coffin	338 Greig Frankland	353 James Fox	366 John Lowe
52 E Cheshire H&Tameside AC 'C'	1960 — 247 Daniel Bamber	263 Alan Kennedy	342 Kevin Duckworth	356 Tony Hillier	374 Dennis Thomas	378 Martin Lewis
53 Chorlton Runners 'D'	2014 — 239 Judd Skelton	304 Simon Clarke	341 Jacob Smiles	343 Naz Zameer	347 Sean Lord	380 Tony Payne
54 Belle Vue Racers 'B'	2050 — 313 Andrew Taylor	325 Philip D'netto	334 Jason Stott	337 Daniel Seymour	370 Ali Alsaadi	371 Andy Wood
55 Wilmslow RC 'C'	2117 — 288 Tim Billington	292 Steve Bunker	351 Geoff Gilbert	353 Chris Grime	386 Andy Dodd	397 Bernard McCaaron
56 Manchester H&ac 'B'	2117 — 312 Darren Cooper	316 Glen Gandy	317 Richard Skitt	357 Lloyd Barlow	383 Mike Cronin	412 Michael Cunninghamham
57 Manchester Ymca H 'B'	2182 — 287 Eddie Gilligan	302 Tony Brierley	355 Mike O'Brien	394 Jon Paramor	403 Steve Symons	411 Geoff Cotterill
58 Swinton RC 'B'	2192 — 298 Rob McGibbon	345 Mike Graney	351 Jon Sides	387 Dave Halliday	404 Dave Batty	407 Chris Poole
59 Middleton HAC	2253 — 278 Anthony Lowe	375 Pat Rice	379 Alan Garvey	400 Paul Taylor	402 Craig Sutherland	419 Stephen Granville
60 Sale H Manchester 'G'	2285 — 364 Jerry Smith	372 Chris Cook	381 Miran Aprahamian	432 Martin Smedley	388 Gary Armitage	398 Mike Starkey
61 Manchester Triathlon 'E'	2420 — 346 Rob Smith	359 Chris Watson	418 Malcolm Orrell	428 Mark Coley	432 Tim Condon	437 Steven Wymne
62 Chorlton Runners 'E'	2581 — 408 Philip Waterhouse	429 James Hollis	434 Richard Leeming	435 Thomas Marler	436 Colin McHugh	439 Mark Schofield

Senior Men (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Trafford AC	51	—	1	Chris Leigh	2	Jeff Prest	21	Dick Byers	27	Michael Hunt
2	Wilmslow RC	61	—	8	Rob Downs	12	Barry Archbold	18	Andy Whittingham	23	Jim Pendrill
3	E Cheshire H & Tameside AC	65	—	6	Kevin Jowett	10	Barry Hirst	24	Tim Greenald	25	Gary Matthews
4	Sale H Manchester	88	—	13	Richard Brown	16	Tom Fordyce	29	Olivier Gaillemin	30	Gary Rowlinson
5	Stockport H&ac	93	—	15	James Corden	17	Adrian Nutter	28	Paul Brooks	33	Richasrd Lloyd
6	Salford H&ac	99	—	4	Paul Simons	19	Dave Lockett	37	Phil West	39	Stanley Owen
7	Swinton RC	150	—	3	Mark Russell	11	Simon Atkin	66	Gary Richardson	70	Chris Brown
8	Stockport H&ac	168	—	36	Matt Townley	41	Peter Rogers	43	Kevan Garner	48	Paul Nutter
9	Wilmslow RC	215	—	32	Graham Macneill	47	Tom McGaff	56	Mike Hill	80	Mark Bale
10	Bramhall Runners	233	—	45	Ian Keeling	50	Frank Podd	62	Paul Beckett	76	Phil Ramsey
11	Chorlton Runners	237	—	7	Ben McCormack	22	David Alderson	87	Justin Hayes	121	Peter Adams
12	Altrincham&district AC	241	—	35	Steve Renny	40	Adrian Fuller	78	Dave Ainsworth	88	Mark Hunter
13	Manchester H&ac	242	—	5	Ed Fazakerley	53	David Gee	65	Jason Brogan	119	Chris Sewart
14	Manchester Triathlon	255	—	34	Stephen Taylor	64	Paul Schofield	74	John Murray	83	Roger Thomas
15	St Helens Tri	274	—	31	Mike Goulbourne	44	Mark Livingston	82	Eddie Hirst	117	Andrew Gaskell
16	Macclesfield H&ac	280	—	20	James Noakes	79	Gary Willcock	84	John Mooney	97	Ray O'Keefe
17	Stockport H&ac	301	—	58	Steve Shaughnessy	72	Mike Shaw	73	Mike Toal	98	Ian Mulligan
18	Sale H Manchester	310	—	68	Aidan Raftery	75	Craig Bradbury	81	Steve Gavin	86	Steve Parry
19	Salford H&ac	336	—	46	Philip Quibell	55	Dave Hudson	100	Sean Cordell	135	Brendan Dempsey
20	Horwich Rmi	349	—	14	Andy Lloyd	77	Nick Kelly	103	Richard Marlon	155	David Barnes
21	Manchester Ymca H	381	—	38	David Garner	85	Richard Brailsford	125	Eddie Gilligan	133	Tony Brierley
22	Altrincham&district AC	405	—	90	Mark Norton	91	David Hughes	111	Peter Pickwell	113	Lockie Campbell
23	E Cheshire H & Tameside AC	410	—	42	Chris Swire	95	Derek Hughes	112	Alan Kennedy	161	Kevin Duckworth
24	Stockport H&ac	416	—	101	Paul Comer	104	Tim Hargreaves	105	Robert Taylor	106	Simon Phillips
25	Bramhall Runners	417	—	93	Li Lok	99	Mike Hodson	110	Richard Hall	115	Simon Gebbett
26	Vale Royal AC	421	—	52	Gareth Williams	67	Scott Bamber	136	Tony Archer	166	John Clarke
27	Knutsford Tri Club	429	—	63	Shane Wolstencroft	69	Simon Atkins	148	Andrew Orme	149	Andrew Gray
28	Glossopdale Harriers	445	—	49	Neil McGraw	61	Steve Crossman	165	Sikobe Litaba	170	Andrew Burnett
29	Wilmslow RC	466	—	94	Matt Taylor	118	Craig Hunt	126	Tim Billington	128	Steve Bunker
30	Sale H Manchester	500	—	96	Nick Webb	107	Jason Bowers	140	Frank Cordingley	157	Marlon Lamont
31	Stockport H&ac	512	—	116	David Dyer	124	Graham Marsland	129	Paul Plummer	143	David Chrystie-Lowe
32	Manchester Frontrunners	528	—	26	James Moles	108	Roberto Raso	179	John Lowe	215	Dan Whittaker
33	Belle Vue Racers	529	—	109	Nigel Sedman	114	Howie Weiner	150	Philip D'netto	156	Jason Stott
34	Manchester Triathlon	532	—	130	Harsham Gill	131	Shaun Walsh	134	Damian Aspin	137	Mike Bridges
35	Salford Met AC	549	—	89	Paul Stevenson	139	Girish Patel	147	Mike Race	174	Ian Taylor
36	Altrincham&district AC	611	—	123	Graham Harrison	138	Jeff Norman	169	Pete Hill	181	Alan Williams
37	Manchester Triathlon	617	—	141	Richard Wallace	145	Timothy Criddle	158	Ronan Brennan	173	Chris Watson
38	Chorlton Runners	649	—	132	Judd Skelton	162	Naz Zameer	164	Sean Lord	191	Tony Payne
39	Swinton RC	675	—	71	Steve Doxey	168	Jon Sides	212	Dave Batty	224	Simon Finch
40	Middleton H AC	704	—	120	Anthony Lowe	186	Pat Rice	190	Alan Garvey	208	Paul Taylor
41	Stockport H&ac	711	—	146	Andrew Mainwaring	153	Jeremy Woodham	199	John Hughes	213	Nick Roberts
42	Manchester H&ac	744	—	144	Glen Gandy	180	Lloyd Barlow	202	Mike Cronin	218	Michael Cunningham
43	Sale H Manchester	746	—	177	Jerry Smith	184	Chris Cook	192	Miran Arahamian	193	Martin Smedley
44	Wilmslow RC	778	—	175	Geoff Gilbert	194	Chris Grime	204	Andy Dodd	205	Bernard McCaaron
45	Salford H&ac	805	—	152	Ronnie Warrender	195	Thomas Temple	226	Roland Bowness	232	Tom Daniels
46	Manchester Ymca H	827	—	196	Mike O'Brien	203	Jon Paramor	211	Steve Symons	217	Geoff Cotterill
47	Dragons Rc Sale	859	—	176	Simon Skeltenberry	221	Lee Murray	222	Paul Allum	240	Peter Bedford