

# Manchester Area Cross Country League at Wythenshawe Park on Saturday 14th February 2015

## Under 11 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	137	Amelia Bratt	Salford H&ac	8:15	23	142	Lilly Matthews	Salford H&ac	9:13
2	612	Isabelle Burke	Sale H Manchester	8:19	24	663	Hermione Mason	Sale H Manchester	9:17
3	190	Christie Allen	E Cheshire H & Tameside AC	8:19	25	352	Amber Escoffery	St Helens Sutton AC	9:18
4	672	Emily Russell	Salford H&ac	8:20	26	651	Lucy Bridge	St Helens Sutton AC	9:20
5	622	Leah Wilkinson	Sale H Manchester	8:20	27	674	Isobel Cammish	Salford H&ac	9:20
6	138	Maya Croasdaile	Salford H&ac	8:27	28	647	Emily Wolstencroft	Trafford AC	9:21
7	140	Erin Grime	Salford H&ac	8:43	29	2079	Lily Philbin	Bolton United Harriers & Ac	9:24
8	141	Nicola Mason	Salford H&ac	8:45	30	165	Lauren Taylor	Knutsford Tri Club	9:25
9	36	Daisy Keigher	Stockport H&ac	8:48	31	2083	Erin Donnelly	Unattached	9:25
10	143	Anna Potter	Salford H&ac	8:49	32	1	Evelyn Barber	Manchester H&ac	9:29
11	227	Libby Hill	Sale H Manchester	8:51	33	548	Sadie Mannion	Trafford AC	9:30
12	222	Taylor Edwards	Sale H Manchester	8:56	34	94	Anna Smiles	Vale Royal AC	9:37
13	122	Grace Kelly	Ribble Valley AC	8:57	35	139	Isabelle Fairhurst	Salford H&ac	9:39
14	35	Ester Hulley	Stockport H&ac	8:58	36	34	Amy Battle	Stockport H&ac	9:44
15	609	Jasmine Jones	Warrington AC	8:59	37	613	Jenny Grant	Liverpool H & AC	9:45
16	629	Nieve Barton	Sale H Manchester	9:02	38	555	Lauren Howley	Trafford AC	9:53
17	679	Ava Taylor	Sale H Manchester	9:07	39	2	Emma Davies	Manchester H&ac	9:57
18	678	Abigail McHugh	St Helens Sutton AC	9:08	40	671	Lucy Aplin	Salford H&ac	10:01
19	664	Olivia Herron	Sale H Manchester	9:10	41	607	Hollie Brussels	St Helens Sutton AC	10:13
20	685	Sofia Livesey	Stockport H&ac	9:10	42	234	Ciara Raftery	Sale H Manchester	10:13
21	478	Eme Noakes	Macclesfield H&ac	9:11	43	623	Minnie Edwards	Sale H Manchester	10:57
22	479	Ruby Spencer	Macclesfield H&ac	9:13					

## Under 11 Girls — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Salford H&ac	11	—	1	Amelia Bratt	4	Emily Russell	6	Maya Croasdaile	
2	Sale H Manchester	18	—	2	Isabelle Burke	5	Leah Wilkinson	11	Libby Hill	
3	Salford H&ac	'B'	25	—	7	Erin Grime	8	Nicola Mason	10	Anna Potter
4	Stockport H&ac		43	—	9	Daisy Keigher	14	Ester Hulley	20	Sofia Livesey
5	Sale H Manchester	'B'	45	—	12	Taylor Edwards	16	Nieve Barton	17	Ava Taylor
6	St Helens Sutton AC		69	—	18	Abigail McHugh	25	Amber Escoffery	26	Lucy Bridge
7	Salford H&ac	'C'	83	—	23	Lilly Matthews	27	Isobel Cammish	33	Isabelle Fairhurst
8	Sale H Manchester	'C'	83	—	19	Olivia Herron	24	Hermione Mason	40	Ciara Raftery
9	Trafford AC		95	—	28	Emily Wolstencroft	31	Sadie Mannion	36	Lauren Howley

## Race 2 - Under 11 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	385	Joseph Fountain	Wirral AC	9:14	18	356	Ben Toole	St Helens Sutton AC	10:13
2	560	Oliver Choi	Trafford AC	9:14	19	628	Joseph Herbert	Sale H Manchester	10:17
3	146	Sam Hopkins	Salford H&ac	9:14	20	649	Will Gregory	Macclesfield H&ac	10:18
4	642	Samuel Bryan	Salford H&ac	9:17	21	123	Jasper Wormacksmith	Ribble Valley AC	10:18
5	559	Tom Bentall	Trafford AC	9:17	22	680	Jonah Wall	Stockport H&ac	10:22
6	621	Tom Boyd	Sale H Manchester	9:25	23	558	Oriol Sala	Trafford AC	10:24
7	681	Alex James	Sale H Manchester	9:31	24	650	Arron Leach	St Helens Sutton AC	10:40
8	643	Charlie Mansfield	Salford H&ac	9:37	25	648	Joel Longman	Sale H Manchester	10:42
9	386	Harvey Robinson	Wirral AC	9:39	26	2084	William Hughes	Unattached	10:45
10	239	Zachary Gaillemin	Sale H Manchester	9:43	27	638	Will Kershaw	Salford Metropolitan AC	10:58
11	481	James Doorbar	Macclesfield H&ac	9:45	28	568	Ivan Karpusheff	Vale Royal AC	11:01
12	485	Thomas Roberts	Macclesfield H&ac	9:46	29	652	Jack Webb	Trafford AC	11:02
13	145	Joe Coggins	Salford H&ac	9:52	30	573	Ethan Waring	Vale Royal AC	11:42
14	654	Jack Ackers	Trafford AC	9:56	31	606	Matthew Dodd	St Helens Sutton AC	11:45
15	655	Zak Gardner	Trafford AC	10:05	32	191	Ryan O'Neill	E Cheshire H & Tameside AC	11:45
16	562	Max Rarity	Trafford AC	10:05	33	627	Patrick Marsden	Salford Metropolitan AC	12:42
17	668	William Brown	Manchester H&ac	10:06					

## Race 2 - Under 11 Boys — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Salford H&ac	15	—	3	Sam Hopkins	4	Samuel Bryan	8	Charlie Mansfield	
2	Trafford AC	21	—	2	Oliver Choi	5	Tom Bentall	14	Jack Ackers	
3	Sale H Manchester	23	—	6	Tom Boyd	7	Alex James	10	Zachary Gaillemin	
4	Macclesfield H&ac	43	—	11	James Doorbar	12	Thomas Roberts	20	Will Gregory	
5	Trafford AC	'B'	54	—	15	Zak Gardner	16	Max Rarity	23	Oriol Sala
6	St Helens Sutton AC		72	—	18	Ben Toole	24	Arron Leach	30	Matthew Dodd



# Manchester Area Cross Country League at Wythenshawe Park on Saturday 14th February 2015

## Race 3 - Under 15 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	298	Olivia Green	Sale H Manchester	11:11	17	657	Emilia Gajda	Stockport H&ac	12:50
2	450	Jessica Cook	Liverpool H & AC	11:16	18	73	Abbie Wooddoyle	Stockport H&ac	12:54
3	69	Hannah Richardson	Stockport H&ac	11:29	19	645	Caitlin Dunphy	Salford H&ac	13:11
4	62	Georgia Bourke	Stockport H&ac	11:31	20	368	Samantha Price	St Helens Sutton AC	13:14
5	22	Eleanor Kenny	Manchester H&ac	11:39	21	159	Holly Peltier	Salford H&ac	13:20
6	68	Rebecca Jones	Stockport H&ac	11:44	22	501	L HaywoodPrecival	Salford H&ac	13:28
7	130	Georgia Tansey	Ribble Valley AC	11:57	23	173	Anna Baker	Trafford AC	13:32
8	66	Heather Corden	Stockport H&ac	11:59	24	19	Katie Cooper	Manchester H&ac	13:39
9	302	Niamh Nugent	Sale H Manchester	12:04	25	646	Molly Pike	Salford H&ac	13:42
10	297	Nicole Grainger	Sale H Manchester	12:12	26	400	Lily Atkins	Wirral AC	13:54
11	502	Rebecca Mason	Salford H&ac	12:17	27	2081	Leah Rushworth	Bolton United Harriers & Ac	13:59
12	513	Emily Lowery	Macclesfield H&ac	12:22	28	300	B Lennonbutler	Sale H Manchester	14:01
13	157	Catherine Hooper	Salford H&ac	12:30	29	684	Francesca Hyder	Sale H Manchester	14:04
14	520	Molly Healey	E Cheshire H & Tameside AC	12:34	30	682	Nadia Greenwood	Sale H Manchester	14:21
15	312	Chiara Young	Sale H Manchester	12:41	31	306	Anna Stewartbrown	Sale H Manchester	14:24
16	20	Chloe Davies	Manchester H&ac	12:46	32	515	Abby Shaw	Salford Metropolitan Ac	15:34

## Race 3 - Under 15 Girls — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Stockport H&ac	13	—	3	Hannah Richardson	4	Georgia Bourke	6	Rebecca Jones
2	Sale H Manchester	20	—	1	Olivia Green	9	NiamhNugent	10	Nicole Grainger
3	Stockport H&ac	43	—	8	Heather Corden	17	EmiliaGajda	18	Abbie Wooddoyle
4	Salford H&ac	43	—	11	Rebecca Mason	13	Catherine Hooper	19	Caitlin Dunphy
5	Manchester H&ac	45	—	5	Eleanor Kenny	16	Chloe Davies	24	Katie Cooper
6	Salford H&ac	68	—	21	HollyPeltier	22	L HaywoodPrecival	25	MollyPike
7	Sale H Manchester	70	—	15	Chiara Young	27	B Lennonbutler	28	Francesca Hyder

## Race 4 - Under 15 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	538	Jack Stubbings	Warrington AC	16:40	11	412	Jonathon Head	Wirral AC	17:50
2	420	Joe Wigfield	Wirral AC	16:48	12	186	Jac Goodall	West Cheshire AC	18:05
3	181	Jack Wilkinson	Trafford AC	16:58	13	409	Jacob Brophy	Wirral AC	18:38
4	415	Ieuan Kearney	Wirral AC	16:58	14	461	Andrew Grant	Liverpool H & AC	18:42
5	414	Arran Kearney	Wirral AC	17:03	15	197	Nathan Barlow	E Cheshire H & Tameside AC	18:45
6	535	Sam Rostron	Warrington AC	17:12	16	198	Paolo Guarneri	E Cheshire H & Tameside AC	19:15
7	413	Martin Hurst	Wirral AC	17:17	17	74	James Coulson	Stockport H&ac	19:27
8	530	Louie Haynes	E Cheshire H & Tameside AC	17:18	18	314	Harry Boyd	Sale H Manchester	20:01
9	536	Luke Gamble	Warrington AC	17:22	19	188	Rory Willson	West Cheshire AC	20:26
10	683	Charlie Candlish	Sale H Manchester	17:33					

## Race 4 - Under 15 Boys — TEAM RESULTS

1	Wirral AC	11	—	2	Joe Wigfield	4	Ieuan Kearney	5	Arran Kearney
2	Warrington AC	16	—	1	Jack Stubbings	6	Sam Rostron	9	Luke Gamble
3	Wirral AC	31	—	7	Martin Hurst	11	Jonathon Head	13	Jacob Brophy
4	E Cheshire H & Tameside AC	39	—	8	Louie Haynes	15	Nathan Barlow	16	Paolo Guarneri

## Race 4 - Under 17 Women — FINAL RESULTS

Pos	Num	Name	Club	Time
1	134	Eleanor Bolton	Ribble Valley AC	19:29
2	487	Louisa Whittingham	Macclesfield H&ac	19:49
3	333	Franki Reid	Sale H Manchester	19:59
4	335	Amber Towns	Sale H Manchester	20:10
5	326	Eve Gibson	Sale H Manchester	20:17
6	324	Alice Bruce	Sale H Manchester	20:33
7	327	Madeleine Hole	Sale H Manchester	21:19
8	525	Niamh Hartshorne	E Cheshire H & Tameside AC	23:11

## Race 4 - Under 17 Women — TEAM RESULTS

1	Sale H Manchester	12	—	3	FrankiReid	4	Amber Towns	5	Eve Gibson
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## Race 4 - Under 17 Men — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	205	Luke Piper	E Cheshire H & Tameside AC	16:27	6	90	Michael Quin	Stockport H&ac	17:54
2	184	Matthew Sutton	Trafford AC	16:37	7	206	Olivier Topping	E Cheshire H & Tameside AC	18:03
3	204	George Lewis	E Cheshire H & Tameside AC	16:52	8	675	Mac O'Malley	Trafford AC	18:07
4	350	Bradley Thornton	Sale H Manchester	17:16	9	428	Duncan Macdonald	Wirral AC	19:29
5	676	Danny Shaw	Trafford AC	17:40	10	547	Alex McFarlane	Stockport H&ac	20:07

## Race 4 - Under 17 Men — TEAM RESULTS

1	E Cheshire H & Tameside AC	11	—	1	Luke Piper	3	George Lewis	7	Olivier Topping
2	Trafford AC	15	—	2	Matthew Sutton	5	Danny Shaw	8	MacO'Malley

# Manchester Area Cross Country League

## at Wythenshawe Park, Manchester on Saturday 14th February 2015

### Senior Women aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	380	Hannah Brown	U20	1 University Of Manchester CCC	29:48	9	300	Hayley Simpson	U20	9 E Cheshire H&tameside AC	35:20
2	23	Elizabeth Apsley	U20	2 Stockport H&ac	31:00	10	358	Maria McGoldrick	U20	10 St Helens Sutton AC	35:41
3	392	Emily Kearney	U20	3 Wirral AC	32:17	11	452	Carolyn Cohen	U20	11 University Of Manchester CCC	36:19
4	24	Megan Ashelby	U20	4 Stockport H&ac	32:37	12	543	Becca Whalley	U20	12 University Of Manchester CCC	37:36
5	359	Rachel McGoldrick	U20	5 St Helens Sutton AC	33:10	13	545	Ruth Lindley	U20	13 University Of Manchester CCC	38:03
6	457	Molly Savill	U20	6 University Of Manchester CCC	33:24	14	542	Madelaine Smith	U20	14 University Of Manchester CCC	42:09
7	157	Sinead Bent	U20	7 Salford H&ac	33:27	15	386	Lily Woolcock	U20	15 University Of Manchester CCC	42:48
8	456	Anna MacKenzie	U20	8 University Of Manchester CCC	34:28						

### Senior Women aged 20 to 34

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	182	Olivia Walwyn		Macclesfield H&ac	29:57	28	352	Jennifer Yates		Sale H Manchester	36:39
2	350	Katie White		Sale H Manchester	30:40	29	520	Maisie Eakin		Sale H Manchester	36:45
3	355	Gemma Connolly		St Helens Sutton AC	30:44	30	231	Anna Thomas		Manchester Triathlon	36:47
4	528	Sarah Hudak		Trafford AC	30:49	31	216	Lara Hills		Manchester Triathlon	37:03
5	266	Vicki Cronin		Trafford AC	31:03	32	371	Rebecca Mills		Swinton RC	37:09
6	272	Hannah Griffiths		Trafford AC	31:45	33	129	Emma Hill		Bramhall Runners	37:29
7	474	Naomi Alleyne		University Of Manchester CCC	31:59	34	7	Sophie Flanagan		Manchester H&ac	37:42
8	230	Sarah Saxton		Manchester Triathlon	32:12	35	499	Lorraine Pang		Chorlton Runners	37:52
9	143	Kirsty Johnson		Glossopdale Harriers	32:28	36	469	Amy Barter		Stockport H&ac	38:01
10	329	Sarah Douglas		Sale H Manchester	32:33	37	268	Camella Davis		Trafford AC	38:08
11	163	Anabeth Orton		Salford H&ac	32:34	38	223	Jill Lawson		Manchester Triathlon	38:11
12	290	Bethany Hirst		E Cheshire H&tameside AC	32:38	39	328	Lauren Davies		Sale H Manchester	38:52
13	158	Marieanne Bigotsazy		Salford H&ac	32:55	40	504	Sadia Haq		Chorlton Runners	39:40
14	2088	Jane Thomas		Cheltenham Harriers	32:56	41	346	Alice Smedley		Sale H Manchester	39:48
15	416	Ingrid Storm		Chorlton Runners	33:09	42	503	Sophie Cunningham		Chorlton Runners	40:04
16	546	AmyRose Cauley		Trafford AC	33:45	43	218	Helen Jaques		Manchester Triathlon	40:59
17	20	Emma Tolond		Manchester H&ac	33:54	44	171	Sarah Hooks		Winston Runners	41:05
18	539	Lis Kilcourse		Chorlton Runners	34:08	45	409	Susannah Larminie		Chorlton Runners	41:13
19	541	Becky Ellis		Wilmslow RC	34:57	46	124	Gill Oakes		Belle Vue Racers	41:21
20	314	Daisy Pickles		Macclesfield H&ac	35:17	47	153	Claudia Hammondprice		Manchester Ymca H	42:16
21	149	Hannah Brierley		Manchester Ymca H	35:31	48	407	Helen Hall		Chorlton Runners	44:22
22	442	Jude Bek		Chorlton Runners	35:35	49	410	Gemma Lovegrove		Chorlton Runners	47:51
23	396	Amie Bagnall		Salford H&ac	35:55	50	458	Elizabeth Malone		Warrington Tri Club	49:22
24	507	Katy Newton		Chorlton Runners	35:58	51	413	Elizabeth Rudden		Chorlton Runners	49:45
25	100	Carolyn Lewtas		Salford Met AC	35:59	52	498	Catherine Cutts		Chorlton Runners	59:45
26	402	Leona Beaumont		Chorlton Runners	36:32	53	150	Jennifer Delaney		Manchester Ymca H	1:03:53
27	125	Carmel Salvidge		Belle Vue Racers	36:32						

### Senior Women (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	309	Angela Markley	L35	1 Macclesfield H&ac	32:05	14	333	Catherine Jones	L35	14 Sale H Manchester	38:27
2	448	Anne Farmer	L35	2 Macclesfield H&ac	32:36	15	475	Viv Samuelson	L35	15 Swinton RC	38:29
3	306	Sarah Harris	L35	3 Macclesfield H&ac	33:03	16	443	Kat Quinn	L35	16 Manchester Triathlon	38:51
4	140	Zoe Barton	L35	4 Glossopdale Harriers	33:04	17	225	Sarah Mawbeyjeffries	L35	17 Manchester Triathlon	39:03
5	159	Tania Hernandez	L35	5 Salford H&ac	33:55	18	373	Helen Nation	L35	18 Swinton RC	39:20
6	317	Helen Armitage	L35	6 Sale H Manchester	34:19	19	419	Stacey Holt	L35	19 Hyde Village Striders	39:54
7	307	Rachael Lawrance	L35	7 Macclesfield H&ac	34:45	20	366	Julie Hamilton	L35	20 Swinton RC	40:38
8	467	Angelique Bueler	L35	8 Chorlton Runners	35:13	21	435	Edyta Burgess	L35	21 Winston Runners	41:41
9	121	Kath Horwill	L35	9 Belle Vue Racers	36:58	22	2	Caroline Baba	L35	22 Manchester H&ac	43:06
10	154	Emma Rettig	L35	10 Manchester Ymca H	36:58	23	210	Nicola Eplettwatt	L35	23 Manchester Triathlon	45:25
11	405	Charlotte Durand	L35	11 Chorlton Runners	37:14	24	436	Beata Knychala	L35	24 Winston Runners	45:57
12	47	Amanda Trivett	L35	12 Stockport H&ac	37:25	25	195	Mel Johnson	L35	25 Manchester Frontrunners	46:51
13	133	Nicola Lloyd	L35	13 Bramhall Runners	38:06	26	113	Ruth Amin	L35	26 Belle Vue Racers	51:37

### Senior Women (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	165	Beverley Simons	L40	1 Salford H&ac	30:57	17	244	Michelle Fuller	L40	17 Middleton H AC	38:36
2	85	Sharon Johnstone	L40	2 Wilmslow RC	31:11	18	215	Sonia Harris	L40	18 Manchester Triathlon	38:43
3	80	Katy Green	L40	3 Wilmslow RC	31:37	19	338	Carla Ousey	L40	19 Sale H Manchester	39:14
4	232	Jude Wall	L40	4 Manchester Triathlon	33:30	20	162	Ruth Ollerenshaw	L40	20 Salford H&ac	39:16
5	544	Karen Hill	L40	5 Trafford AC	33:53	21	406	Emma Flint	L40	21 Chorlton Runners	40:14
6	81	Louisa Harrison	L40	6 Wilmslow RC	34:24	22	219	Sarka Jeremic	L40	22 Manchester Triathlon	40:19
7	324	Anne Chinoy	L40	7 Sale H Manchester	34:27	23	5	Jackie Ellison	L40	23 Manchester H&ac	40:39
8	538	Jennie Pickard	L40	8 Bramhall Runners	34:43	24	123	Catherine McKenna	L40	24 Belle Vue Racers	41:19
9	184	Madeleine Hill	L40	9 Dragons Rc (sale)	35:40	25	375	Sharen Roberts	L40	25 Swinton RC	41:30
10	393	Sarah Kearney	L40	10 Wirral AC	35:56	26	363	Lynne Davies	L40	26 Swinton RC	43:07
11	368	Lauren Marsden	L40	11 Swinton RC	36:06	27	227	Ana Quintana	L40	27 Manchester Triathlon	45:13
12	139	Emma Young	L40	12 Bramhall Runners	36:39	28	118	Julia Foy	L40	28 Belle Vue Racers	46:04
13	183	Joanne Healy	L40	13 Dragons Rc (sale)	37:20	29	169	Fiona Ashworth	L40	29 Winston Runners	47:22
14	41	Sophie Seingier	L40	14 Stockport H&ac	37:32	30	9	Dawn Gallen	L40	30 Manchester H&ac	48:09
15	276	Rachel McDonnell	L40	15 Trafford AC	37:54	31	110	Adele Fisher	L40	31 Abc Runners	48:40
16	291	Melanie Kay	L40	16 E Cheshire H&tameside AC	38:13						

# Manchester Area Cross Country League

## at Wythenshawe Park on Saturday 14th February 2015

### Senior Women (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	269	Alison Drasdo	L45	1 Trafford AC	33:46	11	86	Sharon Jones	L45	11 Wilmslow RC	39:46
2	226	Gail O'Hare	L45	2 Manchester Triathlon	34:43	12	191	Miranda Taylor	L45	12 Knutsford Tri Club	40:26
3	274	Joanne Lott	L45	3 Trafford AC	35:36	13	437	Dot Muldoon	L45	13 Winston Runners	41:14
4	175	Carole Harrison	L45	4 Altrincham & District	37:11	14	84	Carolyn Hiron	L45	14 Wilmslow RC	42:26
5	29	Gillian Doolan	L45	5 Stockport H&ac	37:33	15	540	Alison Holt	L45	15 Glossopdale Harriers	42:41
6	339	Helen Reagan	L45	6 Sale H Manchester	37:33	16	347	Lucinda Summers	L45	16 Sale H Manchester	43:22
7	450	Theresa Shaw	L45	7 Salford Met AC	37:58	17	234	Michelle Wilder	L45	17 Manchester Triathlon	43:42
8	391	Caroline Brophy	L45	8 Wirral AC	38:07	18	4	Debbie Beresford	L45	18 Manchester H&ac	43:50
9	151	Steph Goodchild	L45	9 Manchester Ymca H	39:24	19	137	Alison Sheedy	L45	19 Bramhall Runners	46:06
10	470	Mandy Webber	L45	10 Salford Met AC	39:31						

### Senior Women (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	299	Janine Ridgard	L50	1 E Cheshire H&tameside AC	34:44	6	50	Maureen Wilkins	L50	6 Stockport H&ac	38:44
2	174	Bev Ganose	L50	2 Altrincham & District	34:49	7	310	Jo Miles	L50	7 Macclesfield H&ac	38:44
3	532	Diane Clark	L50	3 Hyde Village Striders	37:16	8	198	Linda Rix	L50	8 Manchester Frontrunners	39:33
4	98	Kate Sutton	L50	4 Wilmslow RC	38:24	9	155	Olivia Scates	L50	9 Manchester Ymca H	48:34
5	342	Lynda Rowlinson	L50	5 Sale H Manchester	38:32	10	172	Carron Lane	L50	10 Winston Runners	48:45

### Senior Women (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	327	Jackie Cordingley	L55	1 Sale H Manchester	35:26
2	120	Annie Hirsch	L55	2 Belle Vue Racers	37:34
3	312	Barbara Murray	L55	3 Macclesfield H&ac	38:59
4	301	Gillian Wolstenholme	L55	4 E Cheshire H&tameside AC	40:22
5	49	Hilary West	L55	5 Stockport H&ac	41:04
6	251	Julie Jones	L55	6 Middleton H AC	44:44
7	259	Janice Pugh	L55	7 Middleton H AC	50:07

### Senior Women (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	177	Annmarie Jones	L60	1 Altrincham & District	34:51
2	270	Sue Exon	L60	2 Trafford AC	39:58
3	72	Carole Williams	L60	3 Vale Royal AC	46:08

### Senior Women (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	28	Alexis Dinsmor	L65	1 Stockport H&ac	42:10
2	488	Liz Spensley	L65	2 Abc	52:05

# Manchester Area Cross Country League

## at Wythenshawe Park, Manchester on Saturday 14th February 2015

### Senior Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time
1	380	Hannah Brown	U20	1 University Of Manchester CCC	29:48
2	182	Olivia Walwyn		Macclesfield H&c	29:57
3	350	Katie White		Sale H Manchester	30:40
4	355	Gemma Connolly		St Helens Sutton AC	30:44
5	528	Sarah Hudak		Trafford AC	30:49
6	165	Beverley Simons	L40	1 Wilmslow H&c	30:57
7	23	Elizabeth Apsley	U20	2 Stockport H&c	31:00
8	266	Vicki Cronin		Trafford AC	31:03
9	85	Sharon Johnstone	L40	2 Wilmslow RC	31:11
10	80	Katy Green	L40	3 Wilmslow RC	31:37
11	272	Hannah Griffiths		Trafford AC	31:45
12	474	Naomi Alleyne		University Of Manchester CCC	31:59
13	309	Angela Markley	L35	1 Macclesfield H&c	32:05
14	230	Sarah Saxton		Manchester Triathlon	32:12
15	392	Emily Kearney	U20	3 Wirral AC	32:17
16	143	Kirsty Johnson		Glossopdale Harriers	32:28
17	329	Sarah Douglas		Sale H Manchester	32:33
18	163	Anabeth Orton		Salford H&c	32:34
19	448	Anne Farmer	L35	2 Macclesfield H&c	32:36
20	24	Megan Ashelby	U20	4 Stockport H&c	32:37
21	290	Bethany Hirst		E Cheshire H&tameside AC	32:38
22	158	Marieanne Bigotsazy		Salford H&c	32:55
23	2088	Jane Thomas		Cheltenham Harriers	32:56
24	306	Sarah Harris	L35	3 Macclesfield H&c	33:03
25	140	Zoe Barton	L35	4 Glossopdale Harriers	33:04
26	416	Ingrid Storm		Chorlton Runners	33:09
27	359	Rachel McGoldrick	U20	5 St Helens Sutton AC	33:10
28	457	Molly Savill	U20	6 University Of Manchester CCC	33:24
29	157	Sinead Bent	U20	7 Salford H&c	33:27
30	232	Jude Wall	L40	4 Manchester Triathlon	33:30
31	546	AmyRose Cauley		Trafford AC	33:45
32	269	Alison Drasdo	L45	1 Trafford AC	33:46
33	544	Karen Hill	L40	5 Trafford AC	33:53
34	20	Emma Tolond		Manchester H&c	33:54
35	159	Tania Hernandez	L35	5 Salford H&c	33:55
36	539	Lis Kilcourse		Chorlton Runners	34:08
37	317	Helen Armitage	L35	6 Sale H Manchester	34:19
38	81	Louisa Harrison	L40	6 Wilmslow RC	34:24
39	324	Anne Chinoy	L40	7 Sale H Manchester	34:27
40	456	Anna MacKenzie	U20	8 University Of Manchester CCC	34:28
41	226	Gail O'Hare	L45	2 Manchester Triathlon	34:43
42	538	Jennie Pickard	L40	8 Bramhall Runners	34:43
43	299	Janine Ridgard	L50	1 E Cheshire H&tameside AC	34:44
44	307	Rachael Lawrance	L35	7 Macclesfield H&c	34:45
45	174	Bev Ganose	L50	2 Altrincham & District	34:49
46	177	Annamarie Jones	L60	1 Altrincham & District	34:51
47	541	Becky Ellis		Wilmslow RC	34:57
48	467	Angelique Bueler	L35	8 Chorlton Runners	35:13
49	314	Daisy Pickles		Macclesfield H&c	35:17
50	300	Hayley Simpson	U20	9 E Cheshire H&tameside AC	35:20
51	327	Jackie Cordingley	L55	1 Sale H Manchester	35:26
52	149	Hannah Brierley		Manchester Ymca H	35:31
53	442	Jude Bek		Chorlton Runners	35:35
54	274	Joanne Lott	L45	3 Trafford AC	35:36
55	184	Madeleine Hill	L40	9 Dragons Rc (sale)	35:40
56	358	Maria McGoldrick	U20	10 St Helens Sutton AC	35:41
57	396	Amie Bagnall		Salford H&c	35:55
58	393	Sarah Kearney	L40	10 Wirral AC	35:56
59	507	Katy Newton		Chorlton Runners	35:58
60	100	Carolyn Lewtas		Salford Met AC	35:59
61	368	Lauren Marsden	L40	11 Swinton RC	36:06
62	452	Carolyn Cohen	U20	11 University Of Manchester CCC	36:19
63	402	Leona Beaumont		Chorlton Runners	36:32
64	125	Carmel Salvidge		Belle Vue Racers	36:32
65	352	Jennifer Yates		Sale H Manchester	36:39
66	139	Emma Young	L40	12 Bramhall Runners	36:39
67	520	Maisie Eakin		Sale H Manchester	36:45
68	231	Anna Thomas		Manchester Triathlon	36:47
69	121	Kath Horwill	L35	9 Belle Vue Racers	36:58
70	154	Emma Rettig	L35	10 Manchester Ymca H	36:58
71	216	Lara Hills		Manchester Triathlon	37:03
72	371	Rebecca Mills		Swinton RC	37:09
73	175	Carole Harrison	L45	4 Altrincham & District	37:11
74	405	Charlotte Durand	L35	11 Chorlton Runners	37:14
75	532	Diane Clark	L50	3 Hyde Village Striders	37:16
76	183	Joanne Healy	L40	13 Dragons Rc (sale)	37:20
77	47	Amanda Trivett	L35	12 Stockport H&c	37:25
78	129	Emma Hill		Bramhall Runners	37:29
79	41	Sophie Seingier	L40	14 Stockport H&c	37:32
80	29	Gillian Doolan	L45	5 Stockport H&c	37:33
81	339	Helen Reagan	L45	6 Sale H Manchester	37:33
82	120	Annie Hirsch	L55	2 Belle Vue Racers	37:34
83	543	Becca Whalley	U20	12 University Of Manchester CCC	37:36
84	7	Sophie Flanagan		Manchester H&c	37:42
85	499	Lorraine Pang		Chorlton Runners	37:52
86	276	Rachel McDonnell	L40	15 Trafford AC	37:54
87	450	Theresa Shaw	L45	7 Salford Met AC	37:58
88	469	Amy Barter		Stockport H&c	38:01
89	545	Ruth Lindley	U20	13 University Of Manchester CCC	38:03
90	133	Nicola Lloyd	L35	13 Bramhall Runners	38:06
91	391	Caroline Brophy	L45	8 Wirral AC	38:07
92	268	Camella Davis		Trafford AC	38:08
93	223	Jill Lawson		Manchester Triathlon	38:11
94	291	Melanie Kay	L40	16 E Cheshire H&tameside AC	38:13
95	98	Kate Sutton	L50	4 Wilmslow RC	38:24
96	333	Catherine Jones	L35	14 Sale H Manchester	38:27
97	475	Viv Samuelson	L35	15 Swinton RC	38:29
98	342	Lynda Rowlinson	L50	5 Sale H Manchester	38:32
99	244	Michelle Fuller	L40	17 Middleton H AC	38:36
100	215	Sonia Harris	L40	18 Manchester Triathlon	38:43
101	50	Maureen Wilkins	L50	6 Stockport H&c	38:44
102	310	Jo Miles	L50	7 Macclesfield H&c	38:44
103	443	Kat Quinn	L35	16 Manchester Triathlon	38:51
104	328	Lauren Davies		Sale H Manchester	38:52
105	312	Barbara Murray	L55	3 Macclesfield H&c	38:59
106	225	Sarah Mawbeyjeffries	L35	17 Manchester Triathlon	39:03
107	338	Carla Ousey	L40	19 Sale H Manchester	39:14
108	162	Ruth Ollerenshaw	L40	20 Salford H&c	39:16
109	373	Helen Nation	L35	18 Swinton RC	39:20
110	151	Steph Goodchild	L45	9 Manchester Ymca H	39:24
111	470	Mandy Webber	L45	10 Salford Met AC	39:31
112	198	Linda Rix	L50	8 Manchester Frontrunners	39:33
113	504	Sadia Haq		Chorlton Runners	39:40
114	86	Sharon Jones	L45	11 Wilmslow RC	39:46
115	346	Alice Smedley		Sale H Manchester	39:48
116	419	Stacey Holt	L35	19 Hyde Village Striders	39:54
117	270	Sue Exon	L60	2 Trafford AC	39:58
118	503	Sophie Cunningham		Chorlton Runners	40:04
119	406	Emma Flint	L40	21 Chorlton Runners	40:14
120	219	Sarka Jeremic	L40	22 Manchester Triathlon	40:19
121	301	Gillian Wolstenholme	L55	4 E Cheshire H&tameside AC	40:22
122	191	Miranda Taylor	L45	12 Knutsford Tri Club	40:26
123	366	Julie Hamilton	L35	20 Swinton RC	40:38
124	5	Jackie Ellison	L40	23 Manchester H&c	40:39
125	218	Helen Jaques		Manchester Triathlon	40:59
126	49	Hilary West	L55	5 Stockport H&c	41:04
127	171	Sarah Hooks		Winston Runners	41:05
128	409	Susannah Larminie		Chorlton Runners	41:13
129	437	Dot Muldoon	L45	13 Winston Runners	41:14
130	123	Catherine McKenna	L40	24 Belle Vue Racers	41:19
131	124	Gill Oakes		Belle Vue Racers	41:21
132	375	Sharen Roberts	L40	25 Swinton RC	41:30
133	435	Edyta Burgess	L35	21 Winston Runners	41:41
134	542	Madelaine Smith	U20	14 University Of Manchester CCC	42:09
135	28	Alexis Dinsmor	L65	1 Stockport H&c	42:10
136	153	Claudia Hammondprice		Manchester Ymca H	42:16
137	84	Carolyn Hiron	L45	14 Wilmslow RC	42:26
138	540	Alison Holt	L45	15 Glossopdale Harriers	42:41
139	386	Lily Woolcock	U20	15 University Of Manchester CCC	42:48
140	2	Caroline Baba	L35	22 Manchester H&c	43:06
141	363	Lynne Davies	L40	26 Swinton RC	43:07
142	347	Lucinda Summers	L45	16 Sale H Manchester	43:22
143	234	Michelle Wilder	L45	17 Manchester Triathlon	43:42
144	4	Debbie Beresford	L45	18 Manchester H&c	43:50
145	407	Helen Hall		Chorlton Runners	44:22
146	251	Julie Jones	L55	6 Middleton H AC	44:44
147	227	Ana Quintana	L40	27 Manchester Triathlon	45:13
148	210	Nicola Eplettwatt	L35	23 Manchester Triathlon	45:25
149	436	Beata Knychala	L35	24 Winston Runners	45:57
150	118	Julia Foy	L40	28 Belle Vue Racers	46:04
151	137	Alison Sheedy	L45	19 Bramhall Runners	46:06
152	72	Carole Williams	L60	3 Vale Royal AC	46:08
153	195	Mel Johnson	L35	25 Manchester Frontrunners	46:51
154	169	Fiona Ashworth	L40	29 Winston Runners	47:22
155	410	Gemma Lovegrove		Chorlton Runners	47:51
156	9	Dawn Gallen	L40	30 Manchester H&c	48:09
157	155	Olivia Scates	L50	9 Manchester Ymca H	48:34
158	110	Adele Fisher	L40	31 Abc Runners	48:40
159	172	Carron Lane	L50	10 Winston Runners	48:45
160	458	Elizabeth Malone		Warrington Tri Club	49:22
161	413	Elizabeth Rudden		Chorlton Runners	49:45
162	259	Janice Pugh	L55	7 Middleton H AC	50:07
163	113	Ruth Amin	L35	26 Belle Vue Racers	51:37
164	488	Liz Spensley	L65	2 Abc	52:05
165	498	Catherine Cutts		Chorlton Runners	59:45
166	150	Jennifer Delaney		Manchester Ymca H	1:03:53

# Manchester Area Cross Country League at Wythenshawe Park on Saturday 14th February 2015

## Senior Women — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Trafford AC	54 — 5 Sarah Hudak	8 Vicki Cronin	11 Hannah Griffiths	30 AmyRose Cauley
2 Macclesfield H&ac	57 — 2 Olivia Walwyn	13 Angela Markley	19 Anne Farmer	23 Sarah Harris
3 Salford H&ac	74 — 6 Beverley Simons Sinead Bent	18 Anabeth Orton	22 Marieanne Bigotsazy	28
4 University Of Manchester CCC	79 — 1 Hannah Brown	12 Naomi Alleyne	27 Molly Savill	39 Anna MacKenzie
5 Sale H Manchester	94 — 3 Katie White	17 Sarah Douglas	36 Helen Armitage	38 Anne Chinoy
6 Wilmslow RC	102 — 9 Sharon Johnstone	10 Katy Green	37 Louisa Harrison	46 Becky Ellis
7 Manchester Triathlon	149 — 14 Sarah Saxton	29 Jude Wall	40 Gail O'Hare	66 Anna Thomas
8 Chorlton Runners	159 — 25 Ingrid Storm	35 Lis Kilcourse	47 Angelique Bueler	52 Jude Bek
9 Stockport H&ac	179 — 7 Elizabeth Apsley	20 Megan Ashelby	75 Amanda Trivett	77 Sophie Seingier
10 Trafford AC 'B'	200 — 31 Alison Drasdo	32 Karen Hill	53 Joanne Lott	84 Rachel McDonnell
11 E Cheshire H&tameside AC	204 — 21 Bethany Hirst	42 Janine Ridgard	49 Hayley Simpson	92 Melanie Kay
12 Sale H Manchester 'B'	257 — 50 Jackie Cordingley	63 Jennifer Yates	65 Maisie Eakin	79 Helen Reagan
13 Bramhall Runners	269 — 41 Jennie Pickard	64 Emma Young	76 Emma Hill	88 Nicola Lloyd
14 Chorlton Runners 'B'	273 — 57 Katy Newton	61 Leona Beaumont	72 Charlotte Durand	83 Lorraine Pang
15 Macclesfield H&ac 'B'	294 — 43 Rachael Lawrance	48 Daisy Pickles	100 Jo Miles	103 Barbara Murray
16 Swinton RC	331 — 59 Lauren Marsden	70 Rebecca Mills	95 Viv Samuelson	107 Helen Nation
17 Belle Vue Racers	337 — 62 Carmel Salvidge	67 Kath Horwill	80 Annie Hirsch	128 Catherine McKenna
18 Manchester Triathlon 'B'	359 — 69 Lara Hills	91 Jill Lawson	98 Sonia Harris	101 Kat Quinn
19 University Of Manchester C 'B'	360 — 60 Carolyn Cohen	81 Becca Whalley	87 Ruth Lindley	132 Madelaine Smith
20 Manchester Ymca H	361 — 51 Hannah Brierley	68 Emma Rettig	108 Steph Goodchild	134 Claudia Hammondprice
21 Manchester H&ac	375 — 33 Emma Tolond	82 Sophie Flanagan	122 Jackie Ellison	138 Caroline Baba
22 Stockport H&ac 'B'	387 — 78 Gillian Doolan	86 Amy Barter	99 Maureen Wilkins	124 Hilary West
23 Sale H Manchester 'C'	397 — 94 Catherine Jones	96 Lynda Rowlinson	102 Lauren Davies	105 Carla Ousey
24 Chorlton Runners 'C'	470 — 111 Sadia Haq	116 Sophie Cunningham	117 Emma Flint	126 Susannah Larminie
25 Manchester Triathlon 'C'	486 — 104 Sarah Mawbeyjeffries	118 Sarka Jeremic	123 Helen Jaques	141 Michelle Wilder
26 Winston Runners	530 — 125 Sarah Hooks	127 Dot Muldoon	131 Edtya Burgess	147 Beata Knychala
27 Chorlton Runners 'D'	618 — 143 Helen Hall	153 Gemma Lovegrove	159 Elizabeth Rudden	163 Catherine Cutts

## Senior Women aged 17 to 19 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 University Of Manchester CCC	15 — 1 Hannah Brown	6 Molly Savill	8 Anna MacKenzie
2 University Of Manchester C 'B'	36 — 11 Carolyn Cohen	12 Becca Whalley	13 Ruth Lindley

## Senior Women (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Macclesfield H&ac	15 — 4 Angela Markley	5 Anne Farmer	6 Sarah Harris
2 Wilmslow RC	18 — 2 Sharon Johnstone	3 Katy Green	13 Louisa Harrison
3 Trafford AC	42 — 9 Alison Drasdo	10 Karen Hill	23 Joanne Lott
4 Sale H Manchester	48 — 12 Helen Armitage	14 Anne Chinoy	22 Jackie Cordingley
5 Salford H&ac	68 — 1 Beverley Simons	11 Tania Hernandez	56 Ruth Ollerenshaw
6 Altrincham & District	69 — 19 Bev Ganose	20 Annmarie Jones	30 Carole Harrison
7 Manchester Triathlon	72 — 8 Jude Wall	15 Gail O'Hare	49 Sonia Harris
8 Bramhall Runners	84 — 16 Jennie Pickard	27 Emma Young	41 Nicola Lloyd
9 Stockport H&ac	105 — 34 Amanda Trivett	35 Sophie Seingier	36 Gillian Doolan
10 Chorlton Runners	116 — 21 Angelique Bueler	31 Charlotte Durand	64 Emma Flint
11 Macclesfield H&ac 'B'	122 — 18 Rachael Lawrance	51 Jo Miles	53 Barbara Murray
12 E Cheshire H&tameside AC	126 — 17 Janine Ridgard	43 Melanie Kay	66 Gillian Wolstenholme
13 Sale H Manchester 'B'	129 — 37 Helen Reagan	45 Catherine Jones	47 Lynda Rowlinson
14 Swinton RC	129 — 26 Lauren Marsden	46 Viv Samuelson	57 Helen Nation
15 Belle Vue Racers	138 — 28 Kath Horwill	38 Annie Hirsch	72 Catherine McKenna
16 Manchester Triathlon 'B'	171 — 52 Kat Quinn	54 Sarah Mawbeyjeffries	65 Sarka Jeremic
17 Manchester Ymca H	180 — 29 Emma Rettig	58 Steph Goodchild	93 Olivia Scates
18 Wilmslow RC 'B'	181 — 44 Kate Sutton	61 Sharon Jones	76 Carolyn Hiron
19 Stockport H&ac 'B'	195 — 50 Maureen Wilkins	70 Hilary West	75 Alexis Dinsmor
20 Swinton RC 'B'	220 — 68 Julie Hamilton	73 Sharen Roberts	79 Lynne Davies
21 Middleton H AC	227 — 48 Michelle Fuller	83 Julie Jones	96 Janice Pugh
22 Manchester H&ac	229 — 69 Jackie Ellison	78 Caroline Baba	82 Debbie Beresford
23 Winston Runners	231 — 71 Dot Muldoon	74 Edtya Burgess	86 Beata Knychala
24 Manchester Triathlon 'C'	250 — 81 Michelle Wilder	84 Ana Quintana	85 Nicola Eplettwatt

# Manchester Area Cross Country League

## at Wythenshawe Park, Manchester on Saturday 14th February 2015

### Senior Men aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time
1	792	Adam Sciacca	U20	1 University Of Manchester Ccc	31:25	8	682 Dan Pettitt	U20	8 University Of Manchester Ccc	36:27
2	791	Josh Nevin	U20	2 University Of Manchester Ccc	32:01	9	909 William Booth	U20	9 Wilmslow RC	37:36
3	332	Richard McGeachie	U20	3 Halton & Frodsham	32:53	10	231 Daniel Bolton	U20	10 Ribble Valley AC	37:45
4	18	Kevin Acton	U20	4 Stockport H&ac	32:59	11	27 Simon Chadwick	U20	11 Stockport H&ac	39:02
5	914	Zack Bamber	U20	5 Vale Royal AC	33:12	12	599 Denis Powell	U20	12 Sale H Manchester	40:00
6	814	Chris Fance	U20	6 Warrington AC	34:03	13	684 Luke Wardy	U20	13 University Of Manchester Ccc	40:58
7	794	Jack Smisssaert	U20	7 University Of Manchester Ccc	35:29					

### Senior Men aged 20 to 39

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time
1	308	Andrew Norman		Altrincham & Dist AC	29:15	55	427 Aaron Saxton		Manchester Triathlon	36:10
2	309	David Norman		Altrincham & Dist AC	29:15	56	328 Robert Wadsworth		Dragons Rc (sale)	36:13
3	510	Patrick Gardiner		E Cheshire H & Tameside AC	29:51	57	227 Chris March		Manchester Ymca H	36:18
4	945	Joe Vis		University Of Manchester Ccc	29:54	58	593 Gareth Miller		Sale H Manchester	36:29
5	587	Nigel Martin		Sale H Manchester	29:56	59	691 Will Ferguson		Wirral AC	36:30
6	497	Gavin Tomlinson		Trafford AC	30:13	60	217 Richard Brailsford		Manchester Ymca H	36:34
7	586	David Marsh		Sale H Manchester	30:42	61	396 Dean Evans		Manchester Triathlon	36:38
8	2087	\$Lewis Eccleston		Astley & Tyldesley Road Runner	31:03	62	365 Jono Guildford		Manchester Frontrunners	36:50
9	256	Bruno Lima		Salford H&ac	31:03	63	198 Matthew Moran		Bramhall Runners	36:54
10	387	Robert Bridges		Manchester Triathlon	31:18	64	875 Tony Everitt		Chorlton Runners	36:56
11	602	Callum Rowlinson		Sale H Manchester	31:22	65	252 Chris Jones		Salford H&ac	37:03
12	134	Damian Nicholls		Wilmslow RC	31:27	66	127 Phil Matthews		Wilmslow RC	37:12
13	139	Peter Speake		Wilmslow RC	31:28	67	182 Victor Walsh		Belle Vue Racers	37:29
14	269	Matthew Shaw		Salford H&ac	31:54	68	200 Phil Ramsey		Bramhall Runners	37:35
15	903	Paul Hawkins		Wilmslow RC	31:58	69	724 Ross Murdoch		Chorlton Runners	37:38
16	606	Phil Scowcroft		Sale H Manchester	32:05	70	678 Dowan Kwon		University Of Manchester Ccc	37:56
17	563	Chris Donnelly		Sale H Manchester	32:13	71	13 Jonathan Reeh		Manchester H&ac	37:56
18	472	Richard Clancy		Trafford AC	32:31	72	581 Ian Jones		Sale H Manchester	38:12
19	541	Mark Walker		Macclesfield H&ac	32:39	73	366 Steve Hatton		Manchester Frontrunners	38:13
20	325	Mark Offord		Dragons Rc (sale)	32:43	74	726 Mark Norman		Chorlton Runners	38:15
21	924	Jake Shackelford		Sale H Manchester	32:47	75	610 Steve Surrridge		Sale H Manchester	38:16
22	648	Matthew Clark		Swinton RC	32:51	76	338 John Goggins		Knutsford Tri Club	38:18
23	477	Timothy Fletcher		Trafford AC	32:53	77	590 Richard McHugh		Sale H Manchester	38:38
24	524	Aaron Schofield		E Cheshire H & Tameside AC	32:56	78	180 Meng Tang		Belle Vue Racers	38:41
25	23	Paul Brooks		Stockport H&ac	33:16	79	358 Joe Carne		Manchester Frontrunners	39:08
26	720	F MacDonaldOulds		Chorlton Runners	33:19	80	14 Chris Sewart		Manchester H&ac	39:12
27	559	Andrew Carlin		Sale H Manchester	33:29	81	97 Iain Stanton		Vale Royal AC	39:17
28	659	Dave Parkin		Swinton RC	33:29	82	672 James Barringer		University Of Manchester Ccc	39:28
29	714	Ben Hobson		Chorlton Runners	33:38	83	906 Paul Stephens		Salford H&ac	39:41
30	910	Laurie Luscombe		Liverpool H&ac	33:42	84	708 Simon Clarke		Chorlton Runners	39:49
31	644	Dan Bird		Swinton RC	33:51	85	201 John Williams		Bramhall Runners	40:38
32	544	Scott Wilson		Macclesfield H&ac	33:55	86	223 James Gu		Manchester Ymca H	41:02
33	218	Richard Brierley		Manchester Ymca H	34:06	87	943 Vittorio Muraro		University Of Manchester Ccc	41:06
34	949	Joshua Oguntayo		Sale H Manchester	34:08	88	615 Gareth Webb		Sale H Manchester	41:13
35	645	Chris Brown		Swinton RC	34:09	89	503 Daniel Bamber		E Cheshire H & Tameside AC	41:21
36	829	Peter Crawford		Sale H Manchester	34:32	90	362 Phil Facey		Manchester Frontrunners	41:23
37	222	Mark Griffiths		Manchester Ymca H	34:36	91	707 Gavin Cameron		Chorlton Runners	41:24
38	596	Peter O'Neil		Sale H Manchester	34:36	92	764 Krzysztof Zacharski		Winston Runners	41:33
39	24	Phil Burns		Stockport H&ac	34:37	93	905 Richard Skitt		Manchester H&ac	41:34
40	128	Allan McCormick		Wilmslow RC	34:50	94	655 Christian Lyth		Swinton RC	41:38
41	380	Andy Adkin		Manchester Triathlon	34:57	95	361 Amir Dar		Manchester Frontrunners	41:40
42	568	Kevin Foster		Sale H Manchester	35:02	96	414 Christopher Jones		Manchester Triathlon	41:44
43	566	Rob Flannery		Sale H Manchester	35:06	97	378 Stephen Weigh		Manchester Frontrunners	42:10
44	614	James Walsh		Sale H Manchester	35:09	98	730 Jacob Smiles		Chorlton Runners	42:14
45	547	Mike Ashby		Sale H Manchester	35:23	99	369 Jordan Millar		Manchester Frontrunners	42:20
46	495	Chris Small		Trafford AC	35:25	100	146 Stuart Mairs		Salford Met AC	42:28
47	415	Brendan Kennedy		Manchester Triathlon	35:27	101	710 Mark Donnelly		Chorlton Runners	42:42
48	701	Tom Hindmarch		Mmu H	35:35	102	279 Paul Lockett		Winston Runners	43:33
49	706	Jonathon Bell		Chorlton Runners	35:38	103	372 Andrew Pilling		Manchester Frontrunners	44:08
50	716	Damien Jones		Chorlton Runners	35:38	104	363 James Fox		Manchester Frontrunners	44:22
51	382	Nathan Ball		Manchester Triathlon	35:47	105	280 Paul Muldoon		Winston Runners	44:51
52	431	Murray Taylor		Manchester Triathlon	35:52	106	174 James Corrigan		Belle Vue Racers	46:58
53	550	Paul Barrett		Sale H Manchester	36:00	107	666 Andy Smith		Swinton RC	48:39
54	145	Paul Connolly		Salford Met AC	36:02					



### Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time					
1	574	Paul Green	V40	1 Sale H Manchester	30:25	26	140 Matt Taylor	V40 26	Wilmslow RC	37:57
2	2085	\$Ian Grime	V40	2 Newham & Essex Beagles	31:33	27	846 Andy Schofield	V40 27	Hyde Village Striders	38:24
3	285	Colin Bannothornton	V40	3 Altrincham & Dist AC	32:01	28	552 Gaurav Batra	V40 28	Sale H Manchester	38:27
4	102	Barry Archbold	V40	4 Wilmslow RC	32:41	29	31 Paul Corner	V40 29	Stockport H&ac	39:12
5	668	Mark Whittington	V40	5 Swinton RC	33:00	30	179 Jason Stott	V40 30	Belle Vue Racers	39:30
6	571	Olivier Gaillemin	V40	6 Sale H Manchester	33:05	31	44 Andrew Mainwaring	V40 31	Stockport H&ac	39:43
7	947	Timothy Bedford	V40	7 Warrington AC	33:20	32	169 Lee Stinch	V40 32	Abc Runners	40:04
8	511	Tim Greenald	V40	8 E Cheshire H & Tameside AC	33:21	33	408 Steve Hughes	V40 33	Manchester Triathlon	40:23
9	491	Jeff Prest	V40	9 Trafford AC	33:35	34	572 Steve Gavin	V40 34	Sale H Manchester	40:27
10	70	Matt Townley	V40	10 Stockport H&ac	33:45	35	801 Dennis Thomas	V40 35	E Cheshire H & Tameside AC	40:29
11	562	Elton Davies	V40	11 Sale H Manchester	34:25	36	381 Damian Aspin	V40 36	Manchester Triathlon	40:30
12	30	James Corden	V40	12 Stockport H&ac	34:55	37	671 Paul Wilson	V40 37	Swinton RC	41:23
13	711	Paul Griffiths	V40	13 Chorlton Runners	35:28	38	622 Michael Wymer	V40 38	Sale H Manchester	41:43
14	354	Shane Wolstencroft	V40	14 Knutsford Tri Club	35:33	39	183 Stephen Webb	V40 39	Belle Vue Racers	41:53
15	68	Mike Toal	V40	15 Stockport H&ac	36:04	40	940 Tim Marsh	V40 40	Macclesfield H&ac	41:58
16	3	Jason Brogan	V40	16 Manchester H&ac	36:08	41	379 Dan Whittaker	V40 41	Manchester Frontrunners	42:58
17	769	Darren Cottier	V40	17 Vale Royal AC	36:10	42	938 Daniel Oldham	V40 42	Glossopdale Harriers	43:41
18	687	Mark Hadland	V40	18 Warrington Tri Club	36:28	43	704 Peter Adams	V40 43	Horrington Runners	44:21
19	535	Steven Millar	V40	19 Macclesfield H&ac	36:54	44	845 Mike Cronin	V40 44	Manchester H&ac	44:29
20	433	Roger Thomas	V40	20 Manchester Triathlon	36:56	45	390 Mark Coley	V40 45	Manchester Triathlon	44:38
21	199	Frank Podd	V40	21 Bramhall Runners	37:06	46	327 Simon Skeltenberry	V40 46	Dragons Rc (sale)	44:49
22	299	Shaun Jackson	V40	22 Altrincham & Dist AC	37:18	47	73 Jeremy Woodham	V40 47	Stockport H&ac	45:23
23	133	Adam Neale	V40	23 Wilmslow RC	37:26	48	770 Simon Finch	V40 48	Swinton RC	45:31
24	197	Li Lok	V40	24 Bramhall Runners	37:50	49	377 Henry Walker	V40 49	Manchester Frontrunners	56:14
25	194	Mike Hodson	V40	25 Bramhall Runners	37:52					

### Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time					
1	617	Ian Wetherall	V45	1 Sale H Manchester	31:20	26	241 Sean Cordell	V45 26	Salford H&ac	37:49
2	6	Ed Fazakerley	V45	2 Manchester H&ac	31:30	27	713 Justin Hayes	V45 27	Chorlton Runners	38:31
3	661	Mark Russell	V45	3 Swinton RC	32:15	28	51 Ian Mulligan	V45 28	Stockport H&ac	38:45
4	499	David Alexander	V45	4 West Cheshire AC	32:33	29	67 Max Thickett	V45 29	Stockport H&ac	38:50
5	948	Bill Crowther	V45	5 Altrincham & Dist AC	33:43	30	467 Robin Beaumont	V45 30	Trafford AC	38:51
6	143	Andy Whittingham	V45	6 Wilmslow RC	33:57	31	342 William Keeling	V45 31	Knutsford Tri Club	39:23
7	525	Chris Swire	V45	7 E Cheshire H & Tameside AC	34:37	32	352 Paul Wain	V45 32	Knutsford Tri Club	39:27
8	36	Kevan Garner	V45	8 Stockport H&ac	34:38	33	1 Lloyd Barlow	V45 33	Manchester H&ac	39:35
9	512	Simon Grundy	V45	9 E Cheshire H & Tameside AC	34:38	34	879 Naz Zameer	V45 34	Chorlton Runners	39:35
10	60	Peter Rogers	V45	10 Stockport H&ac	34:59	35	739 Dominic Sexton	V45 35	Hyde Village Striders	39:38
11	482	Mike Hutchinson	V45	11 Trafford AC	35:18	36	209 Sikobe Litaba	V45 36	Glossopdale Harriers	39:44
12	453	Paul Jibson	V45	12 Middleton H AC	35:31	37	772 Ray O'Keefe	V45 37	Macclesfield H&ac	39:59
13	121	Mike Hill	V45	13 Wilmslow RC	36:09	38	310 Craig Partridge	V45 38	Altrincham & Dist AC	40:34
14	529	Julian Brown	V45	14 Macclesfield H&ac	36:14	39	667 Ric Waring	V45 39	Swinton RC	40:35
15	866	Andrew Clague	V45	15 West Cheshire AC	36:31	40	665 Jon Sides	V45 40	Swinton RC	40:59
16	628	Barry Graney	V45	16 St Helens Sutton AC	36:32	41	826 James Fairfield	V45 41	E Cheshire H & Tameside AC	41:04
17	144	Rob Wilson	V45	17 Wilmslow RC	36:40	42	192 Richard Hall	V45 42	Bramhall Runners	41:17
18	333	Simon Atkins	V45	18 Knutsford Tri Club	36:41	43	688 Steve Howard	V45 43	Warrington Tri Club	41:36
19	941	Lee Kaufman	V45	19 Sale H Manchester	36:48	44	386 Ronan Brennan	V45 44	Manchester Triathlon	42:12
20	944	Graham Screawn	V45	20 Wilmslow RC	36:50	45	601 Tim Rainey	V45 45	Sale H Manchester	42:25
21	412	Tim Johns	V45	21 Manchester Triathlon	36:54	46	920 Glen Gandy	V45 46	Manchester H&ac	42:34
22	420	John Murray	V45	22 Manchester Triathlon	37:04	47	518 Martin Lewis	V45 47	E Cheshire H & Tameside AC	43:04
23	500	Denis Duret	V45	23 West Cheshire AC	37:19	48	355 Graham Bateson	V45 48	Manchester Frontrunners	44:03
24	757	Mark Williams	V45	24 Radcliffe AC	37:21	49	230 Steve Symons	V45 49	Manchester Ymca H	45:51
25	946	Nick Burke	V45	25 Altrincham & Dist AC	37:29	50	11 Denis Kelly	V45 50	Manchester H&ac	46:26
						51	670 David Williamson	V45 51	Swinton RC	50:16

### Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	111	Rob Downs	V50	1 Wilmslow RC	33:07	16	297 David Hughes	V50 16	Altrincham & Dist AC	38:11
2	313	Roger Preece	V50	2 Altrincham & Dist AC	33:12	17	16 Matt Whitehead	V50 17	Manchester H&ac	38:39
3	470	Dick Byers	V50	3 Trafford AC	33:47	18	221 Eddie Gilligan	V50 18	Manchester Ymca H	38:53
4	113	Malcolm Fowler	V50	4 Wilmslow RC	34:05	19	375 Roberto Raso	V50 19	Manchester Frontrunners	39:41
5	514	Barry Hirst	V50	5 E Cheshire H & Tameside AC	34:10	20	435 Richard Wallace	V50 20	Manchester Triathlon	39:46
6	629	John Greenall	V50	6 St Helens Sutton AC	34:20	21	636 Andrew O'Connor	V50 21	St Helens Sutton AC	39:48
7	603	Gary Rowlinson	V50	7 Sale H Manchester	34:22	22	505 John Bowker	V50 22	E Cheshire H & Tameside AC	40:01
8	519	Gary Matthews	V50	8 E Cheshire H & Tameside AC	34:33	23	439 Simon Wildman	V50 23	Manchester Triathlon	40:05
9	486	Paul Mannion	V50	9 Trafford AC	34:41	24	184 Andy Wood	V50 24	Belle Vue Racers	41:47
10	649	Steve Doxey	V50	10 Swinton RC	35:48	25	320 Alan Williams	V50 25	Altrincham & Dist AC	41:56
11	543	Gary Willcock	V50	11 Macclesfield H&ac	36:45	26	889 \$Ian Taylor	V50 26	Salford Met AC	42:19
12	604	Glenn Savage	V50	12 Sale H Manchester	36:50	27	25 Rob Cator	V50 27	Stockport H&ac	43:53
13	26	Robert Cawley	V50	13 Stockport H&ac	37:19	28	48 Steve Matkin	V50 28	Stockport H&ac	46:35
14	55	Simon Phillips	V50	14 Stockport H&ac	37:29	29	2082 \$James Alty	V50 29	Unattached	49:46
15	597	Steve Parry	V50	15 Sale H Manchester	38:03					

### Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time						
1	129	Tom McGaff	V55	1 Wilmslow RC	34:30	9	39	Tim Hargreaves	V55	9 Stockport H&ac	40:11
2	62	Steve Shaughnessy	V55	2 Stockport H&ac	35:43	10	803	Mike Race	V55	10 Salford Met AC	40:54
3	267	Philip Quibell	V55	3 Salford H&ac	36:01	11	281	Peter Walters	V55	11 Winston Runners	41:37
4	600	Aiden Raftery	V55	4 Sale H Manchester	36:16	12	950	Mike Bridges	V55	12 Manchester Triathlon	41:39
5	923	Dave Clamp	V55	5 Knutsford Tri Club	36:33	13	228	Mike O'Brien	V55	13 Manchester Ymca H	42:52
6	458	Anthony Lowe	V55	6 Middleton H AC	38:12	14	542	Mark Wheelton	V55	14 Macclesfield H&ac	43:19
7	284	Dave Ainsworth	V55	7 Altrincham & Dist AC	38:19	15	213	John Stephenson	V55	15 Glossopdale Harriers	46:00
8	28	David Chrystielowe	V55	8 Stockport H&ac	40:10	16	449	Stephen Granville	V55	16 Middleton H AC	51:09

### Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	265	Stanley Owen	V60	1 Salford H&ac	34:43
2	312	Peter Pickwell	V60	2 Altrincham & Dist AC	39:56
3	565	Nigel Fielden	V60	3 Sale H Manchester	41:30
4	277	John Archer	V60	4 Winston Runners	42:13
5	2089	\$Brian Schofield	V60	5 Oldham & Royton H & Ac	42:37
6	608	Jerry Smith	V60	6 Sale H Manchester	42:43
7	546	Miran Aprahamian	V60	7 Sale H Manchester	43:51
8	448	Alan Garvey	V60	8 Middleton H AC	43:51
9	607	Martin Smedley	V60	9 Sale H Manchester	45:34
10	795	Alan Thomas	V60	10 Salford Met AC	52:43
11	2086	\$Vincent Townley	V60	11 Unattached	53:44

### Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	66	Robert Taylor	V65	1 Stockport H&ac	37:59
2	216	David Ashton	V65	2 Manchester Ymca H	42:06
3	236	Roland Bowness	V65	3 Salford H&ac	44:26
4	244	Tom Daniels	V65	4 Salford H&ac	45:49
5	531	David Hancock	V65	5 Macclesfield H&ac	49:17

### Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	91	Colin Rathbone	V70	1 Vale Royal AC	45:55
2	112	Trevor Faulkner	V70	2 Wilmslow RC	55:44
3	942	Chris Bryans	V75	1 Stockport H&ac	1:07:03

# Manchester Area Cross Country League

## at Wythenshawe Park, Manchester on Saturday 14th February 2015

### Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time					
1	308	Andrew Norman		Altrincham & Dist AC	29:15	86	495	Chris Small	Trafford AC	35:25
2	309	David Norman		Altrincham & Dist AC	29:15	87	415	Brendan Kennedy	Manchester Triathlon	35:27
3	510	Patrick Gardiner		E Cheshire H & Tameside AC	29:51	88	711	Paul Griffiths	V40 13 Chorlton Runners	35:28
4	945	Joe Vis		University Of Manchester Ccc	29:54	89	794	Jack Smislaert	U20 7 University Of Manchester Ccc	35:29
5	587	Nigel Martin		Sale H Manchester	29:56	90	453	Paul Jibson	V45 12 Middleton H AC	35:31
6	497	Gavin Tomlinson		Trafford AC	30:13	91	354	Shane Wolstencroft	V40 14 Knutsford Tri Club	35:33
7	574	Paul Green	V40 1	Sale H Manchester	30:25	92	701	Tom Hindmarch	Mmu H	35:35
8	586	David Marsh		Sale H Manchester	30:42	93	706	Jonathon Bell	Chorlton Runners	35:38
9	2087	\$Lewis Eccleston		Astley & Tyldesley Road Runner	31:03	94	716	Damien Jones	Chorlton Runners	35:38
10	256	Bruno Lima		Salford H&ac	31:03	95	62	Steve Shaughnessy	V55 2 Stockport H&ac	35:43
11	387	Robert Bridges		Manchester Triathlon	31:18	96	382	Nathan Ball	Manchester Triathlon	35:47
12	617	Ian Wetherall	V45 1	Sale H Manchester	31:20	97	649	Steve Doxey	V50 10 Swinton RC	35:48
13	602	Callum Rowlinson		Sale H Manchester	31:22	98	431	Murray Taylor	Manchester Triathlon	35:52
14	792	Adam Sciacca	U20 1	University Of Manchester Ccc	31:25	99	550	Paul Barrett	Sale H Manchester	36:00
15	134	Damian Nicholls		Wilmslow RC	31:27	100	267	Philip Quibell	V55 3 Salford H&ac	36:01
16	139	Peter Speake		Wilmslow RC	31:28	101	145	Paul Connolly	Salford Met AC	36:02
17	6	Ed Fazakerley	V45 2	Manchester H&ac	31:30	102	68	Mike Toal	V40 15 Stockport H&ac	36:04
18	2085	\$Ian Grime	V40 2	Newham & Essex Beagles	31:33	103	3	Jason Brogan	V40 16 Manchester H&ac	36:08
19	269	Matthew Shaw		Salford H&ac	31:54	104	121	Mike Hill	V45 13 Wilmslow RC	36:09
20	903	Paul Hawkins		Wilmslow RC	31:58	105	427	Aaron Saxton	Manchester Triathlon	36:10
21	285	Colin Bannothornton	V40 3	Altrincham & Dist AC	32:01	106	769	Darren Cottier	V40 17 Vale Royal AC	36:10
22	791	Josh Nevin	U20 2	University Of Manchester Ccc	32:01	107	328	Robert Wadsworth	Dragons Rc (sale)	36:13
23	606	Phil Scowcroft		Sale H Manchester	32:05	108	529	Julian Brown	V45 14 Macclesfield H&ac	36:14
24	563	Chris Donnelly		Sale H Manchester	32:13	109	600	Aiden Raftery	V55 4 Sale H Manchester	36:16
25	661	Mark Russell	V45 3	Swinton RC	32:15	110	227	Chris March	Manchester Ymca H	36:18
26	472	Richard Clancy		Trafford AC	32:31	111	682	Dan Pettitt	U20 8 University Of Manchester Ccc	36:27
27	499	David Alexander	V45 4	West Cheshire AC	32:33	112	687	Mark Hadland	V40 18 Warrington Tri Club	36:28
28	541	Mark Walker		Macclesfield H&ac	32:39	113	593	Gareth Miller	Sale H Manchester	36:29
29	102	Barry Archbold	V40 4	Wilmslow RC	32:41	114	691	Will Ferguson	Wirral AC	36:30
30	325	Mark Offord		Dragons Rc (sale)	32:43	115	866	Andrew Clague	V45 15 West Cheshire AC	36:31
31	924	Jake Shackelford		Sale H Manchester	32:47	116	628	Barry Graney	V45 16 St Helens Sutton AC	36:32
32	648	Matthew Clark		Swinton RC	32:51	117	923	Dave Clamp	V55 5 Knutsford Tri Club	36:33
33	332	Richard McGeachie	U20 3	Halton & Frodsham	32:53	118	217	Richard Brailsford	Manchester Ymca H	36:34
34	477	Timothy Fletcher		Trafford AC	32:53	119	396	Dean Evans	Manchester Triathlon	36:38
35	524	Aaron Schofield		E Cheshire H & Tameside AC	32:56	120	144	Rob Wilson	V45 17 Wilmslow RC	36:40
36	18	Kevin Acton	U20 4	Stockport H&ac	32:59	121	333	Simon Atkins	V45 18 Knutsford Tri Club	36:41
37	668	Mark Whittington	V40 5	Swinton RC	33:00	122	543	Gary Willcock	V50 11 Macclesfield H&ac	36:45
38	571	Olivier Gaillemin	V40 6	Sale H Manchester	33:05	123	941	Lee Kaufman	V45 19 Sale H Manchester	36:48
39	111	Rob Downs	V50 1	Wilmslow RC	33:07	124	604	Glenn Savage	V50 12 Sale H Manchester	36:50
40	914	Zack Bamber	U20 5	Vale Royal AC	33:12	125	365	Jono Guildford	Manchester Frontrunners	36:50
41	313	Roger Preece	V50 2	Altrincham & Dist AC	33:12	126	944	Graham Screawen	V45 20 Wilmslow RC	36:50
42	23	Paul Brooks		Stockport H&ac	33:16	127	412	Tim Johns	V45 21 Manchester Triathlon	36:54
43	720	F MacDonaldOulds		Chorlton Runners	33:19	128	198	Matthew Moran	Bramhall Runners	36:54
44	947	Timothy Bedford	V40 7	Warrington AC	33:20	129	535	Steven Millar	V40 19 Macclesfield H&ac	36:54
45	511	Tim Greenald	V40 8	E Cheshire H & Tameside AC	33:21	130	433	Roger Thomas	V40 20 Manchester Triathlon	36:56
46	559	Andrew Carlin		Sale H Manchester	33:29	131	875	Tony Everitt	Chorlton Runners	36:56
47	659	Dave Parkin		Swinton RC	33:29	132	252	Chris Jones	Salford H&ac	37:03
48	491	Jeff Prest	V40 9	Trafford AC	33:35	133	420	John Murray	V45 22 Manchester Triathlon	37:04
49	714	Ben Hobson		Chorlton Runners	33:38	134	199	Frank Podd	V40 21 Bramhall Runners	37:06
50	910	Laurie Luscombe		Liverpool H&ac	33:42	135	127	Phil Matthews	Wilmslow RC	37:12
51	948	Bill Crowther	V45 5	Altrincham & Dist AC	33:43	136	299	Shaun Jackson	V40 22 Altrincham & Dist AC	37:18
52	70	Matt Townley	V40 10	Stockport H&ac	33:45	137	26	Robert Cawley	V50 13 Stockport H&ac	37:19
53	470	Dick Byers	V50 3	Trafford AC	33:47	138	500	Denis Duret	V45 23 West Cheshire AC	37:19
54	644	Dan Bird		Swinton RC	33:51	139	757	Mark Williams	V45 24 Radcliffe AC	37:21
55	544	Scott Wilson		Macclesfield H&ac	33:55	140	133	Adam Neale	V40 23 Wilmslow RC	37:26
56	143	Andy Whittingham	V45 6	Wilmslow RC	33:57	141	182	Victor Walsh	Belle Vue Racers	37:29
57	814	Chris Fance	U20 6	Warrington AC	34:03	142	55	Simon Phillips	V50 14 Stockport H&ac	37:29
58	113	Malcolm Fowler	V50 4	Wilmslow RC	34:05	143	946	Nick Burke	V45 25 Altrincham & Dist AC	37:29
59	218	Richard Brierley		Manchester Ymca H	34:06	144	200	Phil Ramsey	Bramhall Runners	37:35
60	949	Joshua Oguntayo		Sale H Manchester	34:08	145	909	William Booth	U20 9 Wilmslow RC	37:36
61	645	Chris Brown		Swinton RC	34:09	146	724	Ross Murdoch	Chorlton Runners	37:38
62	514	Barry Hirst	V50 5	E Cheshire H & Tameside AC	34:10	147	231	Daniel Bolton	U20 10 Ribble Valley AC	37:45
63	629	John Greenall	V50 6	St Helens Sutton AC	34:20	148	241	Sean Cordell	V45 26 Salford H&ac	37:49
64	603	Gary Rowlinson	V50 7	Sale H Manchester	34:22	149	197	Li Lok	V40 24 Bramhall Runners	37:50
65	562	Elton Davies	V40 11	Sale H Manchester	34:25	150	194	Mike Hodson	V40 25 Bramhall Runners	37:52
66	129	Tom McGaff	V55 1	Wilmslow RC	34:30	151	678	Dowan Kwon	University Of Manchester Ccc	37:56
67	829	Peter Crawford		Sale H Manchester	34:32	152	13	Jonathan Reeh	Manchester H&ac	37:56
68	519	Gary Matthews	V50 8	E Cheshire H & Tameside AC	34:33	153	140	Matt Taylor	V40 26 Wilmslow RC	37:57
69	222	Mark Griffiths		Manchester Ymca H	34:36	154	66	Robert Taylor	V65 1 Stockport H&ac	37:59
70	596	Peter O'Neil		Sale H Manchester	34:36	155	597	Steve Parry	V50 15 Sale H Manchester	38:03
71	525	Chris Swire	V45 7	E Cheshire H & Tameside AC	34:37	156	297	David Hughes	V50 16 Altrincham & Dist AC	38:11
72	24	Phil Burns		Stockport H&ac	34:37	157	581	Ian Jones	Sale H Manchester	38:12
73	36	Kevan Garner	V45 8	Stockport H&ac	34:38	158	458	Anthony Lowe	V55 6 Middleton H AC	38:12
74	512	Simon Grundy	V45 9	E Cheshire H & Tameside AC	34:38	159	366	Steve Hatton	Manchester Frontrunners	38:13
75	486	Paul Mannion	V50 9	Trafford AC	34:41	160	726	Mark Norman	Chorlton Runners	38:15
76	265	Stanley Owen	V60 1	Salford H&ac	34:43	161	610	Steve SurrIDGE	Sale H Manchester	38:16
77	128	Allan McCormick		Wilmslow RC	34:50	162	338	John Goggins	Knutsford Tri Club	38:18
78	30	James Corden	V40 12	Stockport H&ac	34:55	163	284	Dave Ainsworth	V55 7 Altrincham & Dist AC	38:19
79	380	Andy Adkin		Manchester Triathlon	34:57	164	846	Andy Schofield	V40 27 Hyde Village Striders	38:24
80	60	Peter Rogers	V45 10	Stockport H&ac	34:59	165	552	Gaurav Batra	V40 28 Sale H Manchester	38:27
81	568	Kevin Foster		Sale H Manchester	35:02	166	713	Justin Hayes	V45 27 Chorlton Runners	38:31
82	566	Rob Flannery		Sale H Manchester	35:06	167	590	Richard McHugh	Sale H Manchester	38:38
83	614	James Walsh		Sale H Manchester	35:09	168	16	Matt Whitehead	V50 17 Manchester H&ac	38:39
84	482	Mike Hutchinson	V45 11	Trafford AC	35:18	169	180	Meng Tang	Belle Vue Racers	38:41
85	547	Mike Ashby		Sale H Manchester	35:23	170	51	Ian Mulligan	V45 28 Stockport H&ac	38:45

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 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

171	67 Max Thickett	V45 29	Stockport H&ac	38:50	228 622 Michael Wymer	V40 38	Sale H Manchester	41:43
172	467 Robin Beaumont	V45 30	Trafford AC	38:51	229 414 Christopher Jones		Manchester Triathlon	41:44
173	221 Eddie Gilligan	V50 18	Manchester Ymca H	38:53	230 184 Andy Wood	V50 24	Belle Vue Racers	41:47
174	27 Simon Chadwick	U20 11	Stockport H&ac	39:02	231 183 Stephen Webb	V40 39	Belle Vue Racers	41:53
175	358 Joe Carne		Manchester Frontrunners	39:08	232 320 Alan Williams	V50 25	Altrincham & Dist AC	41:56
176	14 Chris Sewart		Manchester H&ac	39:12	233 940 Tim Marsh	V40 40	Macclesfield H&ac	41:58
177	31 Paul Corner	V40 29	Stockport H&ac	39:12	234 216 David Ashton	V65 2	Manchester Ymca H	42:06
178	97 Iain Stanton		Vale Royal AC	39:17	235 378 Stephen Weigh		Manchester Frontrunners	42:10
179	342 William Keeling	V45 31	Knutsford Tri Club	39:23	236 386 Ronan Brennan	V45 44	Manchester Triathlon	42:12
180	352 Paul Wain	V45 32	Knutsford Tri Club	39:27	237 277 John Archer	V60 4	Winston Runners	42:13
181	672 James Barringer		University Of Manchester Ccc	39:28	238 730 Jacob Smiles		Chorlton Runners	42:14
182	179 Jason Stott	V40 30	Belle Vue Racers	39:30	239 889 \$Ian Taylor	V50 26	Salford Met AC	42:19
183	1 Lloyd Barlow	V45 33	Manchester H&ac	39:35	240 369 Jordan Millar		Manchester Frontrunners	42:20
184	879 Naz Zameer	V45 34	Chorlton Runners	39:35	241 601 Tim Rainey	V45 45	Sale H Manchester	42:25
185	739 Dominic Sexton	V45 35	Hyde Village Striders	39:38	242 146 Stuart Mairs		Salford Met AC	42:28
186	906 Paul Stephens		Salford H&ac	39:41	243 920 Glen Gandy	V45 46	Manchester H&ac	42:34
187	375 Roberto Raso	V50 19	Manchester Frontrunners	39:41	2442089\$Brian Schofield	V60 5	Oldham & Royton H & Ac	42:37
188	44 Andrew Mainwaring	V40 31	Stockport H&ac	39:43	245 710 Mark Donnelly		Chorlton Runners	42:42
189	209 Sikobe Litaba	V45 36	Glossopdale Harriers	39:44	246 608 Jerry Smith	V60 6	Sale H Manchester	42:43
190	435 Richard Wallace	V50 20	Manchester Triathlon	39:46	247 228 Mike O'Brien	V55 13	Manchester Ymca H	42:52
191	636 Andrew O'Connor	V50 21	St Helens Sutton AC	39:48	248 379 Dan Whittaker	V40 41	Manchester Frontrunners	42:58
192	708 Simon Clarke		Chorlton Runners	39:49	249 518 Martin Lewis	V45 47	E Cheshire H & Tameside AC	43:04
193	312 Peter Pickwell	V60 2	Altrincham & Dist AC	39:56	250 542 Mark Wheelton	V55 14	Macclesfield H&ac	43:19
194	772 Ray O'Keefe	V45 37	Macclesfield H&ac	39:59	251 279 Paul Lockett		Winston Runners	43:33
195	599 Denis Powell	U20 12	Sale H Manchester	40:00	252 938 Daniel Oldham	V40 42	Glossopdale Harriers	43:41
196	505 John Bowker	V50 22	E Cheshire H & Tameside AC	40:01	253 546 Miran Aprahamian	V60 7	Sale H Manchester	43:51
197	169 Lee Stinch	V40 32	Abc Runners	40:04	254 448 Alan Garvey	V60 8	Middleton H AC	43:51
198	439 Simon Wildman	V50 23	Manchester Triathlon	40:05	255 25 Rob Cator	V50 27	Stockport H&ac	43:53
199	28 David Chrystielowe	V55 8	Stockport H&ac	40:10	256 355 Graham Bateson	V45 48	Manchester Frontrunners	44:03
200	39 Tim Hargreaves	V55 9	Stockport H&ac	40:11	257 372 Andrew Pilling		Manchester Frontrunners	44:08
201	408 Steve Hughes	V40 33	Manchester Triathlon	40:23	258 704 Peter Adams	V40 43	Chorlton Runners	44:21
202	572 Steve Gavin	V40 34	Sale H Manchester	40:27	259 363 James Fox		Manchester Frontrunners	44:22
203	801 Dennis Thomas	V40 35	E Cheshire H & Tameside AC	40:29	260 236 Roland Bowness	V65 3	Salford H&ac	44:26
204	381 Damian Aspin	V40 36	Manchester Triathlon	40:30	261 845 Mike Cronin	V40 44	Manchester H&ac	44:29
205	310 Craig Partridge	V45 38	Altrincham & Dist AC	40:34	262 390 Mark Coley	V40 45	Manchester Triathlon	44:38
206	667 Ric Waring	V45 39	Swinton RC	40:35	263 327 Simon Skeltenberry	V40 46	Dragons Rc (sale)	44:49
207	201 John Williams		Bramhall Runners	40:38	264 280 Paul Muldoon		Winston Runners	44:51
208	803 Mike Race	V55 10	Salford Met AC	40:54	265 73 Jeremy Woodham	V40 47	Stockport H&ac	45:23
209	684 Luke Wardy	U20 13	University Of Manchester Ccc	40:58	266 770 Simon Finch	V40 48	Swinton RC	45:31
210	665 Jon Sides	V45 40	Swinton RC	40:59	267 607 Martin Smedley	V60 9	Sale H Manchester	45:34
211	223 James Gu		Manchester Ymca H	41:02	268 244 Tom Daniels	V65 4	Salford H&ac	45:49
212	826 James Fairfield	V45 41	E Cheshire H & Tameside AC	41:04	269 230 Steve Symons	V45 49	Manchester Ymca H	45:51
213	943 Vittorio Muraro		University Of Manchester Ccc	41:06	270 91 Colin Rathbone	V70 1	Vale Royal AC	45:55
214	615 Gareth Webb		Sale H Manchester	41:13	271 213 John Stephenson	V55 15	Glossopdale Harriers	46:00
215	192 Richard Hall	V45 42	Bramhall Runners	41:17	272 11 Denis Kelly	V45 50	Manchester H&ac	46:26
216	503 Daniel Bamber		E Cheshire H & Tameside AC	41:21	273 48 Steve Matkin	V50 28	Stockport H&ac	46:35
217	362 Phil Facey		Manchester Frontrunners	41:23	274 174 James Corrigan		Belle Vue Racers	46:58
218	671 Paul Wilson	V40 37	Swinton RC	41:23	275 666 Andy Smith		Swinton RC	48:39
219	707 Gavin Cameron		Chorlton Runners	41:24	276 531 David Hancock	V65 5	Macclesfield H&ac	49:17
220	565 Nigel Fielden	V60 3	Sale H Manchester	41:30	2772082\$James Alty	V50 29	Unattached	49:46
221	764 Krzysztof Zacharski		Winston Runners	41:33	278 670 David Williamson	V45 51	Swinton RC	50:16
222	905 Richard Skitt		Manchester H&ac	41:34	279 449 Stephen Granville	V55 16	Middleton H AC	51:09
223	688 Steve Howard	V45 43	Warrington Tri Club	41:36	280 795 Alan Thomas	V60 10	Salford Met AC	52:43
224	281 Peter Walters	V55 11	Winston Runners	41:37	2812086\$Vincent Townley	V60 11	Unattached	53:44
225	655 Christian Lyth		Swinton RC	41:38	282 112 Trevor Faulkner	V70 2	Wilmslow RC	55:44
226	950 Mike Bridges	V55 12	Manchester Triathlon	41:39	283 377 Henry Walker	V40 49	Manchester Frontrunners	56:14
227	361 Amir Dar		Manchester Frontrunners	41:40	284 942 Chris Bryans	V75 1	Stockport H&ac	1:07:03

## Senior Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Sale H Manchester	64 — 5 Nigel Martin	7 Paul Green	8 David Marsh	11 Ian Wetherall	12 Callum Rowlinson	21 Phil Scowcroft
2 Wilmslow RC	165 — 14 Damian Nichols	15 Peter Speake	18 Paul Hawkins	27 Barry Archbold	37 Rob Downs	54 Andy Whittingham
3 Trafford AC	232 — 6 Gavin Tomlinson	24 Richard Clancy	32 Timothy Fletcher	46 Jeff Prest	51 Dick Byers	73 Paul Mannion
4 Swinton RC	244 — 23 Mark Russell	30 Matthew Clark	35 Mark Whittington	45 Dave Parkin	52 Dan Bird	59 Chris Brown
5 Altrincham & Dist AC	244 — 1 Andrew Norman	2 David Norman	19 Colin Bannothornton	39 Roger Preece	49 Bill Crowther	134 Shaun Jackson
6 Sale H Manchester 'B'	251 — 22 Chris Donnelly	29 Jake Shackelford	36 Olivier Gaillemain	44 Andrew Carlin	58 Joshua Ogunlayo	62 Gary Rowlinson
7 E Cheshire H & Tameside AC	274 — 3 Patrick Gardner	33 Aaron Schofield	43 Tim Greenald	60 Barry Hirst	66 Gary Matthews	69 Chris Swire
8 Stockport H&ac	341 — 34 Kevin Acton	40 Paul Brooks	50 Matt Townley	70 Phil Burns	71 Kevan Garner	76 James Corden
9 University Of Manchester Ccc	382 — 4 Joe Vis	13 Adam Sciaccia	20 Josh Nevin	87 Jack Smisssaert	103 Dan Pettitt	149 Dowan Kwon
10 Sale H Manchester 'C'	436 — 63 Elton Davies	65 Peter Crawford	68 Peter O'Neil	79 Kevin Foster	80 Rob Flannery	81 James Walsh
11 Manchester Triathlon	465 — 10 Robert Bridges	77 Andy Adkin	85 Brendan Kennedy	94 Nathan Ball	96 Murray Taylor	103 Aaron Saxton
12 Salford H&ac	474 — 9 Bruno Lima	17 Matthew Shaw	74 Stanley Owen	98 Philip Quibell	130 Chris Jones	146 Sean Cordell
13 Chorlton Runners	486 — 41 F Mac Donald Oulds	47 Ben Hobson	86 Paul Griffiths	91 Jonathon Bell	92 Damien Jones	129 Tony Everitt
14 Wilmslow RC 'B'	539 — 56 Malcolm Fowler	64 Tom McGaff	75 Alan McCormick	102 Mike Hill	118 Rob Wilson	124 Graham Screawn
15 Macclesfield H&ac	624 — 26 Mark Walker	53 Scott Wilson	103 Julian Brown	120 Gary Willcock	127 Steven Millar	192 Ray O'Keefe
16 Sale H Manchester 'D'	641 — 83 Mike Ashby	97 Paul Barrett	107 Aiden Raftery	111 Gareth Miller	121 Lee Kaufman	122 Glenn Savage
17 Stockport H&ac 'B'	698 — 78 Peter Rogers	93 Steve Shaughnessy	100 Mike Toal	135 Robert Cawley	140 Simon Phillips	152 Robert Taylor
18 Manchester Ymca H	728 — 57 Richard Brierley	67 Mark Griffiths	108 Chris March	116 Richard Brailsford	171 Eddie Gilligan	209 James Gu
19 Manchester H&ac	788 — 16 Ed Fazakerley	101 Jason Brogan	150 Jonathan Reeh	166 Matt Whitehead	174 Chris Sewart	181 Lloyd Barlow
20 Knutsford Tri Club	838 — 89 Shane Wolstencroft	115 Dave Clamp	119 Simon Atkins	160 John Goggins	177 William Keeling	178 Paul Wain
21 Manchester Triathlon 'B'	885 — 117 Dean Evans	125 Tim Johns	128 Roger Thomas	131 John Murray	188 Richard Wallace	196 Simon Wildman
22 Bramhall Runners	900 — 126 Matthew Moran	132 Frank Podd	142 Phil Ramsey	147 Li Lok	148 Mike Hodson	205 John Williams
23 Sale H Manchester 'E'	988 — 153 Steve Parry	155 Ian Jones	159 Steve Sumidge	163 Gaurav Batra	165 Richard McHugh	193 Denis Powell
24 Chorlton Runners 'B'	1055 — 144 Ross Murdoch	158 Mark Norman	164 Justin Hayes	182 Naz Zameer	190 Simon Clarke	217 Gavin Cameron
25 Stockport H&ac 'C'	1067 — 168 Ian Mulligan	169 Max Thickett	172 Simon Chadwick	175 Paul Corner	186 Andrew Mainwaring	197 David Chrystielowe
26 Manchester Frontrunners	1078 — 123 Jono Guldiford	157 Steve Hatton	173 Joe Carne	185 Roberto Raso	215 Phil Facey	257 Amir Dar
27 Altrincham & Dist AC 'B'	1080 — 141 Nick Burke	154 David Hughes	161 Dave Ainsworth	191 Peter Pickwell	203 Craig Partridge	230 Alan Williams
28 E Cheshire H & Tameside AC 'B'	1136 — 72 Simon Grundy	194 John Bowker	201 Dennis Thomas	210 James Fairfield	214 Daniel Bamber	245 Martin Lewis
29 Swinton RC 'B'	1208 — 95 Steve Doxey	204 Ric Waring	208 Jon Sides	216 Paul Wilson	223 Christian Lyth	252 Simon Finch
30 Belle Vue Racers	1213 — 139 Victor Walsh	167 Meng Tang	180 Jason Stott	228 Andy Wood	229 Stephen Webb	260 James Corrigan
31 Sale H Manchester 'F'	1336 — 200 Steve Gavin	212 Gareth Webb	218 Nigel Fielden	226 Michael Wymer	238 Tim Rainey	242 Jerry Smith
32 Manchester Triathlon 'C'	1344 — 199 Steve Hughes	202 Damian Aspin	224 Mike Bridges	227 Christopher Jones	234 Ronan Brennan	258 Mark Coley
33 Manchester Frontrunners 'B'	1474 — 233 Stephen Weigh	237 Jordan Miller	244 Dan Whittaker	252 Graham Bateson	253 Andrew Pilling	255 James Fox

## Senior Men aged 17 to 19 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 University Of Manchester Ccc	10 — 1 Adam Sciaccia	2 Josh Nevin	7 Jack Smisssaert
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## Senior Men (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Sale H Manchester	34 — 1 Paul Green	2 Ian Wetherall	9 Olivier Gaillemain	22 Gary Rowlinson
2 Wilmslow RC	54 — 7 Barry Archbold	10 Rob Downs	18 Andy Whittingham	19 Malcolm Fowler
3 E Cheshire H & Tameside AC	84 — 13 Tim Greenald	20 Barry Hirst	25 Gary Matthews	26 Chris Swire
4 Altrincham & Dist AC	91 — 4 Colin Bannothornton	11 Roger Preece	15 Bill Crowther	61 Shaun Jackson
5 Trafford AC	93 — 14 Jeff Prest	17 Dick Byers	29 Paul Mannion	33 Mike Hutchinson
6 Stockport H&ac	106 — 16 Matt Townley	27 Kevan Garner	31 James Corden	32 Peter Rogers
7 Swinton RC	160 — 5 Mark Russell	8 Mark Whittington	38 Steve Doxey	109 Ric Waring
8 Wilmslow RC 'B'	171 — 24 Tom McGaff	42 Mike Hill	50 Rob Wilson	55 Graham Screawn
9 Sale H Manchester 'B'	175 — 23 Elton Davies	45 Aiden Raftery	53 Lee Kaufman	54 Glenn Savage
10 Stockport H&ac 'B'	205 — 37 Steve Shaughnessy	40 Mike Toal	62 Robert Cawley	66 Simon Phillips
11 Manchester H&ac	213 — 3 Ed Fazakerley	41 Jason Brogan	80 Matt Whitehead	89 Lloyd Barlow
12 Knutsford Tri Club	222 — 36 Shane Wolstencroft	49 Dave Clamp	51 Simon Atkins	86 William Keeling
13 Macclesfield H&ac	251 — 44 Julian Brown	52 Gary Willcock	57 Steven Millar	98 Ray O'Keefe
14 Manchester Triathlon	268 — 56 Tim Johns	58 Roger Thomas	59 John Murray	95 Richard Wallace
15 Salford H&ac	277 — 30 Stanley Owen	39 Philip Quibell	68 Sean Cordell	140 Roland Bowness
16 Bramhall Runners	312 — 60 Frank Podd	69 Li Lok	70 Mike Hodson	113 Richard Hall
17 Altrincham & Dist AC 'B'	314 — 67 Nick Burke	74 David Hughes	76 Dave Ainsworth	97 Peter Pickwell
18 Stockport H&ac 'C'	320 — 72 Robert Taylor	81 Ian Mulligan	82 Max Thickett	85 Paul Corner
19 Chorlton Runners	342 — 34 Paul Griffiths	79 Justin Hayes	90 Naz Zameer	139 Peter Adams
20 E Cheshire H & Tameside AC 'B'	345 — 28 Simon Grundy	99 John Bowker	106 Dennis Thomas	112 James Fairfield
21 Sale H Manchester 'C'	371 — 73 Steve Parry	78 Gaurav Batra	105 Steve Gavin	115 Nigel Fielden
22 Middleton H AC	401 — 35 Paul Jibson	75 Anthony Lowe	136 Alan Garvey	155 Stephen Granville
23 Manchester Triathlon 'B'	430 — 101 Simon Wildman	104 Steve Hughes	107 Damian Aspin	118 Mike Bridges
24 Stockport H&ac 'D'	435 — 93 Andrew Mainwaring	102 David Chrystielowe	103 Tim Hargreaves	137 Rob Cator
25 Manchester Ymca H	486 — 84 Eddie Gilligan	124 David Ashton	130 Mike O'Brien	148 Steve Symons
26 Sale H Manchester 'D'	510 — 119 Michael Wymer	127 Tim Rainey	129 Jerry Smith	135 Miran Aprahamian
27 Manchester Frontrunners	519 — 92 Roberto Raso	131 Dan Whittaker	138 Graham Bateson	158 Henry Walker
28 Swinton RC 'B'	524 — 111 Jon Sides	114 Paul Wilson	145 Simon Finch	154 David Williamson