

# The Gawsworth 10K and Fun Run at Gawsworth on Sunday 13 September 2015

## Gawsworth - 10k — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Name	Club	Time
1	16	Mark Walker	Macclesfield Harriers	36:14	91	1 Mark Godden	V55 8 Unattached	50:43
2	335	Andrew Whittingham	V45 1 Wilmslow Running Club	38:24	92	54 Robert Graves	V40 15 Macclesfield Harriers	50:44
3	339	Steven Townley	Sale Harriers	38:40	93	375 Tony Vernon	V70 1 Staffs Moorlands AC	51:06
4	301	Billy Hicks	Macclesfield Harriers	39:04	94	101 Tim Perman	V50 11 Unattached	51:07
5	349	Stephen Eardley	V40 1 Colwyn Bay	39:08	95	353 Nick Stainforth	V40 16 Unattached	51:09
6	131	Mark Kemp	V40 2 Unattached	39:16	96	38 Paul Ritchie	V40 17 Unattached	51:13
7	262	Pete Nield	Macclesfield Harriers	39:27	97	6 Terry Neild	Macclesfield Harriers	51:20
8	56	Steven Henderson	Sale Harriers	39:34	98	374 John Tomkinson	V60 4 Staffs Moorlands AC	51:25
9	256	Kenny House	Boalloy RC	40:00	99	292 Greg Hughes	V45 12 Unattached	51:28
10	130	John Carr	V40 3 Unattached	40:32	100	103 Neill Cragie	V50 12 Unattached	51:33
11	13	Mikko Kuronen	V55 1 Congleton Harriers	40:48	101	293 Victoria Healey	L35 6 Goyt Valley Striders	51:43
12	317	Paul Oakley	V50 1 Goyt Valley Striders	41:25	102	281 Colin Ardron	V70 2 Macclesfield Harriers	51:47
13	388	Toby Miller	Unattached	41:59	103	61 Kathryn Hutchinson	L 18 Unattached	51:51
14	278	Ben Norbury	Unattached	42:04	104	338 Paul Bailey	V45 13 Unattached	52:00
15	302	James Kelly	Cheadle	42:19	105	139 V Vergara	Unattached	52:01
16	347	John Mooney	V55 2 Macclesfield Harriers	42:28	106	18 Heather Clarkson	L35 7 Manchester Frontrunners	52:16
17	27	Neil Hey	V45 2 Macclesfield Harriers	42:34	107	17 Julie Virgin	L45 2 Manchester Frontrunners	52:16
18	30	Ray O'Keefe	V50 2 Macclesfield Harriers	42:47	108	66 Tom Parkinson	Unattached	52:17
19	298	Alex Adams	Unattached	43:02	109	10 Catharine Crossley	L 21 Macclesfield Harriers	52:18
20	320	Jon Hill	V50 3 Macclesfield Harriers	43:03	110	228 Mark Fowler	V45 14 Unattached	52:20
21	276	Graham Wood	V45 3 Unattached	43:18	111	269 Cliff Lomas	V65 2 Unattached	52:20
22	366	David Wakefield	V45 4 Serpentine	43:39	112	201 Anna Aspinall	L 22 Goyt Valley Striders	52:27
23	370	Darren Pyatt	V45 5 Unattached	43:40	113	333 Richard Glover	V50 13 Unattached	52:40
24	343	Rachael Lawrence	L35 1 Macclesfield Harriers	44:12	114	156 Paul Moses	V50 14 Congleton Harriers	52:41
25	332	Robert Boon	V55 3 Boalloy RC	44:20	115	177 Stuart Osborne	Unattached	52:43
26	57	Shaun Dillnutt	Unattached	44:25	116	170 Paul Hunt	Goyt Valley Striders	52:48
27	290	Barry Dillon	Unattached	44:28	117	148 Liz Burns	L35 8 Macclesfield Harriers	52:51
28	310	Lee Campbell	V50 4 Boalloy RC	44:44	118	200 Nick Carter	V60 5 Cheshire Hash House Harriers	52:54
29	163	Rick Kelso Davies	Unattached	44:53	119	243 Mark Pilling	V40 18 Macclesfield Harriers	53:04
30	261	John Archer	V60 1 Winston Runners	44:56	120	318 Mary Jones	L45 3 Goyt Valley Striders	53:11
31	19	Neil Gunn	V55 4 Macclesfield Harriers	44:59	121	169 Moira Hunt	L55 1 Goyt Valley Striders	53:12
32	190	Peter Barron	Unattached	45:16	122	29 Angus Tennant	V45 15 Macclesfield Harriers	53:13
33	40	Edward Jackson	V45 6 Altrincham & District AC	45:16	123	376 Alma Gould	L 26 Unattached	53:15
34	395	Emily Brown	L 2 Cardiff AC	45:25	124	319 Stephen Bayley	V55 9 Unattached	53:21
35	364	Greg Bradshaw	Macclesfield Harriers	45:31	125	196 Carolyn Charlesworth	L40 4 Unattached	53:22
36	150	Fred Wardle	V60 2 Macclesfield Harriers	45:33	126	147 Andy Buckroyd	V50 15 Unattached	53:34
37	189	John Williams	V40 4 Bramhall Runners	45:43	127	387 Karl Henderson	Unattached	53:36
38	267	Simon Higgins	V40 5 Congleton Harriers	45:50	128	386 Andrew Oldham	Unattached	53:36
39	300	Daniel Styne	Unattached	45:58	129	268 Phil Wright	V50 16 Unattached	53:40
40	361	Milly Bentley	L40 1 Unattached	46:05	130	221 Paul Mellor	V40 19 Unattached	53:40
41	352	Rob Miles	Unattached	46:14	131	257 Simon Greenwood	V50 17 Unattached	53:42
42	59	Robert Poole	V50 5 Unattached	46:27	132	266 Grace Hornsby	L 28 Unattached	53:45
43	303	Rachel Munday	L35 2 Unattached	46:31	133	265 Mike Hornsby	V45 16 Unattached	53:46
44	373	Ian Ankers	V65 1 Staffs Moorlands AC	46:34	134	69 Nina Green	L50 3 Stockport Harriers	53:55
45	144	Kate Mills	L35 3 Unattached	46:45	135	238 Vicky Brotherston	L35 9 Unattached	54:00
46	327	Gareth Trimble	Wilmslow Running Club	47:07	136	275 Helen Bly	L35 10 Unattached	54:07
47	371	Alastair Hall	V40 6 Unattached	47:13	137	47 Gary Fleming	V45 17 Unattached	54:15
48	381	Andy Bennett	V50 6 Unattached	47:16	138	74 Ian Moore	V50 18 Macclesfield Harriers	54:17
49	219	Matthew Taylor	Unattached	47:25	139	308 Alan Willis	V65 3 Unattached	54:17
50	309	Kim Cassidy	L50 1 Unattached	47:32	140	176 Sharon Goodier	L40 5 Unattached	54:20
51	112	Tim Rawlinson	V40 7 Unattached	47:37	141	45 Veronica Barnsley	L35 11 Unattached	54:23
52	140	Melanie Vandersteen	L 7 Unattached	47:43	142	399 Alannah Birtwistle	L 34 Macclesfield Harriers	54:24
53	280	Andrea Frost	L45 1 Macclesfield Harriers	47:45	143	277 Paul Morton	V50 19 Unattached	54:28
54	227	Paul Sellers	V55 5 Congleton Harriers	47:50	144	396 Daniel Brooks	Unattached	54:35
55	244	James Boswell	Unattached	47:51	145	216 Michael Horton	V65 4 Nsra	54:49
56	208	Jane Thomas	L 9 Sale Harriers	48:00	146	34 Geoffrey Hull	V65 5 Macclesfield Harriers	54:54
57	106	Risk Alkunshalie	V40 8 Unattached	48:02	147	192 Rachael Powell	L35 12 Unattached	54:57
58	206	Michelle Matthews	L35 4 Congleton Harriers	48:11	148	8 Claire Elsworth	L40 6 Goyt Valley Striders	55:09
59	161	Christopher Pimblott	V55 6 Macclesfield Harriers	48:30	149	393 Rachael Green	L35 13 Unattached	55:13
60	397	Sarah Kemp	L50 2 Unattached	48:39	150	81 Mike O'Reilly	V40 20 Unattached	55:17
61	334	Sam Glover	U17 1 Unattached	49:00	151	255 Mike Coldwell	V40 21 Unattached	55:19
62	284	Geoff Pettengell	V55 7 Mow Cop Runners	49:00	152	389 Carl Heald	V50 20 Unattached	55:25
63	390	Caroline Stonier	L35 5 Unattached	49:01	153	146 David Hayton	V55 10 Unattached	55:34
64	58	Andrew Ratcliffe	V45 7 Macclesfield Harriers	49:17	154	64 Matthew Byrom	Unattached	55:40
65	99	Chris Noxon	U20 1 Unattached	49:18	155	123 Paul Calnan	V55 11 Unattached	56:00
66	199	Patrick Tooper	V50 7 Unattached	49:19	156	287 Steven McCall	V55 12 Manchester Harriers & AC	56:02
67	380	Matthew Coates	Cheshire Hash House Harriers	49:21	157	90 Hannah Bassirat	L 38 Unattached	56:02
68	138	Lisa Bradley	L40 2 Unattached	49:22	158	385 Robert Soanas	V40 22 Congleton Harriers	56:09
69	321	Gareth Howell	V40 9 Unattached	49:22	159	119 Chris Bant	V40 23 Unattached	56:09
70	171	Amelia Hunt	L 14 Goyt Valley Striders	49:28	160	164 Eric Hunter	V60 6 Unattached	56:09
71	242	Andrzej Gordon	V50 8 Idle Ac & Fcr Blackpool	49:37	161	15 Julie Smith	L45 4 Macclesfield Harriers	56:14
72	237	Adam Lawrence	Unattached	49:42	162	245 Lynda Cook	L45 5 Macclesfield Harriers	56:14
73	209	Richard Summersell	V50 9 Unattached	49:45	163	44 Dave Davies	V45 18 Unattached	56:30
74	94	Andrew Medley	V45 8 Unattached	49:51	164	211 Liz Stillo	L60 1 Unattached	56:33
75	264	Mike Whalley	V40 10 Unattached	49:57	165	60 Umesh Patel	V45 19 Unattached	56:40
76	272	Tim Munro	Unattached	49:58	166	222 Kelly Buckley	L35 14 Macclesfield Harriers	56:41
77	248	James Wallbank	Unattached	50:03	167	42 Debbie Aspin	L35 15 Unattached	56:50
78	220	Chris Shearlock	V40 11 Unattached	50:03	168	375 ?Tony Vernon	V70 3 Staffs Moorlands AC	56:59
79	358	Mark Harrison	V40 12 Unattached	50:04	169	311 Melanie Head	L40 7 Macclesfield Harriers	56:59
80	372	Liam Browne	Unattached	50:09	170	260 Gary Halman	V55 13 Unattached	56:59
81	354	Clive Smith	V45 9 Glossopdale Harriers	50:12	171	398 Kathryn Pryer	L50 4 Unattached	57:14
82	254	Rob Parkin	V40 13 Congleton Harriers	50:17	172	191 David French	V45 20 Unattached	57:15
83	312	Richard Pankhurst	V45 10 Macclesfield Harriers	50:19	173	202 Nicky Owen	L55 2 Cheshire Hash House Harriers	57:23
84	179	Alan Budenberg	V45 11 Unattached	50:22	174	279 Lucinda Stone	L35 16 Staffs Moorlands AC	57:30
85	181	Stewart Waudby	V40 14 Macclesfield Harriers	50:25	175	212 Chris Stillo	V60 7 Unattached	57:41
86	43	Matthew Eglin	Unattached	50:28	176	251 Lynn Pritchard	V45 21 Unattached	57:46
87	7	Emma Mason	L 15 Macclesfield Harriers	50:31	177	162 Heather Pimblott	L55 3 Macclesfield Harriers	57:46
88	152	Robert Collins	V50 10 Unattached	50:34	178	259 Amy Sydney	L 49 Unattached	57:46
89	297	Maz Simon	V60 3 Goyt Valley Striders	50:37	179	363 Helen VanDerVeken	L45 6 Unattached	57:55
90	226	Rachel Wakefield	L40 3 Newcastle Staffs AC	50:40	180	158 Yvonne Burgess	L50 5 Unattached	57:55

181	113 Christine Ritchie	L55 4 Macclesfield Harriers	57:56	265	289 Rachael Spearing	L35 27 Unattached	1:04:57
182	26 Louise Gittins	L35 17 Macclesfield Harriers	58:06	266	114 Louise Jones	L35 28 Unattached	1:05:00
183	184 Tom Hodgkinson	Unattached	58:07	267	299 Joanne Mottershead	L35 29 Unattached	1:05:08
184	355 Tim Boddy	Unattached	58:10	268	72 Maria Lumsden	L45 12 Unattached	1:05:10
185	210 Lorraine Bridge	L50 6 Unattached	58:10	269	102 Fiona Green	L35 30 Unattached	1:05:10
186	326 Elspeth Gibson	L40 8 Wilmslow Running Club	58:22	270	154 Nicola Howe	L35 31 Unattached	1:05:12
187	46 Craig Tierney	Unattached	58:28	271	258 Sam Hall	Unattached	1:05:14
188	9 Carol Upton	L35 18 Macclesfield Harriers	58:28	272	288 Jason Snape	V4531 Unattached	1:05:16
189	187 Suzanne Baker	L45 7 Macclesfield Harriers	58:29	273	178 Caireen Hargreaves	L35 32 Unattached	1:05:16
190	337 Ethel Power	L45 8 Unattached	58:31	274	304 M SeltzerGrany	Unattached	1:05:16
191	382 Philip Hawkswell	V55 14 Macclesfield Harriers	58:35	275	348 Riccardo Giussani	Unattached	1:05:16
192	20 Fiona Leon	L35 19 Macclesfield Harriers	58:36	276	340 Emily McKibben	L 107 Unattached	1:05:16
193	351 Jim Holohan	V65 6 Unattached	58:36	277	314 Jo Oliver	L50 11 Unattached	1:05:16
194	344 Michael Abrahams	V4024 Goyt Valley Striders	58:42	278	313 Holly Devine	L 109 Unattached	1:05:26
195	165 Michael Hayton	V65 7 Nwrrc	58:46	279	315 Elaine Devine	L60 3 Unattached	1:05:28
196	68 Chris Tetley	V55 15 Goyt Valley Striders	58:50	280	127 ?Ashleigh Blower	L 111 Unattached	1:05:28
197	65 David Parkinson	V60 8 Unattached	58:50	281	126 Mark Blower	V45 32 Unattached	1:05:30
198	182 Paul Hansford	V4025 Unattached	58:55	282	232 Neil Mason	V55 18 Unattached	1:05:49
199	52 Ian Dodsworth	V50 21 Unattached	58:55	283	283 Janet Haley	L50 12 Unattached	1:05:55
200	336 Paul Bossons	V45 22 Unattached	59:00	284	359 Kathryn McKibben	L45 13 Unattached	1:06:01
201	160 Jane Fleet-Jones	L 60 Unattached	59:18	285	296 Damian Lacey	V40 27 Macclesfield Harriers	1:06:12
202	203 Michelle Berry	L 61 Unattached	59:19	286	78 Helen Rose	L45 14 Macclesfield Harriers	1:06:19
203	174 Bob Vass	V55 16 Unattached	59:19	287	127 ?Ashleigh Blower	L 115 Unattached	1:06:40
204	97 Ellen Little	L35 20 Unattached	59:28	288	346 Liz Holcroft	L40 17 Unattached	1:06:42
205	391 Carlton Greener	V45 23 Unattached	59:30	289	85 Tamara Bailey	L35 33 Unattached	1:06:47
206	239 Sue Taylor	L40 9 Unattached	59:32	290	75 Laura Scott	L45 15 Unattached	1:07:14
207	247 Helena O'Connor	L40 10 Unattached	59:32	291	70 Ellen Green	L 119 Unattached	1:07:15
208	193 Dipika Morgan	L35 21 Macclesfield Harriers	59:43	292	87 Emma Bonner	L35 34 Unattached	1:07:21
209	357 Mark Arnold	V45 24 Unattached	59:43	293	151 Suzanne McKeever	L55 6 Bramhall Runners	1:07:31
210	252 Peter Twomey	V40 26 Unattached	59:49	294	167 Jemma Smith	L 122 Unattached	1:07:54
211	253 Celina Billings	L45 9 Unattached	59:53	295	330 Stephen Burt	V60 9 Unattached	1:08:24
212	282 Leann Banks	L 67 South Cheshire Harriers	59:53	296	367 Laura Perkin	L 123 Unattached	1:08:24
213	236 Jo Dawe	L55 5 Unattached	1:00:00	297	63 Melanie Ford	L60 4 Unattached	1:08:38
214	274 Christopher Scott	V45 25 Unattached	1:00:02	298	379 Anna Bennett	L40 18 Unattached	1:08:53
215	273 Livia Sevcikova	L 69 Unattached	1:00:02	299	132 Cathy Warren	L40 19 Unattached	1:09:10
216	168 Bill Mould	V65 8 Staffs Moorlands AC	1:00:03	300	240 Carter Heidi Mc	L40 20 Unattached	1:09:36
217	121 Ffion Williams	L 70 Unattached	1:00:08	301	286 Rich Gill	V45 33 Unattached	1:09:50
218	183 Phil Barron	V50 22 Unattached	1:00:11	302	24 Peter Fotheringham	V55 19 Goyt Valley Striders	1:10:02
219	109 Joe Gavin	Unattached	1:00:34	303	285 Georgina Burden	L40 21 Unattached	1:10:11
220	79 Janette Byrne	L50 7 Macclesfield Harriers	1:00:36	304	180 Lindsey Evans	L40 22 Macclesfield Harriers	1:10:18
221	82 Stacey Tiffany	L 72 Unattached	1:00:36	305	135 Louise Brown	L45 16 Macclesfield Harriers	1:10:18
222	295 Jan Lamidey	L35 22 Unattached	1:00:39	306	229 Jennifer Lamb	L 131 Unattached	1:10:20
223	250 Damian Zerulik	Unattached	1:00:43	307	230 Mandi Lamb	L55 7 Unattached	1:10:20
224	62 Wes White	V45 26 Unattached	1:00:47	308	362 Claire Tatton	L40 23 Unattached	1:10:44
225	270 Victoria Hulme	L 74 Unattached	1:00:49	309	173 Catherine Wells	L35 35 Cheshire Hash House Harriers	1:10:45
226	155 Joanne Foster	L50 8 Macclesfield Harriers	1:01:08	310	325 Amanda Watmough	L35 36 Unattached	1:10:45
227	83 Susannah Middleton	L40 11 Macclesfield Harriers	1:01:08	311	234 John Noakes	V75 1 Holmes Chapel Harriers	1:10:59
228	271 David Hulme	Unattached	1:01:23	312	35 Heather Thistleton	L65 2 Cheshire Hash House Harriers	1:11:20
229	172 Lindsey Russell	L45 10 Macclesfield Harriers	1:01:40	313	125 Julie Godsell	L50 13 Unattached	1:11:38
230	80 Sarah Beighton	L40 12 Staffs Moorlands AC	1:01:47	314	316 Jackie Hough	L50 14 Unattached	1:11:41
231	384 Louise Birch	L20 1 Unattached	1:01:47	315	124 Alison Wilkins	L45 17 Unattached	1:11:41
232	186 Richard Kirk	Unattached	1:01:47	316	249 Katie Gatley	L35 37 Unattached	1:12:02
233	122 Lisa Howarth	L 80 Unattached	1:01:47	317	246 Debbie Rushworth	L45 18 Buxton & District AC	1:12:21
234	217 Mark Taylor	Staffs Moorlands AC	1:01:53	318	324 Emily Cox	L 142 Unattached	1:12:21
235	159 Matthew Fleet-Jones	V45 27 Unattached	1:02:02	319	360 Maureen Balke	L50 15 Unattached	1:12:33
236	322 Russell Watts	Unattached	1:02:12	320	377 Hannah Bennett	L 144 Unattached	1:13:09
237	369 Emma Styne	L 81 Unattached	1:02:38	321	166 Diane Dean	L 145 Unattached	1:13:44
238	31 Karen Green	L 82 Macclesfield Harriers	1:02:41	322	394 Claire Trueman	L35 38 Unattached	1:13:49
239	368 Nicholas Tinker	Unattached	1:02:44	323	22 Jacqui Jouannet	L40 24 Unattached	1:13:49
240	198 Dawn Devine	L50 9 Macclesfield Harriers	1:02:52	324	133 Ailish Carr	L55 8 Unattached	1:14:00
241	4 Jon Croft	V45 28 Unattached	1:02:53	325	306 David Brougham	Unattached	1:14:00
242	188 Laura Millington	L 84 Unattached	1:03:00	326	342 Jan Mealand	L45 19 Unattached	1:14:03
243	323 Stewart Broadfield	V65 9 Unattached	1:03:17	327	341 Vicki Aldridge	L50 16 Unattached	1:14:03
244	5 Kelly Harris	L35 23 Unattached	1:03:22	328	96 Hannah Glazebrook	L 151 Unattached	1:14:15
245	134 Carolyn Pitceathly	L65 1 Unattached	1:03:24	329	175 Matt Burrows	Unattached	1:14:15
246	345 Holly PlatiWells	L35 24 Unattached	1:03:26	330	329 C BirchallSlack	L35 39 Mow Cop Runners	1:14:51
247	365 Val Horan	L60 2 Unattached	1:03:44	331	231 Alison Mason	L40 25 Unattached	1:15:03
248	383 Laura Birch	L17 1 Unattached	1:03:48	332	233 Liz Mason	L65 3 Unattached	1:15:03
249	73 Jayne Burke	L50 10 Unattached	1:03:48	333	53 Catherine Mather	L45 20 Macclesfield Harriers	1:16:50
250	331 Michael Coleman	V45 29 Staffs Moorlands AC	1:03:48	334	291 Shamaila Wahla	L 156 Unattached	1:17:03
251	194 Philippa Reed	L 91 Macclesfield Harriers	1:03:48	335	32 Rachael Bickerton	L 157 Unattached	1:17:40
252	98 Dave Noxon	V50 23 Unattached	1:03:48	336	224 Lisa Eyres	L45 21 Unattached	1:19:28
253	305 Alison O'Brien	L45 11 Unattached	1:03:59	337	225 Lisa Caudwell	L50 17 Unattached	1:19:28
254	328 Sam Hardman	V70 4 Unattached	1:03:59	338	307 Ann Jackson	L65 4 Unattached	1:20:25
255	378 Philip Pointon	V50 24 Unattached	1:03:59	339	214 Jayne Bingham	L50 18 Unattached	1:21:23
256	218 David Taylor	V55 17 Staffs Moorlands AC	1:04:10	340	213 Christine Green	L45 22 Unattached	1:21:23
257	111 Eileen Rawlinson	L40 13 Unattached	1:04:18	341	215 Caroline Johnson	L45 23 Unattached	1:21:23
258	145 F Garcia	L 94 Unattached	1:04:35	342	136 Shelley Lee	L45 24 Unattached	1:21:46
259	76 Cath Booth	L35 25 Unattached	1:04:37	343	143 Angela Holland	L40 26 Hyde Village Striders	1:22:08
260	84 Anne-Clare Wadsworth	L40 14 Unattached	1:04:41	344	50 Russell Hope	Unattached	1:24:15
261	95 Sara Stead	L40 15 Congleton Harriers	1:04:41	345	51 Michelle Hope	L35 40 Unattached	1:24:15
262	93 Lorraine Kay	L40 16 Unattached	1:04:44	346	207 Hayley Arrowsmith	L 167 Unattached	1:30:07
263	108 Alakh Nanda	V45 30 Unattached	1:04:48	347	41 Hazel Dockney	L 168 Unattached	1:31:27
264	350 Nina Kennerley	L35 26 Macclesfield Harriers	1:04:52	348	48 Alex Hailstones	Unattached	1:31:27