

| Position | Race no. | Name | Gender | Cat | Cat Pos | Club | Time |
|----------|----------|----------------------|--------|------|---------|-----------------------|---------|
| 1 | 75 | STEPHEN CROOK | M | MSEN | 1 | STOCKPORT HARRIERS | 0:20:22 |
| 2 | 73 | IAIN MURDOCH | M | MV40 | 1 | STOCKPORT HARRIERS | 0:20:34 |
| 3 | 78 | GEORGE COOKE | M | MJUN | 1 | STOCKPORT HARRIERS | 0:21:03 |
| 4 | 13 | MIKE DIXON | M | MSEN | 2 | STOCKPORT HARRIERS | 0:21:17 |
| 5 | 136 | PHIL EVANS | M | MSEN | 3 | BRAMHALL RUNNERS | 0:21:19 |
| 6 | 70 | ASHLEY CRAWFORD | M | MSEN | 4 | U/A | 0:21:22 |
| 7 | 60 | NICK HICKETTS | M | MSEN | 5 | STOCKPORT HARRIERS | 0:21:34 |
| 8 | 142 | FRANK PODD | M | MV40 | 2 | BRAMHALL RUNNERS | 0:21:34 |
| 9 | 33 | IAN KEELING | M | MV40 | 3 | BRAMHALL RUNNERS | 0:21:37 |
| 10 | 118 | JOHN WILLIAMS | M | MSEN | 6 | BRAMHALL RUNNERS | 0:21:55 |
| 11 | 135 | STE DAVISON | M | MV40 | 4 | U/A | 0:21:59 |
| 12 | 96 | MATTHEW RABONE | M | MSEN | 7 | STOCKPORT HARRIERS | 0:22:00 |
| 13 | 117 | JAMES JENKINS | M | MSEN | 8 | STOCKPORT HARRIERS | 0:22:26 |
| 14 | 105 | RICK ADAMS | M | MSEN | 9 | BRAMHALL RUNNERS | 0:22:31 |
| 15 | 69 | STEVE SHAUGHNESSY | M | MV50 | 1 | STOCKPORT HARRIERS | 0:22:46 |
| 16 | 6 | PAUL BECKETT | M | MV50 | 2 | BRAMHALL RUNNERS | 0:22:56 |
| 17 | 59 | PHIL RAMSEY | M | MV40 | 5 | BRAMHALL RUNNERS | 0:23:02 |
| 18 | 146 | TOBY PICKUP | M | MJUN | 2 | MACCLESFIELD HARRIERS | 0:23:19 |
| 19 | 115 | ANTHONY RODGERS | M | MV50 | 3 | GOYT VALLEY STRIDERS | 0:23:31 |
| 20 | 34 | LOK LI | M | MV40 | 6 | BRAMHALL RUNNERS | 0:23:40 |
| 21 | 43 | PAUL PLUMMER | M | MV40 | 7 | STOCKPORT HARRIERS | 0:23:43 |
| 22 | 149 | JAMES HALL | M | MSEN | 10 | BRAMHALL RUNNERS | 0:24:10 |
| 23 | 72 | CAMERON MURDOCH | M | MJUN | 3 | STOCKPORT HARRIERS | 0:24:13 |
| 24 | 76 | ANDY CORDES | M | MV40 | 8 | BRAMHALL RUNNERS | 0:24:27 |
| 25 | 46 | JAMES PRATT | M | MSEN | 11 | STOCKPORT HARRIERS | 0:24:34 |
| 26 | 125 | SIMON FENNELL | M | MV40 | 9 | BRAMHALL RUNNERS | 0:24:57 |
| 27 | 111 | CLAIRE BATES | F | FV35 | 1 | U/A | 0:25:01 |
| 28 | 21 | RICHARD HALL | M | MV40 | 10 | BRAMHALL RUNNERS | 0:25:07 |
| 29 | 38 | GARETH MAHER | M | MSEN | 12 | BRAMHALL RUNNERS | 0:25:11 |
| 30 | 39 | ALAN MELVIN | M | MV40 | 11 | U/A | 0:25:27 |
| 31 | 26 | PHIL HEAWORD | M | MSEN | 13 | BRAMHALL RUNNERS | 0:25:33 |
| 32 | 134 | JOSEPH BYRNE | M | MJUN | 4 | BRAMHALL RUNNERS | 0:25:38 |
| 33 | 81 | AERONWY PREECE-TOWEY | F | FSEN | 1 | BRAMHALL RUNNERS | 0:25:47 |
| 34 | 66 | LOUIS THOMAS | M | MJUN | 5 | U/A | 0:25:59 |
| 35 | 31 | LEE JONES | M | MV40 | 12 | U/A | 0:26:06 |
| 36 | 139 | DES MILES | M | MV50 | 4 | U/A | 0:26:17 |
| 37 | 22 | SIMON HARLOW | M | MSEN | 14 | BRAMHALL RUNNERS | 0:26:43 |
| 38 | 113 | GARETH FITZJOHN | M | MSEN | 15 | U/A | 0:26:49 |
| 39 | 27 | JON HOLMES | M | MV40 | 13 | STOCKPORT HARRIERS | 0:26:56 |
| 40 | 74 | RUTH MURDOCH | F | FV35 | 2 | STOCKPORT HARRIERS | 0:26:59 |
| 41 | 64 | STEVE FAIRCLOUGH | M | MV50 | 5 | BRAMHALL RUNNERS | 0:27:06 |
| 42 | 122 | NICO FRAME | M | MJUN | 6 | U/A | 0:27:13 |
| 43 | 106 | HELEN FRASER | F | FV45 | 1 | STOCKPORT HARRIERS | 0:27:20 |
| 44 | 24 | LOUISE HARRISON | F | FV35 | 3 | STOCKPORT HARRIERS | 0:27:24 |
| 45 | 140 | NICOLA LLOYD | F | FV35 | 4 | BRAMHALL RUNNERS | 0:27:25 |
| 46 | 62 | OLIVER WILSON | M | MJUN | 7 | U/A | 0:27:36 |
| 47 | 18 | MICHAEL GIBBONS | M | MV50 | 6 | STOCKPORT TRI CLUB | 0:27:39 |
| 48 | 88 | ROB PARKIN | M | MV40 | 14 | CONGLETON HARRIERS | 0:27:50 |
| 49 | 131 | VICTORIA HEALEY | F | FV35 | 5 | GOYT VALLEY STRIDERS | 0:27:56 |
| 50 | 89 | ANGELA MCCARTHY | F | FV45 | 2 | WILMSLOW RC | 0:27:59 |

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| 51 | 25 | BARRY HEAP | M | MV40 | 15 | U/A | 0:28:00 |
| 52 | 98 | NICK ROBERTS | M | MV40 | 16 | STOCKPORT HARRIERS | 0:28:03 |
| 53 | 109 | ANDY WILLIAMS | M | MSEN | 16 | BRAMHALL RUNNERS | 0:28:01 |
| 54 | 84 | CALLUM MILLINGTON | M | MJUN | 8 | U/A | 0:28:07 |
| 55 | 110 | BARRY THOMPSON | M | MV50 | 7 | STOCKPORT HARRIERS | 0:28:18 |
| 56 | 67 | ANDREA BUCKINGHAM | F | FV45 | 3 | BRAMHALL RUNNERS | 0:28:31 |
| 57 | 143 | ROGER NELSON | M | MV60 | 1 | U/A | 0:28:36 |
| 58 | 32 | ESTER KAVANAGH DIXON | F | FSEN | 2 | STOCKPORT HARRIERS | 0:28:43 |
| 59 | 114 | PAUL SPENCE | M | MV40 | 17 | NORBURY LACROSSE CLUB | 0:28:56 |
| 60 | 80 | ROSALIND REEVES | F | FV45 | 4 | U/A | 0:28:58 |
| 61 | 124 | GARY HOWARTH | M | MV40 | 18 | U/A | 0:29:21 |
| 62 | 36 | ANDY LORD | M | MV50 | 8 | PENNINE FELL RUNNERS | 0:29:20 |
| 63 | 63 | SIMON WILSON | M | MV50 | 9 | U/A | 0:29:28 |
| 64 | 10 | JOSEPH CONNOR | M | MSEN | 17 | BRAMHALL RUNNERS | 0:29:35 |
| 65 | 99 | HELEN TODD | F | FV55 | 1 | STOCKPORT HARRIERS | 0:30:03 |
| 66 | 55 | ANDY TURNER | M | MV40 | 19 | BRAMHALL RUNNERS | 0:30:10 |
| 67 | 116 | JACKIE GRISTWOOD | F | FV45 | 5 | U/A | 0:30:13 |
| 68 | 153 | THOMAS NEWSOME | M | MJUN | 9 | U/A | 0:30:15 |
| 69 | 144 | FRASER KEYWORTH | M | MJUN | 10 | U/A | 0:30:24 |
| 70 | 129 | THOMAS SENIOR | M | MJUN | 11 | U/A | 0:30:31 |
| 71 | 23 | NIGEL HARRISON | M | MV50 | 10 | STOCKPORT HARRIERS | 0:30:32 |
| 72 | 132 | PAUL BRIGGS | M | MSEN | 18 | STOCKPORT HARRIERS | 0:30:33 |
| 73 | 148 | MATT SCOTT | M | MSEN | 19 | U/A | 0:30:34 |
| 74 | 3 | ALYSON ADAMS | F | FV45 | 6 | BRAMHALL RUNNERS | 0:30:45 |
| 75 | 93 | ANDY DUCKWORTH | M | MV40 | 20 | STYAL RC | 0:30:57 |
| 76 | 37 | EMMA LOVERIDGE | F | FSEN | 3 | U/A | 0:31:01 |
| 77 | 87 | KIM CROSKERY | F | FV35 | 6 | MACCLESFIELD HARRIERS | 0:31:17 |
| 78 | 107 | ELIZABETH MASON | F | FV45 | 7 | HYDE VILLAGE STRIDERS | 0:31:21 |
| 79 | 126 | STUART MCCARMIA | M | MV50 | 11 | U/A | 0:31:36 |
| 80 | 150 | ALISON BUCKLEY | F | FV35 | 7 | U/A | 0:31:36 |
| 81 | 141 | MIKE CLARK | M | MV50 | 12 | BRAMHALL RUNNERS | 0:31:45 |
| 82 | 95 | HOLLY KENT | F | FSEN | 4 | U/A | 0:31:49 |
| 83 | 128 | KIM MIDDLETON | F | FSEN | 5 | U/A | 0:31:52 |
| 84 | 16 | STEVEN GANNON | M | MV50 | 13 | U/A | 0:31:57 |
| 85 | 97 | CALUM BURRELL | M | MV40 | 21 | DAVENPORT RUNNERS | 0:32:11 |
| 86 | 4 | SARMID AL-KAMIL | M | MV40 | 22 | BRAMHALL RUNNERS | 0:32:19 |
| 87 | 119 | JAMES DOYLE | M | MJUN | 12 | U/A | 0:32:29 |
| 88 | 61 | DENISE GREGORY | F | FV45 | 8 | U/A | 0:32:44 |
| 89 | 53 | SHARON TOOLIN | F | FV35 | 8 | HYDE VILLAGE STRIDERS | 0:32:45 |
| 90 | 14 | MARIE FAIRCLOUGH | F | FV45 | 9 | BRAMHALL RUNNERS | 0:32:47 |
| 91 | 2 | MICHAEL ABRAHAMS | M | MV40 | 23 | GOYT VALLEY STRIDERS | 0:32:52 |
| 92 | 137 | DEBRA WALDRON | F | FV45 | 10 | U/A | 0:32:54 |
| 93 | 120 | MAX DOYLE | M | MJUN | 13 | U/A | 0:32:57 |
| 94 | 28 | KATHRYN HOLMES | F | FV45 | 11 | BRAMHALL RUNNERS | 0:32:58 |
| 95 | 29 | ROBERT ANDEW JONES | M | MV50 | 14 | U/A | 0:32:58 |
| 96 | 68 | WENDY MASON | F | FV35 | 9 | U/A | 0:33:05 |
| 97 | 121 | JULIE WACKER | F | FV35 | 10 | BRAMHALL RUNNERS | 0:33:05 |
| 98 | 71 | JACQUELINE CROWTHER | F | FV45 | 12 | HYDE VILLAGE STRIDERS | 0:33:28 |
| 99 | 108 | JACKIE HALL | F | FV45 | 13 | HYDE VILLAGE STRIDERS | 0:33:28 |
| 100 | 112 | KATHY ROGERS | F | FV45 | 14 | BRAMHALL RUNNERS | 0:33:35 |
| 101 | 152 | LIBBY NEWSOME | F | FJUN | 1 | U/A | 0:33:48 |

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| 102 | 82 | CAITLIN DEIGHTON | F | FJUN | 2 | SALE HARRIERS | 0:33:51 |
| 103 | 83 | JAMES DEIGHTON | M | MV40 | 24 | U/A | 0:33:52 |
| 104 | 47 | MARIA RUSHTON | F | FV45 | 15 | U/A | 0:33:52 |
| 105 | 17 | CHRISTINE GIBBONS | F | FV55 | 2 | STOCKPORT TRI CLUB | 0:34:44 |
| 106 | 44 | JO PODOLANSKI | F | FV45 | 16 | BRAMHALL RUNNERS | 0:35:20 |
| 107 | 151 | SARAH NEWSOME | F | FV45 | 17 | U/A | 0:35:25 |
| 108 | 123 | ERIKA FRAME | F | FV35 | 11 | BRAMHALL RUNNERS | 0:36:08 |
| 109 | 145 | MARIA KEYWORTH | F | FV45 | 18 | U/A | 0:36:40 |
| 110 | 54 | EMMA TURNER | F | FV35 | 12 | BRAMHALL RUNNERS | 0:37:00 |
| 111 | 86 | JOANNE MULHOLLAND | F | FV35 | 13 | U/A | 0:37:07 |
| 112 | 9 | HELEN CLARK | F | FV45 | 19 | U/A | 0:37:09 |
| 113 | 85 | REBECCA STYLES | F | FV35 | 14 | BRAMHALL RUNNERS | 0:37:58 |
| 114 | 30 | CATH JONES | F | FV45 | 20 | BRAMHALL RUNNERS | 0:37:58 |
| 115 | 90 | PAUL BLACKBURN | M | MV40 | 25 | HYDE VILLAGE STRIDERS | 0:38:19 |
| 116 | 77 | CHRIS SAGAR | M | MV40 | 26 | HYDE VILLAGE STRIDERS | 0:38:20 |
| 117 | 127 | SALLY BRIGGS | F | FV35 | 15 | BRAMHALL RUNNERS | 0:38:29 |
| 118 | 52 | JOANNE THOMAS | F | FV45 | 21 | BRAMHALL RUNNERS | 0:38:29 |
| 119 | 56 | CAROL TYRER | F | FV55 | 3 | U/A | 0:38:34 |
| 120 | 79 | STEVE BULLOWS | M | MV50 | 15 | HYDE VILLAGE STRIDERS | 0:38:44 |
| 121 | 94 | PHILLIPPA WILLIAMS | F | FV45 | 22 | HYDE VILLAGE STRIDERS | 0:39:42 |
| 122 | 35 | MELANIE LI | F | FV45 | 23 | BRAMHALL RUNNERS | 0:41:26 |
| 123 | 42 | BRIAN PLATT | M | MV70+ | 1 | U/A | 0:41:42 |
| 124 | 45 | DIANA POWELL | F | FV55 | 4 | BRAMHALL RUNNERS | 0:42:04 |
| 125 | 130 | HEATHER CAIRNS | F | FV45 | 24 | U/A | 0:42:17 |
| 126 | 133 | RACHEL ALICE LORD | F | FSEN | 6 | U/A | 0:42:59 |
| 127 | 15 | ANNETTE FINNIE | F | FV55 | 7 | PENNINE FELL RUNNERS | 0:43:03 |
| 128 | 92 | CATHERINE MARSDEN | F | FV45 | 25 | HYDE VILLAGE STRIDERS | 0:43:38 |
| 129 | 91 | TRISHA COURTNEY | F | FV45 | 26 | HYDE VILLAGE STRIDERS | 0:43:38 |
| 130 | 8 | RIA BRIGHT | F | FV45 | 27 | DRAGONS RUNNING CLUB (SALE) | 0:54:42 |
| 131 | 65 | JULIE FAIRCLOUGH | F | FV45 | 28 | BRAMHALL RUNNERS | 1:09:07 |
| 132 | 138 | ALEXIS DINSMOR | F | FV65+ | 1 | STOCKPORT HARRIERS | 1:09:07 |
| DNF | 48 | SIMON RUSHTON | M | MV50 | | U/A | 0:00:00 |