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|-----|----------------------|---------------------|------|-------|----|
| 210 | Ben Coop | Bury AC | M | 25.47 | 1 |
| 204 | Mike Fanning | Borrowdale | MV45 | 25.58 | 2 |
| 220 | Ross Litherland | Pennine Fell Runner | M | 26.41 | 3 |
| 251 | Russell Scott | Pennine Fell Runner | M | 27.43 | 4 |
| 177 | Phil West | Salford Harriers | MV40 | 27.54 | 5 |
| 236 | Paul Timms | Rochdale | M | 28.11 | 6 |
| 178 | Richard Brook | Salford Harriers | MV40 | 28.37 | 7 |
| 233 | Robert Bolton | U/A | MV45 | 29.11 | 8 |
| 179 | Paul Hudson | U/A | M | 29.12 | 9 |
| 207 | Mike Gradwell | U/A | M | 29.23 | 10 |
| 206 | Andy Poole | Achille Ratte | MV50 | 29.43 | 11 |
| 205 | David Ward | Radcliffe | MV40 | 29.49 | 12 |
| 223 | Nigel Crossfield | Halifax | MV45 | 29.58 | 13 |
| 213 | Stuart Hutchinson | Saddleworth | M | 30.01 | 14 |
| 222 | Giles Bailey | Meltham | MV45 | 30.46 | 15 |
| 209 | Neil Brock | Royton | MV50 | 30.47 | 16 |
| 229 | Nicholas Walsh | Rochdale | MV45 | 30.54 | 17 |
| 198 | Alex Frost | Rochdale | MV45 | 31.1 | 18 |
| 200 | Paul Wolstenhulme | Rochdale | M | 31.17 | 19 |
| 191 | Michael Toman | Clayton Le Moors | V50 | 31.19 | 20 |
| 218 | Rhys Cope | U/A | M | 31.25 | 21 |
| 217 | Peter Cobley | Saddleworth | MV40 | 31.3 | 22 |
| 184 | Donna Cartwright | Bury AC | F | 31.52 | 23 |
| 182 | Anthony Lowe | Middleton | MV50 | 32.01 | 24 |
| 228 | Philip Taylor | Prestwich | MV45 | 32.04 | 25 |
| 208 | Bryan Lawton | Royton | MV45 | 32.15 | 26 |
| 227 | Stephen Myers | Prestwich | MV50 | 32.37 | 27 |
| 188 | Andrew Corbishley | Rossendale | MV60 | 32.41 | 28 |
| 250 | Tony Hart | Oldham & Royton | MV45 | 33.03 | 29 |
| 232 | Stephen Leak | Rochdale | MV50 | 33.09 | 30 |
| 203 | Judy Howells | Wharfdale | FV40 | 33.11 | 31 |
| 186 | Anne Marie McGilvray | Rochdale | FV45 | 33.16 | 32 |
| 238 | Heather Roome | U/A | F | 33.26 | 33 |
| 183 | Mark Cartwright | Radcliffe | V45 | 33.52 | 34 |
| 215 | Colin Gilmour | U/A | MV55 | 33.56 | 35 |
| 237 | Simon Wild | U/A | MV40 | 34.31 | 36 |
| 197 | Simon Rollitt | Mercia | MV50 | 34.37 | 37 |
| 235 | Chris Rainey | U/A | MV45 | 34.43 | 38 |
| 231 | Phillip Beecroft | CVFR | M | 34.5 | 39 |
| 192 | George Macrosson | Ipswich Jaffa | MV60 | 34.54 | 40 |
| 224 | Ian Smith | Bolton united | MV60 | 35.14 | 41 |
| 247 | Matthenw Kilburn | Royton | MV45 | 35.26 | 42 |
| 202 | Steve Hamer | Radcliffe | MV55 | 35.43 | 43 |
| 248 | Julie o'regan | Saddleworth | FV40 | 35.53 | 44 |
| 193 | Arthur Warren | FRA | MV60 | 35.56 | 45 |
| 187 | Kevin McGilvray | Rochdale | MV60 | 36.29 | 46 |
| 246 | Blair Garrett | CVFR | M | 36.43 | 47 |
| 219 | Mark Catterall | Rochdale | MV60 | 36.54 | 48 |
| 185 | Charlie Barlow | Saddleworth | MV55 | 36.55 | 49 |
| 221 | Benjamin Dobbs | U/A | M | 37.06 | 50 |
| 194 | Colin Carter | Middleton | MV45 | 37.24 | 51 |

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|-----|--------------------|------------------|------|-------|----|
| 245 | Chris Paxton | Radcliffe | M | 37.24 | 52 |
| 242 | Dennis Lucas | Rochdale | MV70 | 37.47 | 53 |
| 234 | John Heathcote | Saddleworth | MV60 | 38.14 | 54 |
| 189 | Stephen Fish | Clayton Le Moors | MV60 | 38.35 | 55 |
| 212 | James Cashin | Royton | M | 38.41 | 56 |
| 195 | Kathryn Davies | Radcliffe | FV50 | 38.49 | 57 |
| 240 | Rachel Watson | U/A | FV40 | 38.52 | 58 |
| 199 | Vince Ashton | Radcliffe | MV40 | 39.5 | 59 |
| 241 | Yana anderton | U/A | F | 40.19 | 60 |
| 216 | David Hickling | Saddleworth | MV60 | 40.24 | 61 |
| 201 | Nicky Snook | Saddleworth | FV50 | 40.26 | 62 |
| 253 | Simon Wilshaw | U/A | MV50 | 40.43 | 63 |
| 230 | Harley Beecroft | CVFR | F | 40.43 | 64 |
| 211 | Karen Hallett | Middleton | FV40 | 40.49 | 65 |
| 252 | Andrew Hartley | U/A | M | 40.53 | 66 |
| 249 | Angie Hart | Oldham & Royton | FV40 | 41.19 | 67 |
| 239 | Mairi Cullen | U/A | FV45 | 41.4 | 68 |
| 214 | Tony greene | Saddleworth | MV70 | 41.43 | 69 |
| 225 | Sinead Hayes | Radcliffe | F | 41.59 | 70 |
| 181 | Ruth Hutchinson | Saddleworth | FV40 | 42.13 | 71 |
| 196 | Peter Ehrhardt | Todmorden | MV65 | 43.35 | 72 |
| 226 | Susanne Andrew | Radcliffe | FV40 | 44.2 | 73 |
| 190 | Julie Toman | Clayton Le Moors | FV45 | 44.53 | 74 |
| 244 | Caroline Mullineux | Radcliffe | F | 47.02 | 75 |
| 243 | Dawn Evans | Radcliffe | FV45 | 63.37 | 76 |
| 180 | Anthony Walsh | Middleton | MV50 | DNF | |