



167	685	Darren Irving		Unattached	1:11:30	258	315	Charlotte Baston	L20	1	ElswickHarriers	1:16:59	
168	85	Andrew Softley		Saltwell Harriers	1:11:32	259	422	Paul Griffin	V5023		Stocksfield Striders	1:17:02	
169	424	Ben Hall		ElswickHarriers	1:11:33	260	239	Ean Parsons	V5512		Sedgefield Harriers	1:17:05	
170	205	Vanessa Strickland	L45	3	Border Harriers & AC	1:11:34	261	373	Craig Davison		Tyne Bridge Harriers	1:17:06	
171	138	Sam Harrison		Saltwell Harriers	1:11:36	262	579	Emma Turnbull	L40	7	ElswickHarriers	1:17:07	
172	652	Sharon Dixon	L45	4	Glaxo Hoad Hill Harriers	1:11:37	263	22	James Leitch	V4541	Heaton Harriers & AC	1:17:10	
173	519	David Postill	V4036		Carlisle Tri Club	1:11:40	264	645	David Burns	V5513	Dumfries Running Club	1:17:11	
174	14	Philip James	V55	6	Saltwell Harriers	1:11:44	265	529	Karl Robinson	V4044	Sunderland Harriers & AC	1:17:11	
175	611	Fiona Todd	L40	4	Unattached	1:11:45	266	76	Andy Squires	V5024	Alnwick Harriers	1:17:12	
176	139	Christopher Davidson		Unattached	1:11:51	267	343	Susan Cain	L55	2	Cumberland AC	1:17:15	
177	325	Ruth Bentley	L35	6	Allen Valley Striders	1:11:52	268	459	Fiona Jones	L3516	Elvet Striders	1:17:19	
178	256	Paul Knight	V4037		Blyth Running Club	1:11:52	269	684	Douglas Harmon		Unattached	1:17:20	
179	244	Keith Ainslie	V5013		Dumfries Harriers	1:11:57	270	89	Ria Chaston	L	43	Saltwell Harriers	1:17:20
180	679	Adam Wood		Tyne Bridge Harriers	1:12:00	271	100	Kevin Henderson			Saltwell Harriers	1:17:21	
181	348	Kenny Chambers	V55	7	Wallasey Athletic Club	1:12:02	272	463	Raymond Keenan	V4542	Unattached	1:17:21	
182	380	Kelly Dodds	L35	7	Heaton Harriers & AC	1:12:05	273	53	Dave Bartrum	V4543	Alnwick Harriers	1:17:22	
183	535	Alan Rowan		Heaton Harriers & AC	1:12:07	274	665	Sue Jeffrey	L	44	Dumfries Running Club	1:17:23	
184	332	Jock Bolam	V4522		Alnwick Harriers	1:12:09	275	194	Bernie Simpson	V4045	Unattached	1:17:24	
185	309	Philip Atkinson	V4523		Birtley Ac	1:12:28	276	393	Kirstin Farquhar	L45	6	Durham City Harriers & Ac	1:17:29
186	123	Geoffrey Chapman	V4524		Eden Runners	1:12:38	277	78	Ian Horsley	V5514	Alnwick Harriers	1:17:31	
187	241	Richard Grice		Unattached	1:12:38	278	409	Tony Gill	V4544	Unattached	1:17:31		
188	533	Danny Routledge		Heaton Harriers & AC	1:12:44	279	209	John McBride	V5515	Caldergleng Harriers	1:17:34		
189	215	Jim Holmes	V4525		Caldergleng Harriers	1:12:45	280	60	Graham Crow		Alnwick Harriers	1:17:38	
190	548	Ben Shillitoe		Heaton Harriers & AC	1:12:49	281	72	Lesley Miller	L55	3	Alnwick Harriers	1:17:39	
191	345	Andy Carpenter	V4038		Saltwell Harriers	1:12:51	282	363	Shaun Cowan		Tyne Bridge Harriers	1:17:43	
192	103	Dominic Martin	V4039		Saltwell Harriers	1:13:01	283	360	Colleen Compson	L40	8	Sunderland Harriers & AC	1:17:45
193	314	Christopher Bartlett	V4526		Tyne Bridge Harriers	1:13:08	284	593	Mhairi Wear	L40	9	Eden Runners	1:17:46
194	293	Tony Mills	V5014		Dh Runners	1:13:10	285	41	Sandra Reid	L4010	Unattached	1:17:49	
195	649	Lesley Jeffrey	V4527		Dumfries Harriers	1:13:12	286	526	Kerry Reed	L4011	Tyne Bridge Harriers	1:17:51	
196	470	David Leat	V60	3	Stocksfield Striders	1:13:14	287	213	Richard Lawton	V4046	Caldergleng Harriers	1:17:53	
197	218	Stuart Waugh	V65	1	Caldergleng Harriers	1:13:15	288	217	Gerard Mullen	V5516	Caldergleng Harriers	1:17:58	
198	253	Steven French	V4040		Blyth Running Club	1:13:23	289	304	Stephen Allen		Sunderland Strollers	1:17:59	
199	68	David Hindmarsh	V5015		Alnwick Harriers	1:13:25	290	183	Leanne Roberts	L	51	Cumberland AC	1:18:06
200	635	Rachel Mellor	L35	8	Keswick AAC	1:13:28	291	622	Samantha Suson	L	52	Eden Runners	1:18:09
201	263	Martin Scott	V4528		Blyth Running Club	1:13:30	292	272	Phillippa Moore	L3517	Blyth Running Club	1:18:18	
202	367	Allison Daly	L40	5	Kendal Amateur Athletic Club	1:13:32	293	316	Phil Baston	V4545	Elswick Harriers	1:18:20	
203	32	Andrew Leys	V5016		Heaton Harriers & AC	1:13:39	294	264	Richard Shillinglaw		Blyth Running Club	1:18:22	
204	558	Steven Snook	V55	8	Quakers Running Club	1:13:42	295	640	Guy Moffatt		Unattached	1:18:23	
205	191	Shaun Cavanagh	V5017		Cumberland AC	1:13:49	296	178	Richard Jewell	V4047	Cumberland AC	1:18:26	
206	378	Colin Dilks	V5018		Tyne Bridge Harriers	1:13:54	297	479	Annie Macfarlane	L50	3	Dumfries Running Club	1:18:31
207	260	Mark Nicholson	U20	1	Blyth Running Club	1:14:03	298	489	Colin McGonagle	V4048	Carlisle Tri Club	1:18:39	
208	9	Ian Swanston	V5019		Saltwell Harriers	1:14:10	299	308	Peter Atkinson	V5517	North Shields Polytechnic	1:18:43	
209	243	Paul Stutt	V4041		Heaton Harriers & AC	1:14:12	300	165	Emma Gregory	L	55	Cumberland AC	1:18:45
210	63	Jim Falconer	V5020		Alnwick Harriers	1:14:13	301	618	Pradeep Bhagawan	V5518	Carlisle Tri Club	1:18:47	
211	216	Kenny Leinster	V55	9	Caldergleng Harriers	1:14:21	302	320	Amy Beck	L	56	Dumfries Running Club	1:18:50
212	564	Kathryn Stevenson	L40	6	Tyne Bridge Harriers	1:14:25	303	229	Kay Coneff	L3518	Caldergleng Harriers	1:18:52	
213	187	Ian Wilson		Cumberland AC	1:14:27	304	204	Mike Norris	V5025	Unattached	1:18:54		
214	328	Caroline Billis	L35	9	Heaton Harriers & AC	1:14:33	305	145	Neil Jamieson	V60	4	Carlisle Tri Club	1:19:03
215	210	William Buchanan	V65	2	Caldergleng Harriers	1:14:34	306	524	Asari Rashid		Tyne Bridge Harriers	1:19:05	
216	228	Frances Maxwell	L50	2	Caldergleng Harriers	1:14:39	307	394	Susan Fawkes	L	58	Dh Runners	1:19:07
217	324	Matt Begg		Dh Runners	1:14:44	308	46	Mary Lisle	L3519	Elswick Harriers	1:19:08		
218	231	Joanne McEvoy	L3510		Caldergleng Harriers	1:14:47	309	13	Graham Harrison	V5026	Saltwell Harriers	1:19:22	
219	132	Sarah Dent	L	28	Unattached	1:14:57	310	587	Ian Walton	V4546	Tyne Bridge Harriers	1:19:24	
220	223	Joseph Shields		Caldergleng Harriers	1:15:01	311	180	Errick Hannah	V5519	Cumberland AC	1:19:26		
221	291	Scott Simpson		Unattached	1:15:01	312	639	No Name	V4547	Unattached	1:19:33		
222	651	Stephen Mohan	V5021		Dumfries Running Club	1:15:02	313	232	Karen Allen	L	60	Caldergleng Harriers	1:19:35
223	15	Louise Warner	L3511		Elvet Striders	1:15:06	314	51	Pauline Aitchison	L45	7	Alnwick Harriers	1:19:37
224	637	Andy Mingay		Eden Runners	1:15:23	315	385	Heather Eccles	L	62	Eden Runners	1:19:41	
225	452	Michael Jardine	V5022		Dumfries Running Club	1:15:25	316	596	Richard Weymes	V4049	Stocksfield Striders	1:19:44	
226	322	Mike Beechey	V4529		Keswick AAC	1:15:27	317	408	Danny Gilholme	V4050	Stocksfield Striders	1:19:44	
227	286	Wayne Watson	V5030		Dh Runners	1:15:29	318	530	Alister Robson	V4051	Elvet Striders	1:19:46	
228	265	Claire Calverley	L3512		Blyth Running Club	1:15:32	319	111	Nicola Whitman	L	63	Saltwell Harriers	1:19:48
229	279	Billie-Jo Dodd	L3513		Unattached	1:15:36	320	472	Sarah Lemon	L3520	Heaton Harriers & AC	1:19:49	
230	66	Paul Godden	V4531		Alnwick Harriers	1:15:39	321	658	Ian Anderson	V4052	Dumfries Running Club	1:19:51	
231	547	Fiona Shenton	L55	1	Elvet Striders	1:15:40	322	113	Steve Knox		Saltwell Harriers	1:20:01	
232	340	Ernie Bryden	V4532		Annand & District AC	1:15:43	323	334	Nicola Brady	L	65	Tyne Bridge Harriers	1:20:06
233	301	Rachel Adamson	L	33	Tyne Bridge Harriers	1:15:45	324	55	Lisa Baston	L	66	Alnwick Harriers	1:20:07
234	163	Peter Bennett	V4533		Cumberland AC	1:15:49	325	460	Greta Jones	L50	4	Unattached	1:20:22
235	395	Paul Feeley	V4534		Tyne Bridge Harriers	1:15:53	326	626	Charles Knox	V5520	Dh Runners	1:20:25	
236	446	Paul Inskip	V4535		Heaton Harriers & AC	1:15:58	327	155	Richard Williams	V4053	Cumberland AC	1:20:39	
237	227	Graham Ramage	V4042		Caldergleng Harriers	1:15:59	328	412	David Goodfellow	V4548	Crook & District	1:20:40	
238	179	Paul Schofield		Cumberland AC	1:16:00	329	566	Peter Stockdale	V4054	Carlisle Tri Club	1:20:57		
239	177	Graham Leggett	V4536		Cumberland AC	1:16:00	330	135	Stephen Head	V60	5	Dumfries Harriers	1:21:04
240	4	Andy Baker	V4537		Dh Runners	1:16:02	331	77	Steven Studley		Alnwick Harriers	1:21:07	
241	510	Rebecca Parkin	L	34	Tyne Bridge Harriers	1:16:03	332	246	Norman Clark	V60	6	Morpeth Harriers & Ac	1:21:11
242	352	Kyle Clarke	U20	2	Unattached	1:16:05	333	302	Alister Aitken	V5521	Unattached	1:21:14	
243	342	David Cain	V5510		Cumberland AC	1:16:08	334	108	David Smith		Saltwell Harriers	1:21:15	
244	553	Antonia Skelton	L	35	Derwentside Ac	1:16:19	335	95	Darren Smiley		Saltwell Harriers	1:21:18	
245	544	Simon Scougall		Elswick Harriers	1:16:21	336	390	Rachael Estrop	L	68	Tyne Bridge Harriers	1:21:20	
246	185	Philip Meloy		Cumberland AC	1:16:25	337	633	Peter Rudzinski	V60	7	Clydesdale Harriers	1:21:30	
247	365	Dion Crozier		Dh Runners	1:16:26	338	62	Denise Drummond	L50	5	Alnwick Harriers	1:21:35	
248	480	David Macgillivray	V5511		Dh Runners	1:16:28	339	351	Steven Claringbold		Dh Runners	1:21:37	
249	176	Rhiannon Jones	L3514		Cumberland AC	1:16:28	340	289	Andy Raven	V5027	Dh Runners	1:21:38	
250	612	Teresa Medley	L45	5	Border Harriers & AC	1:16:29	341	654	Richard Pauall	V4549	Dumfries Running Club	1:21:41	
251	276	Carl Deane	V4538		Dh Runners	1:16:34	342	54	Maureen Bartrum	L45	8	Alnwick Harriers	1:21:45
252	261	Mark Ponton	V4539		Blyth Running Club	1:16:43	343	257	Terry McCabe	V65	4	Blyth Running Club	1:21:46
253	270	Leanne Herron	L3515		Blyth Running Club	1:16:43	344	259	John Mallon	V60	8	Blyth Running Club	1:21:54
254	441	Gerald Hughes	V4540		Dumfries Harriers	1:16:48	345	644	Felicity Watson	L	71	Tyne Bridge Harriers	1:21:57
255	277	Steve Viney	V65	3	Dh Runners	1:16:54	346	376	Laura Dickson	L	72	Tyne Bridge Harriers	1:22:00
256	50	Andrew Bailey	V4043		Dh Runners	1:16:55	347	11	Rachael Moore	L4012	Sunderland Harriers & AC	1:22:04	
257	457	Adam Jones		Tyne Bridge Harriers	1:16:58	348	516	Deborah Pennick	L	74	Sedgefield Harriers	1:22:08	

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349	303	Susan Aitken	L55	4	Unattached	1:22:23	440	406	Emma Giles	L 124	Tyne Bridge Harriers	1:30:40
350	560	David Spence	V65	5	Elvet Striders	1:22:24	441	404	Tracy Gardner	L 125	Unattached	1:30:42
351	171	Graham Hetherington	V5028		Cumberland AC	1:22:36	442	586	Lesley Wallace	L4521	Unattached	1:30:44
352	198	John Galloway	V5029		Unattached	1:22:36	443	58	Shelley Coates	L4522	Alnwick Harriers	1:30:49
353	630	Andrew Jefferson	V4550		Carlisle Tri Club	1:22:37	444	410	Lisa Gilmore	L4020	Bellahouston Harriers	1:30:51
354	531	David Robson			Stocksfield Striders	1:22:37	445	674	Christopher Winspear	V5038	Unattached	1:30:52
355	613	Garnett Peter	V60	9	Border Harriers & AC	1:22:40	446	396	Sara Fenna	L3527	Saltwell Harriers	1:30:57
356	671	Rebecca Williamson	L 76		Derwent AC	1:22:42	447	141	Carol Keenan	L55	8 Bellahouston Harriers	1:31:03
357	428	Anna Halstead	L3521		Stocksfield Striders	1:22:43	448	159	Sian Dempster	L 131	Cumberland AC	1:31:06
358	445	Graeme Inskip	V4551		Washington RC	1:22:50	449	565	George Stewart	V5039	Calderglen Harriers	1:31:12
359	477	Jacqueline Little	L50	6	Unattached	1:22:53	450	415	Robert Grattton	V5526	Sedgefield Harriers	1:31:19
360	421	Louise Griffin	L45	9	Tynedale Harriers & AC	1:22:58	451	153	John Thompson	V6015	Cumberland AC	1:31:24
361	590	Christopher Watson			Saltwell Harriers	1:23:02	452	118	Naz Bashir	V4059	Saltwell Harriers	1:31:28
362	461	Karen Jones	L4510		Elvet Striders	1:23:08	453	152	Christopher Ryan	V5527	Clydesdale Harriers	1:31:28
363	620	Anthony Barrasc	V5522		Unattached	1:23:09	454	402	David Frost	V6016	Tyne Bridge Harriers	1:31:32
364	398	Angela Fisher	L3522		Unattached	1:23:09	455	353	Rhona Clarke	L5012	Unattached	1:31:38
365	462	Natalie Kay	L 82		Dh Runners	1:23:10	456	333	Kate Bostock	L 133	Unattached	1:31:39
366	383	James Drummond	V5030		Unattached	1:23:10	457	313	Imogen Barr	L 134	Tyne Bridge Harriers	1:31:49
367	634	Juliet Grieves	L4511		Keswick AAC	1:23:13	458	161	Emma Rowntree	L3528	Cumberland AC	1:31:50
368	220	Colin Banks	V4055		Calderglen Harriers	1:23:19	459	350	Kevin Cheetham	V5040	Tyne Bridge Harriers	1:31:56
369	110	Fred Webb	V6010		Saltwell Harriers	1:23:21	460	527	Tristan Reid	V4060	Carlisle Tri Club	1:32:16
370	206	Derek Johnstone	V5031		Unattached	1:23:22	461	500	Jon Nimmo	V65	9 Unattached	1:32:40
371	568	Julie Story	L4512		Dh Runners	1:23:24	462	107	Dave Candlish	V4559	Saltwell Harriers	1:32:42
372	411	David Goodall	V4552		Cumberland AC	1:23:25	463	374	Alison Dennis	L55	9 Unattached	1:32:52
373	115	Sandra Carlosama	L 85		Saltwell Harriers	1:23:27	464	417	Eric Green	V5041	Elvet Striders	1:33:22
374	142	Andrew Russell	V4553		Stocksfield Striders	1:23:43	465	97	Janice Stewart	L4021	Saltwell Harriers	1:33:28
375	458	April Jones	L50	7	Sunderland Harriers & AC	1:23:45	466	539	Darren Ryan	V4560	Carlisle Tri Club	1:33:42
376	150	Kim Clark	L55	5	Keswick AAC	1:24:07	467	283	Caroline Najafi	L5510	Low Fell Running Club	1:33:45
377	465	Douglas Kerr	V4554		Unattached	1:24:09	468	233	Alisdair Berry	V4061	Calderglen Harriers	1:33:56
378	114	Karen Daglish	L3523		Saltwell Harriers	1:24:10	469	657	Ann Gvenfell	L4523	Tyne Bridge Harriers	1:34:05
379	61	Ruth Doctor	L4013		Alnwick Harriers	1:24:17	470	494	Linda Moffat	L4022	Bellahouston Harriers	1:34:07
380	438	Craig Houghton	V4056		Cumberland Fell Runners	1:24:41	471	129	George Fraser	V6510	Annan & District AC	1:34:09
381	346	Lucy Cowton			Elvet Striders	1:24:43	472	536	Heather Rowe	L4023	Carlisle Tri Club	1:34:10
382	545	Anna Seeley	L 90		Elvet Striders	1:24:43	473	93	Samantha Bruce	L4024	Saltwell Harriers	1:34:14
383	156	Craig Kershaw	V65	6	Cumberland AC	1:24:54	474	403	Emma Frost	L 143	Tyne Bridge Harriers	1:34:18
384	426	Stephen Hall	V5032		Tyne Bridge Harriers	1:24:56	475	357	Tracey Cockburn	L4524	Tyne Bridge Harriers	1:34:20
385	502	Claire Norman	L 91		Bellahouston Harriers	1:25:08	476	151	Henry Dobbie	V6017	Troon Tortoises AC	1:34:37
386	248	Craig Kerr	V4057		Unattached	1:25:28	477	499	Daniel Nicholson		Unattached	1:35:01
387	448	Emily Jackson	L 92		Bellahouston Harriers	1:25:31	478	354	Lynn Clemmitt	L5013	Carlisle Tri Club	1:35:06
388	310	Stephanie Baird	L 93		Bellahouston Harriers	1:25:31	479	497	Mandy Naumann	L 146	North Shields Polytechnic	1:35:10
389	338	Lyn Brown	L60	1	Stocksfield Striders	1:25:32	480	488	Sean McGleenan	V5528	Dumfries Running Club	1:35:31
390	550	Tish Simon	L3524		Stocksfield Striders	1:25:53	481	420	Sharon Green	L4025	St Bees Triers	1:35:34
391	222	Gordon McNally	V4555		Calderglen Harriers	1:26:03	482	578	Julie Townsley	L 148	St Bees Triers	1:35:36
392	193	Peter Campbell	V5033		Border Harriers & AC	1:26:07	483	650	Peter Hutchison	V6018	Dumfries Running Club	1:35:37
393	166	Dawn Gainford	L4014		Cumberland AC	1:26:08	484	401	Jill Ford	L4525	Elvet Striders	1:35:44
394	162	Margaret Hawley	L55	6	Cumberland AC	1:26:09	485	92	Helen Mullarkey	L5014	Saltwell Harriers	1:35:48
395	292	Carmen Docton	L4513		Unattached	1:26:10	486	208	Russell Couper	V5042	Calderglen Harriers	1:35:59
396	202	Raymond Lightle	V65	7	Bedale & Aiskew Runners	1:26:10	487	119	Helena Medley	L 151	Saltwell Harriers	1:36:02
397	136	Katherine Storey	L50	8	Concordia Runners & Peddlers	1:26:12:488	528		Maria Renucci	L4526	Carlisle Tri Club	1:36:02
398	509	Gillian Parkin	L50	9	Tyne Bridge Harriers	1:26:19	489	471	Sarah Lee	L 153	Unattached	1:36:07
399	106	Jacqueline Candlish	L4514		Saltwell Harriers	1:26:24	490	285	Mel Warwick	L3529	Dh Runners	1:36:18
400	682	Carmel Bones	L4015		Carlisle Tri Club	1:26:26	491	518	Jason Pollock	V4062	Unattached	1:36:23
401	211	Philip Marshall	V5523		Calderglen Harriers	1:26:35	492	386	Helen Edwards	L5511	Allen Valley Striders	1:36:25
402	271	Claire Mason	L5010		Blyth Running Club	1:26:40	493	687	Fiona Moore	L3530	Unattached	1:36:25
403	473	Karen Lillie	L4515		Unattached	1:26:48	494	17	Stephanie Thewlis	L4527	Unattached	1:36:41
404	57	Sue Bolam	L5011		Alnwick Harriers	1:27:04	495	192	Jackson Kelly		Cumberland AC	1:36:46
405	3	John McGlynn	V6011		Unattached	1:27:07	496	599	Holly Wildman	L 158	North Shields Polytechnic	1:36:47
406	648	Neil Dowthwaite	V4058		Crook & District	1:27:15	497	2	Darryl Quantz	V4063	Unattached	1:36:58
407	580	Derek Vardy	V5524		Tyne Bridge Harriers	1:27:16	498	190	Karen Cavanagh	L4528	Cumberland AC	1:37:11
408	120	Lisa Perry	L4016		Saltwell Harriers	1:27:18	499	389	Stephen Ellis	V6019	Elvet Striders	1:37:16
409	21	John Longstaff	V4556		Saltwell Harriers	1:27:18	500	130	Ray Austin	V6020	Unattached	1:37:38
410	99	Frank Wilkinson	V5034		Saltwell Harriers	1:27:20	501	269	Claire Everett	L 160	Blyth Running Club	1:37:40
411	144	Bruce Walker	V65	8	Troon Tortoises AC	1:27:29	502	581	Margaret Walke	L60	3 Allen Valley Striders	1:37:41
412	290	Lorna Graham	L4516		Dh Runners	1:27:46	503	26	Andrew Swanston	V4561	Saltwell Harriers	1:37:42
413	31	John Davidson	V5525		Tynedale Harriers & AC	1:28:06	504	212	Chas Steven	V5529	Calderglen Harriers	1:38:12
414	616	Michael Holmes	V4557		Dh Runners	1:28:28	505	45	Andy James	V6511	Elvet Striders	1:38:17
415	149	Jenna Doyle	L 108		Unattached	1:28:28	506	498	Wendy Navin	L4026	St Bees Triers	1:38:24
416	109	Gillian Donaldson	L4517		Saltwell Harriers	1:28:35	507	467	Amanda Kirtley	L4529	Unattached	1:38:31
417	368	Sarah Danielles	L4518		Tyne Bridge Harriers	1:28:48	508	74	Finbarr Murphy	V5530	Alnwick Harriers	1:38:52
418	661	Gemma Leadbetter	L 111		Dumfries Running Club	1:28:51	509	104	Julie Schneider	L4027	Saltwell Harriers	1:39:10
419	173	Bev Faulder	L4017		Cumberland AC	1:28:55	510	532	Jacque Robson	L3531	Durham City Harriers & Ac	1:39:12
420	160	Chris Whitby	V5035		Cumberland AC	1:29:01	511	37	Christine Farnsworth	L60	4 Elvet Striders	1:39:20
421	121	Lisa Stephenson	L3525		Saltwell Harriers	1:29:08	512	520	Liz Postill	L4028	Carlisle Tri Club	1:39:22
422	252	Ralph Dickinson	V6012		Blyth Running Club	1:29:12	513	429	Jonathan Hamill	V4064	Elvet Striders	1:39:57
423	170	Stuart Buchanan	V5036		Cumberland AC	1:29:14	514	86	Nicola Shaverin	L4029	Saltwell Harriers	1:40:32
424	267	Anne Craddock	L55	7	Blyth Running Club	1:29:16	515	418	Gillian Green	L4530	Elvet Striders	1:40:37
425	400	Brian Ford	V4558		Elvet Striders	1:29:18	516	574	Debra Thompson	L5015	Elvet Striders	1:40:48
426	638	Karen Taylor	L4018		Eden Runners	1:29:19	517	475	Robin Linton		Elvet Striders	1:41:11
427	297	Lindsey Graham	L3526		Dh Runners	1:29:24	518	430	Lesley Hamill	L4030	Elvet Striders	1:41:12
428	512	Huw Parry	V5037		North Shields Polytechnic	1:29:39	519	237	Allison Johnstone	L5016	Calderglen Harriers	1:41:17
429	266	Louise Coultate	L 117		Blyth Running Club	1:29:46	520	525	David Reed	V5043	Stocksfield Striders	1:41:18
430	629	Sharron Clark	L4019		Wigton Road Runners	1:29:54	521	397	Katie-Louise Finney	L 173	Elvet Striders	1:41:25
431	98	Lois Lincoln	L 119		Saltwell Harriers	1:30:04	522	604	Jill Young	L 174	Elvet Striders	1:42:22
432	87	Philip Robertson			Saltwell Harriers	1:30:05	523	487	Deborah McFarland	L 175	Elvet Striders	1:42:22
433	627	Nicola Latimer	L4519		Wigton Road Runners	1:30:09	524	641	George Shadwick	V6021	Sands Running Club	1:42:28
434	84	Charlotte Proud	L 121		Saltwell Harriers	1:30:15	525	238	Cheryl Simpson	L 176	Calderglen Harriers	1:42:36
435	478	Craig Macdougall			Tyne Bridge Harriers	1:30:24	526	214	Hugh Simpson	V5044	Calderglen Harriers	1:42:36
436	28	Gay Eastoe	L60	2	Alnwick Harriers	1:30:30	527	436	Karen Hooper	L3532	Elvet Striders	1:43:02
437	27	Richard Eastoe	V6013		Alnwick Harriers	1:30:31	528	203	Amanda Tunmore	L5017	Tyne Bridge Harriers	1:43:16
438	43	Fiona Jardine	L4520		Dumfries Running Club	1:30:34	529	35	James Nicholson	V6512	Elvet Striders	1:43:28
439	140	Tom Keenan	V6014		Bellahouston Harriers	1:30:36	530	88	Samantha Robertson	L4031	Saltwell Harriers	1:45:02

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: [graham@race-results.co.uk](mailto:graham@race-results.co.uk)  
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

531	112	Ria Knox	L 180	Saltwell Harriers	1:45:02	546	647	Kathleen Bellamy	L3534	Elvet Striders	1:51:17
532	388	Mike Elliott	V6513	Elvet Striders	1:46:00	547	364	Lindsay Craig	L4532	Elvet Striders	1:51:17
533	164	Jacqueline Bennett	L4032	Cumberland AC	1:46:20	548	453	Julie Jarratt	L4034	Unattached	1:51:18
534	678	David McAlister		Unattached	1:46:46	549	676	Frank Strand	V70 1	South Shields Harriers & Ac	1:53:36
535	597	Kate Whalen	L3533	Dh Runners	1:46:50	550	576	Margaret Thompson	L65 1	Elvet Striders	1:54:16
536	296	Andrea Young	L4033	Dh Runners	1:46:55	551	117	Claire Taylor	L 194	Saltwell Harriers	1:55:21
537	295	Heidi Farren	L4531	Dh Runners	1:46:55	552	358	Kelly Collier	L 195	Elvet Striders	1:57:39
538	274	Joanne Stobbart	L5018	Blyth Running Club	1:47:01	553	349	Laura Chapman	L 196	Elvet Striders	1:57:39
539	105	Philip Askew		Saltwell Harriers	1:47:07	554	549	Alison Simms	L4035	Elvet Striders	1:57:40
540	96	Sarah White	L 186	Saltwell Harriers	1:47:37	555	511	Joanne Parkinson	L4036	Elvet Striders	1:57:40
541	660	Jim Welsh	V5045	Cumberland AC	1:48:01	556	454	Neil Jennings	V5047	Elvet Striders	1:57:53
542	662	Margaret Laurie	L5512	Dumfries Running Club	1:48:59	557	69	Mark Hume	V70 2	Alnwick Harriers	1:58:30
543	36	Eileen Armstrong	L75 1	Tynedale Harriers & AC	1:49:49	558	167	Veronica Eilbeck	L4533	Cumberland AC	2:02:43
544	234	Philip Kerrigan	V5046	Calderglen Harriers	1:49:50	559	375	Sophie Dennis	L 200	Elvet Striders	2:04:43
545	496	Caitlin Mooney	L 189	Elvet Striders	1:49:52	560	534	George Routledge	V6514	Heaton Harriers & AC	2:09:02

### Brampton - Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Trafford Athletic Club	25	—	5	Thomas Charles	7	James Bowness	13	Jeff Prest
2	Morpeth Harriers & AC	39	—	1	Lewis Timmins	8	Ian Harding	30	Paul Waterston
3	Border Harriers & AC	41	—	9	Bob Hodgson	12	James Buis	20	Russell Maddams
4	Keswick AAC	43	—	4	Steven Hebblethwaite	10	Sam Stead	29	Ian Davies
5	Sunderland Harriers & AC	64	—	14	Ian Dixon	23	Paul Blakey	27	Steve Potts
6	Tyne Bridge Harriers	83	—	17	Alex Polding	24	Dominic Munnally	42	Alasdair Blain
7	Gateshead Harriers & AC	86	—	19	Thomas Marper	28	Steven Medd	39	Steven Duffy
8	North Shields Polytechnic	145	—	34	John Baty	55	Sean Maley	56	Greg Penn
9	Dh Runners	150	—	18	Paul Graves	37	Stu Windsor	95	Kevin Scott
10	Dumfries Running Club	154	—	43	Niall Campbell	54	Jacob Tangey	57	Kevin McCaig
11	Elswick Harriers	157	—	2	M Geremew	63	Martin Connelly	92	Antony Beynon
12	Carlisle Tri Club	172	—	50	Stuart Sirey	60	Paul McKnespiey	62	Ryan Gavin
13	Saltwell Harriers	172	—	33	Rob Brooks	69	Jim Thompson	70	Dale McCallum
14	Blyth Running Club	186	—	35	Jake Jansen	73	Tony Holland	78	Rob McDonald
15	Cumberland AC	200	—	41	Sean Exley	74	Ian McDougall	85	Alex Roberts
16	Barnsley Harriers	204	—	40	Paul Johnson	46	Richard Spooner	118	Craig Alwash
17	Sedgefield Harriers	275	—	25	James Oldfield	44	Paul Weir	206	Ean Parsons
18	Derwent AC	321	—	99	Nick Lancaster	108	Stephen Hacklet	114	Peter Walker
19	Elvet Striders	347	—	26	Stephen Jackson	87	Matthew Archer	234	Alister Robson
20	Heaton Harriers & AC	350	—	101	Jason Wall	111	Craig Smith	138	Simon Jobe
21	Alnwick Harriers	355	—	98	Gary Hall	106	Richard Johnson	151	Jock Bolam
22	Low Fell Running Club	369	—	110	Michael Graham	127	David Nolan	132	Garry Paterson
23	Calderglen Harriers	393	—	125	Ian Hughes	128	David Herbertson	140	Martin Howell
24	Dumfries Harriers	432	—	124	Andrew Beattie	147	Keith Ainslie	161	Lesley Jeffrey
25	Eden Runners	446	—	112	John Andrewartha	153	Geoffrey Chapman	181	Andy Mingay
26	Stocksfield Striders	506	—	139	Adam Hucklesby	162	David Leat	205	Paul Griffin
27	Crook & District	558	—	48	Michael Simpson	239	David Goodfellow	271	Neil Dowthwaite

### Brampton - Men (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Sunderland Harriers & AC	35	—	4	Paul Blakey	6	Steve Potts	25	Jason O'Neill
2	North Shields Polytechnic	49	—	10	John Baty	19	Sean Maley	20	Greg Penn
3	Tyne Bridge Harriers	57	—	5	Dominic Munnally	15	David Daniels	37	Andy Harrison
4	Border Harriers & AC	63	—	3	Russell Maddams	11	Steve Angus	49	Kevin Hull
5	Keswick AAC	66	—	13	Chris Brewer	26	Rob Wynne	27	Lee Smith
6	Morpeth Harriers & AC	74	—	7	Paul Waterston	33	Phil Walker	34	Mike Wnter
7	Dumfries Running Club	91	—	21	Kevin McCaig	22	Kevin McQueen	48	Sandy Shankland
8	Saltwell Harriers	91	—	9	Rob Brooks	28	Jim Thompson	54	Peter Mullarkey
9	Cumberland AC	110	—	32	Ian McDougall	36	Antony Briscoe	42	David Parke
10	Dh Runners	117	—	12	Stu Windsor	40	Kevin Scott	65	Colin Nicholl
11	Elswick Harriers	123	—	24	Martin Connelly	39	Antony Beynon	60	David Jardin
12	Blyth Running Club	138	—	31	Tony Holland	50	Steven Gillespie	57	Rob Barkley
13	Heaton Harriers & AC	188	—	45	Jason Wall	52	Craig Smith	91	Andrew Leys
14	Calderglen Harriers	201	—	64	Ian Hughes	66	David Herbertson	71	Martin Howell
15	Alnwick Harriers	209	—	43	Gary Hall	77	Jock Bolam	89	David Hindmarsh
16	Dumfries Harriers	223	—	63	Andrew Beattie	75	Keith Ainslie	85	Lesley Jeffrey
17	Carlisle Tri Club	227	—	23	Paul McKnespiey	72	David Postill	132	Colin McGonagle
18	Sedgefield Harriers	319	—	14	Paul Weir	120	Ean Parsons	185	Robert Gratton
19	Crook & District	331	—	16	Michael Simpson	145	David Goodfellow	170	Neil Dowthwaite
20	Stocksfield Striders	344	—	86	David Leat	119	Paul Griffin	139	Richard Weymes
21	Elvet Striders	475	—	141	Alister Robson	154	David Spence	180	Brian Ford

## Brampton - Ladies — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Dumfries Running Club	43	—	1 Joanna Zakrzewski	2 Lisa Finlay	40 Sue Jeffrey
2 Border Harriers & AC	56	—	7 Rhiannon Silson	16 Vanessa Strickland	33 Teresa Medley
3 Elvet Striders	68	—	14 Elaine Bisson	26 Louise Warner	28 Fiona Shenton
4 Cumberland AC	77	—	8 Lucy Stobbart	32 Rhiannon Jones	37 Susan Cain
5 Tyne Bridge Harriers	81	—	22 Kathryn Stevenson	29 Rachel Adamson	30 Rebecca Parkin
6 Elswick Harriers	81	—	10 Gina Howorth	35 Charlotte Baston	36 Emma Turnbull
7 Calderglen Harriers	101	—	24 Frances Maxwell	25 Joanne McEvoy	52 Kay Coneff
8 Heaton Harriers & AC	101	—	19 Kelly Dodds	23 Caroline Billis	59 Sarah Lemon
9 Alnwick Harriers	102	—	4 J Gascoigne-Owens	42 Lesley Miller	56 Pauline Aitchison
10 Eden Runners	104	—	13 Karen Bridge	44 Mhairi Wear	47 Samantha Suson
11 Blyth Running Club	109	—	27 Claire Calverley	34 Leanne Herron	48 Phillippa Moore
12 Saltwell Harriers	109	—	12 Gemma Bradley	39 Ria Chaston	58 Nicola Whitman
13 Dh Runners	135	—	9 Annika Stumpf	53 Susan Fawkes	73 Natalie Kay
14 Keswick AAC	172	—	20 Rachel Mellor	74 Juliet Grieves	78 Kim Clark
15 Sunderland Harriers & AC	187	—	43 Colleen Compson	67 Rachael Moore	77 April Jones
16 Stocksfield Striders	241	—	70 Anna Halstead	85 Lyn Brown	86 Tish Simon
17 Bellahouston Harriers	249	—	82 Claire Norman	83 Emily Jackson	84 Stephanie Baird
18 North Shields Polytechnic	278	—	11 Suzanne Thew	129 Mandy Naumann	138 Holly Wildman
19 Allen Valley Striders	296	—	18 Ruth Bentley	137 Helen Edwards	141 Margaret Walke
20 Carlisle Tri Club	344	—	92 Carmel Bones	124 Heather Rowe	128 Lynn Clemmitt
21 St Bees Triers	403	—	130 Sharon Green	131 Julie Townsley	142 Wendy Navin

## Brampton - Ladies (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Dumfries Running Club	39	—	1 Joanna Zakrzewski	2 Lisa Finlay	36 Annie Macfarlane
2 Elvet Striders	53	—	9 Elaine Bisson	21 Louise Warner	23 Fiona Shenton
3 Heaton Harriers & AC	72	—	14 Kelly Dodds	18 Caroline Billis	40 Sarah Lemon
4 Alnwick Harriers	74	—	4 J Gascoigne-Owens	31 Lesley Miller	39 Pauline Aitchison
5 Calderglen Harriers	76	—	19 Frances Maxwell	20 Joanne McEvoy	37 Kay Coneff
6 Blyth Running Club	83	—	22 Claire Calverley	26 Leanne Herron	35 Phillippa Moore
7 Cumberland AC	107	—	24 Rhiannon Jones	28 Susan Cain	55 Dawn Gainford
8 Tyne Bridge Harriers	109	—	17 Kathryn Stevenson	34 Kerry Reed	58 Gillian Parkin
9 Eden Runners	111	—	8 Karen Bridge	33 Mhairi Wear	70 Karen Taylor
10 Keswick AAC	112	—	15 Rachel Mellor	47 Juliet Grieves	50 Kim Clark
11 Saltwell Harriers	117	—	7 Gemma Bradley	51 Karen Daglish	59 Jacqueline Candlish
12 Sunderland Harriers & AC	124	—	32 Colleen Compson	43 Rachael Moore	49 April Jones
13 Stocksfield Striders	151	—	44 Anna Halstead	53 Lyn Brown	54 Tish Simon
14 Dh Runners	183	—	48 Julie Story	64 Lorna Graham	71 Lindsey Graham
15 Allen Valley Striders	203	—	13 Ruth Bentley	94 Helen Edwards	96 Margaret Walke
16 Carlisle Tri Club	233	—	60 Carmel Bones	85 Heather Rowe	88 Lynn Clemmitt
17 Bellahouston Harriers	240	—	77 Lisa Gilmore	79 Carol Keenan	84 Linda Moffat