

Norman Woodcock Road Race

Senior Results - 6th December 2014

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Chris Parr (106)	Gateshead Harriers	24.24	67	George Rudman (116)	Blaydon Harriers	31.34
2	Richard Morrell (98)	Morpeth Harriers	24.27	68	Paul Richardson (187)	North Shields Poly	31.40
3	Thomas Strawghan (170)	Morpeth Harriers	25.59	69	Jim Alder (43)	Morpeth Harriers	31.48 O50
4	Jed Marshall (158)	Gateshead Harriers	26.00	70	David Dickson (173)	Tyne Bridge	31.54
5	James Dunce (192)	Tyne Bridge	26.08	71	Rob Mcdonald (34)	Blyth RC	32.00
6	Graeme Cook (180)	North Shields Poly	26.14	72	Caroline Teasdale (130)	Crook AC	32.09 F
7	Tony Noble (102)	Stragglers RC	26.27	73	Paul Banks (48)	Morpeth Harriers	32.10 O40
8	Sparrow Morley (69)	Tyne Bridge	26.56	74	Steve French (31)	Blyth RC	32.22
9	Steve Rankin (109)	Sunderland Strollers	26.57	75	Geoff Hewitson (6)	Crook AC	32.25 O50
10	Cees Van Der Land (135)	Tyne Bridge	27.06	76	Geoff Hill (184)	Sedgefield Harriers	32.27
11	James Oldfield (103)	Sedgefield Harriers	27.08	77	Darren Parks (179)	Jarrow & Hebburn	32.28 O40
12	Alyson Dixon (152)	Sunderland Strollers	27.34 F O35	78	Jeff Robinson (154)	Jarrow & Hebburn	32.30 O50
13	Bradley Clough (24)	Blyth RC	27.39	79	Chris Howe (193)	Unattached	32.38 O50
14	Simon Kristiansen (190)	Tyne Bridge	27.42	80	Gary Pemberton (3)	North East Vets	32.50 O60
15	Sam Hancox (79)	Morpeth Harriers	27.48	81	Ben Hall (77)	Elswick Harriers	32.53
16	James Porteous (107)	Gateshead Harriers	27.51	82	Gina Howorth (149)	Elswick Harriers	32.57 F
17	Andy Niven (101)	Heaton Harriers	27.54	83	Andrea Banner (150)	Elswick Harriers	32.58 F O40
18	Lee Cuthbertson (39)	Tyne Bridge	27.56	84	Michelle Thompson (133)	North Shields Poly	33.05 F
19	Lee Gifford (70)	Jarrow & Hebburn	27.59	85	Glenn Robinson (21)	Unattached	33.10 O45
20	David Best (159)	Crook AC	28.00	86	Angela Mcgurk (178)	Jarrow & Hebburn	33.22 F
21	A Powell (157)	Sunderland Strollers	28.01	87	Tom Williams (144)	Unattached	33.27
22	Steve McMahon (96)	Sunderland Strollers	28.06	88	Gary Auston (46)	Sedgefield Harriers	33.36 O40
23	Samual Beckett (165)	Crook AC	28.09	89	Yam Thiru (132)	Tyne Bridge	33.42 F O40
24	Paul Besford (19)	Unattached	28.12 O45	90	Paul Knight (33)	Blyth RC	33.54 O40
25	Shona Fletcher (71)	Richmond & Zetlan	28.14 F O35	91	Steve Shotton (174)	Tyne Bridge	33.54 O40
26	Michael Lavender (89)	Sunderland Harriers	28.18	92	Martin Scott (37)	Blyth RC	33.56 O40
27	Robert Teasdale (163)	Crook AC	28.20	93	Steve Dobby (28)	Blyth RC	33.59 O40
28	Michael Lamb (88)	Hartlepool Burn Ro	28.25 O45	94	Paul Bellingham (91)	Morpeth Harriers	34.02 O50
29	Luke Bryant (56)	Tyne Bridge	28.33	95	Gemma Frost (72)	Unattached	34.18 F
30	Justina Heslop (1)	Elswick Harriers	28.36 F O35	96	Kris Whitelaw (142)	North Shields Poly	34.19
31	Matthew Boyle (10)	Morpeth Harriers	28.39	97	Mel Darbyshire (27)	Blyth RC	34.21 O50
32	Michael Laws (160)	Sunderland Strollers	28.43	98	Steven Bond (55)	Tyne Bridge	34.23 O45
33	Ian Ritchie (112)	Jarrow & Hebburn	28.54	99	Mark Nicholson (36)	Blyth RC	34.24
34	Stephen Jackson (84)	Elvet Striders	28.55	100	Lesley Jackson-bell (83)	PB Fitness	34.38 F O50
35	Phil Walker (138)	Morpeth Harriers	28.57 O45	101	Mark Crosby (58)	Morpeth Harriers	34.51 O50
36	Ken Harker (81)	Richmond & Zetlan	29.01 O40	102	Damien Kimmins (189)	Keswick AC	34.55 O40
37	Rob Hancox (80)	Morpeth Harriers	29.06 O45	103	Iain Turnbull (134)	Unattached	34.57
38	Alistair Spanner (124)	Tyne Bridge	29.07 O40	104	Heather Robinson (155)	Jarrow & Hebburn	35.04 F O50
39	Alex Sneddon (123)	Jarrow & Hebburn	29.09 F	105	Iain Dalby (60)	Tyne Bridge	35.18
40	Paul Weir (140)	Sedgefield Harriers	29.13 O40	106	Ben Shillitoe (119)	Heaton Harriers	35.41
41	Paul Merrison (22)	Sunderland Harriers	29.18 O50	107	David Goodfellow (161)	Crook AC	35.52 O40
42	Nigel Camilleri (191)	Gateshead Harriers	29.20	108	Philip Rees (182)	North Shields Poly	35.56 O50
43	Simon Gardner (73)	Elvet Striders	29.21 O40	109	Claire Calverley (40)	Blyth RC	36.01 F O35
44	Matthew Forster (23)	Morpeth Harriers	29.27	110	David Mcgarry (35)	Blyth RC	36.07 O40
45	Jon Strong (128)	North East Vets	29.37 O45	111	Daniel Nettle (100)	Elswick Harriers	36.09 O40
46	Gareth Pritchard (108)	Elvet Striders	29.40	112	Paul Johnstone (186)	Unattached	36.11
47	Alison Dargie (62)	Tyne Bridge	29.44 F O35	113	Mary Lisle (147)	Elswick Harriers	36.14 F O35
48	Graham Armstrong (45)	Wallsend Harriers	29.49 O50	114	Wayne Fieldhouse (68)	Unattached	36.26 O45
49	Chris Waite (136)	North Shields Poly	29.53 O45	115	Lucy Keating (87)	Unattached	36.40 F O40
50	Aidan Crowe (156)	Sunderland Strollers	29.57	116	Barry Marlee (162)	Sunderland Harriers	36.51 O45
51	Jon Moss (99)	Tyne Bridge	30.01	117	Cheryl Hall (183)	North Shields Poly	37.06 F
52	Graeme Stewart (38)	Blyth RC	30.04	118	Jess Illingworth (188)	Unattached	37.06 F
53	David Lawson (166)	Unattached	30.14 O45	119	Joe Frazer (30)	Blyth RC	37.18 O60
54	Jason Stobbs (127)	Gateshead Harriers	30.18	120	Marie Drozdowicz (148)	Elswick Harriers	37.20 F O50
55	Paul Robertson (164)	North Shields Poly	30.22 O40	121	Anji Rippon (111)	Tyne Bridge	37.24 F
56	Claire Simpson (121)	Jarrow & Hebburn	30.23 F O35	122	Sarah Seymour (117)	Gosforth Harriers	37.43 F O35
57	Joe Waugh (137)	Unattached	30.24	123	Vicki Thompson (153)	Jarrow & Hebburn	37.50 F O40
58	Kevin Lister (20)	North East Vets	30.31 O40	124	David Coates (171)	Alnwick Harriers	37.55 O50
59	Maxine Czarnecka (59)	Jarrow & Hebburn	30.32 F	125	Robin Mowbray (8)	Wallsend Harriers	38.06 O60
60	Sophie Marr (94)	Tyne Bridge	30.47 F	126	Krista Robinson (113)	Unattached	38.31 F O40
61	Paul Andrews (44)	Tyne Bridge	31.01	127	Rachael Moore (5)	Sunderland Harriers	38.49 F O40
62	Steve Haswell (82)	Morpeth Harriers	31.09 O45	128	Andrew Hudson (151)	Jarrow & Hebburn	39.34
63	Gareth Wilson (167)	North York Moors	31.14	129	Deena White (141)	Elswick Harriers	39.44 F O50
64	Keith Rooney (172)	Tyne Bridge	31.18 O45	130	Alex Harrison (175)	Heaton Harriers	39.51 F O35
65	Hannah Shillitoe (129)	Heaton Harriers	31.21 F	131	Christopher Dean (185)	Unattached	39.52
66	Peter Grey (168)	Alnwick Harriers	31.25 O50	132	Richard Wilson (145)	Sunderland Strollers	40.39 O60

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133	Noreen Rees (181)	North Shields Poly	40.46 F O60			
134	Raymond Lightle (92)	Bedale & Aiskew	41.26 O60			
135	Sara Stewart (126)	Allen Valley Strider	41.43 F O40			
136	Emma Fraser (9)	Elswick Harriers	41.47 F			
137	Elizabeth O,mahony (104)	Unattached	41.48 F O50			
138	Claire Mason (41)	Blyth RC	41.57 F O50			
139	Ian Betts (176)	Uknetrunner	41.58 O50			
140	Jane Shearer (118)	Tyne Bridge	42.46 F O40			
141	Ruth Craxford (57)	Unattached	42.57 F			
142	Melissa Bateson (51)	Elswick Harriers	43.17 F O40			
143	Christine Lee (11)	Elswick Harriers	43.26 F O60			
144	Michelle Mangan (4)	Elswick Harriers	43.34 F O50			
145	Rachel Griffiths (75)	Tyne Bridge	43.35 F			
146	Jackie Avery (2)	Elswick Harriers	44.09 F O50			
147	David Hamill (78)	Unattached	44.39			
148	Helen Young (12)	Elswick Harriers	44.43 F			
149	Charlotte Blackburn (54)	Tyne Bridge	44.44 F			
150	Mieke Williams (143)	Unattached	47.33 F			
151	Barry Murray (177)	Birtley AC	48.58 O45			
152	Michelle Donnelly (64)	Sunderland Strollers	53.45 F O40			
153	Anna Beresford (53)	Unattached	63.48 F O50			
154	Fiona Waugh (139)	Gosforth Harriers	63.48 F O50			