

# SEAA Masters Cross Country Championships 2014 at Horspath, Oxford on Saturday 13th December 2014

## Race 1 - Men aged 40 to 44

| Pos | Num | Name             | Cat/Pos | Club                           | Time    |
|-----|-----|------------------|---------|--------------------------------|---------|
| 1   | 52  | Chris Greenwood  | V40 1   | Kent AC                        | 33:30   |
| 2   | 20  | Eddie Ogorman    | V40 2   | Chiltern Harriers              | 34:28   |
| 3   | 38  | Simon Coombes    | V40 3   | Herne Hill Harriers            | 34:47   |
| 4   | 1   | Paul Fernandez   | V40 4   | Abingdon AC                    | 34:53   |
| 5   | 70  | James Knight     | V40 5   | Overton Harriers & AC          | 34:56   |
| 6   | 12  | Alex Hamilton    | V40 6   | Basingstoke & Mid Hants AC     | 35:12   |
| 7   | 48  | Malcolm Muir     | V40 7   | Ilford AC                      | 35:21   |
| 8   | 40  | Robin Jones      | V40 8   | Herne Hill Harriers            | 35:42   |
| 9   | 30  | Jim Cooper       | V40 9   | Harrow AC                      | 35:45   |
| 10  | 181 | Nick Barrable    | V4010   | Tonbridge AC                   | 35:46   |
| 11  | 195 | James Bolton     | V4011   | Woodstock Harriers AC          | 35:47   |
| 12  | 31  | Alan Wray        | V4012   | Harrow AC                      | 35:57   |
| 13  | 26  | Craig Sharp      | V4013   | Dartford Road Runners          | 36:42   |
| 14  | 21  | James Repper     | V4014   | Chiltern Harriers              | 36:51   |
| 15  | 69  | Sean Holmes      | V4015   | Overton Harriers & AC          | 36:55   |
| 16  | 65  | Andrew Ind       | V4016   | Newbury AC                     | 37:01   |
| 17  | 57  | Ian Grimshaw     | V4017   | Leighton Buzzard AC            | 37:37   |
| 18  | 72  | Lee Tolhurst     | V4018   | Overton Harriers & AC          | 37:46   |
| 19  | 61  | John Driscoll    | V4019   | London Heathside AC            | 37:56   |
| 20  | 90  | Palol Daniel De  | V4020   | Serpentine RC                  | 37:58   |
| 21  | 189 | Paul Jegou       | V4021   | White Horse Harriers AC        | 38:43   |
| 22  | 196 | Kevin Game       | V4022   | Woodstock Harriers AC          | 38:53   |
| 23  | 27  | Benedict Pollard | V4023   | Eynsham Road Runners           | 39:03   |
| 24  | 71  | Neil Martin      | V4024   | Overton Harriers & AC          | 39:37   |
| 25  | 92  | Richard Fanning  | V4025   | Serpentine RC                  | 39:39   |
| 26  | 184 | Des Denning      | V4026   | Trent Park RC                  | 39:53   |
| 27  | 5   | Phillip March    | V4027   | Aldershot Farnham & District A | 40:05   |
| 28  | 51  | Fintan Kennedy   | V4028   | Jersey Spartan AC              | 40:20   |
| 29  | 32  | Richard Skilbeck | V4029   | Headington Road Runners        | 40:26   |
| 30  | 197 | Rob Linnell      | V4030   | Woodstock Harriers AC          | 40:30   |
| 31  | 175 | Greg Bennett     | V4031   | Thames Valley Harriers         | 40:34   |
| 32  | 191 | Rob Carter       | V4032   | Winchester & District AC       | 40:42   |
| 33  | 96  | Richard Turner   | V4033   | Serpentine RC                  | 40:53   |
| 34  | 66  | Martin Walker    | V4034   | Newbury AC                     | 40:58   |
| 35  | 159 | Craig Dowie      | V4035   | St Albans Striders             | 41:37   |
| 36  | 94  | William McAvock  | V4036   | Serpentine RC                  | 41:45   |
| 37  | 83  | Clive Rolfe      | V4037   | Sandhurst Joggers              | 41:53   |
| 38  | 187 | Duncan Emery     | V4038   | West 4 Harriers                | 42:40   |
| 39  | 77  | Joao Diogo       | V4039   | Queens Park Harriers           | 43:00   |
| 40  | 188 | Chris Smith      | V4040   | West 4 Harriers                | 43:03   |
| 41  | 190 | Peat Allan       | V4041   | Winchester & District AC       | 43:39   |
| 42  | 78  | Matthew Janes    | V4042   | Queens Park Harriers           | 44:05   |
| 43  | 93  | Jaran Finn       | V4043   | Serpentine RC                  | 44:12   |
| 44  | 10  | Sol Ibrahim      | V4044   | Barnet & District AC           | 44:25   |
| 45  | 39  | Ben Halifax      | V4045   | Herne Hill Harriers            | 45:43   |
| 46  | 58  | David Killick    | V4046   | Leighton Buzzard AC            | 49:11   |
| 47  | 166 | Luke Hart        | V4047   | St Albans Striders             | 56:46   |
| 48  | 82  | Lance King       | V4048   | Sandhurst Joggers              | 1:06:22 |

## Race 1 - Men aged 45 to 49

| Pos | Num | Name               | Cat/Pos | Club                           | Time  |
|-----|-----|--------------------|---------|--------------------------------|-------|
| 1   | 173 | Ben Reynolds       | V45 1   | Thames Hare & Hounds           | 34:31 |
| 2   | 9   | Mark Symes         | V45 2   | Aldershot Farnham & District A | 35:47 |
| 3   | 15  | Steven Herring     | V45 3   | Bedford & County AC            | 35:48 |
| 4   | 7   | Tad Dicker         | V45 4   | Aldershot Farnham & District A | 35:50 |
| 5   | 172 | Ian Harkness       | V45 5   | Thames Hare & Hounds           | 35:58 |
| 6   | 174 | Andy Weir          | V45 6   | Thames Hare & Hounds           | 36:17 |
| 7   | 23  | Nick Hughes        | V45 7   | Chiltern Harriers              | 36:27 |
| 8   | 16  | Stuart Still       | V45 8   | Bedford & County AC            | 37:14 |
| 9   | 74  | John Atyeo         | V45 9   | Oxford City AC                 | 38:00 |
| 10  | 34  | Fergus Campbell    | V4510   | Headington Road Runners        | 38:03 |
| 11  | 64  | Sean Beard         | V4511   | Nene Valley Harriers           | 38:18 |
| 12  | 199 | Brian O'Connor     | V4512   | Woodstock Harriers AC          | 38:26 |
| 13  | 19  | Christian Poulton  | V4513   | Cambridge Harriers             | 38:48 |
| 14  | 43  | Jonathon Radcliffe | V4514   | Herne Hill Harriers            | 39:09 |
| 15  | 35  | David Gavaghan     | V4515   | Headington Road Runners        | 39:14 |
| 16  | 178 | Steve Norris       | V4516   | Thames Valley Harriers         | 39:16 |
| 17  | 49  | Paul Holloway      | V4517   | Ilford AC                      | 39:35 |
| 18  | 67  | Wayne Lillis       | V4518   | Newbury AC                     | 39:42 |
| 19  | 76  | Rob Webster        | V4519   | Oxford City AC                 | 39:57 |
| 20  | 14  | Andrew Blair       | V4520   | Bedford & County AC            | 40:14 |
| 21  | 84  | Dave Breslin       | V4521   | Sandhurst Joggers              | 40:56 |
| 22  | 97  | Peter Clarke       | V4522   | Serpentine RC                  | 41:27 |
| 23  | 59  | James Bel          | V4523   | Leighton Buzzard AC            | 42:08 |
| 24  | 28  | Graham Bridges     | V4524   | Eynsham Road Runners           | 42:23 |
| 25  | 170 | Anthony Nicolson   | V4525   | St Albans Striders             | 42:50 |
| 26  | 6   | Stuart Boswell     | V4526   | Aldershot Farnham & District A | 43:16 |
| 27  | 89  | Max Woods          | V4527   | Sandhurst Joggers              | 43:25 |
| 28  | 36  | Duncan Henning     | V4528   | Headington Road Runners        | 43:53 |
| 29  | 99  | Alex Malzer        | V4529   | Serpentine RC                  | 44:03 |
| 30  | 176 | Richard Bell       | V4530   | Thames Valley Harriers         | 44:38 |
| 31  | 75  | Andrew Gleeson     | V4531   | Oxford City AC                 | 44:41 |
| 32  | 42  | Trevor Chilton     | V4532   | Herne Hill Harriers            | 44:43 |
| 33  | 22  | David Breingan     | V4533   | Chiltern Harriers              | 44:56 |
| 34  | 80  | Nick Huskinson     | V4534   | Reading AC                     | 45:15 |
| 35  | 47  | Andrew Malyan      | V4535   | Hillingdon AC                  | 45:59 |
| 36  | 193 | Matt Lane          | V4536   | Winchester & District AC       | 46:15 |
| 37  | 198 | Dan Eisenhandler   | V4537   | Woodstock Harriers AC          | 47:22 |
| 38  | 185 | Paul Castaldo      | V4538   | Trent Park RC                  | 47:26 |
| 39  | 186 | John Rose          | V4539   | Trent Park RC                  | 47:52 |
| 40  | 179 | Jason Sowards      | V4540   | Thames Valley Harriers         | 47:58 |
| 41  | 88  | John Tzanetis      | V4541   | Sandhurst Joggers              | 48:46 |
| 42  | 98  | Ian Johnson        | V4542   | Serpentine RC                  | 48:53 |
| 43  | 183 | Duncan Ralph       | V4543   | Tonbridge AC                   | 49:15 |
| 44  | 85  | James Casey        | V4544   | Sandhurst Joggers              | 50:03 |
| 45  | 86  | Leon Hicks         | V4545   | Sandhurst Joggers              | 55:54 |

## Race 1 - Men aged 40 to 49 — TEAM RESULTS

|    |                                |     |   |    |                 |    |                  |    |                    |
|----|--------------------------------|-----|---|----|-----------------|----|------------------|----|--------------------|
| 1  | Thames Hare & Hounds           | 38  | — | 3  | Ben Reynolds    | 17 | Ian Harkness     | 18 | Andy Weir          |
| 2  | Chiltern Harriers              | 42  | — | 2  | Eddie Ogorman   | 19 | Nick Hughes      | 21 | James Repper       |
| 3  | Herne Hill Harriers            | 50  | — | 4  | Simon Coombes   | 9  | Robin Jones      | 37 | Jonathon Radcliffe |
| 4  | Overton Harriers & AC          | 54  | — | 6  | James Knight    | 22 | Sean Holmes      | 26 | Lee Tolhurst       |
| 5  | Aldershot Farnham & District A | 74  | — | 13 | Mark Symes      | 15 | Tad Dicker       | 46 | Phillip March      |
| 6  | Woodstock Harriers AC          | 79  | — | 12 | James Bolton    | 32 | Brian O'Connor   | 35 | Kevin Game         |
| 7  | Bedford & County AC            | 85  | — | 14 | Steven Herring  | 24 | Stuart Still     | 47 | Andrew Blair       |
| 8  | Headington Road Runners        | 117 | — | 30 | Fergus Campbell | 38 | David Gavaghan   | 49 | Richard Skilbeck   |
| 9  | Newbury AC                     | 121 | — | 23 | Andrew Ind      | 43 | Wayne Lillis     | 55 | Martin Walker      |
| 10 | Serpentine RC                  | 123 | — | 28 | Palol Daniel De | 42 | Richard Fanning  | 53 | Richard Turner     |
| 11 | Oxford City AC                 | 149 | — | 29 | John Atyeo      | 45 | Rob Webster      | 75 | Andrew Gleeson     |
| 12 | Thames Valley Harriers         | 164 | — | 39 | Steve Norris    | 51 | Greg Bennett     | 74 | Richard Bell       |
| 13 | Leighton Buzzard AC            | 173 | — | 25 | Ian Grimshaw    | 60 | James Bel        | 88 | David Killick      |
| 14 | Sandhurst Joggers              | 180 | — | 54 | Dave Breslin    | 59 | Clive Rolfe      | 67 | Max Woods          |
| 15 | Winchester & District AC       | 201 | — | 52 | Rob Carter      | 68 | Peat Allan       | 81 | Matt Lane          |
| 16 | Trent Park RC                  | 211 | — | 44 | Des Denning     | 83 | Paul Castaldo    | 84 | John Rose          |
| 17 | St Albans Striders             | 212 | — | 57 | Craig Dowie     | 63 | Anthony Nicolson | 92 | Luke Hart          |

# SEAA Masters Cross Country Championships 2014 at Horspath, Oxford on Saturday 13th December 2014

## Race 2 - Men aged 50 to 54

| Pos | Num | Name              | Cat/Pos | Club                     | Time  |    |                       |       |                             |         |
|-----|-----|-------------------|---------|--------------------------|-------|----|-----------------------|-------|-----------------------------|---------|
| 1   | 276 | Andrew Leach      | V50 1   | North Herts Rrc          | 35:37 | 31 | 278 Peter Marshall    | V5031 | Oxford City AC              | 43:02   |
| 2   | 202 | S Smith-Bannister | V50 2   | Aldershot                | 35:49 | 32 | 236 Sean Bowen        | V5032 | Garden City Runners         | 43:04   |
| 3   | 331 | Andrew Howey      | V50 3   | Tunbridge Wells Harriers | 36:25 | 33 | 235 Andrew Noble      | V5033 | Folkestone AC               | 43:04   |
| 4   | 282 | Keith Miller      | V50 4   | Redway Runners           | 36:44 | 34 | 256 David Newman      | V5034 | Hillingdon AC               | 43:11   |
| 5   | 254 | Keith Newton      | V50 5   | Herne Hill Harriers      | 37:04 | 35 | 273 Chris Pudney      | V5035 | Newbury AC                  | 43:36   |
| 6   | 218 | Colin Ridley      | V50 6   | Colchester Harriers AC   | 37:27 | 36 | 337 Andy Gannaway     | V5036 | Winchester & District AC    | 43:42   |
| 7   | 207 | Adrian Mason      | V50 7   | Barnet & District AC     | 37:44 | 37 | 244 Alan Darbyshire   | V5037 | Headington Road Runners     | 43:50   |
| 8   | 252 | Victor Maughn     | V50 8   | Herne Hill Harriers      | 38:21 | 38 | 212 Grant Beerling    | V5038 | Cambridge Harriers AC       | 44:02   |
| 9   | 251 | Garry Ironmonger  | V50 9   | Herne Hill Harriers      | 38:40 | 39 | 353 Rob Curtis        | V5039 | Dunstable Road Runners      | 44:03   |
| 10  | 267 | Luke Armitage     | V5010   | Kent AC                  | 38:43 | 40 | 211 Mark Ashby        | V5040 | Cambridge Harriers AC       | 44:27   |
| 11  | 269 | Chris Hartley     | V5011   | London Heathside         | 38:44 | 41 | 213 Clem Dixon        | V5041 | Cambridge Harriers AC       | 44:59   |
| 12  | 250 | Tom Conlon        | V5012   | Herne Hill Harriers      | 39:31 | 42 | 334 David Day         | V5042 | White Horse Harriers AC     | 45:09   |
| 13  | 271 | Paul Jarman       | V5013   | London Heathside         | 39:33 | 43 | 257 David Smith       | V5043 | Hillingdon AC               | 45:10   |
| 14  | 205 | Tim Butler        | V5014   | Barnet & District AC     | 39:43 | 44 | 297 Cain Bradley      | V5044 | Tonbridge AC                | 45:12   |
| 15  | 272 | Tony Killilea     | V5015   | London Heathside         | 39:53 | 45 | 343 Alan Mair         | V5045 | Woodford Green Ac W Essex L | 45:21   |
| 16  | 291 | Paul Jeggo        | V5016   | Springfield Striders RC  | 39:56 | 46 | 214 Martin Hawkins    | V5046 | Cambridge Harriers AC       | 45:41   |
| 17  | 265 | Steve Wigmore     | V5017   | Horsham Joggers          | 40:03 | 47 | 351 David Farrell     | V5047 | Dartford Road Runners       | 46:25   |
| 18  | 263 | Dean Angell       | V5018   | Horsham Joggers          | 40:10 | 48 | 332 Alan Roberts      | V5048 | Vale Of Aylesbury AC        | 46:36   |
| 19  | 264 | Pete O'Connell    | V5019   | Horsham Joggers          | 40:13 | 49 | 222 Vince Golding     | V5049 | Crawley AC                  | 47:07   |
| 20  | 338 | John Gore         | V5020   | Winchester & District AC | 40:16 | 50 | 283 Ian Watson        | V5050 | Sandhurst Joggers           | 48:52   |
| 21  | 220 | Peter West        | V5021   | Colchester Harriers AC   | 40:20 | 51 | 328 Mick Green        | V5051 | Trent Park RC               | 49:16   |
| 22  | 298 | Phil Coleman      | V5022   | Tonbridge AC             | 40:58 | 52 | 350 Andre Blincowe    | V5052 | Woodstock Harriers AC       | 49:38   |
| 23  | 268 | Gavin Evans       | V5023   | London Heathside         | 41:02 | 53 | 281 Gerard O'Driscoll | V5053 | Reading AC                  | 49:55   |
| 24  | 270 | Dominic Jackson   | V5024   | London Heathside         | 41:25 | 54 | 287 Mark Cogan        | V5054 | Serpentine RC               | 50:58   |
| 25  | 253 | Graeme Moyses     | V5025   | Herne Hill Harriers      | 41:29 | 55 | 294 Mark Travers      | V5055 | St Albans Striders          | 53:58   |
| 26  | 201 | Lance Birkby      | V5026   | Aldershot                | 41:35 | 56 | 266 Steve Cheal       | V5056 | Ilford AC                   | 54:57   |
| 27  | 246 | Roger Theftford   | V5027   | Headington Road Runners  | 41:38 | 57 | 277 Richard Francis   | V5057 | Overton Harriers & AC       | 55:24   |
| 28  | 329 | Mick Osullivan    | V5028   | Trent Park RC            | 41:44 | 58 | 200 Tony Sturgess     | V5058 | Alchester RC                | 57:06   |
| 29  | 335 | Ian Lambourn      | V5029   | White Horse Harriers AC  | 41:52 | 59 | 336 Jeremy Smeddle    | V5059 | White Horse Harriers AC     | 59:33   |
| 30  | 292 | Colin Braybrook   | V5030   | St Albans Striders       | 42:34 | 60 | 259 Alan Wells        | V5060 | Hillingdon AC               | 1:03:27 |

## Race 2 - Men aged 55 to 59

| Pos | Num | Name               | Cat/Pos | Club                        | Time  |    |                      |       |                            |         |
|-----|-----|--------------------|---------|-----------------------------|-------|----|----------------------|-------|----------------------------|---------|
| 1   | 216 | Michael Bridgeland | V55 1   | Chelmsford AC               | 38:10 | 18 | 209 Tom Uccloft      | V5518 | Brighton & Hove City AC    | 45:54   |
| 2   | 243 | Chris Finill       | V55 2   | Harrow AC                   | 38:41 | 19 | 233 Ian Leslie       | V5519 | Ealing Southall & Middx AC | 46:06   |
| 3   | 345 | Dave Cox           | V55 3   | Woodford Green Ac W Essex L | 38:49 | 20 | 352 Phil McLean      | V5520 | Dunstable Road Runners     | 46:31   |
| 4   | 225 | Rob Creed          | V55 4   | Crawley AC                  | 39:26 | 21 | 261 Steven Dokic     | V5521 | Hillingdon AC              | 47:10   |
| 5   | 247 | Mark Richards      | V55 5   | Headington Road Runners     | 41:11 | 22 | 232 Keith Freegard   | V5522 | Ealing Southall & Middx AC | 47:31   |
| 6   | 239 | Dave Desborough    | V55 6   | Garden City Runners         | 41:52 | 23 | 348 Carey Gray       | V5523 | Woodstock Harriers AC      | 48:08   |
| 7   | 204 | Mark Clews         | V55 7   | Aldershot                   | 41:56 | 24 | 330 Malcolm Allen    | V5524 | Trent Park RC              | 48:52   |
| 8   | 347 | Tony Pamphilon     | V55 8   | Woodford Green Ac W Essex L | 42:15 | 25 | 289 Philip McCubbins | V5525 | Serpentine RC              | 49:35   |
| 9   | 274 | Irwin Fairclough   | V55 9   | Newbury AC                  | 42:32 | 26 | 284 Mark Duckworth   | V5526 | Sandhurst Joggers          | 50:15   |
| 10  | 224 | Dave Cook          | V5510   | Crawley AC                  | 42:35 | 27 | 260 Bob Burton       | V5527 | Hillingdon AC              | 50:30   |
| 11  | 230 | Steve Smythe       | V5511   | Dulwich Runners             | 43:25 | 28 | 280 Don Sinclair     | V5528 | Pitsea RC                  | 50:31   |
| 12  | 215 | David Kitcher      | V5512   | Cambridge Harriers AC       | 43:58 | 29 | 248 David Sawyer     | V5529 | Headington Road Runners    | 50:45   |
| 13  | 208 | Peter Ellis        | V5513   | Barnet & District AC        | 44:06 | 30 | 262 Trevor Steeples  | V5530 | Hillingdon AC              | 51:38   |
| 14  | 275 | Andy Tuttle        | V5514   | Newbury AC                  | 44:18 | 31 | 279 Jim Russell      | V5531 | Pitsea RC                  | 51:43   |
| 15  | 234 | Stewart Pepper     | V5515   | Enfield And Haringey AC     | 44:48 | 32 | 288 Sergio Carvalio  | V5532 | Serpentine RC              | 53:36   |
| 16  | 238 | Patrick Bird       | V5516   | Garden City Runners         | 45:07 | 33 | 296 Martin Medforth  | V5533 | St Albans Striders         | 59:23   |
| 17  | 327 | Andrew Gates       | V5517   | Totton RC                   | 45:26 | 34 | 326 Lindsay Davis    | V5534 | Totton RC                  | 1:06:10 |

## Race 2 - Men aged 60 to 64

| Pos | Num | Name                | Cat/Pos | Club                           | Time  |    |                    |       |                          |       |
|-----|-----|---------------------|---------|--------------------------------|-------|----|--------------------|-------|--------------------------|-------|
| 1   | 400 | Austin Soane        | V60 1   | Aldershot Farnham & District A | 40:20 | 11 | 406 Colin Simpson  | V6011 | Brighton Phoenix         | 46:46 |
| 2   | 426 | Stewart Thorp       | V60 2   | Oxford City AC                 | 41:38 | 12 | 410 Andy Murray    | V6012 | Dulwich Runners          | 46:48 |
| 3   | 407 | Paul Whelpton       | V60 3   | Brighton Phoenix               | 41:40 | 13 | 402 Desmon Michael | V6013 | Barnet & District AC     | 47:05 |
| 4   | 425 | Richard Grant       | V60 4   | Oxford City AC                 | 42:22 | 14 | 125 Frank Moran    | V6014 | Trent Park RC            | 48:55 |
| 5   | 422 | Andy Catton         | V60 5   | Ilford AC                      | 42:38 | 15 | 415 Kevin Byrne    | V6015 | Headington Road Runners  | 49:52 |
| 6   | 107 | Bryan Vaughan       | V60 6   | Woodstock Harriers AC          | 42:48 | 16 | 126 Patrick Moran  | V6016 | Trent Park RC            | 51:07 |
| 7   | 423 | Julian Spencer-Wood | V60 7   | Kent AC                        | 44:36 | 17 | 434 Richard Long   | V6017 | Serpentine RC            | 52:13 |
| 8   | 412 | Steve Plested       | V60 8   | Ealing Southall & Middlesex    | 45:14 | 18 | 441 Bill Crane     | V6018 | Dunstable Road Runners   | 53:03 |
| 9   | 416 | Laurie Hurman       | V60 9   | Headington Road Runners        | 45:56 | 19 | 437 Colin Price    | V6019 | Team Kennet Triathlon AC | 54:29 |
| 10  | 109 | David Pilbeam       | V6010   | Totton RC                      | 46:02 | 20 | 418 Valdis Pauzers | V6020 | Herne Hill Harriers      | 55:45 |

## Race 2 - Men aged 65 to 69

| Pos | Num | Name             | Cat/Pos | Club                     | Time  |    |                    |       |                        |         |
|-----|-----|------------------|---------|--------------------------|-------|----|--------------------|-------|------------------------|---------|
| 1   | 424 | Geoff Anderson   | V65 1   | Newbury AC               | 43:34 | 10 | 408 Andrew Haig    | V6510 | Brighton Phoenix       | 45:48   |
| 2   | 405 | Peter Witcomb    | V65 2   | Brighton & Hove City AC  | 44:11 | 11 | 286 Dave O'Toole   | V6511 | Sandhurst Joggers      | 47:18   |
| 3   | 433 | Peter Young      | V65 3   | Ryde Harriers            | 44:17 | 12 | 417 Richard Bloom  | V6512 | Herts Phoenix AC       | 47:23   |
| 4   | 439 | Michael Sheridan | V65 4   | Team Kennet Triathlon AC | 44:34 | 13 | 404 John Owen      | V6513 | Barnet & District AC   | 51:31   |
| 5   | 411 | Michael Mann     | V65 5   | Dulwich Runners          | 44:43 | 14 | 127 Chas Taylor    | V6514 | Trent Park RC          | 52:40   |
| 6   | 428 | Roy Treadwell    | V65 6   | Oxford City AC           | 45:16 | 15 | 421 Tony Shaw      | V6515 | Hillingdon AC          | 56:30   |
| 7   | 409 | David Beattie    | V65 7   | Crawley AC               | 45:22 | 16 | 420 Brian Feldman  | V6516 | Hillingdon AC          | 1:00:14 |
| 8   | 413 | Mick Anglim      | V65 8   | Hardley RC               | 45:37 | 17 | 440 Simon Maddison | V6517 | Thames Valley Harriers | 1:00:55 |
| 9   | 427 | John Exley       | V65 9   | Oxford City AC           | 45:39 |    |                    |       |                        |         |

## Race 2 - Men (Vets) aged 50 to 59 — TEAM RESULTS

|                               |     |   |                     |                   |                     |
|-------------------------------|-----|---|---------------------|-------------------|---------------------|
| 1 Herne Hill Harriers         | 24  | — | 5 Keith Newton      | 9 Victor Maughn   | 10 Garry Ironmonger |
| 2 London Heathside            | 49  | — | 13 Chris Hartley    | 17 Paul Jarman    | 19 Tony Killilea    |
| 3 Horsham Joggers             | 66  | — | 21 Steve Wigmore    | 22 Dean Angell    | 23 Pete O'Connell   |
| 4 Aldershot                   | 69  | — | 2 S Smith-Bannister | 31 Lance Birkby   | 36 Mark Clews       |
| 5 Barnet & District AC        | 77  | — | 7 Adrian Mason      | 18 Tim Butler     | 52 Peter Ellis      |
| 6 Headington Road Runners     | 108 | — | 28 Mark Richards    | 32 Roger Thetford | 48 Alan Darbyshire  |
| 7 Woodford Green Ac W Essex L | 112 | — | 14 Dave Cox         | 37 Tony Pamphilon | 61 Alan Mair        |
| 8 Crawley AC                  | 124 | — | 15 Rob Creed        | 40 Dave Cook      | 69 Vince Golding    |
| 9 Garden City Runners         | 133 | — | 34 Dave Desborough  | 42 Sean Bowen     | 57 Patrick Bird     |
| 10 Newbury AC                 | 137 | — | 38 Irwin Fairclough | 46 Chris Pudney   | 53 Andy Tuttle      |
| 11 Cambridge Harriers AC      | 153 | — | 49 David Kitcher    | 50 Grant Beerling | 54 Mark Ashby       |
| 12 Hillingdon AC              | 173 | — | 44 David Newman     | 59 David Smith    | 70 Steven Dokic     |
| 13 Trent Park RC              | 182 | — | 33 Mick Osullivan   | 74 Malcolm Allen  | 75 Mick Green       |
| 14 White Horse Harriers AC    | 185 | — | 35 Ian Lambourn     | 58 David Day      | 92 Jeremy Smeddle   |
| 15 St Albans Striders         | 217 | — | 39 Colin Braybrook  | 87 Mark Travers   | 91 Martin Medforth  |
| 16 Serpentine RC              | 245 | — | 76 Philip McCubbins | 83 Mark Cogan     | 86 Sergio Carvalio  |

## Race 2 - Men (Vets) over 60 — TEAM RESULTS

|                    |    |   |                 |                  |                  |
|--------------------|----|---|-----------------|------------------|------------------|
| 1 Oxford City AC   | 20 | — | 2 Stewart Thorp | 4 Richard Grant  | 14 Roy Treadwell |
| 2 Brighton Phoenix | 42 | — | 3 Paul Whelpton | 18 Andrew Haig   | 21 Colin Simpson |
| 3 Trent Park RC    | 85 | — | 26 Frank Moran  | 28 Patrick Moran | 31 Chas Taylor   |

## Masters - Men aged 70 to 74

| Pos | Num | Name              | Cat/Pos | Club                     | Time  |
|-----|-----|-------------------|---------|--------------------------|-------|
| 1   | 586 | Dave Clark        | V70 1   | Herts Phoenix AC         | 27:40 |
| 2   | 581 | Michael Clarke    | V70 2   | Hardley RC               | 29:29 |
| 3   | 580 | Trace Allen       | V70 3   | Garden City Runners      | 30:27 |
| 4   | 592 | Eric Schofield    | V70 4   | Tunbridge Wells Harriers | 31:30 |
| 5   | 590 | Doug Milsom       | V70 5   | Hillingdon AC            | 33:50 |
| 6   | 579 | Tony Molesworth   | V70 6   | Chiltern Harriers AC     | 35:44 |
| 7   | 591 | K Pitcairn        | V70 7   | Sevenoaks AC             | 40:12 |
| 8   | 578 | Martyn Cartwright | V70 8   | Chiltern Harriers AC     | 41:25 |
| 9   | 589 | Michael Miller    | V70 9   | Hillingdon AC            | 44:26 |
| 10  | 588 | Richard Johnson   | V70 10  | Hillingdon AC            | 50:22 |

## Masters - Men (Vets) over 60 — TEAM RESULTS

|                 |    |   |               |                  |                    |
|-----------------|----|---|---------------|------------------|--------------------|
| 1 Hillingdon AC | 24 | — | 5 Doug Milsom | 9 Michael Miller | 10 Richard Johnson |
|-----------------|----|---|---------------|------------------|--------------------|

# SEAA Masters Cross Country Championships 2014 at Horspath, Oxford on Saturday 13th December 2014

## Masters - Ladies aged 40 to 44

| Pos | Num | Name                | Cat/Pos | Club                     | Time  |
|-----|-----|---------------------|---------|--------------------------|-------|
| 1   | 68  | Rachel Masser       | L40 1   | Woodstock Harriers AC    | 23:20 |
| 2   | 1   | Sara Rendell        | L40 2   | Alchester RC             | 23:52 |
| 3   | 21  | Jude Craft          | L40 3   | Headington Road Runners  | 24:09 |
| 4   | 53  | Victoria Carter     | L40 4   | Thames Valley Harriers   | 24:13 |
| 5   | 10  | Camilla Bishop      | L40 5   | Brighton & Hove City AC  | 24:19 |
| 6   | 50  | Wendy Walsh         | L40 6   | St Albans Striders       | 24:32 |
| 7   | 46  | Jane Fannine        | L40 7   | Serpentine RC            | 24:33 |
| 8   | 29  | Sarah Davies        | L40 8   | Oxford City AC           | 25:01 |
| 9   | 66  | Denise Bridges      | L40 9   | Woodstock Harriers AC    | 25:56 |
| 10  | 55  | Kate Nunn           | L4010   | Thames Valley Harriers   | 26:32 |
| 11  | 32  | Liz Kipling         | L4011   | Ranelagh Harriers        | 27:02 |
| 12  | 59  | Emma Carter         | L4012   | Winchester & District AC | 27:04 |
| 13  | 60  | Jo Jefferies        | L4013   | Winchester & District AC | 27:37 |
| 14  | 58  | Judith Prior        | L4014   | Trent Park RC            | 29:13 |
| 15  | 67  | Lisa Clarke         | L4015   | Woodstock Harriers AC    | 29:31 |
| 16  | 57  | Emma Pilbeam        | L4016   | Totton                   | 30:08 |
| 17  | 43  | Sacha Kendall-Woods | L4017   | Sandhurst Joggers        | 30:24 |
| 18  | 4   | Katey Ross          | L4018   | Barnet & District AC     | 30:26 |
| 19  | 65  | B Berryman          | L4019   | Woodstock Harriers AC    | 31:46 |
| 20  | 20  | Emma Carter         | L4020   | Headington Road Runners  | 34:53 |
| 21  | 54  | Christine Munden    | L4021   | Thames Valley Harriers   | 37:47 |

## Masters - Ladies aged 45 to 49

| Pos | Num | Name                | Cat/Pos | Club                     | Time  |
|-----|-----|---------------------|---------|--------------------------|-------|
| 1   | 62  | Lucy Elliott        | L45 1   | Winchester & District AC | 22:36 |
| 2   | 61  | Kath Bailey         | L45 2   | Winchester & District AC | 22:50 |
| 3   | 64  | Karen Rushton       | L45 3   | Winchester & District AC | 22:58 |
| 4   | 15  | Clare Elms          | L45 4   | Dulwich Runners AC       | 23:12 |
| 5   | 7   | Joanna Kent         | L45 5   | Barnet & District AC     | 23:23 |
| 6   | 8   | Karen Murphy        | L45 6   | Barnet & District AC     | 24:43 |
| 7   | 63  | Jane Gandee         | L45 7   | Winchester & District AC | 24:50 |
| 8   | 41  | Julie Rayfield      | L45 8   | Reading AC               | 25:06 |
| 9   | 40  | Rosnay Patricia De  | L45 9   | Reading AC               | 25:20 |
| 10  | 38  | Susan Francis       | L4510   | Reading AC               | 25:28 |
| 11  | 36  | Marie Synnott-Wells | L4511   | Ranelagh Harriers        | 25:33 |
| 12  | 42  | Debbie Taylor       | L4512   | Reading AC               | 25:46 |
| 13  | 12  | Cathy Ulliott       | L4513   | Brighton & Hove City AC  | 26:06 |
| 14  | 17  | Andrea Pickup       | L4514   | Dulwich Runners AC       | 26:12 |
| 15  | 11  | Gail Nerurkar       | L4515   | Brighton & Hove City AC  | 26:34 |
| 16  | 56  | Diana Kennedy       | L4516   | Thames Valley Harriers   | 27:22 |
| 17  | 28  | Audra Dennison      | L4517   | Overton Harriers & AC    | 27:27 |
| 18  | 16  | Marjorie Epton      | L4518   | Dulwich Runners AC       | 28:01 |
| 19  | 6   | Helen Hoyle         | L4519   | Barnet & District AC     | 28:16 |
| 20  | 49  | Lisa Petit          | L4520   | Serpentine RC            | 28:27 |
| 21  | 25  | Zoe Dobbs           | L4521   | Hillingdon AC            | 28:49 |
| 22  | 26  | Donna Nash          | L4522   | Hillingdon AC            | 29:45 |
| 23  | 27  | Fiona Towell        | L4523   | Leighton Buzzard AC      | 31:42 |
| 24  | 33  | Evelyn Joslin       | L4524   | Ranelagh Harriers        | 32:06 |

## Masters - Ladies aged 50 to 54

| Pos | Num | Name                | Cat/Pos | Club                        | Time  |
|-----|-----|---------------------|---------|-----------------------------|-------|
| 1   | 139 | Deborah Steer       | L50 1   | St Albans Striders          | 24:25 |
| 2   | 131 | Cath Wheeler        | L50 2   | Overton Harriers & AC       | 24:55 |
| 3   | 102 | Caroline Wood       | L50 3   | Arena 80 AC                 | 25:11 |
| 4   | 149 | Caroline Whittaker  | L50 4   | Watford Harriers            | 25:50 |
| 5   | 128 | Jackie Wastell      | L50 5   | London Heathside            | 26:15 |
| 6   | 100 | Clare Aquilina      | L50 6   | Arena 80 AC                 | 26:19 |
| 7   | 104 | Sarah Boxer         | L50 7   | Barnet & District AC        | 26:33 |
| 8   | 152 | Alison Fenwick      | L50 8   | Winchester & District AC    | 27:43 |
| 9   | 127 | Ray Louise Le       | L50 9   | London Heathside            | 28:03 |
| 10  | 101 | Jenny Hughes        | L5010   | Arena 80 AC                 | 28:43 |
| 11  | 115 | Virginia Bird       | L5011   | Garden City Runners         | 29:14 |
| 12  | 126 | Sally Dawodu-Talabi | L5012   | Istead & Ifield Harriers    | 29:26 |
| 13  | 111 | Patricia Thomas     | L5013   | Ealing Southall & Midddx AC | 30:15 |
| 14  | 145 | Theodosia Green     | L5014   | Trent Park RC               | 30:46 |
| 15  | 134 | Sian Rollings       | L5015   | Reading AC                  | 31:35 |
| 16  | 153 | Lou Walker          | L5016   | Winchester & District AC    | 32:40 |
| 17  | 133 | Ann Gordon          | L5017   | Reading AC                  | 33:42 |
| 18  | 143 | Barbara Maddison    | L5018   | Thames Valley Harriers      | 36:14 |
| 19  | 146 | Christine Read      | L5019   | Trent Park RC               | 37:28 |

## Masters - Ladies aged 55 to 59

| Pos | Num | Name             | Cat/Pos | Club                     | Time  |
|-----|-----|------------------|---------|--------------------------|-------|
| 1   | 132 | Claire Donald    | L55 1   | Purple Patch Runners     | 24:48 |
| 2   | 138 | Pam Iannella     | L55 2   | South London Harriers    | 26:12 |
| 3   | 30  | Gwyneth Hueter   | L55 3   | Oxford City AC           | 27:18 |
| 4   | 130 | Ruth Miller      | L55 4   | London Heathside         | 28:52 |
| 5   | 154 | Joy Radford      | L55 5   | Winchester & District AC | 29:01 |
| 6   | 121 | Lesley Conway    | L55 6   | Hillingdon AC            | 29:07 |
| 7   | 142 | Elizabeth Walls  | L55 7   | St Albans Striders       | 29:16 |
| 8   | 122 | Pauline Fischer  | L55 8   | Hillingdon AC            | 30:05 |
| 9   | 155 | Madeline Vosser  | L55 9   | Winchester & District AC | 30:34 |
| 10  | 108 | Anne Golding     | L5510   | Dunstable Road Runners   | 31:49 |
| 11  | 123 | Wendy Harbottle  | L5511   | Hillingdon AC            | 31:58 |
| 12  | 105 | Linda Dworowski  | L5512   | Barnet & District AC     | 32:33 |
| 13  | 156 | Susan Haines     | L5513   | Woodstock Harriers AC    | 32:50 |
| 14  | 148 | Belinda Harding  | L5514   | Victory AC               | 33:27 |
| 15  | 137 | Carol Wisdom     | L5515   | Serpentine RC            | 33:38 |
| 16  | 120 | Rose Todd        | L5516   | Headington Road Runners  | 33:48 |
| 17  | 147 | Jane Allen       | L5517   | Trent Park RC            | 35:29 |
| 18  | 106 | Kirsty Johnstone | L5518   | Barnet & District AC     | 35:40 |
| 19  | 119 | Mary Russell     | L5519   | Headington Road Runners  | 43:03 |

## Masters - Ladies aged 60 to 64

| Pos | Num | Name           | Cat/Pos | Club                 | Time  |
|-----|-----|----------------|---------|----------------------|-------|
| 1   | 174 | Anna Garnier   | L60 1   | Thames Hare & Hounds | 26:35 |
| 2   | 164 | Maggie Statham | L60 2   | Holland Sports AC    | 26:50 |
| 3   | 163 | Jane Georghiou | L60 3   | Farnham Runners      | 28:44 |
| 4   | 167 | Val Sinclair   | L60 4   | Pitsea RC            | 33:15 |
| 5   | 175 | Rene Pilbeam   | L60 5   | Totton RC            | 34:01 |
| 6   | 173 | Margaret Sills | L60 6   | Serpentine RC        | 34:10 |
| 7   | 170 | Irene Liming   | L60 7   | Reading Road Runners | 34:25 |

## Masters - Ladies aged 65 to 69

| Pos | Num | Name               | Cat/Pos | Club                 | Time  |
|-----|-----|--------------------|---------|----------------------|-------|
| 1   | 162 | Ros Tabor          | L65 1   | Dulwich Runners AC   | 27:19 |
| 2   | 172 | Rita Dykes         | L65 2   | Reading Road Runners | 36:32 |
| 3   | 171 | Cecilia Csemiczky  | L65 3   | Reading Road Runners | 38:24 |
| 4   | 176 | Christine Prescott | L65 4   | Trent Park RC        | 39:11 |

### Masters - Ladies aged 40 to 49 — TEAM RESULTS

|                            |      |                        |                       |                   |
|----------------------------|------|------------------------|-----------------------|-------------------|
| 1 Winchester & District AC | 6 —  | 1 Lucy Elliott         | 2 Kath Bailey         | 3 Karen Rushton   |
| 2 Reading AC               | 51 — | 16 Julie Rayfield      | 17 Rosnay Patricia De | 18 Susan Francis  |
| 3 Barnet & District AC     | 51 — | 6 Joanna Kent          | 13 Karen Murphy       | 32 Helen Hoyle    |
| 4 Brighton & Hove City AC  | 57 — | 10 Camilla Bishop      | 22 Cathy Ulliott      | 25 Gail Nerurkar  |
| 5 Dulwich Runners AC       | 58 — | 4 Clare Elms           | 23 Andrea Pickup      | 31 Marjorie Epton |
| 6 Thames Valley Harriers   | 61 — | 9 Victoria Carter      | 24 Kate Nunn          | 28 Diana Kennedy  |
| 7 Woodstock Harriers AC    | 62 — | 5 Rachel Masser        | 21 Denise Bridges     | 36 Lisa Clarke    |
| 8 Ranelagh Harriers        | 88 — | 19 Marie Synnott-Wells | 26 Liz Kipling        | 43 Evelyn Joslin  |

### Masters - Ladies (Vets) aged 50 to 59 — TEAM RESULTS

|                            |      |                    |                    |                     |
|----------------------------|------|--------------------|--------------------|---------------------|
| 1 Arena 80 AC              | 25 — | 4 Caroline Wood    | 8 Clare Aquilina   | 13 Jenny Hughes     |
| 2 London Heathside         | 33 — | 7 Jackie Wastell   | 12 Ray Louise Le   | 14 Ruth Miller      |
| 3 Winchester & District AC | 48 — | 11 Alison Fenwick  | 15 Joy Radford     | 22 Madeline Vosser  |
| 4 Hillingdon AC            | 62 — | 16 Lesley Conway   | 20 Pauline Fischer | 26 Wendy Harbottle  |
| 5 Barnet & District AC     | 71 — | 9 Sarah Boxer      | 27 Linda Dworowski | 35 Kirsty Johnstone |
| 6 Trent Park RC            | 94 — | 23 Theodosia Green | 34 Jane Allen      | 37 Christine Read   |

### Masters - Ladies (Vets) over 60 — TEAM RESULTS

|                        |      |                |              |                      |
|------------------------|------|----------------|--------------|----------------------|
| 1 Reading Road Runners | 27 — | 8 Irene Liming | 9 Rita Dykes | 10 Cecilia Csemiczky |
|------------------------|------|----------------|--------------|----------------------|