

The Sale Sizzlers - Race 4

at Sale on Thursday 14th August 2014

Sizzler — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time	
1	410	Gareth Raven	V40	1 Sale Harriers Manchester	14:47	
2	366	Ryan Holroyd		Staffs Moorlands AC	14:52	
3	364	Chris Farrell		Horwich R M I Harriers	15:08	
4	351	Joe Steward	U20	1 E Cheshire H & Tameside Ac	15:09	
5	434	Ian Mitchell		Tipton Harriers	15:17	
6	306	Chris Fell		Rossendale Harriers & Ac	15:21	
7	334	Joe Mercer		Horwich R M I Harriers	15:30	
8	321	Kristopher Lecher		City Of Hull Ac	15:31	
9	383	Simon Bruton		Salford Harriers	15:33	
10	808	Damian Nicholls		Wilmslow Running Club	15:35	
11	420	Mike Sawrey		Stockport Harriers & Ac	15:37	
12	326	Harvey Maguire		Tipton Harriers	15:39	
13	195	Robert Webb		Rossendale Harriers & Ac	15:41	
14	28	Jessica Couslon	L	1 Stockport Harriers & Ac	15:43	
15	242	Nigel Martin		Sale Harriers Manchester	15:51	
16	367	Chris McCarthy		Kenilworth Runners	15:52	
17	250	Ben Beattie		Hallamshire Harriers Sheffield	15:53	
18	846	Peter Speake		Wilmslow Running Club	15:55	
19	373	Robert White	V40	2 Buxton & District Ac	15:59	
20	341	Darren Potter	V40	3 Unattached	16:01	
21	278	Mark Ince		Birmingham Running Athletics & Salford Harriers	16:03	
22	450	Rob Hughes		Salford Harriers	16:05	
23	377	Ian Wetherall	V45	1 Sale Harriers Manchester	16:10	
24	356	Christopher Tully		Preston Harriers	16:12	
25	344	Daniel Robinson		Birmingham Running Athletics & Altrincham & District AC	16:14	
26	402	Michael Berks		Altrincham & District AC	16:20	
27	285	Peter Bains		Trafford Athletic Club	16:26	
28	374	John Lloyd		Salford Harriers	16:30	
29	188	David Marsh		Sale Harriers Manchester	16:31	
30	400	Karl Billington		Blackburn Harriers & Ac	16:33	
31	339	James Pearson		City Of Hull Ac	16:37	
32	838	Daniel Ansell		Trafford Athletic Club	16:38	
33	371	Adam Roden	U17	1 Sale Harriers Manchester	16:39	
34	335	Christopher Merchant	V40	4 Rochdale Harriers & Ac	16:41	
35	240	Rob Hughes		Telford AC	16:44	
36	30	Stephen Crook		Stockport Harriers & Ac	16:47	
37	439	Glyn Billington	V40	5 Salford Harriers	16:51	
38	29	Derek Creve	V50	1 Salford Harriers	16:54	
39	180	James Walsh		Unattached	16:59	
40	831	Robert Dewhurst		Liverpool Harriers & Ac	17:00	
41	845	Mile Hatch	V40	6 Sale Harriers Manchester	17:01	
42	336	Andrew Mooney		Sale Harriers Manchester	17:02	
43	248	Alex Bradford		Sale Harriers Manchester	17:03	
44	917	Stephen McCarron		Sale Harriers Manchester	17:05	
45	821	Jim Pendrill	V40	7 Wilmslow Running Club	17:06	
46	848	Chris Donnelly		Sale Harriers Manchester	17:08	
47	914	William Hardman		Unattached	17:09	
48	381	David Hudson		Salford Harriers	17:10	
49	333	Thomas McKee		City Of Hull Ac	17:11	
50	291	Paul Brannigan	V50	2 Todmorden Harriers & Ac	17:12	
51	801	James Cox	V40	8 Knutsford Tri Club	17:13	
52	396	Ashley Crawford		Unattached	17:14	
53	440	Phillip Bennett		Rochdale Harriers & Ac	17:15	
54	16	Phil Burns		Stockport Harriers & Ac	17:17	
55	814	Shoaib Gill		Altrincham & District AC	17:19	
56	403	Dean Fumiss	V45	2 Hallamshire Harriers Sheffield	17:21	
57	406	Mike Toal	V40	9 Northern Veterans Ac	17:23	
58	499	Rob Olliver		Vale Royal Ac	17:25	
59	369	Trevor Morris	V50	3 Wilmslow Running Club	17:25	
60	463	Paul Brooks		Unattached	17:26	
61	70	Llyr Hughes		Manchester Triathlon Club	17:27	
62	370	Peter O'Neill		Sale Harriers Manchester	17:28	
63	217	Glenn Savage	V50	4 Sale Harriers Manchester	17:35	
64	856	Robert Dunn		Sale Harriers Manchester	17:35	
65	54	Paul Griffiths	V40	10 Chorlton Runners	17:36	
66	0	???		???	17:36	
67	5	Paul Barrett		Sale Harriers Manchester	17:37	
68	825	Elton Davies	V40	11 Sale Harriers Manchester	17:37	
69	43	Davis Gee	V60	1 Manchester Harriers & Ac	17:38	
70	438	Hannah Griffiths	L	2 Trafford Athletic Club	17:40	
71	387	Kevin Hunt	V40	12 Preston Harriers	17:42	
72	918	John Mosley		Sale Harriers Manchester	17:43	
73	360	Owen Williams		Lothian Running Club	17:45	
74	832	Mish Abushal		Unattached	17:46	
75	465	Nick Blanchard		Unattached	17:48	
76	398	Oliver Gaillemine	V40	13 Sale Harriers Manchester	17:50	
77	435	Karl Tavini	V45	3 Stockport Harriers & Ac	17:52	
78	867	Julian Currie		Bramhall Runners	17:54	
79	386	Steven Purcell		Rochdale Harriers & Ac	17:54	
80	407	Emma Crowe	L40	1 Wrexham Aac	17:55	
81	392	Martin Tighe	V55	1 Sale Harriers Manchester	17:56	
82	903	Sam Fishwick	U20	2 Unattached	17:57	
83	152	Mandy Vernon	L40	2 Trentham RC	17:58	
84	385	Lee Barratt	V45	4 Stockport Harriers & Ac	17:59	
85	911	Michael Harrington	V40	14 Vale Royal Ac	18:00	
86	868	Simon Currie		Bramhall Runners	18:01	
87	298	Matthew Crimes		Manchester Harriers & Ac	18:02	
88	35	Mike Dixon		Stockport Harriers & Ac	18:03	
89	830	Christopher Hall		Unattached	18:04	
90	459	Niklas Hoffmann	U20	3 ASV Duisburg Germany	18:05	
91	281	David Almond	V45	5 Blackburn Harriers & Ac	18:06	
92	844	Robert Metcalf		Altrincham & District AC	18:08	
93	128	Mike Shaw	V50	5 Stockport Harriers & Ac	18:09	
				94 458 Shane Wolstencroft	18:10	
				95 425 Andrew Given	18:11	
				96 143 Max Thickett	18:12	
				97 389 Joe Donoghue	18:14	
				98 126 Mark Seed	18:15	
				99 276 Ian Douglas	18:16	
				100 294 Mohammed Butt	18:17	
				101 105 Gareth Miller	18:17	
				102 842 Dylan Stannay	18:18	
				103 404 Shaun Moran	18:19	
				104 408 George Coulson	18:20	
				105 464 Simon Bomp	18:20	
				106 394 Chris Burgess	18:21	
				107 430 Steve Martin	18:22	
				108 200 Steve McLean	18:23	
				109 901 Gary Wilcock	18:23	
				110 323 Mark Leggett	18:24	
				111 452 Michael Robbins	18:25	
				112 412 Matt Shaw	18:26	
				113 98 Dan Martell	18:29	
				114 806 Francis Sweeney	18:33	
				115 284 Paul Bagan	18:37	
				116 866 Robert Currie	18:37	
				117 826 Sarah Cumber	18:38	
				118 405 Dave Ainsworth	18:38	
				119 75 Shaun Jackson	18:39	
				120 274 John Williams	18:40	
				121 349 Harry Stainton	18:43	
				122 455 James Paybody	18:47	
				123 924 Frank Podd	18:52	
				124 263 Rob Cawley	18:52	
				125 50 Adam Green	18:52	
				126 500 Phil Ramsey	18:52	
				127 482 Mark Fox	18:53	
				128 365 Mike Hodson	18:53	
				129 348 Andy Smalley	18:54	
				130 311 Andrea Hilldrup	18:54	
				131 137 Paul Stephens	18:55	
				132 442 Sue Becconsall	18:55	
				133 462 Ian Jones	18:56	
				134 384 Kevin Edwards	18:56	
				135 165 David Bouny	18:57	
				136 83 Ali Kell	18:58	
				137 376 Alasdair Wright	18:58	
				138 288 Louise Blizard	18:59	
				139 486 Chris Jones	19:00	
				140 498 David Allinson	19:01	
				141 69 David Howell	19:02	
				142 46 John Goggins	19:03	
				143 359 Hannah Whitelam	19:05	
				144 492 Joseph Dillon	19:07	
				145 110 Stewart Nunn	19:07	
				146 355 Stephen Thompson	19:07	
				147 302 Julian Dickinson	19:08	
				148 401 Simon Hilton	19:08	
				149 53 Robbie Greenslade	19:08	
				150 802 Ryan Greer	19:09	
				151 813 Emma Finney	19:09	
				152 36 Sarah Douglas	19:09	
				153 135 Ian Stainthorpe	19:10	
				154 817 Ben Hardman	19:10	
				155 833 Charlotte Wilson	19:11	
				156 290 Chris Bramwell	19:12	
				157 41 Paul Garnett	19:13	
				158 330 Tony McCarthy	19:14	
				159 88 Lok Li	19:15	
				160 113 Stephen Parry	19:19	
				161 910 Matt Whitehead	19:21	
				162 277 Paul Collins	19:22	
				163 331 Neil McGraw	19:23	
				164 338 Helen Murray	19:24	
				165 850 Denis Powell	19:25	
				166 925 Kristian Spreckley	19:26	
				167 497 James Hinde	19:28	
				168 241 Josie Maley	19:28	
				169 15 Steve Bunker	19:29	
				170 320 Andy Land	19:29	
				171 441 Paul Stevenson	19:30	
				172 21 Anne Chinoy	19:32	
				173 73 Mark Hunter	19:34	
				174 372 Kathy Wellam	19:36	
				175 51 Chris Green	19:38	
				176 358 Richard Wallace	19:40	
				177 483 Lee Harwell	19:41	
				178 166 Jason Brogan	19:42	
				179 454 Chloe Broad	19:43	
				180 472 Rob Heggs	19:44	
				181 397 Jayne Lawton	19:45	
				182 224 Krzysztof Zacharski	19:46	
				183 432 Nick Barton	19:47	
				184 79 Tim Jorgenson	19:48	
				185 196 Andrew Holland	19:49	
				186 317 Martin Jennings	19:50	
				V40	15 Knutsford Tri Club	18:10
				Unattached	18:11	
				V45	6 Stockport Harriers & Ac	18:12
				U20	4 Red Rose Road Runners	18:14
				V45	7 Salford Harriers	18:15
				Rochdale Harriers & Ac	18:16	
				Royston Road Runners	18:17	
				Sale Harriers Manchester	18:17	
				U20	5 Sale Harriers Manchester	18:18
				V55	2 Astley & Tyldesley Road Runner	18:19
				Unattached	18:20	
				V40	16 Sale Harriers Manchester	18:20
				Wigan & District H & Ac	18:21	
				Knutsford Tri Club	18:22	
				V50	6 Southport Waterloo Ac	18:23
				V50	7 Macclesfield Harriers & Ac	18:23
				V50	8 Spencborough & Dist Ac	18:24
				V50	9 Wrexham Aac	18:25
				Swinton Running Club	18:26	
				Altrincham & District AC	18:29	
				V50	10 Sale Harriers Manchester	18:33
				Lymm Runners	18:37	
				V55	3 Bramhall Runners	18:37
				L40	3 Halifax Harriers & Ac	18:38
				V55	4 Altrincham & District AC	18:38
				V40	17 Altrincham & District AC	18:39
				Bramhall Runners	18:40	
				U17	2 Bury Athletic Club	18:43
				Unattached	18:47	
				V45	8 Bramhall Runners	18:52
				V50	11 Stockport Harriers & Ac	18:52
				Warrington Athletic Club	18:52	
				Bramhall Runners	18:52	
				Sale Harriers Manchester	18:53	
				V40	18 Bramhall Runners	18:53
				V45	9 Horwich R M I Harriers	18:54
				L35	1 Lymm Runners	18:54
				Salford Harriers	18:55	
				L55	1 Bingley Harriers & Ac	18:55
				Sale Harriers Manchester	18:56	
				V45	10 Wigan & District H & Ac	18:56
				Unattached	18:57	
				V45	11 Sale Harriers Manchester	18:58
				V45	12 Unattached	18:58
				L35	2 Belgrave Harriers	18:59
				Salford Harriers	19:00	
				Sale Harriers Manchester	19:01	
				V40	19 Stockport Harriers & Ac	19:02
				Knutsford Tri Club	19:03	
				L	9 Hallamshire Harriers Sheffield	19:05
				V45	13 Leigh Harriers & Ac	19:07
				Unattached	19:07	
				V50	12 Vale Royal Ac	19:07
				V40	20 Lymm Runners	19:08
				V45	14 Stockport Harriers & Ac	19:08
				V40	21 Sale Harriers Manchester	19:08
				Team Dean Tri	19:09	
				L	10 Sale Harriers Manchester	19:09
				L	11 Sale Harriers Manchester	19:09
				V50	13 Rochdale Harriers & Ac	19:10
				Team Dean Tri	19:10	
				L	12 Liverpool Harriers & Ac	19:11
				Unattached	19:12	
				V50	14 Wilmslow Running Club	19:13

187	300 Jim Dawson	V5020	Lymm Runners	19:51	288	57 Nick Ham	V5030	Stockport Harriers & Ac	21:45
188	847 William Keeling	V4518	Knutsford Tri Club	19:52	289	468 Martin Dilworth	V4532	Unattached	21:46
189	122 Gareth Redston		Trafford Athletic Club	19:53	290	906 Brad Ehlen	V4040	Spectrum Striders	21:48
190	191 Michael Dolan	V4519	Unattached	19:54	291	916 Edward Taylor	V4533	Knutsford Tri Club	21:49
191	375 Les Hill	V55	7 Dumfries RC	19:55	292	457 Charles Butcher		Unattached	21:50
192	173 Roberto Raso	V5021	Manchester Frontrunners	19:56	293	150 David Turton	V5517	Stockport Harriers & Ac	21:51
193	127 Chris Sewart		Manchester Harriers & Ac	19:58	294	117 Tristan Pocock	V4041	Dragons Running Club (sale)	21:52
194	171 Chris Oloughlin		Unattached	20:06	295	843 Jill Fox	L50	2 Manchester Harriers & Ac	21:53
195	433 Stuart Jones		Team Dean Tri	20:06	296	289 Bill Boynton	V70	1 Congleton H & Ac	21:54
196	923 Darren McMurray	V4027	Unattached	20:07	297	153 Georgina Walker	L35	4 Lymm Runners	21:55
197	206 Giles Bennett	V4520	Bury Athletic Club	20:07	298	297 Peter Cresswell		Unattached	21:56
198	473 Robin Beaumont	V4521	Trafford Athletic Club	20:08	299	179 Steveland Surridge		Sale Harriers Manchester	21:58
199	827 Geoff Cumber	V60	2 Halifax Harriers & Ac	20:08	300	904 Alistair Tanner	V4042	Unattached	22:00
200	815 Craig Sykes	V4028	Rochdale Harriers & Ac	20:09	301	862 Nicola Lloyd	L35	5 Bramhall Runners	22:02
201	193 Jacob Smiles		Chorlton Runners	20:09	302	267 Nick Pendleton	V4043	Unattached	22:05
202	130 Duncan Shuttleworth	V55	8 Unattached	20:10	303	428 Margaret Bullock	L50	3 Altrincham & District AC	22:10
203	803 Tom Feehally		Unattached	20:11	304	332 Neville McGraw	V65	3 Glossopdale Harriers	22:12
204	816 Anna Blomfield	L50	1 Rochdale Harriers & Ac	20:12	305	132 Martin Smedley	V60	6 Sale Harriers Manchester	22:15
205	134 Jerry Smith	V55	9 Sale Harriers Manchester	20:13	306	64 Jon Holmes	V4044	Stockport Harriers & Ac	22:18
206	496 Glyn Williams	V4522	Salford Harriers	20:14	307	443 Philip Tugwell	V4534	Spectrum Striders	22:18
207	477 Rebecca Robinson	L	20 Royton Road Runners	20:15	308	811 Jenny Fox	L35	6 Unattached	22:19
208	204 Mark Taylor	V4029	Royton Road Runners	20:15	309	119 Timothy Rainey	V4535	Sale Harriers Manchester	22:20
209	393 Christian Eagle	V4030	Stockport Harriers & Ac	20:16	310	324 Brenda Lewis	L50	4 Styal Running Club	22:21
210	91 Kieran Lomas		Unattached	20:17	311	840 Alan Lamb	V4536	Unattached	22:22
211	480 Andrew Mainwaring	V4031	Stockport Harriers & Ac	20:18	312	822 Nick Roberts	V4537	Stockport Harriers & Ac	22:22
212	920 Simon Clarke		Chorlton Runners	20:19	313	805 Louise Harrison	L40	8 Stockport Harriers & Ac	22:23
213	380 Paul Wilcockson	V4032	Horwich R M I Harriers	20:20	314	828 Samantha Jones	L	45 Stockport Harriers & Ac	22:24
214	186 Graham Tracey	V4033	Vegetarian C & AC	20:21	315	249 Amy Barter	L	46 Stockport Harriers & Ac	22:25
215	423 Martin Kaine	V4523	Stoke FIT	20:22	316	913 Hilary West	L55	4 Stockport Harriers & Ac	22:26
216	114 Craig Partridge	V4524	Altrincham & District AC	20:23	317	251 Ken Burgess	V70	2 Altrincham & District AC	22:27
217	265 Janine Ellis	L45	2 Wilmslow Running Club	20:24	318	475 Mark Todman		Knutsford Tri Club	22:29
218	413 Simon Pail		Swinton Running Club	20:24	319	13 Mark Brett	V4538	Unattached	22:31
219	437 Nigel Fielden	V60	3 Sale Harriers Manchester	20:25	320	908 James Bell	V4539	Styal Running Club	22:33
220	485 Chris Swift		Unattached	20:25	321	175 Linda Rix	L50	5 Manchester Frontrunners	22:34
221	446 AnnMarie Jones	L60	1 Altrincham & District AC	20:26	322	361 Michael Winstanley	V65	4 Rochdale Harriers & Ac	22:35
222	315 Matthew Jackson	V4525	Styal Running Club	20:27	323	461 Catherine Jones	L35	7 Sale Harriers Manchester	22:36
223	390 Pete Brown	V4034	Unattached	20:28	324	293 Richard Brown		Knutsford Tri Club	22:37
224	322 Lesley Leggett	L55	2 Denby Dale Travellers	20:30	325	145 John Thompson	V4045	Helsby (bicc) Running Club	22:38
225	0 ???	???	???	20:32	326	6 Paul Basnett	V4540	Astley & Tyldesley Road Runner	22:39
226	184 Michael Wymmer	V4035	Sale Harriers Manchester	20:34	327	312 Anthony Hilton		Lymm Runners	22:41
227	857 Andy Haworth	V4036	Bramhall Runners	20:36	328	20 V Chadwick-Dunbar	L40	9 Bramhall Runners	22:42
228	345 Phil Rowen	V4037	Unattached	20:39	329	260 Andrew Dooley	V5518	Styal Running Club	22:43
229	194 Trace Peters	L	24 Southport Waterloo Ac	20:42	330	201 Julie Hamilton	L35	8 Swinton Running Club	22:44
230	395 Lauren Morley	L	25 Oswestry Olympians	20:45	331	266 Richard O'Regan	V4541	Manchester Harriers & Ac	22:45
231	841 James Smith	V4038	Wrexham Aac	20:45	332	471 Mark Corcoran	V4542	Bramhall Runners	22:45
232	812 Bill Fox	V60	4 Sale Harriers Manchester	20:46	333	40 Helen Fraser	L50	6 Stockport Harriers & Ac	22:46
233	427 Matthew Rabone		Unattached	20:47	334	178 Sally Stevens	L	53 Unattached	22:47
234	26 Jackie Cordingley	L55	3 Sale Harriers Manchester	20:47	335	93 Loraine Lucas	L55	5 Unattached	22:48
235	253 Crispin Miller	V4039	Sale Harriers Manchester	20:48	336	163 Sarah Wood	L4010	Stockport Harriers & Ac	22:49
236	436 Jill Tavini	L40	5 Stockport Harriers & Ac	20:49	337	27 Paul Corner	V4046	Stockport Harriers & Ac	22:50
237	254 Tony Park	V5022	Stockport Harriers & Ac	20:49	338	84 Denis Kelly	V4543	Manchester Harriers & Ac	22:51
238	416 Stephen Sharrocks	V4526	Stockport Harriers & Ac	20:50	339	491 Lauren Davies	L	56 Sale Harriers Manchester	22:52
239	197 Mark Brady		Swinton Running Club	20:50	340	183 Harriet Windebank	L	57 Sale Harriers Manchester	22:53
240	481 Tim Norman	V5510	Cheshire Tally Ho. H & H	20:51	341	169 Rebecca Mills	L	58 Swinton Running Club	22:54
241	154 Kieron Walsh	V5511	Unattached	20:51	342	391 ShuLing Li	L	59 Unattached	22:56
242	56 Richard Hall	V4527	Bramhall Runners	20:52	343	809 Rachel Domone	L4011	Rossendale Harriers & Ac	22:59
243	921 Richard Skitt		Unattached	20:53	344	76 Alan Jenkinson	V65	5 Styal Running Club	23:01
244	342 Mike Race	V5512	Salford Metropolitan Ac	20:54	345	460 Mansel Pope	V60	7 Altrincham & District AC	23:03
245	835 Nigel Burke	V5023	Salford Metropolitan Ac	20:55	346	39 Dave Farmer	V65	6 Sale Harriers Manchester	23:11
246	411 Martin Blackman	V5024	Stockport Harriers & Ac	20:56	347	849 Jim Lambe	V5031	Sale Harriers Manchester	23:12
247	203 John Battersby	V5513	Sale Harriers Manchester	20:57	348	44 Michael Gibbons	V5519	Bramhall Runners	23:13
248	422 Steve Fairclough	V4528	Bramhall Runners	20:58	349	325 Keith Lewthwaite	V60	8 Horwich R M I Harriers	23:14
249	74 Sonya Hynes	L	28 Manchester Harriers & Ac	20:59	350	493 Helen Hall	L	61 Bramhall Runners	23:18
250	22 Anthony Collier	V5514	Styal Running Club	21:01	351	818 Paul Horrocks		Lymm Runners	23:20
251	448 William Prout	V5515	Salford Metropolitan Ac	21:03	352	147 Helen Todd	L60	3 Stockport Harriers & Ac	23:22
252	363 Daniel Brawn		Unattached	21:03	353	388 Jonathan Clarke	V4544	Styal Running Club	23:23
253	487 Neil Gallagher		Team Dean Tri	21:04	354	138 Laura Stevenson	L	63 Dragons Running Club (sale)	23:24
254	418 Frank Cordingley	V5025	Sale Harriers Manchester	21:05	355	77 Huw Jones	V5032	Lymm Runners	23:26
255	912 Alan Williams	V5026	Altrincham & District AC	21:06	356	198 Geoff Beattie	V60	9 Sale Harriers Manchester	23:29
256	97 Stuart Mairs		Salford Metropolitan Ac	21:07	357	116 John Pickup	V5033	Swinton Running Club	23:30
257	125 Graham Saunders		Manchester Harriers & Ac	21:09	358	14 Andy Brown	V6010	Stockport Harriers & Ac	23:32
258	209 David Chrystie-Lowe	V5516	Stockport Harriers & Ac	21:11	359	354 Aidan Thomas	V5034	Styal Running Club	23:34
259	863 Mark Anderson		Unattached	21:13	360	49 Stephen Granville	V5520	Middleton Harriers Ac	23:36
260	124 Michael Rogers		Dragons Running Club (sale)	21:13	361	864 Warren Siddall	V4545	Unattached	23:38
261	31 Joshua Darby		Unattached	21:13	362	140 Martin Stratton		Unattached	23:40
262	212 Tracey Jones	L	29 Dragons Running Club (sale)	21:14	363	48 Louis Granelli	V4546	Unattached	23:42
263	3 Amie Bagnall	L	30 Prestatyn RC	21:14	364	185 Susan Crehan	L55	6 Sale Harriers Manchester	23:44
264	484 Alan Turner	V4529	Wilmslow Running Club	21:15	365	470 Paul McErlean		Unattached	23:48
265	466 David Telford	V65	1 Altrincham & District AC	21:16	366	160 Chris Williams	V4047	Unattached	23:51
266	804 Nigel Harrison	V5027	Stockport Harriers & Ac	21:17	367	905 Katie McPartland	L35	9 Unattached	23:54
267	476 Guy Holland		Team Dean Tri	21:18	368	819 Jamie Bradbury		Lymm Runners	23:57
268	168 Gareth Maher		Bramhall Runners	21:19	369	86 Graham Kitchen	V5035	Dragons Running Club (sale)	24:00
269	214 Janice Needham	L60	2 Rochdale Harriers & Ac	21:19	370	139 Claire Stott	L	66 Bramhall Runners	24:02
270	329 Deirdre McCarthy	L	32 Sale Harriers Manchester	21:20	371	494 Mel Smith	V6011	Unattached	24:05
271	89 Paul Lockett		Winston Runners	21:20	372	453 Nicola Pickford	L35	10 Bramhall Runners	24:06
272	102 Andy Melvin	V4530	Stockport Harriers & Ac	21:21	373	319 Michael Kane	V4048	Unattached	24:08
273	926 Niteh Samuel		Unattached	21:21	374	156 Sue Waring	L50	7 Stockport Harriers & Ac	24:10
274	221 Helen Smith	L45	3 Vale Royal Ac	21:22	375	449 Mike Lomas		Unattached	24:11
275	865 Gareth Crook		Unattached	21:22	376	213 Ann McLaughlin	L50	8 Manchester Harriers & Ac	24:13
276	170 Julia Norris	L35	3 Dragons Running Club (sale)	21:23	377	928 Michael Ennis	V4049	Unattached	24:14
277	378 Michael Charman	V60	5 Spectrum Striders	21:24	378	282 Sophie Anderson	L	70 Lymm Runners	24:16
278	25 Andy Cordes	V4531	Bramhall Runners	21:25	379	353 Paulette Storey	L60	4 Swinton Running Club	24:21
279	63 Tony Hillier	V65	2 E Cheshire H & Tameside Ac	21:27	380	447 Claire Logan	L4012	Wilmslow Running Club	24:27
280	151 Michelle Vaughan	L40	6 E Cheshire H & Tameside Ac	21:28	381	286 Angela Bamford	L50	9 Altrincham & District AC	24:28
281	158 Darren Whalen		Unattached	21:30	382	109 Dorothy Muldoon	L45	5 Winston Runners	24:29
282	144 Samantha Thomas	L40	7 Stockport Harriers & Ac	21:31	383	287 Piers Beardall	V4050	Winston Runners	24:31
283	834 Huma Rahman	L45	4 Wilmslow Running Club	21:33	384	258 Jane Brown	L45	6 Stockport Harriers & Ac	24:32
284	80 Martin Joyce	V5028	Manchester Harriers & Ac	21:35	385	445 Alexis Dinsmor	L65	1 Stockport Harriers & Ac	24:33
285	123 John Richards		Stockport Harriers & Ac	21:38	386	854 Mike Ford		Unattached	24:34
286	357 Jeff Upton	V5029	Unattached	21:41	387	419 Alan Halman	V70	3 Styal Running Club	24:36
287	927 Richard Stringer		Unattached	21:43	388	202 Tom Marler		Chorlton Runners	24:37

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk

Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

SportSoft

389	239 Lisa Crompton	L35 11 Dragons Running Club (sale)	24:39	442	474 V Townley	V6016 Unattached	27:17
390	299 John Croall	V5521 Lymm Runners	24:40	443	327 Karen Mairs	L 110 Unattached	27:19
391	142 Paul Taylor	V4051 Bramhall Runners	24:42	444	218 Kath Sellers	L35 15 Unattached	27:21
392	346 Kay Shaw	L40 13 Styal Running Club	24:45	445	216 Jillian Probert	L40 19 Unattached	27:23
393	101 Jean Mellor	L40 14 Swinton Running Club	24:49	446	444 Ron Hill	V75 2 Clayton Le Moors Harriers	27:24
394	417 Louise Weller	L50 10 Styal Running Club	24:52	447	399 David Billington	V4054 Blackburn Harriers & Ac	27:26
395	467 Hannah LeBon	L35 12 Chorlton Runners	24:56	448	479 Emma Kennedy	L 113 Royton Road Runners	27:27
396	414 Sam Fazackerley	L45 7 Manchester Harriers & Ac	24:59	449	303 Neil Edwards	V5040 Unattached	27:29
397	207 Edyta Burgess	L35 13 Unattached	25:02	450	337 Julia Moore	L45 17 Rochdale Harriers & Ac	27:30
398	839 Paul Allum	V4052 Unattached	25:13	451	429 Grace Smedley	L35 16 Unattached	27:32
399	176 Maria Royal	L55 7 Manchester Harriers & Ac	25:15	452	490 Alison Leader	L35 17 Team Dean Tri	27:34
400	431 Joanne Walsh	L45 8 Rochdale Harriers & Ac	25:18	453	275 Peter Doherty	V6017 Northern Veterans Ac	27:37
401	853 Alan Ford	V6012 Unattached	25:22	454	489 Lyndsey Parsisson	L35 18 Team Dean Tri	27:40
402	162 Andrew Wilson	V5036 Unattached	25:26	455	59 Jill Hatton	L35 19 Dragons Running Club (sale)	27:43
403	836 Julie McGuinness	L40 15 Unattached	25:28	456	304 Rosa Elliott	L50 11 Sale Harriers Manchester	27:47
404	451 Suzanne Crampton	L45 9 Dragons Running Club (sale)	25:32	457	292 Marinda Breddy	L45 18 Sale Harriers Manchester	28:07
405	24 Joseph Connor	Bramhall Runners	25:39	458	108 Sally Moston	L45 19 Bramhall Runners	28:18
406	915 Miranda Taylor	L45 10 Knutsford Tri Club	25:46	459	237 Kath Jones	L50 12 Bramhall Runners	28:40
407	94 Jennifer Lutton	L 89 Manchester Triathlon Club	25:46	460	236 Graham Millington	V4055 Wigan & District H & Ac	28:40
408	82 Jon-Paul Kearns	V4053 Stockport Harriers & Ac	25:47	461	255 Helen Shan	L 123 Unattached	28:41
409	85 Angela Kerslake	L40 16 Stockport Harriers & Ac	25:48	462	902 Gillian Goldsborough	L40 20 Dragons Running Club (sale)	28:42
410	869 Michael Owen	V4547 Trafford Athletic Club	25:48	463	426 Karen Heggs	L 125 Unattached	28:44
411	488 Neil Johnson	V5037 Unattached	25:49	464	247 Dawn Gallen	L 126 Manchester Harriers & Ac	28:48
412	478 Clare Markland	L 91 Team Dean Tri	25:50	465	851 Stacey Coleman	L 127 Unattached	28:52
413	409 Rachael Wildgoose	L 92 Unattached	25:51	466	66 Chris Horricks	Dragons Running Club (sale)	28:59
414	182 Susannah Williams	L 93 Unattached	25:52	467	148 Sharon Toolin	L40 21 Hyde Village Striders Rc	29:16
415	72 Diane Hunter	L45 11 Altrincham & District AC	25:53	468	855 Alison Wright	L 129 Bramhall Runners	29:27
416	33 Colin Davies	V6013 Altrincham & District AC	25:57	469	141 Clare Taylor	L40 22 Unattached	29:30
417	824 Peter Battersby	V6014 Unattached	26:02	470	307 Danielle Fillingham	U20 2 Unattached	29:44
418	90 Kerry Lomas	L 95 Unattached	26:07	471	280 Leanne Murray	L 132 Dragons Running Club (sale)	29:46
419	810 Mandy Beard	L45 12 Swinton Running Club	26:08	472	907 Michael Abrahams	V4056 Goyt Valley Striders	29:48
420	318 Amy Jones	L 97 Unattached	26:10	473	859 Philip Smith	V5041 Unattached	29:54
421	111 Joe Park	V75 1 Cheshire Tally Ho. H & H	26:11	474	852 Jane Ford	L55 11 Unattached	30:00
422	837 Neil McGuinness	Unattached	26:12	475	922 Joanne Roe	L 134 Unattached	30:02
423	12 Deborah Beresford	L45 13 Manchester Harriers & Ac	26:14	476	279 Helen Stevens	L35 20 Chorlton Runners	30:05
424	301 David Denton	V5038 Unattached	26:21	477	190 Chris Sagar	V4549 Hyde Village Striders Rc	30:08
425	189 Paul Taylor	V5522 Oldham & Royton H & Ac	26:29	478	167 Patricia Clarke	L 136 Bramhall Runners	30:12
426	270 Catherine Dodsworth	L40 17 Dragons Running Club (sale)	26:32	479	38 Stephen Dunn	V5523 Unattached	30:14
427	283 Russ Arrowsmith	V5039 Unattached	26:35	480	269 David Skeels	V5042 Unattached	30:16
428	62 Brian Higgins	V6015 Styal Running Club	26:39	481	268 Caroline Skeels	L45 20 Unattached	30:35
429	100 Robert McLean	Rochdale Harriers & Ac	26:40	482	133 Clare Smith	L45 21 Bramhall Runners	30:39
430	421 Julie Fairclough	L45 14 Bramhall Runners	26:42	483	308 Tony Fillingham	V4057 Unattached	30:44
431	823 Paul Smith	V4548 Unattached	26:44	484	829 Bill Yale	V6018 Unattached	30:48
432	112 Shelley Parkinson	L55 8 Chorley Ac & Tri	26:46	485	820 Jean Bayley	L50 13 Manchester Harriers & Ac	30:53
433	7 Susan Bean	L60 5 Swinton Running Club	26:56	486	379 Steph Charman	L60 6 Spectrum Striders	31:19
434	104 Christine Miles	L55 9 Bramhall Runners	26:59	487	155 Derek Walton	V70 4 Altrincham & District AC	31:45
435	310 Cath Gray	L 104 Unattached	27:01	488	858 Lynne Smith	L45 22 Unattached	32:20
436	919 Carolyn Watts	L35 14 Unattached	27:04	489	118 Diana Powell	L55 12 Bramhall Runners	32:57
437	58 Glyn Hathaway	Unattached	27:10	490	192 Catherine Cutts	L 143 Chorlton Runners	33:28
438	129 Barbara Shuttleworth	L55 10 Unattached	27:11	491	99 Rebecca Martin	L35 21 Unattached	33:59
439	495 Jo Houghton	L45 15 Unattached	27:12	492	67 Geoff Howarth	V75 3 Unattached	34:13
440	469 Joan Cooke	L40 18 Astley & Tyldesley Road Runner	27:13	493	272 Jean Skitt	L70 1 Manchester Harriers & Ac	36:07
441	352 Niki Stockton	L45 16 Unattached	27:15	494	456 Arthur Walsham	V80 1 Salford Harriers	39:02