

Position	Race No	First Name	Surname	Gender	Age	Club	Time
1	265	BEN	FISH	M	32	BLACKBURN HARRIERS	0:32:33
2	300	Andy	Norman	M	33	ALTRINCHAM & DISTRICT AC	0:33:55
3	218	James	Scott-Buccleuch	M	35	Stockport Harriers & AC	0:35:00
4	275	Michael	Berks	M	31	ALTRINCHAM & DISTRICT AC	0:36:17
5	289	James	Corden	M	43	Stockport Harriers & AC	0:37:22
6	180	James	Moles	M	40	MANCHESTREER FRONTRUNNERS	0:37:50
7	279	Iain	Murdoch	M	40	U/A	0:38:09
8	153	PHIL	BURNS	M	35	Stockport Harriers & AC	0:38:13
9	165	Stephen	Crook	M	37	Stockport Harriers & AC	0:38:28
10	254	Paul	Brooks	M	39	U/A	0:39:09
11	148	CHARLIE	BATHO	M	45	Stockport Harriers & AC	0:39:23
12	139	MIKE	DIXON	M	37	Stockport Harriers & AC	0:39:39
13	278	Tony	Potts	M	39	Stockport Harriers & AC	0:39:53
14	158	JAY	WOOD	M	16	Stockport Harriers & AC	0:40:00
15	314	Matthew	Whittaker	M	35	U/A	0:40:05
16	311	Bozhidar	Kasabov	M	37	Wigan Harriers & AC	0:40:16
17	199	Roger	Whitehead	M	49	BRAMHALL RUNNERS	0:40:27
18	233	MAX	THICKETT	M	45	Stockport Harriers & AC	0:40:36
19	154	ELIZABETH	APSLEY	F	17	Stockport Harriers & AC	0:40:47
20	116	ROB	CAWLEY	M	51	Stockport Harriers & AC	0:41:05
21	248	Robert	Fairbanks	M	36	U/A	0:41:15
22	264	Luke	Saxton	M	33	U/A	0:41:18
23	187	Darren	Jackson	M	40	Wigan Harriers & AC	0:41:24
24	136	PAUL	ABRAHAM	M	42	ALTRINCHAM & DISTRICT AC	0:41:25
25	298	Andy	Given	M	30	U/A	0:41:26
26	242	Matt	Moran	M	33	BRAMHALL RUNNERS	0:41:27
27	231	Sharon	Johnstone	F	41	WILMSLOW RUNNING CLUB	0:41:29
28	262	DAVID	APSLEY	M	49	U/A	0:41:37
29	303	Joe	Swarbrick	M	58	Red Rose Road Runners	0:41:45
30	258	Phil	Ramsey	M	39	BRAMHALL RUNNERS	0:41:56
31	268	Kerry	Wood-Doyle	F	48	Stockport Harriers & AC	0:42:23
32	215	Simon	Hilton	M	48	Stockport Harriers & AC	0:42:30
33	207	Edward	Whytock	M	33	U/A	0:42:45
34	302	Andy	Smalley	M	48	Horwich RMI Harriers	0:42:47
35	111	IAN THOMAS	MULLIGAN	M	47	Stockport Harriers & AC	0:42:57
36	138	TONY	HART	M	47	OLDHAM & ROYTON HARRIERS	0:43:09
37	190	Andrew	Mainwaring	M	40	Stockport Harriers & AC	0:43:48
38	119	DAVID	CHAMBERS	M	35	U/A	0:44:02
39	197	Andrew	Kirk	M	33	U/A	0:44:05
40	270	Graham	Tracey	M	43	Vegetarian Cycling & Athletic Club	0:44:18
41	228	Bev	Ganose	F	50	ALTRINCHAM & DISTRICT AC	0:44:19
42	175	Lauren	Marsden	F	42	SWINTON RUNNING CLUB	0:44:23
43	273	David	Chadderton	M	67	Stockport Harriers & AC	0:44:28
44	250	PAUL	CORNER	M	44	Stockport Harriers & AC	0:44:30
45	304	Matthew	Swarbrick	M	32	U/A	0:44:47
46	114	JAMES	KEMP	M	45	U/A	0:44:49
47	272	David	Mellor	M	62	Stockport Harriers & AC	0:44:50
48	196	David	Howell	M	43	Stockport Harriers & AC	0:44:52
49	195	Tony	Park	M	52	Stockport Harriers & AC	0:44:59
50	123	LESLEY	SINCLAIR	F	50	Stockport Harriers & AC	0:45:06
51	101	DAVID	CHRYSTIE-LOWE	M	56	Stockport Harriers & AC	0:45:17
52	172	Chris	Green	M	22	Longwood Harriers AC	0:45:18
53	306	Sam	Evans	M	32	U/A	0:45:27
54	162	DARREN	HALES	M	42	Stockport Harriers & AC	0:45:31
55	239	Andy	Cordes	M	45	BRAMHALL RUNNERS	0:45:33
56	200	Phillip	Whittle	M	35	U/A	0:45:36
57	104	NICK	HAM	M	50	Stockport Harriers & AC	0:45:40
58	245	GARETH	SWIFT	M	34	U/A	0:45:50
59	283	Christopher	Cowley	M	41	Stockport Harriers & AC	0:45:55
60	222	Samantha Jane	Thomas	F	40	Stockport Harriers & AC	0:46:06
61	133	COLIN	SHORE	M	42	U/A	0:46:07
62	113	IAN	MAKIN	M	33	U/A	0:46:12
63	252	CHRISTIAN	EAGLE	M	39	Stockport Harriers & AC	0:46:18
64	276	Carolyn	Sharp	F	33	U/A	0:46:23

65	226	Nicola	Lloyd	F	35	Bramhall Runners	0:46:27
66	188	Andrew	Penney	M	42	U/A	0:46:33
67	320	Simon	Shaw	M	40	Bramhall Runners	0:46:39
68	127	JASON	STEADMAN	M	43	U/A	0:46:40
69	135	ANDY	MELVIN	M	45	Stockport Harriers & AC	0:46:45
71	141	VICTORIA	GALBRAITH	F	40	U/A	0:46:48
70	102	TONY	HILLIER	M	66	EAST CHESHIRE HARRIERS	0:46:49
72	211	Matt	Crompton	M	36	U/A	0:47:00
73	299	Gary	Yates	M	46	U/A	0:47:07
74	255	Stephen	Sharrocks	M	49	Stockport Harriers & AC	0:47:20
75	126	COLIN	DAVIES	M	64	ALTRINCHAM & DISTRICT AC	0:47:22
76	159	JOHN	RICHARDS	M	35	Stockport Harriers & AC	0:47:29
77	246	Nico	Gibert	M	40	MANCHESTRER FRONTRUNNERS	0:47:40
78	235	Claire	MacNeill	F	38	Stockport Harriers & AC	0:47:50
79	203	Alan	Williams	M	54	ALTRINCHAM & DISTRICT AC	0:47:54
80	192	Joe	Hodgkinson	M	29	U/A	0:47:57
81	249	RICHARD	HALL	M	47	BRAMHALL RUNNERS	0:48:03
82	307	Kieran	Smallbone	M	34	Chorlton Runners	0:48:27
83	294	Guillaume	Bonnaure	M	23	U/A	0:48:32
84	130	PAUL	BRIGGS	M	35	Stockport Harriers & AC	0:48:35
85	152	THOMAS	SCREEN	M	39	U/A	0:48:41
86	227	NIGEL	HARRISON	M	50	Stockport Harriers & AC	0:48:45
87	174	Gareth	Maher	M	31	BRAMHALL RUNNERS	0:48:50
88	189	Gareth	Holland	M	37	U/A	0:48:53
89	212	Ian	Kennedy	M	41	U/A	0:48:55
90	247	Steve	Hughes	M	51	BRAMHALL RUNNERS	0:49:14
91	122	STEPHEN	BROWN	M	43	Stockport Harriers & AC	0:49:16
92	295	Robert	Anderson	M	53	U/A	0:49:23
93	267	Stuart	Farmer	M	38	U/A	0:49:24
94	161	PAUL	CARRINGTON	M	44	U/A	0:49:33
95	131	STEVE	BEARDMORE	M	51	U/A	0:49:35
96	282	Matthew	Rabone	M	32	U/A	0:49:36
97	186	Nina	Fisher	F	34	Wigan Harriers & AC	0:49:37
98	301	Michael	McCarthy	M	33	U/A	0:49:50
99	124	SAMUEL JAMES	TATTERSALL	M	23	U/A	0:49:55
100	261	ADRIAN	THOMAS	M	49	Stockport Harriers & AC	0:50:03
101	157	NEIL	HILL	M	31	U/A	0:50:08
102	166	Graham	Sparrow	M	43	U/A	0:50:22
103	202	Edward	Hooley	M	35	U/A	0:50:34
104	232	Matthew	Given	M	36	Stockport Harriers & AC	0:50:37
105	256	Neil	Elmy	M	41	U/A	0:50:53
106	145	HELEN	TODD	F	60	Stockport Harriers & AC	0:51:04
107	297	Daniel	Connor	M	27	U/A	0:51:06
108	292	David	Taylor	M	42	U/A	0:51:10
109	170	Peter	Bulmer	M	54	U/A	0:51:21
110	178	JON	HOLMES	M	43	Stockport Harriers & AC	0:51:24
111	156	ROBERT	BRADFORD	M	37	U/A	0:51:28
112	285	Stephen	Lamon	M	35	U/A	0:51:30
113	288	Simon	Harrop	M	51	U/A	0:51:33
114	210	Guy Robert	Riddell	M	40	Vegetarian Cycling & Athletic Club	0:51:36
115	244	Rosemary	JONES	F	34	U/A	0:51:39
116	284	David	Wood	M	70	U/A	0:51:44
117	201	Catherine	Mellor	F	35	U/A	0:51:46
118	128	JEREMY	LAWSON	M	39	U/A	0:51:48
119	149	REBECCA	GLEN	F	38	GOYT VALLEY STRIDERS	0:51:52
120	179	HELEN	FRASER	F	53	Stockport Harriers & AC	0:51:55
121	194	Amy	Barter	F	33	Stockport Harriers & AC	0:52:02
122	310	Neil	Swainston	M	40	Chorlton Runners	0:52:04
123	115	STEWART	WAUDBY	M	39	MACCLESFIELD HARRIERS & AC	0:52:05
124	277	Andy	Lord	M	50	Pennine Fell Runners	0:52:07
125	176	John	Pickup	M	53	SWINTON RUNNING CLUB	0:52:29
126	112	CATHERINE	TOMBS	F	44	U/A	0:52:36
127	296	Rebecca	Brimage	F	36	U/A	0:52:45
128	173	Stephen	Brayne	M	28	U/A	0:52:51
129	316	Cliff	Lomas	M	67	U/A	0:52:53

130	214	Andrew	Kinder	M	37	Dragons Running Club (Sale)	0:52:57
131	120	MATTHEW	SIMON	M	59	GOYT VALLEY STRIDERS	0:53:00
132	151	SEAN	SCANLAN	M	44	Stockport Harriers & AC	0:53:06
133	150	MICHELLE	METCALFE	F	42	Stockport Harriers & AC	0:53:19
134	143	MICHAEL	GIBBONS	M	57	BRAMHALL RUNNERS	0:53:21
135	263	SUE	WARING	F	50	Stockport Harriers & AC	0:53:31
136	221	Philip	Hall	M	44	ALTRINCHAM & DISTRICT AC	0:53:32
137	274	Wayne	Marston	M	48	U/A	0:53:52
138	243	NICHOLA	PICKFORD	F	38	BRAMHALL RUNNERS	0:54:12
139	293	Helen	Hall	F	30	U/A	0:54:19
140	137	ANGIE	HART	F	40	OLDHAM & ROYTON HARRIERS	0:54:28
141	290	Roy	Marsden	M	58	U/A	0:54:48
142	319	Ross	Kennedy	M	34	U/A	0:55:01
143	321	Mary	Jeal	F	54	Denbigh Harriers	0:55:14
144	155	JUDITH	APSLEY	F	50	U/A	0:55:15
145	205	Nicola	Gage	F	39	U/A	0:55:18
146	308	Sarah	Taylor	F	42	U/A	0:55:21
147	229	Ian	Battersby	M	35	U/A	0:55:24
148	184	Matt	Hanson	M	38	Fetcheveryone Rc	0:55:32
149	225	James	Cram	M	37	U/A	0:55:46
150	213	Zoe	Clarke	F	51	U/A	0:55:50
151	287	Sarah	McCourt	F	31	U/A	0:55:59
152	315	Mark	Ridings	M	29	U/A	0:56:20
153	286	Robert	Heeley	M	59	U/A	0:56:34
154	217	Calum	Burrell	M	39	U/A	0:56:44
155	160	MIKE	BRAMHALL	M	38	U/A	0:56:47
156	305	Christine	Copson	F	49	Hyde Striders	0:57:25
157	219	Maria	Rushton	F	49	U/A	0:57:36
158	140	BEN	GALBRAITH	M	41	U/A	0:57:44
159	125	DAVID	WATERHOUSE	M	57	U/A	0:57:58
160	309	Michael	Thirsk	M	58	Stockport Harriers & AC	0:58:07
161	198	Stephen	Forrester	M	27	U/A	0:58:08
162	167	Dennis	Yarwood	M	48	SPECTRUM STRIDERS	0:58:12
163	237	RACHEL	CARTER	F	45	HYDE VILLAGE STRIDERS	0:58:24
164	271	Sid	Bailey	M	57	Deestridders	0:58:31
165	223	Catharine	Crossley	F	32	MACCLESFIELD HARRIERS & AC	0:58:44
166	269	Paul Richard	Taylor	M	59	OLDHAM & ROYTON HARRIERS	0:58:55
167	312	Mike	Eastwood	M	58	Cheshire Tally Ho Hare & Hounds	0:59:12
168	313	Steve	Murray	M	52	Cheshire Tally Ho Hare & Hounds	0:59:13
169	144	CHRISTINE	GIBBONS	F	57	BRAMHALL RUNNERS	0:59:31
170	260	DAVID	DUKE	M	27	U/A	0:59:35
171	109	JOSEPH	CONNER	M	34	BRAMHALL RUNNERS	0:59:40
172	132	ANDY	TURNER	M	44	BRAMHALL RUNNERS	0:59:45
173	106	ANGELA	KERSLAKE	F	44	Stockport Harriers & AC	0:59:46
174	121	SALLY	MITCHELL	F	62	GOYT VALLEY STRIDERS	0:59:49
175	209	Rebecca Louise	Styles	F	42	BRAMHALL RUNNERS	0:59:51
176	185	John	Wiseman	M	50	BRAMHALL RUNNERS	0:59:59
177	234	Joan	Cooke	F	40	Astley and Tyldesley Road Runners	1:01:05
178	108	CAROL	HARATT	F	50	U/A	1:01:49
179	147	DAVID	DOWNING	M	45	U/A	1:02:03
180	107	ANN	CONNORS	F	40	U/A	1:02:04
181	280	Zoe	Holmes	F	41	Stockport Harriers & AC	1:02:05
182	281	Tom	Harmston	M	24	Stockport Harriers & AC	1:02:06
183	291	Sue	Hall	F	44	U/A	1:02:34
184	171	Robert	Radcliffe	M	44	U/A	1:03:15
185	134	KATHLEEN	COOPER-SHORE	F	34	U/A	1:04:43
186	169	Sally	Moston	F	47	BRAMHALL RUNNERS	1:07:11
187	110	RUTH	AMIN	F	36	BELLE VUE RACERS	1:08:04
189	317	Julia	Carter	F	40	U/A	1:09:34
188	318	Carol	Chappell	F	43	U/A	1:09:34
190	164	Jon-Paul	Kearns	M	43	Stockport Harriers & AC	1:09:35
191	208	Aeronwy	Preece-Towey	F	30	BRAMHALL RUNNERS	DNF
192	253	Colin	Ardron	M	69	MACCLESFIELD HARRIERS & AC	DNF