

# Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

## - Womens 6 Stage Stage 1 — Final Results

Pos	Name	Club	Leg Time			
1	Racheal Bamford	LeedsCity A	17:24	29	Samantha Ayers	Keswick A 19:51
2	Sarah Hudak	Trafford A	17:33	30	Helen Beck	Wakefield A 19:59
3	Julia Jagger	Hallamshr	17:44	31	Debbie Gowans	Accringto A 20:08
4	Natalie Shaw	Derby AC	17:48	32	Autumn Howard	Trawden 20:12
5	Catherine O'Dwyer	Bolton UH	17:49	33	Emma Inglis	Skyrac 20:15
6	Rhiannon Silson	Border H	17:55	34	Laura Egan	Beverley 20:17
7	Rachael Burns	Liverpool A	18:04	35	Catherine Howard	Knowsley 20:27
8	Louise Rudd	Stockport	18:05	36	Emma Robinson	Harrogate 20:32
9	Helen Berry	Holmfirth A	18:12	37	Lindsay Turnbull	Morpeth H 20:37
10	Helen Leigh	Blackburn A	18:26	38	Gwen Kinloch	Burnden 20:46
11	Sarah Griffiths	Leigh Har A	18:28	39	Helen Winskill	Keswick B 20:57
12	Lyndsey Brindle	Horwich	18:29	40	Anna Blomfield	Rochdale A 20:59
13	Georgina Leck	Leigh Har B	18:38	41	Alison Vesey	Altrinch 21:05
14	Kate Tittlow	Vale Roya	18:41	42	Melisa Ronan	Liverpool B 21:12
15	Amy Green	Keighley	18:43	43	Hannah Bateson	Lancaster 21:16
16	Christina Wiejak	Barrow &	18:46	44	Karen Sinkinson	Holmfirth B 21:19
17	Jess Fawcett	Rotherham A	18:48	45	Eileen Mannion	Wakefield B 21:46
18	Joanna Goorney	Lytham St	18:52	46	Ruth Beresford	Trafford B 22:09
19	Hayley Cavill	Sale Harr A	19:04	47	Jo Adamson	Middleton A 22:22
20	Hannah Corne	ValleySt	19:11	48	Dianne Priestley	KendalAAC 22:22
21	Rachel Jones	Salford H A	19:14	49	Jane Eardley	PennyLane B 22:53
22	Victoria Bryant	Wigan Pho	19:16	50	Kaylie Panaro	Blackburn B 23:04
23	Emily Japp	Blackpool	19:27	51	Lynsey Rimmer	L'pool RC 23:36
24	Suzanne Sharman	N Derby	19:32	52	Kate MacFarlane	PennyLane A 23:37
25	Jayne Taylor	WiganH	19:34	53	Alison Hargreaves	Accringto B 23:38
26	Beverley Jackson	East Hull	19:42	54	Katherine Phillips	Bingley H 23:48
27	Laura Nash	Salford H B	19:48	55	E BladesJordan	Middleton B 24:16
28	Katie Geelan	BuryAC	19:50	56	Lorraine Leary	Rochdale B 25:52

## - Womens 6 Stage Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain			
1	Charlotte Wills	LeedsCity A	18:31	35:55	0	34	Janice Needham	Rochdale A 21:42 42:41 + 6
2	Helen Fines	Holmfirth A	18:07	36:19	+ 7	35	Helen Pettit	Holmfirth B 21:35 42:54 + 9
3	Zanthe Wray	Hallamshr	18:37	36:21	0	36	Tracey Dutton	WiganH 23:24 42:58 - 11
4	Clare McKeown	Border H	18:44	36:39	+ 2	37	Fiona Neill	Trafford B 20:54 43:03 + 9
5	Abigail Howarth	Leigh Har A	18:24	36:52	+ 6	38	Fiona Geldard	Lytham St 24:22 43:14 - 20
6	Jenny Knass	Stockport	18:51	36:56	+ 2	39	Hayley Hodgson	Keswick B 22:19 43:16 0
7	Laura Weightman	Morpeth H	16:36	37:13	+ 30	40	AnneMarie Jones	Altrinch 22:14 43:19 + 1
8	Charlotte Wilson	Liverpool A	19:18	37:22	- 1	41	Helen Storr	Beverley 24:09 44:26 - 7
9	Hayley Kuter	Salford H A	18:19	37:33	+ 12	42	Tina Wigglesworth	East Hull 24:48 44:30 - 16
10	Samantha McCreddie	Blackburn A	19:23	37:49	0	43	Laura Sanderson	PennyLane A 21:15 44:52 + 9
11	Hollie Orr	Barrow &	19:09	37:55	+ 5	44	Jill Maxfield	Trawden 25:09 45:21 - 12
12	Debra Campbell	Horwich	19:45	38:14	0	45	Alison Dewhurst	Bingley H 21:38 45:26 + 9
13	Sally Smith	Wakefield A	18:17	38:16	+ 17	46	Amy Norfolk	L'pool RC 21:54 45:30 + 5
14	Angela Allen	Leigh Har B	19:43	38:21	- 1	47	C Arrowsmith	Knowsley 25:10 45:37 - 12
15	Emma Finney	Sale Harr A	19:43	38:47	+ 4	48	Nancy Bailey	Accringto B 23:31 47:09 + 5
16	Joanne Lott	Trafford A	21:21	38:54	- 14	49	Denise Wilson	Blackburn B 26:06 49:10 + 1
17	Sarah O'Sullivan	Keighley	20:27	39:10	- 2	50	Melanie Baker	Middleton B 25:03 49:19 + 5
18	Alex Clinkard	Derby AC	21:35	39:23	- 14	51	Eunice Nopondo	PennyLane B 26:37 49:30 - 2
19	Jessica Freeman	Rotherham A	20:46	39:34	- 2	52	Toni Brackstone	Middleton A 27:53 50:15 - 5
20	Jade Evans	Vale Roya	20:55	39:36	- 6	53	Joanne Walsh	Rochdale B 24:27 50:19 + 3
21	Claire O'Connor	Salford H B	19:54	39:42	+ 6	Fastest runners over stage 2:		
22	Jenn Mattinson	Keswick A	19:56	39:47	+ 7	1	Laura Weightman	Morpeth H 16:36
23	Jenny Hutcheson	Harrogate	19:43	40:15	+ 13	2	Helen Fines	Holmfirth A 18:07
24	Laura Lawler	Blackpool	20:50	40:17	- 1	3	Sally Smith	Wakefield A 18:17
25	Cherry Collison	Bolton UH	22:32	40:21	- 20	4	Hayley Kuter	Salford H A 18:19
26	Julie Brady	Accringto A	20:18	40:26	+ 5	5	Abigail Howarth	Leigh Har A 18:24
27	Jane Halloran	Skyrac	20:39	40:54	+ 6	6	Charlotte Wills	LeedsCity A 18:31
28	Kirsty Normanton	Burnden	20:16	41:02	+ 10	7	Zanthe Wray	Hallamshr 18:37
29	Gina Senior	Wigan Pho	21:49	41:05	- 7	8	Clare McKeown	Border H 18:44
30	Lucy Marie Hodson	BuryAC	21:28	41:18	- 2	9	Jenny Knass	Stockport 18:51
31	Maria Snell	Lancaster	20:12	41:28	+ 12	10	Hollie Orr	Barrow & 19:09
32	Sharon Kaiser	ValleySt	22:18	41:29	- 12			
33	Hannah Whiteside	Liverpool B	21:05	42:17	+ 9			

# Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

## - Womens 6 Stage Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Alex Gostling	LeedsCity A	19:24	55:19	0	33	Denise Wakefield	Salford H B	24:14	1:03:56	- 12
2	Margaret Sykes	Holmfirth A	19:12	55:31	0	34	Julie Lomax	Bolton UH	23:41	1:04:02	- 9
3	Jennifer Walsh	Wakefield A	17:23	55:39	+ 10	35	Alex O'Brien	L'pool RC	19:25	1:04:55	+ 11
4	Morag Stead	Morpeth H	18:28	55:41	+ 3	36	Lynne Nichol	Altrincha	22:46	1:06:05	+ 4
5	Louisa Thompson	Leigh Har A	18:50	55:42	0	37	Siobhan Brewer	Keswick B	22:54	1:06:10	+ 2
6	Chelsea Jarvis	Stockport	18:47	55:43	0	38	Rebecca Wadeson	WiganH	23:18	1:06:16	- 2
7	Ruth Hetherington	Border H	19:51	56:30	- 3	39	Kate Sharples	PennyLane A	21:41	1:06:33	+ 4
8	Rebecca Donohue	Liverpool A	19:32	56:54	0	40	Catherine Hurst	Trafford B	23:38	1:06:41	- 3
9	Helen Glover	Keighley	17:46	56:56	+ 8	41	Carole Morris	Accringto B	20:29	1:07:38	+ 7
10	Hannah Whitelam	Hallamshr	20:45	57:06	- 7	42	Rebecca Willetts	Lytham St	25:38	1:08:52	- 4
11	Rachel Wood	Blackburn A	19:44	57:33	- 1	43	Emma Williams	Knowsley	24:03	1:09:40	+ 4
12	Shauna Murphy	Salford H A	20:01	57:34	- 3	44	Jayne Earle	East Hull	26:10	1:10:40	- 2
13	Hannah Griffiths	Trafford A	19:03	57:57	+ 3	45	Jean Baistow	Trawden	26:20	1:11:41	- 1
14	Danielle Allen	Leigh Har B	20:08	58:29	0	46	C Gomersall	Bingley H	26:55	1:12:21	- 1
15	Helen Armitage	Sale Harr A	20:08	58:55	0	47	Rachel Cope	Beverley	28:45	1:13:11	- 6
16	Sarah Jones	Barrow &	21:14	59:09	- 5	48	Ester VanGinneken	PennyLane B	24:58	1:14:28	+ 3
17	Helen Smith	Vale Roya	19:54	59:30	+ 3	49	Teresa Hollins	Middleton B	25:14	1:14:33	+ 1
18	Lynn ManirJolley	Wigan Pho	19:35	1:00:40	+ 11	50	Carolyne Cookson	Blackburn B	25:59	1:15:09	- 1
19	Joanne Gillyon	Keswick A	21:06	1:00:53	+ 3	51	Amanda McCarthy	Middleton A	25:10	1:15:25	+ 1
20	Nadine Merrick	Horwich	23:01	1:01:15	- 8	52	Karen Conduit	Rochdale B	28:12	1:18:31	+ 1
21	Philippa James	Rotherham A	21:49	1:01:23	- 2	Fastest runners over stage 3:					
22	Zoe Harding	Lancaster	19:58	1:01:26	+ 9	1	Jennifer Walsh	Wakefield A	17:23		
23	Katrina Conroy	BuryAC	20:21	1:01:39	+ 7	2	Helen Glover	Keighley	17:46		
24	Lisa Parker	Accringto A	21:27	1:01:53	+ 2	3	Morag Stead	Morpeth H	18:28		
25	Olivia Perez	Liverpool B	19:37	1:01:54	+ 8	4	Chelsea Jarvis	Stockport	18:47		
26	Carly Morgan	Blackpool	21:45	1:02:02	- 2	5	Louisa Thompson	Leigh Har A	18:50		
27	Christine Reeday	Skyrac	21:15	1:02:09	0	6	Hannah Griffiths	Trafford A	19:03		
28	Hazel Carruthers	Rochdale A	20:19	1:03:00	+ 6	7	Margaret Sykes	Holmfirth A	19:12		
29	Nicola Smith	Harrogate	22:53	1:03:08	- 6	8	Alex Gostling	LeedsCity A	19:24		
30	Shirley Staveley	Burnden	22:12	1:03:14	- 2	9	Alex O'Brien	L'pool RC	19:25		
31	Lucy Needham	Holmfirth B	20:27	1:03:21	+ 4	10	Rebecca Donohue	Liverpool A	19:32		
32	Louise Wardman	Valley St	22:13	1:03:42	0						

## - Womens 6 Stage Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Dionne Allen	Leigh Har A	17:30	1:13:12	+ 4	34	Rachel Mellor	Keswick B	21:31	1:27:41	+ 3
2	Helen Singleton	Wakefield A	17:55	1:13:34	+ 1	35	Sharon James	L'pool RC	24:00	1:28:55	0
3	Katie Parry	LeedsCity A	18:28	1:13:47	- 2	36	Heather Roberts	Trafford B	22:37	1:29:18	+ 4
4	Emma Pearson	Morpeth H	18:08	1:13:49	0	37	Sarah Morton	WiganH	23:42	1:29:58	+ 1
5	Sally Ratcliffe	Stockport	18:28	1:14:11	+ 1	38	Jennifer Anderson	Lytham St	23:40	1:32:32	+ 4
6	Claire Leaver	Holmfirth A	19:34	1:15:05	- 4	39	Andrea Smith	Blackpool	30:38	1:32:40	- 13
7	Elizabeth Egan	Liverpool A	18:45	1:15:39	+ 1	40	Natasha Newell	Accringto B	25:07	1:32:45	+ 1
8	Tessa Walker	Salford H A	18:49	1:16:23	+ 4	41	Jennifer Laptew	Salford H B	29:05	1:33:01	- 8
9	Claire Robson	Hallamshr	19:32	1:16:38	+ 1	42	Meghan Wilson	Beverley	20:52	1:34:03	+ 5
10	Laura Hesketh	Blackburn A	20:08	1:17:41	+ 1	43	Alison Burnett	East Hull	24:32	1:35:12	+ 1
11	Vicki Cronin	Trafford A	20:09	1:18:06	+ 2	44	Laura Meadowcroft	Bingley H	23:07	1:35:28	+ 2
12	Jodie Spencer	Vale Roya	18:48	1:18:18	+ 5	45	Maria Woodcock	Knowsley	26:38	1:36:18	- 2
13	Annabelle Grady	Rotherham A	18:11	1:19:34	+ 8	46	Nicola White	Trawden	25:17	1:36:58	- 1
14	Katie Savage	Barrow &	20:50	1:19:59	+ 2	47	Karen Hallet	Middleton A	24:44	1:40:09	+ 4
15	Cara O'Brien	Sale Harr A	21:25	1:20:20	0	48	Rachel Rick	PennyLane B	25:44	1:40:12	0
16	Emma Moore	Leigh Har B	22:19	1:20:48	- 2	49	Anne Lowe	Middleton B	26:26	1:40:59	0
17	Charlotte Douglas	Border H	24:24	1:20:54	- 10	50	Lisa Nuttall	Blackburn B	26:06	1:41:15	0
18	Carolyne Baxter	Lancaster	19:30	1:20:56	+ 4	51	Laura Fitton	Rochdale B	28:13	1:46:44	+ 1
19	Catherine Evans	Keswick A	20:09	1:21:02	0	52	Hayley Fletcher	Wigan Pho	46:36	1:47:16	- 34
20	Elisa Woffenden	Keighley	24:28	1:21:24	- 11	Fastest runners over stage 4:					
21	Laura Murphy	Liverpool B	20:13	1:22:07	+ 4	1	Dionne Allen	Leigh Har A	17:30		
22	Jemima Edwards	Skyrac	20:29	1:22:38	+ 5	2	Helen Singleton	Wakefield A	17:55		
23	Zoe Jayne Hurley	Accringto A	21:24	1:23:17	+ 1	3	Emma Pearson	Morpeth H	18:08		
24	Alana Grundy	BuryAC	22:25	1:24:04	- 1	4	Annabelle Grady	Rotherham A	18:11		
25	Clare McKenna	Horwich	23:51	1:25:06	- 5	5	Katie Parry	LeedsCity A	18:28		
26	Jude Muir	Harrogate	22:05	1:25:13	+ 3	6	Sally Ratcliffe	Stockport	18:28		
27	Josefa Terim	Rochdale A	22:52	1:25:52	+ 1	7	Elizabeth Egan	Liverpool A	18:45		
28	A WatsonUsher	Valley St	22:29	1:26:11	+ 4	8	Jodie Spencer	Vale Roya	18:48		
29	Katy Thompson	Burnden	23:24	1:26:38	+ 1	9	Tessa Walker	Salford H A	18:49		
30	Emma Serjeant	Holmfirth B	23:34	1:26:55	+ 1	10	Carolyne Baxter	Lancaster	19:30		
31	Donna Cooper	Bolton UH	23:11	1:27:13	+ 3						
32	Michelle Cobourn	PennyLane A	20:45	1:27:18	+ 7						
33	Fiona Cosgrove	Altrincha	21:30	1:27:35	+ 3						

# Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

## - Womens 6 Stage Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Laura Riches	Leigh Har A	17:36	1:30:48	0
2	Lyndsay Clarke	Stockport	17:54	1:32:05 +	3
3	Sarah Graham	Morpeth H	19:13	1:33:02 +	1
4	Sarah Bostwick	Wakefield A	19:40	1:33:14 -	2
5	Sophie Whiteside	Liverpool A	18:12	1:33:51 +	2
6	Celia DeMaria	LeedsCity A	20:24	1:34:11 -	3
7	Lucy Verrill	Holmfirth A	19:50	1:34:55 -	1
8	Ruth Ross	Hallamshr	19:28	1:36:06 +	1
9	Tania Hernandez	Salford H A	20:09	1:36:32 -	1
10	Kate Spilsbury	Vale Roya	18:32	1:36:50 +	2
11	Alison Drasdo	Trafford A	20:06	1:38:12	0
12	Shelley Tattersall	Blackburn A	21:37	1:39:18 -	2
13	Katy Moore	Keswick A	20:03	1:41:05 +	6
14	C Messenger Jones	Barrow &	21:06	1:41:05	0
15	Hannah Fleet	Lancaster	20:35	1:41:31 +	3
16	Louise Robbins	Sale Harr A	21:37	1:41:57 -	1
17	Noora Ronkainen	Liverpool B	20:05	1:42:12 +	4
18	Amanda Parkinson	Accringto A	19:07	1:42:24 +	5
19	Clare Smallwood	Keighley	21:03	1:42:27 +	1
20	Molly Keefe	Skyrac	20:56	1:43:34 +	2
21	Gillian Taylor	Rotherham A	24:01	1:43:35 -	8
22	Kathryn Douglas	Border H	23:50	1:44:44 -	5
23	Ursula Mellor	Leigh Har B	24:10	1:44:58 -	7
24	Isabelle Rowe	Harrogate	20:30	1:45:43 +	2
25	Nicola Ryan	Bury AC	22:19	1:46:23 -	1
26	Christine Boardman	Horwich	22:10	1:47:16 -	1
27	Beverley Ganose	Altrinch	20:35	1:48:10 +	6
28	AMcGilvray	Rochdale A	22:45	1:48:37 -	1
29	Kelly Sullavan	Burnden	22:07	1:48:45	0
30	Caroline Lyall	Keswick B	21:11	1:48:52 +	4
31	Yvette Arthur	Holmfirth B	22:18	1:49:13 -	1
32	Kathryn Sharkey	PennyLane A	22:17	1:49:35	0
33	Stephanie Gledhill	Valley St	23:30	1:49:41 -	5
34	Abigail Willmitt	L'pool RC	22:29	1:51:24 +	1
35	Jennifer Fishwick	Bolton UH	24:25	1:51:38 -	4
36	Natalie Thompson	WiganH	22:36	1:52:34 +	1
37	Rachel McDonnell	Trafford B	24:17	1:53:35 -	1
38	Anne Buckley	Bingley H	19:56	1:55:24 +	6
39	Kate Ladell	Beverley	21:32	1:55:35 +	3
40	Karen Dunford	Blackpool	23:12	1:55:52 -	1
41	Fiona Glen	Accringto B	23:40	1:56:25 -	1
42	Ruth Bardsley	Salford H B	25:33	1:58:34 -	1
43	Donna Marsden	Trawden	24:10	2:01:08 +	3
44	Emma Wells	East Hull	26:06	2:01:18 -	1
45	Jane Lightfoot	Knowsley	25:21	2:01:39	0
46	Myka Heard	PennyLane B	23:06	2:03:18 +	2
47	Becki Murphy	Middleton A	24:07	2:04:16	0
48	Claire Bridge	Blackburn B	26:27	2:07:42 +	2
49	Dawn Lock	Lytham St	36:10	2:08:42 -	11
50	Emma Ball	Middleton B	28:12	2:09:11 -	1
51	Charlotte Finch	Wigan Pho	22:36	2:09:52 +	1
52	Danielle Beard	Rochdale B	27:54	2:14:38 -	1

Fastest runners over stage 5:

1	Laura Riches	Leigh Har A	17:36
2	Lyndsay Clarke	Stockport	17:54
3	Sophie Whiteside	Liverpool A	18:12
4	Kate Spilsbury	Vale Roya	18:32
5	Amanda Parkinson	Accringto A	19:07
6	Sarah Graham	Morpeth H	19:13
7	Ruth Ross	Hallamshr	19:28
8	Sarah Bostwick	Wakefield A	19:40
9	Lucy Verrill	Holmfirth A	19:50
10	Anne Buckley	Bingley H	19:56

## - Womens 6 Stage Stage 6 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Lauren Howarth	Leigh Har A	16:41	1:47:29	0
2	Eleanor Vernon	Stockport	16:25	1:48:30	0
3	Julie Briscoe	Wakefield A	16:57	1:50:11 +	1
4	Sarah Wilkinson	Morpeth H	17:32	1:50:34 -	1
5	Maria Barrett	Liverpool A	17:36	1:51:27	0
6	K Brough	Vale Roya	16:42	1:53:32 +	4
7	Nicola Squires	Hallamshr	17:41	1:53:47 +	1
8	Jacqui Khoueir	Holmfirth A	19:28	1:54:23 -	1
9	Beverley Simons	Salford H A	18:29	1:55:01	0
10	Sheryl Punter	LeedsCity A	20:58	1:55:09 -	4
11	Karen Hill	Trafford A	20:52	1:59:04	0
12	Hannah Horsburgh	Keswick A	18:15	1:59:20 +	1
13	Samantha Johnson	Rotherham A	17:14	2:00:49 +	8
14	Helen Booth	Lancaster	20:59	2:02:30 +	1
15	Catherine Guinan	Blackburn A	23:27	2:02:45 -	3
16	Claire Cooper	Keighley	20:38	2:03:05 +	3
17	Sonja Foster	Barrow &	22:26	2:03:31 -	3
18	Julia Hartley	Accringto A	21:13	2:03:37	0
19	Michelle Murphy	Liverpool B	21:35	2:03:47 -	2
20	Lynda Rowlinson	Sale Harr A	22:37	2:04:34 -	4
21	Cathy Wright	Harrogate	19:51	2:05:34 +	3
22	Donna Cartwright	Bury AC	19:44	2:06:07 +	3
23	Carolyn Millican	Border H	23:26	2:08:10 -	1
24	Myra Jones	Valley St	19:21	2:09:02 +	9
25	Bethany Jones	Leigh Har B	24:35	2:09:33 -	2
26	Deborah Edginton	Keswick B	21:22	2:10:14 +	4
27	Carole Harrison	Altrinch	22:11	2:10:21	0
28	Leslie Fisher	Burnden	21:41	2:10:26 +	1
29	Christa Whatmough	Horwich	23:42	2:10:58 -	3
30	Emma Kearney	PennyLane A	21:53	2:11:28 +	2
31	Natalie Palin	L'pool RC	20:09	2:11:33 +	3
32	Diane Winterburn	Rochdale A	23:46	2:12:23 -	4
33	J Bailey Taylor	Holmfirth B	25:31	2:14:44 -	2
34	Emma Green	Bingley H	20:01	2:15:25 +	4
35	Hannah Edwards	Bolton UH	25:00	2:16:38	0
36	Beverley Wright	Blackpool	21:17	2:17:09 +	4
37	Kate Williams	Trafford B	23:39	2:17:14	0
38	Michele Baker	Accringto B	23:37	2:20:02 +	3
39	*Not Declared*	Trawden	20:39	2:21:47 +	4
40	Joanne Fairhurst	WiganH	29:19	2:21:53 -	4
41	Sharon Samson	Knowsley	20:32	2:22:11 +	4
42	Joanne Aplin	Salford H B	25:54	2:24:28	0
43	Cristina Puccini	PennyLane B	21:54	2:25:12 +	3
44	Janet Kay	East Hull	25:44	2:27:02	0
45	Catherine Murpy	Middleton A	25:18	2:29:34 +	2
46	Barbara Holmes	Lytham St	27:07	2:35:49 +	3
47	Gill Eade	Middleton B	28:24	2:37:35 +	3
48	Nikki Charnley	Blackburn B	30:54	2:38:36	0
49	Brenda Robinson	Rochdale B	29:25	2:44:03 +	3

Fastest runners over stage 6:

1	Eleanor Vernon	Stockport	16:25
2	Lauren Howarth	Leigh Har A	16:41
3	K Brough	Vale Roya	16:42
4	Julie Briscoe	Wakefield A	16:57
5	Samantha Johnson	Rotherham A	17:14
6	Sarah Wilkinson	Morpeth H	17:32
7	Maria Barrett	Liverpool A	17:36
8	Nicola Squires	Hallamshr	17:41
9	Hannah Horsburgh	Keswick A	18:15
10	Beverley Simons	Salford H A	18:29

# Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

## Womens 6 Stage — Team Results — Final (nn) is team position after the appropriate stage.

1 Leigh Harriers & Ac	'A' 1:47:29	14 Lancaster & Morecambe Ac	2:02:30
1 Sarah Griffiths (11) 18:28	2 Abigail Howarth (5) 18:24	1 Hannah Bateson (43) 21:16	2 Maria Snell (31) 20:12
3 Louisa Thompson (5) 18:50	4 Dionne Allen (1) 17:30	3 Zoe Harding (22) 19:58	4 Carolyn Baxter (18) 19:30
5 Laura Riches (1) 17:36	6 Lauren Howarth (1) 16:41	5 Hannah Fleet (15) 20:35	6 Helen Booth (14) 20:59
2 Stockport Harriers & AC	1:48:30	15 Blackburn Harriers & AC	'A' 2:02:45
1 Louise Rudd (8) 18:05	2 Jenny Knass (6) 18:51	1 Helen Leigh (10) 18:26	2 Samantha McCreadie (10) 19:23
3 Chelsea Jarvis (6) 18:47	4 Sally Ratcliffe (5) 18:28	3 Rachel Wood (11) 19:44	4 Laura Hesketh (10) 20:08
5 Lyndsay Clarke (2) 17:54	6 Eleanor Vernon (2) 16:25	5 Shelley Tattersall (12) 21:37	6 Catherine Guinan (15) 23:27
3 Wakefield District H & AC	'A' 1:50:11	16 Keighley & Craven Ac	2:03:05
1 Helen Beck (30) 19:59	2 Sally Smith (13) 18:17	1 Amy Green (15) 18:43	2 Sarah O'Sullivan (17) 20:27
3 Jennifer Walsh (3) 17:23	4 Helen Singleton (2) 17:55	3 Helen Glover (9) 17:46	4 Elisa Woffenden (20) 24:28
5 Sarah Bostwick (4) 19:40	6 Julie Briscoe (3) 16:57	5 Clare Smallwood (19) 21:03	6 Claire Cooper (16) 20:38
4 Morpeth Harriers & AC	1:50:34	17 Barrow & Furness Striders Ac	2:03:31
1 Lindsay Turnbull (37) 20:37	2 Laura Weightman (7) 16:36	1 Christina Wijek (16) 18:46	2 Hollie Orr (11) 19:09
3 Morag Stead (4) 18:28	4 Emma Pearson (4) 18:08	3 Sarah Jones (16) 21:14	4 Katie Savage (14) 20:50
5 Sarah Graham (3) 19:13	6 Sarah Wilkinson (4) 17:32	5 C Messenger Jones (14) 21:06	6 Sonja Foster (17) 22:26
5 Liverpool Harriers & Ac	'A' 1:51:27	18 Accrington Road Runners	'A' 2:03:37
1 Rachael Burns (7) 18:04	2 Charlotte Wilson (8) 19:18	1 Debbie Gowans (31) 20:08	2 Julie Brady (26) 20:18
3 Rebecca Donohue (8) 19:32	4 Elizabeth Egan (7) 18:45	3 Lisa Parker (24) 21:27	4 Zoe Jayne Hurley (23) 21:24
5 Sophie Whiteside (5) 18:12	6 Maria Barrett (5) 17:36	5 Amanda Parkinson (18) 19:07	6 Julia Hartley (18) 21:13
6 Vale Royal AC	1:53:32	19 Liverpool Harriers & Ac	'B' 2:03:47
1 Kate Tiltow (14) 18:41	2 Jade Evans (20) 20:55	1 Melisa Ronan (42) 21:12	2 Hannah Whiteside (33) 21:05
3 Helen Smith (17) 19:54	4 Jodie Spencer (12) 18:48	3 Olivia Perez (25) 19:37	4 Laura Murphy (21) 20:13
5 Kate Spilsbury (10) 18:32	6 K Brough (6) 16:42	5 Noora Ronkainen (17) 20:05	6 Michelle Murphy (19) 21:35
7 Hallamshire Harriers Sheffield	1:53:47	20 Sale Harriers Manchester	'A' 2:04:34
1 Julia Jagger (3) 17:44	2 Zanthé Wray (3) 18:37	1 Hayley Cavill (19) 19:04	2 Emma Finney (15) 19:43
3 Hannah Whitelam (10) 20:45	4 Claire Robson (9) 19:32	3 Helen Armitage (15) 20:08	4 Cara O'Brien (15) 21:25
5 Ruth Ross (8) 19:28	6 Nicola Squires (7) 17:41	5 Louise Robbins (16) 21:37	6 Lynda Rowlinson (20) 22:37
8 Holmfirth Harriers Ac	'A' 1:54:23	21 Harrogate Harriers & Ac	2:05:34
1 Helen Berry (9) 18:12	2 Helen Fines (2) 18:07	1 Emma Robinson (36) 20:32	2 Jenny Hutcheson (23) 19:43
3 Margaret Sykes (2) 19:12	4 Claire Leaver (6) 19:34	3 Nicola Smith (29) 22:53	4 Jude Muir (26) 22:05
5 Lucy Verrill (7) 19:50	6 Jacqui Khoueiry (8) 19:28	5 Isabelle Rowe (24) 20:30	6 Cathy Wright (21) 19:51
9 Salford Harriers & AC	'A' 1:55:01	22 Bury Athletic Club	2:06:07
1 Rachel Jones (21) 19:14	2 Hayley Kuter (9) 18:19	1 Katie Geelan (28) 19:50	2 Lucy Marie Hodson (30) 21:28
3 Shauna Murphy (12) 20:01	4 Tessa Walker (8) 18:49	3 Katrina Conroy (23) 20:21	4 Alana Grundy (24) 22:25
5 Tania Hernandez (9) 20:09	6 Beverley Simons (9) 18:29	5 Nicola Ryan (25) 22:19	6 Donna Cartwright (22) 19:44
10 Leeds City Athletic Club	'A' 1:55:09	23 Border Harriers & Ac	2:08:10
1 Racheal Bamford (1) 17:24	2 Charlotte Wills (1) 18:31	1 Rhiannon Silson (6) 17:55	2 Clare McKeown (4) 18:44
3 Alex Gostling (1) 19:24	4 Katie Parry (3) 18:28	3 Ruth Hetherington (7) 19:51	4 Charlotte Douglas (17) 24:24
5 Celia De Maria (6) 20:24	6 Sheryl Punter (10) 20:58	5 Kathryn Douglas (22) 23:50	6 Carolyn Millican (23) 23:26
11 Trafford Athletic Club	'A' 1:59:04	24 Valley Striders Ac	2:09:02
1 Sarah Hudak (2) 17:33	2 Joanne Lott (16) 21:21	1 Hannah Come (20) 19:11	2 Sharon Kaiser (32) 22:18
3 Hannah Griffiths (13) 19:03	4 Vicki Cronin (11) 20:09	3 Louise Wardman (32) 22:13	4 A Watson Usher (28) 22:29
5 Alison Drasdo (11) 20:06	6 Karen Hill (11) 20:52	5 Stephanie Gledhill (33) 23:30	6 Myra Jones (24) 19:21
12 Keswick Aac	'A' 1:59:20	25 Leigh Harriers & Ac	'B' 2:09:33
1 Samantha Ayers (29) 19:51	2 Jenn Mattinson (22) 19:56	1 Georgina Leck (13) 18:38	2 Angela Allen (14) 19:43
3 Joanne Gillyon (19) 21:06	4 Catherine Evans (19) 20:09	3 Danielle Allen (14) 20:08	4 Emma Moore (16) 22:19
5 Katy Moore (13) 20:03	6 Hannah Horsburgh (12) 18:15	5 Ursula Mellor (23) 24:10	6 Bethany Jones (25) 24:35
13 Rotherham Harriers And AC	'A' 2:00:49	26 Keswick Aac	'B' 2:10:14
1 Jess Fawcett (17) 18:48	2 Jessica Freeman (19) 20:46	1 Helen Winskill (39) 20:57	2 Hayley Hodgson (39) 22:19
3 Philippa James (21) 21:49	4 Annabelle Grady (13) 18:11	3 Siobhan Brewer (37) 22:54	4 Rachel Mellor (34) 21:31
5 Gillian Taylor (21) 24:01	6 Samantha Johnson (13) 17:14	5 Caroline Lyall (30) 21:11	6 Deborah Edginton (26) 21:22

# Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

<p><b>27 Altrincham &amp; District AC</b> <span style="float: right;">2:10:21</span></p> <p>1 Alison Vesey (41) 21:05    2 AnneMarie Jones (40) 22:14            3 Lynne Nichol (36) 22:46    4 Fiona Cosgrove (33) 21:30            5 Beverley Ganose (27) 20:35    6 Carole Harrison (27) 22:11</p>	<p><b>41 Knowsley Harriers</b> <span style="float: right;">2:22:11</span></p> <p>1 Catherine Howard (35) 20:27    2 C Arrowsmith (47) 25:10            3 Emma Williams (43) 24:03    4 Maria Woodcock (45) 26:38            5 Jane Lightfoot (45) 25:21    6 Sharon Samson (41) 20:32</p>
<p><b>28 Burnden Road Runners</b> <span style="float: right;">2:10:26</span></p> <p>1 Gwen Kinloch (38) 20:46    2 Kirsty Normanton (28) 20:16            3 Shirley Staveley (30) 22:12    4 Katy Thompson (29) 23:24            5 Kelly Sullavan (29) 22:07    6 Leslie Fisher (28) 21:41</p>	<p><b>42 Salford Harriers &amp; AC</b> <span style="float: right;">'B' 2:24:28</span></p> <p>1 Laura Nash (27) 19:48    2 Claire O'Connor (21) 19:54            3 Denise Wakefield (33) 24:14    4 Jennifer Laptew (41) 29:05            5 Ruth Bardsley (42) 25:33    6 Joanne Aplin (42) 25:54</p>
<p><b>29 Horwich R M I Harriers</b> <span style="float: right;">2:10:58</span></p> <p>1 Lyndsey Brindle (12) 18:29    2 Debra Campbell (12) 19:45            3 Nadine Merrick (20) 23:01    4 Clare McKenna (25) 23:51            5 Christine Boardman (26) 22:10    6 Christa Whatmough (29) 23:42</p>	<p><b>43 Penny Lane Striders</b> <span style="float: right;">'B' 2:25:12</span></p> <p>1 Jane Eardley (49) 22:53    2 Eunice Nopondo (51) 26:37            3 Ester Van Ginneken (48) 24:58    4 Rachel Rick (46) 23:06            5 Myka Heard (46) 23:06            6 Cristina Puccini (43) 21:54</p>
<p><b>30 Penny Lane Striders</b> <span style="float: right;">'A' 2:11:28</span></p> <p>1 Kate MacFarlane (52) 23:37    2 Laura Sanderson (43) 21:15            3 Kate Sharples (39) 21:41    4 Michelle Cobourn (32) 20:45            5 Kathryn Sharkey (32) 22:17    6 Emma Kearney (30) 21:53</p>	<p><b>44 East Hull Harriers &amp; Ac</b> <span style="float: right;">2:27:02</span></p> <p>1 Beverley Jackson (26) 19:42    2 Tina Wigglesworth (42) 24:48            3 Jayne Earle (44) 26:10    4 Alison Burnett (43) 24:32            5 Emma Wells (44) 26:06    6 Janet Kay (44) 25:44</p>
<p><b>31 Liverpool Running Club</b> <span style="float: right;">2:11:33</span></p> <p>1 Lynsey Rimmer (51) 23:36    2 Amy Norfolk (46) 21:54            3 Alex O'Brien (35) 19:25    4 Sharon James (35) 24:00            5 Abigail Willmitt (34) 22:29    6 Natalie Palin (31) 20:09</p>	<p><b>45 Middleton Harriers AC</b> <span style="float: right;">'A' 2:29:34</span></p> <p>1 Jo Adamson (47) 22:22    2 Toni Brackstone (52) 27:53            3 Amanda McCarthy (51) 25:10    4 Karen Hallett (47) 24:44            5 Becki Murphy (47) 24:07    6 Catherine Murphy (45) 25:18</p>
<p><b>32 Rochdale Harriers &amp; AC</b> <span style="float: right;">'A' 2:12:23</span></p> <p>1 Anna Blomfield (40) 20:59    2 Janice Needham (34) 21:42            3 Hazel Carruthers (28) 20:19    4 Josefa Terim (27) 22:52            5 A McGilvray (28) 22:45    6 Diane Winterburn (32) 23:46</p>	<p><b>46 Lytham St Annes Rr Club</b> <span style="float: right;">2:35:49</span></p> <p>1 Joanna Goorney (18) 18:52    2 Fiona Geldard (38) 24:22            3 Rebecca Willetts (42) 25:38    4 Jennifer Anderson (38) 23:40            5 Dawn Lock (49) 36:10    6 Barbara Holmes (46) 27:07</p>
<p><b>33 Holmfirth Harriers Ac</b> <span style="float: right;">'B' 2:14:44</span></p> <p>1 Karen Sinkinson (44) 21:19    2 Helen Pettit (35) 21:35            3 Lucy Needham (31) 20:27    4 Emma Serjeant (30) 23:34            5 Yvette Arthur (31) 22:18    6 J Bailey Taylor (33) 25:31</p>	<p><b>47 Middleton Harriers AC</b> <span style="float: right;">'B' 2:37:35</span></p> <p>1 E Blades Jordan (55) 24:16    2 Melanie Baker (50) 25:03            3 Teresa Hollins (49) 25:14    4 Anne Lowe (49) 26:26            5 Emma Ball (50) 28:12    6 Gill Eade (47) 28:24</p>
<p><b>34 Bingley Harriers &amp; AC</b> <span style="float: right;">2:15:25</span></p> <p>1 Katherine Phillips (54) 23:48    2 Alison Dewhurst (45) 21:38            3 CGomersall (46) 26:55    4 Laura Meadowcroft (44) 23:07            5 Anne Buckley (38) 19:56    6 Emma Green (34) 20:01</p>	<p><b>48 Blackburn Harriers &amp; AC</b> <span style="float: right;">'B' 2:38:36</span></p> <p>1 Kaylie Panaro (50) 23:04    2 Denise Wilson (49) 26:06            3 Carolyne Cookson (50) 25:59    4 Lisa Nuttall (50) 26:06            5 Claire Bridge (48) 26:27    6 Nikki Chamley (48) 30:54</p>
<p><b>35 Bolton United Harriers &amp; Ac</b> <span style="float: right;">2:16:38</span></p> <p>1 Catherine O'Dwyer (5) 17:49    2 Cherry Collison (25) 22:32            3 Julie Lomax (34) 23:41    4 Donna Cooper (31) 23:11            5 Jennifer Fishwick (35) 24:25    6 Hannah Edwards (35) 25:00</p>	<p><b>49 Rochdale Harriers &amp; AC</b> <span style="float: right;">'B' 2:44:03</span></p> <p>1 Lorraine Leary (56) 25:52    2 Joanne Walsh (53) 24:27            3 Karen Conduit (52) 28:12    4 Laura Fitton (51) 28:13            5 Danielle Beard (52) 27:54    6 Brenda Robinson (49) 29:25</p>
<p><b>36 Blackpool Wyre &amp; Fylde Ac</b> <span style="float: right;">2:17:09</span></p> <p>1 Emily Japp (23) 19:27    2 Laura Lawler (24) 20:50            3 Carly Morgan (26) 21:45    4 Andrea Smith (39) 30:38            5 Karen Dunford (40) 23:12    6 Beverley Wright (36) 21:17</p>	<p><b>Incomplete Teams:</b></p> <p style="text-align: center;"><b>Skyrac Athletic Club</b></p> <p>1 Emma Inglis (33) 20:15    2 Jane Halloran (27) 20:39            3 Christine Reeday (27) 21:15    4 Jemima Edwards (22) 20:29            5 Molly Keefe (20) 20:56</p> <p style="text-align: center;"><b>Beverley Athletics Club</b></p> <p>1 Laura Egan (34) 20:17    2 Helen Storr (41) 24:09            3 Rachel Cope (47) 28:45    4 Meghan Wilson (42) 20:52            5 Kate Ladell (39) 21:32</p> <p style="text-align: center;"><b>Wigan Phoenix</b></p> <p>1 Victoria Bryant (22) 19:16    2 Gina Senior (29) 21:49            3 Lynn Manir Jolley (18) 19:35    4 Hayley Fletcher (52) 46:36            5 Charlotte Finch (51) 22:36</p> <p style="text-align: center;"><b>Derby Athletic Club</b></p> <p>1 Natalie Shaw (4) 17:48    2 Alex Clinkard (18) 21:35</p> <p style="text-align: center;"><b>North Derbyshire Rc</b></p> <p>1 Suzanne Sharman (24) 19:32</p> <p style="text-align: center;"><b>Wakefield District H &amp; AC</b> <span style="float: right;">'B'</span></p> <p>1 Eileen Mannion (45) 21:46</p> <p style="text-align: center;"><b>Kendal Amateur Athletic Club</b></p> <p>1 Dianne Priestley (48) 22:22</p>
<p><b>37 Trafford Athletic Club</b> <span style="float: right;">'B' 2:17:14</span></p> <p>1 Ruth Beresford (46) 22:09    2 Fiona Neill (37) 20:54            3 Catherine Hurst (40) 23:38    4 Heather Roberts (36) 22:37            5 Rachel McDonnell (37) 24:17    6 Kate Williams (37) 23:39</p>	
<p><b>38 Accrington Road Runners</b> <span style="float: right;">'B' 2:20:02</span></p> <p>1 Alison Hargreaves (53) 23:38    2 Nancy Bailey (48) 23:31            3 Carole Morris (41) 20:29    4 Natasha Newell (40) 25:07            5 Fiona Glen (41) 23:40    6 Michele Baker (38) 23:37</p>	
<p><b>39 Trawden Athletic Club</b> <span style="float: right;">2:21:47</span></p> <p>1 Autumn Howard (32) 20:12    2 Jill Maxfield (44) 25:09            3 Jean Baistow (45) 26:20    4 Nicola White (46) 25:17            5 Donna Marsden (43) 24:10    6 Undeclared (39) 20:39</p>	
<p><b>40 Wigan &amp; District H &amp; Ac</b> <span style="float: right;">2:21:53</span></p> <p>1 Jayne Taylor (25) 19:34    2 Tracey Dutton (36) 23:24            3 Rebecca Wadeson (38) 23:18    4 Sarah Morton (37) 23:42            5 Natalie Thompson (36) 22:36    6 Joanne Fairhurst (40) 29:19</p>	

# Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

## Fastest of all legs

1	Eleanor Vernon	Stockport	16:25	65	Charlotte Wilson	Liverpool	A	19:18	
2	Laura Weightman	Morpeth H	16:36	66	Myra Jones	Valley St		19:21	
3	Lauren Howarth	Leigh Har	A	16:41	67	Samantha McCreddie	Blackburn	A	19:23
4	K Brough	Vale Roya	16:42	68	Alex Gostling	LeedsCity	A	19:24	
5	Julie Briscoe	Wakefield	A	16:57	69	Alex O'Brien	L'pool RC		19:25
6	Samantha Johnson	Rotherham	A	17:14	70	Emily Japp	Blackpool		19:27
7	Jennifer Walsh	Wakefield	A	17:23	71	Jacqui Khoueiry	Holmfirth	A	19:28
8	Racheal Bamford	LeedsCity	A	17:24	=	Ruth Ross	Hallamshr		19:28
9	Dionne Allen	Leigh Har	A	17:30	73	Carolyne Baxter	Lancaster		19:30
10	Sarah Wilkinson	Morpeth H		17:32	74	Rebecca Donohue	Liverpool	A	19:32
11	Sarah Hudak	Trafford	A	17:33	=	Claire Robson	Hallamshr		19:32
12	Maria Barrett	Liverpool	A	17:36	=	Suzanne Sharman	N Derby		19:32
=	Laura Riches	Leigh Har	A	17:36	77	Jayne Taylor	WiganH		19:34
14	Nicola Squires	Hallamshr		17:41	=	Claire Leaver	Holmfirth	A	19:34
15	Julia Jagger	Hallamshr		17:44	79	Lynn ManirJolley	Wigan Pho		19:35
16	Helen Glover	Keighley		17:46	80	Olivia Perez	Liverpool	B	19:37
17	Natalie Shaw	Derby AC		17:48	81	Sarah Bostwick	Wakefield	A	19:40
18	Catherine O'Dwyer	Bolton UH		17:49	82	Beverley Jackson	East Hull		19:42
19	Lyndsay Clarke	Stockport		17:54	83	Jenny Hutcheson	Harrogate		19:43
20	Rhiannon Silson	Border H		17:55	=	Angela Allen	Leigh Har	B	19:43
=	Helen Singleton	Wakefield	A	17:55	=	Emma Finney	Sale Harr	A	19:43
22	Rachael Burns	Liverpool	A	18:04	86	Rachel Wood	Blackburn	A	19:44
23	Louise Rudd	Stockport		18:05	=	Donna Cartwright	BuryAC		19:44
24	Helen Fines	Holmfirth	A	18:07	88	Debra Campbell	Horwich		19:45
25	Emma Pearson	Morpeth H		18:08	89	Laura Nash	Salford H	B	19:48
26	Annabelle Grady	Rotherham	A	18:11	90	Lucy Verrill	Holmfirth	A	19:50
27	Sophie Whiteside	Liverpool	A	18:12	=	Katie Geelan	BuryAC		19:50
=	Helen Berry	Holmfirth	A	18:12	92	Samantha Ayers	Keswick	A	19:51
29	Hannah Horsburgh	Keswick	A	18:15	=	Cathy Wright	Harrogate		19:51
30	Sally Smith	Wakefield	A	18:17	=	Ruth Hetherington	Border H		19:51
31	Hayley Kuter	Salford H	A	18:19	95	Helen Smith	Vale Roya		19:54
32	Abigail Howarth	Leigh Har	A	18:24	=	Claire O'Connor	Salford H	B	19:54
33	Helen Leigh	Blackburn	A	18:26	97	Anne Buckley	Bingley H		19:56
34	Katie Parry	LeedsCity	A	18:28	=	Jenn Mattinson	Keswick	A	19:56
=	Morag Stead	Morpeth H		18:28	99	Zoe Harding	Lancaster		19:58
=	Sarah Griffiths	Leigh Har	A	18:28	100	Helen Beck	Wakefield	A	19:59
=	Sally Ratcliffe	Stockport		18:28	101	Emma Green	Bingley H		20:01
38	Beverley Simons	Salford H	A	18:29	=	Shauna Murphy	Salford H	A	20:01
=	Lyndsey Brindle	Horwich		18:29	103	Katy Moore	Keswick	A	20:03
40	Charlotte Wills	LeedsCity	A	18:31	104	Noora Ronkainen	Liverpool	B	20:05
41	Kate Spilsbury	Vale Roya		18:32	105	Alison Drasdo	Trafford	A	20:06
42	Zanthe Wray	Hallamshr		18:37	106	Danielle Allen	Leigh Har	B	20:08
43	Georgina Leck	Leigh Har	B	18:38	=	Helen Armitage	Sale Harr	A	20:08
44	Kate Titlow	Vale Roya		18:41	=	Laura Hesketh	Blackburn	A	20:08
45	Amy Green	Keighley		18:43	=	Debbie Gowans	Accringto	A	20:08
46	Clare McKeown	Border H		18:44	110	Tania Hernandez	Salford H	A	20:09
47	Elizabeth Egan	Liverpool	A	18:45	=	Catherine Evans	Keswick	A	20:09
48	Christina Wiekak	Barrow &		18:46	=	Vicki Cronin	Trafford	A	20:09
49	Chelsea Jarvis	Stockport		18:47	=	Natalie Palin	L'pool RC		20:09
50	Jess Fawcett	Rotherham	A	18:48	114	Autumn Howard	Trawden		20:12
=	Jodie Spencer	Vale Roya		18:48	=	Maria Snell	Lancaster		20:12
52	Tessa Walker	Salford H	A	18:49	116	Laura Murphy	Liverpool	B	20:13
53	Louisa Thompson	Leigh Har	A	18:50	117	Emma Inglis	Skyrac		20:15
54	Jenny Knass	Stockport		18:51	118	Kirsty Normanton	Burnden		20:16
55	Joanna Goorney	Lytham St		18:52	119	Laura Egan	Beverley		20:17
56	Hannah Griffiths	Trafford	A	19:03	120	Julie Brady	Accringto	A	20:18
57	Hayley Cavill	Sale Harr	A	19:04	121	Hazel Carruthers	Rochdale	A	20:19
58	Amanda Parkinson	Accringto	A	19:07	122	Katrina Conroy	BuryAC		20:21
59	Hollie Orr	Barrow &		19:09	123	Celia DeMaria	LeedsCity	A	20:24
60	Hannah Corne	ValleySt		19:11	124	Sarah O'Sullivan	Keighley		20:27
61	Margaret Sykes	Holmfirth	A	19:12	=	Lucy Needham	Holmfirth	B	20:27
62	Sarah Graham	Morpeth H		19:13	=	Catherine Howard	Knowsley		20:27
63	Rachel Jones	Salford H	A	19:14	127	Carole Morris	Accringto	B	20:29
64	Victoria Bryant	Wigan Pho		19:16	=	Jemima Edwards	Skyrac		20:29

# Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

129	Isabelle Rowe	Harrogate	20:30	195	Christine Boardman	Horwich	22:10
130	Sharon Samson	Knowsley	20:32	196	Carole Harrison	Altrinch	22:11
=	Emma Robinson	Harrogate	20:32	197	Shirley Staveley	Burnden	22:12
132	Beverley Ganose	Altrinch	20:35	198	Louise Wardman	Valley St	22:13
=	Hannah Fleet	Lancaster	20:35	199	AnneMarie Jones	Altrinch	22:14
134	Lindsay Turnbull	Morpeth H	20:37	200	Kathryn Sharkey	PennyLane A	22:17
135	Claire Cooper	Keighley	20:38	201	Sharon Kaiser	Valley St	22:18
136	Jane Halloran	Skyrac	20:39	=	Yvette Arthur	Holmfirth B	22:18
=	*Not Declared*	c	20:39	203	Hayley Hodgson	Keswick B	22:19
138	Hannah Whitelam	Hallamshr	20:45	=	Nicola Ryan	BuryAC	22:19
=	Michelle Cobourn	PennyLane A	20:45	=	Emma Moore	Leigh Har B	22:19
140	Gwen Kinloch	Burnden	20:46	206	Jo Adamson	Middleton A	22:22
=	Jessica Freeman	Rotherham A	20:46	=	Dianne Priestley	KendalAAC	22:22
142	Laura Lawler	Blackpool	20:50	208	Alana Grundy	BuryAC	22:25
=	Katie Savage	Barrow &	20:50	209	Sonja Foster	Barrow &	22:26
144	Karen Hill	Trafford A	20:52	210	Abigail Willmitt	L'pool RC	22:29
=	Meghan Wilson	Beverley	20:52	=	A WatsonUsher	Valley St	22:29
146	Fiona Neill	Trafford B	20:54	212	Cherry Collison	Bolton UH	22:32
147	Jade Evans	Vale Roya	20:55	213	Natalie Thompson	WiganH	22:36
148	Molly Keefe	Skyrac	20:56	=	Charlotte Finch	Wigan Pho	22:36
149	Helen Winskill	Keswick B	20:57	215	Heather Roberts	Trafford B	22:37
150	Sheryl Punter	LeedsCity A	20:58	=	Lynda Rowlinson	Sale Harr A	22:37
151	Anna Blomfield	Rochdale A	20:59	217	AMcGilvray	Rochdale A	22:45
=	Helen Booth	Lancaster	20:59	218	Lynne Nichol	Altrinch	22:46
153	Clare Smallwood	Keighley	21:03	219	Josefa Terim	Rochdale A	22:52
154	Hannah Whiteside	Liverpool B	21:05	220	Jane Eardley	PennyLane B	22:53
=	Alison Vesey	Altrinch	21:05	=	Nicola Smith	Harrogate	22:53
156	C MessengerJones	Barrow &	21:06	222	Siobhan Brewer	Keswick B	22:54
=	Joanne Gillyon	Keswick A	21:06	223	Nadine Merrick	Horwich	23:01
158	Caroline Lyall	Keswick B	21:11	224	Kaylie Panaro	Blackburn B	23:04
159	Melisa Ronan	Liverpool B	21:12	225	Myka Heard	PennyLane B	23:06
160	Julia Hartley	Accringto A	21:13	226	Laura Meadowcroft	Bingley H	23:07
161	Sarah Jones	Barrow &	21:14	227	Donna Cooper	Bolton UH	23:11
162	Christine Reeday	Skyrac	21:15	228	Karen Dunford	Blackpool	23:12
=	Laura Sanderson	PennyLane A	21:15	229	Rebecca Wadeson	WiganH	23:18
164	Hannah Bateson	Lancaster	21:16	230	Tracey Dutton	WiganH	23:24
165	Beverley Wright	Blackpool	21:17	=	Katy Thompson	Burnden	23:24
166	Karen Sinkinson	Holmfirth B	21:19	232	Carolyn Millican	Border H	23:26
167	Joanne Lott	Trafford A	21:21	233	Catherine Guinan	Blackburn A	23:27
168	Deborah Edginton	Keswick B	21:22	234	Stephanie Gledhill	Valley St	23:30
169	Zoe Jayne Hurley	Accringto A	21:24	235	Nancy Bailey	Accringto B	23:31
170	Cara O'Brien	Sale Harr A	21:25	236	Emma Serjeant	Holmfirth B	23:34
171	Lisa Parker	Accringto A	21:27	237	Lynsey Rimmer	L'pool RC	23:36
172	Lucy Marie Hodson	BuryAC	21:28	238	Kate MacFarlane	PennyLane A	23:37
173	Fiona Cosgrove	Altrinch	21:30	=	Michele Baker	Accringto B	23:37
174	Rachel Mellor	Keswick B	21:31	240	Alison Hargreaves	Accringto B	23:38
175	Kate Ladell	Beverley	21:32	=	Catherine Hurst	Trafford B	23:38
176	Alex Clinkard	DerbyAC	21:35	242	Kate Williams	Trafford B	23:39
=	Michelle Murphy	Liverpool B	21:35	243	Jennifer Anderson	Lytham St	23:40
=	Helen Pettit	Holmfirth B	21:35	=	Fiona Glen	Accringto B	23:40
179	Louise Robbins	Sale Harr A	21:37	245	Julie Lomax	Bolton UH	23:41
=	Shelley Tattersall	Blackburn A	21:37	246	Christa Whatmough	Horwich	23:42
181	Alison Dewhurst	Bingley H	21:38	=	Sarah Morton	WiganH	23:42
182	Kate Sharples	PennyLane A	21:41	248	Diane Winterburn	Rochdale A	23:46
=	Leslie Fisher	Burnden	21:41	249	Katherine Phillips	Bingley H	23:48
184	Janice Needham	Rochdale A	21:42	250	Kathryn Douglas	Border H	23:50
185	Carly Morgan	Blackpool	21:45	251	Clare McKenna	Horwich	23:51
186	Eileen Mannion	Wakefield B	21:46	252	Sharon James	L'pool RC	24:00
187	Gina Senior	Wigan Pho	21:49	253	Gillian Taylor	Rotherham A	24:01
=	Philippa James	Rotherham A	21:49	254	Emma Williams	Knowsley	24:03
189	Emma Kearney	PennyLane A	21:53	255	Becki Murphy	Middleton A	24:07
190	Cristina Puccini	PennyLane B	21:54	256	Helen Storr	Beverley	24:09
=	Amy Norfolk	L'pool RC	21:54	257	Donna Marsden	Trawden	24:10
192	Jude Muir	Harrogate	22:05	=	Ursula Mellor	Leigh Har B	24:10
193	Kelly Sullavan	Burnden	22:07	259	Denise Wakefield	Salford H B	24:14
194	Ruth Beresford	Trafford B	22:09	260	E BladesJordan	Middleton B	24:16

# Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

261	Rachel McDonnell	Trafford	B	24:17
262	Fiona Geldard	Lytham St		24:22
263	Charlotte Douglas	Border H		24:24
264	Jennifer Fishwick	Bolton UH		24:25
265	Joanne Walsh	Rochdale	B	24:27
266	Elisa Woffenden	Keighley		24:28
267	Alison Burnett	East Hull		24:32
268	Bethany Jones	Leigh Har	B	24:35
269	Karen Hallet	Middleton	A	24:44
270	Tina Wigglesworth	East Hull		24:48
271	Ester VanGinneken	PennyLane	B	24:58
272	Hannah Edwards	Bolton UH		25:00
273	Melanie Baker	Middleton	B	25:03
274	Natasha Newell	Accringto	B	25:07
275	Jill Maxfield	Trawden		25:09
276	C Arrowsmith	Knowsley		25:10
=	Amanda McCarthy	Middleton	A	25:10
278	Teresa Hollins	Middleton	B	25:14
279	Nicola White	Trawden		25:17
280	Catherine Murpy	Middleton	A	25:18
281	Jane Lightfoot	Knowsley		25:21
282	J BaileyTaylor	Holmfirth	B	25:31
283	Ruth Bardsley	Salford H	B	25:33
284	Rebecca Willetts	Lytham St		25:38
285	Janet Kay	East Hull		25:44
=	Rachel Rick	PennyLane	B	25:44
287	Lorraine Leary	Rochdale	B	25:52
288	Joanne Aplin	Salford H	B	25:54
289	Carolyne Cookson	Blackburn	B	25:59
290	Lisa Nuttall	Blackburn	B	26:06
=	Emma Wells	East Hull		26:06
=	Denise Wilson	Blackburn	B	26:06
293	Jayne Earle	East Hull		26:10
294	Jean Baistow	Trawden		26:20
295	Anne Lowe	Middleton	B	26:26
296	Claire Bridge	Blackburn	B	26:27
297	Eunice Nopondo	PennyLane	B	26:37
298	Maria Woodcock	Knowsley		26:38
299	C Gomersall	Bingley H		26:55
300	Barbara Holmes	Lytham St		27:07
301	Toni Brackstone	Middleton	A	27:53
302	Danielle Beard	Rochdale	B	27:54
303	Emma Ball	Middleton	B	28:12
=	Karen Conduit	Rochdale	B	28:12
305	Laura Fitton	Rochdale	B	28:13
306	Gill Eade	Middleton	B	28:24
307	Rachel Cope	Beverley		28:45
308	Jennifer Laptew	Salford H	B	29:05
309	Joanne Fairhurst	WiganH		29:19
310	Brenda Robinson	Rochdale	B	29:25
311	Andrea Smith	Blackpool		30:38
312	Nikki Charnley	Blackburn	B	30:54
313	Dawn Lock	Lytham St		36:10
314	Hayley Fletcher	Wigan Pho		46:36