

# Northern Athletics Road Relay Championships at Birchwood Park, Warrington on Saturday 20th September 2014

## - Senior Women Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	Rebecca Robinson	Kendal Am	20:52	40	Debbie Gowans	Accringto A	25:14
2	Jenna Hill	Sale Harr A	22:00	41	Lucy Farquhar	Holmfirth B	25:18
3	Natalie Farrow	Lincoln W A	22:15	42	Jennifer Hanson	Royton Ro	25:22
4	Nicola Squires	Hallamshi A	22:18	43	Cassie Holmes	YorkKnav	25:24
5	Tessa Walker	Salford H A	22:36	44	Shannon Johnson	Leigh Har B	25:32
6	Robyn Lanceley	Rotherham A	22:46	45	Ashleigh Thorpe	Sunderlan	25:36
7	Jenny Knass	Stockport A	22:48	46	Sinead Bent	Salford H B	25:39
8	Rachael Burns	Liverpool A	22:50	47	Heather Nuttall	Wirral Ac	25:41
9	Rhiannon Silson	Border Ha	22:53	48	H WebsterCostell	Jarrow & B	25:42
10	Helen Berry	Holmfirth A	23:03	49	Janice Needham	Rochdale A	25:45
11	L DaviesBeckett	Chesterfi	23:09	50	Jodie Spencer	Vale Roya A	25:57
12	Aiveen Smith	Durham Ci	23:19	51	Diane Winterburn	Rochdale C	26:00
13	Gina Rutherford	North Shi	23:26	52	Jessica Nixon	Leeds Cit B	26:01
14	Natalie Shaw	Derby Ath A	23:27	53	Lorraine Slater	Barlick F	26:06
15	*Not Declared*	Liverpool	23:31	54	ZoeJayne Hurley	Accringto C	26:10
16	Caroline Betmead	Blackpool A	23:34	55	Lauren Marsden	Swinton R	26:20
17	Claire Simpson	Jarrow & A	23:35	56	Emma Taylor	Accringto B	26:21
18	Mollie Williams	Stockport B	23:40	57	Kerry Storrar	Barnsley	26:30
19	Jayne Taylor	Wigan & D A	23:50	58	Rachel McGoldrick	St Helens	26:41
20	Joanna Goorney	Lytham St	23:57	59	Tracey Dutton	Wigan & D B	26:44
21	Victoria Bryant	Wigan Pho A	24:10	60	Kate McGing	Penny Lan	26:47
22	Candice Heys	Clayton L B	24:13	61	Jenny Gornall	Preston H B	26:52
23	Bobbi Phillips	CityYork	24:14	62	Deirdre McCarthy	Sale Harr C	26:54
24	Rebecca Craigie	Vale Roya B	24:18	63	Nikki Bansal	Wigan Pho B	27:09
25	JennaMcGrevey	Lincoln W B	24:21	64	Alex Robinson	Derby Ath B	27:15
26	Charlotte Wills	Leeds Cit A	24:24	65	Amanda Bellwood	Saltaire A	27:17
27	Donna Cartwright	Bury Athl A	24:28	66	Susie Hirst	Rochdale B	27:21
28	Elizabeth Austen	Trafford	24:41	67	Anastasia Bligh	Blackpool B	27:35
29	Helen Armitage	Sale Harr B	24:44	68	Michaela Sill	Sheffield A	27:48
30	Beverley Jackson	East Hull	24:45	69	YvetteArthur	Holmfirth C	27:53
31	Jenny Hutcheson	Harrogate	24:49	70	Angela Shian	Clayton L A	28:13
32	Holly Teague	East Ches	24:53	71	Tracey Hulme	Wesham Ro A	28:22
33	Georgina Leck	Leigh Har A	24:56	72	Amanda Gregory	Wigan Pho C	28:42
34	Emma Parkinson	Rotherham B	24:58	73	Hannah Skaiffe	Liverpool B	30:38
35	Lesley Watson	Bingley H A	24:59	74	Diane Blagden	Wesham Ro B	31:35
36	Victoria Walls	Spectrum A	25:04	75	Donna Line	Saltaire B	31:47
37	Jennifer Parker	Preston H A	25:05	76	Karen Dalby	Knowsley B	31:49
38	Catherine Howard	Knowsley A	25:09	77	Natalie Cosgrove	Sheffield B	31:57
39	Autumn Howard	Trawden A	25:11				

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## - Senior Women Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Sarah Tunstall	Kendal Am	21:33	42:25	0	43	Sheryl Punter	Leeds Cit B	27:41	53:42	+ 9
2	Annabelle Grady	Rotherham A	22:07	44:53	+ 4	44	Dawn Broom	Barnsley	27:14	53:44	+ 13
3	Hayley Ashby	Sale Harr A	23:20	45:20	- 1	45	Helen Caldwell	Spectrum A	28:48	53:52	- 9
4	Lyndsay Clarke	Stockport A	22:48	45:36	+ 3	46	Carmel Sullivan	Wesham Ro A	25:47	54:09	+ 25
5	Rebekah Ward	Lincoln W A	23:34	45:49	- 2	47	Maria McGoldrick	St Helens	27:59	54:40	+ 11
6	Beverley Simons	Salford H A	23:44	46:20	- 1	48	Sabrina Walley	Leigh Har B	29:16	54:48	- 4
7	Margaret Sykes	Holmfirth A	23:26	46:29	+ 3	49	Carly Robbins	Blackpool B	27:16	54:51	+ 18
8	Maxine Czarnaeka	Jarrow & A	22:58	46:33	+ 9	50	Rebecca Mills	Swinton R	28:33	54:53	+ 5
9	Claire Duck	Leeds Cit A	22:16	46:40	+ 17	51	Ruth Ollerenshaw	Salford H B	29:18	54:57	- 5
10	Molly Betmead	Blackpool A	23:25	46:59	+ 6	52	Sue Exon	Trafford	30:26	55:07	- 24
11	Rachel Olivant	Derby Ath A	23:42	47:09	+ 3	53	Victoria Cowling	Preston H B	28:17	55:09	+ 8
12	Alyson Dixon	Sunderlan	21:34	47:10	+ 33	54	Emma Bailey	Barlick F	29:12	55:18	- 1
13	Ellen Downs	Stockport B	24:14	47:54	+ 5	55	Hannah Christy	Sale Harr C	28:28	55:22	+ 7
14	Olivia Perez	Liverpool A	25:07	47:57	- 6	56	Jean Baistow	Trawden A	30:12	55:23	- 17
15	Sarah Griffiths	Leigh Har A	23:17	48:13	+ 18	57	Julia Moore	Rochdale B	28:05	55:26	+ 9
16	*Not Declared*	Liverpool	24:50	48:21	- 1	58	Kaye Callaghan	Accringto C	29:50	56:00	- 4
17	Emma McKnespiey	Border Ha	25:33	48:26	- 8	59	Helen Cameron	Sheffield A	28:23	56:11	+ 9
18	Karen Wood	City York	24:13	48:27	+ 5	60	Katherine Phillips	Bingley H A	31:19	56:18	- 25
19	Carla Maley	North Shi	25:17	48:43	- 6	61	Rebecca Rawcliffe	Clayton L A	28:24	56:37	+ 9
20	Jessica Parsons	Vale Roya B	24:28	48:46	+ 4	62	Esther VanGinneken	Penny Lan	30:47	57:34	- 2
21	Charlotte Finch	Wigan Pho A	24:41	48:51	0	63	AMcGilvray	Rochdale C	31:37	57:37	- 12
22	Lindsey Morgan	Chesterfi	25:55	49:04	- 11	64	Emma Serjeant	Holmfirth C	30:17	58:10	+ 5
23	Julie Platt	Wigan & D A	25:16	49:06	- 4	65	Ruth Dawson	Accringto B	32:04	58:25	- 9
24	S Rookyard	East Hull	24:32	49:17	+ 6	66	Rachel Parker	Saltaire A	31:22	58:39	- 1
25	Emily Kearney	Wirral Ac	23:40	49:21	+ 22	67	Tracey Emmett	Jarrow & B	33:44	59:26	- 19
26	Katherine Wellam	Sale Harr B	24:52	49:36	+ 3	68	Keisha Cooper	Wigan Pho C	31:45	1:00:27	+ 4
27	Katie Gerrard	Vale Roya A	23:41	49:38	+ 23	69	Joanne Fairhurst	Wigan & D B	35:01	1:01:45	- 10
28	Jessica Freeman	Rotherham B	24:43	49:41	+ 6	70	Lynn Lewington	Knowsley B	30:12	1:02:01	+ 6
29	Lucy Hodson	Bury Athl A	26:21	50:49	- 2	71	Helen Anayiotos	Sheffield B	33:00	1:04:57	+ 6
30	Ruby Sykes	Holmfirth B	25:32	50:50	+ 11	72	Karen Davies	Wesham Ro B	33:56	1:05:31	+ 2
31	Nichola Jackson	Preston H A	25:51	50:56	+ 6	73	Louise Dell'Amico	Saltaire B	34:09	1:05:56	+ 2
32	Kirsty Vogan	YorkKnav	25:37	51:01	+ 11	<b>Fastest runners over stage 2:</b>					
33	Anna Blomfield	Rochdale A	25:32	51:17	+ 16	1	Sarah Tunstall	Kendal Am	21:33		
34	Lisa Parker	Accringto A	26:12	51:26	+ 6	2	Alyson Dixon	Sunderlan	21:34		
35	Sarah Gill	Harrogate	26:51	51:40	- 4	3	Annabelle Grady	Rotherham A	22:07		
36	Catherine Garbutt	Durham Ci	28:23	51:42	- 24	4	Claire Duck	Leeds Cit A	22:16		
37	Lynsey Unsworth	Knowsley A	26:40	51:49	+ 1	5	Lyndsay Clarke	Stockport A	22:48		
38	Megan Ball	Lincoln W B	27:38	51:59	- 13	6	Maxine Czarnaeka	Jarrow & A	22:58		
39	Felicity Wolohan	Lytham St	28:11	52:08	- 19	7	Sarah Griffiths	Leigh Har A	23:17		
40	Sally Teague	East Ches	27:33	52:26	- 8	8	Hayley Ashby	Sale Harr A	23:20		
41	Rachael Moore	Wigan Pho B	25:27	52:36	+ 22	9	Molly Betmead	Blackpool A	23:25		
42	Gillian Lowe	Royton Ro	27:51	53:13	0	10	Margaret Sykes	Holmfirth A	23:26		



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## - Senior Women Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Jessica Coulson	Stockport A	20:24	1:28:23	+ 4
2	Racheal Bamford	Leeds Cit A	22:31	1:29:47	0
3	Abbie Donnelly	Lincoln W A	22:01	1:29:51	+ 1
4	Allison Daly	Kendal Am	24:50	1:30:24	- 3
5	Samantha Johnson	Rotherham A	22:55	1:30:44	- 2
6	Rachel Jones	Salford H A	23:50	1:32:41	0
7	Alexandra Snook	Jarrow & A	22:58	1:34:01	+ 2
8	Helen Fines	Holmfirth A	23:33	1:34:24	0
9	Tessa McCormick	Vale Roya A	21:53	1:34:49	+ 5
10	Dionne Allen	Leigh Har A	22:38	1:34:56	+ 2
11	Emma Finney	Sale Harr A	25:00	1:35:19	- 4
12	Veleska Wills	Derby Ath A	23:43	1:35:58	- 1
13	Kate Titlow	Vale Roya B	23:55	1:37:40	+ 3
14	Alisha Johnson	Blackpool A	25:30	1:37:42	- 4
15	Maria Barrett	Liverpool A	23:00	1:37:48	+ 4
16	Emma Ballantyne	City York	24:44	1:38:42	+ 1
17	Clare McKeown	Border Ha	24:09	1:39:25	+ 5
18	Ashleigh Ewen	Sunderlan	27:05	1:39:41	- 5
19	Anwen Darlington	York Knav	24:23	1:41:29	+ 10
20	Alison Dixon	North Shi	26:10	1:41:32	+ 4
21	Sophie Darling	Lincoln W B	24:10	1:41:37	+ 10
22	Charlotte Dodds	Rotherham B	26:26	1:41:47	+ 1
23	*Not Declared*	Liverpool	26:11	1:41:59	+ 2
24	Gina Senior	Wigan Pho A	27:09	1:42:05	- 4
25	Catherine Slater	Preston H A	25:09	1:42:26	+ 5
26	Jacqueline Jones	Wigan & D A	26:33	1:42:53	0
27	Megan Ashelby	Stockport B	26:19	1:42:58	0
28	Julie Brady	Accringto A	25:35	1:43:43	+ 6
29	Louise Robbins	Sale Harr B	28:38	1:43:45	- 8
30	Becki Robinson	Royton Ro	25:23	1:44:02	+ 6
31	Alison Burnett	East Hull	30:10	1:44:32	- 13
32	Lorraine Leary	Rochdale A	26:42	1:44:37	+ 1
33	Sharon Samson	Knowsley A	25:07	1:44:40	+ 7
34	Liz Woodfield	Holmfirth B	26:11	1:44:42	+ 1
35	Claire Andrew	Spectrum A	24:30	1:45:20	+ 8
36	Tasmin Boam	Chesterfi	27:42	1:45:35	- 4
37	Elizabeth Cheshire	Bury Athl A	26:51	1:45:36	0
38	Julia Quinonez	Durham Ci	28:44	1:45:37	- 10
39	Isabelle Rowe	Harrogate	26:27	1:45:44	0
40	Pamela Read	East Ches	27:20	1:46:21	- 2
41	Lynn ManirJolley	Wigan Pho B	26:22	1:46:58	+ 1
42	Emma Green	Bingley H A	24:52	1:47:23	+ 3
43	Hayley Townend	Barnsley	27:09	1:47:44	- 2
44	Helen Lawrenson	Wesham Ro A	26:33	1:50:47	+ 7
45	Lynda Rowlinson	Sale Harr C	28:29	1:51:22	+ 2
46	Laura Hudson	Accringto C	28:06	1:52:05	+ 3
47	Fiona Geldard	Lytham St	29:34	1:52:21	- 1
48	Anneka Sanders	Salford H B	27:38	1:52:31	+ 6
49	Jennifer Hird	Barlick F	27:29	1:52:50	+ 6
50	Rebekah Walker	Sheffield A	25:57	1:53:02	+ 9
51	Michelle Brooks	Trawden A	27:22	1:53:44	+ 5
52	Irene Roche	Clayton L A	27:48	1:54:41	+ 5
53	Julie Hamilton	Swinton R	30:06	1:54:45	- 1
54	Kate Williams	Trafford	30:50	1:54:53	- 4
55	C Rawcliffe	Preston H B	33:03	1:55:10	- 11
56	Tanya Barlow	Blackpool B	30:29	1:55:15	- 3
57	Cristina Puccini	Penny Lan	27:46	1:56:34	+ 5
58	Joanne Hosker	Accringto B	28:08	1:56:44	+ 3
59	J BaileyTaylor	Holmfirth C	31:18	1:58:17	- 1
60	Joanne Walsh	Rochdale C	29:36	1:59:08	+ 4
61	Laura Marchant	Saltire A	28:47	2:03:27	+ 5
62	Christine Hart	Wigan Pho C	33:58	2:03:29	+ 1
63	Brenda Robinson	Rochdale B	37:17	2:05:25	- 3
64	Hayley Deacon	Jarrow & B	32:14	2:06:22	+ 1
65	Pauline Taylor	Wigan & D B	35:12	2:12:15	+ 2
66	Colette Roche	Knowsley B	31:45	2:12:45	+ 3
67	Jenny Willingham	Saltire B	36:03	2:14:58	+ 1
68	Sally Deacon	Wesham Ro B	33:38	2:17:56	+ 3

### Fastest runners over stage 4:

1	Jessica Coulson	Stockport A	20:24
2	Tessa McCormick	Vale Roya A	21:53
3	Abbie Donnelly	Lincoln W A	22:01
4	Racheal Bamford	Leeds Cit A	22:31
5	Dionne Allen	Leigh Har A	22:38
6	Samantha Johnson	Rotherham A	22:55
7	Alexandra Snook	Jarrow & A	22:58
8	Maria Barrett	Liverpool A	23:00
9	Helen Fines	Holmfirth A	23:33
10	Veleska Wills	Derby Ath A	23:43

# Northern Athletics Road Relay Championships

## at Birchwood Park, Warrington on Saturday 20th September 2014

### Senior Women — Team Results — Final

(nn) is team position after the appropriate stage.

<b>1 Stockport Harriers &amp; AC 'A' 1:28:23</b>				<b>17 Border Harriers &amp; AC 1:39:25</b>											
1	Jenny Knass	(7)	22:48	2	Lyndsay Clarke	(4)	22:48	1	Rhiannon Silson	(9)	22:53	2	Emma McKnespiey	(17)	25:33
3	Louise Rudd	(5)	22:23	4	Jessica Coulson	(1)	20:24	3	Kathryn Douglas	(22)	26:50	4	Clare McKeown	(17)	24:09
<b>2 Leeds City Athletic Club 'A' 1:29:47</b>				<b>18 Sunderland Strollers 1:39:41</b>											
1	Charlotte Wills	(26)	24:24	2	Claire Duck	(9)	22:16	1	Ashleigh Thorpe	(45)	25:36	2	Alyson Dixon	(12)	21:34
3	Susan Partridge	(2)	20:36	4	Racheal Bamford	(2)	22:31	3	Jenna Maynard	(13)	25:26	4	Ashleigh Ewen	(18)	27:05
<b>3 Lincoln Wellington Athletic C 'A' 1:29:51</b>				<b>19 York Knavesmire Harriers 1:41:29</b>											
1	Natalie Farrow	(3)	22:15	2	Rebekah Ward	(5)	23:34	1	Cassie Holmes	(43)	25:24	2	Kirsty Vogan	(32)	25:37
3	Sophie Cowper	(4)	22:01	4	Abbie Donnelly	(3)	22:01	3	C Warrington	(29)	26:05	4	Anwen Darlington	(19)	24:23
<b>4 Kendal Amateur Athletic Club 1:30:24</b>				<b>20 North Shields Polytechnic Clu 1:41:32</b>											
1	Rebecca Robinson	(1)	20:52	2	Sarah Tunstall	(1)	21:33	1	Gina Rutherford	(13)	23:26	2	Carla Maley	(19)	25:17
3	Mairead Rocke	(1)	23:09	4	Allison Daly	(4)	24:50	3	Clare Twaddle	(24)	26:39	4	Alison Dixon	(20)	26:10
<b>5 Rotherham Harriers And AC 'A' 1:30:44</b>				<b>21 Lincoln Wellington Athletic C 'B' 1:41:37</b>											
1	Robyn Lanceley	(6)	22:46	2	Annabelle Grady	(2)	22:07	1	Jenna McGrevey	(25)	24:21	2	Megan Ball	(38)	27:38
3	Natasha Hatswell	(3)	22:56	4	Samantha Johnson	(5)	22:55	3	Georgia Ball	(31)	25:28	4	Sophie Darling	(21)	24:10
<b>6 Salford Harriers &amp; AC 'A' 1:32:41</b>				<b>22 Rotherham Harriers And AC 'B' 1:41:47</b>											
1	Tessa Walker	(5)	22:36	2	Beverley Simons	(6)	23:44	1	Emma Parkinson	(34)	24:58	2	Jessica Freeman	(28)	24:43
3	Hayley Kuter	(6)	22:31	4	Rachel Jones	(6)	23:50	3	Emma Dutton	(23)	25:40	4	Charlotte Dodds	(22)	26:26
<b>7 Jarrow &amp; Hebburn AC 'A' 1:34:01</b>				<b>23 Liverpool Running Club 1:41:59</b>											
1	Claire Simpson	(17)	23:35	2	Maxine Czamecka	(8)	22:58	1	Undeclared	(15)	23:31	2	Undeclared	(16)	24:50
3	Sarah McDonald	(9)	24:30	4	Alexandra Snook	(7)	22:58	3	Undeclared	(25)	27:27	4	Undeclared	(23)	26:11
<b>8 Holmfirth Harriers AC 'A' 1:34:24</b>				<b>24 Wigan Phoenix 'A' 1:42:05</b>											
1	Helen Berry	(10)	23:03	2	Margaret Sykes	(7)	23:26	1	Victoria Bryant	(21)	24:10	2	Charlotte Finch	(21)	24:41
3	Claire Leaver	(8)	24:22	4	Helen Fines	(8)	23:33	3	Selina Braund	(20)	26:05	4	Gina Senior	(24)	27:09
<b>9 Vale Royal AC 'A' 1:34:49</b>				<b>25 Preston Harriers 'A' 1:42:26</b>											
1	Jodie Spencer	(50)	25:57	2	Katie Gerrard	(27)	23:41	1	Jennifer Parker	(37)	25:05	2	Nichola Jackson	(31)	25:51
3	Kate Spilsbury	(14)	23:18	4	Tessa McCormick	(9)	21:53	3	Ambi Tipping	(30)	26:21	4	Catherine Slater	(25)	25:09
<b>10 Leigh Harriers &amp; AC 'A' 1:34:56</b>				<b>26 Wigan &amp; District H &amp; AC 'A' 1:42:53</b>											
1	Georgina Leck	(33)	24:56	2	Sarah Griffiths	(15)	23:17	1	Jayne Taylor	(19)	23:50	2	Julie Platt	(23)	25:16
3	Louisa Thompson	(12)	24:05	4	Dionne Allen	(10)	22:38	3	Nina Fisher	(26)	27:14	4	Jacqueline Jones	(26)	26:33
<b>11 Sale Harriers Manchester 'A' 1:35:19</b>				<b>27 Stockport Harriers &amp; AC 'B' 1:42:58</b>											
1	Jenna Hill	(2)	22:00	2	Hayley Ashby	(3)	23:20	1	Mollie Williams	(18)	23:40	2	Ellen Downs	(13)	24:14
3	Sarah Douglas	(7)	24:59	4	Emma Finney	(11)	25:00	3	Alice Hughes	(27)	28:45	4	Megan Ashelby	(27)	26:19
<b>12 Derby Athletic Club 'A' 1:35:58</b>				<b>28 Accrington Road Runners 'A' 1:43:43</b>											
1	Natalie Shaw	(14)	23:27	2	Rachel Olivant	(11)	23:42	1	Debbie Gowans	(40)	25:14	2	Lisa Parker	(34)	26:12
3	Kirsty Shipman	(11)	25:06	4	Veleska Wills	(12)	23:43	3	Nicola Wood	(34)	26:42	4	Julie Brady	(28)	25:35
<b>13 Vale Royal AC 'B' 1:37:40</b>				<b>29 Sale Harriers Manchester 'B' 1:43:45</b>											
1	Rebecca Craigie	(24)	24:18	2	Jessica Parsons	(20)	24:28	1	Helen Armitage	(29)	24:44	2	Katherine Wellam	(26)	24:52
3	Kerry Riley	(16)	24:59	4	Kate Titlow	(13)	23:55	3	Sian Rowley	(21)	25:31	4	Louise Robbins	(29)	28:38
<b>14 Blackpool Wyre &amp; Fylde AC 'A' 1:37:42</b>				<b>30 Royton Road Runners 1:44:02</b>											
1	Caroline Betmead	(16)	23:34	2	Molly Betmead	(10)	23:25	1	Jennifer Hanson	(42)	25:22	2	Gillian Lowe	(42)	27:51
3	Beverley Wright	(10)	25:13	4	Alisha Johnson	(14)	25:30	3	Kirsty White	(36)	25:26	4	Becki Robinson	(30)	25:23
<b>15 Liverpool Harriers &amp; AC 'A' 1:37:48</b>				<b>31 East Hull Harriers &amp; AC 1:44:32</b>											
1	Rachael Burns	(8)	22:50	2	Olivia Perez	(14)	25:07	1	Beverley Jackson	(30)	24:45	2	S Rookyard	(24)	24:32
3	Michelle Murphy	(19)	26:51	4	Maria Barrett	(15)	23:00	3	Melissa Oliver	(18)	25:05	4	Alison Burnett	(31)	30:10
<b>16 City Of York AC 1:38:42</b>				<b>32 Rochdale Harriers &amp; AC 'A' 1:44:37</b>											
1	Bobbi Phillips	(23)	24:14	2	Karen Wood	(18)	24:13	1	Janice Needham	(49)	25:45	2	Anna Blomfield	(33)	25:32
3	Jade Hutchinson	(17)	25:31	4	Emma Ballantyne	(16)	24:44	3	Jill Butterworth	(33)	26:38	4	Lorraine Leary	(32)	26:42

# Northern Athletics Road Relay Championships

## at Birchwood Park, Warrington on Saturday 20th September 2014

<p><b>33 Knowsley Harriers</b> 'A' 1:44:40</p> <p>1 Catherine Howard (38) 25:09    2 Lynsey Unsworth (37) 26:40            3 April Morgan (40) 27:44    4 Sharon Samson (33) 25:07</p>	<p><b>50 Sheffield RC</b> 'A' 1:53:02</p> <p>1 Michaela Sill (68) 27:48    2 Helen Cameron (59) 28:23            3 Kathleen Deeney (59) 30:54    4 Rebekah Walker (50) 25:57</p>
<p><b>34 Holmfirth Harriers AC</b> 'B' 1:44:42</p> <p>1 Lucy Farquhar (41) 25:18    2 Ruby Sykes (30) 25:32            3 Sophie Spencer (35) 27:41    4 Liz Woodfield (34) 26:11</p>	<p><b>51 Trawden Athletic Club</b> 1:53:44</p> <p>1 Autumn Howard (39) 25:11    2 Jean Baistow (56) 30:12            3 Jill Maxfield (56) 30:59    4 Michelle Brooks (51) 27:22</p>
<p><b>35 Spectrum Striders</b> 'A' 1:45:20</p> <p>1 Victoria Walls (36) 25:04    2 Helen Caldwell (45) 28:48            3 Karon Forster (43) 26:58    4 Claire Andrew (35) 24:30</p>	<p><b>52 Clayton Le Moors Harriers</b> 'A' 1:54:41</p> <p>1 Angela Shian (70) 28:13    2 Rebecca Rawcliffe (61) 28:24            3 Jean Knightley (57) 30:16    4 Irene Roche (52) 27:48</p>
<p><b>36 Chesterfield &amp; District AC</b> 1:45:35</p> <p>1 L Davies Beckett (11) 23:09    2 Lindsey Morgan (22) 25:55            3 Rebecca Herring (32) 28:49    4 Tasmyn Boam (36) 27:42</p>	<p><b>53 Swinton Running Club</b> 1:54:45</p> <p>1 Lauren Marsden (55) 26:20    2 Rebecca Mills (50) 28:33            3 Emma Flynn (52) 29:46    4 Julie Hamilton (53) 30:06</p>
<p><b>37 Bury Athletic Club</b> 'A' 1:45:36</p> <p>1 Donna Cartwright (27) 24:28    2 Lucy Hodson (29) 26:21            3 Nicola Harland (37) 27:56    4 Elizabeth Cheshire (37) 26:51</p>	<p><b>54 Trafford Athletic Club</b> 1:54:53</p> <p>1 Elizabeth Austen (28) 24:41    2 Sue Exon (52) 30:26            3 Rachel McDonnell (50) 28:56    4 Kate Williams (54) 30:50</p>
<p><b>38 Durham City Harriers &amp; AC</b> 1:45:37</p> <p>1 Aiveen Smith (12) 23:19    2 Catherine Garbutt (36) 28:23            3 Kim Simpson (28) 25:11    4 Julia Quinonez (38) 28:44</p>	<p><b>55 Preston Harriers</b> 'B' 1:55:10</p> <p>1 Jenny Gornall (61) 26:52    2 Victoria Cowling (53) 28:17            3 Marian Hesketh (44) 26:58    4 C Rawcliffe (55) 33:03</p>
<p><b>39 Harrogate Harriers &amp; AC</b> 1:45:44</p> <p>1 Jenny Hutcheson (31) 24:49    2 Sarah Gill (35) 26:51            3 Jude Muir (39) 27:37    4 Isabelle Rowe (39) 26:27</p>	<p><b>56 Blackpool Wyre &amp; Fylde AC</b> 'B' 1:55:15</p> <p>1 Anastasia Bligh (67) 27:35    2 Carly Robbins (49) 27:16            3 Andrea Smith (53) 29:55    4 Tanya Barlow (56) 30:29</p>
<p><b>40 East Cheshire Harriers &amp; Tame</b> 1:46:21</p> <p>1 Holly Teague (32) 24:53    2 Sally Teague (40) 27:33            3 Bethany Hirst (38) 26:35    4 Pamela Read (40) 27:20</p>	<p><b>57 Penny Lane Striders</b> 1:56:34</p> <p>1 Kate McGing (60) 26:47    2 Esther Van Ginneken (62) 30:47            3 Anna Watkin (62) 31:14    4 Cristina Puccini (57) 27:46</p>
<p><b>41 Wigan Phoenix</b> 'B' 1:46:58</p> <p>1 Nikki Bansal (63) 27:09    2 Rachael Moore (41) 25:27            3 Emma Weall (42) 28:00    4 Lynn Manir Jolley (41) 26:22</p>	<p><b>58 Accrington Road Runners</b> 'B' 1:56:44</p> <p>1 Emma Taylor (56) 26:21    2 Ruth Dawson (65) 32:04            3 Carole Morris (61) 30:11    4 Joanne Hosker (58) 28:08</p>
<p><b>42 Bingley Harriers &amp; AC</b> 'A' 1:47:23</p> <p>1 Lesley Watson (35) 24:59    2 Katherine Phillips (60) 31:19            3 Mandy Clarke (45) 26:13    4 Emma Green (42) 24:52</p>	<p><b>59 Holmfirth Harriers AC</b> 'C' 1:58:17</p> <p>1 Yvette Arthur (69) 27:53    2 Emma Serjeant (64) 30:17            3 Dinah Coggon (58) 28:49    4 J Bailey Taylor (59) 31:18</p>
<p><b>43 Barnsley Athletic Club</b> 1:47:44</p> <p>1 Kerry Storrar (57) 26:30    2 Dawn Broom (44) 27:14            3 Lisa Skinner (41) 26:51    4 Hayley Townend (43) 27:09</p>	<p><b>60 Rochdale Harriers &amp; AC</b> 'C' 1:59:08</p> <p>1 Diane Winterburn (51) 26:00    2 A McGilvray (63) 31:37            3 Caroline Fortnum (64) 31:55    4 Joanne Walsh (60) 29:36</p>
<p><b>44 Wesham Road Runners &amp; AC</b> 'A' 1:50:47</p> <p>1 Tracey Hulme (71) 28:22    2 Carmel Sullivan (46) 25:47            3 Kathleen Hoyer (51) 30:05    4 Helen Lawrenson (44) 26:33</p>	<p><b>61 Saltaire Striders</b> 'A' 2:03:27</p> <p>1 Amanda Bellwood (65) 27:17    2 Rachel Parker (66) 31:22            3 Louise Higgins (66) 36:01    4 Laura Marchant (61) 28:47</p>
<p><b>45 Sale Harriers Manchester</b> 'C' 1:51:22</p> <p>1 Deirdre McCarthy (62) 26:54    2 Hannah Christy (55) 28:28            3 Alison Pye (47) 27:31    4 Lynda Rowlinson (45) 28:29</p>	<p><b>62 Wigan Phoenix</b> 'C' 2:03:29</p> <p>1 Amanda Gregory (72) 28:42    2 Keisha Cooper (68) 31:45            3 Emma Naylor (63) 29:04    4 Christine Hart (62) 33:58</p>
<p><b>46 Accrington Road Runners</b> 'C' 1:52:05</p> <p>1 Zoe Jayne Hurley (54) 26:10    2 Kaye Callaghan (58) 29:50            3 Lisa Boyle (49) 27:59    4 Laura Hudson (46) 28:06</p>	<p><b>63 Rochdale Harriers &amp; AC</b> 'B' 2:05:25</p> <p>1 Susie Hirst (66) 27:21    2 Julia Moore (57) 28:05            3 Sian Smith (60) 32:42    4 Brenda Robinson (63) 37:17</p>
<p><b>47 Lytham St Annes Rr Club</b> 1:52:21</p> <p>1 Joanna Goomey (20) 23:57    2 Felicity Wolohan (39) 28:11            3 Dawn Bloor (46) 30:39    4 Fiona Geldard (47) 29:34</p>	<p><b>64 Jarrow &amp; Hebburn AC</b> 'B' 2:06:22</p> <p>1 H Webster Costell (48) 25:42    2 Tracey Emmett (67) 33:44            3 Gillian Harris (65) 34:42    4 Hayley Deacon (64) 32:14</p>
<p><b>48 Salford Harriers &amp; AC</b> 'B' 1:52:31</p> <p>1 Sinead Bent (46) 25:39    2 Ruth Ollerenshaw (51) 29:18            3 Denise Wakefield (54) 29:56    4 Anneka Sanders (48) 27:38</p>	<p><b>65 Wigan &amp; District H &amp; AC</b> 'B' 2:12:15</p> <p>1 Tracey Dutton (59) 26:44    2 Joanne Fairhurst (69) 35:01            3 Pat Cole (67) 35:18    4 Pauline Taylor (65) 35:12</p>
<p><b>49 Barlick Fell Runners</b> 1:52:50</p> <p>1 Lorraine Slater (53) 26:06    2 Emma Bailey (54) 29:12            3 Rachel Lowther (55) 30:03    4 Jennifer Hird (49) 27:29</p>	<p><b>66 Knowsley Harriers</b> 'B' 2:12:45</p> <p>1 Karen Dalby (76) 31:49    2 Lynn Lewington (70) 30:12            3 Rachel Craig (69) 38:59    4 Colette Roche (66) 31:45</p>

# Northern Athletics Road Relay Championships

## at Birchwood Park, Warrington on Saturday 20th September 2014

**67 Saltaire Striders 'B' 2:14:58**  
1 DonnaLine (75) 31:47 2 LouiseDell'Amico (73) 34:09  
3 LeashiaDickinson (68) 32:59 4 JennyWillingham (67) 36:03

**68 Wesham Road Runners & AC 'B' 2:17:56**  
1 DianeBlagden (74) 31:35 2 KarenDavies (72) 33:56  
3 JulieRooney (71) 38:47 4 SallyDeacon (68) 33:38

### Incomplete Teams:

**Wirral AC**  
1 HeatherNuttall (47) 25:41 2 EmilyKearney (25) 23:40  
3 SarahKearney (15) 24:13

**St Helens Sutton AC**  
1 RachelMcGoldrick (58) 26:41 2 MariaMcGoldrick (47) 27:59  
3 JuliaEccleston (48) 28:44

**Sheffield RC 'B'**  
1 NatalieCosgrove (77) 31:57 2 HelenAnayiotos (71) 33:00  
3 GeorginaWilliams (70) 36:42

**Leeds City Athletic Club 'B'**  
1 JessicaNixon (52) 26:01 2 SherylPunter (43) 27:41

**Leigh Harriers & AC 'B'**  
1 ShannonJohnson (44) 25:32 2 SabrinaWalley (48) 29:16

**Hallamshire Harriers Sheffield 'A'**  
1 NicolaSquires (4) 22:18

**Clayton Le Moors Harriers 'B'**  
1 CandiceHeys (22) 24:13

**Derby Athletic Club 'B'**  
1 AlexRobinson (64) 27:15

**Liverpool Harriers & AC 'B'**  
1 HannahSkaiffe (73) 30:38

### Fastest of all legs

1	Jessica Coulson	Stockport	A	20:24
2	Susan Partridge	Leeds Cit	A	20:36
3	Rebecca Robinson	Kendal Am		20:52
4	Sarah Tunstall	Kendal Am		21:33
5	Alyson Dixon	Sunderlan		21:34
6	Tessa McCormick	Vale Roya	A	21:53
7	Jenna Hill	Sale Harr	A	22:00
8	Sophie Cowper	Lincoln W	A	22:01
=	Abbie Donnelly	Lincoln W	A	22:01
10	Annabelle Grady	Rotherham	A	22:07