

Northern Athletics Road Relay Championships at Birchwood Park, Warrington on Saturday 20th September 2014

- Senior Men Stage 1 — Final Results

Pos	Name	Club	Leg Time			
1	Mark Buckingham	Holmfirth A	18:07	67	David Cullen	Bury Athle A 21:19
2	Andrew Heyes	Hallamshir A	18:09	68	Steven Townley	Sale Harri D 21:19
3	Jack Crabtree	Sale Harri A	18:16	69	Alan White	Sale Harri C 21:22
4	Elliot Bowker	Vale Royal A	18:18	70	Matthew Hayes	East Hull A 21:24
5	Ross Millington	Stockport A	18:23	71	Jordan Bell	Blackhill 21:25
6	Tesfaye Debele	Leeds City A	18:32	72	*Not Declared*	L'pool RC A 21:27
7	James Douglas	Border Har A	18:52	73	Joseph Crossfield	Halifax Ha 21:27
8	Tom Cornthwaite	Salford Ha B	18:55	74	Adi Thomas	Keighley & A 21:29
9	C Farrell	Horwich R A	18:56	75	Stuart Robinson	Border Har B 21:29
10	Daniel Haymes	Derby Athl A	18:58	76	StevenMcMahon	Sun'landS 21:37
11	Daniel Garbutt	Durham Cit	19:05	77	Tom Fordyce	Sale Harri E 21:42
12	John Ashcroft	L'pool H A	19:10	78	Chris Roberts	York Knave A 21:44
13	Michael Salter	Leeds City B	19:15	79	Matthew Wilson	Kendal Ama 21:51
14	David Norman	Altrincham A	19:17	80	Simon Pass	Saltire S A 21:51
15	Christopher Fell	Rossendale A	19:18	81	Sean Kirkbride	L'pool PS A 21:53
16	Callum Johnson	Gateshead A	19:23	82	Zachary Howe	Blackburn A 21:54
17	Carl Avery	Morpeth Ha A	19:25	83	Kevin Connolly	Gateshead C 21:56
18	Karl Taylor	Morpeth Ha B	19:30	84	John Doherty	Sheffield A 21:57
19	Max McNeill	Salford Ha A	19:34	85	Allister Goulding	Leigh Harr B 21:57
20	Kris Lecher	City Of Hu A	19:39	86	Julian Mawson	Otley Ac B 21:58
21	Jonathan Kay	Bolton Uni A	19:40	87	Julian Rose	Holmfirth B 21:59
22	Marc Fenwick	Tyne Bridg A	19:40	88	Christopher Graham	Tyne Bridg B 22:00
23	Robert Danson	Wesham Roa A	19:41	89	Paul Clegg	Bingley Ha 22:09
24	Patrick Vis	Southport A	19:42	90	Steven Medd	Gateshead D 22:16
25	Luke Minns	Blackpool A	19:43	91	Steven Caldwell	Vale Royal B 22:25
26	Gareth Raven	Sale Harri B	19:44	92	Nicholas Hame	City Of Hu B 22:26
27	Damian Nicholls	Wilmslow R	19:45	93	C Essex Crosby	Horwich R B 22:26
28	James Saxton	Wakefield	19:47	94	Gareth Thraves	Jarrow & H B 22:27
29	Kevin Jeffres	Sun'landH A	19:47	95	John Broom	Barnsley A B 22:45
30	Andy Burn	Jarrow & H A	19:51	96	Rob Everson	Elvet Stri 22:48
31	Gary Shaw	Barlick A	19:55	97	Gary Fielding	Royton Roa A 22:57
32	Martin Swensson	Penny Lane A	20:06	98	Simon Ellis	North Shie B 22:59
33	Richard Powell	Trafford A A	20:07	99	Christopher Edis	Keswick Aa B 23:00
34	Neil Pendlebury	Leigh Harr A	20:11	100	Duncan Wilson	Altrincham B 23:08
35	Ben Johnson	Southport B	20:16	101	Ian Stainthorpe	Rochdale H B 23:21
36	Tom Straw	Lincoln We A	20:21	102	Darren Hendley	York Knave B 23:22
37	Harry Powell	Kingston U	20:22	103	Darren Jackson	Wigan & Di A 23:23
38	James Hilton	Wigan Phoe A	20:23	104	Chris Halstead	Accrington B 23:36
39	Daniel Jarvis	L'pool H B	20:30	105	Ben Rickaby	Saltire S B 23:37
40	David Westbury	Derby Athl B	20:32	106	Francis Sweeney	Sale Harri F 23:43
41	Daniel Cheeseman	City Of Yo	20:34	107	*Not Declared*	L'pool RC B 23:44
42	Scott Harrington	Otley Ac A	20:35	108	Benjamin Mahoney	Sheffield B 23:47
43	Jamie Loxam	Stockport B	20:36	109	Ricky South	Holmfirth C 23:59
44	Christopher Tully	Preston Ha A	20:36	110	P CachelinStephen	Salford Ha E 24:09
45	Graham Cooke	North Shie A	20:36	111	John Chaplin	Blackburn B 24:09
46	Xavier Desse	Wirral Ac	20:37	112	Daniel Taylor	Barlick B 24:10
47	Phil Winskill	Keswick Aa A	20:39	113	Roger Preece	Altrincham D 24:18
48	Elliott Smales	Rotherham	20:40	114	Warren Herridge	Skyrac Ath B 24:22
49	Kevin Ogden	Spenboroug	20:41	115	Andrew Draper	Lytham St A 24:24
50	Ossama Meslek	Leeds City C	20:44	116	Andrew Owen	Blackpool B 24:25
51	Joe Hudak	East Chesh	20:45	117	Michael Bride	L'pool PS B 24:26
52	C Holdsworth	Clayton Le	20:46	118	Giles Bennett	Bury Athle B 24:29
53	Sam Brand	Gateshead B	20:47	119	Paul Platt	Wigan & Di B 24:30
54	Tom Griffiths	St Helens A	20:50	120	Paul Johnston	Altrincham C 24:35
55	Michael Tanner	Rochdale H A	20:53	121	Andrew Johnson	Beverley A 24:36
56	Mark Clair	Knowsley H A	20:56	122	Robert Moore	Knowsley H B 24:38
57	Glyn Billington	Salford Ha C	21:00	123	Paul Turner	Bolton Uni C 24:48
58	David Thompson	Barnsley A A	21:03	124	Ronnie Garrod	Royton Roa B 25:05
59	Dean Newton	New Marske	21:07	125	A Guymmer	City Of Hu C 25:28
60	Jeff Prest	Trafford A B	21:08	126	Paul Birkett	Salford Ha D 25:42
61	Mark Swanell	Bolton Uni B	21:08	127	James Osborne	Trawden At 25:49
62	Adam Dyson	Hallamshir B	21:09	128	Tim Lewis	Spectrum S B 26:08
63	Ed Fazakerley	Manchester	21:12	129	Matthew Hackett	Wigan Phoe B 26:25
64	Jack Atkins	L'pool H C	21:16	130	Anthony Bowyer	Skyrac Ath A 26:29
65	John Young	Harrogate	21:17	131	Terry Hellings	Lytham St B 26:33
66	Sandy Kelly	Preston Ha B	21:18	132	David Sagar	Accrington A 26:40

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133	Dean Atherton	Wigan & Di C	26:43
134	Brian Hurst	Jarrow & H C	26:46
135	Grahama Wilkinson	East Hull B	27:31
136	Andy Garnett	Spectrum S A	27:34
137	Roland Bowness	Salford Ha F	27:41
138	Richard Starkie	Barlick C	27:51
139	Philip Leaver	Wesham Roa B	27:53
140	Danny Teare	Blackburn C	28:04

Northern Athletics Road Relay Championships at Birchwood Park, Warrington on Saturday 20th September 2014

- Senior Men Stage 2 — Final Results

Pos	Name	Club	Leg	Time	Cum	Time	Gain					
1	Charlie Hulson	Sale Harri	A	18:54	37:10	+ 2	67	Mark Wynne	L'pool PS	A	21:29	43:22 + 14
2	Jack Morris	Stockport	A	18:55	37:18	+ 3	68	Robert Flannery	Sale Harri	C	22:04	43:26 + 1
3	Alan Buckley	Leeds City	A	18:46	37:18	+ 3	69	Benjamin Coop	Bury Athle	A	22:08	43:27 - 2
4	Chris Perry	Vale Royal	A	19:30	37:48	0	70	Ian Costello	St Helens	A	22:38	43:28 - 16
5	Tom Jenkins	Hallamshir	A	19:49	37:58	- 3	71	Jack Donnelly	Trafford	A B	22:22	43:30 - 11
6	Richard Smith	Holmfirth	A	20:07	38:14	- 5	72	Jerome Castelow	Halifax	Ha	22:04	43:31 + 1
7	Ian McBride	Salford Ha	B	19:20	38:15	+ 1	73	Paul Attley	Gateshead	C	21:36	43:32 + 10
8	Andrew Norman	Altrincham	A	19:07	38:24	+ 6	74	Barry Archbold	Wilmslow	R	23:48	43:33 - 47
9	Alex Pilcher	Derby Athl	A	19:45	38:43	+ 1	75	Simon Collins	York Knave	A	22:01	43:45 + 3
10	Ricky Challinor	L'pool H	A	19:48	38:58	+ 2	76	Jonny Malley	Gateshead	D	21:43	43:59 + 14
11	Kevin Bell	Border Har	A	20:07	38:59	- 4	77	Steve Angus	Border Har	B	22:34	44:03 - 2
12	Tarus Elly	Salford Ha	A	19:26	39:00	+ 7	78	David Johnson	Tyne Bridg	B	22:06	44:06 + 10
13	Jed Marshall	Gateshead	A	19:48	39:11	+ 3	79	Nicholas Whittle	Sale Harri	D	22:48	44:07 - 11
14	Nick Leigh	Horwich R	A	20:16	39:12	- 5	80	David Motley	Clayton Le		23:26	44:12 - 28
15	Nathan Shrubbs	Morpeth Ha	A	19:48	39:13	+ 2	81	Glen Savage	Sale Harri	E	22:31	44:13 - 4
16	Joseph Johnston	Rossendale	A	19:58	39:16	- 1	82	Patrick Duffy	Blackhill		22:58	44:23 - 11
17	Tom Lancashire	Bolton Uni	A	19:59	39:39	+ 4	83	Jamie Dilasser	Harrogate		23:07	44:24 - 18
18	Ryan Stephenson	Morpeth Ha	B	20:12	39:42	0	84	Gareth Pritchard	Elvet Stri		21:40	44:28 + 12
19	Chris Livesey	Preston Ha	A	19:10	39:46	+ 25	85	Ross Butcher	North Shie	B	21:30	44:29 + 13
20	Dominic Easter	Leeds City	B	20:35	39:50	- 7	86	Stephen Potter	Kendal Ama		22:56	44:47 - 7
21	Jack Nixon	Stockport	B	19:38	40:14	+ 22	87	*Not Declared*	Otley Ac B		23:00	44:58 - 1
22	Shane Robinson	Lincoln We	A	19:55	40:16	+ 14	88	David Alderson	Altrincham	B	21:55	45:03 + 12
23	Richard Shearer	Southport	A	20:42	40:24	+ 1	89	E Costello	Wesham Roa	A	25:32	45:13 - 66
24	James Wignall	Sale Harri	B	20:42	40:26	+ 2	90	Gareth Ward	Saltaire S	A	23:27	45:18 - 10
25	Brendan McMillan	Jarrow & H	A	20:40	40:31	+ 5	91	Andy Gibbons	Bingley Ha		23:14	45:23 - 2
26	J Woodcock Shaw	Spenboroug		19:52	40:33	+ 23	92	David Brooksbank	Barnsley A	B	22:43	45:28 + 3
27	Jamie Webb	L'pool H	B	20:05	40:35	+ 12	93	Tom Armstrong	Vale Royal	B	23:09	45:34 - 2
28	Stephen Makin	Wigan Phoe	A	20:15	40:38	+ 10	94	Stephen Nicholls	Wigan & Di	A	22:50	46:13 + 9
29	Daniel Lawton	Trafford A	A	20:34	40:41	+ 4	95	David Jackson	Horwich R	B	23:48	46:14 - 2
30	John Morley	Tyne Bridg	A	21:07	40:47	- 8	96	David Leese	York Knave	B	22:58	46:20 + 6
31	Daniel Johnson	Gateshead	B	20:01	40:48	+ 22	97	Kai Sunman	Holmfirth	C	22:22	46:21 + 12
32	Michael Dawson	North Shie	A	20:17	40:53	+ 13	98	Shane Reading	Royton Roa	A	23:30	46:27 - 1
33	James Pearson	City Of Hu	A	21:19	40:58	- 13	99	Adam Follett	Sheffield	B	23:16	47:03 + 9
34	Nick Treilt	Barlick	A	21:04	40:59	- 3	100	Joe Greenwood	Lytham St	A	22:43	47:07 + 15
35	Sam Stead	Keswick Aa	A	20:24	41:03	+ 12	101	Michael Petersen	City Of Hu	B	24:42	47:08 - 9
36	Thomas Kneller	Leigh Harr	A	20:56	41:07	- 2	102	Andrew Thornton	Jarrow & H	B	24:43	47:10 - 8
37	Stephen Tilford	Wakefield		21:28	41:15	- 9	103	Andrew Carson	Barlick	B	23:05	47:15 + 9
38	Dale Higham	Penny Lane	A	21:13	41:19	- 6	104	Roger Alsop	Salford Ha	D	21:35	47:17 + 22
39	Robert Hughes	Salford Ha	C	20:25	41:25	+ 18	105	Lee Michael Roe	Keswick Aa	B	24:20	47:20 - 6
40	Steven Duffy	Sun'land H	A	21:40	41:27	- 11	106	C Craig Jackson	Skyrac Ath	A	21:20	47:49 + 24
41	Charles Pascoe	New Marske		20:21	41:28	+ 18	107	Adam Weightman	Blackpool	B	23:29	47:54 + 9
42	*Not Declared*	L'pool RC	A	20:06	41:33	+ 30	108	*Not Declared*	L'pool RC	B	24:19	48:03 - 1
43	Rhian Hastey	Rotherham		20:56	41:36	+ 5	109	Alistair Kell	Sale Harri	F	24:37	48:20 - 3
44	Adam Walker	Durham Cit		22:32	41:37	- 33	110	Nick Walsh	Rochdale H	B	25:15	48:36 - 9
45	Iain Lynn	City Of Yo		21:11	41:45	- 4	111	Stephen Peacock	Beverley A		24:03	48:39 + 10
46	Liam Dunne	Otley Ac	A	21:10	41:45	- 4	112	Tony Battersby	Leigh Harr	B	26:53	48:50 - 27
47	Darren Newbould	Hallamshir	B	20:37	41:46	+ 15	113	Ian Jones	Saltaire S	B	25:18	48:55 - 8
48	Liam Craine	Blackpool	A	22:04	41:47	- 23	114	Andrew Bush	Accrington	B	25:24	49:00 - 10
49	Samuel Hassall	Derby Athl	B	21:18	41:50	- 9	115	Allan Hartley	Blackburn	B	25:22	49:31 - 4
50	Alan Ashton	L'pool H	C	20:59	42:15	+ 14	116	Nick Lyles	Skyrac Ath	B	25:10	49:32 - 2
51	Neil Hirst	Rochdale H	A	21:24	42:17	+ 4	117	Paul Bryers	Wigan & Di	B	25:05	49:35 + 2
52	Thomas White	Barnsley A	A	21:23	42:26	+ 6	118	Sean Cordell	Salford Ha	E	25:28	49:37 - 8
53	Matthew Goddard	Southport	B	22:13	42:29	- 18	119	Graham Taylor	Knowsley H	B	25:08	49:46 + 3
54	Tom McGuinness	East Chesh		21:54	42:39	- 3	120	Paul Gallagher	Accrington	A	23:16	49:56 + 12
55	Nigel Sisson	East Hull	A	21:20	42:44	+ 15	121	Rob Granby	Bury Athle	B	26:01	50:30 - 3
56	Sam Williams	Preston Ha	B	21:28	42:46	+ 10	122	Chris Pickford	Bolton Uni	C	26:11	50:59 + 1
57	Will Smith	Keighley & A		21:18	42:47	+ 17	123	David Anderson	Altrincham	D	26:54	51:12 - 10
58	Andrew Powell	Sun'land S		21:16	42:53	+ 18	124	Michael Jackson	East Hull	B	23:55	51:26 + 11
59	Neil Cosgrove	Knowsley H	A	22:04	43:00	- 3	125	Matthew Kilburn	Royton Roa	B	26:39	51:44 - 1
60	Daniel Shaw	Bolton Uni	B	21:54	43:02	+ 1	126	Michael Thornton	Jarrow & H	C	25:06	51:52 + 8
61	Richard Davies	Wirral Ac		22:27	43:04	- 15	127	Ben McMullen	Wigan Phoe	B	25:42	52:07 + 2
62	J Taylor Brown	Kingston U		22:45	43:07	- 25	128	Albert DeJong	Spectrum S	A	25:53	53:27 + 8
63	Shaun Livesey	Blackburn	A	21:14	43:08	+ 19	129	Richard Harrison	City Of Hu	C	28:10	53:38 - 4
64	Samuel Convery	Leeds City	C	22:24	43:08	- 14	130	Stanley Curran	Salford Ha	F	26:35	54:16 + 7
65	Joe Fowler	Sheffield	A	21:14	43:11	+ 19	131	Scott McKenzie	Trawden At		28:42	54:31 - 4
66	Philip Hewitt	Holmfirth	B	21:18	43:17	+ 21	132	Richard Storey	Lytham St	B	28:19	54:52 - 1

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133	Andrew Parker	Altrincham C	31:25	56:00	- 13
134	Bob Jackson	Barlick C	28:26	56:17	+ 4
135	Stuart Holding	Wigan & Di C	30:24	57:07	- 2
136	Peter Cooke	Wesham Roa B	30:58	58:51	+ 3
137	David Morris	Blackburn C	33:57	1:02:01	+ 3

Fastest runners over stage 2:

1	Alan Buckley	Leeds City A	18:46
2	Charlie Hulson	Sale Harri A	18:54
3	Jack Morris	Stockport A	18:55
4	Andrew Norman	Altrincham A	19:07
5	Chris Livesey	Preston Ha A	19:10
6	Ian McBride	Salford Ha B	19:20
7	Tarus Elly	Salford Ha A	19:26
8	Chris Perry	Vale Royal A	19:30
9	Jack Nixon	Stockport B	19:38
10	Alex Pilcher	Derby Athl A	19:45

Northern Athletics Road Relay Championships

at Birchwood Park, Warrington on Saturday 20th September 2014

- Senior Men Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Derek Hawkins	Leeds City A	18:23	55:41	+ 2
2	Jack Martin	Stockport A	18:35	55:53	0
3	Matthew Barnes	Sale Harri A	19:05	56:15	- 2
4	Mohammed AbuRezeq	Altrincham A	18:39	57:03	+ 4
5	Dave Archer	Hallamshir A	19:55	57:53	0
6	Matthew Sheen	Vale Royal A	20:17	58:05	- 2
7	Nathan Kilcourse	Salford Ha B	19:55	58:10	0
8	Andrew Wiles	Morpeth Ha A	19:09	58:22	+ 7
9	Ben Ridell	Salford Ha A	19:26	58:26	+ 3
10	Ben Russell	L'pool H A	19:29	58:27	0
11	Peter Brookes	Holmfirth A	20:23	58:37	- 5
12	Conrad Franks	Gateshead A	19:52	59:03	+ 1
13	Joe Mercer	Horwich R A	20:05	59:17	+ 1
14	Jamie Flecther	Derby Athl A	20:39	59:22	- 5
15	Zak Miller	Trarford A A	18:53	59:34	+ 14
16	Robert Webb	Rossendale A	20:19	59:35	0
17	James Tartt	Southport A	19:21	59:45	+ 6
18	Ross London	Border Har A	21:12	1:00:11	- 7
19	Greg Cook	L'pool H B	19:39	1:00:14	+ 8
20	Thomas Straughan	Morpeth Ha B	20:38	1:00:20	- 2
21	M Livingstone	Preston Ha A	20:41	1:00:27	- 2
22	Paul Green	Sale Harri B	20:15	1:00:41	+ 2
23	Leon Foster	Leeds City B	20:54	1:00:44	- 3
24	Frazer Jardine	Bolton Uni A	21:09	1:00:48	- 7
25	Joe Wilkinson	Lincoln We A	20:37	1:00:53	- 3
26	Guy Bracken	North Shie A	20:13	1:01:06	+ 6
27	S Brown	Tyne Bridg A	20:25	1:01:12	+ 3
28	George Lowry	Jarrow & H A	20:43	1:01:14	- 3
29	Robert Addey	OtleyAc A	19:54	1:01:39	+ 17
30	Ian Livesey	Barlick A	20:52	1:01:51	+ 4
31	Gavin Neil	Gateshead B	21:04	1:01:52	0
32	Tommy Henders	Leigh Harr A	20:53	1:02:00	+ 4
33	Simon Bolland	Spenboroug	21:34	1:02:07	- 7
34	John Lloyd	Salford Ha C	21:03	1:02:28	+ 5
35	Peter George	Keswick Aa A	21:31	1:02:34	0
36	Patrick Gardiner	East Chesh	20:09	1:02:48	+ 18
37	Jake Walley	Blackpool A	21:08	1:02:55	+ 11
38	Andrew Graham	Durham Cit	21:20	1:02:57	+ 6
39	Michael Barker	Sun'landH A	21:34	1:03:01	+ 1
40	Mark Spikings	City Of Hu A	22:09	1:03:07	- 7
41	Michael Fitzimmons	L'pool H C	21:07	1:03:22	+ 9
42	Sam Johnson	Derby Athl B	21:32	1:03:22	+ 7
43	Philip Cooper	Hallamshir B	21:38	1:03:24	+ 4
44	*Not Declared*	L'pool RC A	21:52	1:03:25	- 2
45	William Ingram	Wakefield	22:11	1:03:26	- 8
46	Don McMillan	CityOfYo	22:11	1:03:56	- 1
47	Sam Clegg	Rotherham	22:22	1:03:58	- 4
48	Darren Middleton	Barnsley A A	21:34	1:04:00	+ 4
49	Phillip Bennett	Rochdale H A	21:55	1:04:12	+ 2
50	Dan Whitlock	Preston Ha B	21:38	1:04:24	+ 6
51	Lawrence Eccles	Penny Lane A	23:09	1:04:28	- 13
52	Phil Waterworth	Wigan Phoe A	23:51	1:04:29	- 24
53	Andrew Hess	Kingston U	21:37	1:04:44	+ 9
54	C Davies	Blackburn A	21:39	1:04:47	+ 9
55	Stephen Doyle	Knowsley H A	21:56	1:04:56	+ 4
56	Andy Buddery	Sheffield A	21:57	1:05:08	+ 9
57	Jonathon Bride	L'pool PS A	21:56	1:05:18	+ 10
58	Jonathan Johnson	Harrogate	21:00	1:05:24	+ 25
59	Stephen Coates	East Hull A	22:41	1:05:25	- 4
60	Graham Marsland	Stockport B	25:17	1:05:31	- 39
61	Stephen Spence	WirralAc	22:28	1:05:32	0
62	Andrew Cafferky	Bolton Uni B	22:32	1:05:34	- 2
63	James Porteous	Gateshead C	22:03	1:05:35	+ 10
64	Gareth Matthews	Sale Harri C	22:10	1:05:36	+ 4
65	Andrew Brett	Keighley & A	22:59	1:05:46	- 8
66	Andrew Mooney	Sale Harri D	21:43	1:05:50	+ 13
67	Richard Ostell	Gateshead D	21:52	1:05:51	+ 9
68	Jeremy Bygrave	Wilmslow R	22:31	1:06:04	+ 6
69	Bryn Davies	Bury Athle A	22:38	1:06:05	0
70	Lindsay Toulson	York Knave A	22:25	1:06:10	+ 5
71	Eden Whitelaw	Halifax Ha	22:49	1:06:20	+ 1
72	Andrew Wilson	St Helens A	22:55	1:06:23	- 2
73	Scott Smith	Holmfirth B	23:16	1:06:33	- 7
74	Michael Lyth	New Marske	25:09	1:06:37	- 33
75	Elton Davies	Sale Harri E	22:39	1:06:52	+ 6
76	John Hurse	Tyne Bridg B	22:54	1:07:00	+ 2
77	Declan Munnelly	Sun'landS	24:11	1:07:04	- 19
78	Steven Wilkinson	Southport B	25:11	1:07:40	- 25
79	Peter Abraham	Altrincham B	22:41	1:07:44	+ 9
80	Gareth Melvin	Border Har B	23:44	1:07:47	- 3
81	Melvin Carr	North Shie B	23:19	1:07:48	+ 4
82	Keith Littlewood	Barnsley A B	22:38	1:08:06	+ 10
83	Till Sawala	Elvet Stri	23:38	1:08:06	+ 1
84	Alex Cran	Clayton Le	23:56	1:08:08	- 4
85	Graham Lake	OtleyAc B	23:20	1:08:18	+ 2
86	Tim Bellwood	Saltair S A	23:13	1:08:31	+ 4
87	Michael Harrington	Vale Royal B	22:58	1:08:32	+ 6
88	Luke Aston	Blackhill	24:19	1:08:42	- 6
89	Chris Lowe	Royton Roa A	22:42	1:09:09	+ 9
90	Garry Barnett	Wesham Roa A	23:57	1:09:10	- 1
91	Steve Pennington	Salford Ha D	22:07	1:09:24	+ 13
92	Chris Burgess	Wigan & Di A	23:42	1:09:55	+ 2
93	SimonAntony Denye	Lytham St A	22:54	1:10:01	+ 7
94	James Rogers	City Of Hu B	23:02	1:10:10	+ 7
95	Martin Hawkins	Skyrac Ath A	22:39	1:10:28	+ 11
96	Rob Wynne	Keswick Aa B	23:13	1:10:33	+ 9
97	Ian Salkeld	Jarrow & H B	23:25	1:10:35	+ 5
98	Tim Fletcher	Sheffield B	23:55	1:10:58	+ 1
99	Mark Sullivan	Kendal Ama	26:13	1:11:00	- 13
100	Stefan Durkin	York Knave B	24:44	1:11:04	- 4
101	Eddie Hinchliffe	Holmfirth C	25:03	1:11:24	- 4
102	Derek Walkden	Barlick B	24:53	1:12:08	+ 1
103	Aidan Raftery	Sale Harri F	24:29	1:12:49	+ 6
104	David Collins	Wigan & Di B	23:41	1:13:16	+ 13
105	John Indriks	Leigh Harr B	24:37	1:13:27	+ 7
106	Terence Westhead	Blackpool B	25:54	1:13:48	+ 1
107	Phillip Quibell	Salford Ha E	24:30	1:14:07	+ 11
108	Daniel Maynard	Blackburn B	24:38	1:14:09	+ 7
109	*Not Declared*	L'pool RC B	26:47	1:14:50	- 1
110	Darren Parker	Skyrac Ath B	25:21	1:14:53	+ 6
111	Adam Connell	Bury Athle B	24:24	1:14:54	+ 10
112	Phil Nichol	Altrincham D	24:00	1:15:12	+ 11
113	Brian Moore	Rochdale H B	27:00	1:15:36	- 3
114	Tony Craig	Knowsley H B	26:11	1:15:57	+ 5
115	Edward Lisney	BeverleyA	27:35	1:16:14	- 4
116	Mark Taylor	Royton Roa B	24:47	1:16:31	+ 9
117	Martin Wray	East Hull B	25:23	1:16:49	+ 7
118	John Smithurst	Bingley Ha	31:41	1:17:04	- 27
119	Neil Whitworth	Wigan Phoe B	25:41	1:17:48	+ 8
120	Iqbal Robun	Saltair S B	28:57	1:17:52	- 7
121	Mick Bowkley	Accrington B	29:36	1:18:36	- 7
122	Paul Abraham	Altrincham C	22:58	1:18:58	+ 11
123	Andrew Gaskell	Spectrum S A	25:50	1:19:17	+ 5
124	Michael Wakefield	Salford Ha F	25:38	1:19:54	+ 6
125	James Williamson	Trawden At	27:06	1:21:37	+ 6
126	Peter Blackledge	Accrington A	31:42	1:21:38	- 6
127	Ken Thompson	Wigan & Di C	25:56	1:23:03	+ 8
128	Michael Alexander	Barlick C	28:31	1:24:48	+ 6
129	Michael Edge	Wesham Roa B	27:20	1:26:11	+ 7
130	*Not Declared*	Blackburn C	1:06:04	2:08:05	+ 7

Fastest runners over stage 3:

1	Derek Hawkins	Leeds City A	18:23
2	Jack Martin	Stockport A	18:35

Northern Athletics Road Relay Championships at Birchwood Park, Warrington on Saturday 20th September 2014

- Senior Men Stage 4 — Final Results

Pos	Name	Club	Leg	Time	Cum	Time	Gain														
1	J Davies	Stockport A		18:58	1:14:51	+ 1	68	Matthew Metcalf	Sale Harri C	23:41	1:29:17	- 4									
2	Jonathan Wills	Leeds City A		19:36	1:15:17	- 1	69	Dean Hardman	Sale Harri D	23:35	1:29:25	- 3									
3	Anthony Ford	Sale Harri A		19:18	1:15:33	0	70	Mike Ashby	Sale Harri E	22:37	1:29:29	+ 5									
4	Daniel Cliffe	L'pool H A		18:30	1:16:57	+ 6	71	Ashley Brook	Harrogate	24:06	1:29:30	- 13									
5	Carl Hardman	Salford Ha A		19:04	1:17:30	+ 4	72	Barry Graney	St Helens A	23:09	1:29:32	0									
6	Simon Bruton	Salford Ha B		19:33	1:17:43	+ 1	73	R HinchliffeSmith	Holmfirth B	23:09	1:29:42	0									
7	Kevin Calvert	Morpeth Ha A		19:42	1:18:04	+ 1	74	Daniel Morrison	Vale Royal B	21:38	1:30:10	+ 13									
8	Ben Beattie	Hallamshir A		20:13	1:18:06	- 3	75	Adrian Fuller	Altrincham B	22:30	1:30:14	+ 4									
9	Stuart Doyle	Vale Royal A		20:03	1:18:08	- 3	76	Stewart Brierley	Bolton Uni B	24:45	1:30:19	- 14									
10	Barry Maskell	Gateshead A		19:37	1:18:40	+ 2	77	Will Kerr	Saltaire S A	21:51	1:30:22	+ 9									
11	Andrew Whittingham	Altrincham A		21:49	1:18:52	- 7	78	Rogan Ashton	Otley Ac B	22:04	1:30:22	+ 7									
12	Joshua Bull	Derby Athl A		19:37	1:18:59	+ 2	79	SardarAdnan Khan	Sun'landS	23:20	1:30:24	- 2									
13	Thomas Charles	Trafford A A		19:42	1:19:16	+ 2	80	Tom Nicholson	Border Har B	22:55	1:30:42	0									
14	David Turnbull	Holmfirth A		20:41	1:19:18	- 3	81	Simon Fox	Wirral Ac	25:20	1:30:52	- 20									
15	Patrick Dever	Preston Ha A		19:25	1:19:52	+ 6	82	Melvin Wallace	Barnsley A B	23:01	1:31:07	0									
16	Grant Cunliffe	Rossendale A		20:39	1:20:14	0	83	Derek Crewe	Salford Ha D	21:44	1:31:08	+ 8									
17	James Smith	Leeds City B		19:46	1:20:30	+ 6	84	Philip Marsden	Royton Roa A	22:11	1:31:20	+ 5									
18	Laurie Probert	L'pool H B		20:16	1:20:30	+ 1	85	Jon Hanson	Clayton Le	23:33	1:31:41	- 1									
19	Gareth Booth	Horwich R A		21:14	1:20:31	- 6	86	Lee Barlow	Wesham Roa A	22:33	1:31:43	+ 4									
20	Anthony Valentine	Bolton Uni A		20:04	1:20:52	+ 4	87	Ian Young	Blackhill	23:09	1:31:51	+ 1									
21	Nigel Martin	Sale Harri B		20:12	1:20:53	+ 1	88	Matthew Crow	Elvet Stri	23:48	1:31:54	- 5									
22	Matthew Grieve	Border Har A		20:58	1:21:09	- 4	89	Gary Fitzpatrick	Wigan & Di A	22:01	1:31:56	+ 3									
23	Ciaran Walsh	Southport A		21:37	1:21:22	- 6	90	Adam Champion	Keswick Aa B	22:36	1:33:09	+ 6									
24	Elliot Kelly	Morpeth Ha B		21:07	1:21:27	- 4	91	John Riddiough	City Of Hu B	23:31	1:33:41	+ 3									
25	Les Ball	Lincoln We A		20:46	1:21:39	0	92	Stephen Atwell	North Shie B	26:11	1:33:59	- 11									
26	Graham Crammond	North Shie A		20:52	1:21:58	0	93	Neil Tate	Lytham St A	24:12	1:34:13	0									
27	Terry Scott	Tyne Bridg A		20:49	1:22:01	0	94	Steven Eastwood	Skyrac Ath A	24:02	1:34:30	+ 1									
28	James Cripwell	Gateshead B		20:58	1:22:50	+ 3	95	Philip Lee	Kendal Ama	23:31	1:34:31	+ 4									
29	Marc Brown	Keswick Aa A		20:26	1:23:00	+ 6	96	Jed Turner	Sheffield B	23:46	1:34:44	+ 2									
30	Thomas Midgley	Otley Ac A		21:26	1:23:05	- 1	97	Stephen Robson	York Knave B	24:01	1:35:05	+ 3									
31	Liam Moore	Leigh Harr A		21:08	1:23:08	+ 1	98	John Campbell	Jarrow & H B	25:20	1:35:55	- 1									
32	Phillip Hoole	Rotherham		19:38	1:23:36	+ 15	99	David Poole	Barlick B	24:58	1:37:06	+ 3									
33	Tristan Peel	Jarrow & H A		22:23	1:23:37	- 5	100	James Cooke	Leigh Harr B	23:49	1:37:16	+ 5									
34	David Lockett	Salford Ha C		21:12	1:23:40	0	101	Mike Harris	Wigan & Di B	24:15	1:37:31	+ 3									
35	Paul Davis	Spenboroug		21:34	1:23:41	- 2	102	Michael Coggon	Holmfirth C	26:27	1:37:51	- 1									
36	Tom Bean	CityOfYo		19:50	1:23:46	+ 10	103	Stephen Parry	Sale Harri F	25:03	1:37:52	0									
37	Craig Isherwood	Sun'landH A		20:45	1:23:46	+ 2	104	James O'Connor	Salford Ha E	24:32	1:38:39	+ 3									
38	Aaron Schofield	East Chesh		21:45	1:24:33	- 2	105	*Not Declared*	L'pool RC B	24:42	1:39:32	+ 4									
39	Laurie Luscombe	L'pool H C		21:20	1:24:42	+ 2	106	Mark Johnson	Bury Athle B	25:09	1:40:03	+ 5									
40	Zak Mellard	Hallamshir B		21:19	1:24:43	+ 3	107	John Parkin	Bingley Ha	23:03	1:40:07	+ 11									
41	Andrew Berry	Barlick A		23:09	1:25:00	- 11	108	Derek Crane	Blackpool B	26:20	1:40:08	- 2									
42	Terah Hooley	Derby Athl B		22:00	1:25:22	0	109	John Cookson	Blackburn B	26:17	1:40:26	- 1									
43	Alex Plant	Sheffield A		20:23	1:25:31	+ 13	110	David Emanuel	Royton Roa B	23:58	1:40:29	+ 6									
44	Gregan Clarkson	Kingston U		20:55	1:25:39	+ 9	111	Chris Pownell	Knowsley H B	24:53	1:40:50	+ 3									
45	Daniel Franks	Wakefield		22:19	1:25:45	0	112	David Rose	Skyrac Ath B	27:22	1:42:15	- 2									
46	Steve Hallas	Preston Ha B		21:25	1:25:49	+ 4	113	Robert Burke	Wigan Phoe B	25:28	1:43:16	+ 6									
47	Noel Adkins	Barnsley A A		21:50	1:25:50	+ 1	114	Julian Spencer	Spectrum S A	24:43	1:44:00	+ 9									
48	*Not Declared*	L'pool RC A		22:28	1:25:53	- 4	115	Nick Burke	Altrincham C	25:08	1:44:06	+ 7									
49	David Williamson	Blackpool A		23:00	1:25:55	- 12	116	Kristian Robinson	Rochdale H B	28:39	1:44:15	- 3									
50	Jaysson Sawyer	City Of Hu A		22:49	1:25:56	- 10	117	Toby Percival	Altrincham D	29:29	1:44:41	- 5									
51	Daniel Whittle	Durham Cit		23:09	1:26:06	- 13	118	David Playforth	East Hull B	28:16	1:45:05	- 1									
52	Robert Kelly	Knowsley H A		21:26	1:26:22	+ 3	119	Frank Beecroft	Saltaire S B	27:46	1:45:38	+ 1									
53	Mat Nuttall	Blackburn A		21:38	1:26:25	+ 1	120	Tom Battrick	Accrington B	28:24	1:47:00	+ 1									
54	Jay Clarke	Penny Lane A		22:19	1:26:47	- 3	121	Stephen Ogden	Beverley A	31:24	1:47:38	- 6									
55	M ManirJolley	Wigan Phoe A		22:27	1:26:56	- 3	122	Vincent Murphy	Salford Ha F	28:12	1:48:06	+ 2									
56	Kyle Nicholls	L'pool PS A		21:50	1:27:08	+ 1	123	Derrick Marsh	Trawden At	26:52	1:48:29	+ 2									
57	Adam Simms	Gateshead C		21:44	1:27:19	+ 6	124	Gary Wane	Wigan & Di C	26:03	1:49:06	+ 3									
58	Trevor Morris	Wilmslow R		22:06	1:28:10	+ 10	125	Jim Donohoe	Accrington A	28:27	1:50:05	+ 1									
59	Daniel Cain	East Hull A		22:46	1:28:11	0	126	John Boothman	Barlick C	26:55	1:51:43	+ 2									
60	Scott Bairstow	Keighley & A		22:32	1:28:18	+ 5	127	Alan Taylor	Wesham Roa B	29:12	1:55:23	+ 2									
61	Neil Stabbs	York Knave A		22:18	1:28:28	+ 9	Fastest runners over stage 4:														
62	Luke Harreld	Bury Athle A		22:23	1:28:28	+ 7	1	Daniel Cliffe	L'pool H A	18:30											
63	Paul Leary	Rochdale H A		24:29	1:28:41	- 14	2	J Davies	Stockport A	18:58											
64	Anthony Bagley	Tyne Bridg B		21:47	1:28:47	+ 12	3	Carl Hardman	Salford Ha A	19:04											
65	Clive Thornton	New Marske		22:12	1:28:49	+ 9	4	Anthony Ford	Sale Harri A	19:18											
66	Paul Tate	Gateshead D		22:59	1:28:50	+ 1	5	Patrick Dever	Preston Ha A	19:25											
67	James Haberghan	Halifax Ha		22:40	1:29:00	+ 4	6	Simon Bruton	Salford Ha B	19:33											

Northern Athletics Road Relay Championships

at Birchwood Park, Warrington on Saturday 20th September 2014

- Senior Men Stage 5 — Final Results

Pos	Name	Club	Leg	Time	Cum Time	Gain						
1	Alex O'Gorman	Stockport A		18:38	1:33:29	0	67	Kevin Foster	Sale Harri E	22:31	1:52:00	+ 3
2	Simon Deakin	Leeds City A		19:16	1:34:33	0	68	Ciaran WilsonBaig	Halifax Ha	23:00	1:52:00	- 1
3	James Bailey	Sale Harri A		19:39	1:35:12	0	69	Richard Hiron	Wilmslow R	24:01	1:52:11	- 11
4	James McNally	L'pool H A		19:27	1:36:24	0	70	Alasdair Blain	Tyne Bridg B	23:32	1:52:19	- 6
5	Stuart Robinson	Salford Ha A		19:14	1:36:44	0	71	Michael Laws	Sun'landS	22:19	1:52:43	+ 8
6	Gary Priestley	Salford Ha B		19:35	1:37:18	0	72	Steven Renny	Altrincham B	22:40	1:52:54	+ 3
7	Ross Floyd	Morpeth Ha A		20:13	1:38:17	0	73	Philip West	Salford Ha D	22:03	1:53:11	+ 10
8	Matthew White	Derby Athl A		19:36	1:38:35	+ 4	74	Nick Barton	Rochdale H A	24:35	1:53:16	- 11
9	Ryan Moore	Vale Royal A		20:46	1:38:54	0	75	David Shepherd	Vale Royal B	23:10	1:53:20	- 1
10	Andrew Challenger	Hallamshir A		20:54	1:39:00	- 2	76	Daniel Shaw	Holmfirth B	23:42	1:53:24	- 3
11	Simeon Greenwood	Gateshead A		20:41	1:39:21	- 1	77	Terry Roberts	Wirral Ac	22:44	1:53:36	+ 4
12	Peter Bains	Trafford A A		20:27	1:39:43	+ 1	78	David McBride	Royton Roa A	22:25	1:53:45	+ 6
13	Ryan Ganose	Altrincham A		21:18	1:40:10	- 2	79	Ray Robinson	Gateshead D	24:59	1:53:49	- 13
14	Stuart Sharp	Holmfirth A		21:03	1:40:21	0	80	Peter Kearney	Bolton Uni B	23:56	1:54:15	- 4
15	Peter Street	Preston Ha A		20:32	1:40:24	0	81	Jonathan Pye	Clayton Le	22:59	1:54:40	+ 4
16	Aduaqani Sharif	L'pool H B		20:27	1:40:57	+ 2	82	Michael Gill	Harrogate	25:13	1:54:43	- 11
17	A Dalton O'Reilly	Rossendale A		21:11	1:41:25	- 1	83	Mohammed Irshad	Wigan & Di A	22:54	1:54:50	+ 6
18	Adam Osborne	Leeds City B		20:59	1:41:29	- 1	84	Jonny Hume	Keswick Aa B	22:32	1:55:41	+ 6
19	Elliott Stones	Lincoln We A		20:16	1:41:55	+ 6	85	John Collier	Wesham Roa A	23:58	1:55:41	+ 1
20	Shaun O'Dwyer	Bolton Uni A		21:15	1:42:07	0	86	Graham Bateson	Barnsley A B	24:50	1:55:57	- 4
21	Martyn Bell	Horwich R A		21:42	1:42:13	- 2	87	Dennis Wharton	St Helens A	26:31	1:56:03	- 15
22	Jordan Scott	Morpeth Ha B		21:04	1:42:31	+ 2	88	I Alexanderbarnes	Sheffield B	22:00	1:56:44	+ 8
23	Matthew Beacock	Sale Harri B		21:39	1:42:32	- 2	89	Andy McCue	Skyrac Ath A	22:34	1:57:04	+ 5
24	David Hamilton	Southport A		21:28	1:42:50	- 1	90	Chris Slight	City Of Hu B	23:37	1:57:18	+ 1
25	Keith Smith	Tyne Bridg A		20:56	1:42:57	+ 2	91	Christopher Snell	Kendal Ama	24:24	1:58:55	+ 4
26	Matthew John	Otley Ac A		19:54	1:42:59	+ 4	92	Rory Henderson	York Knave B	23:51	1:58:56	+ 5
27	S Hebblethwaite	Keswick Aa A		20:17	1:43:17	+ 2	93	Kris Whitelaw	North Shie B	25:59	1:59:58	- 1
28	Patrick Houghton	North Shie A		21:31	1:43:29	- 2	94	Ben Marriott	Bingley Ha	20:05	2:00:12	+ 13
29	Rob Dobson	Gateshead B		21:07	1:43:57	- 1	95	Willie Richmond	Lytham St A	27:08	2:01:21	- 2
30	Richard Harris	Rotherham		20:28	1:44:04	+ 2	96	Christopher Playle	Blackhill	29:54	2:01:45	- 9
31	William Nicholson	Border Har A		23:12	1:44:21	- 9	97	Patrick McShane	Jarrow & H B	26:45	2:02:40	+ 1
32	Dave Smith	Leigh Harr A		21:25	1:44:33	- 1	98	Peter Beresford	Barlick B	25:34	2:02:40	+ 1
33	Robert Tudor	Salford Ha C		21:06	1:44:46	+ 1	99	Duncan McCarrick	Leigh Harr B	25:37	2:02:53	+ 1
34	Jonny Evans	Jarrow & H A		21:45	1:45:22	- 1	100	Trevor Rayner	Salford Ha E	24:15	2:02:54	+ 4
35	Nathan Reed	Sun'landH A		21:42	1:45:28	+ 2	101	Andy Eccles	Wigan & Di B	25:34	2:03:05	0
36	Christopher Peach	Derby Athl B		20:11	1:45:33	+ 6	102	Jake Richardson	Holmfirth C	25:41	2:03:32	0
37	Oliver Carter	Spenboroug		22:50	1:46:31	- 2	103	Jerry Smith	Sale Harri F	26:50	2:04:42	0
38	Peter Hodges	Hallamshir B		21:57	1:46:40	+ 2	104	Ian Dale	Royton Roa B	24:19	2:04:48	+ 6
39	Shaun Chew	Barlick A		21:42	1:46:42	+ 2	105	*Not Declared*	L'pool RC B	26:36	2:06:08	0
40	Peter Brame	L'pool H C		22:11	1:46:53	- 1	106	Jonathan Unsworth	Wigan Phoe B	24:44	2:08:00	+ 7
41	Gary Matthews	East Chesh		22:29	1:47:02	- 3	107	David Livingstone	Altrincham C	24:01	2:08:07	+ 8
42	Scott Bennett	Barnsley A A		21:38	1:47:28	+ 5	108	Roy Lilley	East Hull B	24:06	2:09:11	+ 10
43	J SweetnamPowell	Sheffield A		22:01	1:47:32	0	109	Paul Wilkinson	Blackburn B	28:53	2:09:19	0
44	Mike Raynes	CityOfYo		23:56	1:47:42	- 8	110	Alan Wilkinson	Blackpool B	29:26	2:09:34	- 2
45	Oliver Newton	Kingston U		22:06	1:47:45	- 1	111	Ian Broadhurst	Knowsley H B	28:51	2:09:41	0
46	James Unsworth	Blackpool A		21:58	1:47:53	+ 3	112	Tim Murphy	Spectrum S A	26:08	2:10:08	+ 2
47	Andy Ward	Wigan Phoe A		21:10	1:48:06	+ 8	113	Neil Baxter	Skyrac Ath B	28:50	2:11:05	- 1
48	Alistair Robinson	Wakefield		22:22	1:48:07	- 3	114	Jack Verity	Saltire S B	25:46	2:11:24	+ 5
49	Pete Baker	CityOfHu A		22:32	1:48:28	+ 1	115	Paul Mason	Wigan & Di C	25:04	2:14:10	+ 9
50	Robert Affleck	Preston Ha B		22:48	1:48:37	- 4	116	Kevin McGilvray	Rochdale H B	30:18	2:14:33	0
51	Nigel Grant	Penny Lane A		22:13	1:49:00	+ 3	117	Colin Smith	Trawden At	26:30	2:14:59	+ 6
52	Peter Gaskell	L'pool PS A		21:55	1:49:03	+ 4	118	Andrew Chew	Barlick C	24:58	2:16:41	+ 8
53	Martin Slater	Gateshead C		21:50	1:49:09	+ 4	119	Ian Tomlinson	Accrington B	30:52	2:17:52	+ 1
54	Marc Jacques	Knowsley H A		22:56	1:49:18	- 2	120	Keith Robinson	Accrington A	28:36	2:18:41	+ 5
55	*Not Declared*	L'pool RC A		23:39	1:49:32	- 7	121	Andrew Grainger	Beverley A	31:33	2:19:11	0
56	David Almond	Blackburn A		23:09	1:49:34	- 3	122	Stewart Darlington	Salford Ha F	31:24	2:19:30	0
57	Andrew Pearson	New Marske		20:59	1:49:48	+ 8	123	CliveJohn Berry	Wesham Roa B	32:57	2:28:20	+ 4
58	Isaac Allen	Durham Cit		24:21	1:50:27	- 7	Fastest runners over stage 5:					
59	Philip Scowcroft	Sale Harri D		21:28	1:50:53	+ 10	1	Alex O'Gorman	Stockport A	18:38		
60	Ian Grewar	East Hull A		23:04	1:51:15	- 1	2	Stuart Robinson	Salford Ha A	19:14		
61	Byron Edwards	Bury Athle A		22:54	1:51:22	+ 1	3	Simon Deakin	Leeds City A	19:16		
62	George Bilsby	York Knave A		22:57	1:51:25	- 1	4	James McNally	L'pool H A	19:27		
63	Liam Spencer	Keighley & A		23:16	1:51:34	- 3	5	Gary Priestley	Salford Ha B	19:35		
64	Carl Barber	Sale Harri C		22:24	1:51:41	+ 4	6	Matthew White	Derby Athl A	19:36		
65	Peter Hopson	Saltire S A		21:26	1:51:48	+ 12	7	James Bailey	Sale Harri A	19:39		
66	Andrew Robertshaw	Otley Ac B		21:37	1:51:59	+ 12	8	Matthew John	Otley Ac A	19:54		

Northern Athletics Road Relay Championships at Birchwood Park, Warrington on Saturday 20th September 2014

- Senior Men Stage 6 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Patrick Martin	Stockport A	18:40	1:52:09	0
2	Gordon Benson	Leeds City A	18:29	1:53:02	0
3	Niall Brooks	Sale Harri A	19:47	1:54:59	0
4	Joseph Bailey	Salford Ha A	19:04	1:55:48	+ 1
5	Harry Harper	L'pool H A	19:40	1:56:04	- 1
6	Richard Weir	Derby Athl A	18:14	1:56:49	+ 2
7	Josh Tighe	Salford Ha B	19:54	1:57:12	- 1
8	Lewis Timmins	Morpeth Ha A	19:40	1:57:57	- 1
9	Chris Parr	Gateshead A	19:00	1:58:21	+ 2
10	Tom Bains	Hallamshir A	20:19	1:59:19	0
11	Nathan Tipping	Vale Royal A	20:52	1:59:46	- 2
12	Graham Hogg	Trafford A A	20:08	1:59:51	0
13	David Rigby	Preston Ha A	19:49	2:00:13	+ 2
14	David Watson	Holmfirth A	20:09	2:00:30	0
15	James Riley	L'pool H B	20:18	2:01:15	+ 1
16	C BannoThornton	Altrincham A	21:19	2:01:29	- 3
17	Richard Brown	Lincoln We A	19:38	2:01:33	+ 2
18	Michael Burrett	Leeds City B	20:16	2:01:45	0
19	Andrew Lawrence	Morpeth Ha B	19:54	2:02:25	+ 3
20	Ashley Holt	Rossendale A	21:18	2:02:43	- 3
21	David Marsh	Sale Harri B	20:17	2:02:49	+ 2
22	Martin Reid	Bolton Uni A	20:53	2:03:00	- 2
23	Frank Beresford	Otley Ac A	20:05	2:03:04	+ 3
24	Matthew Thompson	Southport A	20:15	2:03:05	0
25	Alastair Murray	Horwich R A	21:10	2:03:23	- 4
26	James Dunce	Tyne Bridg A	20:28	2:03:25	- 1
27	Scott Ellis	North Shie A	20:56	2:04:25	+ 1
28	Kyle Craib	Rotherham	20:23	2:04:27	+ 2
29	Bruno Lima	Salford Ha C	20:14	2:05:00	+ 4
30	Phillip Williams	Leigh Harr A	20:31	2:05:04	+ 2
31	Jordan Hull	Border Har A	20:57	2:05:18	0
32	Joseph Turner	Gateshead B	21:26	2:05:23	- 3
33	Chris Brewer	Keswick Aa A	22:06	2:05:23	- 6
34	Liam Emmett	Jarrow & H A	20:45	2:06:07	0
35	Stephen Chew	Barlick A	20:34	2:07:16	+ 4
36	Dominic Chambers	Derby Athl B	21:47	2:07:20	0
37	Dean Furniss	Hallamshir B	22:11	2:08:51	+ 1
38	Marcus Gregory	East Chesh	22:02	2:09:04	+ 3
39	Christopher Ward	Wakefield	21:01	2:09:08	+ 9
40	Dennis Speck	City Of Yo	21:39	2:09:21	+ 4
41	Ian Ogden	Spenboroug	23:08	2:09:39	- 4
42	Jack Foley	Sheffield A	22:23	2:09:55	+ 1
43	Brendan Moody	Barnsley A A	22:29	2:09:57	- 1
44	Thomas McKee	City Of Hu A	21:54	2:10:22	+ 5
45	Andrew Newton	Preston Ha B	22:13	2:10:50	+ 5
46	Sion WynWilliams	L'pool H C	23:59	2:10:52	- 6
47	Matthew Fearn	Sun'landH A	25:25	2:10:53	- 12
48	John Connolly	Penny Lane A	21:57	2:10:57	+ 3
49	Nasir Hussain	New Marske	21:32	2:11:20	+ 8
50	John Gibson	Gateshead C	22:30	2:11:39	+ 3
51	Chris Lloyd	Blackpool A	23:48	2:11:41	- 5
52	Ben Lewington	Knowsley H A	22:29	2:11:47	+ 2
53	Chris Barnes	Blackburn A	22:14	2:11:48	+ 3
54	*Not Declared*	L'pool RC A	22:24	2:11:56	+ 1
55	Alec Gibson	East Hull A	20:58	2:12:13	+ 5
56	Christopher Walker	Durham Cit	22:12	2:12:39	+ 2
57	David Walters	Wigan Phoe A	24:44	2:12:50	- 10
58	Matt Nowell	Saltaire S A	21:03	2:12:51	+ 7
59	Tim Kennedy	Sale Harri D	22:10	2:13:03	0
60	Robert Parkinson	L'pool PS A	24:07	2:13:10	- 8
61	Rob Downs	Wilmslow R	21:01	2:13:12	+ 8
62	David Rich	Sale Harri C	21:38	2:13:19	+ 2
63	Steve Rankin	Sun'landS	20:50	2:13:33	+ 8
64	Paul Turnbull	Tyne Bridg B	21:23	2:13:42	+ 6
65	Barry Atkinson	York Knave A	22:18	2:13:43	- 3
66	Simon Johnson	Halifax Ha	22:17	2:14:17	+ 2
67	*Not Declared*	BuryAthleA	23:03	2:14:25	- 6
68	Gary Rowlinson	Sale Harri E	22:29	2:14:29	- 1
69	Philip Robertson	Wirral Ac	21:09	2:14:45	+ 8
70	Alistair Langron	Holmfirth B	21:23	2:14:47	+ 6
71	James Penfold	Altrincham B	21:57	2:14:51	+ 1
72	Stuart Carroll	Royton Roa A	21:07	2:14:52	+ 6
73	Charles Foster	Salford Ha D	22:59	2:16:10	0
74	Mark Knowles	Keighley & A	25:05	2:16:39	- 11
75	Timothy Richardson	Harrogate	22:27	2:17:10	+ 7
76	Daryl Bentley	Bolton Uni B	23:49	2:18:04	+ 4
77	Jamie Ward	Rochdale H A	24:50	2:18:06	- 3
78	Paul Hindhaugh	Gateshead D	24:17	2:18:06	+ 1
79	Tony Archer	Vale Royal B	24:51	2:18:11	- 4
80	David Bagot	Clayton Le	23:41	2:18:21	+ 1
81	Alex Rowe	Wesham Roa A	22:44	2:18:25	+ 4
82	Colin McEvoy	Wigan & Di A	24:07	2:18:57	+ 1
83	Christopher Dove	Skyrac Ath A	22:13	2:19:17	+ 6
84	Paul Maxwell	Keswick Aa B	24:18	2:19:59	0
85	Lee Athersmith	Bingley Ha	20:57	2:21:09	+ 9
86	Tom Albone	Sheffield B	24:51	2:21:35	+ 2
87	Mark Hurrell	Barnsley A B	27:03	2:23:00	- 1
88	Stewy Bell	Blackhill	21:36	2:23:21	+ 8
89	Nick Griffin	York Knave B	24:37	2:23:33	+ 3
90	Alexander Urmston	Leigh Harr B	20:45	2:23:38	+ 9
91	Raymond Vose	St Helens A	28:01	2:24:04	- 4
92	Graham Cook	City Of Hu B	27:31	2:24:49	- 2
93	Graham Webster	Lytham St A	24:01	2:25:22	+ 2
94	Kevin Emmett	Jarrow & H B	22:42	2:25:22	+ 3
95	Ian Richardson	North Shie B	27:22	2:27:20	- 2
96	A Castile	Salford Ha E	24:36	2:27:30	+ 4
97	David Waddington	Wigan & Di B	24:29	2:27:34	+ 4
98	James Fent	Barlick B	25:57	2:28:37	0
99	Yousaf Butt	Royton Roa B	24:07	2:28:55	+ 5
100	Stephen Pilditch	Spectrum S A	19:00	2:29:08	+ 12
101	Keelan Serjeant	Holmfirth C	27:24	2:30:56	+ 1
102	Craig Bradbury	Sale Harri F	26:18	2:31:00	+ 1
103	David Ainsworth	Altrincham C	24:21	2:32:28	+ 4
104	*Not Declared*	L'pool RC B	26:36	2:32:44	+ 1
105	Derek Henry	Wigan Phoe B	28:46	2:36:46	+ 1
106	Alistair Nash	Saltaire S B	25:39	2:37:03	+ 8
107	Paul Nippress	East Hull B	28:23	2:37:34	+ 1
108	Phil Roberts	Rochdale H B	23:36	2:38:09	+ 8
109	Graham Millington	Wigan & Di C	25:58	2:40:08	+ 6
110	Pete Baistow	Trawden At	25:12	2:40:11	+ 7
111	David Twizell	Blackpool B	30:53	2:40:27	- 1
112	Graham Harvey	Skyrac Ath B	29:26	2:40:31	+ 1
113	Graham Morris	Accrington B	23:49	2:41:41	+ 6
114	Martin King	Accrington A	23:40	2:42:21	+ 6
115	James Stead	Barlick C	30:16	2:46:57	+ 3
116	Dennis Moran	Salford Ha F	31:17	2:50:47	+ 6
117	Dave Waywell	Wesham Roa B	32:22	3:00:42	+ 6

Fastest runners over stage 6:

1	Richard Weir	Derby Athl A	18:14
2	Gordon Benson	Leeds City A	18:29
3	Patrick Martin	Stockport A	18:40
4	Chris Parr	Gateshead A	19:00
5	Stephen Pilditch	Spectrum S A	19:00
6	Joseph Bailey	Salford Ha A	19:04
7	Richard Brown	Lincoln We A	19:38
8	Harry Harper	L'pool H A	19:40
9	Lewis Timmins	Morpeth Ha A	19:40
10	Niall Brooks	Sale Harri A	19:47

Northern Athletics Road Relay Championships at Birchwood Park, Warrington on Saturday 20th September 2014

Senior Men — Team Results — Final
(nn) is team position after the appropriate stage.

1 Stockport Harriers & AC	'A'	1:52:09	14 Holmfirth Harriers AC	'A'	2:00:30
1 Ross Millington (5) 18:23	2 Jack Morris (2) 18:55	1 Mark Buckingham (1) 18:07	2 Richard Smith (6) 20:07	3 Jack Martin (2) 18:35	4 J Davies (1) 18:58
5 Alex O'Gorman (1) 18:38	6 Patrick Martin (1) 18:40	3 Peter Brookes (11) 20:23	4 David Turnbull (14) 20:41	5 Stuart Sharp (14) 21:03	6 David Watson (14) 20:09
2 Leeds City Athletic Club	'A'	1:53:02	15 Liverpool Harriers & AC	'B'	2:01:15
1 Tesfaye Debele (6) 18:32	2 Alan Buckley (3) 18:46	1 Daniel Jarvis (39) 20:30	2 Jamie Webb (27) 20:05	3 Derek Hawkins (1) 18:23	4 Jonathan Wills (2) 19:36
5 Simon Deakin (2) 19:16	6 Gordon Benson (2) 18:29	3 Greg Cook (19) 19:39	4 Laurie Probert (18) 20:16	5 Adualqani Sharif (16) 20:27	6 James Riley (15) 20:18
3 Sale Harriers Manchester	'A'	1:54:59	16 Altrincham & District AC	'A'	2:01:29
1 Jack Crabtree (3) 18:16	2 Charlie Hulson (1) 18:54	1 David Norman (14) 19:17	2 Andrew Norman (8) 19:07	3 Matthew Barnes (3) 19:05	4 Anthony Ford (3) 19:18
5 James Bailey (3) 19:39	6 Niall Brooks (3) 19:47	3 Mohammed Abu Rezeq (4) 18:39	4 Andrew Whittingham (11) 21:49	5 Ryan Ganose (13) 21:18	6 C Banno Thornton (16) 21:19
4 Salford Harriers & AC	'A'	1:55:48	17 Lincoln Wellington Athletic Cl	'A'	2:01:33
1 Max McNeill (19) 19:34	2 Tarus Elly (12) 19:26	1 Tom Straw (36) 20:21	2 Shane Robinson (22) 19:55	3 Ben Ridell (9) 19:26	4 Carl Hardman (5) 19:04
5 Stuart Robinson (5) 19:14	6 Joseph Bailey (4) 19:04	3 Joe Wilkinson (25) 20:37	4 Les Ball (25) 20:46	5 Elliott Stones (19) 20:16	6 Richard Brown (17) 19:38
5 Liverpool Harriers & AC	'A'	1:56:04	18 Leeds City Athletic Club	'B'	2:01:45
1 John Ashcroft (12) 19:10	2 Ricky Challinor (10) 19:48	1 Michael Salter (13) 19:15	2 Dominic Easter (20) 20:35	3 Ben Russell (10) 19:29	4 Daniel Cliffe (4) 18:30
5 James McNally (4) 19:27	6 Harry Harper (5) 19:40	3 Leon Foster (23) 20:54	4 James Smith (17) 19:46	5 Adam Osborne (18) 20:59	6 Michael Burrett (18) 20:16
6 Derby Athletic Club	'A'	1:56:49	19 Morpeth Harriers & AC	'B'	2:02:25
1 Daniel Haymes (10) 18:58	2 Alex Pilcher (9) 19:45	1 Karl Taylor (18) 19:30	2 Ryan Stephenson (18) 20:12	3 Jamie Fletcher (14) 20:39	4 Joshua Bull (12) 19:37
5 Matthew White (8) 19:36	6 Richard Weir (6) 18:14	3 Thomas Straughan (20) 20:38	4 Elliot Kelly (24) 21:07	5 Daniel Haymes (10) 18:58	6 Alex Pilcher (9) 19:45
7 Salford Harriers & AC	'B'	1:57:12	20 Rossendale Harriers & AC	'A'	2:02:43
1 Tom Cornthwaite (8) 18:55	2 Ian McBride (7) 19:20	1 Christopher Fell (15) 19:18	2 Joseph Johnston (16) 19:58	3 Nathan Kilcourse (7) 19:55	4 Simon Bruton (6) 19:33
5 Gary Priestley (6) 19:35	6 Josh Tighe (7) 19:54	3 Robert Webb (16) 20:19	4 Grant Cunliffe (16) 20:39	5 Carl Avery (17) 19:25	6 Nathan Shrubbs (15) 19:48
8 Morpeth Harriers & AC	'A'	1:57:57	21 Sale Harriers Manchester	'B'	2:02:49
1 Carl Avery (17) 19:25	2 Nathan Shrubbs (15) 19:48	1 Gareth Raven (26) 19:44	2 James Wignall (24) 20:42	3 Andrew Wiles (8) 19:09	4 Kevin Calvert (7) 19:42
5 Ross Floyd (7) 20:13	6 Lewis Timmins (8) 19:40	3 Paul Green (22) 20:15	4 Nigel Martin (21) 20:12	5 Tom Cornthwaite (8) 18:55	6 Ian McBride (7) 19:20
9 Gateshead Harriers & AC	'A'	1:58:21	22 Bolton United Harriers & AC	'A'	2:03:00
1 Callum Johnson (16) 19:23	2 Jed Marshall (13) 19:48	1 Jonathan Kay (21) 19:40	2 Tom Lancashire (17) 19:59	3 Conrad Franks (12) 19:52	4 Barry Maskell (10) 19:37
5 Simeon Greenwood (11) 20:41	6 Chris Parr (9) 19:00	3 Frazer Jardine (24) 21:09	4 Anthony Valentine (20) 20:04	5 Carl Avery (17) 19:25	6 Nathan Shrubbs (15) 19:48
10 Hallamshire Harriers Sheffield	'A'	1:59:19	23 Otley AC	'A'	2:03:04
1 Andrew Heyes (2) 18:09	2 Tom Jenkins (5) 19:49	1 Scott Harrington (42) 20:35	2 Liam Dunne (46) 21:10	3 Dave Archer (5) 19:55	4 Ben Beattie (8) 20:13
5 Andrew Challenger (10) 20:54	6 Tom Bains (10) 20:19	3 Robert Addey (29) 19:54	4 Thomas Midgley (30) 21:26	5 Andrew Heyes (2) 18:09	6 Tom Jenkins (5) 19:49
11 Vale Royal AC	'A'	1:59:46	24 Southport Waterloo AC	'A'	2:03:05
1 Elliot Bowker (4) 18:18	2 Chris Perry (4) 19:30	1 Patrick Vis (24) 19:42	2 Richard Shearer (23) 20:42	3 Matthew Sheen (6) 20:17	4 Stuart Doyle (9) 20:03
5 Ryan Moore (9) 20:46	6 Nathan Tipping (11) 20:52	3 James Tartt (17) 19:21	4 Ciaran Walsh (23) 21:37	5 Elliot Bowker (4) 18:18	6 Chris Perry (4) 19:30
12 Trafford Athletic Club	'A'	1:59:51	25 Horwich RMI Harriers	'A'	2:03:23
1 Richard Powell (33) 20:07	2 Daniel Lawton (29) 20:34	1 C Farrell (9) 18:56	2 Nick Leigh (14) 20:16	3 Zak Miller (15) 18:53	4 Thomas Charles (13) 19:42
5 Peter Bains (12) 20:27	6 Graham Hogg (12) 20:08	3 Joe Mercer (13) 20:05	4 Gareth Booth (19) 21:14	5 Richard Powell (33) 20:07	6 Daniel Lawton (29) 20:34
13 Preston Harriers	'A'	2:00:13	26 Tyne Bridge Harriers	'A'	2:03:25
1 Christopher Tully (44) 20:36	2 Chris Livesey (19) 19:10	1 Marc Fenwick (22) 19:40	2 John Morley (30) 21:07	3 M Livingstone (21) 20:41	4 Patrick Dever (15) 19:25
5 Peter Street (15) 20:32	6 David Rigby (13) 19:49	3 S Brown (27) 20:25	4 Terry Scott (27) 20:49	1 Christopher Tully (44) 20:36	2 Chris Livesey (19) 19:10

Northern Athletics Road Relay Championships

at Birchwood Park, Warrington on Saturday 20th September 2014

27 North Shields Polytechnic Club 'A' 2:04:25	41 Spenborough & Dist AC 2:09:39
1 Graham Cooke (45) 20:36	1 Kevin Ogden (49) 20:41
2 Michael Dawson (32) 20:17	2 J Woodcock Shaw (26) 19:52
3 Guy Bracken (26) 20:13	3 Simon Bolland (33) 21:34
4 Graham Crammond (26) 20:52	4 Paul Davis (35) 21:34
5 Patrick Houghton (28) 21:31	5 Oliver Carter (37) 22:50
6 Scott Ellis (27) 20:56	6 Ian Ogden (41) 23:08
28 Rotherham Harriers And AC 2:04:27	42 Sheffield RC 'A' 2:09:55
1 Elliott Smales (48) 20:40	1 John Doherty (84) 21:57
2 Rhian Haste (43) 20:56	2 Joe Fowler (65) 21:14
3 Sam Clegg (47) 22:22	3 Andy Buddery (56) 21:57
4 Philip Hoole (32) 19:38	4 Alex Plant (43) 20:23
5 Richard Harris (30) 20:28	5 J Sweetnam Powell (43) 22:01
6 Kyle Craib (28) 20:23	6 Jack Foley (42) 22:23
29 Salford Harriers & AC 'C' 2:05:00	43 Barnsley Athletic Club 'A' 2:09:57
1 Glyn Billington (57) 21:00	1 David Thompson (58) 21:03
2 Robert Hughes (39) 20:25	2 Thomas White (52) 21:23
3 John Lloyd (34) 21:03	3 Darren Middleton (48) 21:34
4 David Lockett (34) 21:12	4 Noel Adkins (47) 21:50
5 Robert Tudor (33) 21:06	5 Scott Bennett (42) 21:38
6 Bruno Lima (29) 20:14	6 Brendan Moody (43) 22:29
30 Leigh Harriers & AC 'A' 2:05:04	44 City Of Hull AC 'A' 2:10:22
1 Neil Pendlebury (34) 20:11	1 Kris Lecher (20) 19:39
2 Thomas Kneller (36) 20:56	2 James Pearson (33) 21:19
3 Tommy Henders (32) 20:53	3 Mark Spikings (40) 22:09
4 Liam Moore (31) 21:08	4 Jaysson Sawyer (50) 22:49
5 Dave Smith (32) 21:25	5 Pete Baker (49) 22:32
6 Phillip Williams (30) 20:31	6 Thomas McKee (44) 21:54
31 Border Harriers & AC 'A' 2:05:18	45 Preston Harriers 'B' 2:10:50
1 James Douglas (7) 18:52	1 Sandy Kelly (66) 21:18
2 Kevin Bell (11) 20:07	2 Sam Williams (56) 21:28
3 Ross London (18) 21:12	3 Dan Whitlock (50) 21:38
4 Matthew Grieve (22) 20:58	4 Steve Hallas (46) 21:25
5 William Nicholson (31) 23:12	5 Robert Affleck (50) 22:48
6 Jordan Hull (31) 20:57	6 Andrew Newton (45) 22:13
32 Gateshead Harriers & AC 'B' 2:05:23	46 Liverpool Harriers & AC 'C' 2:10:52
1 Sam Brand (53) 20:47	1 Jack Atkins (64) 21:16
2 Daniel Johnson (31) 20:01	2 Alan Ashton (50) 20:59
3 Gavin Neil (31) 21:04	3 Michael Fitzimmons (41) 21:07
4 James Cripwell (28) 20:58	4 Laurie Luscombe (39) 21:20
5 Rob Dobson (29) 21:07	5 Peter Brame (40) 22:11
6 Joseph Turner (32) 21:26	6 Sion Wyn Williams (46) 23:59
33 Keswick Aac 'A' 2:05:23	47 Sunderland Harriers & AC 'A' 2:10:53
1 Phil Winskill (47) 20:39	1 Kevin Jeffries (29) 19:47
2 Sam Stead (35) 20:24	2 Steven Duffy (40) 21:40
3 Peter George (35) 21:31	3 Michael Barker (39) 21:34
4 Marc Brown (29) 20:26	4 Craig Isherwood (37) 20:45
5 S Hebblethwaite (27) 20:17	5 Nathan Reed (35) 21:42
6 Chris Brewer (33) 22:06	6 Matthew Fearn (47) 25:25
34 Jarrow & Hebburn AC 'A' 2:06:07	48 Penny Lane Striders 'A' 2:10:57
1 Andy Burn (30) 19:51	1 Martin Swensson (32) 20:06
2 Brendan McMillan (25) 20:40	2 Dale Higham (38) 21:13
3 George Lowry (28) 20:43	3 Lawrence Eccles (51) 23:09
4 Tristan Peel (33) 22:23	4 Jay Clarke (54) 22:19
5 Jonny Evans (34) 21:45	5 Nigel Grant (51) 22:13
6 Liam Emmett (34) 20:45	6 John Connolly (48) 21:57
35 Barlick Fell Runners 'A' 2:07:16	49 New Marske Harriers Club 2:11:20
1 Gary Shaw (31) 19:55	1 Dean Newton (59) 21:07
2 Nick Treilt (34) 21:04	2 Charles Pascoe (41) 20:21
3 Ian Livesey (30) 20:52	3 Michael Lyth (74) 25:09
4 Andrew Berry (41) 23:09	4 Clive Thornton (65) 22:12
5 Shaun Chew (39) 21:42	5 Andrew Pearson (57) 20:59
6 Stephen Chew (35) 20:34	6 Nasir Hussain (49) 21:32
36 Derby Athletic Club 'B' 2:07:20	50 Gateshead Harriers & AC 'C' 2:11:39
1 David Westbury (40) 20:32	1 Kevin Connolly (83) 21:56
2 Samuel Hassall (49) 21:18	2 Paul Attley (73) 21:36
3 Sam Johnson (42) 21:32	3 James Porteous (63) 22:03
4 Terah Hooley (42) 22:00	4 Adam Simms (57) 21:44
5 Christopher Peach (36) 20:11	5 Martin Slater (53) 21:50
6 Dominic Chambers (36) 21:47	6 John Gibson (50) 22:30
37 Hallamshire Harriers Sheffield 'B' 2:08:51	51 Blackpool Wyre & Fylde AC 'A' 2:11:41
1 Adam Dyson (62) 21:09	1 Luke Minns (25) 19:43
2 Darren Newbould (47) 20:37	2 Liam Craine (48) 22:04
3 Philip Cooper (43) 21:38	3 Jake Walley (37) 21:08
4 Zak Mellard (40) 21:19	4 David Williamson (49) 23:00
5 Peter Hodges (38) 21:57	5 James Unsworth (46) 21:58
6 Dean Furniss (37) 22:11	6 Chris Lloyd (51) 23:48
38 East Cheshire Harriers & Tames 2:09:04	52 Knowsley Harriers 'A' 2:11:47
1 Joe Hudak (51) 20:45	1 Mark Clair (56) 20:56
2 Tom McGuinness (54) 21:54	2 Neil Cosgrove (59) 22:04
3 Patrick Gardiner (36) 20:09	3 Stephen Doyle (55) 21:56
4 Aaron Schofield (38) 21:45	4 Robert Kelly (52) 21:26
5 Gary Matthews (41) 22:29	5 Marc Jacques (54) 22:56
6 Marcus Gregory (38) 22:02	6 Ben Lewington (52) 22:29
39 Wakefield District H & AC 2:09:08	53 Blackburn Harriers & AC 'A' 2:11:48
1 James Saxton (28) 19:47	1 Zachary Howe (82) 21:54
2 Stephen Tilford (37) 21:28	2 Shaun Livesey (63) 21:14
3 William Ingram (45) 22:11	3 C Davies (54) 21:39
4 Daniel Franks (45) 22:19	4 Mat Nuttall (53) 21:38
5 Alistair Robinson (48) 22:22	5 David Almond (56) 23:09
6 Christopher Ward (39) 21:01	6 Chris Barnes (53) 22:14
40 City Of York AC 2:09:21	54 Liverpool Running Club 'A' 2:11:56
1 Daniel Cheeseman (41) 20:34	1 Undeclared (72) 21:27
2 Iain Lynn (45) 21:11	2 Undeclared (42) 20:06
3 Don McMillan (46) 22:11	3 Undeclared (44) 21:52
4 Tom Bean (36) 19:50	4 Undeclared (48) 22:28
5 Mike Raynes (44) 23:56	5 Undeclared (55) 23:39
6 Dennis Speck (40) 21:39	6 Undeclared (54) 22:24

Northern Athletics Road Relay Championships

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55 East Hull Harriers & AC	'A'	2:12:13	69 Wirral AC	3	2:14:45
1 Matthew Hayes (70) 21:24	2 Nigel Sisson (55) 21:20		1 Xavier Desse (46) 20:37	2 Richard Davies (61) 22:27	
3 Stephen Coates (59) 22:41	4 Daniel Cain (59) 22:46		3 Stephen Spence (61) 22:28	4 Simon Fox (81) 25:20	
5 Ian Grewar (60) 23:04	6 Alec Gibson (55) 20:58		5 Terry Roberts (77) 22:44	6 Philip Robertson (69) 21:09	
56 Durham City Harriers & AC	2:12:39	70 Holmfirth Harriers AC	'B'	2:14:47	
1 Daniel Garbutt (11) 19:05	2 Adam Walker (44) 22:32	1 Julian Rose (87) 21:59	2 Philip Hewitt (66) 21:18		
3 Andrew Graham (38) 21:20	4 Daniel Whittle (51) 23:09	3 Scott Smith (73) 23:16	4 R Hinchliffe Smith (73) 23:09		
5 Isaac Allen (58) 24:21	6 Christopher Walker (56) 22:12	5 Daniel Shaw (76) 23:42	6 Alistair Langron (70) 21:23		
57 Wigan Phoenix	'A'	2:12:50	71 Altrincham & District AC	'B'	2:14:51
1 James Hilton (38) 20:23	2 Stephen Makin (28) 20:15		1 Duncan Wilson (100) 23:08	2 David Alderson (88) 21:55	
3 Phil Waterworth (52) 23:51	4 M Manir Jolley (55) 22:27		3 Peter Abraham (79) 22:41	4 Adrian Fuller (75) 22:30	
5 Andy Ward (47) 21:10	6 David Walters (57) 24:44		5 Steven Renny (72) 22:40	6 James Penfold (71) 21:57	
58 Saltaire Striders	'A'	2:12:51	72 Royton Road Runners	'A'	2:14:52
1 Simon Pass (80) 21:51	2 Gareth Ward (90) 23:27		1 Gary Fielding (97) 22:57	2 Shane Reading (98) 23:30	
3 Tim Bellwood (86) 23:13	4 Will Kerr (77) 21:51		3 Chris Lowe (89) 22:42	4 Philip Marsden (84) 22:11	
5 Peter Hopson (65) 21:26	6 Matt Nowell (58) 21:03		5 David McBride (78) 22:25	6 Stuart Carroll (72) 21:07	
59 Sale Harriers Manchester	'D'	2:13:03	73 Salford Harriers & AC	'D'	2:16:10
1 Steven Townley (68) 21:19	2 Nicholas Whittle (79) 22:48		1 Paul Birkett (126) 25:42	2 Roger Alsop (104) 21:35	
3 Andrew Mooney (66) 21:43	4 Dean Hardman (69) 23:35		3 Steve Pennington (91) 22:07	4 Derek Crewe (83) 21:44	
5 Philip Scowcroft (59) 21:28	6 Tim Kennedy (59) 22:10		5 Philip West (73) 22:03	6 Charles Foster (73) 22:59	
60 Liverpool Pembroke & Sefton H	'A'	2:13:10	74 Keighley & Craven AC	'A'	2:16:39
1 Sean Kirkbride (81) 21:53	2 Mark Wynne (67) 21:29		1 Adi Thomas (74) 21:29	2 Will Smith (57) 21:18	
3 Jonathon Bride (57) 21:56	4 Kyle Nicholls (56) 21:50		3 Andrew Brett (65) 22:59	4 Scott Bairstow (60) 22:32	
5 Peter Gaskell (52) 21:55	6 Robert Parkinson (60) 24:07		5 Liam Spencer (63) 23:16	6 Mark Knowles (74) 25:05	
61 Wilmslow Running Club	2:13:12	75 Harrogate Harriers & AC	2:17:10		
1 Damian Nicholls (27) 19:45	2 Barry Archbold (74) 23:48	1 John Young (65) 21:17	2 Jamie Dilasser (83) 23:07		
3 Jeremy Bygrave (68) 22:31	4 Trevor Morris (58) 22:06	3 Jonathan Johnson (58) 21:00	4 Ashley Brook (71) 24:06		
5 Richard Hiron (69) 24:01	6 Rob Downs (61) 21:01	5 Michael Gill (82) 25:13	6 Timothy Richardson (75) 22:27		
62 Sale Harriers Manchester	'C'	2:13:19	76 Bolton United Harriers & AC	'B'	2:18:04
1 Alan White (69) 21:22	2 Robert Flannery (68) 22:04		1 Mark Swanell (61) 21:08	2 Daniel Shaw (60) 21:54	
3 Gareth Matthews (64) 22:10	4 Matthew Metcalf (68) 23:41		3 Andrew Cafferky (62) 22:32	4 Stewart Brierley (76) 24:45	
5 Carl Barber (64) 22:24	6 David Rich (62) 21:38		5 Peter Kearney (80) 23:56	6 Daryl Bentley (76) 23:49	
63 Sunderland Strollers	2:13:33	77 Rochdale Harriers & AC	'A'	2:18:06	
1 Steven McMahon (76) 21:37	2 Andrew Powell (58) 21:16	1 Michael Tanner (55) 20:53	2 Neil Hirst (51) 21:24		
3 Declan Munnely (77) 24:11	4 Sardar Adnan Khan (79) 23:20	3 Phillip Bennett (49) 21:55	4 Paul Leary (63) 24:29		
5 Michael Laws (71) 22:19	6 Steve Rankin (63) 20:50	5 Nick Barton (74) 24:35	6 Jamie Ward (77) 24:50		
64 Tyne Bridge Harriers	'B'	2:13:42	78 Gateshead Harriers & AC	'D'	2:18:06
1 Christopher Graham (88) 22:00	2 David Johnson (78) 22:06	1 Steven Medd (90) 22:16	2 Jonny Malley (76) 21:43		
3 John Hurse (76) 22:54	4 Anthony Bagley (64) 21:47	3 Richard Ostell (67) 21:52	4 Paul Tate (66) 22:59		
5 Alasdair Blain (70) 23:32	6 Paul Turnbull (64) 21:23	5 Ray Robinson (79) 24:59	6 Paul Hindhaugh (78) 24:17		
65 York Knavesmire Harriers	'A'	2:13:43	79 Vale Royal AC	'B'	2:18:11
1 Chris Roberts (78) 21:44	2 Simon Collins (75) 22:01	1 Steven Caldwell (91) 22:25	2 Tom Armstrong (93) 23:09		
3 Lindsay Toulson (70) 22:25	4 Neil Stabbs (61) 22:18	3 Michael Harrington (87) 22:58	4 Daniel Morrison (74) 21:38		
5 George Bilsby (62) 22:57	6 Barry Atkinson (65) 22:18	5 David Shepherd (75) 23:10	6 Tony Archer (79) 24:51		
66 Halifax Harriers & AC	2:14:17	80 Clayton Le Moors Harriers	2:18:21		
1 Joseph Crossfield (73) 21:27	2 Jerome Castelow (72) 22:04	1 C Holdsworth (52) 20:46	2 David Motley (80) 23:26		
3 Eden Whitelaw (71) 22:49	4 James Habberghan (67) 22:40	3 Alex Cran (84) 23:56	4 Jon Hanson (85) 23:33		
5 Ciaran Wilson Baig (68) 23:00	6 Simon Johnson (66) 22:17	5 Jonathan Pye (81) 22:59	6 David Bagot (80) 23:41		
67 Bury Athletic Club	'A'	2:14:25	81 Wesham Road Runners & AC	'A'	2:18:25
1 David Cullen (67) 21:19	2 Benjamin Coop (69) 22:08	1 Robert Danson (23) 19:41	2 E Costello (89) 25:32		
3 Bryn Davies (69) 22:38	4 Luke Harreld (62) 22:23	3 Garry Barnett (90) 23:57	4 Lee Barlow (86) 22:33		
5 Byron Edwards (61) 22:54	6 Undeclared (67) 23:03	5 John Collier (85) 23:58	6 Alex Rowe (81) 22:44		
68 Sale Harriers Manchester	'E'	2:14:29	82 Wigan & District H & AC	'A'	2:18:57
1 Tom Fordyce (77) 21:42	2 Glen Savage (81) 22:31	1 Darren Jackson (103) 23:23	2 Stephen Nicholls (94) 22:50		
3 Elton Davies (75) 22:39	4 Mike Ashby (70) 22:37	3 Chris Burgess (92) 23:42	4 Gary Fitzpatrick (89) 22:01		
5 Kevin Foster (67) 22:31	6 Gary Rowlinson (68) 22:29	5 Mohammed Irshad (83) 22:54	6 Colin McEvoy (82) 24:07		

Northern Athletics Road Relay Championships

at Birchwood Park, Warrington on Saturday 20th September 2014

<p>83 Skyrac Athletic Club 'A' 2:19:17</p> <p>1 Anthony Bowyer (130) 26:29 3 Martin Hawkins (95) 22:39 5 Andy McCue (89) 22:34</p> <p>2 C Craig Jackson (106) 21:20 4 Steven Eastwood (94) 24:02 6 Christopher Dove (83) 22:13</p>	<p>97 Wigan & District H & AC 'B' 2:27:34</p> <p>1 Paul Platt (119) 24:30 3 David Collins (104) 23:41 5 Andy Eccles (101) 25:34</p> <p>2 Paul Bryers (117) 25:05 4 Mike Harris (101) 24:15 6 David Waddington (97) 24:29</p>
<p>84 Keswick Aac 'B' 2:19:59</p> <p>1 Christopher Edis (99) 23:00 3 Rob Wynne (96) 23:13 5 Jonny Hume (84) 22:32</p> <p>2 Lee Michael Roe (105) 24:20 4 Adam Champion (90) 22:36 6 Paul Maxwell (84) 24:18</p>	<p>98 Barlick Fell Runners 'B' 2:28:37</p> <p>1 Daniel Taylor (112) 24:10 3 Derek Walkden (102) 24:53 5 Peter Beresford (98) 25:34</p> <p>2 Andrew Carson (103) 23:05 4 David Poole (99) 24:58 6 James Fent (98) 25:57</p>
<p>85 Bingley Harriers & AC 2:21:09</p> <p>1 Paul Clegg (89) 22:09 3 John Smithurst (118) 31:41 5 Ben Marriott (94) 20:05</p> <p>2 Andy Gibbons (91) 23:14 4 John Parkin (107) 23:03 6 Lee Athersmith (85) 20:57</p>	<p>99 Royton Road Runners 'B' 2:28:55</p> <p>1 Ronnie Garrod (124) 25:05 3 Mark Taylor (116) 24:47 5 Ian Dale (104) 24:19</p> <p>2 Matthew Kilburn (125) 26:39 4 David Emanuel (110) 23:58 6 Yousaf Butt (99) 24:07</p>
<p>86 Sheffield RC 'B' 2:21:35</p> <p>1 Benjamin Mahoney (108) 23:47 3 Tim Fletcher (98) 23:55 5 I Alexander Barnes (88) 22:00</p> <p>2 Adam Follett (99) 23:16 4 Jed Turner (96) 23:46 6 Tom Albone (86) 24:51</p>	<p>100 Spectrum Striders 'A' 2:29:08</p> <p>1 Andy Garnett (136) 27:34 3 Andrew Gaskell (123) 25:50 5 Tim Murphy (112) 26:08</p> <p>2 Albert De Jong (128) 25:53 4 Julian Spencer (114) 24:43 6 Stephen Pilditch (100) 19:00</p>
<p>87 Barnsley Athletic Club 'B' 2:23:00</p> <p>1 John Broom (95) 22:45 3 Keith Littlewood (82) 22:38 5 Graham Bateson (86) 24:50</p> <p>2 David Brooksbank (92) 22:43 4 Melvin Wallace (82) 23:01 6 Mark Hurrell (87) 27:03</p>	<p>101 Holmfirth Harriers AC 'C' 2:30:56</p> <p>1 Ricky South (109) 23:59 3 Eddie Hinchliffe (101) 25:03 5 Jake Richardson (102) 25:41</p> <p>2 Kai Sunman (97) 22:22 4 Michael Coggon (102) 26:27 6 Keelan Serjeant (101) 27:24</p>
<p>88 Blackhill Bounders 2:23:21</p> <p>1 Jordan Bell (71) 21:25 3 Luke Aston (88) 24:19 5 Christopher Playle (96) 29:54</p> <p>2 Patrick Duffy (82) 22:58 4 Ian Young (87) 23:09 6 Stewy Bell (88) 21:36</p>	<p>102 Sale Harriers Manchester 'F' 2:31:00</p> <p>1 Francis Sweeney (106) 23:43 3 Aidan Raftery (103) 24:29 5 Jerry Smith (103) 26:50</p> <p>2 Alistair Kell (109) 24:37 4 Stephen Parry (103) 25:03 6 Craig Bradbury (102) 26:18</p>
<p>89 York Knavesmire Harriers 'B' 2:23:33</p> <p>1 Darren Hendley (102) 23:22 3 Stefan Durkin (100) 24:44 5 Rory Henderson (92) 23:51</p> <p>2 David Leese (96) 22:58 4 Stephen Robson (97) 24:01 6 Nick Griffin (89) 24:37</p>	<p>103 Altrincham & District AC 'C' 2:32:28</p> <p>1 Paul Johnston (120) 24:35 3 Paul Abraham (122) 22:58 5 David Livingstone (107) 24:01</p> <p>2 Andrew Parker (133) 31:25 4 Nick Burke (115) 25:08 6 David Ainsworth (103) 24:21</p>
<p>90 Leigh Harriers & AC 'B' 2:23:38</p> <p>1 Allister Goulding (85) 21:57 3 John Indriks (105) 24:37 5 Duncan McCarrick (99) 25:37</p> <p>2 Tony Battersby (112) 26:53 4 James Cooke (100) 23:49 6 Alexander Urmston (90) 20:45</p>	<p>104 Liverpool Running Club 'B' 2:32:44</p> <p>1 Undeclared (107) 23:44 3 Undeclared (109) 26:47 5 Undeclared (105) 26:36</p> <p>2 Undeclared (108) 24:19 4 Undeclared (105) 24:42 6 Undeclared (104) 26:36</p>
<p>91 St Helens Sutton AC 'A' 2:24:04</p> <p>1 Tom Griffiths (54) 20:50 3 Andrew Wilson (72) 22:55 5 Dennis Wharton (87) 26:31</p> <p>2 Ian Costello (70) 22:38 4 Barry Graney (72) 23:09 6 Raymond Vose (91) 28:01</p>	<p>105 Wigan Phoenix 'B' 2:36:46</p> <p>1 Matthew Hackett (129) 26:25 3 Neil Whitworth (119) 25:41 5 Jonathan Unsworth (106) 24:44</p> <p>2 Ben McMullen (127) 25:42 4 Robert Burke (113) 25:28 6 Derek Henry (105) 28:46</p>
<p>92 City Of Hull AC 'B' 2:24:49</p> <p>1 Nicholas Harme (92) 22:26 3 James Rogers (94) 23:02 5 Chris Slight (90) 23:37</p> <p>2 Michael Petersen (101) 24:42 4 John Riddiough (91) 23:31 6 Graham Cook (92) 27:31</p>	<p>106 Saltaire Striders 'B' 2:37:03</p> <p>1 Ben Rickaby (105) 23:37 3 Iqbal Robun (120) 28:57 5 Jack Verity (114) 25:46</p> <p>2 Ian Jones (113) 25:18 4 Frank Beecroft (119) 27:46 6 Alistair Nash (106) 25:39</p>
<p>93 Lytham St Annes Rr Club 'A' 2:25:22</p> <p>1 Andrew Draper (115) 24:24 3 Simon Antony Denye (93) 22:54 5 Willie Richmond (95) 27:08</p> <p>2 Joe Greenwood (100) 22:43 4 Neil Tate (93) 24:12 6 Graham Webster (93) 24:01</p>	<p>107 East Hull Harriers & AC 'B' 2:37:34</p> <p>1 Grahama Wilkinson (135) 27:31 3 Martin Wray (117) 25:23 5 Roy Lilley (108) 24:06</p> <p>2 Michael Jackson (124) 23:55 4 David Playforth (118) 28:16 6 Paul Nippres (107) 28:23</p>
<p>94 Jarrow & Hebburn AC 'B' 2:25:22</p> <p>1 Gareth Thraves (94) 22:27 3 Ian Salkeld (97) 23:25 5 Patrick McShane (97) 26:45</p> <p>2 Andrew Thornton (102) 24:43 4 John Campbell (98) 25:20 6 Kevin Emmett (94) 22:42</p>	<p>108 Rochdale Harriers & AC 'B' 2:38:09</p> <p>1 Ian Stainthorpe (101) 23:21 3 Brian Moore (113) 27:00 5 Kevin McGilvray (116) 30:18</p> <p>2 Nick Walsh (110) 25:15 4 Kristian Robinson (116) 28:39 6 Phil Roberts (108) 23:36</p>
<p>95 North Shields Polytechnic Club 'B' 2:27:20</p> <p>1 Simon Ellis (98) 22:59 3 Melvin Carr (81) 23:19 5 Kris Whitelaw (93) 25:59</p> <p>2 Ross Butcher (85) 21:30 4 Stephen Atwell (92) 26:11 6 Ian Richardson (95) 27:22</p>	<p>109 Wigan & District H & AC 'C' 2:40:08</p> <p>1 Dean Atherton (133) 26:43 3 Ken Thompson (127) 25:56 5 Paul Mason (115) 25:04</p> <p>2 Stuart Holding (135) 30:24 4 Gary Wane (124) 26:03 6 Graham Millington (109) 25:58</p>
<p>96 Salford Harriers & AC 'E' 2:27:30</p> <p>1 P Cachelin Stephen (110) 24:09 3 Phillip Quibell (107) 24:30 5 Trevor Rayner (100) 24:15</p> <p>2 Sean Cordell (118) 25:28 4 James O'Connor (104) 24:32 6 A Castile (96) 24:36</p>	<p>110 Trawden Athletic Club 2:40:11</p> <p>1 James Osborne (127) 25:49 3 James Williamson (125) 27:06 5 Colin Smith (117) 26:30</p> <p>2 Scott McKenzie (131) 28:42 4 Derrick Marsh (123) 26:52 6 Pete Baistow (110) 25:12</p>

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111 Blackpool Wyre & Fylde AC 'B' 2:40:27				Bury Athletic Club 'B'							
1	Andrew Owen	(116) 24:25	2	Adam Weightman	(107) 23:29	1	Giles Bennett	(118) 24:29	2	Rob Granby	(121) 26:01
3	Terence Westhead	(106) 25:54	4	Derek Crane	(108) 26:20	3	Adam Connell	(111) 24:24	4	Mark Johnson	(106) 25:09
5	Alan Wilkinson	(110) 29:26	6	David Twizell	(111) 30:53						
112 Skyrac Athletic Club 'B' 2:40:31				Altrincham & District AC 'D'							
1	Warren Herridge	(114) 24:22	2	Nick Lyles	(116) 25:10	1	Roger Preece	(113) 24:18	2	David Anderson	(123) 26:54
3	Darren Parker	(110) 25:21	4	David Rose	(112) 27:22	3	Phil Nichol	(112) 24:00	4	Toby Percival	(117) 29:29
5	Neil Baxter	(113) 28:50	6	Graham Harvey	(112) 29:26						
113 Accrington Road Runners 'B' 2:41:41				Stockport Harriers & AC 'B'							
1	Chris Halstead	(104) 23:36	2	Andrew Bush	(114) 25:24	1	Jamie Loxam	(43) 20:36	2	Jack Nixon	(21) 19:38
3	Mick Bowkley	(121) 29:36	4	Tom Battrick	(120) 28:24	3	Graham Marsland	(60) 25:17			
5	Ian Tomlinson	(119) 30:52	6	Graham Morris	(113) 23:49	Southport Waterloo AC 'B'					
114 Accrington Road Runners 'A' 2:42:21				Blackburn Harriers & AC 'C'							
1	David Sagar	(132) 26:40	2	Paul Gallagher	(120) 23:16	1	Danny Teare	(140) 28:04	2	David Morris	(137) 33:57
3	Peter Blackledge	(126) 31:42	4	Jim Donohoe	(125) 28:27	3	Undeclared	(130) 66:04			
5	Keith Robinson	(120) 28:36	6	Martin King	(114) 23:40	Leeds City Athletic Club 'C'					
115 Barlick Fell Runners 'C' 2:46:57				Trafford Athletic Club 'B'							
1	Richard Starkie	(138) 27:51	2	Bob Jackson	(134) 28:26	1	Jeff Prest	(60) 21:08	2	Jack Donnelly	(71) 22:22
3	Michael Alexander	(128) 28:31	4	John Boothman	(126) 26:55						
5	Andrew Chew	(118) 24:58	6	James Stead	(115) 30:16	Horwich RMI Harriers 'B'					
116 Salford Harriers & AC 'F' 2:50:47				Bolton United Harriers & AC 'C'							
1	Roland Bowness	(137) 27:41	2	Stanley Curran	(130) 26:35	1	C Essex Crosby	(93) 22:26	2	David Jackson	(95) 23:48
3	Michael Wakefield	(124) 25:38	4	Vincent Murphy	(122) 28:12						
5	Stewart Darlington	(122) 31:24	6	Dennis Moran	(116) 31:17	Jarrow & Hebburn AC 'C'					
117 Wesham Road Runners & AC 'B' 3:00:42				City Of Hull AC 'C'							
1	Philip Leaver	(139) 27:53	2	Peter Cooke	(136) 30:58	1	Brian Hurst	(134) 26:46	2	Michael Thornton	(126) 25:06
3	Michael Edge	(129) 27:20	4	Alan Taylor	(127) 29:12						
5	Clive John Berry	(123) 32:57	6	Dave Waywell	(117) 32:22	Lytham St Annes Rr Club 'B'					
Incomplete Teams:				Manchester Harriers & AC							
Kingston Upon Hull AC				Liverpool Pembroke & Sefton H 'B'							
1	Harry Powell	(37) 20:22	2	J Taylor Brown	(62) 22:45	1	Ed Fazakerley	(63) 21:12			
3	Andrew Hess	(53) 21:37	4	Gregan Clarkson	(44) 20:55	Spectrum Striders 'B'					
5	Oliver Newton	(45) 22:06				1	Tim Lewis	(128) 26:08			
Otley AC 'B'				Fastest of all legs							
1	Julian Mawson	(86) 21:58	2	Undeclared	(87) 23:00	1	Mark Buckingham	Holmfirth	A	18:07	
3	Graham Lake	(85) 23:20	4	Rogan Ashton	(78) 22:04	2	Andrew Heyes	Hallamshir	A	18:09	
5	Andrew Robertshaw	(66) 21:37				3	Richard Weir	Derby Athl	A	18:14	
Kendal Amateur Athletic Club				Blackburn Harriers & AC 'B'							
1	Matthew Wilson	(79) 21:51	2	Stephen Potter	(86) 22:56	1	John Chaplin	(111) 24:09	2	Allan Hartley	(115) 25:22
3	Mark Sullivan	(99) 26:13	4	Philip Lee	(95) 23:31	3	Daniel Maynard	(108) 24:38	4	John Cookson	(109) 26:17
5	Christopher Snell	(91) 24:24				5	Paul Wilkinson	(109) 28:53			
Knowsley Harriers 'B'				Knowsley Harriers 'B'							
1	Robert Moore	(122) 24:38	2	Graham Taylor	(119) 25:08	1	Robert Moore	(122) 24:38	2	Graham Taylor	(119) 25:08
3	Tony Craig	(114) 26:11	4	Chris Pownell	(111) 24:53	3	Tony Craig	(114) 26:11	4	Chris Pownell	(111) 24:53
5	Ian Broadhurst	(111) 28:51				5	Ian Broadhurst	(111) 28:51			
Beverley Athletics Club				Border Harriers & AC 'B'							
1	Andrew Johnson	(121) 24:36	2	Stephen Peacock	(111) 24:03	1	Stuart Robinson	(75) 21:29	2	Steve Angus	(77) 22:34
3	Edward Lisney	(115) 27:35	4	Stephen Ogden	(121) 31:24	3	Gareth Melvin	(80) 23:44	4	Tom Nicholson	(80) 22:55
5	Andrew Grainger	(121) 31:33									
Elvet Striders				Elvet Striders							
1	Rob Everson	(96) 22:48	2	Gareth Pritchard	(84) 21:40	1	Rob Everson	(96) 22:48	2	Gareth Pritchard	(84) 21:40
3	Till Sawala	(83) 23:38	4	Matthew Crow	(88) 23:48	3	Till Sawala	(83) 23:38	4	Matthew Crow	(88) 23:48