

Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

- Mens 12 Stage Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	Tom Lancashire	Bolton A	27:28	38	Liam Dunne	OtleyAc	31:12
2	Richard Weir	Derby AC	27:32	39	Chris Miller	Harrogate	31:24
3	James Walsh	Leeds City A	27:34	40	James McNally	LiverpoolH	31:26
4	Joseph Bailey	Salford A	27:38	41	Michael Flatley	Middleton	31:31
5	Niall Brooks	Sale Harri A	27:50	42	Kevin Connolly	Gateshead B	31:46
6	Lewis Timmins	Morpeth Ha A	27:54	43	Philip Robertson	Wirral Ac	31:57
7	Jack Morris	Stockport	27:59	44	David Jackson	Horwich	32:00
8	James Douglas	Border Har	28:03	45	Harry Poole	Blackpool	32:16
9	Matthew Barnes	Altrincham	28:19	46	Richard Spooner	Barnsley H	32:22
10	Kristopher Lecher	CityOfHull	28:33	47	Darren Russell	Trafford A B	32:24
11	Andy Burn	JarrowHebb	28:35	48	Dale Higham	Penny Lane A	32:27
12	Andrew Challenger	Hallamshir	28:59	49	Neil Gunstone	Morpeth Ha B	32:31
13	Matthew Pierson	Holmfirth A	29:02	50	Tony Livesey	Preston Ha	32:41
14	Robert Warner	Blackburn A	29:09	51	Aubrey Morrell	Beverley A	32:43
15	Chris Perry	Vale Royal	29:17	52	Steven Townley	Sale Harri B	32:52
16	Richard Powell	Trafford A A	29:26	53	Gary Matthews	East Chesh	32:53
17	Kevin Calvert	Sunderland	29:28	54	John Sutton	Blackburn B	33:09
18	Benjamin Douglas	DurhamCity	29:41	55	Stephen Potter	KendalAAC	33:10
19	Robert Webb	Rossendale	29:45	56	J Sweetnam-Powell	Sheffield	33:12
20	Will Smith	Keighley&C	29:55	57	David Rose	SkyracAth	33:36
21	Barry Maskell	Gateshead A	29:59	58	Christopher Beadle	Holmfirth B	33:57
22	Shaun Brown	Tynebridge	30:05	59	Andy Staveley	Burnden	33:59
23	James Hilton	Wigan Phoe	30:12	60	Carl Murphy	L'poolIRC	34:01
24	Luke Towers	St Helens	30:19	61	Ben Jones	BuryAC	34:26
25	Michael Hargreaves	East Hull A	30:22	62	Chris Povey	Bolton B	34:32
26	Phil Winskill	KeswickAAC	30:30	63	Barry Brock	Trawden AC	34:53
27	Leon Foster	Leeds City B	30:32	64	A Castile	Salford C	34:59
28	Spencer Riley	Clayton Le	30:39	65	Daniel Hitchings	(Rochdale H C)	35:05
29	Andy Kaufman	Wigan&D A	30:40	66	Martin King	Accrington	35:30
30	Kyle Craib	Rotherham	30:41	67	Marc Jacques	Knowsley H	35:43
31	Nathan Elliott	Wakefield	30:58	68	David Garner	Rochdale H B	36:22
32	Todd Oates	Barrow & F	30:59	69	Paul Nippress	(East Hull B)	37:01
33	S Kerfoot-Roberts	Halifax Ha	31:02	70	Barry Abram	Wigan&D B	38:12
34	Paul Wilson	Hartlepool	31:03	71	Richard McHugh	Sale Harri C	39:14
35	Thomas Kneller	Leigh Harr	31:05	72	David Lynan	Penny Lane B	41:26
36	James Kovacs	Salford B	31:06	73	Richard Taylor	Blackburn C	41:56
37	C Merchant	Rochdale H A	31:07				

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- Mens 12 Stage Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Tomas Abyu	Salford A	15:03	42:41	+ 3	44	Mark Armstrong	Hartlepool	19:24	50:27	- 10
2	Simon Horsfield	Sale Harri A	15:19	43:09	+ 3	45	Robert Flannery	Sale Harri B	17:47	50:39	+ 7
3	Ross Floyd	Morpeth Ha A	15:30	43:24	+ 3	46	Craig Deacon	JarrowHebb	22:09	50:44	- 35
4	Andrew Heyes	Hallamshir	14:27	43:26	+ 8	47	Christopher Scott	Preston Ha	18:13	50:54	+ 3
5	James Smith	Leeds City A	16:02	43:36	- 2	48	Liam Browne	East Chesh	18:29	51:22	+ 5
6	Jonny Kay	Bolton A	16:09	43:37	- 5	49	Wayne Joyce	St Helens	21:25	51:44	- 25
7	Kevin Bell	Border Har	16:08	44:11	+ 1	50	Tom Albone	Sheffield	19:03	52:15	+ 6
8	Dominic Chambers	Derby AC	16:45	44:17	- 6	51	Bryn Davies	BuryAC	17:55	52:21	+ 10
9	Jamie Loxam	Stockport	16:24	44:23	- 2	52	Stephen Mannings	Penny Lane A	20:09	52:36	- 4
10	Michael Vennard	Vale Royal	15:34	44:51	+ 5	53	Ian Magill	L'poolRC	19:02	53:03	+ 7
11	Ben Martin	Trafford A A	15:28	44:54	+ 5	54	David Lord	Trawden AC	18:26	53:19	+ 9
12	Ryan Ganose	Altrincham	16:51	45:10	- 3	55	Lee White	Burnden	19:31	53:30	+ 4
13	Marc Fenwick	Tynebridge	15:31	45:36	+ 9	56	Jack Atkins	Knowsley H	17:57	53:40	+ 11
14	Mark Hood	Sunderland	16:16	45:44	+ 3	57	Andrew Johnson	BeverleyA	21:12	53:55	- 6
15	Craig Boggon	Holmfirth A	16:54	45:56	- 2	58	David Hanson	Bolton B	19:35	54:07	+ 4
16	Jack Hallas	Wakefield	15:00	45:58	+ 15	59	Phillip Quibell	Salford C	19:15	54:14	+ 5
17	Paul Bradshaw	Blackburn A	17:00	46:09	- 3	60	Scott Wilson	Barnsley H	21:59	54:21	- 14
18	Andrew Lyons	CityOfHull	17:38	46:11	- 8	61	Richard McLeod	Holmfirth B	20:28	54:25	- 3
19	Jonathan Wills	Leeds City B	15:52	46:24	+ 8	62	James Wright	KendalAAC	21:35	54:45	- 7
20	Philip Bolton	Rossendale	16:41	46:26	- 1	63	Robert Budding	SkyracAth	21:32	55:08	- 6
21	Andrew Richardson	Gateshead A	16:48	46:47	0	64	Liam Moore	(Rochdale H C)	20:18	55:23	+ 1
22	Harry Harper	LiverpoolH	15:43	47:09	+ 18	65	Colin Carter	Middleton	23:55	55:26	- 24
23	Rhian Haste	Rotherham	16:30	47:11	+ 7	66	David Sagar	Accrington	20:17	55:47	0
24	Nathan Dunn	Keighley&C	17:24	47:19	- 4	67	Vincent McGowan	(East Hull B)	20:10	57:11	+ 2
25	Sam Stead	KeswickAAC	17:12	47:42	+ 1	68	Ian Aitchison	Rochdale H B	20:51	57:13	0
26	Ian Roberts	Rochdale H A	16:45	47:52	+ 11	69	Peter Mills	Wigan&D B	21:52	1:00:04	+ 1
27	Tommy Henders	Leigh Harr	16:56	48:01	+ 8	70	Martin Hirrell	Penny Lane B	20:45	1:02:11	+ 2
28	Jed Bartlett	Barrow & F	17:05	48:04	+ 4	71	John Hughes	Blackburn C	24:04	1:06:00	+ 2
29	Luke Minns	Blackpool	15:52	48:08	+ 16	Fastest runners over stage 2:					
30	Bruno Lima	Salford B	17:15	48:21	+ 6	1	Andrew Heyes	Hallamshir	14:27		
31	Ciaran Wilson-Baig	Halifax Ha	17:24	48:26	+ 2	2	Jack Hallas	Wakefield	15:00		
32	Mark Melbourne	Wigan Phoe	18:29	48:41	- 9	3	Tomas Abyu	Salford A	15:03		
33	Martyn Bell	Horwich	16:42	48:42	+ 11	4	Simon Horsfield	Sale Harri A	15:19		
34	Henry Eaton	DurhamCity	19:22	49:03	- 16	5	Ben Martin	Trafford A A	15:28		
35	Samuel Stell	OtleyAc	18:08	49:20	+ 3	6	Ross Floyd	Morpeth Ha A	15:30		
36	Michael Jackson	East Hull A	18:59	49:21	- 11	7	Marc Fenwick	Tynebridge	15:31		
37	Steven Medd	Gateshead B	17:43	49:29	+ 5	8	Michael Vennard	Vale Royal	15:34		
38	Stephen Nichols	Wigan&D A	18:54	49:34	- 9	9	Harry Harper	LiverpoolH	15:43		
39	Richard Briscoe	Clayton Le	19:03	49:42	- 11	10	Luke Minns	Blackpool	15:52		
40	Martin Cooke	Trafford A B	17:31	49:55	+ 7	11	Jonathan Wills	Leeds City B	15:52		
41	Ashley Brook	Harrogate	18:56	50:20	- 2						
42	Terry Roberts	Wirral Ac	18:24	50:21	+ 1						
43	Chris Barnes	Blackburn B	17:14	50:23	+ 11						

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- Mens 12 Stage Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Gavin Hill	Sale Harri A	28:23	1:11:32	+	1	43	Marc Laithwaite	Wigan Phoe	34:41	1:23:22 - 11
2	Carl Smith	Leeds City A	28:06	1:11:42	+	3	44	Mark Rogers	Wigan&D A	33:55	1:23:29 - 6
3	Jon Fletcher	Border Har	29:10	1:13:21	+	4	45	Jack Donnelly	Trafford A B	34:33	1:24:28 - 5
4	Stuart Robinson	Salford A	30:54	1:13:35	-	3	46	Gary Pearse	Blackburn B	34:13	1:24:36 - 3
5	Robert Little	Hallamshir	30:26	1:13:52	-	1	47	Mark Russell	Burnden	31:30	1:25:00 + 8
6	Carl Avery	Morpeth Ha A	30:28	1:13:52	-	3	48	James Toohey	L'poolIRC	32:10	1:25:13 + 5
7	Michael Sawrey	Stockport	29:37	1:14:00	+	2	49	Joseph Hudak	East Chesh	34:00	1:25:22 - 1
8	Anthony Valentine	Bolton A	31:24	1:15:01	-	2	50	Paul Barrett	Sale Harri B	35:03	1:25:42 - 5
9	Stuart Doyle	Vale Royal	30:12	1:15:03	+	1	51	John Davis	Hartlepool	35:32	1:25:59 - 7
10	Karl Billington	Blackburn A	29:14	1:15:23	+	7	52	Steven Renshaw	Penny Lane A	34:03	1:26:39 0
11	Gavin Tomlinson	Trafford A A	30:38	1:15:32	0		53	Robert Kelly	Knowsley H	33:25	1:27:05 + 3
12	Terah Hooley	Derby AC	31:19	1:15:36	-	4	54	Paul Johnson	Barnsley H	33:14	1:27:35 + 6
13	Nathan Reed	Sunderland	30:19	1:16:03	+	1	55	Nick Howard	SkyracAth	32:28	1:27:36 + 8
14	David Turnbull	Holmfirth A	30:09	1:16:05	+	1	56	Luke Davison	BeverleyA	33:51	1:27:46 + 1
15	Kevin Jeffress	Tynebridge	30:43	1:16:19	-	2	57	Benjamin Harrison	KendalAAC	33:22	1:28:07 + 5
16	Joseph Johnston	Rossendale	30:50	1:17:16	+	4	58	Peter Bates	BuryAC	36:23	1:28:44 - 7
17	Conrad Franks	Gateshead A	30:30	1:17:17	+	4	59	?????	DISQUALIFIED	35:41	1:29:48 - 1
18	Daniel Jenkin	DurhamCity	28:22	1:17:25	+	16	60	Lee Ellis	Trawden AC	36:43	1:30:02 - 6
19	Ben Russell	LiverpoolH	30:20	1:17:29	+	3	61	Edward James	Holmfirth B	36:32	1:30:57 0
20	David Proctor	Rochdale H A	29:42	1:17:34	+	6	62	Graham Chesters	Salford C	36:46	1:31:00 - 3
21	Michael Berks	Altrincham	32:29	1:17:39	-	9	63	Chris Humble	Middleton	37:38	1:33:04 + 2
22	Chris Adams	Rotherham	31:06	1:18:17	+	1	64	Jamie Ward	(Rochdale H C)	38:16	1:33:39 0
23	Adrian Thomas	Keighley&C	31:50	1:19:09	+	1	65	Glen Goodwin	Accrington	38:09	1:33:56 + 1
24	Christopher Adams	CityOfHull	33:05	1:19:16	-	6	66	Paul Leary	Rochdale H B	36:50	1:34:03 + 2
25	Phil Waite	Barrow & F	31:25	1:19:29	+	3	67	Martin Wray	(East Hull B)	38:30	1:35:41 0
26	Daniel McGrath	Salford B	31:13	1:19:34	+	4	68	Graham Millington	Wigan&D B	38:34	1:38:38 + 1
27	Liam Moore	Leigh Harr	32:53	1:20:54	0		69	Rob Hardwick	Penny Lane B	41:00	1:43:11 + 1
28	Neil Dutton	Wakefield	34:59	1:20:57	-	12	70	Paul Wilkinson	Blackburn C	40:34	1:46:34 + 1
29	Marc Brown	KeswickAAC	33:22	1:21:04	-	4	Fastest runners over stage 3:				
30	James Unsworth	Blackpool	33:08	1:21:16	-	1	1	Carl Smith	Leeds City A	28:06	
31	Brendan McMillan	JarrowHebb	31:02	1:21:46	+	15	2	Daniel Jenkin	DurhamCity	28:22	
32	Edward Davies	OtleyAc	32:49	1:22:09	+	3	3	Gavin Hill	Sale Harri A	28:23	
33	Steve Hallas	Preston Ha	31:29	1:22:23	+	14	4	Jon Fletcher	Border Har	29:10	
34	Will Beauchamp	Sheffield	30:16	1:22:31	+	16	5	Karl Billington	Blackburn A	29:14	
35	Stephen Coates	East Hull A	33:13	1:22:34	+	1	6	Michael Sawrey	Stockport	29:37	
36	Mark Hulmston	Wirral Ac	32:14	1:22:35	+	6	7	David Proctor	Rochdale H A	29:42	
37	Michael Green	Horwich	33:54	1:22:36	-	4	8	David Turnbull	Holmfirth A	30:09	
38	Ian Whitehouse	Halifax Ha	34:13	1:22:39	-	7	9	Stuart Doyle	Vale Royal	30:12	
39	Jacob Boyle	Clayton Le	33:04	1:22:46	0		10	Will Beauchamp	Sheffield	30:16	
40	Calum Lockett	St Helens	31:18	1:23:02	+	9					
41	John Young	Harrogate	32:52	1:23:12	0						
42	Nigel Camilleri	Gateshead B	33:45	1:23:14	-	5					

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- Mens 12 Stage Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain								
1	Dominic Easter	Leeds City A	15:50	1:27:32	+	1	43	Jack Lonsdale	Blackburn B	18:08	1:42:44	+	3
2	David Marsh	Sale Harri A	16:17	1:27:49	-	1	44	Mike Harris	Wigan&D A	19:51	1:43:20		0
3	Tarus Elly	Salford A	15:43	1:29:18	+	1	45	Gary Oldham	St Helens	21:27	1:44:29	-	5
4	Tom Bains	Hallamshir	15:46	1:29:38	+	1	46	Mike Ashby	Sale Harri B	18:59	1:44:41	+	4
5	Harry Earl	Border Har	16:51	1:30:12	-	2	47	David Lake	Hartlepool	19:03	1:45:02	+	4
6	Michael Dawson	Morpeth Ha A	16:46	1:30:38		0	48	Joseph Grundy	Knowsley H	18:32	1:45:37	+	5
7	Rick Lloyd	Stockport	17:14	1:31:14		0	49	Lee Ward	L'poolIRC	20:25	1:45:38	-	1
8	Ben Everson	Trafford A A	16:26	1:31:58	+	3	50	Chris Greenall	Burnden	20:56	1:45:56	-	3
9	Brian Fogarty	Blackburn A	16:36	1:31:59	+	1	51	Colin Dobbs	Penny Lane A	19:22	1:46:01	+	1
10	Christopher Parr	Gateshead A	14:58	1:32:15	+	7	52	John Bowker	East Chesh	20:42	1:46:04	-	3
11	Michael Wilson	Sunderland	16:23	1:32:26	+	2	53	Philip Lee	KendalAAC	18:31	1:46:38	+	4
12	Richard Anderson	Holmfirth A	16:45	1:32:50	+	2	54	Guy Good	SkyracAth	19:47	1:47:23	+	1
13	Ian Selby	Bolton A	18:00	1:33:01	-	5	55	Colin Davies	BuryAC	19:06	1:47:50	+	3
14	John Morley	Tynebridge	16:53	1:33:12	+	1	56	Paul Craddock	Trafford A B	23:45	1:48:13	-	11
15	Nzimah Akpan	LiverpoolH	16:35	1:34:04	+	4	57	Neil Bant	BeverleyA	20:37	1:48:23	-	1
16	Callum Chambers	Derby AC	19:09	1:34:45	-	4	58	Andrew Wakefield	Barnsley H	21:18	1:48:53	-	4
17	Scott Bamber	Vale Royal	19:43	1:34:46	-	8	59	Andrew Barrow	(Bolton B)	20:52	1:50:40		0
18	Gareth Maguire	DurhamCity	17:34	1:34:59		0	60	Trevor Rayner	Salford C	20:10	1:51:10	+	2
19	Andy Preston	Rossendale	18:23	1:35:39	-	3	61	Robert Robinson	Holmfirth B	21:07	1:52:04		0
20	Joshua Smith	Altrincham	18:05	1:35:44	+	1	62	Simon Lister	Trawden AC	22:34	1:52:36	-	2
21	Lee Hemmings	Rochdale H A	18:53	1:36:27	-	1	63	Paul Wilcock	Accrington	20:10	1:54:06	+	2
22	Graeme Grindrod	Salford B	17:09	1:36:43	+	4	64	Steve Lewis	Middleton	22:20	1:55:24	-	1
23	Jonathan Maxfield	Rotherham	18:41	1:36:58	-	1	65	KevinMcGilvray	Rochdale H B	22:32	1:56:35	+	1
24	Andrew Hardaker	Keighley&C	17:59	1:37:08	-	1	66	Huw Fry	(Rochdale H C)	23:28	1:57:07	-	2
25	Chris Livesey	Preston Ha	15:14	1:37:37	+	8	67	David Playforth	(East Hull B)	21:55	1:57:36		0
26	Thomas Honniball	CityOfHull	18:31	1:37:47	-	2	68	Ken Thompson	Wigan&D B	23:40	2:02:18		0
27	James Kevan	Horwich	15:43	1:38:19	+	10	69	Mike Roxburgh	Penny Lane B	21:54	2:05:05		0
28	Chris Brewer	KeswickAAC	17:45	1:38:49	+	1	70	Tony Wood	Blackburn C	23:57	2:10:31		0
29	Simon Stanway	Barrow & F	20:02	1:39:31	-	4	Fastest runners over stage 4:						
30	Graham Lake	OtleyAc	17:28	1:39:37	+	2	1	Christopher Parr	Gateshead A	14:58			
31	John Indricks	Leigh Harr	18:51	1:39:45	-	4	2	Chris Livesey	Preston Ha	15:14			
32	Alan Ball	JarrowHebb	18:47	1:40:33	-	1	3	Tarus Elly	Salford A	15:43			
33	Martin Slater	Gateshead B	17:25	1:40:39	+	9	4	James Kevan	Horwich	15:43			
34	Chris Lloyd	Blackpool	19:24	1:40:40	-	4	5	Tom Bains	Hallamshir	15:46			
35	Paul Sutcliffe	Halifax Ha	18:09	1:40:48	+	3	6	Dominic Easter	Leeds City A	15:50			
36	Paul Robinson	Wakefield	19:55	1:40:52	-	8	7	David Marsh	Sale Harri A	16:17			
37	Philip McCoy	East Hull A	18:21	1:40:55	-	2	8	Michael Wilson	Sunderland	16:23			
38	Jed Turner	Sheffield	18:43	1:41:14	-	4	9	Ben Everson	Trafford A A	16:26			
39	Nick Wilson	Wirral Ac	19:10	1:41:45	-	3	10	Nzimah Akpan	LiverpoolH	16:35			
40	Paul Moses	Harrogate	18:59	1:42:11	+	1							
41	Adam Shaw	Clayton Le	19:37	1:42:23	-	2							
42	Paul Marshall	Wigan Phoe	19:15	1:42:37	+	1							

Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

- Mens 12 Stage Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain								
1	Simon Deakin	Leeds City A	28:54	1:56:26	0	43	Martin Swensson	Penny Lane A	31:39	2:17:40	+	8	
2	Steven Vernon	Stockport	27:20	1:58:34	+	5	44	Michael Hoyle	KendalAAC	31:37	2:18:15	+	9
3	Ian Wetherall	Sale Harri A	30:57	1:58:46	-	1	45	John Greenall	St Helens	34:20	2:18:49		0
4	Max McNeill	Salford A	29:32	1:58:50	-	1	46	Marcus Gregory	East Chesh	32:53	2:18:57	+	6
5	Matthew Nicholson	Morpeth Ha A	28:37	1:59:15	+	1	47	Evan Cook	Blackburn B	36:16	2:19:00	-	4
6	Ben Fish	Blackburn A	28:12	2:00:11	+	3	48	Jonathan Pye	Clayton Le	36:46	2:19:09	-	7
7	Ben Beattie	Hallamshir	30:44	2:00:22	-	3	49	Ben Lewington	Knowsley H	33:46	2:19:23	-	1
8	John Mason	Border Har	31:01	2:01:13	-	3	50	Bryan Astill	Hartlepool	34:40	2:19:42	-	3
9	Peter Brookes	Holmfirth A	29:33	2:02:23	+	3	51	Kevin Foster	Sale Harri B	35:17	2:19:58	-	5
10	Luke Adams	Gateshead A	30:11	2:02:26	0	52	Garry Avenell	DISQUALIFIED	22:41	2:20:17	+	15	
11	Luke Gunn	Derby AC	27:51	2:02:36	+	5	53	Joe Woodley	Skyrac Ath	34:00	2:21:23	+	1
12	Craig Isherwood	Sunderland	30:26	2:02:52	-	1	54	Blake Ellis	Trafford A B	33:18	2:21:31	+	2
13	Adam Peers	LiverpoolH	29:03	2:03:07	+	2	55	John McManniman	L'poolIRC	36:21	2:21:59	-	6
14	Jeff Prest	Trafford A A	31:25	2:03:23	-	6	56	Pete Hopley	Burnden	36:54	2:22:50	-	6
15	Frazer Jardine	Bolton A	31:52	2:04:53	-	2	57	Lee Smith	Barnsley H	34:14	2:23:07	+	1
16	Phillip Williams	Rochdale H A	29:33	2:06:00	+	3	58	Mark Dalton	Beverley A	35:01	2:23:24	-	1
17	Louis Goffe	Tynebridge	32:55	2:06:07	-	3	59	Les Smalley	Bury AC	36:35	2:24:25	-	4
18	Nick Leigh	Altrincham	30:48	2:06:32	+	2	60	Darren Moran	Salford C	33:25	2:24:35		0
19	Philip Hoole	Rotherham	29:59	2:06:57	+	4	61	Daryl Bentley	(Bolton B)	36:02	2:26:42	-	2
20	C Farrell	Horwich	28:50	2:07:09	+	7	62	Chris Halstead	Accrington	33:24	2:27:30	+	1
21	Ashley Holt	Rossendale	32:13	2:07:52	-	2	63	Brandon Holroyd	Holmfirth B	35:38	2:27:42	-	2
22	M Livingstone	Preston Ha	30:39	2:08:16	+	3	64	Dale Grimshaw	Trawden AC	37:23	2:29:59	-	2
23	Christopher Loftus	Keighley&C	31:52	2:09:00	+	1	65	Alec Roberts	Middleton	38:21	2:33:45	-	1
24	Daniel Whittle	DurhamCity	34:15	2:09:14	-	6	66	David Wharton	Rochdale H B	40:11	2:36:46	-	1
25	Paul Birkett	Salford B	32:58	2:09:41	-	3	67	Paul Bryers	Wigan&D B	40:00	2:42:18	+	1
26	Craig Sephton	Vale Royal	35:08	2:09:54	-	9	68	Jonathan Green	(Rochdale H C)	47:15	2:44:22	-	2
27	Jim Crisp	CityOfHull	33:05	2:10:52	-	1	69	Andrew Cantwell	Penny Lane B	40:18	2:45:23		0
28	Mike McIver	Barrow & F	31:58	2:11:29	+	1	70	John Cookson	Blackburn C	39:39	2:50:10		0
29	Tony Battersby	Leigh Harr	31:49	2:11:34	+	2	Fastest runners over stage 5:						
30	Alec Gibson	East Hull A	31:02	2:11:57	+	7	1	Garry Avenell	DISQUALIFIED	22:41			
31	Steven Greenwood	JarrowHebb	31:49	2:12:22	+	1	2	Steven Vernon	Stockport	27:20			
32	Thomas Midgley	Otley Ac	32:46	2:12:23	-	2	3	Luke Gunn	Derby AC	27:51			
33	Peter George	KeswickAAC	33:41	2:12:30	-	5	4	Ben Fish	Blackburn A	28:12			
34	Liam Craine	Blackpool	32:03	2:12:43	0		5	Matthew Nicholson	Morpeth Ha A	28:37			
35	Stephen Tilford	Wakefield	32:40	2:13:32	+	1	6	C Farrell	Horwich	28:50			
36	Phillip Langan	Wirral Ac	32:16	2:14:01	+	3	7	Simon Deakin	Leeds City A	28:54			
37	Jonathan Johnson	Harrogate	31:51	2:14:02	+	3	8	Adam Peers	LiverpoolH	29:03			
38	Simon Johnson	Halifax Ha	33:17	2:14:05	-	3	9	Max McNeill	Salford A	29:32			
39	Kevin Bartholomew	Sheffield	33:18	2:14:32	-	1	10	Phillip Williams	Rochdale H A	29:33			
40	C Hainsworth	Gateshead B	34:26	2:15:05	-	7	11	Peter Brookes	Holmfirth A	29:33			
41	Phil Waterworth	Wigan Phoe	33:09	2:15:46	+	1							
42	Mark Glynn	Wigan&D A	33:01	2:16:21	+	2							

Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

- Mens 12 Stage Stage 6 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Nick Hooker	Leeds City A	15:13	2:11:39	0	43	Robbie Ingham	KendalAAC	18:57	2:37:12	+ 1
2	Ross Millington	Stockport	14:28	2:13:02	0	44	Jonathon Bridge	Blackburn B	18:17	2:37:17	+ 3
3	Thomas Straughan	Morpeth Ha A	16:10	2:15:25	+ 2	45	Jason Stobbs	Gateshead B	22:30	2:37:35	- 5
4	Pumlani Bangani	Salford A	16:50	2:15:40	0	46	Dave Connor	Knowsley H	18:36	2:37:59	+ 3
5	Chris Donnelly	Sale Harri A	17:36	2:16:22	- 2	47	Christopher Heys	Sale Harri B	18:56	2:38:54	+ 4
6	Matthew Hobbs	Hallamshir	16:08	2:16:30	+ 1	48	Francis Day	East Chesh	20:31	2:39:28	- 2
7	Zachary Howe	Blackburn A	16:50	2:17:01	- 1	49	Paul Wale	Clayton Le	21:03	2:40:12	- 1
8	Bob Hodgson	Border Har	16:20	2:17:33	0	50	Nigel Shaw	Hartlepool	20:34	2:40:16	0
9	Jamie Webb	LiverpoolH	16:17	2:19:24	+ 4	51	Alan McNally	St Helens	21:32	2:40:21	- 6
10	Adam Simms	Gateshead A	16:59	2:19:25	0	52	David Owens	L'poolRC	20:01	2:42:00	+ 3
11	Jonny McLean	Holmfirth A	17:27	2:19:50	- 2	53	Grahama Wilkinson	(East Hull B)	22:17	2:42:34	- 1
12	David Horniman	Trafford A A	16:33	2:19:56	+ 2	54	Edward Hickling	Trafford A B	21:25	2:42:56	0
13	Jake Archer	Sunderland	17:30	2:20:22	- 1	55	Andy Duffy	Burnden	20:40	2:43:30	+ 1
14	Adam Fozzard	Derby AC	18:21	2:20:57	- 3	56	Michael Wakefield	Salford C	20:00	2:44:35	+ 4
15	Phil Marsden	Bolton A	18:11	2:23:04	0	57	Neil Baxter	SkyracAth	23:27	2:44:50	- 4
16	Andrew Dougal	Tynebridge	17:37	2:23:44	+ 1	58	John Conroy	BuryAC	20:48	2:45:13	+ 1
17	Danny Kevan	Horwich	16:55	2:24:04	+ 3	59	Michael Stroud	Barnsley H	23:14	2:46:21	- 2
18	Peter Street	Preston Ha	15:56	2:24:12	+ 4	60	John Ewart	Holmfirth B	18:56	2:46:38	+ 3
19	Adrian Fuller	Altrincham	17:59	2:24:31	- 1	61	Andrew Bush	Accrington	19:45	2:47:15	+ 1
20	Ollie Watson	Rotherham	17:40	2:24:37	- 1	62	Andrew Grainger	Beverley A	24:55	2:48:19	- 4
21	Grant Cunliffe	Rossendale	16:46	2:24:38	0	63	Paul Rankin	(Bolton B)	22:51	2:49:33	- 2
22	Nick Barton	Rochdale H A	19:18	2:25:18	- 6	64	Tom Cosway	Trawden AC	19:44	2:49:43	0
23	Liam Spencer	Keighley&C	17:57	2:26:57	0	65	Alan Garvey	Middleton	22:33	2:56:18	0
24	James Wyatt	Salford B	17:27	2:27:08	+ 1	66	Michael Winstanley	Rochdale H B	22:54	2:59:40	0
25	Andrew Miles	Vale Royal	17:25	2:27:19	+ 1	67	Dean Atherton	Wigan&D B	20:14	3:02:32	0
26	Matthew Pye	CityOfHull	17:34	2:28:26	+ 1	68	Craig Sykes	(Rochdale H C)	21:10	3:05:32	0
27	Jake Shackelford	DurhamCity	19:35	2:28:49	- 3	69	Richard Houston	Penny Lane B	22:49	3:08:12	0
28	Ross Campbell	Barrow & F	17:26	2:28:55	0	70	David Almond	Blackburn C	19:33	3:09:43	0
29	James Saxton	Wakefield	15:51	2:29:23	+ 6	Fastest runners over stage 6:					
30	Alexander Urmston	Leigh Harr	18:27	2:30:01	- 1	1	Ross Millington	Stockport	14:28		
31	Andrew Robertshaw	OtleyAc	17:44	2:30:07	+ 1	2	Nick Hooker	Leeds City A	15:13		
32	Ian Grewar	East Hull A	18:17	2:30:14	- 2	3	James Saxton	Wakefield	15:51		
33	Ben Crowther	Halifax Ha	18:12	2:32:17	+ 5	4	Peter Street	Preston Ha	15:56		
34	Stuart Edgington	KeswickAAC	19:50	2:32:20	- 1	5	Matthew Hobbs	Hallamshir	16:08		
35	John Doherty	Sheffield	17:49	2:32:21	+ 4	6	Thomas Straughan	Morpeth Ha A	16:10		
36	Simon Fox	Wirral Ac	18:38	2:32:39	0	7	Jamie Webb	LiverpoolH	16:17		
37	Andrew Thornton	JarrowHebb	20:29	2:32:51	- 6	8	Bob Hodgson	Border Har	16:20		
38	Gary Johnston	Blackpool	20:54	2:33:37	- 4	9	David Horniman	Trafford A A	16:33		
39	Brian Miller	Harrogate	20:07	2:34:09	- 2	10	Grant Cunliffe	Rossendale	16:46		
40	David Collins	Wigan&D A	19:01	2:35:22	+ 2						
41	Lee Partington	Wigan Phoe	20:04	2:35:50	0						
42	Paul Riley	Penny Lane A	18:46	2:36:26	+ 1						

Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

- Mens 12 Stage Stage 7 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Derek Hawkins	Leeds City A	28:05	2:39:44	0	42	Laurence Eccles	Penny Lane A	34:24	3:10:50	0
2	Jack Nixon	Stockport	30:00	2:43:02	0	43	John Chaplin	Blackburn B	34:16	3:11:33 +	1
3	Carl Hardman	Salford A	28:04	2:43:44 +	1	44	Chris Burgess	Wigan&D A	36:17	3:11:39 -	4
4	Ian Hudspith	Morpeth Ha A	28:21	2:43:46 -	1	45	Adam Barr	Gateshead B	34:24	3:11:59	0
5	James Bailey	Sale Harri A	29:48	2:46:10	0	46	Carl Barber	Sale Harri B	33:10	3:12:04 +	1
6	Zak Mellard	Hallamshir	30:26	2:46:56	0	47	Paul Stephenson	Hartlepool	33:13	3:13:29 +	3
7	Stephen Chew	Blackburn A	30:41	2:47:42	0	48	Phil Jacques	East Chesh	34:45	3:14:13	0
8	Declan Conley	Border Har	30:12	2:47:45	0	49	James Warburton	Knowsley H	36:24	3:14:23 -	3
9	Ash Chambers	LiverpoolH	29:43	2:49:07	0	50	Andrew Wilson	St Helens	34:54	3:15:15 +	1
10	Marc Elliott	Gateshead A	29:49	2:49:14	0	51	Charles Foster	Salford C	33:44	3:18:19 +	5
11	Joshua Bull	Derby AC	28:31	2:49:28 +	3	52	Jess Bowie	L'poolRC	36:25	3:18:25	0
12	Richard Smith	Holmfirth A	30:07	2:49:57 -	1	53	Gareth Woodcock	Trafford A B	35:43	3:18:39 +	1
13	Peter Bains	Trafford A A	31:00	2:50:56 -	1	54	Andy McCue	Skyrac Ath	34:14	3:19:04 +	3
14	Michael Barker	Sunderland	32:36	2:52:58 -	1	55	Ian Pudge	Burnden	36:03	3:19:33	0
15	Christopher Fell	Rossendale	29:44	2:54:22 +	6	56	John Wilcock	Clayton Le	39:40	3:19:52 -	7
16	Richard Harris	Rotherham	29:48	2:54:25 +	4	57	Mark Starkey	(East Hull B)	38:03	3:20:37 -	4
17	David Rigby	Preston Ha	30:32	2:54:44 +	1	58	Chris Singleton	Trawden AC	31:07	3:20:50 +	6
18	David Milliken	Horwich	31:35	2:55:39 -	1	59	R Hinchliffesmith	Holmfirth B	35:20	3:21:58 +	1
19	Shaun O'Dwyer	Bolton A	32:41	2:55:45 -	4	60	Mark Johnson	Bury AC	37:26	3:22:39 -	2
20	Anthony Bagley	Tynebridge	32:30	2:56:14 -	4	61	Anthony Bissell	Barnsley H	36:45	3:23:06 -	2
21	Michael Tannner	Rochdale H A	31:30	2:56:48 +	1	62	Simon Atkin	Accrington	35:55	3:23:10 -	1
22	Matthew Kelly	Altrincham	33:15	2:57:46 -	3	63	Peter Kearney	(Bolton B)	36:20	3:25:53	0
23	Robert Tudor	Salford B	31:47	2:58:55 +	1	64	Andrew Tate	Beverley A	38:50	3:27:09 -	2
24	George Thompson	Vale Royal	31:55	2:59:14 +	1	65	Neil Hirst	DISQUALIFIED	22:05	3:27:37 +	3
25	Ian Fisher	Otley Ac	29:24	2:59:31 +	6	66	Paul Whiteman	Middleton	37:50	3:34:08 -	1
26	Sam Wadsworth	Keighley&C	33:08	3:00:05 -	3	67	Nick Walsh	Rochdale H B	37:30	3:37:10 -	1
27	James Pearson	CityOfHull	32:20	3:00:46 -	1	68	Gary Wane	Wigan&D B	39:24	3:41:56 -	1
28	Andrew Cartwright	Wakefield	32:22	3:01:45 +	1	69	Malcolm Balmer	Penny Lane B	37:13	3:45:25	0
29	Christopher Walker	DurhamCity	33:26	3:02:15 -	2	70	Daniel Maynard	Blackburn C	39:05	3:48:48	0
30	Liam Thompson	Leigh Harr	32:15	3:02:16	0	Fastest runners over stage 7:					
31	Nigel Sisson	East Hull A	32:19	3:02:33 +	1	1	Neil Hirst	DISQUALIFIED	22:05		
32	Ray Jones	Barrow & F	34:20	3:03:15 -	4	2	Carl Hardman	Salford A	28:04		
33	Ian Ritchie	JarrowHebb	31:26	3:04:17 +	4	3	Derek Hawkins	Leeds City A	28:05		
34	Joe Fowler	Sheffield	32:01	3:04:22 +	1	4	Ian Hudspith	Morpeth Ha A	28:21		
35	Ryan Barker	Halifax Ha	32:56	3:05:13 -	2	5	Joshua Bull	Derby AC	28:31		
36	Ian Davies	KeswickAAC	33:15	3:05:35 -	2	6	Ian Fisher	Otley Ac	29:24		
37	Jake Turnbull	Harrogate	32:14	3:06:23 +	2	7	Ash Chambers	LiverpoolH	29:43		
38	Richard Davies	Wirral Ac	34:00	3:06:39 -	2	8	Christopher Fell	Rossendale	29:44		
39	Alasdair Russell	KendalAAC	30:00	3:07:12 +	4	9	James Bailey	Sale Harri A	29:48		
40	Adam Weightman	Blackpool	36:08	3:09:45 -	2	10	Richard Harris	Rotherham	29:48		
41	M Manir-Jolley	Wigan Phoe	33:56	3:09:46	0						

Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

- Mens 12 Stage Stage 8 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Jason Cherriman	Leeds City A	15:37	2:55:21	0
2	Patrick Martin	Stockport	14:45	2:57:47	0
3	Nick McCormick	Morpeth Ha A	14:16	2:58:02 +	1
4	Robert Hughes	Salford A	16:19	3:00:03 -	1
5	Chris Middleton	Sale Harri A	16:04	3:02:14	0
6	Craig Fishwick	Hallamshir	17:06	3:04:02	0
7	Paul Guinan	Blackburn A	16:51	3:04:33	0
8	Steve Angus	Border Har	17:24	3:05:09	0
9	Jackson Creegan	Gateshead A	16:29	3:05:43 +	1
10	Graham Hogg	Trafford A A	15:30	3:06:26 +	3
11	Scott Smith	Holmfirth A	17:35	3:07:32 +	1
12	Gareth Howell	LiverpoolH	18:42	3:07:49 -	3
13	S Rudravajhala	Derby AC	18:46	3:08:14 -	2
14	Matthew Fearn	Sunderland	17:51	3:10:49	0
15	Sam Clegg	Rotherham	16:31	3:10:56 +	1
16	A Dalton-O'Reilly	Rossendale	17:10	3:11:32 -	1
17	Stephen Bennett	Preston Ha	16:54	3:11:38	0
18	Andy Townsend	Horwich	17:15	3:12:54	0
19	Simon Walker	Bolton A	17:42	3:13:27	0
20	David Anderson	Tynebridge	17:36	3:13:50	0
21	Ian Douglas	Rochdale H A	18:38	3:15:26	0
22	Roger Alsop	Salford B	17:31	3:16:26 +	1
23	Jonathon Greenwell	OtleyAc	17:52	3:17:23 +	2
24	Graham Harrison	Altrincham	20:03	3:17:49 -	2
25	Ian Brough	Vale Royal	18:55	3:18:09 -	1
26	Mark Spikings	CityOfHull	18:14	3:19:00 +	1
27	Craig Cooper	Keighley&C	19:40	3:19:45 -	1
28	Jonathan Prideaux	Wakefield	19:11	3:20:56	0
29	Robert Whittle	DurhamCity	19:07	3:21:22	0
30	Sean Spillane	Leigh Harr	19:26	3:21:42	0
31	Shaun Fores	East Hull A	19:45	3:22:18	0
32	Garry Dixon	Barrow & F	19:15	3:22:30	0
33	Adam Follett	Sheffield	18:59	3:23:21 +	1
34	Rob Wynne	KeswickAAC	18:17	3:23:52 +	2
35	Steven Sladdin	Halifax Ha	19:00	3:24:13	0
36	Kevin Buxton	Wirral Ac	18:42	3:25:21 +	2
37	Kieran Alderson	KendalAAC	18:11	3:25:23 +	2
38	Brian Hurst	JarrowHebb	21:39	3:25:56 -	5
39	Stephen Nesbitt	Harrogate	21:09	3:27:32 -	2
40	Shaun Livesey	Blackburn B	16:58	3:28:31 +	3
41	Daniel Taylor	Wigan Phoe	20:04	3:29:50	0
42	Mitchell Hawkins	Penny Lane A	19:02	3:29:52	0
43	Elton Davies	Sale Harri B	18:09	3:30:13 +	3
44	Matthew Broadhurst	Blackpool	21:19	3:31:04 -	4
45	Kevin Edwards	Wigan&D A	19:27	3:31:06 -	1
46	Paul Hindhaugh	Gateshead B	19:27	3:31:26 -	1
47	Ian Fraser	East Chesh	17:52	3:32:05 +	1
48	William Merritt	Knowsley H	20:04	3:34:27 +	1
49	Karl Edwards	Hartlepool	22:02	3:35:31 -	2
50	Lewis Croucher	SkyracAth	17:14	3:36:18 +	4
51	Jonathan Fisher	L'poolRC	19:45	3:38:10 +	1
52	Robin Beaumont	Trafford A B	20:05	3:38:44 +	1
53	Glen Kenyon	Burnden	19:19	3:38:52 +	2
54	James O'Connor	Salford C	21:22	3:39:41 -	3
55	Matthew Law	Clayton Le	19:59	3:39:51 +	1
56	David Smith	Trawden AC	20:49	3:41:39 +	2
57	Anthony Doyle	St Helens	26:30	3:41:45 -	7
58	Robert Wells	(East Hull B)	22:39	3:43:16 -	1
59	Matthew Rose	Holmfirth B	21:30	3:43:28	0
60	David Flood	BuryAC	22:37	3:45:16	0
61	Mick Bowkley	Accrington	23:18	3:46:28 +	1
62	Mark Caudwell	Barnsley H	24:00	3:47:06 -	1
63	Steve Parkinson	BeverleyA	21:09	3:48:18 +	1
64	Lewis Rostron	(Rochdale H C)	22:34	3:50:11 +	1
65	David Huddleston	(Bolton B)	28:08	3:54:01 -	2
66	Steve Vasiliou	Middleton	21:50	3:55:58	0
67	William Knox	Rochdale H B	25:23	4:02:33	0
68	Neil Prescott	Wigan&D B	20:45	4:02:41	0
69	Kieran Monaghan	Blackburn C	18:40	4:07:28 +	1
70	Ben Freaney	Penny Lane B	23:47	4:09:12 -	1

Fastest runners over stage 8:

1	Nick McCormick	Morpeth Ha A	14:16
2	Patrick Martin	Stockport	14:45
3	Graham Hogg	Trafford A A	15:30
4	Jason Cherriman	Leeds City A	15:37
5	Chris Middleton	Sale Harri A	16:04
6	Robert Hughes	Salford A	16:19
7	Jackson Creegan	Gateshead A	16:29
8	Sam Clegg	Rotherham	16:31
9	Paul Guinan	Blackburn A	16:51
10	Stephen Bennett	Preston Ha	16:54

Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

- Mens 12 Stage Stage 9 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	James Wilkinson	Leeds City A	27:50	3:23:11	0
2	Andrew Jones	Stockport	27:38	3:25:25	0
3	Adrian Whitwam	Morpeth Ha A	29:10	3:27:12	0
4	Josh Tighe	Salford A	29:38	3:29:41	0
5	Jamie Roden	Sale Harri A	29:18	3:31:32	0
6	Darren Newbould	Hallamshir	30:43	3:34:45	0
7	Matthew Lalor	Blackburn A	30:20	3:34:53	0
8	Ross Landon	Border Har	30:34	3:35:43	0
9	James Bowness	Trafford A A	30:20	3:36:46 +	1
10	John McCole	LiverpoolH	29:03	3:36:52 +	2
11	David Watson	Holmfirth A	30:15	3:37:47	0
12	D Chesser	Gateshead A	33:52	3:39:35 -	3
13	Jamie Flechter	Derby AC	32:37	3:40:51	0
14	Aidan Johnson	Rotherham	30:13	3:41:09 +	1
15	Ian Dixon	Sunderland	32:36	3:43:25 -	1
16	Christopher Tully	Preston Ha	32:37	3:44:15 +	1
17	Andrew Cafferky	Bolton A	31:31	3:44:58 +	2
18	Rob Jackson	Horwich	32:27	3:45:21	0
19	Sean Molloy	Rossendale	34:18	3:45:50 -	3
20	Darryl Davison	Tynebridge	32:13	3:46:03	0
21	Matthew John	OtleyAc	29:57	3:47:20 +	2
22	Matthew Jackson	Rochdale H A	32:15	3:47:41 -	1
23	Andrew Whittingham	Altrincham	31:32	3:49:21 +	1
24	Steve Pennington	Salford B	33:23	3:49:49 -	2
25	Pete Baker	CityOfHull	32:41	3:51:41 +	1
26	Michael Harrington	Vale Royal	34:10	3:52:19 -	1
27	Matthew Hayes	East Hull A	31:38	3:53:56 +	4
28	Ryan Butler	Leigh Harr	32:34	3:54:16 +	2
29	Robert Brown	Keighley&C	34:50	3:54:35 -	2
30	Danny Parkinson	KendalAAC	29:49	3:55:12 +	7
31	Andy Buddery	Sheffield	32:40	3:56:01 +	2
32	James Jordan	Barrow & F	33:37	3:56:07	0
33	Tom Cowling	DurhamCity	35:24	3:56:46 -	4
34	Hugh Allen	Wakefield	35:57	3:56:53 -	6
35	Kelvin Dickinson	Wirral Ac	32:33	3:57:54 +	1
36	Christopher Edis	KeswickAAC	34:20	3:58:12 -	2
37	David Hunt	Halifax Ha	34:08	3:58:21 -	2
38	Tristan Peel	JarrowHebb	32:41	3:58:37	0
39	Stephen Makin	Wigan Phoe	31:36	4:01:26 +	2
40	Mark Almond	Blackburn B	33:31	4:02:02	0
41	Jamie Dillasser	Harrogate	34:47	4:02:19 -	2
42	Neil Bullock	Penny Lane A	32:56	4:02:48	0
43	Philip Scowcroft	Sale Harri B	32:40	4:02:53	0
44	Declan O'Neil	Wigan&D A	33:02	4:04:08 +	1
45	David Williamson	Blackpool	34:26	4:05:30 -	1
46	John Sloan	East Chesh	34:35	4:06:40 +	1
47	Christopher Paton	Gateshead B	35:26	4:06:52 -	1
48	Keith Hutchinson	Hartlepool	32:35	4:08:06 +	1
49	Mark Clair	Knowsley H	34:27	4:08:54 -	1
50	Ian Palin	L'poolRC	33:46	4:11:56 +	1
51	Steve Nolan	Burnden	33:12	4:12:04 +	2
52	Philip West	Salford C	34:07	4:13:48 +	2
53	Darren Parker	SkyracAth	39:40	4:15:58 -	3
54	Vinny Booth	Trafford A B	37:34	4:16:18 -	2
55	Alan Passco	Clayton Le	36:47	4:16:38	0
56	Barry Graney	St Helens	35:36	4:17:21 +	1
57	Jared Croft	Holmfirth B	35:33	4:19:01 +	2
58	Pete Baistow	Trawden AC	39:00	4:20:39 -	2
59	Graham Morris	Accrington	34:18	4:20:46 +	2
60	Giles Bennett	BuryAC	37:12	4:22:28	0
61	Mike Schofield	Barnsley H	37:52	4:24:58 +	1
62	Philip Reese	BeverleyA	37:24	4:25:42 +	1
63	Daniel Cain	(East Hull B)	42:39	4:25:55 -	5
64	Christopher Hill	(Rochdale H C)	40:45	4:30:56	0
65	Nick Howarth	(Bolton B)	37:15	4:31:16	0
66	David Hall	Middleton	36:53	4:32:51	0
67	Mike Worsley	Wigan&D B	39:40	4:42:21 +	1
68	Mark Catherall	Rochdale H B	42:11	4:44:44 -	1
69	Ian Russell	Penny Lane B	38:05	4:47:17 +	1
70	Danny Teare	Blackburn C	44:04	4:51:32 -	1

Fastest runners over stage 9:

1	Andrew Jones	Stockport	27:38
2	James Wilkinson	Leeds City A	27:50
3	John McCole	LiverpoolH	29:03
4	Adrian Whitwam	Morpeth Ha A	29:10
5	Jamie Roden	Sale Harri A	29:18
6	Josh Tighe	Salford A	29:38
7	Danny Parkinson	KendalAAC	29:49
8	Matthew John	OtleyAc	29:57
9	Aidan Johnson	Rotherham	30:13
10	David Watson	Holmfirth A	30:15

Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

- Mens 12 Stage Stage 10 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Michael Burrett	Leeds City A	15:35	3:38:46	0
2	J Scott-Buccleuch	Stockport	15:59	3:41:24	0
3	Andrew Lawrence	Morpeth Ha A	16:18	3:43:30	0
4	Simon Bruton	Salford A	15:58	3:45:39	0
5	Ryan Moore	Sale Harri A	16:02	3:47:34	0
6	Adam Dyson	Hallamshir	16:46	3:51:31	0
7	Mat Nuttall	Blackburn A	17:03	3:51:56	0
8	Mark Keeley	LiverpoolH	16:03	3:52:55 +	2
9	Mark Ryan	Border Har	17:50	3:53:33 -	1
10	Daniel Ansell	Trafford A A	16:50	3:53:36 -	1
11	Philip Hewitt	Holmfirth A	17:34	3:55:21	0
12	Daniel Johnson	Gateshead A	15:57	3:55:32	0
13	John Knibb	Derby AC	17:43	3:58:34	0
14	Howard Darwin	Rotherham	18:59	4:00:08	0
15	Graham Lancaster	Sunderland	18:15	4:01:40	0
16	Jonathan Green	Preston Ha	17:41	4:01:56	0
17	Alex Fowler	Horwich	17:22	4:02:43 +	1
18	Christopher Graham	Tynebridge	17:33	4:03:36 +	2
19	Andrew Doyle	Bolton A	18:42	4:03:40 -	2
20	Daniel Walsh	Rossendale	18:33	4:04:23 -	1
21	Simon Anderson	Otley Ac	17:47	4:05:07	0
22	John Cook	Rochdale H A	19:19	4:07:00	0
23	Billy McCartney	Salford B	17:15	4:07:04 +	1
24	Patrick Bonner	Altrincham	19:34	4:08:55 -	1
25	Jaysson Sawyer	CityOfHull	18:01	4:09:42	0
26	John Moulds	Vale Royal	20:11	4:12:30	0
27	Lee Cross	East Hull A	18:50	4:12:46	0
28	Mark Knowles	Keighley&C	18:27	4:13:02 +	1
29	Darren Smith	Leigh Harr	18:59	4:13:15 -	1
30	Alistair Robinson	Wakefield	17:35	4:14:28 +	4
31	Christopher Snell	KendalAAC	19:22	4:14:34 -	1
32	Nicholas Duggan	Sheffield	19:16	4:15:17 -	1
33	Jamie Baron	Barrow & F	19:46	4:15:53 -	1
34	John Newton	KeswickAAC	18:31	4:16:43 +	2
35	William Ferguson	Wirral Ac	19:21	4:17:15	0
36	Luke Meleschko	Halifax Ha	19:33	4:17:54 +	1
37	David Henson	DurhamCity	21:32	4:18:18 -	4
38	C Davies	Blackburn B	17:50	4:19:52 +	2
39	Michael Kilmartin	Sale Harri B	17:25	4:20:18 +	4
40	Paddy McShane	JarrowHebb	22:38	4:21:15 -	2
41	Neil Kelly	Penny Lane A	18:30	4:21:18 +	1
42	Jeff Whittington	Wigan Phoe	19:57	4:21:23 -	3
43	Colin McEvoy	Wigan&D A	19:09	4:23:17 +	1
44	John McNerney	Harrogate	21:43	4:24:02 -	3
45	Simon Bennett	Hartlepool	17:37	4:25:43 +	3
46	Mark Shaw	East Chesh	19:05	4:25:45	0
47	Raymond Robinson	Gateshead B	19:14	4:26:06	0
48	Terence Westhead	Blackpool	21:26	4:26:56 -	3
49	Greg Anthony	Knowsley H	19:21	4:28:15	0
50	Geoff Rudd	L'poolRC	18:54	4:30:50	0
51	David Hudson	Salford C	19:16	4:33:04 +	1
52	Michael Hutchinson	Trafford A B	18:22	4:34:40 +	2
53	Lee Smith	Clayton Le	18:09	4:34:47 +	2
54	Adam Brooks	SkyracAth	18:59	4:34:57 -	1
55	Ian Costello	St Helens	18:38	4:35:59 +	1
56	Howard Sparke	Burndon	24:24	4:36:28 -	5
57	Nadeem Hussain	Accrington	17:59	4:38:45 +	2
58	John Field	Holmfirth B	21:13	4:40:14 -	1
59	John McDonald	Trawden AC	20:35	4:41:14 -	1
60	David Anderson	(East Hull B)	17:51	4:43:46 +	3
61	Nigel Brady	BuryAC	22:51	4:45:19 -	1
62	Michael Ashcroft	BeverleyA	23:40	4:49:22	0
63	Paul Turner	(Bolton B)	19:50	4:51:06 +	2
64	Paul Taylor	Middleton	21:14	4:54:05 +	2
65	Paul Tordoff	Barnsley H	31:06	4:56:04 -	4
66	Michael Davies	(Rochdale H C)	25:22	4:56:18 -	2
67	David Darbyshire	Wigan&D B	21:37	5:03:58	0
68	Kevin Fox	Rochdale H B	20:36	5:05:20	0
69	Andrew Leslie	Penny Lane B	20:47	5:08:04	0
70	David Morris	Blackburn C	27:30	5:19:02	0

Fastest runners over stage 10:

1	Michael Burrett	Leeds City A	15:35
2	Daniel Johnson	Gateshead A	15:57
3	Simon Bruton	Salford A	15:58
4	J Scott-Buccleuch	Stockport	15:59
5	Ryan Moore	Sale Harri A	16:02
6	Mark Keeley	LiverpoolH	16:03
7	Andrew Lawrence	Morpeth Ha A	16:18
8	Adam Dyson	Hallamshir	16:46
9	Daniel Ansell	Trafford A A	16:50
10	Mat Nuttall	Blackburn A	17:03

Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

- Mens 12 Stage Stage 11 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Alan Buckley	Leeds City A	28:37	4:07:23	0
2	Jack Martin	Stockport	28:21	4:09:45	0
3	Peter Newton	Morpeth Ha A	28:29	4:11:59	0
4	Tom Cornthwaite	Salford A	28:57	4:14:36	0
5	Gareth Raven	Sale Harri A	28:25	4:15:59	0
6	Richard Burney	LiverpoolH	29:13	4:22:08 +	2
7	Thomas Charles	Trafford A A	29:08	4:22:44 +	3
8	James Buis	Border Har	30:17	4:23:50 +	1
9	Andy Buttery	Blackburn A	32:10	4:24:06 -	2
10	Philip Cooper	Hallamshir	32:41	4:24:12 -	4
11	Stuart Sharp	Holmfirth A	30:14	4:25:35	0
12	James Porteous	Gateshead A	32:20	4:27:52	0
13	Richard Wilson	Derby AC	32:19	4:30:53	0
14	Gareth Sampson	Rotherham	30:52	4:31:00	0
15	Steven Potts	Sunderland	31:54	4:33:34	0
16	Jonathan Bruton	Horwich	31:50	4:34:33 +	1
17	James Duce	Tynebridge	30:58	4:34:34 +	1
18	Martin Reid	Bolton A	31:24	4:35:04 +	1
19	Iain Hazell	Rossendale	33:21	4:37:44 +	1
20	Derek Simpson	Rochdale H A	30:53	4:37:53 +	2
21	Robin Outtersides	OtleyAc	32:51	4:37:58	0
22	David Parkington	Preston Ha	36:37	4:38:33 -	6
23	Thomas McKee	CityOfHull	32:18	4:42:00 +	2
24	Steven Renny	Altrincham	34:27	4:43:22	0
25	Jonathan Frost	East Hull A	31:01	4:43:47 +	2
26	Phillip Williams	Leigh Harr	32:21	4:45:36 +	3
27	Christopher Ward	Wakefield	31:46	4:46:14 +	3
28	Dave Shaw	Keighley&C	33:27	4:46:29	0
29	S Hebblethwaite	KeswickAAC	31:04	4:47:47 +	5
30	Matthew Wilson	KendalAAC	33:35	4:48:09 +	1
31	Pat Miller	Barrow & F	33:06	4:48:59 +	2
32	Stuart Little	Sheffield	33:59	4:49:16	0
33	Gary Weedall	Vale Royal	37:39	4:50:09 -	7
34	Graham Ratcliffe	Wirral Ac	34:20	4:51:35 +	1
35	Robin Linten	DurhamCity	33:51	4:52:09 +	2
36	George Lowry	JarrowHebb	31:24	4:52:39 +	4
37	Andy Ward	Wigan Phoe	32:27	4:53:50 +	5
38	Mark Crabtree	Halifax Ha	36:00	4:53:54 -	2
39	Nigel Grant	Penny Lane A	32:51	4:54:09 +	2
40	Andrew Heys	Blackburn B	34:19	4:54:11 -	2
41	Ian Jones	Sale Harri B	36:17	4:56:35 -	2
42	C Gibbins	Harrogate	32:34	4:56:36 +	2
43	Howard Oldham	East Chesh	31:45	4:57:30 +	3
44	Howard Avery	Wigan&D A	34:50	4:58:07 -	1
45	Andrew Minister	Hartlepool	32:42	4:58:25	0
46	John Wright	Blackpool	32:25	4:59:21 +	2
47	Richard Craven	Gateshead B	34:19	5:00:25	0
48	Paul Goodwin	Knowsley H	37:02	5:05:17 +	1
49	Tom Brewster	Clayton Le	32:22	5:07:09 +	4
50	Jonathan Sacks	Salford C	34:24	5:07:28 +	1
51	Robert Burke	L'poolRC	37:43	5:08:33 -	1
52	John Knowles	Burnden	32:51	5:09:19 +	4
53	Mark Dey	SkyracAth	37:27	5:12:24 +	1
54	Chris Walton	Accrington	35:00	5:13:45 +	3
55	Graham Rose	Trawden AC	33:26	5:14:40 +	4
56	Dave Watson	Trafford A B	42:00	5:16:40 -	4
57	Ian Roberts	St Helens	41:19	5:17:18 -	2
58	Marwan Khoueiry	Holmfirth B	38:02	5:18:16	0
59	Roy Lilley	(East Hull B)	41:34	5:25:20 +	1
60	Stephen Peacock	Beverley A	35:58	5:25:20 +	2
61	Ian Meeds	(Bolton B)	38:18	5:29:24 +	2
62	Angus Thomson	Barnsley H	37:37	5:33:41 +	3
63	Roland Robson	Middleton	40:10	5:34:15 +	1
64	Brian Moore	(Rochdale H C)	40:46	5:37:04 +	2
65	Andy Eccles	Wigan&D B	37:22	5:41:20 +	2
66	John Mayall	Rochdale H B	39:04	5:44:24 +	2
67	Simone Capponi	Penny Lane B	37:44	5:45:48 +	2
68	Michael Angland	Blackburn C	41:49	6:00:51 +	2

Fastest runners over stage 11:		
1	Jack Martin	Stockport 28:21
2	Gareth Raven	Sale Harri A 28:25
3	Peter Newton	Morpeth Ha A 28:29
4	Alan Buckley	Leeds City A 28:37
5	Tom Cornthwaite	Salford A 28:57
6	Thomas Charles	Trafford A A 29:08
7	Richard Burney	LiverpoolH 29:13
8	Stuart Sharp	Holmfirth A 30:14
9	James Buis	Border Har 30:17
10	Gareth Sampson	Rotherham 30:52

Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

- Mens 12 Stage Stage 12 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Stephen Lisgo	Leeds City A	15:06	4:22:29	0
2	Jake Littlehales	Stockport	15:49	4:25:34	0
3	Ian Harding	Morpeth Ha A	15:32	4:27:31	0
4	Glyn Billington	Salford A	16:15	4:30:51	0
5	Peter Crawford	Sale Harri A	16:54	4:32:53	0
6	Matt Bond	LiverpoolH	16:47	4:38:55	0
7	Ian Salisbury	Trafford A A	16:37	4:39:21	0
8	William Nicholson	Border Har	17:01	4:40:51	0
9	Thomas Blaney	Blackburn A	16:58	4:41:04	0
10	Peter Hodges	Hallamshir	17:07	4:41:19	0
11	Julian Rose	Holmfirth A	17:17	4:42:52	0
12	Alan Johnson	Gateshead A	17:28	4:45:20	0
13	Ian Stevens	Derby AC	18:01	4:48:54	0
14	Nigel Brookes	Rotherham	18:27	4:49:27	0
15	Douglas Tickner	Tynebridge	17:08	4:51:42 +	2
16	Glynne Lever	Horwich	17:27	4:52:00	0
17	Andy Parker	Bolton A	18:09	4:53:13 +	1
18	Steve Tiltman	Sunderland	19:55	4:53:29 -	3
19	Andrew Fell	Rossendale	17:14	4:54:58	0
20	Richard Smith	Otley Ac	18:04	4:56:02 +	1
21	Paul Lightfoot	Preston Ha	18:10	4:56:43 +	1
22	Ian Stainthorpe	Rochdale H A	19:00	4:56:53 -	2
23	James Rogers	CityOfHull	18:27	5:00:27	0
24	Eddie Rex	East Hull A	17:49	5:01:36 +	1
25	Stuart Heaton	Altrincham	19:08	5:02:30 -	1
26	John Howarth	Leigh Harr	18:10	5:03:46	0
27	Scott Bairstow	Keighley&C	18:16	5:04:45 +	1
28	Josh Hebson	KeswickAAC	17:12	5:04:59 +	1
29	Mark Whitehouse	Wakefield	20:25	5:06:39 -	2
30	Chris Ireland	Sheffield	17:37	5:06:53 +	2
31	Steven Caldwell	Vale Royal	17:55	5:08:04 +	2
32	Stephen Roberts	KendalAAC	20:53	5:09:02 -	2
33	Peter Scarrett	Wirral Ac	18:45	5:10:20 +	1
34	Mike Cooper	Barrow & F	21:26	5:10:25 -	3
35	David King	DurhamCity	20:17	5:12:26	0
36	Darren Parks	JarrowHebb	19:51	5:12:30	0
37	Craig Empsall	Halifax Ha	18:50	5:12:44 +	1
38	Lyndon Easthope	Penny Lane A	18:39	5:12:48 +	1
39	Connor Makin	Blackburn B	19:23	5:13:34 +	1
40	David Walters	Wigan Phoe	20:11	5:14:01 -	3
41	Timothy Richardson	Harrogate	18:04	5:14:40 +	1
42	Michael Wharton	Sale Harri B	19:01	5:15:36 -	1
43	Michael Lamb	Hartlepool	17:14	5:15:39 +	2
44	Stephen Robinson	East Chesh	18:55	5:16:25 -	1
45	Richard Noone	Wigan&D A	19:06	5:17:13 -	1
46	C Essex-Crosby	Blackpool	18:00	5:17:21	0
47	Paul Tate	Gateshead B	18:41	5:19:06	0
48	David Motley	Clayton Le	17:54	5:25:03 +	1
49	P Cunningham	Knowsley H	20:17	5:25:34 -	1
50	Paul Stephens	Salford C	19:43	5:27:11	0
51	Robert Givnan	L'poolRC	19:05	5:27:38	0
52	Laurence Keighley	Burnden	20:13	5:29:32	0
53	Warren Herridge	SkyracAth	19:33	5:31:57	0
54	Harry Kaye	Trawden AC	19:34	5:34:14 +	1
55	Richard Byers	Trafford A B	17:43	5:34:23 +	1
56	Damian Fletcher	Accrington	20:47	5:34:32 -	2
57	Ian Hayburn	St Helens	19:54	5:37:12	0
58	Philip Martin	Holmfirth B	20:35	5:38:51	0
59	Matthew Ingman	Beverley A	20:16	5:45:36 +	1
60	Steven Taylor	(East Hull B)	22:38	5:47:58 -	1
61	Stuart Brierley	(Bolton B)	19:26	5:48:50	0
62	Craig Sutherland	Middleton	22:30	5:56:45 +	1
63	David Howes	Barnsley H	23:37	5:57:18 -	1
64	Sam Mayall	(Rochdale H C)	21:50	5:58:54	0
65	Steven Bayliss	Wigan&D B	20:00	6:01:20	0
66	Dean Connolly	Penny Lane B	21:21	6:07:09 +	1
67	Phil Roberts	Rochdale H B	27:08	6:11:32 -	1
68	Allan Hartley	Blackburn C	17:56	6:18:47	0

Fastest runners over stage 12:

1	Stephen Lisgo	Leeds City A	15:06
2	Ian Harding	Morpeth Ha A	15:32
3	Jake Littlehales	Stockport	15:49
4	Glyn Billington	Salford A	16:15
5	Ian Salisbury	Trafford A A	16:37
6	Matt Bond	LiverpoolH	16:47
7	Peter Crawford	Sale Harri A	16:54
8	Thomas Blaney	Blackburn A	16:58
9	William Nicholson	Border Har	17:01
10	Peter Hodges	Hallamshir	17:07

Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

Mens 12 Stage — Team Results — Final (nn) is team position after the appropriate stage.

1 Leeds City Athletic Club	'A' 4:22:29	9 Blackburn Harriers & AC	'A' 4:41:04
1 James Walsh (3) 27:34	2 James Smith (5) 16:02	1 Robert Warner (14) 29:09	2 Paul Bradshaw (17) 17:00
3 Carl Smith (2) 28:06	4 Dominic Easter (1) 15:50	3 Karl Billington (10) 29:14	4 Brian Fogarty (9) 16:36
5 Simon Deakin (1) 28:54	6 Nick Hooker (1) 15:13	5 Ben Fish (6) 28:12	6 Zachary Howe (7) 16:50
7 Derek Hawkins (1) 28:05	8 Jason Cherriman (1) 15:37	7 Stephen Chew (7) 30:41	8 Paul Guinan (7) 16:51
9 James Wilkinson (1) 27:50	10 Michael Burrett (1) 15:35	9 Matthew Lalor (7) 30:20	10 Mat Nuttall (7) 17:03
11 Alan Buckley (1) 28:37	12 Stephen Lisgo (1) 15:06	11 Andy Buttery (9) 32:10	12 Thomas Blaney (9) 16:58
2 Stockport Harriers & AC	4:25:34	10 Hallamshire Harriers Sheffield	4:41:19
1 Jack Morris (7) 27:59	2 Jamie Loxam (9) 16:24	1 Andrew Challenger (12) 28:59	2 Andrew Heyes (4) 14:27
3 Michael Sawrey (7) 29:37	4 Rick Lloyd (7) 17:14	3 Robert Little (5) 30:26	4 Tom Bains (4) 15:46
5 Steven Vernon (2) 27:20	6 Ross Millington (2) 14:28	5 Ben Beattie (7) 30:44	6 Matthew Hobbs (6) 16:08
7 Jack Nixon (2) 30:00	8 Patrick Martin (2) 14:45	7 Zak Mellard (6) 30:26	8 Craig Fishwick (6) 17:06
9 Andrew Jones (2) 27:38	10 J Scott-Bucclough (2) 15:59	9 Darren Newbould (6) 30:43	10 Adam Dyson (6) 16:46
11 Jack Martin (2) 28:21	12 Jake Littlehales (2) 15:49	11 Philip Cooper (10) 32:41	12 Peter Hodges (10) 17:07
3 Morpeth Harriers & AC	'A' 4:27:31	11 Holmfirth Harriers AC	'A' 4:42:52
1 Lewis Timmins (6) 27:54	2 Ross Floyd (3) 15:30	1 Matthew Pierson (13) 29:02	2 Craig Boggon (15) 16:54
3 Carl Avery (6) 30:28	4 Michael Dawson (6) 16:46	3 David Turnbull (14) 30:09	4 Richard Anderson (12) 16:45
5 Matthew Nicholson (5) 28:37	6 Thomas Straughan (3) 16:10	5 Peter Brookes (9) 29:33	6 Jonny McLean (11) 17:27
7 Ian Hudspeth (4) 28:21	8 Nick McCormick (3) 14:16	7 Richard Smith (12) 30:07	8 Scott Smith (11) 17:35
9 Adrian Whitwam (3) 29:10	10 Andrew Lawrence (3) 16:18	9 David Watson (11) 30:15	10 Philip Hewitt (11) 17:34
11 Peter Newton (3) 28:29	12 Ian Harding (3) 15:32	11 Stuart Sharp (11) 30:14	12 Julian Rose (11) 17:17
4 Salford Harriers & AC	'A' 4:30:51	12 Gateshead Harriers & AC	'A' 4:45:20
1 Joseph Bailey (4) 27:38	2 Tomas Abyu (1) 15:03	1 Barry Maskell (21) 29:59	2 Andrew Richardson (21) 16:48
3 Stuart Robinson (4) 30:54	4 Tarus Elly (3) 15:43	3 Conrad Franks (17) 30:30	4 Christopher Parr (10) 14:58
5 Max McNeill (4) 29:32	6 Pumlani Bangani (4) 16:50	5 Luke Adams (10) 30:11	6 Adam Simms (10) 16:59
7 Carl Hardman (3) 28:04	8 Robert Hughes (4) 16:19	7 Marc Elliott (10) 29:49	8 Jackson Creegan (9) 16:29
9 Josh Tighe (4) 29:38	10 Simon Bruton (4) 15:58	9 D Chesser (12) 33:52	10 Daniel Johnson (12) 15:57
11 Tom Cornthwaite (4) 28:57	12 Glyn Billington (4) 16:15	11 James Porteous (12) 32:20	12 Alan Johnson (12) 17:28
5 Sale Harriers Manchester	'A' 4:32:53	13 Derby Athletic Club	4:48:54
1 Niall Brooks (5) 27:50	2 Simon Horsfield (2) 15:19	1 Richard Weir (2) 27:32	2 Dominic Chambers (8) 16:45
3 Gavin Hill (1) 28:23	4 David Marsh (2) 16:17	3 Terah Hooley (12) 31:19	4 Callum Chambers (16) 19:09
5 Ian Wetherall (3) 30:57	6 Chris Donnelly (5) 17:36	5 Luke Gunn (11) 27:51	6 Adam Fozzard (14) 18:21
7 James Bailey (5) 29:48	8 Chris Middleton (5) 16:04	7 Joshua Bull (11) 28:31	8 S Rudravajhala (13) 18:46
9 Jamie Roden (5) 29:18	10 Ryan Moore (5) 16:02	9 Jamie Flether (13) 32:37	10 John Knibb (13) 17:43
11 Gareth Raven (5) 28:25	12 Peter Crawford (5) 16:54	11 Richard Wilson (13) 32:19	12 Ian Stevens (13) 18:01
6 Liverpool Harriers & AC	4:38:55	14 Rotherham Harriers And AC	4:49:27
1 James McNally (40) 31:26	2 Harry Harper (22) 15:43	1 Kyle Craib (30) 30:41	2 Rhian Haste (23) 16:30
3 Ben Russell (19) 30:20	4 Nzimah Akpan (15) 16:35	3 Chris Adams (22) 31:06	4 Jonathan Maxfield (23) 18:41
5 Adam Peers (13) 29:03	6 Jamie Webb (9) 16:17	5 Philip Hoole (19) 29:59	6 Ollie Watson (20) 17:40
7 Ash Chambers (9) 29:43	8 Gareth Howell (12) 18:42	7 Richard Harris (16) 29:48	8 Sam Clegg (15) 16:31
9 John McCole (10) 29:03	10 Mark Keeley (8) 16:03	9 Aidan Johnson (14) 30:13	10 Howard Darwin (14) 18:59
11 Richard Burney (6) 29:13	12 Matt Bond (6) 16:47	11 Gareth Sampson (14) 30:52	12 Nigel Brookes (14) 18:27
7 Trafford Athletic Club	'A' 4:39:21	15 Tynebridge Harriers	4:51:42
1 Richard Powell (16) 29:26	2 Ben Martin (11) 15:28	1 Shaun Brown (22) 30:05	2 Marc Fenwick (13) 15:31
3 Gavin Tomlinson (11) 30:38	4 Ben Everson (8) 16:26	3 Kevin Jeffress (15) 30:43	4 John Morley (14) 16:53
5 Jeff Prest (14) 31:25	6 David Horniman (12) 16:33	5 Louis Goffe (17) 32:55	6 Andrew Dougal (16) 17:37
7 Peter Bains (13) 31:00	8 Graham Hogg (10) 15:30	7 Anthony Bagley (20) 32:30	8 David Anderson (20) 17:36
9 James Bowness (9) 30:20	10 Daniel Ansell (10) 16:50	9 Darryl Davison (20) 32:13	10 Christopher Graham (18) 17:33
11 Thomas Charles (7) 29:08	12 Ian Salisbury (7) 16:37	11 James Dunce (17) 30:58	12 Douglas Tickner (15) 17:08
8 Border Harriers & AC	4:40:51	16 Horwich R M I Harriers	4:52:00
1 James Douglas (8) 28:03	2 Kevin Bell (7) 16:08	1 David Jackson (44) 32:00	2 Martyn Bell (33) 16:42
3 Jon Fletcher (3) 29:10	4 Harry Earl (5) 16:51	3 Michael Green (37) 33:54	4 James Kevan (27) 15:43
5 John Mason (8) 31:01	6 Bob Hodgson (8) 16:20	5 C Farrell (20) 28:50	6 Danny Kevan (17) 16:55
7 Declan Conley (8) 30:12	8 Steve Angus (8) 17:24	7 David Milliken (18) 31:35	8 Andy Townsend (18) 17:15
9 Ross Landon (8) 30:34	10 Mark Ryan (9) 17:50	9 Rob Jackson (18) 32:27	10 Alex Fowler (17) 17:22
11 James Buis (8) 30:17	12 William Nicholson (8) 17:01	11 Jonathan Bruton (16) 31:50	12 Glynne Lever (16) 17:27

Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

17 Bolton United Harriers & AC 'A' 4:53:13

1 Tom Lancashire (1) 27:28	2 Jonny Kay (6) 16:09
3 Anthony Valentine (8) 31:24	4 Ian Selby (13) 18:00
5 Frazer Jardine (15) 31:52	6 Phil Marsden (15) 18:11
7 Shaun O'Dwyer (19) 32:41	8 Simon Walker (19) 17:42
9 Andrew Cafferky (17) 31:31	10 Andrew Doyle (19) 18:42
11 Martin Reid (18) 31:24	12 Andy Parker (17) 18:09

26 Leigh Harriers & AC 5:03:46

1 Thomas Kneller (35) 31:05	2 Tommy Henders (27) 16:56
3 Liam Moore (27) 32:53	4 John Indricks (31) 18:51
5 Tony Battersby (29) 31:49	6 Alexander Urmston (30) 18:27
7 Liam Thompson (30) 32:15	8 Sean Spillane (30) 19:26
9 Ryan Butler (28) 32:34	10 Darren Smith (29) 18:59
11 Phillip Williams (26) 32:21	12 John Howarth (26) 18:10

18 Sunderland Harriers & AC 4:53:29

1 Kevin Calvert (17) 29:28	2 Mark Hood (14) 16:16
3 Nathan Reed (13) 30:19	4 Michael Wilson (11) 16:23
5 Craig Isherwood (12) 30:26	6 Jake Archer (13) 17:30
7 Michael Barker (14) 32:36	8 Matthew Fearn (14) 17:51
9 Ian Dixon (15) 32:36	10 Graham Lancaster (15) 18:15
11 Steven Potts (15) 31:54	12 Steve Tiltman (18) 19:55

27 Keighley & Craven AC 5:04:45

1 Will Smith (20) 29:55	2 Nathan Dunn (24) 17:24
3 Adrian Thomas (23) 31:50	4 Andrew Hardaker (24) 17:59
5 Christopher Loftus (23) 31:52	6 Liam Spencer (23) 17:57
7 Sam Wadsworth (26) 33:08	8 Craig Cooper (27) 19:40
9 Robert Brown (29) 34:50	10 Mark Knowles (28) 18:27
11 Dave Shaw (28) 33:27	12 Scott Bairstow (27) 18:16

19 Rossendale Harriers & AC 4:54:58

1 Robert Webb (19) 29:45	2 Philip Bolton (20) 16:41
3 Joseph Johnston (16) 30:50	4 Andy Preston (19) 18:23
5 Ashley Holt (21) 32:13	6 Grant Cunliffe (21) 16:46
7 Christopher Fell (15) 29:44	8 A Dalton-O'Reilly (16) 17:10
9 Sean Molloy (19) 34:18	10 Daniel Walsh (20) 18:33
11 Iain Hazell (19) 33:21	12 Andrew Fell (19) 17:14

28 Keswick Aac 5:04:59

1 Phil Winskill (26) 30:30	2 Sam Stead (25) 17:12
3 Marc Brown (29) 33:22	4 Chris Brewer (28) 17:45
5 Peter George (33) 33:41	6 Stuart Edgington (34) 19:50
7 Ian Davies (36) 33:15	8 Rob Wynne (34) 18:17
9 Christopher Edis (36) 34:20	10 John Newton (34) 18:31
11 S Hebblethwaite (29) 31:04	12 Josh Hebson (28) 17:12

20 Otley AC 4:56:02

1 Liam Dunne (38) 31:12	2 Samuel Stell (35) 18:08
3 Edward Davies (32) 32:49	4 Graham Lake (30) 17:28
5 Thomas Midgley (32) 32:46	6 Andrew Robertshaw (31) 17:44
7 Ian Fisher (25) 29:24	8 Jonathon Greenwell (23) 17:52
9 Matthew John (21) 29:57	10 Simon Anderson (21) 17:47
11 Robin Outtersides (21) 32:51	12 Richard Smith (20) 18:04

29 Wakefield District H & AC 5:06:39

1 Nathan Elliott (31) 30:58	2 Jack Hallas (16) 15:00
3 Neil Dutton (28) 34:59	4 Paul Robinson (36) 19:55
5 Stephen Tilford (35) 32:40	6 James Saxton (29) 15:51
7 Andrew Cartwright (28) 32:22	8 Jonathan Prideaux (28) 19:11
9 Hugh Allen (34) 35:57	10 Alistair Robinson (30) 17:35
11 Christopher Ward (27) 31:46	12 Mark Whitehouse (29) 20:25

21 Preston Harriers 4:56:43

1 Tony Livesey (50) 32:41	2 Christopher Scott (47) 18:13
3 Steve Hallas (33) 31:29	4 Chris Livesey (25) 15:14
5 M Livingstone (22) 30:39	6 Peter Street (18) 15:56
7 David Rigby (17) 30:32	8 Stephen Bennett (17) 16:54
9 Christopher Tully (16) 32:37	10 Jonathan Green (16) 17:41
11 David Parkington (22) 36:37	12 Paul Lightfoot (21) 18:10

30 Sheffield RC 5:06:53

1 J Sweetnam-Powell (56) 33:12	2 Tom Albone (50) 19:03
3 Will Beauchamp (34) 30:16	4 Jed Turner (38) 18:43
5 Kevin Bartholomew (39) 33:18	6 John Doherty (35) 17:49
7 Joe Fowler (34) 32:01	8 Adam Follett (33) 18:59
9 Andy Buddery (31) 32:40	10 Nicholas Duggan (32) 19:16
11 Stuart Little (32) 33:59	12 Chris Ireland (30) 17:37

22 Rochdale Harriers & AC 'A' 4:56:53

1 C Merchant (37) 31:07	2 Ian Roberts (26) 16:45
3 David Proctor (20) 29:42	4 Lee Hemmings (21) 18:53
5 Phillip Williams (16) 29:33	6 Nick Barton (22) 19:18
7 Michael Tannner (21) 31:30	8 Ian Douglas (21) 18:38
9 Matthew Jackson (22) 32:15	10 John Cook (22) 19:19
11 Derek Simpson (20) 30:53	12 Ian Stainthorpe (22) 19:00

31 Vale Royal AC 5:08:04

1 Chris Pery (15) 29:17	2 Michael Vennard (10) 15:34
3 Stuart Doyle (9) 30:12	4 Scott Bamber (17) 19:43
5 Craig Sephton (26) 35:08	6 Andrew Miles (25) 17:25
7 George Thompson (24) 31:55	8 Ian Brough (25) 18:55
9 Michael Harrington (26) 34:10	10 John Moulds (26) 20:11
11 Gary Weedall (33) 37:39	12 Steven Caldwell (31) 17:55

23 City Of Hull AC 5:00:27

1 Kristopher Lecher (10) 28:33	2 Andrew Lyons (18) 17:38
3 Christopher Adams (24) 33:05	4 Thomas Honniball (26) 18:31
5 Jim Crisp (27) 33:05	6 Matthew Pye (26) 17:34
7 James Pearson (27) 32:20	8 Mark Spikings (26) 18:14
9 Pete Baker (25) 32:41	10 Jaysson Sawyer (25) 18:01
11 Thomas McKee (23) 32:18	12 James Rogers (23) 18:27

32 Kendal Amateur Athletic Club 5:09:02

1 Stephen Potter (55) 33:10	2 James Wright (62) 21:35
3 Benjamin Harrison (57) 33:22	4 Philip Lee (53) 18:31
5 Michael Hoyle (44) 31:37	6 Robbie Ingham (43) 18:57
7 Alasdair Russell (39) 30:00	8 Kieran Alderson (37) 18:11
9 Danny Parkinson (30) 29:49	10 Christopher Snell (31) 19:22
11 Matthew Wilson (30) 33:35	12 Stephen Roberts (32) 20:53

24 East Hull Harriers & AC 'A' 5:01:36

1 Michael Hargreaves (25) 30:22	2 Michael Jackson (36) 18:59
3 Stephen Coates (35) 33:13	4 Philip McCoy (37) 18:21
5 Alec Gibson (30) 31:02	6 Ian Grewar (32) 18:17
7 Nigel Sisson (31) 32:19	8 Shaun Fores (31) 19:45
9 Matthew Hayes (27) 31:38	10 Lee Cross (27) 18:50
11 Jonathan Frost (25) 31:01	12 Eddie Rex (24) 17:49

33 Wirral AC 5:10:20

1 Philip Robertson (43) 31:57	2 Terry Roberts (42) 18:24
3 Mark Hulmston (36) 32:14	4 Nick Wilson (39) 19:10
5 Phillip Langan (36) 32:16	6 Simon Fox (36) 18:38
7 Richard Davies (38) 34:00	8 Kevin Buxton (36) 18:42
9 Kelvin Dickinson (35) 32:33	10 William Ferguson (35) 19:21
11 Graham Ratcliffe (34) 34:20	12 Peter Scarrett (33) 18:45

25 Altrincham & District AC 5:02:30

1 Matthew Barnes (9) 28:19	2 Ryan Ganose (12) 16:51
3 Michael Berks (21) 32:29	4 Joshua Smith (20) 18:05
5 Nick Leigh (18) 30:48	6 Adrian Fuller (19) 17:59
7 Matthew Kelly (22) 33:15	8 Graham Harrison (24) 20:03
9 Andrew Whittingham (23) 31:32	10 Patrick Bonner (24) 19:34
11 Steven Renny (24) 34:27	12 Stuart Heaton (25) 19:08

34 Barrow & Furness Striders AC 5:10:25

1 Todd Oates (32) 30:59	2 Jed Bartlett (28) 17:05
3 Phil Waite (25) 31:25	4 Simon Stanway (29) 20:02
5 Mike McIver (28) 31:58	6 Ross Campbell (28) 17:26
7 Ray Jones (32) 34:20	8 Garry Dixon (32) 19:15
9 James Jordan (32) 33:37	10 Jamie Baron (33) 19:46
11 Pat Miller (31) 33:06	12 Mike Cooper (34) 21:26

Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

35 Durham City Harriers & AC

5:12:26

1 Benjamin Douglas (18) 29:41	2 Henry Eaton (34) 19:22
3 Daniel Jenkin (18) 28:22	4 Gareth Maguire (18) 17:34
5 Daniel Whittle (24) 34:15	6 Jake Shackelford (27) 19:35
7 Christopher Walker (29) 33:26	8 Robert Whittle (29) 19:07
9 Tom Cowling (33) 35:24	10 David Henson (37) 21:32
11 Robin Linten (35) 33:51	12 David King (35) 20:17

44 East Cheshire Harriers & Tames

5:16:25

1 Gary Matthews (53) 32:53	2 Liam Browne (48) 18:29
3 Joseph Hudak (49) 34:00	4 John Bowker (52) 20:42
5 Marcus Gregory (46) 32:53	6 Francis Day (48) 20:31
7 Phil Jacques (48) 34:45	8 Ian Fraser (47) 17:52
9 John Sloan (46) 34:35	10 Mark Shaw (46) 19:05
11 Howard Oldham (43) 31:45	12 Stephen Robinson (44) 18:55

36 Jarrow & Hebburn AC

5:12:30

1 Andy Burn (11) 28:35	2 Craig Deacon (46) 22:09
3 Brendan McMillan (31) 31:02	4 Alan Ball (32) 18:47
5 Steven Greenwood (31) 31:49	6 Andrew Thornton (37) 20:29
7 Ian Ritchie (33) 31:26	8 Brian Hurst (38) 21:39
9 Tristan Peel (38) 32:41	10 Paddy McShane (40) 22:38
11 George Lowry (36) 31:24	12 Darren Parks (36) 19:51

45 Wigan & District H & AC

'A' 5:17:13

1 Andy Kaufman (29) 30:40	2 Stephen Nichols (38) 18:54
3 Mark Rogers (44) 33:55	4 Mike Harris (44) 19:51
5 Mark Glynn (42) 33:01	6 David Collins (40) 19:01
7 Chris Burgess (44) 36:17	8 Kevin Edwards (45) 19:27
9 Declan O'Neil (44) 33:02	10 Colin McEvoy (43) 19:09
11 Howard Avery (44) 34:50	12 Richard Noone (45) 19:06

37 Halifax Harriers & AC

5:12:44

1 S Kerfoot-Roberts (33) 31:02	2 Ciaran Wilson-Baig (31) 17:24
3 Ian Whitehouse (38) 34:13	4 Paul Sutcliffe (35) 18:09
5 Simon Johnson (38) 33:17	6 Ben Crowther (33) 18:12
7 Ryan Barker (35) 32:56	8 Steven Sladdin (35) 19:00
9 David Hunt (37) 34:08	10 Luke Meleschko (36) 19:33
11 Mark Crabtree (38) 36:00	12 Craig Empsall (37) 18:50

46 Blackpool Wyre & Fylde AC

5:17:21

1 Harry Poole (45) 32:16	2 Luke Minns (29) 15:52
3 James Unsworth (30) 33:08	4 Chris Lloyd (34) 19:24
5 Liam Craine (34) 32:03	6 Gary Johnston (38) 20:54
7 Adam Weightman (40) 36:08	8 Matthew Broadhurst (44) 21:19
9 David Williamson (45) 34:26	10 Terence Westhead (48) 21:26
11 John Wright (46) 32:25	12 C Essex-Crosby (46) 18:00

38 Penny Lane Striders

'A' 5:12:48

1 Dale Higham (48) 32:27	2 Stephen Mannings (52) 20:09
3 Steven Renshaw (52) 34:03	4 Colin Dobbs (51) 19:22
5 Martin Swensson (43) 31:39	6 Paul Riley (42) 18:46
7 Laurence Eccles (42) 34:24	8 Mitchell Hawkins (42) 19:02
9 Neil Bullock (42) 32:56	10 Neil Kelly (41) 18:30
11 Nigel Grant (39) 32:51	12 Lyndon Easthope (38) 18:39

47 Gateshead Harriers & AC

'B' 5:19:06

1 Kevin Connolly (42) 31:46	2 Steven Medd (37) 17:43
3 Nigel Camilleri (42) 33:45	4 Martin Slater (33) 17:25
5 C Hainsworth (40) 34:26	6 Jason Stobbs (45) 22:30
7 Adam Barr (45) 34:24	8 Paul Hindhaugh (46) 19:27
9 Christopher Paton (47) 35:26	10 Raymond Robinson (47) 19:14
11 Richard Craven (47) 34:19	12 Paul Tate (47) 18:41

39 Blackburn Harriers & AC

'B' 5:13:34

1 John Sutton (54) 33:09	2 Chris Barnes (43) 17:14
3 Gary Pearse (46) 34:13	4 Jack Lonsdale (43) 18:08
5 Evan Cook (47) 36:16	6 Jonathon Bridge (44) 18:17
7 John Chaplin (43) 34:16	8 Shaun Livesey (40) 16:58
9 Mark Almond (40) 33:31	10 C Davies (38) 17:50
11 Andrew Heys (40) 34:19	12 Connor Makin (39) 19:23

48 Clayton Le Moors Harriers

5:25:03

1 Spencer Riley (28) 30:39	2 Richard Briscoe (39) 19:03
3 Jacob Boyle (39) 33:04	4 Adam Shaw (41) 19:37
5 Jonathan Pye (48) 36:46	6 Paul Wale (49) 21:03
7 John Wilcock (56) 39:40	8 Matthew Law (55) 19:59
9 Alan Passco (55) 36:47	10 Lee Smith (53) 18:09
11 Tom Brewster (49) 32:22	12 David Motley (48) 17:54

40 Wigan Phoenix

5:14:01

1 James Hilton (23) 30:12	2 Mark Melbourne (32) 18:29
3 Marc Laithwaite (43) 34:41	4 Paul Marshall (42) 19:15
5 Phil Waterworth (41) 33:09	6 Lee Partington (41) 20:04
7 M Manir-Jolley (41) 33:56	8 Daniel Taylor (41) 20:04
9 Stephen Makin (39) 31:36	10 Jeff Whittington (42) 19:57
11 Andy Ward (37) 32:27	12 David Walters (40) 20:11

49 Knowsley Harriers

5:25:34

1 Marc Jacques (67) 35:43	2 Jack Atkins (56) 17:57
3 Robert Kelly (53) 33:25	4 Joseph Grundy (48) 18:32
5 Ben Lewington (49) 33:46	6 Dave Connor (46) 18:36
7 James Warburton (49) 36:24	8 William Merritt (48) 20:04
9 Mark Clair (49) 34:27	10 Greg Anthony (49) 19:21
11 Paul Goodwin (48) 37:02	12 P Cunningham (49) 20:17

41 Harrogate Harriers & AC

5:14:40

1 Chris Miller (39) 31:24	2 Ashley Brook (41) 18:56
3 John Young (41) 32:52	4 Paul Moses (40) 18:59
5 Jonathan Johnson (37) 31:51	6 Brian Miller (39) 20:07
7 Jake Turnbull (37) 32:14	8 Stephen Nesbitt (39) 21:09
9 Jamie Dillasser (41) 34:47	10 John McNerney (44) 21:43
11 C Gibbins (42) 32:34	12 Timothy Richardson (41) 18:04

50 Salford Harriers & AC

'C' 5:27:11

1 A Castile (64) 34:59	2 Phillip Quibell (59) 19:15
3 Graham Chesters (62) 36:46	4 Trevor Rayner (60) 20:10
5 Darren Moran (60) 33:25	6 Michael Wakefield (56) 20:00
7 Charles Foster (51) 33:44	8 James O'Connor (54) 21:22
9 Philip West (52) 34:07	10 David Hudson (51) 19:16
11 Jonathan Sacks (50) 34:24	12 Paul Stephens (50) 19:43

42 Sale Harriers Manchester

'B' 5:15:36

1 Steven Townley (52) 32:52	2 Robert Flannery (45) 17:47
3 Paul Barrett (50) 35:03	4 Mike Ashby (46) 18:59
5 Kevin Foster (51) 35:17	6 Christopher Heys (47) 18:56
7 Carl Barber (46) 33:10	8 Elton Davies (43) 18:09
9 Philip Scowcroft (43) 32:40	10 Michael Kilmartin (39) 17:25
11 Ian Jones (41) 36:17	12 Michael Wharton (42) 19:01

51 Liverpool Running Club

5:27:38

1 Carl Murphy (60) 34:01	2 Ian Magill (53) 19:02
3 James Toohey (48) 32:10	4 Lee Ward (49) 20:25
5 John McManniman (55) 36:21	6 David Owens (52) 20:01
7 Jess Bowie (52) 36:25	8 Jonathan Fisher (51) 19:45
9 Ian Palin (50) 33:46	10 Geoff Rudd (50) 18:54
11 Robert Burke (51) 37:43	12 Robert Givnan (51) 19:05

43 Hartlepool Burn Road Harriers

5:15:39

1 Paul Wilson (34) 31:03	2 Mark Armstrong (44) 19:24
3 John Davis (51) 35:32	4 David Lake (47) 19:03
5 Bryan Astill (50) 34:40	6 Nigel Shaw (50) 20:34
7 Paul Stephenson (47) 33:13	8 Karl Edwards (49) 22:02
9 Keith Hutchinson (48) 32:35	10 Simon Bennett (45) 17:37
11 Andrew Minister (45) 32:42	12 Michael Lamb (43) 17:14

52 Burnden Road Runners

5:29:32

1 Andy Staveley (59) 33:59	2 Lee White (55) 19:31
3 Mark Russell (47) 31:30	4 Chris Greenall (50) 20:56
5 Pete Hopley (56) 36:54	6 Andy Duffy (55) 20:40
7 Ian Pudge (55) 36:03	8 Glen Kenyon (53) 19:19
9 Steve Nolan (51) 33:12	10 Howard Sparke (56) 24:24
11 John Knowles (52) 32:51	12 Laurence Keighley (52) 20:13

Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

53 Skyrac Athletic Club

5:31:57

1 David Rose (57) 33:36	2 Robert Budding (63) 21:32
3 Nick Howard (55) 32:28	4 Guy Good (54) 19:47
5 Joe Woodley (53) 34:00	6 Neil Baxter (57) 23:27
7 Andy McCue (54) 34:14	8 Lewis Croucher (50) 17:14
9 Darren Parker (53) 39:40	10 Adam Brooks (54) 18:59
11 Mark Dey (53) 37:27	12 Warren Herridge (53) 19:33

61 Barnsley Harriers

5:57:18

1 Richard Spooner (46) 32:22	2 Scott Wilson (60) 21:59
3 Paul Johnson (54) 33:14	4 Andrew Wakefield (58) 21:18
5 Lee Smith (57) 34:14	6 Michael Stroud (59) 23:14
7 Anthony Bissell (61) 36:45	8 Mark Caudwell (62) 24:00
9 Mike Schofield (61) 37:52	10 Paul Tordoff (65) 31:06
11 Angus Thomson (62) 37:37	12 David Howes (63) 23:37

54 Trawden Athletic Club

5:34:14

1 Barry Brock (63) 34:53	2 David Lord (54) 18:26
3 Lee Ellis (60) 36:43	4 Simon Lister (62) 22:34
5 Dale Grimshaw (64) 37:23	6 Tom Cosway (64) 19:44
7 Chris Singleton (58) 31:07	8 David Smith (56) 20:49
9 Pete Baistow (58) 39:00	10 John McDonald (59) 20:35
11 Graham Rose (55) 33:26	12 Harry Kaye (54) 19:34

62 Wigan & District H & AC

'B' 6:01:20

1 Barry Abram (70) 38:12	2 Peter Mills (69) 21:52
3 Graham Millington (68) 38:34	4 Ken Thompson (68) 23:40
5 Paul Bryers (67) 40:00	6 Dean Atherton (67) 20:14
7 Gary Wane (68) 39:24	8 Neil Prescott (68) 20:45
9 Mike Worsley (67) 39:40	10 David Darbyshire (67) 21:37
11 Andy Eccles (65) 37:22	12 Steven Bayliss (65) 20:00

55 Trafford Athletic Club

'B' 5:34:23

1 Darren Russell (47) 32:24	2 Martin Cooke (40) 17:31
3 Jack Donnelly (45) 34:33	4 Paul Craddock (56) 23:45
5 Blake Ellis (54) 33:18	6 Edward Hickling (54) 21:25
7 Gareth Woodcock (53) 35:43	8 Robin Beaumont (52) 20:05
9 Vinny Booth (54) 37:34	10 Michael Hutchinson (52) 18:22
11 Dave Watson (56) 42:00	12 Richard Byers (55) 17:43

63 Penny Lane Striders

'B' 6:07:09

1 David Lyman (72) 41:26	2 Martin Hirrell (70) 20:45
3 Rob Hardwick (69) 41:00	4 Mike Roxburgh (69) 21:54
5 Andrew Cantwell (69) 40:18	6 Richard Houston (69) 22:49
7 Malcolm Balmer (69) 37:13	8 Ben Freaney (70) 23:47
9 Ian Russell (69) 38:05	10 Andrew Leslie (69) 20:47
11 Simone Capponi (67) 37:44	12 Dean Connolly (66) 21:21

56 Accrington Road Runners

5:34:32

1 Martin King (66) 35:30	2 David Sagar (66) 20:17
3 Glen Goodwin (65) 38:09	4 Paul Wilcock (63) 20:10
5 Chris Halstead (62) 33:24	6 Andrew Bush (61) 19:45
7 Simon Atkin (62) 35:55	8 Mick Bowkley (61) 23:18
9 Graham Morris (59) 34:18	10 Nadeem Hussain (57) 17:59
11 Chris Walton (54) 35:00	12 Damian Fletcher (56) 20:47

64 Rochdale Harriers & AC

'B' 6:11:32

1 David Garner (68) 36:22	2 Ian Aitchison (68) 20:51
3 Paul Leary (66) 36:50	4 Kevin McGilvray (65) 22:32
5 David Wharton (66) 40:11	6 Michael Winstanley (66) 22:54
7 Nick Walsh (67) 37:30	8 William Knox (67) 25:23
9 Mark Catherall (68) 42:11	10 Kevin Fox (68) 20:36
11 John Mayall (66) 39:04	12 Phil Roberts (67) 27:08

57 St Helens Sutton AC

5:37:12

1 Luke Towers (24) 30:19	2 Wayne Joyce (49) 21:25
3 Calum Lockett (40) 31:18	4 Gary Oldham (45) 21:27
5 John Greenall (45) 34:20	6 Alan McNally (51) 21:32
7 Andrew Wilson (50) 34:54	8 Anthony Doyle (57) 26:30
9 Barry Graney (56) 35:36	10 Ian Costello (55) 18:38
11 Ian Roberts (57) 41:19	12 Ian Hayburn (57) 19:54

65 Blackburn Harriers & AC

'C' 6:18:47

1 Richard Taylor (73) 41:56	2 John Hughes (71) 24:04
3 Paul Wilkinson (70) 40:34	4 Tony Wood (70) 23:57
5 John Cookson (70) 39:39	6 David Almond (70) 19:33
7 Daniel Maynard (70) 39:05	8 Kieran Monaghan (69) 18:40
9 Danny Teare (70) 44:04	10 David Morris (70) 27:30
11 Michael Angland (68) 41:49	12 Allan Hartley (68) 17:56

58 Holmfirth Harriers AC

'B' 5:38:51

1 Christopher Beadle (58) 33:57	2 Richard McLeod (61) 20:28
3 Edward James (61) 36:32	4 Robert Robinson (61) 21:07
5 Brandon Holroyd (63) 35:38	6 John Ewart (60) 18:56
7 R Hinchliffesmith (59) 35:20	8 Matthew Rose (59) 21:30
9 Jared Croft (57) 35:33	10 John Field (58) 21:13
11 Marwan Khoueiry (58) 38:02	12 Philip Martin (58) 20:35

Disqualified -

East Hull Harriers & AC

'B' 5:47:58

1 Paul Nippres (69) 37:01	2 Vincent McGowan (67) 20:10
3 Martin Wray (67) 38:30	4 David Playforth (67) 21:55
5 DISQUALIFIED (52) 22:41	6 Grahama Wilkinson (53) 22:17
7 Mark Starkey (57) 38:03	8 Robert Wells (58) 22:39
9 Daniel Cain (63) 42:39	10 David Anderson (60) 17:51
11 Roy Lilley (59) 41:34	12 Steven Taylor (60) 22:38

Bolton United Harriers & AC

'B' 5:48:50

1 Chris Povey (62) 34:32	2 David Hanson (58) 19:35
3 DISQUALIFIED (59) 35:41	4 Andrew Barrow (59) 20:52
5 Daryl Bentley (61) 36:02	6 Paul Rankin (63) 22:51
7 Peter Kearney (63) 36:20	8 David Huddleston (65) 28:08
9 Nick Howarth (65) 37:15	10 Paul Turner (63) 19:50
11 Ian Meeds (61) 38:18	12 Stuart Brierley (61) 19:26

Rochdale Harriers & AC

'C' 5:58:54

1 Daniel Hitchings (65) 35:05	2 Liam Moore (64) 20:18
3 Jamie Ward (64) 38:16	4 Huw Fry (66) 23:28
5 Jonathan Green (68) 47:15	6 Craig Sykes (68) 21:10
7 DISQUALIFIED (65) 22:05	8 Lewis Rostron (64) 22:34
9 Christopher Hill (64) 40:45	10 Michael Davies (66) 25:22
11 Brian Moore (64) 40:46	12 Sam Mayall (64) 21:50

Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

Incomplete Teams:

Salford Harriers & AC

'B'

1	James Kovacs	(36)	31:06	2	Bruno Lima	(30)	17:15
3	Daniel McGrath	(26)	31:13	4	Graeme Grindrod	(22)	17:09
5	Paul Birkett	(25)	32:58	6	James Wyatt	(24)	17:27
7	Robert Tudor	(23)	31:47	8	Roger Alsop	(22)	17:31
9	Steve Pennington	(24)	33:23	10	Billy McCartney	(23)	17:15

Bury Athletic Club

1	Ben Jones	(61)	34:26	2	Bryn Davies	(51)	17:55
3	Peter Bates	(58)	36:23	4	Colin Davies	(55)	19:06
5	Les Smalley	(59)	36:35	6	John Conroy	(58)	20:48
7	Mark Johnson	(60)	37:26	8	David Flood	(60)	22:37
9	Giles Bennett	(60)	37:12	10	Nigel Brady	(61)	22:51

Leeds City Athletic Club

'B'

1	Leon Foster	(27)	30:32	2	Jonathan Wills	(19)	15:52
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Morpeth Harriers & AC

'B'

1	Neil Gunstone	(49)	32:31
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Sale Harriers Manchester

'C'

1	Richard McHugh	(71)	39:14
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Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

Fastest of all long legs

1	Steven Vernon	Stockport		27:20	65	Alasdair Russell	KendalAAC	30:00
2	Tom Lancashire	Bolton	A	27:28	=	Jack Nixon	Stockport	30:00
3	Richard Weir	Derby AC		27:32	67	Shaun Brown	Tynebridge	30:05
4	James Walsh	Leeds City	A	27:34	68	Richard Smith	Holmfirth	A 30:07
5	Andrew Jones	Stockport		27:38	69	David Turnbull	Holmfirth	A 30:09
=	Joseph Bailey	Salford	A	27:38	70	Luke Adams	Gateshead	A 30:11
7	James Wilkinson	Leeds City	A	27:50	71	Stuart Doyle	Vale Royal	30:12
=	Niall Brooks	Sale Harri	A	27:50	=	Declan Conley	Border Har	30:12
9	Luke Gunn	Derby AC		27:51	=	James Hilton	Wigan Phoe	30:12
10	Lewis Timmins	Morpeth Ha	A	27:54	74	Aidan Johnson	Rotherham	30:13
11	Jack Morris	Stockport		27:59	75	Stuart Sharp	Holmfirth	A 30:14
12	James Douglas	Border Har		28:03	76	David Watson	Holmfirth	A 30:15
13	Carl Hardman	Salford	A	28:04	77	Will Beauchamp	Sheffield	30:16
14	Derek Hawkins	Leeds City	A	28:05	78	James Buis	Border Har	30:17
15	Carl Smith	Leeds City	A	28:06	79	Nathan Reed	Sunderland	30:19
16	Ben Fish	Blackburn	A	28:12	=	Luke Towers	St Helens	30:19
17	Matthew Barnes	Altrincham		28:19	81	Ben Russell	LiverpoolH	30:20
18	Jack Martin	Stockport		28:21	=	Matthew Lalor	Blackburn	A 30:20
=	Ian Hudspith	Morpeth Ha	A	28:21	=	James Bowness	Trafford A	A 30:20
20	Daniel Jenkin	DurhamCity		28:22	84	Michael Hargreaves	East Hull	A 30:22
21	Gavin Hill	Sale Harri	A	28:23	85	Zak Mellard	Hallamshir	30:26
22	Gareth Raven	Sale Harri	A	28:25	=	Craig Isherwood	Sunderland	30:26
23	Peter Newton	Morpeth Ha	A	28:29	=	Robert Little	Hallamshir	30:26
24	Joshua Bull	Derby AC		28:31	88	Carl Avery	Morpeth Ha	A 30:28
25	Kristopher Lecher	CityOfHull		28:33	89	Phil Winskill	KeswickAAC	30:30
26	Andy Burn	JarrowHebb		28:35	=	Conrad Franks	Gateshead	A 30:30
27	Alan Buckley	Leeds City	A	28:37	91	David Rigby	Preston Ha	30:32
=	Matthew Nicholson	Morpeth Ha	A	28:37	=	Leon Foster	Leeds City	B 30:32
29	C Farrell	Horwich		28:50	93	Ross Landon	Border Har	30:34
30	Simon Deakin	Leeds City	A	28:54	94	Gavin Tomlinson	Trafford A	A 30:38
31	Tom Cornthwaite	Salford	A	28:57	95	M Livingstone	Preston Ha	30:39
32	Andrew Challenger	Hallamshir		28:59	=	Spencer Riley	Cleyton Le	30:39
33	Matthew Pierson	Holmfirth	A	29:02	97	Andy Kaufman	Wigan&D	A 30:40
34	John McCole	LiverpoolH		29:03	98	Stephen Chew	Blackburn	A 30:41
=	Adam Peers	LiverpoolH		29:03	=	Kyle Craib	Rotherham	30:41
36	Thomas Charles	Trafford A	A	29:08	100	Darren Newbould	Hallamshir	30:43
37	Robert Warner	Blackburn	A	29:09	=	Kevin Jeffress	Tynebridge	30:43
38	Adrian Whitwam	Morpeth Ha	A	29:10	102	Ben Beattie	Hallamshir	30:44
=	Jon Fletcher	Border Har		29:10	103	Nick Leigh	Altrincham	30:48
40	Richard Burney	LiverpoolH		29:13	104	Joseph Johnston	Rossendale	30:50
41	Karl Billington	Blackburn	A	29:14	105	Gareth Sampson	Rotherham	30:52
42	Chris Perry	Vale Royal		29:17	106	Derek Simpson	Rochdale H	A 30:53
43	Jamie Roden	Sale Harri	A	29:18	107	Stuart Robinson	Salford	A 30:54
44	Ian Fisher	Otley Ac		29:24	108	Ian Wetherall	Sale Harri	A 30:57
45	Richard Powell	Trafford A	A	29:26	109	Nathan Elliott	Wakefield	30:58
46	Kevin Calvert	Sunderland		29:28	=	James Dunce	Tynebridge	30:58
47	Max McNeill	Salford	A	29:32	111	Todd Oates	Barrow & F	30:59
48	Phillip Williams	Rochdale H	A	29:33	112	Peter Bains	Trafford A	A 31:00
=	Peter Brookes	Holmfirth	A	29:33	113	John Mason	Border Har	31:01
50	Michael Sawrey	Stockport		29:37	=	Jonathan Frost	East Hull	A 31:01
51	Josh Tighe	Salford	A	29:38	115	Brendan McMillan	JarrowHebb	31:02
52	Benjamin Douglas	DurhamCity		29:41	=	Alec Gibson	East Hull	A 31:02
53	David Proctor	Rochdale H	A	29:42	=	S Kerfoot-Roberts	Halifax Ha	31:02
54	Ash Chambers	LiverpoolH		29:43	118	Paul Wilson	Hartlepool	31:03
55	Christopher Fell	Rossendale		29:44	119	S Hebblethwaite	KeswickAAC	31:04
56	Robert Webb	Rossendale		29:45	120	Thomas Kneller	Leigh Harr	31:05
57	Richard Harris	Rotherham		29:48	121	James Kovacs	Salford	B 31:06
=	James Bailey	Sale Harri	A	29:48	=	Chris Adams	Rotherham	31:06
59	Marc Elliott	Gateshead	A	29:49	123	C Merchant	Rochdale H	A 31:07
=	Danny Parkinson	KendalAAC		29:49	=	Chris Singleton	Trawden AC	31:07
61	Will Smith	Keighley&C		29:55	125	Liam Dunne	Otley Ac	31:12
62	Matthew John	Otley Ac		29:57	126	Daniel McGrath	Salford	B 31:13
63	Philip Hoole	Rotherham		29:59	127	Calum Lockett	St Helens	31:18
=	Barry Maskell	Gateshead	A	29:59	128	Terah Hooley	Derby AC	31:19
					129	George Lowry	JarrowHebb	31:24
					=	Chris Miller	Harrogate	31:24

Northern Athletics Road Relay Championships

at Heaton Park, Manchester on Saturday 15th March 2014

=	Anthony Valentine	Bolton	A	31:24	197	Keith Hutchinson	Hartlepool	32:35
=	Martin Reid	Bolton	A	31:24	198	Michael Barker	Sunderland	32:36
133	Jeff Prest	Trafford A	A	31:25	=	Ian Dixon	Sunderland	32:36
=	Phil Waite	Barrow & F		31:25	200	Jamie Flechter	Derby AC	32:37
135	James McNally	LiverpoolH		31:26	=	Christopher Tully	Preston Ha	32:37
=	Ian Ritchie	JarrowHebb		31:26	202	Philip Scowcroft	Sale Harri	B 32:40
137	Steve Hallas	Preston Ha		31:29	=	Stephen Tilford	Wakefield	32:40
138	Mark Russell	Burnden		31:30	=	Andy Buddery	Sheffield	32:40
=	Michael Tannner	Rochdale H	A	31:30	205	Shaun O'Dwyer	Bolton	A 32:41
140	Andrew Cafferky	Bolton	A	31:31	=	Pete Baker	CityOfHull	32:41
=	Michael Flatley	Middleton		31:31	=	Tristan Peel	JarrowHebb	32:41
142	Andrew Whittingham	Altrincham		31:32	=	Tony Livesey	Preston Ha	32:41
143	David Milliken	Horwich		31:35	=	Philip Cooper	Hallamshir	32:41
144	Stephen Makin	Wigan Phoe		31:36	210	Andrew Minister	Hartlepool	32:42
145	Michael Hoyle	KendalAAC		31:37	211	Aubrey Morrell	Beverley A	32:43
146	Matthew Hayes	East Hull	A	31:38	212	Thomas Midgley	Otley Ac	32:46
147	Martin Swensson	Penny Lane	A	31:39	213	Edward Davies	Otley Ac	32:49
148	Howard Oldham	East Chesh		31:45	214	Nigel Grant	Penny Lane	A 32:51
149	Christopher Ward	Wakefield		31:46	=	Robin Outtersides	Otley Ac	32:51
=	Kevin Connolly	Gateshead	B	31:46	=	John Knowles	Burnden	32:51
151	Robert Tudor	Salford	B	31:47	217	John Young	Harrogate	32:52
152	Tony Battersby	Leigh Harr		31:49	=	Steven Townley	Sale Harri	B 32:52
=	Steven Greenwood	JarrowHebb		31:49	219	Liam Moore	Leigh Harr	32:53
154	Adrian Thomas	Keighley&C		31:50	=	Marcus Gregory	East Chesh	32:53
=	Jonathan Bruton	Horwich		31:50	=	Gary Matthews	East Chesh	32:53
156	Jonathan Johnson	Harrogate		31:51	222	Louis Goffe	Tynebridge	32:55
157	Christopher Loftus	Keighley&C		31:52	223	Ryan Barker	Halifax Ha	32:56
=	Frazer Jardine	Bolton	A	31:52	=	Neil Bullock	Penny Lane	A 32:56
159	Steven Potts	Sunderland		31:54	225	Paul Birkett	Salford	B 32:58
160	George Thompson	Vale Royal		31:55	226	Mark Glynn	Wigan&D	A 33:01
161	Philip Robertson	Wirral Ac		31:57	227	Declan O'Neil	Wigan&D	A 33:02
162	Mike Mclver	Barrow & F		31:58	228	Jacob Boyle	Clayton Le	33:04
163	David Jackson	Horwich		32:00	229	Christopher Adams	CityOfHull	33:05
164	Joe Fowler	Sheffield		32:01	=	Jim Crisp	CityOfHull	33:05
165	Liam Craine	Blackpool		32:03	231	Pat Miller	Barrow & F	33:06
166	James Toohey	L'poolRC		32:10	232	Sam Wadsworth	Keighley&C	33:08
=	Andy Buttery	Blackburn	A	32:10	=	James Unsworth	Blackpool	33:08
168	Darryl Davison	Tynebridge		32:13	234	John Sutton	Blackburn	B 33:09
=	Ashley Holt	Rossendale		32:13	=	Phil Waterworth	Wigan Phoe	33:09
170	Mark Hulmston	Wirral Ac		32:14	236	Stephen Potter	KendalAAC	33:10
=	Jake Turnbull	Harrogate		32:14	=	Carl Barber	Sale Harri	B 33:10
172	Liam Thompson	Leigh Harr		32:15	238	Steve Nolan	Burnden	33:12
=	Matthew Jackson	Rochdale H	A	32:15	=	J Sweetnam-Powell	Sheffield	33:12
174	Harry Poole	Blackpool		32:16	240	Paul Stephenson	Hartlepool	33:13
=	Phillip Langan	Wirral Ac		32:16	=	Stephen Coates	East Hull	A 33:13
176	Thomas McKee	CityOfHull		32:18	242	Paul Johnson	Barnsley H	33:14
177	Richard Wilson	Derby AC		32:19	243	Ian Davies	KeswickAAC	33:15
=	Nigel Sisson	East Hull	A	32:19	=	Matthew Kelly	Altrincham	33:15
179	James Pearson	CityOfHull		32:20	245	Simon Johnson	Halifax Ha	33:17
=	James Porteous	Gateshead	A	32:20	246	Blake Ellis	Trafford A	B 33:18
181	Phillip Williams	Leigh Harr		32:21	=	Kevin Bartholomew	Sheffield	33:18
182	Richard Spooner	Barnsley H		32:22	248	Iain Hazell	Rossendale	33:21
=	Andrew Cartwright	Wakefield		32:22	249	Marc Brown	KeswickAAC	33:22
=	Tom Brewster	Clayton Le		32:22	=	Benjamin Harrison	KendalAAC	33:22
185	Darren Russell	Trafford A	B	32:24	251	Steve Pennington	Salford	B 33:23
186	John Wright	Blackpool		32:25	252	Chris Halstead	Accrington	33:24
187	Dale Higham	Penny Lane	A	32:27	253	Darren Moran	Salford	C 33:25
=	Andy Ward	Wigan Phoe		32:27	=	Robert Kelly	Knowsley H	33:25
=	Rob Jackson	Horwich		32:27	255	Christopher Walker	DurhamCity	33:26
190	Nick Howard	SkyracAth		32:28	=	Graham Rose	Trawden AC	33:26
191	Michael Berks	Altrincham		32:29	257	Dave Shaw	Keighley&C	33:27
192	Anthony Bagley	Tynebridge		32:30	258	Mark Almond	Blackburn	B 33:31
193	Neil Gunstone	Morpeth Ha	B	32:31	259	Matthew Wilson	KendalAAC	33:35
194	Kelvin Dickinson	Wirral Ac		32:33	260	David Rose	SkyracAth	33:36
195	Ryan Butler	Leigh Harr		32:34	261	James Jordan	Barrow & F	33:37
=	C Gibbins	Harrogate		32:34	262	Peter George	KeswickAAC	33:41

Northern Athletics Road Relay Championships

at Heaton Park, Manchester on Saturday 15th March 2014

263	Charles Foster	Salford	C	33:44	329	John Davis	Hartlepool	35:32
264	Nigel Camilleri	Gateshead	B	33:45	330	Jared Croft	Holmfirth	B 35:33
265	Ian Palin	L'poolRC		33:46	331	Barry Graney	St Helens	35:36
	= Ben Lewington	Knowsley H		33:46	332	Brandon Holroyd	Holmfirth	B 35:38
267	Robin Linten	DurhamCity		33:51	333	Gareth Woodcock	Trafford A	B 35:43
	= Luke Davison	Beverley A		33:51		= Marc Jacques	Knowsley H	35:43
269	D Chesser	Gateshead	A	33:52	335	Simon Atkin	Accrington	35:55
270	Michael Green	Horwich		33:54	336	Hugh Allen	Wakefield	35:57
271	Mark Rogers	Wigan&D	A	33:55	337	Stephen Peacock	Beverley A	35:58
272	M Manir-Jolley	Wigan Phoe		33:56	338	Mark Crabtree	Halifax Ha	36:00
273	Christopher Beadle	Holmfirth	B	33:57	339	Daryl Bentley	Bolton	B 36:02
274	Stuart Little	Sheffield		33:59	340	Ian Pudge	Burnden	36:03
	= Andy Staveley	Burnden		33:59	341	Adam Weightman	Blackpool	36:08
276	Joe Woodley	SkyracAth		34:00	342	Evan Cook	Blackburn	B 36:16
	= Richard Davies	Wirral Ac		34:00	343	Chris Burgess	Wigan&D	A 36:17
	= Joseph Hudak	East Chesh		34:00		= Ian Jones	Sale Harri	B 36:17
279	Carl Murphy	L'poolRC		34:01	345	Peter Kearney	Bolton	B 36:20
280	Steven Renshaw	Penny Lane	A	34:03	346	John McManniman	L'poolRC	36:21
281	Philip West	Salford	C	34:07	347	David Garner	Rochdale H	B 36:22
282	David Hunt	Halifax Ha		34:08	348	Peter Bates	Bury AC	36:23
283	Michael Harrington	Vale Royal		34:10	349	James Warburton	Knowsley H	36:24
284	Ian Whitehouse	Halifax Ha		34:13	350	Jess Bowie	L'poolRC	36:25
	= Gary Pearse	Blackburn	B	34:13	351	Edward James	Holmfirth	B 36:32
286	Lee Smith	Barnsley H		34:14	352	Les Smalley	Bury AC	36:35
	= Andy McCue	SkyracAth		34:14	353	David Parkington	Preston Ha	36:37
288	Daniel Whittle	DurhamCity		34:15	354	Lee Ellis	Trawden AC	36:43
289	John Chaplin	Blackburn	B	34:16	355	Anthony Bissell	Barnsley H	36:45
290	Graham Morris	Accrington		34:18	356	Graham Chesters	Salford	C 36:46
	= Sean Molloy	Rossendale		34:18		= Jonathan Pye	Clayton Le	36:46
292	Richard Craven	Gateshead	B	34:19	358	Alan Passco	Clayton Le	36:47
	= Andrew Heys	Blackburn	B	34:19	359	Paul Leary	Rochdale H	B 36:50
294	Christopher Edis	KeswickAAC		34:20	360	David Hall	Middleton	36:53
	= Ray Jones	Barrow & F		34:20	361	Pete Hopley	Burnden	36:54
	= Graham Ratcliffe	Wirral Ac		34:20	362	Paul Nippres	East Hull	B 37:01
	= John Greenall	St Helens		34:20	363	Paul Goodwin	Knowsley H	37:02
298	Jonathan Sacks	Salford	C	34:24	364	Giles Bennett	Bury AC	37:12
	= Adam Barr	Gateshead	B	34:24	365	Malcolm Balmer	Penny Lane	B 37:13
	= Laurence Eccles	Penny Lane	A	34:24	366	Nick Howarth	Bolton	B 37:15
301	David Williamson	Blackpool		34:26	367	Andy Eccles	Wigan&D	B 37:22
	= C Hainsworth	Gateshead	B	34:26	368	Dale Grimshaw	Trawden AC	37:23
	= Ben Jones	Bury AC		34:26	369	Philip Reese	Beverley A	37:24
304	Mark Clair	Knowsley H		34:27	370	Mark Johnson	Bury AC	37:26
	= Steven Renny	Altrincham		34:27	371	Mark Dey	SkyracAth	37:27
306	Chris Povey	Bolton	B	34:32	372	Nick Walsh	Rochdale H	B 37:30
307	Jack Donnelly	Trafford A	B	34:33	373	Vinny Booth	Trafford A	B 37:34
308	John Sloan	East Chesh		34:35	374	Angus Thomson	Barnsley H	37:37
309	Bryan Astill	Hartlepool		34:40	375	Chris Humble	Middleton	37:38
310	Marc Laithwaite	Wigan Phoe		34:41	376	Gary Weedall	Vale Royal	37:39
311	Phil Jacques	East Chesh		34:45	377	Robert Burke	L'poolRC	37:43
312	Jamie Dillasser	Harrogate		34:47	378	Simone Capponi	Penny Lane	B 37:44
313	Howard Avery	Wigan&D	A	34:50	379	Paul Whiteman	Middleton	37:50
	= Robert Brown	Keighley&C		34:50	380	Mike Schofield	Barnsley H	37:52
315	Barry Brock	Trawden AC		34:53	381	Marwan Khoueiry	Holmfirth	B 38:02
316	Andrew Wilson	St Helens		34:54	382	Mark Starkey	East Hull	B 38:03
317	Neil Dutton	Wakefield		34:59	383	Ian Russell	Penny Lane	B 38:05
	= A Castile	Salford	C	34:59	384	Glen Goodwin	Accrington	38:09
319	Chris Walton	Accrington		35:00	385	Barry Abram	Wigan&D	B 38:12
320	Mark Dalton	Beverley A		35:01	386	Jamie Ward	Rochdale H	C 38:16
321	Paul Barrett	Sale Harri	B	35:03	387	Ian Meeds	Bolton	B 38:18
322	Daniel Hitchings	Rochdale H	C	35:05	388	Alec Roberts	Middleton	38:21
323	Craig Sephton	Vale Royal		35:08	389	Martin Wray	East Hull	B 38:30
324	Kevin Foster	Sale Harri	B	35:17	390	Graham Millington	Wigan&D	B 38:34
325	R Hinchliffesmith	Holmfirth	B	35:20	391	Andrew Tate	Beverley A	38:50
326	Tom Cowling	DurhamCity		35:24	392	Pete Baistow	Trawden AC	39:00
327	Christopher Paton	Gateshead	B	35:26	393	John Mayall	Rochdale H	B 39:04
328	Martin King	Accrington		35:30	394	Daniel Maynard	Blackburn	C 39:05

Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

395	Richard McHugh	Sale Harri	C	39:14
396	Gary Wane	Wigan&D	B	39:24
397	John Cookson	Blackburn	C	39:39
398	Mike Worsley	Wigan&D	B	39:40
=	Darren Parker	Skyrac Ath		39:40
=	John Wilcock	Clayton Le		39:40
401	Paul Bryers	Wigan&D	B	40:00
402	Roland Robson	Middleton		40:10
403	David Wharton	Rochdale H	B	40:11
404	Andrew Cantwell	Penny Lane	B	40:18
405	Paul Wilkinson	Blackburn	C	40:34
406	Christopher Hill	Rochdale H	C	40:45
407	Brian Moore	Rochdale H	C	40:46
408	Rob Hardwick	Penny Lane	B	41:00
409	Ian Roberts	St Helens		41:19
410	David Lynan	Penny Lane	B	41:26
411	Roy Lilley	East Hull	B	41:34
412	Michael Angland	Blackburn	C	41:49
413	Richard Taylor	Blackburn	C	41:56
414	Dave Watson	Trafford A	B	42:00
415	Mark Catherall	Rochdale H	B	42:11
416	Daniel Cain	East Hull	B	42:39
417	Danny Teare	Blackburn	C	44:04
418	Jonathan Green	Rochdale H	C	47:15

Fastest of all short legs

Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

1	Nick McCormick	Morpeth Ha	A	14:16	67	Andrew Richardson	Gateshead	A	16:48
2	Andrew Heyes	Hallamshir		14:27	68	Zachary Howe	Blackburn	A	16:50
3	Ross Millington	Stockport		14:28	=	Daniel Ansell	Trafford A	A	16:50
4	Patrick Martin	Stockport		14:45	=	Pumlani Bangani	Salford	A	16:50
5	Christopher Parr	Gateshead	A	14:58	71	Harry Earl	Border Har		16:51
6	Jack Hallas	Wakefield		15:00	=	Ryan Ganose	Altrincham		16:51
7	Tomas Abyu	Salford	A	15:03	=	Paul Guinan	Blackburn	A	16:51
8	Stephen Lisgo	Leeds City	A	15:06	74	John Morley	Tynebridge		16:53
9	Nick Hooker	Leeds City	A	15:13	75	Stephen Bennett	Preston Ha		16:54
10	Chris Livesey	Preston Ha		15:14	=	Craig Boggon	Holmfirth	A	16:54
11	Simon Horsfield	Sale Harri	A	15:19	=	Peter Crawford	Sale Harri	A	16:54
12	Ben Martin	Trafford A	A	15:28	78	Danny Kevan	Horwich		16:55
13	Ross Floyd	Morpeth Ha	A	15:30	79	Tommy Henders	Leigh Harr		16:56
=	Graham Hogg	Trafford A	A	15:30	80	Thomas Blaney	Blackburn	A	16:58
15	Marc Fenwick	Tynebridge		15:31	=	Shaun Livesey	Blackburn	B	16:58
16	Ian Harding	Morpeth Ha	A	15:32	82	Adam Simms	Gateshead	A	16:59
17	Michael Vennard	Vale Royal		15:34	83	Paul Bradshaw	Blackburn	A	17:00
18	Michael Burrett	Leeds City	A	15:35	84	William Nicholson	Border Har		17:01
19	Jason Cherriman	Leeds City	A	15:37	85	Mat Nuttall	Blackburn	A	17:03
20	Tarus Elly	Salford	A	15:43	86	Jed Bartlett	Barrow & F		17:05
=	James Kevan	Horwich		15:43	87	Craig Fishwick	Hallamshir		17:06
=	Harry Harper	LiverpoolH		15:43	88	Peter Hodges	Hallamshir		17:07
23	Tom Bains	Hallamshir		15:46	89	Douglas Tickner	Tynebridge		17:08
24	Jake Littlehales	Stockport		15:49	90	Graeme Grindrod	Salford	B	17:09
25	Dominic Easter	Leeds City	A	15:50	91	A Dalton-O'Reilly	Rossendale		17:10
26	James Saxton	Wakefield		15:51	92	Sam Stead	KeswickAAC		17:12
27	Luke Minns	Blackpool		15:52	=	Josh Hebson	KeswickAAC		17:12
=	Jonathan Wills	Leeds City	B	15:52	94	Chris Barnes	Blackburn	B	17:14
29	Peter Street	Preston Ha		15:56	=	Andrew Fell	Rossendale		17:14
30	Daniel Johnson	Gateshead	A	15:57	=	Lewis Croucher	SkyracAth		17:14
31	Simon Bruton	Salford	A	15:58	=	Rick Lloyd	Stockport		17:14
32	J Scott-Buccleuch	Stockport		15:59	=	Michael Lamb	Hartlepool		17:14
33	Ryan Moore	Sale Harri	A	16:02	99	Billy McCartney	Salford	B	17:15
=	James Smith	Leeds City	A	16:02	=	Bruno Lima	Salford	B	17:15
35	Mark Keeley	LiverpoolH		16:03	=	Andy Townsend	Horwich		17:15
36	Chris Middleton	Sale Harri	A	16:04	102	Julian Rose	Holmfirth	A	17:17
37	Kevin Bell	Border Har		16:08	103	Alex Fowler	Horwich		17:22
=	Matthew Hobbs	Hallamshir		16:08	104	Steve Angus	Border Har		17:24
39	Jonny Kay	Bolton	A	16:09	=	Ciaran Wilson-Baig	Halifax Ha		17:24
40	Thomas Straughan	Morpeth Ha	A	16:10	=	Nathan Dunn	Keighley&C		17:24
41	Glyn Billington	Salford	A	16:15	107	Martin Slater	Gateshead	B	17:25
42	Mark Hood	Sunderland		16:16	=	Andrew Miles	Vale Royal		17:25
43	David Marsh	Sale Harri	A	16:17	=	Michael Kilmartin	Sale Harri	B	17:25
=	Jamie Webb	LiverpoolH		16:17	110	Ross Campbell	Barrow & F		17:26
45	Andrew Lawrence	Morpeth Ha	A	16:18	111	Jonny McLean	Holmfirth	A	17:27
46	Robert Hughes	Salford	A	16:19	=	James Wyatt	Salford	B	17:27
47	Bob Hodgson	Border Har		16:20	=	Glynne Lever	Horwich		17:27
48	Michael Wilson	Sunderland		16:23	114	Alan Johnson	Gateshead	A	17:28
49	Jamie Loxam	Stockport		16:24	=	Graham Lake	OtleyAc		17:28
50	Ben Everson	Trafford A	A	16:26	116	Jake Archer	Sunderland		17:30
51	Jackson Creegan	Gateshead	A	16:29	117	Roger Alsop	Salford	B	17:31
52	Rhian Haste	Rotherham		16:30	=	Martin Cooke	Trafford A	B	17:31
53	Sam Clegg	Rotherham		16:31	119	Christopher Graham	Tynebridge		17:33
54	David Horniman	Trafford A	A	16:33	120	Matthew Pye	CityOfHull		17:34
55	Nzimah Akpan	LiverpoolH		16:35	=	Philip Hewitt	Holmfirth	A	17:34
56	Brian Fogarty	Blackburn	A	16:36	=	Gareth Maguire	DurhamCity		17:34
57	Ian Salisbury	Trafford A	A	16:37	123	Scott Smith	Holmfirth	A	17:35
58	Philip Bolton	Rossendale		16:41	=	Alistair Robinson	Wakefield		17:35
59	Martyn Bell	Horwich		16:42	125	Chris Donnelly	Sale Harri	A	17:36
60	Dominic Chambers	Derby AC		16:45	=	David Anderson	Tynebridge		17:36
=	Ian Roberts	Rochdale H	A	16:45	127	Andrew Dougal	Tynebridge		17:37
=	Richard Anderson	Holmfirth	A	16:45	=	Chris Ireland	Sheffield		17:37
63	Grant Cunliffe	Rossendale		16:46	=	Simon Bennett	Hartlepool		17:37
=	Michael Dawson	Morpeth Ha	A	16:46	130	Andrew Lyons	CityOfHull		17:38
=	Adam Dyson	Hallamshir		16:46	131	Ollie Watson	Rotherham		17:40
66	Matt Bond	LiverpoolH		16:47	132	Jonathan Green	Preston Ha		17:41

Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

133	Simon Walker	Bolton	A	17:42	199	Joseph Grundy	Knowsley H	18:32
134	Steven Medd	Gateshead	B	17:43	200	Daniel Walsh	Rossendale	18:33
=	Richard Byers	Trafford A	B	17:43	201	Dave Connor	Knowsley H	18:36
=	John Knibb	Derby AC		17:43	202	Ian Costello	St Helens	18:38
137	Andrew Robertshaw	Otley Ac		17:44	=	Ian Douglas	Rochdale H	A 18:38
138	Chris Brewer	KeswickAAC		17:45	=	Simon Fox	Wirral Ac	18:38
139	Robert Flannery	Sale Harri	B	17:47	205	Lyndon Easthope	Penny Lane	A 18:39
=	Simon Anderson	Otley Ac		17:47	206	Kieran Monaghan	Blackburn	C 18:40
141	John Doherty	Sheffield		17:49	207	Jonathan Maxfield	Rotherham	18:41
=	Eddie Rex	East Hull	A	17:49	=	Paul Tate	Gateshead	B 18:41
143	Mark Ryan	Border Har		17:50	209	Gareth Howell	LiverpoolH	18:42
=	C Davies	Blackburn	B	17:50	=	Andrew Doyle	Bolton	A 18:42
145	David Anderson	East Hull	B	17:51	=	Kevin Buxton	Wirral Ac	18:42
=	Matthew Fearn	Sunderland		17:51	212	Jed Turner	Sheffield	18:43
147	Ian Fraser	East Chesh		17:52	213	Peter Scarrett	Wirral Ac	18:45
=	Jonathon Greenwell	Otley Ac		17:52	214	Paul Riley	Penny Lane	A 18:46
149	David Motley	Clayton Le		17:54	=	S Rudravajhala	Derby AC	18:46
150	Bryn Davies	Bury AC		17:55	216	Alan Ball	JarrowHebb	18:47
=	Steven Caldwell	Vale Royal		17:55	217	Lee Cross	East Hull	A 18:50
152	Allan Hartley	Blackburn	C	17:56	=	Craig Empsall	Halifax Ha	18:50
153	Jack Atkins	Knowsley H		17:57	219	John Indricks	Leigh Harr	18:51
=	Liam Spencer	Keighley&C		17:57	220	Lee Hemmings	Rochdale H	A 18:53
155	Adrian Fuller	Altrincham		17:59	221	Stephen Nichols	Wigan&D	A 18:54
=	Nadeem Hussain	Accrington		17:59	=	Geoff Rudd	L'poolRC	18:54
=	Andrew Hardaker	Keighley&C		17:59	223	Stephen Robinson	East Chesh	18:55
158	C Essex-Crosby	Blackpool		18:00	=	Ian Brough	Vale Royal	18:55
=	Ian Selby	Bolton	A	18:00	225	John Ewart	Holmfirth	B 18:56
160	Jaysson Sawyer	CityOfHull		18:01	=	Ashley Brook	Harrogate	18:56
=	Ian Stevens	Derby AC		18:01	=	Christopher Heys	Sale Harri	B 18:56
162	Timothy Richardson	Harrogate		18:04	228	Robbie Ingham	KendalAAC	18:57
=	Richard Smith	Otley Ac		18:04	229	Howard Darwin	Rotherham	18:59
164	Joshua Smith	Altrincham		18:05	=	Adam Brooks	SkyracAth	18:59
165	Jack Lonsdale	Blackburn	B	18:08	=	Michael Jackson	East Hull	A 18:59
=	Samuel Stell	Otley Ac		18:08	=	Paul Moses	Harrogate	18:59
167	Lee Smith	Clayton Le		18:09	=	Adam Follett	Sheffield	18:59
=	Andy Parker	Bolton	A	18:09	=	Mike Ashby	Sale Harri	B 18:59
=	Elton Davies	Sale Harri	B	18:09	=	Darren Smith	Leigh Harr	18:59
=	Paul Sutcliffe	Halifax Ha		18:09	236	Steven Sladdin	Halifax Ha	19:00
171	John Howarth	Leigh Harr		18:10	=	Ian Stainthorpe	Rochdale H	A 19:00
=	Paul Lightfoot	Preston Ha		18:10	238	David Collins	Wigan&D	A 19:01
173	Phil Marsden	Bolton	A	18:11	=	Michael Wharton	Sale Harri	B 19:01
=	Kieran Alderson	KendalAAC		18:11	240	Ian Magill	L'poolRC	19:02
175	Ben Crowther	Halifax Ha		18:12	=	Mitchell Hawkins	Penny Lane	A 19:02
176	Christopher Scott	Preston Ha		18:13	242	David Lake	Hartlepool	19:03
177	Mark Spikings	CityOfHull		18:14	=	Tom Albone	Sheffield	19:03
178	Graham Lancaster	Sunderland		18:15	=	Richard Briscoe	Clayton Le	19:03
179	Scott Bairstow	Keighley&C		18:16	245	Mark Shaw	East Chesh	19:05
180	Rob Wynne	KeswickAAC		18:17	=	Robert Givnan	L'poolRC	19:05
=	Jonathon Bridge	Blackburn	B	18:17	247	Richard Noone	Wigan&D	A 19:06
=	Ian Grewar	East Hull	A	18:17	=	Colin Davies	Bury AC	19:06
183	Adam Fozzard	Derby AC		18:21	249	Robert Whittle	DurhamCity	19:07
=	Philip McCoy	East Hull	A	18:21	250	Stuart Heaton	Altrincham	19:08
185	Michael Hutchinson	Trafford A	B	18:22	251	Colin McEvoy	Wigan&D	A 19:09
186	Andy Preston	Rossendale		18:23	=	Callum Chambers	Derby AC	19:09
187	Terry Roberts	Wirral Ac		18:24	253	Nick Wilson	Wirral Ac	19:10
188	David Lord	Trawden AC		18:26	254	Jonathan Prideaux	Wakefield	19:11
189	Mark Knowles	Keighley&C		18:27	255	Raymond Robinson	Gateshead	B 19:14
=	James Rogers	CityOfHull		18:27	256	Phillip Quibell	Salford	C 19:15
=	Nigel Brookes	Rotherham		18:27	=	Garry Dixon	Barrow & F	19:15
=	Alexander Urmston	Leigh Harr		18:27	=	Paul Marshall	Wigan Phoe	19:15
193	Liam Browne	East Chesh		18:29	259	David Hudson	Salford	C 19:16
=	Mark Melbourne	Wigan Phoe		18:29	=	Nicholas Duggan	Sheffield	19:16
195	Neil Kelly	Penny Lane	A	18:30	261	Nick Barton	Rochdale H	A 19:18
196	Thomas Honniball	CityOfHull		18:31	262	John Cook	Rochdale H	A 19:19
=	Philip Lee	KendalAAC		18:31	=	Glen Kenyon	Burnden	19:19
=	John Newton	KeswickAAC		18:31	264	William Ferguson	Wirral Ac	19:21

Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

=	Greg Anthony	Knowsley H	19:21	331	Nigel Shaw	Hartlepool	20:34
266	Henry Eaton	DurhamCity	19:22	332	John McDonald	Trawden AC	20:35
=	Christopher Snell	KendalAAC	19:22	=	Philip Martin	Holmfirth	B 20:35
=	Colin Dobbs	Penny Lane	A 19:22	334	Kevin Fox	Rochdale H	B 20:36
269	Connor Makin	Blackburn	B 19:23	335	Neil Bant	Beverley A	20:37
270	Mark Armstrong	Hartlepool	19:24	336	Andy Duffy	Burnden	20:40
=	Chris Lloyd	Blackpool	19:24	337	John Bowker	East Chesh	20:42
272	Sean Spillane	Leigh Harr	19:26	338	Martin Hirrell	Penny Lane	B 20:45
=	Stuart Brierley	Bolton	B 19:26	=	Neil Prescott	Wigan&D	B 20:45
274	Kevin Edwards	Wigan&D	A 19:27	340	Damian Fletcher	Accrington	20:47
=	Paul Hindhaugh	Gateshead	B 19:27	=	Andrew Leslie	Penny Lane	B 20:47
276	Lee White	Burnden	19:31	342	John Conroy	Bury AC	20:48
277	Warren Herridge	SkyracAth	19:33	343	David Smith	Trawden AC	20:49
=	Luke Meleschko	Halifax Ha	19:33	344	Ian Aitchison	Rochdale H	B 20:51
=	David Almond	Blackburn	C 19:33	345	Andrew Barrow	Bolton	B 20:52
280	Harry Kaye	Trawden AC	19:34	346	Stephen Roberts	KendalAAC	20:53
=	Patrick Bonner	Altrincham	19:34	347	Gary Johnston	Blackpool	20:54
282	Jake Shackelford	DurhamCity	19:35	348	Chris Greenall	Burnden	20:56
=	David Hanson	Bolton	B 19:35	349	Paul Wale	Clayton Le	21:03
284	Adam Shaw	Clayton Le	19:37	350	Robert Robinson	Holmfirth	B 21:07
285	Craig Cooper	Keighley&C	19:40	351	Stephen Nesbitt	Harrogate	21:09
286	Paul Stephens	Salford	C 19:43	=	Steve Parkinson	Beverley A	21:09
=	Scott Bamber	Vale Royal	19:43	353	Craig Sykes	Rochdale H	C 21:10
288	Tom Cosway	Trawden AC	19:44	354	Andrew Johnson	Beverley A	21:12
289	Andrew Bush	Accrington	19:45	355	John Field	Holmfirth	B 21:13
=	Shaun Fores	East Hull	A 19:45	356	Paul Taylor	Middleton	21:14
=	Jonathan Fisher	L'poolRC	19:45	357	Andrew Wakefield	Barnsley H	21:18
292	Jamie Baron	Barrow & F	19:46	358	Matthew Broadhurst	Blackpool	21:19
293	Guy Good	SkyracAth	19:47	359	Dean Connolly	Penny Lane	B 21:21
294	Stuart Edgington	KeswickAAC	19:50	360	James O'Connor	Salford	C 21:22
=	Paul Turner	Bolton	B 19:50	361	Edward Hickling	Trafford A	B 21:25
296	Mike Harris	Wigan&D	A 19:51	=	Wayne Joyce	St Helens	21:25
=	Darren Parks	JarrowHebb	19:51	363	Terence Westhead	Blackpool	21:26
298	Ian Hayburn	St Helens	19:54	=	Mike Cooper	Barrow & F	21:26
299	Paul Robinson	Wakefield	19:55	365	Gary Oldham	St Helens	21:27
=	Steve Tiltman	Sunderland	19:55	366	Matthew Rose	Holmfirth	B 21:30
301	Jeff Whittington	Wigan Phoe	19:57	367	David Henson	DurhamCity	21:32
302	Matthew Law	Clayton Le	19:59	=	Robert Budding	SkyracAth	21:32
303	Michael Wakefield	Salford	C 20:00	=	Alan McNally	St Helens	21:32
=	Steven Bayliss	Wigan&D	B 20:00	370	James Wright	KendalAAC	21:35
305	David Owens	L'poolRC	20:01	371	David Darbyshire	Wigan&D	B 21:37
306	Simon Stanway	Barrow & F	20:02	372	Brian Hurst	JarrowHebb	21:39
307	Graham Harrison	Altrincham	20:03	373	John McNerney	Harrogate	21:43
308	William Merritt	Knowsley H	20:04	374	Steve Vasiliou	Middleton	21:50
=	Lee Partington	Wigan Phoe	20:04	=	Sam Mayall	Rochdale H	C 21:50
=	Daniel Taylor	Wigan Phoe	20:04	376	Peter Mills	Wigan&D	B 21:52
311	Robin Beaumont	Trafford A	B 20:05	377	Mike Roxburgh	Penny Lane	B 21:54
312	Brian Miller	Harrogate	20:07	378	David Playforth	East Hull	B 21:55
313	Stephen Mannings	Penny Lane	A 20:09	379	Scott Wilson	Barnsley H	21:59
314	Trevor Rayner	Salford	C 20:10	380	Karl Edwards	Hartlepool	22:02
=	Paul Wilcock	Accrington	20:10	381	Craig Deacon	JarrowHebb	22:09
=	Vincent McGowan	East Hull	B 20:10	382	Graham Wilkinson	East Hull	B 22:17
317	John Moulds	Vale Royal	20:11	383	Steve Lewis	Middleton	22:20
=	David Walters	Wigan Phoe	20:11	384	Craig Sutherland	Middleton	22:30
319	Laurence Keighley	Burnden	20:13	=	Jason Stobbs	Gateshead	B 22:30
320	Dean Atherton	Wigan&D	B 20:14	386	Kevin McGilvray	Rochdale H	B 22:32
321	Matthew Ingman	Beverley A	20:16	387	Alan Garvey	Middleton	22:33
322	David King	DurhamCity	20:17	388	Lewis Rostron	Rochdale H	C 22:34
=	P Cunningham	Knowsley H	20:17	=	Simon Lister	Trawden AC	22:34
=	David Sagar	Accrington	20:17	390	David Flood	Bury AC	22:37
325	Liam Moore	Rochdale H	C 20:18	391	Paddy McShane	JarrowHebb	22:38
326	Lee Ward	L'poolRC	20:25	=	Steven Taylor	East Hull	B 22:38
=	Mark Whitehouse	Wakefield	20:25	393	Robert Wells	East Hull	B 22:39
328	Richard McLeod	Holmfirth	B 20:28	394	Richard Houston	Penny Lane	B 22:49
329	Andrew Thornton	JarrowHebb	20:29	395	Nigel Brady	Bury AC	22:51
330	Francis Day	East Chesh	20:31	=	Paul Rankin	Bolton	B 22:51

Northern Athletics Road Relay Championships at Heaton Park, Manchester on Saturday 15th March 2014

397	Michael Winstanley	Rochdale H	B	22:54
398	Michael Stroud	Barnsley H		23:14
399	Mick Bowkley	Accrington		23:18
400	Neil Baxter	SkyracAth		23:27
401	Huw Fry	Rochdale H	C	23:28
402	David Howes	Barnsley H		23:37
403	Michael Ashcroft	Beverley A		23:40
=	Ken Thompson	Wigan&D	B	23:40
405	Paul Craddock	Trafford A	B	23:45
406	Ben Freeney	Penny Lane	B	23:47
407	Colin Carter	Middleton		23:55
408	Tony Wood	Blackburn	C	23:57
409	Mark Caudwell	Barnsley H		24:00
410	John Hughes	Blackburn	C	24:04
411	Howard Sparke	Burnden		24:24
412	Andrew Grainger	Beverley A		24:55
413	Michael Davies	Rochdale H	C	25:22
414	William Knox	Rochdale H	B	25:23
415	Anthony Doyle	St Helens		26:30
416	Phil Roberts	Rochdale H	B	27:08
417	David Morris	Blackburn	C	27:30
418	David Huddleston	Bolton	B	28:08
419	Paul Tordoff	Barnsley H		31:06