

Mid Lancs Cross Country League

at Sefton Park, Liverpool on Saturday 29th November 2014

Under 11 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2163	Anna Mason	Border Harriers & Ac	7:42	31	1990	Abigail Stratton	TrawdenAC	9:17
2	1974	Olesia Winder	Glaxo Hoad Hill Harriers	7:53	32	1927	Amelie Bartholomew	Wigan & District H & Ac	9:22
3	1599	Ella Pendlebury	Horwich R M I Harriers	7:58	33	713	Rebecca Tate	Lytham St Annes Rr Club	9:23
4	845	Olivia Leigh	Chorley Ac & Tri	8:02	34	1334	Imogen Fearon	Liverpool Pembroke & Sefton H	9:25
5	1499	Olivia Logan	Southport Waterloo Ac	8:08	35	1999	Alice Singleton	Wigan & District H & Ac	9:27
6	2606	Tazmin Dentith	Liverpool Harriers & Ac	8:09	36	1723	Kate Cookson	Blackburn Harriers & Ac	9:29
7	2607	Sofia Rowley	Liverpool Harriers & Ac	8:09	37	1429	Paige Singleton	TrawdenAC	9:33
8	1658	Faye Baymen	Leigh Harriers & Ac	8:20	38	1921	Faye Hannaway	Liverpool Pembroke & Sefton H	9:33
9	2608	Lauren Duthie	Liverpool Harriers & Ac	8:23	39	2616	Caitlin Parr	Knowsley Harriers	9:35
10	1716	Eleesha Charnley	Blackburn Harriers & Ac	8:24	40	1975	Bethan Sanders	Glaxo Hoad Hill Harriers	9:39
11	1928	Maisie Burns	Wigan & District H & Ac	8:25	41	712	Georgia Norman	Lytham St Annes Rr Club	9:40
12	1922	Gabrielle Morris	Liverpool Pembroke & Sefton H	8:26	42	1786	Megan Leigh	Chorley Ac & Tri	9:44
13	2024	Freya Whittle	Horwich R M I Harriers	8:26	43	428	Holly Murray	Barrow & Furness Striders Ac	9:46
14	1934	Charlotte Corrigan	Hyndburn AC	8:28	44	1430	Ellie Singleton	TrawdenAC	9:46
15	272	Larissa Hannam	Lancaster & Morecambe Ac	8:30	45	2618	Cara Ball	Pendle AC	9:56
16	1428	Sophie Stanworth	TrawdenAC	8:39	46	772	Alice Lodge	Red Rose Road Runners	9:59
17	2610	Isobel Leadbetter	Liverpool Harriers & Ac	8:42	47	2619	Jasmine Spence	Southport Waterloo Ac	10:01
18	155	Natalia Luczak	Blackpool Wyre & Fylde Ac	8:43	48	2002	Anna Thompson	Wesham Road Runners & Ac	10:11
19	1944	Bethany Whipp	Blackpool Wyre & Fylde Ac	8:43	49	715	Charlotte Thomson	Lytham St Annes Rr Club	10:19
20	1963	Milly Davis	TrawdenAC	8:49	50	1146	Kady Thompson	Clayton Le Moors Harriers	10:23
21	156	Lucy Tickle	Blackpool Wyre & Fylde Ac	8:49	51	2620	Maisie Bowyer	Liverpool Harriers & Ac	10:42
22	1601	Lydia Johnson	Horwich R M I Harriers	8:50	52	2175	Daisy Royle	Red Rose Road Runners	10:57
23	1718	Anna Rankine	Blackburn Harriers & Ac	8:52	53	2621	Mia O'Connor	Knowsley Harriers	11:07
24	1964	Amelia Dugdale	TrawdenAC	8:52	54	1145	Millie MacCabe	Clayton Le Moors Harriers	11:26
25	279	Cleo Hanafin	Lancaster & Morecambe Ac	9:03	55	51	Grace Halliday	Preston Harriers	11:33
26	2613	Megan Hoad	Knowsley Harriers	9:06	56	2623	Neve Coakley	Southport Waterloo Ac	11:34
27	1138	Roanna Holdsworth	Clayton Le Moors Harriers	9:08	57	270	Lucy Harrison	Lancaster & Morecambe Ac	11:40
28	2614	Jenny Grant	Liverpool Harriers & Ac	9:10	58	2624	Michaela Hopkins	Southport Waterloo Ac	11:53
29	1778	Isabelle Farroh	Chorley Ac & Tri	9:12	59	2625	Amy Cubbins	Knowsley Harriers	11:59
30	1500	Grace Tobin	Southport Waterloo Ac	9:17					

Under 11 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	686	Fraser Sproul	Kendal-Helm Composite	6:59	23	1566	Rhys Davies	Southport Waterloo Ac	8:39
2	1925	Zane Seddon	Lytham St Annes Rr Club	7:10	24	2635	Etienne Jones	Preston Harriers	8:40
3	1683	Coel Mellor	Leigh Harriers & Ac	7:12	25	628	Lewis Bryers	Wigan & District H & Ac	8:43
4	1354	Jake Dickinson	Liverpool Pembroke & Sefton H	7:21	26	1564	Lewis McMahon	Southport Waterloo Ac	8:45
5	2023	Matthew Flatters	Horwich R M I Harriers	7:28	27	2636	Stephen Dumey	Liverpool Harriers & Ac	8:48
6	2628	Fraser Cooke	Southport Waterloo Ac	7:29	28	1587	Jenson Bentham	Burnley Ac	8:49
7	734	Louis Eunson	Lytham St Annes Rr Club	7:47	29	1465	Joe Sims	TrawdenAC	8:49
8	896	Jack Hughes	Chorley Ac & Tri	7:49	30	2637	Matthew Field	Pendle AC	8:52
9	1565	Sam Coupland	Southport Waterloo Ac	7:52	31	1464	W Rowlands-Whiteoak	TrawdenAC	8:53
10	1645	Toby Middleton	Horwich R M I Harriers	7:53	32	1795	Owen Kellett	Chorley Ac & Tri	9:02
11	895	Daniel Lilley	Chorley Ac & Tri	7:55	33	1463	Tommy Davis	TrawdenAC	9:03
12	2629	Paul O'Conner	Hyndburn AC	7:56	34	2639	Thomas Chadwick	Preston Harriers	9:05
13	2630	Michael Bagnall	Liverpool Harriers & Ac	7:59	35	1949	Daniel Forshaw	Lytham St Annes Rr Club	9:09
14	1461	C Rowlands-Whiteoak	TrawdenAC	8:00	36	2640	Callum Osborne	TrawdenAC	9:38
15	1973	Warren Fleming	Glaxo Hoad Hill Harriers	8:06	37	119	Thomas Haworth	Preston Harriers	9:48
16	342	Thomas Dowthwaite	Lancaster & Morecambe Ac	8:07	38	2641	Declan O'Connor	Knowsley Harriers	9:52
17	1173	Dexta Thompson	Clayton Le Moors Harriers	8:10	39	1174	Finan Holdsworth	Clayton Le Moors Harriers	10:21
18	1948	Aaron Forshaw	Lytham St Annes Rr Club	8:21	40	2642	Evan Williams	Knowsley Harriers	10:29
19	1984	Hayden Middleton	Preston Harriers	8:22	41	1951	Harley Vickers	Preston Harriers	11:01
20	2633	Jack Matthews	Knowsley Harriers	8:22	42	2644	Luke Hayes	Knowsley Harriers	11:10
21	2634	Oisín Cody	Liverpool Harriers & Ac	8:23	43	2645	Finlay McKenna	Knowsley Harriers	11:31
22	1863	Finlay Testa	Rosendale Harriers & Ac	8:27					

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 29th November 2014

Under 13 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time
1	963	Olivia Mason	Border Harriers & Ac	11:09
2	2626	Ella McNiven	Liverpool Harriers & Ac	11:20
3	2627	Katie Miller	Liverpool Harriers & Ac	11:31
4	38	Jasmine Jolly	Preston Harriers	11:33
5	2646	Niamh Donnelly	Liverpool Harriers & Ac	11:34
6	1133	Briony Holt	Clayton Le Moors Harriers	11:40
7	645	Stephanie Driscoll	Kendal-Helm Composite	11:47
8	1653	Keely Hodgkinson	Leigh Harriers & Ac	11:58
9	1714	Amy Davies	Blackburn Harriers & Ac	12:11
10	151	Danielle Whipp	Blackpool Wyre & Fylde Ac	12:21
11	1492	Jessica McDonough	Southport Waterloo Ac	12:24
12	2649	Beth Doubtfire	Liverpool Harriers & Ac	12:37
13	1824	Orla Holt	Rossendale Harriers & Ac	12:44
14	44	Annie Duffy	Preston Harriers	12:45
15	2007	Finty Royle	Red Rose Road Runners	12:48
16	1493	Jessica Dean	Southport Waterloo Ac	12:48
17	1712	Emily Warren	Blackburn Harriers & Ac	12:57
18	842	Caitlin McCarrick	Chorley Ac & Tri	13:00
19	1881	Nicola XMoynihan	Hyndburn AC	13:03
20	1496	Lilly-Ann Grayson	Southport Waterloo Ac	13:07
21	2651	Ellie Young	Liverpool Harriers & Ac	13:09
22	1491	Freya Walsh	Southport Waterloo Ac	13:10
23	266	Erin Moffatt	Lancaster & Morecambe Ac	13:16
24	2017	Sarah Elsdon	Wigan & District H & Ac	13:18
25	1998	Lara Wilson	Wigan & District H & Ac	13:20
26	1497	Niamh Edmunds	Southport Waterloo Ac	13:21
27	2652	Elizabeth Pederson	Liverpool Harriers & Ac	13:28
28	2653	Charlotte Graham	Liverpool Pembroke & Sefton H	13:30
29	710	Hollie Winstanley	Lytham St Annes Rr Club	13:32
30	258	Lydia Shenton	Lancaster & Morecambe Ac	13:36
31	269	Kirsty Hamilton	Lancaster & Morecambe Ac	13:45
32	153	Maisie Rogers	Blackpool Wyre & Fylde Ac	13:47
33	42	Darcey Lonsdale	Preston Harriers	13:50
34	1332	Isobel Fearon	Liverpool Pembroke & Sefton H	14:00
35	1263	Ruby Schofield	Pendle AC	14:00
36	1266	Bethany Ashworth	Pendle AC	14:00
37	1490	Molly Riding	Southport Waterloo Ac	14:03
38	1267	Ella Atkins	Pendle AC	14:06
39	1135	Liberty Thompson	Clayton Le Moors Harriers	14:14
40	2654	Liverpool_No	Unattached	14:22
41	1498	Annabel Riding	Southport Waterloo Ac	14:37
42	2186	Drew Turner	Preston Harriers	14:45
43	1986	Natasha Wood	Liverpool Harriers & Ac	14:52
44	1331	Francesca Price	Liverpool Pembroke & Sefton H	14:53
45	1495	Megan Howarth	Southport Waterloo Ac	14:57
46	1947	Isla Gordon	Lytham St Annes Rr Club	15:01
47	1652	Joanna Smith	Leigh Harriers & Ac	15:02
48	1136	Natasha Olszewska	Clayton Le Moors Harriers	15:06
49	2655	Jessica Murphy	Liverpool Harriers & Ac	15:07
50	154	Minnie Rogers	Blackpool Wyre & Fylde Ac	15:22
51	1494	Eve McMahon	Southport Waterloo Ac	15:42
52	2656	Natasha Johnson	Liverpool Pembroke & Sefton H	16:15
53	2657	Lauren Connor	Knowsley Harriers	16:23
54	255	Anna Harrison	Lancaster & Morecambe Ac	16:30
55	45	A Butler-Chattell	Preston Harriers	16:35
56	2659	Holly Gardner	Southport Waterloo Ac	17:33
57	2660	Grace Clarke	Southport Waterloo Ac	17:33
58	47	Lorna McDonald	Preston Harriers	22:34

Under 13 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Liverpool Harriers & Ac	10	—	2	Ella McNiven	3	Katie Miller	5	Niamh Donnelly
2	Southport Waterloo Ac	47	—	11	Jessica McDonough	16	Jessica Dean	20	Lilly-Ann Grayson
3	Preston Harriers	51	—	4	Jasmine Jolly	14	Annie Duffy	33	Darcey Lonsdale
4	Lancaster & Morecambe Ac	84	—	23	Erin Moffatt	30	Lydia Shenton	31	Kirsty Hamilton
5	Blackpool Wyre & Fylde Ac	91	—	10	Danielle Whipp	32	Maisie Rogers	49	Minnie Rogers
6	Clayton Le Moors Harriers	92	—	6	Briony Holt	39	Liberty Thompson	47	Natasha Olszewska
7	Liverpool Pembroke & Sefton H	105	—	28	Charlotte Graham	34	Isobel Fearon	43	Francesca Price
8	Pendle AC	109	—	35	Ruby Schofield	36	Bethany Ashworth	38	Ella Atkins

Race 4 - Under 13 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time
1	200	Benjamin Preddy	Blackpool Wyre & Fylde Ac	10:38
2	327	James Stanley	Lancaster & Morecambe Ac	11:10
3	325	Kieran Blackburn	Lancaster & Morecambe Ac	11:16
4	2189	Ben Hughes	Wigan & District H & Ac	11:23
5	339	William Pyle	Lancaster & Morecambe Ac	11:25
6	1677	Billy Blain	Leigh Harriers & Ac	11:36
7	1681	Josef Short	Leigh Harriers & Ac	11:41
8	2038	Tom Massey	Horwich R M I Harriers	11:43
9	201	James Smith	Blackpool Wyre & Fylde Ac	11:57
10	1350	Joe Houghton	Liverpool Pembroke & Sefton H	12:02
11	1680	Kyle Jones	Leigh Harriers & Ac	12:05
12	332	Tyler Hannafin	Lancaster & Morecambe Ac	12:09
13	202	Jamie Jackson	Blackpool Wyre & Fylde Ac	12:16
14	1933	Harry Smith	Pendle AC	12:27
15	2669	Harry Sweeney	Liverpool Harriers & Ac	12:28
16	2670	Mitch Liddle	Team North Cumbria	12:31
17	1352	Alex Lang	Liverpool Pembroke & Sefton H	12:34
18	473	Harvey Cooper	Barrow & Furness Striders Ac	12:36
19	2674	Nathan Cubbins	Horwich R M I Harriers	12:36
20	1679	Shea Mellor	Leigh Harriers & Ac	12:38
21	2672	Scott Burke	Liverpool Harriers & Ac	12:41
22	2673	Ciaran Russell	Liverpool Harriers & Ac	12:43
23	326	Matthew Bunce	Lancaster & Morecambe Ac	12:48
24	112	Liam Blackwell	Preston Harriers	12:52
25	2011	Bruno Eaves	Blackpool Wyre & Fylde Ac	12:57
26	2675	Lewis Morgan	Southport Waterloo Ac	13:00
27	1970	Jack Tickle	Blackpool Wyre & Fylde Ac	13:17
28	2049	Anthony Beresford	Blackburn Harriers & Ac	13:18
29	1351	Tom Dickinson	Liverpool Pembroke & Sefton H	13:23
30	2678	Callum Jones	Southport Waterloo Ac	13:32
31	328	James McCracken	Lancaster & Morecambe Ac	13:39
32	2679	Adam King	Liverpool Harriers & Ac	13:44
33	1561	Jamie Hopkins	Southport Waterloo Ac	13:47
34	1905	Sam XNicholson	Hyndburn AC	14:11
35	1856	Ryan Heneghan	Rossendale Harriers & Ac	14:18
36	114	Aaron Halliday	Preston Harriers	14:24
37	2687	Nathan Cubbins	Knowsley Harriers	15:03

Race 4 - Under 13 Boys — TEAM RESULTS

1	Lancaster & Morecambe Ac	10	—	2	James Stanley	3	Kieran Blackburn	5	William Pyle
2	Blackpool Wyre & Fylde Ac	23	—	1	Benjamin Preddy	9	James Smith	13	Jamie Jackson
3	Leigh Harriers & Ac	24	—	6	Billy Blain	7	Josef Short	11	Kyle Jones
4	Liverpool Pembroke & Sefton H	56	—	10	Joe Houghton	17	Alex Lang	29	Tom Dickinson
5	Liverpool Harriers & Ac	58	—	15	Harry Sweeney	21	Scott Burke	22	Ciaran Russell
6	Southport Waterloo Ac	89	—	26	Lewis Morgan	30	Callum Jones	33	Jamie Hopkins

Mid Lancs Cross Country League

at Sefton Park, Liverpool on Saturday 29th November 2014

Race 4 - Under 15 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time
1	2662	Faye Ireland	Liverpool Harriers & Ac	11:14
2	2663	Lucy Miller	Liverpool Harriers & Ac	11:25
3	2664	Jessica Cook	Liverpool Harriers & Ac	11:31
4	2665	Emily Gray	Liverpool Harriers & Ac	11:35
5	709	Ella Moulding	Lytham St Annes Rr Club	11:37
6	2666	Bethan Strange	Liverpool Harriers & Ac	11:39
7	1235	Imogen Burrow	Kendal-Helm Composite	11:42
8	1301	Esme Davies	Team North Cumbria	11:43
9	1706	Megan Clarkson	Blackburn Harriers & Ac	11:46
10	2667	Millie Raine	Liverpool Harriers & Ac	11:48
11	31	Charlotte Crook	Preston Harriers	11:48
12	249	Emma Whitaker	Lancaster & Morecambe Ac	11:49
13	644	Samantha Bland	Kendal-Helm Composite	12:01
14	1486	Emma Alderson	Southport Waterloo Ac	12:06
15	1651	Eve Williams	Leigh Harriers & Ac	12:12
16	34	Eleanor Ward	Preston Harriers	12:15
17	1819	Phoebe Small	Rossendale Harriers & Ac	12:16
18	1939	Jemma Litzke	Kendal-Helm Composite	12:18
19	37	Tegan Macuras	Preston Harriers	12:27
20	1232	Katherine Lawson	Kendal-Helm Composite	12:29
21	1130	Alice Pier	Clayton Le Moors Harriers	12:32
22	1489	Alex Bunclark	Southport Waterloo Ac	12:35
23	1815	Shauna Williamson	Rossendale Harriers & Ac	12:36
24	1710	Hannah Cookson	Blackburn Harriers & Ac	12:45
25	2016	Sophie Elsdén	Wigan & District H & Ac	12:57
26	1875	Charlie Coy	Hyndburn AC	12:58
27	2676	Flossie Dickinson	Liverpool Pembroke & Sefton H	13:11
28	643	Imogen Gorst	Kendal-Helm Composite	13:15
29	2677	Emily Lucas	Liverpool Harriers & Ac	13:16
30	33	Hannah Mulholland	Preston Harriers	13:18
31	708	Chloe Norman	Lytham St Annes Rr Club	13:23
32	1817	Sarah Goldswain	Rossendale Harriers & Ac	13:24
33	565	Rebecca Jones	Wigan & District H & Ac	13:39
34	2680	Johanna Steiner	Liverpool Harriers & Ac	13:56
35	2682	Grace Walters	Wigan & District H & Ac	14:12
36	2683	Aimee Taylor	Wigan & District H & Ac	14:21
37	1485	S Dermott-Derrane	Southport Waterloo Ac	14:26
38	2685	Daisy Smith	Liverpool Harriers & Ac	14:27
39	1325	Alice Wong	Liverpool Pembroke & Sefton H	14:29
40	2686	- Wilson Anna Lea	Liverpool Harriers & Ac	14:31
41	2688	Olivia Smith	Wigan & District H & Ac	15:08
42	2689	Jade Morgan	Liverpool Harriers & Ac	15:14
43	1816	Corrina Howorth	Rossendale Harriers & Ac	17:46

Race 4 - Under 15 Girls — TEAM RESULTS

1	Liverpool Harriers & Ac	6 — 1	Faye Ireland	2	Lucy Miller	3	Jessica Cook
2	Kendal-Helm Composite	38 — 7	Imogen Burrow	13	Samantha Bland	18	Jemma Litzke
3	Preston Harriers	46 — 11	Charlotte Crook	16	Eleanor Ward	19	Tegan Macuras
4	Rossendale Harriers & Ac	72 — 17	Phoebe Small	23	Shauna Williamson	32	Sarah Goldswain
5	Southport Waterloo Ac	73 — 14	Emma Alderson	22	Alex Bunclark	37	S Dermott-Derrane
6	Wigan & District H & Ac	93 — 25	Sophie Elsdén	33	Rebecca Jones	35	Grace Walters

Race 5 - Under 15 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time
1	2691	Alex Birkett	Kendal-Helm Composite	10:11
2	616	Tim Hartley	Wigan & District H & Ac	10:12
3	99	Nathan Dunn	Preston Harriers	10:12
4	1289	Kai Atkins	Pendle AC	10:20
5	101	Dean Tierney	Preston Harriers	10:37
6	677	Cole Blaikie	Kendal-Helm Composite	10:38
7	2692	Max Brame	Liverpool Harriers & Ac	10:38
8	195	Connor Finlayson	Blackpool Wyre & Fylde Ac	10:39
9	104	Adam Roberts	Preston Harriers	10:43
10	2693	Jacob Briscoe	Leigh Harriers & Ac	10:43
11	1003	Oliver Dutton	Border Harriers & Ac	10:46
12	105	Louis Barrow	Preston Harriers	10:51
13	2188	Niall Higham	Preston Harriers	10:51
14	1553	Patrick Farnell	Southport Waterloo Ac	10:54
15	1672	Kristian Wade	Leigh Harriers & Ac	10:55
16	1349	Ross Harrison	Liverpool Pembroke & Sefton H	10:55
17	2694	Daniel Preston	Liverpool Harriers & Ac	10:58
18	2695	Ben Livingston	Leigh Harriers & Ac	11:04
19	1158	Curtis Holt	Clayton Le Moors Harriers	11:12
20	1346	Joseph Martin	Liverpool Pembroke & Sefton H	11:12
21	102	Joseph Duffy	Preston Harriers	11:14
22	1255	Jacob Aubrey	Kendal-Helm Composite	11:15
23	2846	Thomas Knowles	Lancaster & Morecambe Ac	11:28
24	469	Jake Cooper	Barrow & Furness Striders Ac	11:30
25	2696	Andrew Grant	Liverpool Harriers & Ac	11:33
26	2166	Dexter Sparrow	Preston Harriers	11:35
27	1673	Joseph Wane	Leigh Harriers & Ac	11:36
28	1286	Harry Schofield	Pendle AC	11:56
29	2697	Owen Simpson	Liverpool Harriers & Ac	12:00
30	2698	James Mattinson	Team North Cumbria	12:05
31	1641	Robert Gibson	Horwich R M I Harriers	12:09
32	2083	Jack Altham	Rossendale Harriers & Ac	12:16
33	1757	Jack Wilkinson	Blackburn Harriers & Ac	12:20
34	1288	Timothy Barnes	Pendle AC	12:28
35	1160	Simon Wilshaw	Clayton Le Moors Harriers	13:11
36	1923	Sam Hurst	Liverpool Pembroke & Sefton H	13:44
37	2700	Daniel Cope	Knowsley Harriers	14:59

Race 5 - Under 15 Boys — TEAM RESULTS

1	Preston Harriers	17 — 3	Nathan Dunn	5	Dean Tierney	9	Adam Roberts
2	Kendal-Helm Composite	29 — 1	Alex Birkett	6	Cole Blaikie	22	Jacob Aubrey
3	Leigh Harriers & Ac	43 — 10	Jacob Briscoe	15	Kristian Wade	18	Ben Livingston
4	Liverpool Harriers & Ac	49 — 7	Max Brame	17	Daniel Preston	25	Andrew Grant
5	Pendle AC	66 — 4	Kai Atkins	28	Harry Schofield	34	Timothy Barnes
6	Liverpool Pembroke & Sefton H	72 — 16	Ross Harrison	20	Joseph Martin	36	Sam Hurst

Race 5 - Under 17 Women — FINAL RESULTS

Pos	Num	Name	Club	Time
1	239	Georgia Hannam	Lancaster & Morecambe Ac	17:17
2	2701	Dannielle Webb	Liverpool Harriers & Ac	17:29
3	2702	Hannah Delaney	Liverpool Harriers & Ac	17:42
4	139	Jessica Rogers	Blackpool Wyre & Fylde Ac	17:48
5	2181	Heidi Murray	Lancaster & Morecambe Ac	17:51
6	1323	Anna Hulme	Liverpool Pembroke & Sefton H	18:21
7	1874	Emma Guilfoyle	Hyndburn AC	18:51
8	25	Georgia Finch	Preston Harriers	18:55
9	2703	Emily Rowe	Liverpool Harriers & Ac	20:00
10	237	Charlotte Whitaker	Lancaster & Morecambe Ac	21:25
11	1322	J Gonzalez-Green	Liverpool Pembroke & Sefton H	22:29
12	1568	Hannah Morrell	Burnley Ac	22:35

Race 5 - Under 17 Women — TEAM RESULTS

1	Liverpool Harriers & Ac	14 — 2	Dannielle Webb	3	Hannah Delaney	9	Emily Rowe
2	Lancaster & Morecambe Ac	16 — 1	Georgia Hannam	5	Heidi Murray	10	Charlotte Whitaker

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 29th November 2014

Race 6 - Under 17 Men — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	93	Fabrice Kisela	Preston Harriers	18:19	16	95	Robert Bryning	Preston Harriers	19:53
2	1666	Callum McCormick	Leigh Harriers & Ac	18:28	17	2707	Christian Woods	Liverpool Harriers & Ac	19:58
3	2705	Thomas Rogerson	Liverpool Harriers & Ac	18:51	18	1848	Connor Richardson	Rosendale Harriers & Ac	20:12
4	1000	Ciaran Campbell	Border Harriers & Ac	18:51	19	1275	James Marchant	Pendle AC	20:18
5	1993	Jake Lonsdale	Preston Harriers	18:55	20	462	Ryan Everett	Barrow & Furness Striders Ac	20:20
6	1283	Matthew Barnes	Pendle AC	18:55	21	1343	Jack Crook	Liverpool Pembroke & Sefton H	20:54
7	1283	Matthew Barnes	Pendle AC	18:55	22	1552	Chris Rimmer	Southport Waterloo Ac	20:58
8	1639	Nathan Townsend	Horwich R M I Harriers	19:04	23	192	Samuel Matthews	Blackpool Wyre & Fylde Ac	21:19
9	1253	Christopher Richards	Kendal-Helm Composite	19:12	24	1277	Matthew Thompson	Pendle AC	21:27
10	1252	Matthew Senior	Kendal-Helm Composite	19:20	25	1278	Luke Thompson	Pendle AC	21:43
11	1281	Thomas Marchant	Pendle AC	19:25	26	191	Thomas Matthews	Blackpool Wyre & Fylde Ac	22:03
12	2706	Elliot Colman	Liverpool Harriers & Ac	19:27	27	1341	Joseph Chadderton	Liverpool Pembroke & Sefton H	22:10
13	98	Paul Blezard	Preston Harriers	19:35	28	2089	Callum Ross	Pendle AC	22:29
14	1282	Tiaman Crorken	Pendle AC	19:43	29	464	Jonty Dacre	Barrow & Furness Striders Ac	22:36
15	1307	Noah Hurton	Team North Cumbria	19:48	30	2708	Hugo Kearsey	Southport Waterloo Ac	27:05

Race 6 - Under 17 Men — TEAM RESULTS

1	Preston Harriers	19 — 1	Fabrice Kisela	5	Jake Lonsdale	13	Paul Blezard
2	Pendle AC	24 — 6	Matthew Barnes	7	Matthew Barnes	11	Thomas Marchant
3	Liverpool Harriers & Ac	32 — 3	Thomas Rogerson	12	Elliot Colman	17	Christian Woods

Race 6 - Ladies under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	2072	Tilly McCarthy	L20	1 Lancaster University	34:21
2	16	Laura Sullivan	L20	2 Preston Harriers	35:16
3	420	Sophie Seddon	L20	3 Barrow & Furness Striders Ac	36:56

Race 6 - Ladies under 20 — TEAM RESULTS

No complete teams

Senior Men under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	460	Ross Campbell	U20	1 Barrow & Furness Striders Ac	35:19
2	1339	Jonathan Bride	U20	2 Liverpool Pembroke & Sefton H	37:29
3	1155	George Pier	U20	3 Clayton Le Moors Harriers	37:49
4	673	Mark Sullivan	U20	4 Kendal Amateur Athletic Club	37:54
5	525	Tom Greaves	U20	5 Lancaster University	39:16
6	2067	Jack O'Kell	U20	6 Lancaster University	39:43
7	1337	Robert Parkinson	U20	7 Liverpool Pembroke & Sefton H	40:51
8	945	Curtis Jackson	U20	8 Glaxo Head Hill Harriers	46:57

Senior Men under 20 — TEAM RESULTS

No complete teams

Race 6 - Ladies over 18 — TEAM RESULTS

1 Preston Harriers	26 — 7 Catherine Slater	9 Philippa Walsh	10 Jenny Parker
2 Barrow & Furness Striders Ac	50 — 11 Hollie Orr	15 Rachel Thompson	24 Kath Crisp
3 Preston Harriers 'B'	51 — 14 Nichola Jackson	18 Laura Sullivan	19 Marion Hesketh
4 Liverpool Pembroke & Sefton H	58 — 12 Claire Constable	17 Lauren Wilson	29 Vicky Jones
5 Liverpool Harriers & Ac	89 — 21 Hannah Traynor	27 Michelle Murphy	41 Kathryn Lland
6 Wigan & District H & Ac	95 — 23 Nina Fisher	26 Jacqui Jones	46 Cat D'ascendis
7 Border Harriers & Ac	100 — 6 Rhiannon Silson	25 Fiona Smith	69 Caz Millican
8 Barrow & Furness Striders 'B'	103 — 32 Sophie Seddon	35 Sonja Foster	36 Sonja Foster
9 Southport Waterloo Ac	112 — 30 Stephanie May	38 Tracey Peters	44 Helen Lavelle
10 Blackpool Wyre & Fylde Ac	115 — 16 Bev Wright	48 Andrea Smith	51 Michelle Tickle
11 Lancaster University	117 — 13 Tilly McCarthy	31 Rebecca McLean	73 Kaylea Haynes
12 Kendal Amateur Athletic Club	128 — 1 Sarah Turnstall	60 Lucy Birney	67 Dianne Priestley
13 Clayton Le Moors Harriers	131 — 39 Vicky Heys	45 Angela Shian	47 Irene Roche
14 Barlick Fr	133 — 4 Sarah Tipler	52 Rachel Lowther	77 Emma Bailey
15 Lytham St Annes Rr Club	178 — 50 Melanie Koth	63 Felicity Wolohan	65 Fiona Geldard
16 Clayton Le Moors Harriers 'B'	182 — 57 Tanya Ashworth	61 Jean Knightley	64 Julia Rushton
17 Blackpool Wyre & Fylde Ac 'B'	189 — 53 Stasia Bligh	62 Laura Lawler	74 Chris Brooks
18 Chorley Ac & Tri	200 — 5 Lynne Clough	96 Christine Sweatman	99 Shelley Parkinson
19 Southport Waterloo Ac 'B'	222 — 55 Michelle Spencer	70 Helen Lodge	97 Jane Blacklin
20 Glaxo Hoad Hill Harriers	226 — 43 Joanne McLeod	85 Anastasia Winder	98 Joanne McGilliguddy
21 Garstang	240 — 56 Arnie McAvoy	81 Sheena Cottam	103 Mary Hewitt
22 Red Rose Road Runners	241 — 68 Paula Plowman	86 Margaret Lupton	87 Karen Clark
23 Thornton-Cleveleys RC	263 — 84 Julie Sherwood	89 Sandra Gilchrist	90 Sarah Scott
24 Lytham St Annes Rr Club 'B'	282 — 76 Julia Rolfe	93 Sylvia Gittins	113 Karen Lanigan
25 Red Rose Road Runners 'B'	319 — 101 Sally Cape	106 Helen Orson	112 Pita Oates

Race 6 - Ladies over 35 — TEAM RESULTS

1 Barrow & Furness Striders Ac	32 — 7 Kath Crisp	12 Sonja Foster	13 Sonja Foster
2 Blackpool Wyre & Fylde Ac	46 — 4 Bev Wright	20 Andrea Smith	22 Michelle Tickle
3 Preston Harriers	47 — 2 Philippa Walsh	5 Marion Hesketh	40 Vicki Sherrington
4 Clayton Le Moors Harriers	52 — 15 Vicky Heys	18 Angela Shian	19 Irene Roche
5 Southport Waterloo Ac	76 — 17 Helen Lavelle	25 Michelle Spencer	34 Helen Lodge
6 Barrow & Furness Striders 'B'	82 — 14 Jill Seddon	26 Kerry Travers	42 Catherine Grisedale
7 Lytham St Annes Rr Club	87 — 21 Melanie Koth	30 Fiona Geldard	36 Julia Rolfe
8 Clayton Le Moors Harriers 'B'	99 — 27 Jean Knightley	29 Julia Rushton	43 Helen Burnett
9 Chorley Ac & Tri	109 — 1 Lynne Clough	53 Christine Sweatman	55 Shelley Parkinson
10 Red Rose Road Runners	124 — 33 Paula Plowman	45 Margaret Lupton	46 Karen Clark
11 Thornton-Cleveleys RC	144 — 44 Julie Sherwood	48 Sarah Scott	52 Debbie Cardwell
12 Preston Harriers 'B'	169 — 51 Adela Nuttall	58 Helen Boyer	60 Judith Deakin
13 Red Rose Road Runners 'B'	186 — 57 Sally Cape	62 Helen Orson	67 Pita Oates
14 Lytham St Annes Rr Club 'B'	189 — 50 Sylvia Gittins	68 Karen Lanigan	71 Dawn Lock

Race 6 - Ladies over 45 — TEAM RESULTS

1 Blackpool Wyre & Fylde Ac	27 — 3 Bev Wright	11 Andrea Smith	13 Laura Lawler
2 Preston Harriers	35 — 2 Philippa Walsh	4 Marion Hesketh	29 Adela Nuttall
3 Clayton Le Moors Harriers	36 — 10 Irene Roche	12 Jean Knightley	14 Julia Rushton
4 Lytham St Annes Rr Club	63 — 15 Fiona Geldard	20 Julia Rolfe	28 Sylvia Gittins
5 Chorley Ac & Tri	65 — 1 Lynne Clough	31 Christine Sweatman	33 Shelley Parkinson
6 Red Rose Road Runners	67 — 18 Paula Plowman	24 Margaret Lupton	25 Karen Clark
7 Thornton-Cleveleys RC	93 — 23 Julie Sherwood	30 Debbie Cardwell	40 Janine Denney
8 Preston Harriers 'B'	115 — 36 Judith Deakin	37 Sue Wickham	42 Angela Tranter

Race 6 - Ladies over 55 — TEAM RESULTS

1 Clayton Le Moors Harriers	18 — 2 Irene Roche	3 Jean Knightley	13 Christine Leathley
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Race 6 - Ladies over 65 — TEAM RESULTS

No complete teams

Mid Lancs Cross Country League

at Sefton Park, Liverpool on Saturday 29th November 2014

Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time					
1	457	Peter Huck		Barrow & Furness Striders Ac	30:28	85	2754 Dan Hughes		Red Rose Road Runners	38:22
2	984	James Douglas		Border Harriers & Ac	31:29	86	1033 Mark Riches	V50	4 Astley & Tyldesley Road Runner	38:26
3	2215	Chris Steele		Team North Cumbria	32:04	87	2124 Tom Carson		Horwich R M I Harriers	38:39
4	185	Luke Minns		Blackpool Wyre & Fylde Ac	32:16	88	1546 Alex Waddelove		Southport Waterloo Ac	38:43
5	87	David Rigby		Preston Harriers	32:21	89	2117 Dave Wall	V50	5 Wigan Phoenix	38:45
6	2733	Robert Warner		Blackburn Harriers & Ac	32:24	90	1535 Paul Warrington		Southport Waterloo Ac	38:45
7	1522	Matt Thompson	V40	1 Southport Waterloo Ac	32:44	91	1305 Paul McNespiey	V40	22 Team North Cumbria	38:48
8	1636	Joe Mercer		Horwich R M I Harriers	32:48	92	1531 Steven Wilkinson	V40	23 Southport Waterloo Ac	38:52
9	1576	Gary Shaw	V40	2 Burnley Ac	32:58	93	2755 Tom Henders		Leigh Harriers & Ac	38:53
10	989	Harry Earl		Border Harriers & Ac	32:59	94	584 Mike Harris	V40	24 Wigan & District H & Ac	38:53
11	668	Alasdair Russell		Kendal Amateur Athletic Club	33:07	95	800 Alan Jolly	V40	25 Red Rose Road Runners	38:54
12	978	Bob Hodgson		Border Harriers & Ac	33:35	96	1511 Stephen McLean	V50	6 Southport Waterloo Ac	38:54
13	1224	James Craig		Barlick Fr	33:39	97	925 Gary Dover	V50	7 Glaxo Hoard Hill Harriers	39:05
14	1733	Mat Nuttall	V40	3 Blackburn Harriers & Ac	33:41	98	578 Mark Glynn	V40	26 Wigan & District H & Ac	39:06
15	1204	Chris Singleton		Barlick Fr	33:50	99	2194 Glynne Cevor	V40	27 Horwich R M I Harriers	39:09
16	1211	Nick Treilt		Barlick Fr	34:01	100	382 Alex Rowe	V50	8 Wesham Road Runners & Ac	39:10
17	452	Phil Waite		Barrow & Furness Striders Ac	34:04	101	2757 Aaron Houseman		Liverpool Pembroke & Sefton H	39:11
18	516	Tom Roethenbaugh		Lancaster University	34:04	102	525 Tom Greaves	U20	5 Lancaster University	39:16
19	2734	Harry Poole		Blackpool Wyre & Fylde Ac	34:04	103	84 Andy Grimshaw		Preston Harriers	39:18
20	1222	\$Marc Hartley		Barlick Fr	34:12	104	2758 Chris Prddar		Liverpool Pembroke & Sefton H	39:23
21	2735	Phil Williams		Leigh Harriers & Ac	34:12	105	1744 Andrew Heys		Blackburn Harriers & Ac	39:24
22	2086	Chris Holdsworth		Clayton Le Moors Harriers	34:21	106	1513 Neil Adshead	V50	9 Southport Waterloo Ac	39:26
23	2737	David Smith		Leigh Harriers & Ac	34:28	107	934 Andy Jackson	V40	28 Glaxo Hoard Hill Harriers	39:27
24	80	Christopher Tully		Preston Harriers	34:29	108	1392 Phillip Waterworth		Wigan Phoenix	39:34
25	1742	Christopher Davies		Blackburn Harriers & Ac	34:52	109	726 Neil Tate		Lytham St Annes Rr Club	39:37
26	1524	David Hamilton	V40	4 Southport Waterloo Ac	34:58	110	876 Ainsley Murphy	V40	29 Chorley Ac & Tri	39:38
27	1740	Shaun Livesey	V40	5 Blackburn Harriers & Ac	35:00	111	1525 Chris Dunn	V40	30 Southport Waterloo Ac	39:41
28	1627	Alastair Murray		Horwich R M I Harriers	35:03	112	877 Phil Iddon	V40	31 Chorley Ac & Tri	39:42
29	2739	Ian Roberts		Liverpool Pembroke & Sefton H	35:06	113	500 Scott Ross	V40	32 Thornton-Cleveleys RC	39:43
30	454	Jed Bartlett		Barrow & Furness Striders Ac	35:07	114	2067 Jack O'Kell	U20	6 Lancaster University	39:43
31	1209	Ian Livesey		Barlick Fr	35:10	115	2090 Alex Cran	V40	33 Clayton Le Moors Harriers	39:47
32	601	Andrew Kaufman		Wigan & District H & Ac	35:12	116	70 Neil McDonald	V40	34 Preston Harriers	39:48
33	1545	Patrick Vis		Southport Waterloo Ac	35:13	117	1518 Peter Roome	V50	10 Southport Waterloo Ac	39:50
34	2740	Sean Kirkbride		Liverpool Pembroke & Sefton H	35:17	118	2068 Danni Tarrant		Lancaster University	39:55
35	460	Ross Campbell	U20	1 Barrow & Furness Striders Ac	35:19	119	608 Dan Atkinson		Wigan & District H & Ac	39:56
36	2741	Matthew Walsh		Thornton-Cleveleys RC	35:31	120	600 Christopher Burgess		Wigan & District H & Ac	39:57
37	730	Joe Greenwood		Lytham St Annes Rr Club	35:33	121	401 Lee Barlow	V40	35 Wesham Road Runners & Ac	39:58
38	1623	Andy Lloyd	V40	6 Horwich R M I Harriers	35:35	122	2036 Anthony Durkin		Red Rose Road Runners	40:00
39	2742	Sammy Rashid		Liverpool Pembroke & Sefton H	35:36	123	1027 Shaun Moran	V50	11 Astley & Tyldesley Road Runner	40:01
40	86	Richard Smith		Preston Harriers	35:36	124	1199 Andrew Chew		Barlick Fr	40:01
41	2084	Breton Holdsworth	V40	7 Clayton Le Moors Harriers	35:40	125	2761 John Halson		Liverpool Pembroke & Sefton H	40:03
42	441	Pat Miller	V40	8 Barrow & Furness Striders Ac	35:52	126	376 John Collier	V60	1 Wesham Road Runners & Ac	40:05
43	607	Daniel Gray		Wigan & District H & Ac	36:01	127	501 Leon Flesher	V40	36 Thornton-Cleveleys RC	40:08
44	2114	Lee Smith		Clayton Le Moors Harriers	36:08	128	1335 Danny Gilbody		Liverpool Pembroke & Sefton H	40:11
45	942	Mark Saunders		Glaxo Hoard Hill Harriers	36:09	129	1745 Mark Emmett		Blackburn Harriers & Ac	40:13
46	577	Mark Rogers	V40	9 Wigan & District H & Ac	36:13	130	61 John Rainford	V50	12 Preston Harriers	40:16
47	2103	Allister Goulding	V40	10 Leigh Harriers & Ac	36:17	131	180 Ian Dawson		Blackpool Wyre & Fylde Ac	40:21
48	2743	Stuart Haw		Liverpool Pembroke & Sefton H	36:18	132	573 David Waddington	V50	13 Wigan & District H & Ac	40:22
49	597	Mohamed Irshad		Wigan & District H & Ac	36:18	133	1193 Derek Walkden	V40	37 Barlick Fr	40:31
50	2744	Billy Merritt		Knowsley Harriers	36:21	134	1613 Garry Chadderton	V50	14 Horwich R M I Harriers	40:32
51	1441	Nick Gaskell	V40	11 Trawden AC	36:24	135	515 Nicholas Barton		Lancaster University	40:40
52	2745	Aaron Jarvis		Liverpool Pembroke & Sefton H	36:34	136	75 Chris Wales	V40	38 Preston Harriers	40:41
53	1194	Lucas Payne	V40	12 Barlick Fr	36:43	137	438 Ian Sadler	V40	39 Barrow & Furness Striders Ac	40:42
54	1443	Dave Potter		Trawden AC	36:46	138	1506 Rob Johnson	V50	15 Southport Waterloo Ac	40:47
55	2746	Kyle Nicholls		Liverpool Pembroke & Sefton H	36:51	139	1520 Simon Tobin	V40	40 Southport Waterloo Ac	40:50
56	1226	Luke Maude		Barlick Fr	36:53	140	1337 Robert Parkinson	U20	7 Liverpool Pembroke & Sefton H	40:51
57	2747	Mark Wynne		Liverpool Pembroke & Sefton H	36:54	141	2154 Richard Briscoe		Clayton Le Moors Harriers	40:54
58	2148	Ryan Stevenson		Horwich R M I Harriers	36:59	142	716 Graham Webster	V60	2 Lytham St Annes Rr Club	40:56
59	184	Liam Craine		Blackpool Wyre & Fylde Ac	36:59	143	939 Cian Nutt		Glaxo Hoard Hill Harriers	41:00
60	972	Steve Angus	V40	13 Border Harriers & Ac	37:05	144	795 Stu Cann	V50	16 Red Rose Road Runners	41:03
61	1519	Rob McGrath	V50	1 Southport Waterloo Ac	37:07	145	2763 Robbie Wood		Liverpool Pembroke & Sefton H	41:17
62	2212	William Sisson		Kendal Amateur Athletic Club	37:14	146	57 Kevin Hesketh	V60	3 Preston Harriers	41:26
63	76	Steve Hallas	V40	14 Preston Harriers	37:14	147	941 Tom Southward		Glaxo Hoard Hill Harriers	41:28
64	1304	Alex Davies	V40	15 Team North Cumbria	37:17	148	1741 Allan Hartley	V40	41 Blackburn Harriers & Ac	41:29
65	982	Mark Ryan		Border Harriers & Ac	37:23	149	870 Bill Beckett	V40	42 Chorley Ac & Tri	41:30
66	2749	Dave Williamson		Blackpool Wyre & Fylde Ac	37:28	150	1530 Keith Lunt	V40	43 Southport Waterloo Ac	41:31
67	1339	Jonathan Bride	U20	2 Liverpool Pembroke & Sefton H	37:29	151	2764 Dave Wall		Wigan & District H & Ac	41:35
68	449	James Jordan		Barrow & Furness Striders Ac	37:31	152	590 Stuart Towns	V40	44 Wigan & District H & Ac	41:35
69	1386	Mo Manir-Jolley	V40	16 Wigan Phoenix	37:31	153	1622 David Jackson	V40	45 Horwich R M I Harriers	41:35
70	2751	Peter Gaskell		Liverpool Pembroke & Sefton H	37:38	154	1504 Phil Bailey	V60	4 Southport Waterloo Ac	41:47
71	1244	Craig Burrow	V40	17 Helm Hill Runners	37:40	155	790 Philip Butler	V50	17 Red Rose Road Runners	41:48
72	1043	Simon Ford	V40	18 Astley & Tyldesley Road Runner	37:41	156	1203 Lee Edwards		Barlick Fr	41:50
73	2752	Kevin Davies	V50	2 Clayton Le Moors Harriers	37:43	157	1573 John Linaker	V40	46 Burnley Ac	41:55
74	1155	George Pier	U20	3 Clayton Le Moors Harriers	37:49	158	867 Paul Wearing	V50	18 Chorley Ac & Tri	41:57
75	502	Martin Boswell	V40	19 Thornton-Cleveleys RC	37:50	159	56 Phil Walsh	V60	5 Preston Harriers	41:59
76	503	Andy Fairbairn		Thornton-Cleveleys RC	37:50	160	1446 Jamie Osborne		Trawden AC	42:00
77	673	Mark Sullivan	U20	4 Kendal Amateur Athletic Club	37:54	161	2145 Sean Clare	V40	47 Clayton Le Moors Harriers	42:03
78	2753	Tom Cowling		Horwich R M I Harriers	38:00	162	914 Pat Thomas	V60	6 Glaxo Hoard Hill Harriers	42:13
79	1051	Graham Rands		Astley & Tyldesley Road Runner	38:05	163	2074 YuChi Lai		Lancaster University	42:17
80	1575	Mark Hanson	V40	20 Burnley Ac	38:08	164	591 Paul Bryers		Wigan & District H & Ac	42:17
81	1046	Neil Hughes		Astley & Tyldesley Road Runner	38:14	165	181 Chris Lloyd		Blackpool Wyre & Fylde Ac	42:19
82	971	Daniel Ibotson	V40	21 Border Harriers & Ac	38:16	166	596 Gary Wade		Wigan & District H & Ac	42:24
83	2816	\$Neil Holding	V50	3 West Pennine Runners	38:18	167	1739 John Cookson	V40	48 Blackburn Harriers & Ac	42:25
84	1152	Carl Heliwell		Clayton Le Moors Harriers	38:21	168	54 Alan Appleby	V60	7 Preston Harriers	42:26

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

169	437	Graham Dacre	V50	19	Barrow & Furness Striders Ac	42:31	212	805	Jonathan Evans	V40	57	Red Rose Road Runners	46:04
170	929	Nigel Storey	V40	49	Glaxo Hoad Hill Harriers	42:34	213	2130	Dugald McCallum	V60	13	Clayton Le Moors Harriers	46:05
171	2153	John Wilcock	V50	20	Clayton Le Moors Harriers	42:36	214	55	Michael McLoughlin	V60	14	Preston Harriers	46:06
172	787	Philip Davidson	V50	21	Red Rose Road Runners	42:41	215	864	Stephen Baker	V50	34	Chorley Ac & Tri	46:17
173	881	Jonathan Burgess	V40	50	Chorley Ac & Tri	42:50	216	803	Andy Binstead	V40	58	Red Rose Road Runners	46:19
174	2116	Warren Crook	V50	22	Chorley Ac & Tri	42:55	217	2147	M Thistlethwaite	V60	15	Clayton Le Moors Harriers	46:19
175	598	Colin McEvoy			Wigan & District H & Ac	42:57	218	514	Nick Bell			Lancaster University	46:44
176	2193	Daniel Lawton			Lancaster University	42:58	219	945	Curtis Jackson	U20	8	Glaxo Hoad Hill Harriers	46:51
177	2767	Glen Travers			Barrow & Furness Striders Ac	43:10	220	391	Christopher Moss	V50	35	Wesham Road Runners & Ac	46:57
178	1196	David Halliday	V40	51	Barlick Fr	43:12	221	1537	David Cutts			Southport Waterloo Ac	46:58
179	791	Frank Nightingale	V50	23	Red Rose Road Runners	43:12	222	59	Michael Brown	V50	36	Preston Harriers	47:11
180	2768	Jeff Christie			Liverpool Pembroke & Sefton H	43:22	223	1040	Craig Bradbury	V40	59	Astley & Tyldesley Road Runner	47:20
181	77	Stephen Mort	V40	52	Preston Harriers	43:28	224	2085	Martin Brady	V50	37	Clayton Le Moors Harriers	47:22
182	1509	Matt Nelson	V50	24	Southport Waterloo Ac	43:31	225	2174	Stephen Robertson	V50	38	Red Rose Road Runners	47:28
183	1526	Neil Silcock	V40	53	Southport Waterloo Ac	43:31	226	496	John Hickman	V50	39	Thornton-Cleveleys RC	47:44
184	2769	Stuart Wallace			Barrow & Furness Striders Ac	43:31	227	797	John Wiseman	V50	40	Red Rose Road Runners	47:47
185	2770	Dave Banford			Wigan Phoenix	43:38	228	2123	Mike Pent	V50	41	Lancaster & Morecambe Ac	48:00
186	1605	Tony Hesketh	V60	8	Horwich R M I Harriers	43:45	229	2781	Jeff Wilson			Blackpool Wyre & Fylde Ac	48:05
187	1989	Ronald Hummelink			Lancaster & Morecambe Ac	43:48	230	494	Colin Denney	V50	42	Thornton-Cleveleys RC	48:40
188	2772	William Merritt			Knowsley Harriers	43:49	231	916	Tony Clarke	V60	16	Glaxo Hoad Hill Harriers	49:02
189	1895	David Moynihan	V40	54	Hyndburn AC	44:03	232	163	Alan Wilkinson	V60	17	Blackpool Wyre & Fylde Ac	49:08
190	859	David Kershaw	V50	25	Chorley Ac & Tri	44:12	233	2782	Derek Henry			Wigan Phoenix	49:16
191	377	Alan Glasgow	V60	9	Wesham Road Runners & Ac	44:20	234	374	Peter Bartlett	V60	18	Wesham Road Runners & Ac	49:26
192	1148	Peter Booth	V60	10	Clayton Le Moors Harriers	44:23	235	1737	Paul Wilkinson	V40	60	Blackburn Harriers & Ac	49:45
193	2135	Michael Brennand	V40	55	Preston Harriers	44:25	236	287	Richard Hannam	V40	61	Lancaster & Morecambe Ac	50:04
194	1727	Ian Clarkson	V50	26	Blackburn Harriers & Ac	44:31	237	2125	Clive James	V50	43	Southport Waterloo Ac	50:21
195	1607	Gordon Stone	V50	27	Horwich R M I Harriers	44:40	238	2006	Jon Royle	V40	62	Red Rose Road Runners	50:31
196	717	Terry Hellings	V60	11	Lytham St Annes Rr Club	44:42	239	794	Andy Speer	V50	44	Red Rose Road Runners	50:35
197	2208	Peter Browning	V50	28	Clayton Le Moors Harriers	44:43	240	2050	Richard Lawson	V70	2	Clayton Le Moors Harriers	51:49
198	2775	John Dobbie			Liverpool Pembroke & Sefton H	45:00	241	1192	James Stead	V40	63	Barlick Fr	51:56
199	1510	Gareth Williams	V50	29	Southport Waterloo Ac	44:51	242	886	Henry Minorczyk	V60	19	Chorley Ac & Tri	51:58
200	917	Adrian Newnham	V60	12	Glaxo Hoad Hill Harriers	44:56	243	1373	Roy Hart	V70	3	Wigan Phoenix	52:00
201	2776	Robbie Trechiani			Southport Waterloo Ac	45:07	244	1602	John Parker	V70	4	Horwich R M I Harriers	52:16
202	2777	Scott Priestley			Astley & Tyldesley Road Runner	45:10	245	372	Dave Waywell	V70	5	Wesham Road Runners & Ac	52:23
203	2778	Dale Grimshaw			Trawden AC	45:14	246	721	Greg Oulton	V40	64	Lytham St Annes Rr Club	52:59
204	2149	Andrew Howarth	V50	30	Clayton Le Moors Harriers	45:20	247	2788	David Marsh			Southport Waterloo Ac	53:45
205	1539	Chris Jones			Southport Waterloo Ac	45:21	248	822	Martin Simpson			Red Rose Road Runners	54:05
206	979	Graham Millican			Border Harriers & Ac	45:24	249	813	Ben Donoghue			Red Rose Road Runners	54:06
207	2009	Andrew Tranter	V40	56	Preston Harriers	45:25	250	2785	Ron Chappell	V60	20	Clayton Le Moors Harriers	54:07
208	1432	Colin Smith	V50	31	Trawden AC	45:38	251	2786	Mike Jeffreys			Red Rose Road Runners	54:47
209	784	Phil Dean	V50	32	Red Rose Road Runners	45:41	252	1502	Billy Hargreaves	V60	21	Southport Waterloo Ac	54:48
210	2206	David Scott	V70	1	Clayton Le Moors Harriers	45:55	253	158	John Winters	V70	6	Blackpool Wyre & Fylde Ac	55:12
211	1612	Doug Fleming	V50	33	Horwich R M I Harriers	46:02	254	976	Andrew Field			Border Harriers & Ac	56:15
							255	2787	Michael Hogarth			Red Rose Road Runners	58:13

U20W RACE 6 AT LIVERPOOL

1	16:37	Molly	Betmead	F	BLACKPOOL WYRE & FYLDE AC
2	16:53	Jessica	McDonald	F	PRESTON HARRIERS
3	17:02	Alisha	Johnson	F	BLACKPOOL WYRE & FYLDE AC
4	17:22	Grace	Maddox	F	PRESTON HARRIERS
5	17:24	Georgina	Leck	F	LEIGH HARRIERS
6	19:08	Danielle	Thompson	F	WIGAN HARRIERS
7	20:06	Lizzy	Longshaw	F	ROSSENDALE HARRIERS
8	20:32	Megan	Solomon	F	ROSSENDALE HARRIERS

U20M RACE 8 AT LIVERPOOL

1	23:10	Matthew	Harris	M	ROSSENDALE HARRIERS
2	23:39	Neil	Orr	M	BORDER HARRIERS
3	24:05	Joshua	Ingham	M	PENDLE AC

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Barlick Fr	181 — 13 James Craig	15 Chris Singleton	16 Nick Treitt	30 Ian Livesey	52 Lucas Payne	55 Luke Maude
2 Barrow & Furness Striders Ac	189 — 1 Peter Huck	17 Phil Waite	29 Jed Bartlett	34 Ross Campbell	41 Pat Miller	67 James Jordan
3 Border Harriers & Ac	228 — 2 James Douglas	10 Harry Earl	12 Bob Hodgson	59 Steve Angus	64 Mark Ryan	81 Daniel Bolton
4 Liverpool Pembroke & Sefton H	251 — 28 Ian Roberts	33 Sean Kirkbride	38 Sammy Rashid	47 Stuart Haw	51 Aaron Jarvis	54 Kyle Nicholls
5 Horwich R M I Harriers	291 — 8 Joel Mercer	27 Alastair Murray	37 Andy Lloyd	57 Ryan Stevenson	77 Tom Cowling	85 Tom Carson
6 Southport Waterloo Ac	298 — 7 Matt Thompson	25 David Hamilton	32 Patrick Vis	60 Rob McGrath	86 Alex Waddelove	88 Paul Warrington
7 Blackburn Harriers & Ac	300 — 6 Robert Warner	14 Matt Nuttall	24 Christopher Davies	26 Shaun Livesey	103 Andrew Hays	127 Mark Emmett
8 Clayton Le Moors Harriers	331 — 21 Chris Holdsworth	40 Breton Holdsworth	43 Lee Smith	72 Kevin Davies	73 George Pier	82 Carl Hellwell
9 Preston Harriers	344 — 5 David Rigby	23 Christopher Tully	39 Richard Smith	62 Steve Hallas	101 Andy Grimshaw	114 Neil McDonald
10 Wigan & District H & Ac	354 — 31 Andrew Kaufman	42 Daniel Gray	45 Mark Rogers	48 Mohamed Elshad	92 Mike Harris	96 Mark Glynn
11 Blackpool Wyre & Fylde Ac	438 — 4 Luke Minns	19 Harry Poole	58 Liam Craine	65 Dave Williamson	129 Ian Dawson	163 Chris Lloyd
12 Liverpool Pembroke & Sefto 'B'	515 — 56 Mark Wyrne	66 Jonathan Bride	69 Peter Gaskell	99 Aaron Houseman	102 Chris Pridlar	124 John Halson
13 Astley & Tyldesley Road Runner	634 — 71 Simon Ford	78 Graham Rands	80 Neil Hughes	84 Mark Riches	121 Shaun Moran	200 Scott Priestley
14 Lancaster University	640 — 18 Tom Rothenbaugh	100 Tom Greaves	112 Jack O'Kell	116 Danni Tarrant	133 Nicholas Barton	161 Yu Chi Lai
15 Thornton-Cleveleys RC	644 — 36 Matthew Walsh	74 Martin Boswell	75 Andy Fairbairn	111 Scott Ross	125 Leon Flesher	224 John Hickman
16 Southport Waterloo Ac 'B'	648 — 90 Steven Wilkinson	94 Stephen McLean	104 Neil Adshead	109 Chris Dunn	115 Peter Roome	136 Rob Johnson
17 Glaxo Hoad Hill Harriers	690 — 44 Mark Saunders	95 Gary Dover	105 Andy Jackson	141 Cian Nutt	145 Tom Southward	160 Pat Thomas
18 Red Rose Road Runners	761 — 83 Dan Hughes	93 Alan Jolly	120 Anthony Durkin	142 Stu Cann	153 Philip Butler	170 Philip Davidson
19 Wigan & District H & Ac 'B'	826 — 117 Dan Atkinson	118 Christopher Burgess	130 David Waddington	149 Dave Wall	150 Stuart Towns	162 Paul Byers
20 Chorley Ac & Tri	864 — 108 Ainsley Murphy	110 Phill Iddon	147 Bill Beckett	156 Paul Wearing	171 Jonathan Burgess	172 Warren Crook
21 Preston Harriers 'B'	908 — 128 John Rainford	134 Chris Wales	144 Kevin Hesketh	157 Phil Walsh	166 Alan Appleby	179 Stephen Mort
22 Wigan Phoenix	916 — 68 Mo Manir-Jolley	87 Dave Wall	106 Philip Waterworth	183 Dave Banford	231 Derek Henry	241 Roy Hart
23 Clayton Le Moors Harriers 'B'	965 — 113 Alex Cran	139 Richard Briscoe	159 Sean Clare	169 John Woodcock	190 Peter Booth	195 Peter Browning
24 Horwich R M I Harriers 'B'	966 — 97 Glynn Cevor	132 Gary Chadderton	151 David Jackson	184 Tony Hesketh	193 Gordon Stone	209 Doug Fleming
25 Wesham Road Runners & Ac	980 — 98 Alex Rowe	119 Lee Barlow	124 John Collier	189 Alan Glasgow	218 Christopher Moss	232 Peter Bartlett
26 Red Rose Road Runners 'B'	1256 — 177 Frank Nightingale	207 Phil Dean	210 Jonathan Evans	214 Andy Binstead	223 Stephen Robertson	225 John Wiseman

Senior Men (Vets) over 40 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Southport Waterloo Ac	46 — 1 Matt Thompson	4 David Hamilton	14 Rob McGrath	27 Steven Wilkinson
2 Wigan & District H & Ac	118 — 9 Mark Rogers	28 Mike Harris	32 Mark Glynn	49 David Waddington
3 Clayton Le Moors Harriers	137 — 7 Breton Holdsworth	20 Kevin Davies	41 Alex Cran	69 Sean Clare
4 Blackburn Harriers & Ac	138 — 3 Mat Nuttall	5 Shaun Livesey	59 Allan Hartley	71 John Cookson
5 Southport Waterloo Ac 'B'	146 — 30 Stephen McLean	35 Neil Adshead	38 Chris Dunn	43 Peter Roome
6 Horwich R M I Harriers	153 — 6 Andy Lloyd	33 Glynn Cevor	51 Garry Chadderton	63 David Jackson
7 Preston Harriers	157 — 15 Steve Hallas	42 Neil McDonald	48 John Rainford	52 Chris Wales
8 Astley & Tyldesley Road Runner	198 — 19 Simon Ford	24 Mark Riches	45 Shaun Moran	110 Craig Bradbury
9 Chorley Ac & Tri	203 — 37 Ainsley Murphy	39 Phil Iddon	60 Bill Beckett	67 Paul Wearing
10 Glaxo Hoad Hill Harriers	211 — 31 Gary Dover	36 Andy Jackson	70 Pat Thomas	74 Nigel Storey
11 Wesham Road Runners & Ac	211 — 34 Alex Rowe	44 Lee Barlow	46 John Collier	87 Alan Glasgow
12 Thornton-Cleveleys RC	221 — 21 Martin Boswell	40 Scott Ross	47 Leon Flesher	113 John Hickman
13 Red Rose Road Runners	227 — 29 Alan Jolly	57 Stu Cann	65 Philip Butler	76 Philip Davidson
14 Barlick Fr	267 — 12 Lucas Payne	50 Derek Walkden	79 David Halliday	126 James Stead
15 Preston Harriers 'B'	279 — 58 Kevin Hesketh	68 Phil Walsh	72 Alan Appleby	81 Stephen Mort
16 Chorley Ac & Tri 'B'	346 — 77 Jonathan Burgess	78 Warren Crook	86 David Kershaw	105 Stephen Baker
17 Clayton Le Moors Harriers 'B'	352 — 75 John Wilcock	88 Peter Booth	93 Peter Browning	96 Andrew Howarth
18 Red Rose Road Runners 'B'	387 — 80 Frank Nightingale	99 Phil Dean	102 Jonathan Evans	106 Andy Binstead
19 Horwich R M I Harriers 'B'	405 — 84 Tony Hesketh	91 Gordon Stone	101 Doug Fleming	129 John Parker

Senior Men (Vets) over 50 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Southport Waterloo Ac	14 — 1 Rob McGrath	5 Stephen McLean	8 Neil Adshead
2 Southport Waterloo Ac 'B'	43 — 9 Peter Roome	15 Rob Johnson	19 Phil Bailey
3 Wesham Road Runners & Ac	51 — 7 Alex Rowe	11 John Collier	33 Alan Glasgow
4 Preston Harriers	52 — 12 John Rainford	18 Kevin Hesketh	22 Phil Walsh
5 Clayton Le Moors Harriers	62 — 2 Kevin Davies	26 John Wilcock	34 Peter Booth
6 Red Rose Road Runners	64 — 17 Stu Cann	20 Philip Butler	27 Philip Davidson
7 Glaxo Hoad Hill Harriers	69 — 6 Gary Dover	23 Pat Thomas	40 Adrian Newnham
8 Chorley Ac & Tri	81 — 21 Paul Wearing	28 Warren Crook	32 David Kershaw
9 Horwich R M I Harriers	81 — 14 Garry Chadderton	31 Tony Hesketh	36 Gordon Stone
10 Preston Harriers 'B'	122 — 24 Alan Appleby	47 Michael McLoughlin	51 Michael Brown
11 Clayton Le Moors Harriers 'B'	123 — 38 Peter Browning	41 Andrew Howarth	44 David Scott
12 Red Rose Road Runners 'B'	125 — 29 Frank Nightingale	43 Phil Dean	53 Stephen Robertson
13 Wesham Road Runners & Ac 'B'	177 — 50 Christopher Moss	60 Peter Bartlett	67 Dave Waywell

Senior Men (Vets) over 60 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Preston Harriers	15 — 3 Kevin Hesketh	5 Phil Walsh	7 Alan Appleby
2 Wesham Road Runners & Ac	29 — 1 John Collier	9 Alan Glasgow	19 Peter Bartlett
3 Glaxo Hoad Hill Harriers	35 — 6 Pat Thomas	12 Adrian Newnham	17 Tony Clarke
4 Clayton Le Moors Harriers	37 — 10 Peter Booth	13 David Scott	14 Dugald McCallum
5 Clayton Le Moors Harriers 'B'	61 — 16 M Thistlethwaite	20 Richard Lawson	25 Ron Chappell