

Mid Lancs Cross Country League at Thorncliffe, Barrow on Saturday 15th November 2014

Under 11 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	2163	Anna Mason	Border Harriers & Ac	6:56	22	713	Rebecca Tate	Lytham St Annes Rr Club	8:03
2	1974	Olesia Winder	Glaxo Hoad Hill Harriers	7:01	23	1964	Amelia Dugdale	Trawden AC	8:05
3	272	Larissa Hannam	Lancaster & Morecambe Ac	7:11	24	712	Georgia Norman	Lytham St Annes Rr Club	8:12
4	1934	Charlotte Corrigan	Hyndburn AC	7:17	25	1430	Ellie Singleton	Trawden AC	8:16
5	2828	Emily Swarbrick	Ambleside Ac	7:22	26	1500	Grace Tobin	Southport Waterloo Ac	8:18
6	1599	Ella Pendlebury	Horwich R M I Harriers	7:24	27	1429	Paige Singleton	Trawden AC	8:20
7	1963	Milly Davis	Trawden AC	7:28	28	1975	Bethan Sanders	Glaxo Hoad Hill Harriers	8:20
8	1944	Bethany Whipp	Blackpool Wyre & Fylde Ac	7:30	29	1723	Kate Cookson	Blackburn Harriers & Ac	8:21
9	1976	Poppy Bridge	Blackpool Wyre & Fylde Ac	7:31	30	2155	Ishbelle Greenbank	Team North Cumbria	8:25
10	1716	Eleesha Charnley	Blackburn Harriers & Ac	7:33	31	714	Olivia Aberra	Lytham St Annes Rr Club	8:28
11	2024	Freya Whittle	Horwich R M I Harriers	7:34	32	1982	Olivia Holgate	Lancaster & Morecambe Ac	8:30
12	156	Lucy Tickle	Blackpool Wyre & Fylde Ac	7:38	33	772	Alice Lodge	Red Rose Road Runners	8:31
13	1922	Gabrielle Morris	Liverpool Pembroke & Sefton H	7:39	34	276	Amelie Earnshaw	Lancaster & Morecambe Ac	8:31
14	1955	Leah Hoole	Blackburn Harriers & Ac	7:43	35	429	Niamh McNally	Barrow & Furness Striders Ac	8:31
15	2160	Laura Brown	Barrow & Furness Striders Ac	7:46	36	277	Alice Hunt	Lancaster & Morecambe Ac	8:33
16	155	Natalia Luczak	Blackpool Wyre & Fylde Ac	7:47	37	1600	Olivia Baker	Horwich R M I Harriers	8:35
17	428	Holly Murray	Barrow & Furness Striders Ac	7:52	38	2175	Daisy Royle	Red Rose Road Runners	8:56
18	1601	Lydia Johnson	Horwich R M I Harriers	7:54	39	2005	Anna Proctor	Lancaster & Morecambe Ac	9:11
19	1428	Sophie Stanworth	Trawden AC	7:56	40	2172	Amelia Thompson	Glaxo Hoad Hill Harriers	9:12
20	2830	Katie Bland	Unattached	7:56	41	2008	Mary Tranter	Preston Harriers	10:15
21	279	Cleo Hanafin	Lancaster & Morecambe Ac	7:59					

Under 11 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	686	Fraser Sproul	Kendal-Helm Composite	6:10	16	1463	Tommy Davis	Trawden AC	7:41
2	1925	Zane Seddon	Lytham St Annes Rr Club	6:23	17	1465	Joe Sims	Trawden AC	7:46
3	1354	Jake Dickinson	Liverpool Pembroke & Sefton H	6:27	18	1795	Owen Kellett	Chorley Ac & Tri	7:49
4	2179	Tim Woodman	Lancaster & Morecambe Ac	6:30	19	2833	Jack Collett	Unattached	7:59
5	2161	Gregor Anderson	Preston Harriers	6:35	20	2177	Luke Simmonds	Glaxo Hoad Hill Harriers	8:03
6	117	Thomas Durney	Preston Harriers	6:42	21	1564	Lewis McMahon	Southport Waterloo Ac	8:03
7	1565	Sam Coupland	Southport Waterloo Ac	6:55	22	2164	Finley Corkill	Barrow & Furness Striders Ac	8:06
8	1461	C Rowlands-Whiteoak	Trawden AC	7:09	23	1969	George Wilby	Lancaster & Morecambe Ac	8:21
9	1566	Rhys Davies	Southport Waterloo Ac	7:20	24	2171	Archie Honeysett	Lancaster & Morecambe Ac	8:24
10	341	Jack Newton	Lancaster & Morecambe Ac	7:20	25	347	Jacob Preston	Lancaster & Morecambe Ac	8:29
11	1984	Hayden Middleton	Preston Harriers	7:23	26	2167	Zack Probert	Lancaster & Morecambe Ac	8:35
12	1957	Max Cadman	Lancaster & Morecambe Ac	7:27	27	2178	Blake Adams	Lancaster & Morecambe Ac	8:37
13	1863	Finlay Testa	Rosendale Harriers & Ac	7:28	28	1956	Will Cadman	Lancaster & Morecambe Ac	8:42
14	1973	Warren Fleming	Glaxo Hoad Hill Harriers	7:29	29	1960	Eddie Gill	Lancaster & Morecambe Ac	9:08
15	1767	Rory Teare	Blackburn Harriers & Ac	7:30					

Under 13 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1133	Briony Holt	Clayton Le Moors Harriers	11:05	16	1712	Emily Warren	Blackburn Harriers & Ac	12:36
2	38	Jasmine Jolly	Preston Harriers	11:10	17	40	Sophie Reid	Preston Harriers	12:36
3	1714	Amy Davies	Blackburn Harriers & Ac	11:18	18	2185	Kate Danby	Preston Harriers	13:02
4	151	Danielle Whipp	Blackpool Wyre & Fylde Ac	11:30	19	1497	Niamh Edmunds	Southport Waterloo Ac	13:10
5	2180	Isabella Woodman	Lancaster & Morecambe Ac	11:42	20	1267	Ella Atkins	Pendle AC	13:11
6	2007	Finty Royle	Red Rose Road Runners	11:48	21	711	Rosie Taylor	Lytham St Annes Rr Club	13:20
7	148	Jessica Jackson	Blackpool Wyre & Fylde Ac	11:48	22	256	Eleanor Graham	Lancaster & Morecambe Ac	13:54
8	266	Erin Moffatt	Lancaster & Morecambe Ac	12:10	23	1494	Eve McMahon	Southport Waterloo Ac	14:24
9	269	Kirsty Hamilton	Lancaster & Morecambe Ac	12:12	24	2186	Drew Turner	Preston Harriers	14:29
10	1942	Abbie Allan	Kendal-Helm Composite	12:18	25	2165	Mia Culshaw	Preston Harriers	14:30
11	1496	Lilly-Ann Grayson	Southport Waterloo Ac	12:21	26	1495	Megan Howarth	Southport Waterloo Ac	14:37
12	1491	Freya Walsh	Southport Waterloo Ac	12:22	27	2159	Rebecca Pearce	Barrow & Furness Striders Ac	15:43
13	2182	Sasha Oldham	Lancaster & Morecambe Ac	12:29	28	2158	Bethan Wood	Barrow & Furness Striders Ac	16:15
14	710	Hollie Winstanley	Lytham St Annes Rr Club	12:32	29	426	Millie Chadwick	Barrow & Furness Striders Ac	17:34
15	258	Lydia Shenton	Lancaster & Morecambe Ac	12:35					

Under 13 Girls — TEAM RESULTS

1	Lancaster & Morecambe Ac	22	—	5	Isabella Woodman	8	Erin Moffatt	9	Kirsty Hamilton
2	Preston Harriers	37	—	2	Jasmine Jolly	17	Sophie Reid	18	Kate Danby
3	Southport Waterloo Ac	42	—	11	Lilly-Ann Grayson	12	Freya Walsh	19	Niamh Edmunds
4	Barrow & Furness Striders Ac	84	—	27	Rebecca Pearce	28	Bethan Wood	29	Millie Chadwick

Race 4 - Under 13 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	200	Benjamin Preddy	Blackpool Wyre & Fylde Ac	12:44	12	326	Matthew Bunce	Lancaster & Morecambe Ac	14:34
2	327	James Stanley	Lancaster & Morecambe Ac	13:10	13	1351	Tom Dickinson	Liverpool Pembroke & Sefton H	14:38
3	325	Kieran Blackburn	Lancaster & Morecambe Ac	13:10	14	2011	Bruno Eaves	Blackpool Wyre & Fylde Ac	14:45
4	1952	Isaac Sharples	Preston Harriers	13:22	15	1933	Harry Smith	Pendle AC	14:46
5	1763	Jamie Teare	Blackburn Harriers & Ac	13:26	16	2169	Reece Cresswell	Barrow & Furness Striders Ac	14:52
6	201	James Smith	Blackpool Wyre & Fylde Ac	13:50	17	1165	Adam Quinn	Clayton Le Moors Harriers	15:00
7	202	Jamie Jackson	Blackpool Wyre & Fylde Ac	13:55	18	1970	Jack Tickle	Blackpool Wyre & Fylde Ac	15:01
8	2189	Ben Hughes	Wigan & District H & Ac	14:05	19	2168	Clayton Keane	Barrow & Furness Striders Ac	15:31
9	332	Tyler Hannafin	Lancaster & Morecambe Ac	14:19	20	328	James McCracken	Lancaster & Morecambe Ac	15:53
10	473	Harvey Cooper	Barrow & Furness Striders Ac	14:24	21	2049	Anthony Beresford	Blackburn Harriers & Ac	16:05
11	471	Charley Thompson	Barrow & Furness Striders Ac	14:33	22	1556	Sam Cain	Southport Waterloo Ac	16:15

Race 4 - Under 13 Boys — TEAM RESULTS

1	Blackpool Wyre & Fylde Ac	14	—	1	Benjamin Preddy	6	James Smith	7	Jamie Jackson
2	Lancaster & Morecambe Ac	14	—	2	James Stanley	3	Kieran Blackburn	9	Tyler Hannafin
3	Barrow & Furness Striders Ac	37	—	10	Harvey Cooper	11	Charley Thompson	16	Reece Cresswell

Mid Lancs Cross Country League at Thorncliffe, Barrow on Saturday 15th November 2014

Race 4 - Under 15 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	249	Emma Whitaker	Lancaster & Morecambe Ac	13:20	9	1234	Mia Senior	Kendal-Helm Composite	15:12
2	709	Ella Moulding	Lytham St Annes Rr Club	13:34	10	1939	Jemma Litzke	Kendal-Helm Composite	15:17
3	1486	Emma Alderson	Southport Waterloo Ac	14:00	11	143	Taylor Holland	Blackpool Wyre & Fylde Ac	15:33
4	34	Eleanor Ward	Preston Harriers	14:07	12	424	Georgia Cooper	Barrow & Furness Striders Ac	15:50
5	37	Tegan Macuras	Preston Harriers	14:11	13	643	Imogen Gorst	Kendal-Helm Composite	15:55
6	644	Samantha Bland	Kendal-Helm Composite	14:12	14	33	Hannah Mulholland	Preston Harriers	16:28
7	1710	Hannah Cookson	Blackburn Harriers & Ac	14:48	15	708	Chloe Norman	Lytham St Annes Rr Club	16:32
8	32	Emily Grant	Preston Harriers	14:54					

Race 4 - Under 15 Girls — TEAM RESULTS

1	Preston Harriers	17	—	4	Eleanor Ward	5	Tegan Macuras	8	Emily Grant
2	Kendal-Helm Composite	25	—	6	Samantha Bland	9	Mia Senior	10	Jemma Litzke

Race 5 - Under 15 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1289	Kai Atkins	Pendle AC	12:00	12	109	Shaun Beckett	Preston Harriers	13:17
2	99	Nathan Dunn	Preston Harriers	12:06	13	469	Jake Cooper	Barrow & Furness Striders Ac	13:18
3	677	Cole Blaikie	Kendal-Helm Composite	12:08	14	100	George Ashcroft	Preston Harriers	13:20
4	676	Alexander Burkett	Kendal-Helm Composite	12:25	15	1158	Curtis Holt	Clayton Le Moors Harriers	13:24
5	1345	Daniel Jones	Liverpool Pembroke & Sefton H	12:39	16	2837	\$Oliver Gajdowski	Ambleside Ac	13:32
6	1349	Ross Harrison	Liverpool Pembroke & Sefton H	12:56	17	312	Joseph Twigg	Lancaster & Morecambe Ac	13:35
7	197	George Robinson	Blackpool Wyre & Fylde Ac	12:58	18	1287	Gregan Baker	Pendle AC	13:44
8	2188	Niall Higham	Preston Harriers	13:06	19	321	Shea Hannam	Lancaster & Morecambe Ac	13:47
9	1924	Adam Jones	Liverpool Pembroke & Sefton H	13:10	20	1286	Harry Schofield	Pendle AC	14:01
10	1255	Jacob Aubrey	Kendal-Helm Composite	13:14	21	1901	Dylan Ross	Hyndburn AC	14:13
11	2156	Harry Greenbank	Team North Cumbria	13:15	22	2166	Dexter Sparrow	Preston Harriers	14:17
					23	323	Joe Kirkley	Lancaster & Morecambe Ac	14:26

Race 5 - Under 15 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Kendal-Helm Composite	17	—	3	Cole Blaikie	4	Alexander Burkett	10	Jacob Aubrey
2	Liverpool Pembroke & Sefton H	20	—	5	Daniel Jones	6	Ross Harrison	9	Adam Jones
3	Preston Harriers	22	—	2	Nathan Dunn	8	Niall Higham	12	Shaun Beckett
4	Pendle AC	37	—	1	Kai Atkins	17	Gregan Baker	19	Harry Schofield
5	Lancaster & Morecambe Ac	56	—	16	Joseph Twigg	18	Shea Hannam	22	Joe Kirkley

Race 5 - Under 17 Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	239	Georgia Hannam	Lancaster & Morecambe Ac	13:33
2	30	Meg Beckett	Preston Harriers	13:55
3	2181	Heidi Murray	Lancaster & Morecambe Ac	14:05
4	139	Jessica Rogers	Blackpool Wyre & Fylde Ac	14:29
5	1874	Emma Guilfoyle	Hyndburn AC	15:10
6	1873	Katie Gilroy	Hyndburn AC	16:24
7	1129	Bethany Quinn	Clayton Le Moors Harriers	17:40

Race 5 - Under 17 Women — TEAM RESULTS

No complete teams

Race 6 - Under 17 Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	1281	Thomas Marchant	Pendle AC	18:35	7	2089	Callum Ross	Pendle AC	20:56
2	1252	Matthew Senior	Kendal-Helm Composite	18:42	8	1931	Murray Murray	Barrow & Furness Striders Ac	21:02
3	1253	Christopher Richards	Kendal-Helm Composite	19:23	9	464	Jonty Dacre	Barrow & Furness Striders Ac	21:22
4	1897	William Moynihan	Hyndburn AC	19:35	10	2030	Ethan Hodgkinson	Red Rose Road Runners	22:39
5	462	Ryan Everett	Barrow & Furness Striders Ac	20:02	11	187	Coner Millward	Blackpool Wyre & Fylde Ac	29:44
6	2203	Fraser Symon	Barrow & Furness Striders Ac	20:42					

Race 6 - Under 17 Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Barrow & Furness Striders Ac	19	—	5	Ryan Everett	6	Fraser Symon	8	Murray Murray
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Race 6 - Ladies under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	134	Alisha Johnson	L20	1 Blackpool Wyre & Fylde Ac	20:39
2	706	Layla Foley	L20	2 Lytham St Annes Rr Club	22:00
3	2832	\$Christie Cook	L20	3 Bury Athletic Club	22:45
4	23	Victoria Cowling	L20	4 Preston Harriers	23:54
5	420	Sophie Seddon	L20	5 Barrow & Furness Striders Ac	23:55
6	555	Danielle Thompson	L20	6 Wigan & District H & Ac	24:50

Race 6 - Ladies under 20 — TEAM RESULTS

No complete teams

Mid Lancs Cross Country League

at Thorncliffe, Barrow on Saturday 15th November 2014

Race 6 - Ladies over 18

Pos	Num	Name	Cat/Pos	Club	Time
1	2033	Caroline Baxter	L	Lancaster & Morecambe Ac	20:07
2	955	Clare McKeown	L35	1 Border Harriers & Ac	20:19
3	1188	Sarah Tipler	L	3 Barlick Fr	20:22
4	1420	Christina Singleton	L	4 Trawden AC	20:25
5	134	Alisha Johnson	L20	1 Blackpool Wyre & Fylde Ac	20:39
6	126	Caroline Betmead	L35	2 Blackpool Wyre & Fylde Ac	20:43
7	416	Hollie Orr	L	7 Barrow & Furness Striders Ac	20:55
8	13	Jenny Parker	L	8 Preston Harriers	21:02
9	699	Joanna Goorney	L45	1 Lytham St Annes Rr Club	21:02
10	358	Catherine Carrdus	L35	3 Wesham Road Runners & Ac	21:10
11	418	Christina Wiejak	L	11 Barrow & Furness Striders Ac	21:18
12	2184	Catherine Slater	L	12 Preston Harriers	21:25
13	2199	Maria Snell	L	13 Lancaster & Morecambe Ac	21:32
14	641	Mairead Roche	L	14 Kendal Amateur Athletic Club	21:36
15	417	Rachel Thompson	L	15 Barrow & Furness Striders Ac	21:39
16	230	Lauren Gora	L	16 Lancaster & Morecambe Ac	21:40
17	534	Jayne Taylor	L45	2 Wigan & District H & Ac	21:41
18	415	Katie Savage	L	18 Barrow & Furness Striders Ac	21:47
19	1311	Claire Constable	L35	4 Liverpool Pembroke & Sefton H	21:54
20	706	Layla Foley	L20	2 Lytham St Annes Rr Club	22:00
21	4	Philippa Walsh	L45	3 Preston Harriers	22:09
22	231	Deborah Oakley	L	22 Lancaster & Morecambe Ac	22:43
23	2832	Christie Cook	L20	3 Bury Athletic Club	22:45
24	544	Nina Fisher	L	24 Wigan & District H & Ac	22:54
25	2192	Rebecca McLean	L	25 Lancaster University	22:55
26	369	Emma Pass	L	26 Wesham Road Runners & Ac	23:00
27	409	Kath Crisp	L45	4 Barrow & Furness Striders Ac	23:21
28	2	Marion Hesketh	L55	1 Preston Harriers	23:25
29	2106	Ambi Tipping	L	29 Preston Harriers	23:27
30	953	Fiona Smith	L45	5 Border Harriers & Ac	23:31
31	537	Jacqui Jones	L45	6 Wigan & District H & Ac	23:39
32	2205	Suzanne Bailey	L	32 Preston Harriers	23:48
33	23	Victoria Cowling	L20	4 Preston Harriers	23:54
34	420	Sophie Seddon	L20	5 Barrow & Furness Striders Ac	23:55
35	357	Helen Lawrenson	L35	5 Wesham Road Runners & Ac	23:56
36	2839	Emma Broadbent	L35	6 Walney AC	24:14
37	2057	Sarah Grisdale	L	37 Barrow & Furness Striders Ac	24:15
38	412	Jill Seddon	L35	7 Barrow & Furness Striders Ac	24:20
39	410	Sonja Foster	L35	8 Barrow & Furness Striders Ac	24:21
40	1103	Irene Roche	L55	2 Clayton Le Moors Harriers	24:25
41	1186	Jennifer Hird	L	41 Barlick Fr	24:39
42	407	Lou Lyness	L65	1 Barrow & Furness Striders Ac	24:41
43	555	Danielle Thompson	L20	6 Wigan & District H & Ac	24:50
44	2840	Karen Maggio Poyntz	L35	9 Unattached	24:53
45	903	Joanne McLeod	L45	7 Glaxo Hoad Hill Harriers	24:59
46	538	Tracey Dutton	L35	10 Wigan & District H & Ac	25:05
47	487	Caroline McLaughlan	L35	11 Thornton-Cleveleys RC	25:13
48	1971	Michelle Tickle	L35	12 Blackpool Wyre & Fylde Ac	25:25
49	1478	Michelle Spencer	L35	13 Southport Waterloo Ac	25:44
50	2211	Julia Rushton	L45	8 Clayton Le Moors Harriers	25:45
51	2131	Sarah Helliwell	L	51 Clayton Le Moors Harriers	25:46
52	2197	Yvonne Morrell	L35	14 Barrow & Furness Striders Ac	25:51
53	629	Dianne Priestley	L55	3 Kendal Amateur Athletic Club	25:58
54	2120	Kate Lakeland	L	54 Preston Harriers	25:59
55	2202	Kerry Travers	L35	15 Barrow & Furness Striders Ac	26:00
				56 750 Margaret Lupton	L45 9 Red Rose Road Runners 26:07
				57 697 Fiona Geldard	L45 10 Lytham St Annes Rr Club 26:15
				58 366 Jenn Thompson	L35 16 Wesham Road Runners & Ac 26:33
				59 751 Debbie Porter	L35 17 Red Rose Road Runners 26:42
				60 1475 Helen Lodge	L45 11 Southport Waterloo Ac 26:47
				61 695 Julia Rolfe	L45 12 Lytham St Annes Rr Club 26:47
				62 227 Helena Lewis	L45 13 Lancaster & Morecambe Ac 26:50
				63 229 Gill Hamilton	L35 18 Lancaster & Morecambe Ac 27:01
				64 1185 Leanne Dinsdale	L 64 Barlick Fr 27:05
				65 1112 Helen Burnett	L35 19 Clayton Le Moors Harriers 27:06
				66 698 Dawn Bloor	L45 14 Lytham St Annes Rr Club 27:08
				67 1592 Christa Whatmough	L35 20 Horwich R M I Harriers 27:08
				68 2196 Catherine Grisdale	L55 4 Barrow & Furness Striders Ac 27:33
				69 1694 Carol Cookson	L35 21 Blackburn Harriers & Ac 27:36
				70 2028 Joan Gouldthorpe	L55 5 Red Rose Road Runners 27:38
				71 507 Bethany Bloor	L 71 Lancaster University 27:46
				72 2070 Kaylea Haynes	L 72 Lancaster University 27:56
				73 479 Julie Sherwood	L45 15 Thornton-Cleveleys RC 28:01
				74 2079 Alison Armour	L45 16 Blackburn Harriers & Ac 28:03
				75 2838 Elizabeth Hindle	L 75 Dallam AC 28:09
				76 355 Diane Blagden	L45 17 Wesham Road Runners & Ac 28:20
				77 486 Sarah Scott	L35 22 Thornton-Cleveleys RC 28:42
				78 2834 Lorise Barnes	L35 23 Unattached 29:00
				79 826 Christine Sweatman	L55 6 Chorley Ac & Tri 29:13
				80 742 Karen Clark	L55 7 Red Rose Road Runners 29:20
				81 1695 Michelle Teare	L35 24 Blackburn Harriers & Ac 29:24
				82 2071 Laura Lewis	L 82 Lancaster University 29:34
				83 761 Vicky Gore	L 83 Red Rose Road Runners 29:45
				84 1105 Yvonne Wickham	L45 18 Clayton Le Moors Harriers 30:07
				85 349 Kerry Eccles	L45 19 Wesham Road Runners & Ac 30:25
				86 490 Sandra Gilchrist	L 86 Thornton-Cleveleys RC 30:34
				87 747 Sally Cape	L45 20 Red Rose Road Runners 30:35
				88 691 Sylvia Gittins	L65 2 Lytham St Annes Rr Club 30:39
				89 2092 Karen Davies	L45 21 Wesham Road Runners & Ac 30:55
				90 2204 Sally Deacon	L45 22 Wesham Road Runners & Ac 31:06
				91 2108 Bev Foster	L45 23 Thornton-Cleveleys RC 31:11
				92 478 Debbie Cardwell	L45 24 Thornton-Cleveleys RC 31:42
				93 2201 Carolyn Kevan	L55 8 Kendal Amateur Athletic Club 32:05
				94 900 Penny Moreton	L55 9 Glaxo Hoad Hill Harriers 32:14
				95 2173 Helen Greenhalgh	L35 25 Red Rose Road Runners 32:22
				96 753 Wendy Ward	L35 26 Red Rose Road Runners 32:48
				97 745 Helen Orson	L45 25 Red Rose Road Runners 32:56
				98 548 Melanie Wane	L 98 Wigan & District H & Ac 33:07
				99 3 Sue Wickham	L45 26 Preston Harriers 33:13
				100 752 Pita Oates	L35 27 Red Rose Road Runners 33:42
				101 1099 Christine Leathley	L65 3 Clayton Le Moors Harriers 34:01
				102 2133 Abigail Brown	L 102 Red Rose Road Runners 34:08
				103 757 Aimee Midgley	L35 28 Red Rose Road Runners 34:49
				104 1104 Susan Allen	L45 27 Clayton Le Moors Harriers 35:05
				105 755 Lisa Hyde	L35 29 Red Rose Road Runners 35:53
				106 2010 Angela Tranter	L45 28 Preston Harriers 35:54
				107 739 Janet Saynor	L55 10 Red Rose Road Runners 36:16
				108 768 Nina Colquhoun	L 108 Red Rose Road Runners 36:34
				109 749 Ramona Mulligan	L45 29 Red Rose Road Runners 36:36
				110 689 Dawn Lock	L65 4 Lytham St Annes Rr Club 41:41

Race 6 - Ladies over 18 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Lancaster & Morecambe Ac	30	—	1	Caroline Baxter	13	Maria Snell	16	Lauren Gora
2	Barrow & Furness Striders Ac	33	—	7	Hollie Orr	11	Christina Wiejak	15	Rachel Thompson
3	Preston Harriers	41	—	8	Jenny Parker	12	Catherine Slater	21	Philippa Walsh
4	Blackpool Wyre & Fylde Ac	57	—	5	Alisha Johnson	6	Caroline Betmead	46	Michelle Tickle
5	Wesham Road Runners & Ac	69	—	10	Catherine Carrdus	25	Emma Pass	34	Helen Lawrenson
6	Wigan & District H & Ac	70	—	17	Jayne Taylor	23	Nina Fisher	30	Jacqui Jones
7	Barrow & Furness Striders 'B'	77	—	18	Katie Savage	26	Kath Crisp	33	Sophie Seddon
8	Lytham St Annes Rr Club	84	—	9	Joanna Goorney	20	Layla Foley	55	Fiona Geldard
9	Preston Harriers 'B'	86	—	27	Marion Hesketh	28	Ambi Tipping	31	Suzanne Bailey
10	Barlick Fr	105	—	3	Sarah Tipler	40	Jennifer Hird	62	Leanne Dinsdale
11	Clayton Le Moors Harriers	136	—	39	Irene Roche	48	Julia Rushton	49	Sarah Helliwell
12	Lancaster & Morecambe Ac 'B'	143	—	22	Deborah Oakley	60	Helena Lewis	61	Gill Hamilton
13	Kendal Amateur Athletic Club	155	—	14	Mairead Roche	51	Dianne Priestley	90	Carolyn Kevan
14	Lancaster University	163	—	24	Rebecca McLean	69	Bethany Bloor	70	Kaylea Haynes
15	Red Rose Road Runners	179	—	54	Margaret Lupton	57	Debbie Porter	68	Joan Gouldthorpe
16	Wigan & District H & Ac 'B'	181	—	42	Danielle Thompson	44	Tracey Dutton	95	Melanie Wane
17	Thornton-Cleveleys RC	191	—	45	Caroline McLaughlan	71	Julie Sherwood	75	Sarah Scott
18	Lytham St Annes Rr Club 'B'	208	—	59	Julia Rolfe	64	Dawn Bloor	85	Sylvia Gittins
19	Wesham Road Runners & Ac 'B'	212	—	56	Jenn Thompson	74	Diane Blagden	82	Kerry Eccles
20	Blackburn Harriers & Ac	217	—	67	Carol Cookson	72	Alison Armour	78	Michelle Teare
21	Red Rose Road Runners 'B'	241	—	77	Karen Clark	80	Vicky Gore	84	Sally Cape
22	Clayton Le Moors Harriers 'B'	242	—	63	Helen Burnett	81	Yvonne Wickham	98	Christine Leathley
23	Thornton-Cleveleys RC 'B'	260	—	83	Sandra Gilchrist	88	Bev Foster	89	Debbie Cardwell

Race 6 - Ladies over 35 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Wigan & District H & Ac	35 — 5 Jayne Taylor	11 Jacqui Jones	19 Tracey Dutton
2 Barrow & Furness Striders Ac	37 — 8 Kath Crisp	14 Jill Seddon	15 Sonja Foster
3 Wesham Road Runners & Ac	45 — 4 Catherine Carrdus	12 Helen Lawrenson	29 Jenn Thompson
4 Lytham St Annes Rr Club	63 — 3 Joanna Goomey	28 Fiona Geldard	32 Julia Rolfe
5 Barrow & Furness Striders 'B'	67 — 17 Lou Lyness	24 Yvonne Morrell	26 Kerry Travers
6 Clayton Le Moors Harriers	74 — 16 Irene Roche	23 Julia Rushton	35 Helen Burnett
7 Preston Harriers	77 — 7 Philippa Walsh	9 Marion Hesketh	61 Sue Wickham
8 Red Rose Road Runners	97 — 27 Margaret Lupton	30 Debbie Porter	40 Joan Gouldthorpe
9 Thornton-Cleveleys RC	105 — 20 Caroline McLaughlan	41 Julie Sherwood	44 Sarah Scott
10 Blackburn Harriers & Ac	128 — 39 Carol Cookson	42 Alison Armour	47 Michelle Teare
11 Wesham Road Runners & Ac 'B'	144 — 43 Diane Blagden	49 Kerry Eccles	52 Karen Davies
12 Red Rose Road Runners 'B'	154 — 46 Karen Clark	50 Sally Cape	58 Helen Greenhalgh
13 Lytham St Annes Rr Club 'B'	157 — 36 Dawn Bloor	51 Sylvia Gittins	70 Dawn Lock
14 Clayton Le Moors Harriers 'B'	176 — 48 Yvonne Wickham	63 Christine Leathley	65 Susan Allen

Race 6 - Ladies over 45 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Lytham St Annes Rr Club	31 — 1 Joanna Goomey	14 Fiona Geldard	16 Julia Rolfe
2 Barrow & Furness Striders Ac	32 — 4 Kath Crisp	9 Lou Lyness	19 Catherine Grisedale
3 Clayton Le Moors Harriers	45 — 8 Irene Roche	11 Julia Rushton	26 Yvonne Wickham
4 Preston Harriers	45 — 3 Philippa Walsh	5 Marion Hesketh	37 Sue Wickham
5 Red Rose Road Runners	58 — 13 Margaret Lupton	20 Joan Gouldthorpe	25 Karen Clark
6 Wesham Road Runners & Ac	80 — 23 Diane Blagden	27 Kerry Eccles	30 Karen Davies
7 Thornton-Cleveleys RC	86 — 21 Julie Sherwood	32 Bev Foster	33 Debbie Cardwell
8 Lytham St Annes Rr Club 'B'	90 — 18 Dawn Bloor	29 Sylvia Gittins	43 Dawn Lock
9 Red Rose Road Runners 'B'	105 — 28 Sally Cape	36 Helen Orson	41 Janet Saynor

Race 6 - Ladies over 55 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Red Rose Road Runners	27 — 6 Joan Gouldthorpe	8 Karen Clark	13 Janet Saynor
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Race 6 - Ladies over 65 — TEAM RESULTS

No complete teams

Mid Lancs Cross Country League

at Thorncliffe, Barrow on Saturday 15th November 2014

Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time	Club	Time
1	1633	Chris Farrell		Horwich R M I Harriers	29:22 87	V40 26	Barrow & Furness Striders Ac 37:48
2	984	James Douglas		Border Harriers & Ac	29:30 88	V40 27	Barrow & Furness Striders Ac 37:49
3	1522	Matt Thompson	V40 1	Southport Waterloo Ac	30:15 89	V60 3	Lytham St Annes Rr Club 37:51
4	1542	Ben Johnson		Southport Waterloo Ac	30:38 90	V40 28	Preston Harriers 37:57
5	404	Rob Danson		Wesham Road Runners & Ac	30:50 91	U20 11	Lancaster University 38:12
6	90	Daniel Bebbington	U20 1	Preston Harriers	31:12 92	V50 14	Red Rose Road Runners 38:18
7	1212	Stephen Chew		Barlick Fr	31:16 93	V40 29	Darwen Dashers Rc 38:21
8	601	Andrew Kaufman		Wigan & District H & Ac	31:21 94	U20 12	Blackpool Wyre & Fylde Ac 38:34
9	433	Bob Atkinson	V50 1	Barrow & Furness Striders Ac	31:25 95	V40 30	Chorley Ac & Tri 38:36
10	983	John Mason		Border Harriers & Ac	31:30 96	V50 15	Border Track Club 38:41
11	1204	Chris Singleton		Barlick Fr	31:33 97	V40 31	Wigan & District H & Ac 38:44
12	1547	Andrew Kershaw	U20 2	Southport Waterloo Ac	31:39 98	V40 32	Barrow & Furness Striders Ac 38:50
13	1222	Marc Hartley		Barlick Fr	31:55 99	V50 16	Kendal Amateur Athletic Club 38:55
14	1742	Christopher Davies		Blackburn Harriers & Ac	31:56 100		Garstang 38:58
15	452	Phil Waite		Barrow & Furness Striders Ac	31:59 101		Lancaster & Morecambe Ac 39:04
16	2843	Luke Towers	U20 3	St Helens Sutton Ac	32:04 102		Lancaster University 39:07
17	2841	Mark Roberts	V50 2	Borrowdale	32:12 103		Wigan & District H & Ac 39:11
18	999	Neil Orr	U20 4	Border Harriers & Ac	32:19 104	V40 33	Chorley Ac & Tri 39:13
19	460	Ross Campbell	U20 5	Barrow & Furness Striders Ac	32:20 105	V50 17	Barrow & Furness Striders Ac 39:16
20	450	Todd Oates		Barrow & Furness Striders Ac	32:25 106	V60 4	Preston Harriers 39:19
21	1627	Alastair Murray		Horwich R M I Harriers	32:29 107	V50 18	Glaxo Hoad Hill Harriers 39:23
22	577	Mark Rogers	V40 2	Wigan & District H & Ac	32:33 108	V50 19	Red Rose Road Runners 39:26
23	1622	David Jackson	V40 3	Horwich R M I Harriers	32:36 109		Lancaster University 39:28
24	2132	Dave Brown		Lancaster & Morecambe Ac	32:37 110	V40 34	Red Rose Road Runners 39:31
25	1623	Andy Lloyd	V40 4	Horwich R M I Harriers	32:38 111	V70 1	Barrow & Furness Striders Ac 39:33
26	454	Jed Bartlett		Barrow & Furness Striders Ac	32:41 112	V50 20	Red Rose Road Runners 39:37
27	995	Callum Plunkett	U20 6	Border Harriers & Ac	32:44 113	V40 35	Blackburn Harriers & Ac 39:39
28	174	John Wright	V40 5	Blackpool Wyre & Fylde Ac	32:57 114		Glaxo Hoad Hill Harriers 39:48
29	671	Robbie Ingham	U20 7	Kendal Amateur Athletic Club	33:01 115	V50 21	Red Rose Road Runners 39:51
30	2842	Lee Parrington		Unattached	33:06 116	V50 22	Unattached 39:57
31	1209	Ian Livesey		Barlick Fr	33:16 117	V50 23	Glaxo Hoad Hill Harriers 39:59
32	2128	Christopher Smale	V50 3	Barlick Fr	33:38 118	V60 5	Horwich R M I Harriers 40:04
33	1274	Joshua Ingham	U20 8	Pendle AC	33:44 119	V50 24	Wigan & District H & Ac 40:05
34	86	Richard Smith		Preston Harriers	33:48 120	V50 25	Chorley Ac & Tri 40:08
35	730	Joe Greenwood		Lytham St Annes Rr Club	33:49 121	V40 36	Southport Waterloo Ac 40:16
36	289	Mark Leadbeater		Lancaster & Morecambe Ac	33:58 122		Red Rose Road Runners 40:18
37	2212	William Sisson		Kendal Amateur Athletic Club	34:06 123	V40 37	Wigan & District H & Ac 40:31
38	665	Stephen Potter		Kendal Amateur Athletic Club	34:16 124	V40 38	Kendal Amateur Athletic Club 40:34
39	2210	Steve Smith	V50 4	Preston Harriers	34:25 125	V50 26	Garstang 40:35
40	2214	Michael Cramby		Lancaster & Morecambe Ac	34:29 126		Lancaster University 40:35
41	382	Alex Rowe	V50 5	Wesham Road Runners & Ac	34:36 127	V40 39	Barlick Fr 40:43
42	449	James Jordan		Barrow & Furness Striders Ac	34:50 128		Lancaster University 40:46
43	1244	Craig Burrow	V40 6	Helm Hill Runners	34:59 129	V60 6	Lytham St Annes Rr Club 40:47
44	2195	Stuart Edmondson		Horwich R M I Harriers	35:10 130	V40 40	Hyndburn AC 40:56
45	930	Christopher Howie	V40 7	Glaxo Hoad Hill Harriers	35:15 131	V50 27	Border Harriers & Ac 41:05
46	586	Tim Pilkington	V40 8	Wigan & District H & Ac	35:17 132	V50 28	Wesham Road Runners & Ac 41:08
47	502	Martin Boswell	V40 9	Thornton-Cleveleys RC	35:20 133	V40 41	Clayton Le Moors Harriers 41:09
48	971	Daniel Ibotson	V40 10	Border Harriers & Ac	35:21 134	V50 29	Clayton Le Moors Harriers 41:16
49	1152	Carl Heliwell		Clayton Le Moors Harriers	35:23 135	V60 7	Wesham Road Runners & Ac 41:17
50	1221	Daniel Taylor		Barlick Fr	35:25 136	V50 30	Blackpool Wyre & Fylde Ac 41:20
51	288	Mark Holgate	V40 11	Lancaster & Morecambe Ac	35:31 137	V40 42	Preston Harriers 41:25
52	800	Alan Jolly	V40 12	Red Rose Road Runners	35:34 138		Red Rose Road Runners 41:26
53	584	Mike Harris	V40 13	Wigan & District H & Ac	35:43 139	V50 31	Red Rose Road Runners 41:32
54	600	Christopher Burgess		Wigan & District H & Ac	35:48 140	V60 8	Clayton Le Moors Harriers 41:48
55	2100	Michael Doherty	V40 14	Glaxo Hoad Hill Harriers	35:51 141	V60 9	Barrow & Furness Striders Ac 41:51
56	925	Gary Dover	V50 6	Glaxo Hoad Hill Harriers	35:52 142	V40 43	Thornton-Cleveleys RC 41:52
57	2209	Colin Shuttleworth	V50 7	Clayton Le Moors Harriers	35:57 143	V60 10	Glaxo Hoad Hill Harriers 41:55
58	70	Neil McDonald	V40 15	Preston Harriers	35:58 144	V50 32	Chorley Ac & Tri 41:59
59	937	Steve Young	V40 16	Glaxo Hoad Hill Harriers	35:58 145	V40 44	Helm Hill Runners 42:23
60	1215	Andrew Carson		Barlick Fr	35:59 146	V70 2	Clayton Le Moors Harriers 42:27
61	74	Kevin Hunt	V40 17	Preston Harriers	36:10 147	V50 33	Preston Harriers 42:32
62	673	Mark Sullivan	U20 9	Kendal Amateur Athletic Club	36:12 148	V50 34	Red Rose Road Runners 42:41
63	2194	Glynn Cevor	V40 18	Horwich R M I Harriers	36:16 149		Barrow & Furness Striders Ac 42:45
64	729	Thomas Howarth		Lytham St Annes Rr Club	36:18 150	V50 35	Clayton Le Moors Harriers 42:47
65	1150	John Roche	V50 8	Clayton Le Moors Harriers	36:20 151	V40 45	Southport Waterloo Ac 42:55
66	782	Joe Swarbrick	V50 9	Red Rose Road Runners	36:24 152	V50 36	Kendal Amateur Athletic Club 43:24
67	436	Ray Jones	V50 10	Barrow & Furness Striders Ac	36:34 153	V50 37	Preston Harriers 43:40
68	934	Andy Jackson	V40 19	Glaxo Hoad Hill Harriers	36:38 154	V50 38	Blackpool Wyre & Fylde Ac 43:48
69	501	Leon Flesher	V40 20	Thornton-Cleveleys RC	36:41 155	V60 11	Wesham Road Runners & Ac 43:55
70	877	Phil Iddon	V40 21	Chorley Ac & Tri	36:44 156	V40 46	Red Rose Road Runners 43:59
71	726	Neil Tate		Lytham St Annes Rr Club	36:46 157	V50 39	Red Rose Road Runners 44:00
72	500	Scott Ross	V40 22	Thornton-Cleveleys RC	36:47 158	V40 47	Clayton Le Moors Harriers 44:01
73	506	Alex Fleming		Thornton-Cleveleys RC	36:49 159		Lancaster University 44:02
74	376	John Collier	V60 1	Wesham Road Runners & Ac	36:55 160	V50 40	Chorley Ac & Tri 44:29
75	795	Stu Cann	V50 11	Red Rose Road Runners	37:02 161		Thornton-Cleveleys RC 44:40
76	2036	Anthony Durkin		Red Rose Road Runners	37:09 162	V40 48	Glaxo Hoad Hill Harriers 44:45
77	575	Andrew Ratcliffe	V40 23	Wigan & District H & Ac	37:10 163	V50 41	Clayton Le Moors Harriers 44:53
78	882	Chris Chamley	V40 24	Chorley Ac & Tri	37:13 164	V50 42	Red Rose Road Runners 44:56
79	780	Ken Addison	V50 12	Red Rose Road Runners	37:14 165	V50 43	Red Rose Road Runners 44:59
80	927	Sean Dixon	V40 25	Glaxo Hoad Hill Harriers	37:15 166		Red Rose Road Runners 45:03
81	2068	Danni Tarrant		Lancaster University	37:18 167	V60 12	Glaxo Hoad Hill Harriers 45:15
82	666	Christopher Snell		Kendal Amateur Athletic Club	37:22 168	V40 49	Lancaster & Morecambe Ac 45:57
83	608	Dan Atkinson		Wigan & District H & Ac	37:29 169	V60 13	Blackpool Wyre & Fylde Ac 46:06
84	2067	Jack O'Kell	U20 10	Lancaster University	37:34 170	V40 50	Red Rose Road Runners 46:22
85	650	Mike Walsh	V60 2	Kendal Amateur Athletic Club	37:35 171	V50 44	Lytham St Annes Rr Club 46:30
86	2213	Brian Thompson	V50 13	Team North Cumbria	37:41 172		Red Rose Road Runners 46:50

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

173	813 Ben Donoghue		Red Rose Road Runners	46:51	183	2080 Simon Scarr	V50	46	Blackpool Wyre & Fylde Ac	48:44
174	2170 Lee CoupJland		Southport Waterloo Ac	47:03	184	171 Jeffrey Wright	V50	47	Blackpool Wyre & Fylde Ac	48:45
175	1501 Stephen James	V70	3 Southport Waterloo Ac	47:08	185	923 David Jones	V50	48	Glaxo Hoad Hill Harriers	49:01
176	2150 George Parrington	V60	14 Lancaster & Morecambe Ac	47:16	186	861 Phil McCullaugh	V50	49	Chorley Ac & Tri	49:24
177	225 Chris Airey		Garstang	47:34	187	2151 Stuart Hartley	V50	50	Clayton Le Moors Harriers	49:35
178	1373 Roy Hart	V70	4 Wigan Phoenix	47:51	188	162 Robert Massey	V60	16	Blackpool Wyre & Fylde Ac	49:43
179	165 Peter Gibson	V60	15 Blackpool Wyre & Fylde Ac	47:58	189	1198 Robert Whipp	V40	52	Barlick Fr	49:57
180	58 Phil Lakeland	V50	45 Preston Harriers	48:15	190	2095 Ted Orrell	V70	6	Clayton Le Moors Harriers	50:10
181	721 Greg Oulton	V40	51 Lytham St Annes Rr Club	48:34	191	568 Michael Dutton	V50	51	Wigan & District H & Ac	50:12
182	2050 Richard Lawson	V70	5 Clayton Le Moors Harriers	48:40	192	918 John Barstow	V60	17	Glaxo Hoad Hill Harriers	50:19

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Barrow&FurnessStridersAc	117	—	9	BobAtkinson	14	PhilWaite	16	RossCampbell	17	ToddCates	23	JedBartlett	38	JamesJordan
2	HorwichRMHHarriers	160	—	1	ChrisFarrell	18	AlastairMurray	20	DavidJackson	22	AndyLloyd	40	StuartEdmondson	59	GlynneCevor
3	BarlickFr	175	—	7	StephenChew	11	ChrisSingleton	27	IanLivesey	28	ChristopherSmale	46	DanielTaylor	56	AndrewCarson
4	BorderHarriers&Ac	219	—	2	JamesDouglas	10	JohnMason	15	NeilOrr	24	CallumPlunkett	44	DaniellBotson	124	PeterOrr
5	Wigan&DistrictH&Ac	241	—	8	AndrewKaufman	19	MarkRogers	42	TimPilkington	49	MikeHarris	50	ChristopherBurgess	73	AndrewRatcliffe
6	PrestonHarriers	268	—	6	DanielBebbington	30	RichardSmith	35	SteveSmith	54	NeilMcDonald	57	KevinHunt	86	ChrisWales
7	KendalAmateurAthleticClub	310	—	26	RobbieIngham	33	WilliamSisson	34	StephenPotter	58	MarkSullivan	78	ChristopherSnell	81	MikeWash
8	GlaxoHoadHillHarriers	339	—	41	ChristopherHowie	51	MichaelDoherty	52	GayDover	55	SteveYoung	64	AndyJackson	76	SeanDixon
9	Lancaster&MorecambeAc	392	—	21	DaveBrown	32	MarkLeadbeater	36	MichaelCramby	47	MarkHolgate	95	RonaldHummelink	161	RichardHannam
10	RedRoseRoadRunners	416	—	48	AlanJolly	62	JoeSwabrick	71	StuCann	72	AnthonyDutkin	75	PaulCain	144	PhilipButler
11	SouthportWaterlooAc	444	—	3	MattThompson	4	BenJohnson	12	AndrewKershaw	114	PaulCain	144	MarkDavies	167	LeeCoupJland
12	WeshamRoadRunners&Ac	513	—	5	RobDanson	37	AlexRowe	70	JohnCollier	125	JohnBertenshaw	128	AlanGlasgow	148	PhilLeaver
13	Barrow&FurnessStriders B'	526	—	63	RayJones	83	IanSadler	84	RichardWalker	92	IanCrook	99	GrahamDacre	105	PeterHall
14	LythamStAnnesRrClub	529	—	31	JoeGreenwood	60	ThomasHowarth	67	NeilTate	85	GrahamWebster	122	TonyHelings	164	NigelSimpkin
15	Thornon-CleveysRC	534	—	43	MartinBoswell	65	LeonFlesher	68	ScottRoss	69	AlexFleming	135	BenBrennan	154	JosephTyldesley
16	ClaytonLeMoorsHarriers	545	—	45	CarlHelwell	53	ColinShuttleworth	61	JohnRoche	126	AndyQuinn	127	PeterBrowning	133	DugaldMcCallum
17	LancasterUniversity	562	—	77	DanniTarrant	80	JackO'Kell	87	TomGreaves	96	NicholasBarton	103	DanielPreston	119	DanielLawton
18	ChorleyAc&Tri	578	—	66	PhilIddon	74	ChrisChamley	90	BillBeckett	98	JonathanBurgess	113	PaulWearing	137	StephenBaker
19	RedRoseRoadRunners 'B'	667	—	102	FrankNightingale	104	MarkBillington	106	PhilipDavidson	109	DaveMaudsley	115	ChrisBrown	131	JohnNaylor
20	Wigan&DistrictH&Ac 'B'	679	—	79	DanAtkinson	91	StuartTowns	97	GayWane	112	DavidCollins	116	GrahamMillington	184	MichaelDutton
21	BlackpoolWyre&FyldeAc	724	—	25	JohnWright	89	ConnorWainwright	129	PeterSingleton	147	DavidRandall	162	AlanWilkinson	172	PeterGibson
22	GlaxoHoadHillHarriers 'B'	770	—	101	GlenJudge	108	CianNutt	110	GrahamPinder	136	AdrianNewnham	155	AlanWilson	160	TonyClarke
23	ClaytonLeMoorsHarriers B'	944	—	139	DavidScott	143	JamesHickie	151	DavidBurnett	155	MartinBrady	175	RichardLawson	180	StuartHartley

Senior Men under 20

Pos	Num	Name	Cat/Pos	Club	Time
1	90	DanielBebbington	U20	1 Preston Harriers	31:12
2	1547	AndrewKershaw	U20	2 Southport Waterloo Ac	31:39
3	2843	SLuke Towers	U20	3 St Helens Sutton Ac	32:04
4	999	Neil Orr	U20	4 Border Harriers & Ac	32:19
5	460	Ross Campbell	U20	5 Barrow & Furness Striders Ac	32:20
6	995	Callum Plunkett	U20	6 Border Harriers & Ac	32:44
7	671	Robbie Ingham	U20	7 Kendal Amateur Athletic Club	33:01
8	1274	Joshua Ingham	U20	8 Pendle AC	33:44
9	673	Mark Sullivan	U20	9 Kendal Amateur Athletic Club	36:12
10	2067	Jack O'Kell	U20	10 Lancaster University	37:34
11	525	Tom Greaves	U20	11 Lancaster University	38:12
12	2207	ConnorWainwright	U20	12 Blackpool Wyre & Fylde Ac	38:34

Senior Men under 20 — TEAM RESULTS

No complete teams

Senior Men (Vets) over 40 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Wigan & District H & Ac	66 — 3 Mark Rogers	12 Tim Pilkington	17 Mike Harris	34 Andrew Ratcliffe
2 Glaxo Hoad Hill Harriers	70 — 11 Christopher Howie	18 Michael Doherty	19 Gary Dover	22 Steve Young
3 Horwich R M I Harriers	93 — 4 David Jackson	5 Andy Lloyd	24 Glynne Cevor	60 Tony Hesketh
4 Preston Harriers	95 — 8 Steve Smith	21 Neil McDonald	23 Kevin Hunt	43 Chris Wales
5 Barrow & Furness Striders Ac	110 — 2 Bob Atkinson	27 Ray Jones	40 Ian Sadler	41 Richard Walker
6 Red Rose Road Runners	111 — 16 Alan Jolly	26 Joe Swarbrick	33 Stu Cann	36 Ken Addison
7 Thornton-Cleveleys RC	153 — 13 Martin Boswell	29 Leon Flesher	31 Scott Ross	80 Ben Brennan
8 Chorley Ac & Tri	159 — 30 Phil Iddon	35 Chris Charnley	45 Bill Beckett	49 Jonathan Burgess
9 Glaxo Hoad Hill Harriers 'B'	176 — 28 Andy Jackson	37 Sean Dixon	52 Glen Judge	59 Graham Pinder
10 Wesham Road Runners & Ac	186 — 9 Alex Rowe	32 John Collier	71 John Bertenshaw	74 Alan Glasgow
11 Clayton Le Moors Harriers	190 — 20 Colin Shuttleworth	25 John Roche	72 Andy Quinn	73 Peter Browning
12 Red Rose Road Runners 'B'	207 — 44 Philip Butler	53 Frank Nightingale	54 Mark Billington	56 Philip Davidson
13 Barrow & Furness Striders 'B'	231 — 47 Ian Crook	50 Graham Dacre	55 Peter Hall	79 Peter Leviston
14 Kendal Amateur Athletic Club	240 — 38 Mike Walsh	48 John Jones	65 Stephen Roberts	89 Mark Walker
15 Southport Waterloo Ac	258 — 1 Matt Thompson	63 Paul Cain	88 Mark Davies	106 Stephen James
16 Blackpool Wyre & Fylde Ac	275 — 6 John Wright	75 Peter Singleton	91 David Randall	103 Alan Wilkinson
17 Wigan & District H & Ac 'B'	292 — 46 Stuart Towns	61 David Collins	64 Graham Millington	121 Michael Dutton
18 Preston Harriers 'B'	302 — 51 Alan Appleby	76 Andrew Tranter	85 Steve Taylor	90 Michael Brown
19 Lytham St Annes Rr Club	326 — 42 Graham Webster	68 Terry Hellings	105 Nigel Simpkin	111 Greg Oulton
20 Clayton Le Moors Harriers 'B'	344 — 78 Dugald McCallum	84 David Scott	87 James Hickie	95 David Burnett
21 Chorley Ac & Tri 'B'	356 — 62 Paul Wearing	82 Stephen Baker	96 Andy Lowe	116 Phil McCullaugh
22 Blackpool Wyre & Fylde Ac 'B'	454 — 109 Peter Gibson	113 Simon Scarr	114 Jeffrey Wright	118 Robert Massey

Senior Men (Vets) over 50 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Barrow & Furness Striders Ac	28 — 1 Bob Atkinson	9 Ray Jones	18 Graham Dacre
2 Red Rose Road Runners	31 — 8 Joe Swarbrick	11 Stu Cann	12 Ken Addison
3 Wesham Road Runners & Ac	46 — 4 Alex Rowe	10 John Collier	32 John Bertenshaw
4 Clayton Le Moors Harriers	46 — 6 Colin Shuttleworth	7 John Roche	33 Peter Browning
5 Glaxo Hoad Hill Harriers	50 — 5 Gary Dover	20 Glen Judge	25 Graham Pinder
6 Red Rose Road Runners 'B'	60 — 16 Philip Butler	21 Frank Nightingale	23 Philip Davidson
7 Preston Harriers	64 — 3 Steve Smith	19 Alan Appleby	42 Steve Taylor
8 Kendal Amateur Athletic Club	75 — 13 Mike Walsh	17 John Jones	45 Mark Walker
9 Lytham St Annes Rr Club	101 — 15 Graham Webster	30 Terry Hellings	56 Nigel Simpkin
10 Chorley Ac & Tri	118 — 28 Paul Wearing	40 Stephen Baker	50 Andy Lowe
11 Clayton Le Moors Harriers 'B'	122 — 37 Dugald McCallum	41 David Scott	44 James Hickie
12 Blackpool Wyre & Fylde Ac	137 — 35 Peter Singleton	47 David Randall	55 Alan Wilkinson
13 Glaxo Hoad Hill Harriers 'B'	158 — 39 Adrian Newnham	54 Tony Clarke	65 David Jones
14 Blackpool Wyre & Fylde Ac 'B'	187 — 60 Peter Gibson	63 Simon Scarr	64 Jeffrey Wright

Senior Men (Vets) over 60 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Wesham Road Runners & Ac	22 — 1 John Collier	8 Alan Glasgow	13 Phil Leaver
2 Clayton Le Moors Harriers	41 — 9 Dugald McCallum	12 David Scott	20 Richard Lawson
3 Glaxo Hoad Hill Harriers	48 — 11 Adrian Newnham	14 Tony Clarke	23 John Barstow
4 Blackpool Wyre & Fylde Ac	55 — 15 Alan Wilkinson	19 Peter Gibson	21 Robert Massey