

Manchester Area Cross Country League at Sherdley Park, St Helens on Saturday 8th November 2014

Under 11 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	494	Ashley Nemits	Warrington AC	9:25	19	34	Amy Battle	Stockport H&ac	10:28
2	218	Ruby Bell	Sale H Manchester	9:27	20	1	Evelyn Barber	Manchester H&ac	10:28
3	138	Maya Croasdaile	Salford H&ac	9:34	21	620	Gina Nuttall	Wirral AC	10:28
4	622	Leah Wilkinson	Sale H Manchester	9:35	22	378	Annabel Scholl	Warrington Tri Club	10:36
5	190	Christie Allen	E Cheshire H & Tameside AC	9:36	23	585	Rebecca Seymour	Stockport H&ac	10:37
6	137	Amelia Bratt	Salford H&ac	9:42	24	2	Emma Davies	Manchester H&ac	10:39
7	141	Nicola Mason	Salford H&ac	9:46	25	548	Sadie Mannion	Trafford AC	10:51
8	493	Maya Evans	Warrington AC	9:50	26	553	Cerys Kelter	Salford H&ac	10:58
9	616	Tamzin Dentith	Liverpool H & AC	9:54	27	607	Hollie Brussels	St Helens Sutton AC	11:05
10	35	Ester Hulley	Stockport H&ac	10:01	28	613	Jenny Grant	Liverpool H & AC	11:18
11	612	Isabelle Burke	Sale H Manchester	10:03	29	600	Anna Smith	Liverpool H & AC	11:24
12	122	Grace Kelly	Ribble Valley AC	10:06	30	625	Grace Hall	Sale H Manchester	11:25
13	227	Libby Hill	Sale H Manchester	10:12	31	623	Minnie EdwardsKiely	Sale H Manchester	11:27
14	478	Erne Noakes	Macclesfield H&ac	10:15	32	587	Delphine Connolly	Manchester H&ac	11:31
15	629	Nieve Barton	Sale H Manchester	10:18	33	231	Clementine Newbould	Sale H Manchester	11:35
16	598	Isobel Leadbetter	Liverpool H & AC	10:20	34	234	Ciara Raftery	Sale H Manchester	11:46
17	599	Sofia Rowley	Liverpool H & AC	10:22	35	353	Elizabeth Greenall	St Helens Sutton AC	12:18
18	609	Jasmine Jones	Warrington AC	10:26	36	601	Poppy Smith	Liverpool H & AC	13:06

Under 11 Girls — TEAM RESULTS

1	Salford H&ac	30	—	3	Maya Croasdaile	6	Amelia Bratt	7	Nicola Mason
2	Sale H Manchester	17	—	2	Ruby Bell	4	Leah Wilkinson	11	Isabelle Burke
3	Warrington AC	27	—	1	Ashley Nemits	8	Maya Evans	18	Jasmine Jones
4	Liverpool H & AC	42	—	9	Tamzin Dentith	16	Isobel Leadbetter	17	Sofia Rowley
5	Stockport H&ac	52	—	10	Ester Hulley	19	Amy Battle	23	Rebecca Seymour
6	Sale H Manchester	58	—	13	Libby Hill	15	Nieve Barton	30	Grace Hall
7	Manchester H&ac	76	—	20	Evelyn Barber	24	Emma Davies	32	Delphine Connolly
8	Liverpool H & AC	93	—	28	Jenny Grant	29	Anna Smith	36	Poppy Smith
9	Sale H Manchester	98	—	31	Minnie EdwardsKiely	33	Clementine Newbould	34	Ciara Raftery

Race 2 - Under 11 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	146	Sam Hopkins	Salford H&ac	8:48	17	603	Liam Bibby	Halton & Frodsham	9:58
2	385	Joseph Fountain	Wirral AC	9:04	18	480	Harvey Brown	Macclesfield H&ac	10:00
3	561	Louie McCormack	Trafford AC	9:06	19	356	Ben Toole	St Helens Sutton AC	10:08
4	621	Tom Boyd	Sale H Manchester	9:06	20	355	Matthew Roberts	St Helens Sutton AC	10:09
5	560	Oliver Choi	Trafford AC	9:07	21	354	Dylan O'Brien	St Helens Sutton AC	10:12
6	485	Thomas Roberts	Macclesfield H&ac	9:18	22	562	Max Rarity	Trafford AC	10:14
7	481	James Doorbar	Macclesfield H&ac	9:20	23	615	Rory Smyth	Manchester H&ac	10:14
8	569	James Lanni	Vale Royal AC	9:26	24	113	Oliver Murphy	Abc Runners	10:22
9	552	Cameron Murdoch	Bramhall Runners	9:26	25	627	Patrick Marsden	Salford Metropolitan AC	10:25
10	592	Ethan Butler	West Cheshire AC	9:34	26	565	Wilf Dight	Vale Royal AC	10:38
11	145	Joe Coggins	Salford H&ac	9:37	27	568	Ivan Karpusheff	Vale Royal AC	10:45
12	628	Joseph Herbert	Sale H Manchester	9:38	28	626	James Parvin	Salford Metropolitan AC	11:05
13	239	Zachary Gaillemin	Sale H Manchester	9:45	29	191	Ryan O'Neill	E Cheshire H & Tameside AC	11:18
14	118	Joe Byrne	Bramhall Runners	9:47	30	632	Oliver Lloyd	St Helens Sutton AC	11:25
15	483	Eddie Mills	Macclesfield H&ac	9:55	31	606	Matthew Dodd	St Helens Sutton AC	11:40
16	123	Jasper Wormacksmith	Ribble Valley AC	9:56	32	586	Lorcan Cronin	Manchester H&ac	12:07

Race 2 - Under 11 Boys — TEAM RESULTS

1	Macclesfield H&ac	28	—	6	Thomas Roberts	7	James Doorbar	15	Eddie Mills
2	Sale H Manchester	29	—	4	Tom Boyd	12	Joseph Herbert	13	Zachary Gaillemin
3	Trafford AC	30	—	3	Louie McCormack	5	Oliver Choi	22	Max Rarity
4	St Helens Sutton AC	60	—	19	Ben Toole	20	Matthew Roberts	21	Dylan O'Brien
5	Vale Royal AC	61	—	8	James Lanni	26	Wilf Dight	27	Ivan Karpusheff

Manchester Area Cross Country League at Sherdley Park, St Helens on Saturday 8th November 2014

Race 2 - Under 13 Girls — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time				
1	435	Ella McNiven		Liverpool H & AC	8:31	29	253 Mia Gibbons	Sale H Manchester	9:58
2	7	Grace Decampos		Manchester H&ac	8:53	30	403 Ella Head	Wirral AC	10:04
3	209	Sian Heslop		Macclesfield H&ac	8:54	31	446 Ellie Young	Liverpool H & AC	10:04
4	45	Chloe Rogers		Stockport H&ac	9:01	32	194 Abby O'Neill	E Cheshire H & Tameside AC	10:10
5	443	Alex Townsend		Liverpool H & AC	9:02	33	162 Abby Watling	Halton & Frodsham	10:11
6	519	Ty BrockleyLangford		E Cheshire H & Tameside AC	9:05	34	271 Lucie Wolfenden	Sale H Manchester	10:27
7	9	Georgia Fazakerley		Manchester H&ac	9:09	35	357 Alyx Bridge	St Helens Sutton AC	10:30
8	211	Stephanie Moss		Macclesfield H&ac	9:12	36	10 Alice Jones	Manchester H&ac	10:32
9	611	Holly Jackson		E Cheshire H & Tameside AC	9:17	37	358 Ellie Doyle	St Helens Sutton AC	10:36
10	42	Mollie Cooke		Stockport H&ac	9:19	38	360 Ashley Sprott	St Helens Sutton AC	10:37
11	193	Megan Lewis		E Cheshire H & Tameside AC	9:20	39	605 Blythe Carter	St Helens Sutton AC	10:44
12	192	Alyssia Davey		E Cheshire H & Tameside AC	9:24	40	161 Isla Bellamy	Halton & Frodsham	10:46
13	529	Morganne Alford		Stockport H&ac	9:29	41	359 Lucy Price	St Helens Sutton AC	10:48
14	524	Freya Handley		E Cheshire H & Tameside AC	9:29	42	387 Lucy Hignet	Wirral AC	10:52
15	247	Tiarae Barton		Sale H Manchester	9:32	43	168 Katherine McMinn	Trafford AC	11:01
16	263	Lauren Smith		Sale H Manchester	9:38	44	596 Holly Leadbetter	Liverpool H & AC	11:06
17	212	Lauren Robinson		Macclesfield H&ac	9:38	45	120 Katie Haynes	Bramhall Runners	11:06
18	624	Emily Hall		Sale H Manchester	9:39	46	445 Natasha Wood	Liverpool H & AC	11:13
19	390	Cathrine Spencer		Wirral AC	9:39	47	597 Esme Smith	Liverpool H & AC	11:21
20	381	Jessica Scholl		Warrington Tri Club	9:39	48	380 Maddie Howard	Warrington Tri Club	11:27
21	433	Beth Doubtfire		Liverpool H & AC	9:40	49	619 Holly McGee	Liverpool H & AC	11:27
22	148	Evie Collier		Salford H&ac	9:40	50	549 Imogen Harwood-Moss	St Helens Sutton AC	11:29
23	593	Eve Duret		West Cheshire AC	9:42	51	617 Marianne Blandamer	Sale H Manchester	11:29
24	150	C Haywoodpercival		Salford H&ac	9:42	52	441 Milli Smith	Liverpool H & AC	11:29
25	47	Evie Wild		Stockport H&ac	9:49	53	389 Elizabeth Nuttall	Wirral AC	11:32
26	124	Melita Griffin		Ribble Valley AC	9:51	54	614 Jessica Murphy	Liverpool H & AC	11:54
27	261	Amelia Newbould		Sale H Manchester	9:57	55	618 Heather Klimczak	Liverpool H & AC	12:39
28	167	Marnie Mannion		Trafford AC	9:58				

Race 2 - Under 13 Girls — TEAM RESULTS

1	E Cheshire H & Tameside AC	26	—	6 Ty BrockleyLangford	9	Holly Jackson	11	Megan Lewis
2	Stockport H&ac	27	—	4 Chloe Rogers	10	MollieCooke	13	Morganne Alford
3	Liverpool H & AC	27	—	1 EllaMcNiven	5	Alex Townsend	21	Beth Doubtfire
4	Macclesfield H&ac	28	—	3 Sian Heslop	8	Stephanie Moss	17	Lauren Robinson
5	Manchester H&ac	45	—	2 Grace Decampos	7	Georgia Fazakerley	36	Alice Jones
6	Sale H Manchester	49	—	15 Tiarae Barton	16	Lauren Smith	18	EmilyHall
7	E Cheshire H & Tameside AC 'B'	58	—	12 Alyssia Davey	14	Freya Handley	32	Abby O'Neill
8	Sale H Manchester 'B'	90	—	27 Amelia Newbould	29	Mia Gibbons	34	Lucie Wolfenden
9	Wirral AC	91	—	19 Cathrine Spencer	30	EllaHead	42	Lucy Hignet
10	St Helens Sutton AC	110	—	35 Alyx Bridge	37	EllieDoyle	38	Ashley Sprott
11	Liverpool H & AC 'B'	121	—	31 Ellie Young	44	Holly Leadbetter	46	Natasha Wood
12	St Helens Sutton AC 'B'	130	—	39 Blythe Carter	41	Lucy Price	50	Imogen Harwood-Moss
13	Liverpool H & AC 'C'	148	—	47 EsmeSmith	49	HollyMcGee	52	MilliSmith

Race 3 - Under 13 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time					
1	631	Jordan Jones	Warrington AC	11:59	22	447 Sam Flaherty	Liverpool H & AC	13:25	
2	396	Jacob Quarmby	Wirral AC	12:05	23	610 Edward Smiles	Vale Royal AC	13:27	
3	216	Lucas Parker	Macclesfield H&ac	12:12	24	526 Will Culmer	Stockport H&ac	13:28	
4	399	Casey Woodworth	Wirral AC	12:13	25	195 Jake Smith	E Cheshire H & Tameside AC	13:44	
5	60	Flynn Walsh	Stockport H&ac	12:20	26	280 Bailey Hulse	Sale H Manchester	13:44	
6	48	Ben Batho	Stockport H&ac	12:22	27	153 Oliver Cook	Salford H&ac	13:47	
7	286	Joel Stringer	Sale H Manchester	12:29	28	54 Thomas Gill	Stockport H&ac	13:48	
8	50	Fabio Carosi	Stockport H&ac	12:36	29	170 Alex Bailey	Trafford AC	13:52	
9	217	Finley Proffitt	Macclesfield H&ac	12:38	30	361 Michael Brussels	St Helens Sutton AC	13:58	
10	394	Tom Clark	Wirral AC	12:42	31	53 Drew Evans	Stockport H&ac	14:00	
11	489	Zenon Caine	Sale H Manchester	12:48	32	364 Matthew Slevin	St Helens Sutton AC	14:08	
12	51	Edward Corden	Stockport H&ac	12:51	33	602 Adam Critten	Manchester H&ac	14:10	
13	185	Sion Roberts	West Cheshire AC	12:51	34	362 Liam Houghton	St Helens Sutton AC	14:12	
14	154	Lewis Royle	Salford H&ac	12:53	35	52 Dominic Crossland	Stockport H&ac	14:14	
15	171	Seb Patrick	Trafford AC	13:00	36	365 Nathan Worrall	St Helens Sutton AC	14:50	
16	126	Harry Wood	Ribble Valley AC	13:00	37	533 Joe Bentall	Trafford AC	15:02	
17	49	Dylan Bourke	Stockport H&ac	13:04	38	274 Jacob Corrie	Sale H Manchester	15:04	
18	275	John Gilbert	Sale H Manchester	13:06	39	100 Ethan Sephton	Vale Royal AC	15:08	
19	215	Peter Goodfellow	Macclesfield H&ac	13:09	40	57 Joseph Philbin	Stockport H&ac	15:20	
20	55	Fares Ibrahim	Stockport H&ac	13:13	41	114 Joseph Dennett	Abc Runners	15:57	
21	156	Jacob Yates	Salford H&ac	13:23	42	608 James Carbery	St Helens Sutton AC	16:58	

Race 3 - Under 13 Boys — TEAM RESULTS

1	Wirral AC	16	—	2 Jacob Quarmby	4	Casey Woodworth	10	Tom Clark
2	Stockport H&ac	19	—	5 Flynn Walsh	6	Ben Batho	8	Fabio Carosi
3	Macclesfield H&ac	31	—	3 Lucas Parker	9	Finley Proffitt	19	Peter Goodfellow
4	Sale H Manchester	36	—	7 Joel Stringer	11	Zenon Caine	18	John Gilbert
5	Stockport H&ac 'B'	49	—	12 Edward Corden	17	Dylan Bourke	20	Fares Ibrahim
6	Salford H&ac	62	—	14 Lewis Royle	21	Jacob Yates	27	Oliver Cook
7	Trafford AC	81	—	15 Seb Patrick	29	Alex Bailey	37	Joe Bentall
8	Stockport H&ac 'C'	83	—	24 Will Culmer	28	Thomas Gill	31	Drew Evans
9	St Helens Sutton AC	96	—	30 Michael Brussels	32	Matthew Slevin	34	Liam Houghton

Manchester Area Cross Country League

at Sherdley Park, St Helens on Saturday 8th November 2014

Race 3 - Under 15 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time
1	298	Olivia Green	Sale H Manchester	12:16
2	69	Hannah Richardson	Stockport H&ac	12:32
3	450	Jessica Cook	Liverpool H & AC	12:40
4	455	Millie Raine	Liverpool H & AC	13:02
5	22	Eleanor Kenny	Manchester H&ac	13:03
6	21	Emily Hughes	Manchester H&ac	13:04
7	406	Krystina Martindale	Wirral AC	13:08
8	62	Georgia Bourke	Stockport H&ac	13:22
9	513	Emily Lowry	Macclesfield H&ac	13:30
10	301	Alexa McTiffin	Sale H Manchester	13:35
11	196	Olivia Davey	E Cheshire H & Tameside AC	13:39
12	66	Heather Corden	Stockport H&ac	13:43
13	299	Georgia Haworth	Sale H Manchester	13:49
14	520	Molly Healey	E Cheshire H & Tameside AC	14:09
15	310	Jemma Vickers	Sale H Manchester	14:13
16	20	Chloe Davies	Manchester H&ac	14:15
17	453	Emily Lucas	Liverpool H & AC	14:18
18	67	Natasha Harrison	Stockport H&ac	14:28
19	308	Chloe Taylor	Sale H Manchester	14:29
20	405	Lucy Lafauve	Wirral AC	14:40
21	174	Danielle McMinn	Trafford AC	14:43
22	159	Holly Peltier	Salford H&ac	14:54
23	368	Samantha Price	St Helens Sutton AC	14:55
24	158	Lucy McMullen	Salford H&ac	14:58
25	449	Mia Alsamarraie	Liverpool H & AC	15:00
26	116	Megan Barnsley	Abc Runners	15:12
27	290	Isabel Brett	Sale H Manchester	15:16
28	370	Piper Unsworth	St Helens Sutton AC	15:16
29	550	Emily Lowrie	St Helens Sutton AC	15:26
30	173	Anna Baker	Trafford AC	15:34
31	594	Johanna Steiner	Liverpool H & AC	15:38
32	630	Emily Barker	Salford Metropolitan Ac	15:42
33	306	Anna Stewartbrown	Sale H Manchester	15:46
34	595	Daisy Smith	Liverpool H & AC	15:52
35	19	Katie Cooper	Manchester H&ac	16:00
36	367	Kanyarat Avison	St Helens Sutton AC	16:02
37	131	Charlotte Wood	Ribble Valley AC	16:37
38	366	Emily Ashton	St Helens Sutton AC	16:42
39	500	Sophie Harrison	Salford H&ac	16:45
40	383	Kathryn Schofield	Warrington Tri Club	16:56
41	369	Natalie Tait	St Helens Sutton AC	17:25

Race 3 - Under 15 Girls — TEAM RESULTS

1	Stockport H&ac	22	—	2	Hannah Richardson	8	Georgia Bourke	12	Heather Corden	
2	Sale H Manchester	24	—	1	Olivia Green	10	Alexa McTiffin	13	Georgia Haworth	
3	Liverpool H & AC	24	—	3	Jessica Cook	4	Millie Raine	17	Emily Lucas	
4	Manchester H&ac	27	—	5	Eleanor Kenny	6	Emily Hughes	16	Chloe Davies	
5	Sale H Manchester	'B'	61	—	15	Jemma Vickers	19	Chloe Taylor	27	Isabel Brett
6	St Helens Sutton AC	'B'	80	—	23	Samantha Price	28	Piper Unsworth	29	Emily Lowrie
7	Salford H&ac	'B'	85	—	22	Holly Peltier	24	Lucy McMullen	39	Sophie Harrison
8	Liverpool H & AC	'B'	90	—	25	Mia Alsamarraie	31	Johanna Steiner	34	Daisy Smith
9	St Helens Sutton AC	'B'	115	—	36	Kanyarat Avison	38	Emily Ashton	41	Natalie Tait

Race 4 - Under 15 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	460	Joseph Ford	Liverpool H & AC	15:41
2	187	Evan Roberts	West Cheshire AC	16:14
3	538	Jack Stubbings	Warrington AC	16:28
4	530	Louie Haynes	E Cheshire H & Tameside AC	16:35
5	175	Colin Daly	Trafford AC	16:39
6	164	Chris Larkin	Halton & Frodsham	16:45
7	536	Luke Gamble	Warrington AC	16:52
8	459	Max Brame	Liverpool H & AC	17:06
9	26	Matty Fox	Manchester H&ac	17:14
10	28	Ben Skertchly	Manchester H&ac	17:16
11	76	Josh Seymour	Stockport H&ac	17:45
12	197	Nathan Barlow	E Cheshire H & Tameside AC	17:46
13	416	Tom Rogers	Wirral AC	17:50
14	463	Daniel Preston	Liverpool H & AC	17:59
15	317	Luke Chesters	Sale H Manchester	18:00
16	25	Connor Fazakerley	Manchester H&ac	18:01
17	412	Jonathon Head	Wirral AC	18:01
18	27	Ethan Hartley	Manchester H&ac	18:06
19	461	Andrew Grant	Liverpool H & AC	18:18
20	199	John Trotman	E Cheshire H & Tameside AC	18:35
21	74	James Coulson	Stockport H&ac	18:36
22	372	Anthony Walker	St Helens Sutton AC	18:40
23	419	Sam Tempest	Wirral AC	18:44
24	499	Matthew Connors	Stockport H&ac	18:52
25	604	Ben Oldham	St Helens Sutton AC	18:58
26	198	Paolo Guarnieri	E Cheshire H & Tameside AC	19:22
27	503	Paddy Cusac	Salford H&ac	19:25
28	543	James Hallworth	Stockport H&ac	19:59
29	411	Ebrahim Hanifehpour	Wirral AC	20:19
30	188	Rory Willson	West Cheshire AC	20:22
31	373	Jack Worrall	St Helens Sutton AC	20:45

Race 4 - Under 15 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Liverpool H & AC	23	—	1	Joseph Ford	8	Max Brame	14	Daniel Preston
2	Manchester H&ac	35	—	9	Matty Fox	10	Ben Skertchly	16	Connor Fazakerley
3	E Cheshire H & Tameside AC	36	—	4	Louie Haynes	12	Nathan Barlow	20	John Trotman
4	Wirral AC	53	—	13	Tom Rogers	17	Jonathon Head	23	Sam Tempest
5	Stockport H&ac	56	—	11	Josh Seymour	21	James Coulson	24	Matthew Connors
6	St Helens Sutton AC	78	—	22	Anthony Walker	25	Ben Oldham	31	Jack Worrall

Manchester Area Cross Country League at Sherdley Park, St Helens on Saturday 8th November 2014

Race 4 - Under 17 Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	83	Katy Whiteoak	Stockport H&ac	17:37	15	324	Alice Bruce	Sale H Manchester	20:11
2	425	Sophie Tarver	Wirral AC	17:41	16	202	Alannah Newell	E Cheshire H & Tameside AC	20:25
3	79	Juliet Downs	Stockport H&ac	18:00	17	333	Franki Reid	Sale H Manchester	20:34
4	2024	\$Rosie Johnson	Liverpool Pembroke & Sefton H	18:17	18	2025	\$Charlotte Mawdsley	Liverpool Pembroke & Sefton H	20:49
5	82	Ruth Sinclair	Stockport H&ac	18:38	19	473	Emily Rowe	Liverpool H & AC	21:04
6	467	Hannah Delaney	Liverpool H & AC	18:54	20	487	Louisa Whittingham	Macclesfield H&ac	21:15
7	182	Beth Donnelly	Trafford AC	19:01	21	135	Georgina Smith	Ribble Valley AC	21:20
8	330	Catherine Podmore	Sale H Manchester	19:20	22	337	Tilly Yates	Sale H Manchester	21:49
9	200	A Brockleylangford	E Cheshire H & Tameside AC	19:28	23	327	Madeleine Hole	Sale H Manchester	21:52
10	81	Chloe Lockett	Stockport H&ac	19:29	24	78	Emma Chrystielowe	Stockport H&ac	22:25
11	134	Eleanor Bolton	Ribble Valley AC	19:38	25	335	Amber Towns	Sale H Manchester	22:43
12	326	Eve Gibson	Sale H Manchester	19:55	26	551	Olivia Harwood-Moss	St Helens Sutton AC	23:47
13	424	Aileen Kearney	Wirral AC	19:57	27	466	Melanie Cattell	Liverpool H & AC	23:53
14	109	Chloe Broad	Vale Royal AC	20:05					

Race 4 - Under 17 Women — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Stockport H&ac	8	—	1	Katy Whiteoak	3	Juliet Downs	4	Ruth Sinclair
2	Sale H Manchester	32	—	7	Catherine Podmore	11	Eve Gibson	14	Alice Bruce
3	Liverpool H & AC	47	—	5	Hannah Delaney	17	Emily Rowe	25	Melanie Cattell
4	Sale H Manchester	'B'		57	—	16	Franki Reid	20	Tilly Yates
								21	Madeleine Hole

Race 4 - Under 17 Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	342	Euan Gilchrist	Sale H Manchester	15:22	13	84	Grant Anderson	Stockport H&ac	17:01
2	111	Jacob Brown	Vale Royal AC	15:30	14	2022	\$Jack Crook	Liverpool Pembroke & Sefton H	17:08
3	346	Adam Roden	Sale H Manchester	15:34	15	350	Bradley Thornton	Sale H Manchester	17:10
4	348	Jake Spilsbury	Sale H Manchester	15:56	16	85	George Cooke	Stockport H&ac	17:22
5	527	Tom Rogerson	Liverpool H & AC	16:15	17	634	Josh LaManna	Trafford AC	17:32
6	89	Patrick Magner	Stockport H&ac	16:17	18	349	Dylan Stanway	Sale H Manchester	17:34
7	339	Charlie Brett	Sale H Manchester	16:24	19	92	Jay Wood	Stockport H&ac	18:10
8	542	Owen Lee	Warrington AC	16:30	20	376	Jonathan Causer	St Helens Sutton AC	18:11
9	205	Luke Piper	E Cheshire H & Tameside AC	16:30	21	90	Michael Quin	Stockport H&ac	18:21
10	633	Ben Walton	Macclesfield H&ac	16:32	22	428	Duncan Macdonald	Wirral AC	18:41
11	474	Tom Clarke	Liverpool H & AC	16:47	23	160	Sam Nicholson	Altrincham & Dist AC	19:09
12	528	Thomas Drabble	Stockport H&ac	16:49	24	540	Dillon Cooper	E Cheshire H & Tameside AC	19:19
					25	547	Alex McFarlane	Stockport H&ac	19:57

Race 4 - Under 17 Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Sale H Manchester	8	—	1	Euan Gilchrist	3	Adam Roden	4	Jake Spilsbury
2	Stockport H&ac	31	—	6	Patrick Magner	12	Thomas Drabble	13	Grant Anderson
3	Sale H Manchester	'B'		38	—	7	Charlie Brett	14	Bradley Thornton
4	Stockport H&ac	'B'		53	—	15	George Cooke	17	Dylan Stanway
								18	Jay Wood
								20	Michael Quin

Senior Women aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time					
1	380	Hannah Brown	U20	1 University Of Manchester CCC	31:50	7	359	Rachel McGoldrick	U20 7 St Helens Sutton AC	35:39
2	23	Elizabeth Apsley	U20	2 Stockport H&ac	32:28	8	513	Rachael Hibberd	U20 8 Sale H Manchester	36:19
3	30	Ellen Downs	U20	3 Stockport H&ac	32:39	9	358	Maria McGoldrick	U20 9 St Helens Sutton AC	37:21
4	392	Emily Kearney	U20	4 Wirral AC	33:40	10	65	Emma Pyatt	U20 10 Vale Royal AC	38:05
5	457	Molly Savill	U20	5 University Of Manchester CCC	34:48	11	300	Hayley Simpson	U20 11 E Cheshire H&tameside AC	38:51
6	509	Holly Tidd	U20	6 Warrington AC	35:37	12	32	Alice Hughes	U20 12 Stockport H&ac	41:05

Senior Women aged 17 to 19 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Stockport H&ac	17	—	2	Elizabeth Apsley	3	Ellen Downs	12	Alice Hughes
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Manchester Area Cross Country League

at Sherdley Park, St Helens on Sunday 8th November 2014

Senior Women aged 20 to 34

Pos	Num	Name	Cat/Pos	Club	Time					
1	510	Elle Vernon		Stockport H&ac	28:44	39	334	Deirdre McCarthy	Sale H Manchester	38:40
2	319	Sarah Barker		Sale H Manchester	32:03	40	402	Leona Beaumont	Chorlton Runners	38:45
3	355	Gemma Connolly		St Helens Sutton AC	32:33	41	129	Emma Hill	Bramhall Runners	38:50
4	214	Rachel Hall		Manchester Triathlon	32:54	42	344	Jennifer Simmons	Sale H Manchester	39:00
5	2019	Catherine Howard		Knowsley Harriers	33:05	43	499	Lorraine Pang	Chorlton Runners	39:23
6	272	Hannah Griffiths		Trafford AC	33:11	44	185	Siobhan Lillie	Dragons Rc (sale)	39:58
7	332	Victoria Hayes		Sale H Manchester	33:17	45	7	Sophie Flanagan	Manchester H&ac	40:09
8	322	Luisa Candioli		Sale H Manchester	33:20	46	504	Sadia Haq	Chorlton Runners	40:11
9	266	Vicki Cronin		Trafford AC	33:30	47	376	Helen Ryan	Swinton RC	40:24
10	318	Hayley Ashby		Sale H Manchester	33:35	48	311	Nina Moss	Macclesfield H&ac	40:29
11	349	Kathy Wellam		Sale H Manchester	34:20	49	371	Rebecca Mills	Swinton RC	40:33
12	465	Emma Finney		Sale H Manchester	34:23	50	418	Alison Wainwright	Chorlton Runners	41:06
13	163	Anabeth Orton		Salford H&ac	34:31	51	469	Amy Barter	Stockport H&ac	41:26
14	511	Laura Bestow		Vale Royal AC	34:45	52	138	Claire Stott	Bramhall Runners	41:34
15	474	Naomi Alleyne		University Of Manchester CCC	34:56	53	2029	ShuLing Li	Unattached	41:40
16	2021	Jane Thomas		Cheltenham Harriers	34:58	54	218	Helen Jaques	Manchester Triathlon	42:14
17	290	Bethany Hirst		E Cheshire H&tameside AC	35:06	55	117	Leah Evans	Belle Vue Racers	42:25
18	478	Lora Blann		Altrincham & District	35:09	56	171	Sarah Hooks	Winston Runners	42:49
19	20	Emma Tolond		Manchester H&ac	35:10	57	477	April Wilkinson	Swinton RC	43:04
20	143	Kirsty Johnson		Glossopdale Harriers	35:28	58	346	Alice Smedley	Sale H Manchester	43:04
21	433	Marie Leahy		Abc Runners	35:32	59	111	Sarah Hodgkinson	Abc Runners	43:45
22	473	Holly Teague		E Cheshire H&tameside AC	36:17	60	22	Wendy Woodhead	Manchester H&ac	45:04
23	313	Paula Nimmo		Macclesfield H&ac	36:57	61	407	Helen Hall	Chorlton Runners	45:59
24	416	Ingrid Storm		Chorlton Runners	36:58	62	12	Kirsty Lyons	Manchester H&ac	46:17
25	518	Imogen Nutter		Stockport H&ac	37:05	63	211	Alexa Goodjacomb	Manchester Triathlon	46:35
26	352	Jennifer Yates		Sale H Manchester	37:09	64	503	Sophie Cunningham	Chorlton Runners	47:09
27	507	Katy Newton		Chorlton Runners	37:18	65	458	Elizabeth Malone	Warrington Tri Club	47:54
28	268	Camella Davis		Trafford AC	37:28	66	514	Laura Heaney	Chorlton Runners	48:50
29	149	Hannah Brierley		Manchester Ymca H	37:41	67	410	Gemma Lovegrove	Chorlton Runners	50:25
30	264	Ruth Beresford		Trafford AC	37:51	68	241	Laura Cunningham	Middleton H AC	53:05
31	297	Pamela Read		E Cheshire H&tameside AC	37:58	69	224	Jennifer Lutton	Manchester Triathlon	53:18
32	100	Carolyn Lewtas		Salford Met AC	37:59	70	515	Megan Johnson	Swinton RC	54:41
33	173	Laura Bostock		Altrincham & District	38:00	71	412	Helen Rees	Chorlton Runners	56:08
34	40	Cheryl Rock		Stockport H&ac	38:07	72	285	Lucy Davidson	E Cheshire H&tameside AC	59:26
35	158	Marieanne Bigotsazy		Salford H&ac	38:10	73	192	Nina Barthel	Manchester Frontrunners	1:01:30
36	472	Sally Teague		E Cheshire H&tameside AC	38:21	74	150	Jennifer Delaney	Manchester Ymca H	1:08:20
37	314	Daisy Pickles		Macclesfield H&ac	38:29	75	498	Catherine Cutts	Chorlton Runners	1:10:17
38	101	Olivia McDermott		Salford Met AC	38:37					

Senior Women (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time					
1	91	Diane McVey	L35	1 Wilmslow RC	31:15	18	366	Julie Hamilton	L35 18 Swinton RC	40:27
2	167	Tessa Walker	L35	2 Salford H&ac	31:34	19	168	Hayley Winder	L35 19 Salford H&ac	41:03
3	315	Kristy Gill	L35	3 Macclesfield H&ac	33:42	20	333	Catherine Jones	L35 20 Sale H Manchester	41:13
4	317	Helen Armitage	L35	4 Sale H Manchester	34:38	21	351	Natalie Woodford	L35 21 Sale H Manchester	41:14
5	140	Zoe Barton	L35	5 Glossopdale Harriers	34:51	22	475	Viv Samuelson	L35 22 Swinton RC	41:49
6	277	Julie Price	L35	6 Trafford AC	34:57	23	459	Denise Irving	L35 23 Winston Runners	42:02
7	440	Claire Murphy	L35	7 St Helens Striders	35:42	24	239	Elaine Bladesjordan	L35 24 Middleton H AC	42:08
8	204	Rebecca Brand	L35	8 Manchester Triathlon	36:02	25	374	Lisa Ottwiler	L35 25 Swinton RC	43:13
9	423	Vicky Wright	L35	9 Hyde Village Striders	36:55	26	92	Sarah Miles	L35 26 Wilmslow RC	44:16
10	265	Claire Chaffer	L35	10 Trafford AC	37:30	27	373	Helen Nation	L35 27 Swinton RC	45:44
11	467	Angelique Bueler	L35	11 Chorlton Runners	37:38	28	436	Beata Knychala	L35 28 Winston Runners	47:50
12	133	Nicola Lloyd	L35	12 Bramhall Runners	38:32	29	255	Anne Lowe	L35 29 Middleton H AC	50:13
13	203	Sophie Barnett	L35	13 Manchester Triathlon	38:52	30	195	Mel Johnson	L35 30 Manchester Frontrunners	54:24
14	405	Charlotte Durand	L35	14 Chorlton Runners	39:11	31	113	Ruth Amin	L35 31 Belle Vue Racers	54:27
15	154	Emma Rettig	L35	15 Manchester Ymca H	39:52	32	508	Lauren Berger	L35 32 Chorlton Runners	56:10
16	517	Jane Graney	L35	16 Swinton RC	40:19	33	417	Jennifer Turner	L35 33 Chorlton Runners	59:24
17	326	Jenny Clink	L35	17 Sale H Manchester	40:21	34	408	Jayne Langlands	L35 34 Chorlton Runners	1:11:18

Senior Women (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time					
1	165	Beverley Simons	L40	1 Salford H&ac	32:08	19	148	Emma Bedford	L40 19 Manchester Ymca H	40:43
2	393	Sarah Kearney	L40	2 Wirral AC	34:12	20	215	Sonia Harris	L40 20 Manchester Triathlon	40:45
3	80	Katy Green	L40	3 Wilmslow RC	34:19	21	338	Carla Ousey	L40 21 Sale H Manchester	40:49
4	232	Jude Wall	L40	4 Manchester Triathlon	35:58	22	199	Ruth Travis	L40 22 Manchester Frontrunners	41:14
5	45	Samantha Thomas	L40	5 Stockport H&ac	36:54	23	162	Ruth Ollerenshaw	L40 23 Salford H&ac	41:32
6	184	Madeleine Hill	L40	6 Dragons Rc (sale)	36:57	24	291	Melanie Kay	L40 24 E Cheshire H&tameside AC	42:45
7	516	Linda Hiscock	L40	7 Stockport H&ac	37:20	25	421	Debbie Smith	L40 25 Hyde Village Striders	43:29
8	368	Lauren Marsden	L40	8 Swinton RC	37:35	26	298	Nicola Richards	L40 26 E Cheshire H&tameside AC	44:03
9	74	Diane Bygrave	L40	9 Wilmslow RC	37:44	27	227	Ana Quintana	L40 27 Manchester Triathlon	44:04
10	356	Julia Eccleston	L40	10 St Helens Sutton AC	38:17	28	375	Sharen Roberts	L40 28 Swinton RC	44:34
11	387	Katie Benson	L40	11 Warrington Tri Club	38:26	29	219	Sarka Jeremic	L40 29 Manchester Triathlon	45:19
12	496	Louise Hogg	L40	12 St Helens Sutton AC	38:41	30	2023	Carol Ockwell	L40 30 Unattached	45:57
13	276	Rachel McDonnell	L40	13 Trafford AC	38:48	31	363	Lynne Davies	L40 31 Swinton RC	46:42
14	238	Emma Ball	L40	14 Middleton H AC	39:12	32	123	Catherine McKenna	L40 32 Belle Vue Racers	47:32
15	183	Joanne Healy	L40	15 Dragons Rc (sale)	39:22	33	169	Fiona Ashworth	L40 33 Winston Runners	48:29
16	321	Sarah Bowman	L40	16 Sale H Manchester	39:32	34	378	Mel Whittington	L40 34 Swinton RC	50:39
17	244	Michelle Fuller	L40	17 Middleton H AC	40:03	35	110	Adele Fisher	L40 35 Abc Runners	51:59
18	201	Cathy Atkinson	L40	18 Manchester Triathlon	40:23					

Senior Women (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time					
1	269	Alison Drasdo	L45	1 Trafford AC	35:03	16	180 Jane Nicholson	L45	16 Altrincham & District	42:48
2	249	Michelle Hussain	L45	2 Middleton H AC	35:05	17	191 Miranda Taylor	L45	17 Knutsford Tri Club	42:49
3	274	Joanne Lott	L45	3 Trafford AC	35:34	18	256 Catherine Murphy	L45	18 Middleton H AC	43:11
4	77	Janine Ellis	L45	4 Wilmslow RC	35:38	19	142 Vicki Hamilton	L45	19 Glossopdale Harriers	43:20
5	68	Helen Smith	L45	5 Vale Royal AC	35:53	20	437 Dot Muldoon	L45	20 Winston Runners	44:08
6	35	Jayne Lawton	L45	6 Stockport H&ac	36:44	21	288 Andrea Edwards	L45	21 E Cheshire H&tameside AC	45:05
7	226	Gail O'Hare	L45	7 Manchester Triathlon	37:00	22	99 Janet Wyles	L45	22 Wilmslow RC	45:15
8	449	Liz Smith	L45	8 Macclesfield H&ac	38:13	23	4 Debbie Beresford	L45	23 Manchester H&ac	45:25
9	293	Emma McQueen	L45	9 E Cheshire H&tameside AC	38:24	24	360 Clare Batten	L45	24 Swinton RC	46:06
10	208	Claire Deane	L45	10 Manchester Triathlon	38:56	25	389 Charlie Scholl	L45	25 Warrington Tri Club	46:39
11	495	Sonya Monaghan	L45	11 St Helens Sutton AC	39:03	26	361 Mandy Beard	L45	26 Swinton RC	47:00
12	29	Gillian Doolan	L45	12 Stockport H&ac	39:07	27	484 Susan Mee	L45	27 Winston Runners	48:52
13	432	Myka Heard	L45	13 Abc Runners	39:28	28	136 Jo Podolanski	L45	28 Bramhall Runners	52:15
14	151	Steph Goodchild	L45	14 Manchester Ymca H	40:40	29	126 Fiona Seymour	L45	29 Belle Vue Racers	52:18
15	144	Lindsay Palmer	L45	15 Glossopdale Harriers	41:28	30	493 Lynda Clifford	L45	30 Winston Runners	53:26

Senior Women (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	79	Sally Gilliver	L50	1 Wilmslow RC	36:02	9	56 Joanne Edwards	L50	9 Vale Royal AC	40:48
2	42	Lesley Sinclair	L50	2 Stockport H&ac	36:06	10	316 Hanny Stockman	L50	10 Macclesfield H&ac	42:09
3	299	Janine Ridgard	L50	3 E Cheshire H&tameside AC	36:56	11	13 Ann McLaughlin	L50	11 Manchester H&ac	42:38
4	273	Catherine Hurst	L50	4 Trafford AC	38:47	12	87 Julie Lucas	L50	12 Wilmslow RC	46:13
5	98	Kate Sutton	L50	5 Wilmslow RC	38:50	13	172 Carron Lane	L50	13 Winston Runners	52:19
6	342	Lynda Rowlinson	L50	6 Sale H Manchester	38:58	14	155 Olivia Scates	L50	14 Manchester Ymca H	54:21
7	310	Jo Miles	L50	7 Macclesfield H&ac	39:34	15	512 Kate MacDonald	L50	15 Chorlton Runners	54:47
8	198	Linda Rix	L50	8 Manchester Frontrunners	40:20	16	250 Sandra Hutchinson	L50	16 Middleton H AC	1:00:28

Senior Women (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time					
1	93	Nicky Mowat	L55	1 Wilmslow RC	38:49	43:46				
2	353	Lynne Yates	L55	2 Sale H Manchester	40:14	5	178 Maggie Jones	L55	5 Altrincham & District	48:40
3	49	Hilary West	L55	3 Stockport H&ac	42:38	6	494 Ros Dyde	L55	6 Winston Runners	52:25
4	301	Gillian Wolstenholme	L55	4 E Cheshire H&tameside AC		7	403 Val Brennan	L55	7 Chorlton Runners	53:46

Senior Women (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	177	Annamarie Jones	L60	1 Altrincham & District	38:04
2	294	Angela Oldham	L60	2 E Cheshire H&tameside AC	38:57
3	270	Sue Exon	L60	3 Trafford AC	41:45
4	247	Teresa Hollins	L60	4 Middleton H AC	45:10
5	354	Pam Appleton	L60	5 St Helens Sutton AC	45:13
6	72	Carole Williams	L60	6 Vale Royal AC	47:12
7	246	Ruth Hare	L60	7 Middleton H AC	49:13

Senior Women (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	28	Alexis Dinsmor	L65	1 Stockport H&ac	46:04
2	243	Christine Eckersley	L65	2 Middleton H AC	47:05
3	488	Liz Spensley	L65	3 Abc	53:42

Manchester Area Cross Country League

at Sherdley Park, St Helens on Sunday 8th November 2014

Senior Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time					
1	510	Elle Vernon		Stockport H&ac	28:44	85	334	Deirdre McCarthy	Sale H Manchester	38:40
2	91	Diane McVey	L35 1	Wilmslow RC	31:15	86	496	Louise Hogg	L40 12 St Helens Sutton AC	38:41
3	167	Tessa Walker	L35 2	Salford H&ac	31:34	87	402	Leona Beaumont	Chorlton Runners	38:45
4	380	Hannah Brown	U20 1	University Of Manchester CCC	31:50	88	273	Catherine Hurst	L50 4 Trafford AC	38:47
5	319	Sarah Barker		Sale H Manchester	32:03	89	276	Rachel McDonnell	L40 13 Trafford AC	38:48
6	165	Beverley Simons	L40 1	Salford H&ac	32:08	90	93	Nicky Mowat	L55 1 Wilmslow RC	38:49
7	23	Elizabeth Apsley	U20 2	Stockport H&ac	32:28	91	129	Emma Hill	Bramhall Runners	38:50
8	355	Gemma Connolly		St Helens Sutton AC	32:33	92	98	Kate Sutton	L50 5 Wilmslow RC	38:50
9	30	Ellen Downs	U20 3	Stockport H&ac	32:39	93	300	Hayley Simpson	U20 11 E Cheshire H&tameside AC	38:51
10	214	Rachel Hall		Manchester Triathlon	32:54	94	203	Sophie Barnett	L35 13 Manchester Triathlon	38:52
11	2019	\$Catherine Howard		Knowsley Harriers	33:05	95	208	Claire Deane	L45 10 Manchester Triathlon	38:56
12	272	Hannah Griffiths		Trafford AC	33:11	96	294	Angela Oldham	L60 2 E Cheshire H&tameside AC	38:57
13	332	Victoria Hayes		Sale H Manchester	33:17	97	342	Lynda Rowlinson	L50 6 Sale H Manchester	38:58
14	322	Luisa Candioli		Sale H Manchester	33:20	98	344	Jennifer Simmons	Sale H Manchester	39:00
15	266	Vicki Cronin		Trafford AC	33:30	99	495	Sonya Monaghan	L45 11 St Helens Sutton AC	39:03
16	318	Hayley Ashby		Sale H Manchester	33:35	100	29	Gillian Doolan	L45 12 Stockport H&ac	39:07
17	392	Emily Kearney	U20 4	Wirral AC	33:40	101	405	Charlotte Durand	L35 14 Chorlton Runners	39:11
18	315	Kristy Gill	L35 3	Macclesfield H&ac	33:42	102	238	Emma Ball	L40 14 Middleton H AC	39:12
19	393	Sarah Kearney	L40 2	Wirral AC	34:12	103	183	Joanne Healy	L40 15 Dragons Rc (sale)	39:22
20	80	Katy Green	L40 3	Wilmslow RC	34:19	104	499	Lorraine Pang	Chorlton Runners	39:23
21	349	Kathy Wellam		Sale H Manchester	34:20	105	432	Myka Heard	L45 13 Abc Runners	39:28
22	465	Emma Finney		Sale H Manchester	34:23	106	321	Sarah Bowman	L40 16 Sale H Manchester	39:32
23	163	Anabeth Orton		Salford H&ac	34:31	107	310	Jo Miles	L50 7 Macclesfield H&ac	39:34
24	317	Helen Armitage	L35 4	Sale H Manchester	34:38	108	154	Emma Rettig	L35 15 Manchester Ymca H	39:52
25	511	\$Laura Bestow		Vale Royal AC	34:45	109	185	Siobhan Lillie	Dragons Rc (sale)	39:58
26	457	Molly Savill	U20 5	University Of Manchester CCC	34:48	110	244	Michelle Fuller	L40 17 Middleton H AC	40:03
27	140	Zoe Barton	L35 5	Glossopdale Harriers	34:51	111	7	Sophie Flanagan	Manchester H&ac	40:09
28	474	Naomi Alleyne		University Of Manchester CCC	34:56	112	504	Sadia Haq	Chorlton Runners	40:11
29	277	Julie Price	L35 6	Trafford AC	34:57	113	353	Lynne Yates	L55 2 Sale H Manchester	40:14
30	2021	\$Jane Thomas		Cheltenham Harriers	34:58	114	517	Jane Graney	L35 16 Swinton RC	40:19
31	269	Alison Drasdo	L45 1	Trafford AC	35:03	115	198	Linda Rix	L50 8 Manchester Frontrunners	40:20
32	249	Michelle Hussain	L45 2	Middleton H AC	35:05	116	326	Jenny Clink	L35 17 Sale H Manchester	40:21
33	290	Bethany Hirst		E Cheshire H&tameside AC	35:06	117	201	Cathy Atkinson	L40 18 Manchester Triathlon	40:23
34	478	Lora Blann		Altrincham & District	35:09	118	376	Helen Ryan	Swinton RC	40:24
35	20	Emma Tolond		Manchester H&ac	35:10	119	366	Julie Hamilton	L35 18 Swinton RC	40:27
36	143	Kirsty Johnson		Glossopdale Harriers	35:28	120	311	Nina Moss	Macclesfield H&ac	40:29
37	433	Marie Leahy		Abc Runners	35:32	121	371	Rebecca Mills	Swinton RC	40:33
38	274	Joanne Lott	L45 3	Trafford AC	35:34	122	151	Steph Goodchild	L45 14 Manchester Ymca H	40:40
39	509	Holly Tidd	U20 6	Warrington AC	35:37	123	148	Emma Bedford	L40 19 Manchester Ymca H	40:43
40	77	Janine Ellis	L45 4	Wilmslow RC	35:38	124	215	Sonia Harris	L40 20 Manchester Triathlon	40:45
41	359	Rachel McGoldrick	U20 7	St Helens Sutton AC	35:39	125	56	Joanne Edwards	L50 9 Vale Royal AC	40:48
42	440	Claire Murphy	L35 7	St Helens Striders	35:42	126	338	Carla Ousey	L40 21 Sale H Manchester	40:49
43	68	Helen Smith	L45 5	Vale Royal AC	35:53	127	168	Hayley Winder	L35 19 Salford H&ac	41:03
44	232	Jude Wall	L40 4	Manchester Triathlon	35:58	128	32	Alice Hughes	U20 12 Stockport H&ac	41:05
45	79	Sally Gilliver	L50 1	Wilmslow RC	36:02	129	418	Alison Wainwright	Chorlton Runners	41:06
46	204	Rebecca Brand	L35 8	Manchester Triathlon	36:02	130	333	Catherine Jones	L35 20 Sale H Manchester	41:13
47	42	Lesley Sinclair	L50 2	Stockport H&ac	36:06	131	199	Ruth Travis	L40 22 Manchester Frontrunners	41:14
48	473	Holly Teague		E Cheshire H&tameside AC	36:17	132	351	Natalie Woodford	L35 21 Sale H Manchester	41:14
49	513	Rachael Hibberd	U20 8	Sale H Manchester	36:19	133	469	Amy Barter	Stockport H&ac	41:26
50	35	Jayne Lawton	L45 6	Stockport H&ac	36:44	134	144	Lindsay Palmer	L45 15 Glossopdale Harriers	41:28
51	45	Samantha Thomas	L40 5	Stockport H&ac	36:54	135	162	Ruth Ollerenshaw	L40 23 Salford H&ac	41:32
52	423	Vicky Wright	L35 9	Hyde Village Striders	36:55	136	138	Claire Stott	Bramhall Runners	41:34
53	299	Janine Ridgard	L50 3	E Cheshire H&tameside AC	36:56	137	2029	\$ShuLing Li	Unattached	41:40
54	184	Madeleine Hill	L40 6	Dragons Rc (sale)	36:57	138	270	Sue Exon	L60 3 Trafford AC	41:45
55	313	Paula Nimmo		Macclesfield H&ac	36:57	139	475	Viv Samuelson	L35 22 Swinton RC	41:49
56	416	Ingrid Storm		Chorlton Runners	36:58	140	459	Denise Irving	L35 23 Swinton Runners	42:02
57	226	Gail O'Hare	L45 7	Manchester Triathlon	37:00	141	239	Elaine BladesJordan	L35 24 Middleton H AC	42:08
58	518	Imogen Nutter		Stockport H&ac	37:05	142	316	Hanny Stockman	L50 10 Macclesfield H&ac	42:09
59	352	Jennifer Yates		Sale H Manchester	37:09	143	218	Helen Jaques	Manchester Triathlon	42:14
60	507	Katy Newton		Chorlton Runners	37:18	144	117	Leah Evans	Belle Vue Racers	42:25
61	516	Linda Hiscock	L40 7	Stockport H&ac	37:20	145	13	Ann McLaughlin	L50 11 Manchester H&ac	42:38
62	358	Maria McGoldrick	U20 9	St Helens Sutton AC	37:21	146	49	Hilary West	L55 3 Stockport H&ac	42:38
63	268	Camella Davis		Trafford AC	37:28	147	291	Melanie Kay	L40 24 E Cheshire H&tameside AC	42:45
64	265	Claire Chaffer	L35 10	Trafford AC	37:30	148	180	Jane Nicholson	L45 16 Altrincham & District	42:48
65	368	Lauren Marsden	L40 8	Swinton RC	37:35	149	171	Sarah Hooks	Winston Runners	42:49
66	467	Angelique Bueler	L35 11	Chorlton Runners	37:38	150	191	Miranda Taylor	L45 17 Knutsford Tri Club	42:49
67	149	Hannah Brierley		Manchester Ymca H	37:41	151	477	April Wilkinson	Swinton RC	43:04
68	74	Diane Bygrave	L40 9	Wilmslow RC	37:44	152	346	Alice Smedley	Sale H Manchester	43:04
69	264	Ruth Beresford		Trafford AC	37:51	153	256	Catherine Murphy	L45 18 Middleton H AC	43:11
70	297	Pamela Read		E Cheshire H&tameside AC	37:58	154	374	Lisa Ottiwell	L35 25 Swinton RC	43:13
71	100	Carolyn Lewtas		Salford Met AC	37:59	155	142	Vicki Hamilton	L45 19 Glossopdale Harriers	43:20
72	173	Laura Bostock		Altrincham & District	38:00	156	421	Debbie Smith	L40 25 Hyde Village Striders	43:29
73	177	Annmarie Jones	L60 1	Altrincham & District	38:04	157	111	Sarah Hodgkinson	Abc Runners	43:45
74	65	Emma Pyatt	U20 10	Vale Royal AC	38:05	158	301	Gillian Wolstenholme	L55 4 E Cheshire H&tameside AC	43:46
75	40	Cheryl Rock		Stockport H&ac	38:07	159	298	\$Nicola Richards	L40 26 E Cheshire H&tameside AC	44:03
76	158	Marieanne Bigotsazy		Salford H&ac	38:10	160	227	Ana Quintana	L40 27 Manchester Triathlon	44:04
77	449	Liz Smith	L45 8	Macclesfield H&ac	38:13	161	437	Dot Muldoon	L45 20 Swinton Runners	44:08
78	356	Julia Eccleston	L40 10	St Helens Sutton AC	38:17	162	92	Sarah Miles	L35 26 Wilmslow RC	44:16
79	472	Sally Teague		E Cheshire H&tameside AC	38:21	163	375	Sharen Roberts	L40 28 Swinton RC	44:34
80	293	Emma McQueen	L45 9	E Cheshire H&tameside AC	38:24	164	22	Wendy Woodhead	Manchester H&ac	45:04
81	387	Katie Benson	L40 11	Warrington Tri Club	38:26	165	288	Andrea Edwards	L45 21 E Cheshire H&tameside AC	45:05
82	314	Daisy Pickles		Macclesfield H&ac	38:29	166	247	Teresa Hollins	L60 4 Middleton H AC	45:10
83	133	Nicola Lloyd	L35 12	Bramhall Runners	38:32	167	354	Pam Appleton	L60 5 St Helens Sutton AC	45:13
84	101	Olivia McDermott		Salford Met AC	38:37	168	99	Janet Wyles	L45 22 Wilmslow RC	45:15

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 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

169 219 Sarka Jeremic	L40 29	Manchester Triathlon	45:19	195 378 Mel Whittington	L40 34	Swinton RC	50:39
170 4 Debbie Beresford	L45 23	Manchester H&ac	45:25	196 110 Adele Fisher	L40 35	Abc Runners	51:59
171 373 Helen Nation	L35 27	Swinton RC	45:44	197 136 Jo Podolanski	L45 28	Bramhall Runners	52:15
1722023\$Carol Ockwell	L40 30	Unattached	45:57	198 126 Fiona Seymour	L45 29	Belle Vue Racers	52:18
173 407 Helen Hall		Chorlton Runners	45:59	199 172 Carron Lane	L50 13	Winston Runners	52:19
174 28 Alexis Dinsmor	L65 1	Stockport H&ac	46:04	200 494 Ros Dyde	L55 6	Winston Runners	52:25
175 360 Clare Batten	L45 24	Swinton RC	46:06	201 241 Laura Cunningham		Middleton H AC	53:05
176 87 Julie Lucas	L50 12	Wilmslow RC	46:13	202 224 Jennifer Lutton		Manchester Triathlon	53:18
177 12 Kirsty Lyons		Manchester H&ac	46:17	203 493 Lynda Clifford	L45 30	Winston Runners	53:26
178 211 Alexa Goodjacomb		Manchester Triathlon	46:35	204 488 Liz Spensley	L65 3	Abc	53:42
179 389 Charlie Scholl	L45 25	Warrington Tri Club	46:39	205 403 Val Brennan	L55 7	Chorlton Runners	53:46
180 363 Lynne Davies	L40 31	Swinton RC	46:42	206 155 Olivia Scates	L50 14	Manchester Ymca H	54:21
181 361 Mandy Beard	L45 26	Swinton RC	47:00	207 195 Mel Johnson	L35 30	Manchester Frontrunners	54:24
182 243 Christine Eckersley	L65 2	Middleton H AC	47:05	208 113 Ruth Amin	L35 31	Belle Vue Racers	54:27
183 503 Sophie Cunningham		Chorlton Runners	47:09	209 515 \$Megan Johnson		Swinton RC	54:41
184 72 Carole Williams	L60 6	Vale Royal AC	47:12	210 512 Kate MacDonald	L50 15	Chorlton Runners	54:47
185 123 Catherine McKenna	L40 32	Belle Vue Racers	47:32	211 412 Helen Rees		Chorlton Runners	56:08
186 436 Beata Knychala	L35 28	Winston Runners	47:50	212 508 Lauren Berger	L35 32	Chorlton Runners	56:10
187 458 Elizabeth Malone		Warrington Tri Club	47:54	213 417 Jennifer Turner	L35 33	Chorlton Runners	59:24
188 169 Fiona Ashworth	L40 33	Winston Runners	48:29	214 285 Lucy Davidson		E Cheshire H&tameside AC	59:26
189 178 Maggie Jones	L55 5	Altrincham & District	48:40	215 250 Sandra Hutchinson	L50 16	Middleton H AC	1:00:28
190 514 Laura Heaney		Chorlton Runners	48:50	216 192 Nina Barthel		Manchester Frontrunners	1:01:30
191 484 Susan Mee	L45 27	Winston Runners	48:52	217 150 Jennifer Delaney		Manchester Ymca H	1:08:20
192 246 Ruth Hare	L60 7	Middleton H AC	49:13	218 498 Catherine Cutts		Chorlton Runners	1:10:17
193 255 Anne Lowe	L35 29	Middleton H AC	50:13	219 408 Jayne Langlands	L35 34	Chorlton Runners	1:11:18
194 410 Gemma Lovegrove		Chorlton Runners	50:25				

Senior Women — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sale H Manchester	45	—	5 Sarah Barker	12 Victoria Hayes	13 Luisa Candioli	15 Hayley Ashby
2 Stockport H&ac	61	—	1 Elle Vernon	7 Elizabeth Apsley	9 Ellen Downs	44 Lesley Sinclair
3 Trafford AC	80	—	11 Hannah Griffiths	14 Vicki Cronin	27 Julie Price	28 Alison Drasdo
4 Wilmslow RC	100	—	2 Diane McVey	19 Katy Green	37 Janine Ellis	42 Sally Gilliver
5 Salford H&ac	104	—	3 Tessa Walker	6 Beverley Simons	22 Anabeth Orton	73 Marieanne Bigotsazy
6 Sale H Manchester 'B'	110	—	20 Kathy Wellam	21 Emma Finney	23 Helen Armitage	46 Rachael Hibberd
7 Manchester Triathlon	148	—	10 Rachel Hall	41 Jude Wall	43 Rebecca Brand	54 Gail O'Hare
8 St Helens Sutton AC	180	—	8 Gemma Connolly	38 Rachel McGoldrick	59 Maria McGoldrick	75 Julia Eccleston
9 E Cheshire H&tameside AC	192	—	30 Bethany Hirst	45 Holly Teague	50 Janine Ridgard	67 Pamela Read
10 Stockport H&ac 'B'	208	—	47 Jayne Lawton	48 Samantha Thomas	55 Imogen Nutter	58 Linda Hiscock
11 Trafford AC 'B'	222	—	35 Joanne Lott	60 Camella Davis	61 Claire Chaffer	66 Ruth Beresford
12 Macclesfield H&ac	222	—	17 Kristy Gill	52 Paula Nimmo	74 Liz Smith	79 Daisy Pickles
13 Chorlton Runners	257	—	53 Ingrid Storm	57 Katy Newton	63 Angelique Bueler	84 Leona Beaumont
14 Altrincham & District	314	—	31 Lora Blann	69 Laura Bostock	70 Annmarie Jones	144 Jane Nicholson
15 Sale H Manchester 'C'	327	—	56 Jennifer Yates	82 Deirdre McCarthy	94 Lynda Rowlinson	95 Jennifer Simmons
16 E Cheshire H&tameside AC 'B'	336	—	76 Sally Teague	77 Emma McQueen	90 Hayley Simpson	93 Angela Oldham
17 Glossopdale Harriers	340	—	25 Zoe Barton	33 Kirsty Johnson	131 Lindsay Palmer	151 Vicki Hamilton
18 Middleton H AC	372	—	29 Michelle Hussain	99 Emma Ball	107 Michelle Fuller	137 Elaine Blades Jordan
19 Wilmslow RC 'B'	398	—	65 Diane Bygrave	87 Nicky Mowat	89 Kate Sutton	157 Sarah Miles
20 Swinton RC	404	—	62 Lauren Marsden	111 Jane Graney	115 Helen Ryan	116 Julie Hamilton
21 Manchester Ymca H	408	—	64 Hannah Brierley	105 Emma Rettig	119 Steph Goodchild	120 Emma Bedford
22 Vale Royal AC	411	—	40 Helen Smith	71 Emma Pyatt	122 Joanne Edwards	178 Carole Williams
23 Manchester Triathlon 'B'	418	—	91 Sophie Barnett	92 Claire Deane	114 Cathy Atkinson	121 Sonia Harris
24 Stockport H&ac 'C'	424	—	72 Cheryl Rock	97 Gillian Doolan	125 Alice Hughes	130 Amy Barter
25 Chorlton Runners 'B'	434	—	98 Charlotte Durand	101 Lorraine Pang	109 Sadia Haq	126 Alison Wainwright
26 Manchester H&ac	440	—	32 Emma Tolond	108 Sophie Flanagan	141 Ann McLaughlin	159 Wendy Woodhead
27 Sale H Manchester 'D'	449	—	103 Sarah Bowman	110 Lynne Yates	113 Jenny Clink	123 Carla Ousey
28 Abc Runners	479	—	34 Marie Leahy	102 Myka Heard	153 Sarah Hodgkinson	190 Adele Fisher
29 Bramhall Runners	492	—	80 Nicola Lloyd	88 Emma Hill	133 Claire Stott	191 Jo Podolanski
30 Swinton RC 'B'	550	—	118 Rebecca Mills	135 Viv Samuelson	147 April Wilkinson	150 Lisa Ottiwell
31 Winston Runners	617	—	136 Denise Irving	145 Sarah Hooks	156 Dot Muldoon	180 Beata Knychala
32 Manchester Triathlon 'C'	630	—	139 Helen Jaques	155 Ana Quintana	164 Sarka Jeremic	172 Alexa Goodjacomb
33 Manchester Frontrunners	650	—	112 Linda Rix	128 Ruth Travis	201 Mel Johnson	209 Nina Barthel
34 E Cheshire H&tameside AC 'C'	664	—	143 Melanie Kay	154 Gillian Wolstenholme	160 Andrea Edwards	207 Lucy Davidson
35 Swinton RC 'C'	667	—	158 Sharen Roberts	166 Helen Nation	169 Clare Batten	174 Lynne Davies
36 Middleton H AC 'B'	672	—	149 Catherine Murphy	161 Teresa Hollins	176 Christine Eckersley	186 Ruth Hare
37 Belle Vue Racers	713	—	140 Leah Evans	179 Catherine McKenna	192 Fiona Seymour	202 Ruth Amin
38 Chorlton Runners 'C'	716	—	167 Helen Hall	177 Sophie Cunningham	184 Laura Heaney	188 Gemma Lovegrove
39 Winston Runners 'B'	754	—	182 Fiona Ashworth	185 Susan Mee	193 Carron Lane	194 Ros Dyde
40 Chorlton Runners 'D'	811	—	199 Val Brennan	203 Kate MacDonald	204 Helen Rees	205 Lauren Berger

Senior Women (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Wilmslow RC	20 — 1 Diane McVey	6 Katy Green	13 Janine Ellis
2 Trafford AC	31 — 9 Julie Price	10 Alison Drasdo	12 Joanne Lott
3 Manchester Triathlon	59 — 16 Jude Wall	18 Rebecca Brand	25 Gail O'Hare
4 Stockport H&ac	60 — 19 Lesley Sinclair	20 Jayne Lawton	21 Samantha Thomas
5 Salford H&ac	72 — 2 Tessa Walker	3 Beverley Simons	67 Hayley Winder
6 Wilmslow RC 'B'	87 — 17 Sally Gilliver	30 Diane Bygrave	40 Nicky Mowat
7 Macclesfield H&ac	89 — 4 Kristy Gill	32 Liz Smith	53 Jo Miles
8 E Cheshire H&tameside AC	101 — 23 Janine Ridgard	34 Emma McQueen	44 Angela Oldham
9 Trafford AC 'B'	104 — 27 Claire Chaffer	38 Catherine Hurst	39 Rachel McDonnell
10 Sale H Manchester	104 — 7 Helen Armitage	45 Lynda Rowlinson	52 Sarah Bowman
11 Middleton H AC	115 — 11 Michelle Hussain	49 Emma Ball	55 Michelle Fuller
12 St Helens Sutton AC	116 — 33 Julia Eccleston	37 Louise Hogg	46 Sonya Monaghan
13 Manchester Triathlon 'B'	145 — 42 Sophie Barnett	43 Claire Deane	60 Cathy Atkinson
14 Swinton RC	146 — 28 Lauren Marsden	57 Jane Graney	61 Julie Hamilton
15 Stockport H&ac 'B'	152 — 26 Linda Hiscock	47 Gillian Doolan	79 Hilary West
16 Glossopdale Harriers	164 — 8 Zoe Barton	71 Lindsay Palmer	85 Vicki Hamilton
17 Manchester Ymca H	179 — 54 Emma Rettig	62 Steph Goodchild	63 Emma Bedford
18 Sale H Manchester 'B'	181 — 56 Lynne Yates	59 Jenny Clink	66 Carla Ousey
19 Vale Royal AC	186 — 15 Helen Smith	65 Joanne Edwards	106 Carole Williams
20 Chorlton Runners	199 — 29 Angelique Bueler	48 Charlotte Durand	122 Val Brennan
21 Altrincham & District	222 — 31 Annmarie Jones	81 Jane Nicholson	110 Maggie Jones
22 Wilmslow RC 'C'	226 — 41 Kate Sutton	90 Sarah Miles	95 Janet Wyles
23 Manchester Triathlon 'C'	248 — 64 Sonia Harris	88 Ana Quintana	96 Sarka Jeremic
24 Swinton RC 'B'	249 — 74 Viv Samuelson	84 Lisa Ottiwell	91 Sharen Roberts
25 Manchester Frontrunners	251 — 58 Linda Rix	69 Ruth Travis	124 Mel Johnson
26 Middleton H AC 'B'	252 — 76 Elaine Blades Jordan	83 Catherine Murphy	93 Teresa Hollins
27 E Cheshire H&tameside AC 'B'	259 — 80 Melanie Kay	87 Gillian Wolstenholme	92 Andrea Edwards
28 Winston Runners	272 — 75 Denise Irving	89 Dot Muldoon	108 Beata Knychala
29 Swinton RC 'C'	301 — 98 Helen Nation	100 Clare Batten	103 Lynne Davies
30 Middleton H AC 'C'	330 — 105 Christine Eckersley	112 Ruth Hare	113 Anne Lowe
31 Winston Runners 'B'	338 — 109 Fiona Ashworth	111 Susan Mee	118 Carron Lane
32 Belle Vue Racers	349 — 107 Catherine McKenna	117 Fiona Seymour	125 Ruth Amin
33 Chorlton Runners 'B'	381 — 126 Kate MacDonald	127 Lauren Berger	128 Jennifer Turner

Manchester Area Cross Country League

at Sherdley Park, St Helens on Sunday 8th November 2014

Senior Men aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time					
1	2020	Bertie Houghton	U20	1 Doncaster Ac	32:03	12	332 Richard McGeachie	U20	12 Halton & Frodsham	36:51
2	858	Dan Jarvis	U20	2 Liverpool H&ac	32:33	13	87 Danny Morrison	U20	13 Vale Royal AC	36:59
3	904	Cameron Field	U20	3 Liverpool Harriers	32:37	14	880 Josh Walton	U20	14 Stockport H&ac	37:52
4	868	Sam Whitehead	U20	4 Vale Royal AC	33:25	15	844 Matt Hulse	U20	15 Vale Royal AC	38:15
5	2031	Liam Burthem	U20	5 Unattached	34:22	16	884 Sam Mayon	U20	16 Sale H Manchester	41:30
6	792	Adam Sciacca	U20	6 University Of Manchester Ccc	34:57	17	545 Eugene Adefe	U20	17 Sale H Manchester	42:12
7	902	Jonathon Mullen	U20	7 Liverpool H&ac	35:52	18	821 Ryan Terrey	U20	18 E Cheshire H & Tameside AC	42:12
8	791	Josh Nevin	U20	8 University Of Manchester Ccc	36:10	19	27 Simon Chadwick	U20	19 Stockport H&ac	42:31
9	554	Matthew Beacock	U20	9 Sale H Manchester	36:12	20	231 Daniel Bolton	U20	20 Ribble Valley AC	43:03
10	98	Patrick Stradling	U20	10 Vale Royal AC	36:44	21	682 Dan Pettitt	U20	21 University Of Manchester Ccc	43:39
11	814	Chris Fance	U20	11 Warrington AC	36:49	22	887 John Ridyard	U20	22 Trafford AC	44:24

Senior Men aged 20 to 39

Pos	Num	Name	Cat/Pos	Club	Time					
1	780	Charlie Hulson		Sale H Manchester	31:18	72	2032 Ben Wolforth		Unattached	39:39
2	778	Gavin Hill		Sale H Manchester	31:43	73	380 Andy Adkin		Manchester Triathlon	39:41
3	309	David Norman		Altrincham & Dist AC	32:08	74	237 Richard Brook		Salford H&ac	39:55
4	869	Zekeriya Abery		Liverpool H&ac	32:27	75	164 Michael Hodgkinson		Abc Runners	39:57
5	510	Patrick Gardiner		E Cheshire H & Tameside AC	32:53	76	706 Jonathon Bell		Chorlton Runners	40:07
6	820	Andy Nixon		Stockport H&ac	33:00	77	893 Gary Lyons		Sale H Manchester	40:15
7	548	James Bailey		Sale H Manchester	33:17	78	145 Paul Connolly		Salford Met AC	40:16
8	848	Richard Burney		Liverpool H&ac	33:17	79	160 Robert Chesters		Abc Runners	40:21
9	849	Ricky Challinor		Liverpool H&ac	33:22	80	717 Thomas Jones		Chorlton Runners	40:28
10	853	James McNally		Liverpool H&ac	33:45	81	891 Tom Armstrong		Vale Royal AC	40:29
11	416	Alex Lawton		Manchester Triathlon	33:52	82	431 Murray Taylor		Manchester Triathlon	40:29
12	587	Nigel Martin		Sale H Manchester	33:55	83	328 Robert Wadsworth		Dragons Rc (sale)	40:30
13	785	James Wignll		Sale H Manchester	34:00	84	42 David Hulley		Stockport H&ac	40:30
14	471	Tom Charles		Trafford AC	34:07	85	897 Alexander Thomas		Salford H&ac	40:31
15	61	James Scottbucclough		Stockport H&ac	34:12	86	863 Tengjian Hong		University Of Manchester Ccc	40:35
16	851	Ben Martin		Liverpool H&ac	34:32	87	723 Jason McMinn		Chorlton Runners	40:36
17	630	Tom Griffiths		St Helens Sutton AC	34:56	88	663 Kevin Ryan		Swinton RC	40:49
18	139	Peter Speake		Wilmslow RC	35:02	89	550 Paul Barrett		Sale H Manchester	40:51
19	256	Bruno Lima		Salford H&ac	35:09	90	886 Aston Perrin		Swinton RC	40:52
20	888	Lee Siemaszko		Liverpool H&ac	35:16	91	198 Matthew Moran		Bramhall Runners	40:54
21	589	Stephen McCarron		Sale H Manchester	35:29	92	252 Chris Jones		Salford H&ac	41:03
22	426	Paul Savage		Manchester Triathlon	35:32	93	202 John Williams		Bramhall Runners	41:03
23	243	Jon Dance		Salford H&ac	35:34	94	890 Andrew Oliver		Macclesfield H&ac	41:03
24	823	Adam Simms		Altrincham & Dist AC	35:47	95	838 Dan Harbridge		Warrington Tri Club	41:14
25	563	Chris Donnelly		Sale H Manchester	36:08	96	227 Chris March		Manchester Ymca H	41:16
26	586	David Marsh		Sale H Manchester	36:13	97	13 Jonathan Reeh		Manchester H&ac	41:22
27	641	Simon Atkin		Swinton RC	36:14	98	200 Phil Ramsey		Bramhall Runners	41:59
28	2018	Alexis Valtat		Athletic Coeur De Fond	36:25	99	530 Carl Hanaghan		Macclesfield H&ac	42:04
29	524	Aaron Schofield		E Cheshire H & Tameside AC	36:27	100	788 Matthew Hamer		University Of Manchester Ccc	42:10
30	492	Darren Russell		Trafford AC	36:47	101	396 Dean Evans		Manchester Triathlon	42:19
31	606	Phil Scowcroft		Sale H Manchester	36:54	102	440 Chris Williams		Manchester Triathlon	42:20
32	456	Ryan Lindsay		Middleton H AC	36:56	103	306 Daniel Martell		Altrincham & Dist AC	42:30
33	233	Tommi Baker		Salford H&ac	36:57	104	127 Phil Matthews		Wilmslow RC	42:32
34	325	Mark Offord		Dragons Rc (sale)	37:02	105	365 Jono Guildford		Manchester Frontrunners	42:33
35	544	Scott Wilson		Macclesfield H&ac	37:07	106	610 Steve Surridge		Sale H Manchester	42:34
36	477	Timothy Fletcher		Trafford AC	37:11	107	716 Damien Jones		Chorlton Runners	42:35
37	257	John Lloyd		Salford H&ac	37:16	108	14 Chris Sewart		Manchester H&ac	42:49
38	302	Matthew Kelly		Altrincham & Dist AC	37:20	109	672 James Barringer		University Of Manchester Ccc	42:50
39	614	James Walsh		Sale H Manchester	37:24	110	685 Mike Douglas		Warrington Tri Club	42:58
40	466	Peter Bains		Trafford AC	37:25	111	359 David Chambers		Manchester Frontrunners	43:07
41	472	Richard Clancy		Trafford AC	37:26	112	732 Neal Wainwright		Chorlton Runners	43:11
42	659	Dave Parkin		Swinton RC	37:30	113	338 John Goggins		Knutsford Tri Club	43:32
43	89	Rob Olliver		Vale Royal AC	37:32	114	483 Ben Langley		Trafford AC	43:40
44	594	Andrew Mooney		Sale H Manchester	37:37	115	280 Paul Muldoon		Winston Runners	43:55
45	720	F MacDonaldOulds		Chorlton Runners	37:44	116	226 Rob Kedian		Manchester Ymca H	44:07
46	218	Richard Brierley		Manchester Ymca H	37:49	117	181 Andrew Taylor		Belle Vue Racers	44:10
47	828	Craig Jones		Manchester Ymca H	37:50	118	366 Steve Hatton		Manchester Frontrunners	44:21
48	527	Chris Bentley		Macclesfield H&ac	37:53	119	97 Iain Stanton		Vale Royal AC	44:37
49	163	Chris Green		Abc Runners	37:55	120	201 John Williams		Bramhall Runners	44:37
50	645	Chris Brown		Swinton RC	37:56	121	186 Adam Bird		Bramhall Runners	44:37
51	872	Steven Anders		St Helens Sutton AC	37:57	122	558 Craig Bradbury		Sale H Manchester	44:43
52	260	Billy McCartney		Salford H&ac	38:01	123	358 Joe Carne		Manchester Frontrunners	44:48
53	790	Jayant Nain		University Of Manchester Ccc	38:03	124	894 Mike Graney		Swinton RC	44:57
54	568	Kevin Foster		Sale H Manchester	38:03	125	278 Chris Lang		Winston Runners	45:00
55	861	Jon Harrison		University Of Manchester Ccc	38:10	126	767 San Tou		Manchester Triathlon	45:01
56	23	Paul Brooks		Stockport H&ac	38:14	127	158 Gary Birch		Abc Runners	45:45
57	903	Paul Hawkins		Wilmslow RC	38:17	128	152 Scott Robertson		St Helens Striders	46:00
58	128	Allan McCormick		Wilmslow RC	38:29	129	155 Craig Abbot		Abc Runners	46:22
59	585	Rupert Liddington		Sale H Manchester	38:38	130	344 David MiddletonEgan		Knutsford Tri Club	46:22
60	287	Michael Berks		Altrincham & Dist AC	38:40	131	835 Gareth Fitzjohn		Manchester H&ac	47:08
61	32	Steven Crook		Stockport H&ac	38:41	132	361 Amir Dar		Manchester Frontrunners	47:12
62	222	Mark Griffiths		Manchester Ymca H	38:43	133	146 Stuart Mairs		Salford Met AC	47:20
63	895	Rob Cushion		Liverpool H&ac	38:48	134	378 Stephen Weigh		Manchester Frontrunners	47:27
64	532	Robert Hasler		Macclesfield H&ac	38:49	135	669 Mike Wilkinson		Swinton RC	47:30
65	418	Stewart Moore		Manchester Triathlon	38:56	136	191 James Hall		Bramhall Runners	47:33
66	644	Dan Bird		Swinton RC	39:05	137	876 Nick Jones		Chorlton Runners	47:50
67	850	Luke Jockins		Liverpool H&ac	39:10	138	730 Jacob Smiles		Chorlton Runners	47:58
68	901	Matthew Hughes		Liverpool H&ac	39:16	139	445 Jason Cunningham		Middleton H AC	47:59
69	547	Mike Ashby		Sale H Manchester	39:19	140	425 David Rees		Manchester Triathlon	48:10
70	24	Phil Burns		Stockport H&ac	39:36	141	154 Gary Ward		St Helens Striders	48:20
71	900	Alex Mason		Vale Royal AC	39:39	142	363 James Fox		Manchester Frontrunners	48:33

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143 279 Paul Lockett	Winston Runners	49:02	148 172 Greg Barber	Belle Vue Racers	50:13
144 369 Jordan Millar	Manchester Frontrunners	49:14	149 710 Mark Donnelly	Chorlton Runners	50:52
145 506 Lee Buckley	E Cheshire H & Tameside AC	49:15	150 721 Thomas Marler	Chorlton Runners	55:03
146 652 Dave Halliday	Swinton RC	49:20	151 360 Timothy Crump	Manchester Frontrunners	56:19
147 174 James Corrigan	Belle Vue Racers	49:25	152 666 Andy Smith	Swinton RC	57:19
			153 725 Dave Murray	Chorlton Runners	1:01:08

Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	81	Stuart Doyle	V40	1 Vale Royal AC	33:26	32	839	Simon Granger	V40	32 Manchester Triathlon	43:16
2	285	Colin Bannothornton	V40	2 Altrincham & Dist AC	35:31	33	31	Paul Corner	V40	33 Stockport H&ac	43:28
3	102	Barry Archbold	V40	3 Wilmslow RC	36:43	34	846	Andy Schofield	V40	34 Hyde Village Striders	43:50
4	668	Mark Whittington	V40	4 Swinton RC	36:58	35	56	Paul Plummer	V40	35 Stockport H&ac	43:59
5	852	Lee Midghall	V40	5 Liverpool H&ac	37:06	36	434	Franck Turmeljosek	V40	36 Manchester Triathlon	44:41
6	370	James Moles	V40	6 Manchester Frontrunners	37:26	37	169	Lee Stinch	V40	37 Abc Runners	44:53
7	137	Jim Pendrill	V40	7 Wilmslow RC	37:27	38	2027	\$Peter Hulme	V40	38 Unattached	45:04
8	812	Adrian Nutter	V40	8 Stockport H&ac	37:45	39	44	Andrew Mainwaring	V40	39 Stockport H&ac	45:08
9	30	James Corden	V40	9 Stockport H&ac	37:49	40	704	Peter Adams	V40	40 Chorlton Runners	45:33
10	571	Olivier Gaillemain	V40	10 Sale H Manchester	37:50	41	367	John Lowe	V40	41 Manchester Frontrunners	45:36
11	247	Charles Foster	V40	11 Salford H&ac	38:42	42	633	Chris Levy	V40	42 St Helens Sutton AC	45:42
12	70	Matt Townley	V40	12 Stockport H&ac	38:55	43	892	Mark Byrom	V40	43 Stockport H&ac	46:09
13	562	Elton Davies	V40	13 Sale H Manchester	39:03	44	622	Michael Wymer	V40	44 Sale H Manchester	46:28
14	639	Andrew Wilson	V40	14 St Helens Sutton AC	39:08	45	168	Matt Shillabeer	V40	45 Abc Runners	46:31
15	769	Darren Cottier	V40	15 Vale Royal AC	39:24	46	874	Gary Oldham	V40	46 St Helens Sutton AC	46:33
16	282	Paul Abraham	V40	16 Altrincham & Dist AC	39:44	47	346	Andrew Orme	V40	47 Knutsford Tri Club	46:40
17	687	Mark Hadland	V40	17 Warrington Tri Club	39:55	48	801	Dennis Thomas	V40	48 E Cheshire H & Tameside AC	47:19
18	626	Ian Costello	V40	18 St Helens Sutton AC	40:00	49	657	Jon Mellor	V40	49 Swinton RC	47:37
19	92	Craig Sephton	V40	19 Vale Royal AC	40:11	50	766	Gary Spriggs	V40	50 St Helens Striders	48:03
20	53	Paul Nutter	V40	20 Stockport H&ac	40:18	51	327	Simon Skeltenberry	V40	51 Dragons Rc (sale)	48:27
21	413	Tony Jolly	V40	21 Manchester Triathlon	40:20	52	379	Dan Whittaker	V40	52 Manchester Frontrunners	48:46
22	433	Roger Thomas	V40	22 Manchester Triathlon	40:30	53	73	Jeremy Woodham	V40	53 Stockport H&ac	49:03
23	199	Frank Podd	V40	23 Bramhall Runners	41:10	54	410	Tim Jacomb	V40	54 Manchester Triathlon	49:04
24	299	Shaun Jackson	V40	24 Altrincham & Dist AC	41:11	55	770	Simon Finch	V40	55 Swinton RC	50:52
25	239	Albert Castile	V40	25 Salford H&ac	41:40	56	390	Mark Coley	V40	56 Manchester Triathlon	52:30
26	896	David Armitage	V40	26 Knutsford Tri Club	42:10	57	161	Mark Derbyshire	V40	57 Abc Runners	52:46
27	197	Li Lok	V40	27 Bramhall Runners	42:55	58	845	Mike Cronin	V40	58 Manchester H&ac	52:55
28	671	Paul Wilson	V40	28 Swinton RC	43:02	59	763	Matthew Ward	V40	59 Winston Runners	58:58
29	3	Jason Brogan	V40	29 Manchester H&ac	43:03	60	377	Henry Walker	V40	60 Manchester Frontrunners	1:01:40
30	555	Simon Bond	V40	30 Sale H Manchester	43:07						
31	194	Mike Hodson	V40	31 Bramhall Runners	43:14						

Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	617	Ian Wetherall	V45	1 Sale H Manchester	34:47	33	879	Naz Zameer	V45	33 Chorlton Runners	43:55
2	661	Mark Russell	V45	2 Swinton RC	35:20	34	501	James Jones	V45	34 West Cheshire AC	44:02
3	499	David Alexander	V45	3 West Cheshire AC	35:48	35	739	Dominic Sexton	V45	35 Hyde Village Striders	44:16
4	258	Dave Lockett	V45	4 Salford H&ac	36:16	36	688	Steve Howard	V45	36 Warrington Tri Club	44:34
5	6	Ed Fazakerley	V45	5 Manchester H&ac	36:33	37	310	Craig Partridge	V45	37 Altrincham & Dist AC	44:47
6	537	James Noakes	V45	6 Macclesfield H&ac	37:40	38	2028	\$George Pierce	V45	38 Liverpool Running Club	45:13
7	143	Andy Whittingham	V45	7 Wilmslow RC	38:20	39	632	Peter Johnson	V45	39 St Helens Sutton AC	45:37
8	482	Mike Hutchinson	V45	8 Trafford AC	38:28	40	192	Richard Hall	V45	40 Bramhall Runners	45:38
9	36	Kevan Garner	V45	9 Stockport H&ac	38:45	41	153	John Smee	V45	41 St Helens Striders	45:44
10	144	Rob Wilson	V45	10 Wilmslow RC	38:46	42	51	Ian Mulligan	V45	42 Stockport H&ac	45:51
11	316	Steve Renny	V45	11 Altrincham & Dist AC	39:10	43	175	Philip D'netto	V45	43 Belle Vue Racers	45:53
12	509	Ian Fraser	V45	12 E Cheshire H & Tameside AC	39:21	44	667	Ric Waring	V45	44 Swinton RC	46:15
13	121	Mike Hill	V45	13 Wilmslow RC	39:23	45	461	Paul Taylor	V45	45 Middleton H AC	46:18
14	866	Andrew Clague	V45	14 West Cheshire AC	39:38	46	190	Steve Fairclough	V45	46 Bramhall Runners	46:50
15	428	Paul Schofield	V45	15 Manchester Triathlon	39:57	47	882	Chris Jones	V45	47 Salford Met AC	47:14
16	529	Julian Brown	V45	16 Macclesfield H&ac	40:38	48	665	Jon Sides	V45	48 Swinton RC	47:31
17	333	Simon Atkins	V45	17 Knutsford Tri Club	40:40	49	355	Graham Bateson	V45	49 Manchester Frontrunners	47:44
18	438	Lee Webster	V45	18 Manchester Triathlon	41:13	50	885	Robert GinderPoulson	V45	50 Manchester H&ac	48:02
19	412	Tim Johns	V45	19 Manchester Triathlon	41:17	51	188	Mark Corcoran	V45	51 Bramhall Runners	48:16
20	264	James O'Connor	V45	20 Salford H&ac	41:30	52	101	Robert Tipping	V45	52 Vale Royal AC	48:52
21	818	Scott Bamber	V45	21 Vale Royal AC	41:35	53	771	Andrew Burnett	V45	53 Glossopdale Harriers	48:54
22	241	Sean Cordell	V45	22 Salford H&ac	41:39	54	809	Clive Smith	V45	54 Glossopdale Harriers	49:08
23	500	Denis Duret	V45	23 West Cheshire AC	41:44	55	518	Martin Lewis	V45	55 E Cheshire H & Tameside AC	49:59
24	1	Lloyd Barlow	V45	24 Manchester H&ac	42:12	56	698	Ian Wood	V45	56 Liverpool H&ac	50:20
25	46	Graham Marsland	V45	25 Stockport H&ac	42:26	57	230	Steve Symons	V45	57 Manchester Ymca H	50:33
26	148	Paul Demore	V45	26 St Helens Striders	42:36	58	11	Denis Kelly	V45	58 Manchester H&ac	50:45
27	690	Mark Walker	V45	27 Warrington Tri Club	42:40	59	813	Nicholas Roberts	V45	59 Stockport H&ac	51:49
28	631	Ian Hayburn	V45	28 St Helens Sutton AC	42:48	60	405	Bryan Hopwood	V45	60 Manchester Triathlon	56:00
29	625	Greg Cams	V45	29 St Helens Sutton AC	43:13	61	670	David Williamson	V45	61 Swinton RC	56:45
30	883	Anthony Atkinson	V45	30 Vale Royal AC	43:22	62	719	Richard Leeming	V45	62 Chorlton Runners	59:54
31	467	Robin Beaumont	V45	31 Trafford AC	43:47	63	847	Chris Sagar	V45	63 Hyde Village Striders	1:07:34
32	713	Justin Hayes	V45	32 Chorlton Runners	43:55						

Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	111	Rob Downs	V50 1	Wilmslow RC	35:38	24	870 Chris Reid	V50 24	St Helens Striders	44:13
2	113	Malcolm Fowler	V50 2	Wilmslow RC	36:40	25	899 Steve Dempsey	V50 25	Wilmslow RC	44:31
3	470	Dick Byers	V50 3	Trafford AC	37:16	26	761 Paul Clifford	V50 26	Winston Runners	45:47
4	514	Barry Hirst	V50 4	E Cheshire H & Tameside AC	38:03	27	296 Pete Hill	V50 27	Altrincham & Dist AC	45:48
5	603	Gary Rowlinson	V50 5	Sale H Manchester	38:27	28	505 John Bowker	V50 28	E Cheshire H & Tameside AC	45:53
6	629	John Greenall	V50 6	St Helens Sutton AC	38:37	29	827 John Hewitt	V50 29	Glossopdale Harriers	46:02
7	313	Roger Preece	V50 7	Altrincham & Dist AC	38:44	30	105 Simon Bolton	V50 30	Wilmslow RC	46:08
8	519	Gary Matthews	V50 8	E Cheshire H & Tameside AC	38:53	31	439 Simon Wildman	V50 31	Manchester Triathlon	46:10
9	486	Paul Mannion	V50 9	Trafford AC	39:07	32	149 Tony Horsfall	V50 32	St Helens Striders	46:32
10	220	David Garner	V50 10	Manchester Ymca H	39:35	33	320 Alan Williams	V50 33	Altrincham & Dist AC	46:43
11	136	Stuart Parrott	V50 11	Wilmslow RC	39:41	34	638 Ray Vose	V50 34	St Helens Sutton AC	46:48
12	649	Steve Doxey	V50 12	Swinton RC	39:50	35	455 Steve Lewis	V50 35	Middleton H AC	46:57
13	26	Robert Cawley	V50 13	Stockport H&ac	40:37	36	831 Paul Harbridge	V50 36	Warrington Tri Club	47:41
14	543	Gary Willcock	V50 14	Macclesfield H&ac	41:09	37	762 Tony Southworth	V50 37	Winston Runners	47:59
15	55	Simon Phillips	V50 15	Stockport H&ac	41:18	38	463 Tony Walsh	V50 38	Middleton H AC	48:09
16	881	Paul Stevenson	V50 16	Salford Met AC	41:26	39	195 Steve Hughes	V50 39	Bramhall Runners	49:35
17	611	Francis Sweeney	V50 17	Sale H Manchester	41:30	40	889 \$Ian Taylor	V50 40	Salford Met AC	49:43
18	634	Mark Liptrot	V50 18	St Helens Sutton AC	42:23	41	48 Steve Matkin	V50 41	Stockport H&ac	50:15
19	16	Matt Whitehead	V50 19	Manchester H&ac	42:49	42	642 Dave Batty	V50 42	Swinton RC	50:20
20	597	Steve Parry	V50 20	Sale H Manchester	43:05	43	17 Dave Wood	V50 43	Manchester H&ac	53:13
21	384	Lee Benson	V50 21	Manchester Triathlon	43:27	44	697 David Rowe	V50 44	Liverpool H&ac	53:39
22	315	Tim Raffle	V50 22	Altrincham & Dist AC	43:53	45	2030 \$Colin Seymour	V50 45	Unattached	59:24
23	221	Eddie Gilligan	V50 23	Manchester Ymca H	44:10					

Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time					
1	129	Tom McGaff	V55 1	Wilmslow RC	39:15	9	803 Mike Race	V55 9	Salford Met AC	44:48
2	600	Aiden Rafferty	V55 2	Sale H Manchester	40:15	10	898 Dennis Wharton	V55 10	St Helens Sutton AC	45:20
3	62	Steve Shaughnessy	V55 3	Stockport H&ac	41:00	11	251 Ian Johnson	V55 11	Salford H&ac	46:23
4	2033	\$Chris Pedder	V55 4	Liverpool Pembroke & Sefton H	41:38	12	444 Paul Collinge	V55 12	Middleton H AC	47:33
5	82	James Edwards	V55 5	Vale Royal AC	42:17	13	542 Mark Wheelton	V55 13	Macclesfield H&ac	48:10
6	39	Tim Hargreaves	V55 6	Stockport H&ac	42:30	14	460 Craig Sutherland	V55 14	Middleton H AC	48:44
7	459	Roland Robson	V55 7	Middleton H AC	44:03	15	213 John Stephenson	V55 15	Glossopdale Harriers	50:25
8	28	David Chrystielowe	V55 8	Stockport H&ac	44:33	16	804 Jack Carney	V55 16	Salford Met AC	50:52
						17	225 Steve Ingham	V55 17	Manchester Ymca H	53:41

Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time					
1	265	Stanley Owen	V60 1	Salford H&ac	38:57	11	865 Bob Benson	V60 11	West Cheshire AC	48:34
2	75	Tony Archer	V60 2	Vale Royal AC	40:33	12	448 Alan Garvey	V60 12	Middleton H AC	48:42
3	569	Bill Fox	V60 3	Sale H Manchester	43:00	13	608 Jerry Smith	V60 13	Sale H Manchester	49:01
4	312	Peter Pickwell	V60 4	Altrincham & Dist AC	43:12	14	607 Martin Smedley	V60 14	Sale H Manchester	50:30
5	646	Dave Burke	V60 5	Swinton RC	43:18	15	271 Thomas Temple	V60 15	Salford H&ac	50:44
6	695	Peter Weatherhead	V60 6	Wirral AC	44:07	16	118 Patrick Grannan	V60 16	Wilmslow RC	50:46
7	565	Nigel Fielden	V60 7	Sale H Manchester	44:43	17	176 Barry Guy	V60 17	Belle Vue Racers	52:15
8	229	Jon Paramor	V60 8	Manchester Ymca H	47:16	18	795 Alan Thomas	V60 18	Salford Met AC	57:55
9	864	Richard Batterham	V60 9	West Cheshire AC	47:40	19	2034 \$Vincent Townley	V60 19	Unattached	1:01:25
10	80	John Clarke	V60 10	Vale Royal AC	47:47					

Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	66	Robert Taylor	V65 1	Stockport H&ac	42:42
2	5	Michael Cunningham	V65 2	Manchester H&ac	46:44
3	216	David Ashton	V65 3	Manchester Ymca H	47:58
4	236	Roland Bowness	V65 4	Salford H&ac	48:28
5	211	Neville McGraw	V65 5	Glossopdale Harriers	49:05
6	244	Tom Daniels	V65 6	Salford H&ac	51:02
7	446	Barry Fairbrother	V65 7	Middleton H AC	54:14
8	531	David Hancock	V65 8	Macclesfield H&ac	54:51
9	451	Bob Horrocks	V65 9	Middleton H AC	1:00:46

Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	91	Colin Rathbone	V70 1	Vale Royal AC	50:29
2	112	Trevor Faulkner	V70 2	Wilmslow RC	58:31

Manchester Area Cross Country League at Sherdley Park, St Helens on Sunday 8th November 2014

Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time						
1	780	Charlie Hulson		Sale H Manchester	31:18	85	260	Billy McCartney	Salford H&ac		38:01
2	778	Gavin Hill		Sale H Manchester	31:43	86	790	Jayant Nain	University Of Manchester Ccc		38:03
3	2020	\$Bertie Houghton	U20	1 Doncaster Ac	32:03	87	568	Kevin Foster	Sale H Manchester		38:03
4	309	David Norman		Altrincham & Dist AC	32:08	88	514	Barry Hirst	V50 4 E Cheshire H & Tameside AC		38:03
5	869	Zekeriyas Abery		Liverpool H&ac	32:27	89	861	Jon Harrison	University Of Manchester Ccc		38:10
6	858	Dan Jarvis	U20	2 Liverpool H&ac	32:33	90	23	Paul Brooks	Stockport H&ac		38:14
7	904	\$Cameron Field	U20	3 Liverpool Harriers	32:37	91	844	Matt Hulse	U20 15 Vale Royal AC		38:15
8	510	Patrick Gardiner		E Cheshire H & Tameside AC	32:53	92	903	Paul Hawkins	Wilmslow RC		38:17
9	820	Andy Nixon		Stockport H&ac	33:00	93	143	Andy Whittingham	V45 7 Wilmslow RC		38:20
10	548	James Bailey		Sale H Manchester	33:17	94	603	Gary Rowlinson	V50 5 Sale H Manchester		38:27
11	848	Richard Burney		Liverpool H&ac	33:17	95	482	Mike Hutchinson	V45 8 Trafford AC		38:28
12	849	Ricky Challinor		Liverpool H&ac	33:22	96	128	Allan McCormick	Wilmslow RC		38:29
13	868	Sam Whitehead	U20	4 Vale Royal AC	33:25	97	629	John Greenall	V50 6 St Helens Sutton AC		38:37
14	81	Stuart Doyle	V40	1 Vale Royal AC	33:26	98	585	Rupert Liddington	Sale H Manchester		38:38
15	853	James McNally		Liverpool H&ac	33:45	99	287	Michael Berks	Altrincham & Dist AC		38:40
16	416	Alex Lawton		Manchester Triathlon	33:52	100	32	Steven Crook	Stockport H&ac		38:41
17	587	Nigel Martin		Sale H Manchester	33:55	101	247	Charles Foster	V40 11 Salford H&ac		38:42
18	785	James Wignll		Sale H Manchester	34:00	102	222	Mark Griffiths	Manchester Ymca H		38:43
19	471	Tom Charles		Trafford AC	34:07	103	313	Roger Preece	V50 7 Altrincham & Dist AC		38:44
20	61	James Scottbuccleuch		Stockport H&ac	34:12	104	36	Kevan Garner	V45 9 Stockport H&ac		38:45
21	2031	\$Liam Burthem	U20	5 Unattached	34:22	105	144	Rob Wilson	V45 10 Wilmslow RC		38:46
22	851	Ben Martin		Liverpool H&ac	34:32	106	895	Rob Cushion	Liverpool H&ac		38:48
23	617	Ian Wetherall	V45	1 Sale H Manchester	34:47	107	532	Robert Hasler	Macclesfield H&ac		38:49
24	630	Tom Griffiths		St Helens Sutton AC	34:56	108	519	Gary Matthews	V50 8 E Cheshire H & Tameside AC		38:53
25	792	Adam Sciacca	U20	6 University Of Manchester Ccc	34:57	109	70	Matt Townley	V40 12 Stockport H&ac		38:55
26	139	Peter Speake		Wilmslow RC	35:02	110	418	Stewart Moore	Manchester Triathlon		38:56
27	256	Bruno Lima		Salford H&ac	35:09	111	265	Stanley Owen	V60 1 Salford H&ac		38:57
28	888	Lee Siemaszko		Liverpool H&ac	35:16	112	562	Elton Davies	V40 13 Sale H Manchester		39:03
29	661	Mark Russell	V45	2 Swinton RC	35:20	113	644	Dan Bird	Swinton RC		39:05
30	589	Stephen McCarron		Sale H Manchester	35:29	114	486	Paul Mannion	V50 9 Trafford AC		39:07
31	285	Colin Bannothornton	V40	2 Altrincham & Dist AC	35:31	115	639	Andrew Wilson	V40 14 St Helens Sutton AC		39:08
32	426	Paul Savage		Manchester Triathlon	35:32	116	850	Luke Jockins	Liverpool H&ac		39:10
33	243	Jon Dance		Salford H&ac	35:34	117	316	Steve Renny	V45 11 Altrincham & Dist AC		39:10
34	111	Rob Downs	V50	1 Wilmslow RC	35:38	118	129	Tom McGaff	V55 1 Wilmslow RC		39:15
35	823	Adam Simms		Altrincham & Dist AC	35:47	119	901	Matthew Hughes	Liverpool H&ac		39:16
36	499	David Alexander	V45	3 West Cheshire AC	35:48	120	547	Mike Ashby	Sale H Manchester		39:19
37	902	Jonathon Mullen	U20	7 Liverpool H&ac	35:52	121	509	Ian Fraser	V45 12 E Cheshire H & Tameside AC		39:21
38	563	Chris Donnelly		Sale H Manchester	36:08	122	121	Mike Hill	V45 13 Wilmslow RC		39:23
39	791	Josh Nevin	U20	8 University Of Manchester Ccc	36:10	123	769	Darren Cottier	V40 15 Vale Royal AC		39:24
40	554	Matthew Beacock	U20	9 Sale H Manchester	36:12	124	220	David Garner	V50 10 Manchester Ymca H		39:35
41	586	David Marsh		Sale H Manchester	36:13	125	24	Phil Burns	Stockport H&ac		39:36
42	641	Simon Atkin		Swinton RC	36:14	126	866	Andrew Clague	V45 14 West Cheshire AC		39:38
43	258	Dave Lockett	V45	4 Salford H&ac	36:16	127	900	Alex Mason	Vale Royal AC		39:39
44	2018	\$Alexis Valtat		Athletic Coeur De Fond	36:25	128	2032	\$Ben Wolfarth	Unattached		39:39
45	524	Aaron Schofield		E Cheshire H & Tameside AC	36:27	129	380	Andy Adkin	Manchester Triathlon		39:41
46	6	Ed Fazakerley	V45	5 Manchester H&ac	36:33	130	136	Stuart Parrott	V50 11 Wilmslow RC		39:41
47	113	Malcolm Fowler	V50	2 Wilmslow RC	36:40	131	282	Paul Abraham	V40 16 Altrincham & Dist AC		39:44
48	102	Barry Archbold	V40	3 Wilmslow RC	36:43	132	649	Steve Doxey	V50 12 Swinton RC		39:50
49	98	Patrick Stradling	U20	10 Vale Royal AC	36:44	133	687	Mark Hadland	V40 17 Warrington Tri Club		39:55
50	492	Darren Russell		Trafford AC	36:47	134	237	Richard Brook	Salford H&ac		39:55
51	814	Chris Fance	U20	11 Warrington AC	36:49	135	164	Michael Hodgkinson	Abc Runners		39:57
52	332	Richard McGeachie	U20	12 Halton & Frodsham	36:51	136	428	Paul Schofield	V45 15 Manchester Triathlon		39:57
53	606	Phil Scowcroft		Sale H Manchester	36:54	137	626	Ian Costello	V40 18 St Helens Sutton AC		40:00
54	456	Ryan Lindsay		Middleton H AC	36:56	138	706	Jonathon Bell	Chorlton Runners		40:07
55	233	Tommi Baker		Salford H&ac	36:57	139	92	Craig Sephton	V40 19 Vale Royal AC		40:11
56	668	Mark Whittington	V40	4 Swinton RC	36:58	140	600	Aiden Rafferty	V55 2 Sale H Manchester		40:15
57	87	Danny Morrison	U20	13 Vale Royal AC	36:59	141	893	Gary Lyons	Sale H Manchester		40:15
58	325	Mark Offord		Dragons Rc (sale)	37:02	142	145	Paul Connolly	Salford Met AC		40:16
59	852	Lee Midghall	V40	5 Liverpool H&ac	37:06	143	53	Paul Nutter	V40 20 Stockport H&ac		40:18
60	544	Scott Wilson		Macclesfield H&ac	37:07	144	413	Tony Jolly	V40 21 Manchester Triathlon		40:20
61	477	Timothy Fletcher		Trafford AC	37:11	145	160	Robert Chesters	Abc Runners		40:21
62	470	Dick Byers	V50	3 Trafford AC	37:16	146	717	Thomas Jones	Chorlton Runners		40:28
63	257	John Lloyd		Salford H&ac	37:16	147	891	Tom Armstrong	Vale Royal AC		40:29
64	302	Matthew Kelly		Altrincham & Dist AC	37:20	148	431	Murray Taylor	Manchester Triathlon		40:29
65	614	James Walsh		Sale H Manchester	37:24	149	328	Robert Wadsworth	Dragons Rc (sale)		40:30
66	466	Peter Bains		Trafford AC	37:25	150	42	David Hulley	Stockport H&ac		40:30
67	472	Richard Clancy		Trafford AC	37:26	151	433	Roger Thomas	V40 22 Manchester Triathlon		40:30
68	370	James Moles	V40	6 Manchester Fronrunners	37:26	152	897	Alexander Thomas	Salford H&ac		40:31
69	137	Jim Pendrill	V40	7 Wilmslow RC	37:27	153	75	Tony Archer	V60 2 Vale Royal AC		40:33
70	659	Dave Parkin		Swinton RC	37:30	154	863	TengJian Hong	University Of Manchester Ccc		40:35
71	89	Rob Olliver		Vale Royal AC	37:32	155	723	Jason McMinn	Chorlton Runners		40:36
72	594	Andrew Mooney		Sale H Manchester	37:37	156	26	Robert Cawley	V50 13 Stockport H&ac		40:37
73	537	James Noakes	V45	6 Macclesfield H&ac	37:40	157	529	Julian Brown	V45 16 Macclesfield H&ac		40:38
74	720	F MacDonaldOulds		Chorlton Runners	37:44	158	333	Simon Atkins	V45 17 Knutsford Tri Club		40:40
75	812	Adrian Nutter	V40	8 Stockport H&ac	37:45	159	663	Kevin Ryan	Swinton RC		40:49
76	218	Richard Brierley		Manchester Ymca H	37:49	160	550	Paul Barrett	Sale H Manchester		40:51
77	30	James Corden	V40	9 Stockport H&ac	37:49	161	886	\$Aston Perrin	Swinton RC		40:52
78	571	Olivier Gaillemin	V40	10 Sale H Manchester	37:50	162	198	Matthew Moran	Bramhall Runners		40:54
79	828	Craig Jones		Manchester Ymca H	37:50	163	62	Steve Shaughnessy	V55 3 Stockport H&ac		41:00
80	880	Josh Walton	U20	14 Stockport H&ac	37:52	164	252	Chris Jones	Salford H&ac		41:03
81	527	Chris Bentley		Macclesfield H&ac	37:53	165	202	John Williams	Bramhall Runners		41:03
82	163	Chris Green		Abc Runners	37:55	166	890	Andrew Oliver	Macclesfield H&ac		41:03
83	645	Chris Brown		Swinton RC	37:56	167	543	Gary Willcock	V50 14 Macclesfield H&ac		41:09
84	872	Steven Anders		St Helens Sutton AC	37:57	168	199	Frank Podd	V40 23 Bramhall Runners		41:10

169 299 Shaun Jackson	V40 24	Altrincham & Dist AC	41:11	260 358 Joe Carne		Manchester Frontrunners	44:48
170 438 Lee Webster	V45 18	Manchester Triathlon	41:13	261 169 Lee Stinch	V40 37	Abc Runners	44:53
171 838 Dan Harbridge		Warrington Tri Club	41:14	262 894 Mike Graney		Swinton RC	44:57
172 227 Chris March		Manchester Ymca H	41:16	263 278 Chris Lang		Winston Runners	45:00
173 412 Tim Johns	V45 19	Manchester Triathlon	41:17	264 767 San Tou		Manchester Triathlon	45:01
174 55 Simon Phillips	V50 15	Stockport H&ac	41:18	2652027\$Peter Hulme	V40 38	Unattached	45:04
175 13 Jonathan Reeh		Manchester H&ac	41:22	266 44 Andrew Mainwaring	V40 39	Stockport H&ac	45:08
176 881 Paul Stevenson	V50 16	Salford Met AC	41:26	2672028\$George Pierce	V45 38	Liverpool Running Club	45:13
177 264 James O'Connor	V45 20	Salford H&ac	41:30	268 898 Dennis Wharton	V55 10	St Helens Sutton AC	45:20
178 611 Francis Sweeney	V50 17	Sale H Manchester	41:30	269 704 Peter Adams	V40 40	Chorlton Runners	45:33
179 884 Sam Mayon	U20 16	Sale H Manchester	41:30	270 367 John Lowe	V40 41	Manchester Frontrunners	45:36
180 818 Scott Bamber	V45 21	Vale Royal AC	41:35	271 632 Peter Johnson	V45 39	St Helens Sutton AC	45:37
1812033\$Chris Pedder	V55 4	Liverpool Pembroke & Sefton H	41:38	272 192 Richard Hall	V45 40	Bramhall Runners	45:38
182 241 Sean Cordell	V45 22	Salford H&ac	41:39	273 633 Chris Levy	V40 42	St Helens Sutton AC	45:42
183 239 Albert Castile	V40 25	Salford H&ac	41:40	274 153 John Smee	V45 41	St Helens Striders	45:44
184 500 Denis Duret	V45 23	West Cheshire AC	41:44	275 158 Gary Birch		Abc Runners	45:45
185 200 Phil Ramsey		Bramhall Runners	41:59	276 761 Paul Clifford	V50 26	Winston Runners	45:47
186 530 Carl Hanaghan		Macclesfield H&ac	42:04	277 296 Pete Hill	V50 27	Altrincham & Dist AC	45:48
187 788 Matthew Hamer		University Of Manchester Ccc	42:10	278 5 1 Ian Mulligan	V45 42	Stockport H&ac	45:51
188 896 David Armitage	V40 26	Knutsford Tri Club	42:10	279 505 John Bowker	V50 28	E Cheshire H & Tameside AC	45:53
189 545 Eugene Adefe	U20 17	Sale H Manchester	42:12	280 175 Philip D'netto	V45 43	Belle Vue Racers	45:53
190 821 Ryan Terrey	U20 18	E Cheshire H & Tameside AC	42:12	281 152 Scott Robertson		St Helens Striders	46:00
191 1 Lloyd Barlow	V45 24	Manchester H&ac	42:12	282 827 John Hewitt	V50 29	Glossopdale Harriers	46:02
192 82 James Edwards	V55 5	Vale Royal AC	42:17	283 105 Simon Bolton	V50 30	Wilmslow RC	46:08
193 396 Dean Evans		Manchester Triathlon	42:19	284 892 Mark Byrom	V40 43	Stockport H&ac	46:09
194 440 Chris Williams		Manchester Triathlon	42:20	285 439 Simon Wildman	V50 31	Manchester Triathlon	46:10
195 634 Mark Liprot	V50 18	St Helens Sutton AC	42:23	286 667 Ric Waring	V45 44	Swinton RC	46:15
196 46 Graham Marsland	V45 25	Stockport H&ac	42:26	287 461 Paul Taylor	V45 45	Middleton H AC	46:18
197 306 Daniel Martell		Altrincham & Dist AC	42:30	288 155 Craig Abbot		Abc Runners	46:22
198 39 Tim Hargreaves	V55 6	Stockport H&ac	42:30	289 344 David MiddletonEgan		Knutsford Tri Club	46:22
199 27 Simon Chadwick	U20 19	Stockport H&ac	42:31	290 251 Ian Johnson	V55 11	Salford H&ac	46:23
200 127 Phil Matthews		Wilmslow RC	42:32	291 622 Michael Wymer	V40 44	Sale H Manchester	46:28
201 365 Jono Guildford		Manchester Frontrunners	42:33	292 168 Matt Shillabeer	V40 45	Abc Runners	46:31
202 610 Steve Surridge		Sale H Manchester	42:34	293 149 Tony Horsfall	V50 32	St Helens Striders	46:32
203 716 Damien Jones		Chorlton Runners	42:35	294 874 Gary Oldham	V40 46	St Helens Sutton AC	46:33
204 148 Paul Demore	V45 26	St Helens Striders	42:36	295 346 Andrew Orme	V40 47	Knutsford Tri Club	46:40
205 690 Mark Walker	V45 27	Warrington Tri Club	42:40	296 320 Alan Williams	V50 33	Altrincham & Dist AC	46:43
206 66 Robert Taylor	V65 1	Stockport H&ac	42:42	297 5 Michael Cunningham	V65 2	Manchester H&ac	46:44
207 631 Ian Hayburn	V45 28	St Helens Sutton AC	42:48	298 638 Ray Vose	V50 34	St Helens Sutton AC	46:48
208 16 Matt Whitehead	V50 19	Manchester H&ac	42:49	299 190 Steve Fairclough	V45 46	Bramhall Runners	46:50
209 14 Chris Sewart		Manchester H&ac	42:49	300 455 Steve Lewis	V50 35	Middleton H AC	46:57
210 672 James Barringer		University Of Manchester Ccc	42:50	301 835 Gareth Fitzjohn		Manchester H&ac	47:08
211 197 Li Lok	V40 27	Bramhall Runners	42:55	302 361 Amir Dar		Manchester Frontrunners	47:12
212 685 Mike Douglas		Warrington Tri Club	42:58	303 882 Chris Jones	V45 47	Salford Met AC	47:14
213 569 Bill Fox	V60 3	Sale H Manchester	43:00	304 229 Jon Paramor	V60 8	Manchester Ymca H	47:16
214 671 Paul Wilson	V40 28	Swinton RC	43:02	305 801 Dennis Thomas	V40 48	E Cheshire H & Tameside AC	47:19
215 231 Daniel Bolton	U20 20	Ribble Valley AC	43:03	306 146 Stuart Mairs		Salford Met AC	47:20
216 3 Jason Brogan	V40 29	Manchester H&ac	43:03	307 378 Stephen Weigh		Manchester Frontrunners	47:27
217 597 Steve Parry	V50 20	Sale H Manchester	43:05	308 669 Mike Wilkinson		Swinton RC	47:30
218 555 Simon Bond	V40 30	Sale H Manchester	43:07	309 665 Jon Sides	V45 48	Swinton RC	47:31
219 359 David Chambers		Manchester Frontrunners	43:07	310 191 James Hall		Bramhall Runners	47:33
220 732 Neal Wainwright		Chorlton Runners	43:11	311 444 Paul Collinge	V55 12	Middleton H AC	47:33
221 312 Peter Pickwell	V60 4	Altrincham & Dist AC	43:12	312 657 Jon Mellor	V40 49	Swinton RC	47:37
222 625 Greg Cams	V45 29	St Helens Sutton AC	43:13	313 864 Richard Batterham	V60 9	West Cheshire AC	47:40
223 194 Mike Hodson	V40 31	Bramhall Runners	43:14	314 831 Paul Harbridge	V50 36	Warrington Tri Club	47:41
224 839 Simon Granger	V40 32	Manchester Triathlon	43:16	315 355 Graham Bateson	V45 49	Manchester Frontrunners	47:44
225 646 Dave Burke	V60 5	Swinton RC	43:18	316 80 John Clarke	V60 10	Vale Royal AC	47:47
226 883 Anthony Atkinson	V45 30	Vale Royal AC	43:22	317 876 Nick Jones		Chorlton Runners	47:50
227 384 Lee Benson	V50 21	Manchester Triathlon	43:27	318 216 David Ashton	V65 3	Manchester Ymca H	47:58
228 31 Paul Corner	V40 33	Stockport H&ac	43:28	319 730 Jacob Smiles		Chorlton Runners	47:58
229 338 John Goggins		Knutsford Tri Club	43:32	320 445 Jason Cunningham		Middleton H AC	47:59
230 682 Dan Pettitt	U20 21	University Of Manchester Ccc	43:39	321 762 Tony Southworth	V50 37	Winston Runners	47:59
231 483 Ben Langley		Trafford AC	43:40	322 885 Robert GinderPoulson	V45 50	Manchester H&ac	48:02
232 467 Robin Beaumont	V45 31	Trafford AC	43:47	323 766 Gary Spriggs	V40 50	St Helens Striders	48:03
233 846 Andy Schofield	V40 34	Hyde Village Striders	43:50	324 463 Tony Walsh	V50 38	Middleton H AC	48:09
234 315 Tim Raffie	V50 22	Altrincham & Dist AC	43:53	325 425 David Rees		Manchester Triathlon	48:10
235 713 Justin Hayes	V45 32	Chorlton Runners	43:55	326 542 Mark Wheelton	V55 13	Macclesfield H&ac	48:10
236 879 Naz Zameer	V45 33	Chorlton Runners	43:55	327 188 Mark Corcoran	V45 51	Bramhall Runners	48:16
237 280 Paul Muldoon		Winston Runners	43:55	328 154 Gary Ward		St Helens Striders	48:20
238 56 Paul Plummer	V40 35	Stockport H&ac	43:59	329 327 Simon Skeltenberry	V40 51	Dragons Rc (sale)	48:27
239 501 James Jones	V45 34	West Cheshire AC	44:02	330 236 Roland Bowness	V65 4	Salford H&ac	48:28
240 459 Roland Robson	V55 7	Middleton H AC	44:03	331 363 James Fox		Manchester Frontrunners	48:33
241 695 Peter Weatherhead	V60 6	Wirral AC	44:07	332 865 Bob Benson	V60 11	West Cheshire AC	48:34
242 226 Rob Kedian		Manchester Ymca H	44:07	333 448 Alan Garvey	V60 12	Middleton H AC	48:42
243 181 Andrew Taylor		Belle Vue Racers	44:10	334 460 Craig Sutherland	V55 14	Middleton H AC	48:44
244 221 Eddie Gilligan	V50 23	Manchester Ymca H	44:10	335 379 Dan Whittaker	V40 52	Manchester Frontrunners	48:46
245 870 Chris Reid	V50 24	St Helens Striders	44:13	336 101 Robert Tipping	V45 52	Vale Royal AC	48:52
246 739 Dominic Sexton	V45 35	Hyde Village Striders	44:16	337 771 Andrew Burnett	V45 53	Glossopdale Harriers	48:54
247 366 Steve Hatton		Manchester Frontrunners	44:21	338 608 Jerry Smith	V60 13	Sale H Manchester	49:01
248 887 John Ridyard	U20 22	Trafford AC	44:24	339 279 Paul Lockett		Winston Runners	49:02
249 899 Steve Dempsey	V50 25	Wilmslow RC	44:31	340 73 Jeremy Woodham	V40 53	Stockport H&ac	49:03
250 28 David Chrystielowe	V55 8	Stockport H&ac	44:33	341 410 Tim Jacomb	V40 54	Manchester Triathlon	49:04
251 688 Steve Howard	V45 36	Warrington Tri Club	44:34	342 211 Neville McGraw	V65 5	Glossopdale Harriers	49:05
252 97 Iain Stanton		Vale Royal AC	44:37	343 809 Clive Smith	V45 54	Glossopdale Harriers	49:08
253 201 John Williams		Bramhall Runners	44:37	344 369 Jordan Millar		Manchester Frontrunners	49:14
254 186 Adam Bird		Bramhall Runners	44:37	345 506 Lee Buckley		E Cheshire H & Tameside AC	49:15
255 434 Franck Turmeljosek	V40 36	Manchester Triathlon	44:41	346 652 Dave Halliday		Swinton RC	49:20
256 565 Nigel Fielden	V60 7	Sale H Manchester	44:43	347 174 James Corrigan		Belle Vue Racers	49:25
257 558 Craig Bradbury		Sale H Manchester	44:43	348 195 Steve Hughes	V50 39	Bramhall Runners	49:35
258 310 Craig Partridge	V45 37	Altrincham & Dist AC	44:47	349 889\$lan Taylor	V50 40	Salford Met AC	49:43
259 803 Mike Race	V55 9	Salford Met AC	44:48	350 518 Martin Lewis	V45 55	E Cheshire H & Tameside AC	49:59

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Sport
Soft

351 172 Greg Barber	Belle Vue Racers	50:13	371 17 Dave Wood	V50 43 Manchester H&ac	53:13
352 48 Steve Matkin	V50 41 Stockport H&ac	50:15	372 697 David Rowe	V50 44 Liverpool H&ac	53:39
353 698 Ian Wood	V45 56 Liverpool H&ac	50:20	373 225 Steve Ingham	V55 17 Manchester Ymca H	53:41
354 642 Dave Batty	V50 42 Swinton RC	50:20	374 446 Barry Fairbrother	V65 7 Middleton H AC	54:14
355 213 John Stephenson	V55 15 Glossopdale Harriers	50:25	375 531 David Hancock	V65 8 Macclesfield H&ac	54:51
356 91 Colin Rathbone	V70 1 Vale Royal AC	50:29	376 721 Thomas Marler	Chorlton Runners	55:03
357 607 Martin Smedley	V60 14 Sale H Manchester	50:30	377 405 Bryan Hopwood	V45 60 Manchester Triathlon	56:00
358 230 Steve Symons	V45 57 Manchester Ymca H	50:33	378 360 Timothy Crump	Manchester Frontrunners	56:19
359 271 Thomas Temple	V60 15 Salford H&ac	50:44	379 670 David Williamson	V45 61 Swinton RC	56:45
360 11 Denis Kelly	V45 58 Manchester H&ac	50:45	380 666 Andy Smith	Swinton RC	57:19
361 118 Patrick Grinnan	V60 16 Wilmslow RC	50:46	381 795 Alan Thomas	V60 18 Salford Met AC	57:55
362 804 Jack Carney	V55 16 Salford Met AC	50:52	382 112 Trevor Faulkner	V70 2 Wilmslow RC	58:31
363 710 Mark Donnelly	Chorlton Runners	50:52	383 763 Matthew Ward	V40 59 Winstan Runners	58:58
364 770 Simon Finch	V40 55 Swinton RC	50:52	384 2030\$Colin Seymour	V50 45 Unattached	59:24
365 244 Tom Daniels	V65 6 Salford H&ac	51:02	385 719 Richard Leeming	V45 62 Chorlton Runners	59:54
366 813 Nicholas Roberts	V45 59 Stockport H&ac	51:49	386 451 Bob Horrocks	V65 9 Middleton H AC	1:00:46
367 176 Barry Guy	V60 17 Belle Vue Racers	52:15	387 725 Dave Murray	Chorlton Runners	1:01:08
368 390 Mark Coley	V40 56 Manchester Triathlon	52:30	388 2034\$Vincent Townley	V60 19 Unattached	1:01:25
369 161 Mark Derbyshire	V40 57 Abc Runners	52:46	389 377 Henry Walker	V40 60 Manchester Frontrunners	1:01:40
370 845 Mike Cronin	V40 58 Manchester H&ac	52:55	390 847 Chris Sagar	V45 63 Hyde Village Striders	1:07:34

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 LiverpoolH&ac	60 — 4 ZekaiyasAbery	5 DanJavis	9 RichardBuney	10 RickyChallinor	13 JamesMcNally	19 BenMartin
2 SaleHManchester	62 — 1 CharlieHulson	8 GavinHill	8 JamesBailey	15 NigelMartin	16 JamesWignill	20 IanWetherall
3 SaleHManchester 'B'	247 — 27 StephenMcCaron	35 ChrisDonnelly	37 MatthewBeacock	38 DavidMarsh	49 PhilScowcroft	61 JamesWalsh
4 ValeRoyalAC	275 — 11 SamWhitehead	12 StuartDoyle	45 PatrickStradling	53 DannyMorrison	67 RobOliver	87 MattHulse
5 SalfordH&ac	285 — 24 BrunoLima	30 JonDance	40 DaveLockett	51 TommiBaker	59 JohnLloyd	81 BillyMcCartney
6 WilmslowRC	294 — 23 PeterSpeake	31 RobDowns	43 MalcolmFowler	44 BarryArchbold	66 JimPendrell	88 PaulHawkins
7 TraffordAC	303 — 17 TomCharles	46 DarrenRussell	57 TimothyFletcher	58 DickByers	62 PeterBains	63 RichardClancy
8 Altrincham&DistAC	317 — 3 DavidNorman	28 ColinBannothornon	32 AdamSimms	60 MatthewKelly	95 MichaelBarks	99 RogerPreece
9 StockportH&ac	331 — 7 AndyNixon	18 JamesScottbuckeuch	71 AdrianNutter	73 JamesCorden	76 JoshWalton	86 PaulBrooks
10 SwintonRC	371 — 26 MarkRussell	39 SimonAtkin	52 MarkWhittington	66 DaveParkin	79 ChrisBrown	109 DanBird
11 LiverpoolH&ac 'B'	443 — 25 LeeSiemaszko	34 JonathonMullen	55 LeeMidghall	102 RobCushion	112 LukeJenkins	115 MatthewHughes
12 SaleHManchester 'C'	517 — 68 AndrewMooney	74 OlivierGallemin	83 KevinFoster	90 GaryRowinson	94 RupertLiddington	108 EltonDavies
13 ECheshireH&TamesideAC	535 — 6 PatrickGardiner	41 AaronSchofield	84 BarryHirst	104 GaryMathews	117 IanFraser	183 RyanTerry
14 ManchesterTriathlon	543 — 14 AlexLawton	29 PaulSavage	106 StewartMoore	124 AndyAckin	131 PaulSchofield	139 TonyJoly
15 UniversityOfManchesterCoc	554 — 22 AdamSciocca	36 JoshNevin	82 JayantNain	85 JonHarrison	149 TengJianHong	180 MatthewHamer
16 MacclesfieldH&ac	617 — 56 ScottWilson	69 JamesNoakes	77 ChrisBenley	103 RobertHasler	152 JulianBrown	160 AndrewOliver
17 StHelensSuttonAC	625 — 21 TomGriffiths	80 StevenAnders	93 JohnGreenall	111 AndrewWilson	132 IanCostello	188 MarkLiptrot
18 Wilmslow RC 'B'	639 — 89 AndyWhittingham	92 AlanMcCormick	101 RobWilson	114 TomMcGaff	118 MikeHill	125 StuartParrott
19 StockportH&ac 'B'	705 — 96 StevenCrook	100 KevanGamer	105 MattTownley	121 PhilBurns	138 PaulNutter	145 DanHulley
20 ManchesterYmcaH	766 — 72 RichardBrierley	75 CraigJones	98 MarkGriffiths	98 MarkGamer	166 ChrisMarch	235 RobKedean
21 SalfordH&ac 'B'	809 — 97 CharlesFoster	107 StanleyOwen	129 RichardBrook	147 AlexanderThomas	158 ChrisJones	171 JamesO'Connor
22 Vale Royal AC 'B'	840 — 119 DarrenCotter	123 AlexMason	134 CraigSeptilon	142 TomArmstrong	148 TonyArcher	174 ScottBamber
23 SaleHManchester 'D'	887 — 116 MikeAshby	135 AidenRafferty	136 GayLyons	155 PaulBarrett	172 FrancisSweeney	173 SamMayon
24 ChorltonRunners	903 — 70 FMacDonabOutds	133 JonathonBell	141 ThomasJones	150 JasonMcMinn	196 DamienJones	213 NealWainwright
25 ManchesterTriathlon 'B'	993 — 143 MurrayTaylor	146 RogerThomas	164 LeeWebster	167 TimJohns	186 DeanEvans	187 ChrisWilliams
26 ManchesterH&ac	1007 — 42 EdFazakerley	169 JonathanReeh	184 LloydBarlow	201 MattWhitehead	202 ChrisSewart	239 JasonBrogan
27 Altrincham&DistAC 'B'	1033 — 113 SteveRenny	126 PaulAbraham	163 ShaunJackson	121 DanielMartell	214 PeterPickwell	227 TimRaffle
28 StockportH&ac 'C'	1048 — 151 RobertCawley	157 SteveShaughnessy	168 SimonPhillips	189 GrahamMarstrand	191 TimHargreaves	192 SimonChadwick
29 BramhallRunners	1075 — 156 MatthewMoran	159 JohnWilliams	162 FrankPodd	178 PhilRamsey	204 LiLok	216 MikeHodson
30 AbcRunners	1147 — 78 ChrisGreen	130 MichaelHodgkinson	140 RobertChesters	254 LeeSinch	266 GaryBirch	279 CraigAbbot
31 WestCheshireAC	1191 — 33 DavidAlexander	122 AndrewClague	177 DenisDuret	232 JamesJones	304 RichardBatterham	323 BobBenson
32 ManchesterFrontrunners	1224 — 64 JamesMoles	194 JonoGuldford	212 DavidChambers	240 SteveHutton	253 JoeCame	261 JohnLowe
33 Swinton RC 'B'	1238 — 127 SteveDoxey	154 KevinRyan	207 PaulWilson	218 DaveBurke	255 MikeGraney	277 RicWaring
34 WarringtonTriClub	1245 — 128 MarkHadland	165 DanHarbridge	198 MarkWalker	205 MikeDouglas	244 SteveHoward	305 PaulHarbridge
35 SaleHManchester 'E'	1253 — 182 EugeneAdefe	195 SteveSumridge	206 BillFox	210 SteveParry	211 SimonBond	249 NigelFielden
36 StockportH&ac 'D'	1421 — 199 RobertTaylor	221 PaulComer	231 PaulPlummer	243 DavidChrystelowe	258 AndrewWainwright	269 IanMulligan
37 MiddletonHAC	1465 — 50 RyanLindsay	233 RolandRobson	278 PaulTaylor	291 SteveLewis	302 PaulCollinge	311 JasonCunningham
38 StHelensSuttonAC 'B'	1485 — 200 IanHayburn	215 GregCans	239 DennisWharton	292 PeterJohnson	264 ChrisLevy	285 GaryOldham
39 SalfordMetAC	1502 — 137 PaulConnolly	170 PaulStevenson	252 MikeRace	294 ChrisJones	297 StuartMairs	352 JackCarney
40 ManchesterTriathlon 'C'	1534 — 217 SimonGranger	220 LeeBenson	248 FrankTurmejosek	257 SanTou	276 SimonWildman	316 DavidRees
41 StHelensStriders	1570 — 197 PaulDemore	238 ChrisReid	265 JohnSmee	272 ScottRobertson	284 TonyHorsfall	314 GarySpriggs
42 Vale Royal AC 'C'	1629 — 185 JamesEdwards	219 AnthonyAtkinson	245 IainStanton	307 JohnClarke	327 RobertTipping	346 ColinRathbone
43 SalfordH&ac 'C'	1657 — 176 SeanCordell	176 AlbertCastile	281 IanJohnson	321 RolandBowness	349 ThomasTemple	355 TomDaniels
44 BramhallRunners 'B'	1665 — 246 JohnWilliams	247 AdamBird	263 RichardHall	230 SteveFairdough	301 JamesHall	318 MarkCorcoran
45 ChorltonRunners 'B'	1688 — 228 JustinHayes	229 NazZameer	239 PeterAdams	308 NickJones	310 JacobSmiles	363 MarkDonnelly
46 WinstanRunners	1768 — 230 PaulMuldoon	256 ChrisLang	267 PaulClifford	312 TonySouthworth	330 PaulLockett	373 MatthewWard
47 ManchesterFrontrunners 'B'	1880 — 293 AmirDar	238 StephenWeigh	306 GrahamBaieson	322 JamesFox	326 DanWhitaker	335 JordanVillar
48 Swinton RC 'C'	1937 — 299 MikeWilkinson	300 JonSides	303 JonMellor	337 DaveHalliday	344 DaveBatty	354 SimonFinch
49 ManchesterH&ac 'B'	1964 — 288 MichaelCunningham	292 GarethFitzjohn	313 RobertGinderPoulson	350 DenisKelly	360 MikeCronin	361 DaveWood

Senior Men aged 17 to 19 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Vale Royal AC	19 — 2 Sam Whitehead	7 Patrick Stradling	10 Danny Morrison
2 University Of Manchester Ccc	26 — 3 Adam Sciacca	5 Josh Nevin	18 Dan Pettitt
3 Sale H Manchester	33 — 6 Matthew Beacock	13 Sam Mayon	14 Eugene Adefe

Senior Men (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Wilmslow RC	39 — 5 Rob Downs	9 Malcolm Fowler	10 Barry Archbold	15 Jim Pendrill
2 Sale H Manchester	75 — 2 Ian Wetherall	19 Olivier Gaillemin	22 Gary Rowlinson	32 Elton Davies
3 Stockport H&ac	92 — 17 Adrian Nutter	18 James Corden	27 Kevan Garner	30 Matt Townley
4 Altrincham & Dist AC	108 — 4 Colin Bannothornton	26 Roger Preece	35 Steve Renny	43 Paul Abraham
5 Wilmslow RC 'B'	123 — 21 Andy Whittingham	28 Rob Wilson	36 Tom McGaff	38 Mike Hill
6 Salford H&ac	128 — 7 Dave Lockett	25 Charles Foster	31 Stanley Owen	65 James O'Connor
7 Vale Royal AC	141 — 1 Stuart Doyle	39 Darren Cottier	48 Craig Sephton	53 Tony Archer
8 Swinton RC	142 — 3 Mark Russell	11 Mark Whittington	44 Steve Doxey	84 Paul Wilson
9 Trafford AC	165 — 13 Dick Byers	23 Mike Hutchinson	33 Paul Mannion	96 Robin Beaumont
10 St Helens Sutton AC	179 — 24 John Greenall	34 Andrew Wilson	47 Ian Costello	74 Mark Liptrot
11 Manchester Triathlon	210 — 46 Paul Schofield	51 Tony Jolly	52 Roger Thomas	61 Lee Webster
12 E Cheshire H & Tameside AC	213 — 20 Barry Hirst	29 Gary Matthews	37 Ian Fraser	127 John Bowker
13 West Cheshire AC	219 — 6 David Alexander	41 Andrew Clague	70 Denis Duret	102 James Jones
14 Stockport H&ac 'B'	224 — 50 Paul Nutter	54 Robert Cawley	57 Steve Shaughnessy	63 Simon Phillips
15 Manchester H&ac	246 — 8 Ed Fazakerley	72 Lloyd Barlow	81 Matt Whitehead	85 Jason Brogan
16 Sale H Manchester 'B'	284 — 49 Aiden Raftery	66 Francis Sweeney	83 Bill Fox	86 Steve Parry
17 Macclesfield H&ac	290 — 16 James Noakes	55 Julian Brown	58 Gary Willcock	161 Mark Wheelton
18 Stockport H&ac 'C'	325 — 75 Graham Marsland	76 Tim Hargreaves	79 Robert Taylor	95 Paul Corner
19 Bramhall Runners	352 — 59 Frank Podd	82 Li Lok	90 Mike Hodson	121 Richard Hall
20 Manchester Triathlon 'B'	358 — 62 Tim Johns	91 Simon Granger	94 Lee Benson	111 Franck Turmeljosek
21 Altrincham & Dist AC 'B'	359 — 60 Shaun Jackson	88 Peter Pickwell	98 Tim Raffle	113 Craig Partridge
22 Warrington Tri Club	386 — 45 Mark Hadland	78 Mark Walker	110 Steve Howard	153 Paul Harbridge
23 Vale Royal AC 'B'	388 — 67 Scott Bamber	73 James Edwards	93 Anthony Atkinson	155 John Clarke
24 St Helens Sutton AC 'B'	406 — 80 Ian Hayburn	89 Greg Carns	117 Dennis Wharton	120 Peter Johnson
25 Salford H&ac 'B'	436 — 68 Sean Cordell	69 Albert Castile	135 Ian Johnson	164 Roland Bowness
26 St Helens Striders	444 — 77 Paul Demore	106 Chris Reid	123 John Smee	138 Tony Horsfall
27 Manchester Ymca H	448 — 40 David Garner	105 Eddie Gilligan	147 Jon Paramor	156 David Ashton
28 Stockport H&ac 'D'	452 — 101 Paul Plummer	109 David Chrystielowe	116 Andrew Mainwaring	126 Ian Mulligan
29 Manchester Frontrunners	455 — 14 James Moles	119 John Lowe	154 Graham Bateson	168 Dan Whittaker
30 Wilmslow RC 'C'	467 — 42 Stuart Parrott	108 Steve Dempsey	130 Simon Bolton	187 Patrick Grannan
31 Sale H Manchester 'C'	506 — 87 Simon Bond	112 Nigel Fielden	136 Michael Wymmer	171 Jerry Smith
32 Salford Met AC	512 — 64 Paul Stevenson	114 Mike Race	146 Chris Jones	188 Jack Carney
33 Chorlton Runners	523 — 99 Justin Hayes	100 Naz Zameer	118 Peter Adams	206 Richard Leeming
34 Swinton RC 'B'	525 — 92 Dave Burke	133 Ric Waring	149 Jon Sides	151 Jon Mellor
35 Middleton H AC	532 — 103 Roland Robson	134 Paul Taylor	145 Steve Lewis	150 Paul Collinge
36 Glossopdale Harriers	648 — 129 John Hewitt	170 Andrew Burnett	174 Neville McGraw	175 Clive Smith
37 Stockport H&ac 'E'	672 — 131 Mark Byrom	172 Jeremy Woodham	178 Steve Matkin	191 Nicholas Roberts
38 Manchester H&ac 'B'	681 — 142 Michael Cunningham	158 Robert Ginder Poulson	186 Denis Kelly	195 Mike Cronin
39 Middleton H AC 'B'	692 — 160 Tony Walsh	166 Alan Garvey	167 Craig Sutherland	199 Barry Fairbrother
40 Manchester Triathlon 'C'	699 — 132 Simon Wildman	173 Tim Jacomb	193 Mark Coley	201 Bryan Hopwood