

# Midland Counties Road Relay Championships at Sutton Park, Birmingham on Saturday 20th September 2014

## - Mens 6 Stage Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	Toby Spencer	Coventry G A	17:40	50	Lee Morris	Sutton In	20:57
2	Jacob Allen	Rugby & No A	18:07	51	Jack Sexty	Wolverhamp C	21:07
3	William Christofi	Bristol&W A	18:11	52	David Conway	Massey Fer A	21:08
4	Daniel Owen	Cheltenham A	18:13	53	Stuart Lumsden	Northbrook	21:09
5	Martin Whitehouse	Notts Ac A	18:16	54	Joseph Phillips	Halesowen B	21:13
6	Ashley Sabin	Leicester A	18:17	55	Matthew Driver	Harborough A	21:14
7	Lee Slater	Dudley And A	18:18	56	Eoin O'Flynn	Leamington B	21:21
8	Daniel Hallam	Owls Ac Le A	18:23	57	Matt Biggs	Dudley Kin A	21:24
9	Paul Ward	Telford Ac A	18:31	58	John Merrett	Cheltenham D	21:40
10	Edward Banks	Birmingham A	18:35	59	Graham Taylor	Stratford A	21:44
11	N TesfaldetDesta	Birchfield A	18:36	60	James Head	Gloucester B	21:45
12	James Mee	Heanor Run A	18:43	61	Nicolas Hazelwood	Halesowen A	21:45
13	Christopher Illman	Cirenceste	18:45	62	Macculey Snutch	City Of St B	21:51
14	Phillip Wilson	Tipton Har A	18:57	63	Thomas Chew	Royal Sutt B	21:53
15	James Skelton	Wolverhamp A	18:59	64	Peter Armstrong	Hermitage B	21:58
16	Nick Corker	Royal Sutt A	19:00	65	Stephen Wilson	Burton Ac B	22:00
17	Patrick Roddy	Kenilworth	19:03	66	David Daniels	Cobra	22:15
18	William Russell	Bristol&W B	19:05	67	Torsten Roesler	Knowle & D B	22:18
19	Thomas George	Gloucester A	19:10	68	Carl Platt	Trentham R A	22:25
20	James Douglas	Charnwood A	19:13	69	Sam Godwin	Notts Ac C	22:28
21	Joe Smith	Bromsgrove	19:15	70	Philip Scarr	Halesowen C	22:38
22	Matt Adcock	Hermitage A	19:17	71	Carl Hughes	Heanor Run C	22:55
23	Nick Barry	Clc Stride A	19:18	72	Nick Stringer	Sparkhill	22:56
24	Chris Sharp	Knowle & D A	19:23	73	Paul Downing	Trentham R B	22:56
25	Miles Chandler	Bristol&W C	19:31	74	Stephen Marks	Rugby & No B	23:01
26	Aaron Brown	Cannock & A	19:37	75	Darrell Bodin	Dudley And B	23:12
27	Ashley Holman	Burton Ac A	19:38	76	Will Goodbourn	Wreake Run	23:13
28	James Parrott	Coventry G B	19:39	77	Martyn Helliher	Stratford C	23:18
29	Tom Holden	Tipton Har B	19:40	78	David Bowen	Royal Sutt C	23:30
30	James Miller	Cheltenham B	19:41	79	David Jones	West Bromw	23:46
31	Daniel Jones	Team Bath A	19:42	80	Steve Mumford	Massey Fer B	23:51
32	Oliver Paulin	Solihull & A	19:42	81	Mark Newman	Stratford B	24:06
33	Shane Rice	Heanor Run B	19:43	82	Martin Brown	Clc Stride B	24:11
34	Scott Campbell	Westbury H	19:44	83	David Sansom	Birmingham C	24:11
35	Matthew Williams	Notts Ac B	19:46	84	Mark Homer	Dudley Kin B	24:21
36	Garry Barnes	SphinxAc	19:46	85	Andy Buck	Hermitage C	24:23
37	Jamie Langley	Leamington A	19:51	86	C Houghton	Centurion	24:29
38	Paul Miles	Owls Ac Le B	19:59	87	Richard Guest	Halesowen D	24:38
39	Matt Cook	Bournville A	20:08	88	Seth Atkin	City Of Bi	24:49
40	Jack Bonser	Wolverhamp B	20:11	89	David Turnbull	Bournville B	24:58
41	Luke Montgomery	Corby Ac A	20:21	90	Benjamin Miller	Newcastle	25:14
42	Lewis Ashmore	Mansfield	20:22	91	Rupert Nandi	Team Bath B	25:22
43	Andy Gore	Cheltenham C	20:27	92	Richard Home	Solihull & B	25:24
44	Chris Wood	Silson Jog	20:32	93	Matthew Chambers	Heanor Run D	26:03
45	Nathan Warren	Birmingham B	20:34	94	Mark Fox	Charnwood B	26:08
46	Victor Garanto	Spa Stride	20:37	95	John Saw	Rugby & No C	28:07
47	Bill Speake	Notts Ac D	20:50	96	Stuart Thomas	Clc Stride C	28:24
48	Callum Dillon	City Of St A	20:53	97	Keith Best	Tipton Har C	29:14
49	Mark James	Severn Ac A	20:54	98	Larry Coltman	Stratford D	29:38
				99	*Not Declared*	Whitchurch	1:20:30

# Midland Counties Road Relay Championships at Sutton Park, Birmingham on Saturday 20th September 2014

## - Mens 6 Stage Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Matthew Lole	Coventry G A	18:45	36:25	0	55	Darren Weston	Hermitage B	21:55	43:53	+ 9
2	Benedict Westhenry	Bristol&W A	18:30	36:41	+ 1	56	RossThomas Cooper	Massey Fer A	23:05	44:13	- 4
3	Thomas Bell	Owls Ac Le A	18:28	36:51	+ 5	57	Thomas Halloway	Trentham R A	21:55	44:20	+ 11
4	Rob Keal	Notts Ac A	18:36	36:52	+ 1	58	Matthew Evans	Cheltenham D	22:55	44:35	0
5	Andrew Peat	Birchfield A	18:33	37:09	+ 6	59	Tony Hinchley	Royal Sutt B	22:59	44:52	+ 4
6	Martin Williams	Wolverhamp A	18:13	37:12	+ 9	60	David Lewis	Halesowen C	22:19	44:57	+ 10
7	Joe Rainsford	Heanor Run A	18:41	37:24	+ 5	61	Richard French	Northbrook	24:02	45:11	- 8
8	Sean Byrne	Tipton Har A	18:29	37:26	+ 6	62	Mark Pearce	Sparkhill	22:18	45:14	+ 10
9	Chris Jordan	Leicester A	19:11	37:28	- 3	63	Gareth Cantrill	Burton Ac B	23:37	45:37	+ 2
10	Jon Barnes	Cheltenham A	19:27	37:40	- 6	64	David Liddall	Royal Sutt C	22:43	46:13	+ 14
11	Richard Simkiss	Kenilworth	18:52	37:55	+ 6	65	Steven Haines	Gloucester B	24:28	46:13	- 5
12	Stephen Mears	Charnwood A	18:59	38:12	+ 8	66	Gary Mellors	Heanor Run C	23:35	46:30	+ 5
13	Martin Matthews	Birmingham A	19:38	38:13	- 3	67	David Rose	Wreake Run	23:18	46:31	+ 9
14	Paul Waby	Dudley And A	20:12	38:30	- 7	68	Richard Cookson	Rugby & No B	23:31	46:32	+ 6
15	Scott Hazell	Coventry G B	18:56	38:35	+ 13	69	Richard Longley	Trentham R B	23:39	46:35	+ 4
16	Christopher Perrin	Cannock & A	19:08	38:45	+ 10	70	Philip Waring	Notts Ac C	24:13	46:41	- 1
17	Anthony Woodward	Hermitage A	19:30	38:47	+ 5	71	Alex Stephenson	Cobra	24:34	46:49	- 5
18	Denis Galerin	Cirenceste	20:30	39:15	- 5	72	Joe Bolton	Dudley And B	23:58	47:10	+ 3
19	James Bingham	Cheltenham B	19:36	39:17	+ 11	73	Lloyd Barton	Knowle & D B	24:53	47:11	- 6
20	Richard DeCamps	Gloucester A	20:08	39:18	- 1	74	Craig Bridges	Team Bath B	21:54	47:16	+ 17
21	Cory Parker	Burton Ac A	19:49	39:27	+ 6	75	Alistair Gorrie	Birmingham C	23:08	47:19	+ 8
22	Harry Bishop	Severn Ac A	18:35	39:29	+ 27	76	Ben Abbott	Notts Ac D	26:32	47:22	- 29
23	Paul Thompson	Bournville A	19:24	39:32	+ 16	77	James Greenwood	West Bromw	23:49	47:35	+ 2
24	Vincent Carroll	Rugby & No A	21:26	39:33	- 22	78	David Billingham	Clc Stride B	23:40	47:51	+ 4
25	Peter Grime	Knowle & D A	20:17	39:40	- 1	79	Michael Sheppard	Stratford B	24:15	48:21	+ 2
26	Felix McGrath	Westbury H	19:58	39:42	+ 8	80	James Watkins	Charnwood B	22:20	48:28	+ 14
27	Matt Blunden	Notts Ac B	19:56	39:42	+ 8	81	Chris HarlanMarks	Bournville B	23:34	48:32	+ 8
28	Stephen Rose	Team Bath A	20:05	39:47	+ 3	82	John Hill	Halesowen D	24:17	48:55	+ 5
29	Ross Grainger	Bristol&W B	20:55	40:00	- 11	83	Peter Hood	Dudley Kin B	24:41	49:02	+ 1
30	Stuart Chadwick	Heanor Run B	20:55	40:38	+ 3	84	Leon Coppola	Massey Fer B	25:15	49:06	- 4
31	Mark Langman	Clc Stride A	21:27	40:45	- 8	85	James Fido	Stratford C	26:45	50:03	- 8
32	Tom Foulerton	Leamington A	20:55	40:46	+ 5	86	Leonard Wallace	Centurion	26:02	50:31	0
33	John Millington	Tipton Har B	21:18	40:58	- 4	87	Paul Winfield	Heanor Run D	25:36	51:39	+ 6
34	David Long	Royal Sutt A	22:01	41:01	- 18	88	Paul Holmes	Hermitage C	27:20	51:43	- 3
35	Alex Lee	Cheltenham C	20:41	41:08	+ 8	89	Lee Walker	Newcastle	26:39	51:53	+ 1
36	Mark Anslow	Wolverhamp B	21:15	41:26	+ 4	90	Johnathan Sarkies	Rugby & No C	25:02	53:09	+ 5
37	Paul Whittingham	Sutton In	20:38	41:35	+ 13	91	Dionisis Theodosis	City Of Bi	28:45	53:34	- 3
38	Eliot Ward	Birmingham B	21:05	41:39	+ 7	92	Tommy Hill	Solihull & B	28:46	54:10	0
39	Sean Bowden	Bromsgrove	22:37	41:52	- 18	93	Nicks Lalli	Tipton Har C	25:21	54:35	+ 4
40	Chris Monk	Mansfield	21:38	42:00	+ 2	94	David James	Clc Stride C	29:00	57:24	+ 2
41	Thomas Hendricken	City Of St A	21:14	42:07	+ 7	95	Anthony Jackson	Stratford D	28:25	58:03	+ 3
42	Josh Coles	Corby Ac A	21:52	42:13	- 1	<b>Fastest runners over stage 2:</b>					
43	Will Johnson	Spa Stride	21:50	42:27	+ 3	1	Martin Williams	Wolverhamp A	18:13		
44	David Bedwell	Bristol&W C	22:59	42:30	- 19	2	Thomas Bell	Owls Ac Le A	18:28		
45	Sam Efiog	Halesowen A	20:46	42:31	+ 16	3	Sean Byrne	Tipton Har A	18:29		
46	Eoin Corr	Solihull & A	23:07	42:49	- 14	4	Benedict Westhenry	Bristol&W A	18:30		
47	James Darcy	Silson Jog	22:18	42:50	- 3	5	Andrew Peat	Birchfield A	18:33		
48	Daniel Vaughan	Wolverhamp C	21:45	42:52	+ 3	6	Harry Bishop	Severn Ac A	18:35		
49	Andy Meads	Harborough A	21:39	42:53	+ 6	7	Rob Keal	Notts Ac A	18:36		
50	Paul Bergin	SphinxAc	23:13	42:59	- 14	8	Joe Rainsford	Heanor Run A	18:41		
51	Roger Mallard	Halesowen B	21:50	43:03	+ 3	9	Matthew Lole	Coventry G A	18:45		
52	Wayne Vickers	Stratford A	21:36	43:20	+ 7	10	Richard Simkiss	Kenilworth	18:52		
53	Kevin Duckworth	Dudley Kin A	22:02	43:26	+ 4						
54	Jack Savage	Leamington B	22:24	43:45	+ 2						

# Midland Counties Road Relay Championships at Sutton Park, Birmingham on Saturday 20th September 2014

## - Mens 6 Stage Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Owain Jones	Bristol&W A	17:53	54:34	+ 1
2	Ryan McLeod	Tipton Har A	17:21	54:47	+ 6
3	Ben Jones	Coventry G A	18:24	54:49	- 2
4	Tim Hartley	Notts Ac A	18:43	55:35	0
5	Graham Rush	Cheltenham A	18:20	56:00	+ 5
6	Paul Hammond	Wolverhamp A	19:07	56:19	0
7	Theo Blundell	Birchfield A	19:53	57:02	- 2
8	Andrew Siggers	Kenilworth	19:10	57:05	+ 3
9	Chris McMillan	Owls Ac Le A	20:22	57:13	- 6
10	Daniel Robinson	Birmingham A	19:18	57:31	+ 3
11	Matthew Poynton	Leicester A	20:25	57:53	- 2
12	Harvey Speed	Coventry G B	19:29	58:04	+ 3
13	Stephen Ashmore	Heanor Run A	20:43	58:07	- 6
14	Tim Doran	Charnwood A	20:24	58:36	- 2
15	David Aubrey	Cheltenham B	19:38	58:55	+ 4
16	Torran Elson	Bristol&W B	19:09	59:09	+ 13
17	David Ratcliffe	Dudley And A	20:46	59:16	- 3
18	Michael Costante	Notts Ac B	19:39	59:21	+ 9
19	Nick Smart	Westbury H	19:55	59:37	+ 7
20	Craig Hinds	Hermitage A	20:54	59:41	- 3
21	Tom Dudden	Team Bath A	19:57	59:44	+ 7
22	Simon Campbell	Cirenceste	20:43	59:58	- 4
23	Gordon Smith	Burton Ac A	20:36	1:00:03	- 2
24	Craig Pearson	Cannock & A	21:44	1:00:29	- 8
25	C Collins	Bournville A	21:05	1:00:37	- 2
26	Daniel Beier	Tipton Har B	19:52	1:00:50	+ 7
27	Chris Morgan	Knowle & D A	21:21	1:01:01	- 2
28	Lee Smith	Gloucester A	21:55	1:01:13	- 8
29	Daniel Williams	Rugby & No A	21:42	1:01:15	- 5
30	Austin Blackburn	Severn Ac A	21:50	1:01:19	- 8
31	Marc Hartley	City Of St A	19:30	1:01:37	+ 10
32	James Bowler	Bromsgrove	19:57	1:01:49	+ 7
33	Dominic Bill	Halesowen A	19:19	1:01:50	+ 12
34	Mathew Richards	Wolverhamp B	20:30	1:01:56	+ 2
35	Russell Simpson	Royal Sutt A	20:58	1:01:59	- 1
36	Juan Moreno	Clc Stride A	21:24	1:02:09	- 5
37	Alastair Hobday	Heanor Run B	22:01	1:02:39	- 7
38	Andy Prohett	Cheltenham C	21:36	1:02:44	- 3
39	Chris Grimley	Birmingham B	21:17	1:02:56	- 1
40	Matthew Butler	Leamington A	22:50	1:03:36	- 8
41	David Turvey	Halesowen B	21:04	1:04:07	+ 10
42	Liam Hodson	Sutton In	22:50	1:04:25	- 5
43	Wayne Broadbent	Sphinx Ac	21:36	1:04:35	+ 7
44	Steven Howes	Solihull & A	21:55	1:04:44	+ 2
45	Neal Humphreys	Corby Ac A	22:55	1:05:08	- 3
46	Andy Field	Silson Jog	22:24	1:05:14	+ 1
47	Richard Welburn	Stratford A	22:09	1:05:29	+ 5
48	David Norman	Dudley Kin A	22:24	1:05:50	+ 5
49	Craig Taylor	Trentham R A	21:37	1:05:57	+ 8
50	Darren Edwards	Wolverhamp C	23:15	1:06:07	- 2
51	Daniel Taylor	Harborough A	23:40	1:06:33	- 2
52	Chris Taylor	Royal Sutt B	21:52	1:06:44	+ 7
53	Matthew Bull	Leamington B	23:13	1:06:58	+ 1
54	Gary Lawson	Massey Fer A	22:48	1:07:01	+ 2
55	Damian Dear	Northbrook	21:57	1:07:08	+ 6
56	WaiMing Loh	Cheltenham D	22:43	1:07:18	+ 2
57	Jonathan Hardy	Mansfield	25:41	1:07:41	- 17
58	Colin Durant	Rugby & No B	21:41	1:08:13	+ 10
59	Matthew Moore	Hermitage B	24:29	1:08:22	- 4
60	Jonathan Lewis	Halesowen C	23:39	1:08:36	0
61	Simon Radcliffe	Spa Stride	26:25	1:08:52	- 18
62	Patrick Finnegan	Sparkhill	24:06	1:09:20	0
63	Dale Colclough	Trentham R B	22:48	1:09:23	+ 6
64	Steve Cleary	Cobra	22:37	1:09:26	+ 7
65	???	Notts Ac C	22:49	1:09:30	+ 5
66	Clive Hackforth	Royal Sutt C	23:42	1:09:55	- 2
67	Tim Robinson	Heanor Run C	23:25	1:09:55	- 1
68	Gavin Speed	Wreake Run	24:21	1:10:52	- 1
69	Andrew Connors	Knowle & D B	23:44	1:10:55	+ 4
70	Aaron Bennett	Gloucester B	25:19	1:11:32	- 5
71	Eamon O'Hanlon	Burton Ac B	26:11	1:11:48	- 8
72	Simon Neale	Massey Fer B	23:50	1:12:56	+ 12
73	Harry Fowler	Birmingham C	26:04	1:13:23	+ 2
74	Mark Judge	Dudley Kin B	24:59	1:14:01	+ 9
75	George Parker	Clc Stride B	26:37	1:14:28	+ 3
76	Robert Hockenhull	Bournville B	26:18	1:14:50	+ 5
77	Martin Bailey	Newcastle	23:04	1:14:57	+ 12
78	Keith Waring	Notts Ac D	27:39	1:15:01	- 2
79	Sean Cawley	Stratford B	26:53	1:15:14	0
80	Steven Millington	Halesowen D	26:27	1:15:22	+ 2
81	Neil Munroe	West Bromw	28:15	1:15:50	- 4
82	Michael Coleman	Stratford C	25:55	1:15:58	+ 3
83	Andy Rea	Centurion	25:29	1:16:00	+ 3
84	James Brown	Dudley And B	30:16	1:17:26	- 12
85	Brett Beeson	Heanor Run D	27:48	1:19:27	+ 2
86	Danny Tolhurst	Stratford D	21:33	1:19:36	+ 9
87	Naved Akhtar	City Of Bi	26:25	1:19:59	+ 4
88	Chris Gowans	Hermitage C	29:31	1:21:14	0
89	Aaron Lincoln	Rugby & No C	28:51	1:22:00	+ 1
90	Andrew Webber	Solihull & B	29:03	1:23:13	+ 2
91	Gordon Bendall	Clc Stride C	26:36	1:24:00	+ 3

### Fastest runners over stage 3:

1	Ryan McLeod	Tipton Har A	17:21
2	Owain Jones	Bristol&W A	17:53
3	Graham Rush	Cheltenham A	18:20
4	Ben Jones	Coventry G A	18:24
5	Tim Hartley	Notts Ac A	18:43
6	Paul Hammond	Wolverhamp A	19:07
7	Torran Elson	Bristol&W B	19:09
8	Andrew Siggers	Kenilworth	19:10
9	Daniel Robinson	Birmingham A	19:18
10	Dominic Bill	Halesowen A	19:19

# Midland Counties Road Relay Championships at Sutton Park, Birmingham on Saturday 20th September 2014

## - Mens 6 Stage Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain
1	Richard Kay	Tipton Har A	18:11	1:12:58	+ 1
2	Matthew Whitfield	Bristol&W A	18:28	1:13:02	- 1
3	Stuart Spencer	Notts Ac A	18:12	1:13:47	+ 1
4	James Griggs	Coventry G A	19:27	1:14:16	- 1
5	Dave Roper	Cheltenham A	18:25	1:14:25	0
6	Ross Jones	Wolverhamp A	18:14	1:14:33	0
7	Dale Annable	Heanor Run A	18:35	1:16:42	+ 6
8	Stuart Hopkins	Kenilworth	19:55	1:17:00	0
9	Orlando Corea	Birchfield A	20:02	1:17:04	- 2
10	Ashley Palmer	Owls Ac Le A	20:09	1:17:22	- 1
11	Martin Lewis	Charnwood A	19:27	1:18:03	+ 3
12	Jeremy Barnes	Coventry G B	20:33	1:18:37	0
13	William New	Cheltenham B	19:47	1:18:42	+ 2
14	Jonathan Jennings	Birmingham A	21:18	1:18:49	- 4
15	David Robertson	Leicester A	21:09	1:19:02	- 4
16	Philip Nation	Dudley And A	20:09	1:19:25	+ 1
17	Bill Leggate	Cirenceste	19:44	1:19:42	+ 5
18	Phil Lucker	Bristol&W B	20:36	1:19:45	- 2
19	Jarratt Perkins	Notts Ac B	20:29	1:19:50	- 1
20	Gavin McDermott	Hermitage A	20:38	1:20:19	0
21	Dave Hobbs	Westbury H	21:38	1:21:15	- 2
22	James Rose	Severn Ac A	20:25	1:21:44	+ 8
23	Mark Hadley	Halesowen A	20:11	1:22:01	+ 10
24	Tim Price	Knowle & D A	21:02	1:22:03	+ 3
25	Matthew Wagstaffe	Burton Ac A	22:07	1:22:10	- 2
26	James Russell	Cannock & A	21:42	1:22:11	- 2
27	Sean Butler	Team Bath A	22:34	1:22:18	- 6
28	Michael Andrews	Rugby & No A	21:12	1:22:27	+ 1
29	Mark Appleton	Bromsgrove	20:38	1:22:27	+ 3
30	Iain Porter	Clc Stride A	21:03	1:23:12	+ 6
31	Paul Terleski	Royal Sutt A	21:16	1:23:15	+ 4
32	Matt Sandison	Bournville A	22:49	1:23:26	- 7
33	Thomas Guy	City Of St A	21:56	1:23:33	- 2
34	Iain Lewis	Wolverhamp B	21:47	1:23:43	0
35	Mike Gray	Cheltenham C	21:00	1:23:44	+ 3
36	Callum Hanlon	Leamington A	20:10	1:23:46	+ 4
37	Kevin McMillan	Birmingham B	21:15	1:24:11	+ 2
38	David Gresswell	Gloucester A	23:18	1:24:31	- 10
39	Philip Baynes	Heanor Run B	22:40	1:25:19	- 2
40	C Somerfield	Tipton Har B	24:39	1:25:29	- 14
41	Andrew Butler	Halesowen B	21:34	1:25:41	0
42	Scott Minshall	Trentham R A	20:37	1:26:34	+ 7
43	Brent Stevenson	Sutton In	23:17	1:27:42	- 1
44	Daniel Hollins	Solihull & A	23:17	1:28:01	0
45	Matthew Taylor	Harborough A	21:42	1:28:15	+ 6
46	Rob Sannwald	Dudley Kin A	22:31	1:28:21	+ 2
47	Tom Dallamore	Corby Ac A	23:31	1:28:39	- 2
48	Ian Pincher	Wolverhamp C	22:35	1:28:42	+ 2
49	Dean England	Royal Sutt B	21:59	1:28:43	+ 3
50	Craig Bower	Leamington B	22:10	1:29:08	+ 3
51	Andrew Speechly	Stratford A	24:10	1:29:39	- 4
52	Grahame Flanagan	Sphinx Ac	25:06	1:29:41	- 9
53	Ian Giles	Cheltenham D	22:46	1:30:04	+ 3
54	Stewart Shears	Silson Jog	25:08	1:30:22	- 8
55	Tony James Hoy	Massey Fer A	23:27	1:30:28	- 1
56	Peter Fellows	Northbrook	23:45	1:30:53	- 1
57	Max Chippington	Rugby & No B	23:25	1:31:38	+ 1
58	Darren Riley	Sparkhill	22:19	1:31:39	+ 4
59	Mark Perry	Hermitage B	23:29	1:31:51	0
60	Mike Tovey	Cobra	22:36	1:32:02	+ 4
61	Pete Deacon	Notts Ac C	22:36	1:32:06	+ 4
62	James Parker	Halesowen C	24:23	1:32:59	- 2
63	Robert Page	Heanor Run C	23:22	1:33:17	+ 4
64	Lee Jones	Trentham R B	24:03	1:33:26	- 1
65	Pete MorganWarren	Knowle & D B	23:35	1:34:30	+ 4
66	Daniel Fleming	Spa Stride	25:50	1:34:42	- 5
67	Stephen Pitt	Royal Sutt C	25:37	1:35:32	- 1
68	Scott Beasley	Wreake Run	24:45	1:35:37	0
69	Arthur Daley	Gloucester B	24:24	1:35:56	+ 1
70	Ian Parker	Burton Ac B	25:05	1:36:53	+ 1
71	Dean Semple	Massey Fer B	24:02	1:36:58	+ 1
72	Graham Wildgoose	Dudley Kin B	24:40	1:38:41	+ 2
73	Rob Ryan	Birmingham C	25:38	1:39:01	0
74	John Willson	Clc Stride B	24:51	1:39:19	+ 1
75	Alan ColeySmith	Stratford B	24:20	1:39:34	+ 4
76	Paul Jefferies	Stratford C	23:57	1:39:55	+ 6
77	Matt Broomhead	Bournville B	25:17	1:40:07	- 1
78	David Pearson	Centurion	24:42	1:40:42	+ 5
79	Clive Trusson	Notts Ac D	27:00	1:42:01	- 1
80	Paul Allen	Halesowen D	26:49	1:42:11	0
81	Garry Howell	West Bromw	27:41	1:43:31	0
82	Martin Middleton	Newcastle	30:22	1:45:19	- 5
83	Ian Smith	Hermitage C	24:34	1:45:48	+ 5
84	Jeff Everitt	Heanor Run D	27:30	1:46:57	+ 1
85	Dave Mayo	Clc Stride C	26:24	1:50:24	+ 6
86	Thomas Perks	Solihull & B	27:40	1:50:53	+ 4
87	Clive Sheppard	Stratford D	36:04	1:55:40	- 1

### Fastest runners over stage 4:

1	Richard Kay	Tipton Har A	18:11
2	Stuart Spencer	Notts Ac A	18:12
3	Ross Jones	Wolverhamp A	18:14
4	Dave Roper	Cheltenham A	18:25
5	Matthew Whitfield	Bristol&W A	18:28
6	Dale Annable	Heanor Run A	18:35
7	Martin Lewis	Charnwood A	19:27
8	James Griggs	Coventry G A	19:27
9	Bill Leggate	Cirenceste	19:44
10	William New	Cheltenham B	19:47

# Midland Counties Road Relay Championships at Sutton Park, Birmingham on Saturday 20th September 2014

## - Mens 6 Stage Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Oliver Mott	Bristol&W A	18:30	1:31:32	+ 1
2	Alastair Watson	Notts Ac A	18:00	1:31:47	+ 1
3	Liam Roberts	Tipton Har A	19:13	1:32:11	- 2
4	Phil Nicholls	Wolverhamp A	18:00	1:32:33	+ 2
5	Damian Carr	Coventry G A	19:19	1:33:35	- 1
6	Anthony Bailey	Cheltenham A	19:27	1:33:52	- 1
7	M Bickerstaff	Heanor Run A	19:08	1:35:50	0
8	Stephen Page	Kenilworth	19:56	1:36:56	0
9	Max O'Sullivan	Owls Ac Le A	19:58	1:37:20	+ 1
10	Cameron Shankly	Birchfield A	20:23	1:37:27	- 1
11	Tom Lupton	Charnwood A	19:56	1:37:59	0
12	C Ashford	Birmingham A	19:41	1:38:30	+ 2
13	Roger Mullins	Cheltenham B	20:08	1:38:50	0
14	Edward Broadberry	Coventry G B	20:51	1:39:28	- 2
15	Matthew Krelle	Bristol&W B	20:09	1:39:54	+ 3
16	Phillip Maddocks	Leicester A	20:57	1:39:59	- 1
17	Scott Palmer	Dudley And A	21:40	1:41:05	- 1
18	Shaun Coulton	Hermitage A	21:03	1:41:22	+ 2
19	Martin Croucher	Cirenceste	22:17	1:41:59	- 2
20	Tom Kenderdine	Halesowen A	20:28	1:42:29	+ 3
21	Jonathan Hiorns	Notts Ac B	22:45	1:42:35	- 2
22	David Coales	Team Bath A	20:43	1:43:01	+ 5
23	Pete Belfield	Rugby & No A	20:56	1:43:23	+ 5
24	Mark Keeling	Severn Ac A	21:45	1:43:29	- 2
25	Richard Carpenter	Wolverhamp B	20:00	1:43:43	+ 9
26	Alex Mead	Burton Ac A	21:43	1:43:53	- 1
27	B Hallett	City Of St A	20:41	1:44:14	+ 6
28	Jonathan Randell	Knowle & D A	22:16	1:44:19	- 4
29	James Oram	Clc Stride A	21:09	1:44:21	+ 1
30	Steve Marklew	Royal Sutt A	21:08	1:44:23	+ 1
31	Simon Lanckham	Bromsgrove	22:01	1:44:28	- 2
32	Richard Merrell	Leamington A	21:04	1:44:50	+ 4
33	Miguel Mundinano	Cheltenham C	21:08	1:44:52	+ 2
34	Justin Grimwood	Westbury H	23:52	1:45:07	- 13
35	Nathan Smith	Gloucester A	20:38	1:45:09	+ 3
36	Richard Rollins	Bournville A	22:13	1:45:39	- 4
37	Jamie Graham	Cannock & A	24:03	1:46:14	- 11
38	Martin Ludford	Birmingham B	23:13	1:47:24	- 1
39	Matthew Allen	Halesowen B	21:47	1:47:28	+ 2
40	Tony Weatherson	Heanor Run B	22:14	1:47:33	- 1
41	Lee Ellis	Trentham R A	21:36	1:48:10	+ 1
42	Bryan Mills	Tipton Har B	23:27	1:48:56	- 2
43	Gary Berzins	Sutton In	21:53	1:49:35	0
44	Mark Rickards	Royal Sutt B	22:15	1:50:58	+ 5
45	Adam Brooks	Harborough A	23:05	1:51:20	0
46	Andrew Bave	Wolverhamp C	22:54	1:51:36	+ 2
47	Simon Hughes	Dudley Kin A	23:30	1:51:51	- 1
48	Scott Danter	Solihull & A	24:40	1:52:41	- 4
49	Tom Robinson	Leamington B	23:40	1:52:48	+ 1
50	Mike Dallamore	Corby Ac A	24:39	1:53:18	- 3
51	James Willoughby	Hermitage B	21:59	1:53:50	+ 8
52	Ivan Sarti	Stratford A	24:16	1:53:55	- 1
53	John Wilson	Northbrook	23:30	1:54:23	+ 3
54	Dave Lee	Massey Fer A	24:26	1:54:54	+ 1
55	John Muddeman	Notts Ac C	23:16	1:55:22	+ 6
56	Lee Groenewegen	Cheltenham D	25:24	1:55:28	- 3
57	Neil Willsher	Rugby & No B	24:36	1:56:14	0
58	Tahir Ahktar	Sparkhill	24:39	1:56:18	0
59	Joshua Housley	Heanor Run C	23:56	1:57:13	+ 4
60	Chris Pearson	Cobra	25:14	1:57:16	0
61	Robert Weaver	Halesowen C	24:45	1:57:44	+ 1
62	Lee Timms	Sphinx Ac	28:07	1:57:48	- 10
63	Daniel Stannard	Spa Stride	23:09	1:57:51	+ 3
64	Richard Chadwick	Trentham R B	24:39	1:58:05	0
65	Alistair Ferrie	Silson Jog	27:46	1:58:08	- 11
66	Gavin Poynton	Wreake Run	23:05	1:58:42	+ 2
67	Russell Palmer	Knowle & D B	24:14	1:58:44	- 2
68	Jon Howes	Clc Stride B	21:59	2:01:18	+ 6
69	Simon Reynolds	Burton Ac B	25:00	2:01:53	+ 1
70	Gareth Dixon	Birmingham C	22:56	2:01:57	+ 3
71	Richard Taylor	Massey Fer B	25:04	2:02:02	0
72	Clive Poole	Gloucester B	26:45	2:02:41	- 3
73	Phillip Howell	Stratford B	23:44	2:03:18	+ 2
74	J Fletcher	Royal Sutt C	28:20	2:03:52	- 7
75	Phil Smith	Dudley Kin B	25:34	2:04:15	- 3
76	Anthony Stewart	Bournville B	26:34	2:06:41	+ 1
77	Philip Brennan	Stratford C	26:53	2:06:48	- 1
78	Neil Wilkes	Centurion	26:58	2:07:40	0
79	Neil Doherty	Hermitage C	22:48	2:08:36	+ 4
80	Cory Wilson	Notts Ac D	26:44	2:08:45	- 1
81	Michael Deakin	Halesowen D	28:51	2:11:02	- 1
82	Paul Wakefield	Newcastle	29:35	2:14:54	0
83	David Bratby	West Bromw	33:06	2:16:37	- 2
84	Khadeer Iqbal	Solihull & B	34:09	2:25:02	+ 2
85	Allan Coldicott	Stratford D	29:43	2:25:23	+ 2

### Fastest runners over stage 5:

1	Phil Nicholls	Wolverhamp A	18:00
2	Alastair Watson	Notts Ac A	18:00
3	Oliver Mott	Bristol&W A	18:30
4	M Bickerstaff	Heanor Run A	19:08
5	Liam Roberts	Tipton Har A	19:13
6	Damian Carr	Coventry G A	19:19
7	Anthony Bailey	Cheltenham A	19:27
8	C Ashford	Birmingham A	19:41
9	Tom Lupton	Charnwood A	19:56
10	Stephen Page	Kenilworth	19:56

# Midland Counties Road Relay Championships at Sutton Park, Birmingham on Saturday 20th September 2014

## - Mens 6 Stage Stage 6 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Stephen Mitchell	Bristol&W A	18:16	1:49:48	0
2	Dan Dalmedo	Tipton Har A	18:34	1:50:45	+ 1
3	Aaron Scott	Notts Ac A	19:08	1:50:55	- 1
4	David Smith	Wolverhamp A	19:48	1:52:21	0
5	Alistair Smith	Coventry G A	19:20	1:52:55	0
6	Marc Fallows	Cheltenham A	20:00	1:53:52	0
7	Stuart King	Heanor Run A	18:46	1:54:36	0
8	Eddie Highton	Owls Ac Le A	18:39	1:55:59	+ 1
9	Harry Lupton	Charnwood A	18:41	1:56:40	+ 2
10	Paul Andrew	Kenilworth	19:53	1:56:49	- 2
11	Mark Ince	Birmingham A	19:19	1:57:49	+ 1
12	Rob Deakin	Birchfield A	21:18	1:58:45	- 2
13	Richard Evershed	Cheltenham B	20:14	1:59:04	0
14	Mark Edwards	Bristol&W B	19:41	1:59:35	+ 1
15	Tom Cox	Coventry G B	21:49	2:01:17	- 1
16	Harry Foster	Notts Ac B	19:12	2:01:47	+ 5
17	Robert Meredith	Dudley And A	20:54	2:01:59	0
18	Paul Gregory	Hermitage A	20:56	2:02:18	0
19	Richard White	Halesowen A	20:14	2:02:43	+ 1
20	Craig Sabin	Leicester A	23:12	2:03:11	- 4
21	Alexander Benfield	Burton Ac A	19:39	2:03:32	+ 5
22	Will Ferguson	Clc Stride A	19:12	2:03:33	+ 7
23	Daniel Brazier	Wolverhamp B	20:17	2:04:00	+ 2
24	Simon Bentley	Knowle & D A	20:04	2:04:23	+ 4
25	Tom Martin	Team Bath A	21:31	2:04:32	- 3
26	Dan Harris	City Of St A	20:24	2:04:38	+ 1
27	Alistair McDonnell	Rugby & No A	21:47	2:05:10	- 4
28	Jon Higgins	Royal Sutt A	21:06	2:05:29	+ 2
29	Ashley Ross	Bromsgrove	21:02	2:05:30	+ 2
30	James Perrin	Cannock & A	20:00	2:06:14	+ 7
31	Simon Fortnam	Gloucester A	21:17	2:06:26	+ 4
32	Ionel Iancu	Cirenceste	24:35	2:06:34	- 13
33	Tommy Brooks	Severn Ac A	23:09	2:06:38	- 9
34	Gareth Edwards	Cheltenham C	21:56	2:06:48	- 1
35	Oliver Kirkland	Bournville A	21:18	2:06:57	+ 1
36	Ian Williams	Tipton Har B	18:58	2:07:54	+ 6
37	Bill Nock	Halesowen B	21:12	2:08:40	+ 2
38	George Loveday	Leamington A	24:01	2:08:51	- 6
39	Chris Treble	Westbury H	24:20	2:09:27	- 5
40	Andy Kenchington	Birmingham B	22:46	2:10:10	- 2
41	Leigh Matthews	Trentham R A	22:16	2:10:26	0
42	Stephen Jennings	Heanor Run B	23:43	2:11:16	- 2
43	Edward McGrath	Royal Sutt B	21:51	2:12:49	+ 1
44	Chris Holmes	Sutton In	23:31	2:13:06	- 1
45	Richard Stevens	Leamington B	21:26	2:14:14	+ 4
46	Steve Wood	Dudley Kin A	23:22	2:15:13	+ 1
47	Darren Wilson	Hermitage B	22:12	2:16:02	+ 4
48	William Clapp	Harborough A	24:55	2:16:15	- 3
49	Matthew Guy	Wolverhamp C	24:44	2:16:20	- 3
50	Peter Bacon	Solihull & A	23:54	2:16:35	- 2
51	David Clarke	Massey Fer A	21:53	2:16:47	+ 3
52	Malcolm Bowyer	Stratford A	23:13	2:17:08	0
53	Jonathan Seed	Northbrook	22:50	2:17:13	0
54	James Wilkinson	Cheltenham D	22:08	2:17:36	+ 2
55	Jon-philip Seymour	Notts Ac C	22:49	2:18:11	0
56	Colin Piper	Sphinx Ac	22:31	2:20:19	+ 6
57	Michael Kinder	Rugby & No B	24:22	2:20:36	0
58	Brian Keers	Silson Jog	23:26	2:21:34	+ 7
59	Mick Edwards	Sparkhill	25:32	2:21:50	- 1
60	David Carbutt	Knowle & D B	23:08	2:21:52	+ 7
61	Hartwig Busch	Spa Stride	24:13	2:22:04	+ 2
62	J Ketteringham	Wreake Run	23:56	2:22:38	+ 4
63	Richard Shardlow	Clc Stride B	22:13	2:23:31	+ 5
64	David Pickstock	Trentham R B	26:14	2:24:19	0
65	Andrew Lloyd	Halesowen C	27:06	2:24:50	- 4
66	Carl Stephens	Cobra	27:53	2:25:09	- 6
67	Paul Mercer	Heanor Run C	28:00	2:25:13	- 8
68	Richard Dobedoe	Stratford B	22:57	2:26:15	+ 5
69	JeremyShaun Trill	Massey Fer B	24:18	2:26:20	+ 2
70	Malcolm Davenport	Burton Ac B	25:28	2:27:21	- 1
71	Charlie Hanson	Birmingham C	25:54	2:27:51	- 1
72	Richard Tonks	Dudley Kin B	24:56	2:29:11	+ 3
73	Matthew Stenson	Royal Sutt C	25:36	2:29:28	+ 1
74	Rob Jordan	Gloucester B	28:05	2:30:46	- 2
75	David Jones	Stratford C	26:06	2:32:54	+ 2
76	Richard Booth	Centurion	28:22	2:36:02	+ 2
77	Peter Robinson	Notts Ac D	28:45	2:37:30	+ 3
78	Daniel Egan	Newcastle	28:00	2:42:54	+ 4
79	Adrian Low	Halesowen D	34:10	2:45:12	+ 2
80	David Maundrell	Stratford D	29:09	2:54:32	+ 5
81	Graham Lawrence	Solihull & B	30:16	2:55:18	+ 3

### Fastest runners over stage 6:

1	Stephen Mitchell	Bristol&W A	18:16
2	Dan Dalmedo	Tipton Har A	18:34
3	Eddie Highton	Owls Ac Le A	18:39
4	Harry Lupton	Charnwood A	18:41
5	Stuart King	Heanor Run A	18:46
6	Ian Williams	Tipton Har B	18:58
7	Aaron Scott	Notts Ac A	19:08
8	Will Ferguson	Clc Stride A	19:12
9	Harry Foster	Notts Ac B	19:12
10	Mark Ince	Birmingham A	19:19

# Midland Counties Road Relay Championships at Sutton Park, Birmingham on Saturday 20th September 2014

## Mens 6 Stage — Team Results — Final

(nn) is team position after the appropriate stage.

<b>1 Bristol And West Ac St. 1882 'A' 1:49:48</b>		<b>14 Bristol And West Ac St. 1882 'B' 1:59:35</b>	
1 WilliamChristofi (3) 18:11	2 BenedictWesthenry(2) 18:30	1 WilliamRussell (18) 19:05	2 RossGrainger (29) 20:55
3 OwainJones (1) 17:53	4 MatthewWhitfield (2) 18:28	3 TorranElson (16) 19:09	4 PhilLucker (18) 20:36
5 OliverMott (1) 18:30	6 StephenMitchell (1) 18:16	5 MatthewKrelle (15) 20:09	6 MarkEdwards (14) 19:41
<b>2 Tipton Harriers 'A' 1:50:45</b>		<b>15 Coventry Godiva Harriers 'B' 2:01:17</b>	
1 PhillipWilson (14) 18:57	2 SeanByrne (8) 18:29	1 JamesParrott (28) 19:39	2 ScottHazell (15) 18:56
3 RyanMcLeod (2) 17:21	4 RichardKay (1) 18:11	3 HarveySpeed (12) 19:29	4 JeremyBarnes (12) 20:33
5 LiamRoberts (3) 19:13	6 DanDalmedo (2) 18:34	5 EdwardBroadberry(14) 20:51	6 TomCox (15) 21:49
<b>3 NottsAc 'A' 1:50:55</b>		<b>16 NottsAc 'B' 2:01:47</b>	
1 MartinWhitehouse (5) 18:16	2 RobKeal (4) 18:36	1 MatthewWilliams (35) 19:46	2 MattBlunden (27) 19:56
3 TimHartley (4) 18:43	4 StuartSpencer (3) 18:12	3 MichaelCostante (18) 19:39	4 JarrattPerkins (19) 20:29
5 AlastairWatson (2) 18:00	6 AaronScott (3) 19:08	5 JonathanHioms (21) 22:45	6 HarryFoster (16) 19:12
<b>4 Wolverhampton &amp; Bilston 'A' 1:52:21</b>		<b>17 Dudley And Stourbridge Harrier 'A' 2:01:59</b>	
1 JamesSkelton (15) 18:59	2 MartinWilliams (6) 18:13	1 LeeSlater (7) 18:18	2 PaulWaby (14) 20:12
3 PaulHammond (6) 19:07	4 RossJones (6) 18:14	3 DavidRatcliffe (17) 20:46	4 PhilipNation (16) 20:09
5 PhilNicholls (4) 18:00	6 DavidSmith (4) 19:48	5 ScottPalmer (17) 21:40	6 RobertMeredith (17) 20:54
<b>5 Coventry Godiva Harriers 'A' 1:52:55</b>		<b>18 Hermitage Harriers 'A' 2:02:18</b>	
1 TobySpencer (1) 17:40	2 MatthewLole (1) 18:45	1 MattAdcock (22) 19:17	2 AnthonyWoodward (17) 19:30
3 BenJones (3) 18:24	4 JamesGriggs (4) 19:27	3 CraigHinds (20) 20:54	4 GavinMcDemott (20) 20:38
5 DamianCarr (5) 19:19	6 AlistairSmith (5) 19:20	5 ShaunCoulton (18) 21:03	6 PaulGregory (18) 20:56
<b>6 Cheltenham And County Harriers 'A' 1:53:52</b>		<b>19 Halesowen Acc 'A' 2:02:43</b>	
1 DanielOwen (4) 18:13	2 JonBarnes (10) 19:27	1 NicolasHazelwood (61) 21:45	2 SamEfiong (45) 20:46
3 GrahamRush (5) 18:20	4 DaveRoper (5) 18:25	3 DominicBill (33) 19:19	4 MarkHadley (23) 20:11
5 AnthonyBailey (6) 19:27	6 MarcFallows (6) 20:00	5 TomKenderdine (20) 20:28	6 RichardWhite (19) 20:14
<b>7 Heanor Running Club 'A' 1:54:36</b>		<b>20 Leicester Coritanian Ac 'A' 2:03:11</b>	
1 JamesMee (12) 18:43	2 JoeRainsford (7) 18:41	1 AshleySabin (6) 18:17	2 ChrisJordan (9) 19:11
3 StephenAshmore (13) 20:43	4 DaleAnnable (7) 18:35	3 MatthewPoynton (11) 20:25	4 DavidRobertson (15) 21:09
5 MBickerstaff (7) 19:08	6 StuartKing (7) 18:46	5 PhillipMaddocks (16) 20:57	6 CraigSabin (20) 23:12
<b>8 Owls Ac Leicester 'A' 1:55:59</b>		<b>21 Burton Ac 'A' 2:03:32</b>	
1 DanielHallam (8) 18:23	2 ThomasBell (3) 18:28	1 AshleyHolman (27) 19:38	2 CoryParker (21) 19:49
3 ChrisMcMillan (9) 20:22	4 AshleyPalmer (10) 20:09	3 GordonSmith (23) 20:36	4 MatthewWagstaffe(25) 22:07
5 MaxO'Sullivan (9) 19:58	6 EddieHighton (8) 18:39	5 AlexMead (26) 21:43	6 AlexanderBenfield (21) 19:39
<b>9 Charnwood A C 'A' 1:56:40</b>		<b>22 Clc Striders 'A' 2:03:33</b>	
1 JamesDouglas (20) 19:13	2 StephenMears (12) 18:59	1 NickBarry (23) 19:18	2 MarkLangman (31) 21:27
3 TimDoran (14) 20:24	4 MartinLewis (11) 19:27	3 JuanMoreno (36) 21:24	4 IainPorter (30) 21:03
5 TomLupton (11) 19:56	6 HarryLupton (9) 18:41	5 JamesOram (29) 21:09	6 WillFerguson (22) 19:12
<b>10 Kenilworth Runners 1:56:49</b>		<b>23 Wolverhampton &amp; Bilston 'B' 2:04:00</b>	
1 PatrickRoddy (17) 19:03	2 RichardSimkiss (11) 18:52	1 JackBonser (40) 20:11	2 MarkAnslow (36) 21:15
3 AndrewSiggers (8) 19:10	4 StuartHopkins (8) 19:55	3 MathewRichards (34) 20:30	4 IainLewis (34) 21:47
5 StephenPage (8) 19:56	6 PaulAndrew (10) 19:53	5 RichardCarpenter (25) 20:00	6 DanielBrazier (23) 20:17
<b>11 Birmingham Running Athletics &amp; 'A' 1:57:49</b>		<b>24 Knowle &amp; Dorridge Rc 'A' 2:04:23</b>	
1 EdwardBanks (10) 18:35	2 MartinMatthews (13) 19:38	1 ChrisSharp (24) 19:23	2 PeterGrime (25) 20:17
3 DanielRobinson (10) 19:18	4 JonathanJennings (14) 21:18	3 ChrisMorgan (27) 21:21	4 TimPrice (24) 21:02
5 C Ashford (12) 19:41	6 MarkInce (11) 19:19	5 JonathanRandell (28) 22:16	6 SimonBentley (24) 20:04
<b>12 Birchfield Harriers 'A' 1:58:45</b>		<b>25 Team Bath Athletics Club 'A' 2:04:32</b>	
1 NTesfaldetDesta (11) 18:36	2 AndrewPeat (5) 18:33	1 DanielJones (31) 19:42	2 StephenRose (28) 20:05
3 TheoBlundell (7) 19:53	4 OrlandoCorea (9) 20:02	3 TomDudden (21) 19:57	4 SeanButler (27) 22:34
5 CameronShankly (10) 20:23	6 RobDeakin (12) 21:18	5 DavidCoales (22) 20:43	6 TomMartin (25) 21:31
<b>13 Cheltenham And County Harriers 'B' 1:59:04</b>		<b>26 City Of Stoke Ac 'A' 2:04:38</b>	
1 JamesMiller (30) 19:41	2 JamesBingham (19) 19:36	1 CallumDillon (48) 20:53	2 ThomasHendricken (41) 21:14
3 DavidAubrey (15) 19:38	4 WilliamNew (13) 19:47	3 MarcHartley (31) 19:30	4 ThomasGuy (33) 21:56
5 RogerMullins (13) 20:08	6 RichardEvershed (13) 20:14	5 BHallett (27) 20:41	6 DanHarris (26) 20:24

# Midland Counties Road Relay Championships at Sutton Park, Birmingham on Saturday 20th September 2014

<b>27 Rugby &amp; Northampton Ac</b>	<b>'A'</b>	<b>2:05:10</b>	<b>41 Trentham Rc</b>	<b>'A'</b>	<b>2:10:26</b>
1 Jacob Allen (2) 18:07	2 Vincent Carroll (24) 21:26		1 Carl Platt (68) 22:25	2 Thomas Halloway (57) 21:55	
3 Daniel Williams (29) 21:42	4 Michael Andrews (28) 21:12		3 Craig Taylor (49) 21:37	4 Scott Minshall (42) 20:37	
5 Pete Belfield (23) 20:56	6 Alistair McDonnell (27) 21:47		5 Lee Ellis (41) 21:36	6 Leigh Matthews (41) 22:16	
<b>28 Royal Sutton Coldfield Athleti</b>	<b>'A'</b>	<b>2:05:29</b>	<b>42 Heanor Running Club</b>	<b>'B'</b>	<b>2:11:16</b>
1 Nick Corker (16) 19:00	2 David Long (34) 22:01		1 Shane Rice (33) 19:43	2 Stuart Chadwick (30) 20:55	
3 Russell Simpson (35) 20:58	4 Paul Terleski (31) 21:16		3 Alastair Hobday (37) 22:01	4 Philip Baynes (39) 22:40	
5 Steve Marklew (30) 21:08	6 Jon Higgins (28) 21:06		5 Tony Weatherston (40) 22:14	6 Stephen Jennings (42) 23:43	
<b>29 Bromsgrove &amp; Redditch</b>	<b>2:05:30</b>	<b>43 Royal Sutton Coldfield Athleti</b>	<b>'B'</b>	<b>2:12:49</b>	
1 Joe Smith (21) 19:15	2 Sean Bowden (39) 22:37		1 Thomas Chew (63) 21:53	2 Tony Hinchley (59) 22:59	
3 James Bowler (32) 19:57	4 Mark Appleton (29) 20:38		3 Chris Taylor (52) 21:52	4 Dean England (49) 21:59	
5 Simon Lanckham (31) 22:01	6 Ashley Ross (29) 21:02		5 Mark Rickards (44) 22:15	6 Edward McGrath (43) 21:51	
<b>30 Cannock &amp; Stafford Ac</b>	<b>'A'</b>	<b>2:06:14</b>	<b>44 Sutton In Ashfield Harriers &amp;</b>	<b>2:13:06</b>	
1 Aaron Brown (26) 19:37	2 Christopher Perrin (16) 19:08		1 Lee Morris (50) 20:57	2 Paul Whittingham (37) 20:38	
3 Craig Pearson (24) 21:44	4 James Russell (26) 21:42		3 Liam Hodson (42) 22:50	4 Brent Stevenson (43) 23:17	
5 Jamie Graham (37) 24:03	6 James Perrin (30) 20:00		5 Gary Berzins (43) 21:53	6 Chris Holmes (44) 23:31	
<b>31 Gloucester Ac</b>	<b>'A'</b>	<b>2:06:26</b>	<b>45 Leamington Cycling &amp; Athletic</b>	<b>'B'</b>	<b>2:14:14</b>
1 Thomas George (19) 19:10	2 Richard De Camps (20) 20:08		1 Eoin O'Flynn (56) 21:21	2 Jack Savage (54) 22:24	
3 Lee Smith (28) 21:55	4 David Gresswell (38) 23:18		3 Matthew Bull (53) 23:13	4 Craig Bower (50) 22:10	
5 Nathan Smith (35) 20:38	6 Simon Fortnam (31) 21:17		5 Tom Robinson (49) 23:40	6 Richard Stevens (45) 21:26	
<b>32 Cirencester Ac</b>	<b>2:06:34</b>	<b>46 Dudley Kingswinford Rc</b>	<b>'A'</b>	<b>2:15:13</b>	
1 Christopher Illman (13) 18:45	2 Denis Galerin (18) 20:30		1 Matt Biggs (57) 21:24	2 Kevin Duckworth (53) 22:02	
3 Simon Campbell (22) 20:43	4 Bill Leggate (17) 19:44		3 David Norman (48) 22:24	4 Rob Sannwald (46) 22:31	
5 Martin Croucher (19) 22:17	6 Ionellancu (32) 24:35		5 Simon Hughes (47) 23:30	6 Steve Wood (46) 23:22	
<b>33 Severn Ac</b>	<b>'A'</b>	<b>2:06:38</b>	<b>47 Hermitage Harriers</b>	<b>'B'</b>	<b>2:16:02</b>
1 Mark James (49) 20:54	2 Harry Bishop (22) 18:35		1 Peter Armstrong (64) 21:58	2 Darren Weston (55) 21:55	
3 Austin Blackburn (30) 21:50	4 James Rose (22) 20:25		3 Matthew Moore (59) 24:29	4 Mark Perry (59) 23:29	
5 Mark Keeling (24) 21:45	6 Tommy Brooks (33) 23:09		5 James Willoughby (51) 21:59	6 Darren Wilson (47) 22:12	
<b>34 Cheltenham And County Harriers</b>	<b>'C'</b>	<b>2:06:48</b>	<b>48 Harborough Ac</b>	<b>'A'</b>	<b>2:16:15</b>
1 Andy Gore (43) 20:27	2 Alex Lee (35) 20:41		1 Matthew Driver (55) 21:14	2 Andy Meads (49) 21:39	
3 Andy Prohett (38) 21:36	4 Mike Gray (35) 21:00		3 Daniel Taylor (51) 23:40	4 Matthew Taylor (45) 21:42	
5 Miguel Mundinano (33) 21:08	6 Gareth Edwards (34) 21:56		5 Adam Brooks (45) 23:05	6 William Clapp (48) 24:55	
<b>35 Bournville Harriers</b>	<b>'A'</b>	<b>2:06:57</b>	<b>49 Wolverhampton &amp; Bilston</b>	<b>'C'</b>	<b>2:16:20</b>
1 Matt Cook (39) 20:08	2 Paul Thompson (23) 19:24		1 Jack Sexty (51) 21:07	2 Daniel Vaughan (48) 21:45	
3 C Collins (25) 21:05	4 Matt Sandison (32) 22:49		3 Darren Edwards (50) 23:15	4 Ian Pincher (48) 22:35	
5 Richard Rollins (36) 22:13	6 Oliver Kirkland (35) 21:18		5 Andrew Bave (46) 22:54	6 Matthew Guy (49) 24:44	
<b>36 Tipton Harriers</b>	<b>'B'</b>	<b>2:07:54</b>	<b>50 Solihull &amp; Small Heath Athleti</b>	<b>'A'</b>	<b>2:16:35</b>
1 Tom Holden (29) 19:40	2 John Millington (33) 21:18		1 Oliver Paulin (32) 19:42	2 Eoin Corr (46) 23:07	
3 Daniel Beier (26) 19:52	4 C Somerfield (40) 24:39		3 Steven Howes (44) 21:55	4 Daniel Hollins (44) 23:17	
5 Bryan Mills (42) 23:27	6 Ian Williams (36) 18:58		5 Scott Danter (48) 24:40	6 Peter Bacon (50) 23:54	
<b>37 Halesowen Acc</b>	<b>'B'</b>	<b>2:08:40</b>	<b>51 Massey Ferguson Rc</b>	<b>'A'</b>	<b>2:16:47</b>
1 Joseph Phillips (54) 21:13	2 Roger Mallard (51) 21:50		1 David Conway (52) 21:08	2 Ross Thomas Cooper (56) 23:05	
3 David Turvey (41) 21:04	4 Andrew Butler (41) 21:34		3 Gary Lawson (54) 22:48	4 Tony James Hoy (55) 23:27	
5 Matthew Allen (39) 21:47	6 Bill Nock (37) 21:12		5 Dave Lee (54) 24:26	6 David Clarke (51) 21:53	
<b>38 Leamington Cycling &amp; Athletic</b>	<b>'A'</b>	<b>2:08:51</b>	<b>52 Stratford Upon Avon Ac</b>	<b>'A'</b>	<b>2:17:08</b>
1 Jamie Langley (37) 19:51	2 Tom Foulerton (32) 20:55		1 Graham Taylor (59) 21:44	2 Wayne Vickers (52) 21:36	
3 Matthew Butler (40) 22:50	4 Callum Hanlon (36) 20:10		3 Richard Welburn (47) 22:09	4 Andrew Speechly (51) 24:10	
5 Richard Merrell (32) 21:04	6 George Loveday (38) 24:01		5 Ivan Sarti (52) 24:16	6 Malcolm Bowyer (52) 23:13	
<b>39 Westbury Harriers</b>	<b>2:09:27</b>	<b>53 Northbrook Athletic Club</b>	<b>2:17:13</b>		
1 Scott Campbell (34) 19:44	2 Felix McGrath (26) 19:58		1 Stuart Lumsden (53) 21:09	2 Richard French (61) 24:02	
3 Nick Smart (19) 19:55	4 Dave Hobbs (21) 21:38		3 Damian Dear (55) 21:57	4 Peter Fellows (56) 23:45	
5 Justin Grimwood (34) 23:52	6 Chris Treble (39) 24:20		5 John Wilson (53) 23:30	6 Jonathan Seed (53) 22:50	
<b>40 Birmingham Running Athletics &amp;</b>	<b>'B'</b>	<b>2:10:10</b>	<b>54 Cheltenham And County Harriers</b>	<b>'D'</b>	<b>2:17:36</b>
1 Nathan Warren (45) 20:34	2 Eliot Ward (38) 21:05		1 John Merrett (58) 21:40	2 Matthew Evans (58) 22:55	
3 Chris Grimley (39) 21:17	4 Kevin McMillan (37) 21:15		3 Wai Ming Loh (56) 22:43	4 Ian Giles (53) 22:46	
5 Martin Ludford (38) 23:13	6 Andy Kenchington (40) 22:46		5 Lee Groenewegen (56) 25:24	6 James Wilkinson (54) 22:08	



# Midland Counties Road Relay Championships at Sutton Park, Birmingham on Saturday 20th September 2014

<b>55 NottsAc</b>		<b>'C' 2:18:11</b>		<b>69 MasseyFerguson Rc</b>		<b>'B' 2:26:20</b>	
1 Sam Godwin (69)	22:28	2 Philip Waring (70)	24:13	1 Steve Mumford (80)	23:51	2 Leon Coppola (84)	25:15
3 ??? (65)	22:49	4 Pete Deacon (61)	22:36	3 Simon Neale (72)	23:50	4 Dean Semple (71)	24:02
5 John Muddeman (55)	23:16	6 Jon-philip Seymour (55)	22:49	5 Richard Taylor (71)	25:04	6 Jeremy Shaun Trill (69)	24:18
<b>56 Sphinx Ac</b>		<b>2:20:19</b>		<b>70 Burton Ac</b>		<b>'B' 2:27:21</b>	
1 Garry Barnes (36)	19:46	2 Paul Bergin (50)	23:13	1 Stephen Wilson (65)	22:00	2 Gareth Cantrill (63)	23:37
3 Wayne Broadbent (43)	21:36	4 Grahame Flanagan (52)	25:06	3 Eamon O'Hanlon (71)	26:11	4 Ian Parker (70)	25:05
5 Lee Timms (62)	28:07	6 Colin Piper (56)	22:31	5 Simon Reynolds (69)	25:00	6 Malcolm Davenport (70)	25:28
<b>57 Rugby &amp; Northampton Ac</b>		<b>'B' 2:20:36</b>		<b>71 Birmingham Running Athletics &amp;</b>		<b>'C' 2:27:51</b>	
1 Stephen Marks (74)	23:01	2 Richard Cookson (68)	23:31	1 David Sansom (83)	24:11	2 Alistair Gorrie (75)	23:08
3 Colin Durant (58)	21:41	4 Max Chippington (57)	23:25	3 Harry Fowler (73)	26:04	4 Rob Ryan (73)	25:38
5 Neil Willsher (57)	24:36	6 Michael Kinder (57)	24:22	5 Gareth Dixon (70)	22:56	6 Charlie Hanson (71)	25:54
<b>58 Silson Joggers Ac</b>		<b>2:21:34</b>		<b>72 Dudley Kingswinford Rc</b>		<b>'B' 2:29:11</b>	
1 Chris Wood (44)	20:32	2 James Darcy (47)	22:18	1 Mark Homer (84)	24:21	2 Peter Hood (83)	24:41
3 Andy Field (46)	22:24	4 Stewart Shears (54)	25:08	3 Mark Judge (74)	24:59	4 Graham Wildgoose (72)	24:40
5 Alistair Ferrie (65)	27:46	6 Brian Keers (58)	23:26	5 Phil Smith (75)	25:34	6 Richard Tonks (72)	24:56
<b>59 Sparkhill Harriers</b>		<b>2:21:50</b>		<b>73 Royal Sutton Coldfield Athleti</b>		<b>'C' 2:29:28</b>	
1 Nick Stringer (72)	22:56	2 Mark Pearce (62)	22:18	1 David Bowen (78)	23:30	2 David Liddall (64)	22:43
3 Patrick Finnegan (62)	24:06	4 Darren Riley (58)	22:19	3 Clive Hackforth (66)	23:42	4 Stephen Pitt (67)	25:37
5 Tahir Ahktar (58)	24:39	6 Mick Edwards (59)	25:32	5 J Fletcher (74)	28:20	6 Matthew Stenson (73)	25:36
<b>60 Knowle &amp; Dorridge Rc</b>		<b>'B' 2:21:52</b>		<b>74 Gloucester Ac</b>		<b>'B' 2:30:46</b>	
1 Torsten Roesler (67)	22:18	2 Lloyd Barton (73)	24:53	1 James Head (60)	21:45	2 Steven Haines (65)	24:28
3 Andrew Connors (69)	23:44	4 Pete Morgan Warren (65)	23:35	3 Aaron Bennett (70)	25:19	4 Arthur Daley (69)	24:24
5 Russell Palmer (67)	24:14	6 David Carbutt (60)	23:08	5 Clive Poole (72)	26:45	6 Rob Jordan (74)	28:05
<b>61 Spa Striders</b>		<b>2:22:04</b>		<b>75 Stratford Upon Avon Ac</b>		<b>'C' 2:32:54</b>	
1 Victor Garanto (46)	20:37	2 Will Johnson (43)	21:50	1 Martyn Helliker (77)	23:18	2 James Fidoe (85)	26:45
3 Simon Radcliffe (61)	26:25	4 Daniel Fleming (66)	25:50	3 Michael Coleman (82)	25:55	4 Paul Jefferies (76)	23:57
5 Daniel Stannard (63)	23:09	6 Hartwig Busch (61)	24:13	5 Philip Brennan (77)	26:53	6 David Jones (75)	26:06
<b>62 Wreake Runners</b>		<b>2:22:38</b>		<b>76 Centurion Rc</b>		<b>2:36:02</b>	
1 Will Goodbourn (76)	23:13	2 David Rose (67)	23:18	1 C Houghton (86)	24:29	2 Leonard Wallace (86)	26:02
3 Gavin Speed (68)	24:21	4 Scott Beasley (68)	24:45	3 Andy Rea (83)	25:29	4 David Pearson (78)	24:42
5 Gavin Poynton (66)	23:05	6 J Ketteringham (62)	23:56	5 Neil Wilkes (78)	26:58	6 Richard Booth (76)	28:22
<b>63 Clc Striders</b>		<b>'B' 2:23:31</b>		<b>77 NottsAc</b>		<b>'D' 2:37:30</b>	
1 Martin Brown (82)	24:11	2 David Billingham (78)	23:40	1 Bill Speake (47)	20:50	2 Ben Abbott (76)	26:32
3 George Parker (75)	26:37	4 John Willson (74)	24:51	3 Keith Waring (78)	27:39	4 Clive Trusson (79)	27:00
5 Jon Howes (68)	21:59	6 Richard Shardlow (63)	22:13	5 Cory Wilson (80)	26:44	6 Peter Robinson (77)	28:45
<b>64 Trentham Rc</b>		<b>'B' 2:24:19</b>		<b>78 Newcastle Staffs Ac</b>		<b>2:42:54</b>	
1 Paul Downing (73)	22:56	2 Richard Longley (69)	23:39	1 Benjamin Miller (90)	25:14	2 Lee Walker (89)	26:39
3 Dale Colclough (63)	22:48	4 Lee Jones (64)	24:03	3 Martin Bailey (77)	23:04	4 Martin Middleton (82)	30:22
5 Richard Chadwick (64)	24:39	6 David Pickstock (64)	26:14	5 Paul Wakefield (82)	29:35	6 Daniel Egan (78)	28:00
<b>65 Halesowen Acc</b>		<b>'C' 2:24:50</b>		<b>79 Halesowen Acc</b>		<b>'D' 2:45:12</b>	
1 Philip Scarr (70)	22:38	2 David Lewis (60)	22:19	1 Richard Guest (87)	24:38	2 John Hill (82)	24:17
3 Jonathan Lewis (60)	23:39	4 James Parker (62)	24:23	3 Steven Millington (80)	26:27	4 Paul Allen (80)	26:49
5 Robert Weaver (61)	24:45	6 Andrew Lloyd (65)	27:06	5 Michael Deakin (81)	28:51	6 Adrian Low (79)	34:10
<b>66 Cobra</b>		<b>2:25:09</b>		<b>80 Stratford Upon Avon Ac</b>		<b>'D' 2:54:32</b>	
1 David Daniels (66)	22:15	2 Alex Stephenson (71)	24:34	1 Larry Coltman (98)	29:38	2 Anthony Jackson (95)	28:25
3 Steve Cleary (64)	22:37	4 Mike Tovey (60)	22:36	3 Danny Tolhurst (86)	21:33	4 Clive Sheppard (87)	36:04
5 Chris Pearson (60)	25:14	6 Carl Stephens (66)	27:53	5 Allan Coldicott (85)	29:43	6 David Maundrell (80)	29:09
<b>67 Heanor Running Club</b>		<b>'C' 2:25:13</b>		<b>81 Solihull &amp; Small Heath Athleti</b>		<b>'B' 2:55:18</b>	
1 Carl Hughes (71)	22:55	2 Gary Mellors (66)	23:35	1 Richard Horne (92)	25:24	2 Tommy Hill (92)	28:46
3 Tim Robinson (67)	23:25	4 Robert Page (63)	23:22	3 Andrew Webber (90)	29:03	4 Thomas Perks (86)	27:40
5 Joshua Housley (59)	23:56	6 Paul Mercer (67)	28:00	5 Khadeer Iqbal (84)	34:09	6 Graham Lawrence (81)	30:16
<b>68 Stratford Upon Avon Ac</b>		<b>'B' 2:26:15</b>					
1 Mark Newman (81)	24:06	2 Michael Sheppard (79)	24:15				
3 Sean Cawley (79)	26:53	4 Alan Coley Smith (75)	24:20				
5 Phillip Howell (73)	23:44	6 Richard Dobeode (68)	22:57				

# Midland Counties Road Relay Championships

## at Sutton Park, Birmingham on Saturday 20th September 2014

### Incomplete Teams:

<b>Corby Ac</b>				<b>'A'</b>	
1	Luke Montgomery	(41)	20:21	2	Josh Coles (42) 21:52
3	Neal Humphreys	(45)	22:55	4	Tom Dallamore (47) 23:31
5	Mike Dallamore	(50)	24:39		
<b>Bournville Harriers</b>				<b>'B'</b>	
1	David Turnbull	(89)	24:58	2	Chris Harlan Marks (81) 23:34
3	Robert Hockenull	(76)	26:18	4	Matt Broomhead (77) 25:17
5	Anthony Stewart	(76)	26:34		
<b>Hermitage Harriers</b>				<b>'C'</b>	
1	Andy Buck	(85)	24:23	2	Paul Holmes (88) 27:20
3	Chris Gowans	(88)	29:31	4	Ian Smith (83) 24:34
5	Neil Doherty	(79)	22:48		
<b>West Bromwich Harriers</b>					
1	David Jones	(79)	23:46	2	James Greenwood (77) 23:49
3	Neil Munroe	(81)	28:15	4	Garry Howell (81) 27:41
5	David Bratby	(83)	33:06		
<b>Heanor Running Club</b>				<b>'D'</b>	
1	Matthew Chambers	(93)	26:03	2	Paul Winfield (87) 25:36
3	Brett Beeson	(85)	27:48	4	Jeff Everitt (84) 27:30
<b>Clc Striders</b>				<b>'C'</b>	
1	Stuart Thomas	(96)	28:24	2	David James (94) 29:00
3	Gordon Bendall	(91)	26:36	4	Dave Mayo (85) 26:24
<b>Mansfield Harriers</b>					
1	Lewis Ashmore	(42)	20:22	2	Chris Monk (40) 21:38
3	Jonathan Hardy	(57)	25:41		
<b>Dudley And Stourbridge Harrier</b>				<b>'B'</b>	
1	Darrell Bodin	(75)	23:12	2	Joe Bolton (72) 23:58
3	James Brown	(84)	30:16		
<b>City Of Birmingham Striders</b>					
1	Seth Atkin	(88)	24:49	2	Dionisis Theodosis (91) 28:45
3	Naved Akhtar	(87)	26:25		
<b>Rugby &amp; Northampton Ac</b>				<b>'C'</b>	
1	John Saw	(95)	28:07	2	Johnathan Sarkies (90) 25:02
3	Aaron Lincoln	(89)	28:51		
<b>Bristol And West Ac St. 1882</b>				<b>'C'</b>	
1	Miles Chandler	(25)	19:31	2	David Bedwell (44) 22:59
<b>Team Bath Athletics Club</b>				<b>'B'</b>	
1	Rupert Nandi	(91)	25:22	2	Craig Bridges (74) 21:54
<b>Charnwood A C</b>				<b>'B'</b>	
1	Mark Fox	(94)	26:08	2	James Watkins (80) 22:20
<b>Tipton Harriers</b>				<b>'C'</b>	
1	Keith Best	(97)	29:14	2	Nicks Lalli (93) 25:21
<b>Telford Ac</b>				<b>'A'</b>	
1	Paul Ward	(9)	18:31		
<b>Owls Ac Leicester</b>				<b>'B'</b>	
1	Paul Miles	(38)	19:59		
<b>City Of Stoke Ac</b>				<b>'B'</b>	
1	Macculey Snutch	(62)	21:51		
<b>Whitchurch Whippets</b>					
1	Undeclared	(99)	80:30		

### Fastest of all legs

1	Ryan McLeod	Tipton Har	A	17:21
2	Toby Spencer	Coventry G	A	17:40
3	Owain Jones	Bristol&W	A	17:53
4	Phil Nicholls	Wolverhamp	A	18:00
=	Alastair Watson	Notts Ac	A	18:00
6	Jacob Allen	Rugby & No	A	18:07
7	Richard Kay	Tipton Har	A	18:11
=	William Christofi	Bristol&W	A	18:11
9	Stuart Spencer	Notts Ac	A	18:12
10	Martin Williams	Wolverhamp	A	18:13
=	Daniel Owen	Cheltenham	A	18:13